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# Sunset

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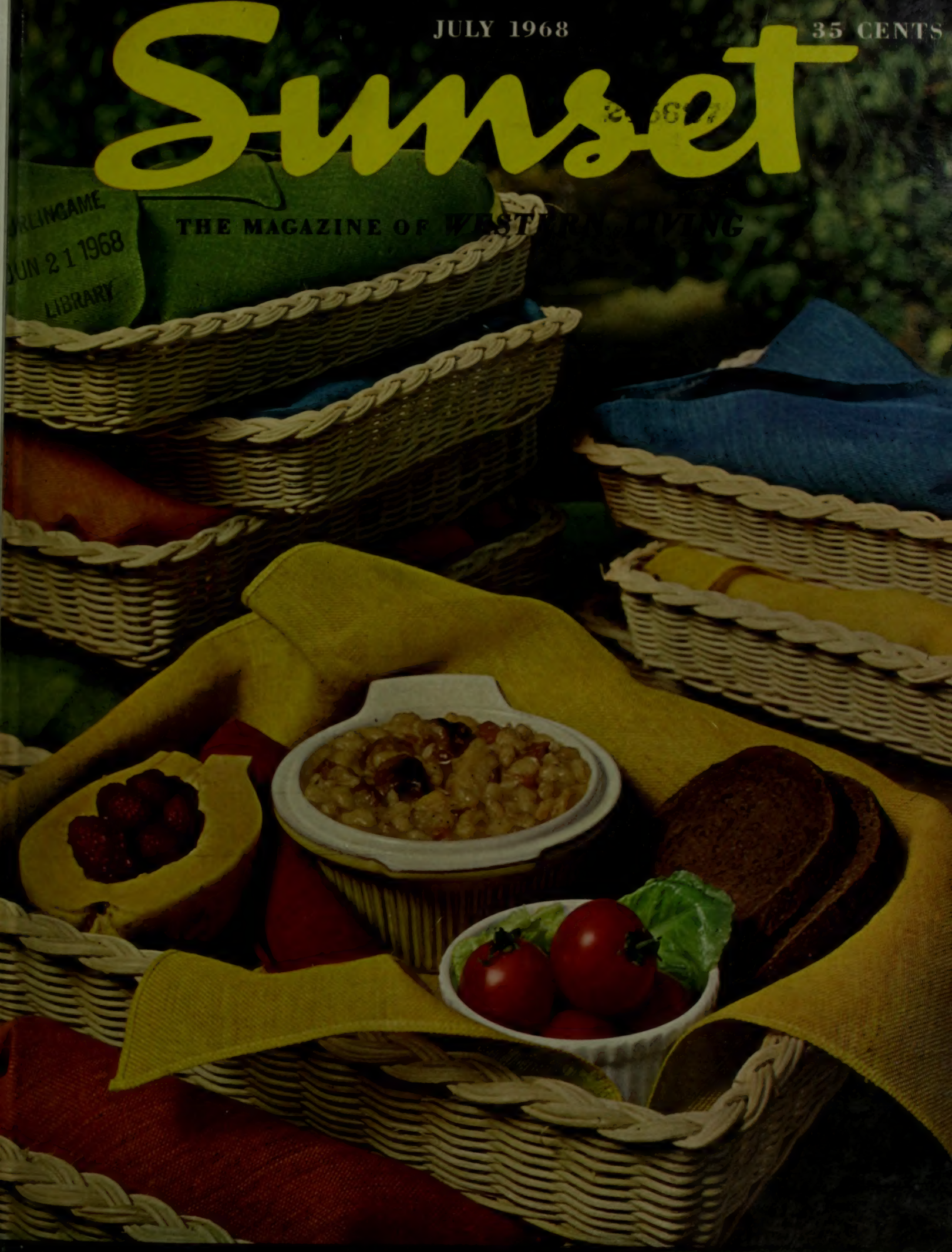

asket Buffet • Flagstaff Pow Wow • Los Angeles Beach

Above, the Fleetwood Brougham interior. Below, the Sedan deVille. Cadillac Motor Car Division

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CENTRAL EDITION

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## The Cover Story

*You unfold the bright napkins to reveal a dinner for one in each basket. Our cover choice was* cassoulet *of beans, meats, and sausage served hot in individual casseroles. Holding the baskets in their laps, guests can sit anywhere. On pages 56 and 57, we tell you more about this idea for an easy-to-serve party and suggest four other meals. Cover photograph by Glenn Christiansen*

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# Is your 16-year old son a better driver than you are?

| | YES | NO |
|---|---|---|
| 1. Do you use safety belts every time you drive? | ☐ | ☐ |
| 2. Do you check your rearview mirrors every few seconds? | ☐ | ☐ |
| 3. Do you signal when you're going to change lanes? | ☐ | ☐ |
| 4. Do you stay a car's length behind the car in front for every ten miles per hour of speed? | ☐ | ☐ |
| 5. Do you always stay within the posted speed limits? | ☐ | ☐ |
| 6. Do you always reduce your speed when the pavement is wet? | ☐ | ☐ |
| 7. Do you stop for a rest when you feel yourself getting tired? | ☐ | ☐ |
| 8. Do you drive defensively, always assuming the other fellow might do something wrong? | ☐ | ☐ |
| 9. Do you always lower your headlights for oncoming cars? | ☐ | ☐ |
| 10. Do you always check your tires before setting out on a long trip? | ☐ | ☐ |

Did you answer "no" to any of the questions above? If you did, your 16-year old may have better driving habits than you do. (Don't be mad. Be happy.)

The chances are good that he learned those good habits in one of the 12,000 cars Chrysler-Plymouth and Dodge dealers are making available to accredited driver education courses this year.

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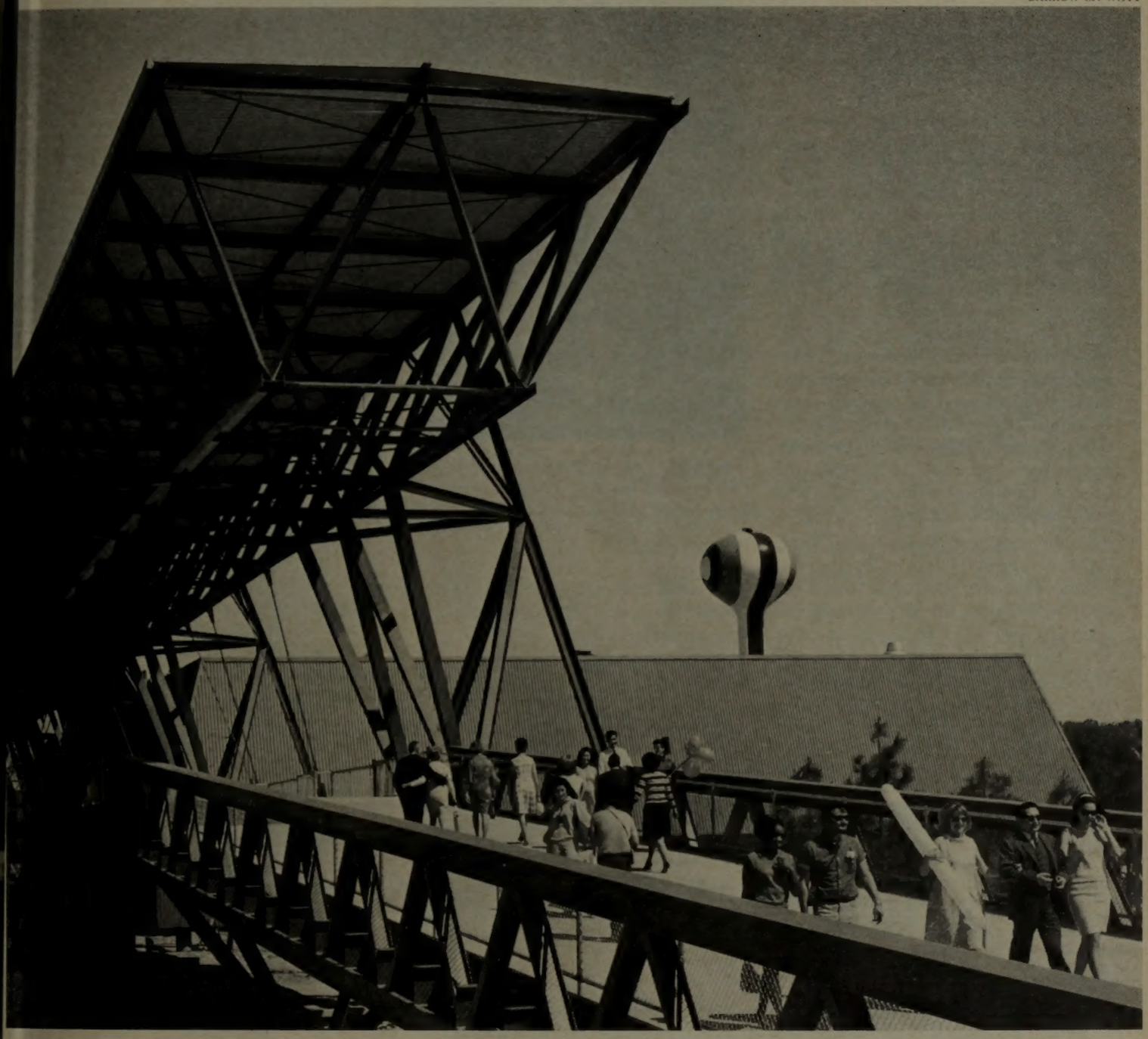
# July travel...
# in and beyond the West

DARROW M. WATT



**Walkway** *leads to Fair Activities complex and racetrack; waterway will later cover ground below. In rear, striped water tower*

## Opening July 1: Cal Expo in Sacramento

What to expect from the permanent California Exposition in Sacramento will be answered in part on July 1 with the opening of the Exposition Center and Fair Activities complex and racetrack.

The second half of the permanent installation—the recreation park and industrial exhibits area—will open in following seasons.

The people in charge of Cal Expo hope to make it a showcase of the state, a sort of combination of Copenhagen's Tivoli Gardens, Washington's Smithsonian Institution, and a continuing state fair. Much, however, is still to be completed this preview summer.

From July 1 to September 10, Cal Expo is the place to find the Design X exhibit (see *The lively California Design show gives you a look at tomorrow*, on page 96 of the April 1968 *Sunset*). It will be displayed in handsome new concrete buildings of the Exposition Center.

There will also be an amusement plaza with 21 rides, exhibits of California counties, and a varied program of entertainers throughout the summer. An art show is

**Sunset**

THE MAGAZINE OF WESTERN LIVING

*July 1968*

## *Prop shopper makes a basket search*

**Was the basket** buffet idea presented on *Sunset's* cover this month really that good an idea?

It depended, in part, on whether or not *Sunset* readers could find suitable baskets, in a variety of sizes and shapes, and at reasonable prices.

So we went basket shopping. We were looking for baskets roomy enough to hold a lap meal; baskets with flat bottoms, with low sides for security; baskets that would stack; baskets that were good looking. Our search took us to import stores, basket shops, department stores — places which typically stock baskets today. Finally we brought back several dozen baskets to our photographic studio.

All were imports: from Hong Kong (greatest variety), Japan, Philippines, Poland, Hungary, Portugal. Prices ran from well under $1 to just over $2, averaged around $1.50. Sizes ran from 10 to 18 inches in diameter.

Those in one group (from Hong Kong) were sized to fit standard glass baking dishes. We used this type for the picture on *Sunset's* cover.

You'll see other baskets in the big photograph on pages 56 and 57.

**Young** *prop shopper on Sunset photography staff studies the baskets collected for this month's cover story*

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scheduled for August 26 through 31
During the opening week, hours o
Expo are 1 to 10 P.M. Monday th
Friday; 10 A.M. to 10 P.M. Saturday
Sunday. In the following weeks, hou
main the same but the exposition is c
Monday and Tuesday. During th
two weeks, Expo is open daily, 10 to
Admission to the grounds is $1.5
adults, 50 cents for children 6 to 12
Cal Expo is north of the American
and just east of Interstate Highwa
(Elvas Freeway). Take the Expo
Boulevard exit from the freeway.

### To San Pablo Bay for stripe

In San Pablo Bay this month you sh
find the striped bass moving back t

JIM K

**Lady angler** *reels in a striper on San P Bay. Note large sinker above the net*

ocean after spawning in the Delta. F
now until the end of August, man
them will be caught on lures trolled
hind party boats on San Pablo Bay.
The striped bass, marked by distinct
zontal stripes, occasionally weigh
much as 40 pounds—and it strikes
fights hard. Its northern California
tat is the ocean from Monterey nort
the mouth of the Russian River and
land as far as Colusa and Marysville.
Instead of taking a long boat ride, as
often do on a deep-sea fishing trip,
can put out a line for stripers in San P
Bay soon after you leave the boat d
Since you don't have to go far for
fishing, boats often leave later in
morning than the deep-sea boats. S
operators even offer weekday eve
trolling. Party boats depart from Re
and Crockett around San Pablo Bay
from nearby Richmond. (For more in
mation, call some of the establishm
listed under *Fishing Bait* and *Fish*
*Parties* in the Richmond and the Co
Costa County telephone directories.)
Most craft hold a total of 15 to 35 fis
men. Recommended gear is a 7-foot g
rod with drag reel, 200 yards of 20 to
pound-test monofilament line, artifi
lures such as metal spoons and buck ta
jigs. Bright colors seem to work well.
Prices for San Pablo Bay fishing par

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vary; a half-day trip costs about $50 (not including the price of rental fishing gear). Reservations are recommended, especially on weekends.

## Fifth summer festival at Stanford University

Stanford's seven-week summer festival begins with the Joffrey Ballet's first performance on June 25 and ends with a concert by singers Isabel Rivas, Simon Estes, and Carolyn Stanford on August 9. For the first time there is no general festival theme.

In the middle of this period (July 8 to August 4) the APA Repertory Company from New York will be performing. Two musical groups that delighted audiences last summer will be back again this year: The Pro Musica ensemble, also from New York, will play Renaissance and baroque music on instruments typical of the Renaissance period. The Preservation Hall Jazz Band from New Orleans, which played to standing-room-only last year, will play in a large tent erected especially for their performances.

The only performances scheduled for the spacious outdoor Frost Amphitheater are music of India featuring Ravi Shankar and modern jazz by the Don Ellis Orchestra.

A list of other performances, lectures, briefings, films, and art exhibits, as w as information on times, ticket prices, a location of box offices near you, is ava able from the Stanford Summer Festiva Box 3006, Stanford, Calif., 94305. If y plan to attend several festival events, y might inquire about price-saving exchan coupons and series tickets.

Stanford is a 45-minute freeway dri south of San Francisco. Tickets are ava able in San Francisco at the Crane B Office, 245 Powell St.

## Weaverville's new history park

In Weaverville, a Trinity Alps town red brick buildings trimmed with iro shuttered doors and fanciful curvi stairways, a new historical park is op this summer. The ½-acre area is next the Joss House State Historical Mon ment and has four picnic tables alo Weaver Creek.

Focus of the park is a brick-and-iron-do museum that exhibits prehistoric anim fossils, Indian artifacts, and much th has been preserved from the 1850's a the northern gold mines that built t town. The museum will be open dai from 10 A.M. to 4 P.M. until October (when it closes for the winter, to reop May 1). Admission is free.

Weaverville is on California Highway 2 about 42 miles west of Redding.

## For travel planners, a July check list

**Flagstaff Festival.** Nine major concerts, five recitals, and a lively program of art exhibits and film classics will highlight the 1968 Summer Festival at Flagstaff, Arizona, from July 24 through August 11. This year's festival will feature the Festival Symphony under the direction of Izler Solomon, the Indianapolis Symphony Woodland Quintet, soloists from the San Francisco Opera, and other distinguished guest artists. Weekend concert tickets cost $4 each. For the complete 19-day program, write to the Chamber of Commerce, Box 1150, Flagstaff, Ariz. 86001.

**Rural England.** A group bound for a three-week tour of rural England will leave the Seattle-Tacoma International Airport on August 26. The schedule will emphasize short scenic and historic walks in the English countryside. Tour price of $1,195 includes all transportation and accommodations, most meals, and the services of tour escorts. For information, see a travel agent or write to "A Walk in England," Where To Go Travel Service, Inc., 4538 University Pl. N.E., Seattle 98105.

**The public lands.** A new 32-page book entitled *Room to Roam, A Recreation Guide to the Public Lands* lists over 450 scenic attractions and recreational developments on all of the Federally administered public lands in the West. Copies of this color-illustrated guide can be ordered at 50 cents each from the Government Printing Office, Washington, D.C. 20402.

**For mountain climbers.** Sir Edmund Hillary will lead two assaults on New Zealand's 12,394-foot Mount Cook as the highlight of two 21-day mountain climbing tours of New Zealand. The tours, which start from Los Angeles on July 7 and July 14, are designed for experienced climbers only. Sir Edmund will evaluate tour members' capabilities during warmup climbs prior to the final assault. Tour cost of $1,028 per person will include all transportation, accommodations, and meals. For information, write to Sports International, Box 219, South Pasadena, Calif. 91030.

**National parks special.** Jasper, Banff, Waterton Lakes, Glacier, Yellowstone, and Grand Teton national parks will be featured destinations on a 15-day rail, bus, and air tour leaving Los Angeles on July 13. Tour price of $749 per person includes all transportation, accommodations, and most meals. For reservations, write to Golden West Rail Tours, 2210 S. Sepulveda Blvd., Los Angeles 90064.

---

**What a travel agent can do for you:** Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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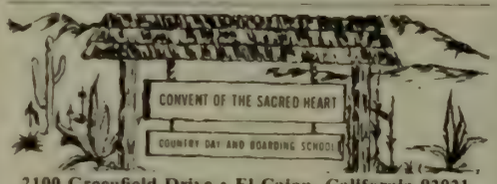


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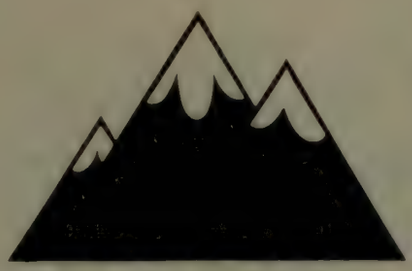

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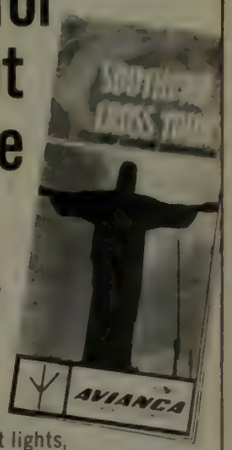


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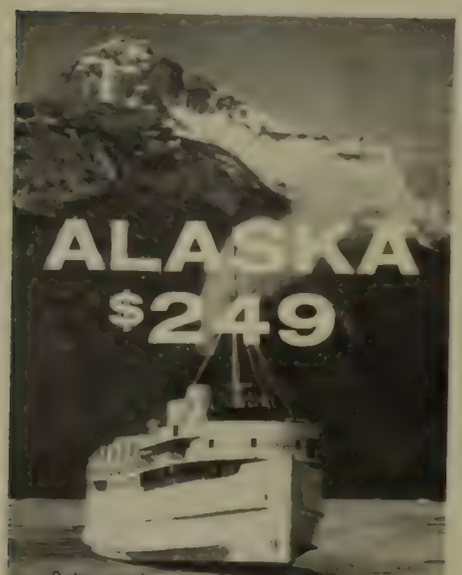


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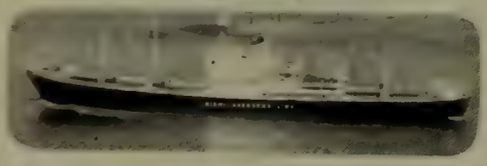

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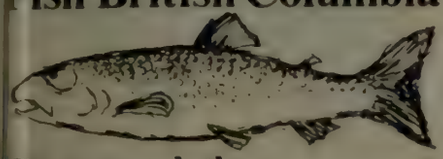

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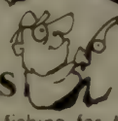

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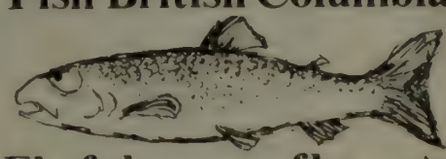

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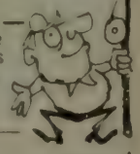

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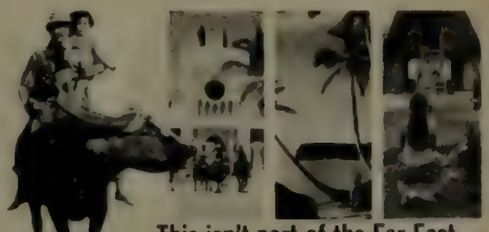

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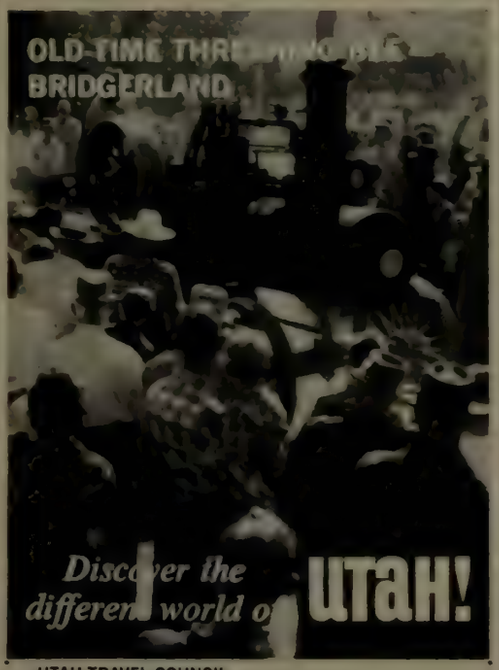


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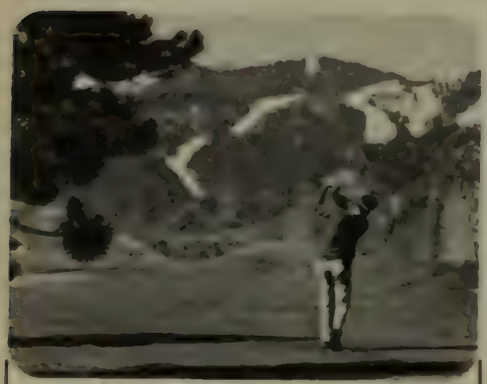

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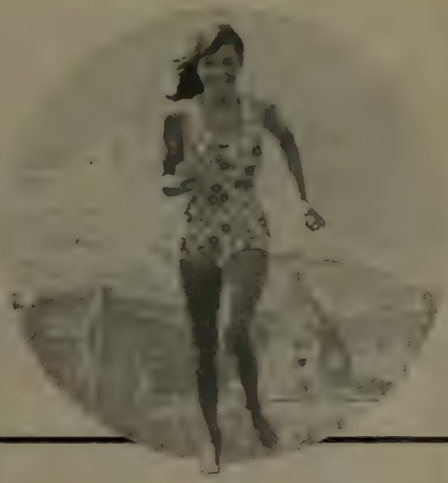

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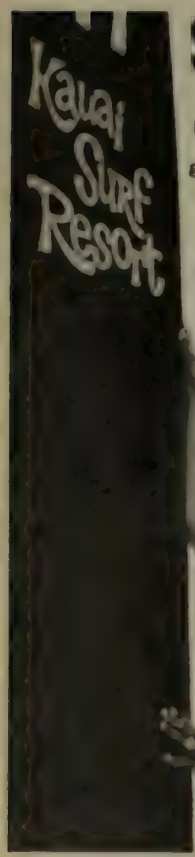


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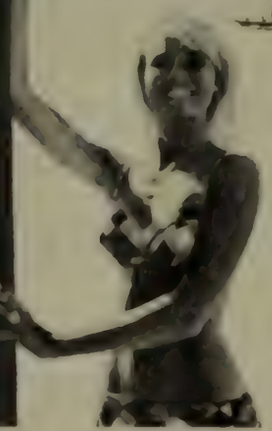

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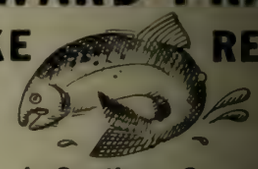

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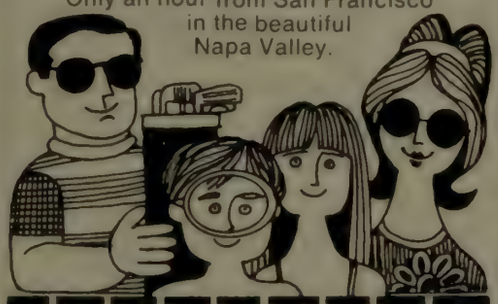

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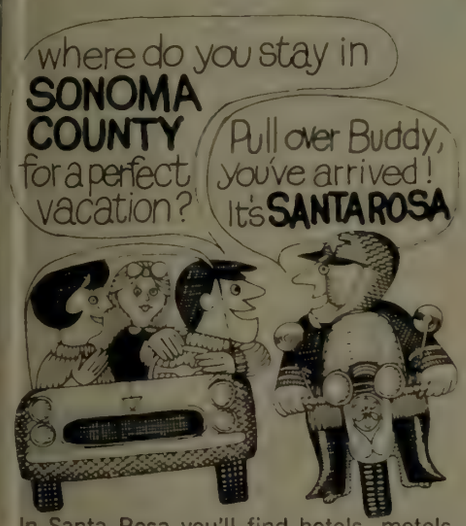


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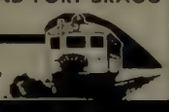

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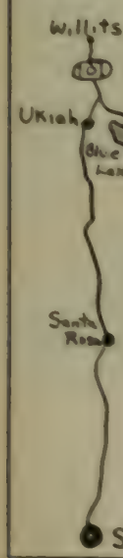


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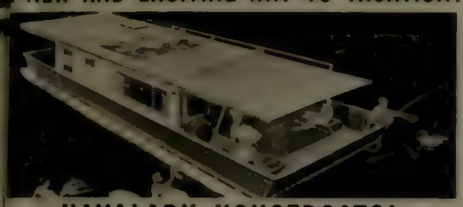

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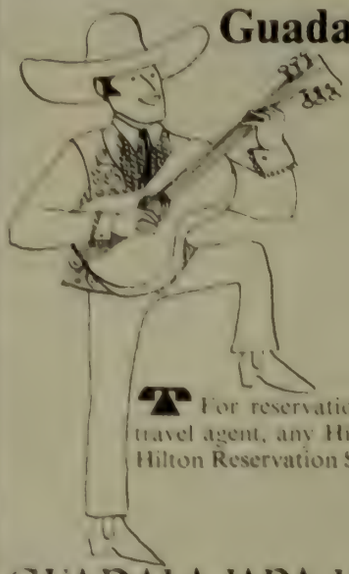

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*Write for color brochure—San Diego, Calif. 92128*



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■ Danish Days in delightful Solvang Sept. 20, 21, 22 is a perfect time to visit the Santa Ynez Valley ■ For information and a colorful brochure, write P.O. Box 173-E, Solvang, California.

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Thrill to Santa Barbara's nationally renowned Summer Sports Festival, June 29-July 4; the equally famous National Horse and Flower Show follows, July 12 through 21; then the world's largest one day Dog Show, July 28; Make July *your* month to visit beautiful Santa Barbara!

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**Corps de ballet** *in classic white tutus perform scene from second act of* Swan Lake

## *Swan Lake under the Zion cliffs*

**In a rough-hewn** amphitheater below the cliffs of Zion Canyon, the Utah Civic Ballet presents its second annual Zion Ballet Festival from July 5 to 20. The young company will dance excerpts from *Swan Lake* and a number of modern ballets. Performances begin at 9 P.M. every day but Sunday at Zion Park Bowl in Springdale near the south entrance to the park. Admission is $2 for adults, $1 for children under 14.

**Walls of Zion Canyon** *are the backdrop as dancers rehearse for Utah ballet festival*

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**Life raft** *leads while parasol-shaded spectators encourage trailing inner-tube pa*

# In this race anything goes

**If it is inflatable,** floats, and holds two passengers, then it is eligible for the annual Trinity River Raft Race.

This year's race begins at noon on Saturday, July 27. From the old bridge in the northern California town of Lewiston, competing teams will glide and paddle through several rapids to the finish line 5 miles downstream.

The fastest time wins, but trophies are also awarded in several novelty categories. (One prize-winning couple last year wore formal wedding clothes while riding a four-poster bed on rubber inner tubes.) Many of the fastest times were recorded by two-man rubber rafts. Fold boats and canoes are not allowed.

Entrants pay $2 per person. If you are sponsored by some organization (its name can go on your raft), the fee is $1 per person and the sponsor pays $5.

Write for applications to the Race Committee, Lewiston Chamber of Commerce, Box 105, Lewiston, Calif. 96052. Forms must be returned by July 22.

From Interstate Highway 5, turn west on State 299 at Redding, drive 32 miles to the Lewiston turnoff, then go north about 4 miles to Lewiston. For glimpses of the race, spectators can watch from Lewiste Bridge or drive along paved Rush Cre Road south of the river or unpaved Goo Ranch Road to the north.

**Rafts and riders** *at launch site—up th Trinity River from old Lewiston Bridg*

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Imagine! A pickup that generates all the vibrant excitement of the raciest sports cars. All the performance. All the luxury. That's Ford's all-new Ranchero—longer, lower, livelier for '68! Inside you can have luxury without limit: color-coordinated styling, all-vinyl seat trim, bucket seats, full carpeting, AM/FM stereo radio, SelectAire conditioning. And for spirited going, Ranchero offers Six or V-8 power up to 325 horses. 3- or 4-speed manual transmission or SelectShift Cruise-O-Matic for both manual or automatic operation. Three new models, including a pulse-pounding GT. Ranchero—Ford's bright new idea in pickups. Watch it turn you on!

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# *Roaring Camp & Big Trees Narrow-Gauge Railroad*

**You can still ride** an old-fashioned steam train through redwood country on California's historic Roaring Camp & Big Trees Narrow-Gauge Railroad, just seventy miles south of San Francisco. This quaint backwoods railroad is still untouched by the Jet Age and operates regular passenger service with steam locomotives and equipment actually dating back to the 1880's and 90's.

Passenger trains depart from Felton Station, a quaint narrow-gauge depot built in 1880 and located about ½ mile southeast of the tiny Santa Cruz mountain community of Felton. On the five mile roundtrip route, you pass through the first redwoods to be preserved for posterity (back in 1867), up the steepest railroad grades in western America, and over a number of spectacular trestles spanning redwood-forested canyons.

You can stopover at Bear Mountain, Cowell Redwoods State Park or Roaring Camp to picnic, returning on a later train. At Roaring Camp, while your steam locomotive takes on water, there is ample time to visit an 1880 General Store and an old-fashioned caboose restaurant.

Passenger service is operated daily throughout the year and, during the summer months, steam trains leave Felton Station every hour from 11 A.M. to 4 P.M. Roundtrip fare is $2.80 with half fare for ages 5 through 15. Children under 5 are free.

A copy of the railroad's latest timetable can be obtained free by writing: *Roaring Camp & Big Trees Narrow-Gauge Railroad, Felton, Santa Cruz County, California.*

**Just beyond Big Trees,** *steam locomotive engineer and fireman pause for a portrait on Indian Creek trestle.*

**Locomotive** *"Dixiana" pulls into Roaring Camp to take on water while passengers visit General Store and caboose restaurant.*

# *Mexico's Olympics.. not yet sold out*

**You may have heard** discouraging report on availability of accommodations and tickets for the Olympics in Mexico City October 12 to 27. But our latest check indicates you still have a good chance to obtain both if you don't delay.

In our report of last January, we explained that the Oficina de Control de Alojamientos, Av. Juarez No. 89, Mexico 1, D.F., is the central agency for booking lodging in the Mexico City area. It still holds true that you must have validated lodging before you can obtain tickets to the Olympics. (Even if you are planning to stay with friends in Mexico City, it is necessary to have your lodging arrangements validated to purchase tickets.)

### *TWO WAYS TO MAKE RESERVATIONS*

The first (and the best way to make sure of seeing the Games) is to see or write to a travel agent offering tour services in Mexico during the Olympics. Such arrangements can vary from just securing confirmed hotel or apartment space and requesting tickets for the events in which you are interested, with no transportation included, to a complete package that takes care of round-trip air transportation, transfers to hotels, tips, hotel accommodations, some meals, tickets to certain Olympic events, and optional sightseeing.

The second approach is to write to Mexico yourself. By now some travel agencies holding hotel space are releasing rooms not already sold, and you can write directly to the hotels, rather than going through the housing authority. Of course, you will have to secure your own transportation (airlines will be operating extra flights to Mexico City, starting October 8, and may be able to secure hotel space for you); and you will also have to arrange for your own tickets, which will be going on public sale August 15 on a first come - first served basis. (You will have to be in Mexico City yourself, or have friends there, to buy them.)

### *OLYMPICS TICKETS*

If you're planning to attend the Olympics on your own, remember that the choice tickets will already be taken when the public sale begins. Admission prices of the various competitive events vary greatly according to their popularity and the demand for seats; final events are of course more expensive than eliminations and semi-finals. The most expensive events (opening ceremonies and equestrian trials) are $22 U.S. The least expensive are $4.

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# Air show in Van Nuys and start of the Powder Puff Derby

**The finish** of the Powder Puff Derby (officially the All-Woman Transcontinental Air Race) is not much of an affair for spectators because of the way the planes arrive singly at irregular intervals. But the start is really something to see.

This year, for the first time, the start will be at Van Nuys Airport, in the San Fernando Valley section of Los Angeles (last year's race was from Atlantic City, New Jersey, to Torrance, California). On July 6, beginning at 9 A.M., 100 competing light aircraft, all piloted and copiloted by women, will be flagged off at 30-second intervals. After eight allowable stops including Palm Springs and Phoenix, and required stops at Corpus Christi, Texas, and Greenville, Mississippi, contestants must be on the ground at Savannah, Georgia, (2,469 miles from Van Nuys) by sunset on July 9 in order to qualify for the prizes.

Because the stock aircraft admitted to competition are of many different types, may have engines ranging from 145 to 450 horsepower, and fly at different speeds, each is assigned a handicap according to its rated performance; so the winner is not known until all have arrived at the finish. All flying is done in daylight, in VFR (visual flight rules, non-instrument) weather, and only the time spent in the air is counted against a contestant.

The event, now in its 22nd year, is a function of the Ninety-Nines, the international women's flying organization of which Amelia Earhart was the first president in 1929. Each year a different itinerary is arranged.

The beginning of the race, with its rapid-fire takeoffs, will take place during the Van Nuys Junior Chamber of Commerce's Fifth Annual Air Progress Show (July 4 to 7), an annual event that features a "static aerial exhibit" of classic planes, mostly elderly but in many cases restored to mint condition. These are the fascinating old-timers that fly from one aerial *concours* to another; they're fixed up to be seen, and—especially if you have any nostalgia for the remarkable variety of civil aircraft on the market between the world wars—they're well worth seeing.

There will be other attractions—including scenic flights in jets, helicopters, and a venerable Ford Trimotor.

Located at the California Air National Guard facility at the airport (8030 Balboa Blvd.), the show will be open from 9 A.M. to 5 P.M., except on the day of the Powder Puff Derby takeoff when opening time is 7 A.M. Admission is free, but for parking there is a $1 donation to the Valley Children's Playpark Association.

**Boeing F-4B,** *navy fighter of late 1920's, still performs aerial acrobatics at air shows, can out-maneuver any modern plane*

**"Static exhibit"** *at Van Nuys displays military jets along with classics*


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In the path of Serra, de Anza, Fremont
...you can relive history on the Cuesta Grade

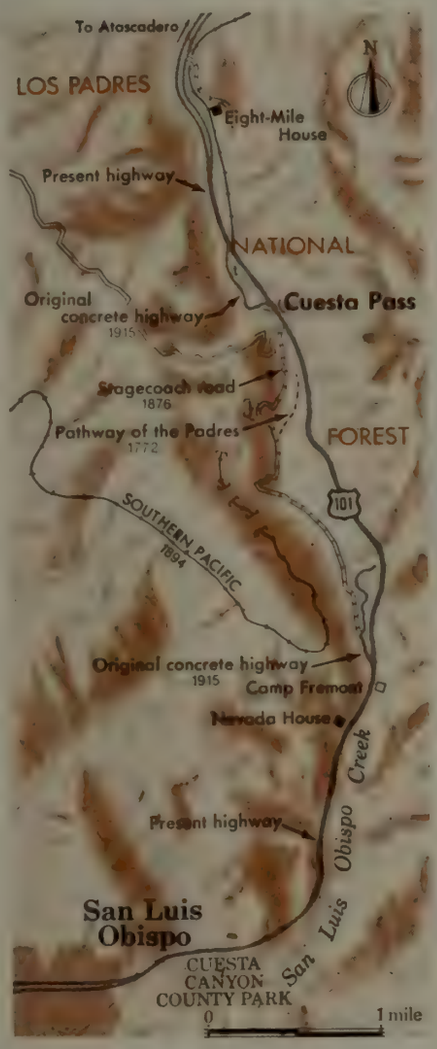
**rom new overlook** *fenced with uge rocks, you see old "Cuesta Grade" f white concrete, built for sparse raffic of 1915. In canyon below re trail of 1772 and road of 1876*

**Nevada House** *was a wayside inn for 7 years*

**A good share** of California's history is concentrated in Cuesta Pass. Nowadays you breeze through on U.S. Highway 101, unchallenged by the 1,500-foot height of this notch in the southern Santa Lucia Mountains between the coastal plain and the head of the Salinas Valley; but if you pause to look back, you realize that the barrier of the Santa Lucia Range has been great indeed—great enough to have funneled virtually all foot, horseback, oxcart, stagecoach, railroad, and automobile traffic, from widespread sources north and south, through this singular dip in the formidable crest.

It's easy to re-live history here if you will give a little time to it, even though the area lacks monuments and "historic" gimmickry. There is no way to climb the pass in a swaying Concord coach behind a sweating team, but you can walk the rutted weedy trail of the padres or drive a bit of the honest concrete of the old highway, sharing "The Grade," in your mind's eye, with the Model T's, Stars, Reos, Jewetts, Pierce-Arrows, Hupmobiles, Paiges, Willys-Knights, Oaklands, and all the other classics that once traveled this famous winding incline.

Until this spring, the present highway offered no encouragement and little opportunity to stop and contemplate the panorama of the San Luis Obispo Creek valley with its remnants of historic ways over the pass. Going north on the four-lane pavement, you were often preoccupied with slow trucks ahead or fast cars urging you along from behind; going south you didn't dare slow down for fear of impeding the fast traffic coasting downhill. But now you can easily pull out on dramatic new overlooks, by-products of recent straightening and widening of the highway; the biggest is shown on the opposite page.




**From Cuesta Pass,** *creek and roads follow canyon down to San Luis Obispo*

These spacious turnouts, on your right as you drive south, afford a preview of the setting you can explore at close range if you can take an hour or so for slow-paced discovery. From where you park, or from grassy slopes nearby, you can see in a single view the route followed by Father Junipero Serra two centuries ago and by John C. Fremont in the course of conquest in 1846; the country road, still maintained and driveable, where the mail and passenger stagecoaches went after 1876; the railroad cuts and tunnels where the Southern Pacific finally blasted and dug its way to San Luis Obispo from the north in 1894; and the still-sound 1915 version of El Camino Real.

All of the roads and the old trail are quite accessible, with the stage road and the 1915 highway forming a trunk route through the valley. You can start at the upper end by pulling off onto the truck turnout at the summit and following the dirt road down, but let's assume you're following the passage of the Spanish pioneers from south to north.

Taking U.S. 101 north from San Luis

**In Serra's footsteps,** *you walk the pathway Spaniards knew as El Camino Real*

**Great sycamores** *along stagecoach road are slated for burial in new freeway scheme*

**State highway** *built when autos were still curiosities served all traffic until 1938*

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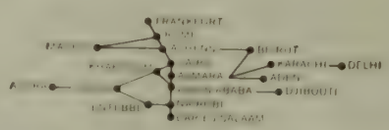

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Obispo, watch the left side for the three-story red house shown on page 31. Now a residence, this was an inn, built in 188 by a couple who named it Nevada House because they were from Nevada (where they had operated an inn called California House). It catered to railroad construction men and went out of business when the line was completed.

A little farther on, about 2½ miles outside the San Luis Obispo city limits, the Cuesta Motel appears on the right. This is the site of old Camp Fremont, where Fremont may have camped just before his bloodless, uneventful "capture" of sleepy San Luis. Directly opposite, you can turn left from the highway (there is no divider strip here) onto the 1915 pavement that stays with the tree-lined creek while U. S. 101 begins its sidehill ascent. Call this fork "mile zero."

**The canyon.** "We entered a long cañada," wrote Father Font, chronicler of the Juan Bautista de Anza expedition of 1776, "through which runs a pretty arroyo. Along the whole cañada, which is very shady, there are various trees. Among them I observed the beautiful laurels." You will see those same laurels (also known in the West as California bay, pepperwood, Oregon myrtle) along with magnificent sycamores and oaks, and you will understand San Luis Obispo's rising opposition to a Division of Highways proposal to replace the newly aligned highway with still another one—a freeway that would lower Cuesta Pass 160 feet and fill Cuesta Canyon to a depth of 250 feet, burying its trees, roads, trails, and landmarks.

The 1915 pavement veers off, giving way to the graded earth surface of the 1876 road .2 mile after leaving U. S. 101. Then—1 mile farther, where a stand of cypresses marks an old inn site—the trail of Junipero Serra and the Spanish horsemen and oxcarts forks to the right, barred by a gate secured only by a piece of rope.

Winding and climbing, the stagecoach road continues (marred here and there by dumped rubbish), to emerge again on the main highway at mile 2.8, a tenth of a mile short of the summit. North of the pass at mile 4.5, opposite the Tassajara Creek Road, a minor road goes right, then cuts back between the highway and the railroad and crosses the tracks to become a private drive to plain-looking, faded white Eight-Mile House, built in 1877 as a roadhouse to quarter grain haulers and their teams and now owned by Joseph McKusick, who lives nearby. You can see it from the highway.

The fine stretch of 1915 concrete highway north of the pass (illustrated on page 31) is best reached from the north. If you are driving from south to north, you can make a U-turn at the Tassajara Creek Road and go back to it; it angles away from U. S. 101 just north of the railroad underpass.

# a few words that could make a big difference to anyone planning to visit mexico city after july 17th. - - -

"On July 17th, we open the Camino Real Hotel. And in my opinion, it is the most exciting of all hotels in Mexico. In fact, after traveling the world over, I can honestly say that if there is another hotel anywhere that offers quite the same feeling of romance and excitement, I have never seen or heard about it.

"We built the Camino Real across the street from Chapultepec Park—unquestionably one of the most magnificent in the world. The hotel grounds are an extension of Chapultepec's beauty. Even the architecture of Camino Real captures the essence of Chapultepec. Unlike the harsh, angular skyscrapers that are so common today. Camino Real makes one think of a spacious, open park. It is not one building, but many. Each is independent, yet graciously interconnected by a "Royal Road" of trees, fountains, flowers, and five different swimming pools.

"One section of the hotel is for 720 guest rooms and suites. Another is for parking 600 cars. A third houses 10 different night clubs and restaurants. The cuisine will be international, supervised by a Master Chef from Europe. Our live entertainment will be the best our talent scouts can find in Europe, Mexico and America. We will have horseback riding, tennis, swimming, shuffleboard, a putting green—even our own shopping arcade.

"I sincerely believe Camino Real marks a renaissance in Mexico City hotels. And I'd like nothing better than for you to see it personally when you arrive in Mexico City. Ask your travel agent about it, or call any Western International Hotels reservation center in your Yellow Pages for instantly certified reservations. Or write me personally for more information. You won't be disappointed. I promise you."

*Federico Jiminez O'Farrill* Managing Director

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# The good life at the beach in Los Angeles . . . it gets better as summer advances

**Nearly all** the swimming beach of the West is in Southern California. Here the presence of water warm enough for leisurely swimming makes the beach quite different from all the chillier coastline north of where the currents divide at Point Conception—west of Santa Barbara. The resulting popularity has brought with it a surprising wealth of activities for residents and visitors to enjoy.

Here we concentrate on the 105-mile metropolitan Los Angeles coast from Point Mugu to San Clemente, detailing things to do in and on the water, on the beach, and as you drive the shoreline roads.

Next time your travels take you to or near Los Angeles, take along this guide, and mark the places and activities you're most interested in on a good road map of the area.

DARROW M. WATT

**Visitors** *delight in warm ocean water*

## On the beach . . . much more to do than swim

Most metropolitan beaches accessible to the public have lifeguards from about 8 or 9 in the morning until late afternoon.

### Swim the surf

Water temperatures move from the 60° to 70° range as summer advances. This rise coincides with diminishing coastal fog, so "beach weather" becomes more common with the approach of fall. You can get an up-to-the-minute report on beach weather, including sky, visibility, air and water temperature, condition of the surf (and, for the Zuma Beach - Malibu area, diving conditions) by telephoning these numbers: Zuma - Malibu, 457-9009; Santa Monica, 393-6311; Redondo Beach, 379-8471; Newport Beach, 673-3371.

The chief hazard for swimmers occurs on days when the great combers come rolling in from the southwest, generated by storms in the far southwestern Pacific. Then body-surfers risk broken necks and bathers risk the "riptide."

This misnamed current is simply seaward-flowing water between adjoining blocks of incoming surf. Lifeguards watch for the rip current, and on bad days may close some sections of beach to swimming. If you're caught in one and swept out, swim parallel to shore; incoming currents will help you in again.

Most beaches are cleaned in one fashion or another. A problem no one has solved is the tar — mostly from subterranean offshore oil seeps — that you pick up on your feet, chiefly on the northern and western beaches of this coast. Tar spots come off readily with a little paint thinner or lighter fluid. Nowhere is pollution an actual health hazard to human beings—unless you are unlucky enough to fall into Los Angeles Inner Harbor—but it can get sticky at times: We have noticed some unpleasant foaming on beaches adjoining El Segundo and in the Huntington Beach area.

### Ride the waves

While it's not the equal of the North Shore of Oahu, surfing on the metropolitan coast can be very good. And it is popular; it takes place at 25 of the 40 public beaches. Waves vary in height with the season (usual range, 3 to 8 feet) and in character according to the shoreline. Summer surf is usually smaller than winter, but new-design light foam boards make it possible to ride even small waves.

Where there is a good amount of swimming, surfing is often restricted to early morning and late afternoon. One beach is reserved for surfing: Surfriders State Beach at Malibu.

### Picnic on the beach

Most midday beach picnics come out of the basket, but the evening wiener roast is an institution — especially as air temperatures warm toward the end of summer. The day when you could just go down to the beach and expect to find enough driftwood to build a fire is long gone. Now, as a general rule, the only place you may build a fire—including one in a brazier or other portable stove—is in a concrete fire ring. Bring your own fuel.

Of beaches equipped with fire rings, largest concentrations are at Dockweiler State Beach at Playa del Rey (1,000) and Huntington Beach State Park (560); both are open until midnight.

### Camp near the beach

There are just 390 campsites (and 72 for trailers) along the entire metropolitan coast. These are in four state parks. Unless you have a reservation (under the system started this year), you can expect to find a campsite only on weekdays this summer; on weekends you'll just be taking your chances on a cancellation.

### Fish from the shore

Best places for shore fishing are beaches and rocky benches at the foot of bluffs—although you'll encounter surf fishermen almost anywhere along this coast. Also favored are rock jetties: Longest are at Marina del Rey, King Harbor, the harbor breakwater at Cabrillo Beach, the entrance to Newport Bay.

Most rewarding locations these days seem to be at each end of the metropolitan coast: The cove-and-headland area from Point Mugu to Point Dume, and similar coast from Laguna Beach south. The Palos Verdes Peninsula (anglers' access just east of Point Vicente) is reportedly less productive.

### Hunt the grunion

Grunion are a curiosity of the metropolitan coast. These little fish come up on the strand on predictable nights to spawn.

If you're 16 or older you need a license to catch them only with your bare hands. This is easy enough, and you can learn *when* they will run. The trick is to find out exactly *where*.

Folklore and rumor have a lot to do with where grunion hunters congregate. Some simply have a beach party on grunion-run nights and consider the fishing a windfall if it happens. You're on your own. This year runs are expected the nights of July 11 through 14 and 26 through 29. Starting time of the 2-hour runs, usually reported in advance in newspapers, will vary from about 10:20 P.M. to 1:20 A.M.

### Fish from a pier

You don't need a California fishing license to fish from the 12 municipal piers along the metropolitan coast; you do at the two private piers (if you're 16 or older).

Pollution has taken its toll of the once-teeming fish population in the central section of this coast, but slow action doesn't mean lack of weekend crowds. The most common catch is perch.

Some of the piers have other attractions: shops, restaurants, fish markets, boat launching and rentals, boats to fishing barges, party boats, excursion boats.

You'll find public fishing piers at Santa Monica, Venice, Manhattan Beach, Hermosa Beach, Redondo Beach, Long Beach, Seal Beach, Huntington Beach, Newport Beach (two), Dana Point, and San Clemente. The two private ones are:

PARADISE COVE, 28128 W. Pacific Coast Highway, Malibu. Fishing, $2 per day.

MALIBU PIER, 23000 W. Pacific Coast Highway. Fishing, $1 per pole for adults, 50 cents for children under 12.

### Look around undersea

Skin diving (without tanks) and scuba diving (with tanks) along the metropolitan coast is not superlative as it is in the crystal waters around the Channel Islands. But it's pretty good, and the metropolis, with some 300,000 divers, is the diving center of the nation.

Water immediately offshore is at its murkiest in late spring and early summer but will be clearing from now on as plankton diminish; it's clearest when coldest—in the winter. Even so, out from the shore it may begin clearing even in summer.

The two best areas are at the two ends of the

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# The Hawaiian Islands have more to offer than a place in the sun.

Left to their own devices, some people might spend all of their Hawaiian vacation on just one island, thereby missing a lot of what they traveled thousands of miles to see in the first place.

In an effort to send everyone home from Hawaii with a little more to remember than a bad sunburn and a nice hotel lobby, we offer you a little incentive to get out of your hotel.

It's called the Hertz All-Island Special. And what it does is get you into an economy car for $45 a week and 9¢ a mile and for a little more you get a bigger car or a bigger car with air conditioning.

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And if all these islands sound a little confusing and you're worried about getting lost, on each one we'll give you maps, suggest some places to go and mark the roads to help you get there.

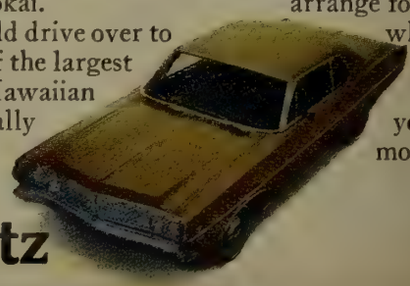
For example, on Oahu, you could head for Diamond Head lookout and look out all the way to Molokai.

On Maui, you could drive over to Lahaina, the location of the largest banyan tree in the Hawaiian Islands, which is especially notable if you happen to be a banyan tree lover.

On Kauai, you might drive to Waime Bay for a look at what Captain Jame Cook saw when he inadvertently ran int the islands a few hundred years ago.

And on the Island of Hawaii, yo could drive out Chain of Craters Road t Kalapana, a beach where the sand is blac because it's old volcanic lava, not becaus it's dirty.

Call Hertz or your travel agent an arrange for a Ford or another good ca when you plan your trip. It'l give you a way out of you hotel, which should mak your stay in the hotel a littl more enjoyable.



**Hertz**

metropolitan coast, where the water is cleanest, where the kelp survives, and where rocky cliffs promise interesting underwater topography. Top choice is the Point Mugu - Point Dume area, with access at Leo Carrillo, Point Dume, Corral-Solstice, and Malibu beaches. There's access on the south end at several points; one is Divers Cove in Laguna Beach.

Palos Verdes Peninsula has good reefs, but the bottom is impoverished.

## Out on the water for fish or for fun

Here are some ways to enjoy the sea from a boat, as boater or angler, as participant or passenger, from the smallest rowboat to the seagoing Catalina boats.

### Rent a boat

You can hire a variety of small craft. Expect to pay $6 to $8 a day for a rowboat, more for an ocean-going skiff, twice that or more for a motorboat. Sailboats rent for as little as $1.80 an hour for a little Sabot to $50 a day for a big boat. Here are the places:

SANTA MONICA

Santa Monica Pier. Skiffs, rowboats.

MARINA DEL REY

44 Del Rey, 13441 Mindanao Way. Motorboats and sailboats.

Fisherman's Wharf, 13737 Fiji Way. Sailboats, drive-yourself motorboats, skiffs.

Mystic Cove Marina, 13505 Bali. Sailboats.

REDONDO BEACH

Redondo Beach Marina, 231 N. Harbor Dr. Skiffs.

LONG BEACH HARBOR

Pierpoint Landing, Pier A. Skiffs.

NEWPORT BEACH

Art's Landing, 503 Edgewater Ave. Skiffs.

Davey's Locker, 400 Main St. and 632 31st St. Skiffs.

Fun Zone Boat Co., 610 Edgewater Ave. Sailboats, small outboards.

Newport Dunes, Jamboree Rd. at Coast Hwy. Paddleboards, kayaks, sea cycles, Sabots.

Transcon Sails, 2602 Newport Blvd. Sailboats.

Vallely Boat Rentals, E. Edgewater and Palm Ave. and 508 S. Bay Front. Sailboats, drive-yourself motorboats, canoes, rowboats.

### Launch your trailer boat

Launching ramps are at Marina del Rey, Cabrillo Beach, Long Beach Harbor (foot of Golden Avenue), Alamitos Bay (Long Beach), Sunset Bay, and Newport Bay. Fees range from 75 cents (the parking charge) at Cabrillo Beach to $1.50 (in quarters) at Golden Avenue in Long Beach and $1.75 at Newport Bay.

### Launch and berth your boat

The list of marinas along this coast is too lengthy for us to detail here. An excellent source of information on them (and on other phases of boating) is the *1968 Boating and Fishing Almanac* ($3.50 by mail from Box 344, Venice, Calif. 90291). Coastwise sailors can get information on small craft harbors from these sources:

Marina del Rey: Harbormaster, Administration Building, Fiji Way, 823-4571.

King Harbor: Harbormaster, 372-1175, or Redondo Police, 379-5411.

Long Beach Marina (Alamitos Bay): Harbormaster, Administration Building, 205 Marina Dr., 439-0991.

Newport Bay: Harbormaster, 1901 Bayside Dr., 673-6440.

### Go water-skiing

Best areas are in protected waters of Long Beach Harbor near the mouth of the Los Angeles River; at Long Beach Marine Stadium; in Los Angeles Harbor off Cabrillo Beach; and in Upper Newport Bay.

On calm days some people go water-skiing on the open ocean.

### Go fishing at sea

For this sport you need a California license (available at most bait and tackle shops at landings). Easiest introduction is on a fishing barge, where you can get on and off whenever the shuttle boat arrives. The more mobile party boats can seek daily fishing action.

BARGE FISHING

Barges anchor at favored fishing holes. Most shuttle boats start between 6 and 7 A.M., make their last return trip from 4:30 to 6 P.M. or later; two, off Redondo Beach, offer night fishing. Catch is principally bonito, Pacific mackerel, sablefish.

You can rent fishing gear on barge or pier for about $2 to $3.50.

Malibu: Paradise Cove, $4 per day.

Malibu: Malibu Pier, $4.50.

Redondo Beach: Redondo Sport Fishing, $4.

Long Beach: Belmont Pier, $3.50.

Seal Beach: Municipal Pier, $4.

Huntington Beach: Municipal pier, $4.

CHARTER AND PARTY BOAT FISHING

These locations have half-day or all-day angling party boats; some have longer-trip albacore party boats, some have boats for longer charters. Summer catch is mainly barracuda, bonito, bass, and yellowtail. Telephone for reservations on weekends.

Malibu: Paradise Cove, (213) 457-7786.

Malibu: Malibu Pier Landing, (213) 456-8030.

Santa Monica: Santa Monica Sportfishing, on the pier, (213) 870-6889.

Marina del Rey: Fisherman's Wharf, 13737 Fiji Way, (213) 451-1711.

Hermosa Beach: Hermosa Pier Sportfishing, 715 Eighth St., (213) 372-2124.

Redondo Beach: Redondo Sport Fishing, 181 N. Harbor Dr., (213) 772-2064.

San Pedro: Norm's Landing, Berth 79, on main channel near Ports of Call, (213) 833-3511.

San Pedro: Skipper's 22nd St. Landing, 141 W. 22nd St. (on West Channel), (213) 832-8304.

Long Beach: Pacific Sportfishing Landing, 876 Panorama Dr., (213) 435-5343.

Long Beach: Pierpoint Landing, Pier A (via Panorama Dr.), (213) 432-0408.

Long Beach: Belmont Pier Sport Fishing, (213) 433-9045.

Seal Beach: Seal Beach Sportfishing on the pier, (213) 431-1374.

Newport Beach: Art's Landing, 503 E. Edgewater, (714) 675-0550.

Newport Beach: Davey's Locker, two landings: Balboa Pavilion, 400 Main St., and 632 31st St., (714) 673-1434.

San Clemente: San Clemente Sportfishing, on the pier, (714) 492-1136.

### Charter a boat

If you can get a group together, the per-person charter cost may be surprisingly low. Some charter boats are equipped for fishing, some for dining and partying.

MALIBU

Paradise Cove, 28128 W. Pacific Coast Highway, 457-7786. Boats available for charter for about $400 per day.

MARINA DEL REY

Fisherman's Wharf, 13737 Fiji Way, 451-1711. Charter boats hold up to 50 people; basic rate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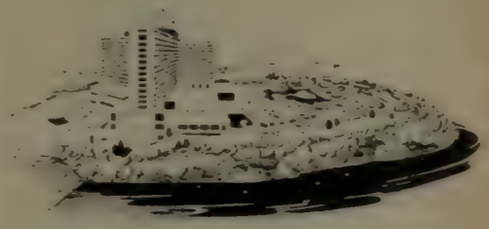

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| Double | $12.00 | $20.90 | Suite $27.00 | $195.00 |

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**155 Macrozoom.**

is $350 a day. Food catered at extra cost.

Mariners Bay, 14000 Palawan Way, 823-5321. Thirty-passenger boat charters for $250 per day and up.

LOS ANGELES HARBOR

*Princess*, 831-0996. Stern-wheeler leaving from Ports of Call; capacity, 225 people; basic charter charge is $100 per hour, 2-hour minimum. Bar, dance floor; food can be catered.

Skipper's 22nd St. Landing, 832-8304. Charter boats of 16 to 46-passenger capacity. Rates start at $184 per day.

LONG BEACH HARBOR

Pacific Sportfishing Landing, 876 Panorama Dr., 435-5343. Rates start at $250; boats hold up to 50 or up to 70 passengers.

NEWPORT BEACH

Art's Landing, 503 E. Edgewater Ave., 675-0550. You can charter 6, 20, and 50-passenger boats for $100 to $400 all day for diving, sportfishing, pleasure cruising.

Davey's Locker, 400 Main St. and 632 31st St., 673-1434. Boats, all with galley, hold 6 to 60 passengers. Rates start at $150 a day.

### Take a boat ride

Three of these excursion boats head offshore, three stay in their harbors. The bigger the harbor, the longer the ride.

MALIBU PIER LANDING, 23000 W. Pacific Coast Highway. On the hour, 8 A.M. to 3 P.M. daily. Adults, $1; children, 75 cents. One-hour coastal excursion on boat out to fishing barge.

MARINA DEL REY. *Little Toot*, a remodeled tugboat, leaving from Fisherman's Wharf on the hour and half-hour from noon to 5 P.M. on Saturday and Sunday, for a narrated tour of Marina del Rey. Adults, $1.50; children, 75 cents. From 5 P.M. to midnight, Friday through Sunday, the boat is a water taxi; fare is 50 cents a trip from point to point.

REDONDO SPORT FISHING, 181 N. Harbor Dr., Redondo Beach. On the hour, 7 A.M. to 5 P.M., on Monday through Saturday; on the half-hour, 10 A.M. to 4 P.M. on Sunday. Adults, 50 cents; children under 12, 25 cents. Sundays, a cruise down the coast. Weekdays, a 45-minute ride to fishing barge and back.

MARINELAND boat cruise, Palos Verdes Drive South, Palos Verdes Peninsula. Leaving half-hourly, noon to 6 P.M. daily (weather permitting). Adults, $1.50; youngsters 13 to 17, 75 cents; those 12 and under, 50 cents. Cruise past Point Vicente Lighthouse and the caves of Portuguese Bend.

LOS ANGELES - LONG BEACH HARBOR. Southland Harbor Cruises leaving from Pierpoint Landing and three other points, 11 A.M. to 5 P.M. daily; telephone 831-0996 for schedule. Cost of the 2½-hour cruise: adults, $3; children 5 through 11, $1.50. Also hour-long cruises of each harbor on weekends and holidays, 1 to 6 P.M., plus special cruises from Ports of Call Village. One-hour cruise from Pierpoint takes you near the *Queen Mary*.

NEWPORT BEACH. Cruise of Newport Bay, leaving from 610 Edgewater Ave., from 11 A.M. to 8 P.M. on the hour, daily. Adults, $1.25; children, 50 cents.

### Cross the sea to Catalina

The summer sea can be glassy, or it can be rough enough that some people take motion-sickness pills. And the long trip can be eventful, as you pass ships and spot the sea life; we have seen lazing sharks, romping dolphins, schooling pilot whales, gliding flying fish.

Boats leave the Catalina terminal, Berths 95 and 96 in San Pedro, weekdays at 9:30 A.M. and Saturdays and Sundays at 7:30, 9:30, and 11:30 A.M. On weekdays the boats return at 5:45 P.M.; on Saturdays and Sundays the last boat leaves Avalon at 6 P.M. Round-trip fare: adults, $7.50; children 5 through 11, $3.75. For details, telephone 547-1161 in San Pedro.

*Island Holiday* leaves from Balboa Pavilion, 400 Main St., at 9 A.M. daily (until September 15), returns at 5:45 P.M. Round-trip fares: adults, $8.50; children 5 through 12, $4.25; those under 5, free. For details, call 673-5245 in Newport Beach.

You can also fly to Catalina: by Catalina Air Lines (636-2121) from Long Beach Airport and Catalina Seaplanes (775-3341) from the Catalina Terminal in San Pedro.

## Touring up and down the coast

The influence of the shore extends inland from the beach in a mix of green park and built-up area, of vigorously active marine centers and quiet stretches of cliff-top upland, of gleaming tourist attractions and faded beach subdivisions, of oil works and farmland—all linked by busy roads. Here are some highlights of a coastal tour:

ART IN MALIBU. J. Paul Getty Museum, 17985 Pacific Coast Highway. Open (by reservation only; telephone 454-1003) on Wednesday and Saturday, 2 to 4 P.M. See French furniture, tapestries, paintings by Italian and Dutch masters, Greek and Roman statuary.

WALKING A PIER. This can be a lively experience on a weekend afternoon. The two with the greatest variety of attractions: Santa Monica and Redondo Beach.

RIDING A TRAM. For a relaxed view of the beach, take one of the leisurely little trams running along the "boardwalk" promenade from the Santa Monica pier to Pacific Ocean Park pier (15 cents one way). Another continues to Windward Avenue in Venice (10 cents). You can also ride a tram on the Seal Beach pier (10 cents).

VISITING A LIGHTHOUSE. Point Vicente Lighthouse, just off Palos Verdes Drive West on the southwest tip of the peninsula. Tuesday and Thursday, 2 to 4 P.M.

MARINELAND, Palos Verdes Drive South, Palos Verdes Peninsula. Daily, 10 A.M. to sunset. Adults, $2.75; youngsters 13 to 17, $1.50; those 7 to 12, 75 cents. The great sea life show: whales (including a new performing killer whale), dolphins, walruses, sea lions. You can ascend a 314-foot revolving-elevator tower (for those age 13 and up, 50 cents; age 4 to 12, 25 cents).

WAYFARER'S CHAPEL, Palos Verdes Drive South, Portuguese Bend. Daily, 11 A.M. to 4 P.M. (later, some afternoons). Designed by Lloyd Wright (son of Frank Lloyd Wright), it has glass walls and a towering campanile.

LOS ANGELES BREAKWATER and Harbor Light. Lighthouse, reached by 2.6-mile hike on breakwater from Cabrillo Beach, is not open to public, but you get a grand look at ships entering the harbor. Landward end of breakwater is closed when surf might be dangerous to walkers.

CABRILLO BEACH MARINE MUSEUM, 3720 Stephen M. White Dr., San Pedro. Daily, 10 A.M. to 6 P.M. Seashells, marine specimens, ship models, navigation instruments.

PORTS OF CALL VILLAGE, south of foot of Sixth Street, San Pedro, at Berth 77. Sunday to Thursday, 10 A.M. to 10 P.M.; Friday and Saturday to 11 P.M. Watch the ships go by from 40 picturesque shops, a half-dozen restaurants. Recently opened Whalers Wharf section has more shops and eating places.

MUNICIPAL ART GALLERY, in branch Los Angeles city hall at 638 Beacon St., San Pedro. Second exhibit in this newly opened art gallery

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will be small paintings from San Francisc until July 30. Hours are noon to 5 P.M., Tue day through Sunday. Admission is free.

LONG BEACH NAVAL STATION, Seaside Boul vard, Terminal Island. Saturday and Sunda 1 to 4 P.M. Open house on a Navy ship.

DOUBLE-DECKER BUS TOUR. On Saturday an Sunday (every 20 minutes from 10 A.M. 6 P.M.), red London buses stop at numbe streets along Pine Avenue between Seven and First in Long Beach, then head for Pie point Landing by way of Harbor Scenic Dri to view the *Queen Mary*. Fare is 25 cents. O the same days you can also ride a London b for a 1-hour narrated tour of the harbo leaving Pierpoint Landing on the hour fro 1 to 5 P.M.; adults, $1; children, 50 cents.

LONG BEACH MUSEUM OF ART, 2300 E. Ocea Blvd. Right next to the beach, it specializ in work of contemporary Southern Califo nians. Open 10 A.M. to 5 P.M. Tuesday t Friday, 1 to 5 P.M. Saturday and Sunday.

BALBOA FERRY. Last on metropolitan coas three-car ferry runs from 5:30 A.M. to 2:3 A.M.; 10 cents for pedestrians, 30 cents fo car and driver plus 10 cents a passenger.

BALBOA PAVILION, 400 Main St., Balboa. A gallery with changing exhibits (1 to 5 P.M daily except Monday), restaurants, gift shop sportfishing landing, and fishing in the bay.

LAGUNA BEACH ART ASSOCIATION GALLERY 307 Cliff Dr. Closed first week in July. Durin run of juried All California Art Show, July 1 through August 25, gallery will be open dail from noon to 10 P.M.; admission during show is 25 cents.

**Look for the sea view**

Much of the beach along the metropolita coast is backed by bluffs that offer vantag points. There is no longer any pure scenic drive along them, or down along the beach but some stretches of coastal highway stil have spectacular intervals.

Other good vantage points are bluff-top parks often picturesque, often inviting a walk; many have picnic facilities.

Here are the drives and the parks:

*The coast highway* west of Malibu alternates hilltop stretches with descending views o coves and white cliffs. From some high over looks you can see as far as tiny Santa Barbara Island to the south.

*Palisades Park,* Ocean Avenue between San Vicente and Colorado, Santa Monica, offers long promenade under trees, view of Santa Monica Bay and, at sundown, of Santa Cruz Island. The park has picnic tables.

*Palos Verdes Drive* West and South has many viewpoint turnouts, including Point Fermin Park at the southeastern end. The park has 160 picnic tables—11 of them in glassed-in mirador shelters—and wood stoves.

Los Angeles Harbor spreads out in the view from several high places in San Pedro: The two best are *Lookout Point Park* at Gaffey and 35th streets; and the corner of *Pacific Street and Bluff Place.*

*Bluff Park,* along Ocean Avenue between 20th Place and Redondo Avenue in Long Beach, is longest of several landscaped bluff-top parks with a view of beach and outer harbor.

In Corona del Mar, take Marguerite Avenue south from the Coast Highway, turn west on *Ocean Boulevard,* for a view of Newport Bay.

In Laguna Beach, picturesque *Heisler Park* displays some classic coastline landscape. Turn off coast highway at Aster, drive along Cliff Drive past the park. It has picnic tables and stoves—and bowling greens.

To reach *Dana Point,* turn south off Coast Highway at Street of the Blue Lantern, at the west end of town, to where a monument marks a spot made famous in *Two Years Before the Mast.* Spread out below the cliff, the new Dana Point Marina is taking shape.

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## Maidens and escorts

ROBERT WENKAM

*Masked crown dancers escort Apache maidens along Santa Fe Avenue in Flagstaff during the annual All-Indian Pow Wow parade. This year's dates are July 4, 5, and 6*

Sunset
THE MAGAZINE OF WESTERN LIVING
JULY 1968

**Crow warrior** *dances for spectators. Parade offers best opportunities for photographers*

**Flagstaff's** All-Indian Pow Wow is a happy-go-lucky, loosely organized spectacular that seemingly just happens each year on Fourth of July weekend.

This year's Pow Wow is scheduled for July 4, 5, and 6; but beyond the announcement of the official dates, the program is extremely flexible. The parade gets started down Santa Fe Avenue *about* 11 o'clock each morning; the rodeo takes place each afternoon *around* 1:30; and the ceremonials begin nightly at 8—or thereabouts.

The informality of the program stems from the Indians' reluctance to commit their activities to a rigid timetable, and 40 years

# The Indians are coming

## Fourth of July weekend in Flagstaff

**Indian princesses** *pose for portraits in the pre-parade assembly area*

**Pow Wow** *is a time of happy reunion for many tribes*

**Zuni maidens** *display their pot-balancing skills and turquoise jewelry along the parade route*

of experience has convinced the sponsoring Pow Wow Committee that the casual approach is the only one that will succeed. If the Indians don't enjoy Pow Wow, they won't be back the next year.

For many northern Arizona tribes, Pow Wow is a two or three-generation tradition. It's their opportunity to display their cultural heritage before the Anglo world, and more important, a chance to teach their tribal traditions to their own children. It's also a time to visit with old friends, a time for fun, and in many cases the annual family vacation.

Out at the encampment, the pickup camper has almost replaced the wagon and tepee, but visitors are very much aware that they are touring a real Indian camp. Ponies are hobbled amongst the confusion of cars, trucks, tents, and wagons; freshly butchered sheep hang from tree branches, and your

**Navajo** *youngster wistfully contemplates marvels of the midway*

## It's midway, sideshow, campground, shopping bazaar ...but with a great difference. This is the Indians' own Pow Wow. You are welcome, but you are just a visitor

**Cedar bonfires** *cast flickering shadows across Pow Wow arena during night ceremonials. Hidden floodlights illuminate deer dancers from San Juan Pueblo. Flash photography is forbidden during the ceremonials; but photographers may enter the aren at the conclusion of the program, when flash and other specic lighting equipment are permitted during a special sessio*

eyes smart from the dust of camp activities and the smoke of the campfires. Along the outer fringe of the encampment, craftsmen throw together crude lean-tos to display rugs, pottery, basketry, and jewelry. Some of the articles may be rejects from the tribal crafts guilds, but the prices are reasonable and the goods are generally authentic.

Flagstaff offers a wide selection of accommodations and visitor services, but reservations are advisable during Pow Wow weekend.

Reserved seats at the night ceremonial are $3 each; general admission (on sale an hour before each performance) is $2 for adults, $1 for children under 12.

Reserved seats at the afternoon rodeo are also $3; general admission, $2 for adults, $1 for children.

For information on Pow Wow, write to the Chamber of Commerce, Box 1150, Flagstaff, Ariz. 86001.

ROBERT WENKAM

**Indian encampment** *is crowded with a confusion of wagons, ponies, and barking dogs. The air is sweet with the smell of cedar smoke and stewing mutton*

**Visitors** *can shop for Navajo rugs, Hopi baskets, and other handicrafts displayed at lean-tos throughout the Indian camp*

RICHARD FISH

**Metal-framed,** *fiberglass-screened enclosure, 16 by 16 by 10½ feet high, is entered from house (right) or through two sliding screened doors. Leaves hose off top. Design: landscape architect Michael Painter. Owners: the Tony Natales, Covina, Calif*

# Sometimes the best answer is to screen yourself in

ERNEST BRAUN

**Screening keeps children** *from pool, insects from cooking-eating area. Translucent fiberglass-reinforced panels on roof for shade, rain. Design by landscape architects Armstrong & Sharfman for the David Fosters, Beverly Hills, Calif.*

**Side panels** *of aluminum screening, top panels of translucent plastic fasten onto permanent wood structure. Landscape architect: G. E. Talbot, for the Hubert H. Clays, Los Altos, Calif.*

**In some parts** of the country, pleasant outdoor living after dark depends on how successful you are at thwarting insects. Most often it's the pesky mosquito, but there may also be an assortment of other creatures. Your defenses include a variety of sprays, repellents, baits, and traps. But the ultimate defense is a screened enclosure.

Fortunately the mosquito is not a serious problem in most major suburban residential areas in the West. Often the daytime pests —flies and yellow jackets—prove the most annoying.

Except for special problematic situations, however, it may be difficult to justify the expense of screening an outdoor area just for insect control. But you may find several other advantages of screening important enough to offset the cost factors.

As a safety device, screening can keep children and pets away from a pool and confined to a specific garden area. It can also substantially reduce the amount of time spent on cleaning up windborne litter in the garden and around a pool. And if you have a particularly fine collection of fish, the safest place for them is in a pool within a screened enclosure where they're protected from marauding cats and racoons.

Where insects and safety measures are not

# Screen over a pool . . . screen with lath and canvas

**More than 1,100** *square feet of garden and pool lie within this screened enclosure in San Jose. Landscape architect: Phil Fields*

RICHARD FISH

**West-facing** *screened room required some sun control devices—lathlike section for midday sun, canvas blinds for late afternoons. Design was by John Matthias, for Mr. and Mrs. Willard R. Bell, Jr., of Pasadena*

so important, you may want to consider the climate-modifying aspects of a screened enclosure. The screening cuts wind velocity and reduces light transmission. Plants that windburn in an open garden may thrive behind a screened panel; other plants may welcome the reduced light intensity. (By the same token, you'll feel warmer inside a screened enclosure than in the open garden.)

For maximum utility and climate control, the screened area should be designed for all-year use and for all kinds of weather. The sides and top might have screened panels so as to open the area to maximum light and air. Then, during the summer, you could substitute panels across the top that afford some shade — perhaps rigid fiberglass-reinforced panels, plywood, canvas or synthetic material, flexible fiberglass-plastic sheeting, or louvered aluminum screening. If afternoon sun is a problem, you could use roll-down blinds of fiberglass woven to reflect the sun, reduce glare, and still not block your view entirely or interfere too much with air circulation (see page 82).

On the hottest days, you could fasten a lawn soaker across the screened panels on the windward side, and let the water trickle down the screening to cool the air blowing through the mesh. Or install a ceiling fan or even an air conditioner.

As more protection is required, you could substitute panels of some translucent material on the weather sides. By winter, the screening might give way to a fairly weather-tight enclosure where non-hardy plants could continue to grow protected from the cold.

On cool summer evenings, you can often raise the temperature within an enclosure to a comfortable level by covering the top and using some heating source. The screening tends to trap the heat by reducing air movement through the area and thereby makes the heater operate more efficiently.

We discuss basic fiberglass and aluminum screening (and their costs) on page 70.

WILLIAM APLIN

**From this** *low angle, screened room appears to soar higher than it really does. Esthetically, design creates lofty feeling of space; more practically, it allows air circulation from all four sides (roof of the screened addition is 2½ feet higher than existing house)*

# Small vacation house gets a lofty screened lanai

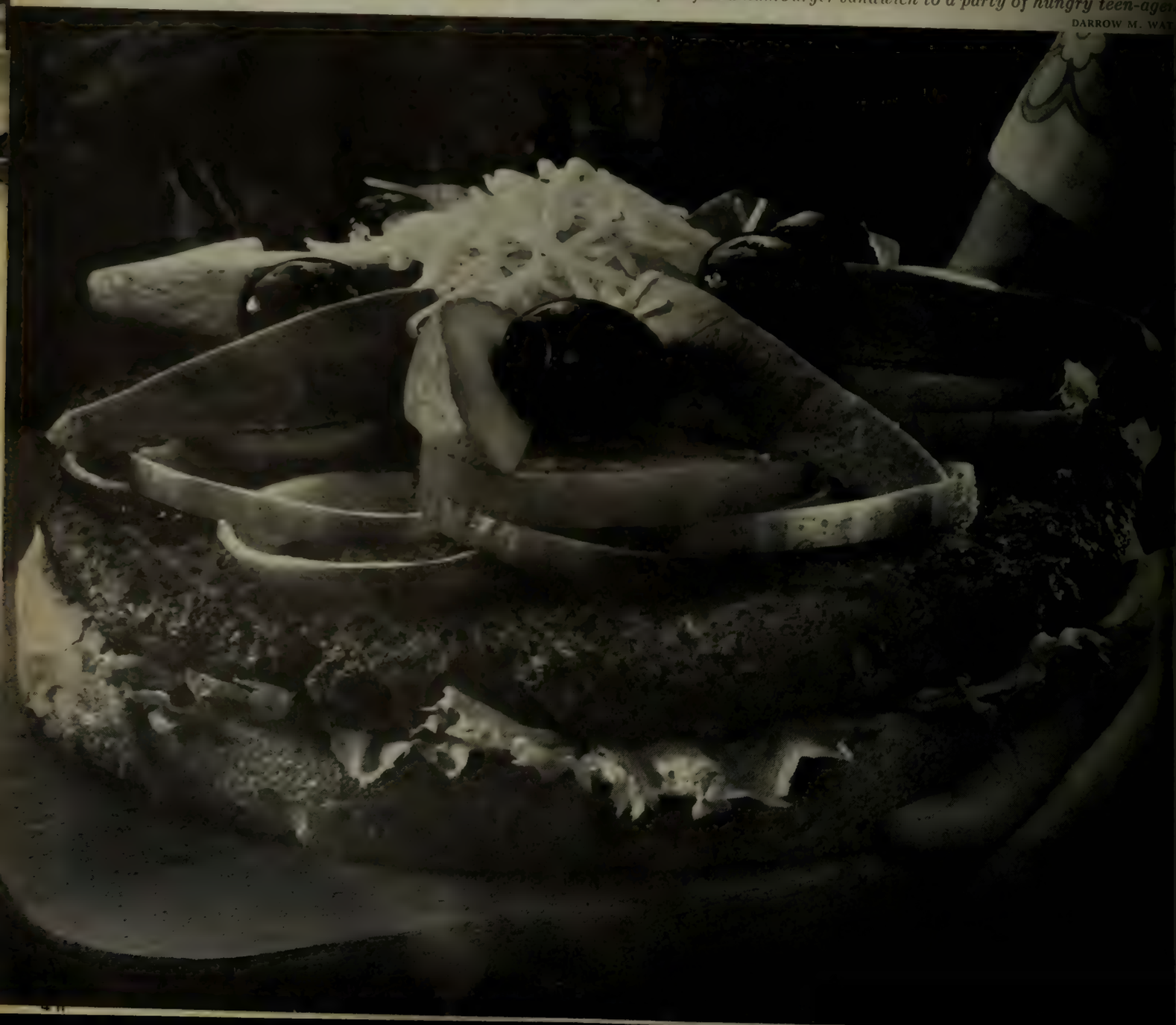
**Adding** the screened room shown above and at left more than doubled the living area of this small, one-bedroom vacation house on the island of Hawaii. It's an airy, spacious place for eating, sleeping, and relaxing —protected overhead from rain and sun, screened from insects. The 884-square-foot structure forms an L-shape around the existing house; it is 13½ feet high at its highest point, and was built in its remote location for about $6 a square foot. The owner-designer is Emrich Nicholson.

# Everybody has a word for this grand pie-cut hamburger

The word just depends on which teen-ager is commenting. Among the words we've heard are serious, ridiculous, delicious, awesome, inevitable, *formidable*

**Wooden cutting board** *makes a good base for serving this impressive open-faced hamburger sandwich to a party of hungry teen-agers*

DARROW M. WAT



**Tackling a hamburger wedge,** *first with caution, then with relish. For the less adventurous, offer a knife and fork*

A **giant barbecued hamburger** on a toasty round of sourdough bread makes an unusual entrée for a teen-age supper party or an outdoor family meal.

This dramatic open-faced sandwich encompasses practically an entire meal for eight—and all of it is served on a single board or platter. Its base is an inner slice of a whole round loaf of French bread; its center, 2½ pounds of grilled ground chuck; and its topping, various relish trimmings.

To serve this oversized hamburger, cut it into pie-shaped wedges with a sharp knife; or use an electric knife for very quick clean cuts.

Eating this great sandwich provokes debate. Some eaters prefer the neatness of the knife and fork technique. Others are die-hard converts to the casualness of the sandwich-out-of-hand technique.

A large double-hinged wire grill is particularly useful when cooking the big meat patty. The grill holds the meat securely during barbecuing and simplifies flipping it over to cook the other side.

### *FRENCH BREAD HAMBURGER SANDWICH*

- 1 round flat loaf (1 lb. 6 oz. size) sourdough French bread (about 10 inches in diameter)
- Butter
- 2½ pounds ground beef chuck
- 1 teaspoon *each* garlic salt and onion salt
- 3 tablespoons *each* mayonnaise and chile sauce
- 3 leaves iceberg lettuce
- 1 sweet red onion
- 2 large tomatoes
- 1 avocado
- 8 pitted jumbo-size ripe olives
- ½ cup shredded sharp Cheddar cheese

Slice the top and bottom crusts from the loaf of French bread, leaving a center slice about ¾ inch thick for the hamburger. Butter the bread slice generously on one side. (You can save the two outer crust slices for accompanying bread.)

Mix the ground chuck with garlic salt and onion salt and shape into a patty 1 inch larger than the diameter of the center bread slice (this allows for shrinkage when the meat cooks). Place meat patty in a large hinged grill. Place on a barbecue over moderately hot coals and cook until underside is browned (about 6 minutes). Turn over.

(If you don't have a wire grill, you can use two spatulas to turn meat. Slide the patty onto a baking sheet—for this task, enlist an extra pair of hands if available. Place a second baking sheet on top and turn the pans over so the cooked side of the hamburger is up. Then slide meat patty back onto the grill to cook the other side.)

Cook meat on the barbecue until the other side is done, about 6 minutes longer. Meanwhile, heat and toast the buttered bread slice on grill. Place toasted bread on a wooden board or platter.

For the trimmings, spread bread with mayonnaise and chile sauce, then cover with lettuce and top with barbecued meat. Peel and slice onion thinly and arrange rings on the meat. Slice tomato thinly and lay on top. Peel and slice avocado and arrange in a pinwheel design from the center. Garnish with olives and sprinkle with cheese.

To serve, cut in wedges. If desired, you can butter, toast, and cut the extra slices of crusty bread and pass in a basket alongside. Serves 8.

Instead of the tomato and avocado topping given above, you might substitute one of the following savory and decorative finishes for the basic barbecued hamburger.

### *MUSHROOM-TOPPED HAMBURGER*

Barbecue the hamburger and butter and toast the center French bread slice as in the basic recipe. Cover the hot bread with several leaves of butter lettuce, and top with the barbecued meat.

Meanwhile, wash and thinly slice 1 pound fresh mushrooms and sauté in a large frying pan over medium heat in 3 tablespoons melted butter and 1 tablespoon lemon juice. Cook, stirring, just until tender, about 5 minutes; turn heat to high and cook down juices rapidly so they evaporate. Spread ½ cup sour cream over the hot hamburger and spoon over the sautéed mushrooms. Cut in wedges. Serves 8.

### *CHEESE AND ONION HAMBURGER*

Barbecue hamburger and butter and toast bread slice as in the basic recipe. Cover toasted bread with hamburger. Slice 4 ounces smoky Cheddar cheese thinly and arrange in a pattern over the meat.

While the hamburger cooks, heat 1 can (3½ oz.) onion rings or 1 package (7 oz.) frozen rings as directed on the package; scatter the rings over the top of grilled hamburger. Also heat 1 large package (1¼ lbs.) frozen French fries as directed on the package and ring them around the hamburger, or place in a basket alongside. Serve with catsup or chile sauce on the side. Cut in wedges. Serves 8.

### *PIZZA-STYLE HAMBURGER*

Barbecue hamburger and butter and toast bread slice as in the basic recipe. Cover toasted bread with hamburger. Arrange 3 ounces sliced mozzarella or jack cheese and 3 ounces sliced salami on top.

Finish off with 8 canned small sweet red chile peppers or large pimiento-stuffed green olives. Serve with chile sauce. Cut in wedges. Serves 8.

**fields and forests,** along roadways streams, on high mountain slopes on weathered old fences, the berries ripening this month, and will continue ough late September.

Northwest doesn't really have more ls of berries growing wild than some er parts of the world, but from north- California thorough Oregon, Washing- Idaho, and British Columbia, all the into southeastern Alaska, the re- rkable variety of growing conditions duces a correspondingly large variety berries. They are yours for the picking. is is an introduction to some of them. don't list all the edible berries (count- escaped cultivated berries, there are r a hundred), but these are the most ular or most common. Many readers o live in suburbs or in small towns will d some of these berries within walking tance of home. A few readers may find d berry picking in their own gardens.

hat equipment do you need? A bucket, sket, bag, or back-pack. And that's all.

*CKLEBERRIES . . . BY ANY NAME*

d huckleberries and blue huckleberries lueberries) are deservedly among the orthwest's most popular wild fruit. nong the several Northwest species otanists group them with cranberries d lingonberries in the genus *Vaccinium)* ere are differences in color from salmon nk through red to blue. All are small, a to marble-sized, and grow on thorn- ss plants.

he various species are found from the w, wet forests of the Olympic Penin- la to the alpine slopes of the high Cas- des and Siskiyous, and are also abundant d popular in northern Idaho.

ome pickers prefer red huckleberries ower elevations), others like blue huckle- erries (mostly higher elevations), and ome mix them with impunity. Huckle- erries, especially the blue one, are quite good fresh, and make outstanding pies, cobblers, and cakes. They can be mixed into pancakes. They make excellent jams and jellies.

You'll find huckleberries on relatively open forest land, and on cutover timberlands and burns (after two or three years). The berries ripen first at lower elevations, progressively later the higher up you go. August and September are peak months.

Huckleberries are abundant in but by no means limited to the following national forests: Umpqua, Gifford Pinchot, Mount Baker, Snoqualmie, Olympic, Mount Hood, Siskiyou, Siuslaw, Umatilla, Wenatchee, Willamette, and Rogue River.

*BLACKBERRIES, OF COURSE*

To generations of Westerners *the* berry is black, and it grows along roads, on fences, in vacant lots, by the sides of streams, and in cutover forests. Blackberries are almost too easy to find; many gardeners wage constant war against them.

Two escaped kinds and one native are common in the Northwest. Himalayan blackberry, perhaps the most common, produces large fruit that is sweet when eaten fresh. Some claim it is too seedy to be good for cooking. Evergreen black-

**Blackberries** *are easy to pick—but thorny*

**Not all** *go home in the basket*

**"Gotcha!"** *Good form using two hands*

# It's time to go berry picking

## Anywhere from northern California north to southeastern Alaska . . . anytime from now through September

DON NORMARK

**Left.** *One day's collection picked along State 165 to Mount Rainier National Park: elderberry (upper left); blueberry (upper right); salal (center); blackberry (lower left); red huckleberry (lower right)*

**Equipped** *with picnic lunch and berry containers, family crosses Snoqualmie River*

berry is a favorite for pies and jams. The small native blackberry is outstanding, fresh or cooked. This species sometimes forms dense patches in logged-over forests.

Blackberries begin to fruit in June, and in favorable locations continue to bear through September. They are easy to pick, but the branches are thorny. They're common in wooded areas west of the Cascades, including the following national forests: Gifford Pinchot, Mount Baker, Snoqualmie, Olympic, Mount Hood, Siskiyou, Siuslaw, Umatilla, Umpqua, Willamette, Rogue River.

### *SALAL . . . THE INDIANS KNEW A GOOD THING*

Salal is about the most common berry west of the Cascades, and about the most ignored. Salal berries were a favorite of Northwest coastal Indians, but few weekend berry pickers pay much attention to them. They are easy to collect (just grab a cluster and strip it, husks and all) and they make outstanding jellies. The jam is equally good in flavor, but seedy.

The berries ripen from mid-July through mid-September. Salal is abundant in the following national forests: Snoqualmie, Olympic, Mount Hood, Siskiyou, Siuslaw, Willamette.

### *OREGON GRAPE . . . A NATURAL PECTIN SUPPLY*

Oregon grapes are native wild berries, species of *Mahonia*. They contain small quantities of prussic acid (which has a laxative effect) and so should not be eaten fresh, nor should you eat large quantities of jelly made from them. They also are

National forests are the places to go berry picking. Often the best picking is on logged-over land

rich in pectin (the stuff that makes jelli jell), and are therefore sometimes mixe with other berries in jellies. The pure jel is quite good with meat dishes.

Depending on elevation, Oregon grap ripen from June through September, a are common in the following nation forests: Okanogan, Snoqualmie, Olympi Mount Hood, Siskiyou, Umpqua, W natchee, Willamette, and Rogue River.

### *ELDERBERRIES . . . FOR WINE AND OTHER THINGS*

The pioneers, who saw little enough fre fruit, were fond of the blue elderberr native and common east of the Cascade Elderberry pie, jam, and wine are not popular as they used to be, but the thic

## WATCH FOR: salal, elderberry, Oregon grape

**Salal berries,** *homely, but easy to pick, make excellent jelly and are abundant*

**Blue elderberries** *are common east of the Cascades but grow on the west side too*

**Oregon grapes** *are delicious in a jelly—but don't eat too much of it at one time*

*rries are just one attraction of forests*

isters of fruit are still attractive and sy to pick. Fresh blue elderberries seem have a purgative effect, but cooked es do not. (The related but easily disnguished red and black elderberries, ore common west of the Cascades, can toxic and should not be eaten.)

lue elderberries ripen from late July rough September. You'll find them in e following national forests: Siskiyou, iuslaw, Fremont, Malheur, Umatilla, enatchee, Rogue River.

### ND MANY, MANY OTHERS

Iany other berries are common in the orthwest, but do not occur in thick conentrations, or are simply not popular for ther reasons. Here are some of them. ou may not agree with our value rating n each—it's very much a matter of peronal taste.

Vild strawberries (sweet), salmonberries bland, good in jams), black caps (excelent fresh or cooked), wild raspberries (exellent), serviceberry (so-so), thimbleberry sweet and crunchy), chokecherry (cookng only), gooseberries (cooking only).

)ther berries, such as bearberry, manzaita, wild currants, and rose hips, someimes find their way into jams, but are not commonly picked.

### FINDING BERRIES IN NATIONAL FORESTS

The Forest Service's district rangers in each national forest can direct you to where the picking's best in their jurisdictions. Stop by the forest headquarters or a ranger station for this information, or request it by mail. At least one Northwest national forest, Mount Hood, publishes an annual huckleberry picking report.

The *National Forest Campground Directory* (Pacific Northwest Region, U.S. Forest Service, Department of Agriculture, Portland; free), revised biannually, indicates which Washington and Oregon campgrounds offer berry picking.

DON NORMARK

**Along country road** *out of North Bend, Washington, pickers harvest evergreen blackberries from hedgerow. The month is August. Rugged Mount Si towers over them*

1. All American

Fried chicken, corn on the cob, asparagus . . . for the glorious Fourth

2. Salmon Basket

Poached slice with a sauce, green beans, white wine

**Summer meals** *to serve in basket trays. All are easy to prepare; almost all the cooking can be completed well ahead of serving tim*

# Meal-in-a-basket for an outdoor sit-anywhere party

**You may want** *to pass beverages, such as wine and coffee, separately. Dessert can come with basket, or later*

4. All Mexican

Enchiladas, tortilla chips, avocado salad and a *flan*

3. Sandwich Basket

The makings and a nectarine. Salad goes inside sandwiches

GLENN CHRISTIANSEN

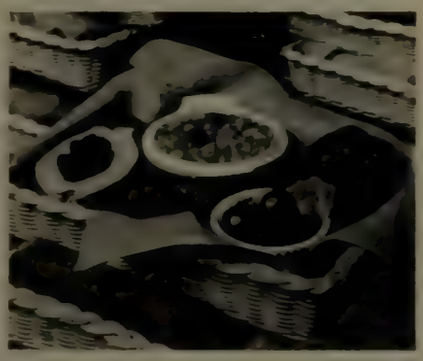
*The final assembly is just filling the trays with chilled foods from the refrigerator, and (for some) adding a hot dish from the oven*

**We credit the airlines** for developing the neatly portable meal. The same idea, however, works splendidly for a summer party. You could do it with trays, but baskets are more fun as well as a bit more secure.

These baskets cost us about $1 to more than $2 each. In import shops, basket shops, and department stores, you'll find many styles and shapes to choose from.

*All American* menu requires no eating utensils. Start with a cold soup that can be sipped, such as vichyssoise (leek and potato). With the fried chicken you might try hot corn on the cob (wrap the seasoned, buttered, husked corn in foil; heat in 400° oven for 30 minutes). You can spear briefly cooked asparagus tips in cups of mayonnaise.

*Salmon Basket* is a completely cold dinner. The poached fish is sauced with chopped cucumbers in sour cream (season with salt, pepper, dill), and accompanied by marinated green bean salad and jellied consommé Madrilène (available in cans).



5. Cassoulet/Casserole

Individual hot meal-in-a-pot, cherry tomatoes, papaya, berries

*Sandwich Basket* provides the makings: potted liver spread, Swiss cheese, ham, and a selection of breads. Embellishments include sliced tomatoes, lettuce, mustard, and skewered relishes.

*All Mexican* dinner features a pair of enchiladas heated in shallow oval ramekin (or use foil pan). An orange-onion salad rests in a halved avocado. Serve the flan in a small cup (see *fiesta supper* menu, page 98; to bake in 6 cups takes about same oven time; chill and serve in cups).

*Cassoulet/Casserole* is our version of the French bean dish with several meats and sausage (you can substitute any favorite casserole that reheats well in covered dishes). We added buttered dark bread, cherry tomatoes, and romaine spears (coarse salt was sprinkled in relish dish).

# The old-fashioned ceiling fan is making

**Partly recessing** *kitchen fan in ceiling keeps blades high. Architect: Frank Robert, Honolulu*

**Fifty-two-inch fan** *moves air delicately and pleasantly in stairwell and througho second level in Honolulu house of architectural designer Harold L. Whitak*

PHOTO CRAFT

**The old-fashioned** ceiling fan isn't extinct. You don't see it whirring around in hotel lobbies anymore, but it's still frequently installed over the doorways of food stores to keep out flies. (Some kind of fly fan is required by law in many states.) And lately there appears to be a growing interest in the ceiling fan for the home.

The examples pictured here are from three houses in Hawaii, where the climate and open indoor-outdoor relationship makes the whole idea of the ceiling fan highly practical, and one in California; but there are many other places here in the West where ceiling fans could serve to move air and keep flying insects at bay.

For several years we've used small, two-bladed fans on *Sunset's* covered patio to keep flies off two large, round, dining tables. They're fastened under lighting fixtures so the air movement pattern takes in the radius of the tables. The air turbulence seems to be enough to discourage the critters.

*HOME USES*

The larger, four-bladed fans you see here are designed to do a much better job of moving air over a greater area. They can

# urprising comeback

installed indoors or out under a patio oof, in a lanai, or in a garden room. A fan ould be particularly helpful under a atio roof where the natural circulation of r is hampered by the house or a fence, where the overhead butts against the oof overhang with no way for accumuted hot air to escape. In unscreened outde areas, you get the bonus of some sect control.

ouses with radiant heat and large glass reas facing south often become overly arm on sunny, midwinter days; here a eiling fan would help stir up the air. A n will recirculate the warm air that collects in the upper reaches of high-ceilinged living rooms or in stairwells.

RICHARD DAWSON

**Old fish market fan** *cools diners at home of Herbert G. Van Orden, Honolulu. There's another fan in bedroom*

**On low speed,** *fan at left moves air gently over bed (owners didn't want air conditioning in bedroom). Fan at right used to distribute cooled air through high-ceilinged family room. California house, designed by architect Donald Sandy, Jr.*

In Arizona, parts of southern California, and in California's interior valleys where most new houses are air-conditioned, the ceiling fan isn't much use inside as a cooling device, but it can be used to move the cooled air about, and makes very good sense in outdoor situations—as under a roofed-over patio where the shade would be more comfortable to sit in if there were some air movement, also in that transitional period after sundown before the evening begins to cool.

### *THE EQUIPMENT*

Two major manufacturers of electrical products make ceiling fans. Both offer a 36-inch model (size is measured from blade tip to blade tip) for around $80 and a 52-inch model for around $120. One company offers a 52-inch model with adjustable blades for about $15 more.

The fans are surprisingly quiet, and operate on 120 volts. Small models have two speeds; large models either two or three. The fans project down from the ceiling about 12 inches. You might install a small model on a standard 8-foot-high ceiling over a dining or game table where there's little danger of anyone getting in the way of the blades, or partly recess it in the ceiling; however, it's wiser to use either size where ceilings are higher.

You can order fans through an electrical contractor or dealer.

DARROW M. WATT

**Original kitchen** *with new bar counter, left, new refrigeration units, right, and framed menus from around world on the walls. New hardware and moldings unify it with the second kitchen*

# One kitchen wasn't adequate so she added another

**This kitchen** is really two. They work particularly well for a cook who specializes in Indian foods; she can prepare a dinner involving six curries without running out of room.

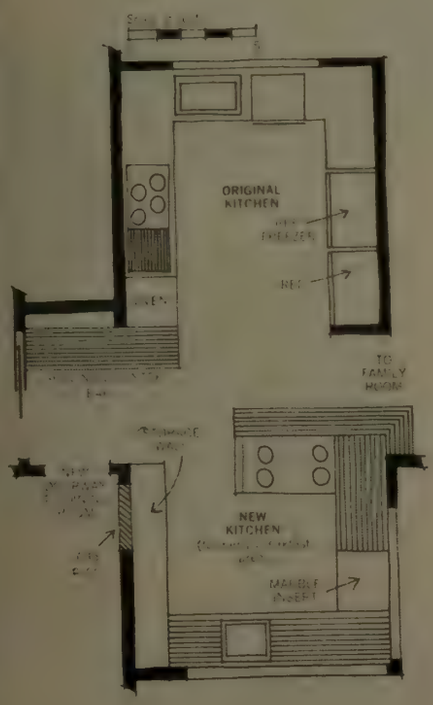
Even before moving into the house, Mr. and Mrs. John C. Atwood III of Hillsborough, California, knew the original kitchen wouldn't be adequate. So with the aid of architect Donald James Clark they remodeled the existing breakfast area into a second cooking center.

The design was predicated on hiding a favorite range and giving Mrs. Atwood maximum counter and storage space. A new bar counter doubles as a serving counter.

**Floor-to-ceiling** *cabinets with Dutch doors provide generous dish storage*

**Second kitchen** *with original breakfast-area windows has maple counter with marble insert, new sink, and (behind counter in foreground) a favorite old range. For full-length view of storage wall at right, see small photo on opposite page*

**Large** *file drawer handles myriad newspaper and magazine clippings*



**Baking** *equipment is stored in large lazy Susan in corner of second kitchen*

DARROW M. WATT

**Watering device** *combines three gadgets: a squeeze nozzle to turn flow on, off; extension tube; and (here) a mister nozzle*

# Water, water, water, that's July's need . . . but with what?

**In summer** watering by hand is always a necessity, much of the time a bore, sometimes—when you need to cool off as much as your plants do—a real pleasure.

The nine kinds of hose-end nozzles on the opposite page do a lot to make necessary hand-watering less boring and more efficient.

Some are familiar and long-established. But even the most commonplace have surprising adaptability when hooked up as above: The squeeze nozzle gives on-off control; the extension tube lets you reach 4 feet farther (using any of the first five nozzles pictured at right) than would otherwise be possible.

**Jet spray nozzle**

*Shoots strong, straight stream like fire hose. Use to wash patio and driveway, shake aphids from plants. Also available: fan-pattern sweeper nozzle. (Each under $1.50)*

**Fan spray nozzle**

*Old-time, all-around nozzle. Sprays even and far but still fairly gentle. Low volume won't hurt small plants, seeds. Fancier models come with valve, spike. (Most under $2)*

**Soft spray nozzle**

*Water comes out like rain; softer than fan spray nozzle at left, not as good for distance. At close range won't gouge soil; good for seeds, seedlings, pots. (About $2)*

**Mister**

*Breaks full-force stream into fine, sometimes wispy mist. Gentle enough for close showering of ferns, fuchsias, delicate plants that must be cool, moist. (About $2.50)*

**Bubbler**

*Water bubbles out in airy froth; even full volume won't disturb soil or shallow roots. Let it run in water basins, on dry lawn spots, on container plants. (Under $2)*

**Watering stick**

*Bubbler head on 4-foot-long tube. Water pots without stooping; no sloshing dirt over sides. Good for hanging pots. Nurseries use this to water plants in cans. (About $5)*

**Container waterer**

*Small bubbler on end of 14-inch tube with on-off trigger. Sturdy, unbeatable for watering many pots if in easy reach. Mist nozzle can replace bubbler. (About $8.50)*

**Adjustable nozzle**

*All-purpose; around for a long time. Shoots anything from pencil-sized jet to soft conical spray, or shuts off completely. Here it blasts aphids. (Most models $1 to $2)*

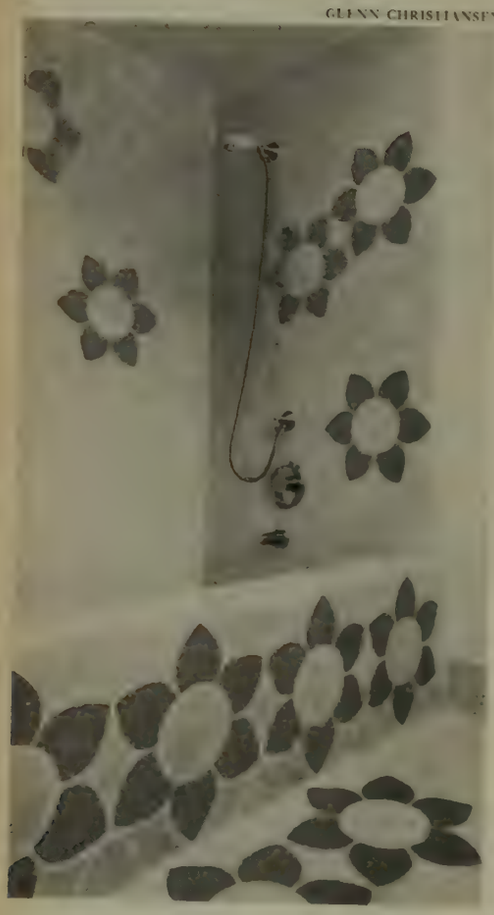
**Adjustable squeeze nozzle**

*Most versatile. Squeeze of trigger gives jet-to-soft spray; lock anyplace along way. Hook other gadgets to threaded end as pictured on the opposite page. (Under $2)*

# The Changing Western Home

*A tub that's all tile . . . a new high-speed glue . . . screen in a pocket . . . portable ice maker . . . big cloth pin*

GLENN CHRISTIANSEN



## Tile everywhere, even the tub

When this bathroom remodel was in the planning stages, the owners fell in love with the tile shown above. The tile is intended for use as an accent in a floor pattern, but the owners decided to use the large mosaic daisies on both the floor and walls and also in the tub itself.

They chose a soft gray with occasional bright orange petals for color.

The owner first built an inner tub of sheet copper. Back and ends, 4 feet high, act as a shower splash wall; joints were welded.

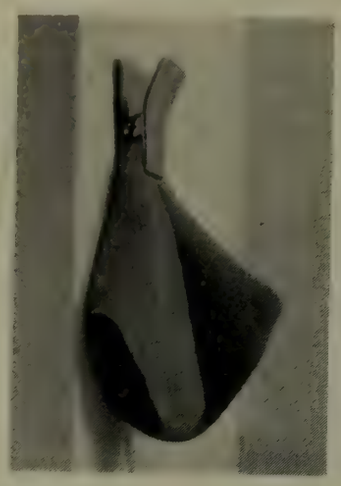
Once the copper was in place, it was covered with waterproof concrete reinforced with chicken wire. At this point the bottom was sloped to the drain. Then tile was laid in the normal way to cover the concrete. This second-floor tub hasn't leaked after more than a year's use.

## Glue it without waiting

A new fast-drying epoxy with the texture of modeling clay dries just minutes after you apply it. Even at low temperatures or in wet places, the material will set.

Since the epoxy does not flow and requires no clamps, it is excellent for attaching bathroom fixtures to tile. You can use it as well for repairing broken pipes, automobile radiators, water tanks, and outboard motor tanks—since the joint can be immersed in water five minutes after the glue is applied.

You mix the epoxy in the usual manner. It comes in two tubes; mix a bead of each substance on a piece of cardboard or other material you can discard afterward. The price per package at hardware and houseware stores is about $1.25.

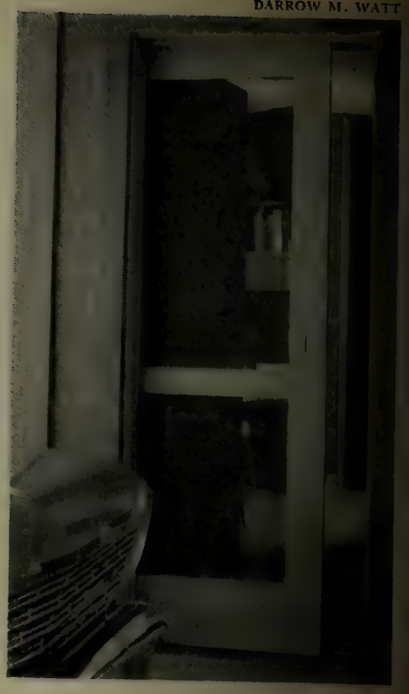


## It looks like a clothespin

A washcloth always seems to be left over when you hang up everything else in the bathroom. You can drape it over the edge of the tub, leave it on the tub grab bar, or just fold it wet on top of a towel.

An alternative is to use the handsome clip pictured above. (Clips like this are sold by hardware and builders' hardware stores.) Architect Ellis Jacobs installed it in his own bath, and Mrs. Jacobs assures us that with practice one can both take down and hang up the cloth with one hand.

DARROW M. WATT



## Slide that screen right into the wall

Pocket doors aren't unusual, nor are sliding screen doors, but the combination is not seen very often; yet it's practical wherever space for a hinged door is limited.

Dr. and Mrs. Alfred H. Grommon of Menlo Park, California, needed a screen on a door opening into their carport but didn't want to have to worry about banging the door into a car every time they went out. So Morgan Stedman designed for them the pocket screen shown above. It has the further advantage that when groceries are being carried into the house the door simply disappears into its pocket. Nothing gets in the way or needs propping open.

## Ice cubes galore

A portable ice cube maker now available can be used wherever you have 120-volt house current. Since it carries its own water supply, it needs no special plumbing.

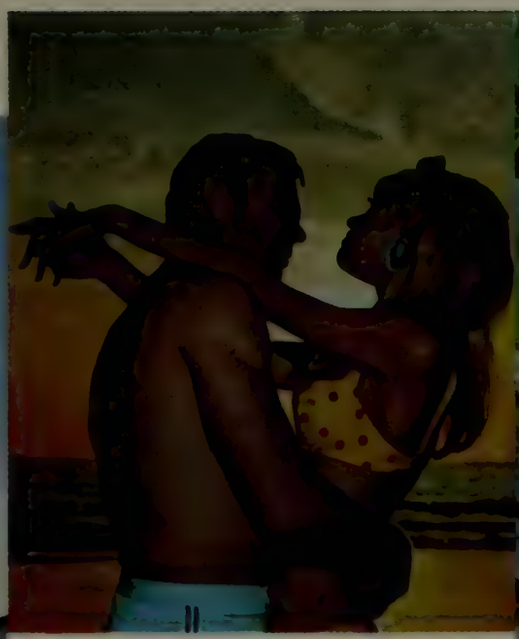
The ice maker is 14 inches wide, about 21 inches deep (with its 5-gallon water tank mounted in back), and 24 inches high. You can mount the tank separately.

The 5-gallon tank can produce 1,000 ice cubes without refilling, at the rate of 400 a day for this model, 450 a day for a slightly larger model. Either model is available in vinyl, stainless steel, or woodgrain laminated plastic. Prices run from $320 to about $410.

The ice maker operates as soon as you add water to the tank and plug it in. It's ideal where you cannot or don't want to install it permanently. You can use it in a cabin, a boat, near the swimming pool, or on a patio, and simply haul it away when it won't be needed for a while.

Look for it at refrigeration dealers, appliance stores, and specialty stores that handle bar or boat accessories.

# IEAD OVER HEELS FOR MEXICO



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FULLER PAINTS

# Here's a tree house for adults . . . with a cold shower below

**Platform** *intrudes very little on the forest. It easily accommodated this group of seven—including a babe in arms—when lunch was served. Steps go up on other side*

**all it platform** or deck, if you will, but yner Jerry Bundsen prefers tree house. There has been a lot of news lately about ds' tree houses; how about one for lults?"

recisely. Mr. and Mrs. Bundsen had purhased four acres near Boulder Creek, hich is a drive of about an hour and a uarter from their home in San Carlos, alifornia. "We wanted to build a barecue pit, enjoy dinner, sit around an Indian fire, and sleep out—but city folks know you can't sleep on the ground with lions, tigers, boas, and dragons abounding."

Then they hit upon the idea of the tree house, actually a 10 by 14-foot platform, "where we have spent many pleasant nights in sleeping bags."

The structure is quite simple. In cutover redwood forest there are usually some large stumps surrounded by rings of younger trees. Designer Clemens Friedell, Jr., and Harry Gettins helped the Bundsens set the platform neatly into one tree cluster. A long piece of 6 by 8-inch redwood, spiked securely to the stump and one adjacent tree, provides all the important support. Except for some 4 by 4's used where the railing, above, turns corners, everything else is made of 2-inch lumber of various widths.

Since water was piped in to the property, the Bundsens added the shower later. The concrete block barbecue fireplace (shown above) and an outhouse some distance away complete their encampment.

It's an idea that other owners of vacation property who want more than a camp but less than a cabin may want to copy. In case stumps or other tall supports are lacking, you might settle for a platform only a foot or so off the ground—like a Japanese *engawa*.

DARROW M. WATT

**It's cold water** *only, but a shower helps cool you in California's long, hot, dry season. Just out of view to the left is a faucet for the barbecue area. Platform was carefully fitted between the trees; stairway had to angle through*

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# He says: Who need
# You say:

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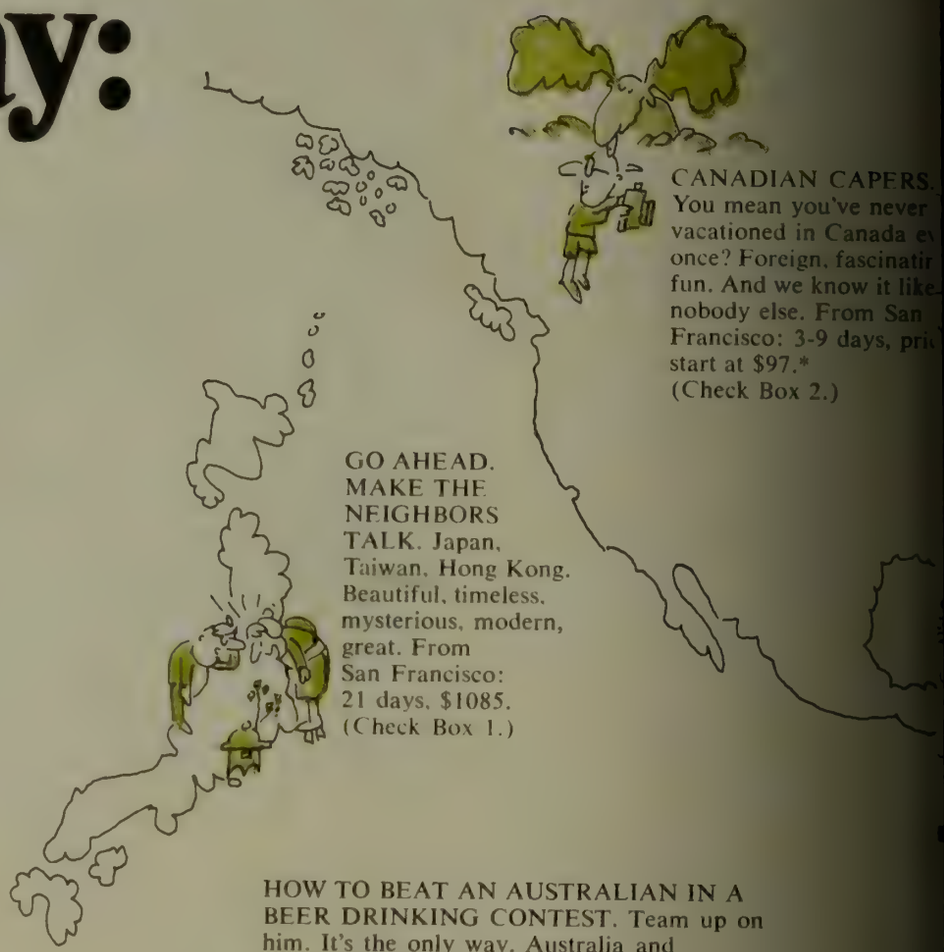
Next step? Take a look at the map. See your travel agent. Or mail the coupon. Then settle back and fasten your seat belt. You're practically on your way.



CANADIAN CAPERS. You mean you've never vacationed in Canada e once? Foreign, fascinatir fun. And we know it like nobody else. From San Francisco: 3-9 days, pri start at $97.* (Check Box 2.)

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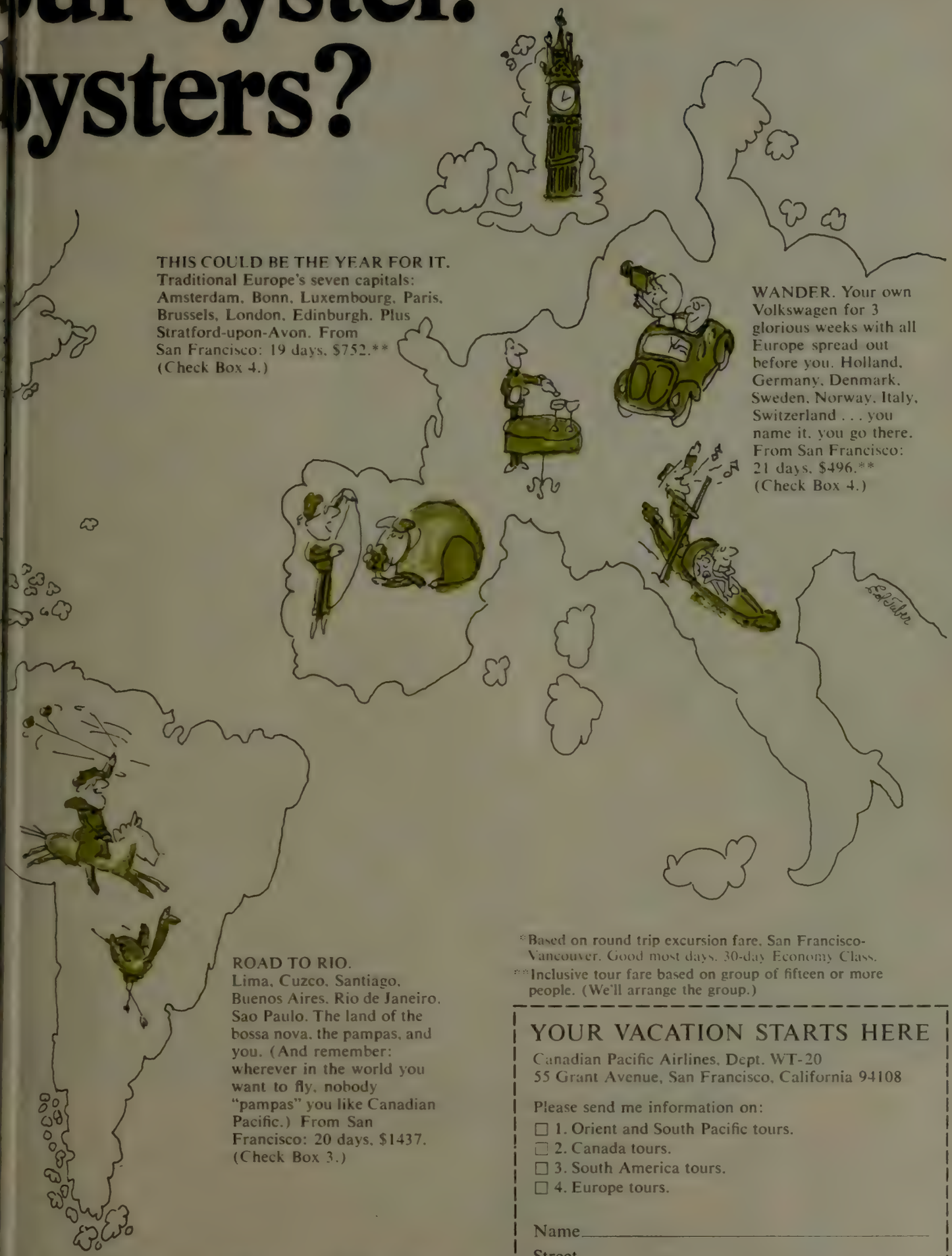
# our oyster. oysters?



THIS COULD BE THE YEAR FOR IT. Traditional Europe's seven capitals: Amsterdam, Bonn, Luxembourg, Paris, Brussels, London, Edinburgh. Plus Stratford-upon-Avon. From San Francisco: 19 days, $752.** (Check Box 4.)

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ROAD TO RIO. Lima, Cuzco, Santiago, Buenos Aires, Rio de Janeiro, Sao Paulo. The land of the bossa nova, the pampas, and you. (And remember: wherever in the world you want to fly, nobody "pampas" you like Canadian Pacific.) From San Francisco: 20 days, $1437. (Check Box 3.)

*Based on round trip excursion fare, San Francisco-Vancouver. Good most days. 30-day Economy Class.

**Inclusive tour fare based on group of fifteen or more people. (We'll arrange the group.)

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1968 PREVIEW SEASON — SACRAMENTO

JULY 1 to SEPTEMBER 10

*August 26-Sept. 10

# *If you plan to buy screening*

**The screened enclosures** shown on p 46 through 49 were made with either f glass or aluminum screening. These the most readily available screening terials. You'll find them at building ply and hardware stores and in mail o catalogs.

Each has its advantages and loyal porters. The two materials aren't too apart in price. Aluminum screening c about 17 cents a square foot, fiberg screening around 12 cents. If you bu by the 100-foot roll, the cost for alu num may drop to 8 or 10 cents a squ foot, and fiberglass to around 7 ce Prices may vary even within an area it's a good idea to shop around a bit fore you buy.

Both fiberglass and aluminum screen are available in several widths, but screened enclosures you probably wo be working with anything narrower th 4 feet. Fiberglass is available in widths to 84 inches for larger spans.

If you don't want to make up the pa yourself, you can get them made. T firms we checked that specialize in ma ing screens quoted a figure of $17 for by 8-foot, 1-inch-wide aluminum fra with two supporting cross bars, w either fiberglass or aluminum screenin

The fiberglass is available in metallic gr green, aqua, white, bronze, gold, and ch coal (some stores may not stock eve color but should be able to order it you). The main advantage of darker c ors is improved see-through qualit There's little or no light reflection fr the screening so views out and in sharper. Lighter colors of fiberglass well as new aluminum) do reflect light, under certain conditions visibility out a in is reduced. They do, therefore, offer degree of privacy within the enclosu and also have the advantage of reflecti solar heat and remaining cooler.

If sun is a bad problem or if you wa more privacy inside a screened enclosu than is offered by the usual materials, y might try an aluminum louvered scree It's not a mesh, but is made up of tin louvers so angled that they block out th sun while still allowing air circulation. It most effective when the sun is above a 30 angle. The space between louvers is sma enough to keep out most insects. Of cou visibility out is reduced, but people ou side can't see in. The material can b used in wood or metal frames. It cost about 32 cents a square foot.

# The Great Escape Car.

# MGB

## MGB lets you escape from dull driving. Read how.

Boredom evaporates the minute you settle into those foam-padded bucket seats of genuine English leather. A twist of the key brings the race-proven 1798cc engine to eager life. Slip the short-throw stick into first, (it's synchronized now), and head for the most challenging stretch of road you know.

The MGB's heavy-duty suspension is designed to arrow down the longest straight and hold the road through all manner of curves, from high-speed sweepers to low-gear hairpins. Just think of the extra margin of safety this sophisticated handling can provide on any road you drive.

The MGB's dual braking system with disc brakes up front is capable of stopping the car time and time again—without swerve, nosedive or fade. Comforting to know if you drive in heavy traffic or through areas where children play.

Even the MGB's aerodynamic, wind-cheating body is functional. Aside from looking attractive, it means quieter running with less wind noise, and greater fuel economy.

Comfort? The MGB is snug and warm in any weather. Roll-up windows, a tight-fitting top, and an effective heater/defroster make sure of it. And there's plenty of room in that lockable trunk.

Escape from dull driving in the MGB Mk. II. All it costs is $2670.*

MG AUSTIN HEALEY

*Suggested retail price P. O. E. New York. Grille guard optional. For overseas delivery and other information, write: Dept. W-25 British Motor Holdings (U.S.A.), Inc., 734 Grand Avenue, Ridgefield, New Jersey 07657.

*The* **Sunset** *West: Amazing Arizona*

# Governor Williams

*First of a series featuring distinguished Westerners*

# and Sunset talk the same language

Before Jack Williams became Arizona's Governor, he owned and operated radio stations. A green-thumb enthusiast, he had his own gardening program, helping his fellow Arizonans beautify their fascinating desert environment.

On becoming Governor, he gave up the radio program and stations, but not the enthusiasm. He travels his state like a crusader, preaching his dreams for Arizona, particularly water development. "Water," he says, "is Arizona's future."

Water, of course, is what has made the desert blossom. This, and bountiful sunshine, have made it a magnetic attraction to new residents, tourists, modern industry and agriculture. Arizona's growth over the past decades has been astonishing.

"Arizona is a unique way of life," says the Governor. "It is the Old West of Tombstone and cattle-raising and the New West of industry, enterprise and recreation. Our major banking system is the 9th largest in the world. Manufacturing has become the largest source of payrolls in the state, and our retail growth has been fantastic.

"We have deserts, but we also have 12,000-foot mountains, green forests, and a corresponding variety of climates. We have giant man-made lakes, a thousand miles of Colorado River shoreline, and delightful winter sports areas. These make for a way of life different from any other in the United States—an exciting market for good ideas.

"Sunset Magazine and Books," he concludes, "have done a magnificent job of interpreting this way of life and helping our people enjoy it more. Sunset is a publishing phenomenon."

*Thank You, Governor Williams.*

And you are right, sir. Sunset *does* understand the special needs and tastes of Arizona, along with those of eight other equally fascinating states West of the Great Divide.

In fact, our magazine was named for the railroad's "Sunset Route" which linked Arizona with the rest of the West. The magazine's original purpose was to interest *Easterners* in the West. Since 1928 it has been a magazine to help *Westerners* enjoy their West, edited for them and no one else.

Arizona is truly one of Sunset's specialties. So much so that we publish a separate Desert Edition, with editorial service especially tailored to this unique region. But, then, Sunset has been publishing zone editions for 36 years, to serve the local needs of people all over this variegated West.

Ask Arizona retailers—or retailers anywhere in Western America—what happens each month when Sunset comes out. They'll tell you: Action. Sunset readers take the ideas presented by Sunset editors, and then buy the products and services of Sunset advertisers which make the ideas work. All three together—editor, reader, advertiser—are on the same wave-length. That's what makes Sunset so powerful a sales medium.

**THE MAGAZINE OF WESTERN LIVING**
Lane Magazine & Book Company
Menlo Park, California

**Simple shelter** *in the corral was too muddy and too unprotected for expectant mare*

**So the cars** *went out and Misty Neemo, a bit nervous, moved into family carport*

**And here** *is Misty and her 13-day-old foal, O'Sage Beau, snug and happy in their temporary home. It was simply fenced in and floored with straw for her foaling time*

# Carport becomes maternity ward

**A carport** is a highly adaptable piece of floor space, but this is the first time we have ever seen one converted into a maternity ward.

It was really quite simple—just a matter of nailing some boards together for temporary fencing around the two open sides of the carport, and spreading some straw on the floor.

The reason was that a registered quarter horse named Misty Neemo was expecting. Ordinarily her simple shelter in a corral was quite adequate in the temperate climate of the San Francisco Peninsula where she lives, but for an occasion such as this it was a bit too windy and muddy.

So her owner moved the automobiles out of the carport, fenced it, and moved in Misty Neemo the day before she was due to foal.

He braced the temporary 1 by 4 fencing with 2 by 4's as shown, and used heavy wire to secure the two sections of fencing to the house and to the carport's single corner post.

Misty was somewhat nervous about her new home—like anyone in a maternity ward—and the colt didn't arrive for about a week. But then everyone was able to relax again; and two weeks later, Misty and her son, O'Sage Beau, moved back to their little shelter in the corral.


**See the new Hotpoint Side-by-Side Refrigerators at the Dealer nearest you**

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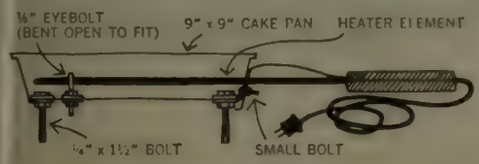
DARROW M. WATT

**Electric starter,** *mounted in a cake pan, starts a charcoal fire quickly and easily*

# *Electric starter for charcoal*

**An electric** charcoal lighter is safer than a can of lighter fluid, but most of them are fairly slow and you need to pyramid the charcoal very carefully over them (usually by hand) to make them work efficiently.

We found that mounting one of these common electric lighters (about $3.50) inside a steel or aluminum cake pan concentrates its heat and lets you just pour the charcoal out of the sack into the pan. Also, if your fire gets low, you can start up more briquets in the pan rather than damping the fire with cold fuel. Be sure to place the lighter skillet on a heatproof surface since it gets quite hot.




**Cross section.** *Legs are bolts. Two eyebolts and two small bolts hold starter*

**All the parts** *needed. Pan is marked for notch to be cut and 8 holes to be drilled*

Kodak

# *Meet the sharper shooter.*

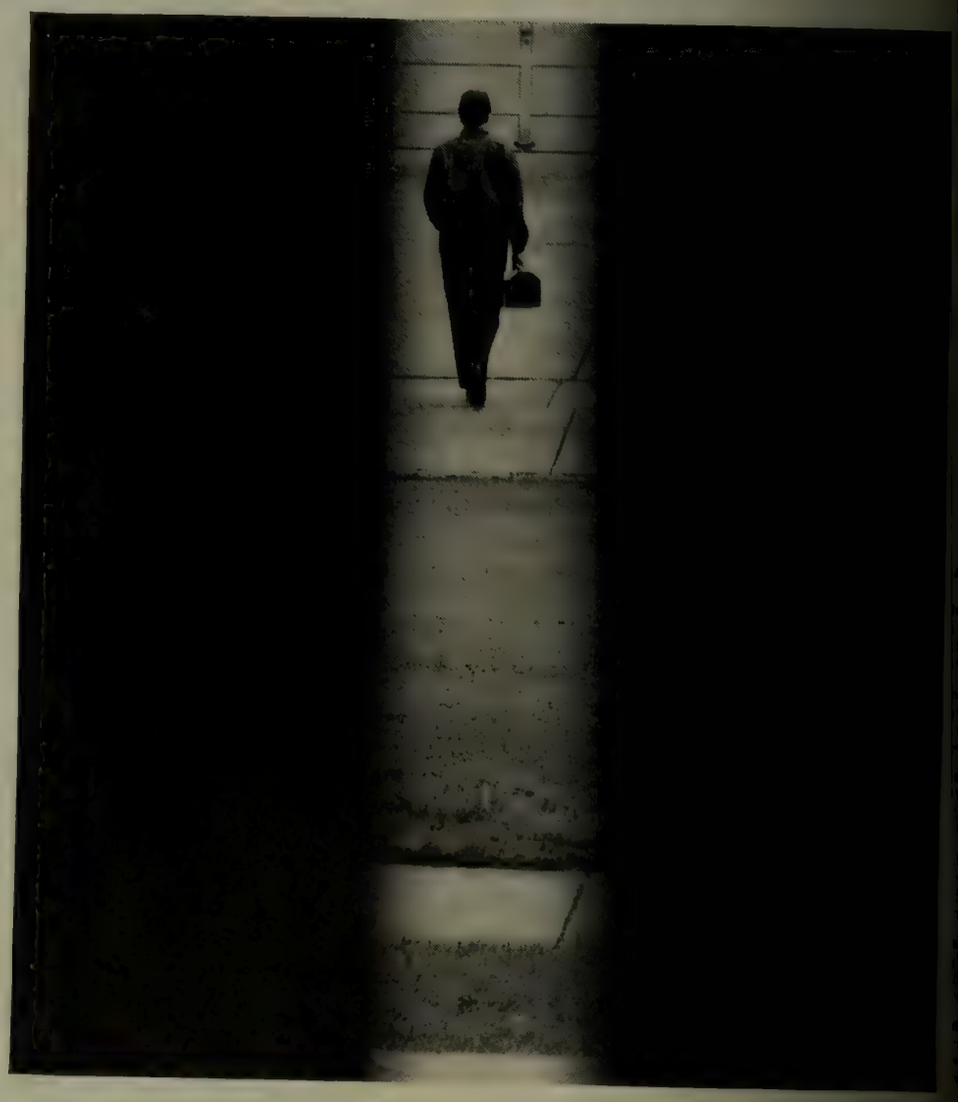
The brand-new Kodak Instamatic 814 camera lets you shoot sharper, clearer pictures your very first time out. And for two reasons. One, it has the superb new super-sharp 4-element *f*/2.8 Kodak Ektar lens. Two, it does practically everything for you automatically.

Just drop in the film cartridge. Automatically, the new "814" adjusts for the speed of the film. Adjusts for the level of the light, too, with its sensitive CdS exposure control—tells you if the batteries are okay—warns you when to use flash. For easy shooting, both film and flashcube advance automatically. And the lens-coupled rangefinder helps you get a sharp shot every shot.

See this sharper shooter, less than $140, at your Kodak dealer's. Remember—no experience necessary! Price subject to change without notice.

## *Kodak Instamatic® 814 Camera.*

# What kind of specialist makes house calls?



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Carrier Air Conditioning Company

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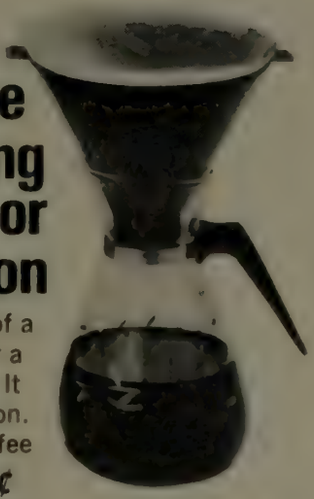

Come in for a demonstration of a Carrier room air conditioner or ask for a home survey for central air conditioning. It won't cost you a thing—no obligation. And you'll receive a glass coffee maker for only **59¢**

*regular $3.95 Value*

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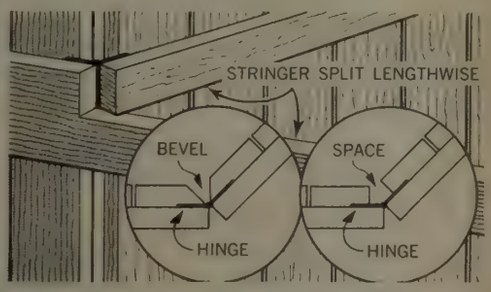
*MORE PEOPLE PUT THEIR CONFIDENCE IN CARRIER AIR CONDITIONING THAN IN ANY OTHER MAKE.*


WILLIAM APLIN

**Cut-out section** *of existing fence makes convenient gate, used here to feed the neighbor's dog. Scarcely visible closed*

# *It's unobtrusive and it's handy*

**Good neighbors** frequently need a convenience gate between their properties. In about an hour's time, landscape architect L. K. Smith added this simple, concealed gate. He used a power saw to cut the stringers; only the hardware hinges and a latch had to be purchased. This same idea could be adapted to most fences.




**Stringers** *(2 by 4's) sawed in half lengthwise; severed strips form frame for gate*

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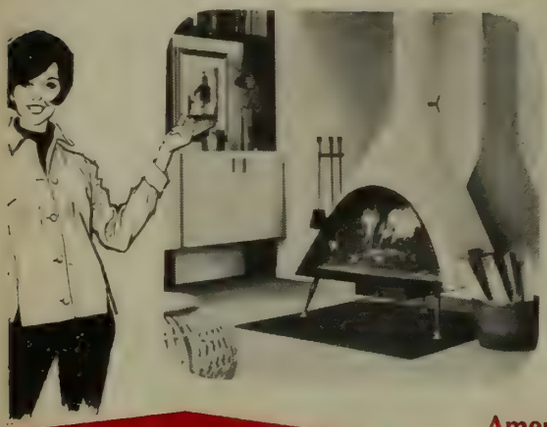

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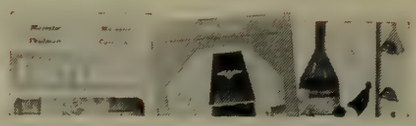

**Write today** for free brochures


DARROW M. WA

**Fiberglass** *shades cut morning glare in bedroom, have appreciably reduced heat*

# *Shades to reduce heat and glare*

**The bedroom window** shown above faces east, and early morning heat and glare used to force the owners out of bed by 6 A.M. They needed something to cut the heat without blocking the view over the hills; they chose the see-through shade cloth pictured.

Their new shades have reduced the heat substantially, and sun glare by about half (a darker color would cut the glare even more). The shades act like one-way glass; from the lighted side you can't see through. In the daytime, there is complete privacy from the outside; at night, if the room is completely dark, the shades seem almost to disappear, and the owners can still enjoy the view.

The shade cloth is made of a vinyl-coated fiberglass in an open weave. It seems very durable, and can be washed or vacuumed. Considered effective protection against insects, it could be used inside or out for a sun or wind shade.

Ready-made shades are available, in white only, in widths of 3 to 6 feet, lengths of 4 to 9 feet. They come equipped with a metal bar grip across the bottom.

If you're good at taking measurements and enjoy a project of this type, you could make a shade yourself. The material is available at building supply outlets in gray, green, charcoal, and aqua, as well as white. Instead of the metal grip, you could finish the shade with a wood slat.

A 3-foot wide by 6-foot long ready-made shade costs about $10; to make one would cost approximately $8, including material, roller, brackets, and slat.

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# She can climb her kitchen walls

**Trouble** *getting down heavy bowls? Three pull-out shelves solve problem*

**The petite lady** of the house can climb all around this kitchen and reach almost every corner of her storage cabinets. She manages it by the use of an ingenious system of pull-out boards at many different levels. It's all much easier than carrying around a step stool.

Architects Vladimir Ossipoff & Associates engineered the boards for Mrs. L. A. R. Gaspar, of Honolulu. About ¾ inch thick, they are made of sturdy plywood and pull out like cutting boards (but—for greater strength—only to about half their full length). Some are for Mrs. Gaspar to step on, others to rest heavy bowls and utensils on momentarily.

Some are placed just below cabinet shelves; some pull from between drawers. Altogether, Mrs. Gaspar has about eight of them around her kitchen.

For a light person, such an arrangement works very nicely. For a heavier person, it might be necessary to strengthen the supports for the step-on boards and to use thicker wood.

**Glasses** *on high shelves? Under the second shelf from the bottom, a built-in step*

RICHARD DAWS

**Storage** *over the range? A pull-out shelf makes it easy to reach up and over*

# It goes places other small wagons shouldn't go.

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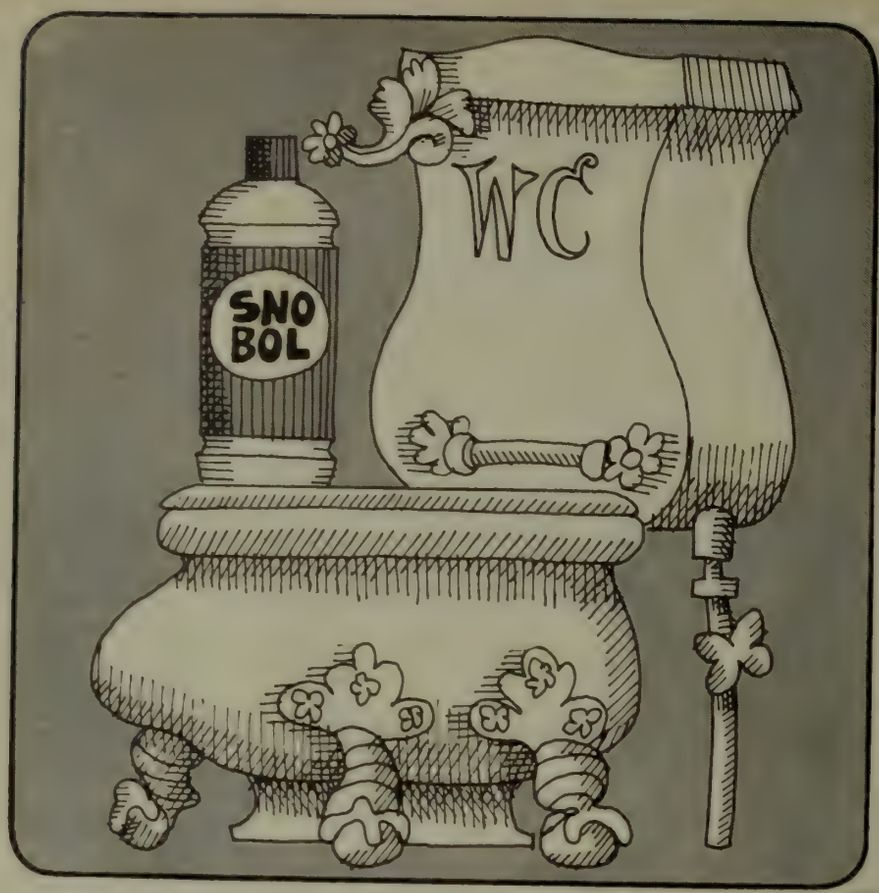


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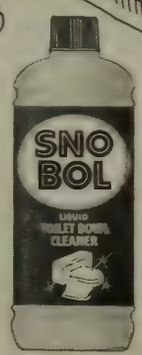


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**Grille by entrance** *attractively shields kitchen. It's about 9 by 17 feet overall and stands out a foot from house wall*

**This is how** *it looks from kitchen. Architect: William F. Braswell, Santa Monica, for the Frank Belascos of Saratoga, Calif.*

## *It's a screen and it's versatile*

**This decorative screen** stands between the front entrance and a south-facing wall and serves several functions: It provides a measure of sun control for the kitchen window, screens it from the entry walk, lends security for the streetside window, and makes a handsome backdrop for lacy fern pines *(Podocarpus gracilior)*.

The screen is made of vertical 2 by 4's set on edge and spaced 1 foot apart. The bold pattern is created by pieces of 2 by 3's and 1 by 6's that are glued and nailed to the 2 by 4's. The entire section is supported on a 4 by 4 beam resting on 4 by 4 posts fastened to concrete footings with metal dowels.

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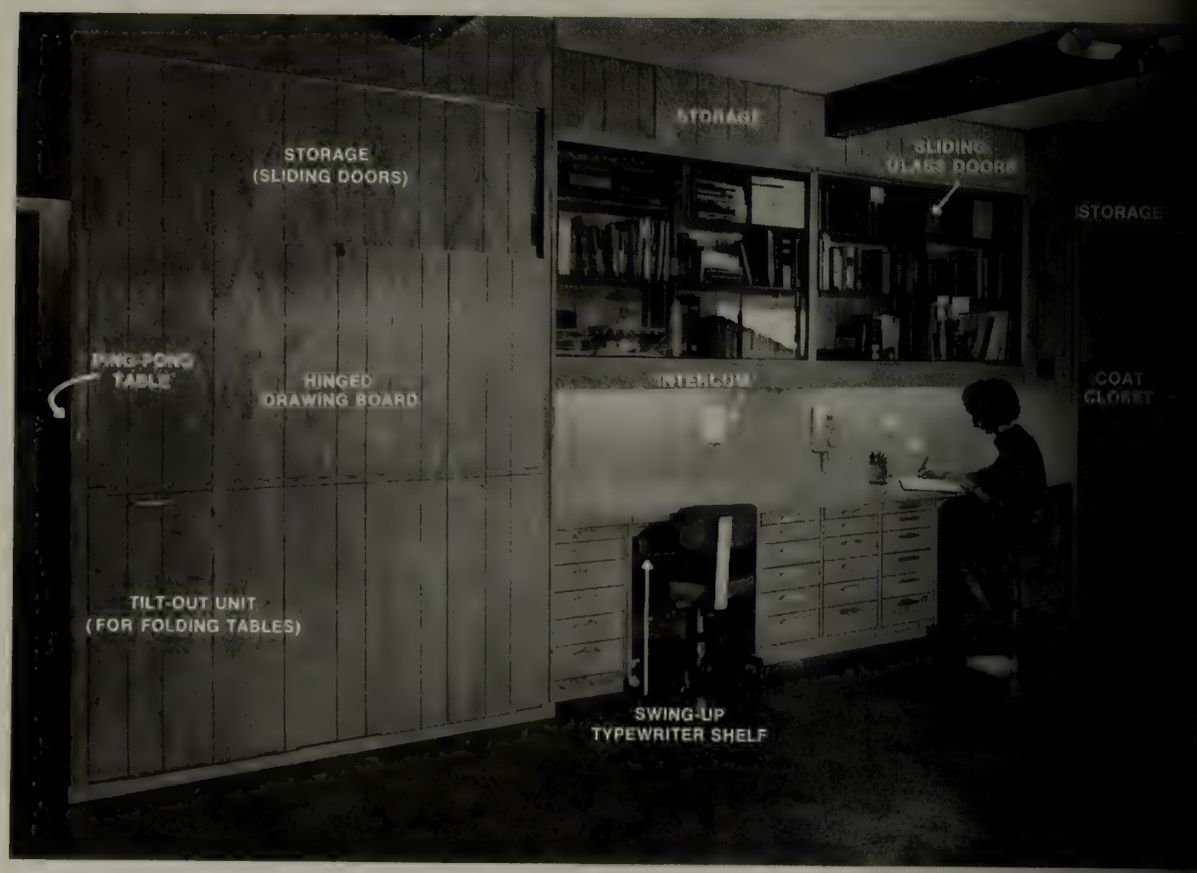
# It's a storage wall and a working wall

**Here's a storage wall** and twin desk unit that Norman C. Loeb of San Jose designed and built into his new multipurpose roo It meets all the storage requirements of his family, with so interesting innovations such as a dropdown drawing table a lightweight sheet metal drawers. In a matter of minutes, proje and game clutter can be hidden away. There's even a spec cabinet for a folding ping-pong table at one end. The 17 22½-foot room addition was designed by Reed Surber.

**Ping-pong** *table goes into an end cabinet*




**Storage wall** *is 18 feet long, has ash plywood paneling on walls, face of storage unit at left. Ash wood use for trim, drawer facing. Valance-type lighting under book shelves runs full length of counter (10½ feet*

**Tilt-out** *section holds card-tables, TV trays, games*

**Drawing board** *is hinged along bottom, drops down, rests on tilt-out storage panel shown at left*

**Swing-up** *typewriter is under hinged cover*

**Thirty drawers,** *from 2 to 5 inches deep, of galvanized metal bent in shop to form glide*

Sunday picnic at The Sea Ranch, the beautiful second-home colony on the Sonoma Coast. Photograph by Ernest Braun.

**he days you spend at**

# The Sea Ranch

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nce you have a second home at he Sea Ranch, there are two kinds f days in your life. . . . The ordinary ays you spend in the workaday orld and the days you spend on his lovely stretch of seacoast—the ays you wish would never end.

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here are no crowds here, because he Sea Ranch is a private evelopment, open only to residents nd their guests.

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DARROW M. WATT

**big blow** *and the reward. Candleholders ade with modeling material, toothpicks*

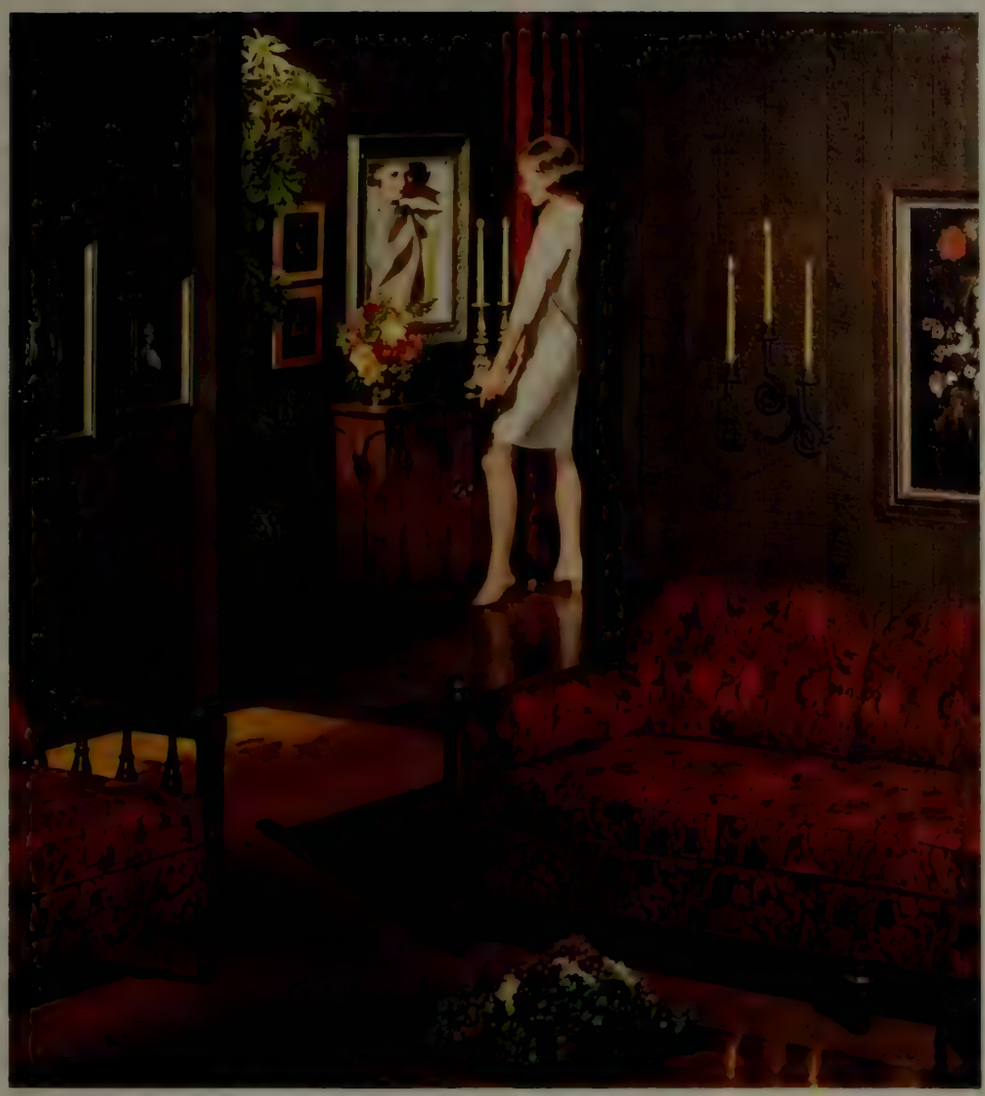
# *Birthday cake animals*

**he clever mother** of this birthday girl nade up these delightful candleholders o help her party preparation in three lifferent ways: decorate a special birthlay cake with her daughter's favorite animals, eliminate the need for a fancy cake cing, and provide party favors for the ive birthday guests.

To make the animals, she used the new plastic modeling material that hardens when baked in the oven; it's available in some art supply and toy stores. You could use this, or any plastic modeling material that will harden.

She shaped the animal bodies; stuck them with toothpicks for legs, beaks, and tails; and made a candle hole in each one. Then she baked them according to package directions, painted them with water colors, and sprayed them with lacquer. (If you prefer, you can use poster paints or acrylics.)

If you make a creature with only two legs, you can stand it up to harden by poking the toothpick legs into an English muffin.

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DARROW M. WATT

**otected** *outdoor location of apartment-be kitchen unit is handy for barbecues, acks, has own sink, electrical outlets*

## *The kitchen in the garden*

**his one-piece,** complete kitchen unit was iginally installed in an apartment. The esent owners bought it and moved it to their garden, adding a nearby stor-ge cupboard for chairs. The unit closes neatly behind board-and-batten doors hen not in use. Landscape architect: Gil ovianek.

**Folding-chair** *storage is under a counter with generous tiled working surface. Owners: Dr. and Mrs. R. T. Dunkin, San Jose*


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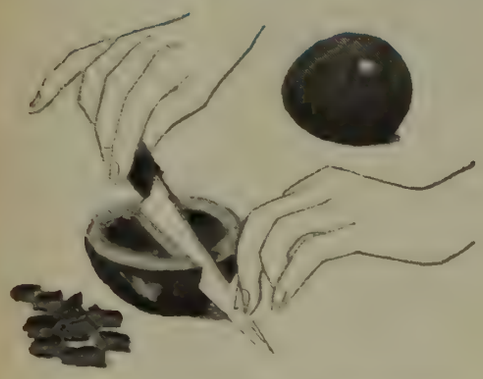


*Chop the tomatoes before marinating for cocktails, or slice them for salads*

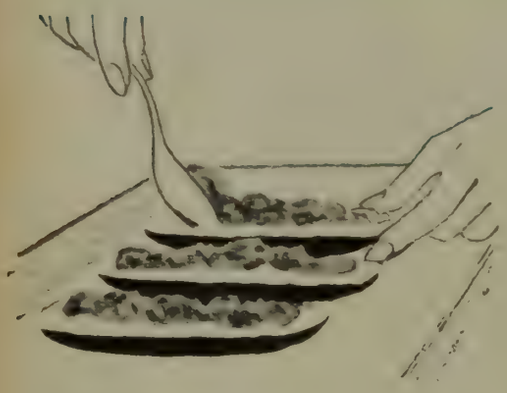
### *FRESH TOMATO COCKTAIL OR SALAD*

This is a versatile recipe. You could embellish the tomato cocktails by mixing in a few cooked small shrimp just before serving them.

- 6 medium-sized tomatoes
- 1 large clove garlic, minced or mashed
- ½ teaspoon whole basil, crushed
- ¼ teaspoon *each* whole oregano, rosemary, and thyme, crushed
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- 2 tablespoons *each* red wine vinegar and olive oil or salad oil
- Parsley sprigs or lettuce for garnish

Dip the tomatoes in boiling water briefly to loosen skins; hold under cold water, then peel. If you dice the toma- toes, discard most of the seeds; diced or thinly sliced tomatoes i bowl. Thoroughly blend the ga basil, oregano, rosemary, thyme, s pepper, vinegar, and oil. Pour over tomatoes. Cover bowl and refriger for at least 4 hours, or overnight.

At serving time, spoon out the di tomato and juices into 6 or 8 seaf cocktail glasses (or small wine glas and garnish each serving with a s of parsley. For salads, lift tomato sli out of marinade and arrange on tuce. Drizzle over some of the m nade. Makes 6 to 8 servings.—*J. Tacoma.*



*Heap the spinach mixture in each zucchini shell, then bake until heated*

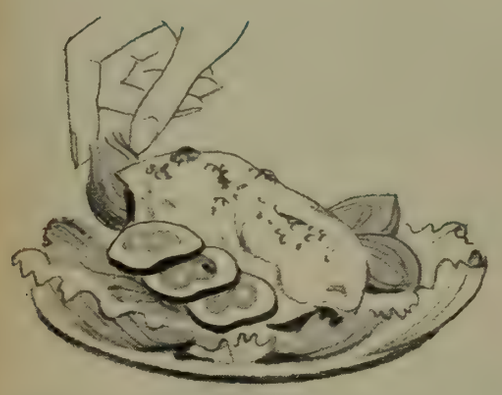
### *SPINACH-STUFFED ZUCCHINI*

You might arrange this vegetable on the same serving plate with the meat.

- 3 medium-large zucchini (about 1 lb.)
- Boiling, salted water
- 1 package (10 oz.) frozen chopped spinach
- 4 slices bacon
- 2 green onions, thinly sliced
- 1½ tablespoons flour
- ½ cup light cream or milk
- ½ cup shredded sharp Cheddar cheese
- Salt

Cook whole zucchini in boiling water until just tender, about 7 minutes; drain. Cook spinach as directed on the package and drain thoroughly. In a frying pan, cook bacon until crisp; remove and drain. Discard all except 1½ tablespoons of the drippings; a onion and sauté about 2 minutes. S in flour and cook until bubbly. Gr ually stir in the cream or milk, a cook, stirring, until thickened.

Remove from heat and stir in t chopped spinach and ¼ cup of cheese. Cut zucchini in halves leng wise; scoop out centers and disca Drain zucchini shells well, then them in a greased shallow baking di sprinkle lightly with salt. Fill with sp ach mixture. Top with remaining cup cheese and bacon, crumbled. Ba in a 350° oven for about 20 minut Serves 6.—*S. G., Burlingame, Calif*



*Poached chicken breasts chill in a tangy marinade; serve them on lettuce*

### *MARINATED CHICKEN BREASTS*

You might garnish plates with tomato wedges or marinated artichoke hearts.

- 6 whole chicken breasts, skin removed
- About 2 cups water
- ½ teaspoon salt
- 1 cup salad oil (may be half olive oil)
- ⅓ cup tarragon wine vinegar
- 1 teaspoon salt
- ½ teaspoon *each* garlic salt and seasoned salt
- 1 green onion, finely chopped
- ¼ cup finely chopped parsley
- Lettuce for garnish

In a frying pan or other large pan with a lid, heat the water with salt to boiling; put in chicken breasts and simmer just until all the pink color disappears, about 12 minutes. Drain chicken and cool. When cool enou to handle, remove chicken from bon making 12 split chicken breasts; a range in a bowl. Combine the sal oil, wine vinegar, salt, garlic salt, se soned salt, green onion, and 2 tab spoons of the parsley. Pour over t chicken. Cover bowl and refrigera for at least 6 hours, or overnight.

To serve, lift breasts from marina and arrange one or two on lettuce each serving plate. Spoon over a litt of the marinade, then sprinkle with r maining 2 tablespoons parsley. Mak 12 luncheon servings, or 6 supper-siz servings.—*H. V., Auburn, Calif.*

y in the day to bake briefly just before serving. Fresh peaches cream in a macaroon crumb crust describes a delicious dessert have ready in your freezer. And for a weekend brunch, you can ke fluffy orange pancakes to serve with fresh berries, sliced ches or plums.

welcome suggestions for new ways to serve fresh fruits and vegbles—discoveries you make while experimenting in your kitchen s summer. Mail contributions to *Sunset Magazine*, Menlo Park, lif. 94025. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

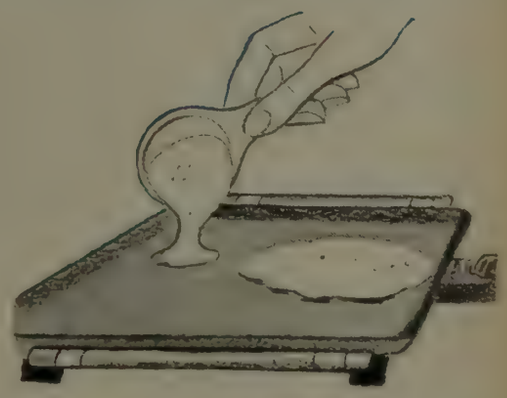
## FFY ORANGE PANCAKES

might offer your guests a choice oppings for these tender pancakes.

- 1½ cups unsifted all-purpose flour
- 2 teaspoons baking powder
- ½ teaspoon salt
- 3 tablespoons sugar
- 2 eggs, separated
- 1 cup milk
- ½ cup orange juice
- 3 tablespoons melted butter or salad oil
- 1 teaspoon grated orange peel
- Pancake toppings (see below)

flour with the baking powder, salt, l sugar into a bowl. In another bowl tly beat the egg yolks and beat in milk, orange juice, melted butter, l orange peel. Add liquid to dry ingredients and stir until well blended. Beat egg whites until soft peaks form; fold into pancake batter. Bake pancakes on a hot, lightly greased griddle, dipping out about ¼ cup of batter for each thin pancake. Makes about 15 pancakes, about 4½ inches in diameter.—*L. G., Bremerton, Wash.*

*Pancake Toppings:* Make an orange butter by beating together ¼ pound soft butter or margarine with 1 cup unsifted powdered sugar and 2 teaspoons grated orange peel. Fresh berries and sliced peaches or plums, sweetened to taste, are also good spooned over the pancakes.



*Dip out about ¼ cup batter for each of these thin fruit-flavored pancakes*

## SSEROLE OF LENTILS AND SAUSAGE

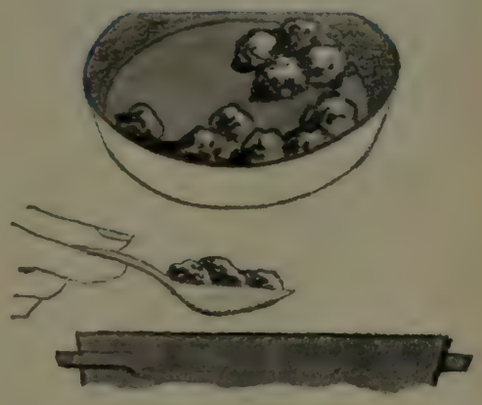
ntils cook more quickly than beans d offer an interesting flavor change.

- 1 package (12 oz.) lentils
- About 5 cups water
- 2 teaspoons salt
- ¼ teaspoon *each* seasoned salt and monosodium glutamate
- 1 clove garlic, minced or mashed
- 1 to 1½ pounds Italian sausages, mild or hot
- 1 large onion, chopped
- 2 carrots, sliced
- 1 can (8 oz.) tomato sauce
- 3 tablespoons vinegar

ash and pick over the lentils, and t into a large, heavy pan such as a utch oven. Add water, salt, seaned salt, monosodium glutamate, and garlic; cover and simmer gently. Meanwhile removing casings from sausage, cut into ½-inch slices, and cook until browned. Add sausage to lentils; return 2 tablespoons of the drippings to the pan. Sauté onions in the drippings, then add to lentils with the carrots.

When lentils have cooked about 30 minutes and are almost tender, stir in tomato sauce and vinegar and cook about 15 minutes more, or until sausages and lentils are tender and most of the liquid has been absorbed. Makes 6 servings.—*R. J., Torrance, Calif.*

*This dish reheats well; add a little water, if needed, when reheating.*



*Browned sausage slices with lentils make hearty dish to take on picnics*

## EACH AND MACAROON FREEZE

ou can freeze this dessert in an 8-ch pie pan or in a refrigerator freezg tray. Allow it to mellow in the frigerator after removing from the eezer. Whirl crisp macaroon cookies the blender to make the crumbs.

- 1 cup macaroon crumbs
- 2 tablespoons *each* melted butter and firmly packed brown sugar
- 1½ cups thinly sliced peaches
- ½ cup sifted powdered sugar
- 1 cup whipping cream
- 1 teaspoon vanilla
- ⅛ teaspoon salt

Combine the macaroon crumbs with he melted butter and brown sugar; nix with a fork until well blended. Spread ¾ cup of the crumb mixture in the bottom and sides of a buttered 8-inch pie pan or in the bottom of a buttered refrigerator freezing tray; press in lightly. Sprinkle peaches with powdered sugar. Whip the cream, adding the vanilla and salt.

Fold peaches and sugar mixture into whipped cream and spoon into crumb-coated pie pan or freezing tray. Sprinkle remaining crumb mixture over top. Cover pan and freeze. About 30 minutes before you serve it, remove from freezer to the refrigerator. Cut into wedges or bars to serve. Makes 6 servings.—*J. W., Santa Cruz, Calif.*

*Sliced fresh peaches and whipped cream fill crumb-coated pan or tray*

DARROW M. W

**Glistening river** *of hot chocolate flows over and down peppermint ice cream pie that is topped with a marshmallow mering*

# When you bring t in . . . guests may tand up and cheer

**Simple version** *of French Snowball Bombe: ice cream balls, real violets*

**e elaborate-looking** desserts are noth- more than ice cream pies. For each make a crumb-type crust, fill with cream or sherbet or both, decorate, freeze (0° or colder) until the time n you want thunderous applause to ax a meal.

### *PERMINT ICE CREAM PIE H HOT CHOCOLATE SAUCE*

- 1 quart peppermint ice cream, slightly softened
- Chocolate cooky crust (recipe follows), chilled
- 3 egg whites
- 1 cup marshmallow cream
- 1 teaspoon vanilla
- 8 ounces (½ lb.) semisweet chocolate
- ¾ cup whipping cream

on ice cream into chocolate cooky st, spread smoothly. Freeze until hard; p airtight if stored for more than a hours.

the large bowl of mixer, beat egg tes until stiff. Then beat in marsh- llow cream, a large spoonful at a time. il whites hold peaks that curl slightly en beater is withdrawn; blend in illa. Swirl meringue over ice cream, ling to edge of crust. Bake in a 450° n for 2 to 3 minutes, or until meringue lightly browned. Return to freezer at e until ready to serve. When pie is zen, wrap it lightly, airtight, if you n to store it more than 24 hours.

t before serving time, chop chocolate l put in top of a double boiler with am. Heat over simmering water until chocolate melts; stir occasionally.

Unwrap pie and let stand at room temperature about 15 minutes, then cut in wedges, cutting through crust. Pass chocolate sauce. Makes 8 to 10 servings.

*Chocolate Cooky Crust.* In a 9-inch pie pan blend together 1 cup finely crushed chocolate wafer cooky crumbs, ¼ cup melted butter, and 1 tablespoon sugar. Level crumbs, then use a spoon to press an even layer around sides and bottom of pan. Bake in a 350° oven for 10 minutes.

### *SUMMER SNOWBALL BOMBE*

In an 8 or 9-inch cake pan with removable bottom (or a cheesecake pan) blend 1 cup finely crushed lemon wafer cooky crumbs, ¼ cup melted butter, and 1 tablespoon sugar. Level crumbs, then with a spoon press evenly about 1 inch up pan sides and across pan bottom. Bake in a 350° oven for 10 minutes. Chill.

Shape 1 quart lemon custard or lemon-flavored ice cream in large balls and arrange in lemon crust. Shape 1 quart blackberry or cherry ice cream in balls (slightly smaller, if possible) and arrange over lemon ice cream. Whip 1 cup heavy cream until stiff and flavor with 2 tablespoons sugar and ½ teaspoon vanilla. Force through a pastry bag, fitted with star tip, into rosettes around the ice cream balls. Freeze, then wrap airtight until ready to serve. Remove pan rim and sprinkle with 10 to 20 violets (they are edible); let stand at room temperature for 15 minutes. Cut in wedges, cutting through crust. Makes 8 to 10 servings.

### *ICE CREAM FRUIT TART IN SHORTBREAD CRUST*

In a 9-inch pie pan combine 1 cup unsifted all-purpose flour with ¼ cup sugar and 6 tablespoons butter. Rub mixture between your fingers until crumbly and butter particles are indistinguishable. Level mixture; with a spoon, press an even layer very firmly on sides and bottom of pan. Bake in a 325° oven for 30 minutes, or until slightly browned. Chill.

Pack shell with ice cream and sherbet, shaped in flat scoops, about 1½ quarts total; alternate colors. We used 1 pint *each* old-fashioned style vanilla, raspberry sherbet, and frozen berry (or strawberry) ice or sherbet; but you can vary the fruit flavors as you like to complement any fresh fruit topping. Wrap airtight and freeze until ready to serve. Garnish with a few fresh peach slices or other fruit (you'll need 2 cups in all), let stand 15 minutes at room temperature. Cut wedges, cutting through crust. Top each portion with more fruit. Makes 8 to 10 servings.

**Open-faced** *ice cream-sherbet tart, to top with fresh fruit or berries*

# JULY MENUS

## *Here's a continental brunch, a fiesta supper, and a Fourth of July picnic*

**It seems** a fair objective to do as little cooking as possible in July. Indeed, a good part of the three menus we suggest this month are devoted to foods served in pretty much their natural state. This is not to imply that the adventure of dining is overlooked, for these family meals are all quite special enough for guests.

The brunch begins with fresh strawberries slathered with an almost instant version of the delicate French cheese called Petit Suisse. The colorful supper starts with bowls of chopped garden vegetables to spoon into a chilly gazpacho. The picnic features a stunning meat loaf in a terrine and abounds with courses of whole, handsome fresh produce.

### *Continental brunch with fruit*

This simple, pretty, and light meal is equally suitable for impromptu entertaining or for a carefully planned occas

**Spread** *the strawberry halves with fl cream cheese mixture, sprinkle with su*

DARROW M. WATT

**Spoon your choice** *of chopped vegetables—celery, green pepper, onion—into each serving of cold gazpacho. The soup's base is chicken broth, with tomatoes and lime juice*

**Strawberries**
**Housewife's Petit Suisse**
**Brown Sugar or Honey**
**Pecan or Almond Coffee Cake**
**Café au Lait**

Allow 6 to 8 large, perfect strawberries each serving and cut them in hal lengthwise. Arrange fruit on shiny gr leaves on a tray or for individual servi with individual puffs (about 2 tablesp size) of the Petit Suisse. Spread some this cheese mixture on a cut berry, sp kle with sugar or honey, and eat.

Buy a frozen nut pastry (or get one fr a bakery) and heat before serving.

To make café au lait, have a pitche hot coffee and one of hot milk and p them simultaneously into cups.

**Housewife's Petit Suisse.** Cream toget 2 small packages (3 oz. *each)* cre cheese, ¼ cup sour cream, and 2 t spoons sugar. Makes 1 cup.

### *Fiesta supper*

A cold Spanish soup to serve first, h burgers with a Mexican twist, and classic caramel coated custard, flan, dessert go together naturally in this La styled meal. The same menu is appro ate for lunch; for a lighter meal you co serve just the soup or entrée with the fl

**Gazpacho of Seville**
**Hamburger Tostadas**
**Flan**

Make the flan first as it must chill s eral hours. The soup, with only raw gredients, also requires chilling. You fry the tortillas for the tostadas early the day, too. The only mealtime cook

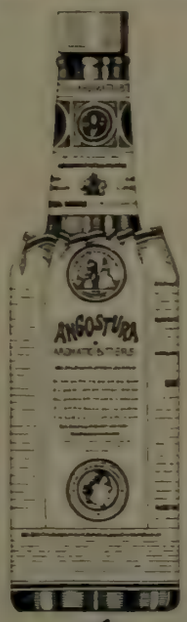
# Angostura bitters puts salads on the best-dressed list.

Italian?
Roquefort?
Russian?

Take a half pint of any dressing, and add ½ teaspoon of Angostura bitters.

Angostura brings forth the good taste already in the dressing and the salad...and adds a subtle flavor of its own.

It works in prepared dressings, and in dressings you prepare yourself, like our Caribbean favorite.



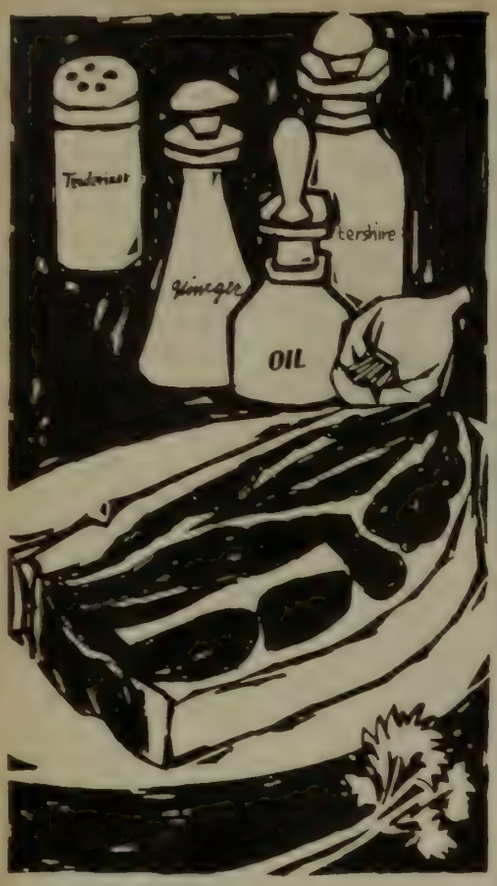

CARIBBEAN SALAD DRESSING

1 clove garlic, peeled
1 slice soft bread
1 can (1 lb.) stewed tomatoes
⅓ cup salad oil
2 tablespoons vinegar
½ teaspoon salt
¼ teaspoon pepper
1 teaspoon sugar
2 teaspoons Angostura

Cut garlic in three or four pieces and insert in bread. Let stand half an hour and remove garlic. Mix tomatoes, oil, vinegar and seasonings. Add bread and beat until thoroughly mixed. Serve as a dressing for a mixed green salad.

If you want some more recipe ideas on everything from meat to desserts, send for Angostura's free recipe book, "The Secret of Better Taste." It has over 100 recipes. Address requests to Angostura, Dept. S6, Box 123, Elmhurst, New York 11373.

## or how to become a gourmet in two shakes.




# Chuck Steak:

## "how" to marinate it and "why" you can serve it like sirloin

Chuck steak, when properly respected can come to the table with majesty. It simply takes meat tenderizer, marinade and self-confidence! Choose a 2-inch thick chuck steak. Prick deeply with fork and sprinkle with instant meat tenderizer as package directs. Let stand at room temperature ½ hour. Coat with a marinade of ⅔ cup wine vinegar, ½ cup oil, 1 tablespoon Worcestershire sauce and 1 mashed clove garlic. Refrigerate 2 hours. Cook chuck steak exactly as you would sirloin, either grilling over charcoal or sizzling under the broiler. (We suggest medium rare for both flavor and color.) Place cooked steak on a large cutting board and slice across diagonally yielding tender pink beef slices delectably browned around the edges. We can almost promise your family or guests will think they're devouring sirloin. (Especially if you look smug.)

**P.S.** Sliced cold for sandwiches next day or cut into julienne strips for salad, chuck steak still masquerades as sirloin.

**Today Beef is Better**

CALIFORNIA BEEF COUNCIL
463 BREWSTER AVE.
REDWOOD CITY, CA. 94063

**A terrine** *of savory cold meat loaf. Slices reveal whole sausages and chicken li surrounded by the meat mixture; serve alone or as superb open-faced sandwic*

is broiling the beef patties and reheating the tostada bases under the same broiler.

**Gazpacho of Seville**

- 4 cups regular strength chicken broth, chilled
- 4 medium-sized tomatoes, chopped
- ½ teaspoon seasoned pepper
- 2 tablespoons olive oil or salad oil
- 6 to 8 tablespoons fresh lime juice
- Salt to taste
- 1 small red onion, finely chopped
- 1 or 2 green peppers, finely chopped
- 1 or 2 stalks celery, finely chopped
- Lime slices and watercress sprigs for garnish (optional)

Remove any fat from broth and discard. Mix with tomatoes (including juices), pepper, oil, lime juice (taste for tartness desired), and salt. Chill thoroughly. Serve from a tureen or bowl, ladling into dishes and offering individual containers of onion, green pepper, and celery to add according to personal preference. Garnish bowls with lime and watercress. Makes 4 to 6 servings.—*M. G., Menlo Park, Calif.*

**Hamburger Tostadas.** For each serving fry 1 corn tortilla until crisp in about ¼ inch salad oil over moderate heat, turning frequently. Drain on paper towels. (This can be done several hours ahead.)

About serving time, spread each tortilla with 2 to 3 tablespoons canned refried beans and sprinkle with about 3 tablespoons shredded mild Cheddar cheese.

Shape lean ground beef (¼ to ⅓ pound a serving) in cakes the diameter of a tortilla. Broil meat until doneness you like, salt, then keep warm for a few minutes while you broil tortillas about 3 inches from heat until cheese bubbles, about 1 or 2 minutes. Top each tortilla with about ½ cup shredded lettuce, the hot meat, and a large spoonful *each* of homemade or frozen, thawed guacamole sauce a sour cream. Offer hot-flavored chile sa of your choice and add to taste.

**Flan.** To make hot water bath for the fl set a 9 by 1¼-inch pie pan in a sligh larger pan. Fill the outer pan with j enough hot tap water to come up arou the other pan; hold down the pie pan s won't float. Then remove the pie pan a put only the pan of water in a preheat 350° oven while you mix the flan.

In a small frying pan over moderate h melt ⅓ cup sugar; shake pan instead stirring. Once melted, the sugar will c amelize quickly; as soon as it does, p at once into the 9-inch pie pan. Using pads to protect hands, tilt pan quickly let syrup flow over bottom and sligh up sides; if syrup hardens before y finish, set pan on moderate heat u syrup softens, then continue.

Beat together to blend 6 eggs and 6 ta spoons sugar; add 2 cups milk and 1 t spoon vanilla. Set caramel-lined pan hot water in oven; pour in the egg m ture. Bake in a 350° oven for about minutes; test by gently pushing cust in center with back of a spoon—wl done a crevice about ⅜ inch deep form

Remove from hot water and chill at or As the flan cools, the caramel dissol somewhat. When cold, loosen just custard edge, then cover with a rimm serving plate. Holding plate in pla quickly invert. The flan will slowly free and the caramel sauce flow out. in wedges, spoon on sauce. Serves 6.

## *A pastoral picnic*

This menu is ideal for the Fourth of J as the foods are cold, easy to transp

# Find another car under $2,000 that has all that the Renault 10 has, and we'll buy it for you.

*We believe the Renault 10 gives you more for your money than any other car.*

*And the fact that sales have soared since we introduced it, leads us to believe that quite a few people agree. We sold 72% more 1967 Renaults than 1966 Renaults.*

*But if some doubters remain, we offer this challenge:*

*Find another car under $2,000 that has all that the Renault 10 has, and we'll buy it for you.*

**The Renault 10 has, as standard equipment:**

**4-wheel disc brakes**

Disc brakes take hard braking better than drum brakes. They have long been used on super-speed, super-priced automobiles.

**4 doors instead of 2**

You don't have to fight the front seat to get to the back seat.

**35 miles per gallon**

Some people say they get more.

**Contoured seats that recline for sleeping**

Plus 18 other positions for when you're not sleeping.

**Engine weight over the drive wheels**

The drive wheels bear down on snow and ice because the engine weight bears down on them.

**Turning circle of 30 feet**

You can make most u-turns in one clean sweep.

**4-wheel independent suspension**

Each wheel moves up or down without affecting all the other wheels. So when one wheel hits a bump, only one gets bumped. The other 3 keep the car and you going in a level position.

**4-speed synchromesh transmission**

This matches the speeds of the engine and transmission to allow the gears to mesh easily. Which makes shifting a lot easier on you and your transmission.

**Replaceable wet cylinder sleeves**

When the cylinders wear out in a conventional engine, the whole engine has to be pulled out and rebored. Sometimes it pays to buy a new car. But a Renault piston moves in a replaceable wet sleeve. If the sleeve ever wears out, you can put in a new one easily and inexpensively.

**Sealed liquid cooling system with expansion tank**

Water-cooled engines are much quieter than air-cooled engines. However, water and anti-freeze can frequently overflow. But Renault's water-cooling system has an expansion tank to keep the overflow from escaping.

**5 main-bearing engine**

Instead of three bearings supporting the crankshaft, we have five. (As many as most V-8's.)

**Special vents for draft-free ventilation**

You can get plenty of fresh air with the windows shut. Which, incidentally, shuts out noise.

**Rack and pinion steering**

Eliminates play in the steering.

**2-speed hot-water heater and dual defroster**

Our heater uses the same hot water that circulates in the engine. So our heater heats faster and produces a more even temperature than any air-type heater.

**15 inch wheel**

Most economy cars have 13″ or less. Our larger wheel makes fewer revolutions to go the same distance. Which saves rubber. Which saves money.

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If you get a flat you don't have to unload the trunk and get everything dirty.

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We're not the biggest in this department, but neither are we the smallest. The smallest only has 2.3 cubic feet, which is about as much space as we have behind our back seat alone.

**Hits a top speed of 85**

That's pretty surprising considering the mileage we get.

**Unique warranty**

12 months/unlimited mileage.

**Price—Under $2,000**

Way under $2,000.

**RENAULT**

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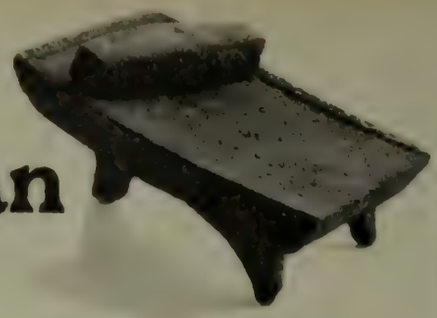
ON OVERSEAS DELIVERY, WRITE RENAULT, INC

# Cooking with a Mexican accent.



## by Elena Zelayeta

In my cookbook, *Elena's Fiesta Recipes*, I included a section after the Fish and Poultry sections called, "Entrees." This may be a contradiction in terms—since fish and poultry are entrees, too, but my problem was to gather together all those typically Mexican main dishes which involve a little meat, a little starch, a lot of seasoning and a lot of inventiveness. I included things like Picadillo (an elaborate pork hash, with raisins and almonds and cinnamon in it). Tortoletas Mexicanas (little pastry cups made of masa, filled with Mexican sausage and beans). And Chilaquiles (Tortilla hash). All these dishes illustrate a basic point about Mexican menus: that meat is served much more often in combination dishes than it is served alone.

This is a good point to bear in mind as you approach the summer outdoor supper season—bear it in mind if you want to be (a) authentic about your Mexican meals and (b) lazy. You can cook one of these adaptable entrees, spend the rest of the afternoon in the pool, and still have a hearty and tempting buffet for your guests come twilight.

Naturally, the principle of combination entrees in Mexico invites endless invention, just as casserole cookery does for Americans.

Elena Zelayeta is the honorary duenna of traditional Mexican food in the United States. The child of Spanish innkeepers in Mexico, she is the author of *Elena's Secrets of Mexican Cooking*.

Let me give you one such concoction—very Mexican in its flavor but very American in its origin.

*BEEF OLÉ. Brown 1 lb. ground beef, and 1 chopped, medium onion 'til beef is crumbly. Drain fat. Add 1 pkg. Lawry's Taco Seasoning Mix, stir. Add one 6-oz. can tomato paste and 1½ cups water. Stir thoroughly, simmer 20 min. Serve over Mexican-style corn chips such as Fritos. Serves 5.*

What's deliciously Mexican, to me, about this dish is not just the meat-in-combination principle, but the seasoning harmony Lawry's has come up with. They held out for real Mexican oregano and real Persian cumin seed. The result, of course, is a quality of taste you don't often find in a modern-day packaged food.

Top Beef Olé with lettuce, cheese, tomatoes, olives, onions, avocado or sour cream, and serve with this menu. It's my idea of a nice, summery supper North of the Border.

*Mexican Supper Menu II*
*Margaritas*
*Refried Beans*
*Beef Olé*
*Torta de Almendra*
*(Almond Torte)*

*For free Mexican recipes, write Lawry's, Box 2572K, Los Angeles, California 90054.*

(even if no further than the garde and inviting to all ages and degrees sophistication.

**Cheese and Vegetable Basket**
**Meat Loaf in a Terrine**
**French Bread**
**Cherry Tomatoes with Coarse Salt**
**Radishes with Sweet Butter**
**Blueberries with Sugar and Heavy Cre**
**Curled Lemon Cookies**

First present a hunk of Harvarti or Ti cheese in a basket with glossy, wh green peppers. Carve off slabs of cheese and eat with chunks of pepper

With the meat loaf have a bowl of coa (kosher style) salt, or regular salt, which to dunk cherry tomatoes; and h a pot of sweet (unsalted) butter to s on the tip of crisp radishes, if you lik

**Meat Loaf in a Terrine**

About 1 pound sliced bacon
3 or 4 chicken livers
3 tablespoons butter
2 small onions, chopped
1½ pounds ground pork loin end or ground beef round
2 eggs
1½ teaspoons salt
¾ cup unsifted all-purpose flour
1 cup milk
½ to ¾ pound cooked sausages (directions follow)
2 bay leaves
A few whole black peppers

Use bacon slices to line the bottom a sides of an 8 to 9-cup, deep, straight-sid casserole or loaf pan; the bacon sli should just meet in pan bottom, with e draped over the rim.

In a frying pan cook the chicken liv in butter for 2 or 3 minutes over m erate heat, just to firm but not co them; turn once. Remove livers and a onion to pan; cook, stirring, until soft.

Also beat thoroughly in an electric mi (or vigorously by hand) the ground p or beef, eggs, salt, and flour; blend in m and onions with butter.

Spoon enough meat mixture into bac lined casserole to make an even ½-in thick layer; top with chicken livers. Co livers with a smooth layer of a little m meat. Lay the cooked sausages paral and slightly apart on meat and co with remainder of the meat; smooth t Fold bacon over meat; lay bay leaves a peppers on bacon. Cover and bake in 375° oven for 1 hour and 15 minutes.

Remove from heat, cool briefly, then c thoroughly (overnight if possible). serve, slice meat loaf vertically in c serole and lift out slices; if desired, scra off fat. Serve meat on plate or slic French bread. Makes 6 to 8 servings.

*Cooked Sausages.* Use links or loops highly seasoned sausages such as lingui Italian fresh garlic sausages, or Poli sausages. Put sausages in a saucep cover with water, bring to a boil, a simmer for 20 minutes. Drain well a use hot or cold.

# It takes specialists to make great cottage cheese.

Nothing personal, of course.

It's just that, at Tuttle, we believe cottage cheese is a full-time job, not a sideline.

That's why we're confirmed cottage cheese specialists. Not milk, butter, juice, cottage cheese and what-have-you non-specialists.

We're free to make Tuttle Cottage Cheese the freshest and best in all Northern California.

As specialists, we've staked our business on it. In fact, since we've long been Northern California's best-selling cottage cheese, you could say we bank on it.

You can, too.

Tuttle Cottage Cheese. If we got any fresher, we'd have to send the cows.

*Special 'Cause We're Specialists.*

# The Chefs take a hand with the calabash, maize, and the love apple . . . foods of the New World

**The calabash**, maize, and the love apple are all food of the New World that Europeans had to learn to eat after they got here. They sent home samples, of course, but the only one that has ever gained any popularity back home is the love apple, better known these days as the tomato. Maize, or corn, is still pig food in most of Europe, and the calabash, the gourd we call pumpkin, is mainly for the cows.

It's all quite different here. In the old days, we had the Indians to help us toward pumpkin pie, roasted corn, and all the good things tomatoes will do. Right now the Chefs of the West have decided to take a hand and show us some elegant variations. Let's begin with the calabash as it appears in William Rietkerk's Sopa de Calabaza.

Mr. Reitkerk says, "I am a fancier of hot days, Mexican food, and cold soups. This soup never fails with my guests. One has said, 'If one is to eat pumpkin, let it be this way.'"

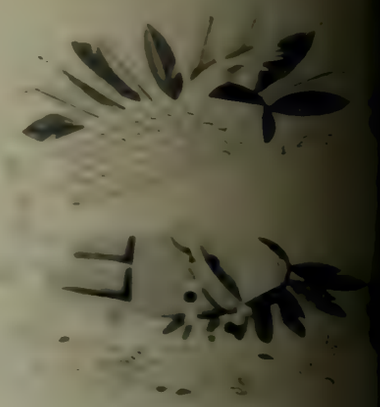
As Mr. Reitkerk serves his soup it's almost a puree. You may want to cut the quantity of pumpkin if you prefer a more liquid version.

***SOPA DE CALABAZA***

3 to 5 green onions, thinly sliced
5 cups regular strength chicken broth
1 can (1 lb. 13 oz.) pumpkin
1 to 2 tablespoons green taco sauce
½ cup half and half (light cream)
Salt
Sour cream

Add white bottom bulb of onions to the broth. Simmer until onions are tender, about 5 minutes, then whirl mixture in a blender or press through a wire strainer, return to pan. Add pumpkin and bring to a boil, stirring occasionally. Remove from heat, add taco sauce, half and half, and salt to taste. Chill thoroughly and serve in chilled bowls, garnishing each with sour cream and some sliced green onion top. Makes about 2 quarts.

William Reitkerk
*Los Angeles*



*"The corn spirit came to a warrio*

Corn is a really American plant staple grain of Indians on both Ame continents. An Indian legend tells the corn spirit came one night to a ing warrior and asked to wrestle. warrior fatally hurt the corn spirit asked to be buried on the spot. The morning the warrior found the first growing from the grave. The legend as well be true, since there is no wild —only various cultivated kinds.

Chef Eugene R. Homer of Kentfield canned, cream-style corn in a recipe came from his grandmother.

It combines the best aspects of corn c der and scalloped oysters, and he co simply Scalloped Corn and Oysters:

# Chefs of the West

**The Art of Cooking . . . by men . . . for men**

# SALAD POWER

**You get it in every jar of Best Foods real mayonnaise**

Just follow this magic formula:

1 cup of Best Foods,
¼ cup imagination

...instant salad power!

For starters try these combinations:

To 1 cup Best Foods® Real Mayonnaise add ¼ cup of *any* of the following:

- Prepared mustard
- Chili sauce
- Crisp crumbled bacon
- French dressing
- Chopped parsley or watercress
- Shredded Cheddar cheese
- Pickle juice
- Catsup
- White wine
- Blue cheese
- Chopped crisp vegetables
- Chopped tomato
- Steak sauce

Be sure you use Best Foods. It's firm and full- bodied so it stays creamy, even when thinned.

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GF
GENERAL FOODS KITCHENS

### OPED CORN AND OYSTERS

ar (about 10 oz.) oysters
ablespoons butter
an (about 1 lb.) cream-style corn
eggs, slightly beaten
cup salted soda cracker crumbs

oysters well, then cut into bite size Sauté in 2 tablespoons of the but- 3 to 4 minutes. Lift cooked oysters pan with a slotted spoon and re- Boil liquid remaining in pan until all evaporates. Stir in the corn.

corn is hot, remove pan from heat ir in eggs and oyster bits. Turn mix- nto a greased 8-inch square baking Melt the remaining 2 tablespoons and stir in crumbs. Sprinkle but- crumbs on top of oyster mixture. uncovered, in a 350° oven for 20 es. Serves 4.

*Kentfield, Calif.*

toes will do more or less as you ask, metimes they take over and turn a dish into tomato sauce. This is ularly to be feared when the main dient has a delicate flavor.

ld G. Reid of Idaho Falls manages matoes deftly in the dish he calls Country Chicken. His tomatoes without inundating. The only point reated unrest among tasters was the "country." They wondered which nd made stabs at Mexico, India, and ii. Don't worry about it. Whichever ountry, the food is good.

### S COUNTRY CHICKEN

4 cup flour
2 teaspoons salt
4 teaspoon pepper
1 teaspoon paprika
1 broiler-fryer chicken (about 3 lb.), cut up
4 tablespoons butter or margarine
2 cup chopped onion
2 cup chopped green pepper
1 clove garlic, minced or mashed
2 teaspoons curry powder
2 teaspoon whole thyme
1 teaspoon minced parsley
4 cup dry white wine
3 tablespoons raisins
2 cups peeled, seeded, and chopped tomatoes (about 4 medium-sized tomatoes)
4 cup slivered almonds, toasted
Rice (optional)

flour, 1 teaspoon of the salt, pepper, paprika and dredge chicken pieces in mixture. Brown chicken pieces in but- in a large frying pan. Remove chicken n pan. In the same pan, sauté onion, n pepper, garlic, curry powder, thyme, parsley until onion is translucent; a little more butter if needed. Add aining 1 teaspoon salt, wine, raisins, and tomatoes; mix well and return chicken to pan skin side up. Cover and simmer until chicken is tender, about 35 minutes. Remove chicken to serving plate. Boil liquid remaining in pan until reduced and thickened; pour over chicken. Top with the almonds and serve over rice, if you wish. Makes about 4 servings.

*Idaho Falls, Idaho*

*Chef* Cliff Shores' Eggplant Provençale has a bright red tomato sauce crowned with a gold and white ring of egg and speckled with capers. *Chef* Shores serves this dish cooled on lettuce for a very elegant salad or meat accompaniment.

### EGGPLANT PROVENÇALE

2 cans (1 lb. each) Italian pear-shaped tomatoes
1 teaspoon sugar
⅛ teaspoon salt
⅛ teaspoon pepper
5 whole peeled garlic cloves
3 medium-sized eggplants
Salt
Olive oil
Lettuce
2 hard-cooked eggs, sliced (optional)
Capers (optional)

Combine tomatoes with sugar, ⅛ teaspoon salt, pepper, and garlic (spear garlic with toothpicks so it can be removed easily later) in a pan. Simmer, uncovered, for 25 minutes, or until sauce thickens. Remove garlic and whirl sauce in blender until smooth; refrigerate. Peel eggplant or not, as desired, and slice ½ inch thick. Sprinkle eggplant slice lightly with salt on both sides, let stand about 30 minutes, then blot with paper towels.

Heat enough of the olive oil to generously coat the bottom of a large heavy frying pan. Fry eggplant slices on both sides until tender and browned, adding more olive oil as needed. Drain on paper towels. Arrange eggplant slices (at room temperature) on lettuce; top with tomato sauce and garnish with sliced egg and capers. Makes about 12 servings.

*Tiburon, Calif.*

*"His tomatoes add without inundating"*

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Trappey's superior blend of three choice peppers—one for heat, one for aroma, and one for color—produces Louisiana's finest hot pepper sauce. There are no seeds or hulls in Mexi-Pep, only choice peppers aged for years in oaken casks like the finest rare wines.

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**Butterflied leg of lamb,** *spitted on two pointed rods, cooks over the fire ring*

# How to barbecue in a fire ring at the beach

**On some beaches** (including nearly a beaches in Southern California), you allowed to build a fire only inside a co crete fire ring. With firewood scarce nonexistent, you should bring charco Yet the typical ring includes no grate other cooking device, so most people do cook much there except hot dogs on sti or skewers.

Why not come prepared? With the v simple equipment you see in these p tures, you can spit-cook or grill almo anything you would barbecue at home.

The fire ring cookery kit we propose costing less than $5—contains these e ments: *a trench-digging tool* (about $2 surplus stores), *two ⅜-inch aluminu rods* 2 feet long (a 6-foot length costs little over $1), and *four ½-inch steel pip*

DARROW M.

**Any grate** *can go on the pipe-and supports. Hinged broiler, spread o holds chicken halves with room to*

**Hinged broiler,** *used as grate, is also handy for turning over this piece of salmon—or other hard-to-handle meat*

# the big DATSUN difference

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# What-in-the-name-of Roquefort is this supposed to be?

Roquefort means Roquefort Cheese. Made of sheep's milk. Ripened in the Roquefort caverns. Not "something like it." Definitely not blue cheese. Hereafter, show me Roquefort on the label first. Just like the label on a vintage wine. Carry on!

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DARROW M.

**Rods impale** *the meat; pipes slip over rod ends. Rods and pipes together extend or telescope to fit any fire*

2 feet long (about 50 cents each).

All of these, inside a small bag, take little room in an automobile trunk.

The trenching tool cleans debris ou the fire ring, shovels sand in or ou across, and pushes charcoal around. two supports formed by the alumi rods and steel pipes will span a fire of any diameter up to almost 5 feet spit-cooking or cooking on a grate. the kind of aluminum you can saw a wood saw. Use a grinder or a fil sharpen one end of each rod.

To complete things, bring along a kind of grate. We found a hinged br especially useful (see photographs).

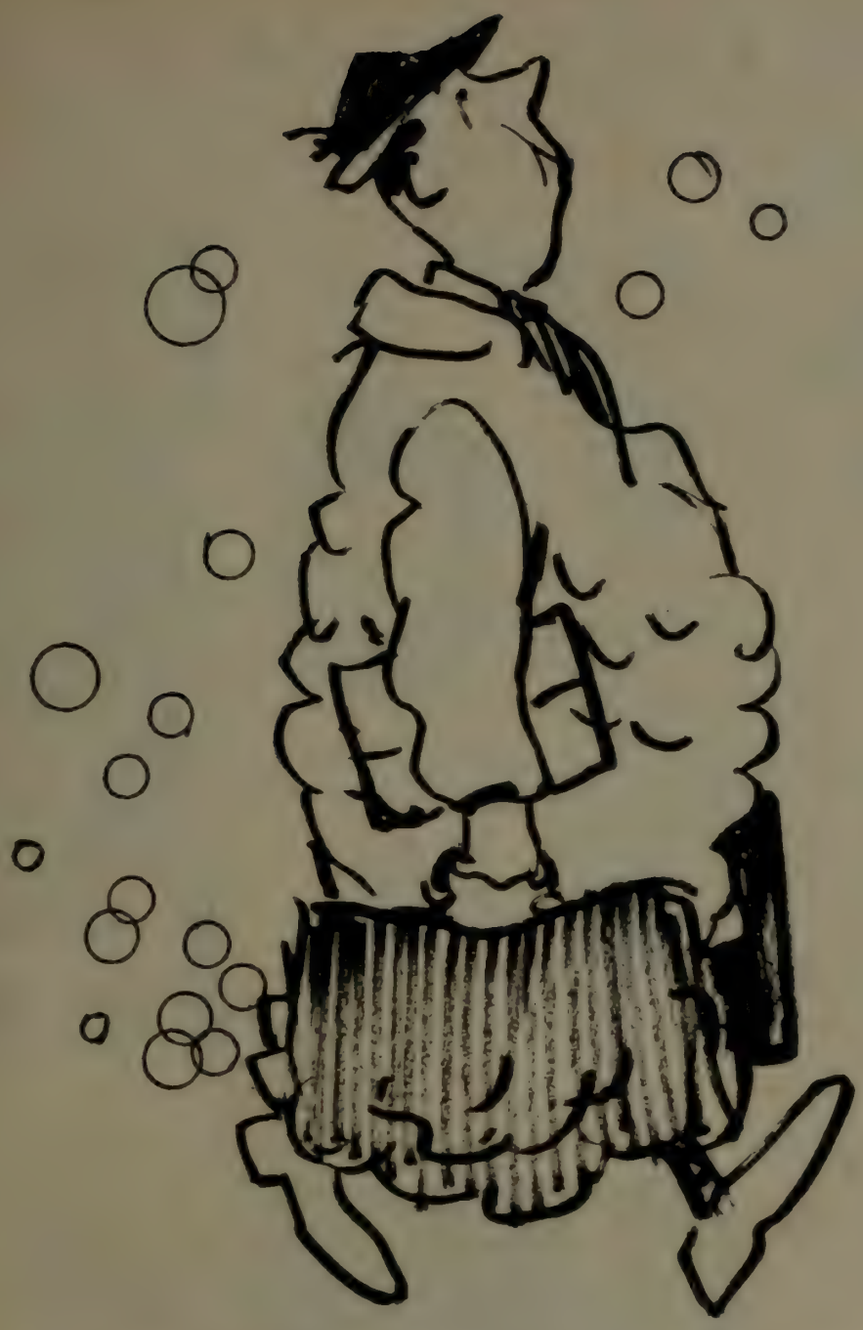
## *Frozen corn*

**While corn** is abundant, try thi quick method for freezing whol kernel corn, fresh off the cob.

Remove and discard husks and sil from 12 large ears of corn. Cut cor from cobs (you should have 8 t 10 cups kernels). Place corn in large saucepan; stir in 2 cups ( pint) heavy cream, 1 teaspoon sal and ⅛ teaspoon pepper. Bring t a boil, uncovered, over high hea stirring occasionally. Boil rapidly stirring constantly for 2 minute Remove from heat and let stan until slightly cooled. Divide cor and its cooking liquid evenly int pint containers; seal and freeze.

To serve, place frozen corn in heavy saucepan over low heat cover and cook for 20 minutes, stir ring occasionally to break up froze block. Uncover and cook for 5 t 10 minutes longer, or until sauc is reduced slightly. (Or thaw corn in refrigerator for several hours o overnight; cook covered for 5 min utes, then uncovered for about minutes more.)

Sprinkle with chopped parsley a serve. Makes 4 pints, of 3 or 4 serv ings each.—*W. H., Sheridan, Ore.*



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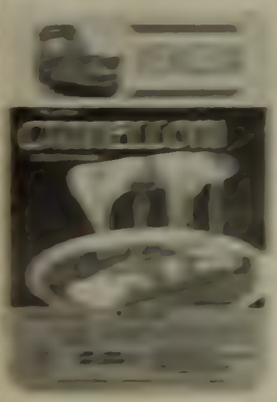

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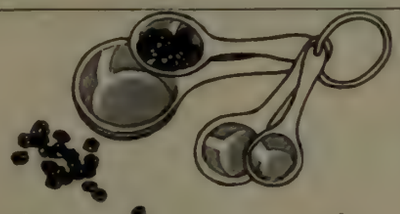

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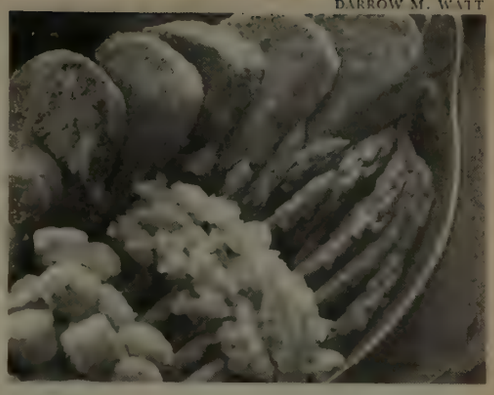
DARROW M. WATT



**Light supper** *idea: tongue with vegetables*

# *How the Swedes serve tongue*

**Crusty butter-browned slices** of beef tongue, served in the Scandinavian manner with vegetables, make a whole meal.

*SWEDISH TONGUE WITH VEGETABLES*

- Beef tongue and broth (recipe below)
- Salt
- 1 egg beaten with 2 teaspoons water
- About ⅔ cup fine dry bread crumbs
- About 7 tablespoons butter or margarine
- 1 large onion, finely chopped
- 1½ pounds asparagus, tough ends removed
- 1 package (8 oz.) frozen potato puffs, baked according to package directions

Cut the cooked tongue in ⅜-inch-thick slices; salt lightly. Dip slices in egg, then turn in crumbs, shaking off excess. Heat a little of the butter in a wide frying pan over moderate heat and brown tongue on all sides; add more butter as needed. Keep browned tongue warm. At the same time, cook onion in 1 tablespoon of the butter with ¼ cup of tongue broth over moderate heat, stirring occasionally, until liquid evaporates and onion is slightly browned.

In a wide frying pan (rinse the one used for the tongue) bring about an inch of the tongue broth to boiling; add asparagus and cook, uncovered, over moderate heat for 8 to 10 minutes or until stems pierce easily. Drain and salt lightly.

In a serving dish, arrange tongue slices, asparagus, and hot potatoes, and garnish with cooked onion. Makes 6 servings.

*Cooked Beef Tongue.* Scrub well under running water a beef tongue weighing about 3 pounds. Place in a kettle and barely cover with water. Add 1 peeled, quartered onion, 2 peeled, sliced carrots, 1 teaspoon *each* rosemary and salt, and 1 bay leaf. Cover and bring to boiling; reduce heat and simmer 3 to 3½ hours or until meat pierces easily with a fork. Cool in broth.

Peel skin from tongue and cut away fatty portions. Keep cold until ready to use. Pour liquid through a wire strainer; reserve broth and discard vegetables.

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*Artichoke bottoms, topped with [illegible] and cheese accompani[illegible]*

## *It's a vegetabl[illegible] three-decker*

[illegible] a little time to assemble [illegible] but [illegible] to [illegible] all around.

Practically [illegible] a 10-ounce pa[illegible] Brussels sprouts, stems [illegible] dice it, sale[illegible] [illegible] inch-broad strips. In a frying [illegible] melt 2 tablespoons butter or marg[illegible] add garlic, onion, and cook [illegible] [illegible] heat for about 2 minutes [illegible] [illegible]. Turnover and stir until [illegible] [illegible], about 5 minutes; [illegible] [illegible] 1 can 14-oz. artichoke bottom[illegible] [illegible] drain on paper [illegible] [illegible]. Arrange cup sides up, in [illegible] [illegible] inch baking pan.

To make the sauce for the toppin[illegible] [illegible] simmered in a double boiler [illegible] milk with ½ teaspoon salt, dash nutm[illegible] 1 bay leaf, and 1 small onion cut [illegible] remove onion and bay leaf. In a saucep[illegible] melt 3 tablespoons butter, add [illegible] flour, and stir until bubbly. Remove [illegible] heat and gradually stir in scalded mil[illegible] Cook, stirring constantly, until mixtu[illegible] comes to a boil. Slowly beat 2 egg yo[illegible] stir a small amount of sauce into yolks. [illegible] pour all back in pan. Cook about [illegible] minutes, remove from heat, and stir in [illegible] cup grated Parmesan and ½ cup red[illegible] Swiss cheese.

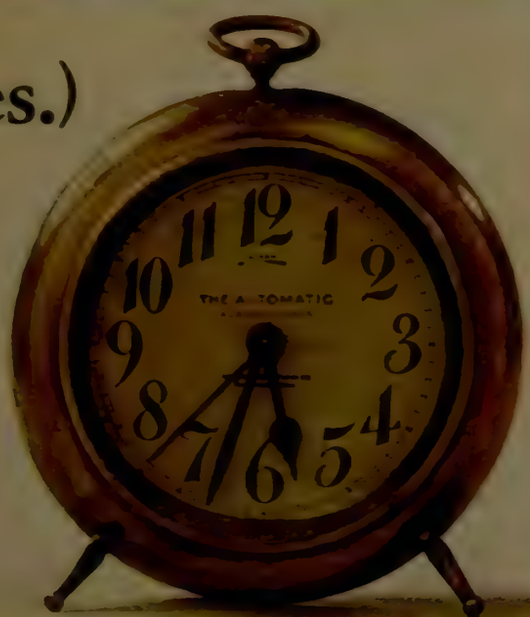
Stir ¼ cup of this sauce into spinach [illegible] add artichoke mixture; 2 tablespoons [illegible] spinach mixture. Make a well [illegible] of each mound and top with [illegible] cheese sauce. You may refrigerate [illegible] chicken at this point.

Cover pan with foil and bake [illegible] oven, for 10 minutes. Remove [illegible] broil 3 inches from heat for 2 min[illegible] until browned. Makes about 6 [illegible]

*H. E., South San Francisco.*

# An old-fashioned meat loaf dinner like this takes time.

(30 minutes.)

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**CORNISH HEN FAST 'N' FESTIVE**

4 Tyson's Pride Rock Cornish Game Hens

**Baste**
¼ cup Dry Vermouth
¼ cup salad oil
1 teaspoon crumbled bay leaf
½ teaspoon salt
1 clove garlic, mashed

**Stuffing**
2 cups dry bread cubes
1 orange, peeled and diced
1 small onion, minced
¼ cup melted butter
¼ cup minced celery
¼ teaspoon marjoram

Mix ingredients for baste. Let stand one hour; remove garlic. Makes ½ cup, enough for 4 Cornish Hens.

Combine stuffing ingredients, toss to mix. Makes 2 cups, enough for 4 Cornish Hens.

Defrost and stuff Cornish Hens, using about ½ cup of stuffing for each Cornish Hen. Follow the package cooking directions for roasting, basting often.

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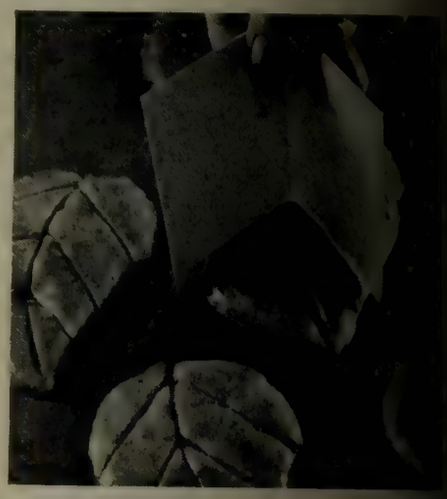
DARROW M.

**Leaf-shaped** *almond cookies are delic served with ice cream or fruit dess*



**To mark veins,** *cut cooky with fol index card, then spread apart sligh*

# *Leaf cookies*

**Almond** in its different forms — wh ground, and extract—flavors the distinctive cookies we describe here. B go well with summer fruits and ice cre

The cookies in our first recipe are d cately spicy. You whirl unblanch almonds (about 4 ounces), a few at time, in a blender until fine as powd

***ALMOND-CINNAMON LEAVES***

Sift 1 cup all-purpose flour, measure, a sift again with ¼ teaspoon salt and teaspoon cinnamon; set aside. Cream gether ½ cup (¼ lb.) butter or margari ½ cup sugar, and ½ teaspoon grat lemon peel until light and fluffy. Add egg and beat well. Gradually mix in flo and 1 cup finely ground almonds un blended. Chill 1 hour.

On a lightly floured board, shape dou into a roll 12 inches long; chill at le 30 minutes.

Slice roll into ½-inch sections. Pinch o end of each slice into a teardrop sha

**Enjoy the fruits of our labors.**
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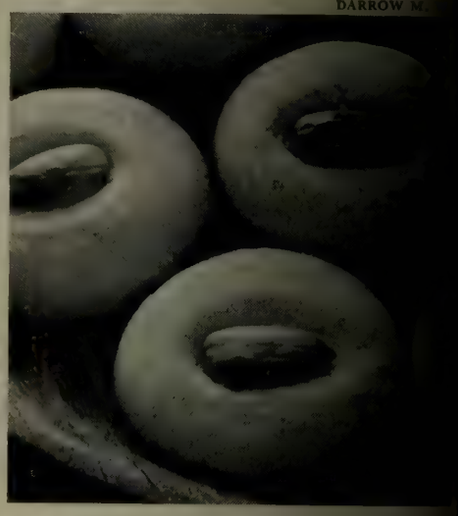
and arrange 3 inches apart on an
greased baking sheet. With the palm
your hand (lightly floured), flatten
cooky to 3 inches long.

To mark veins, dip edge of an index
in flour, bend into a slight curve,
press through center of length of
cooky. Fold another card and mark
lar, crosswise veins (as shown in ph
graph on previous page), spreading
tions very slightly apart; dip edge of
in flour as needed.

Bake in a 375° oven for 8 to 10 minu
or until lightly browned. Immediat
sprinkle with sugar and lightly rub
veins; cool on racks. Makes 2 dozen.

DARROW M.



**A golden,** *toasted almond bakes on top each of these almond-flavored cook*

Almond and lemon flavor these
cookies. To toast the whole, blanch
almonds that top them, spread nuts in
shallow pan and put into a 350° ov
for 15 minutes, or until lightly brown

*ALMOND BUTTER COOKIES*

- 2 cups regular all-purpose flour
- 1 teaspoon baking powder
- 1/8 teaspoon salt
- 1 cup (1/2 lb.) butter or margarine
- 1 cup sugar
- 2 egg yolks
- 1/2 teaspoon lemon extract
- 3/4 teaspoon *each* vanilla and almond extract
- About 4 ounces whole, blanched almonds, toasted

Sift flour, measure, and sift again wi
the baking powder and salt; set asid
Cream butter and sugar together un
light and fluffy. Add egg yolks, one at
time, beating well after each is adde
Blend in lemon, vanilla, and almo
extract. Gradually add flour, mixing we
Pinch off pieces of dough and form in
1-inch balls. Set on ungreased bakin
sheet about 2 inches apart, and press
toasted almond in center of each. Ba
in a 300° oven 15 to 20 minutes, un
edges just begin to brown. Cool 5 mi
utes, then remove to racks. Makes abo
4½ dozen.—*H. W., Atherton, Calif.*

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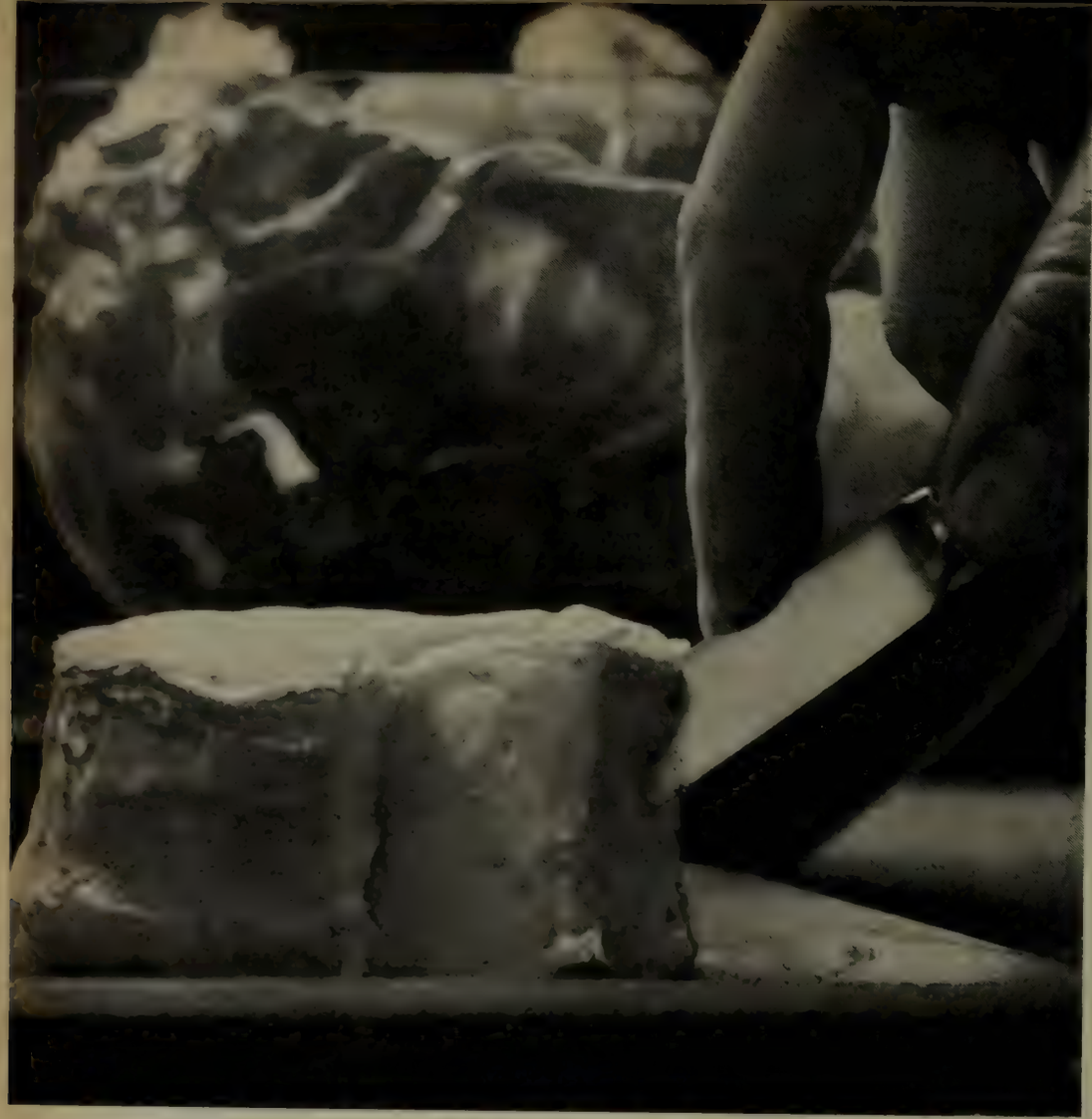


DARROW M. WATT

*Serve Boursault cheese with salad and crusty bread as a memorable dinner course*

# Mix and match . . . two green salads and 16 special cheeses

**A green salad** served with some special cheese may strike just the dramatic note you desire between the entrée and dessert —or may furnish a similar effect at the very end of a meal.

We offer here two excellent green salads; the one with shallots is robust, the other mild. To go with them we suggest some especially complementary cheeses.

Most of these cheeses, luxuriant and subtle in flavor, fall into the dessert or appetizer category. They range from the mildness of domestic cream cheese to the nippiness of French goat cheese, from the mellowness of Sanglier, to the assertiveness of Camembert. They are richer and usually costlier than the more familiar cheeses such as Swiss or Cheddars. Many of the imported and some of the domestic varieties may be new to you, but discovering them in this context is fun and good eating; they're available in cheese specialty shops, gourmet food stores, and often, supermarkets.

To serve a salad and cheese course, first allow the cheese to mellow at room temperature for several hours; if the cheese is a ripened type, it should be *fully* ripe. Dish up the salad and pass the cheese; each person cuts off a portion and puts it on or alongside the salad.

### *SHALLOT AND GREENS SALAD*

- 4 tablespoons minced fresh shallots or freeze-dried shallots
- 6 tablespoons olive oil
- 3 tablespoons red wine vinegar
- 1 tablespoon Dijon style mustard
- 2 cups lightly packed watercress leaves (or 1 cup broken pieces chicory)
- 4 cups lightly packed, bite-sized pieces butter lettuce
- Salt

Stir shallots into oil and mix with vinegar and mustard. Pour dressing over the watercress and lettuce, sprinkle with salt to taste and mix the salad well. 4 to 6 servings.

### *THREE GREENS SALAD*

- 1 large clove garlic
- 6 tablespoons olive oil
- 2½ tablespoons red wine vinegar
- 2 cups *each* lightly packed, bite-sized pieces butter lettuce, red leaf lett and center leaves of romaine
- Salt and freshly ground pepper

Place the clove of garlic under t side of a knife or spatula, and pre your hand to crush the clove b break it apart. Combine with oil stand 30 minutes to 1 hour; discard and add vinegar. Stir to blend, th over mixed greens; salt and pep taste and mix well. Makes 4 to 6 ings.—*R. C., Belmont, Calif.*

**These cheeses** were highly rated wit salads by a *Sunset* taste panel:

*Boursault* (pronounced boor-*so*). smooth French cream cheese in round cake; slight, edible crust.

*Boursin* (boor-*sanh*). Soft, rich Fr cheese, plain or with herbs; no cru rectangles or round cakes.

*Breakfast Cheese*. Domestic ripened soft cheese in small cake; edible cru

*Danish White Soft Ripened Chee Dessert Cheese*. Small rectangle; crust.

*Gervais* (jair-*vay*). Tangy French cheese, plain or with herbs; no crust, aged in foil.

*Le Beau Pasteur* (luh-*bow* pas- French process cheese in a wheel; aged in foil, cut in wedges.

*Nan-nan*. French process cheese of Reblochon, runny; in cuplike conta

*Pont L'Evèque* (pawh lay-*vek*). Rec ular semisoft French cheese; trim off

*Reblochon or Petit Reblochon* (ruh- *shaw*). Round cake of semisoft Fr cheese; trim off rind.

*Sanglier* (sah-glee-*ay*). Semisoft Fr wheel cheese cut in wedges; trim off

*Sainte Maure pur Chèvre* (saht purh chevr). Log-shaped French cheese; edible crust.

**The more pungent** cheeses were best a to the Shallot and Greens Salad:

*Brie* (bree). French, Danish, and dom varieties of a soft ripened cheese comes in small and large cakes, or p wedges; edible crust.

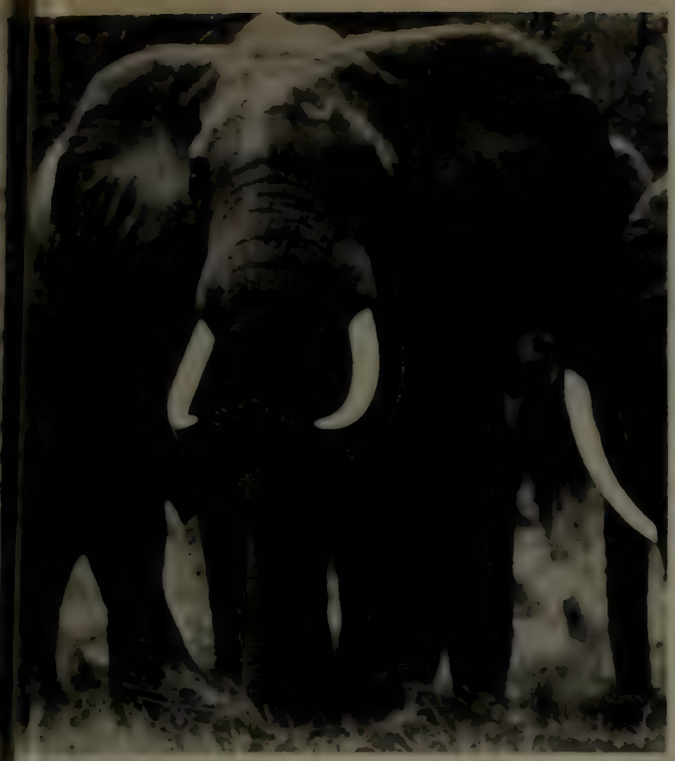
*Camembert*. French, Danish, and do tic soft ripened cheese, which com same shapes as Brie; edible crust.

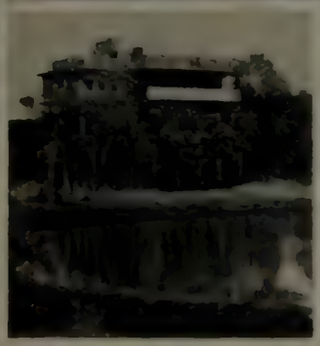
**These milder cheeses** were exceptional the Three Greens Salad:

*Cherry Cheese*. French process, ki flavored cheese in small or large cak

*Cream Cheese*. Domestic cheese; no c

*La Vache Qui Rit* (la vash kee ree). French process "laughing cow che small wedges or cubes in foil wrappe





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DARROW M. WATT

*l avocado soup is topped with chives, l around to guests before dinner*

# l cold soup first

**pass-around** first course, a chilled nakes a refreshing starter to a sum- linner. These two are fun to serve gs or Japanese tea cups; spoons are ial.

soups have a chicken broth base, but dditional ingredients make creamy, ial blends.

### LED AVOCADO BUTTERMILK SOUP

- 2 medium-sized avocados
- cups buttermilk
- can (about 14 oz.) regular strength chicken broth
- tablespoons lime juice
- teaspoon seasoned pepper
- 2 tablespoons fresh or freeze-dried chopped chives

and dice 1 avocado and place in ender container with buttermilk, ken broth, lime juice, and seasoned er. Blend until smooth. Cover and (no more than 4 hours). At serving , peel and thinly slice the remaining ado and gently mix in. Spoon into l soup bowls, mugs, or icers, and nkle chives on top. Makes 6 to 8 ings.

### LLED CHICKEN SOUP BOMBAY

- 2 teaspoons butter or margarine
- 1 tablespoon curry powder
- 1 can (about 14 oz.) regular strength chicken broth
- 1 cup *each* apple juice and half-and-half (light cream)
- ½ teaspoon *each* salt and onion powder
- 4 egg yolks
- 1 tart apple

t butter in a large saucepan and stir urry powder; cook 1 minute, stirring. l chicken broth, apple juice, half-and- , salt, and onion powder, and heat. t egg yolks until light, stir in part of hot liquid, and return to pan. Stir- g constantly, cook over medium heat r 4 minutes longer (do not overcook or p may curdle). Cool and chill. Serve in all soup bowls or mugs garnished with ed apple. Makes 6 to 8 servings.

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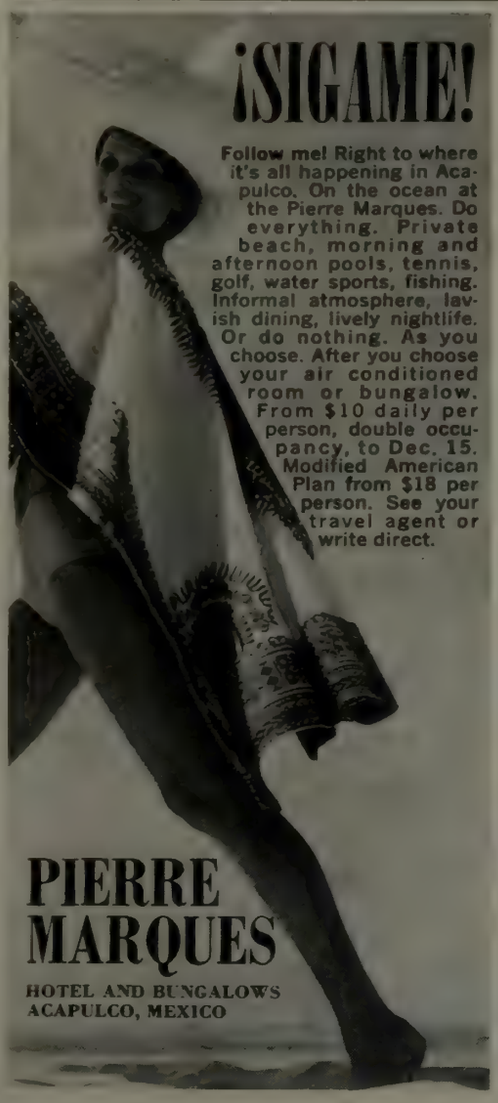

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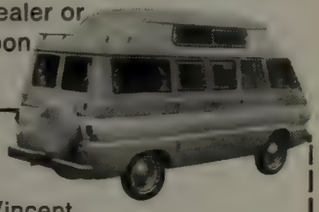

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**HAPPY TALK CHICKEN.** *Marinate 1 medium sized fryer (halved or disjointed) in ⅔ cup Kikkoman teriyaki sauce 1 hr., turning once. Barbecue or oven-roast as usual, basting with sauce.*

## *Quick form of frozen cream*

**Whether you consider** them ice cre frozen mousses, these desserts are the simplest form of frozen crea can make. The ingredients are fe the entire preparation takes only 15 minutes. One version uses fresh one frozen fruit juice concentrate one chocolate.

You can freeze any of the three in mold or freezer container. To unmo container in hot-to-touch water for 6 seconds; let container drain a fe onds on a towel, and invert onto serving dish; lift off container. If it d come right off, let stand about 30 se then dip again in hot water; tap or gently onto dish. Return to freezer i diately. Let mellow at room temper about 15 minutes before serving.

*Frozen Fruit Cream.* Soften 2 enve unflavored gelatin in ½ cup cold or orange juice; heat over hot stirring occasionally, just until gelati solves. Whirl fresh fruit (strawbe raspberries, apricots, or peaches) blender, or press through a wire str to make 2 cups purée; sweeten to with about ½ to 1 cup sugar. Wh cups heavy cream until stiff. Com gelatin mixture with purée and fold whipped cream. Pour into 6-cup mo freezer container and freeze firm in freezer. When frozen, cover with foil; sert stores up to several weeks. Ma to 12 servings.

*Frozen Fruit Juice Cream.* Soften 1 e lope unflavored gelatin in ⅓ cup water; heat over hot water, stirring o sionally, until gelatin dissolves. Sti ¼ cup sugar and 1 can (6 oz.) frozen f juice concentrate (orange, tangerine, pineapple) or concentrate for lemon or limeade. Whip 2 cups heavy cre until stiff; fold in juice mixture and p into 5-cup mold or freezer contai freeze firm in a 0° freezer. When fro cover with foil; dessert stores up to eral weeks. Makes 6 to 8 servings.

*Frozen Chocolate Cream.* Combine pan 4 ounces semisweet chocolate (4 squares or ⅔ cup chocolate chips), ⅓ sugar, and ⅓ cup water, orange juice strong coffee. Place over low heat, stir occasionally, until chocolate is melted mixture blended; cool. Whip 2 cups he cream until stiff; fold in chocolate ture and spoon into 4 to 5-cup mol freezer container. Freeze firm in freezer. When frozen, cover top with dessert stores up to several weeks. Ma 6 to 8 servings.

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THE

# Western Kitchen

NEWS AND IDEAS

RICHARD DAWSON

**Built-in warming trays in a pass-through counter**

There are five small warming trays in this counter on the dining room side of a pass-through from the kitchen. Tile-covered insets that match the counter conceal the trays when they're not in use. Each is individually operated by a switch underneath. The owner and designer was architect Haydn H. Phillips of Honolulu.

**Self-cleaning gas ovens now available**

At least two self-cleaning gas ovens have been approved by American Gas Association and are now available (or wi by early July) in 30-inch slide-in range models. The ra have the conventional four burners on top and the single below. The self-cleaning cycle takes approximately 90 min By fall, the manufacturers expect to have available se models, similar to the first but with an additional oven self-cleaning) at eye level.

**Stretch storage space with drawers you can add yourself**

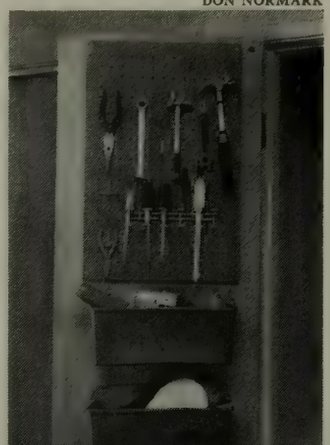
If you're short on drawer space in the kitchen and are loo for a simple solution, take a look at the new hard plastic dr units available in white, designed to fit under the upper kit cabinets. Easy to install, the drawers slide out and tilt d A standard drawer sells for about $5, a bread drawer for a $6, and a towel and wrap dispenser drawer for about $8.

DARROW M.

**Have a woman's workshop handy**

For small repairs that she can handle around the house, Mrs. Walter Reinking, Bellevue, Wash., has her own set of tools. She hangs some on perforated hardboard and puts others in plastic bins, all neatly hung inside a utility closet door.

DON NORMARK

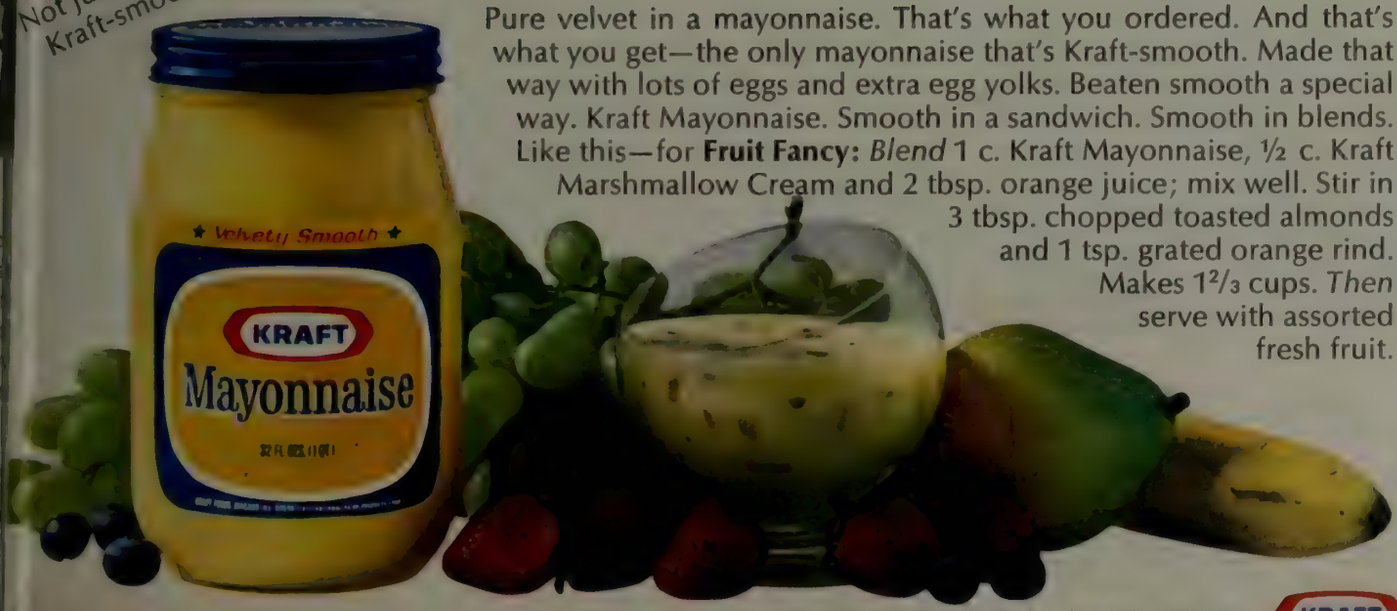


**Pull-out-storage under the sink**

A convenient pull-out tray brings the bottom this cabinet forward from under the kitchen s The garbage can lid opens with the door, then cl as it slides past a wood striker plate in the up left-hand corner of the cabinet. James Casella the designer, for John Pepin, Belmont, Califor

# SMOOTH AS VELVET. GIVE IT A SWIRL.

Not just smooth. Kraft-smooth!




Pure velvet in a mayonnaise. That's what you ordered. And that's what you get—the only mayonnaise that's Kraft-smooth. Made that way with lots of eggs and extra egg yolks. Beaten smooth a special way. Kraft Mayonnaise. Smooth in a sandwich. Smooth in blends. Like this—for **Fruit Fancy:** *Blend* 1 c. Kraft Mayonnaise, ½ c. Kraft Marshmallow Cream and 2 tbsp. orange juice; mix well. Stir in 3 tbsp. chopped toasted almonds and 1 tsp. grated orange rind. Makes 1⅔ cups. *Then* serve with assorted fresh fruit.

See Kraft Music Hall, Wednesday Nights, NBC-TV

KRAFT

Invite friends, Romans and countrymen to an

# ITALIAN LUAU

An Italian Luau is a deliciously wacky new kind of backyard barbecue. Dress your guests in togas (borrowed bedsheets), let them dance the hula to Santa Lucia. Start with Jeno's Pizza Rolls. Cook on your charcoal grill individually or shish kebab 'em. What's a Pizza Roll?

It's a bite-size snack with egg-c outside and Sausage, Pepper Lobster or Shrimp inside. Magnifico! For Italian Lu recipes and party ideas, loo for a special booklet at you grocers. You'll find it at th frozen food case, right by Jeno's Pizza Rolls.

*In your grocer's freezer—from* Jeno's *who else?*

**cream** *is perfect addition to warm blueberries baked with brown sugar topping*

# You just need blues or huckles

**dless** of where your supply of blue-s or huckleberries comes from—er from the hillsides, as depicted on 52 through 55, or from the neigh-od market—the simple ways to pre-hem are the best.

der these two baked dishes, either ich would make an exciting addition eakfast or a fine dessert. Both are ent with cream poured over each m. If you use huckleberries (which sually tarter) instead of blueberries se recipes, you'll probably want to nore sugar when serving.

first is pure berries topped with a n-sugar crumble mixture that bakes and crunchy.

*USELED BLUEBERRIES*

4 to 6 cups blueberries
1 tablespoon lemon juice
3 cup firmly packed brown sugar
2 cup all-purpose flour (unsifted)
4 teaspoon *each* salt and nutmeg
4 cup butter or margarine
Whipping cream and granulated sugar

blueberries with lemon juice and pour a buttered, shallow 1½ to 2-quart ng dish or pan. Mix sugar, flour, salt, nutmeg together, then cut in the but-coarsely. Rub mixture between your rs until the butter particles are in-inguishable and the mixture packs ly when squeezed. Strew this mixture nly over berries.

Bake in a 400° oven for 20 minutes, or until topping looks crisp and browned. While hot or still warm, spoon into bowls and pour cream over fruit; pass sugar to add if fruit is still too tart. Makes 6 to 8 servings.—*E. S., El Cerrito, Calif.*

*BLUEBERRY KUCHEN*

1 egg
½ cup granulated sugar
¼ cup *each* cooled melted butter or margarine, and milk
1½ cups all-purpose flour (unsifted)
2½ teaspoons baking powder
¼ teaspoon salt
2 cups blueberries
1 tablespoon *each* lemon juice and granulated sugar
Powdered sugar and whipping cream

Beat the egg with the ½ cup sugar to blend, then stir in the butter and milk. Mix together the flour, baking powder, and salt, and stir into the liquid ingredients, blending smoothly. Spread batter in a greased 8-inch square pan.

Mix berries with lemon juice and distribute over batter; sprinkle with the 1 tablespoon sugar. Bake in a 350° oven for 45 to 50 minutes, or until a thin wooden skewer inserted in center of cake comes out clean (berries, however, are juicy and will stain the stick). Dust with powdered sugar to whiten just before serving. Cut in pieces and serve hot or while still warm; pour cream over each portion. Makes 6 to 8 servings.

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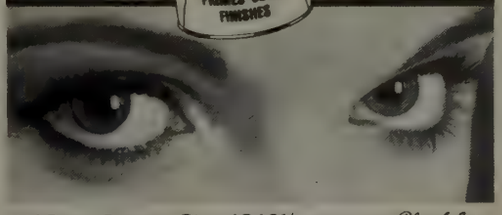
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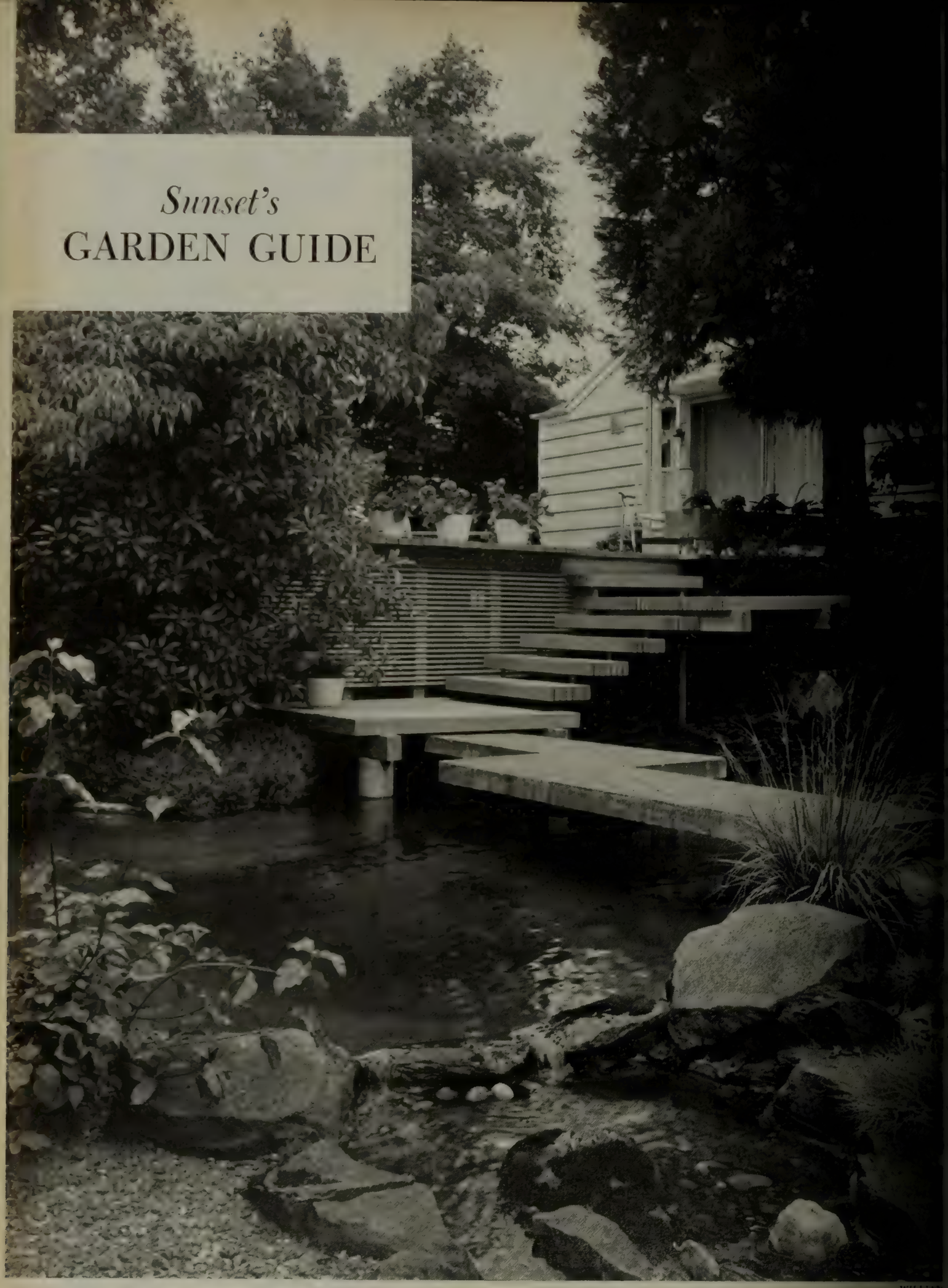
AT HARDWARE & AUTO STORES



# *Sunset's* GARDEN GUIDE

## *You walk over the water*

WILLIAM

*Dogwood (left) is a cloud of white in spring, but the sigh sound of water are the big features of this garden in sun Careful choice of plants for foliage quality, contrast, ana mony makes a garden that is neat and handsome at all se*

# JULY IN YOUR GARDEN: *For better plants with less water cost . . . watch your soil, the plants, the sky*

**nia's early settlers** came from re- where summer irrigation was a sim- tural, and necessary procedure. In and in northwestern Mexico one grew drought-tolerant crops (fig, grape), or farmed during the winter season, or somehow led water to ps.

settlers learned how to irrigate from rlier ones, and the process still goes ngineers have given California an ously expensive and efficient system thering and distributing water. The ate consumer is not always so ent.

r use of water—using just enough good plant performance and avoid —is a difficult art to learn. No one y down rules that are applicable to rdens. You'll have to learn the art atching your plants and your soil, garden microclimates, and the es in the weather. July and August e months to begin your study; when an point to better garden results on aller water bill, you've learned the irrigation.

## s on your side

tioners returning to California by car everyone entering from a foreign try will have to undergo baggage in- ion at quarantine stations. At these points the inspectors look for plants ant material (fruit, flowers, cuttings, and the like). You may feel put as you wait to be waved on your but you shouldn't. The inspector is ur side.

bugs he keeps out of the state (or f the country) will never multiply to e your garden or to endanger a food And whatever he can do to safe- d agriculture will benefit you in lower prices and lower taxes.

't try to smuggle plants past quaran- The aphid or fruit fly or nematode comes in with your plant may stay linner, with unhappy results for your len or a farmer's field or orchard.

## ld plant combination for t weather

plants shown above, right, thrive in weather. Elephant ear *(Colocasia es- nta)* is dormant in winter, and the ver- a ground cover *(Verbena peruviana)* look shopworn at that season, but n the temperature soars the verbena es with flowers and the elephant ear

ROBERT COX

**Elephant ear** *leans over boulder. Red New Zealand flax to right, verbena on ground*

grows like and looks like the jungle plant it is. And the bronze New Zealand flax is indifferent to temperature.

The verbena ground cover has flowers of blazing scarlet that seem to pick up intensity from the red bronze of the flax leaves. If the red is too red for your taste, you can get the verbena in various pink, salmon, and purplish tones, and there is a good white variety.

Planting is in the Loomis, California, garden of Mr. and Mrs. Charles F. Martin.

## Better read than dead

One of summer's big jobs is pest control. We're lucky to have available for our use a wide variety of chemicals to help keep bugs, weeds, and diseases in check. But with increasing control over undesirable plant and animal life comes increased responsibility. Remember that these new materials are all designed to kill something—insect, mite, or weed.

We've mentioned these rules before, but we feel that they bear frequent repeating:

**Read carefully all instructions** on labels before you buy. Don't be discouraged by fine print; it's important. If you don't fully understand some part of the instructions, ask a sales clerk for help.

**Read carefully again** all instructions on labels before using materials. Make sure that the material won't harm any of the plants it may reach. Follow carefully all instructions concerning type of sprayer to be used, air temperature limits, protective clothing required, wind drift, and compatibility with other sprays.

**Lock all poisonous chemicals** in a secure cabinet when they are not in use.

**Never prepare or store** solutions of poisonous chemicals in milk bottles, soft drink bottles, cups, food jars—any container that could lead a child or adult to think that the solution might be drinkable. To be even safer, don't store prepared solutions between sprayings.

**Dispose of empty containers** as directed by instructions on label.

## Summer stress—and sudden death

The first hot days sometimes seem to cause the rapid decline and sudden death of plants that had appeared healthy. Death may indeed be sudden; but the decline, for all its apparent speed, has probably been a long and gradual one.

Plants can be severely injured at the roots by water molds or other soil fungus, or stems may be nearly girdled by oak root fungus (or other cambium-destroying fungus) without the plant showing notable signs of poor health. In cool, humid weather the plant needs little water because it is not in active growth and is not losing much water through its leaves; then too the coolness and moisture may preserve the top of the plant just as the florist's refrigerator will keep cut flowers fresh.

Then, when weather turns warm, the plant's leaves evaporate large quantities of water. Weakened or reduced root systems can't take up enough water to supply leaves—or stems partially girdled can't transmit it to leaves quickly enough. The plant wilts, turns brown, and dies.

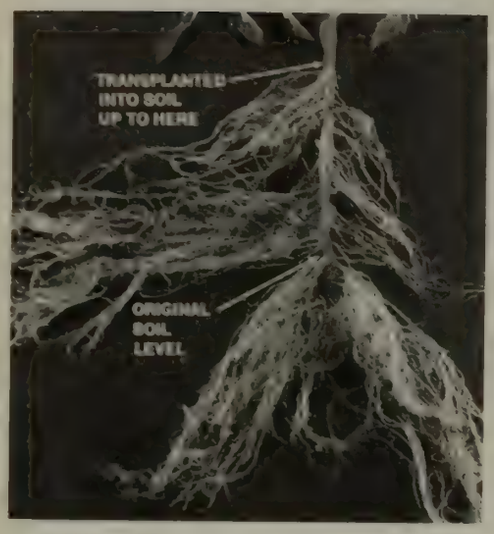
Newly set plants are likely to show this pattern if planted where drainage is poor, but even old, established trees may die "suddenly."

Or death may come from disease rather than poor drainage. Before replanting in the same site, find out what killed your plant, and make sure that the same problem won't recur. Correct faulty drainage or (if you are certain that the plant has succumbed to a specific fungus) plant a resistant species in its stead.

## Still time to plant tomatoes

You can't always outguess the weather. Sometimes tomatoes are ripe by the Fourth of July. Last year the soil was just about ready for planting tomatoes on the Fourth. This year clear, warm weather

# *Sunset's* GARDEN GUIDE




**One month** *after planting tomato deep, roots have grown all along buried stem*

in late March tempted gardeners to till and plant early; then cold, windy weather kept plants standing still.

If you haven't set out tomato plants for one reason or another and want to put some in, there's still time, with every expectation of a good crop in late summer and fall. Plants you get in nurseries will be tall and rangy, but with proper planting they'll make strong, husky plants within a month.

Our advice has always been to set tomato plants deep—up to the first true leaves. This advice must be modified if the first leaves are a foot in the air. Dig deep holes and set plants so that they will be buried about half their length. Roots will form all along the stems, as you can see in the photograph.

The extensive root system in th graph suggests why you should water tomatoes; they extract w ciently and at considerable de much water can cause serious-loo harmless leaf curl—or other, reall troubles.

## July garden events in northern California

**Ross.** July 3 through 7. The 23r Marin Art and Garden Fair. Plac Art and Garden Center, Sir Franc Blvd. Hours: 6 to 10 P.M. We (opening day); 10 A.M. to 10 P.M day through Sunday. Admission children under 12 free when acco by an adult.

A feature of the fair will be a di the Marin Bonsai Club.

**Sacramento.** July 13 and 14. annual begonia show presented Sacramento chapter of the Ameri gonia Society. Place: Garden Center, 3330 McKinley Blvd. to 8 P.M. Saturday; 10 A.M. to Sunday. Free.

## JULY CHECK LIST: *These are the important chores*

☐ **Disease control.** Biggest disease problems of the month are powdery mildew and the various fungus diseases of lawns. Control powdery mildew on begonias and roses with karathane or actidione PM. It's hard to determine the specific fungus that is causing a lawn problem. Best treatment is the fungicide that controls the greatest variety of fungus diseases—the broad-spectrum (or shotgun) fungicide.

☐ **Feeding plants.** July is not a month for major fertilizing all around the garden, but some feeding is necessary. Plants in containers can't reach for food and need it brought to them. Plants that require heavy watering undergo fast leaching of plant food out of the root zone. It will need replacing. Plants growing in U.C.-type, fast draining mixes will need frequent feeding.

☐ **Grooming, pinching, pruning.** Keep fading flowers, developing fruits pinched from fuchsia plants. Pinch fast-growing shoots that spoil the form of shrubs. Shorten side branches of young trees; removing them entirely will give you faster vertical growth at the tip of the tree, but the trunk will not fatten proportionally. Shortened branches can be removed next year.

Continue to tie up fast-growing branches to stakes, frames, trellises, or arbors. Shape young fruit trees by cutting out badly placed branches and by rubbing out or cutting out sucker growth on trunk and branches.

☐ **Pest control.** Aphids, thrips, whiteflies, and caterpillars are common summer pests, but the number one pest is probably the mite. Too small to be visible to the casual gardener, mites are widespread. Signs are poor plant color, stippling of leaves, faint webbing. Control with malathion, oil, or miticides.

Tobacco budworm is a pest on geranium and princess flower. Flower buds develop, then fail to open when the tiny caterpillars eat holes in them. If the worms attack leaf buds, unfolding leaves will have rows of holes. Use DDT, diazinon, or sevin as a control.

Check with your calendar of social events before spraying the garden with malathion or other odorous spray material. If guests are coming, postpone spraying.

☐ **Planting.** You can set out container-grown plants in July and August. But if you don't feel like planting, postpone the job until autumn and content yourself with looking around to see what needs planting. Hot weather may point up a planting that should be replaced by something more sun-tolerant, or it may indicate need for shade against a hot wall or over a glary window wall.

Pay special attention to edges of walks and paved areas. Reflected heat is a factor sometimes overlooked by careful gardeners. Sun-tolerant plants such as Southern Indica ("sun") azaleas r be able to take glare from pav from nearby walls.

Some annuals thrive in summer h eratum, marigolds, petunias, Unw ias, zinnias are a few); plant the but take precautions. Plant i worked, well moistened soil, an plants until their roots have taken

☐ **Propagating plants.** Divide i unless you live in a hot inla ley where you should wait unt tember. Divide Oriental poppy du short dormant season in July or Start seeds of perennials and bi (see above).

☐ **Watering.** Never let camel dry; flower buds may fail to or, if they develop, may fail to ope erly next winter. It's better to wat nias and most other annuals by fl especially if you must water late day. You'll reduce chances of mild

Watch your lawn watering most ca Some areas may not be getting the kler water they need, because of lo sure in the water system, clog corroded sprinkler heads, or undu paction of the soil and consequent ding of water. You quickly le recognize the dry areas; after wa when the rest of the lawn looks gre turgid, dry areas will look blue-gra limp. Give them supplementary wa and remedy compaction.

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AMERICAN GAS ASSOCIATION, INC.

# *If corn ears didn't fill*

**If you planted** sweet corn on tim the weather has been kind, you harvesting your first ears now—w ones, hopefully. If the ears are filled, something must have gone

***SUSPECT THE CORN EARWORM***

Some of the most obvious gaps, o are those left by the corn earworm likes fresh corn even better than and is less fussy about its ripeness moths lay eggs in the silks near trance to the husks. Larvae eat th down along the silks and feed o oping grains at the top of the ear.

To prevent earworm damage later-maturing corn, dust silks wit a day or two after they appear, peat at three-day intervals. Or spray with sevin, diazinon, or ma (Sevin is extremely toxic to bees, often gather pollen from corn ta avoid injuring them, keep dust o low to hit silks and avoid tassels.)

If the number of your corn plant large, you can apply dust directly silks with a stencil brush, old brush, or paintbrush.

***OR IT MIGHT BE . . .***

Other causes and their remedies a

*Corn was planted in a single long ro wind blew pollen away from the* Every silk has to receive a pollen in order to fertilize the grain th at its base. Pollen falls and blow tassel to silks to effect pollination. plant corn in blocks of several short you'll enhance the likelihood of silk's receiving a pollen grain.

*Silk received pollen but withered grain was fertilized.* Lack of soil mo or hot, drying winds might cause wither at this crucial phase. Be sur corn has adequate water. Try to ir it before rolling of the leaves ind that plant is suffering from drough

*Pollen can't reach silks because of mites or aphids.* Mites can spin webs silks, or aphids can cover them honeydew. Control these pests with cides or insecticides.

*High temperature can make pollen st* When temperatures surpass 90° t during the peak of pollination, steril len can cause lots of blanks in the At 102° or 103° pollen is definitely st Try to time your sowing so that po tion takes place either before or afte treme summer temperatures are expe

# akes investment experts know when a good thing isn't good thing anymore.

Trust Division of Wells Fargo k believes that even best securities in a portfolio uld not be stored away and gotten. In today's rapidly chang- economy, the impact of new ducts and new technology must be constantly evaluated. That is why we regularly review every portfolio for which we have any degree of investment management responsibility. And if news events or changes in personal financial requirements prompt a non-scheduled review, we can move from decision-making to action-taking on the same day. From the experience of serving 5 billion dollars in assets, Wells Fargo believes the greatest risk of all is to let a good portfolio sleep.

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# The college contribution

# is a two-way street

There are two ways to look at it.

There's the contribution the colleges make to business.

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Business employs about 42% of all college educated people. It uses their brainpower and skill in developing new products and methods. It fills management posts.

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WILLIAM APLIN

**walnut** *in Whittier parkway extends curb to curb; 100 feet across, 70 feet high*

**MUNITY ACTION:**

# This landmark tree is still with us

**scheduled** to be cut down, this mag- nt old walnut now stands at the r of 4½ acres of landscaped parkway Whittier Boulevard between Phila- ia Street and Washington Boule- in Whittier, California. Community s working together saved the tree street-widening threatened it, saw maintenance afterwards, cooperated the city and state to plan and plant of the parkway, and finally turned roject over to the city.

tree is a Paradox hybrid walnut, a between English and black walnut, sometimes used as a rootstock for ish walnuts planted in heavy, fungus- e soil. The University of California ted this one as part of an experiment 907, when Whittier Boulevard was a w strip of country road.

narrow road got wider and wider in 1955 state highway planners felt tree had to go to make room for a ded highway. At that point, the ive Daughters of the Golden West, ghters of the American Revolution, Whittier Community Beautiful came and persuaded the state to leave the alone in a 3,000-foot-long divider between Whittier Boulevard and a llel frontage road.

t, Whittier Community Beautiful ob- ed a state permit to develop a small including and surrounding the tree. unteers cleaned up the area, put mulch

**Ponderous** *branches start low on trunk. Circumference of trunk is about 14 feet*

under the tree, and installed sidewalks, gravel walks, and benches. In 1959 the tree was declared a California Registered Historical Landmark. Girl Scouts later began a program of cleaning up trash and planting annuals around the park.

In 1965 the Whittier Park Department took over maintenance of the tree and the state-owned divider strip (then not fully landscaped). Lawns were put in the length of the strip and sprinklers installed.

Planting still goes on. On a recent Arbor Day, Whittier Community Beautiful promoted the planting of shrubs and trees donated by civic groups.


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GLENN CHRISTIANSEN

**Gardener** *is taking outermost offsets from sempervivum, giving to friend*

**Several hundred** desirable garden
are for one reason or another sel
never sold at Western nurseries.
you want any of those plants—le
a tree dahlia, an Oliver's snapp
some hop vines—you almost inv
have to get starts from some
amateur.

Some gardeners give and take mor
starts than others; some do it bett
others. It's an old-fashioned art th
go back to ancient times when the
no plant sellers, so that if a pers
to have garden plants at all he eit
seeds or took cuttings, divisions, r
transplants. Many of us had
mothers and great-grandmother
frontier-influenced ways who grew
ful gardens completely from seed,
and plants acquired from neigh
friends.

Today, Western nurseries offer th
of plants that sell in good numb
that can be handled efficiently in
salesyards. We strongly recommen
you do as much as possible of you
scaping with these plants. Bu
plants you *can't* get at nurseries
are the rare or obscure thing
wouldn't sell in enough quantity
profitable or that grow so abunda
gardens that over-the-fence traffic
nursery handling either unneces
unprofitable.

This article tells you how to get s
the plants you can't buy—once y
someone who might let you have
and what you should do to ma
that you don't take home plant d
insects, or weeds along with the p

# The plants you usually can't get in nurseries

You get them from friends as cuttings, divisions, roots, or transplants. Here are dangers to be wary of and the techniques you use. Starting on page 144 is a list of plants to watch for

### VER-THE-FENCE PLANTS IPLY ATTRACTIVE WEEDS

would-be benefactor offers you a a plant that he has (a plant that s don't sell), you should look first the plant grows. If it's covering dale in his place (and perhaps g up trees and creeping under it will probably do the same for itially you may be attracted by t's vigor, especially if you are the f a bare new lot, but think ahead al years from now, and you may you'd rather not introduce his to your place.

### OULDN'T LOOK A GIFT IN THE MOUTH, BUT . . .

xt thing to put in your personal er while talking about a proposed ift is the likelihood that the soil nt grows in may carry pests or r roots of noxious weeds. Diseases sects on top parts of plants are asy to see if you examine leaves ms closely, but soil-borne pests are fact, usually it's almost impossible amateur gardener to determine by into the soil whether or not it s pests or noxious weeds.

eral, make it a rule not to take any hat looks unhealthy, pallid, or ab- in any of its parts.

e record, we list in the next seven aphs a few of the most notable soil- troublemakers and the few clues ay have to their presence.

**odes.** These are tiny worms that ize plants. The commonest kinds side roots where they cause little knots, cysts, or nodules on what should be straight, smooth roots. If you see such signs on roots, refuse the plants. It's difficult enough (almost impossible) to get rid of a nematode infestation in a garden. It would be great folly to import one knowingly.

**Armillaria.** This disease, also called oak-root fungus, is familiar to many Californians. Plants can have armillaria and continue to live and function if they get enough nutrients. Usually a gardener knows whether his garden and some plants have the disease—and he should point this out to you, thereby eliminating his garden as a source of plants. The telltale signs of armillaria: a flat, white, fan-like growth between bark and wood in a plant; the presence of flat, honey-colored mushrooms in the area.

**Symphylans.** Northern California, Oregon, and Washington have another family of localized soil-borne pariahs: garden symphylans. They look like tiny centipedes; they are pearly white and no more than ¼ inch long when fully grown. They lay eggs in the soil and feed on root hairs (feeder roots), thus stunting or killing plants. Here, too, there's no room for compromise. Just don't take plants or soil from a symphylan-infested neighborhood.

**Soil mealybugs.** These are little, white, mealy-looking, sucking insects. Their action devitalizes a plant. They can be controlled with systemic insecticides but it's better not to have to combat them.

**Root weevil.** A nuisance hitchhiker, found mostly in the Northwest, is the root weevil. The adult, a beetle, chews holes in leaves at night. The larva are grubs that cause serious damage to roots. This pest makes trouble but it can be controlled.

**"Typhoid Marys."** A few bulb plants are known to be typhoid Marys. Although the individual plants may look healthy themselves, they carry a virus that can infect related plants. One is the daffodil 'Silver Chimes.' Others that have been known to carry virus are *Amaryllis belladonna,* dahlias, gladiolus. If you are the conservative type, avoid bringing home any plants with this reputation.

**Weeds.** Almost any shovelful of garden soil (unless it has been specially treated in the way nurseries treat their potting soil) is full of sproutable weed seeds. Most of the weeds that would sprout and grow are inconsequential and need only to be pulled to be banished. But some weeds are so strong, fast, invasive, and greedy that you should avoid taking plants that are surrounded by them: Bermuda grass, Kikuyu grass, nut grass, quack grass, yellow oxalis, morning glory, dodder, sheep sorrel, and bracken are outstanding examples.

### *THERE ARE SAFEGUARDS AGAINST INTRODUCING PESTS WITH PLANTS*

Once you are aware of the real rogues among the lurking would-be hitchhikers, you can be a wiser recipient of gift plants. And you can also appreciate the wisdom of buying plants at nurseries. Licensed plant growers and sellers must and do keep their stock clean of all types of pests —as a matter of good business and to obey the law.

There are things you can do to avoid the introduction of pests when the only practical way you can acquire a plant is from

**Taking a slip** *from a tree dahlia. Slice below joint; roots form there. Remove lower two leaves; cut back the next pair to reduce water loss*

**Digging** *a self-sown (volunteer) seedling of a Gladwin iris. This is easiest way of acquiring give-aways*

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**Taking division** *from* Oxalis oregana. *Feel for a clump of roots, sever with a trowel*

someone else's garden:

**Wash roots.** You can eliminate most soil pests (but not nematodes or armillaria) if you wash soil off the roots when you get the plant home, get rid of the removed soil, and replant and soak the bared-root plant immediately. The trouble is that many plants can't stand the shock of having all soil removed, especially in midsummer. The dormant season is generally the safest time.

**Take cuttings or seeds.** The only positive way to avoid transporting soil pests from another garden is to introduce the new plant to your garden as a cutting (see the section below), or take home seeds (if available) and grow the plant from seed. To illustrate: The reason that none of California's millions of eucalyptus trees has any of Australia's many eucalyptus-feeding insects is that the importation of eucalypts from that country has been done entirely by seed. It's foolproof. Cuttings or slips can carry a virus with them, but they don't carry any of the soil pests.

**Inspection.** In many counties, if you bring a plant to the office of a county agricultural commissioner (in California) or a county agricultural agent (elsewhere), the inspectors there will examine it for you and tell you whether or not they can see signs of soil-borne pests. Call your county office first to find whether the service is offered and under what arrangements.

**Cross your fingers.** Regardless of the dangers and the possible steps to avoid them, what most plant-hungry folks do is accept their gift plants and hope for the best. The possibility exists that the donor's plants and soil may be as clean as yours or cleaner.

### *"WHAT'LL YOU HAVE, FRIEND, A SLIP, A DIVISION, OR A TRANSPLANT?"*

A special vocabulary goes with plant giving, taking, and swapping. Listed below are the words, what they mean, and how to do the jobs that they represent.

**Cuttings or slips.** In the world of professional horticulture, there's a word for a piece of branch or root that's cut or broken off a plant and then inserted in moist sand or water where it will form roots; the pros, and many enlightened amateurs, call them cuttings. But in the age-old argot of plant giving and taking, the word forevermore seems to be "slips." (In the plant list, page 144, we revert to professional language and call them cuttings.)

One of the two safest ways to get a start of a new plant from another garden is to take slips.

Of course, it's a much slower way than taking a whole plant. First the sli to form roots. To bring this abou sert the lower half, with leaves rem in moist sand, pumice, perlite, or inert, moisture-holding, fast-drainin terial; then leave it there. Keep it li shaded so it won't dry out. Keep it In a few weeks or months, roots will on the submerged end if the plant kind that "slips" (the word is also as a verb).

Some plants don't slip or don't slip the plant list starting on page 144 cates whether a particular plant grow easily from cuttings.

It's best to take several slips (the the better) and root them togethe box or pot of sand or other medium gives you a better chance of ge plants, because some may fail to ro

Two helpful aids to rooting shou noted. One is to dip the cut ends o in rooting hormone (sold at garden s to speed root development. The ot to put a plastic bag over the entir or box of slips, like a tent, and tie the base—it will hold moisture. P bags are very useful in most form plant acquisition and propagation.

After the roots have formed, plan rooted slips in the plant's best env ment and treat it as a young plant.

**Divisions.** Many perennials and spread by developing roots and growth in clumps. To get starts o kind of plant, dig up all or part o plant and break or cut apart the pendently rooted sections. The wor these sections is *divisions* and the for the process is *dividing*. Plant the sions to grow new plants. *Offsets*, s at top of page 138, are a kind of div

**Transplants.** There's nothing tric clever about this. If your friend plant in his garden that he doesn't he or you can just dig it up, put it box, and you can take it home. (He

# The no-shift shift versus the one-shift shift.

In your left corner, the no-shift shift of the Austin America. On your right, the one-shift shift of the Volkswagen. They're both that new kind of shift. You know the kind we mean: the kind you can take through the gears manually. Or, if you prefer, automatically.

Ah, but now the question arises—how automatic are these two automatics?

**Round 1:** The VW comes out using its automatic—but wait a minute! Once it gets over 50 the VW has to be shifted again. The America, on the other hand, takes off in drive and stays there.

**Round 2:** The Bug with its semi-automatic 3-speed transmission is really showing the strain of the pace. But the America with its fully automatic 4-speed transmission hasn't even worked up a sweat.

**Round 3:** In a desperate flurry the VW offers its semi-automatic in an $1864* package. The America counters with the real thing. $1845†. Listen to that crowd!

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particular, remember the warning about pests that may be in the soil.)

If you make your vertical spade slices into the soil in a circle beyond the tips of the branches, theoretically your circle will include all of the surface root system. Then, if you dig a maneuvering hole at one side of the vertically sliced circle, you can slide your spade horizontally under the root system.

If it's just a little shrub or plant, simply lift the spade after you've made enough bottom cuts, raise the plant, and slide it into the box. If soil is too dry or if it's sandy or gravelly, it will crumble and fall away from the roots. If this happens, put the plant in a plastic bag and pack moist sawdust around the roots.

Nurserymen and other skilled professionals know how to wrap and tie an exposed root ball in burlap so the plant can be transplanted with minimum disturbance to the roots. But this is not easy. Doing it well requires the accomplished moves of an expert. Novices generally settle for lifting and putting in a box.

A beginning gardener might wonder how people with a landscaped garden can have so many plants that they can give away whole ones. Actually the givers seldom give away paid-for merchandise. More often surplus plants are ones that the giver has propagated, or that have just multiplied on their own.

Some plants scatter seeds that germinate and grow into seedlings every year. Others—including many popular shrubs and trees—spread because whole seeds pass through a bird's digestive tract and end up on the ground beneath a tree branch. There they germinate and grow, even though they may be a mile or so from the parent plant.

**Seeds.** If the plant you are interested in has recently set seeds (some garden plants don't), a friend may give you a handful of the seeds.

Over the centuries, man has learned and recorded in literature the best ways to plant and germinate seeds of all seed-forming domestic plants. In the plant list on page 144, we give seeding instructions for those plants that form easy-to-grow seeds. As a general rule, you plant seeds when they are ripe—when the husk, pod, capsule, cone, or whatever has dried or opened or both. And you plant seeds at a depth of approximately twice their own diameter (which often means that you barely cover them).

Seeds of plants known to be husky, vigorous, and remarkably self-sufficient can be planted right where you want them to grow. If a plant's seeds scatter an by nature ("volunteer" is the term jargon), plant them that way. But don't volunteer easily, you'd do be sow them on a flat of sand or sa peat moss.

Water carefully so that the see never dry out. If you're growing th a flat or pot, watch for the second o set of leaves to develop. Then tran them either into another flat or pot you can baby them some more, or d to where they are to grow. This choi hinges on how vigorous and self-su the plant is by nature.

**Bulbs, tubers, rhizomes, corms.** Gla dahlias, daffodils, iris, tuberous be potatoes, and many other less-k plants grow new tops each year rather hard, round, or roundish foo age organs that form at their ro stem bases. According to the form function of these organs, we call th those various names—bulbs, tuber zomes, corms.

Most of them can be bought from eries, garden stores, and mail-order during their proper planting season. of the rarer forms are not sold; yo get them only from friends who w them and give them to you.

However, most bulbs, tubers, rhi and corms trafficked from amateur ateur get passed along because th surplus. They keep on reproducing a gardener doesn't give them aw has to dump them or gradually giv much of his garden to them. It's gardening practice to divide over clumps of these plants when the crowded.

The planting technique for a gift tuber, rhizome, or corm is the sa for the ones sold at stores. The diffe is that the free ones may be of a co and not especially attractive variety they may carry a virus, thrips, or other pest.

**Plantlet** *grows on leaf of* Tolmiea menziesii. *Detach big leaf with plantlet; lay base of big leaf on the soil with its stem sticking in*

# Ship Trips, Hooray

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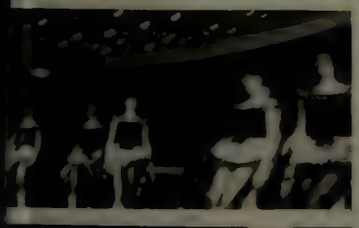

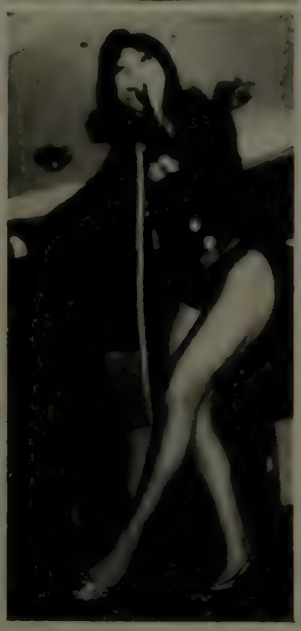

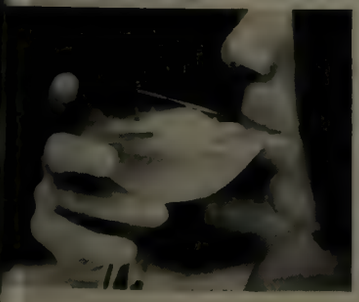

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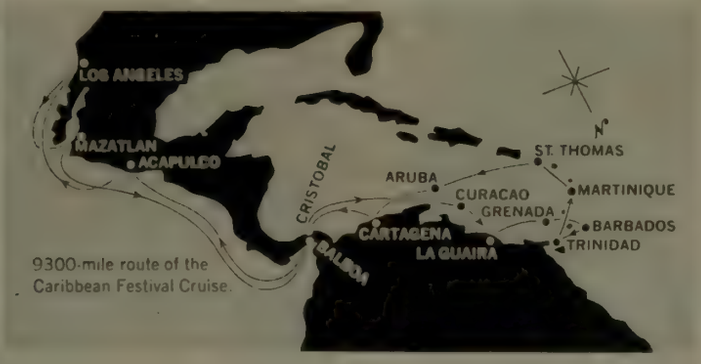


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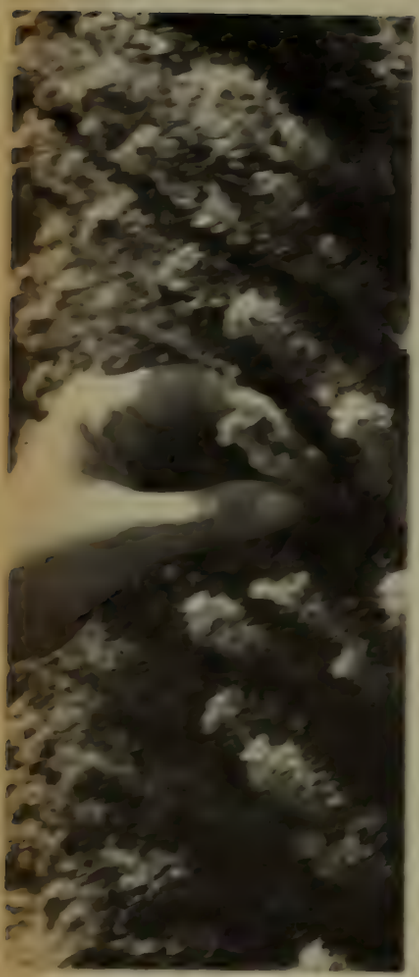
# Here are the plants you get "over the fence"

## . . . and how each goes into your garden

**For 18 years,** *Sunset* has ... nursery availability of plants ... issue. Unavailable plants ha... been eliminated. For this arti... voted the procedure, sending ... a long list of useful but rare ... eliminating those plants that ... to sell to a fair degree. Thus ... the lists that follow — plants ... usually have to get from frien...

Most of these plants are not ... Some are sold by a few retai... (and three big cheers for nurs... sell unusual things!). The few



*Tower of jewels (Lonicera nitida), a plant for California gardens, grows giant spikes (at left) in mixed grass then clips. Mary McIlvain. The Robert Cronhardt garden, Los A...*

mmon in the trade also multiply that your friends will offer you rplus anyhow. Plants are listed hnical names in these categories: nts for sun; low plants for shade; nd bulky plants; vines; trees. Fol- the names you will find the best get starts. These methods are d on pages 140 to 142.

e surprised if you see some totally iar plants here. The lists were rom all over the West and some plants are known only in one or nates.

**Whitish** *bracts of* Arum italicum *in spring; white-veined leaves*

*LANTS FOR SUN*

**llis belladonna.** Belladonna lily, lady. Take up bulbs from old after bloom; plant with bulb top level. Sold at some nurseries.

**talicum.** Italian arum, green calla. bers before all signs of plant dis- in late summer, or take seeds from kes that look like little red corn- se as house plant in cold climates.

**nthus ruber.** Valerian, gate lilac, r's beard. Gather the seeds (small ionlike parachutes) and sow them, up and replant seedlings.

. Old-fashioned creamy white kind lies freely by seed and by splitting Dig corms after foliage ripens, t.

**lindheimeri.** White gaura. Pick seed spikes and sow, or dig self-sown ngs.

**na.** Gentian. Dig divisions or sow seeds with care. Seeds form in les.

**nocarpus textilis.** Goose plant, swan Pick seeds from the large green erlike fruits (like those of milkweed), ow.

. Get starts from friends if they are you can't get at nurseries. Take ons of those herbs that make many- ned clumps. Grow shrubby kinds cuttings. Many are easy from seed.

Most of the rhizome type spread so that they have to be divided often; ions make good gift plants. Gladwin *I. foetidissima)* scatters its own seed; can dig seedlings. See page 139.

**cari.** Grape hyacinth. Bulbs sold but ds must give away excess, too. Dig crowded clumps of bulbs any time foliage turns brown.

**thera.** Evening primrose. (Regardless me, some bloom in daylight.) Take divisions of clumps, rooted pieces of old plants, or self-sown seedlings; or sow seed.

**Physalis alkekengi.** Chinese lantern plant. Collect seed (enclosed in orange-red bladderlike calyx) in fall and sow in spring, or take divisions of roots in fall.

**Sedum.** Many kinds are sold at nurseries; some are not. Easy from stem or leaf cuttings. Ground cover types grow from pieces of stem or leaves sown like seed where plants are to grow.

**Sempervivum.** Hen and chickens, houseleek. Widely sold but also widely given away. Divide clumps or pull offsets (the chicks) from around the parent plant (the hen) as shown on page 138.

**Sisyrinchium.** Blue-eyed grass and yellow-eyed grass. Take divisions, or dig volunteer seedlings.

**Tritonia crocata.** Montbretia, flame freesia. Dig corms after leaves turn brown.

**Tulbaghia violacea.** Society garlic. Take divisions from outside of clumps.

**Zauschneria californica.** California fuchsia, hummingbird flower. Take seedlings or cuttings, or grow from seeds taken in fall.

*LOW PLANTS FOR SHADE*

**Anemone hupehensis japonica** *(A. japonica).* Japanese anemone, Japanese windflower. Take divisions in fall or spring; root cuttings (sections of roots) in spring.

**Asperula odorata.** Sweet woodruff. Take divisions or dig volunteer seedlings.

**Bergenia.** Widely sold in California nurseries (often as *Saxifraga),* but also widely handed around as divisions.

**Chlorophytum comosum** *(C. capense).* Spider plant, Dutchman's pipe. Sometimes used as a house plant, sometimes as a mild-climate ground cover. Cut off and plant the replicas of the parent plant that form at ends of the arching or hanging branches.

**Convallaria majalis.** Lily-of-the-valley. Widely sold, but also widely traded around neighborhoods. Take divisions.

**Cornus canadensis.** Bunchberry. Not easy to start; take sods with plenty of roots. Rotten logs in Northwest woods are good hunting grounds.

**Cymbalaria muralis.** Kenilworth ivy. Easy from pieces as it roots all along stem. Or, dig seedlings.

**Digitalis.** Foxglove. Sold at nurseries, but also grows from self-sown seeds in gardens. Dig the seedlings and plant for bloom next spring.

**Farfugium japonicum 'Aureo-maculatum'** (often sold as *Ligularia).* Leopard plant, sloppy painter's plant. Dig divisions containing sections of the root from which leaf stems grow.

**Ferns.** Many rare and choice ferns that are seldom sold pass from garden to garden. Most low-growing kinds (not tree ferns) can be taken as divisions, carefully lifted and moved with plenty of soil. Digging is hazardous in summer (tops wilt). It's more successful in fall, winter, or spring.

**Francoa ramosa.** Maiden's wreath. Big clumps profit from dividing. Sometimes volunteer seedlings are available.

**Galax aphylla.** Dig up and transplant a clump; be sure it contains part of horizontal rootstock by which it spreads.

**Linnaea borealis.** Twinflower. Dig up rooted stems from plant's periphery.

**Myosotis.** Forget-me-not. Dig up seedlings of the annual or biennial kind. Take divisions, cuttings, or seedlings of the perennial kind.

**Oxalis.** Take divisions (see page 140) or dig bulbs of the desirable kinds. The two undesirable weedy species often come along with giveaway plants as unsuspected hitchhikers.

**Polygonatum.** Solomon's seal. Dig deep to take a good chunk of creeping rhizome.

**Sanguinaria canadensis.** Bloodroot. Take divisions or self-sown seedlings.

**Satureja douglasii** *(Micromeria chamissonis).* Yerba buena. Dig up rooted pieces of stems.

**Tiarella cordifolia.** Foam flower. Take divisions—the best time is in September or March.

**Tolmeia menziesii.** Piggy-back plant. Leaves make new plantlets where leaf joins leaf stalk. Detach plantlet with parent leaf, plant them together. See page 142.

**Tradescantia fluminensis.** Wandering Jew. One of the easiest plants to propagate; pieces of stem root in a glass of water and

**Striking** *light green flower clusters form on* Euphorbia veneta *in spring. Cut faded clusters as shown; put them in paper bag to catch seeds for sowing*

can then be planted. *T. virginiana,* common spiderwort. Propagate by dividing.

**Vancouveria.** Take divisions.

*SHRUBS AND BULKY PLANTS*

**Aruncus sylvester.** Goat's beard. Grows in woods in northern California, western Oregon and Washington. Dig on private property with permission or take seeds.

**Arundo donax.** Giant reed. Take transplants or division. You need a stout spade —maybe an axe or mattock.

**Bamboo** (some forms are not sold). Dig down and sever underground connection with rest of the plant, carefully dig up root clump of severed piece, take entire top and severed root clump to new planting place. If top wilts, cut it back and it will usually resprout soon.

**Calceolaria integrifolia.** Grow from seed or cuttings (with two joints).

**Coronilla emerus** and *C. glauca.* Senna. Take seeds or divisions.

**Echium wildpretii.** Tower of jewels. Take volunteer seedlings from near parent plant, or sow ripe seeds in place.

**Euphorbia milii** *(E. splendens).* Crown of thorns. Dry cuttings slowly for a week or two before planting. Put one-third of cutting in a peat-sand mix (half and half). Don't overwater.

## Plant list includes shrubs, vines, and a few trees

JOHN ROBINSON

**Poker plant** (Kniphofia) *spikes, 12 inches long, top bare stems*

**Flowers** *on* Impatiens oliveri *are la pinkish, 2 inches wide. Leaves 8*

**Euphorbia veneta** *(E. wulfenii).* young seedlings or sow the round or blackish seeds.

**Fouquieria splendens.** Ocotillo. good, living, thorny fence in Grows easily from lengths cut an in the ground.

**Geraniums and pelargoniums.** Easy from cuttings—along with fuchsia ably the most frequently "slipped in the West.

**Impatiens oliveri.** Oliver's snapwe man's rhododendron. A house p cold climates. Dig volunteer seedl take cuttings.

**Iresine herbstii.** Blood-leaf. Take c (best in early spring).

**Kalmia polifolia.** Pale laurel, bog Native to damp ground in Nor and eastward. Seeds and cuttings growth are possible but digging (with permission) is easiest.

**Kniphofia uvaria.** Red-hot poker, lily, poker plant. Widely sold b widely given away. Take division the rather hefty clump.

**Lavatera assurgentiflora.** Malva ro the seedlings that appear as volun

**Luculia gratissima.** Grow from cutt young shoots in midsummer. If y find seed, sow indoors.

**Medicago arborea.** Tree alfalfa. Gro seeds or cuttings.

**Ricinus communis.** Castor bean. Ta

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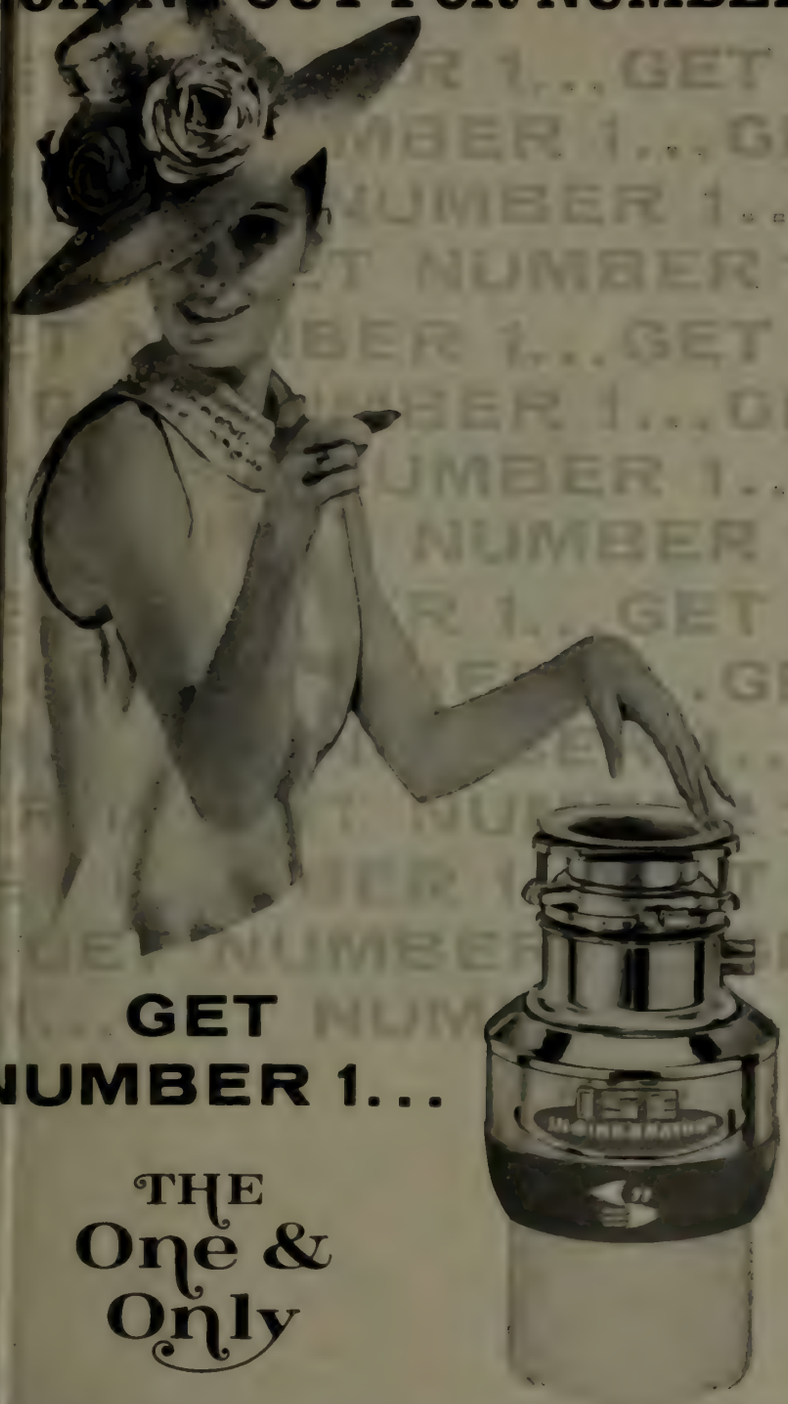

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seeds and plant in early spring.

**Romneya coulteri.** Matilija poppy. In late fall, dig and transplant young, rooted suckers that grow from creeping rootstocks around established plants. Or start by cutting 3-inch-long root sections (with buds present) in late fall, bury them in a flat of sand and peat moss, cover with about a half inch of the mix. Keep moist until they sprout; plant out in May.

**Salix.** Willows of all kinds. Willows root more easily from cuttings (lengths of stems) than most other big plants. Generally, best growth comes from stems of finger diameter or thicker, but not big or old enough to have developed fissured bark. Take long sections (1 to 6 feet) if possible. Plant directly where the tree or shrub is to grow—moist soil preferable. Best results come from cuttings taken in winter.

**Salvia.** Grow such shrubby kinds as Mexican bush sage (*S. clevelandii*) and purple sage (*S. leucantha*) from cuttings or from pieces of plant clumps with roots attached.

**Sambucus.** Elderberry. Take large cuttings of mature wood in winter.

**Senecio petasitis.** Velvet groundsel, California geranium. Comes fast from summer cuttings, often blooming first winter.

**Simmondsia chinensis.** Jojoba, goatnut. Grow this drought-resistant shrub from seeds picked in fall.

*VINES*

**Araujia sericofera.** White bladder flower, cruel plant. Often volunteers in gardens. Dig self-sown seedlings.

**Aristolochia.** Dutchman's pipe. Grow from seed or take rooted pieces from near base of parent plant.

**Campsis radicans.** Common trumpet creeper. Dig rooted pieces from near base of plant, or dig the suckers that arise from roots.

**Ceropegia woodii.** Rosary vine. Often used as house plant. Little tubers that form on stems can be used to start new plants.

**Chonemorpha macrophylla.** Since it is so rarely sold, you'll have to grow it from cuttings of half-ripened wood.

**Cobaea scandens.** Cup-and-saucer vine. Slow to sprout; set flat seeds edgewise. Sow indoors where growing season is short.

**Humulus lupulus.** Common hop. Plant pieces of root (thick end up) in early spring.

**Lapageria rosea.** Chilean bellflower. Grows from cuttings with difficulty, from layers easily but slowly, from absolutely fresh seed easily. Seed must never dry out, even for a few hours.

DARROW

**Tree dahlia** (D. imperialis) *grows 10 to 20-foot stems from spring* *bears lavender flowers at stem tops in late fall, then frost cuts it*

**Pandorea pandorana.** Wonga-wonga vine. Grow this one from cuttings of half-ripe shoots.

**Passiflora.** Passion vine. To get starts of the rarer kinds, you'll have to find someone who has a plant, then take cuttings from it. Seeds are easy to grow if the plant sets fruit and ripens seed. Several red and pink-flowered kinds are scarce enough to be welcome gift plants in mild-climate California gardens: *P. coccinea, P. jamesonii, P. manicata, P. mollissima,* and *P. racemosa (P. princeps).*

**Semele androgyna.** Climbing butcher's broom. Increase by divisions. Self-sown seedlings occasionally appear.

**Senecio mikanioides.** German ivy. Grow it from cuttings (easy) or from seed, or dig volunteer seedlings.

*TREES*

**Ailanthus altissima** *(A. glandulosa).* Tree-of-heaven. Dig up suckers or seedlings. A weed tree, difficult to banish, under certain conditions; introduction prohibited by law in some areas.

**Banana.** Suckers grow out from mai stock; dig them with soil attached.

**Chilopsis linearis.** Desert willow. Cu root easily; rooted cuttings must b dled with care in planting out. Can from collected seed.

**Dahlia imperialis.** Tree dahlia. Cu root easily in midyear (see page 13 take divisions in late winter.

**Eucalyptus.** The rarer ones are av only from seed (not sold as pl Gather seed capsules when ripe; sha seeds and sow in flats as you wou nuals or perennials.

**Hoheria populnea.** New Zealand lac Seedlings volunteer in moist soil, an tings root fairly easily.

**Homalanthus populifolius.** Queensla lar. Take cuttings or dig volunteer lings, which sprout freely.

**Pterocarya stenoptera.** Chinese wi Gather seeds and sow them in fall, and replant suckers.

**Styrax obassia.** Fragrant snowbell. from seed.

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**Carport and pergola** *add privacy to the front of the house. Existing purple-leaf plum on left; liquidambar on the right wa*

**Above.** *Wisteria, almost as old as house, follows front eave, encircles entire house*

**Right.** *Boxwood edges beds usually filled with annuals. Choisya hedge on the left*

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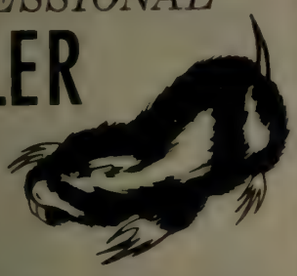

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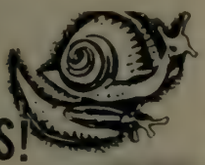

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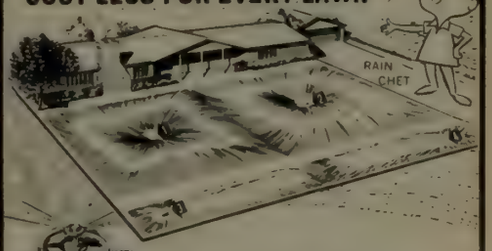

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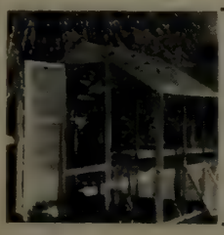

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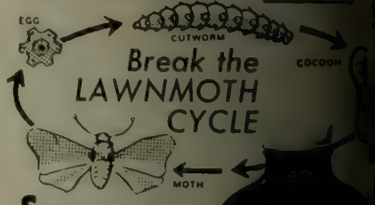


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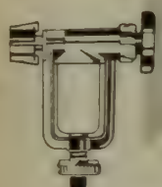

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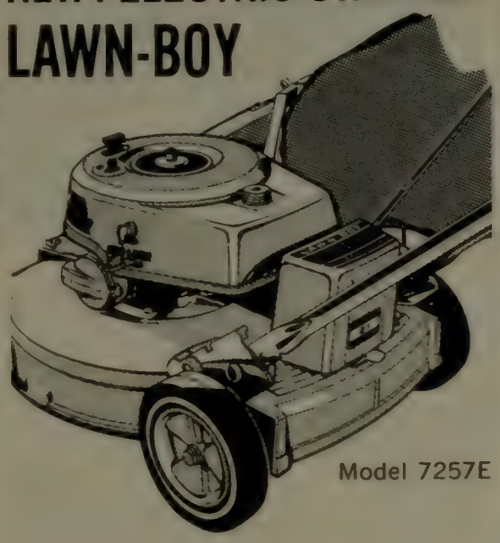

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## *The way to ripen pears*

**Pears allowed to ripen** on the tree ripen unevenly and turn mealy; many will probably fall before you get around to picking them. That's why it's very important to follow standard orchard practice and harvest pears when they're full-sized but still hard, then let them ripen in a cool, dark place.

Don't pick them too green, however; they'll invariably wither, won't last in storage, and never become sweet, juicy, and flavorful.

Here's a reliable test to determine whether the fruit is ready for picking: By harvest time, a black ring normally develops at the point where the fruit stem joins the branch (fruit spur). Lift the pear (without pulling or twisting) to see if it separates at that point. If the fruit doesn't break away easily, allow it to ripen for a few more days, then repeat the test.

Incidentally, pears need no thinning except when a very heavy crop sets; then you should remove small or blemished fruits a few weeks before harvest time.

Depending on the area, the popular 'Bartlett' pear is ready to harvest from early July until September. 'Anjou' and 'Comice' are generally ready about the second to third week in August; 'Winter Nelis' about the first of September.

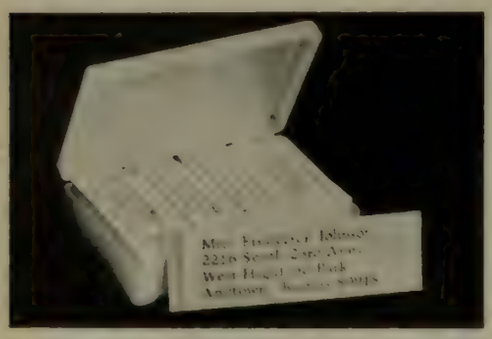
To ripen the fruit of both 'Bartlett' and 'Winter Nelis' within about 10 days after harvest, store in a dark place where the temperature ranges from 65° to 70°. Put them in a covered container or wrap them individually; square pieces of newspaper make good wrappers. Keep the stored fruit together; as the fruit becomes ripe, it gives off ethylene gas which helps it ripen normally.

If you want to hold some of the fruit for a longer time, store it in the refrigerator. 'Bartlett,' the most perishable variety, keeps four to eight weeks when stored in the home refrigerator. 'Winter Nelis,' one of the least perishable varieties, can often be held all winter long at these temperatures.

'Anjou' and 'Comice,' unlike either 'Bartlett' or 'Winter Nelis,' need four to six weeks in cold storage before ripening into high quality, flavorful pears.

Inspect all refrigerated pears every 7 to 10 days, and as the individual pears start to color, bring them out to ripen at room temperature. Unless the fruit was overripe at the time of picking or was stored too long, none of the varieties discussed here are normally affected by internal breakdown during storage.

# THE *Sunset* SHOPPING CENTER



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## Remove Water Stains

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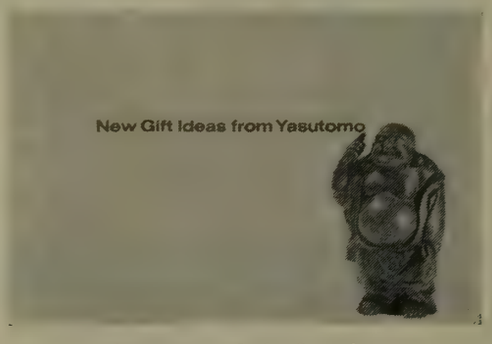


## Japanese Gift Catalog

Yasutomo & Co., the West's largest importer of Japanese art, craft, & stationery supplies, is offering its new catalog. You will find Sumi painting kits, Origami books, Soroban counting boards (to teach the New Math), Mingei calendars, Someil dye crayons (to make batik fabrics), art print stationery sets, wrapping paper. All are available at your local gift or stationery store. Send 50¢ for catolog (to cover cost & mailing) to Yasutomo & Co., 24 California St., San Francisco, California 94111.

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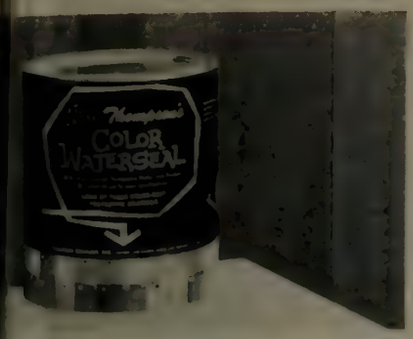


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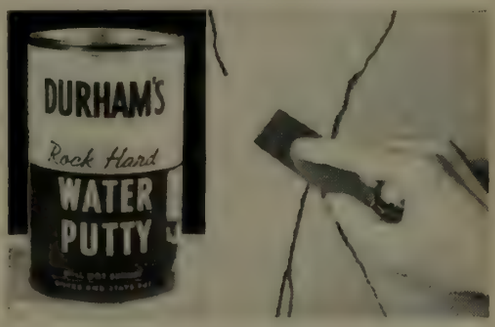


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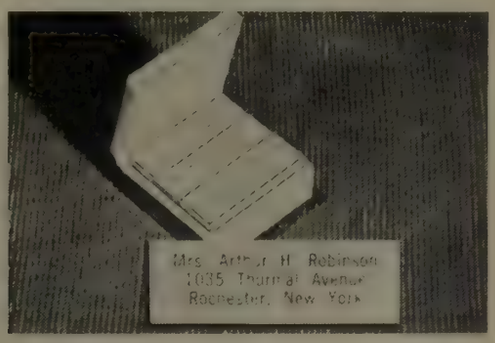


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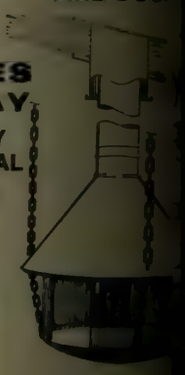

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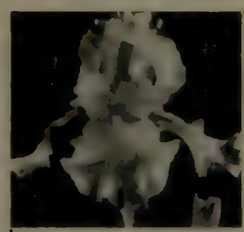

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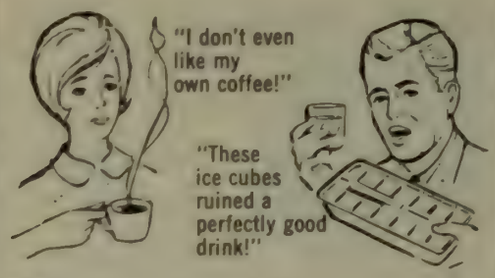


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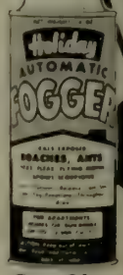


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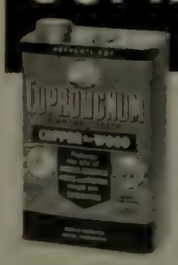

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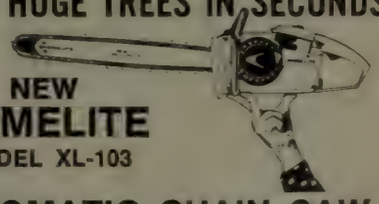

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# "What do you have against Easterners?"

**Sunset's subtitle,** The Magazine of Western Living, is a capsule description of our reason for existence. We write and edit *Sunset* specifically for people who live in the West.

We don't downright refuse to let anyone else read it, but we purposely make it rather difficult. We don't put *Sunset* on Eastern newsstands; we charge Easterners a premium subscription price with no long-term discount; we don't solicit renewals when their subscriptions expire.

Still, many thousands of our subscribers live in other parts of the country and around the world. They are so stubborn that they keep on taking our magazine despite our policy. But some of them question the policy. "What do you have against Easterners?" one of them wrote the other day.

Actually, we like Easterners (a great many of us are *ex*-Easterners)—and especially those who appreciate our magazine so much they subscribe despite all the obstacles.

But we edit the magazine only for Western families. So we don't think it's fair to encourage others to buy it; and we don't count them in the circulation total we charge to our advertisers—who therefore receive this substantial non-Western circulation as a bonus.

*Sunset* has been built on a policy of *defining* the magazine's role, *limiting* its objectives, and then doing the very best job we can. We are appreciative and proud that this publishing philosophy has attracted some 2,500,000 readers in Western America.

Ours is both a regional and a special interest magazine. We make no attempt to cover all fields of human interest, and all geographical areas. There are certain fields of activity in which life in the West is appreciably different; and we can render a useful and virtually exclusive service to the people who live here by focusing on such fields.

In gardening and landscaping, travel and recreation, home planning and building, cooking and entertaining, we can render a service to Westerners that neither national magazines nor local newspapers, neither television nor radio can duplicate.

Even within our nine-state Western area we find enough differences that we *zone* many of our editorial pages. We publish four editions every month: one for Washington, Oregon, Idaho, and Alaska; one for northern California, most of Nevada, and Utah; one for Arizona, Clark County, Nevada, and the desert regions of California; and one for coastal Southern California and Hawaii.

To our Eastern friends, we can only say that we could not serve them adequately without becoming, first, a national magazine, and second, a *zoned* national magazine. If we did those things, *Sunset* would no longer be *Sunset*.

## WINDOW ON THE WEST: Juneau

**Up and down** *Sunset's* territory, facing the Pacific Ocean, you find both seacoast and mountains close to centers of population—dramatically so in Alaska. You're looking across Gastineau Inlet to Alaska's capital city, with the shoulder of Mount Juneau looming above clouds behind it. This picture was taken from *M. V. Matanuska*, one of the new ferries that gave Southeastern Alaska an all-year highway. On the flag, Alaska is the 49th star (now it's also *Sunset's* ninth state—see page 35 of last month's issue).

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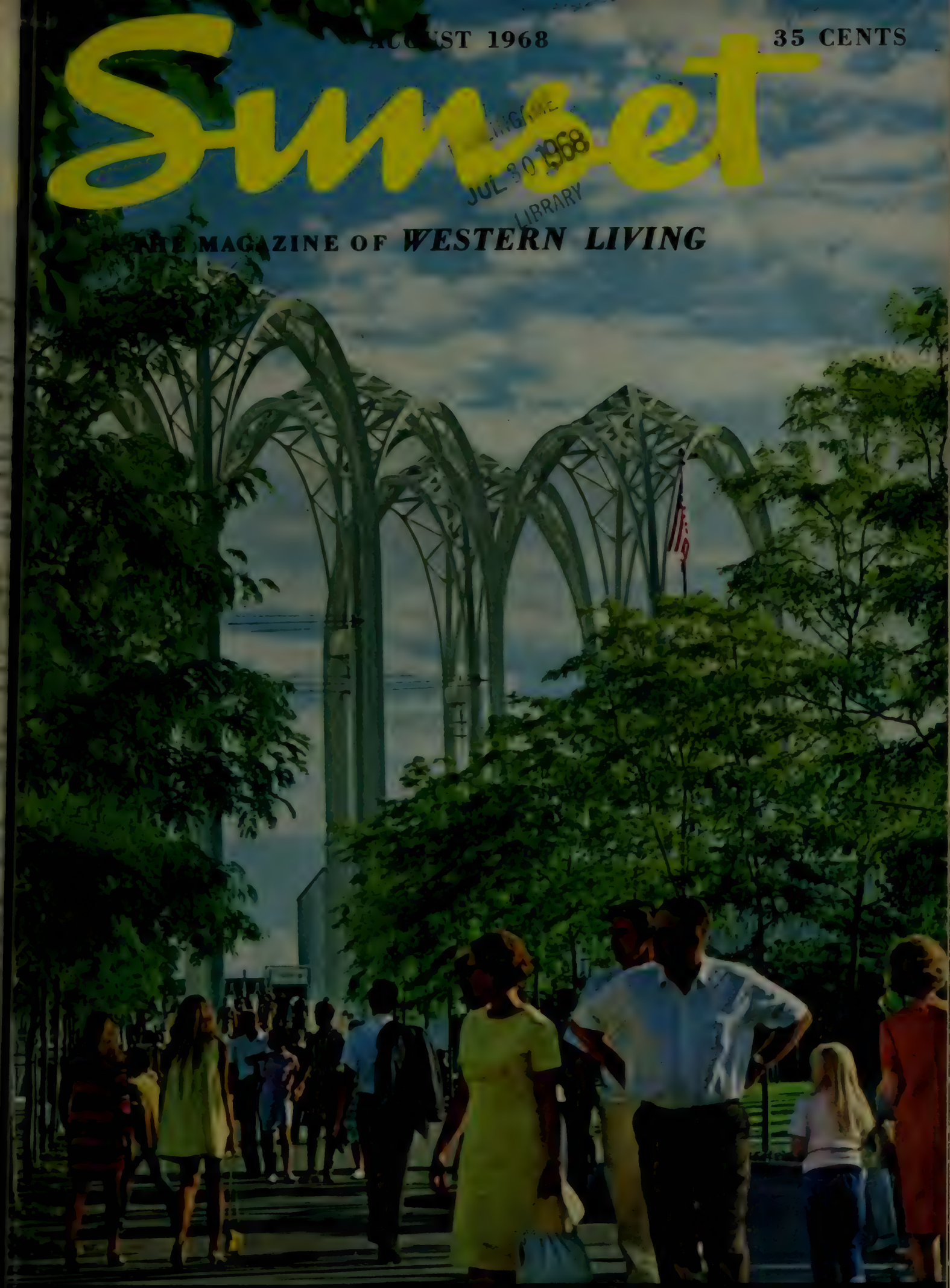

attle's Great Performing Park • Salad Idea from Spain

# Their best record i
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They're called "The Spurrlows." And they've cut more accidents than records. If you've never heard of them, it's because you haven't seen their musical safety show in a high school assembly program lately. It's called "Music for Modern Americans," and it carries a special message about safe driving.

Every year, we send the Spurrlows on a 65,000-mile tour across the country. And to date, nearly 3,000,000 high school students have heard the Spurrlows spread the word that a driver's license is a responsibility—not a right. And that the highway is one place where an unsafe driver can drop out of school the hard way.

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## The Cover Story

*This used to be a Seattle city street. Now it's a tree-lined pedestrian walk through the Seattle Center, once the Seattle World's Fair, Century 21, now a grand city park. One of the handsomest features of this unusual park is the great arch entry to the Pacific Science Center. For what else makes the Seattle Center unusual, turn to page 40. Cover photograph is by Glenn Christiansen*

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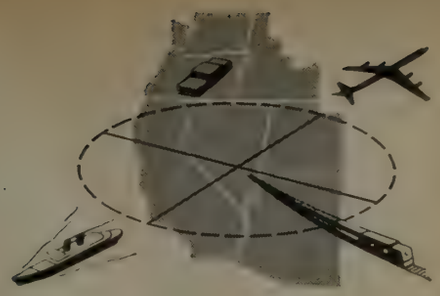

**Students** *bundled against a foggy Mendocino morning gather around as water color instructor paints and explains technique*

## rt for all ages on California's north coast

e town of Mendocino with its New gland-style houses and prim picket ces enclosing windswept fields has at- cted numerous artists in recent years. is month, when sunny weather will al- rnate with summer fog, visitors to the town can take classes at the Mendocino Art Center in batik, painting, photography, pottery, silversmithing, stitchery, and primitive weaving. Most classes run two weeks, some longer; tuition is $22.50 per week. In addition there's a variety of courses for children 5 to 12 years old with a tuition of $10 per week.

Offered in conjunction with University of California Extension are weekend classes at the center titled *Form in Nature: the Ocean; Form in Nature: the*

**Sunset**

THE MAGAZINE OF WESTERN LIVING

*August 1968*

## *Seattle's lively performing park*

**On the leftover grounds** of its highly successful 1962 World's Fair, the city of Seattle has put together a lively and unusual park, one that *Sunset's* editors think is best described as a performing park.

The new Seattle Center, as the park is called, does contain the city's performing arts center — opera house, playhouse, coliseum, arena. There is always a lot going on—plays, musicals, ballet, athletic events, exhibitions. In addition, there are several museums—among them an art museum, an aviation museum, even a fire engine museum.

There's also an amusement park, an international shopping bazaar, and the former fair's expansive science center, now a science exhibition that gives you a fascinating look at tomorrow.

But what especially interested *Sunset's* reporters was the great variety of free outdoor performances at the Seattle Center.

**Young woman** *on the grass in Seattle Center park attracts the interest of a Sunset reporter as she raises her arms and head in (possibly yoga?) exercise*

You can attend band concerts and folk music concerts, take folk dancing lessons on the lawn, or just stroll around enjoying the varied performances of Seattle citizens in their park. One example is pictured here. For some others, turn to page 40.

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*Land;* and *Music of the Baroque* ($30 to $40).

On August 3 and 4, from 10 A.M. P.M., work of students and faculty center will be exhibited for sale.

Mendocino is 160 miles north Francisco. For a list of overnight modations, details about summer and announcement of fall courses, to Mendocino Art Center, Box 36, docino, Calif. 95460.

### Guides for Sierra hikers

Published in time for summer hik the Sierra Nevada is *Sierra Sout* Karl Schwenke and Thomas Wi (Wilderness Press, Berkeley, 1968; This paperback guide covers the from Mono Creek to the southern of Sequoia National Park. It is a panion to *Sierra North*, which was lished in 1967 and covered Desol Valley (near Lake Tahoe) to Mono C

The format of the two guides is si except that *Sierra North* includes maps that are missing in *Sierra S* and the latter is equipped with a index and a center section of black white photography.

The long-time standard for Sierra is *Starr's Guide to the John Muir and the High Sierra Region*, by Walt Starr, Jr. (Sierra Club, San Francisc vised 1967; $2). As the title indic Starr's guide focuses on the Muir system; the new guides suggest other entries to the Sierra, listing hikes, each starting at a trail head sible by automobile. The format's cross-references make for some confu and there are forbidding pages of text. But the new guides evaluate difficulty of each hike, suggest the of summer to take it, tell how lo allow—and judge the prospects of ing fish.

### Keeping up with things in Oakland

Stop at the new visitor center "ga in Oakland's Jack London Square current information on accommodat restaurants, and community attract

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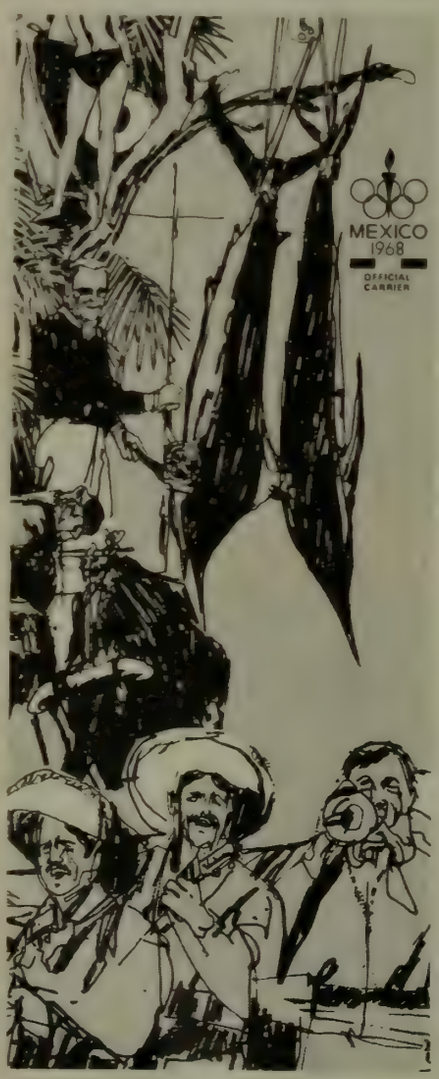



four-level metal spaceship; a small amusement park section with merry-go-round and car rides (open from 1 P.M. till dark on Saturday and Sunday in spring and summer); a small zoo, with monkeys, wolves, bears, and many kinds of birds (free; open daily until about 6 P.M.); a large lily pond crossed by a bridge; and acres of green lawn for running. A child-sized train makes a wide, hoarse-hooting loop through the park for 20 cents.

You'll find table and barbecue pits for picnicking in three separate locations—beneath trees that form one of the best collections of species in the valley.

To get to Applegate Park, leave U. S. Highway 99 at the R Street turnoff in Merced, turn northeast on R, proceed to 25th Street, and turn right.

## A neighborhood fair in San Francisco

Long-time San Franciscans think of their city in terms of well defined districts and neighborhoods. The wrinkled, up-and-down geography accounts for the unity of some areas; others form on the basis of ethnic ties; and some have grown up around a commercial street or section.

One district with a strong community spirit is Bernal Heights, a hilly section in the southern part of the city. On Sunday, August 25, it will hold its fifth annual street fair: on Precita Green between 9 A.M. and 5 P.M. Sponsor is the Bernal

**Gingerbread peace symbol** *with c ing sold at last year's Bernal Hei*

Heights Association.

The sequence of activities is casu the spontaneous atmosphere of a town gathering. Artists display a their work, a theater group an dancers perform, and there is a selling used household goods. Aro tree-shaded perimeter are booths information and advice as dive where to obtain street trees and w vote for in the upcoming election.

Boundaries of the Bernal Heights D are roughly Mission Street on th Alemany Boulevard on the sou Bayshore Freeway on the east, Street on the north. Precita Green block south of Army on Precita A between Folsom and Alabama stre

## For travel planners, an August check list

**Hawaiian cruises.** The 1968-69 schedule of the *S.S. Lurline* has been announced in a handsome 20-page booklet that describes itineraries, ports-of-call, shipboard accommodations, and cruise activities, and gives a complete schedule of fares. The free, color-illustrated booklet is available from travel agents and from Matson Lines, 110 Mission St., San Francisco 94105, or 523 W. Sixth St., Los Angeles 90014.

**River rafting.** One-day raft trips on the Colorado River are available daily this summer at Moab, Utah. The rafting parties leave Moab each morning at 8, launch their rubber rafts about 25 miles upstream, and are back in Moab by midafternoon. Price ($12 per person) includes transportation to the launching site, a picnic lunch, and the services of a licensed boatman. For information, write to Tag-A-Long Tours, 156 N. First W., Moab, Utah 84532.

**Travel in Mexico.** The 1968 edition of the *Mexico Travel Digest* contains excellent directories of accommodations, restaurants, and entertainment facilities in major resort areas of Mexico, and a special six-page guide to the 1968 Olympics. The *Digest* is published for the use of professional travel agents, but individuals may order copies at $2.50 each from Paul, Richmond & Co., Publishers, 1100 Glendon Ave., Los Angeles 90024.

**Voyage to antiquity.** A 29-day cruise on the luxury yacht *M.S. Stella Maris II* begins in Naples on October 14 and take 32 ancient ports-of-call in North Afr the Greek islands, Greece, Turkey, and D matia. Fares range from $2,145 to $3 for one person; from $1,285 to $2,300 for two. For information or reservati visit a travel agent or write to Donald Ferguson, Ltd., Katonah, N.Y. 10536.

**Caribbean cruises.** The *M.V. Prin Italia*, completing its 1968 season of co voyages between Los Angeles and A pulco, will leave Los Angeles on Septe 20 for a 15-day cruise to Nassau. Los geles-to-Nassau fares begin at $550 person. After a round-trip voyage to G from Nassau, the return cruise to Los geles leaves Nassau on November 27 arrives in Los Angeles December 11. ship resumes its coastal service (Los geles - Acapulco) on December 13. reservations on the Nassau cruises or 1968-69 coastal service to Acapulco, v a travel agent or write to Princess Crui 643 S. Flower St., Los Angeles 90017.

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**What a travel agent can do for y** Provide information on tours; reserve s on air, rail, bus, and steamship lines; m hotel, ranch, and resort reservations; t care of trip planning, including side t and special events. Travel agencies do charge for arranging transportation package tours, but do charge for "custo tour service.

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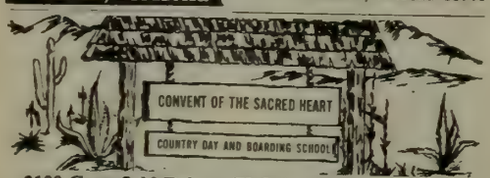


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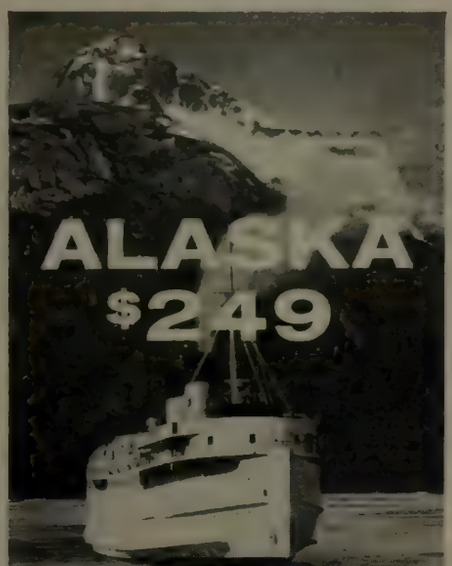


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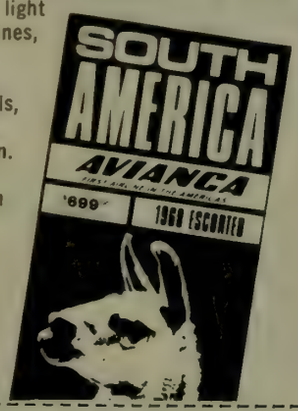


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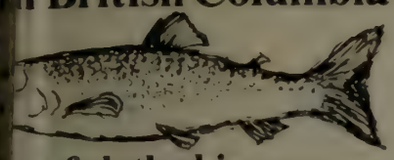

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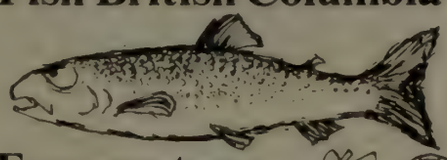

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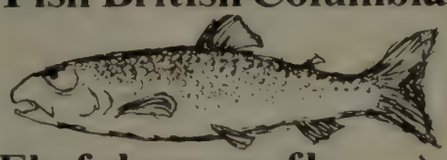

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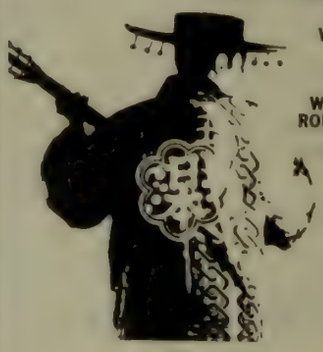

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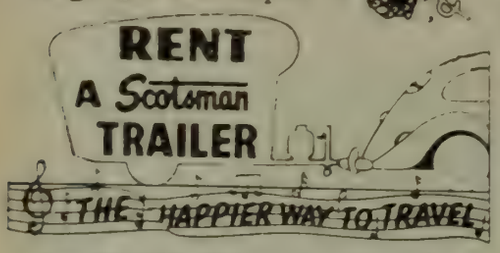


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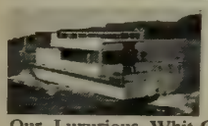

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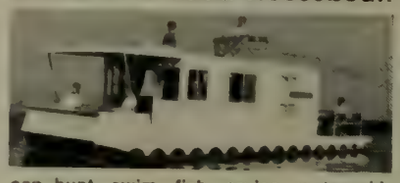

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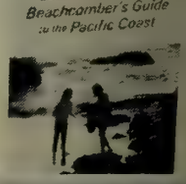


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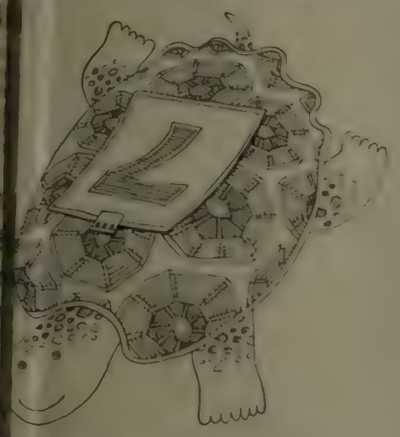

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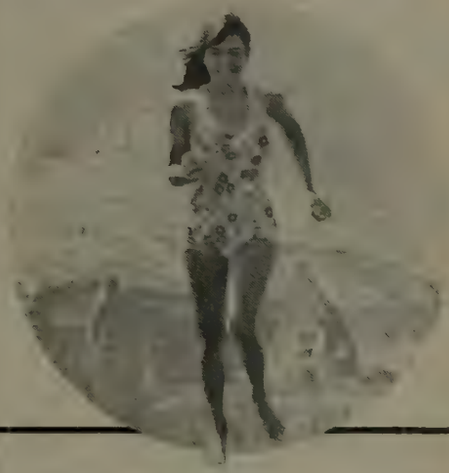

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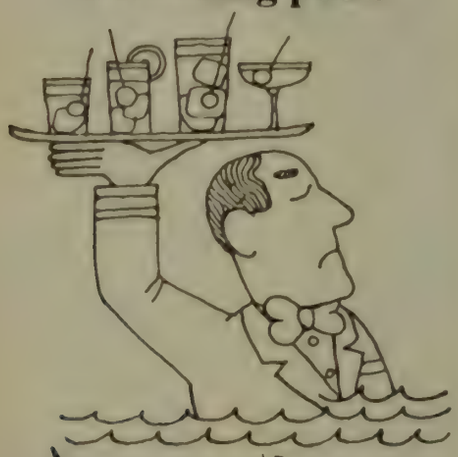

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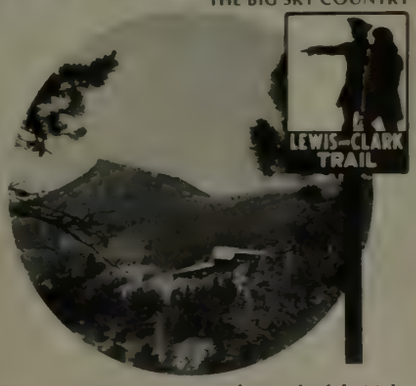


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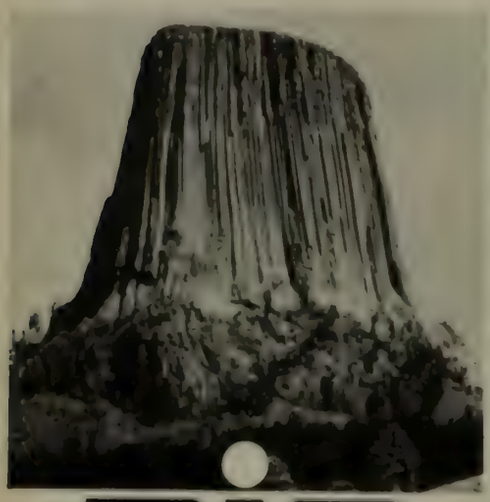

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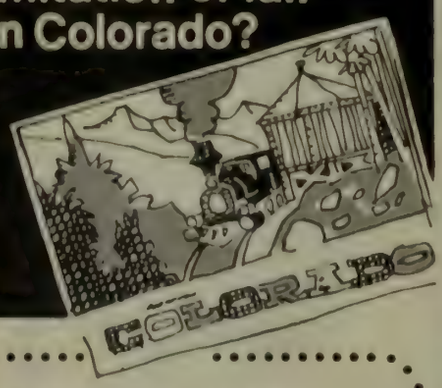


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Send for FREE big 52-page color imitation of Colorado. If not completely satisfied, you may keep it and enjoy the real thing this fall. While you're at it, get our statewide events list, highway map folder, hotel, motel, dude ranch and resort information, with prices. Write to:

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**Aerial tramway** *near Jackson, Wyoming, lifts you up eastern face of the Grand*

# Summer rides on the high tr

**Rendezvous Mountain,** *your destination, looms above Clock Tower at Teton Village*

**The granite peaks** of the Grand used to be the privileged domain perienced mountaineers, and most still are. But now the casual sumn tor can ride all the way to the 10,446-foot-high Rendezvous M on the Jackson Hole Aerial Tram

The tramway's summer season from May 30 through September 1 ing this period a tram car leaves th terminal at Teton Village approx every 20 minutes from 9 A.M. unti The round-trip ride costs $2.75 for $1.50 for children 12 years old or y A special "family plan" ticket ( plus unmarried children) costs $8

The tramway's two gondola cars c balance each other: one goes up

ers *view near and distant peaks*
*he picture-windowed gondola*

per terminal *you disembark, walk*

# Jackson Hole

comes down. Each carries a maxi-
load of 62 passengers, and takes
15 minutes to make the 2.4-mile
rom the valley to the top of the peak.

Rendezvous Mountain the weather
predictable, subject to the settling-in
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# Tahiti's distant allure. As close as tomorrow.

Tahiti is sun-drenched beaches—and hidden crystalline lagoons. It is a bronze-skinned vahine, charming you with her carefree laughter. It is Polynesian feasts—and fine French wines. It is coming home by moonlight to a blissful sleep in a modern full-service hotel. Best of all, it is just hours away from where you are right now. (And right on your way to the lands "down under.") In short, Tahiti is the perfect place to lose your worries. And find yourself.

Tahiti Tourist Board, Dept. S-1
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Please send me your Tahiti travel kit.

Name _____
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My travel agent is _____

**tahiti**

**Island's** *south flank pitches steeply to beach shown below, right. San Francisco, beyond Alcatraz, is 4 miles across bay*

**Trail** *to century old fortress crosses overgrown parade ground of Camp Reynolds*

# Park-in-the-Bay

## You go by boat from San Francisco or Tiburon . . . for picnicking, island touring

**On a fine weekend morning** there is a friendly rush for deck seats on the San Francisco ferry to Angel Island. Up the gangplank come families lugging picnic hampers, fashionable folk heading for a walk on the island before brea Tiburon, and hikers ready for to the island's summit and a S of the bay.

The island is a state park. O

**Ayala Cove,** *entrance to Angel Island. Tour boat at left is from San Francisco; ferry at center serves Tiburon; private yachts are moored at right*

rangers' families and a soon-to-leave lighthouse tender live here. In the past, it has served as an Army post, a compound for prisoners of war, an immigration quarantine station, and a dueling site for hot-tempered San Franciscans.

Some of the island's past is too recent to be open to the public. On the east side an abandoned NIKE base and the buildings of North and East garrisons are off limits. The tour train passes through but does not stop, and the 6-mile hiking route completes its circuit by veering up North Ridge and Sunset trails to the 776-foot summit to avoid the east shore.

Located in Ayala Cove in the lee of buffeting summer westerlies are the park headquarters, a grassy softball field, and picnic tables. Large groups can reserve picnic areas by calling (415) 435-0122.

Adults pay $1.50 round trip to Angel Island, children 75 cents. The Fisherman's Wharf ferry makes round trips almost hourly on weekends, from 10 A.M. to 3:45 P.M.; less often on weekdays; and weekends only after Labor Day. Call 362-5414 for schedules. The Tiburon shuttle goes almost on request on summer weekends from 9 A.M. to 7 P.M., less often other times; phone 435-1094 for departures.

BARON WOLMAN

**2-mile tour** *of the island on sightseeing train (adults, children, 50 cents) includes garrisons otherwise off limits*

**Picnic is must** *on all-day stay; no food is sold. At left, a remote beach with view of Golden Gate; right, an organized area*

**Locke's two-story buildings** *rise only one story above levee. On the other side, ground floors open onto street (see picture*

# A Chinese town called Locke

**Snug** behind a levee road about 30 miles south of Sacramento are the sagging, weather-beaten buildings of Locke. Founded in 1913, the town was settled by Chinese from nearby Walnut Grove. By the 1920s, Locke had some 5,000 residents and enjoyed the reputation of a good-time stopover among riverboat passengers. It's still worth a stop.

Today, the town, still owned entirely by the founding Locke family, is having a modest renaissance. A new restaurant, The Tules, has joined locally famous Al's Place (both urge dinner reservations on summer weekends). An art gallery is scheduled to open this month.

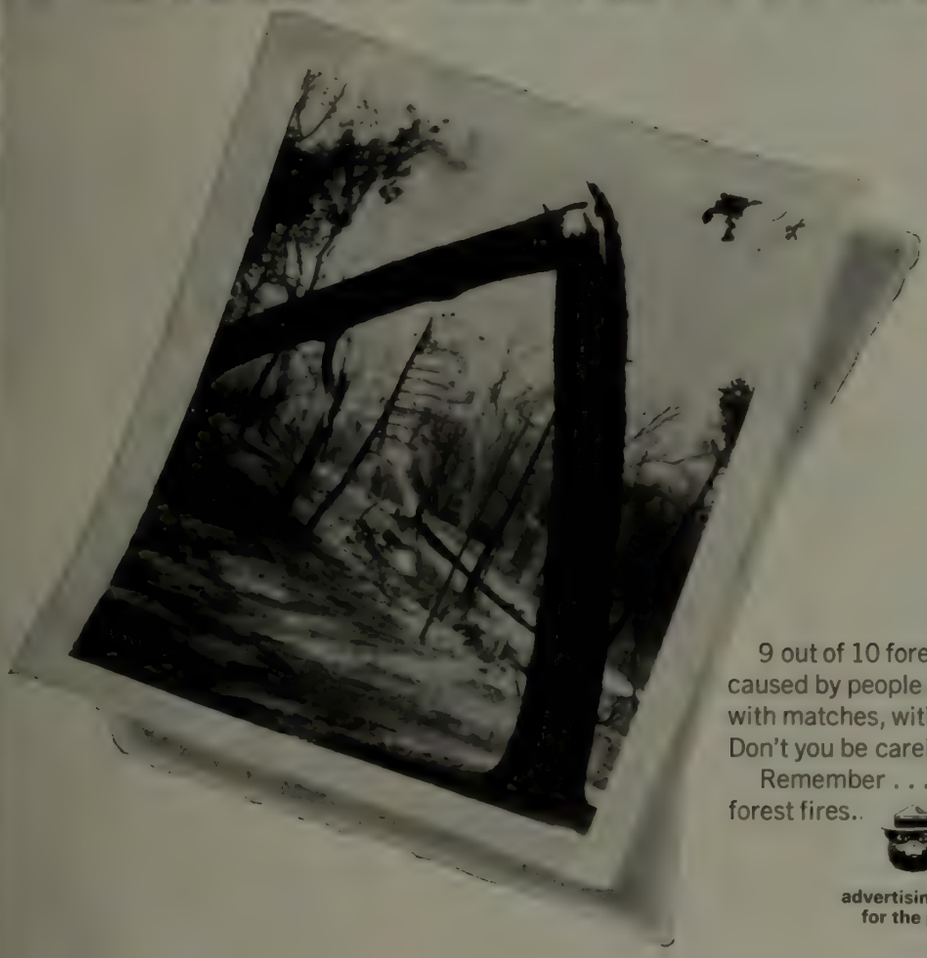
You can rent rowboats, sailboats, motorboats, and houseboats at marinas in or near Walnut Grove. In summer a jitney service for boaters connects Walnut Grove Marina and Locke.

Driving from San Francisco, swing through Fairfield or Antioch to Isleton, then follow the Sacramento River north; Locke is just a mile north of Walnut Grove. From Sacramento, drive south on State Highway 160, then stay on the east bank levee road beyond Courtland. From U. S. 99, take the Twin Cities Road exit.

**Balcony-shaded** *wooden walkway is reminiscent of a frontier town, with an added flavor of the Orient*

**The Tules,** *with its gimcrack decor, serves full dinners. It's open only in summer, 11* A.M. *to 11* P.M.

# Nature made it in living color. Carelessness made it black and white.



9 out of 10 forest fires are caused by people who are careless with matches, with smokes, with campfires. Don't you be careless.

Remember . . . only you can prevent forest fires..

ADVERTISING COUNCIL

**advertising contributed for the public good**

**Event of the year** *is Antiques Fair at Dallidet Adobe (where Pacific Street ends at creek; see map). This year it's August 17, 10* A.M. *to 5* P.M. *Donation is $1*

**Dealers,** *collectors, organizations ex fair. Here is table full of antique*

**Calliope** *is one of the fair's attractions pressed air instead of steam now make*

# Between Los Angeles and San Francisco . . . stop for a walk through San Luis Obispo

**Walk or drive** *2-mile-long Path of History tour. Colored dots indicate points of major interest*

**From the visitor's** point of view, perhaps the best thing that has happened to San Luis Obispo was to have a freeway relieve its streets of coast highway congestion. About midway between San Francisco and Los Angeles, this city has always been a logical stopover point on the trip—and now it's easy to explore.

If you do stop, you will discover one of the most surprising showcases of California history on the coast. Starting with the Spanish era, nearly every period and contributing culture is represented, including the Chinese. Since many of the nostalgic remnants are lived in or nicely adapted to present-day use, San Luis is livelier than you might expect a museum town to be. And if you go on Saturday, August 17, you can take part in the fun of the Antiques Fair pictured above.

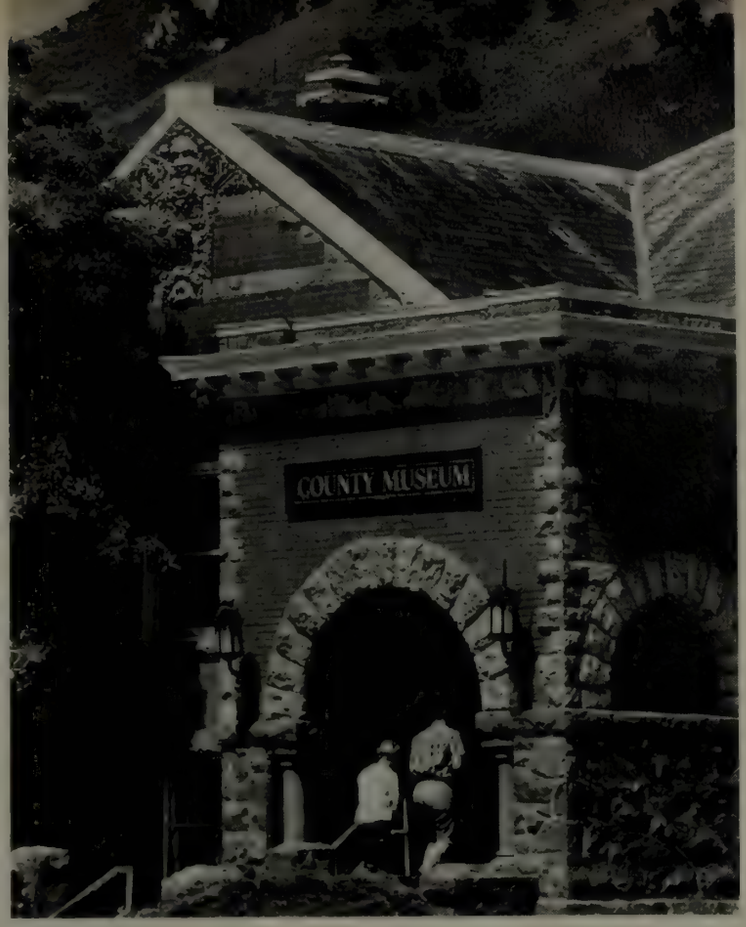
Exploring is made more meaningful by a *Path of History:* You walk (or drive) a route marked by a red line painted in the

epot, *narrow-gauge rail station moved to Dallidet den, houses horse-drawn streetcar and fair exhibits*

h no shortcuts, the walk is a little more than 2 miles about 1½ hours.

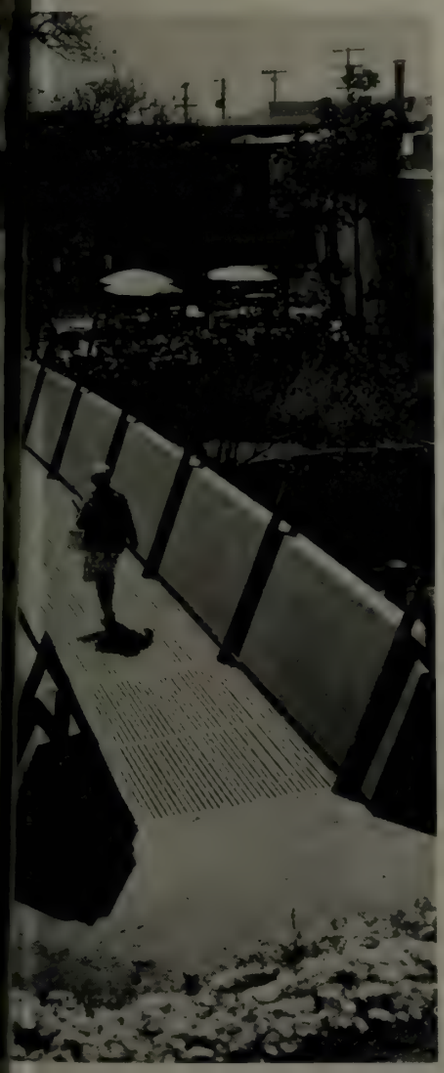
ochure available at the County Museum (corner of l Monterey streets, near the mission) describes 20 he way. The museum is open (free), 10 A.M. to noon P.M., every day but Mondays and holidays.

eye out for other things: several splendid Victorian r example, and the newer Sinsheimer Trust building wo-century-old olive trees from the mission garden, able trees, and good creekside landscape. The visitor's likely to be that this otherwise charming town has earned how to take advantage of its finest natural the wooded creek that runs through its center.




**County** *historical museum occupies 1905 Carnegie Library building, built of brick and stone quarried from nearby Bishop's Peak*

ERNEST BRAUN



**oss creek** *on plywood footbridge, a ply design, to Cigar Factory patio*

**Under** *vintage chandeliers, Cigar Factory restaurant is remodeled 1897 factory that once had its own registered Pioneer Cigar band. Look at antiques downstairs*

# 1080 delicious colors from Fuller-$5.98 a gallo

When it comes to summer colors, Fuller has the latest scoops—1,080 to be specific—all the way from delicate vanilla to the newest decorator delectable, creamy chocolate brown. At just $5.98 a gallon beautiful Fuller Ful-Pruf Interior Latex Paint is the best value in a month of sundaes. Fuller Ful-Pruf is also a treat to apply. It has no odor, dries in an hour, cleans up with soap and water and covers flawlessly, you need only one gallon to do 4 square feet. So why pay a la mode prices paint when you can buy quality Fuller Inter Latex for only $5.98 a gallon. For the sweete paint value in town, see your Fuller Deal Like Fuller Paint, he's in a class by himsel the classified section of your telephone bo

FULLER PAINTS

## Since 1849 Fuller has painted the West-best.

Prices slightly higher in Hawaii and Al

# kee Boy Basin
# ll wildflowers
# midsummer

**the most interesting** ghost towns western Colorado are found along mile stretch of U.S. 550 between and Montrose in the San Juan ins. Towns like Silverton and ill flourish (mostly because of em- ents to attract tourists); others bling as reminders of the feverish d silver mining activities of the 0s.

book to have with you when you s area is *Ghost Towns of the Colo- ckies*, by Robert L. Brown (Cax- nters Ltd., Caldwell, Idaho, 1968; which has much detailed history d black-and-white illustrations.

f the old mining camps it describes reached by jeep. (For information -wheel-drive vehicles for rent, with ont guide, and for maps, write to rs of commerce of Ouray, Silver- rango, or Montrose, Colorado.)

e ghost-town-exploring trip you ke by family car. It takes you ally to the small glacier-carved val- Yankee Boy Basin, a few miles Ouray. From mid-June until Sep- , it is carpeted with marsh mari- clematis, chiming bells, gentians, ndreds of columbines and other s rarely seen except in isolated s above timberline.

**o get there.** Go southwest from on State Highway 361, a steep, dirt road, almost to Camp Bird (about 6 miles). You can see this s mine, and the road continues right ut you're not allowed inside because ivate property.

ight at the U.S. Forest Service sign venue Mine and Yankee Boy Basin. a mile up the narrow road you pass ost town of once-booming Sneffels, bout 1881; a little farther on are the of the old Atlas Mine and Revenue The road ends about 2 miles from ls, at the basin. There are jeep roads iking trails to some of the mines r up in the mountains.

**e to stay.** Accommodations are avail- n Ouray. If you wish, you can camp nkee Boy Basin, but there are no ground improvements. For further mation on this area, write to Forest rvisor, Uncompahgre National For- 063 Main St., Delta, Colo. 81416.

CHARLES C. NIEHUIS

**It's a steep climb** *up to Yankee Boy Basin. Camp Bird Mine is visible at lower right; beyond rises 13,100-foot Mount Hayden*

**Start from Ouray,** *on U.S. Highway 550, to explore scenic region of Uncompahgre*

## Doesn't this look like your dream of a Hawaiian hideaway?

Then discover Kona Village! Here you can really get away from neon nightclubs, high-rise hotels, and frenzied tourists. We're hidden away in a private cove on the Kona Coast of the big island of Hawaii. At Kona Village we have recreated the ancient village of Kaupulehu as it was before Captain Cook arrived. Secluded thatched-roof cottages have authentic native exteriors. But inside, you have luxury furnishings, carpets, tile baths, electricity. Kona Village can be your escape from the pressures of a busy world. Here you will completely relax and unwind. Join us.

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# On Kauai . . . an August festival

**Back carver** [illegible] *a Hawai[illegible]* [illegible] *tools of* [illegible]

**PAINTINGS AND CRAFTWORK**

A selection of paintings submitted by artists from all islands will be on view each day from 10 a.m. to 4 p.m. in Waioli Social Hall, the old Waioli Mission Church, built in 1841. Its sloping roof and wide eaves have influenced much Hawaiian architecture. Craftwork on display will include Hawaiian quilts, rare leis, pottery, baskets, masks, stamp, [illegible] and plants and seeds, and lineage [illegible] leaflets.

You'll find an exhibit on the mission [illegible] paintings in the vestibule of the [illegible] Waioli Hui'ia Church, built in 1912.

And be sure to visit Hanalei Museum, open every day in summer from 9 a.m. [illegible] (no admission fee). It's a plantation cottage with turn-of-the-century furniture, agricultural tools, and artifacts of various ethnic groups.

**SATURDAY'S HIGH POINT**

On Saturday at the [illegible] will demonstrate how to sing [illegible] make poi, carve [illegible] utensils and musical instruments from bamboo and [illegible]. The restored Waioli Mission [illegible] house-museum building with [illegible] many of its original furnishings [illegible] open from 10 A.M. to 4 P.M. [illegible] you must find the caretaker to [illegible]

Saturday evening a luau at the [illegible] will be followed by Hawaiian [illegible] and dancing. The Holoku ball, [illegible] will feature a holoku contest—[illegible] of ladies wearing the state dress [illegible] known as holoku, [illegible] hand-me-downs from missionary [illegible]. Luau tickets ($5) and ballticket[illegible] can be obtained at any [illegible]

**Poi maker** [illegible] *with water* [illegible]

Jeepneys are Manila's flashy baby buses. They'll take you from one end of Manila to the other for four cents.

# he "Jeepney" is as Filipino as the Intramuros Golf Course,

The 18-hole Intramuros is the filled-in moat of a castle. During medieval times it was a Spanish fortress. (It's just a chip shot from the Manila Hilton.)

# the bundok and

The bundok, the mountain country of rice terraces on the east coast of Luzon, has become world famous as "the boondocks"—meaning: just about as far from civilization as a place can get.

# ne new Manila Hilton

You'll stay at the Manila Hilton on an American Express 15-day tour of the Orient, for only $1068, including economy air fare from San Francisco. Call your travel agent for details. Incidentally, American Express escorted tours let you *prepay* your trip and help you to limit your spending overseas. **Suggestion: charge your whole trip on your American Express Credit Card and take up to a year to pay.**

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AMERICAN EXPRESS

# Let Matson show you the islands o Hawaii on a 15-da cruise vacation

It all begins with a delightful bon voyage party. Then your luxury resort liner, the SS Lurline, sails from California for Hawaii's four paradise islands – Oahu, Kauai, Maui and Hawaii. Ahead are carefree days cruising across the Pacific, enjoying the warm sun, the fresh air, and the blue sea.

The fine food, the spacious cabins and lounges, the nightly parties – everything has a style that has become known as the Grand Manner of Matson. The Lurline is, in every respect, an exclusively First Class ship.

And when you cruise with Matson there's no packing and upacking all the time, because the ship is your hotel throughout the voyage. But most important of all, you'll discover that there is no more beautiful way to see the islands of Hawaii than by sea.

HONOLULU, OAHU Your first view is of Diamond Head. The mountain, misty in the pre-dawn moments, begins to turn blue-green in the morning sunlight.

Your ship moves past Waikiki beach, gliding behind surfers riding the morning waves, then docks at Aloha Tower. Hundreds of people are there to greet you. Even in cosmopolitan Honolulu, a Lurline "Boat Day" is a big event.

During your stay in Honolulu you can enjoy the beach and the nightlife of Waikiki, then return at night to your own familiar stateroom.

Two days later you sail for Kauai at midnight. As your ship departs help yourself to a sumptuous buffet.

NAWILIWILI, KAUAI Natives in outriggers escort your ship into Nawiliwili Harbor. At the dock, you are welcomed, Hawaiian style, by singers and dancers. Today take a boat ride up Wailua River, through flower-scented jungles to the Fern Grotto. As the Lurline leaves the Garden Isle, you'll know you have visited a delightful part of Hawaii.

LAHAINA, MAUI Approaching Maui you see clouds poised above the mountains. Sugar cane fields cover the lower slopes, and at the water's edge is the old whaling town of Lahaina.

Nearby Kaanapali Beach is a good place to explore. Across the water you can see three more of Hawaii's islands: Lanai, Molokai and Kahoolawe.

When it's time to sail you might like to hold an aloha cocktail party on deck for your friends, with an evening view of Maui for a backdrop. As on every night of your inter-island cruise, you'll enjoy a festive review featuring leading Hawaiian entertainers.

HILO, HAWAII There's a chance you'll see an unusual sight as the Lurline draws toward Hilo – snow. It covers the top of 13,700 foot Mauna Kea, the highest island peak in the world. Yet despite this wintertime touch the shoreline is covered with waving palms.

Tour the quiet town of Hilo in a brightly colored sampan, or go exploring. When it's time to say farewell, the band on the dock plays the familiar "Aloha Oe" and serpentine streamers spiral around you. Cast a lei to the sea. Legend says it is your promise to return.

The ship heads home now, but your vacation is far from over. You have five more wonderful days on the Many find this part of the trip enjoyable. Daytime activities swimming, deck tennis, trap-s golf practice, or simply lying sun. At night of course, there parties, with the Captain's D the grand finale to your cruise.

CRUISE SAILING DATES offers six 15-day cruises dur coming year. Each coincides special festival, season, or Whaling Spree Cruise, Oct. 25, Makahiki Festival Cruise, No 1968; Christmas-New Year's Dec. 20, 1968; Winter Paradise Jan. 28, 1969; the new Aloha time Cruise, Mar. 7, 1969; Merry Monarch Festival Crui 3, 1969. Each sails from San Fr and Los Angeles.

There's no better way to two-week vacation. And no bett to plan than now. For a full co chure on these cruises contac travel agent or Paul Thompson, Cruise Consultant, 110 Mission S Francisco 94105. Or, ask abou son's regular 5-day cruises, to Hawaii. These depart every days from San Francisco or Los A and Honolulu.

SAFETY INFORMATION: S line, registered in the U. S., International Safety Standards f ships developed in 1960 and me 1966 Fire Safety Requirements.

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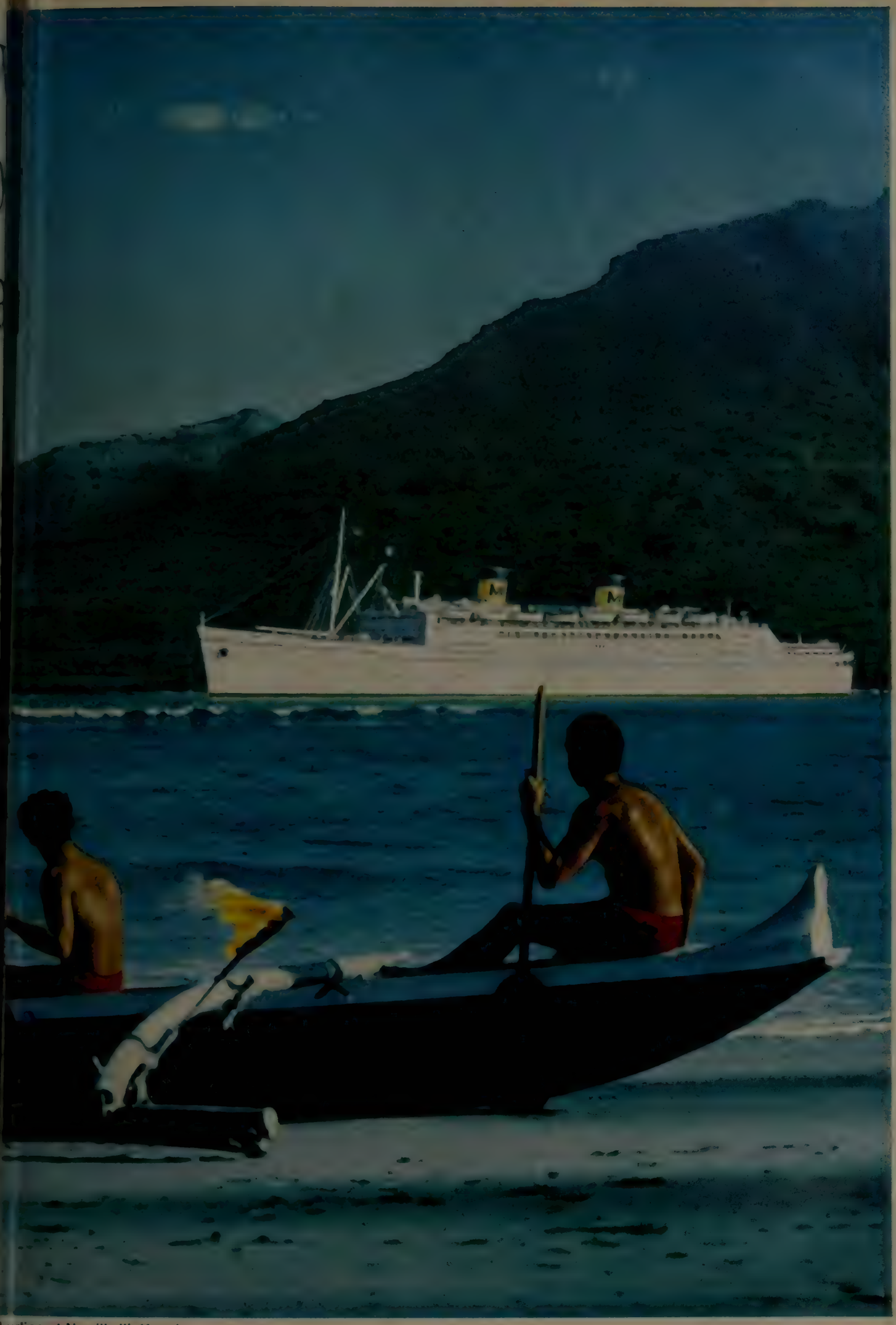

Lurline at Nawiliwili, Kauai

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For the first time
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**BOEING 737 TWIN**

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FRANK JENSEN

**There's a parade** *both mornings bright with holiday costumes of the townspeople*

# They celebrate Swiss Days this month at Midway, Utah

**Days** at Midway, Utah, will get way on Friday, August 30, with an oon market (cheese, sausage, home- pies and cakes), a 6 P.M. parade tional Swiss costumes, mounted s, decorated horse carts), and an g program of folk music and danc- the town hall.

day's festivities begin with a chuck- n breakfast, followed by a second e at 10 A.M.; an afternoon of greased ole-climbing, and chicken-catching sts; and the selection of a Miss Swiss gn over the dance that evening.

two-day celebration commemorates lishment of Midway back in 1858, eflects the Swiss ancestry of some of its founders. The Wasatch Mountains on the western skyline and the chalet-style architecture of some of the town's older homes both strengthen the alpine theme of the annual celebration.

Midway is about 45 miles southeast of Salt Lake City, a short detour off U. S. Highway 40. Leave U. S. 40 at Heber City and take State Highway 113 the 3 miles west to Midway.

Camping facilities are located 5 miles west of Midway in Wasatch Mountain State Park and at recreation areas in nearby Uinta National Forest. Some overnight accommodations are available at a Midway resort and at motels in nearby Heber; reservations are advisable.

FALL FUN
at the
Kauai Surf

**Island of Kauai, Hawaii**

Summer crowds have gone . . . you have more of the long sunlit beach to call your own. The spectacular golf course is there, ready and waiting, and so is the tennis court. Swimming, sailing, surfing, nightly entertainment and dancing go on as usual. Maybe this is the year to enjoy a fall vacation at the Kauai Surf Resort. Your travel agent and our brochure can help you decide.

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FLATTERY'S WATERS by J. B. Bradbury BLYTH COLLECTION

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**Don't hide them...clear them with 20/20 EYE DROPS.**

For fast relief of redness, swelling, irritation due to Sun Wind. Allergies. Smoke. Overindulgence.

**Collector** *searches for gastrolith eroded surface of the Morrison F about 10 miles south of Green Ri*

# *The dinosau "belly boulder*

**A belly boulder** (paleontologist call it a gastrolith) is a smoot polished pebble of quartz, agate, extremely hard material found fossil remains of dinosaurs or in s deposited when there were lots saurs around. Paleontologists these pebbles to be grinding sto the gizzardlike stomachs of t reptiles.

Gastroliths are particularly co eroded exposures of the Morrison tion (shales and sandstones d about 135 million years ago) in M Wyoming, Utah, and Colorado. them in stream beds and washes base of road cuts and cliffs. Their flash in the sunlight, and the sati most waxy finish confirms their

The gastroliths pictured below lected in a weathered exposure Morrison Formation in the Gre Desert south of Green River, U area sometimes referred to locally Boulder Basin.

DARRO

**Gastroliths** *may be as small as a as large as a bowling ball. Brigh are common. All are highly*

# the next
# seconds it's
# rophy...or
# usted leg."

poken determination is followed l-life drama as Larry Wyatt, oy and rodeo competitor, leaves number two aboard a snorting, pound, unpredictably dangerous a bull. Larry's been riding the circuit for years. It's left him a house full of trophies, a few n bones . . . and a very under- ing wife. And he is just one of well known cowboys who will ete in the annual Ellensburg o this Labor Day weekend. They e joined by the Yakima Indians, rming colorful, authentic tribal es. Start your fall vacation with xcitement of a rodeo. Then take to enjoy the many fairs and als throughout Washington State truly capture the rugged spirit e Old West.

*the Ellensburg Rodeo*

## The character of Washington State

It's the noise of a rodeo . . . or the soft tinkle of a glockenspiel in a quaint Bavarian village snuggled against the Cascades. The week-long Autumn Leaf Festival starts September 21st in the town of Leavenworth. Bring your camera to capture the autumn beauty of tree-filled Tumwater Canyon, and to record a modern day touch of Old World charm.

*Leavenworth's Bavarian Village*

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# WASHINGTON STATE

# A tale

Well-groomed Victorian houses huddle in the shadows of 30-story high-rise apartment buildings.

Thousand-acre Stanley Park, a forest of maples, pines and hand-carved totem poles, borders the exciting new architecture of the downtown area.

Across Burrard Inlet, cable cars climb 4,000 foot Grouse Mountain for a dramatic day or night view of one of the world's great seaports.

This is Vancouver, B.C.

This is Western Canada's most dynamic city. Almost a million proud Canadians live and build and play here.

And you're welcome.

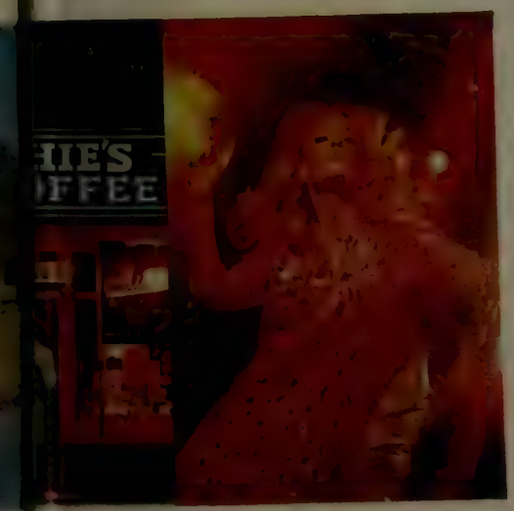
Welcome to shop for world-wide imports at Hudson's Bay, T. Eaton's, or Woodward's, and on the Robsonstrasse, a three-block mini-Europe of quaint shops and restaurants.

You're welcome to the yacht clubs, the golf courses, the salmon boats, the fine restaurants and steak houses.

You're welcome to the Queen Elizabeth Theatre, the night clubs, and to the second largest Chinatown outside of China.

You're welcome, too, to the English charm of Victoria on nearby Vancouver Island.

# ne city




How about a ferryliner cruise up the majestic Inside Passage.

Or you may want to see more of beautiful British Columbia; Kamloops, the Kootenay Valley, Fraser Canyon, the Peace River Country, historic Fort Steele, and more.

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**Visit dynamic Vancouver with**

**WESTERN AIRLINES**
INTERNATIONAL

GLENN C

**Wet teen-ager** *does impromptu ballet in International Fountain. Such performances are not encouraged, but no signs say "keep out." Audience sits on circular fountain's rim to shooting water jets. Behind is flag plaza, open-air re*

# Seattle's great performing park

On a sunny summer day the Seattle Center (the old World's Fair delightfully left over) puts on a show too good for visitors to miss. Much goes on, most of it free

**'s great park** is easy to find. From own or any approach to downtown, ook for the 602-foot Space Needle ead in its direction. (Or park down- and walk to the Westlake and Pine ail station.)

on the grounds, you'll find getting d is no problem. Neat direction tell you where you are and in what ion to head for the Coliseum, the Circus, the Science Center.

u attended the Seattle World's Fair 62, be prepared for pleasant changes. rees have grown. Everything is more ous (all temporary buildings are . There's less pavement, more lawn, open sky, less sense of crowding gh almost 8 million people will visit Seattle Center this year; and the d's Fair drew only a few more than illion).

**Fun Forest** *is amusement area. Rides are 25 to 40 cents, cut to 20 cents on Wednesday afternoons in August*

time relaxation and activity that reminds many visitors of Copenhagen's Tivoli.

The whole place is just 73 acres—16 former city blocks converted. Some of the old streets remain (see *Sunset's* cover), now leafed over with handsome young trees, but you see no cars. This is a walker's park.

The transition from fairgrounds to park is still under way. San Francisco landscape architect Lawrence Halprin has had a big hand in it. So has Seattle landscape architect Richard Haag.

The original World's Fair layout and landscaping were work of the late O. E. Holmdahl, Seattle landscape architect, and Seattle architect Paul Thiry. The Seattle Park Department now has charge of the grounds. Visitors from California especially will enjoy how green everything seems to be.

old World's Fair grounds have become a new kind of city . It includes a performing arts center (like the Los Angeles ic Center and New York's Lincoln Center), an amusement . a mix of eight museums and galleries, perhaps the most erant array of fountains this side of Rome, acres of lawn ounging, avenues of trees. There's an overhead bucket sky that reminds you of Disneyland, a general air of summer-

(And some will be shocked if they go into the stadium on the grounds. The playing field turf has been ripped out and replaced with Texas-style fake grass. The lawn in the Seattle Center proper is real, however, and handsome.)

As *Sunset's* photographs show, the fountains are a grand surprise. It's easy to miss some of the best ones—but you shouldn't. Go to the Playhouse entry plaza to see the great fountain by

**Youthful audience** *sprawls in the sun on sloping lawn for an afternoon concert of folk music*

## THE GREAT PERFORMING PARK

# You sit on the lawn, the band performances are free . . . so are the folk music concerts . . . so is the modern art museum

**Band** *gives Sunday concert in fl*

sculptor James Fitz Gerald, really a stunning, tall, abstract sculpture.

The great International Fountain pictured in color on page 40 runs through a 90-minute repeating cycle, from 11 A.M. to 11 P.M., with music and water action programmed together.

Many visitors especially like the flower fountains you look down upon in the Science Center water court. Each "flower" is 16 feet in diameter with water jets rising 6 feet in the air.

*THE MUSEUMS, THE GALLERIES*

*Hall of Fire Engines:* Favorite stop for boys of all ages and their fathers. Fire fighting equipment from mid-nineteenth century to World War II. To take home: matchbox engines, 65 cents; toy fire boat,

**Seattle Art Museum Pavilion** *featu temporary art, has traveling s this one an exhibit of modern ta*

GLENN CHRISTIANSEN

*Lady spectator-turned-performer joins in with the Israeli folk dancers who follow their Sunday performance with lively dance sessions for volunteers on the lawn in outdoor amphitheater*

You can be a performer yourself

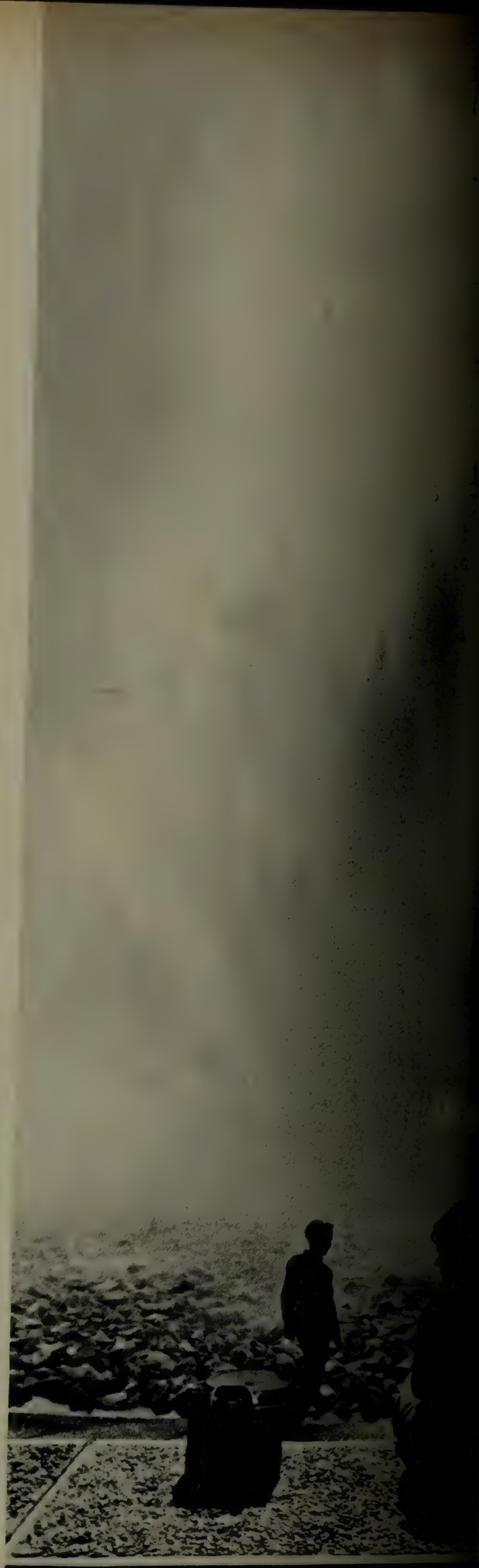
THE PERFORMING PARK

# The fountains are performing from one end of the park to the other. And again and again you find park visitors getting right into the act

39 cents and $1.25; pumper kit, $2.98. No admission but 10 cent donation suggested. Scheduled for August 24 weekend Fourth Annual International Grande Concourse of Antique Fire Apparatus, and Fireman's Muster, both in and in front of the hall.

GLENN CHRISTIANSEN

**Shoes off,** *girl accepts challenge of hot day, walks nonchalantly through water spilling down steps to pool by flag plaza*



**Some sit on rim,** *some go closer to watch International Fountain's shooting jets. If it's windy, you get wet*

*Jones Fantastic Museum:* Balcony level in Food Circus. Antique penny arcade machines. Admission is 50 cents.

*Pullen Alaska Museum:* In Food Circus. Old bar, furniture from turn-of-the-century Skagway hotel. Also Chilkat blankets, other Indian and Eskimo art. Admission is 50 cents.

*Pacific Science Center* is spread through five large, handsome buildings arranged around a stunning water garden with pools, fountains, walks over water. This is the United States Government's great World's Fair science exhibit, now about 90 per cent changed. It's a science show unlike any other in America. This year's summer show (through Labor Day), "Science is Fun," is in the Allen Building—on the left as you enter. Big surprise is the Moon Walk (not yet ready at *Sunset's* press time; but you'll probably have to take your shoes off). You also can experience lunar gravity (one sixth that of earth) in a special harness, take a ride in an air-cushion vehicle, work a "master-slave manipulator" used in atomic research.

Admission to the center is $1 for adults, 50 cents for children and servicemen. Children with adults, free. Allow 2 hours to half a day. And you may want to come back.

*Northwest Craft Center* is an art and handicrafts sales gallery packed with the unusual.

August feature will be sculptures and utilitarian glass pieces by glass blower David Hatch. Also: pottery, weaving, gift wrap paper, baskets, knitting. Look for handsome natural wool yarn from black sheep, about $2 for 4 ounces; large amounts spun to order, 10-day delivery.

**Young mother** *cools off her baby with a splash bath in the basin of a fountain*

**Children** *get wet in pool near Space Needle. Rods in back mount various home-style lawn sprinklers all whirling and jetting at once, making extraordinarily cheerful and wet sounds on hot afternoon*

*Museum of Flight:* New, still somewhat unfinished, but worth a visit. Early Sikorsky helicopter, F-5 jet fighter are among historic planes on display. To take home: model kits, books. For 25 cents you can "fly" in hooded Link trainer. Admission is free but donations are welcomed.

*Seattle Art Museum Pavilion* has Jackson Pollock show from New York's Museum

THE PERFORMING PARK

# You arrive by monorail. You ride the SST in 1975, drive a 1907 auto replica. You shop for shoes in Sweden. You eat in the sky

**Dusk** *in revolving Space Needle restaurant, almost 600 feet up, looking south over downtown Seattle. Big building in center is new 50-story Seattle First National Bank headquarters ing almost complete. It's tallest building yet for the No*

n Art through August 18. Rico Lebrun show opens
). Watch for new 12-foot plywood Moses by sculptor
th.

*orthwest Workshop* in Food Circus is place to watch
nd professional potters at work. "Always on Mon-
ner announces pot sale on that day.

*Gallery* displays fabrics, jewelry, crafts from India,
vine sculpture, crafts through August 3; Jack Lenore
bries, pottery by Brother Bruno La Verdier and stu-
gust 8-26.

*hopping:* Lower level of big Food Circus building is

GLENN CHRISTIANSEN

**ssengers look tense** *as the captain speaks on loudspeaker.*
*strapped in seats in SST mock-up at Science Center;*
*, and they're about to take off on a supersonic flight*

**Monorail** *glides into Seattle Center terminal after quick run from downtown. Trains are comfortable, almost silent*

**Young driver** *rounds turn in outdoor course equipped with replica antique cars. Steering is fun, but track guides car*

**Young shopper** *tries on wooden-soled shoes from Sweden in a serve-yourself shop, one of dozen in the International Bazaar*

a shopping arcade: loden coats, lederhosen, Korean brass, silks from India, Scandinavian cookware. Also in the arcade: book stalls, old prints, antique coin-operated pianos in tinny working order.

*EATING OUT: YOU HAVE CHOICES*

*The Food Circus* is a big old building, centrally located, containing some two dozen places to eat, all inexpensive; for example, Mongolian steak ($1); pastrami on delicious rye roll ($1).

*Food booths,* several scattered around the

GLENN CHRISTIANSEN

**Line of locust trees** *planted in neat squares cut into asphalt paving. Ground cover which fills squares serves to mask hidden lights*

**Grove** *of young sycamores shades approach to Science Center. Big circles paving expanse; smaller circles with stones around each tree are deco*

## SEATTLE'S PERFORMING PARK

It's a park for walkers. And watch as you walk. Around you are all sorts of good landscaping ideas to take home

*d garden corner at Science Center demonstrates good use for surplus sculptured, grassy mountain. Children like to climb on it, and it's safe*

DON NORMARK

**Belgian paving blocks,** *salvaged from old Seattle streets, make attractive paths*

**ce Center** *entrance fee also admits you to two delightful, usually uncrowded ns at pool level, this one shaded by white-trunked birches. Take a picnic*

**Lawn areas** *have inset granite paving blocks. These attract foot traffic; grass doesn't wear out; green color is continuous*

, offer hamburger-in-hand eating s inexpensive and popular. Benches tables usually are nearby.

*Plaza Restaurant* was busy glassing cheerful outdoor cafe as this article to press—a concession to Seattle her, perhaps, but a loss to Seattle's park. Lunch or dinner is $1.50 (ham- er) to $4 (steak).

*e Needle Restaurant* is an experience. h is $2 to $3.25, a la carte dinner 5 and up. The food is good and the simply smashing.

*e Needle Observation Deck* has snack offering a stand-up lunch for around $1, same view as floor below.

Needle elevator ride is $1 for adults, 50 cents for children under 12.

*Or take a picnic.* The Seattle Center is lawn-sprawling picnic grounds. You can watch the great International Fountain's 217 jet nozzles perform, or you can watch the passing parade.

### *WHAT'S GOING ON IN AUGUST?*

*Sea Fair:* Seattle's annual city-wide aquatic blowout is July 26 to August 4 this year. Torchlight Parade on evening of August 3 ends at Seattle Center. You watch in temporary bleachers. Sea Fair's climax is the world championship

## THE PERFORMING PARK AFTER DARK

# It's Seattle's performing arts center . . . opera house . . . playhouse, sports arena, coliseum

**Dancer** *in traditional tutu adjusts slipper as she waits for cue in Opera House*
DON NORMARK

**Orchestra,** *two balconies in Seattle Opera House seat 3,062. Acoustics are ver so is unusual stage lighting. New theater is Seattle's former civic auditorium*

race for unlimited hydroplanes on Lake Washington August 4. In between these dates all sorts of water-oriented events take place. A big Navy flotilla begins to arrive in Elliott Bay at 10 A.M. on August 1, with open house aboard ships August 2 to 4 at Pier 91.

*Nordic Festival* is August 11 to 18. Finns, Danes, Swedes, Norwegians, and Icelanders each have their day, everyb costume; then all join for a week dancing, singing, feasting. Don't prised if you find the International tain on these days dancing to *Fin*

*Folk music:* about 4 P.M. on Mur phitheater lawn July 27, August 24, September 7. Greek and Isra dancing on same lawn Sunday afte

*ncing:* Fridays, 8 P.M., Food
erybody welcome.

*g arts:* The Coliseum, Opera
d Arena will have scattered per-
during August and early Sep-
cluding these:

ugust 3: Wayne Newton show,
use.

Singer James Brown, Coliseum.

Comedian Bill Cosby, Coliseum.

The Rascals, Coliseum.

): Country Western Music Show,
use.

**Circus performers** *do classic tight rope act high above audience in the Arena*

August 16: The Smothers Brothers, Coliseum.

September 2–7: Mary Martin in *I Do! I Do!*, Opera House.

September 11 and 14: *Aida,* Seattle Opera, Opera House.

September 12–15: Shrine Circus, Arena.

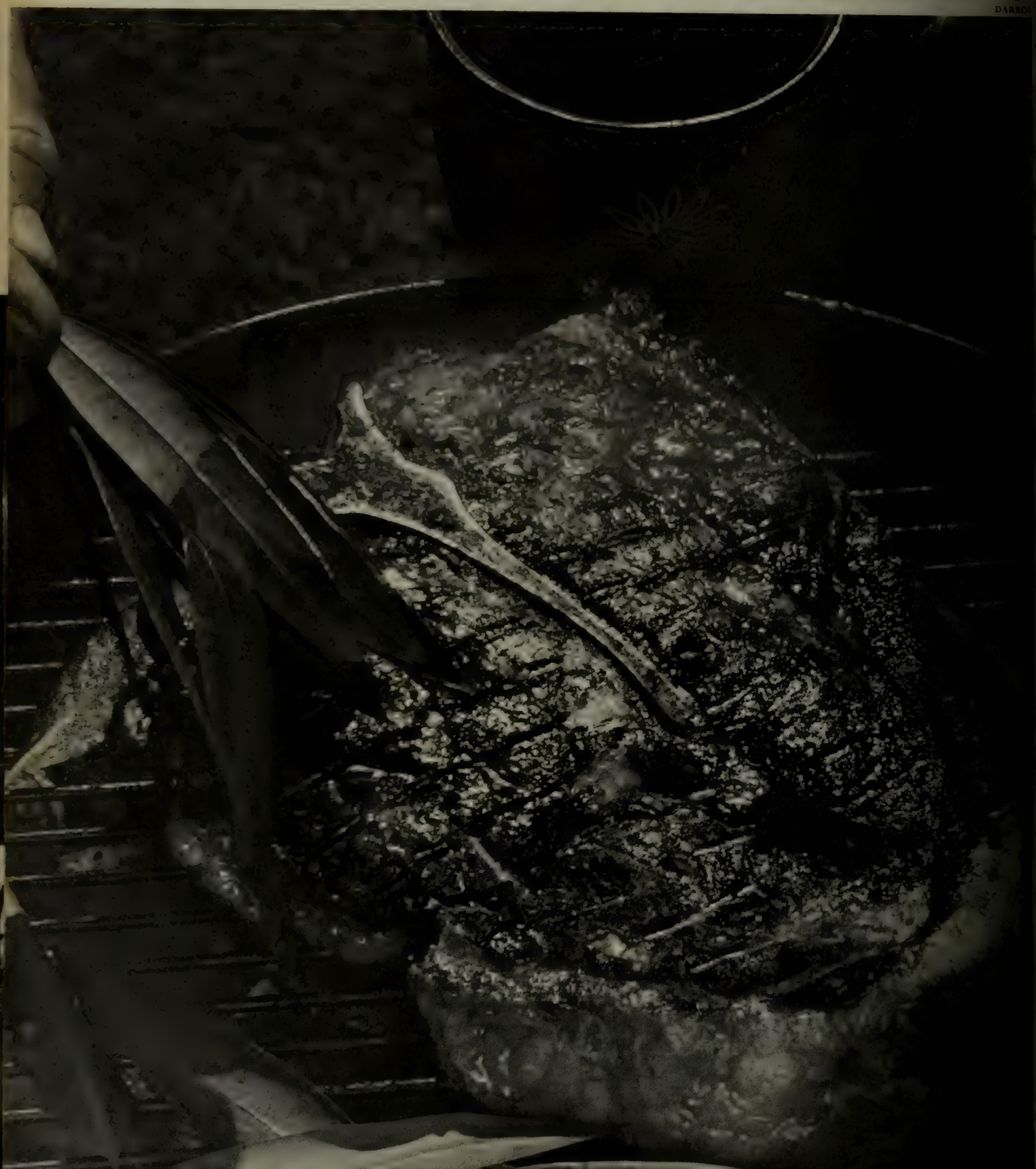
If you send a letter or a card to Seattle Center, Special Activities, 305 Harrison St., Seattle 98109, you'll get back an up-to-date map of the center and a guide to parking space within three blocks of the center plus a map of approach roads.

**Bicycles circle,** *skaters take bows during ice show under vast tentlike roof of Coliseum. Soaring structure seats 18,000*

# All a fine steak nee

**A cluster of bay** *for basting and some extra leaves to smoke on grill make a tempting cooking aroma. Baste is olive oil, ga*

DARRO



# a simple finish

a cut of beef as tender as the 2-inch-thick Porter-k pictured on the opposite page, it can stand per- on its own—with only the lightest of seasonings to avoid distracting from the quality and flavor of

t that each of these three subtle sauces for choice f—such as steaks from the rib, fillet, or loin—would ppropriate, distinguished complement to your next steak.

ire little, if any, advance planning on your part. re you will have all the ingredients for each one on hand, perhaps even tomatoes during the summer. You can decide what to do after the coals are started, and your preparations mostly take place on the barbecue alongside the cooking meat.

For each serving you should allow a minimum of ⅓ pound of boneless steak and no less than ½ pound of steak with bone.

*A fire reminder:* Grill your steak according to the method you prefer. Avoid flare-ups and excessive smoking caused by the dripping juices by arranging the completely ignited coals around the perimeter of the barbecue or the steaks, and not directly beneath the meat.

## *as an essence of bay leaves . . .*

ve access to a bay tree *(Umbel-lifornica*—called California lau-rnia bay, pepperwood, or Oregon lepending upon where you live est), you can use the fresh leaves and baste the steak for a dra-ect. Otherwise, you can use dried

**k.** First, make small gashes in a ½-pound steak; insert slivers of 1 or 2 small cloves garlic.

Crush an additional 2 or 3 small garlic cloves and mix with ⅓ cup olive oil. Crush 2 fresh bay leaves between your fingers to release oils, or crumble 2 dry bay leaves. Add to olive oil.

Cook steak on grill according to method you prefer (note our fire reminder above). Brush the steak frequently with the oil mixture while cooking; we devised a simple brush by binding together a cluster of bay leaves on a twig (or use a regular brush).

As the steak cooks, scatter fresh or dry bay leaves on the grill occasionally; as the leaves turn brown and char, they give off a light smoke and rich aroma that tantalizes the nose more than it actually affects the meat. Season steak with salt, carve, and serve.

## *a simple mustard sauce . . .*

slice the steak, the juices of the end into the sauce.

**ustard Steak.** The steak should be eady to serve when you begin to le the sauce. In a small saucepan (or a rimmed metal serving tray) over hottest coals on the barbecue, melt 3 or 4 tablespoons butter, stirring. Blend in 1 tablespoon Dijon-style mustard, 2 tablespoons dry Vermouth or dry white wine, and ¼ teaspoon Worcestershire. Set steak in sauce, or pour sauce over the meat. Slice meat, and swirl the cut pieces in the juices. Makes enough sauce for a 3 to 4½-pound steak.

## *some tomatoes warmed in seasoned butter*

s of ripe, tangy tomatoes merely in this buttery sauce assembled on rbecue. It is best served at once, tomatoes lose much of their fresh-n standing. You could offer this in place of a vegetable dish.

**oes Provençal.** About 10 minutes steak is done, set a frying pan t 8-inch diameter or a metal au gratin dish of similar size) over the hottest coals on the barbecue.

Melt in the pan 2 tablespoons butter, then add 2 tablespoons *each* finely chopped shallots or green onions and parsley, ½ teaspoon sugar, and 3 tablespoons dry white wine or dry Vermouth. Bring mixture to boiling, stirring occasionally.

Have ready 3 medium-sized tomatoes that are peeled, cored, quartered, and seeded. Add tomatoes to pan, mixing gently until heated through. Add 2 more tablespoons butter and 2 small cloves garlic, minced or mashed, and stir until butter melts. Remove at once from heat, season with salt and pepper, and spoon on or alongside hot grilled steak. Makes 4 to 6 servings.

GLENN CHE

It's a shellfish salad

*Cool patio supper features saffron rice salad, lobster tails, shrim tomatoes. With it you can serve a pitcher of chilled sangría (wine*

# ummer switch on a Spanish classic

## It's Spain's *paella*... served cold with an oil-vinegar bath

**ive Spain,** *paella* (pronounced h) is a hot and flamboyant rice d in the special shallow round which it takes its name. The lad you see opposite, however, athed in an olive oil and vine- ng—our summer switch on the tree.

true Spanish paella is saffron- ice simmered with a potpourri of redients—often shellfish in their sage, chicken, pork; fresh vege- ch as artichoke hearts, peas, and pimiento strips and big green olives. But in our paella rice is cooked alone, marinated g, and then topped with chilled or fried chicken and such cool s tomatoes, avocado, and stuffed ves.

s still the basic seasoning, color- ce a golden yellow and imparting decisive flavor. The tangy tar- essing, studded with anchovies, and green onions, counters this d completes the ensemble.

ghts of this main-dish rice salad y. It offers flexibility for either nt outdoor supper in the garden table picnic at a park or beach. t made ahead, and thus pleases tical summer cook. And it can d with a wide choice of seafood ry accompaniments—lobster, smoked salmon, tuna, fried

ng on the dining situation, you veral alternatives for presenting example, you might line a large tray or board with greens, mound salad in the center or to one side, round it with shellfish or poultry. a large shallow copper or brass e with crushed ice; embed in it the a crock or bowl; and encircle the ith seafood. The old-fashioned glass container, shown at right, works well for transporting the a picnic; the chicken or shellfish el nestled in a stoneware casserole -lined basket tray.

beverage, you might serve one of e punches described on page 108.

*SHELLFISH PAELLA SALAD*

- 1 cup long grain rice
- 2¼ cups boiling water
- 1 teaspoon salt
- ⅛ teaspoon ground saffron
- ⅓ cup olive oil
- 3 tablespoons tarragon-flavored white wine vinegar
- 2 green onions, chopped
- 2 tablespoons chopped pimiento
- 1 tablespoon capers
- 1 can (2 oz.) anchovy fillets, drained and chopped
- 6 split cooked lobster tails
- 1½ dozen jumbo shrimp, cooked, shelled, and deveined
- Shellfish marinade (recipe follows)
- Butter lettuce or romaine
- 6 large tomatoes
- 12 jumbo pitted ripe olives or pimiento-stuffed green olives

Cook rice in simmering water with ½ teaspoon of the salt and saffron for 25 minutes, or just until barely tender (do not overcook; rice should be slightly firm and water absorbed).

Meanwhile, mix together the oil, vinegar, the remaining ½ teaspoon salt, green onions, pimiento, capers, and anchovies. Pour dressing over the hot rice and mix lightly with a fork. Cool and chill at least 4 hours to blend flavors.

Meanwhile, with a fork loosen the lobster meat from the shell, then replace in the shell. Place in a shallow pan along with the shrimp and pour over shellfish marinade (recipe follows). Chill several hours, turning occasionally.

To serve, mound paella salad in a bowl lined with greens and place on a large board lined with greens; or line a board with greens and place salad directly on it. Core tomatoes and cut into wedges, cutting not quite through. Place tomatoes on a board along with lobster tails and shrimp. Scatter olives randomly around salad. Makes 6 servings.

*Shellfish Marinade.* Shake together ½ cup olive oil, 3 tablespoons lemon juice, and ½ teaspoon dry mustard until blended.

*CHICKEN PAELLA SALAD*

Follow the directions for Shellfish Paella Salad, omitting the lobster, shrimp, and shellfish marinade. Instead, prepare either chicken drumsticks and thighs or breasts this way: Season 6 *each* drumsticks and thighs or 3 chicken breasts split in halves with ½ teaspoon *each* salt and garlic salt. Brown in 2 tablespoons butter in a large frying pan, turning to brown both sides. Add ¼ cup water to pan, cover, and simmer 15 minutes for breasts or 20 minutes for legs and thighs. Let cool and chill. At serving time, surround marinated rice salad with cooked chicken and 1 large avocado, peeled and sliced. Garnish with tomatoes and olives as above. Makes 6 servings.

DARROW M. WATT

**Easy-to-carry** *picnic spread stars paella salad with cold fried chicken and relishes*

*TUNA PAELLA SALAD*

Follow directions for Shellfish Paella Salad, omitting lobster, shrimp, and shellfish marinade. Spread rice salad on a large platter lined with greens. Arrange 2 cans (6 or 7 oz. *each)* white albacore tuna on rice salad. Garnish with 2 or 3 tomatoes (sliced instead of cut in wedges) and 1 peeled and sliced avocado. Scatter olives on top. Makes 6 servings.

*SMOKED SALMON PAELLA SALAD*

Follow the directions for Shellfish Paella Salad, omitting lobster, shrimp, shellfish marinade, tomatoes, and olives. Mound rice salad on greens on a large platter; arrange 1 pound thinly sliced smoked salmon (lox) in overlapping slices around the rice. Garnish with 1 peeled and sliced avocado; 2 cups cherry tomatoes; 3 halved hard-cooked eggs; 2 lemons, cut in wedges: and one jar (6 oz.) marinated artichoke hearts or 1 can (1 lb.) asparagus spears (optional). Makes 6 servings.

**Mexican terra cotta fish** *(27 inches long) appears pleased with its passenger—a* Juniperus procumbens *shaped like a*

# Plant and container ...what you try for is a happy marriage

**Hydrangeas and pots** *are bold enough* ment each other, command attention on

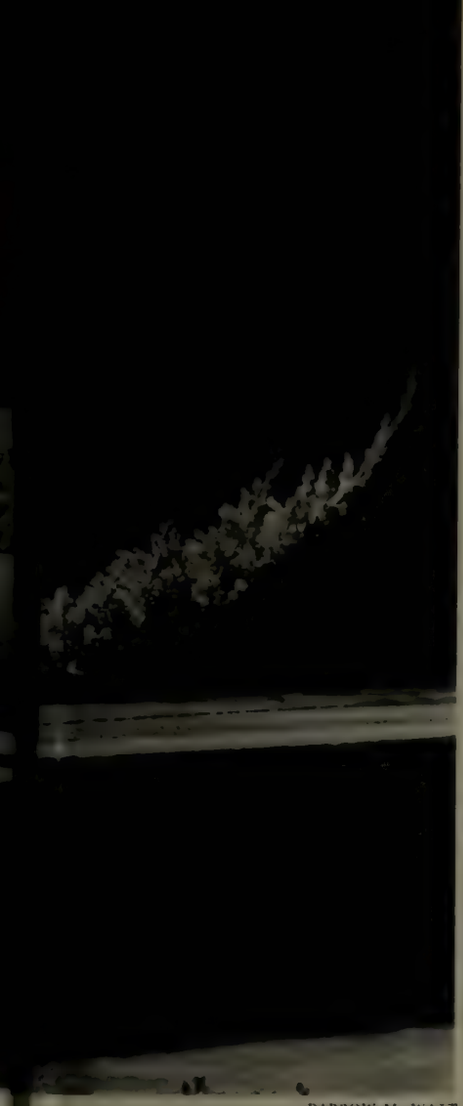
**In container gardening,** which is portant—the container or the p

It depends. There's no question plant wins the vote if it is as as the Japanese laceleaf maple the right. A stellar performer simple but well designed conta doesn't compete for attention.

The really important thing is plant and container so that on ments and enhances the other shallow bowl that looks attrac with succulents would look od single standard azalea sprouting center.

The bold leaves and big flower the white-flowered hydrangeas go perfectly with the equally simple rolled rim ceramic pots.

The low, classic, off-white, ri tainer at the top of the opp seems suited to the graceful branches and rich dark green *Ternstroemia gymnanthera*—us as *T. japonica*—as well as to its



DARROW M. WATT

*ity offers ample space for plant roots*

ight-colored stone wall.

there is the conversation-piece Some are so individual and that finding the right plant be- hallenge to the imagination or —or both—as when we matched exican fish with the juniper.

m and humor, nothing quite nd-crafted unglazed Mexican find them in a variety of fanci- —frogs, roosters, chickens, and atures whose forms defy exact ns. Although some of the pots k easily and are not durable, relatively inexpensive. And for- for those who cannot obtain onally south of the border, Mex- are becoming widely available shops throughout the West.

her countries, including Italy, rtugal, and Spain, also produce riety of plant containers, mostly Those from southern Europe are orated in delightful designs and colors.

GLENN CHRISTIANSEN

**Terra cotta vase.** *The plant, ternstroemia, usually upright, here trails over rim. Robert Herrick Carter Associates, landscape architects*

**Laceleaf Japanese maple** *accompanied by bronze ducks on terrace in Atherton, California, garden of Mr. and Mrs. John Alton Brown. Design: Masaru Kimura*

# The hole-in-the-wall idea

## Here are five examples . . . all from indoors to out-of-doors

BILL CARLSON

**Continuation of kitchen counter** *doubles as outdoor eating or serving counter. Only interruption on counter surface is a groove for the sliding window that stores in the wall. Architects: Design Associates, for the Peter Baldings, Honolulu*

**There's a decided advantage** in being able to pass food directly to an outdoor eating area without moving out of your kitchen.

Here we show five different types of pass-throughs, ranging from the simplest hole-in-the-wall closed by a sliding panel to a more elaborate opening where the window slides into a wall pocket when you use the kitchen counter extension out into the lanai.

The idea has become so popular that Western builders are offering indoor-outdoor pass-throughs like the one shown at top right as a standard feature of many subdivision houses.

PHOTO-CRAFT CO.

**When you need** *this shelf, just lift it up and the supports underneath swing out from the wall. Architect: Leo S. Wou, for Dr. and Mrs. Peter G. C. Wong, Honolulu*

DARROW M. WATT

**kitchen-garden** *relationship in many new builder houses these days, this design*
*ngth shelf outside kitchen sink counter and generous opening for passing foods out to deck*
*helf is wide enough and long enough to serve as buffet counter*

**f all:** *opening with sliding panels. Below*
*dead corner space used for outdoor stor-*
*itect: George Johnson, Kaneohe, Hawaii*

GEORGE WOO

RICHARD FISH

**Shelf swings down** *on piano hinge, is supported by chain. Folded up, it locks with slide bolts to upper door, which locks to frame with turn bolt. Architect: Leonard Veitzer, San Diego*

**Cleo and her mistress** *in a quiet moment. Raccoons have sensitive hands, and touch and feel much more than they look.*

# The zoo at home

Six families share their experiences on keeping raccoons, wolves, otters, and bobcats together with rabbits, rats, dogs, and ducks

**nd White rabbit.** *Rabbits are ideal for small children, are large enough to defend themselves, but friendly*

RICHARD FISH

**Cashmere rat** *meets shepherd. Both live at the Dov Rappaport home in Los Angeles, but meet only under supervision*

**nd raccoon** *play for hours every day*

**Quack-quack** *has a wing deformity—girl isn't really pulling her feathers out. The big borzoi lives in a run next to the duck, so they're old friends*

**ng** usually starts with a puppy, or a goldfish in a bowl. If there ren in the house, the menagerie n to guinea pigs, white mice, or r rabbit. And at some point, if the space and inclination, you l yourself turning into a home r.

on these pages belong to six with lots of experience in animal Among them they have everyn rats and mice to otters, racd wolves. We interviewed them out how they accommodated s and their households to large

numbers of animals—and also how the pets got along with each other.

Although people have fairly individual styles of dealing with their pets, some general points of animal keeping seem constant.

### *CHILDREN AND ANIMALS*

All but one of the six families have children who are growing up or have grown up with animals. The children quickly learn to be gentle and to leave the animals alone when they tire; the animals love and need the extra play and attention children give. On the other hand, young children can't remember food and water without help and they need more help for cage cleaning, letting dogs and cats out, and so forth. You'll be chief keeper from the time the animal gets home.

### *PAY ATTENTION TO YOUR PETS*

Any animal you have will be far more interesting if it's more than a display piece. Dogs and cats are traditionally part of the family, but birds, ducks, rabbits, or small rodents are often kept caged or penned most of the time and peered at through the bars. The more these animals are brought out, petted, played with, even talked to, the more interesting and responsive they will be. We have seen

**A-frame goat barn,** *left, made of piano crates. Welded wire cage, right, ho pigs, doves. Raised floors of both shelter dogs, chickens. Designs by Jack*

## The zookeeper must play an active role . . . it helps to have some assistants

RICHARD FISH

**Malayan otter** *lives in a Los Angeles garden with more than 20 other pets*

rabbits, for example, given the run of a house as a dog or cat is. They were not only clean but much tamer than rabbits raised in a hutch.

### *WHAT ABOUT WILD ANIMALS?*

Several of the families we talked to have wild animals; that is, animals that are not usually domesticated. Animals of this sort—raccoons, foxes, various large cats, wolves, and so forth—are offered for sale fairly often in newspaper pet columns and sometimes through pet stores. If you're interested in such an animal, you must consider that it will retain much of its wildness. It will be more difficult to train, require more attention, and may be less safe than an ordinary pet.

Unless you have had considerable experience with animals, wild ones are probably a poor choice. If you do have experience, are sensitive to change of mood, and are not too worried about occasional bites and scratches, wild animals offer a charm that domestic ones rarely have. They are independent to a greater degree, but at the same time more loyally attached to the human beings they choose to like.

### *TRAINING AND KEEPING THE WILD ONES*

Two points to remember: Most wild animals won't stand for blows to their pride; therefore, rough training and casual slaps may provoke an attack. Also, their own playfulness may be rougher than you expect. Their play is a version of their fighting or hunting and can include seemingly ferocious bites, snarls, and scratches.

Wild animals even more than domesticated ones need to be free from confinement for an extended period each day. Otherwise they may become morose or mean. Freeing them often me the decks as you would for dren. The raccoon shown o spends 6 or 8 hours a day ro house, and until her owners le to cope with her, she spent th ping over flower pots, openin and climbing drapes. She pa likes to find things that belo mistress. She brings them out, sh off, and then runs.

The owners of the otter at lef give it the run of the garden, been especially landscaped for t menagerie. But the otter cou find ways of escaping.

The adult Mexican gray wolf o was raised by hand by his owner, always been friendly but reser strangers. When our photographe make friends before starting to wolf decided not to like him, him a nip on the hand.

The same photographer photogra bobcat, which developed a real li him and spent its time rubbing his legs and pulling his shoelaces.

### *MIXING ANIMALS*

All the households we visited many kinds of animals, and we about the problems of mixing th two first considerations seem to and age.

Two young animals will becom tomed to each other, so that eve adult sizes differ, they probably each other any damage. Where difference is considerable, yo can't trust the larger animal.

Both the raccoon and the otter friends, and the otter spends a

# Time saver.

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he quick and quiet DC-9 the one that lets you rn an ordinary weekend to a full two-day, ree-night vacation. This agile jetliner flies y-to-city at the same speeds as the biggest jets. It even serves many towns and resort areas off the beaten track—places where only propeller-driven planes flew before.

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**Steven**

ming with a golden retriever.
ab below reversed the normal
gs when she was a month old.
l a pair of guinea pigs eating
heir large aquarium and de-
n them. She climbed in and
guinea pigs gave her a severe
nose.

*THE RESTRICTIONS?*

ws concerning selling, buying,
g certain animals. The psitta-
-parrots and their relatives—
imported because they carry
or parrot fever (as do some
ative birds). Native skunks
e captured, sold or kept in
because they frequently carry
ou find or are offered an un-
al, check on restrictions before
m in.

*U LEAVE YOUR ZOO*

on vacation can be difficult
ave a large menagerie. Friendly
who happily feed a dog or cat
t a wolf or bobcat. Before you
uying or accepting potentially
animals you'll have to consider
when they are left alone.

ve enclosures or cages that are
h for some exercise and where
water can be put in from out-
t of the problem is solved. An
difficulty with small animals
aning. The best cages are those
e cleaned most easily, but they
attention, and many small crea-
quickly in wet, dirty cages.

**Bobcat** *lives with the William Woodins of Tucson. His quarters are in an outdoor cage, but he's a housepet, too. Here he plays ball with his young owner*

## The wild ones: "more difficult to train . . . require more attention"

**Canadian wolf,** *is 5 weeks old here, but already shows ature in intelligence, size, strength, and stubbornness*

**Adult Mexican wolf** *playing with master. Both are amused, but if you don't like rough games, a wolf is probably not for you*

DARROW M. WATT

# For every occasion... lovely and unusual gifts

In San Francisco there's an importing firm with a rare knack for finding useful and unusual products that you can buy at gift and stationery stores.

Some of these products are as delicate as silken-textured Kabuto Napkins made of rice paper.

Other items are scrolls, colorful paper fish (to hang in your garden), Sumi painting supplies, Mingei calendars, Soroban counting boards (to teach the new math), Someil dye crayons (to make batik fabrics), and Origami papers your children can fold into birds, boats, flowers and animals.

There are brushes and inks, pen sets and stationery, wrapping papers, gift cards—dozens of unusual ideas.

*One beautiful little gift is this pearl pen. It's a gracious ladies accessory in gold or silver, with a pearl on a chain. Costs only 69¢.*

Another good idea is the "Tote 'n Set" hanger shown here. It fits in a lady's purse and hangs securely on tables and desks. Holds her purse, camera or umbrella. This gift is just a dollar.

*Yasutomo & Co., the importer of these items, is the West's largest distributor of Japanese art, craft and stationery supplies.*

Send 50¢ and we'll mail you a catalog showing gift items you can buy at gift and stationery stores. If you like, we'll send you the name of your nearest dealer.

*"the idea company"*
**YASUTOMO & CO.**
24 California St., San Francisco, Calif. 94111

**This double vanity** *for two girls has identical design on both sides*

# Vanity and vanity... back to bac

**When two girls** 6 years apart in age share a bath, a lavatory arrangement that provides each with some privacy and elbow room is a happy situation. Architect Leonard Veitzer provided it in this double lavatory—complete with clothes hamper—for the daughters of Dr. and Mrs. Milton H. Lincoff of Chula Vista, California.

Each girl has one side, with a bank of drawers under the basin storage space and her own mirrored medicine cabinet on the wall.

The side of the whole unit drops out on a heavy chain to reveal a compartmented storage hamper, which has a pegboard bottom built in for ventilation.

The vanity sits on a pedestal that holds the plumbing core. A 2-inch strip of laminated plastic forms a shelf between the vanity and wall and prevents things from falling down between.

**Three-part hamper** *drops open, h partment for each girl, one for*

The double-sided mirror is sus from the ceiling by hollow metal s that carry the wiring for the tw of theater lights. During the day light provides natural light.

# Attention appliances of Northern Calif.:

Oh, your poor appliances!

Our six gas and electric rate reductions mean that they've taken six pay cuts in the last five years.

And their future doesn't look any brighter. Appliances will be working at these lower rates again this year.

Except for bigger energy demands during winter, the only way your PG&E bill can go up is when you add some new appliances to your domestic staff. And then you're still getting a bargain.

So use our energy and save yours.

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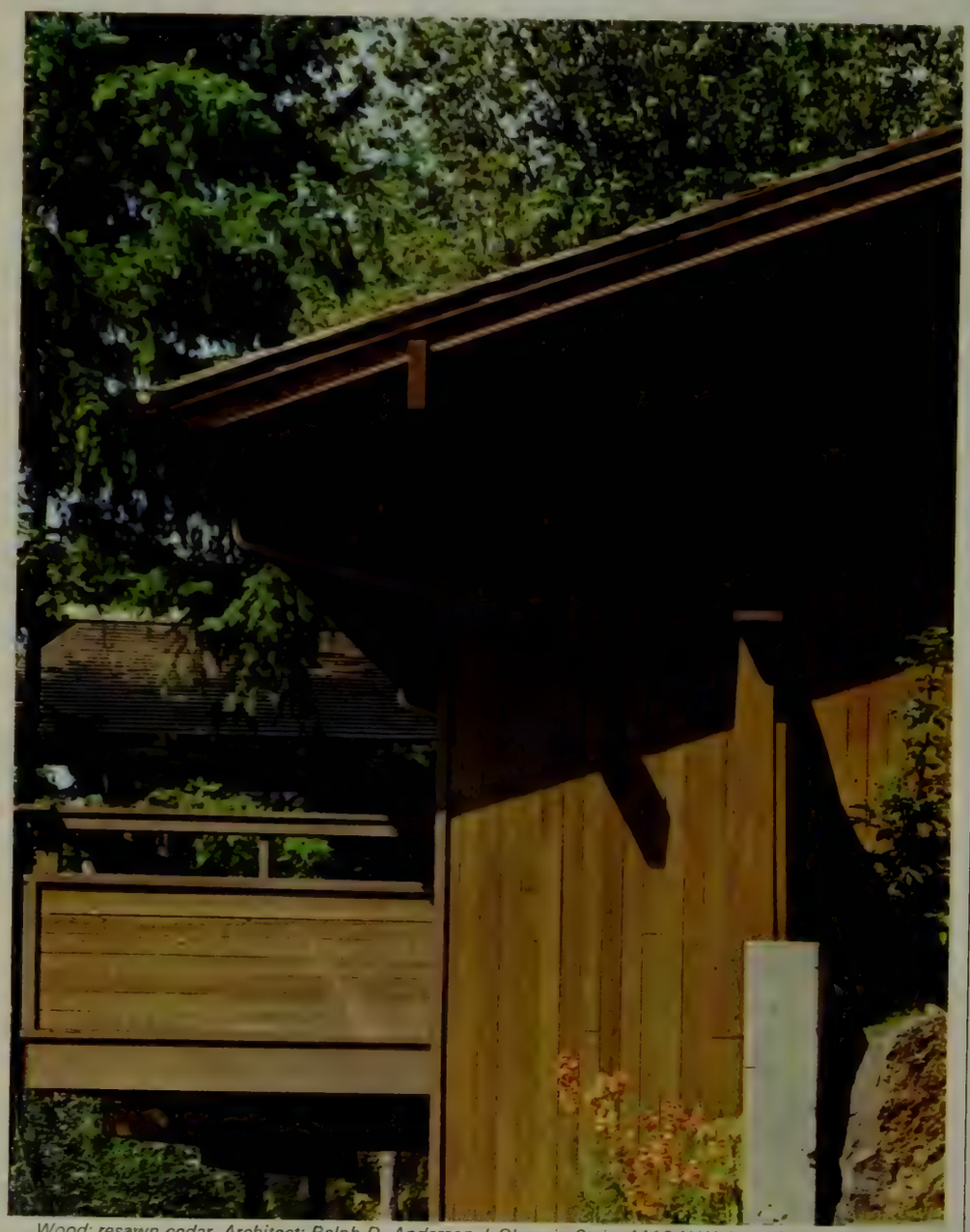
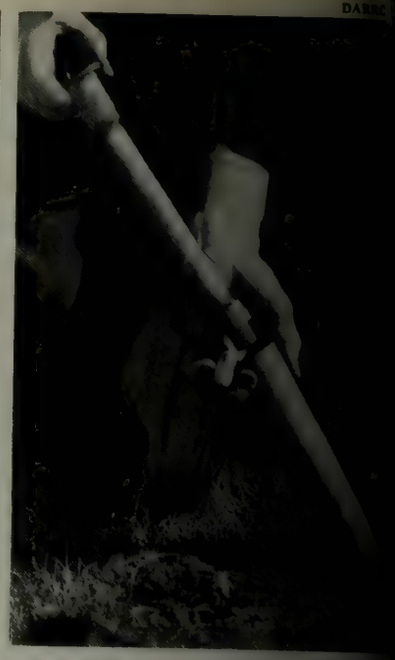


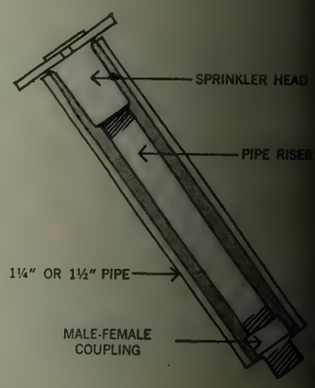
*Wood: resawn cedar. Architect: Ralph D. Anderson* / Olympic Stain, 1118 N.W. Leary Way, Seattle

**Encasing** *your lawn sprinkler r*
*short lengths of larger pipe ma*
*solid in the turf, helps prevent t*

## *It protects th*
## *sprinkler pip*

**The risers** of an underground spr
system may break off if you hi
hard with a power mower, or if s
stomps down hard with a shoe he
The break is usually at the low
pling where the short length of
or galvanized steel pipe extends up
head; and the messy result is ofte
flooding and a repair job that
digging a fair-sized hole in your l
replace the broken coupling.
We found at *Sunset* that we could
this breakage problem on our law




encasing the risers in short lengths
or 1½-inch pipe (whichever will fi
the sprinkler heads).
The large pipe casing, which doesn't
and doesn't move sideways in th
nearly as easily as a small pipe, pr
the riser pipe inside it.

RICCO-MAZZUCHI

**one brother** *may look a bit dubious about the other brother's climb to the wel, these bunk beds were the perfect answer for their small sleeping room*

# He goes up a climbing pole

**vo small boys** share a bunk bed ir father built in a tiny bedroom play area. A great space saver, fits neatly along one wall of a ughly 9 feet square.

per bunk is really a mattress atop rm, reached by a ladder. The bot- l is free-standing; it rolls in and an ordinary bed.

frame of 2 by 4's was attached to ls on three sides and supported by 4 post on the outer side. Inch- er dowels, set into the post at suit- ervals, form a ladder.

of 2 by 2's, lying at right angles frame, supports the ¾-inch-thick d platform that holds the mattress. vent anyone from falling out of 1 by 4 cross bar was affixed to l dowels set into the 2 by 2's; this ailing lifts out for bed-making.

nding platform at the top of the is built of 1 by 2's, like decking.

e A. Kubly of Oakland designed ilt the beds.

**Upper bed,** *reached by dowel ladder, rests on wood platform; lower bed is on casters*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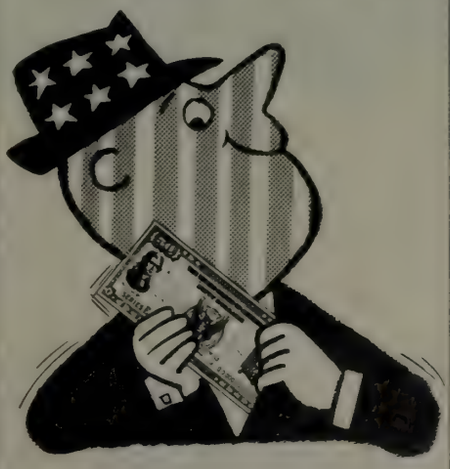

**UNITED STATES SAVINGS BONDS**

DARROW M. WATT

**Youngsters go a-stilting** *across a California meadow. Lofty fellow at left is 4½ feet off the ground on adjustable blocks*

# They are walking tall

## We report a revival of the old art of stilt-walking

**It jarred us** a little to find 9 and 10 olds who didn't know what stilts we Can the old traditions be disapp that rapidly?

Happily, reviving the sport is only ter of a short work stint in your shop. In an evening or two yo provide enough stilts for all the y sters in the immediate neighborhoo

And that's the way the job shou done—if you're going to make any, many. Children find that taking to

Walls paneled in Starflower Gold 145 and Honeytone Teak 417. Vanitory in matching Teak, with top of Butterscotch 869

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es your bathroom a luxurious look—a warm look of wood grain—a colorful patterns. Match Panel System 202 with our vanitory tops and built-ins. Har- it with bathroom fixtures. Even the moldings match so there's no metal trim the new look. Great for remodeling. Applies directly over old bathroom walls tile. And it's warm to the touch! Ends those chilly meetings between you e wall.

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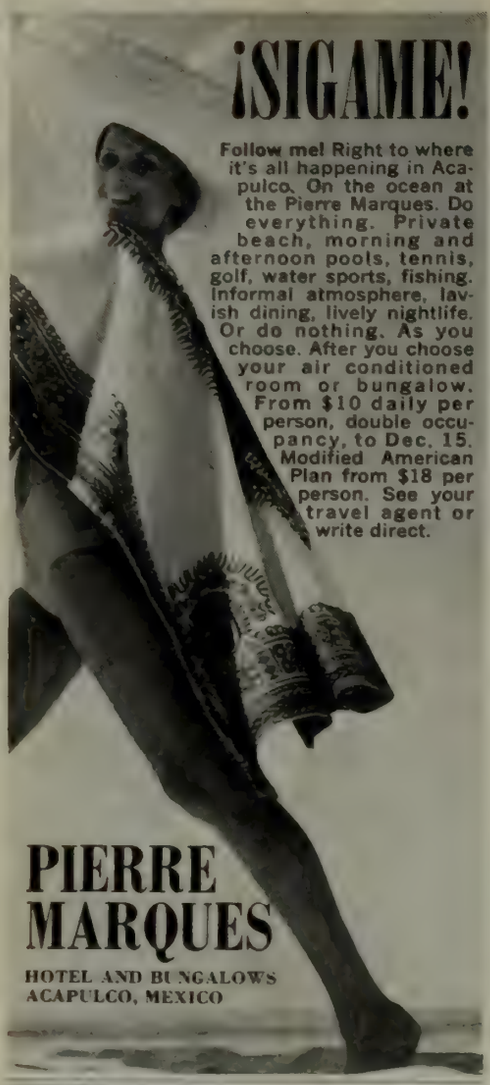

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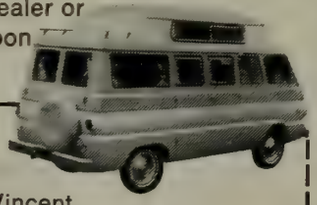

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boring; having various sizes on hand for everyone adds immensely to the fun.

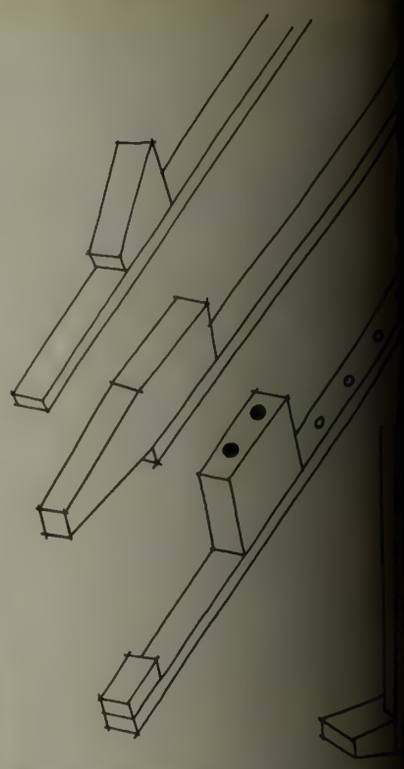
**Materials.** For the poles, 1 by 2-inch straight-grained fir worked fine for stilts from 5 to 7 feet tall. For longer stilts or for 100-pound-plus teen-agers, use straight-grained 2 by 4's ripsawed to a measured 1⅛ by 1⅝ inches (three pieces will cut from one 2 by 4). Or use 2 by 2's with the top half rounded on a lathe. Or 1 by 4's with the top half thinned to 2½ inches.

We tried the footblock styles diagrammed here. Simplest is the wedge glued and wood-screwed to the pole. A bit more elegant and just as quick to make is the tapered 2 by 4 block that reaches to the ground; since the foot weight is directly over the point of contact, it handles better and swivels less.

DARROW M. WATT

**Tin can walkers** *are an easy way to start. Adjust the rope loops to suit the child*

With the third style, you can easily move the blocks up or down to suit the user's height and skill. Trim 2 by 4 blocks to 3⅛ inches wide; drill ¼-inch holes in them, 4 inches apart; insert 4-inch-long carriage bolts; and drill a series of matching holes in the poles. Affix with hex nuts or wing nuts. With such blocks, height adjustment takes just a minute.



**Three block styles,** *and a base exte learners and soft ground walking. all bottom edges to prevent spli*

**The learning process.** Some young clumping off without hesitation. have trouble. To help them, stand them and hold the tops of the they try to walk; help them less as they get the hang of it. Wal really a matter of shifting weigh side to side.

We found that specially shaped of 2 by 2, cut as in the diagram and bolted to the ends of 1 by 2 made it easier for some youngsters confidence. The wide feet also hel the stilts from sinking into soft tu

(Another way to minimize lawn pu is to glue a short length of 1 by 2 base of each pole, to increase the contact area.)

Beginners also learn fast on tin can ers. Puncture large (48-ounce) juic on opposite sides at the top, using angle-punch can opener; drink the erage; then thread sturdy rope th the holes and knot it. Make the length to suit the child.

Some stilt-walkers like to hold the in front of them; the more adept u find an under-arms position is less and offers better control.

**The hazards.** Choosing strong, stra grained wood is the best safeguard a splinters and breakage. Sand it well varnish or otherwise seal the wood wax it if you like.

We'd suggest that beginning stilt w do their practicing well away from automobiles, which might be scratch dented by a falling stilt.

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# A big U-shaped counter below... two hangers above

RICCO-MAZZUCHI

**Twin two-unit cooktops** *are set to rear of counter with their controls on wall above to keep them out of reach of children*

working part of this kitchen looks like a large piece of rather than just a kitchen counter. It's teak with a inated plastic top. Architect Jacob Robbins designed nonize with the teak furniture that the Joseph Dorsts, ey, already owned.

w, the kitchen (and a dinette) were separate from the om. Now there's only a fold-back wall between them. hen has lost its dinette but includes an eating counter, y, and a built-in desk with telephone and intercom The U-shaped cooking area (see plan) accommodates le nicely, yet works ideally for one. The skylight has lighting around the perimeter for dark, foggy days.

pended upper cabinets on the dining side don't extend s those opposite, so a person in the kitchen can talk se at the counter or dining room table and share the ough the dining room windows.

**d work area** *includes sink, cooktop; refrigerator, oven are out of picture, right. Laundry and desk are against far wall*

**New folding wall,** *at left, separates kitchen from dining room. Mrs. Dorst likes free access to space under sink*

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**This fold-up** *train table is architect J. M. Thornton's answer to the problem of where to put a model train layout in son's small bedroom*

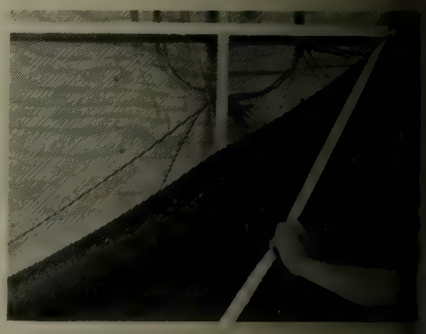
# His railroad folds up against the wall

**The train table** shown here was designed to fit into a boy's small bedroom. When not in use, it fits snugly against the wall where it's out of the way.

Sliding bolts in the upper corners hold it upright, but it can be swung down onto its hinged legs quickly (as you see, it straddles the bed) when the young railroad engineer is ready for action.

Track and roadbed are nailed on a piece of 4 by 8-foot plywood, edged with 1 by 6's to keep rolling stock from falling off in case of accident and to protect the track and switches when against the wall.

The board is hinged to a 2 by 6-inch shelf fastened to the wall by brackets and attached at each end to a vertical 1 by 12. Felt backing hides the wiring and provides an attractive surface when the board is upright. Held on with snap tap[illegible] easily opened for repairs. The co[illegible] panel is fastened on a board backed [illegible] fiberboard, with wiring between.



**Control panel** *wires fan out under cover of brown felt edged with snap*

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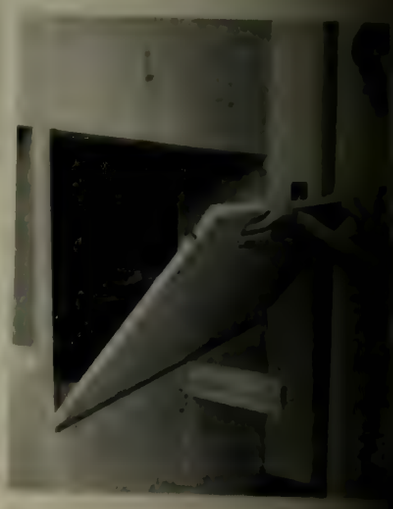
**Laundry - sewing room** *has long counter, drop shelf for extra work*



**Single support** *for shelf pulls out between cabinets, supports shelf*

## *A drop-down table or cutting board*

**A handy feature** of this combination dry room - sewing center is the cupboard with its fold-down front becomes a cutting board or a table folding clothes. The space behind it is a big useful bin where all sorts of can be stored.

Architect Donald D. Chapman designed the laundry center for Mr. and Mrs. Dowsett, Kaneohe, Oahu.

When she's sewing, Mrs. Dowsett patterns and fabrics in the bin and uses the shelf as an adjunct to the counter space beside the built-in machine.

The single pull out support suffices shelf because it's located in the The recessed ring pulls are flat when the unit is closed.

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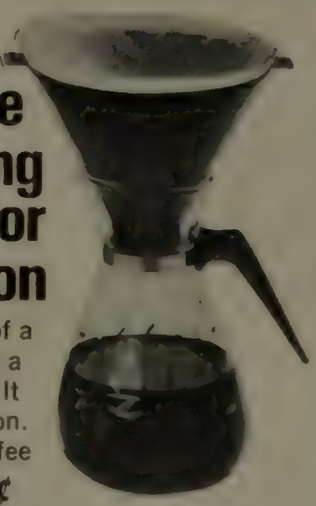

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# *Two tire swings*

**These two children's swings** were made inexpensively for a nursery school from discarded tires.

The simpler one is the horizontal, wind-up version shown above, which is fun for three or four children at a time (they quickly find out how much spinning they can tolerate). It's hung on a conventional swing set frame by four nylon ropes tied to eye bolts inserted in the tire through 2 by 4 blocks of wood.

Below is the traditional cradle or bucket-type swing. To make it, use a sharp linoleum-type knife to cut through the tire, leaving the tire bead for hand-holds and for attaching to overhead chains.

**Cradle-type** *tire swing has been in use 16 years. This one was cut from a truck tire*

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**Many swimming pools** have gas-fired water heaters to extend the swimming season. But precise information on their fuel costs has been hard to come by.

The subject is admittedly complex. Are you heating your pool 12 months of the year? To a temperature of 75° or 85°? How big is the pool? How much sun does it receive? Do you like to take a dip before breakfast or in the afternoon? These and a few other factors can make such a difference in your fuel bill that heater manufacturers and pool builders usually avoid giving specific cost figures.

The San Diego Gas & Electric Company recently made a thorough study of pool heating costs in San Diego and, in the process, found proof of how much certain basic factors affect cost—as charted below. Even pool owners in quite different climates can learn lessons from it.

*If your own pool happens to be larger (or smaller) than the 500-square-foot pool on which this chart is based, and is in a climate similar to San Diego's, simply add (or subtract) 20 per cent of the costs shown for every 100 square feet of difference in surface area.*

Two key factors are immediately evident. One is the great cost difference between heating in August and in January. You'd expect some difference, but the tests show midwinter swimming in San Diego can be *10 times as costly* as summer swimming.

The other is the remarkable difference in cost of heating a pool to 85° rather than 75°. The figures show that increasing your pool's temperature just 1° increases heating costs by 10 per cent or more.

Thus, to economize, you might well drop the idea of year-around use and simply turn off your pool heater during the winter months. And during the sw season it's wise to keep the poo coolest temperature compatible w enjoyment.

SDG&E also found "spot heating ing the pool only on weekends if swims during the week) is eco Either shut the heater off or turn perature control down 5° to 10° ( in cool weather to keep some wa the water). Your heater will wo Friday evening or Saturday mo bring the pool back up to comf but tests show that it will use ably less fuel doing this than wh ing the pool heated all week.

A common misconception is economical to run your heater night to prevent the water fro and needing considerable re SDG&E's tests show that the nomical time to start heating 6 A.M. when the sun begins to that the heater should be turned an hour before the last swimmer leaves the pool. This way the be warm by about 10 A.M.—sta popular swimming period. A each morning before breakfast you a few dollars more a month— the heater should go on about m

It may or may not be economic stall a special time clock for Usually daytime heating will with the length of time your po system needs to operate, so both heater can be controlled by the clock. But if your filter system run 18 to 24 hours a day, you wi fuel by using a second time cloc trol heating times.

Temperature controls on both old pool heaters are often as mu wrong. This means that you your control at 78° but actually ing the pool to 86°—and paying SDG&E recommends buying a go mersion bulb thermometer (the ki hang over the side of the pool). T pool reading and, while the heate erating, slowly dial the heater's t ature control toward a lower settin the burner shuts off. Then compa shut-off reading with the pool read there is a difference of more than control needs calibration by an exp

Anything you do to shelter the poo winds or to expose it more to the free heat will also lower fuel costs. cover is another help—it both p from wind and gathers extra solar

**Pool Heating Costs**

| | *Temperature control setting* | | | | |
|---|---|---|---|---|---|
| | *75°* | *78°* | *80°* | *82°* | *85°* |
| January | $ 26 | $ 34 | $ 41 | $ 50 | $ 66 |
| February | 23 | 32 | 38 | 46 | 63 |
| March | 19 | 26 | 31 | 38 | 51 |
| April | 17 | 24 | 29 | 35 | 46 |
| May | 15 | 18 | 22 | 27 | 40 |
| June | 12 | 15 | 18 | 22 | 29 |
| July | 4 | 6 | 8 | 11 | 15 |
| August | 2 | 3 | 4 | 5 | 7 |
| September | 3 | 5 | 6 | 7 | 9 |
| October | 13 | 18 | 22 | 27 | 35 |
| November | 20 | 28 | 34 | 41 | 54 |
| December | 22 | 30 | 36 | 44 | 59 |
| *Annual costs:* | *$176* | *$239* | *$289* | *$353* | *$474* |

**Heating cost chart** *is based on a typical residential pool of 500-square-foot surface area (about 16 by 31 feet) in San Diego*

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**Wells Fargo Bank.**

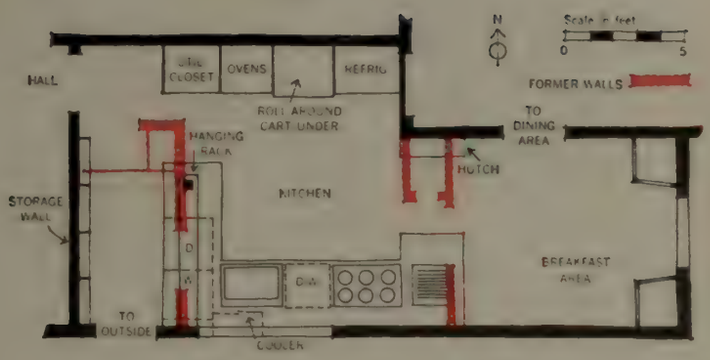
**For someone who enjoys** *spending the day cooking: a warm, friendly kitchen with generous maple-topped work space, and foods and utensils within sight. Gooseneck faucet is fo large pots. Note unusual combination of light and uten*

# Everything's in sight in this new kitchen

**"I wanted** everything out where see it," explained Mrs. Martin S San Francisco, when we talked about her remodeled kitchen. "I w of buying two or three of everyth cause the first got lost in a draw the back of a cabinet; I decided yo go overboard on storage."

Designer Ray Kennedy created t ent arrangement by combining a porch, kitchen, and breakfast roo one large room. Mrs. Salan wante able to cut on any surface, her

**d island,** *which tucks under counter between the re- and ovens, gets constant use. Counter provides ace and a place to work with a few small appliances*




PLAN VIEW

GLENN CHRISTIANSEN

**t area,** *including corner cabinets, was left pretty much as before. Old wall ng area from kitchen was removed; bulletin boards now cover wall spaces*

**Aviary mesh** *in storage wall doors lets you see the contents; there's no glass*

ountertops; she wanted to see her o open shelves and racks replaced d cabinets. A six-burner range and andle her cooking requirements. ndry equipment, which had been ervice porch, is now in the same t under the counter opposite the goods storage.

**dish storage unit,** *a favorite of Mrs. Van, was built into the backsplash*

SUNSET'S

# *Kitchen Cabinet*®

**Preparations** for the four main dishes we propose for August keep you and your kitchen fairly cool.

Two are best suited for small meals. When you want to serv thing light but satisfying, try the shrimp supper soup or the ( eggs. Both dishes are quick and suitable for impromptu m almost any time of day.

When you want something more substantial, consider chicken with fresh limes. The spices contrast deliciously w tart lime flavor. And you can use an electric frying pan to co

*With frozen shrimp and cooked rice on hand, you can make this soup quickly*

### *SHRIMP SUPPER SOUP*

You might serve this creamy soup with toasted cheese sandwiches and sliced beefsteak tomatoes.

- 2 tablespoons butter or margarine
- 2 green onions, thinly sliced
- 1 bottle (8 oz.) clam juice
- About ⅛ teaspoon salt
- About ⅛ teaspoon pepper
- ½ teaspoon dill weed
- ¾ to 1 pound frozen shrimp, shelled and deveined
- ½ cup frozen peas
- 1 to 2 cups cooked rice
- 1 pint (2 cups) half-and-half (light cream)
- Parsley

In a heavy saucepan or frying pan (about 2½ quart capacity) heat the butter and sauté the onion dium heat until soft, about 2 Stir in the clam juice, salt, pe dill; bring to boiling. Add sh peas without defrosting; cook uid again comes to boiling. and cream and heat to just be ing point. Sprinkle a littl chopped parsley on each bow when you serve. Makes 4 se an entrée.—*M. B., Spanaway*

*If you use fresh shrimp in t you'll need about 1 pound sized shrimp; cook, shell, an them, and add to the soup u add rice and cream.*

*Colorful cherry tomatoes and crunchy water chestnuts go on top of the eggs*

### *ORIENTAL EGGS*

This scrambled egg dish topped with fresh tomato sauce is similar to a Basque piperade but has some surprising additions.

- 8 eggs
- ⅓ cup light cream or milk
- ½ teaspoon garlic salt
- ⅛ teaspoon pepper
- 2 tablespoons butter or margarine
- 1 bunch green onions (white parts only), thinly sliced
- 1 tablespoon soy sauce
- ⅛ teaspoon ground ginger
- 1 can (about 5 oz.) water chestnuts, drained and sliced
- 1 cup halved cherry tomatoes

In a bowl combine the eggs, cream or milk, garlic salt, and pepper; beat until well blended, then set aside. Melt 1 tablespoon of the but frying pan and sauté onions j soft but not browned. Add sauce, ginger, water chestn tomatoes. Stir gently until he matoes should not lose their s

Meanwhile, in a second fry melt the remaining 1 tablesp ter. Add the egg mixture a stirring, just until softly sc Turn out eggs on a warm servi If necessary, increase heat u mato mixture to evaporate ex uid quickly; serve over the eggs 4 servings.—*E. B., Palo Alto,*

*Chicken pieces cook with fresh lime slices in just a little spicy sauce*

### *CURRIED CHICKEN WITH LIMES*

Use an electric frying pan or other frying pan with a cover to cook this.

- 1 broiler-fryer chicken (about 3 lbs.), cut up, or 4 *each* legs, thighs
- ½ cup flour with 1 teaspoon salt and dash pepper
- 2 tablespoons *each* butter and salad oil
- 1 large onion, thinly sliced
- 2 teaspoons curry powder
- 1 clove garlic, minced or mashed
- ½ teaspoon *each* ground ginger and cinnamon
- 1 tablespoon brown sugar
- 1 cup dry white wine (or 1 cup chicken broth)
- 1 whole lime, very thinly sliced

Shake the chicken pieces in a paper bag with the seasoned flour until coated. Heat butter in the fry over medium heat. Put in pieces and brown on all sides. ing the pieces as they are brow

Into the same pan, put the on curry powder; cook and stir fo 3 minutes. Add the garlic, gin namon, sugar, and wine or br chicken pieces back in pan. S about 3 lime slices for garnish, the end pieces, and scatter re slices over chicken. Reduce he the pan, and simmer until ch tender, about 40 minutes. Gar reserved lime. Makes about 4 s —*H. N., San Francisco.*

t dish almost effortlessly.

fo th entrée, a spicy Swedish-style pot roast, requires several s t cook, but you use a Dutch oven over low heat. It requires st o attention. Cook it early in the day and reheat it, and l lcome having some leftovers to serve hot or cold later.

u ould invent a successful new recipe while cooking for your ty is summer, we invite you to share it with other Western s. ail contributions to *Sunset Magazine*, Menlo Park, Calif. 5. e pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

### *DI -STYLE POT ROAST*

se ur favorite cut of beef chuck mpor this flavorful pot roast.

- Be pot roast, about 4 pounds
- te oon *each* salt and allspice
- te oon pepper
- ta spoons butter or salad oil
- m um-sized onions, sliced
- cu beef stock or water
- te oons anchovy paste (optional)
- b leaves
- ta spoons *each* vinegar and lasses
- ta spoons cornstarch
- c our cream

th meat on all sides with the al ice, and pepper. Heat the r oil in a Dutch oven over m heat. Put in the meat and brown well on all sides, adding onions about halfway through the browning. Stir in the stock with 1½ teaspoons of the anchovy paste (if used), bay, vinegar, and molasses. Reduce heat, cover, and simmer until meat is tender, about 2 to 2½ hours. (If you make this ahead, refrigerate meat with pan juices; reheat in pan juices.)

At serving time, remove meat to a warm plate; blend cornstarch into sour cream and add to pan juices with remaining ½ teaspoon anchovy paste (if used). Cook until slightly thickened; serve with roast. Makes about 8 servings.—*W. B., Hillsborough, Calif.*

*Rub the beef with seasonings before browning and braising it as directed*

### *IN TED EGGPLANT*

e s at least an hour ahead; serve id at room temperature.

- 1 e eggplant
- S
- 6 lespoons olive oil
- 1 lespoon water
- 1 e garlic, minced or mashed
- 2 lespoons white wine vinegar
- 1 spoon whole basil or oregano, rushed
- 1 lespoon minced parsley
- ½ spoon salt
- ⅛ spoon pepper
- tuce and tomato (optional)

t unpeeled eggplant into ½- k slices. Sprinkle both sides ic lightly with salt and let stand it ) minutes. Rinse and dry eggplant and cut into ½-inch dice. In a heavy frying pan that has a cover, or in a Dutch oven, heat the oil. Add the eggplant and stir to coat well with oil. Add water and garlic, cover pan, reduce heat, and simmer just until eggplant is tender, about 15 minutes.

Meanwhile combine the vinegar, basil or oregano, parsley, salt, and pepper. Turn the eggplant into a bowl and, while still hot, stir in the vinegar mixture. Cover and marinate for at least 1 hour, or overnight. When you serve, garnish with lettuce and tomato wedges, if you wish. Makes 4 to 6 servings.—*D. P., Saratoga, Calif.*

*Consider this as salad or vegetable; it's an excellent companion to meats*

### *MON-NUT SHORTCAKE*

ur is the surprising ingredient in usual coffee cake or shortcake a-picy nut layer in center; serve a with butter for breakfast.

- ⅔ p (⅓ lb.) butter or margarine
- 1 p sugar
- 2 ggs
- 1 p plain yogurt
- 1 easpoon vanilla
- 2 ps regular all-purpose flour
- ½ easpoon soda
- ½ easpoons baking powder
- ½ up chopped pecans, walnuts, or almonds
- easpoon cinnamon
- ablespoons sugar

large bowl of an electric mixer, e the butter, the 1 cup sugar, and eggs. Beat until light and fluffy. Blend in the yogurt and vanilla. Sift the flour, measure, and sift again with the soda and baking powder. Add to the creamed mixture and mix until blended. Spoon half the batter into a greased and floured 9-inch tube pan.

Combine the nuts, cinnamon, and 2 tablespoons sugar; sprinkle over cake batter. Smooth remaining batter over top. Bake in a 350° oven for about 55 minutes, or until it tests done. Cool about 10 minutes, then turn out and serve warm, or cool completely on a wire rack. Makes 8 to 10 servings.—*L. B., Van Nuys, Calif.*

*Serve slices of this shortcake with berries or peaches and whipped cream*

# You bake a shell . . . you put into it a tasty filling . . . then you top it off with fresh fruit from the market

**Slices of fresh plums** *make dramatic red and gold pattern over orange-flavored cream cheese filling. Glaze with orange*

**the mother** and daughter pic-
ove, you go shopping for fresh
en you bake a press-in cooky
tart pan, fill it with a creamy
nd top it with the fruit you've
he result can be one of the color-
atic desserts shown here.

specific directions so you can
h one just as it's pictured. But,
ur own ideas and choice of sea-
it, you can make some different
lly tasty combinations.

t-and filling can be readied sev-
rs or a day ahead of serving.
the fruit topping and glaze the
more than about 2 hours ahead,
rigerate until serving time. Or,
glaze will set quickly over well
fruit, you can arrange the fruit,
and serve the tart within a few
, if you prefer.

e variety of plums available this
we suggest tart-sweet Santa Rosa,
avored Queen Ann, blander Nu-
r Elephant Heart.

*E-GLAZED PLUM TART*

n electric mixer, beat together 1
ackage (8 oz.) cream cheese, ¼ cup sugar, 3 tablespoons orange juice concentrate or Cointreau; mixture should be smooth. Gradually add ½ cup whipping cream, beating on medium speed until fluffy. Spread in a cooled, baked tart shell (recipe follows); chill.

Heat about ½ cup orange marmalade, strain, and cool to lukewarm. Slice 6 large plums and arrange over the chilled filling. Brush marmalade over the fruit, making a thin even coating. Makes 6 to 8 servings.

Golden peach slices surround perfect whole strawberries for this tart.

*STRAWBERRY-PEACH TART*

Prepare tart shell and make the filling suggested in the pineapple and berry tart, omitting kirsch and adding ⅛ teaspoon almond extract to filling.

Heat about ½ cup peach jam, strain, and cool to lukewarm. Peel and slice 2 large peaches; arrange slices over chilled filling; fill center with 12 to 15 large strawberries, stem ends down. Brush fruit with jam. Makes 6 to 8 servings.

Any fresh berries can be used with the pineapple slices in this tart. You might put raspberries on one side and blackberries on the other, as shown in the picture below.

*PINEAPPLE AND BERRY TART*

For the filling, beat 3 egg yolks with an electric mixer until thick and pale yellow. In a small pan, combine ½ cup sugar and ¼ cup water; bring to boiling, and boil rapidly about 2 minutes to soft ball stage, 236° on a candy thermometer. With mixer on medium speed, gradually pour syrup into egg yolks in a fine stream. Beat until mixture is lukewarm. Continue beating while adding, in small pieces, ½ cup (¼ lb.) butter and 1 package (3 oz.) cream cheese. Add 1 tablespoon kirsch or ½ teaspoon vanilla; beat until smooth. Spread in cooled baked tart shell (recipe follows); chill.

Heat about ½ cup pineapple jam, strain, and cool to lukewarm. Place 4 pineapple slices (cut ½ inch thick) across center of tart; arrange berries on each side, using 1 to 1½ cups. Brush jam over fruit, making a thin even coating. Makes 6 to 8 servings.

*Tart Shell.* Sift flour, measure 1 cup, and sift again with 2 tablespoons powdered sugar. With pastry blender, cut in ½ cup butter or margarine until mixture forms fine crumbs. Press dough over bottom and sides of a 10 or 11-inch flan pan (available in specialty cookware stores), or over the bottom and an inch up the sides of a 10 or 11-inch cheesecake pan (one with removable bottom or spring release sides). Bake in a 425° oven for 8 to 10 minutes, or until lightly browned; cool before filling.

GLENN CHRISTIANSEN

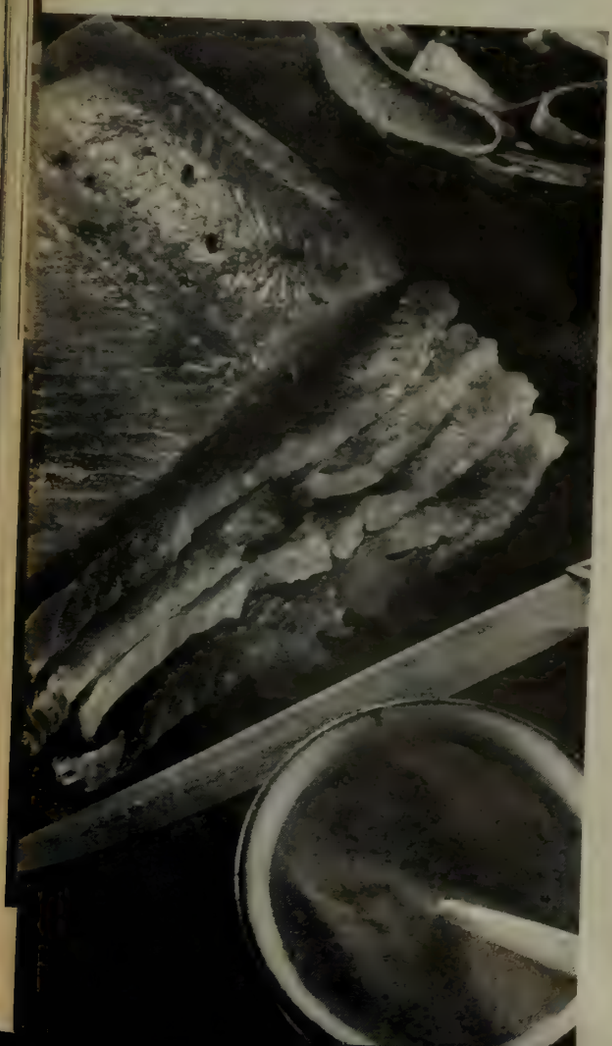
**Accent** *fresh pineapple slices with two kinds of berries, kirsch-flavored filling*

DARROW M. WATT

**Brush** *peach slices and berries with strained peach jam glaze. Tart filling is butter cream*

**Pickled salmon,** *Swedish-style, is prepared with salt, sugar, dill, vinegar, and allspice. Slice it thin for fine picnic san*

DARROW



# The Swedes "cook" fresh salmon . . . without heat

**The Swedes** have a wonderful way of "cooking" salmon without heat, bringing the red-gold flesh to a delicious state that somewhat resembles lightly smoked salmon or kosher-style lox.

Because fresh salmon is excellent this time of year in the West, we suggest you try the technique for superb additions to summertime menus. The cooking is actually a curing process that takes place over a period of 24 to 48 hours in the refrigerator.

**Appetizer** *of buried salmon and mustard sauce is served with toast. For a main dish, offer with boiled potatoes, spinach*

In Sweden, this dish is made wit siderable variation within a well set of rules and called *gravlax, lax,* or *saltlax,* to mention a few *Lax* refers to the salmon and the refers to the cure; gravlax, probal most familiar term, is often transl "buried salmon."

You start with a piece of fresh and coat it in a mixture that is b salt, sugar, and dill. The fish gi moisture and is firmed and fla Sometimes a weight is placed salmon to compress the flesh so slice thin more readily.

Most such recipes for salmon loo similar, but each of the three versi offer here yields a sufficiently di

erit the preparation.

if you can get it, is marvelous almon: strip the feathery green the plant and finely chop this efore measuring.

lmon is made with the skin on, netration of the curing mixture flavor. Eat slices plain or with r cream, or make into sand- egg twist bread. For a splendid meal, serve with hard-cooked cherry tomatoes—and a potato e with an oil and vinegar dress- y herbs, green onions, and crisp ked bacon.

*SALMON*

poon each dried dill weed and dill ed (or 1 tablespoon finely chopped sh dill weed)
d salmon fillet with skin (can be 1 or pieces from a center or tail section)
espoons salt
poons sugar
poon each freshly ground black pper and allspice
red or white wine vinegar

weed and seed (or use just the ) and sprinkle half in the bot- flat dish (such as a glass cas- at the salmon almost fills. Set kin-side-down in dish; sprinkle aining dill. Blend salt, sugar, nd allspice and distribute evenly mon, patting lightly into flesh. egar over fish.

ish with clear plastic film and ight on the fish (such as a plate a pound or so of butter or a large fruit juice). Refrigerate at least spoon juices over fish occasionally this time. After a day, remove The salmon keeps as long as a the brine, but gradually grows y to be enjoyable.

h thinly across the grain, on a l to the skin; cut away from skin. 4 to 6 main dish servings, or 8 to course servings.—*E. S., El Cer- lif.*

t described a very similar type of salmon" eight years ago after g it in Stockholm.

red to the pickled salmon, this mixture is a little higher in sugar, resulting salmon seems especially sting, making it ideal for an appe- urse (although it is enjoyable as ée, too). The slightly sweet quality iced by a mustard sauce.

*D SALMON*

ound center section salmon fillet with skin removed
ablespoons sugar
ablespoons salt
whole black peppers
tablespoon finely chopped fresh dill weed or 1 teaspoon dried dill weed
Mustard sauce (recipe follows)
Hot buttered white bread toast

the salmon in a flat-bottomed, itting dish such as a glass casserole.

**Squeeze of lemon** *is finishing touch for marinated salmon abundantly swathed in dill. These sandwiches can be part of a smörgasbord presentation, or star as a first course*

Mix together the sugar, salt, peppers, and dill and pat lightly into all sides of fish. Put fish in dish and sprinkle with any remaining salt mixture. Cover and chill at least 24 hours or as long as 4 days (the flavor gets too salty on longer standing). Spoon juices over fish occasionally. Slice thinly across the grain and serve on plates; pass mustard sauce to spoon on according to taste. Accompany with toast. Makes 8 to 12 first course servings or 4 to 6 main dish servings.

*Mustard Sauce.* Stir together 2 tablespoons Swedish or Dijon-style mustard, 1 tablespoon sugar, 1½ tablespoons wine vinegar, 1 teaspoon lemon juice, ½ teaspoon salt, and 1 teaspoon finely chopped fresh dill weed (or ¼ teaspoon dried dill weed). With a fork gradually beat in smoothly ⅓ cup salad oil. Makes about ⅔ cup.

A very liberal portion of dill coats the salmon heavily in this variation of gravlax. Fresh lemon juice, added to taste, emphasizes its refreshing character.

Serve salmon on dark bread or toast; members of *Sunset's* taste panel had decided preferences for one or the other, so you may want to offer both.

*MARINATED SALMON*

2-pound center section salmon fillet with skin removed
6 tablespoons finely chopped fresh dill weed or 3 tablespoons dried dill weed
2 tablespoons salt
1½ tablespoons sugar
½ teaspoon coarsely ground black pepper
Westphalian-style pumpernickel or Melba toast
Lemon wedges
English or Dijon-style mustard

Choose a flat-bottomed dish (such as a glass casserole) that's just large enough to hold salmon. Sprinkle half the dill in the dish. Mix together salt, sugar, and pepper and pat firmly onto fish, then put fish in dish; sprinkle with remaining salt mixture and dill.

Cover with clear plastic film and set a weight on the fish (such as a plate holding a large jar of fruit juice). Refrigerate at least 24 hours or as long as 4 days; the flavor gets too salty on longer standing. Spoon juices over fish occasionally.

To serve, slice salmon thinly across grain. Mound several slices on a piece of bread; squeeze on lemon juice to taste. Dot with mustard (optional); eat with a knife and fork. Makes 4 to 6 main dish servings or 8 to 12 first course servings.

**To decorate** *this ice cream dessert fantasy with mushrooms, place large baked meringue puffs on smaller puffs of the same*

DARROW

# She's finishing up mom's "mushrooms"

**Swirls** *of smooth butter cream made with Italian meringue adorn these pastries. Base is pound cake sandwiched with jam*

**Basically,** a meringue is egg whites whipped with sugar. But within this definition much variation is possible, and the resulting meringues can differ greatly.

The whimsical baked meringue mushrooms (above) and the smooth, delicious butter cream (left) are both made with Italian meringue, which—unlike a plain meringue (see page 178 of the October 1967 *Sunset*)—is made by beating whipped egg whites with sugar and then adding a cooked sugar syrup.

Italian meringue is more stable than a plain meringue, and blends with butter without deflating to make a superbly delicate butter cream for pastries and frosting cakes: a refreshing change from the more richly flavored cooked butter cream made with egg yolks.

Italian meringue, however, is less rigid than plain meringue, and forms less precise shapes when forced through a pastry bag for baking. Yet it does hold shape and bakes dry, tender, and firm.

There are several critical aspects to making this meringue. Don't eve on a rainy day. When the cooked reaches the correct temperature adding it at once to the beat whites. Then, incorporate *all* the For this, the kind of mixer you h hand-held mixer won't do) determi technique you use; as it is *essenti* the syrup does not spin into the or stick to the bowl's side. In a with a rotating bowl, pour syru whites alongside the beaters; in a with a stationary bowl and beat moves around, you must stop the and add the syrup in small portio not double the recipe, for the me does not beat up well in a wide b

### *ITALIAN MERINGUE*

- 2 egg whites
- 1¼ cups sugar
- ½ cup water
- ⅛ teaspoon cream of tartar

Combine egg whites and ¼ cup su the small bowl of your mixer an at highest speed until whites are stiff and hold rigid peaks when the

wn. (If whites get stiff before ooked, continue to beat at a speed.)

tes are beating, combine in a epan the 1 cup sugar, water, of tartar and cook over highest occasionally until sugar is dis- ok to 265° on a candy ther- soft crack stage). As spatters an sides, wash them off with a brush.

our hot syrup in a thin stream tiff egg whites, beating at high syrup gets too thick to pour eat briefly. (If you have a sta- wl mixer, add syrup in about , stopping for additions.) Con- ting for a minute or so after the incorporated; mixture should ightly thicker consistency than low cream. Use the meringue as elow to make baked meringue ns or butter cream.

**lian Meringue Mushrooms.** Cool n meringue (one recipe's yield) 5 minutes at room temperature. meringue through a pastry bag ain round metal tip (or no tip at a greased and flour-dusted bak- to make 10 or 12 mounded puffs inches in diameter. Shape re- meringue in an equal number of h about 1-inch diameter at base. a 200° oven for 1 hour. Turn off leave in oven about 30 minutes dry; meringues should be very ool on wire racks. (You can store ht containers for several weeks.) mushrooms, lightly sift cocoa or weet chocolate over the large me- uffs, then set each puff on a ne. Use to decorate desserts such e mound of ice cream, or individ- ngs of ice cream, cakes, or molded . Makes 10 to 12.

**Meringue Butter Cream.** Chill the meringue (one recipe's yield) in gerator for several hours or over- eat until fluffy ¼ pound (½ cup) nsalted) butter with flavoring of oice: 1 tablespoon Cointreau, cherry brandy), or other liqueur, spoon vanilla. Then add the me- n large spoonfuls, beating in thor- Chill, covered, until ready to use. about 2 cups, enough to frost a 9-inch cake (chill until ready to or enough for the tea cakes below.

*Meringue Tea Cakes.* Cut frozen or made pound cake in ¼-inch-thick Spread thin layers of apricot jam n slices. Cut cake in rounds or about 1½ inches across; make 20 Drizzle each cake top with about poon Cointreau or kirsch. Force all ian meringue butter cream through y bag with plain round tip (or with to make small puffs on each cake. without touching cream and chill eady to serve. Makes 20.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Treat your family to the incomparable taste of chef's specialty dressings, now *fresh-mixed* by Nalley's. Each one's creamy, spoonably thick and bright with fresh-mixed flavor ...twice as tempting because each is double-sealed for freshness in unique, 10-ounce table-server cups ...perfect size for serving and for easy storage in your refrigerator!

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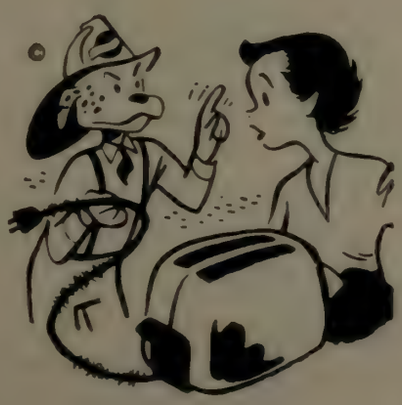

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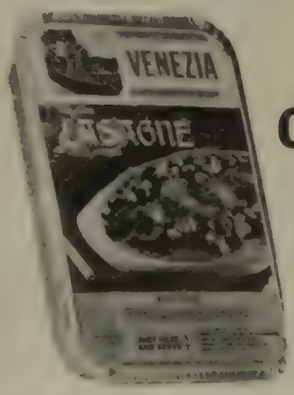


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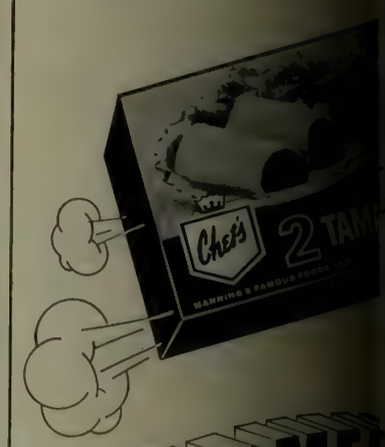


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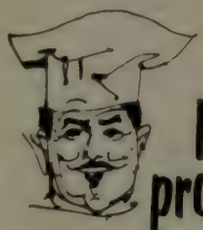
Look for Saag's in your favorite gourmet shop, meat counter or delicatessen or ask for the names of outlets nearest you.



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THE

# Western Kitchen

NEWS AND IDEAS

**Roll-down blind screens the kitchen**

A simple roll-down blind, concealed under the upper kitchen cabinets, s kitchen from the dining room. The eating counter becomes a buffet when served in the dining room. The owners are Mr. and Mrs. Peter D. Jarvis o Island, Washington. Architects were The Richardson Associates.

**A still-life picture?**

Spices become a still-life in an antiqued gold frame, lit by a gallery light. Dr. and Mrs. John C. Leissring, Los Altos, California, designed and built the arrangement.

DARROW M. WATT

**Utensil storage in a bin**

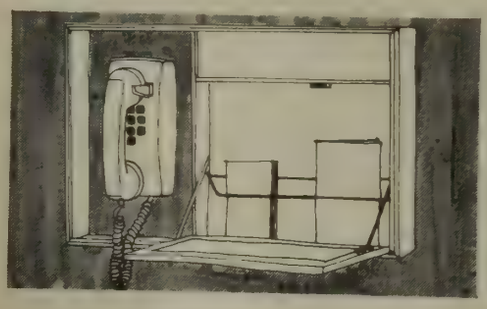
Lids and pans hang on racks and stack on the bottom of this deep bin beside the range. James Casella designed it for Mr. and Mrs. John Pepin, Belmont, Calif.

**Wrought-iron utensil r**

If you like wrought-iron half-cir but need a full circle for your weld two together. This unit be the C. E. Rosebrooks, Hillsborou

## Here are two ways to handle a kitchen telephone

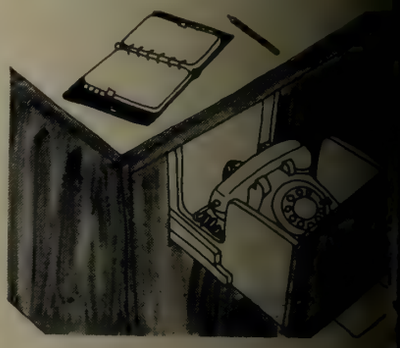
A wall-hung phone has the advantage of not taking up counter space, but it can



be inconvenient if there isn't a writing surface nearby.

One manufacturer's solution (above) frames the phone and provides a pull-down surface with space behind to hold notepaper, pencils, and a personal directory. A light above the shelf operates manually, and goes on automatically when the shelf is opened. Surface-mounted with three screws, the unit is about 23 inches long and 13½ inches high, and projects about 2 inches from the wall.

Or, if you're doing some remodeling, you might consider hiding the phone as Dr. and Mrs. Milton H. Lincoff of Chula Vista, California, did. When their house was built, Mrs. Lincoff knew they needed a telephone in the kitchen but she wanted it out of sight. Architect Leonard Veitzer designed a small drawer in a corner of their kitchen island, with cut-aw to make it easier to pick up the The drawer holds a long coiled c cable runs through a hole at the the drawer.



# Announcing the biggest challenge to frozen orange juice in twenty-one years.

The challenger is Birds Eye's new Orange Plus.™ An orange juice drink that's made to taste better than the best frozen orange juice you can buy.

We start with regular frozen orange juice then add lots of extras. Extras that make Orange Plus taste less like frozen juice and more like fresh-squeezed. New Orange Plus mixes faster, too. Right from the freezer.

That's why we figure it won't be long before Birds Eye's new Orange Plus, the challenger, becomes new Orange Plus, the favorite.

DARROW M. WATT

**Roadside picnic,** *purchased en route, has all sandwich makings laid out on a board*

# AUGUST MENUS

*Picnic makings f the market . . . ch custards for brunc family barbecue di*

**The August cook** relies on nature and the supermarket's convenie for these easy menus. Try them weekend at home or on vacation

One delight in traveling is stopp roadside picnic en route. Often it and faster to stop at a grocery st the way to purchase the lunch than to pack a basket at home. gredients for this summer picnic ily available in almost any supe

## *Roadside lunch from supermarket*

**Dark Rye Sandwiches with Cream Chicken, and Smoked Salm**
**Cherry Tomatoes**
**Bartlett Pears, Peaches,**
**and Thompson Seedless Gra**
**Salted Almonds**
**Packaged Butter Cookies**
**Canned Carbonated Bevera**

It's wise to carry from home a f tools, such as a cutting board, can bottle opener, a small knife, pa kins, and straws or paper cups. terry cloth beach towel or terry makes a good picnic cloth.

The market list for 4 servings ab clude the following: 1 loaf Rus bread, 1 package (8 oz.) cream about 4 ounces sliced smoked sa cans (5 oz. *each)* boned chicken, cherry tomatoes, 4 fresh pears or 1 large bunch Thompson seedless 1 can (6 oz.) salted almonds, 1 cookies, and 4 cans carbonated b

For the picnic, lay out the sandwi ings on the cutting board and

# Burgers really swing with real mayonnaise... Best Foods

o do something really nt with hamburgers? ry these fabulous varia- They're really with it... s to Best Foods Real naise. So light...so deli- blends beautifully with flavors. So smooth and it spreads like a dream.

•

All recipes will top 3 large aller burgers.

H MOD

BEST FOODS® Real Mayonnaise
dairy sour cream
crumbled blue cheese

THE BIG CHEESE
1/4 cup BEST FOODS Real Mayonnaise
1/4 cup shredded American cheese
1/4 teaspoon Worcestershire sauce
Dash dry mustard
1 stiffly beaten egg white

Blend first 4 ingredients. Fold mixture into egg white. Mound on cooked hamburger and heat at 350°F. about 10 minutes, until topping is golden brown.

PINK PANTHER
Blend:
1/2 cup BEST FOODS Real Mayonnaise
1/4 cup catsup
2 tablespoons India relish, drained

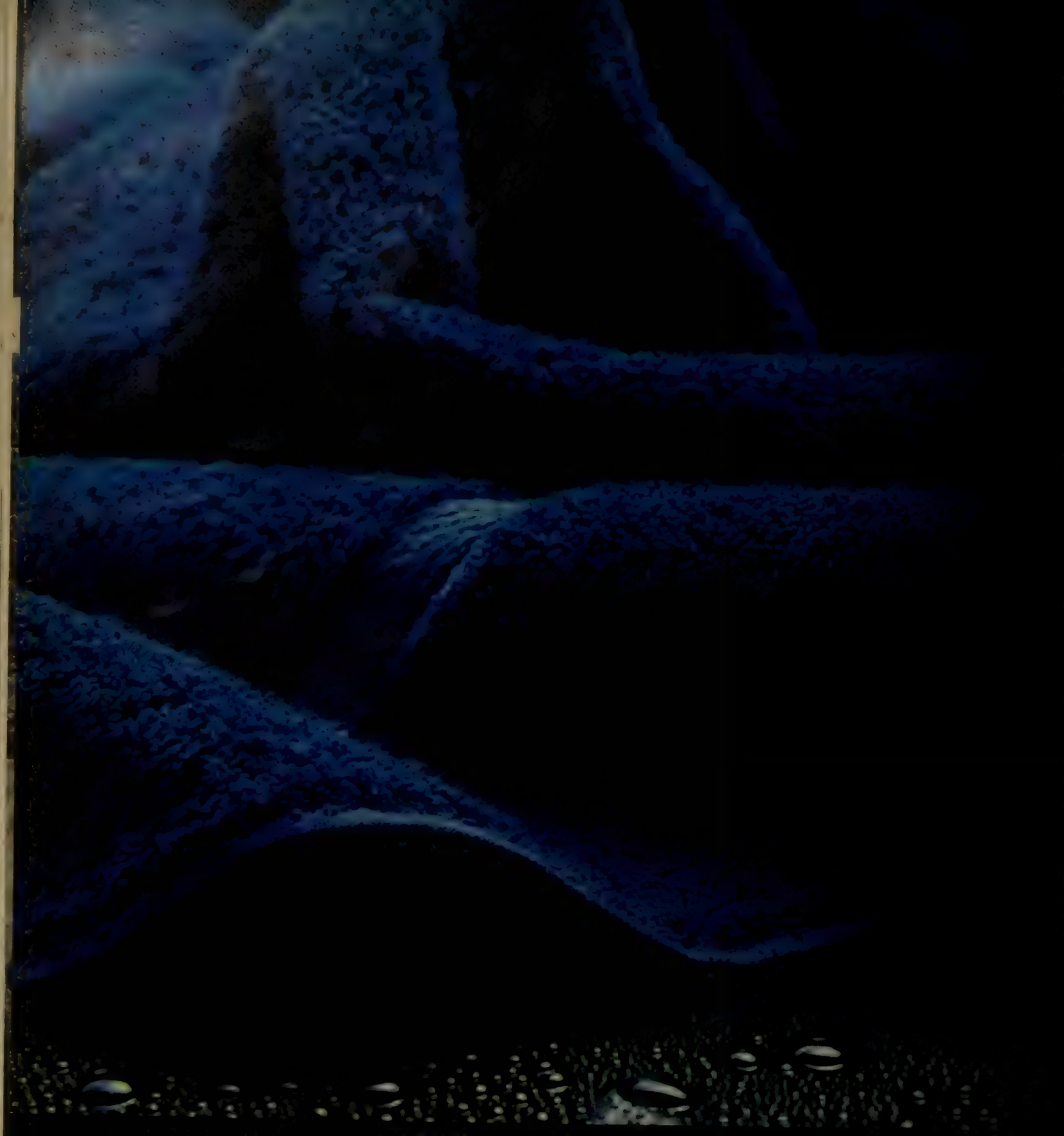
BURGER FOO YUM
Blend:
1/4 cup BEST FOODS Real Mayonnaise
1/2 teaspoon soy sauce

FLIPSVILLE
Blend:
1/4 cup BEST FOODS Real Mayonnaise
1 tablespoon coarsely chopped scallions
2 teaspoons tarragon vinegar
Dash dry mustard

BACON BASH
Blend:
1/4 cup BEST FOODS Real Mayonnaise
Grated horseradish, to taste
Crumbled crisp bacon

DIXIE BELLE
Top broiled hamburgers with tomato slices. Top with BEST FOODS Real Mayonnaise.

IS NO PLACE FOR "SECOND BEST"...BRING OUT THE BEST WITH BEST FOODS REAL MAYONNAISE



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ompose his favorite open-faced tion of rye bread with cream d salmon or chicken. Accompany atoes and nuts to eat out-of- uit and cookies are dessert.

ily or guest brunch features indi- ontainers of baked cheese cus- e Quiche Lorraine without the ust. Frozen rolls and fresh berries this simple yet festive fare.

## mily weekend brunch

**acon and Cheese Custards**
**Croissants and Brioches**
**berries Cream Brown Sugar**
**Coffee**

e the custards first and put them ake while you make coffee, wash ries, set the table, and heat the rolls.

**nd Cheese Custards**

ces bacon
gs
nt half-and-half (light cream)
aspoon salt
aspoon each pepper and nutmeg
ps shredded Swiss cheese
blespoon melted butter or margarine

con into ½-inch pieces and cook risp; drain on paper towels. Pre- pan of hot water (about ½ inch n a 350° oven. With a fork beat ightly; mix in half-and-half, salt, and nutmeg. Sprinkle half of the into 6 buttered baking dishes tard cups (about ¾-cup capacity Pour in the egg mixture, sprinkle emaining cheese, and top with Place filled cups in the pan of hot n oven, and bake for 30 to 35 min- r until custard is just set. Remove from hot water and serve hot. Makes 6 servings.

DARROW M. WATT

**se custards** *stay hot in soufflé cups, with rolls for this family brunch*

This easy-to-expand meal for the family is fun to serve out-of-doors. The foods are favorites with children and adults.

## *Sunday dinner for the clan*

**Sliced Beefsteak Tomatoes with Oil and Oregano**
**Hot Buttered Bread**
**Corn on the Cob**
**Barbecued Pork Loin with Pistachios**
**Fresh Fruit Bowl**
**Ice Cream Cones**

You can barbecue the pork on a covered barbecue or spit, or even oven roast it. Peel and slice tomatoes, sprinkle lightly with olive oil and oregano, and chill. Thickly butter a loaf of firm white or sour rye bread, wrap in foil, and heat on the barbecue 10 or 15 minutes. Boil shucked corn at the last minute.

For the fruit bowl, you can use half a watermelon shell, scooped out, as the serving container. Fill it with fresh fruit: watermelon balls, cantaloupe spears, pineapple chunks, and Thompson seedless grapes. Children may enjoy the fruit as a salad course; adults may consider it for dessert, with perhaps an orange-flavored liqueur to spoon over.

An easy way to hold a number of ice cream cones while you fill them is to fashion a cone holder: Lay a heavy paper plate on top of a straight-sided bowl or soufflé dish so the plate rim extends over the sides slightly. With a sharp knife cut about 8 to 10 crosses in a circle around the plate and insert a pointed cone in each slit, pushing cone halfway down. To serve, fill cones with balls of chocolate and strawberry ice cream, or use other flavors.

If you have trouble finding the shelled pistachios, buy 1 package (3 oz.) pistachios in the shell, available in most nut sections of supermarkets, and shell them.

**Barbecued Pork Loin With Pistachios**

4½-pound boned, rolled, and tied pork loin
3 cloves garlic
3 tablespoons shelled whole pistachio nuts
3 tablespoons golden raisins
⅓ cup dry red wine

With a sharp-pointed knife, make about 2 dozen slits all over the meat and insert in each one a piece of slivered garlic, a pistachio, and a raisin.

Place meat on grill of covered barbecue, centered over drip pan in firebed beneath, with coals to sides. Cover with hood; barbecue slowly. Or impale on a spit and barbecue according to directions for your style barbecue. Or oven roast in a 325° oven on a rack in an uncovered pan. Baste several times with wine. Roast until meat thermometer reaches 175°, allowing about 2 to 2½ hours time. Place on a carving board and slice. Serves 8 to 10.

# Mustard on steak?

## You must be kidding!

Not the regular hot dog mustard — dry mustard. And the flavor is mild — mild and unique. Actually heightens the flavor of the meat. We call it, Steak au Moutarde (sounds fancier than steak with mustard). Here's the story:

2 pounds beef sirloin, cut 1-inch thick
¼ cup dry mustard
Salt and pepper

Trim off excess fat, cut beef into serving pieces. Rub in dry mustard. Grill on rack 3 inches above glowing charcoal. Allow 5 minutes per side for rare. Sprinkle with salt and pepper. Serves 4.

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**To identify** *Rio Oso Gems, look for tiny warts and roughness along the suture, which often protrudes slightly on this otherwise nearly round peach*

DARROW M. W

**Hold frozen whole peach** *under run cold water and gently pull away skin outside of the peach just begins to defr*

# Rio Oso Gem is the great peach for freezing

## It should be in your market in early August

**Slice still icy peach** *directly into using folded paper towel to prote hand. Sweeten and flavor slices*

**About the first week** in August, Rio Oso Gem peaches will be coming into our markets. In addition to being fine peaches to eat fresh, they are remarkably good for freezing.

We suggest you try freezing some of them whole for next winter. No other peach variety we know can be frozen this way successfully—so it is important that you find the Rio Oso Gems. While you can't always rely on the correct name being displayed on fresh products in retail markets, it is required that the original packing box be stamped with the correct variety name, so you might ask to see the box if it isn't visible.

Also, you can learn to recognize these peaches, for they have several distinctive characteristics. The box of Rio Oso Gems pictured above was purchased last year when growing conditions caused an unusual amount of roughness on the suture; this condition may be less prominent on the peaches this year, but some warting and protruding of the sutures are natural to this variety.

Rio Oso Gems are freestone peaches. They are firm and nearly round. The flesh is bright yellow and the cavity bright red. The cut peaches, either fresh or frozen, have remarkable resistance to browning and discoloration.

*To freeze whole peaches.* Select Rio Oso Gems of highest quality, free of bruises and fully ripe. If you buy them in quantity, sort for ripeness. Allow the firm peaches to ripen at room temperature away from sunlight. Plan to freeze each day those peaches that are perfectly ripe.

Place unwrapped peaches in a single layer on a metal baking pan, and place pan in direct contact with freezer coils (it should be a 0° or colder freezer). When solidly frozen, remove peaches from freezer and wrap each tightly in clear plastic film or a small plastic bag. Then overwrap several of the peaches together in heavy plastic bags or other freezer containers for storage.

To serve with cream, over ice cream, or for shortcake, slice the peaches and sweeten to taste. If you wish, also drizzle a little rum or liqueur (such as Cointreau or kirsch) over them, using about 2 teaspoons for 4 peaches. For baked desserts such as peach pie, cobbler, or kuchen, use the sliced frozen peaches just as you would fresh ones.

*To freeze peach slices or halves.* Rio Oso Gem, Red Haven, Elberta, and J. H. Hale peaches are all good varieties in this way. You'll need to use a sugar Make it in advance: Combine in 3 cups sugar and 1 quart water. B boiling, add ½ teaspoon ascorb preparation, and chill. Chill and p peaches without scalding, if possib directly into cold syrup. Pack in freezer containers, leaving 1-inch at top for expansion. To keep, p submerged in syrup, you can p crumpled piece of clear plastic f top. Freeze immediately and store or lower. For 1 quart frozen fruit, need 2 to 3 pounds of peaches.

# but remember the name

South African Rock Lobster Tails—a name worth remembering. Because it stands for delectable flavor and firm, tender meat that can develop only in the icy waters flowing from the Antarctic.

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**NEW RECIPE SECRETS.** For colorful 24-page booklet, send 10¢ to cover postage and handling to Rock Lobster, Dept. SU, P. O. Box 632, Wall Street Station, New York, N.Y. 10005.

South African ROCK LOBSTER TAILS ®

# SANGRÍA

## Cool sipping on a warm afternoon

**The Spanish** deserve credit for originating the delightful afternoon pastime of sipping sangría (san-*gree*-ah). This refreshing beverage, by culinary definition a red wine muddled with fruit, is made in as many variations as there are summer days. The custom of sipping it alone or with food is prevalent in Mexico and throughout South America, and we heartily recommend it.

**Chilled pitcher** *of orange juice and wine sangría—sampled first in Granada, Spain*

**Sangría** *as served in Guadalaja wine floats on lime-flavored*

**Strawberries** *float in Chilean style sangría; the wine is diluted with sparking water*

Any dry red wine will do for two of the following sangrías, but the one from Chile is best made with Zinfandel, as the berry overtones of this wine are nicely accented by the added strawberries.

### *SANGRÍA DE GRANADA*

With a vegetable peeler, thinly cut off the thin outer peel of half a medium-sized orange. In a bowl, using a spoon, bruise the peel with ¼ cup sugar to release the flavorful oils; then stir in 2 cups freshly squeezed orange juice, 1 bottle (⅘ qt.) dry red wine, and ½ cup Cointreau (or other orange-flavored liqueur). Cover and chill; after the first 15 minutes, remove the orange peel.

Serve sangría in a bowl or from a pitcher, garnished with 1 or 2 thin orange slices, quartered.

Add ice cubes to the individual servings of sangría, if you like. Makes 6 cups, or 12 servings of ½ cup each.

### *CHILEAN SANGRÍA*

In a bowl combine 1 cup th strawberries, ½ cup sugar, an lemon, thinly sliced (reserve 1 for garnish). Stir mixture wit to bruise the fruit slightly. bottle (⅘ qt.) Zinfandel, then chill at least 1 hour, or as lon night. Pour mixture throug strainer and discard fruit.

In a serving bowl or pitcher, flavored wine with 2 cups chil kling water. Drop in 5 or 6 who berries and the reserved lemo Add ice to individual glasses, if Makes about 5½ cups, or 11 se ½ cup each.

### *SANGRÍA DE GUADALAJARA*

In a glass that will hold at cups, blend 2 tablespoons simp (recipe follows), 1½ tablespo juice, and ⅓ cup chilled sparkli Drop in 4 or 5 ice cubes, then pour ½ cup chilled dry red wine the wine will float in a distinct the sparkling water base.

Insert drinking straws and serve; sip from each layer or swirl t Makes 1 serving.

*Simple Syrup.* Combine ½ cup e and water in a saucepan and a boil, stirring; cook until cle thoroughly. Makes almost ⅔ cu

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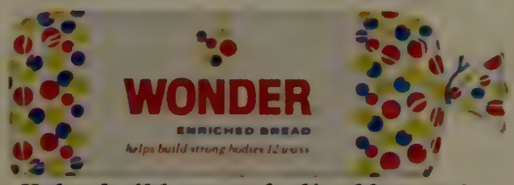


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turnover-shaped fruit pies are per-icy pies made the little old bake-ay—glazed to seal in that special taste!

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It all adds up to 100% Pequot sleep.

The fine muslin sheets pictured are called Palette Stripes. And are available in hibiscus, delft blue, honey gold, and fern green.

Thermal blankets in a variety of textures and fashion-right colors. The bedspreads, in luxurious hobnails, jacquards and textured weaves.

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# "After watching my wife in the National Chicken Cooking Contest . . . I was sure I could top her recipe"

**pleasure** for good eating in ur veteran *Chefs of the West* d their best brains to this

H. Winkley, M.D., feels that cquire an apron emblazoned d gold insignia for ceremonial utilitarian purposes. He prof- for Korean Short Ribs.

xcellent one for any barbecue ve in his repertoire, a guaran- -pleaser. It is one of the true of Korean cuisine presented in eamlined version.

***HORT RIBS***

unds beef short ribs
y sauce
lad oil
on brown sugar
on fresh black pepper
re green onions, finely chopped

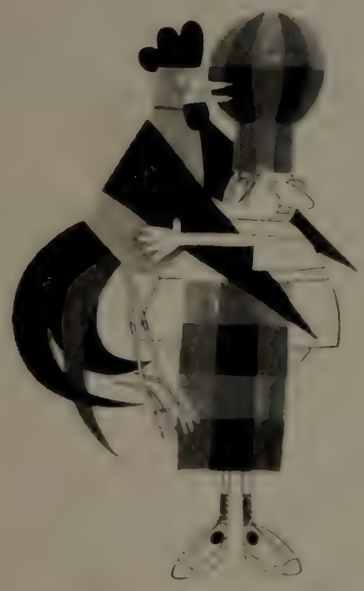
meatman cut the short ribs in -inch cubes, then cut off top eat and fat, leaving only ten- ttached to the bone. Score each tting almost to the bone every both directions.

oy sauce, salad oil, brown sugar, d chopped onions; pour over bowl. Work this sauce into the at, then allow it to marinate ours. Remove meat and place, down, on barbecue grill over heat. When it's brown, turn and eat side. Keep turning to brown all sides; baste with remaining Cook about 30 minutes until risp and brown outside and ink near the bone. Makes 6 to

John H Winkley MD

*La Canada, Calif.*

ways a little alchemy going on in n of *Chef* L. Michael Minshull. t: "After watching my wife cook or the National Chicken Cook-



*"Watching my wife cook"*

ing Contest last year, I was sure I could top her recipe."

Although we're not sure how the family contest came out, we endorse his recipe.

***SNAPPY NOODLE CHICKEN***

3-pound broiler-fryer chicken, cut into serving pieces
1 egg, beaten
⅔ cup seasoned bread stuffing mix, finely crushed
2 teaspoons grated lemon peel
2 tablespoons butter or margarine
1 can (about 10 oz.) condensed oyster stew
4 cups cooked green noodles
½ cup sour cream
¼ cup chopped green onion

Dip chicken pieces in beaten egg and roll in bread stuffing crumbs combined with lemon peel. Melt butter in a 9 by 13-inch baking pan. Arrange crumbed chicken pieces, skin side down, in butter. Bake, uncovered, in a 400° oven for 25 minutes. Turn over chicken pieces, and pour oyster stew around chicken. Continue baking, uncovered, for 25 minutes, or until tender.

To serve, place crisped chicken on hot, cooked noodles. Combine sour cream with sauce in pan until smooth; pour into gravy bowl. Garnish chicken with green onion and serve. Serves 4.

L. Michael Minshull

*Everett, Wash.*

"Thousands of Westerners either grow blackberries or have them growing on their land," says *Chef* E. Jeff Barnette. "I grow more than we can consume, and I am interested in the reactions of friends to whom I give blackberries. After the usual blackberry pie, jam, and jelly, most of them profess no knowledge of any other preparation except perhaps to eat them raw. Here is a different approach, simple and not too time consuming."

It's probably closest to a cobbler, although it lacks the usual cobbler crust.

***BLOSSOM HILL BLACKBERRY CRUNCH***

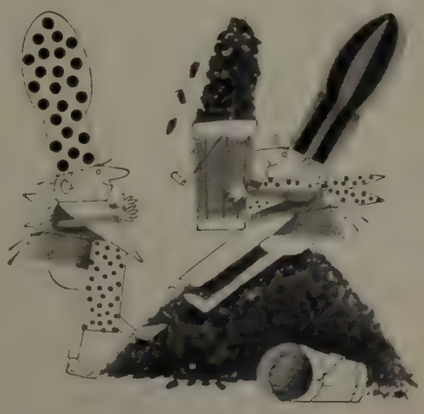
1 to 1½ cups granulated sugar
3 tablespoons flour
3½ cups ripe blackberries

*Topping:*

½ cup soft butter or margarine
½ cup flour
1 cup wheat cereal flakes
½ cup loosely packed light brown sugar

Mix together 1 cup of the sugar and the 3 tablespoons flour; mix with blackberries, then add more sugar to taste if needed. Place all in a 9-inch-square baking pan. Bake in a 400° oven for 15 minutes, stirring twice during the baking.

For the topping, crumble together butter and the ½ cup flour. Mix lightly with cereal flakes and brown sugar and spoon

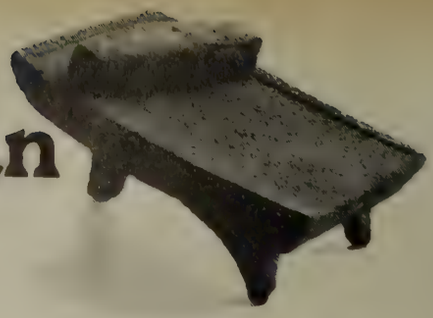


*"I grow more than we can consume"*

*Chefs of the West*®

The Art of Cooking . . . by men . . . for men

# Cooking with a Mexican accent.



**by Elena Zelayeta**

American cooks commonly think of chili as something that comes out of a can. It tastes just good enough not to insult the family when P.T.A. falls on the same day as bridge club.

To Mexican cooks, making chili is an art, and it can be time-consuming. But I have found it's worth it. Why turn something with the potential of chili into a less-than-delicious dinner?

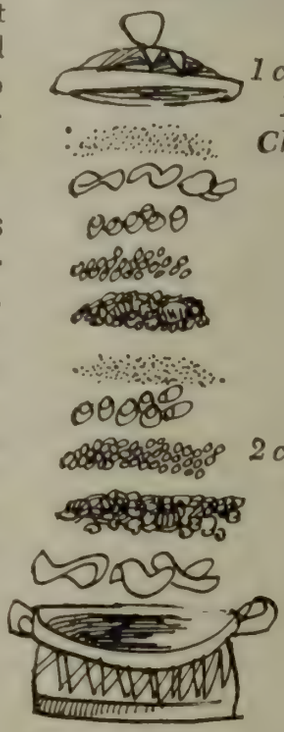
Here's a recipe for a chili casserole in layers that's one of those very happy marriages of Mexican taste and American ease. The combination of textures – corn chips, meat, olives, beans – and the subtle spicing make it a dish you could serve El Cordobes with pride. What makes it easy is the Lawry's Chili Seasoning Mix. Unless you've spent most of your life, as I have, preparing and eating Mexican food, the seasoning can be your downfall.

But Lawry's has a chili seasoning mix that I feel tastes quite authentic. The chili powder itself is a special blend, and Lawry's has made sure the other spices are combined for a balance of flavors.

At a dinner for friends from Taxco, I served this chili casserole with Gazpacho (cold soup made from tomatoes, cucumbers and garlic), buttered tortillas and Tomate Aguacate en Fuente (Tomato-Avocado salad bowl). For dessert, we had room only for Kahlúa and coffee.

Elena Zelayeta is the honorary duenna of traditional Mexican food in the United States. The child of Spanish innkeepers in Mexico, she is the author of *Elena's Secrets of Mexican Cooking.*

*CHILI CHIP CASSEROLE*



*1 lb. ground beef*
*1 cup chopped onion*
*1 package Lawry's Chili Seasoning Mix*
*1 can (6 oz.) tomato paste*
*¾ cup water*
*1 bag (6 oz.) corn chips*
*1 can (1 lb.) pinto beans*
*2 cans (2¼ oz. each) sliced ripe olives*
*2 cups grated cheddar cheese*

*Brown beef till crumbly. Add onion, Chili Seasoning Mix, tomato paste, water. Combine. Simmer 10 minutes. Place ½ bag corn chips in bottom of 2 quart casserole. Spoon ½ chili-meat mixture over corn chips. Place ½ can pinto beans over meat mixture. Place 1 can olives over beans. Sprinkle with 1 cup grated cheese. Repeat meat, pinto beans, olive layers. Arrange remaining corn chips over top, sprinkle with rest of grated cheese. Cover, bake at 350° F. 30 minutes. Uncover, bake an additional 15 minutes. Serves 6-8.*

There are hundreds of other recipes for chili. But no matter which one you choose, chili's worth making a special occasion dish – even if the special occasion is only that you got through the day.

*For free Mexican recipes, write Lawry's, Box 2572L, Los Angeles, California 90054.*

evenly over top of hot blackbe
on middle rack in oven and co
bake at 400° for another 15 m
until top is golden brown. Se
or chilled. Serves 4 generously.
cream or ice cream.

Col. E. Jay Ba

Col., U. S. Ar
*Santa Ro*

We hear again from *Chef H*
who aspires to match his
apron by performing good
Diego. "At the Hidalgo Open
Tijuana, large burlap sacks of
nuts in their shells were arriving

*"Fresh pine nuts arriving from th*

Sierra. Their low cost inspired ex
tation, and the result was a m
prisingly simple and rewarding re
This should make an ideal acc
ment for barbecued lamb or chi
other meat not too highly seasone

***PIÑON PILAF***

2½ cups water
3 chicken bouillon cubes or 3 teaspoo
chicken stock base
1 tablespoon butter
½ teaspoon curry powder
¼ teaspoon ground cumin seed
2 tablespoons olive oil
1 cup long grain rice
½ cup shelled pine nuts

Heat the 2½ cups water to boili
solve in it the bouillon cubes, but
curry powder; add cumin seed.
In a frying pan, heat olive oil an
the uncooked rice until golden
Turn heat to low, add pine nuts
rice, and stir until nuts brown
bouillon mixture over all. Cov
tightly and cook over low heat al
to 25 minutes, or until rice has al
all the water. Serve with meat. Se

Henri Jacot
*San L*

# The only mixes with natural lemon flavor by Sunkist
# (A new twist from Betty Crocker)

Betty Crocker introduces the first and only cake and frosting mixes with natural lemon flavor coaxed from fresh lemon peel by Sunkist. Natural Sunkist® lemon flavor makes these two new cakes and two new frostings the brightest, sunniest, lemoniest desserts ever. *When the flavor's this exciting . . . you can bet it's Betty Crocker.*

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# You don't even have to try this Flav-R-Pac idea once to know it's good!

## California Casserole

FLAV-R-PAC Mixed Vegetables . . . one package, one can, or two cups from poly bag.

**1 lb. ground beef**
**½ cup mushroom soup**
**1 small diced onion**
**½ cup milk or water**
**Salt to taste**

Fry ground beef, onion and salt. Drain. Add soup and milk or water. Simmer and add defrosted, heated vegetables. Turn into greased casserole. Heat through in 350° oven. Serves 4.

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**Easy dessert:** *Serve fresh berri peaches with chocolate-topped*

# *Swirl top on cheesecake*

**You swirl** melted chocolate t smooth, cream cheese mixture t cheesecake interesting contrasts texture, and color. If you like, refrigerate it a day ahead. Serv or with fresh summer fruit.

***CHOCOLATE-SWIRLED CHEESE***

- 1 cup finely crushed vanilla wafer cr
- ¼ cup *each* sugar and melted butte or margarine
- 4 packages (3 oz. *each*) cream che
- 2 eggs
- ½ cup sugar
- 1 teaspoon vanilla
- 2 ounces semisweet chocolate

For the crust, combine the van crumbs, sugar, and melted butte until blended. Press over bott about 1½ inches up sides of an 8 pie pan or an 8-inch cake or ch pan with a removable bottom. Ba in a 350° oven about 6 minutes, it just starts to brown lightly.

While crust is baking, put cream eggs, sugar, and vanilla in small bowl and beat with electric mixe smooth and creamy. Put chocola small pan and set over simmering until melted; stir to be sure it is s

Then pour cream cheese filling into crust. Drizzle melted chocolate o cheese filling. With a fork gentl chocolate into cheese mixture, u minimum of strokes. Bake in a 350 for 20 minutes, or until outer edge ing is set, center not quite firm. Co chill. Serve plain or with fresh strawberries; with sliced and s strawberries, peaches, or nectari with crushed, sugared raspberries. about 8 servings.

# Razzle Dazzling!

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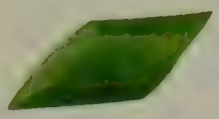
The Kleenex Boutique Collection is in . . . and tissues have never been so glorious. Full-size tissues shockful of color. Splashful of scent. Stashed in name-dropping mini boxes. Four pow! pow! pow-erful ways to glow. Hot Pink. Bold Gold. True Blue. Avocado Green. With bathroom tissue to mix or match.

NEW PRODUCTS FROM KIMBERLY-CLARK

# Consider all the angles



Slicing beans slantwise exposes more of the crisp, meaty, inner bean. Folks have been cutting them this way in their homes for years. And that's how the Green Giant cans them. He calls them his Kitchen Sliced Brand diagonal cut green beans.

Try Green Giant beans, summer-fresh and snapping-crisp, sliced bite-size and on a slant. Or try them Whole Style, or French Style. Whatever your angle, the Giant gives you a great big edge on flavor.

© Green Giant

DARROW M. WATT

**...size steak sandwich,** *Mexican ...s a meal with a favorite drink*

# ...'s Little Joe ...r El Pepito

**...jara, Mexico,** we discovered a ...ersion of the steak sandwich ... "El Pepito," or Little Joe.

...d steak, thinly sliced, is served ... roll spread with avocado sauce, ...ns; pass chile or taco sauce in ...sual condiments like catsup or ...e.

*...o (Mexican Steak Sandwich)*

**...t 1 pound lean tender steak (such ... sirloin, New York cut, or top ...nd) cut 1 inch thick and broiled ... barbecued**
**...y round or rectangular rolls ...ch 3 to 4 inches long)**
**...ed beans with cheese (directions ...low)**
**...ut ¼ cup guacamole, homemade ... frozen (thawed)**
**...ut 4 thin slices mild onion**
**...ared chile or taco sauce**

...k of any fat or gristle and slice ...oss the grain. Split the rolls and ...e side of each with about 1 ...n of the refried beans, and the ... with about 1 tablespoon of the ...e.

...qual portion of steak on the bean ...ach roll; put the onion slice on ...mole side. Serve the sandwiches ...hat sauce can be added accord... ...ste, then close. Eat the sand... ...t of hand, or with a knife and ...kes 4 servings.

*...Beans with Cheese.* Heat about ...anned refried beans (or home... ...th 2 tablespoons shredded Ched... ...e (mild or sharp) or jack cheese ...aspoon butter or margarine. ...n sandwiches while hot.

Nothing reflects a masculine outlook as much as ENGLISH LEATHER ALL-PURPOSE LOTION. Brisk as a salute; in distinctive redwood gift boxes, $2.50, $4.00, $6.50.
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# *Sunset's* GARDEN GUIDE

## Why not a garden doorway?

GLENN C

*Plants in earthen Mexican containers flank entry to style home. At left of door, geranium grows in a "bird." At right, another geranium, trained ivy, and d ler. Pyracantha just starting to bloom is trained against*

# AUGUST IN YOUR GARDEN: *The temptation is to lean back . . . here are reasons to resist*

who got off to a reasonably st spring, August gardening wards along with a continu- bility: cutting flowers; enjoy- st of fresh corn, string beans, es; and—very important— the health of the plants. In this last can involve consid- tion, because the heat that ant growth also speeds up the sects, mites, and other pests.

eners will find time to rest in d just keep up with watering, nd pest control. More earnest ay begin preparations for fall even sow flower and vege- for winter and spring enjoy- cated gardeners will have no ing employment for their en- alents.

## s begonia time

weather turns really hot and valleys are threatening to re- ert, it's time to go to the cool look at tuberous begonias— ng back a few to remind you . Their flower colors are warm, cculent stems and leaves and petals give plants a spring- ness that lasts right on through and possibly even October.

hborhood nurseries have plants ots at this season, but many e to bring home plants from rounds or specialist nurseries. of conservatories, show gardens, ries, see page 149 of the July *et:* for advice on bringing plants caring for them, see page 164 ne issue.

## evergreen magnolia

green Southern magnolia *(M. a)* is a variable tree. Grown l, plants show considerable dif- leaf size, plant size and form, ality, and age at which they Some plants that have proved desirable have been named and gated by budding or grafting.

med kinds possess some unusual hat led to their being named and for propagation, and have the rtue of blooming while young— ile still in 5-gallon nursery cans. cociousness is the result of the operation.

variety to reach the market is 'Russet,' an introduction of the Saratoga Horticultural Foundation. The special feature of 'Russet' is the bright orange-brown wool (tomentum is the technical name) that coats the new shoots and the undersurfaces of new leaves. Many magnolias have this tomentum, but in 'Russet' it is profuse enough and bright enough to be a highly decorative feature.

The bright russet tomentum shows up most strongly when you look upward into the tree, but it is also strikingly displayed when the wind blows and tosses the branches. Flowers are large (8 to 10 inches across), white, and fragrant, like those of common evergreen magnolia, and they appear through summer and fall.

Plants are not cheap; those in 5-gallon cans cost $13 to $15. Common evergreen magnolias the same size cost half as much.

## The strenuous life

If you really like to garden, August won't find you resting on your laurels; you'll be doing push-ups. Lester Dickinson, who won last year's *Sunset* garden contest, and who gardens in the mild climate of Richmond, California, sent the following account of his planting activities in August of last year:

"August 5—planted 30 onion sets (eaten in October), 3 hills potatoes (also dug October 1, and were they ever delicious!).

"August 21—Pulled last of carrots, beans, beets, and one lettuce bed. Added some manure and humus to soil where they'd been, planted 2 rows of carrots, 1 pound onion sets, lettuce, and radishes."

This wasn't all Mr. Dickinson did. He performed routine pest control and irrigation chores, groomed his tuberous begonias to a high state of perfection, and ate more squash and chard than he wanted to. Above all he proved that in all but the hottest or coldest California climates, there's garden action all year for those who really want it.

## An overlooked ground cover

In our zeal to find the ideal ground cover for every situation, we sometimes resemble Victorian moralists who considered ankles merely a good reason for long skirts. There are certainly many situations where ground cover plants are desirable, but there are also other garden situations in which the best ground cover may be simply the ground.

Well cultivated, weed-free soil can offer a lovely contrast to foliage and flowers. A freshly cultivated field or a freshly harrowed orchard has a beauty that belongs partly to the neatness of good maintenance, partly from the natural harmony of brown and green. This same harmony can lend a quiet beauty to your garden.

Good dirt looks especially handsome between green lawn and masses of annual or perennial flowers, or around plants in more or less formal arrangement—roses in beds or stocks in a cutting garden.

It will look its best if you give it at least a fraction of the attention you give many other ground covers. Keep weeds out; keep the surface cultivated and raked free of trash and clods; and keep edges neat and crisp (with header boards, mowing strips, or occasional hand edging). Keep it soft and loose enough so that weeds are easy to pull, ground easy to loosen with cultivating fork or rake. This means replenishing the supply of organic matter from time to time.

## Mildew and mites

These two pests are around nearly all year, but the damage they do is most serious in summer. Mildew has been a problem on roses ever since they leafed out; now it becomes a problem on many other garden plants — crape myrtle, dahlias, phlox, *Photinia serrulata*, tuberous begonias, and zinnias, to name a few. Mites thrive best, reproduce fastest, and feed most voraciously in hot, dry weather.

For heavy infestations of either pest you'll have to spray or dust. Either sulfur or lime sulfur is useful against both, but use it with caution if temperatures are high, and don't use either on plants that are injured by sulfur. Labels will warn you about temperatures, sensitive plants, and compatibility with other sprays.

More specific remedies for mildew include folpet (phaltan), karathane, and cycloheximide (actidione PM); the last two actually eradicate mildew, while others merely control it.

To minimize the amount of spraying you'll need to do, you can:

*Avoid* planting susceptible plants.

*Give* susceptible plants good air circulation and as much light as they can take without going off color or sunburning.

*Water* phlox, zinnias, and other low-growing susceptible plants by flooding rather than by overhead sprinkling.

Specific remedies for mites are malathion,

the systemic insecticides, aramite, kelthane, tedion, and petroleum oil (summer strength). If you have been using conventional insecticides, especially DDT, you've been killing off insect predators that help keep mites in check. Use a miticide to keep this mite population down. (Malathion is one fairly safe material that is effective both on a wide variety of insects and on mites.)

### "Something's eating the roses"

Some variation of this statement is one of the gardener's most common summer laments. Usually it comes out like this: "Something's chewing up my anemones (or forget-me-nots, or primulas), but when I look for it I never find anything."

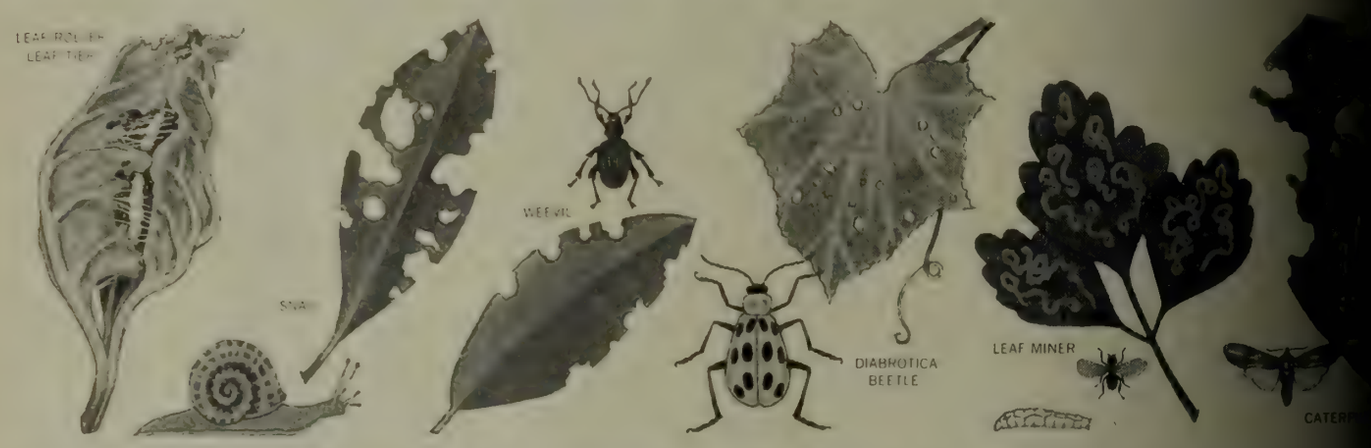
The fact that you never see the chewers is the reason that they are so effective. If you could see them, you'd squash or spray them; if the birds could see them, they'd eat them. The pests that survive are the ones that have learned to hide or to feed at night.

Some (the leaf miners) feed inside leaves, where they are safe from predators and were safe from sprays until the systemics came along. Others (leaf rollers and leaf tiers) hide in little tents that they make by rolling up leaves and fastening the edges together with silken threads.

If you really want to find out ing the plant, you might carefully, concentrating on t of the leaves and the shade the plant; or (and this will cessful) go out at night a the culprits with a flashlight.

Snails and slugs leave telltale other chewing pests are har by their traces, but the p show fairly typical pattern And some simple guidelines hunch your way out of the p age near the soil line often pests that hide in the soil (weevils, earwigs, cutworms take poison bait or succumb or dibrom on the soil.

Damage higher up in the pl comes from caterpillars or it's not generally necessary them to control them. Just u poison (sevin, DDT) or an spray or dust.




**Slug damage** *resembles snail damage, but slugs seldom feed much above ground. All are secretive except diabrotica, a*

## AUGUST JOBS: *Here is what most needs doing*

☐ **Disease and pest control.** You'll find controls for the most common August pests and diseases discussed on page 119 and above.

Lawn diseases are a continuing problem in late summer heat, and lawn insects can be harmful. Page 186 of the June 1967 *Sunset* tells you how to check your lawn for damaging insect larvae.

☐ **Feeding plants.** August brings the last chance to give a second (or third) feeding to azaleas, camellias, and rhododendrons. Feed chrysanthemums until buds begin to show color. A late summer feeding will help roses put on a good fall show.

☐ **Grooming, pruning.** Disbud camellias as soon as buds are large enough to handle conveniently. Space them so they won't crowd each other. If you find time, thin evergreen trees and large shrubs to protect them against early wind and rain storms. These can come in September, sometimes with very little advance notice. Cut out dead and injured wood from trees and shrubs whenever you spot it: it's easier to see now than later on when leaves turn brown or fall.

☐ **Lawns.** It's too early to plant cool-season grass lawns now, but it's a good time to ready the soil for a new one. Preparation is a hot and heavy job, but lack of other garden jobs may give you time to do it thoroughly. When good lawn planting weather comes with late September and October, so will a score of other garden tasks.

☐ **Planting.** August is a good month to plant cyclamen, daylilies, iris, and tropical or tropical-looking plants. You may find broccoli, cabbage, or cauliflower plants available in some cooler areas. For a quick lift, plant a few colchicum bulbs; they will bloom in weeks (perhaps even in days).

☐ **Seed sowing.** Plant sweet winter bloom, and seed crops for planting out later. Yo a second round of many root vegetables now. Plant seeds o (winter-blooming kinds), bienn perennials. In hot areas it's bes these in flats or pots in a cool s overhead shade is available for noons.

☐ **Watering.** Don't falter in s water to your plants. Ne has hardened and wilting will be spicuous than it was when ne was soft and tender, but the water is no less great—especially low-rooted plants.

☐ **Weeding.** If you want poison oak by spraying th do it soon. Foliage sprays aren after leaves ripen and begin to tu

# Playsafe

ether it's kids or
es, or puppies, you
rn them loose with
ence. Keystone
Climb Fence provides
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**Keystone**
**Non-Climb Fence**

**Giant coast redwoods** *rising above native ferns stand like portals beside the carport. Stairs on the left lead to the house and the entry patio below*

**Rich pattern** *is created by redwood paving length upright logs, sedum bank cover bel*

**Right.** *Visitors front entry deck next to Japanese maple grow of stairs, ferns at its ba rounds all contribute to w*

# Here's what it's like to live among redwoods . . . and to garden under them

**In this quiet garden** on Nicasio Creek in Marin County, California, you feel as though you're "a million miles from nowhere." And yet (in accordance with specifications of the owner, Mrs. Grace Mauerhan, when she started looking for property) it is just a mile from a country store and only 45 minutes by car from San Francisco.

Towering virgin redwoods interspersed with bigleaf maples and California bay trees *(Umbellularia californica)* surround the house and garden. From the rear deck (see photograph at top left, opposite page), you can look across a creek to a steep, densely forested slope that is also part of the property. Except for the clearing necessary for buildings and garden construction, native plants, including undergrowth, were carefully preserved.

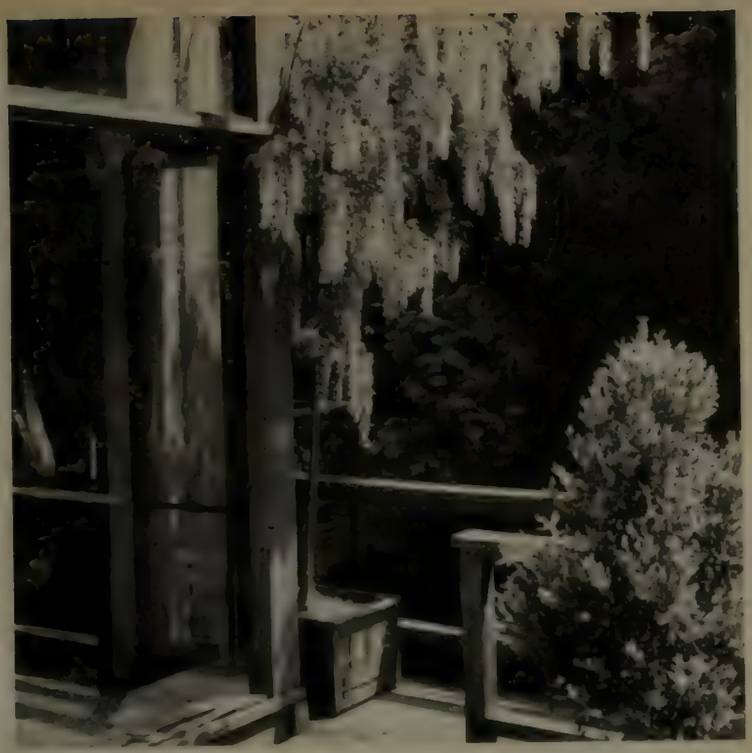
Under the redwoods grow such wild plants as woodwardia, sword, and coastal wood ferns *(Dryopteris arguta);* false Solomon's seal *(Smilacina racemosa);* and redwood so *oregana).* Wild lilac *(Ceanothus)* grows in more op

Of the non-native plants, Japanese maples with the foliage and graceful branches fit perfectly in this environment. And even Mexican sedum *(S. ameca* which one usually finds growing in full sun, does n of place; although it does not flower heavily here, green foliage is thick and luxuriant.

The dramatic goldenchain (above, far right) has be in its present container for about six years. This s uous tree has green bark and bright green leave yellow, sweet pea - shaped flowers in wisterialike clu in late spring. Best adapted to cool, moist conditio chain performs splendidly on the deck, where it's morning sun and afternoon shade.

Architect Theodore Milhous designed the house and

*se seen from across the creek. Retaining wall holds y high water in winter. Ivy and junipers on slope*



**Goldenchain** (Laburnum watereri *'Vossii'*) *in 18-inch box is a shining highlight in late spring. Boxed dwarf spruce on right*

GLENN CHRISTIANSEN

# Dog Nearly Itches to Death

*"I thought we would have to put Daisy to sleep . . . but I could never do this. I suffered as she suffered almost two years with large running, itching sores. I had almost given up trying things when I came across Sulfodene. Now her back is all healed, and her beautiful hair is coming in thick. The Lord should bless you for such a fine product,"* says Mrs. John Burmester, New Jersey.

SULFODENE is a scientific liquid medication developed by famous veterinary scientist, Dr. A. C. Merrick. SULFODENE works fast to clear fungus infection, stop fungus itch and heal itch-sores (often called mange, eczema, hot spots). So soothing, the most frenzied itching is relieved almost instantly. Biting and scratching is stopped in minutes.

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JOHN SEY

**Golden yellow** *blooms of Aaron's beard show from June till fro*

# You have to watch Aaron's bea

**"What a beautiful weed** we've planted," is the thought of many gardeners when they see the pinkish stems of Aaron's beard *(Hypericum calycinum)* coming up all over the garden from its widely spreading underground stems.

But you can't help admire the abundance of 3-inch-wide flowers that look like spots of golden yellow sunshine nestled in the foliage. And the center tufts of many stamens with red (changing to yellow) anthers look like miniature sunbursts. All this happens from about June until the first frosts.

This ground cover grows to 12 inches high; the tufted plants are densely foliaged with 2 to 4-inch-long leaves, medium to yellow-green on top, bluish green beneath. In cold-winter areas Aaron's beard is nearly deciduous and doesn't become quite as aggressive.

If you have a sunny or partially shaded large bank that needs cover to control erosion, this is a great plant. S flat-grown plants or rooted cu 18 inches apart. If you grow it i areas, you'll need to curb the ro much as you would a running-t boo. Also, in small areas, rem flowers so seed capsules won't the seeds germinate new plants Cut cover back each spring so p look neater and more compact.

But even with these precaution get away from you. It does well any kind of soil, and can get a little water and fertilizer; also, i competitive root system may k plants from getting the moisture they need for best growth. Aaro is about the most difficult pla rid of once it has strayed. Applic a broad-leafed weed killer may c growth or even kill it, but mak valuable broad-leafed plants or they'll also be killed.

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*our doctor about a well Electronic Air Cleaner. oves 99% of the pollen, 95% of all the airborne ts passing through it.*

. Runny red eyes. Wheezy breathing. You know the ns . . . the allergy problems that can be caused by llenated air. And it isn't just dirty air outdoors—nside your home *can be* just as irritating.

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ecognize that the Electronic Air Cleaner can't lergies, but case histories have shown that it ovide relief. If allergies are a problem in your home, your doctor or one of your local dealers listed below he benefits of the Electronic Air Cleaner. y breathe a lot easier.

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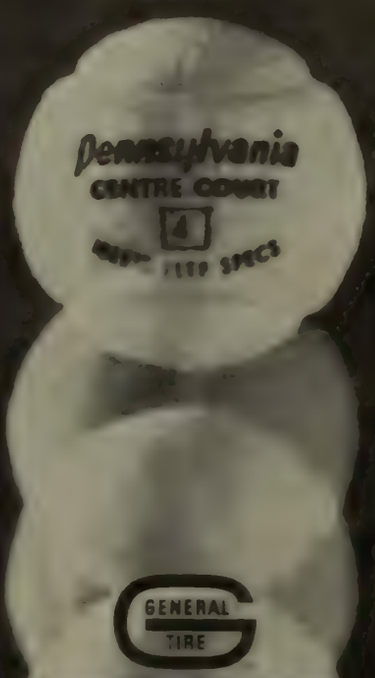


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# Fuchsias . . . on colorful August di

**The strip of land** along the Pacific Ocean that is sometimes called the fog belt is where the fuchsia thrives: Seattle, Tacoma, Portland, the Oregon Coast, the Bay Area, the Monterey Peninsula, Santa Barbara, Santa Monica, Long Beach, San Diego, and waypoints.

(The nearby inland valleys make up a strip where fuchsias *can* be grown—Wenatchee, Yakima, the lower Willamette Valley, Medford, Sacramento and San Joaquin valleys, San Fernando and San Gabriel valleys.)

A prime factor that makes the fog belt such a perfect fuchsia climate is its cool summers. In this area, bloom reaches a peak in July and August. In hot California climates, fuchsias make the best show in spring and fall, before and after the hot spells.

Listed below alphabetically by town are nurseries, fuchsia society shows, and public gardens where displays of fuchsias may be seen this month in northern California, and some of the outstanding displays in the Northwest and Southern California.

Although the plants in public gardens and at the shows are for display only, those at the nurseries are for sale. It is a good idea to check with the places you plan to visit as soon as you reach the area: nursery business hours vary and some may be closed on certain days of the week.

### NORTHERN CALIFORNIA

*Alameda.* Encinal Nursery, 2057 Encinal Avenue.

*Arcata.* Hensel's Garden Shop - Nursery, 884 Ninth St.

*Berkeley.* Berkeley Horticultural Nursery, 1310 McGee Ave. In addition to its usual display, this nursery will have a special fuchsia showing on September 14 and 15 from 9 A.M. to 5:30 P.M. Free.

*Berkeley.* C. and A. Warren and Son Nursery, 2200 Fifth St.

*Bolinas.* Guasco Fuchsia Gardens, 515 Aspen Rd.

*Capitola.* Vetterle & Reinelt Hybridizing Gardens, 45th Ave. and Capitola Rd.

*El Cerrito.* Milani Nursery, 10841 San Pablo Ave.

*Eureka.* August 25. Show presented by Eureka branch of the American Fuchsia Society. Place: Redwood Acres Fairgrounds, 3750 Harris St. Hours: 10 A.M. to 5 P.M. Free.

*Eureka.* Hanson's Nursery and Florist, 3418 Union St.

*Eureka.* Sherwood Forest Nu Harris St.

*Fort Bragg.* August 24 and 25 sented by Fort Bragg bra American Fuchsia Society Fellows Hall, N. Main St. Ho P.M. Saturday; 10 A.M. to 6 P. Admission: free.

*Fort Bragg.* Highway 20 Fu dens, ½ mile east of State Ha State 20.

*Fort Bragg.* Ocean Bluff Fu dens, south of Fort Bragg: tu State Highway 1 onto Ocean first road past Mendocino Co cal Gardens.

*Gualala.* Blue Horizons Nur Highway 1, halfway betwee Point Arena.

*Hayward.* August 1, 2, and 3 sented by Eden branch of the Fuchsia Society. Place: South ping Mall, Nimitz Freeway a Ave. Hours: 9 A.M. to 9 P.M and Friday; 9 A.M. to 5 P.M. Admission: free.

*Oakland.* Fuchsia Forest, 925 addition to its usual display, will have a special fuchsia September 1 and 2 from 10 A.M Admission: free.

*Oakland.* Lakeside Park Trial Gardens, Lakeside Park Nur 8:30 A.M. to 4 P.M. Monday urday; 10 A.M. to 5:30 P.M. S holidays. Free.

*Occidental.* Abels Camellia Gardens, 17291 Taylor Lane

*Palo Alto.* Schmidt Nursery, bert Ave.

*Ross.* August 4. Show presente County branch of the Ameri Society. Place: Marin Art Center's Livermore Room, Drake Blvd. Hours: 1 to 5 P.

*Sacramento.* White's Fuchs 2974 32nd St.

*San Francisco.* August 22 Display presented by San branch of the American Fuch Place: San Francisco County Flower Show, Hall of Flowers nue and Lincoln Way, Golden Hours: 7 to 10 P.M. Thursd to 10 P.M. Friday and Saturd to 6 P.M. Sunday. Admission: adults; free for children under

*San Francisco.* September show presented by San Fran

lowers (see above). Hours: M. Admission: 50 cents for r children under 12.

o. Golden Gate Park, be- atory and McLaren Lodge.

. Vicente Begonia Gardens, St.

. Angeli's Nursery, 484 E.

ila's Nursery, 4 Altena St.

August 5. Show presented by branch of the American ty. Place: Live Oak Meth- 2091 17th Ave. Hours: 1 to

Antonelli Brothers, 2545

eptember 8. Biennial festival can Fuchsia Society. Place: norial Auditorium, High St. M. to 5 P.M. Free.

Craig's Fuchsia Gardens, ntal Rd. (Closed Saturday.)

oo Yun's Fuchsia Garden, Ave.

*CALIFORNIA*

chsia displays in Southern e in nurseries and public gar- e coast.

's Balboa Park, fuchsias are dscaping on the south side reet east of Cabrillo Bridge, ys in the Botanical Building.

*RTHWEST*

the Northwest where the ence is similar to that of the growing region further south, ies grow large collections of

the fuchsia society shows ardens listed below offer good s to see displays.

ugust 9 and 10. Show pre- the Oregon Fuchsia Society. & Frank Co., 621 S. W. Fifth 9:30 A.M. to 9 P.M. Friday; 5 P.M. Saturday. Free.

gust 10 and 11. Show pre- the Puget Sound Fuchsia ce: Northwest corner of Pa- Center. Hours: 10 A.M. to ission to Science Center: $1.

gust 31, September 1 and 2. ted by Greater Seattle branch rican Fuchsia Society. Place: Pavilion, Seattle Center, 308 . Hours: 3 to 9 P.M. Saturday; M. Sunday and Monday. Free.

Manito Park Conservatory. 8 A.M. to 5 P.M. Free.

int Defiance Park. Open daily, 0 P.M. Free.

. C. Butchart Gardens. Open . to 11 P.M. Admission: $2 for 5 for juniors 13 to 17; 75 cents 5 to 12.


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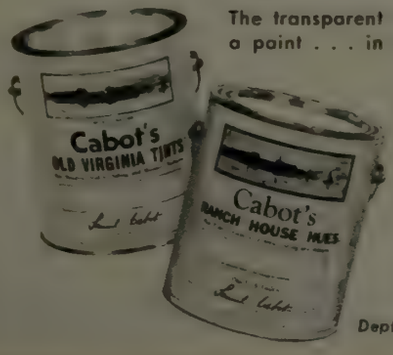


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ce on the roof of Seattle's Olympic rd E. Carlson presides over the third chain in the world. His company, ernational Hotels, operates 64 hotels in from Hong Kong to Montreal to Chicago. grows longer every year.

ss Mr. Carlson knows from the basement hile attending University of Washington, a bellboy in Seattle's Benjamin xcept for four war years in the Navy, the ness" has been his lifetime vocation.

an avocation: his native state of n. His active memberships on civic, cational and business boards or s would crowd a page in Who's Who. e talks of Washington's "Forward voice rings with enthusiasm.

ce-age country," he says. "Ever since 21 Exposition, we've been moving in new t's changing the whole face, outlook y of Washington. Our people are young some; they don't believe in status quo. e creating one of the most dynamic, ving markets in the country.

eautiful mountains, forests, abundant f outdoor space, and a determination to sets intact. Our capital commitments our resources into a new kind of , both for our own people, and those iness with us from the outside.

gazine and Books, by the way, are great ur area. Sunset was the first major o support our Century 21, and did much he outstanding financial success it e around here think Sunset is fabulous."

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Localized editorial service (Sunset has 4 separate editorial editions) is one reason for Sunset's closeness to Western Americans. Another: Sunset is filled with ideas to help them enjoy their kind of homemaking, cooking and entertaining, gardening, recreation and travel. Those are Sunset's specialties—for Westerners and no one else.

A third reason is Sunset's advertising. There are many types of advertising which Sunset, as a family magazine, does not accept. But there's ample evidence that the advertising Sunset does carry gets read as enjoyably, kept around as long, and acted upon as enthusiastically, as the Sunset articles themselves.

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*Our August cover story is on the Seattle Center*

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We basically rely, as you do, on the integrity of the advertiser and his responsibility for statements about his product. To this we add our own offer of refund or replacement on those products which earn this Seal. This continues a *Sunset* policy of over 30 years standing, formalized by the Seal above.

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Bill Lane
President and Publisher

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*abundantly in fall above attra*

## *Showy sedum blooms on an*

**By late summer** and fall, th
plays so spectacular in spri
summer have gone. Gardene
to keep a flower show going f
possible often find it diffic
of enough plants that will b
dantly during this in-betwe
The hardy perennial called sh
*(S. spectabile)* is an excellent
this purpose, either in flower
containers. Large flattish clu
blooms top every stem. (Th
named forms in shades of l
rose red, and also ivory whi
are not always easy to find
Showy sedum grows from
to make a clump of upright
18 inches high. Even when
not in bloom, the foliage
The blue-green, 3-inch-long
slightly toothed edges; and
Be sure to bait or spray fo
snails or you won't have mu
These plants are exceptiona
grow. Set roots out in good, w
moist soil as soon as you get t
will give ample bloom by the
Cut off faded flower clusters t
more bloom. The old flow
tawny color and keep their sh
are useful in arrangements
down after first heavy frosts
same time little green nub
these will be next year's ste
When clumps get too big, divi
and replant. Or start plant
tings; they root so easily that
a start from a neighbor and
some of the plants we talk ab
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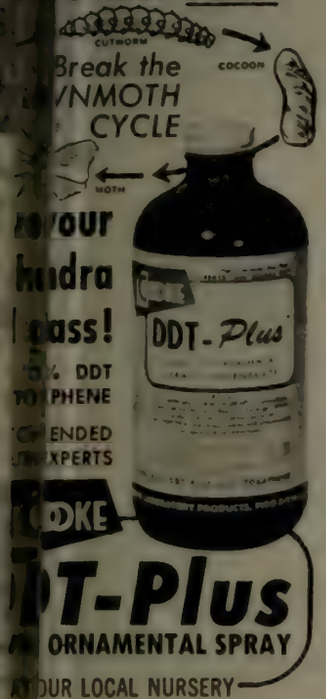


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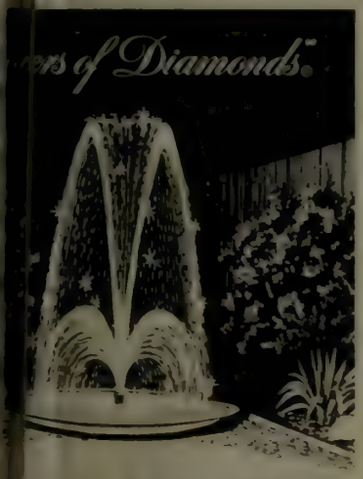


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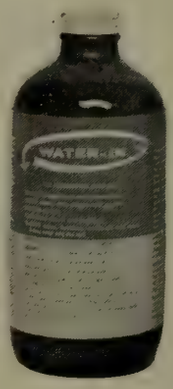


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RICHARD DAWSON

**White flowers** *of beaumontia 5 inches long; faintly veined green inside, very fragrant*

# They are 5 inches long

**Many** California, Arizona, and Hawaii gardeners can grow the plant that produces the lovely, white, fragrant flowers shown above. As a rough rule of thumb, *Beaumontia grandiflora* is safe in any climate where bougainvilleas grow.

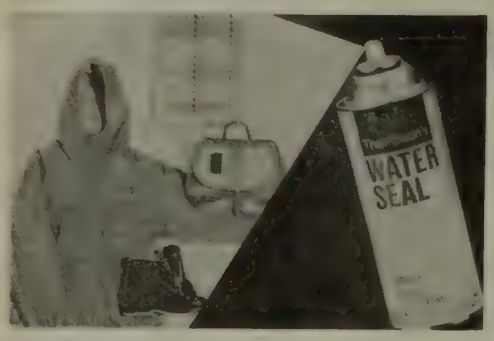
The flowers bloom from late spring into summer and, incidentally, last well in flower arrangements. The plant itself is usually a large evergreen vine that grows rapidly to 30 or 40 feet by means of arching, coiling stems. Such a big vine takes more space than most small gardens can offer. Once it's established, however, it has such stout stems that plants can support themselves and thus perform as big bushy shrubs, like the one at left.

Its best growing position is in full sun in a moist, rich, well drained soil. If you want to keep it as a vine, grow it at the base of a wall to give it climbing surface. The wall can also trap winter heat and possibly give overhead protection from cold sky, as an overhanging roof does.

Shelter the plants from wind to keep the big, broad leaves from shredding.

**Beaumontia** *grown as shrub. James Pierce garden, Palo Alto, Calif. Design by Mary Gordon*

# THE *Sunset* SHOPPING CENTER

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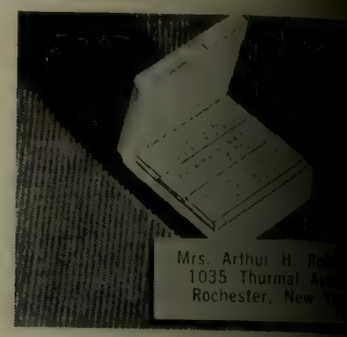
Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, stucco and concrete. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. 16-oz. spray can $1.98; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

## Cure, Harden, Dustproof Concrete

You get better looking walkways, walls, patio slabs, etc., when you brush or spray Thompson's Water Seal on concrete just before final troweling. It controls moisture loss; concrete dries from within so you get a uniformly cured surface that's stronger, smoother, less liable to check or crack. A second penetration waterproofs concrete. At dealers or write direct. Spray $1.98. Qt. $1.95. Gal. $5.95, 5 Gals. $28.25 ppd. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

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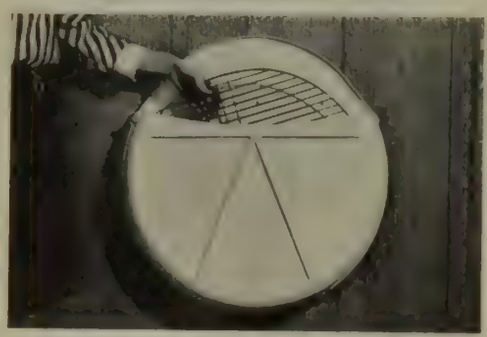

## Don't Scrub Barbecue Grills

End that mess in laundry tubs, kitchen sinks. Fill this attractive plastic container with water, add detergent or household ammonia and immerse greasy grill. Rinse grill before next use. Container holds circular, rectangular, or square grills from 24" barbecues and smaller. Mounts easily on house. Screws included. Readily removable for cleaning. Specify red, green, or gray color. Ppd. $7.95. Wash. res. add 35¢ sales tax. Check or M.O. *Jayne Enterprises, Inc.*, P.O. Box 801, Seahurst, Wash. 98062.

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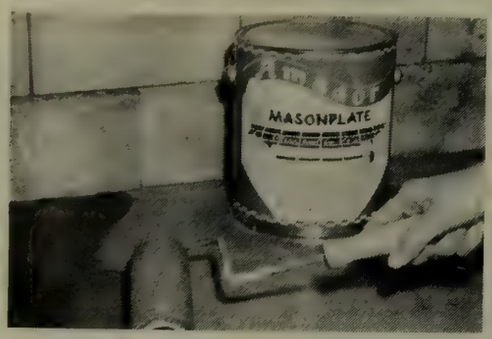


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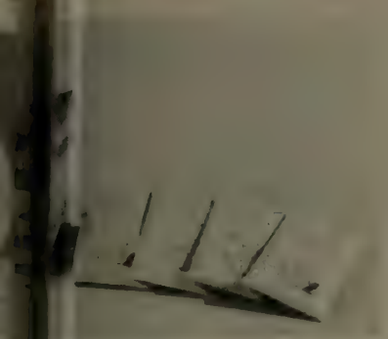

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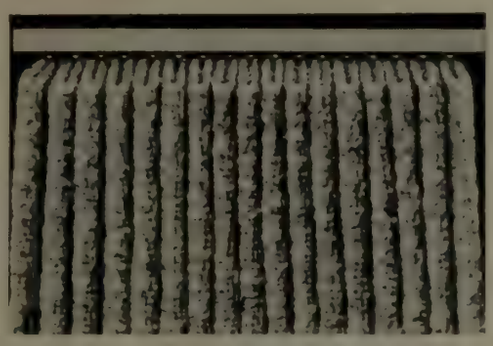

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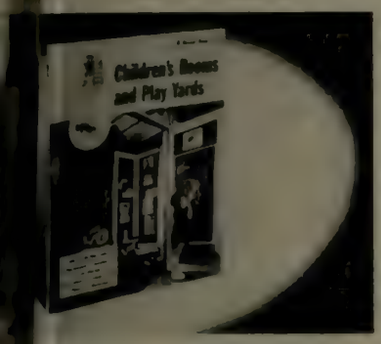


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nts make their home a *fun* place a *Sunset* picture book of ideas d yard. Bedroom areas to "grow children, playrooms, small-scale y storage, doll houses, electric oards, blackboards. Outdoor play tips on sand and other surfaces, treehouses, play equipment. Over plans, sketches. Only $1.95 from or add 5% tax when ordering Books, Menlo Park, Calif. 94025.

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## *Here are August garden events*

**Hayward.** August 1, 2, and 3. Fuchsia show; details on page 126.

**Ross.** August 4. Fuchsia show; details on page 126.

**Santa Cruz.** August 5. Fuchsia show; details on page 127.

**Truckee.** August 10. Flower show and bazaar presented by the Sierra Tinker Belles Garden Club of Truckee and Donner Lake. Place: former California checking station, Old Highway 40. Hours: 1 to 7 P.M. Free.

**Concord.** August 10 and 11. Exhibit by the Shikishima Bonsai Club. Place: Diablo Japanese American Club at 301 Treat Blvd. Hours: 4 to 12 P.M. Saturday; 11 A.M. to 10 P.M. Sunday. Free.

More than 150 bonsai trees will be shown. Experts will be on hand to answer questions. Other features will be brush-painting demonstrations and Japanese folk dancing in the evenings. Oriental food and drink can be purchased.

**Oakland.** August 10 and 11. Annual show sponsored by the East Bay Dahlia Society. Place: Lakeside Garden Center, 666 Bellview Ave. Hours: 1:30 to 9 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Donations accepted.

**San Leandro.** August 17 and 18. San Leandro Dahlia and Flower Show. Place: Bancroft Junior High School, Bancroft and Estudillo avenues. Hours: 3 to 10 P.M. Saturday; 10 A.M. to 8 P.M. Sunday. Free.

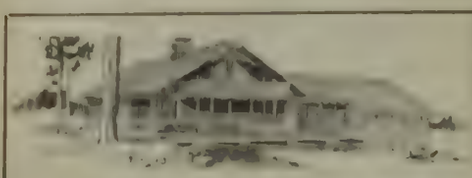
Exhibits will include sections for annuals, perennials, container plantings (including dish gardens), and artistic arrangements. Various plant societies will have educational displays.

**San Francisco.** August 22 through 25. San Francisco County Fair - Flower Show. Place: Hall of Flowers, Ninth Ave. and Lincoln Way, Golden Gate Park. Hours: 7 to 10 P.M. Thursday; 10 A.M. to 10 P.M. Friday and Saturday; 10 A.M. to 6 P.M. Sunday. Admission: 50 cents for adults; free for children under 12.

Combined societies of the San Francisco Flower Show, Inc., will have displays of African violets, begonias, bonsai, bromeliads, cactus and succulents, carnations, dahlias, fuchsias, orchids, roses, and Ikebana.

**Fort Bragg.** August 24 and 25. Fuchsia show; details on page 126.

**Eureka.** August 25. Fuchsia show; details on page 126.



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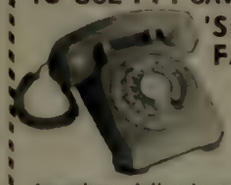


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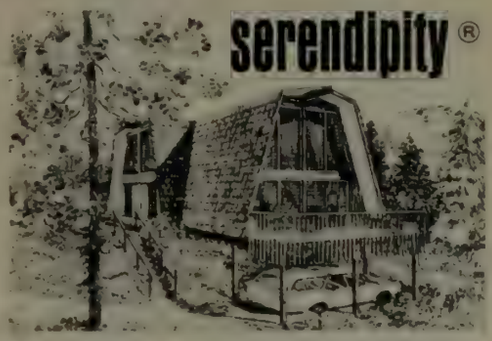


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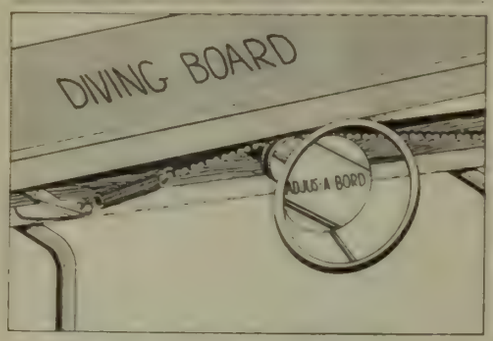


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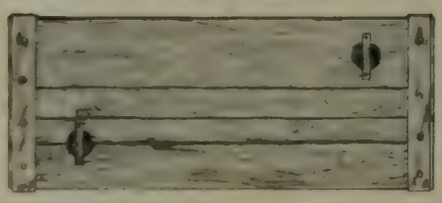

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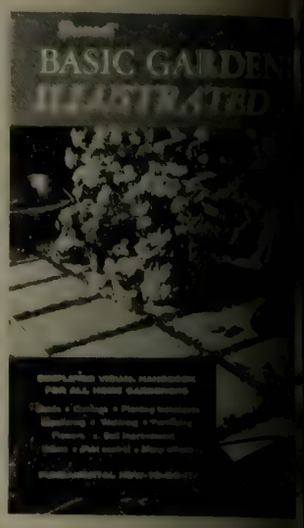


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# This is the time to fight scale

**The garden abounds** in hungry pests at this time of year, but none represents sheer, unalloyed appetite better than the scale insects. Once these creatures get their beaks into a plant, they retire from all activity except eating and breeding. Some lose legs and sensory organs and are stationary because they can't help it. Others keep their legs but just don't bother to use them.

Some scales build shells of wax and cast-off skins; others develop a shell-like skin to protect them against predators and the elements. Nevertheless, they are born free (or hatched free) with six functioning legs. During this crawler stage they move about freely over plants, looking for a place to settle and feed.

### *HOW TO DETECT SCALE INSECTS*

Scale insects are not usually conspicuous; although adults of some kinds are fairly large, most kinds are small, and nearly all are dull in color. You're most likely to notice adults when you're pruning, trimming, or cutting flowers or foliage for arrangements; then you may notice them as brown, gray, black, or whitish swellings. Some are high-domed and resemble a turtle shell. Others look like tiny oyster shells, and some are nearly flat disks.

Most commonly you'll find them on stems, but some kinds live on leaves (especially on the undersurfaces and near ribs) or on fruits. Sometimes the first symptom of scale is a generally unhealthy look on a leaf, twig, or branch—feeble growth, yellow blotching, or poor color. As more and more scales suck more and more sap, the leaf or branch dies.

Other early symptoms are: a dripping of honeydew which makes a shiny, sticky coating on foliage (or on anything else beneath the drip line of the scales); processions of ants marching up into trees or shrubs; and a black smut or mildew. The ants are feeding on, and the mildew is growing on, honeydew, which is secreted by scale insects as well as by aphids and whiteflies. The mildew is harmless to plants except in that it shuts out some light and air, but is extremely unsightly.

Highly susceptible to scale attack are camellia, citrus, most deciduous fruit trees, oleanders, and palms. Scale insects on needles and twigs of conifers are hard to detect and may be seriously harmful.

### *HOW TO CONTROL SCALE*

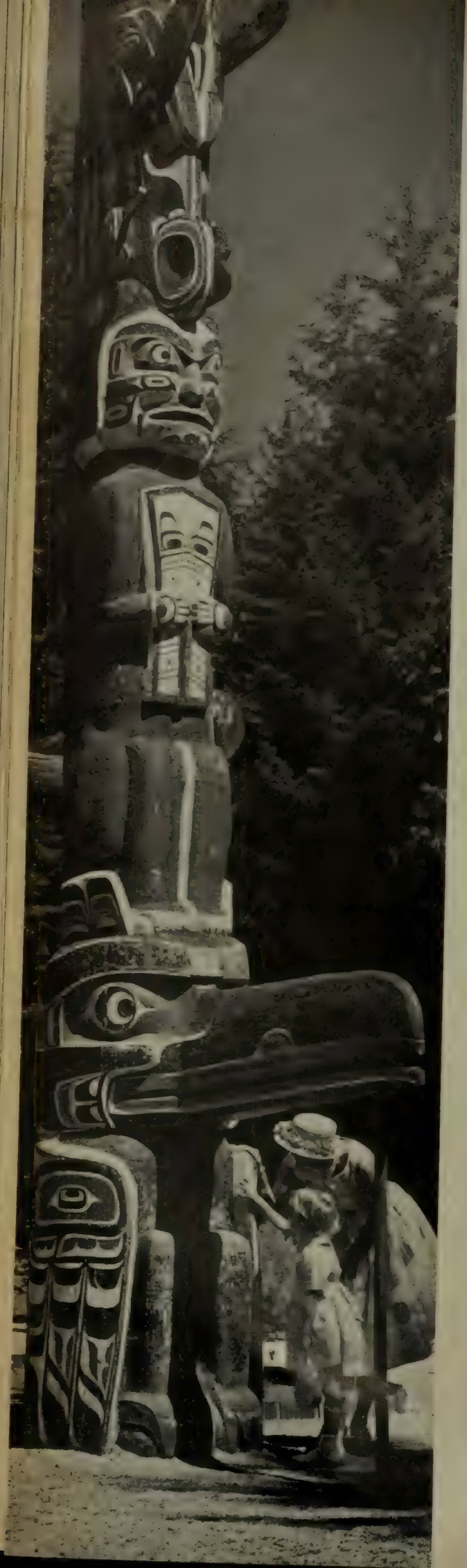
The tiny, soft-bodied young crawlers are easily killed by many contact insecticides. Older, hard-shelled scales used to be very hard to kill, but newer chemicals are fairly effective against them. Because crawlers of many species are active in summer, late July and August are good months to go after them.

Malathion, diazinon, and sevin are all effective if spray coverage is complete. Take special pains to cover undersides of leaves, and observe all precautions printed on the label of the spray you use. Some plants are sensitive to certain chemicals, and high temperatures may be a limiting factor in applying some sprays.

Another way to kill scale crawlers is to smother them in oil, which clogs their breathing apparatus. The oil to use is a light, pure petroleum oil that can be sprayed on plants in a water emulsion. Use oil either by itself or in combination with malathion or other insecticide. Read the label very carefully before using to check compatibility with other spray materials, restrictions on kinds of plants to be treated, and temperatures at spraying time.

Repeat sprays may be necessary; a winter dormant spray of oil (more concentrated than summer spray) or oil and lime sulfur (deciduous plants only) should aid greatly in keeping scale under control. Often it's useful to keep ants in check; they are there to feed on honeydew, and although they don't harm plants directly, they can carry young scale insects from plant to plant; they also carry aphids to new pastures.

**Common** *scale insects shown here feed on many kinds of fruit, ornamental plants*



LETTER FROM *Sunset*

# Who writes *Sunset*?

Unlike the articles that appear in many magazines, the reports in *Sunset* are unsigned. Our articles carry no by-lines.

There are several reasons for this, all related to these three facts is a magazine of information rather than a journal of opinion or it restricts its editorial range to four aspects of Western living; it written.

Thus *Sunset* disqualifies itself as a stage for celebrities and as a fo philosophers and politicians. Neither does it depend on or solicit scripts from free-lance writers. Famous names are not a part of torial formula.

What about identifying our own writers?

*Sunset* itself stands behind every article we publish; by foregoi vidual writing credits, we believe we add continuity and autho *Sunset's* reputation as a reliable source of information and instr Furthermore, our editorial operation is very much a team effort. story has a designated "producing editor" in charge, but severa members are usually involved in the scouting, research, and sto velopment, and may contribute to the final text.

The answer to "Who writes *Sunset*?" is a staff of about three doze and women, all of them specialists in one or more of these four asp life in the West: travel and outdoor recreation; cooking and enterta gardening and landscaping; building and crafts. Teamed with the another dozen people who are art directors, artists, photographers

Most of *Sunset's* staff are natives of the West. They grew up in A or Hawaii or California or Oregon or one of the other Western state group they know our region well. Most have lived part of their lives where else; more than half have lived or studied abroad. In the gro several scientists, several Sunday painters, numbers of conservati musicians, small-boat sailors, rock climbers. Several have built or a house. Most are gardeners.

About a fifth of *Sunset's* writers are permanently stationed in Los A Seattle, or Honolulu. The rest have headquarters at Menlo Park; bu are continually traveling in and beyond the West, scouting *Sunset* su

They get no by-lines; but they are not completely anonymous. find their names listed every month on page 4.

## WINDOW ON THE WEST:
## Indian art in the park

If your summer travels take you to Vancouver or Victoria in Briti Columbia, or on to Southeastern Alaska, one treat in store will be a visi to one of the great outdoor collections of Northwest Indian art.

No other Indians of North America created art objects on such a grand scale. And while the making of totems and house posts has all but die out, splendid examples are preserved and are properly on outdoor exhibit

The Kwakiutl totem shown here is in a handsome collection on display beside the University of British Columbia campus in Vancouver. Amon other outstanding park displays are those in Victoria in downtown Thun derbird Park, and in Sitka National Monument at Sitka, Alaska.

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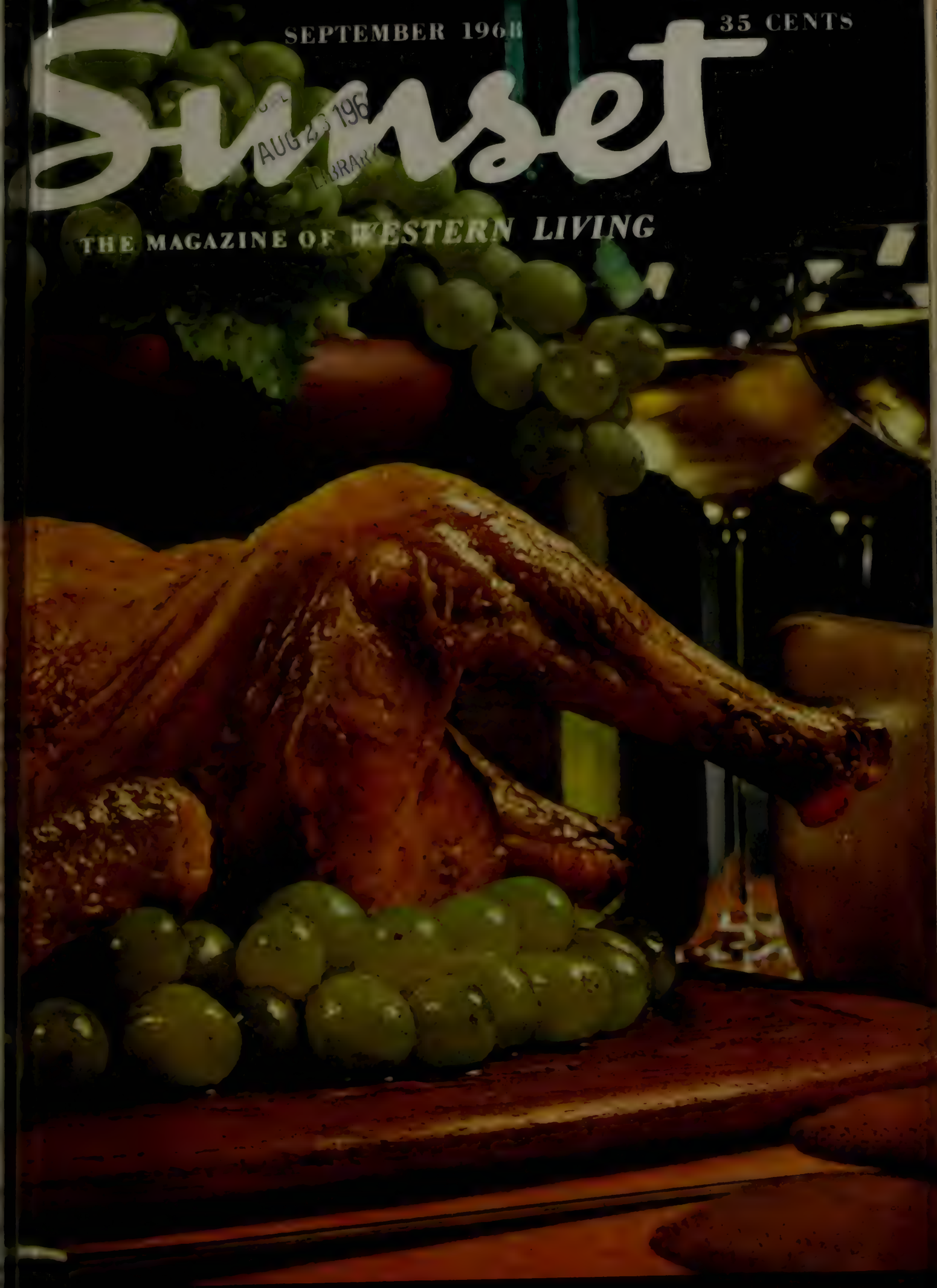

oking with Grapes • The Plants You Hang Up

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# Feature articles September 1968

CENTRAL EDITION

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## The Cover Story

*Thompson seedless grapes are regarded primarily as table fruit, but on pages 64 and 65 we explore their potential as a cookery ingredient—with some beautiful and delicious results. Pictured on our cover is cream-roasted chicken surrounded by a pale jade garland of the grapes. The color photograph is by Glenn Christiansen*

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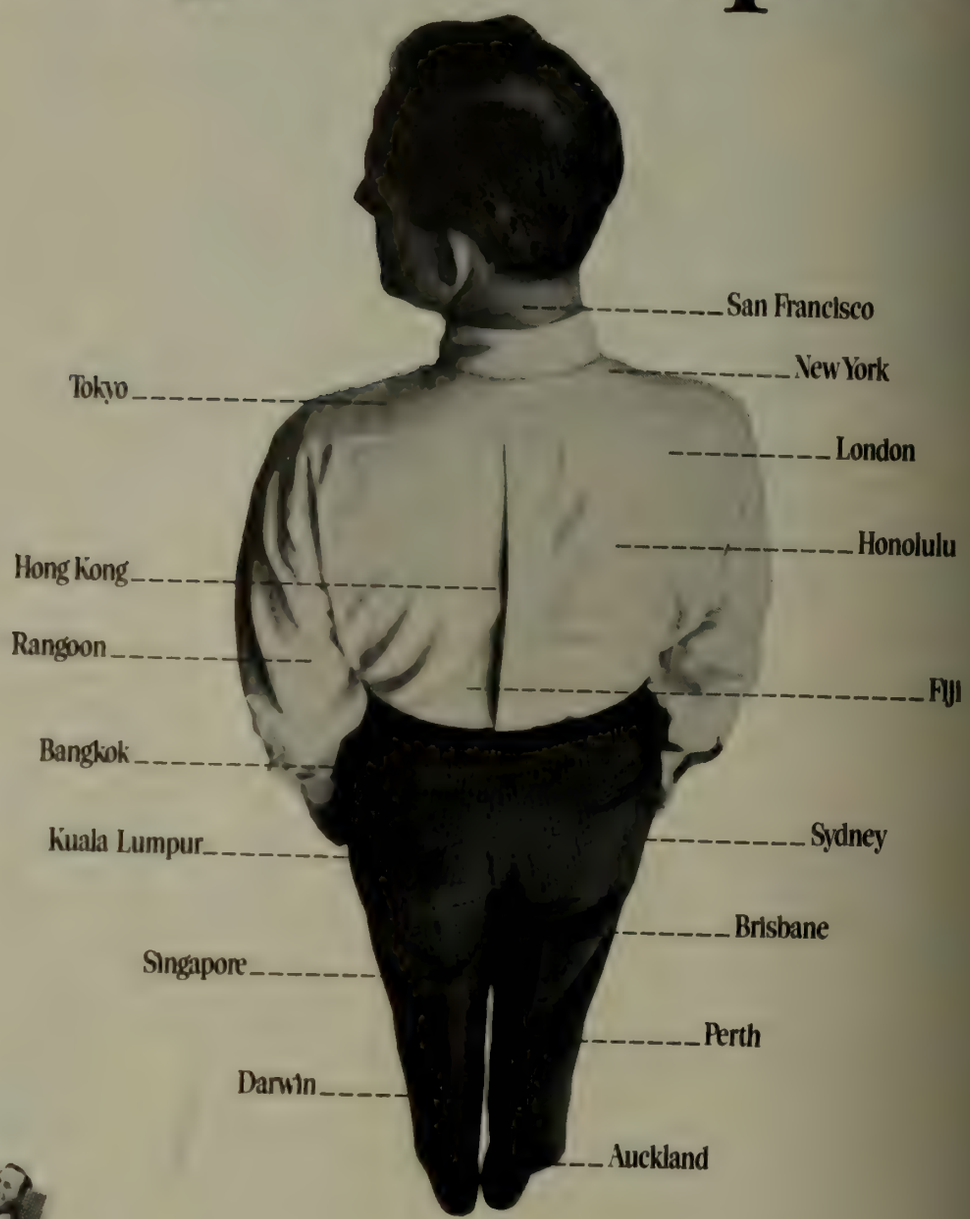

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# tember travel...
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ED-REY

**One of bands** *piping and drumming music of Scotland at last year's Highland Games*

## a Rosa . . .
## eable Scottish tradition

me from throughout northern Cali- d the West will gather this r the 103rd annual Highland Santa Rosa. Visualize a track meet enlivened by costumed ng and the skirl of massed bag- ls, and you have some idea of y of activity planned for the f August 31 and September 1.

the conventional athletic events oot races, hammer throw, and Of special interest is the throw- caber. The solid wood cylinder 0 pounds, is 19 feet and 3 inches duplicates the caber at Brae- ndary site of the first Scottish correct toss sends the caber end- so that it falls, after an 180° nting away from the thrower. over the event arises not over throw it farthest, but whether it anaged at all. There hasn't been ful contestant since 1965.

ner in the dance events is named United States Highland Dancing n. Included are the highland fling, l dance, and *Seann Triubhas*.

(literally, "dirty trousers") is a protest dance that goes back to 1746 and an English prohibition against wearing the kilt.

**g reel,** *members of Vancouver Pipe Band wear red velvet jackets*

Organizers expect that as many as 25,000 onlookers will fill the stands at the Santa Rosa Fairgrounds. Admission each day is $1.50 (free for children under 12). Arrive early if you want to find a seat in the shaded section of the grandstand.

You can picnic on the lawn or at a table

**Sunset**

THE MAGAZINE OF WESTERN LIVING

*September 1968*

## *How to photograph a ghost*

**For this month's** article on island kitchens we decided it would be helpful to demonstrate, with one photograph, the main argument in favor of the island—that it saves steps.

Making the photograph was another matter. Our tallest tripod wouldn't carry our camera as high as we wanted. So we boosted the tripod, as the picture at right shows, using among other things three sturdy flowerpots.

The "kitchen" in our picture is actually an arrangement of roll-around cooking units which ordinarily are used in our studio for food photography.

Our cook took her place in each of the four main kitchen work centers long enough for a brief exposure, all four exposures on one sheet of film. This procedure was repeated again and again, using a range of exposures.

Next day, out of the photo laboratory came the print we hoped for—four ghost cooks at work in one photograph. For a look at them turn to page 68.

**Camera** *on high tripod in Sunset's photographic studio looks down on "island" kitchen set up for demonstration*

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**Boatmen** *pull up to bank to pick wild grapes as the ship's cook points ou*

it's hot and the fishing is slow, moor your boat in the shade of levee willows and look around for ripe wild grapes and berries growing on the bank. They don't grow as large as their domesticated counterparts, but they are very tasty, especially in jams and preserves.

Wild grapes, thimbleberries, blackberries, and blue elderberries, escaped gardens of farms and ranches, throughout the Delta region. grow along Potato Slough, Slough, Georgiana Slough, and ways of the Meadows where has not been removed by the Engineers.

## For travel planners, a September check list

**Gourmet cruise.** A 45-day "Holiday Gourmet Cruise to the Orient" aboard the *President Cleveland*, featuring a dawn to dusk passage through Japan's Inland Sea, will leave San Francisco on November 24. Ports of call will include Honolulu, Yokohama, Keelung, Hong Kong, Manila, Nagasaki, and Kobe, with special sightseeing excursions to Tokyo, Taipei, Kyoto, Nara, and Nikko. All-inclusive cruise fares begin at $1,295 per person. For information, see a travel agent or write to Ambassador Tours, 609 Sutter St., San Francisco 94102.

**Central America.** The 1968-69 edition of the *Central America Travel Guide* (Cliff Cross, Box 301, North Palm Springs, Calif. 92258; $3.50) contains 170 pages of detailed highway logs, listings of hotels, motels, and trailer parks, and comprehensive travel and recreation information for Guatemala, El Salvador, Honduras, Nicaragua, Costa Rica, and Panama. The travel guide may be ordered directly from the publisher.

**Camping in Hawaii.** Kahili Mountain Park, a 250-acre luxury campground on the island of Kauai about 15 minutes from Lihue Airport, offers extremely comfortable arrangements for island camping. Facilities include four-bed tents complete with running water and camp kitchens. You do your own cooking and "tentkeeping," but the park provides linens and all kitchen and eating utensils. They even collect and wash your dishes after each meal. Cost is $16 a day for a 4-bed tent. Additional cots are available at $3 per day. For tion write Kahili Mountain Park, Ualena St., Honolulu 96819.

**New England.** A series of 36-day bus tours of New England and Canada will leave Portland each from September 10 through 21. To begin at $889 per person and round-trip transportation, accommo and sightseeing arrangements. Fo mation, see a travel agent or write ways "Green Carpet" Tours, 101 Sixth Ave., Portland 97204.

**Autumn in Japan.** Tatsuo and Ishimoto, experts on Japanese lan and garden design, will lead a 24-d of Japan leaving San Francisco on 14. Tour cost of $2,096.70 per pe cludes round-trip air fare, accommo meals (choice of menu), sightseein sions, and the services of your tour For information or reservations, see agent or write to Classic Tours, 39 St., San Francisco 94108.

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**What a travel agent can do f** Provide information on tours; reser on air, rail, bus, and steamship lin hotel, ranch, and resort reservatio care of trip planning, including a and special events. Travel agencies charge for arranging transporta package tours, but do charge for "c tour service.

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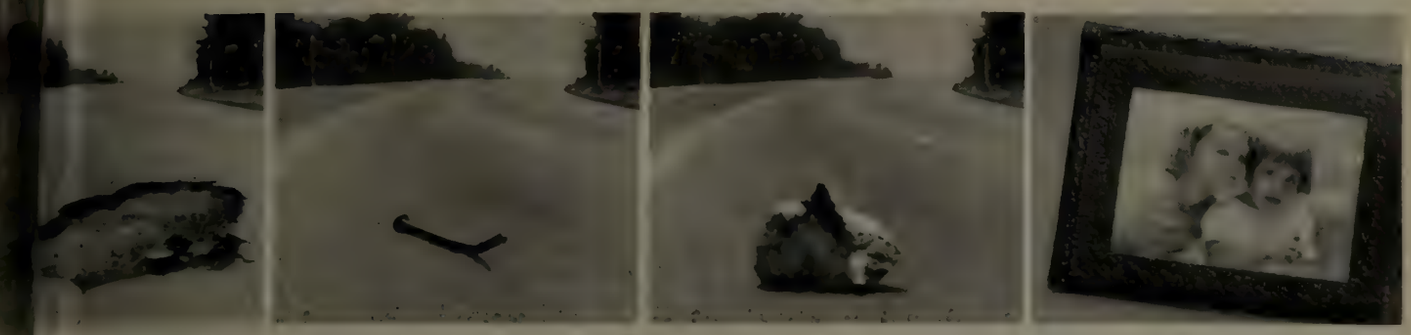

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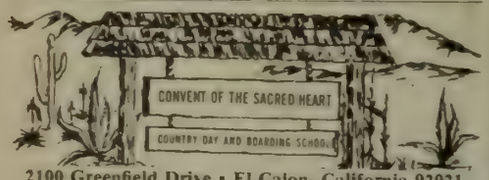


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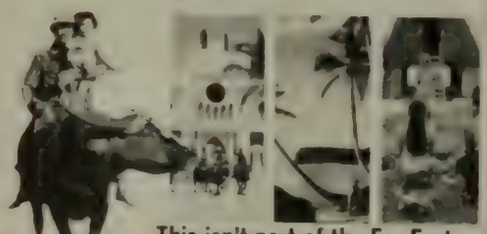

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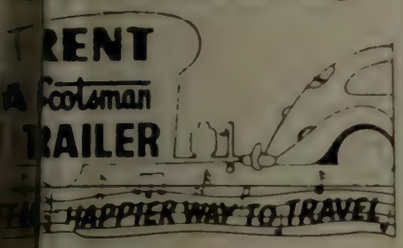

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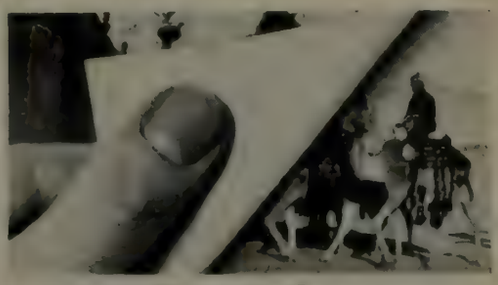

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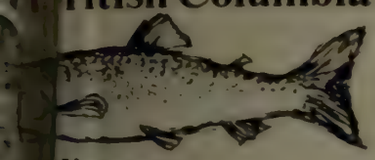

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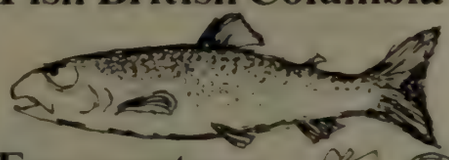

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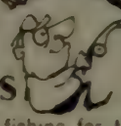

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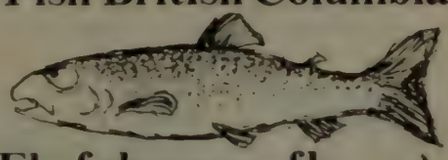

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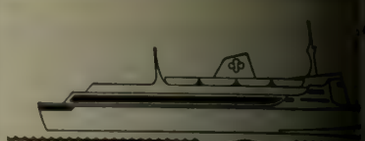

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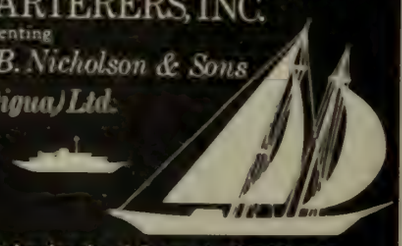

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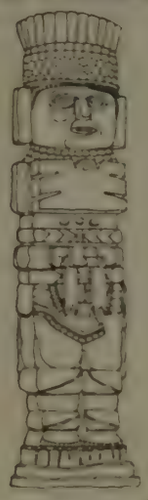

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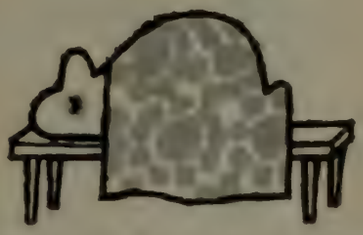

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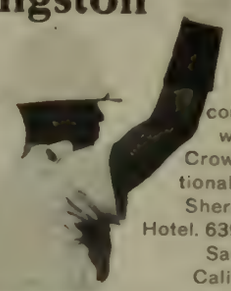

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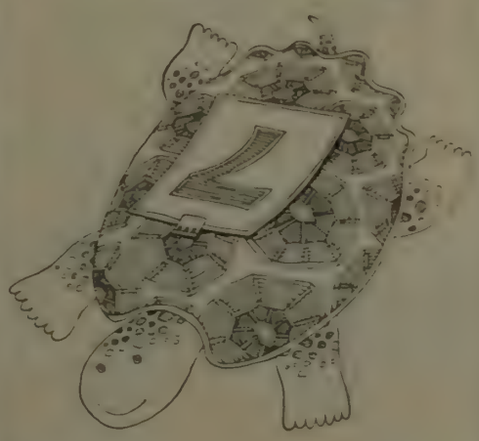

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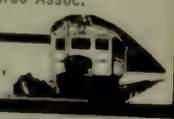

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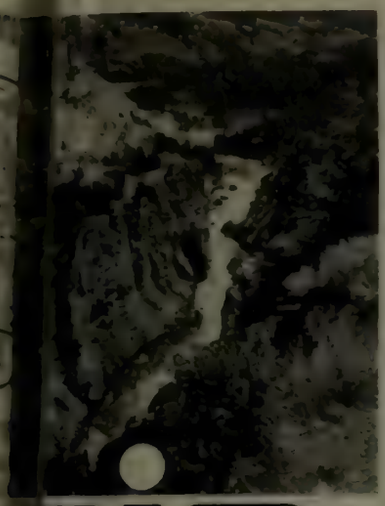

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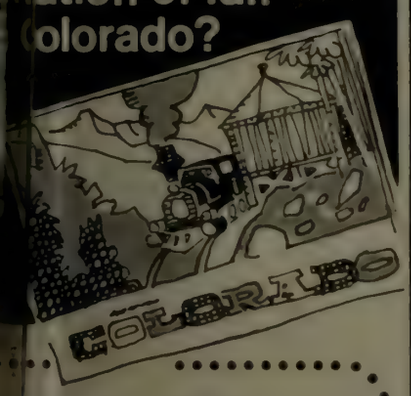


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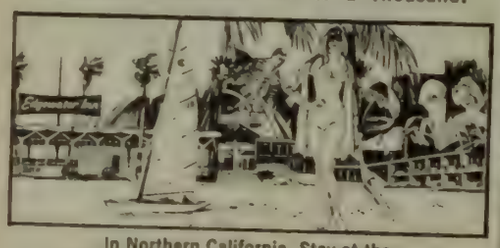

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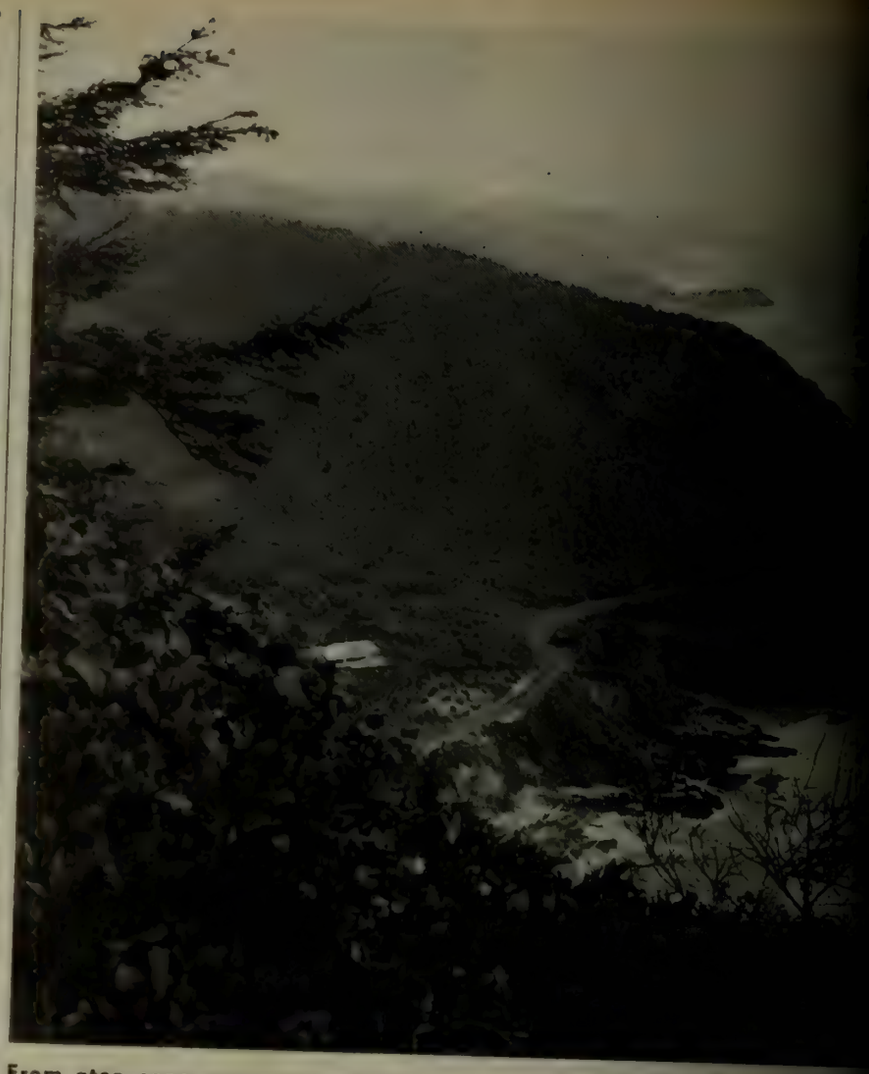

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# The Oregon coast...a splendid sa

**A single stop** at Cape Perpetua gives you a rather full sampling of attractions on the Oregon coast. A visitor center and new nature trails have recently been added to the hiking, camping, and beach exploring already available here in Siuslaw National Forest near U. S. Highway 101 about 2 miles south of Yachats.

Captain James Cook sighted Cape Perpetua and named it on Saint Perpetua's Day (March 7), 1778. But more than 400 million years ago, several lava flows formed the 800-foot basalt headland here. And long before Captain Cook, the Indians had established villages in the heavily forested coastal foothills, harvested the abundant shellfish, and built up shell mounds that still remain.

At the visitor center just off the highway, it takes about half an hour to see exhibits on the area's natural history and evolution and to watch a 15-minute color movie, *Forces of Nature,* shown repeatedly in the small theater.

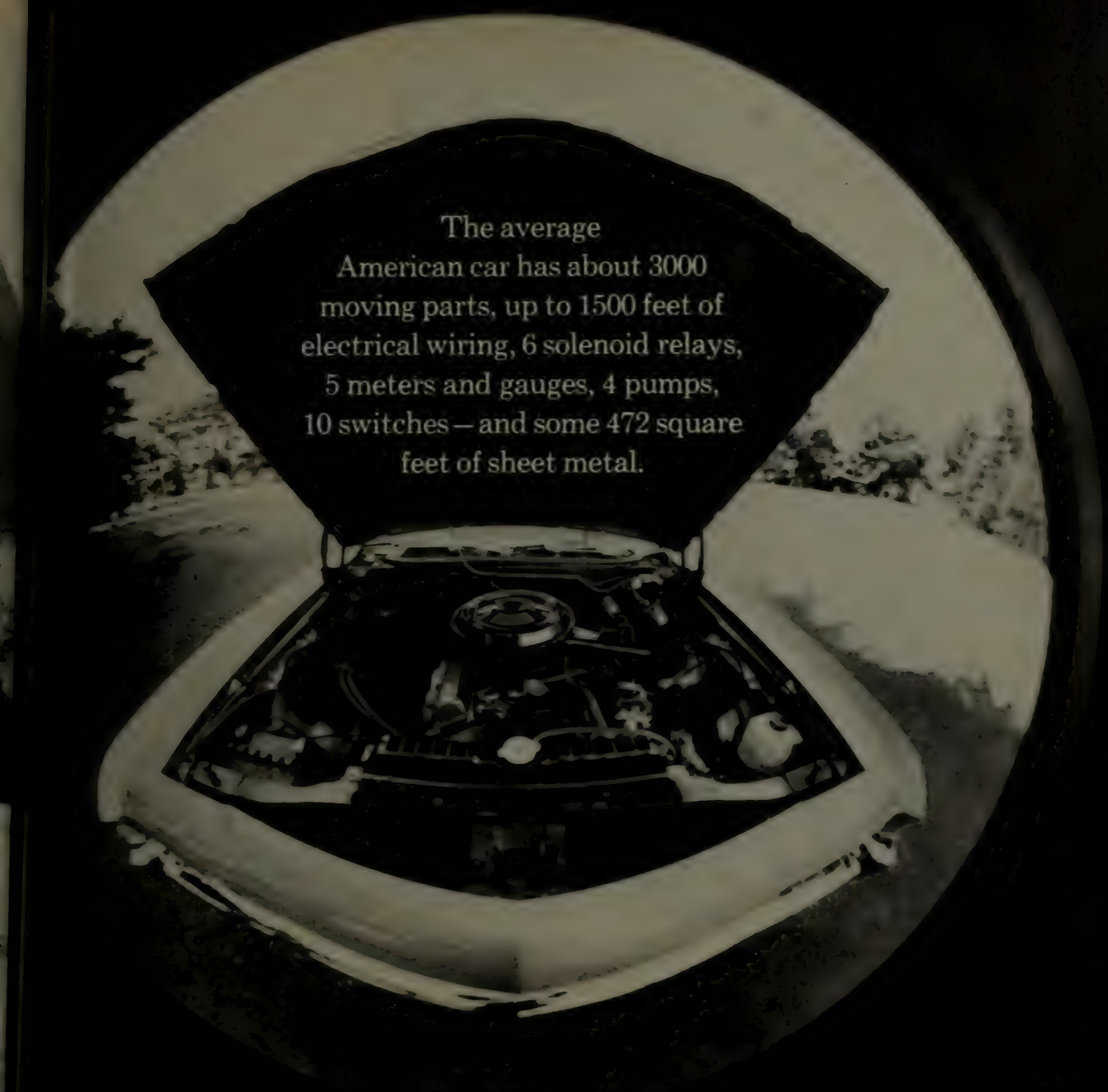
The visitor center is open from 10 A.M. to 4 P.M. daily through Septe from 10 to 4 weekends only hours are resumed in early spri

If you have more time, you mig one or more of the area's trails visitor center you can hike to beach for a picnic, beachcombin digging, and to tidepools, shell and a spouting horn.

You can also hike (or drive graded road) to the top of the ca a loop trail provides spectacul Other trails follow fern-lined C from Cape Perpetua campgrou ocean and descend from the hi the surging Devils Churn.

A folder outlining a self-guide auto tour is available at the visit

Cape Perpetua Campground, Forest Service camping area, is j of the visitor center. Neptune St has picnicking and camping about 1 mile south. Day use i free, but a small charge is made night camping.

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**Bunyanesque lumberjack** *leads the Saturday morning parade down Fort Bragg's Main Street during the annual Paul Bunyan Days over Labor Day weekend*

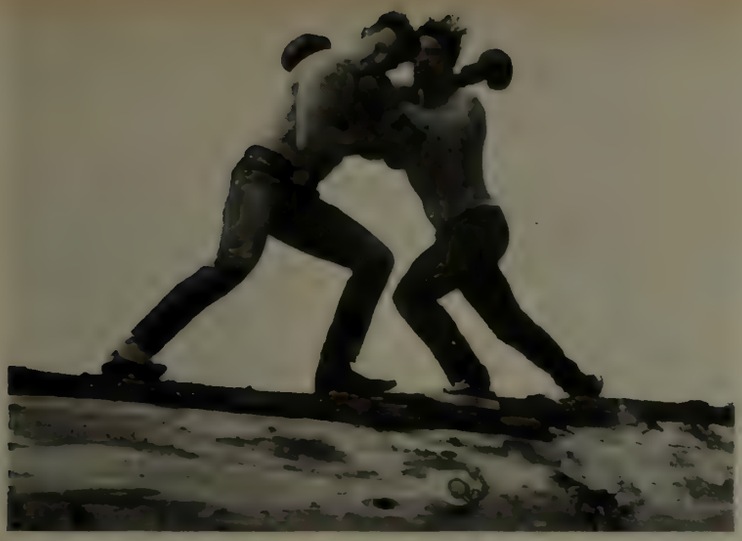
**Derbied woodsman** *guides his whining* *at the Sunday afternoon log-sawing co*

**Chips fly** *as skilled axeman hacks a* *notch in race against the timekeeper*

# Over Labor Day weekend... the lively action at Fort Bragg

**A rip-roaring,** three-day celebrat combines contests of woodsman s tall-timber derring-do with good high jinks and small-town ton takes place in Fort Bragg over th Day weekend. They call it Paul Days, and although they've b their folk hero from the Big W Minnesota, Paul Bunyan would l very much at home among the operations that characterize this of the northern California coast.

The festivities begin on Friday August 30, with the "Gaslight at the Footlighter Theater. On Sa August 31, there's a morning pa by Paul Bunyan himself, an af "Ugly Dog" contest and an eve fiddler competitions and more " Gaities." The lumberjack contes place out at the high school athle



**Lumberjacks** *square off in pugilistic version of log-rolling contest*

**ber** *walks up "tree" using boot spikes and p. Climber moves up jump-rope fashion*

**Axe throwing** *has little or no application, but woodsmen invent such contests to raise a wager or just pass the time in lonely timber camps*

**Water-soaked** *young ladies wield fire hoses in a contest to maneuver beer barrel with high pressure streams of water*

# Even the spectators dress up

**Trademark** *of popular Skunk railroad from Fort Bragg to Willits inspired youngster's prize-winning costume*

**Ribbons and ruffles** *complement the costume of this elegant young South*

on Sunday afternoon. Events include pole climbing, axe throwing, log rolling, wood chopping, and log sawing (both chain and cross-cut saws).

In addition to special events of the Labor Day weekend, the popular Skunk trains maintain a full schedule of operations through September 15. The Super Skunk Steam Train leaves Fort Bragg at 10 A.M., arrives in Willits at 12:35 P.M., and returns to Fort Bragg at 4:55 P.M. The Skunk rail cars leave Fort Bragg at 9:45 A.M., 10:55 A.M., and 5:30 P.M., arriving Willits at 11:55 A.M., 1:05 P.M., and 7:35 P.M. Adult fares are $4.50 round-trip, $3 one way. Children 5 through 11 ride half fare. Children under 5 (not occupying a seat) ride free.

Reservation requests for Skunk train tickets should be addressed to the California Western Railroad, Fort Bragg, Calif. 95437. Reservations for overnight accommodations should be requested from the Fort Bragg Chamber of Commerce.

**Fort Bragg** *is on California Highway 1*

**Townsfolk** *at Fort Bragg enliven the Labor Day weekend with fanciful costumes*

**Fashions** *being what they are, pho pher didn't know whether this wom part of the parade or just going to*

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*lley on State 14 at the turn-*
*ar Breaks National Monument*

# *trip to Utah's*
# *avajo Lake*

**famous** attractions nearby as Bryce Canyon national park ar Breaks National Monument, urprising that most visitors to tern Utah are unaware of the Lake area. To discover it, travel from Cedar City along State 14, through alpine scenes of nd aspen, to the natural, high- reservoir (9,100 feet) formed canic activity blocked a valley.

e trout in the lake. And nearby and 74 campsites are open this Cascade Falls and some limestone n be reached by a ¾-mile trail lake's north end.

*sheep stream along road to Nav-*
*ke on way to lower winter pasture*


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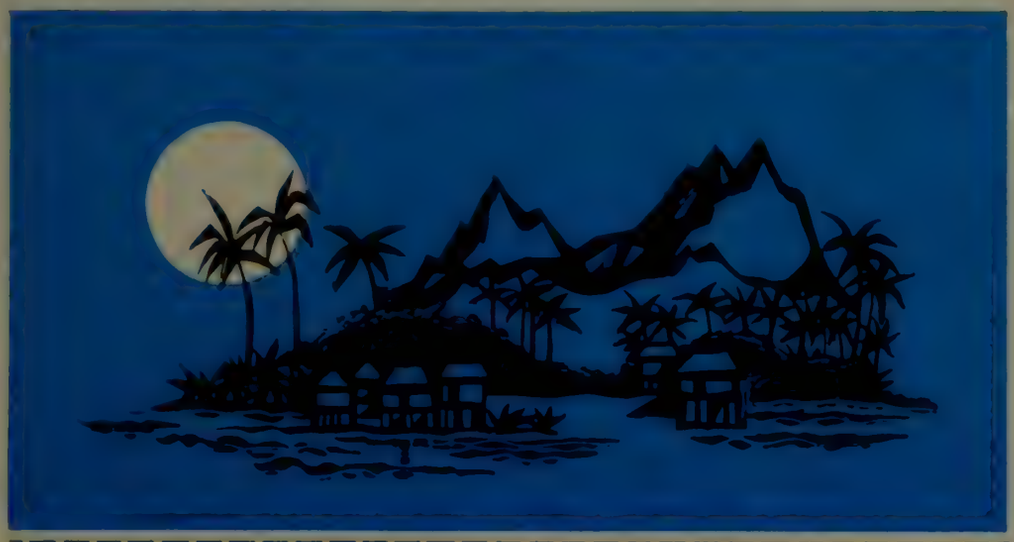

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**uyers** *scrutinize merchant's ed at Amsterdam flea market*

# *terdam's flea ket . . . going?*

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ns of Amsterdammers have arket a favorite shopping place arch for the old, cheap, or

*inting, aquarium, clothing—you ow what today's "find" will be*


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**erk,** *wheels and bricks of cheese line back wall ready for sampling and sales*

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opportunity to sample and pur-
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h to lure a cheese-lover to Pleas-
But if more incentives are needed,
e also wineries in Pleasanton and
in Livermore, Mission San Jose,
ward. If you bring a loaf of bread
all ready for a picnic, perhaps at
he wineries' picnic tables.

tures that used to surround the
factory are gone, but the main
this Alameda County town hasn't
as much as those in other rapidly
g cities in the Bay Area. It's a
eet, lined with two-story business

**Visitors watch** *worker stir water from vat of curds—to be made into teleme cheese*


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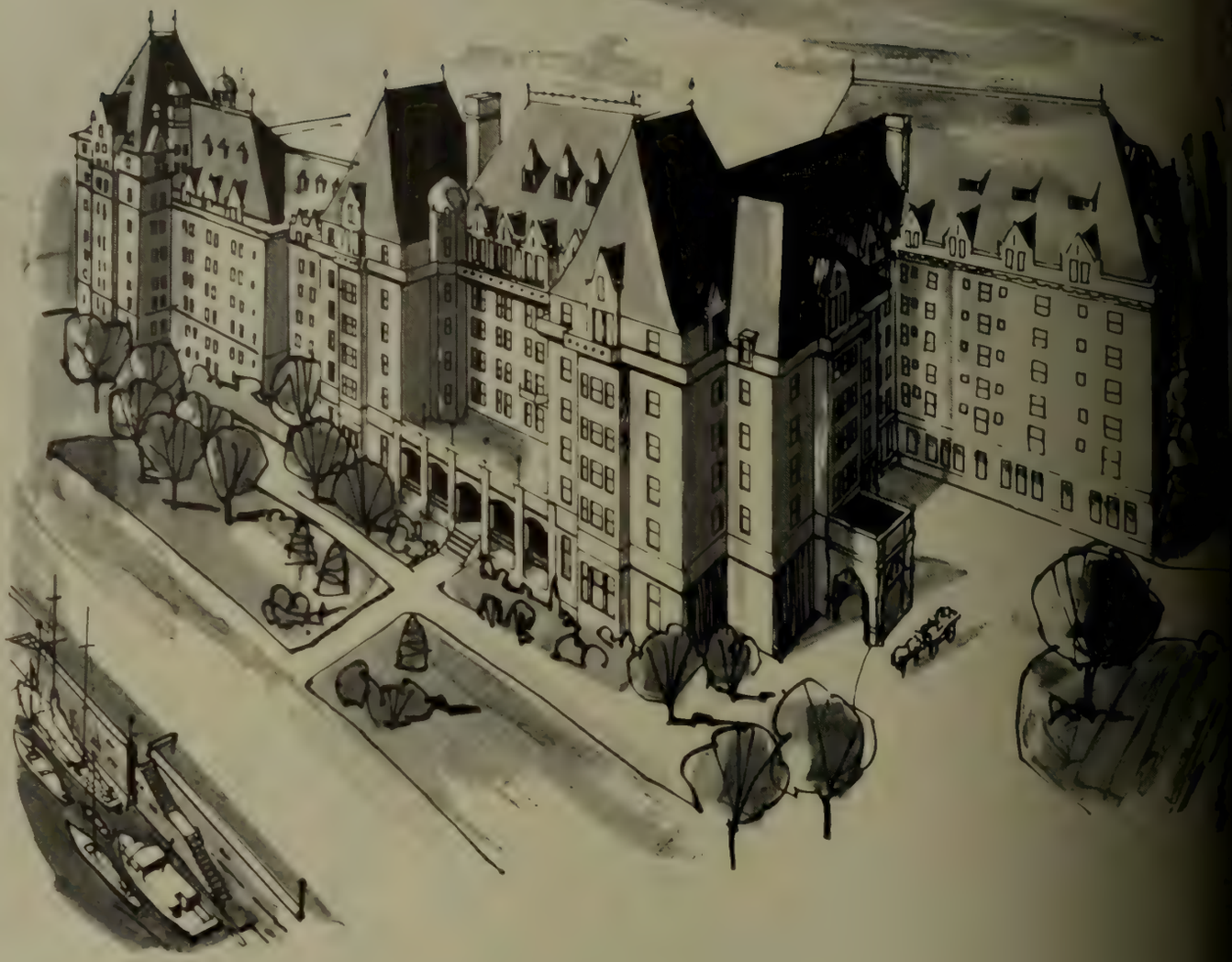

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d it leads either way into hat still separates Pleasan- next town down the road.

eese factory, the ladies be- ter can slice through a thick ese, judging by the eye the ask for (with an additional in your favor).

et to the counter, you're in- a little cheese sampling, so stomers (especially on week- mes serpentines across the d back out the door. But es get passed down the line eems to mind the wait.

ice of cheese here is a bit less re, it is the variety and the

*plug from five-year-old jack, piece and replaces rest of plug*

y to buy it fresh from the bring customers to Pleasanton. harder-to-get specialties here still-warm ricotta (you'll need our own shallow pan to carry it sseri, and fresh feta made from treated with an enzyme to aste like the Middle Eastern produced from goat's milk.

window in the salesroom you npse of some of the cheese- rocesses. The milk is placed in , a culture is added, and then is heated to make curd and curd is cut and the liquid whey off. Next, the cheese is molded cooled, and sealed.

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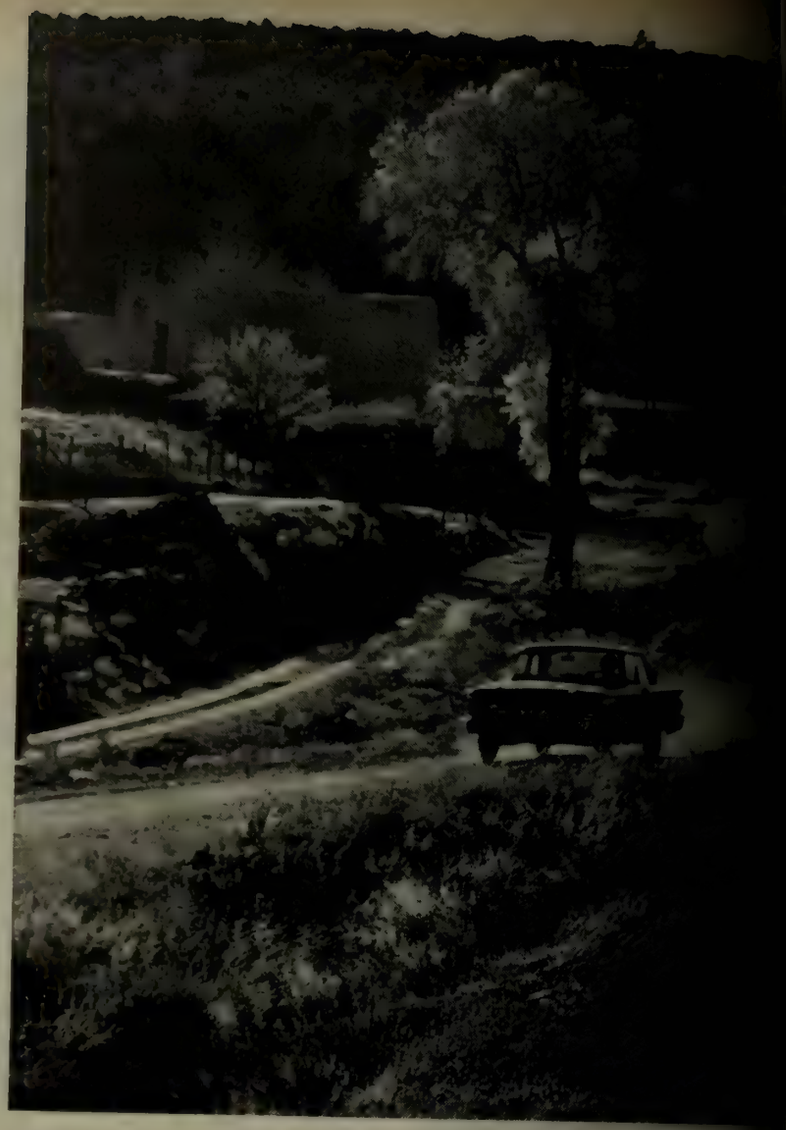

**Las Trampas,** *a village in northern New Mexico, dates back to the 1600's. You can see eight such communities while traveling State Hi*

**Adobe church** *at Las Trampas has 4-foot-thick walls and heavy, hand-carved doors*

**Abandoned adobe rancho** *is typical of the roadside scene between Santa Fe, Taos*

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From Santa Fe drive north on U.S. Highway 84-285 toward Española. At Riverside, a small community just across the river from Española, U.S. 64 head east to Taos. Leave U.S. 64 just Riverside and follow State 76 a to Santa Cruz, the first of the hill

*Santa Cruz,* a Spanish villa datin 1603, stands on the banks of the Cruz River. The village was abo during the Pueblo Revolt of 16 reoccupied by colonists from Za 1695 and 1696. The small farmi munity retains many of its old buildings, including a massive church erected in 1733.

*Chimayo,* 7 miles east of Santa famous for its weaving, its gre yellow apples, and its adobe ch Santuario de Chimayo. The Span occupied the village as long ago but before they arrived it had lo

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**Ojo Sarco,** one of the [illegible] of old highway, is [illegible]

the site of an Indian pueblo.

*Cordova* is a mile detour off [illegible] about 6 miles east of Chimayo. [illegible] as a Spanish outpost [illegible] notable for its thick-walled [illegible] adobe and roughhewn timbers. [illegible] was once a central source of [illegible] carved *Santos*, and is still home [illegible] skilled woodcarvers.

*Truchas*, 4 miles northeast of [illegible] a cluster of adobes surrounded [illegible] pine forests and rugged mountains. The village was mentioned [illegible] *Abiqu de Nuestra Senora de [illegible] las Truchas*. It is known for [illegible] hand-carved doors.

*Ojo Sarco*, 7 miles north of [illegible] now bisected by the new paved [illegible] Modern roofing materials have [illegible] altered the appearance of the [illegible] structures in this venerable [illegible]

*Las Trampas*, 2 miles north of [illegible] is a gem of Spanish Colonial [illegible] The village plaza (recently [illegible] national historical landmark) [illegible] ered the finest remaining [illegible] colonial *placita* (little plaza) [illegible] the buildings face inward, [illegible] adjoining outer walls forming a [illegible] against attack. The Church of [illegible] de Gracia contains many [illegible] of religious art.

*Chamisal* is a farming community [illegible] north of Las Trampas.

*Peñasco*, the surviving settlement [illegible] eral villages (Llano, Llano [illegible] Barbara) that existed near [illegible] eighteenth century, is 4 miles [illegible] Chamisal where State 76 meets [illegible]

From Peñasco, you can return [illegible] by heading west on State 76 [illegible] Dixon to Embudo (18 miles); [illegible] budo it's 25 miles to Taos. Or take [illegible] 75 east through Vadito for [illegible] to State 3, then head north to [illegible]

Worthwhile side trips off State [illegible] 76 include a visit to the Indian [illegible] Picuris (just four miles west of [illegible] and the Santa Barbara Campground about 10 miles southeast of Peñasco [illegible] way of Llano. Picuris is famous [illegible] earthen bean pots, and Santa [illegible] Campground features good [illegible]

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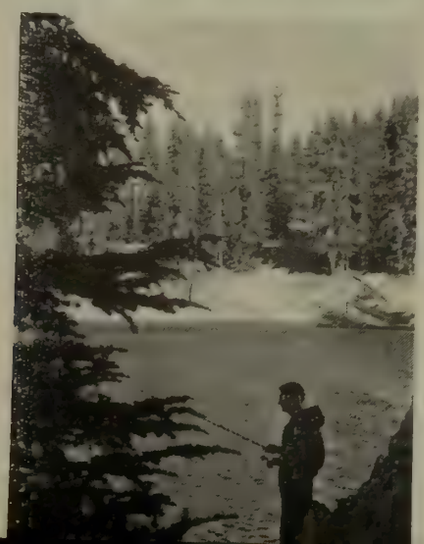
**Snow** *lasts into summer on north-facing slope of Reading Peak near Shadow Lake*

**Dotted line** *shows where trail passes lakes; it rejoins road*

**It's pleasant family hiking** *from Cliff Lake as terrain drops away*

# In Lassen: an easy walk from lake to lake to lake

**Fisherman** *with spinning gear casts for trout from shore of Shadow Lake*



**Drive through** Lassen Volcanic National Park and you pass miles of hemlock and red fir forests, stretches of lunarlike volcanic destruction, and plenty of other tourists. More than 350,000 visitors toured the park last year. But few of them left their cars to take the easy walk to a string of three lakes lying close by Lassen Park Road.

Terrace Lake is only half a mile from the highway, ringed by cliffs and ridges and patched during summer with late snow. To the east a quarter mile lies Shadow Lake, and three-quarters of a mile farther is Cliff Lake. All three are worthwhile hiking and camping destinations. [illegible] *set* reporter and his family had [illegible] fishing in them on a visit last ye[illegible]

The walk to Terrace is gentle [illegible] enough for families backpack[illegible] small children. It is also suitable [illegible] visitors who prefer to sleep in a [illegible] at a roadside campsite with p[illegible] conveniences.

Largest lake in the group is [illegible] quarter-mile long. Here the be[illegible] sites are to the south, east, [illegible] east, under trees but above the [illegible]

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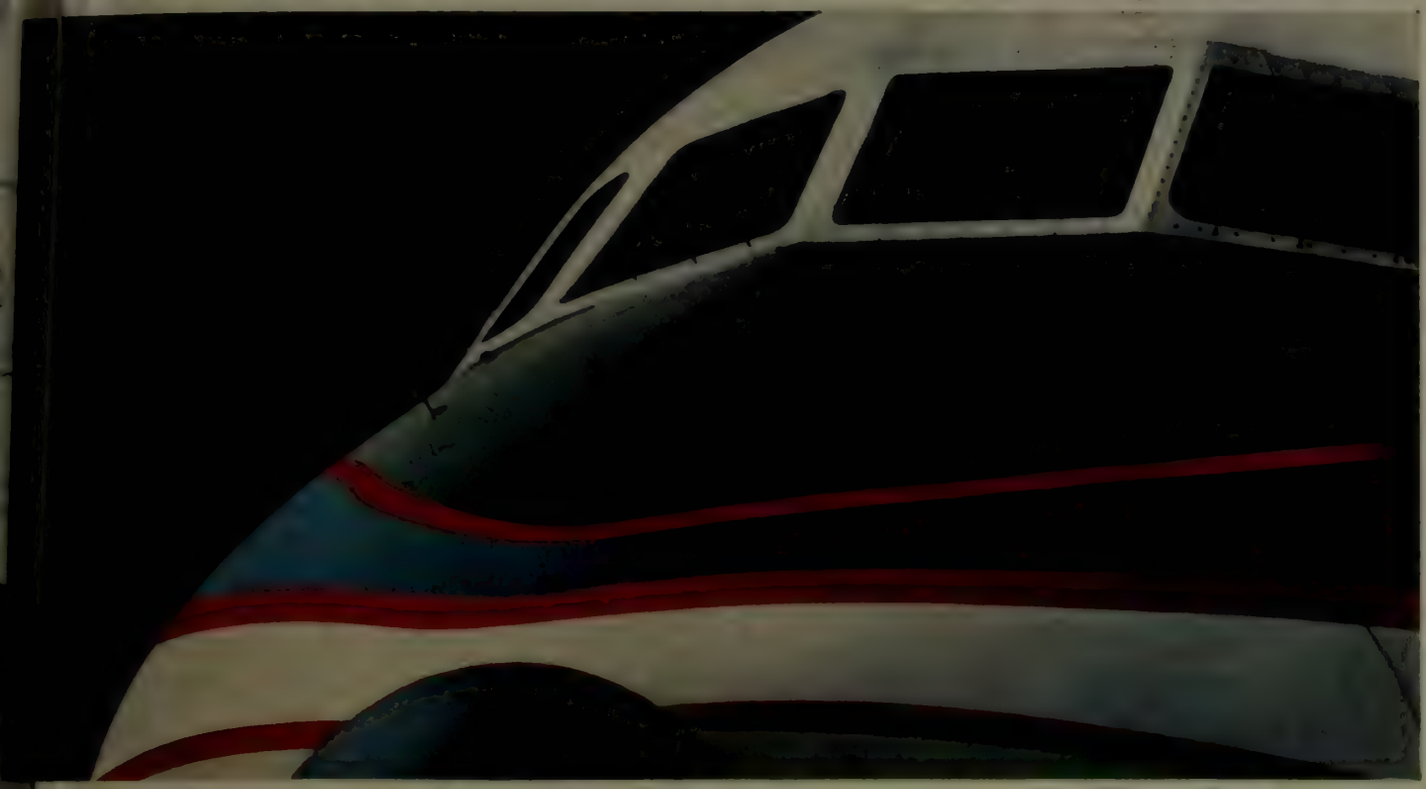

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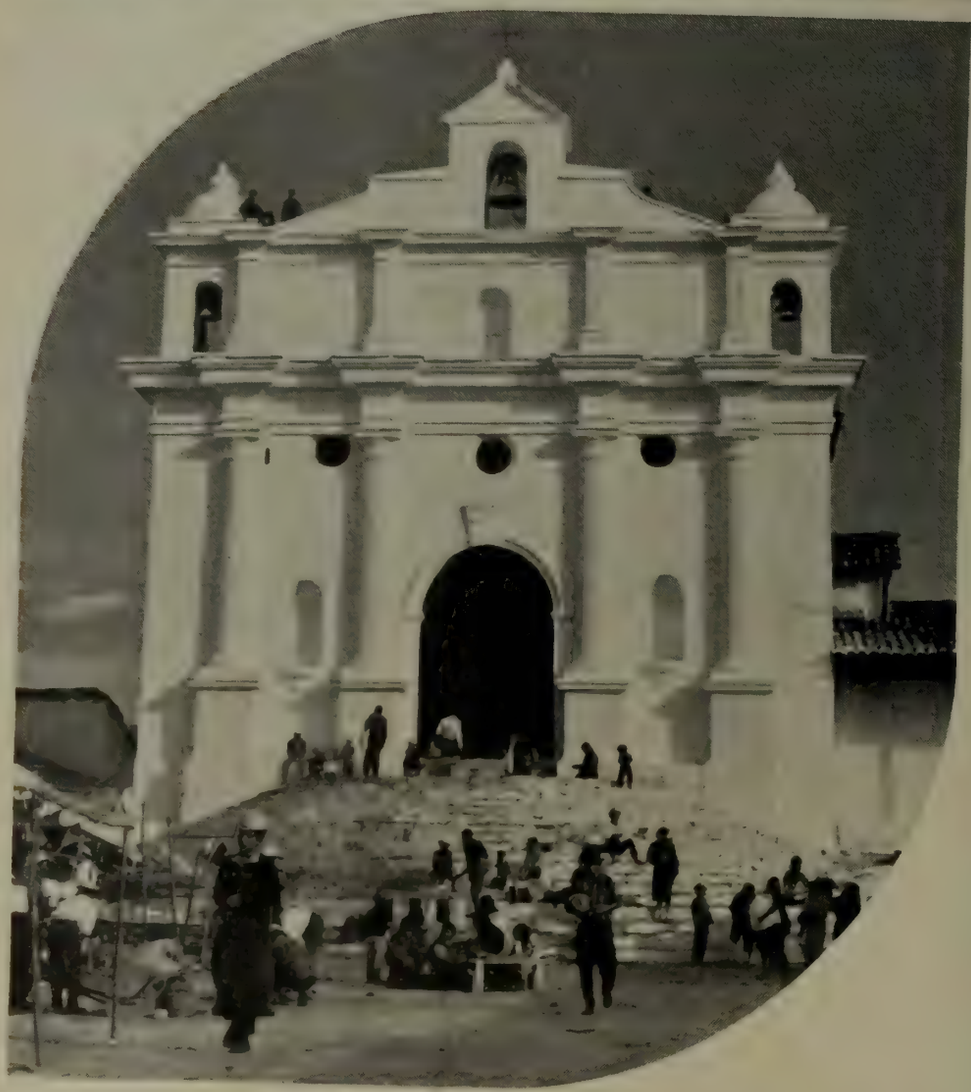

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**View** *from ridge near Sha north to conifer-covered v*

where the cold nighttime air h

Cliff Lake is just south of the a quarter mile beyond Shadow then turn south toward the g Reading Peak. The shallow into a steep, boulder-strewn r south shore. A tree-covered is middle of the lake will probab unexplored unless there are swimmers in your group. You c additional 2 miles downhill and at the park road near the Su Ranger Station (which is 6 mile summit by automobile).

Off Lassen Park Road at the t Terrace Lake, there is a smal lot that accommodates about e If it is full you may park at summit lot or at Kings Cree ground. Each is 2 miles from head, so arrange to have some you to the trail and pick you u

Campers should be prepared to water for drinking and cooking. pect to share your camp wit Rain is possible this month.

There are no improved campsit trail area. For a permit to bu apply at park headquarters in M at either entrance station to the

Colder nights, the changing co pens and shrubs, and deer com out of the back country to brow campsite are all indications of ing winter. By September 20 w zanita Lake Lodge closes, mo cilities, with the exception operation, will have closed, n again until next summer. If after this date, purchase your before entering the park.

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# INDIAN SUMMER
## is the time to "drive"
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These are the months of warm days, cool crisp evenings, when leaves begin to turn and the salmon and trout are fat and saucy in northern waters. Duck, geese and pheasant are on the wing. Deer, moose and bear are foraging in the lower reaches. Drive aboard the "Queen of Prince Rupert" at Kelsey Bay, Vancouver Island, for the 20 hour (overnight) "Inside Passage" cruise. Disembark at Prince Rupert and head through the land of tall totems, returning south through the historic Cariboo Country and spectacular Fraser Canyon.

FALL SCHEDULES commence northbound on September 17, two round trips each week. Leave Kelsey Bay Tuesday and Thursday (1:30 p.m.), Prince Rupert Wednesday and Saturday (12:30 p.m.).

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**Narrow Drosselgasse** *is lined gardens, elaborately decorat*

# *Wine stop in Rhinelan*

**The town of Rudesheim,** locat west of Wiesbaden in the cente many's vineyard country, make ant break in a trip up the Rhi

The picturesque Drosselgass with its inns and wine gardens ite spot for wine-tasting.

You can take a cable car or view area on the Niederwald From the cable car station, wal monument where you have an view of vineyards and the Rhi

Rudesheim hosts an annual wi on the first weekend in Septem

**Cable cars** *take visitors over vi hilltop monument with panor*

# Autumn in Beautiful British Columbia

## ...e of glowing beauty for Canada's four-season vacation land

Cool sea breezes stir the stands of fir and cedar along the fjord-indented British Columbia coast. Apple orchards ripen in the lush valleys of the Okanagan and the Kootenays. Bursts of floral beauty enliven the storied gardens of Victoria, and from Vancouver Island to the Peace River country, glowing autumn colors enrich the forest greenery. It's a relaxing, refreshing time to travel the coastal waterways and modern highways of Canada's Pacific province. You'll find a friendly greeting wherever you pause. And the delights awaiting your vacation discovery are many —

...int shops are brimming with ...ntiques and curios. ...er, your money buys more in Canada.

...for salmon and trout is a year-round pleasure ...the great steelhead runs begin in autumn.

...apple orchards and sparkling lakes are ...g combination in the Okanagan Valley.

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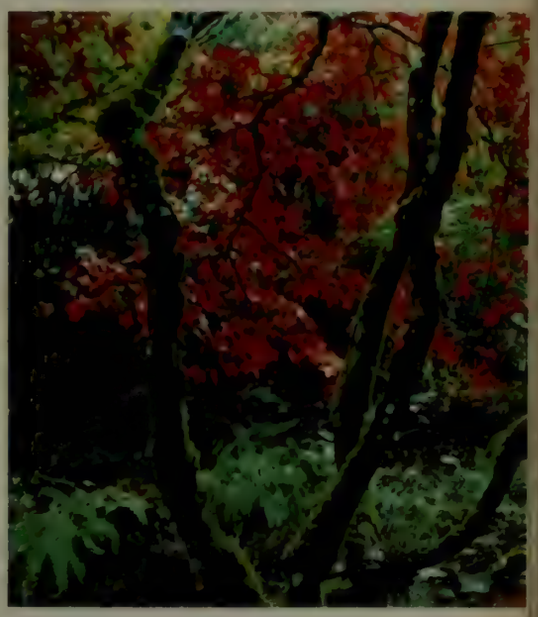
Vancouver is dazzling by night — for an unforgettable view take the new skyride up Grouse Mountain.

Enjoy historic sites? See Fort Steele in the Kootenays, a fully restored Northwest Mounted Police garrison.

Autumn lends a vivid burst of color to British Columbia's magnificent scenery.



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MIKE AN

**Powell Lake,** *at 8,800 feet, is one of the many fine fishing lakes in Emigra*

# Fall fishing in Emigrant Basin

**Late September** through early October is the prime fishing season in the more than six dozen trout lakes of the Emigrant Basin Primitive Area in Stanislaus National Forest, directly north of Yosemite National Park. Some lakes along the northern and western edges of th tive area lie close enough to Stat way 108 (the Sonora Pass Highw allow two and three-day backpa to good fishing waters.

Although light snow flurries m

**You can hike** *deep into Emigrant Basin Primitive Area from the Sonora Pass Hi*

here it happens on
ectacular fjords. And
cross the waters around
the city of islands. And
sh castles in blazing color.
or scene? Equally spectac-
enhagen, for example,

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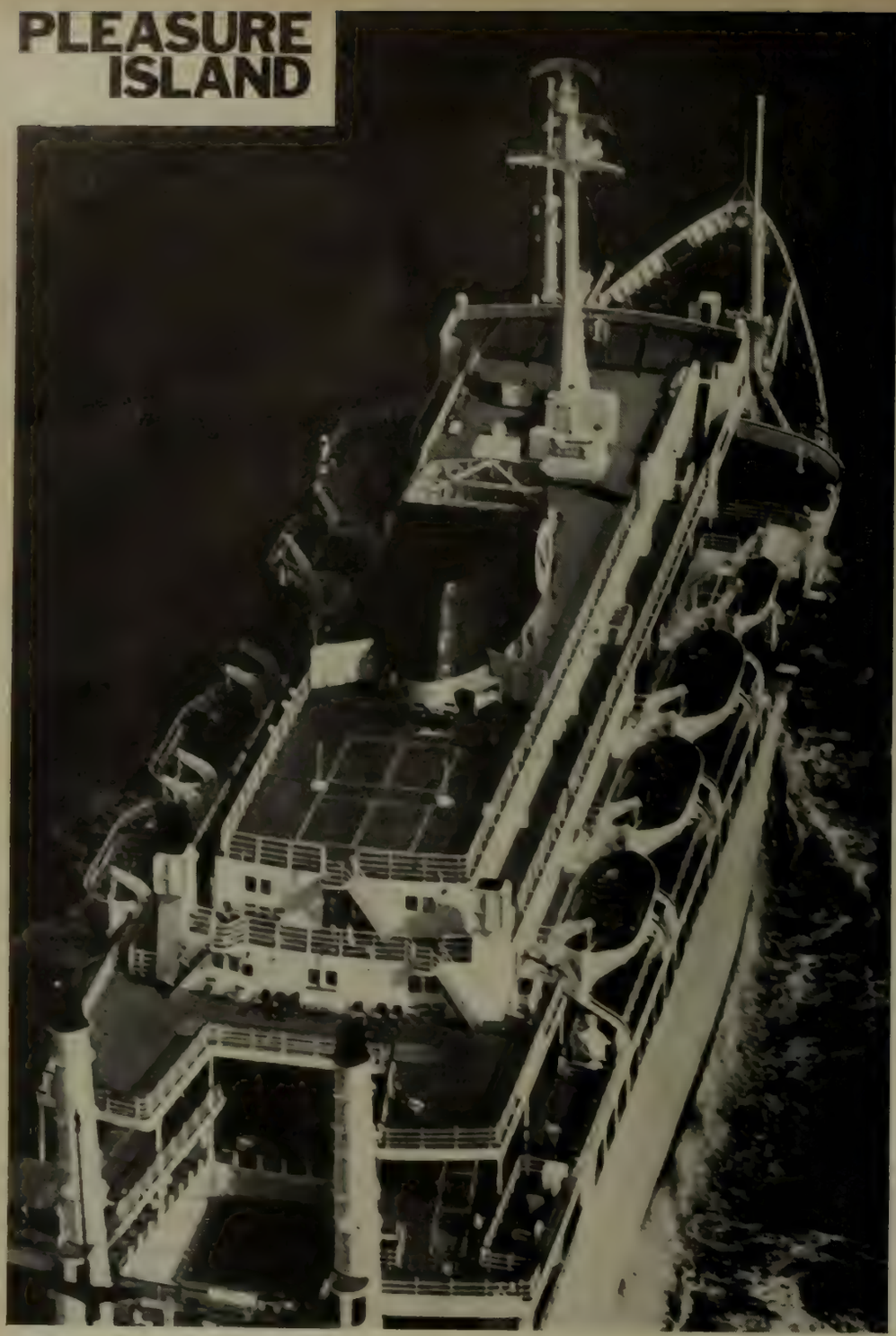
# he scenery doesn't get you, the scene will.

# PLEASURE ISLAND



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MIKE A

**Pack animal** *lightens the hi*
*but grass is scarce at many*

some of the higher trails this ti
it's often shirtsleeve weather
One of the easiest approaches
grant Basin is from Kennedy M
65-mile drive from the town o
Packers are available at Aspen
Pack Station near Pinecrest
Kennedy Meadows Resort, but
ermen prefer to hike in with
or burro.

Some of the climbs are a bit ste
point on the 14-mile trail from
Meadows to Emigrant Lake is
fortunately, most of the steep
fairly short. Drinking water is
along the trails, but firewood is
completely absent at many of the

Emigrant Lake (230 acres) and
berry Lake (200 acres) are two
largest lakes in the primitive are
contain mixed populations of rainb
eastern brook trout and have
trophy-sized fish.

Iceland, Wilson Meadow, Blue
Ridge, Sardella, and Black Hawk
all remote from the main trails,
stocked with golden trout.

You can get maps of the Emigrant
region from several sources.
Pass area map is available at
from the Forest Service. An
*Guide to the Waters of the*
*Basin Area*, free at offices of the
Department of Fish and Game,
an excellent trail map of the
area and a brief description of
Topographic relief maps (Da

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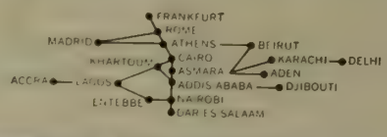

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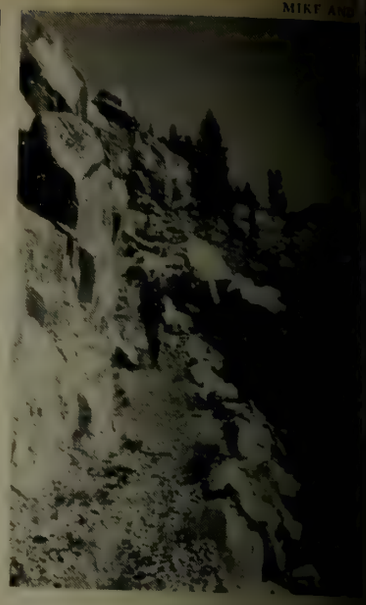

**Trails** *throughout the Emigrant* [illegible] *lead to more than six dozen* [illegible]

Cone, Sonora Pass, Pinecrest, [illegible] Peak quadrangles) can be purch[illegible] the U.S. Geological Survey for each. Campfire permits and trail [illegible] tion are available from the Fore[illegible] visor, Stanislaus National Fores[illegible]

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## *A new guide to Southeast Asia*

**Latest addition** to the growi[illegible] of *Sunset* travel guides to [illegible] destinations on the other s[illegible] the Pacific is *Southeast Asia* [illegible] new volume groups togethe[illegible] nine geographically related n[illegible] of The Philippines, Indonesia [illegible] laysia, Singapore, Thailand, B[illegible] Cambodia, Laos, and South [illegible] nam in 160 richly illustrated [illegible] of pertinent travel informatio[illegible]

The chapter on Thailand is ty[illegible] Geography and history are [illegible] lined; the people, their governm[illegible] language, and religion are b[illegible] presented; air and sea access [illegible] scribed in detail; then entr[illegible] quirements, currency, climate [illegible] entertainment possibilitie[illegible] explained.

This leads to the heart of the [illegible] ter: 16 pages of detailed advi[illegible] Bangkok and the many attra[illegible] —historical temples, ancient [illegible] seaside resorts—that lie beyo[illegible]

*Southeast Asia* (Lane Books, M[illegible] Park, Calif., 1968; $2.95) thus [illegible] *Islands of the South Pacific*, [illegible] *tralia, New Zealand, Hong* [illegible] *Taiwan,* and *Japan* to round [illegible] this group of *Sunset* travel bo[illegible]

# Peanuts presidential poll

ows Snoopy* leading the pack. Snoopy is so far in front of all the other candi-
ates he's already painted his dog house white. You will be properly equipped
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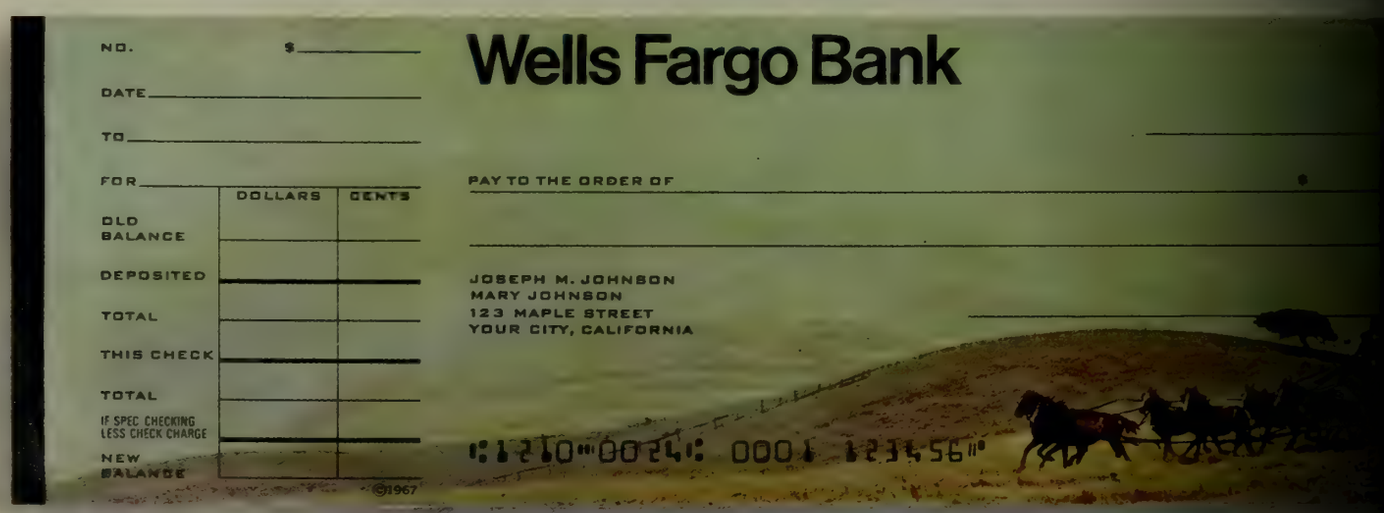

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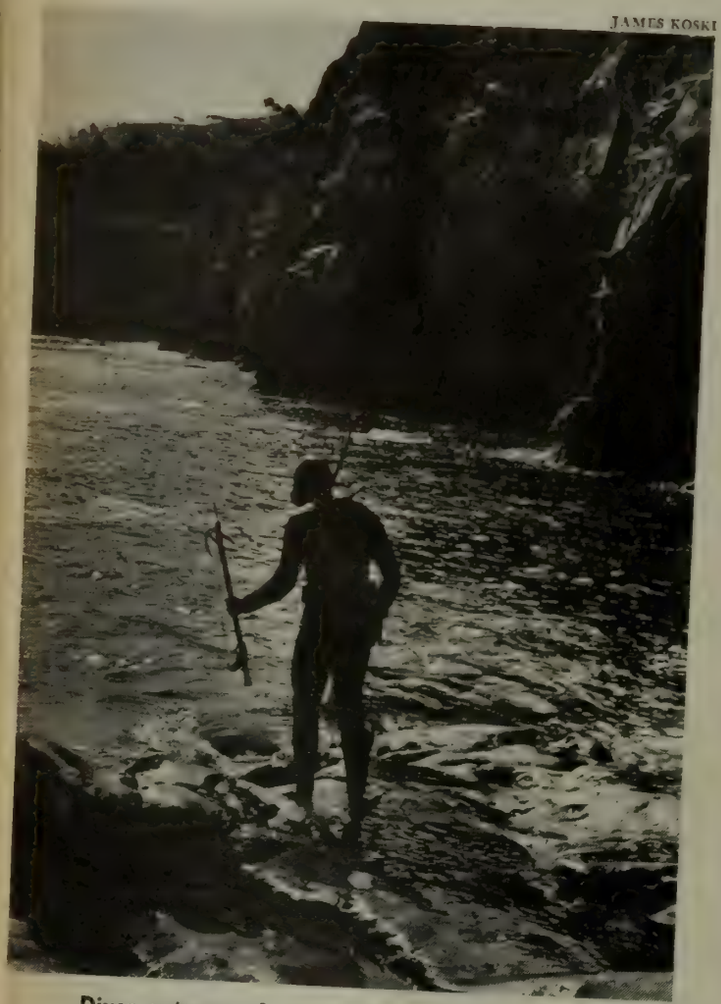
Sunset THE MAGAZINE OF WESTERN LIVING SEPTEMBER 1968

# La Jolla and the water's edge

## The sea is why people come to San Diego's north shore and the sea is why people keep coming back

JAMES KOSKI



**Diver** *enters undersea gardens right below town (access via Coast Blvd.). La Jolla caves are in cliffs*

**La Jolla** is not the usual tourist place.

There are no amusement parks, tram rides, cotton cand dors, fishing piers, or boats to rent, and no great hotel com in this small sea town. La Jolla is a quiet edge of a big San Diego, where all the bright new attractions laid ou vacationers have stayed south, nearer the city's center Jolla's 5-mile stretch of coastal bluff and lowland is rea section of Mediterranean California at its most beguiling, it's been attracting San Diegans and visitors to San D for years.

If you come north from the main part of San Diego—as tors are likely to do—the quick way is by Interstate 5 way and the Ardath Road exit. Or you can come by the o longer route up La Jolla Boulevard from Pacific Beach. Ne route reveals much of the La Jolla experience, which be when you get out of your car.

La Jolla has several levels. At sea level it is rock-bound coves and then broad beach farther north. Above the it's a series of parks set on coastal bluffs, and above th classic old resort town that has managed, mostly, to pres the charm of intimate scale it acquired when it was a sepa village. North of this, on the high bluffs, is Torrey Pines once a lonely eucalyptus forest, now a growing center for search and educational institutions.

Most visitors come to La Jolla during the foggy summ months, often to escape the heat of Phoenix or points far east. This month they and many of the local beach people be missing—just as the sunny fall weather begins. La Jo reserves its greatest charm for those who can visit betwe now and next spring.

### *THE SEA AND THE BEACH*

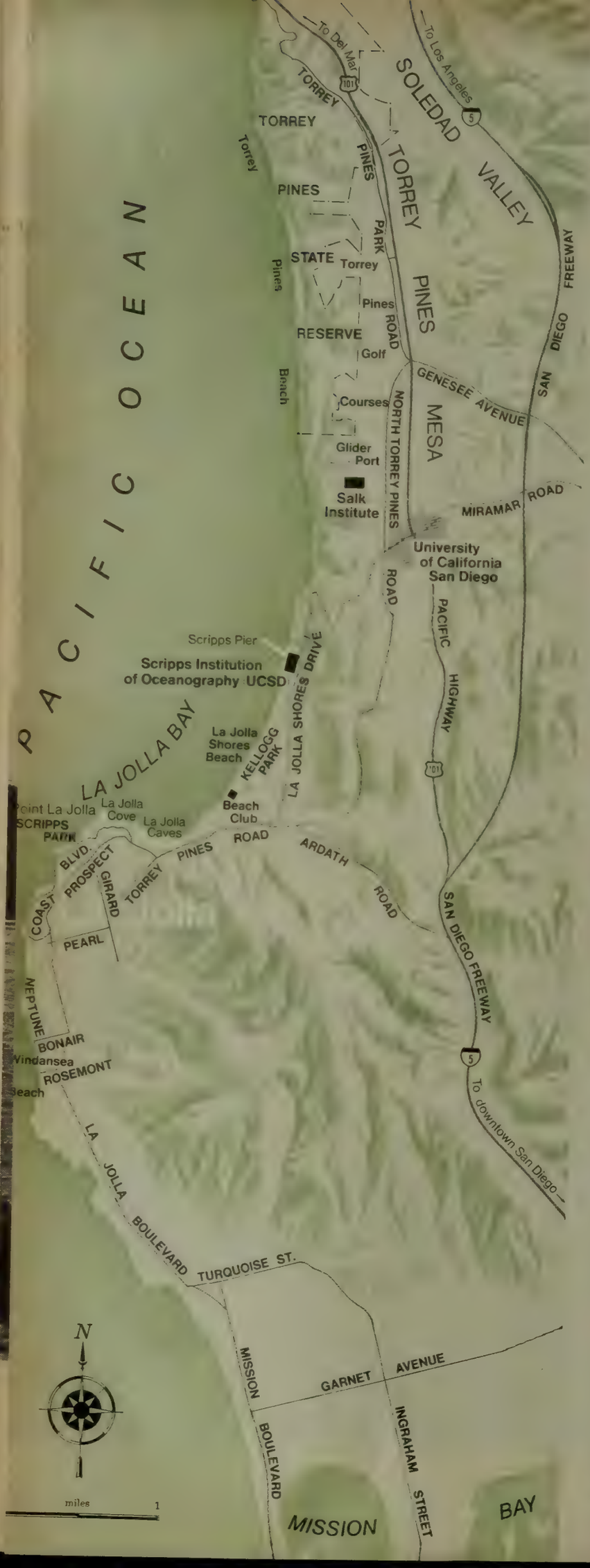
The sea beauty of La Jolla is the reason for everything here. The town was settled around 1886 by people who jou neyed by rail from San Diego—many came all the way fro the East Coast—to enjoy the ocean and the shore.

All the beach pleasures are here: swimming, diving, surfin

GLENN CHRISTIANSEN

Lunch outdoors at La Valencia

*La Jolla is at its liveliest when a sunny day brings out crowd to fill patio of landmark La Valencia Hotel on Prospect Street*




# LA JOLLA:

## The Cove is for swimmers, pool explorers, scuba dive and for sociable sunbathe

**Wave-cut** *arches and caves pierce cliffs around La Jol*

rock fishing, tidepool exploring, and beach walking. you see the fishing party boats that also come here fr sion Bay to probe the kelp beds or the deep cold wate submarine canyons.

Every beach in La Jolla has a character of its own. So considerably with the tides as well as the seasons.

Below Prospect Street, which curves through the he old village, the beaches nuzzle under sandstone bluffs of small crescents and coves. If you stand on the sid Coast Boulevard and look over the railing above Cove, you'll see why it has been a favorite for years. very big (that makes it sociable, for sunbathing), and tected from the direct surf in summer by Alligator H rocky edge of Point La Jolla. Low tide reveals Alliga to be set on a broad rock bench pocked with tidepo gentle surf at La Jolla Cove makes it an excellent sw area. This is also a good place for skin and scuba divers

JAMES KOSKI

*Cove, favorite of swimmers and divers, has been symbol of La Jolla since it was a resort reached by rail from San Diego*

DARROW M. WATT

the clear water and the undersea gardens that hold such prizes as spiny lobster and abalone.

On the bluff above the Cove is Ellen Browning Scripps Park, named for a member of the newspaper-owning family who was the town's great benefactress. This park with its green lawns serves as an inviting prelude to the beach; here you can stroll or sit in the sea air and watch the swimmers, the rocks, and the waves without getting your feet sandy.

The Cove is the northernmost of the beaches below the village proper. Boomer Beach, just south of Alligator Head, is an outstanding body surfing area—but for experts only. The waves sometimes begin to break as far out as ¼ mile offshore.

South of Boomer Beach, and connected to the park and the

**Scripps Pier** *area is "university beach"—surfboard country*

Cove by a sometimes-narrow promenade, is the Children's Pool. This small beach has a curving, mossy concrete breakwater that keeps the surf gentle enough for small children. There are lifeguards here, and at the Cove, all year.

Continuing south, beaches reached by Marine Street, Fern Glen, and Sea Lane are not guarded and have little parking.

South of here, at the foot of Bonair Street, is ½-mile-long Windansea Beach. The breakers on this wide sandy beach have made it celebrated as one of the best places on the coast for surfing; the waves are especially good this month. Swimming here can be dangerous.

Returning north, you can enter one of the La Jolla caves, around the corner and, surprisingly, southeast of the Cove—through a curio shop near the east end of Coast Boulevard—by way of a wooden stair. Admission is 50 cents for adults, 15 cents for children under 13.

Just seaward of the cave entrance a bluff-top trail runs easterly through about a half mile of semiwild city park past a rocky gorge called Devil's Slide. The view of La Jolla Bay is spectacular from this sometimes dizzying overlook. Close by, on the sheer face of the cliffs you'll see birds—cormorants, pelicans, seagulls—watching the water, 150 feet down, for fish.

**Among offerings** *in arcade shops: washable paper resort dresses*

There's no beach at the foot of these cliffs. You have to get well north of the village before you see the second kind of La Jolla beach. Here, along the lowland of La Jolla Shores, the sand is wide and hard packed and water is shallow for some distance out. There's more room for picnicking on this beach and for a while there are no more cliffs.

The La Jolla Beach and Tennis Club marks the south end of this stretch of beach; its duck pond was once a lagoon. The beachfront club with its 1930's-Spanish architecture and striped beach tents looks like a resort that F. Scott Fitzgerald might have written about. William Scripps Kellogg, the club's president, adds to this atmosphere by driving a grand o Twin 6 roadster around the club's great circular The club is private, but a restaurant on the premise

North of the club is Kellogg Park and the La Jo Beach—public and equipped with fire rings, play restrooms, showers, and a lifeguard all year. The so of the beach is reserved for swimming, the northern

### *SCRIPPS INSTITUTION*

The landmark north of La Jolla Shores Beach is S The Scripps Institution of Oceanography, part of t sity of California at San Diego, is world-famed as a ocean study. Its aquarium (stocked with fish from jus is open to the public, along with a museum and Hours are 8 to 6 Monday through Friday and 9 to and Sunday (free).

The pier at Scripps isn't open to the public, but from below you may see wet-suited students going and co marine specimen-collecting work. Near the end of th the La Jolla and Scripps submarine canyons. These d have recently served as testing grounds for new deep ble exploration gear.

The submarine canyons and the richly varied marin

## La Jolla is for walkers. The shopping is good . . . you can linger over lunch

ment off La Jolla may become an underwater reserve Point La Jolla up the coast to Torrey Pines State R the waters for a mile offshore are under study by the a possible state park for divers, fishermen, scientists, and who want to enjoy and explore it.

The beach around the pier is a favorite for swimmin swimmers are mostly students, for this is the university's although open to the public. You'll probably see consi surfing action on the north side of the pier. The wate and for a mile north are currently a university marine pr

Since parking around all of La Jolla is somewhat scarce, edgeable La Jolla residents coming to this area use the visitors' parking lot (25 cents) and its outdoor snack b only one north of La Jolla Shores. The snack bar is open to 5 P.M. weekdays.

The 3½ miles of wild and almost always deserted bea tween Scripps and Soledad (Sorrento) Valley sits again steep cliffs of Torrey Pines mesa—300 feet high beyond S —so access to this beach is limited. The next access n Scripps is through Torrey Pines State Reserve, on a hiking trail. Rip currents along this beach can be dan to swimmers; there are no lifeguards. Don't be caught b tides; they can maroon people for hours.

Torrey Pines Beach is a wide strand, with fire rings picnic area, where North Torrey Pines Road descends t dad Valley at the northern end of the mesa. Lifeguard mark rip currents with red flags. The beach has a new p lot inland from the highway, beside the lagoon.

### *STROLLING IN THE TOWN*

The charming old shingled cottages on the peninsula's north-facing slope date back to the early days of La

*'s black, and it honks:* Old Black Goose *is Packard n (first on coast (1915), still running at tennis club*

dually did a village develop and eventually spread meet Pacific Beach. The charm of La Jolla today ch to its residential-scale buildings and to the many ure trees. The tower of La Valencia Hotel fits into ext, but mammoth high-rise apartments on the bluff

age is one place where the car has not yet triumphed ple. Parking space is hard to find, the layout of the s confusing, and residents generally assume that all ill stop when they cross the streets—crosswalk or not. ght as well plan to walk—or, better, stroll. The best is along the mile or so of Prospect Street from the shops on the north to the Art Museum on the south. Street, the main shopping avenue, has as wide a selec- general shopping as you're likely to find anywhere in go, but Prospect Street is more oriented to the visitor. Prospect, the small shops range in character from dis- elegant jewelry salons to the helter-skelter of an import m, from an understated tweedery to a Scandinavian r in an arcade.

rants here often occupy old houses; several have a sea They range from tea-room to Continental, Mexican to One caution: Call in advance for reservations, and xpect to arrive much later than 9 P.M. for dinner.

lencia Hotel on Prospect Street offers meals outdoors with a view from the tower. At La Valencia you'll see who have been coming since the hotel was built in and a younger generation of bankers and brokers from la's very active financial district—Wall Street—a block around which are clustered 10 brokerage houses and ks. You can stay at the hotel, or in a few motels in town, thers on Torrey Pines Road or in South La Jolla—or at Mission Bay, fifteen minutes away.

The south focus of this walk is the La Jolla Art Museum. With emphasis on contemporary art, its programs and galleries—which include rental galleries for children and adults—are often lively. It is open 11 A.M. to 5 P.M. Tuesday through Friday; 12:30 to 5 P.M. Saturday and Sunday. There are tours for visitors at 1:30 P.M. Wednesday, Saturday, and Sunday.

The nucleus of the museum was originally the home of Miss Scripps and was designed by Irving Gill, the distinguished pioneer architect. It has since been remodeled and enlarged with compatible architecture and garden. This general area is a showcase of some of Gill's best work, including the Recreation (Community) Center and the Women's Club (across the street from the museum) and the Bishop's School, just up La Jolla Boulevard.

Next door to the museum is John Cole's Book Shop, in the former guest cottage on the Scripps grounds. Now the little rooms and passageways are filled with books, and the spacious lawn that surrounds the cottage is often filled with students who are taking advantage of the used book room. The books are all for sale, but you can take them onto the lawn or out under Miss Scripps' wisteria pergola and just read them.

GLENN CHRISTIANSEN

**Of another era:** *Beach and Tennis Club, La Jolla Shores*

**Art museum,** *liveliest in San Diego, has a children's art rental gallery program*

**Little Redfish Lake,** *seen from Forest Service camp, mirrors Sawtooth peaks which rise abruptly, separated by cirques an*

# Indian summer in the Sawtooth

## Go in September for the fishing, the hiking, the golden color

**September** begins two months of golden Indian summer in central Idaho's Sawtooth Valley: warm days followed by frost at night, fall color that goes beyond yellow to pure gold, in a land of wilderness and uncrowded open spaces.

During a three or four-day stay you will have time to hike a high country trail, explore ghost mining towns, collect rocks or tawny dried grasses, and to fish—in the famous Salmon River or in one of a dozen lakes.

U.S. Highway 93, major north-south route between Twin Falls and Missoula, Montana, traverses the length of the 30-mile-long Sawtooth Valley. Approach from the south, over 8,700-foot Galena Summit, and one of the most spectacular views in the West unfolds before you. The 10,000-foot peaks of the Sawtooths knife into the western sky; off to the east the White Clouds rise in great peaked swells behind a lower range of brown hills.

And cupped below you is the peaceful valley, with the sun striking silv from the Salmon River as it through meadows of wild hay.

You'll have a chance to sample tinct kinds of country here. Th itself is a still unspoiled mount devoted to cattle and sheep would look much as it did years ago if it were not for a tempt at subdivision of open the highway into 60-foot lots. A of the valley, wooded foothills

DON NORMARK

*dfish Lake Visitor Center is nearby*

**Rest stop** *along switchback trail in Sawtooth Primitive Area. Note characteristic light granite outcrops. Mount Regan in background*

**Mantled ground squirrel,** *a little bigger than a chipmunk, happily shares peanuts. He lives in underground burrow*

**Trail to Sawtooth Lake** *goes through grove of ancient, heavy-trunked Douglas firs*

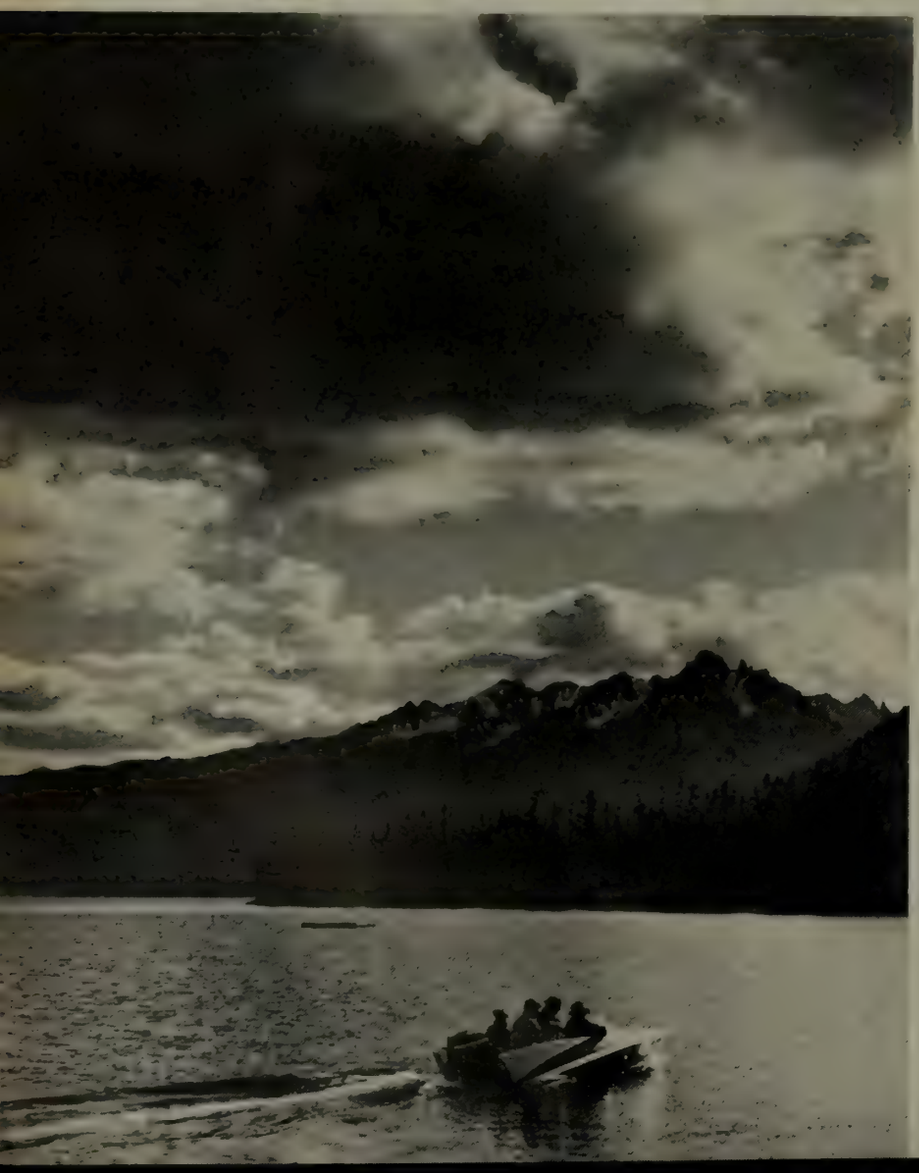
**Sheepherders' wagons,** *no longer horse-drawn, otherwise have changed little*

aspen, cottonwood, and willow. Long, deep fingers of lakes reach far back into the Sawtooth Primitive Area. The Sawtooth Mountains rise behind the lakes, close and comparatively friendly. Hikers seldom get lost or confused in them, for the peaks themselves are ready reference points and all streams tumble toward the valley.

To protect the valley, foothills, and mountains from unplanned exploitation that could spoil them unalterably, a group of concerned citizens has formed the Sawtooth Conservation Council. The council's present efforts are concentrated on giving the Sawtooth Primitive Area more permanent status by having it declared a Wilderness under the National Park System.

## One day there may be a new Sawtooth Wilderness National Park

**Motorboat** *heads up 4-mile-long Redfish Lake toward Mount Heyburn*



### *ACCOMMODATIONS*

Campers will find excellent Forest Service sites on the larger lakes west of U.S. 93: Alturas, Redfish, Little Redfish, and Lake Stanley. All have boat-launching facilities. The lodge at Redfish Lake rents rooms and several log cabins, and has a dining room and store. Several plain but comfortable motels cater mostly to fishermen; look for them in Upper and Lower Stanley and in Obsidian. For more luxurious accommodations, arrange to stay in Ketchum or Sun Valley, about 30 miles south of Galena Summit.

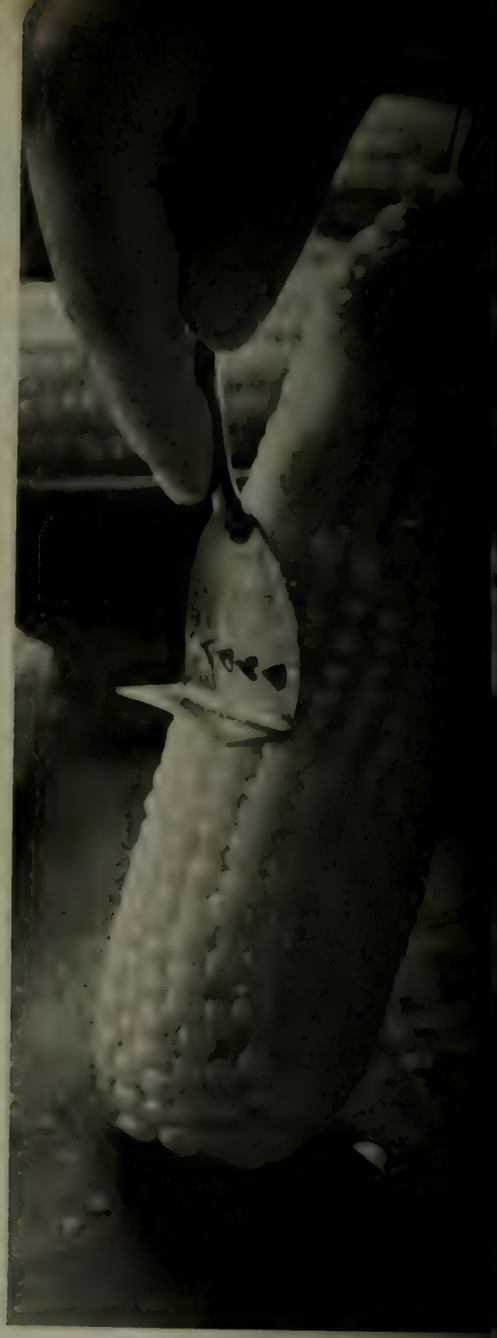
For information about the area and detailed trail maps, stop at one of the two forest ranger stations in the valley. Rangers can also supply names of packers and guides if you plan a trip into the back country.

For a copy of 1968 fishing regulations, write to Idaho Fish and Game Dept., 600 S. Walnut St., Boise 83707.

DON NORMARK

**Band of sheep** *grazes at dusk in a wild hay meadow of Sawtooth Valley. Rash of small subdivisions threatens this tranquility*

**Green bean slicer.** *One of many styles of hand-powered, stably mounted machines for slicing beans on a perfect diagonal in a flash. Priced at $5 and up. Feeding device holds several beans at a time in proper cutting position against blades. String the beans first*



**Corn slitter** *and scraper. Tines slit kernels; only sweet interior pops out as you eat. Wide end scrapes pulp. About 50 cents*

# Foolish? Yes and no

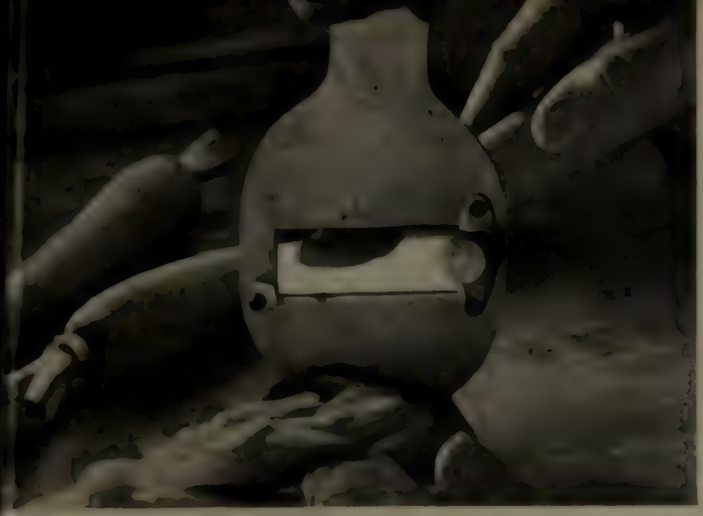
**The main thing** all these intriguing vegetable tools have in common is that you can get along without them very well.

But even though they perform in a very limited way and you use them only infrequently, you can usually do a better, faster, more professional and efficient job with them.

Just for curiosity value these gadgets are fun to have, and once you start a collection it most often grows—partly because husbands tend to be fascinated with mysterious-looking tools.

Here we describe how to use seven very effective tools. As for where to find them, and others of the same sort, we've found that sources are often unpredictable. But look for them in gourmet cookware shops, hardware stores, grocery stores, houseware sections of department stores, delicatessens, and antique shops; or try mail-order catalogs.

**Mushroom fluter.** *Sharp hook digs neat grooves through mushroom cap to decorate. About $1. Will cut citrus zest, too*



**uffle slicer.** *Tension screw adjusts the blade opening to permit ing vegetables paper-thin or as thick as you like. Close the de when not in use to protect it and fingers. Price, about $6*

**adish slicer.** *Device for making uniform spiral of a large white dish common in Germany also works with amazing precision potatoes (for scalloping or frying) and onions. Price $1.50*

DARROW M. WATT

**Nonsensical efficiency** *of the radish slicer calls for a performance: the length of the potato swirl determines the virtuosity of the artist. The cutting blade is very sharp, so pay attention!*

**Asparagus knife.** *Adjustable guide permits even peeling of tough-skinned stalk vegetables like asparagus and broccoli to prepare luxurious dishes. Only knife edge is sharp. About $*

**Zucchini corer.** *Long curved scoop (the blade is not sharp) to ease through parboiled zucchini or raw cucumbers and hollow for stuffing. The trick is in hitting opposite end. About $1.50*

# The homely Thompson seedless is the elegant cook's friend

**The Thompson seedless grape** is one of nature's most fortunate accidents. This fruit (it has various names in various lands) originated in Asia Minor at some unrecorded time; as noted on the next page, its association with Mr. Thompson was incidental. Actually the grapes are not really seedless; but the seeds are genetically incapable of developing beyond a certain unnoticeable stage.

Today this variety is the leading table grape of the nation; it accounts for half the world's raisin production (and 95 per cent of California's); and it plays important roles in the California wine industry.

Fruit munchers appreciate the absence of seeds while relishing the juicy, mild flavor. Good cooks, too, treasure the virtues of this grape. Touched lightly by heat, the grapes are transformed into brilliant, glistening jewels that lend a remarkably handsome accent to prepared dishes and contribute a rich, exciting flavor.

The simplicity and directness of the recipes that follow only reaffirm the effectiveness of Thompson seedless grapes as a choice cooking ingredient.

**Party entrée:** *Chicken Breasts Veronique with delicate wine sauce, hot grapes*

This roast chicken, served in a wreath of grapes, is pictured on *Sunset's* cover.

### *ROAST CHICKEN WITH GRAPES*

Rub the outside of a 3 to 3½-pound broiler-fryer chicken with half a cut lemon. Lightly sprinkle chicken, inside and out, with salt, and set on a low rack in a shallow pan. Mix 2 tablespoons lemon juice with 2 tablespoons whipping cream; spoon inside chicken; skewer cavity shut.

Bake chicken in a 375° oven for about 1½ hours, or until breast meat near wing joint is fork tender. After the first 45 minutes, brush chicken with whipping cream (you'll need about ½ cup cream), then brush it again every 15 minutes. About 10 minutes before the chicken is done, pour remaining cream into pan.

Place chicken on platter. Stir pan juices to blend, and pour into a sauce dish. Melt 1½ teaspoons butter over high heat in a wide frying pan. Add 1½ to 2 cups Thompson seedless grapes; swirl about just until fruit is a brighter green and warm. Surround chicken with hot grapes; serve with fruit and the sauce. Serves 4.

The use of *veronique* in the title of a dish usually indicates—as it does here—that wine and grapes are major elements and French cuisine is the influence.

### *CHICKEN BREASTS VERONIQUE*

Bone and skin 4 whole chicken breasts; cut in halves. Sprinkle meat lightly with salt. Melt 2 tablespoons butter in a wide frying pan over medium heat. Add breasts; brown lightly on each side.

Blend with chicken 1½ tablespoons orange marmalade; ½ teaspoon whole tarragon, crumbled; and ½ cup dry white wine. Cover pan and simmer very gently for about 20 minutes, or until thickest section of breasts is white in center (cut a small slit to test). Transfer breasts to a serving dish and keep hot.

To pan juices add ½ cup whipping cream and quickly bring to a rolling boil. Blend 2 teaspoons cornstarch with a little water and stir into sauce; return to boil, stirring. Add 1½ cups Thompson seedless grapes, return to boil, and immediately pour over chicken. Makes 4 servings.

Here is another elegant modification of a *veronique* dish.

### *SOLE WITH GRAPES*

Coat 4 or 6 medium-sized sole fillets (1 to 1½ lbs.) with flour and shake off the excess. Sprinkle each fillet very lightly with ground nutmeg and salt.

Melt 2 tablespoons butter in a wide fry-

## Just who was Mr. Thompson?

Within a decade or so after the gold rush of 1849, a gentleman named W. Thompson, of Yuba City, California, achieved a kind of immortality—through little of his own doing. He had planted a grape vine (shipped from the East Coast) that, it turned out, grew grapes without seeds. His neighbor, J. T. Onstott, took cuttings, propagated the fruit, and developed nursery stock (he wanted to make raisins). In acknowledgment of his source, he called the vine Thompson seedless.

g pan over moderately high heat, and k the fillets until a rich golden color each side; do not crowd pan. Cook lets in sequence, if necessary. Add 1 ore tablespoon butter, if required. ansfer fillets to a warm dish; keep hot. ld 1 cup Thompson seedless grapes to n and swirl about over high heat just til grapes are warm and their color is brighter green. Pour over the fish. Then ir into pan ½ cup whipping cream and il over highest heat, stirring, until a ght golden color; drizzle sauce over fish d serve at once. Makes 4 servings.

ong grain and short grain rice work ually well in the pilaf for this dish.

*AMB SHANKS, THOMPSON STYLE*

lace 4 cracked lamb shanks in a deep -quart casserole; add 3 cups regular-trength chicken broth. Cover and bake a 375° oven for 2 to 2½ hours, or until meat is tender when pierced. Drain broth and reserve. Cover lamb and return to oven; turn off heat.

Lightly brown 1½ cups rice in 1 table-spoon butter, stirring. Add 3 cups of the lamb broth. Bring to a boil, cover, and reduce heat to very low. Cook 20 minutes, or until rice is tender; stir occasionally. Arrange rice in a dish and top with lamb.

At once, melt 1 more tablespoon butter in frying pan over high heat. Add 2 cups Thompson seedless grapes; stir, heating just until bright green. Spoon over lamb and rice. Makes 4 servings.

This savory rice is good with lamb, beef, chicken, turkey, duck, and lean white fish.

*GRAPE PILAF*

Melt 1 tablespoon butter or margarine in a wide frying pan and add 1 large onion, chopped. Cook over low heat, stirring, until onion is soft. Add 1 cup long grain rice and cook, stirring, over medium high heat until rice is lightly browned.

Mix in 2 cups regular strength beef or chicken broth; return to a full boil and add a 3 to 4-inch cinnamon stick.

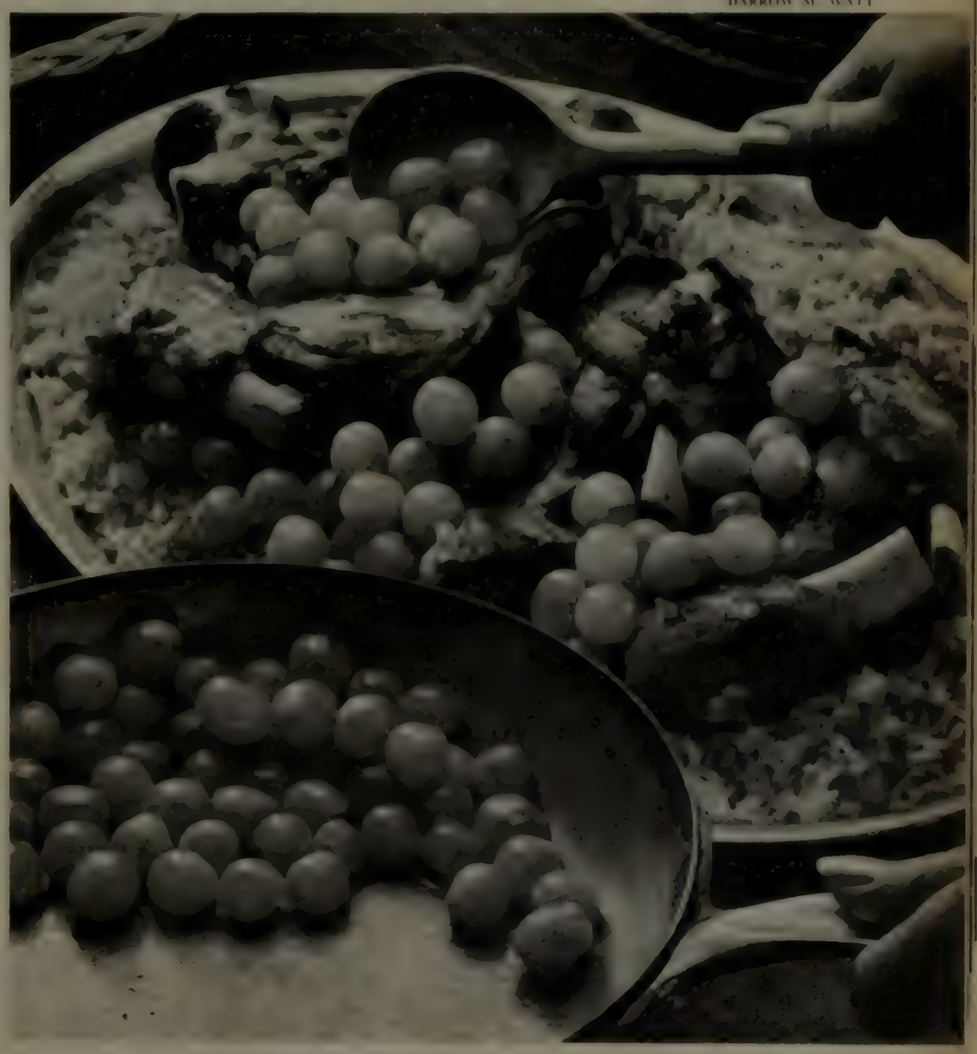
Cover pan; cook over low heat for 20 minutes or until rice is tender; stir occasionally. Salt to taste.

Pour hot rice into a bowl and keep hot.

Melt 1 more tablespoon butter in the frying pan over highest heat and add 2 cups Thompson seedless grapes; heat, shaking pan just until grapes are warm. Mix with rice. Makes 4 to 6 servings.

## Touched lightly by heat, the grapes are transformed into glistening jewels

DARROW M. WATT



**Spoon butter-sautéed grapes** *over lamb shank and rice main dish. The shanks bake in stock, then you use the liquid for cooking the savory rice mixture*

# Handsome hang-ups

## Hanging plants good-looking the year around

**Some of the most useful** and dependable all-year container plants at *Sunset* are displayed on these pages. They hang from eaves and beams in our patios, on the lanai, along covered walks, and from tree branches.

**Of course, we use many annuals, bulblike** plants such as tuberous begonias, perennials such as *Campanula isophylla* 'Alba,' and shrubs such as fuchsias for seasonal color in hanging baskets and pots, but our mainstays are permanent, evergreen plants grown as much for handsome foliage as for flowers.

**Besides those pictured, here are other** year-around hanging plants to consider:

**Abutilon megapotamicum.** One of the flowering maples. Pretty red and yellow lanterns and willowy leaves on vinelike stems. May bloom all year in frost-free areas, or indoors in winter-cold climates.

**Azaleas.** Select plants of trailing habit, also according to climate: they don't take indoor conditions for long. In mild areas Belgian Indicas give good spring show. West of the Cascades in the Northwest, Glenn Dales and Gables are hardy. Also consider late-blooming hardy kinds like Gumpos and other Macrantha relatives.

**Sasanqua camellias.** Vinelike ones or those with very pliable branches are adapted to hanging baskets. Attractive dark green foliage. Flowers rather small for camellias but abundant; some fragrant. Hardy in Northwest but storms may shatter fall and winter bloom unless protected.

**Chlorophytum comosum.** Usually calle spider plant. Variegated foliage form mo often seen. From single clump, it sen out long arching stems that bear mini ture replicas of original plant. A hou plant in cold-winter areas, but can l brought outside for summer display.

**Cotoneaster.** Many evergreen, trailin mostly hardy kinds are effective in han ing baskets. White to pinkish flowers i spring; showy, usually red fruits in la summer or fall.

**Evergreen grape.** Several species of *Cissu Rhoicissus capensis,* and *Tetrastigma,*

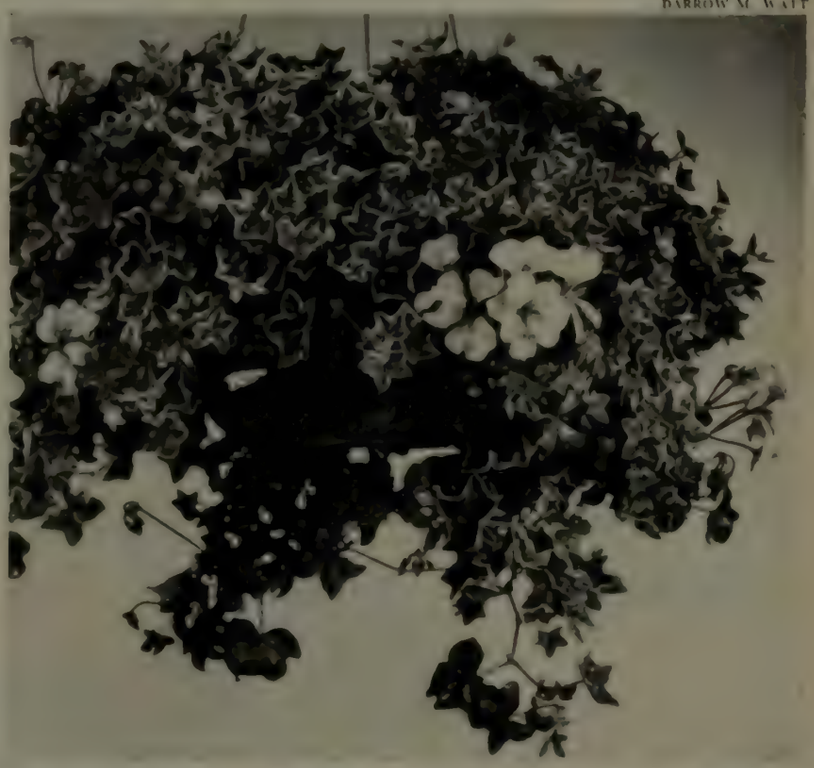
**Any one** *of the small-leafed kinds of English ivy will supply abundant, attracti streamers of green or variegated foliage when you plant it in a hanging bask*

**Crete dittany** (Amaracus dictamnus), *white woolly foliage, nice contrast for pink summer flowers, rose purple fruits*

**Fluffy foliage** *on drooping branches displayed by Sprenger asparagus; small pink blooms; red fruits*

**Some succulents,** *like this sedum, have trailing stems that will droop over the sides of a hanging basket*

DARROW M. WATT



**Ivy geraniums,** *colorful in baskets, come in white, red, pink, lavender. Leaves of one above (sold as 'L'Elegante') edged white; lavender bloom*

with handsome foliage. Attractive greenhouse or house plants in cold-winter areas; use outdoors where winters are mild.

**Ferns.** Especially good for hanging baskets. Two tender kinds used at *Sunset*: squirrel's foot fern *(Davallia trichomanoides)*, and Japanese felt fern *(Pyrrosia lingua)*. For outdoors in cold-winter areas two native ferns—*Woodwardia fimbriata* and five-finger fern *(Adiantum pedatum)*—are exceptionally attractive.

**Junipers.** Many low-growing kinds with long, trailing, densely foliaged branches. *Juniperus horizontalis* 'Wiltonii,' one of the flattest-growing junipers, with silver blue foliage; shore juniper *(J. conferta)*, short needlelike leaves bright green above, grayish beneath, whole plant looks soft and fluffy; *J. procumbens*, bluish green feathery foliage. Carpeting junipers hardy almost everywhere; shore juniper needs lots of moisture in dry inland areas.

**Dwarf or creeping rosemary.** Trailing or cascading shrub. Aromatic needlelike leaves, light blue flowers winter and spring. Hardy west of Cascades and southward.

**Succulents.** Many kinds, such as sedum, are good in baskets. One of most popular: donkey tail sedum *(S. morganianum)*. Stems densely clothed with plump blue-green leaves drape downward to 3 or 4 feet. House plant almost anywhere; in mild-winter areas can be grown outdoors; where frosty, place under eaves or lath.

**Periwinkles.** *Vinca major* and smaller counterpart *V. minor* are tough, easy-growing plants; best in part shade with ample moisture. Attractive, glossy, rich green foliage; lavender-blue flowers bloom from spring to fall. *V. minor* is somewhat hardier; has white, wine red, and deeper blue varieties.

GLENN CHRISTIANSEN

Multiple exposure shows one cook in four work centers

*In this experimental kitchen assembled in the* Sunset *studio the cook can move from her island cooktop to any of the other three work centers by taking no more than a step or two (the only exception: four steps from the refrigerator to the ovens)*

# Our ghost cook demonstrates the kitchen island idea

## An island can save steps, direct traffic, separate the action

**put together** this kitchen with roll-around appliances in *set's* photographic studio in order to experiment with the hen island idea.

es an island kitchen save steps? To seek the answer, we t our roll-around cooktop midway between refrigerator and n, and 4 feet away from the sink. Then we prepared beef rgundy, recording the cook's steps.

en we rolled our cooktop alongside the ovens to form more an L-shaped (or shallow U) kitchen and prepared the same h again. (See sketches.)

ook our test cook 58 steps to do her beef in the island kitch- 73 steps using the L-shaped kitchen. Stepping back and th between food preparation center and cooktop was the big erence; two steps with the island, four with the L. Ours rtainly was not a controlled laboratory experiment, but it did vince us that the island idea saves you steps.

r test cook also confirmed what island kitchen owners have d us: that the island is a pleasant place to work, maybe tly because of its isolation. You enjoy the feeling of space all und you; you are not facing a wall. Best of all, you can ot in place, with a counter behind you.

e island idea, of course, is not new. Big old-fashioned chens had one: a table in the middle of the room.

the decade before World War II, efficiency experts started asuring the work triangle formed by sink, refrigerator, and ge, and set up guidelines as to minimum-maximum dis- nces between these centers.

at kitchen planners' triangle is still a guiding principle in lay's kitchen thinking, but it has been modified. One reason is that manufacturers began separating certain appliance components. Ovens, separated from range top, can form a baking-roasting center of their own. On the next pages we picture five quite different island kitchens. With each is a plan, the basic triangle in heavy shading, the oven center tied in with light shading. (We've done the same in the floor plans below.) All five islands fall within the basic work triangle.

In several kitchens we visited, the island served as a divider. It separated areas of activity. Among the island kitchens that follow, two have islands that form a fourth wall and separate food preparation from eating.

A kitchen island also can direct foot traffic, detouring it out of the work area. Kibitzers can stand on the outboard side, talking to the cook but not bumping into her.

Some islands are just clear counter, some are sink and clean-up centers, but many, perhaps most, are cooking islands. With these, venting is the problem. An overhead hood obstructs the view. Of the three cooking islands pictured in this article, one has no hood, one uses a draw-down venting system contained in the cooktop itself, and one has a high hood. Such a high hood, to be efficient, needs a heavy-duty commercial fan.

The island idea often is the great answer in kitchen remodeling. It costs less than removing or adding a wall. And a clear-counter island is just the old-fashioned kitchen table fixed in place, with storage below. No costly plumbing or wiring is needed.

We asked all the cooks who own and use the islands pictured on the next six pages if they would have another island in another house. All five gave an enthusiastic "Yes!"

**Our experimental** *floor plans: at left, the island; at right, the modified L shape. Heavy shading indicates basic work triangle; lighter shading ties in baking center*

**Kitchen and family room** *meet at the cantilevered island, so it's often used as a desk and as a place to visit with mother*

PAUL SEAM

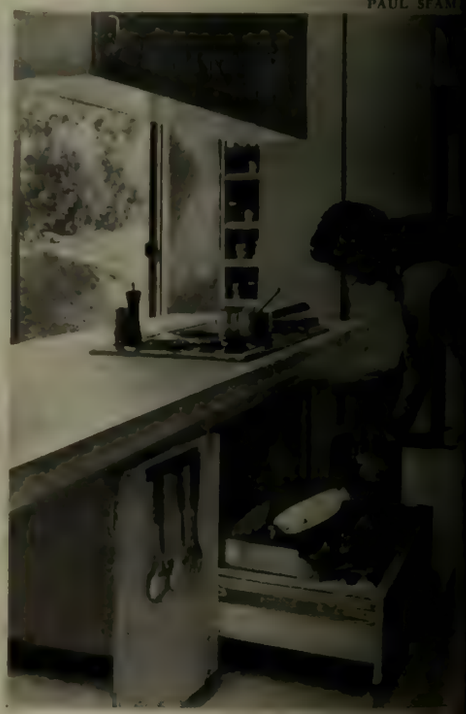
ISLAND KITCHEN NO. 1

# A place to cook . . . or to snack

**There are** 10 feet of cooking, chopping, serving, and sit-down eating space on each side of this island. Half of the countertop is cantilevered from its storage cabinet anchor so there are no supporting legs to clean around or to straddle. To make the top, strips of white maple 1 by 3's (surfaced bowling alley stock) were spiked together; the spike heads were countersunk and the holes plugged.

The surface is wiped daily with a wet sponge, and cleaned weekly with household ammonia (full strength) and rinsed with a solution of baking soda and water. Burns can be sanded off.

The architect was Charles Chamberland for the Randall A. Pratts, Kailua, Oahu.



**Deep roll-out** *drawer holds pans. Uten racks on inside of doors; storage cabine above. Owners didn't want hood, f*

ISLAND KITCHEN NO. 2

# This one is the island-of-all-work

RICHARD FISH

**Island** *with two elements is completely efficient as cut, mix, even cook-and-serve center*

**Two auxiliary cooking elements** set into the top of this island serve to keep food warm near the family dining area and provide extra cooking space away from the kitchen's main work areas.

Halfway between the three main work centers—refrigerator, cooktop, and sink—the island serves as a much-used all-purpose work area. The center section opens from both sides for access to the storage area underneath the pull-out shelf. Drawers at the family dining end hold tableware; those at the opposite end hold utensils that one might use at the cooktop or sink.

Architect was Leonard Veitzer, San Diego.

**Blender** *sets up quickly on shelf that pulls out on one side. Banks of drawers at each end are identical*

ISLAND NUMBER 3

# Island with a view

**Here** the cooking island was placed to take advantage of a view, so a self-venting cooktop was a natural. For entertaining, the built-in hood on the cooktop folds down, a buffet is set up on the dining side of the island, and the food is served from oven, refrigerator, or barbecue.

The owners, Mr. and Mrs. Philip C. Meyer, Bainbridge Island, Wash., wouldn't change a thing. Mrs. Meyer says she doesn't see how she could go back to doing her cooking in front of a wall. Architects: Jack Woodman & Associates.

**On dining side,** *there are drawers behi doors for tableware, linens. Use of co ter as a buffet was an unexpected bon*

DON NORMA

**Overhead light panel** *takes place of hood, not needed with self-venting cooktop. Island separates food preparation from dining*

**Stationary island,** *30 inches square, has deep toe space, is topped with maple for a permanent cutting surface*

ISLAND
UMBER 4

# A great chopping block

**A small midway station** in the work triangle, this island is like a butcher's chopping block. In the midst of all-tile work counters, it gets constant use for everything from vegetable and salad preparation to carving meat and making pastry.

The flip-up counter, faced in laminated plastic, extends the work surface when it's needed and often serves as a lunch or snack counter when just one member of the family wants to eat.

An overhead ceiling light means you're never working in your own shadow.

Designer was Harper Poulson for Mr. and Mrs. Louis L. Colen, Los Angeles.

RICHARD TISH

**Drawers** *on sink side hold myriad utensils: this one is a double-decker arrangement. Doors on other side open to shelves*

ISLAND KITCHEN
NUMBER 5

# This is the wide-open kitchen

**In this situation** the island is essentially the command post of an area of the house that includes a family dining space, study, and master bedroom, all built around and open to a screened-over garden with small pool. It's a retreat separated from the more formal dining and living areas of the house and the children's rooms.

The island is a complete cooking and baking center, and includes two ovens and a generous stainless steel counter for food preparation and serving. The sink, directly opposite it, is only a couple of steps away.

Architect was Haydn Phillips, Honolulu.

ROBERT WINKAM

**You don't have** *to face the wall when you cook here; you can be a part of whatever is going on in the study or family area. Business side of island has ovens (each end), two drawers for pans, one for selection of condiments*

ROBERT WENKAM

## It's even open to the garden

**Garden and kitchen** *function as single space. Garden is screened overhead. Sliding panels, rarely used, pull out of wall at right*

# The great tomato mystery

## Sometimes the "beefsteak" you buy today isn't a beefsteak at all. But still it's delicious, as the ideas on these pages will show

**In the tomato world,** beefsteak is a kind of magic word. To many Westerners it brings delicious memories of big, bumpy, very flavorful tomatoes ripened on the vines in home gardens late in the summer.

Some seed companies recognize only one "beefsteak"; others describe several varieties as beefsteak types. Their catalogs list these under various names, including Beefsteak (also written Beef Steak), Crimson Cushion, and Ponderosa. These relatively old varieties produce irregular and flattish tomatoes, often scarred or cracked, with deep cores extending into the tomato from the stem. They ripen late in the season, and where nights are cool, as in some coastal climates, they do not set fruit well. Perhaps the mildest and most meaty of all tomatoes, the beefsteaks remain popular with home gardeners.

In today's markets we rarely see true beefsteak tomatoes; nevertheless the largest fruit of several choice varieties is often sold as "beefsteak." The big tomatoes in our color photograph are called Ace. They are smooth, uniform in shape, and delicious enough to qualify for the beefsteak label; their slightly more acid flavor is preferred by some tomato fanciers.

But any of the tomatoes rightly or wrongly called beefsteaks can be highlights of your September eating. Here we offer suggestions on how to make them so.

Serve slices of big, mild beefsteak tomatoes by the plateful with one of these simple herb-flavored dressings. Both basil

DARROW M. WATT

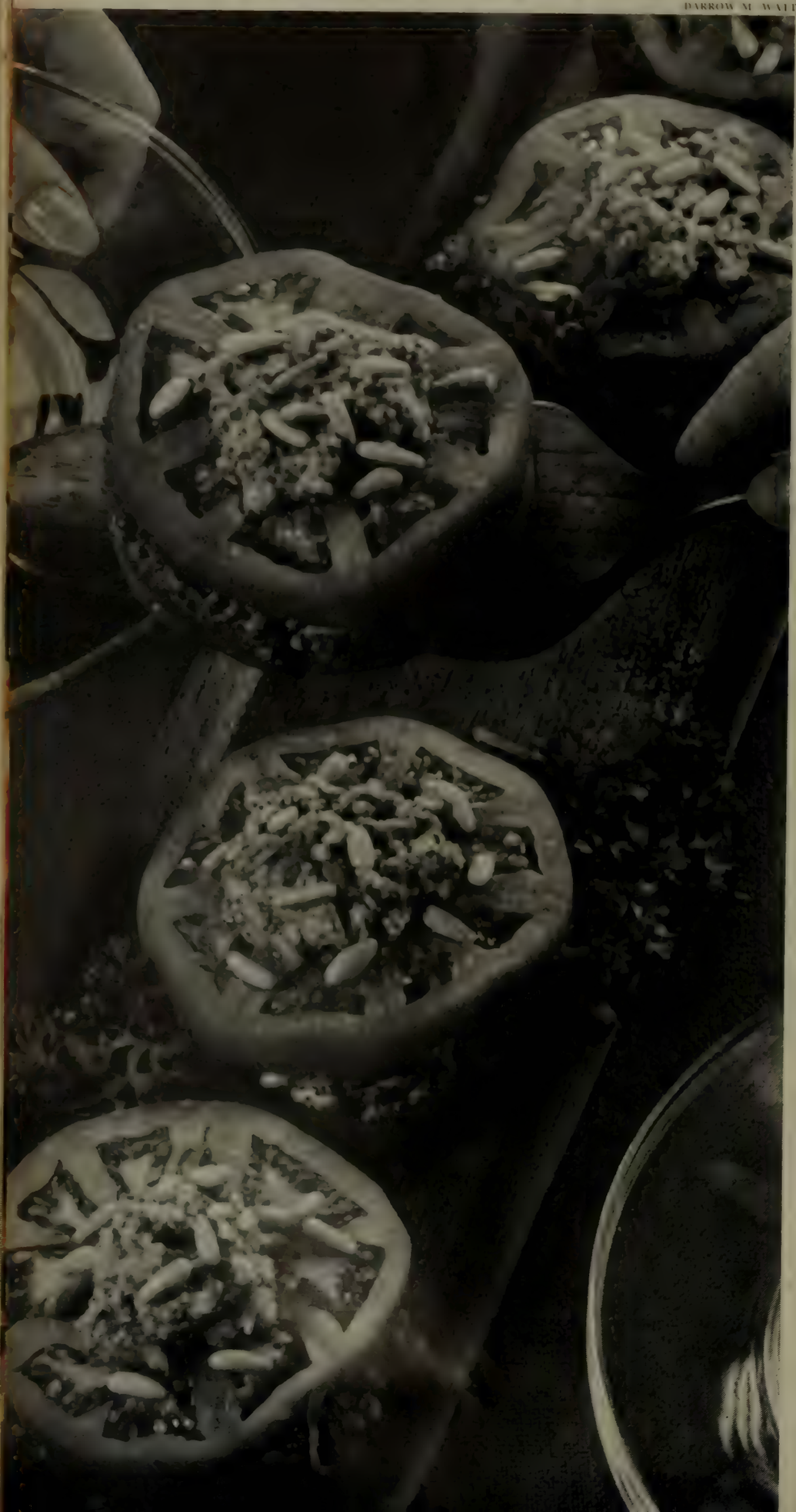
GLENN CHRISTIANSEN

**Super tomatoes** *coming into markets and ripening in home gardens in September are meaty, mild, great for slicing. Pictured above is good way to enhance their flavor. Combine with raw onion rings, add oil and vinegar dressing flavored with basil*

# Big slices make a salad sandwich

**Thin slices** *of big tomatoes serve to hold the filling of basil and Parmesan*

DARROW M. WATT



and tarragon are great flavor companions to tomatoes.

***SLICED TOMATOES, HERB DRESSING***

Basil or Tarragon Dressing
(recipes follow)
2 or 3 beefsteak-type tomatoes
Mild, sweet onion slices (optional)
Freshly ground pepper, to taste

Prepare either of the herb dressings and set aside for 1 to 2 hours to mellow flavors. Peel the tomatoes or not, as you prefer, and slice them about ¼ inch thick. Overlap slices in a shallow bowl, tuck a few thin slices sweet onion between tomato slices, if you wish. Mix the dressing again and drizzle over tomatoes; serve or refrigerate for up to 1 hour. (If refrigerated, spoon dressing from bottom of bowl over tomatoes before serving.) Grind pepper over top. Makes 4 to 6 servings.

*Basil Dressing.* Combine in a blender container ¼ cup olive oil or salad oil (or half of each), 2 tablespoons garlic (or regular) red wine vinegar, ½ teaspoon *each* salt and sugar, and ¼ cup fresh basil leaves (loosely packed in cup) or 1 tablespoon dried whole basil; whirl until blended. (Without a blender, finely mince fresh basil or crush the dried, then mix with other ingredients.)

*Tarragon Dressing.* Prepare the same as Basil Dressing, omitting the basil. Add 1 teaspoon dried tarragon and 2 teaspoons fresh or freeze-dried chives. Whirl in blender or mix until blended.

This sandwich is really a salad—the filling of basil, pine nuts and Parmesan cheese (similar to Italian *pesto*) is sandwiched between two big tomato slices. Serve it as a salad first course, with dinner, or to top a grilled cheese open-faced sandwich.

***BASIL TOMATO SANDWICH SALAD***

¼ cup chopped parsley
1 cup fresh basil leaves (loosely packed in cup) or ¼ cup dried basil
2 tablespoons lemon juice
½ teaspoon *each* salt and sugar
⅓ to ½ cup olive oil or salad oil
1 cup grated Parmesan cheese (freshly grated, if possible)
¼ cup pine nuts or slivered almonds, toasted
8 or 10 large tomato slices, cut about ⅓ inch thick
Salt and pepper to taste
Pine nuts or almonds for garnish
Parsley or lettuce for garnish

Combine in the blender container the parsley, basil, lemon juice, salt, sugar, and ⅓ cup oil. Whirl until smooth. Add the cheese; whirl again until blended, adding additional oil if needed to make a smooth paste. Stir in the nuts. Sandwich tomato slices together in pairs with about 1½ tablespoons of the basil mixture. Arrange on serving dish. Sprinkle salt and pepper to taste on top, then top each with a dab of remaining basil mixture and extra nuts, if desired. Add parsley or lettuce garnish. Makes 4 or 5 servings.

*For a luncheon sandwich,* grill open-faced

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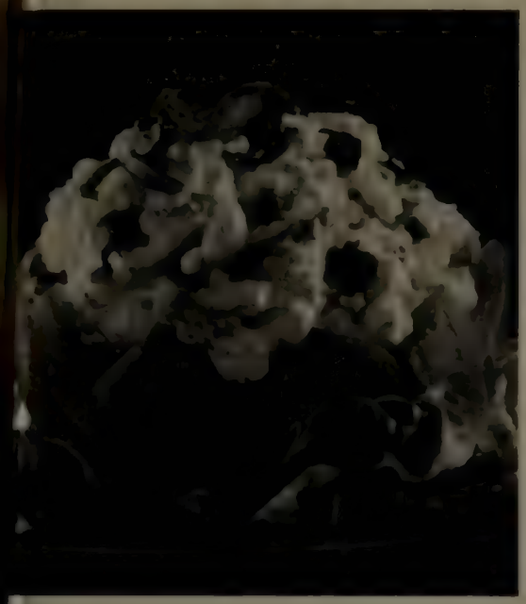
# With cucumber, with cottage cheese, with avocado, with bacon



**Spicy Mogul dressing** *complements the slices of mild tomato and avocado*

**Left:** *cottage cheese salad lunch for one in big tomato shell*

ese sandwiches, using jack, Swiss, Mozrella, or Cheddar. On top of the hot, elted cheese on each sandwich, set one the basil-tomato salads. Serve with nife and fork.

his outstanding way to serve sliced tonatoes is the specialty of an Indian resurant in San Francisco. An important gredient in the dressing is Chinese Five pice, a spice blend available in Oriental arkets and on the spice racks of many upermarkets now.

### OMATO AND AVOCADO SALAD, IOGUL DRESSING

Mogul Dressing (recipe follows)
2 beefsteak-type tomatoes, peeled and thinly sliced
2 avocados, peeled and sliced
Cucumber slices and romaine leaves (optional)

repare the dressing 2 hours or longer beore serving; set aside. Just before serving, rrange the tomato and avocado slices on serving plate. Generously drizzle the repared dressing over top, using about alf of it. Serve additional dressing at the able. Garnish plate with the cucumber nd romaine, if you wish. Makes 4 to 6 ervings.

*Iogul Dressing.* Combine ½ cup salad il, 2 tablespoons tarragon wine vinegar, 1 teaspoon *each* whole basil and Chinese Five Spice, ½ teaspoon *each* salt and lemon juice, 1 small clove garlic, minced or mashed, and ⅛ teaspoon *each* dry mustard and pepper. Beat with a fork to blend; let stand, then beat again just before serving.—*S. K., San Francisco.*

For those who prefer a creamy dressing on tomatoes, this one is outstanding and simple to prepare. Pass it at the table after seasoning tomato slices with salt and pepper to taste. Or sprinkle the tomato slices lightly with bottled Italian-style dressing (you'll need about ¼ cup dressing for 2 beefsteaks) before bringing them to the table.

### SOUR CREAM DRESSING FOR TOMATOES

½ cup sour cream
¼ cup mayonnaise
2 green onions (with about 2 inches of the green tops), thinly sliced
1 tablespoon minced parsley
2 teaspoons dried whole basil, crushed

Combine the sour cream, mayonnaise, onions, parsley, and basil; stir to blend. Cover and refrigerate for 30 minutes or more to blend flavors. Serve in a bowl to pass at the table. Makes about 1 cup, enough for 4 servings.—*E. L., Walnut Creek, Calif.*

A whole beefsteak-size tomato makes a fine container for a luncheon or supper salad. This one is filled with cottage cheese, crunchy bacon, and almonds.

### CHEESE-AND-BACON TOMATO SALAD

2 beefsteak-type tomatoes, peeled
½ cup diced, peeled cucumber
4 teaspoons salad oil
2 teaspoons wine vinegar
¼ teaspoon *each* salt and sugar
Dash pepper or seasoned pepper
1 cup large curd cottage cheese
2 green onions, thinly sliced
¼ cup slivered, blanched almonds
4 slices bacon, cooked
Salt and pepper to taste
Salad greens

Cut top third off each tomato, using zigzag or plain cut. With a grapefruit knife, cut out pulp of tomatoes, leaving a firm shell. (Use tomato top for salad another day.) Discard seed sections, and dice firm parts of tomato pulp into a bowl, add cucumber, and season with oil, vinegar, salt, sugar, and pepper. Spoon the cucumber mixture into tomato shells—refrigerate up to an hour, if you wish.

Combine cottage cheese, onions, and almonds; crumble in bacon, saving 2 pieces for garnish. Mix and season to taste with salt and pepper. Pile into tomato shells. Garnish with greens and bacon. Makes 2 servings.—*R. M., Roseburg, Ore.*

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# The Changing Western Home

*Better security for sliding glass doors ... silence from a fan ... hardboard with a rough surface ... your choice in door knobs*

### The wide, wide choice in door knobs

If you are building or remodeling, you might profit by taking a look through the latest catalogs of house door locks at lumberyards and hardware stores, rather than just accepting whatever your builder usually installs. The locking mechanism in all locks is about the same, but there has been quite a change this year in appearance. Choosing among the many new ones now available may add a distinctive touch to the decor of your house.

You'll find metal knobs in a great variety of shapes, colors, and finishes: polished, dulled, antiqued, enameled, and etched. There are wooden knobs, wrought iron knobs, round plastic knobs.

One trend is back to short, right-angled handles rather than knobs; the handles are finished in antique copper or antique brass. Some new front door handles are extra long and very attractive.

There's an even greater variety of rosettes to go behind the door knobs—in every style from early Egyptian to late psychedelic.

### To lock a sliding glass door

A sliding glass door is usually the easiest for a burglar to jimmy open. The latest security lock to prevent this is an ingenious hinged aluminum tube you affix to the side of the stationary pane. When not in use, it stays up against that side; to lock the door, you close it and then swing the tube down to fit against the sliding section's frame. The tube will telescope in and out like a camera tripod leg to fit any sliding door opening from 27 to 48 inches wide. It costs $4.50.

### You won't hear this fan

A kitchen-hood ventilating fan now available makes no noise at all in the kitchen because it goes on top of the roof or on an outside wall. Compact and extending only 6 inches above the roof, the powerful, three-speed, squirrel-cage fan will discharge 400, 700, or 950 cubic feet of air per minute. It is usable anywhere a hood is needed, and is particularly suitable for an indoor barbecue.

### Rough-sawn hardboard?

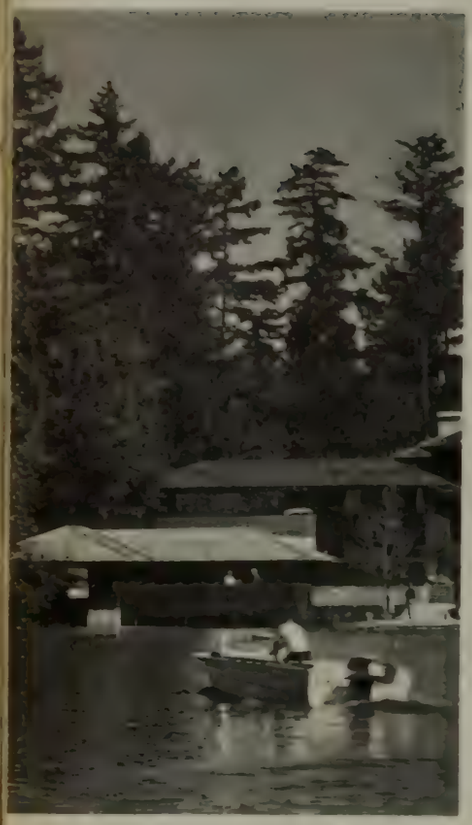
You can now find at lumberyards a new type of simulated-wood hardboard paneling with a surface that resembles rough-sawn wood planks. It comes in the standard 4 by 8-foot size, is inexpensive, and is prefinished in an off-white bleached tone or a warm charcoal brown. Because the surface texture is pressed, not cut, there are no splinters and you can wash the wall paneling easily with a damp sponge or cloth.

### No adobe stabilizer

It's best today to buy any adobe blocks you need through a local building materials yard, rather than make your own, because of the difficulty of obtaining a stabilizer in small quantities. The stabilizer is very important; it's an asphaltic emulsion mixed into the "mud" to prevent the dried and cured adobe blocks from softening again when wet.

**Flooring makes a countertop**

The countertop in this bathroom is surfaced with teak parquet flooring—bought in 18-inch squares, glued in place, and finished with linseed oil. The wall behind it is faced with a huge mirror; the cabinet at right has no door, thus displays colorful towels. Owner-architect is Lawrence Steiner of Ladera, California.



**Boathouse** *forms the left-hand side of a waterfront party house*

# It's a pass-through boathouse

**Concrete ramp** *extends through boathouse to water's edge for boat launching. Line runs from electric winch in foreground pit down to end of boat trailer*

DON NORMARK

**Boats** *on trailers are pulled into the boathouse or through it by the electric winch*

**This boathouse** serves two purposes. It's a dry, fully-enclosed shelter for a family's outboard runabout. It's also a ramp for launching their boat and their friends' boats on the lake, and for retrieving them for easy transport elsewhere.

It resembles a large single-car garage with generous storage space on both sides and an overhead garage door at each end (opening to the driveway and to a concrete ramp leading down to the water). At the driveway end, a pit contains an 1,800-pound-pull winch that draws boats, on trailers, into the boathouse or further up to be hitched to a car.

The boathouse, designed by Chaffee-Zumwalt & Associates, landscape architects, is part of a waterfront building on Steilacoom Lake, just south of Tacoma.

Photograph by Ernest Braun

**There's room to roam at**

# The Sea Ranch

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# Before you remodel or build, it's useful to know something about glass

**Most home owners** have little reason to think much about glass. It lets in light, opens up a view, must be cleaned now and then—and is accepted on that basis.

But when you're remodeling or building, knowing a bit more can be of considerable benefit. There are a great many kinds of glass to choose from for windows, walls, and doors; each has its purpose, advantages, and cost factors. The information here and on the following pages will help you take fuller advantage of this variety to make your home more comfortable in the summer, warmer in the winter, and safer the year around.

If you come across any unfamiliar glass-industry terms in the paragraphs that follow, consult the glossary on the next page; it explains the terms as they relate to home situations.

For the sake of simplicity here, we haven't included the many types of plastics that can be used instead of glass in a variety of situations, from skylights and patio overheads to room dividers and garden screens.

Incidentally, it is possible to predict before a room is built the amount of daylight that will enter it. Glass manufacturers publish an impressive quantity of technical data that enables architects and engineers to determine the available light for the latitude and local site (direct sunlight, light reflected from the ground, and sky illumination); how much of that light will enter the room through given window areas; and how much the brightness, glare, or heat loss or gain can be influenced by special glass.

### *TO INCREASE THE AMOUNT OF DAYLIGHT ENTERING A ROOM*

First, use clear glass. Outside, use highly reflective materials: light-colored paving, grayish or whitish plant material. Paint the underside of overhangs in a highly reflective color. Inside, paint the room in a light color and use bright fabrics and light floors.

Adding a skylight is an excellent way to increase the amount of daylight in a room. Of course, opening up the room with generous windows and sliding glass doors is another possibility.

### *TO REDUCE HEAT LOSS*

The amount of heat lost through window areas depends on several factors: the ability of the weatherstripping to reduce air leakage, the kind of glass (single pane or insulating), the type of framing material (metal or wood), and the temperature difference between outdoors and indoors.

Usually, an insulating glass unit with ½-inch air space will reduce heat loss through the glass area by about one-half. In a well built house with about 1,200 square feet of living space and 10 well made and weatherstripped windows, the use of insulating glass can reduce heating costs by about 10 to 15 per cent, compared to the cost for the same house with single-thickness windows.

Inside the house, draperies, blinds, and shades can reduce heat loss.

And plantings, architectural devices, and fences may also reduce heat loss by reducing winter wind velocity across outer glass surfaces.

### *TO KEEP THE SUN'S HEAT OUT OF THE HOUSE*

You can effectively block as much as 70 to 80 per cent of the solar energy transmitted through clear glass. For houses with large glass areas on the east and west walls, this could mean a significant increase in summer comfort and a savings in the size and operating cost of the cooling system.

The amount of heat you can block depends on three factors: the kind of external shading devices (roof overhangs, fences, trellises, plantings, blinds, special screens); the kind of glass (clear, tinted or heat-absorbing, reflective); and the kind and color of interior sun-blocking

## Sheet, float, and plate... which glass is which?

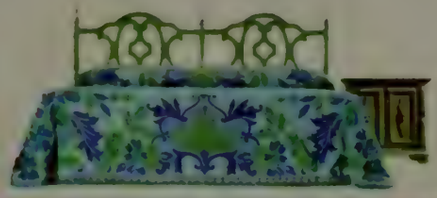
**Sheet glass.** Formed when molten glass is drawn vertically; the faster the speed, the thinner the glass. Finished product has some wave or distortion. Sheet glass from about 3/32 inch to ⅛ inch thick is used to glaze most residential windows (and doors), hence is called in the trade *window glass*. Thicker sheet glass (3/16, 7/32, ¼ inch thick), termed *heavy sheet* or *crystal sheet*, is used for larger areas where greater strength is required.

The terms *single-strength* and *double-strength* refer to the thickness of sheet window glass. Single-strength glass, about 3/32 inch thick, weighs 19 ounces per square foot. Double-strength glass, about ⅛ inch thick, weighs 26 ounces.

**Float glass.** A relatively recent method of manufacture. The glass is formed on molten tin, then cooled and conveyed through an annealing oven. Exceptionally flat and free of distortion. Available in ¼-inch thickness.

**Plate.** Molten glass is rolled into large, continuous flat sheets, then ground and polished on both sides to a uniform thickness. There's little wave or distortion. *Regular polished plate* usually refers to clear ¼-inch plate, widely used in building construction. *Heavy polished plate* is ⅜-inch, ½-inch, and thicker plate; it has great resistance to wind, helps in sound control, and is used for large uninterrupted areas. *Rough plate* has not been ground and polished on both surfaces, so is not clear; it's available regular or tempered, clear or tinted, with both sides rough or one side polished.

# Create your get-away room ...with Bassett



There are times when every woman wants to get away from it all into her own private world, and that's when she needs a 24-hour bedroom retreat. A place to shut out noise and problems, listen to music, watch TV, hem a dress, write a friend, dream a little, or linger over a leisurely Sunday morning breakfast. All are easy to achieve with Bassett's total-living room ideas . . . ideas that make every room in your home more liveable, with beautifully finished wood furniture, upholstered pieces from Bassett's Prestige division, and young ideas from Bassett's juvenile line. Send 50¢ for brochures on all our many styles to Bassett, Dept. N-89, Bassett, Virginia 24055.

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matter (shades, draperies, Venetian blinds).

In planning solar heat control, remember that summer heat gain is greatest in the early morning and late afternoon when the sun is relatively low in the sky; therefore east and west sides of the house receive the most solar energy. Architectural projections and screens should be designed with this in mind.

If only a few windows in the house are to be tinted or reflective, they should be east and west-facing ones.

**Tinted glass, heat-absorbing glass.** Such glass, as the glossary states, can block much solar radiation—although part of it is soon reradiated to the inside as heat.

How much does tinted glass alter colors? From within, gray provides very natural color retention. Bronze may make the outdoors appear slightly brighter while actually reducing light intensity; but most people observing the outdoors through it will be unaware of any change in color. Green slightly intensifies green colors and tends to make the outdoo seem cooler. Generally, the color is chose less for its effect on visibility (from i side) and more for the tone it imparts the building's exterior.

It is possible to apply a tinted coating glass in existing windows. Several com panies manufacture spray-on or flow-o tinting products that do reduce glar and (because they tint the glass) al reduce solar transmission. Some produc are available in pressure spray cans do-it-yourself kits. But most tinted coat ings are applied by trained personnel. O firm quoted us a figure of $1.10 per squa foot for a minimum area of about 30 square feet.

**Reflective glass.** Such glass cuts down th amount of heat transmission by as muc as 70 per cent, while reducing light tran mission by 50 to 70 per cent. From th outside the windows have a mirrorli appearance.

You can also have an aluminum-coate polyester film applied over the inside

## Glass glossary: *These terms are basic*

**Heat-absorbing.** Term used for any tinted glass that absorbs a specified amount of solar energy. For ¼-inch glass it must absorb more than 50 per cent of total solar energy and have a light transmission of not less than 65 per cent. Instead of immediately transmitting almost all solar energy (as ordinary glass does), such heat-absorbing glass absorbs more than half, raising the temperature of the glass; the heat is then re-radiated, in part to the room, in part to outside.

Heat-absorbing glass is available as plate, float, wired, and patterned glass; most popular is ¼-inch or thicker tinted plate or float glass.

**Heat-strengthened.** Partly tempered to increase its strength, which is about double that of the glass from which it is made. It is not a safety glass.

**Insulating.** Two pieces of glass with a dry air space between and all edges sealed. One piece can be clear glass, the other the same or any special glass (patterned, tinted, heat-absorbing, or light-reflecting). Such glass provides about the same insulation value as a conventional stud wall; it reduces heat loss in winter, heat gain in summer.

**Laminated.** Two pieces of clear or patterned glass with clear or tinted plastic between, sealed together into a single unit. If broken, glass fragments are held together by the plastic interlayer.

**Light-diffusing.** Patterned (normally in a prismlike design) or coated so light rays passing through are diffused. The amount of diffusion varies with the pattern chosen.

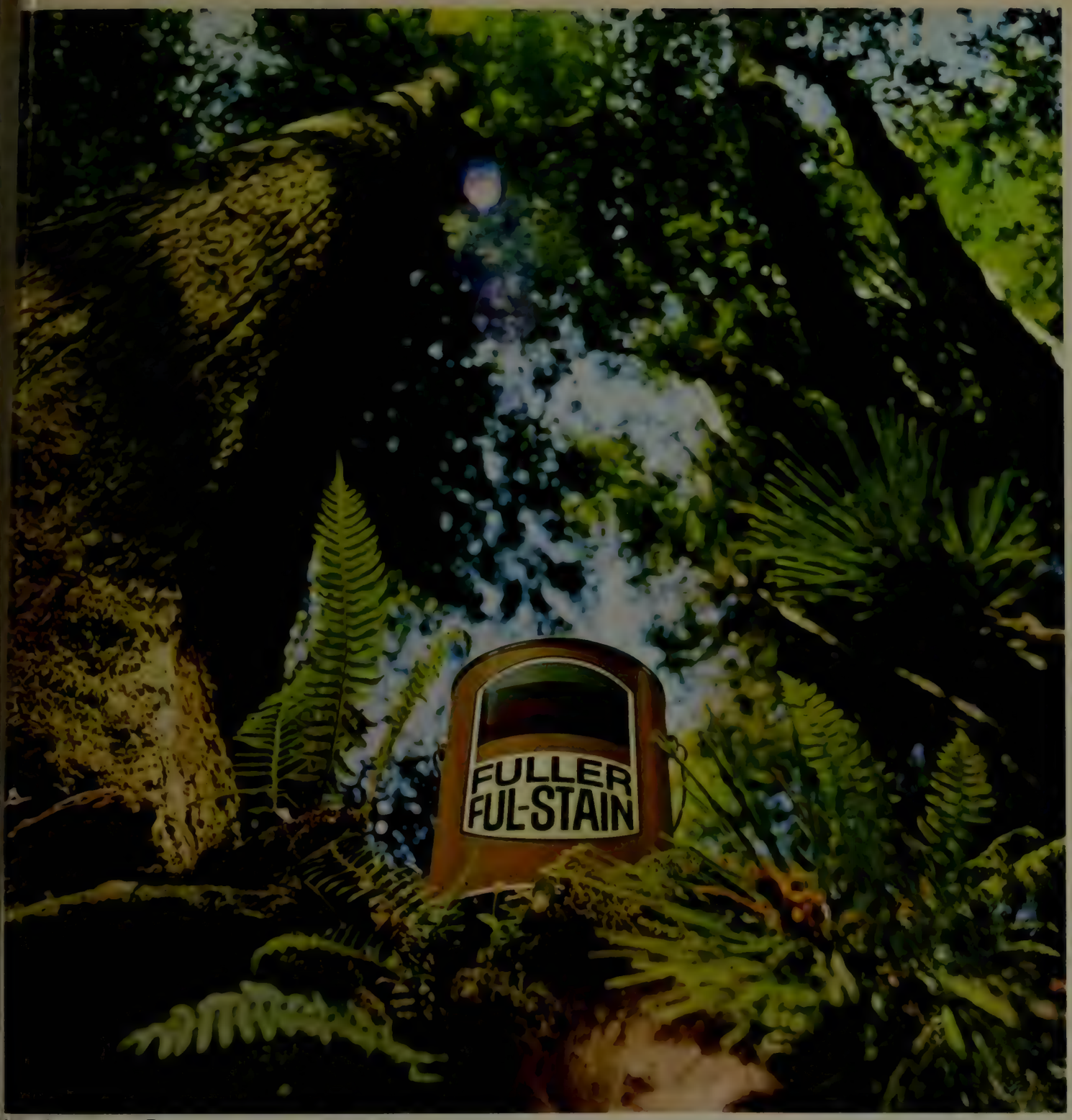
**Patterned** (rolled-figured, obscure, translucent). Made like regular plate except passed through patterned rollers; usually one side is left smooth. The many designs available range from finely patterned, almost transparent to pebbled, ribbed, beaded, and fluted. Each of the patterns has its own degree of light transmission, diffusion, and obscurity. Patterned glass is available in decorative colors and can be tempered, heat-absorbing, or wired.

**Reflective.** A transparent metallic oxide is fired to the surface of ¼-inch plate glass, providing a light and heat-reflecting, mirror-like coating. Such glass reflects about four times as much solar radiation as unprocessed glass of the same type, and cuts light transmission in half. Available clear or tinted.

**Tempered.** Controlled heating and cooling produces a compression layer on the glass surfaces and a tension layer inside, making it as much as five times stronger and more impact-resistant than regular glass of the same thickness. When it does break, it disintegrates into small, rounded particles (dice).

**Tinted.** Formed by the introduction of coloring agents into molten glass. Transmission of visible light is substantially lowered, to as little as 14 per cent, depending on the degree of tinting and the thickness of the glass. Various shades of green, gray, bronze are available.

**Wired.** Glass with wire mesh incorporated within the body of the glass during manufacturing; when broken the glass is held together by the wire.

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glass areas to increase reflection and thus reduce solar transmission. The manufacturer claims it rejects 75 per cent of the sun's heat and around 80 per cent of the glare. For a 6 by 8-foot window, installation, including labor and materials, costs about $75. There's usually a minimum job fee of around $125.

**Insulating glass.** Just as insulating glass blocks some heat loss on cold days, it reduces heat input on hot days. To further reduce heat transmission, order the glass with a reflective surface.

### *TO MINIMIZE GLARE*

Glare is unpleasant brightness—the sun seen through a window, bright areas of sky or snow, reflected light from water or a shiny surface. Glare is most bothersome when the source of illumination is small (that's why car headlights at night are so blinding).

You reduce glare by controlling the intensity of the brightness, by evening out the areas of contrast. Sunglasses, for example, reduce the amount of light reaching the eye. Tinted glass or reflective glass in windows does the same thing. Clear glass transmits as much as 88 to 90 per cent of the available daylight, while a glass with a greenish tint may cut total light transmission to 75 per cent, a bronze tint to about 50 per cent, and a darker gray tint to as little as 14 per cent. A reflective coating on tinted glass can further reduce light transmission.

If your windows face a city view, before deciding on tinted glass study the view at night through a sample of the glass.

Where visibility is not a factor, patterned glass can often be used to reduce glare by diffusing the light.

There are also various types of shades, draperies, and screens that reduce glare and still allow you to see out.

### *TO REDUCE CONDENSATION*

Sometimes you can reduce condensation that interferes with your enjoyment of a particular view by replacing the existing glass with insulating glass. By keeping indoor glass surfaces warmer on cold days, you can permit indoor humidity levels to go quite high without causing condensation.

New insulating glass products with a special reflective coating insulate like three sheets of glass and therefore permit still higher winter indoor humidity before condensation occurs.

### *TO PROVIDE PRIVACY*

Where good light is required yet privacy is important, use patterned glass. The degree of obscurity is determined by the pattern you choose. Patterned glass is desirable for its light-diffusing properties. If safety is a factor, use tempered or wired patterned glass. It's also available with a glare-reducing finish.

Where through-vision is needed or desired, tinted glass and reflective glass provid some degree of privacy during the da with little impairment of the view to th outside.

### *TO PROVIDE MAXIMUM SAFETY AND SECURITY*

It's estimated that every year as man as 100,000 people in the United State are injured by walking or falling into glass. You may not be 100 per cent suc cessful in preventing such collisions, bu you can reduce and even eliminate th injuries from cut glass by using one o the safety glasses. Building codes in mos areas now require tempered, wired, o laminated glass in all glazed areas tha may be mistaken for an opening and tha extend to within 18 inches of the floo unless there are push bars or permanen protective screens.

*Tempered glass* should be used in fixe and sliding patio windows and doors, i shower and tub enclosures, and wherever people may mistake the glass for an open ing or bump into it for other reasons. I many areas, the cost of tempered glass i now only 40 to 50 cents more per squar foot than crystal sheet glass.

*Wired glass* is widely used in skylights shower doors, wind screens, and othe places where safety is a major factor. Th glass itself is no stronger than the unwire ordinary kind, but the wire offers a meas ure of resistance to penetration and help hold the glass together in the event o breakage.

*Laminated glass,* like tempered glass, ma also be used for patio doors and window

### *TO REDUCE SOUND*

Yes, glass can reduce sound transmission muffling the noises of trains, traffic, an children playing. Thicker glass is mor effective than thinner glass. You can eve buy special sound-control glass that ha thick plastic layers laminated betwee two sheets of glass.

But the amount of reduction is partly de pendent on the amount of sound leakag in the window frame; and sound can als leak around and through doors an through the house walls themselves. Air tight resilient weatherstripping around al openings will help.

### *CLEANING IS IMPORTANT*

Even where the outside air is relatively clean, the accumulation of dust and dir on glass surfaces may reduce light trans mission by as much as 20 per cent in thre months, 30 per cent in six months. Where the air is relatively dirty, the figures ca be 30 and 45 per cent.

If you have tinted glass in your hom remember that it's often hard to tell when such glass needs cleaning. If you have a darker shade that sharply reduces the total light transmission, the interior light level may drop below a desired level when the glass gets dirty.

Game/Family Room floor is low-cost Kentile Beaushard® Vinyl Asbestos Tile. Colors: 7. Tile size: 12" x 12". Accented by white and green feature strips. Wall Base: White KenCove® Vinyl. Your Kentile® Dealer? See the Yellow Pages under "Floors."

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**KENTILE FLOORS**

# Here are doors that seem to disappear

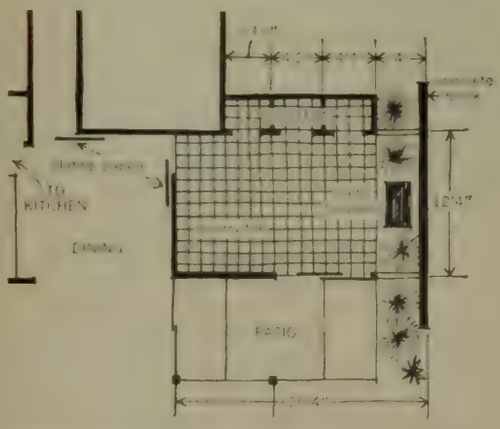
**The family room** designed by architect Robert Lawton for the Phoenix home of Dr. and Mrs. Alfred F. Miller, Jr., created more than 300 square feet of new living and storage space. One of the interesting features of the room is the way it can be closed off from the rest of the house: You wouldn't know it's there.

Between the dining area and the new addition (see plan) is a floor-to-ceiling sliding door with the same surface as the walls. When closed, it looks like solid wall. When open, there's no conventional doorway and the family room becomes part of the house. The door is hung from a track recessed in the ceiling.

In the photographs at lower right, you can see how the architect camouflaged openings to the three new storage closets.

DON NORMARK

**Sliding panel** *can be pulled across opening. Plywood core is covered on both sides with ½ by 3-inch resawn Douglas fir alternating with ½ by 1½-inch fir strips*




**Passageway** *into bedroom hall is also concealed by similar kind of sliding panel*

**Doors** *to storage closets go to the ceiling, have concealed hinges and touch latches*

ROBERT COX

**Fiberglass panels** *pivot easily to let breezes cross deck. Bamboo panels remain in place*

# Wind only when you want it

**This open-and-shut screen** not only keeps out the wind the way a deck screen should but it also lets wind in when you want it. And in summer a cooling breeze is almost always welcome here in hot Sierra foothill country at the home of Mr. and Mrs. Charles F. Martin, Loomis, California.

The screen, designed and built by the owners, alternates stationary panels of bamboo poles with movable panels of translucent fiberglass. Besides controlling the wind, the movable panels also control sunlight to some extent. When they're shut, the fiberglass lets light through but reduces sun glare. The fiberglass also picks up interesting, ever-changing shadow patterns from the native oaks growing just the other side of the deck.

*THE PANELS . . .*

Each panel in the screen is 25 by 68 inches, enclosed with a frame of 2 by 2½-inch wood strips.

The bamboo poles were shaped at the ends to slip into ½ by ½-inch grooves at the top and bottom of each frame; the frames are nailed to a supporting structure of 2 by 6's. The fiberglass panels fit into ⅛ by ½-inch grooves in the sides, top, and bottom of their frames.

*. . . AND HOW SOME OF THEM PIVOT*

The fiberglass panels can pivot 180°. Open one panel a certain degree and all others on the same edge of the deck open equally —because all are connected by a long rod at the back of the screen, out of view from the deck. This rod (shown in the smaller photograph above) is attached to a 2 by 6-inch metal plate that is screwed to the top of each wood frame.

Each panel pivots on ⅜-inch bolts (with two washers) set at the center of the top and bottom of the frame; the bolts ride in holes drilled in the 2 by 6's that form the supporting structure.

**Metal rod** *extending across back of screen connects the corners of the fiberglass panels, moves all of them when one moves*

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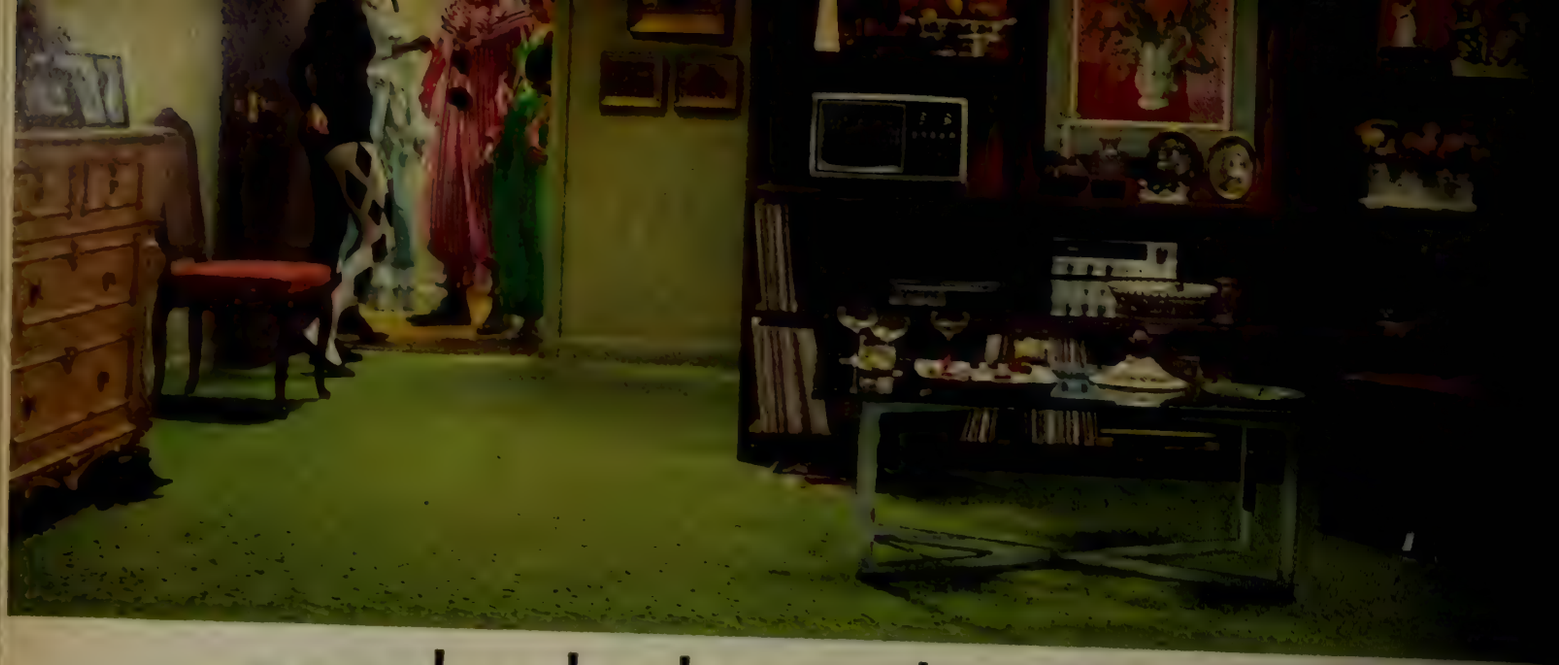

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EDMUND Y. LEE

**Counter** *at end of peninsula flips up to provide extra serving space when it's needed*

# It's the making of her kitchen

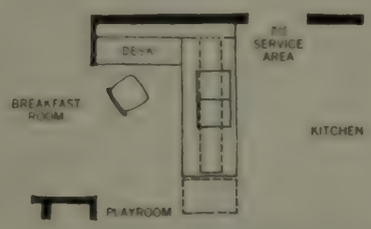
**This kitchen peninsula** with its double sink and dishwasher and flip-up counter functions as a serving and clean-up center. In addition, it forms a little alcove for a central planning desk.

The owners, the Alan Directors of Portland, have five children and like to entertain. So when they built their house, Mrs. Director asked architect Richard Sundeleaf to be sure to provide a second sink center. (The main one is on the far side of the kitchen.)

Close to both the family breakfast room and the dining room, it functions admirably. The storage areas within the peninsula were worked out to handle things needed at the breakfast or dining table—the toaster, for example, is stored in the cabinet just above the dishwasher; tin-lined bread and cereal drawers are located just to the left of the double sink. The upper cabinets open from both sides for storage and easy availability of dishes and glassware.

The desk location also proved ideal. In fact, Mrs. Director says she spends much of her day there. From her chair, she can see the kitchen (across the sink counter), the breakfast room, and through an open door into the playroom.

At the desk also are the intercom and telephone.



**Planning desk** *behind peninsula has view of kitchen, playroom, and breakfast room*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DARROW M. WATT

**New neighbor** *is both surprised and delighted by gift of bread and cutting board*

**Hot bread** *comes from your oven; board can be carved like this or be very simple*

# *Welcome . . . bread on a board*

**We show here** a friendly way to welcome a new family just moved into your neighborhood.

You bake a loaf of bread and carry it, oven-hot and aromatic, to the neighbor's door on a cutting board that you have made yourself. It's an inexpensive gift but one that spells neighborliness.

The loaf of bread need not be anything fancy—it's better if it's simply your family's favorite homemade bread.

The bread board is a handy item that almost anyone will have use for as a cutting board indoors, on the patio, and on picnics. The one pictured was made from a piece of 1 by 10 oak plank; it is 9 inches wide and 18 inches long. It was rough-cut with a saber saw, then whittled, chiseled and sanded. It was left unfinished.

A plain rectangular board of about 9 by 13-inch size with rounded corners would serve equally well. Good and readily available woods to use are oak, birch, maple, lauan, and Western white pine.

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RICHARD E

**Shelf** *5 by 13 feet, 1 foot below surf has a step down. At shallow end, poo 4 feet deep. The Baird Kidwells, Hono*

# *Pool safety with young children*

**Pool owners** with small children may interested in these two ideas.

One device (see photograph above) wide shelf built into one side of the p where a mother can sit and play with baby in very shallow water. It also p vides a submerged play platform for sm children who can already swim. Althou it's designed with children in mind, ad find it a pleasant place to lounge in water without getting their hair wet being immersed to the neck. The arc tect was Haydn H. Phillips.

The other device (below) is a tempora safety fence designed specifically to ke toddlers away from a pool. Older childr and adults can step over it. The mater is smooth welded wire mesh.

GEORGE W

**Family swims** *while little Tia looks on— not happily but safely behind low wi fence. The S. N. Dowsetts, Kaneohe, Oah*

# New from Honeywell... the Thermostats for all seasons.

Total comfort begins in your home with a Honeywell thermostat. It's the symbol of finest quality. The new clock thermostat and the new Honeywell Round thermostat control heating in the winter, cooling in the summer . . . automatically. And they're backed by over 80 years of Honeywell experience. So when you buy, build, or remodel your home, go first class . . . and feel comfortable about it.

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# We suspect Paul Revere had no idea how far his name might go some day.

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After all, how many insurance companies are geared to the same pace that's helping to put a man on the moon?

Still, there's something about being named Paul Revere that seems to go with exciting adventure.

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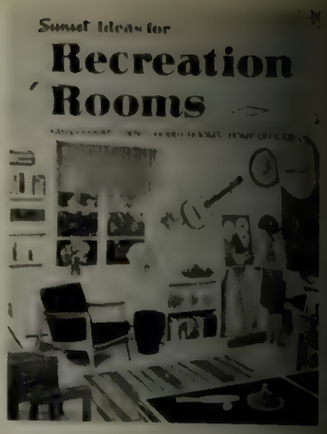



## *Planning space for leisure activit*

**Almost every household** has need of sp designed to handle the various rec ational activities of the family.

For the not-so-active family it might a family room pure and simple, a kind second, more informal living room TV viewing or teen-age gatherings. for families whose members pursue th hobbies more fervently, such space wo probably be unsatisfactory unless it co accommodate special equipment, eit built into a multipurpose room or gi a separate room.

The new *Sunset* book called *Ideas Recreation Rooms* (Lane Books, Me Park, Calif., 1968; $1.95) is devoted tirely to how you might put such sp to work. It includes photographs floor plan sketches showing various wa to organize these rooms and relate th to the rest of the house. A separate ch ter is devoted to each of the followin

*Game and party rooms.* In areas design for crowds, dancing, music, and fun, noise level can be (and often is) a higher than in the rest of the house.

*Family rooms.* Generally these aren't clusively party rooms but serve one more other functions. They are oft quite closely related to other areas the house.

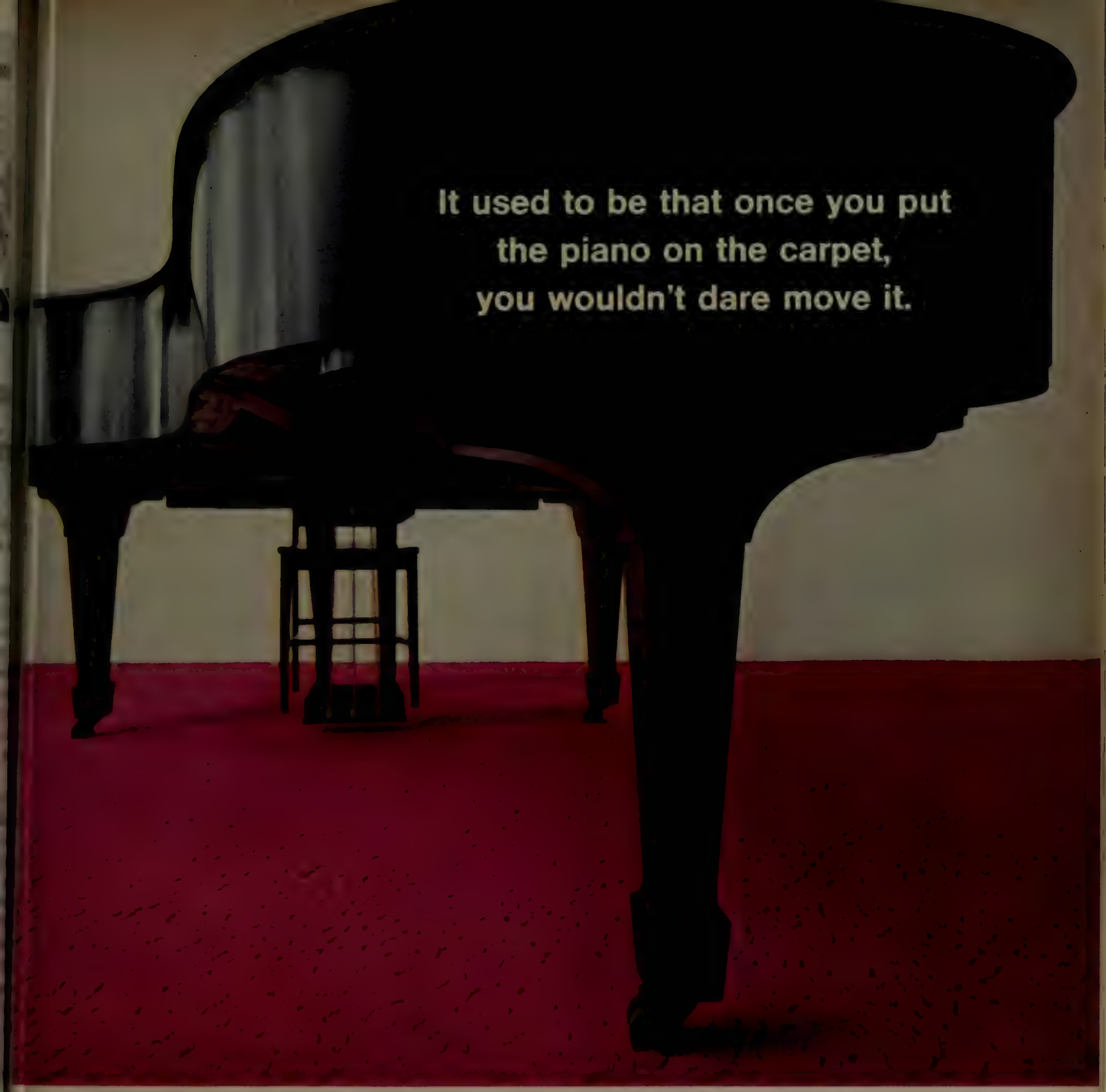
*Sewing centers.* These are usually ar rather than whole rooms.

*Home offices.* Some are small cubicles paying bills; others go well beyond scale of a desk and a few file drawers.

*Studios and workshops.* Painters a other artists and craftsmen often des and need special quarters.

*Dens and studies.* These may be quiet treats or lively places for music.

*How-to-do-it ideas.* Included are ways y can cut costs by doing some of the wo yourself, such as painting, installing flo covering or carpeting, or putting in a su pended ceiling.

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**Hardboard shelf** *rests on ledge inside i chest, has holes for bottles and cart*

**It keeps sandwiches,** *meats, cheese, oth foods cool but out of the ice wat*

## *Inside a foam ice chest*

**Styrene foam** ice chests are practical a inexpensive coolers for picnics and cam ing trips, but most have no shelves f keeping food out of the water that c lects as the ice melts.

The simple shelf shown here, designed b C. Wayne Close of Grants Pass, Orego solves the problem and also holds t items upright.

It's a piece of lightweight, ⅛-inch pe forated hardboard cut to fit your ice che Cut holes in it, as shown, to fit bottles a milk cartons. Also drill a ¾-inch fing hole in it so that you can lift the she without removing a bottle or milk carto from the bed of ice.

Many styrene foam coolers have a ledg on the inside on which such a shelf ca rest. Others have tapered sides agains which the shelf can be wedged in place.

# The whys and hows of paneled walls.

By Jack Worth

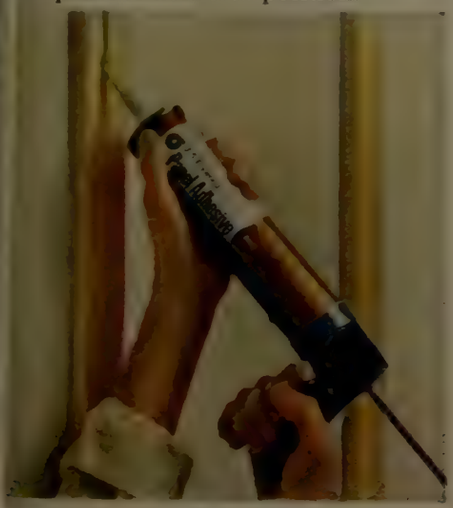
alk into any wood-paneled room, and oner or later you'll find yourself over the wall, feeling the wood with your gers. Touching wood seems to satisfy a sic human instinct, which is maybe ny it's supposed to be lucky.

The grain of wood is the record of ars of growth. So wood paneling gives room a feeling of permanence that's rd to come by any other way. And good uality wood paneling is in fact about the ost permanent thing you can put on our walls. Weldwood® paneling, for exmple, will last as long as your house. nd it has a fine furniture finish that proects the wood and enhances the grain attern. To keep it looking great, just ipe it down occasionally with a cloth ampened with liquid wax.

Paneling a room is not cheap (though t may be less expensive than you think). But when you've done it, you should never have to do it again. And it can add a lot to the value of your home—a look at he real estate ads in any newspaper will confirm that. They wouldn't mention paneled rooms so often if it didn't pay off.

**Do it yourself?**

Modern prefinished paneling is quite simple to install. New panel adhesives have done away with the endless nailing, hammering, dents and bashed thumbs that used to go with the job. The only nails you use are three or four across the top of each panel to hold it in position.



Matching moldings and trim are available, too. So paneling can easily be a do-it-yourself project. And if you prefer to have it done for you, it shouldn't run you into big labor charges.

**Beware of "bargains."**

You can get paneling for as little as $3.98 per 4′ x 8′ panel, but you'd better not. A panel may seem a simple thing, but there's a lot more to it than meets the eye.

You can see the front and the back, but you can't see the core. And if the core has big knots in it, or patches of rough grain, or pieces of tape holding it together, they'll all show through on the face. But unfortunately they won't show through right away. You can put up the paneling and it'll look fine. But after six months or a year it may start looking patchy, and there won't be a thing you can do about it.

And a "bargain" panel probably has a "bargain" finish. So it may look fine in the store, but after you get it up you find that humidity makes it sticky, water turns it cloudy, and it cracks and crazes as it gets older.

**What's in a name? Plenty.**

It's very much safer to buy paneling that's made by a company with a reputation to maintain. It may cost you a bit more to start with, but you won't have to tear it all down and replace it after a year or two.

The oldest name in the paneling business is Weldwood. So the people who make it have too much to lose to start cutting corners now. They clip the knots out of their cores, and splice them together instead of using tape. They sand them more than some panelmakers sand their face veneers. And they go through up to 30 different steps to get the finish the way they want it.

Weldwood prices start at $7.95 per 4′ x 8′ panel. And they go all the way up to $108 for rare Brazilian Rosewood. There are 26 different woods to choose from in between—and many variations of color, finish and detail with each kind of wood.

You can buy Weldwood paneling at almost any lumberyard or building supply dealer in the country. And there are two thousand Weldwood Headquarters Dealers who carry a full range of it. Look for the one nearest you in the Yellow Pages under Plywood. When you get your paneling up, you'll be glad you did.

If you're thinking of remodeling your house, you'll find two booklets very helpful: "Decorating with Weldwood Prefinished Paneling" and "Come See How We Have Remodeled Our House." They're full of ideas, color pictures, before and after examples and money saving hints. Send 25¢ for each booklet to U.S. Plywood, Box 61, New York, N.Y. 10046.

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MOST TRUSTED NAME IN FURNITURE

**Built-ins** *transform standard ward closet into dresser, in home of Dr. Mrs. John C. Leissring, Los Altos, C*

# *Two approaches t the built-in vanit*

**Of these two** vanity arrangements, simpler is the wardrobe closet above. owners built into it about a dozen ston shelves arranged to hold clear pla boxes for purses, shoes, sweaters, lingerie. A recessed light illuminates counter in front of the mirror.

The one below takes up compara space, but provides a sit-down vanity closed storage drawers.

**Neat arrangement** *has pull-outs for ext counters. Architect Allen R. Johannes f Clair O. DuBois, Pebble Beach, Cal*

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Deliciously creamy, spoonably thick, bright with fresh-mixed flavor . . . to serve fresh in 10-oz. serve-and-store containers.

Nalley's

where your grocer keeps all his fresh ideas . . . in the dairy case.

# Even if this is all you know about woofers and tweeters, you can still get a great stereo.

You have almost all the stereo-judging equipment you need right on your head. (Your ears.) Armed with your ears, you'll probably end up with a good stereo. Unfortunately, it won't be a great stereo. Because there are certain things your ears can't tell you. (Like what kind of equipment you'll need, etc.)

But now you can get a great stereo, no matter how little you know. With the Sony HP-550 Compact Stereo System.

It has a Garrard turntable. A 13-transistor FM/AM tuner. Dual airtight speakers with 10" woofers and 4" tweeters. (A woofer transmits bass and a tweeter transmits treble.)

It also has a 23 all-silicon transistor amplifier with a full 66 watts of music power for each channel.

Unfortunately, you can't read how good a stereo sounds. So bring your head to your nearest Sony dealer. And let your ears do their stuff.

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DARROW M. WATT

**unteers** *keep the project advancing. Materials are purchased as funds permit*

COMMUNITY ACTION:

# How Kings Mountain got this firehouse - community center

**ot a cent** of tax money has gone into the rge firehouse - community center being ilt on the crest of the Santa Cruz ountains, 25 miles south of San Fran-sco. Here's how it came into being:

or many years the residents of the area lled Kings Mountain (it's an unincor-orated part of San Mateo County) had scussed the need for a place to hold cial gatherings and political and youth ub meetings.

ut the first true community project was f a different nature: the formation of a olunteer fire brigade in 1961, partly in eaction to high insurance rates and the ften critical delays in getting service rom a fire station 6 miles away. Com-nunity members purchased four Civilian Defense surplus trucks and a jeep and tationed them at various houses: the drivers were summoned to the fires indi-vidually by telephone calls.

It was a catch-as-catch-can arrangement: and residents came to realize that a com-bination firehouse and community center would be the ideal solution. So they intensified the long-standing search for a site—and finally found one, a 150-foot-square piece of wooded land that the owner agreed to lease for $1 per year.

John W. Cole, a Los Altos architect who lives in the area, then designed a 5,200-square-foot building with firehall below and kitchen, offices, and a large meeting room above.

Work began in 1964. The site was partly cleared; revenue from the sale of trees paid the cost of the foundation pad. Most of the actual building is being done by area residents in their spare time. Some materials were donated. Funds to buy the rest of the goods and services have been raised in several ways: art sales, picnics, barbecues, association fees, donations.

By early next year the building will be completed and formally dedicated. All the fire equipment will be moved in, and a resident fireman will begin duty, with a siren to summon volunteers.

You can see the firehall and upstairs rooms and enjoy a Bay Area art show on Labor Day weekend, 10 A.M. to dusk, during the Fifth Annual Kings Mountain Fair. The building is just off Skyline Boulevard, about 1½ miles north of its junction with Kings Mountain Road.

**Annual** *Kings Mountain Fair, fund-raising scheme for volunteer firehouse, shows work of many northern California artists*

British regency urn with foliated husk and ring bails on pedestal and plinth. 38 inches. About $102.50.

**The Stiffel Lamp**

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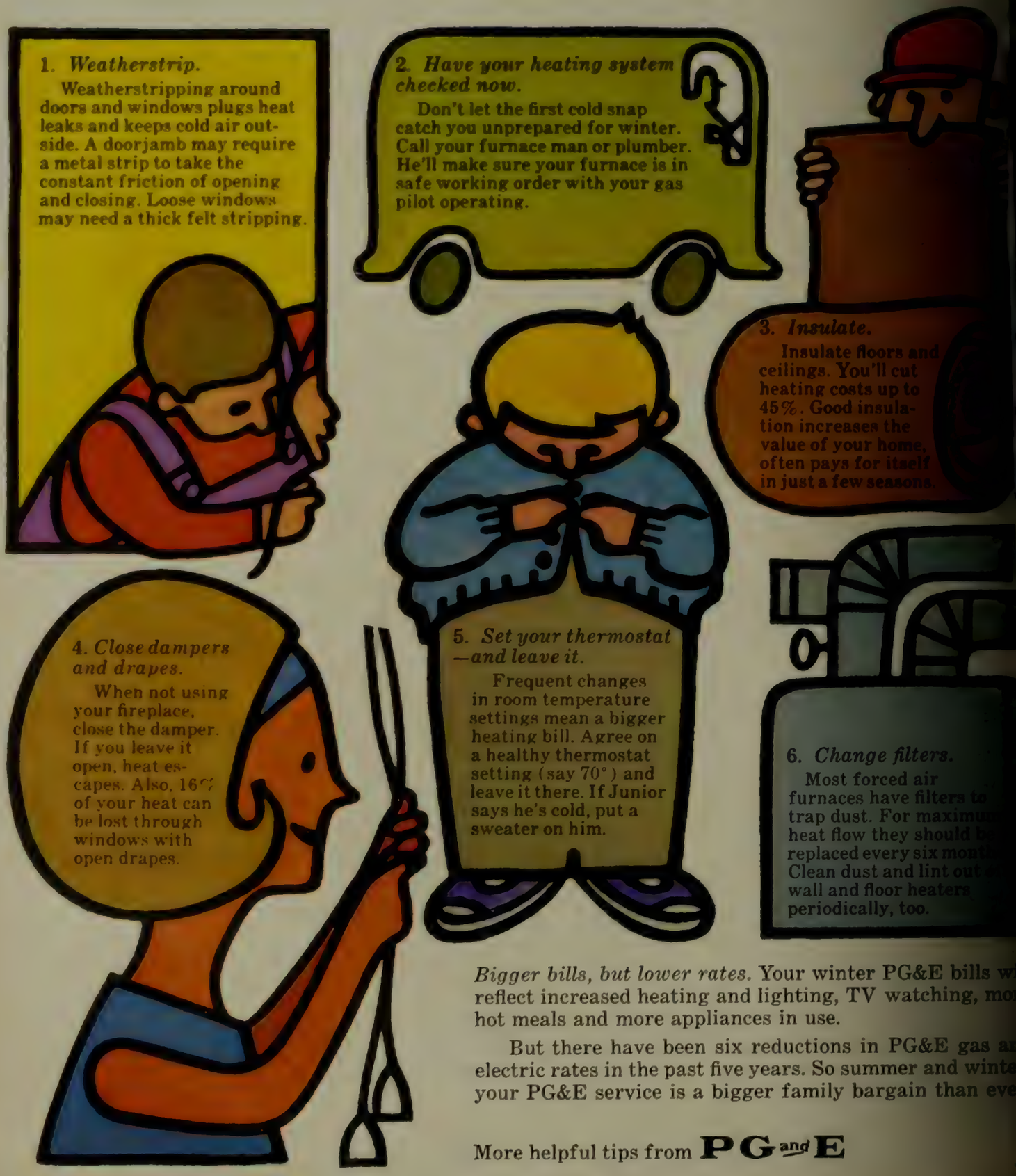
# How to get caught with your heating bills down.




*Bigger bills, but lower rates.* Your winter PG&E bills w reflect increased heating and lighting, TV watching, mo hot meals and more appliances in use.

But there have been six reductions in PG&E gas a electric rates in the past five years. So summer and winte your PG&E service is a bigger family bargain than ev

More helpful tips from **PG and E**

**of two** *auto seat belts that hold this ot sailboat securely to its trailer*

# *Auto seat belts for boat tie-down*

**mall boat** can be tied to a boat trailer variety of ways—with ropes, straps, ck cord, chains and spring clamps. d bars and turnbuckles. But here's we've never seen before.

ry Tartaglino of Santa Cruz, Califor-, secures his 15-foot day sailer to his t trailer with the usual winch-bar tie-wn at the bow of the boat and with an o seat belt (the two halves of a set ned) at each side.

simply snaps one end of each seat belt to an eye bolt on the trailer, the other d onto a hook on a rib inside the boat. e seat belts will take a 6,000 pound ain, cinch down tightly, and come loose sily. Each set costs about $3.

**Metal hook** *bolted to rib inside the boat eceives the other end of the seat belt*


California

# WINE COUNTRY

## *Fascinating Guide to California's Vineyards and Wineries*

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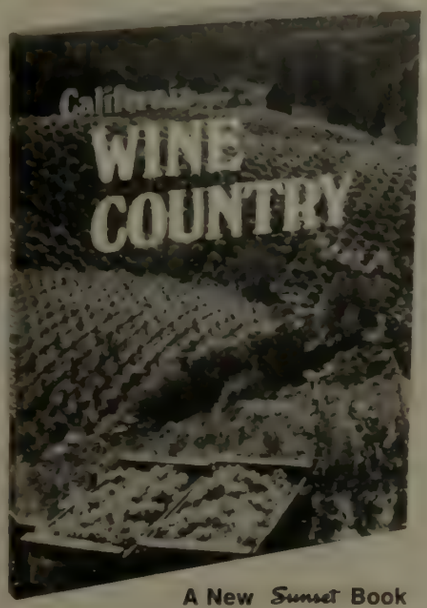


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Touring the wine country is not a new idea. Visitors have been crossing thresholds into California wine cellars for two centuries. The paths are well worn but as inviting as ever. *California Wine Country* is not only a practical guide to these fascinating wineries; but, it is also a marvelous source of the legend and history of wine making in California. The book is divided into seven sections—Sonoma, Napa Valley, Alameda, Santa Clara, Lodi, San Joaquin and Cucamonga—each with wineries within easy driving distance of one another. In addition to exploring the wineries, each section contains accurate road maps and suggestions of other things to do in that area—parks, picnic areas, historical landmarks, shops, art galleries, and general points of interest.

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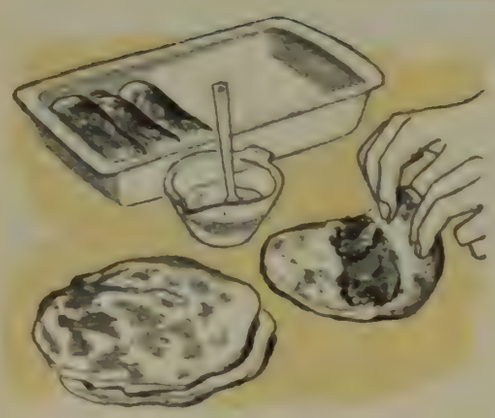
SUNSET'S

# *Kitchen Cabinet*®

**A good recipe** can often be used in more than one way to add in esting variety to your menus. Consider apple-filled pancakes, example; we suggest them as a breakfast or brunch dish to s with grilled sausages on a weekday morning—but they're jus good for dessert topped with cream.

Our pineapple-ginger spareribs recipe is versatile, too. The sp glazed ribs make a family-pleasing main dish that you might s at home or take for a picnic. But if you cut the ribs apart in sma pieces before baking them, or use chicken wings instead of the r



*You can make the pancakes ahead, then fill and bake them before serving*

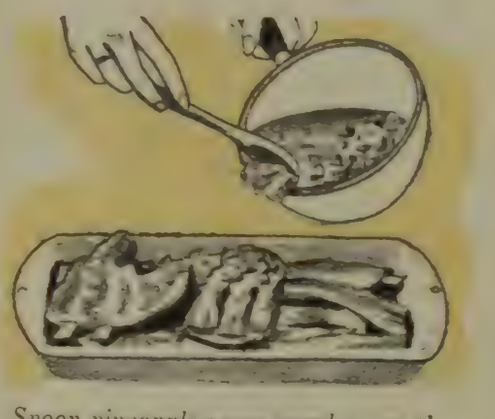
### *APPLE-FILLED PANCAKES*

Top each serving with sour cream or sweetened whipped cream, if you wish.

- 3 eggs, separated
- 1 tablespoon sugar
- 1½ teaspoons salad oil
- ⅓ cup unsifted flour
- ½ teaspoon salt
- ¾ cup milk
- Butter or salad oil for frying
- 3 cups shredded, peeled apples
- ¾ cup sugar with 1 teaspoon cinnamon
- ¼ cup (⅛ lb.) butter, melted

Beat egg whites until soft peaks form; set aside. Put egg yolks into a blender container or bowl. Add the sugar, oil, flour, salt, and milk; whirl or beat until smooth. Fold into egg whites. Heat a 6 or 7-inch crêpe pan or frying pan over medium heat and grease it. U a large utility spoon, dip out a sp ful of batter and quickly smooth t pan bottom. When brown, turn brown other side. Repeat to make 10 pancakes, greasing pan each t and refolding batter as needed.

Put about ⅓ cup shredded ap across center of each cake. Spri with 2 teaspoons cinnamon-sugar, roll. Place seam-side-down in a gre shallow baking dish (about 7 by inches). Sprinkle with melted but then remaining sugar mixture. B in a 400° oven for 15 minutes. Se 4 or 5 with 2 each.—*M. E., Tacom*



*Spoon pineapple sauce evenly over the partly cooked and drained spareribs*

### *PINEAPPLE-GINGER SPARERIBS*

The sauce adds lots of zesty flavors to spareribs or chicken.

- 1½ sides spareribs (4 to 5 lbs.)
- ¼ cup flour with 1 teaspoon salt and ¼ teaspoon pepper
- 1 can (1 lb. 4 oz.) crushed pineapple
- ½ cup orange marmalade or ginger marmalade
- ½ cup soy sauce
- 2 tablespoons brown sugar
- 2 tablespoons lime or lemon juice
- 2 tablespoons dry Sherry (optional)
- 1 teaspoon ground ginger
- ½ teaspoon *each* onion powder and garlic powder

Cut ribs apart in serving-size pieces and dredge in seasoned flour to coat lightly; arrange in large shallow pan. Bake in a 350° oven for 1 hour, t ing several times. In a pan comb pineapple (undrained), marmala soy, sugar, lime, Sherry, ginger, on and garlic powders; heat to blend. Remove ribs from oven, drain off and pour over the pineapple sauce. duce oven temperature to 300°, bake about 1 hour, basting occasi ally. Makes 6 servings.—*J. S., Bo*

*Instead of ribs you can use 2 or dozen chicken wings. Omit seaso flour. Cut wings in 2 pieces; disc tips. Marinate in sauce about 2 hou Arrange in shallow pans, pour o sauce; bake at 350° about 40 minu*

*Chopped celery, parsley, and chives help season the tomatoes as they cook*

### *HOT HERBED TOMATOES*

Whole tomatoes heat in the buttery sauce without losing their shape.

- 6 to 10 small, firm, ripe tomatoes
- Boiling water
- ¼ cup (⅛ lb.) butter or margarine
- 1 teaspoon brown sugar
- ½ teaspoon *each* salt and monosodium glutamate
- Dash pepper
- ½ teaspoon whole oregano or basil, crushed
- ¼ cup finely chopped celery
- 2 tablespoons finely chopped parsley
- 2 tablespoons chopped chives or green onion

Dip the tomatoes in boiling water for a few seconds to loosen skins; peel and set aside. In a small frying pan that has a cover, melt the butter. Stir brown sugar, salt, monosodium glu mate, pepper, and oregano. Set in t matoes with stem ends down. Co and simmer gently for 5 minutes. Add celery, parsley, and chives green onion, and turn tomatoes ov Cover and cook about 5 minut longer. Serve with sauce spooned o tomatoes. Makes about 6 servings *I. R., North Sacramento, Calif.*

*Instead of the small tomatoes, you c use 1 basket cherry tomatoes, peeled above. Add tomatoes to pan with t celery, parsley, and chives; cook abo 3 minutes, shaking pan occasional*

become crowd-pleasing appetizers.

ething new to serve along with the main dish can do a lot to lift us out of the ordinary. Try hot herbed tomatoes when you want lorful vegetable to accompany grilled steak. Or serve the mar- ed bean salad with cold cuts, fried chicken, or grilled lamb.

invite you to share your own recipe discoveries or menus with er Westerners through *Sunset's* food pages. Mail contributions to me Economics Department, *Sunset Magazine*, Menlo Park, Calif. 25. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

### ITE BEAN SALAD

s salad, of Turkish origin, is best d at room temperature.

- ½ pound dry white beans (1¼ cups)
- 4 cups water
- 2 teaspoons salt
- ¼ cup *each* olive oil and white wine vinegar
- 1 bunch green onions, thinly sliced
- ¼ cup finely chopped parsley
- ⅛ teaspoon pepper
- 1 green pepper, cut in thin strips
- 1½ cups halved cherry tomatoes
- 2 hard-cooked eggs, cut in wedges
- About 8 pitted ripe olives

sh beans, then put into a large vy pan with the water. Bring to ling, boil 2 minutes, remove from t, cover, and soak for 1 hour (or soak beans in the water overnight). Without draining, add 1½ teaspoons of the salt to beans and simmer until tender, about 1½ hours; drain.

Put beans into a bowl; add oil, vinegar, green onion, parsley, pepper, and remaining ½ teaspoon salt. Let stand at least 2 hours, or overnight. Remove beans with a slotted spoon, and put into serving bowl. Arrange attractively over top of beans the green pepper, tomatoes, eggs, and olives. Drizzle some of the oil and vinegar mixture over vegetables and mix gently just before serving. Makes 6 to 8 servings. —*M. B., Portola Valley, Calif.*

*A colorful topping of crisp vegetables gets mixed in with this bean salad*

### MB STEW WITH GRAPES

apes cook in the spicy sauce long ough to heat, without changing color.

- 2 pounds boneless lean lamb, in about 1½-inch cubes
- ¼ cup flour, with 2 teaspoons salt, ⅛ teaspoon pepper
- ¼ cup (⅛ lb.) butter or salad oil
- 2 medium-sized onions, thinly sliced
- ½ teaspoon *each* ground ginger and dry mustard
- ½ teaspoon curry powder
- ½ cup each dry white wine and water
- ⅓ cup catsup
- 1 tablespoon brown sugar
- ½ cup sour cream (or ½ cup plain yogurt with 1 teaspoon sugar)
- 1½ cups seedless grapes

ake the lamb in a bag with the sea- ned flour; set aside lamb and reserve flour. Heat the butter or oil in a large frying pan (one that has a lid) and sauté onions until golden. Stir in the ginger, mustard, and curry. Push onions to one side and put in lamb, cooking until browned on all sides. Add the wine, water, catsup, and sugar. Reduce heat, cover, and simmer gently until tender, about 1 hour.

Blend reserved flour with sour cream, and stir into meat sauce. Heat slowly, stirring, until just below boiling. Add grapes, reduce heat to warm, and let stand 5 minutes before serving. Makes 6 servings.—*H. N., San Francisco.*

*You may omit wine; use 1 cup water.*

*Add a little bunch of seedless grapes to garnish the lamb; serve with rice*

### ALTY OATMEAL COOKIES

little bit of salt makes a surprising avor difference in oatmeal cookies.

- 1 cup butter or margarine
- 1 cup sugar
- 1 egg
- 1 teaspoon vanilla
- 1½ cups unsifted all-purpose flour
- ½ teaspoon baking powder
- 3 cups quick-cooking rolled oats
- 1 to 1½ teaspoons coarse (Kosher-style) salt

Cream the butter and sugar together sing an electric mixer (or beat with wooden spoon) until light and fluffy. Beat in the egg and vanilla. Combine the flour and baking powder, and sift together into the creamed mixture. Stir in the rolled oats until mixture is well blended. Cover and chill dough 2 hours or longer. Remove about ⅓ of the dough at a time from refrigerator, and roll out on a lightly floured board to about ⅛-inch thickness. Cut out with a floured 2½-inch cooky cutter. Arrange about 1 inch apart on a greased cooky sheet. Sprinkle very lightly with the coarse salt. Bake in a 375° oven for about 12 to 15 minutes, until light brown. Makes about 4½ dozen.—*M. D., Long Beach.*

*For more conventional cookies, add ½ teaspoon salt with the flour; omit salt on top, and sprinkle cookies with a little granulated sugar before baking.*

*Sprinkle a few grains of coarse salt on each of these cookies before baking*

# For summer supper . . . a smoky lamb, pork or chicken roast . . . served with chilled frui

**These exceptional roasts,** each surrounded by chilled fruits, are ideal for late summer entertaining. A smoky barbecue flavor and some Middle and Far Eastern seasonings permeate the meats.

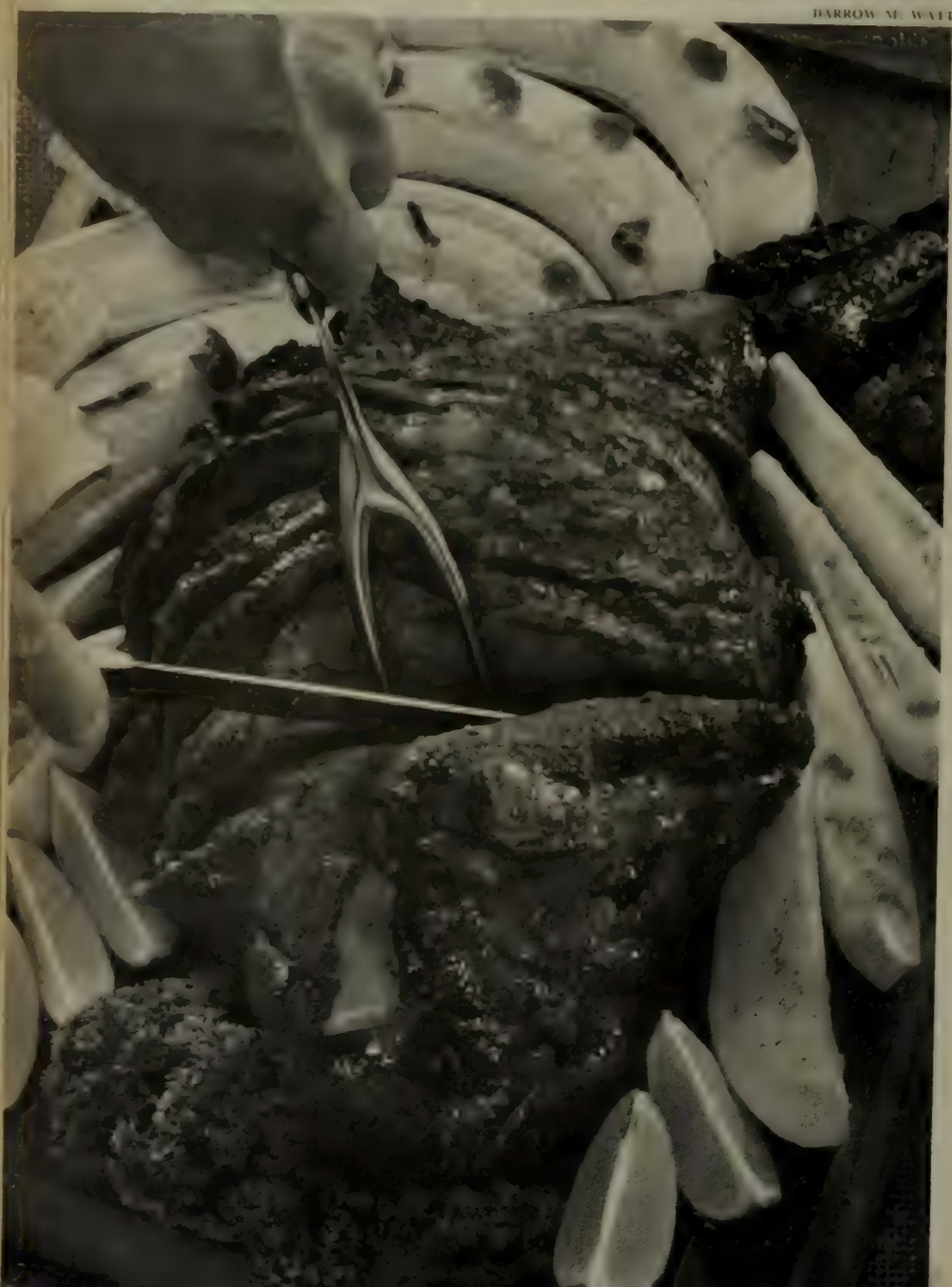
Roasting meats slowly in a covered barbecue lends a ruddy glaze and a deep smokiness that is especially satisfying with fruit. (For how to smoke barbecue meats in covered barbecues, see the September 1967 *Sunset.*) If you don't have a covered barbecue large enough, roast the meats in the oven or on a spit.

By pre-cutting a lamb leg, you achieve a handsome roast that carves easily.

Ask your meatman to cut a 5 or 6-pound bone-in leg of lamb this way: place inside of leg up; remove aitch (rump) bone and tail bone. Make 6 or 7 cuts, ½-inch thick (parallel with aitch bone) through leg bone (leaving lower meat attached). Tie.

**Fruited lamb leg** *carves easily because it was partly sliced in advance*

DARROW M. WATT



*JAVANESE LAMB LEG*

- 5 or 6-pound leg of lamb, cut into ½-inch-thick steaks and tied
- Spicy curry marinade (recipe follow
- 1 papaya
- ¼ teaspoon ground cumin seed
- 1 lime
- 4 bananas
- 2 tablespoons Major Grey-type chutn

Place meat in a pan and spoon ov curry marinade (recipe follows), and chill about 4 hours, basting oc ally. Drain marinade and reserve a meat thermometer in thickest meat. On grill of a covered barbec ter meat, fat side up, over a dr surrounded by coals in the firebed Cover with hood; adjust drafts to tain a slow fire. (Or place meat on a shallow pan and roast in a 325° Baste several times with marinade until meat thermometer registers 1 medium rare (about 2 to 2½ hour

Place on a carving board and r string. Garnish meat with fruit, pr ahead, if you wish, in the foll manner: Peel and slice papaya th discard seeds and sprinkle lightly ground cumin seed. Cut lime into w Peel off a strip from each banan slash diagonally in 1-inch cuts; chutney over each banana. Arran around meat. Serves 6 or 7 with left

*Spicy Curry Marinade.* Melt 2 spoons butter in a small saucepan 1 teaspoon *each* curry powder and powder, and ½ teaspoon *each* turm ground cumin seed, and coriander. stirring, for 3 or 4 minutes. Add lemon juice, ¼ cup honey, 3 tables olive oil or salad oil, 1 teaspoon sal ½ teaspoon black pepper. Let coo

Barbecued wine-basted roasting ch shows off its smoky quality best served at room temperature or c If you've oven-roasted it instead may prefer to serve it hot.

*GRECIAN FRUITED CHICKEN*

- 4½ to 6 pound roasting chicken
- Lemon-herb marinade (recipe follows)
- 1 lemon
- 1 small onion
- 2 large oranges
- 1 avocado
- 1 tablespoon lemon juice
- 1½ cups strawberries

Wash chicken and pat dry. Place large bowl, pour over lemon-herb

**rbecued** *herb-coated roasting chicken is a delicious do-ahead entrée. Serve chilled, with garland of strawberries, oranges, avocado*

le, cover, and chill at least 2 hours, rning several times. Drain off marinade d reserve. Cut lemon in wedges, and el and quarter onion; insert lemon and ion in chicken cavity.

n grill of a covered barbecue, center hicken, breast side up, over a drip pan urrounded by coals in the firebed below. over with hood and adjust drafts to aintain a slow fire. (Or impale chicken n a spit and barbecue according to direcions for your specific barbecue. Or roast a 350° oven, breast up, on a rack in n uncovered pan.) Baste several times ith marinade. Roast until thickest part f drumstick yields to gentle pressure. For a 5-pound chicken, figure about 2½ hours on a barbecue (or about 2 hours in the oven).

For fruit garland, peel and slice oranges inly. Peel and slice avocado and sprinkle with lemon juice. Wash berries and leave stems on. Place around roasted chicken at serving time. Serves 6.

*Lemon-Herb Marinade.* Mix together ⅓ cup *each* lemon juice, dry white wine, and olive oil; 1 teaspoon *each* salt and oregano; ½ teaspoon *each* tarragon, rosemary, and black pepper; and 3 cloves garlic, minced.

Oriental seasonings permeate this boned pork loin. It's compact, making possible even cooking and quick carving.

To make the marinade, you need hoisin sauce, a sweet and spicy soy bean sauce sold in Oriental markets.

### *CHINESE BARBECUED PORK*

- 4½ pound boned, rolled, and tied pork loin (boned weight)
- Soy bean marinade (recipe follows)
- ½ cup sesame seed
- 1 small fresh pineapple
- 1 cucumber
- 1 cup Major Grey-type chutney

Place meat in a shallow pan, pour over soy bean marinade, cover, and chill about 8 hours, turning once or twice. Drain off marinade and reserve. Place sesame seeds in a shallow pan and heat in a 300° oven until lightly toasted, about 10 minutes.

On grill of covered barbecue, center meat over drip pan surrounded by coals in firebed beneath. Cover with hood and barbecue slowly. (Or impale on a spit and barbecue according to directions for your style barbecue. Or roast in a 325° oven on a rack in an uncovered pan.) Baste several times with marinade. Roast until meat thermometer reaches 175°, about 2 to 2½ hours.

Place on a carving board and garnish with peeled and sliced pineapple and sliced cucumber. Serve with chutney (if fruit chunks are large, chop them) and toasted sesame seeds. Serves 8 to 10.

*Soy Bean Marinade.* Mix together ⅓ cup hoisin sauce (soy bean sauce), ½ cup soy sauce, and 1 tablespoon *each* sugar and dry Sherry.

# Hoover's Wheelaway Washer.

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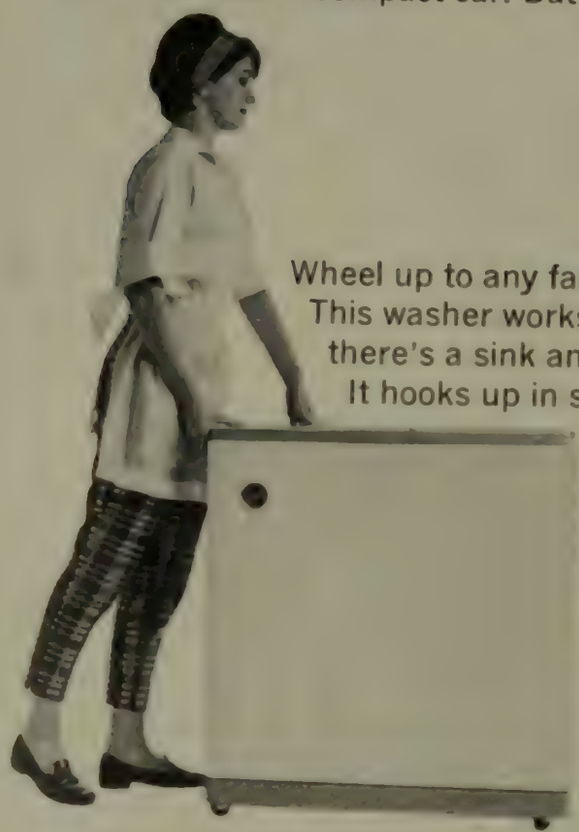

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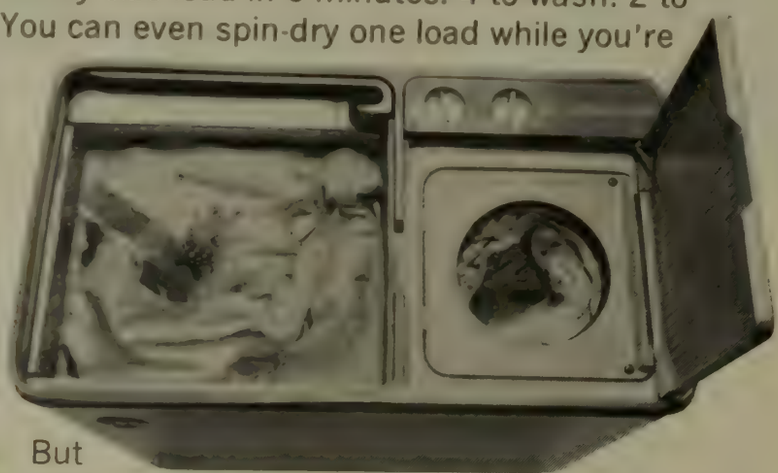

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# A creamy sauce on fresh fruit . . . what could be simpler?

DARROW M. WATT

**Smooth and creamy** *lemon custard sauce covers these sun-ripened strawberries for a quick, light dessert to conclude a company supper*

**gether** a bowl of fresh fruit and a ored whipped cream sauce make a ck and refreshing light dessert to sh off a September dinner. These three l creams go well with the season's sh fruits, especially peaches, Bartlett rs, pineapple, strawberries, and raspries.

r a company dessert, you might mound fruit in a crystal bowl or footed comte and swirl the sauce in an accompany- bowl. You could serve from the table individual fruit bowls, or arrange on a ffet and let guests help themselves.

o of the whipped cream sauces can made as much as a day in advance, t the one sauce with ice cream should put together no more than an hour ead. Plan on about ¾ cup fresh fruit r each serving. We suggest some parcularly complementary fruits with each uce recipe.

tangy cooked lemon custard folded into hipped cream goes well with fresh berles and peaches.

*EMON WHIPPED CREAM SAUCE*

1 cup sugar
½ cup lemon juice
2 teaspoons grated lemon peel
3 eggs
1 cup (½ pint) whipping cream

ut the sugar, lemon juice, and lemon eel in the top part of a double boiler and lace over direct heat. Heat, stirring, until ugar dissolves. Beat eggs with a fork ntil blended, stir in the hot sugar mixure, then return to the top of the double oiler. Place over simmering water and ook, stirring constantly, until thickened. Remove from heat and cool by placing n a pan of ice water, or refrigerate. Whip cream until almost stiff and fold in the chilled lemon custard. Cover and chill until serving time. Makes about 3½ cups, or enough for 8 servings.

You use only one bowl to whip together cookies and cream for this sauce, made from either bakery or packaged cookies. Sherry-almond flavor especially enhances raspberries, peaches, and pineapple.

*MACAROON CREAM SAUCE*

1¾ cups crumbled almond macaroons (about 14 cookies, 1¼ inches in diameter)
⅓ cup dry Sherry
1 cup (½ pint) whipping cream

Place crumbled cookies in a deep, narrow bowl. Pour over Sherry and place in the refrigerator for 20 minutes, or until liquid is absorbed. Stir with a fork until the mixture is pasty. Pour in cream and beat until the mixture is thick and soft peaks form. Makes about 2½ cups or 6 servings.—*J. M., Portland.*

The icy cold of this berry ice cream sauce is particularly refreshing with juicy pineapple spears, peach or pear slices, or lightly sugared raspberries.

*STRAWBERRY ICE CREAM SAUCE*

1 pint strawberry-flavored ice cream (or strawberry ice)
1 cup (½ pint) whipping cream

Turn ice cream into a mixing bowl and place in the refrigerator for 15 minutes to soften slightly. Whip cream until stiff and gently fold into the soft ice cream until mixture is smoothly blended. Transfer to a serving bowl and either serve at once, or place in the freezer, up to 1 hour only, to firm up slightly. Makes about 3½ cups sauce, or 8 servings.

*For a variation, try the same sauce using coffee-flavored ice cream.*

# The man of the house speaks his mind about Mrs. McKenne's Maytag

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DARROW M. WATT

**Savory onion bread** *bakes in covered barbecue with boneless beef roast, unhusked corn. Good timing, control of heat are essential*

# SEPTEMBER MENUS

## *A barbecue dinner, a kebab dinner, and a surprise breakfast*

**The abundance of fruit** in Western markets and the warm days of September influence our menu suggestions this month. There's a barbecued dinner featuring fresh onion bread baked on the barbecue along with a beef roast. Fresh peaches go with meat kebabs for a second dinner. For breakfast, try ham-and-egg sandwiches.

### *Beef and bread barbecue dinner*

If you have a covered barbecue, you can use it like your oven—even to baking yeast bread in it—and keep the cooking heat and odors outdoors on a warm day. The bread is made from hot roll mix.

**Sesame-Marinated Beef Roast**
**Barbecue-Baked Onion Bread**
**Barbecued Corn** **Mixed Green Salad**
**Iced Melon**

Make the marinade and refrigerate the meat in it for about 24 hours.

Start the bread about 3 hours before you plan to serve dinner. Start barbecue fire 2 to 2½ hours before dinner; this allows at least 30 minutes for it to reach the proper temperature. Use about 25 long-burning briquets and follow directions for your barbecue to regulate heat. When a thermometer inside (or in the lid of the barbecue) registers between 350° and 375°, put in bread and meat. Bread will bake in about 45 minutes; meat will be roasted to rare stage (130°) in about 1½ hours. (Allow about 30 minutes longer for meat that's well done.)

Strip the corn down to the last 3 or 4 layers of husk and place in cold water for about 30 minutes. Drain well; place on grill during last 10 to 15 minutes. Remove husks and silk before serving. (If barbecue won't hold corn, husk and cook it in boiling salted water on your range.)

For dessert serve slices of watermelon or offer a choice of melon wedges.

**Sesame-Marinated Beef Roast.** Purchase a 4-pound boneless beef roast such as a cross rib (shoulder clod) or sirloin tip. For the marinade, heat a 2¼-ounce package (⅓ cup) sesame seed in ½ cup

**Serve this** *colorful breakfast sandwich with chilled strawberry-pineapple juice*

# Mauna Kea.

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MAUNA KEA BEACH HOTEL
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salad oil just long enough to brown
seeds slightly. Combine with ½ cup
sauce, ⅓ cup lemon juice, 2 tablespo
white wine vinegar, 1 tablespoon su
2 cloves garlic, mashed, and 1 medi
sized onion, sliced. Pour over meat
marinate in refrigerator about 24 ho
turning meat occasionally.

To barbecue, drain roast, saving the m
nade. Arrange glowing coals in a
around the perimeter of the fire grat
your barbecue and place a foil drip
in the center. Insert meat thermom
into center of roast and place on grill
drip pan. Cover barbecue and regu
dampers to maintain a temperatur
350° to 375°. You may need to add a
additional burning briquets during
part of cooking. It will take about
hours for meat to reach 130° (rare). B
occasionally with marinade. Serves 6

*If you use a Japanese kamado or sim
barbecue that won't accommodate a
pan, place roast, fat side up, in dispos
foil pan on grill.*

**Barbecue-Baked Onion Bread.** Prepar
package (about 14 oz.) hot roll mi
directed on the package, except incre
warm water in which you dissolve y
to 1 cup. Stir in with the egg and f
mixture 3 tablespoons instant toas
onion and ¼ teaspoon *each* celery
and whole thyme, crushed; blend in
Cover and let rise in a warm place u
doubled in volume, about 45 minu
Stir dough down; spoon into a
greased 9 by 5-inch loaf pan. Cover
let rise in a warm place until doubled
volume, about 30 minutes. Bake in a b
becue that has a hood, 375°. Don't o
barbecue during the first 20 minutes. T
bread should be well browned and d
in about 45 minutes. Turn loaf out
the pan; keep warm. Serve with but
Makes 1 loaf.

## *Sandwich breakfast*

The meat for this colorful open-fa
sandwich might be deviled ham spre
chicken spread, or one of the other sa
wich meat spreads available in the m
ket. Use your favorite melting chees
Swiss, teleme, Cheddar, for example.

**Strawberry - Pineapple Juice**
**Ham-and-Egg Breakfast Sandwiches**

If you wish, prepare the juice the ni
before (but it's quick to do in the mo
ing). Have ingredients ready for t
sandwiches and do the cooking and
sembling just before you serve them.

**Strawberry - Pineapple Juice.** Purée 1 b
ket (about 2 cups) fresh strawberries
whirling in a blender or pressing throu
a fine wire strainer; blend in 3 cu
canned pineapple juice. Sweeten to tas
For the strawberry garnish, press a stur
plastic drinking straw through one or s
eral whole berries. Serve juice well chill

a strawberry garnish in each glass. kes 4 to 6 servings.

**n-and-Egg Breakfast Sandwich**

4 English muffins, split and toasted
2 cans (about 4 oz. *each*) deviled ham (or other sandwich spread)
6 eggs
¼ cup milk or light cream
¼ teaspoon salt
Dash pepper
3 tablespoons chopped green onion (including part of the tops)
2 tablespoons butter or margarine
8 tomato slices (about 2 large tomatoes)
8 thin slices cheese (about 8 oz.)

ead each English muffin half with dev- ham, using about ¼ can for each. htly beat together the eggs, milk, salt, per, and green onion. Melt butter in ing pan and scramble eggs until done stage desired. Arrange eggs over each ffin half; top with a slice *each* of to- to and cheese. Broil to melt cheese. e at once. Makes 4 servings.

## *Fruited kebab dinner*

rbecue or broil these peach-flavored bobs, and serve with fresh peach slices.

**Chicken, Pork, or Lamb Kebabs with Peaches**
**Hot Rice Mixed Green Salad**
**Tropical Sundaes**

efrigerate meat in marinade several urs or a day ahead. Have salad greens d sundae toppings ready. In the last minutes before dinner, you can skewer d cook the meat and peaches, prepare e rice, and make the salad. Let each rson make his own ice cream sundae.

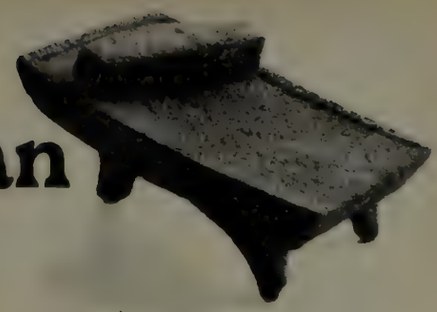
**ebabs with Peaches.** You'll need 6 whole icken breasts (split) or 2½ to 3 pounds oneless lean lamb or pork. Remove bones d skin from chicken, if used. Cut meat poultry in 1 to 1½-inch pieces.

or marinade, combine ½ cup peach urée (whirl 1 large peach, peeled and itted, in blender or press through fine ire strainer; or use a 7-oz. jar strained eaches for infants); ¼ cup *each* honey, mon juice, salad oil, and soy sauce; 1 mall onion, finely chopped; 1 clove garlic, nashed; and ⅛ teaspoon ground ginger. Mix well with meat; marinate several ours or overnight in the refrigerator.

String meat on skewers. Peel and pit bout 4 firm, ripe peaches; skewer thick lices on separate skewers. Barbecue over low fire or broil about 5 inches from eat, turning to brown all sides. Chicken ill take about 8 minutes, lamb about 10 minutes, pork about 12 minutes. Brush kewered peaches with marinade and heat bout 2 to 4 minutes. Serve with hot ooked rice. Makes 6 to 8 servings.

**Tropical Sundaes.** Serve scoops of vanilla ice cream and pass warm chocolate sauce plus one or more of these toppings: sliced candied ginger, chopped macadamia nuts, sliced preserved kumquats.

# Cooking with a Mexican accent.



## by Elena Zelayeta

One Mexican dish with roots embedded deep in the South of Spain is Spanish rice. Perhaps because of its versatility, it's had a strong influence on Mexican cooking, especially in the United States. By itself, Spanish rice is a side dish. With meat, poultry, fish, it's an entree. With ground beef and tomato juice, it's a soup. (I suppose you could put raisins in it and have Spanish rice pudding for dessert, but I'll let you try that one.)

Because it blends so well with so many different foods, Spanish rice really lets you exercise your imagination in developing different recipes. But there are a few basic constants to remember. For example, since rice in Spain is almost always short-grained, let me suggest that you use this type for authenticity. Also, Spanish cooks (like cooks in most Mediterranean countries) use olive oil rather than other oils for special flavor and sheen. (I won't hold you to complete authenticity on all points, though. A real Spanish *paella* has rice, eels and snails in it.)

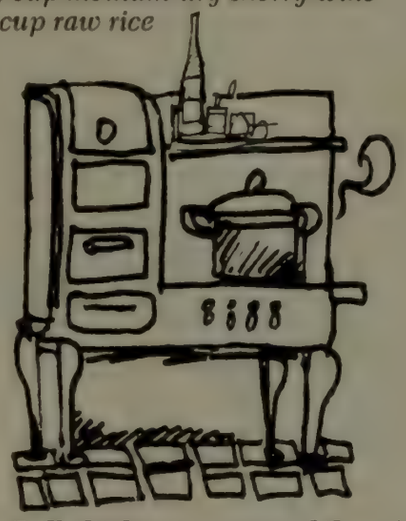
In the matter of seasoning, Spanish food in general is less spicy than Mexican food, but it retains the strength of Mexican flavors. One manufacturer who seems particularly concerned with authenticity in seasonings is Lawry's. Their Spanish Rice Seasoning Mix works remarkably well and eliminates the problem of trying to duplicate Spanish seasoning on your own.

Among other spices, the Lawry's people have used choice California paprika and red and green bell peppers (these in tiny pieces that expand in the cooking water so that they decorate as well as flavor the rice), sweet white onions, parsley and cheddar cheese for a true Spanish flavor.

Here's one recipe that will give you an idea of the kinds of things you can do with Spanish rice.

*ARROZ CON POLLO*

*1 broiler—fryer (2½ lbs.), cut up*
*½ cup seasoned flour*
*⅓ cup oil*
*1 package Lawry's Spanish Rice Seasoning Mix*
*2 cups water*
*1 tsp. Lawry's Seasoned Salt*
*¼ cup medium-dry sherry wine*
*1 cup raw rice*



*Roll chicken in seasoned flour (for seasoned flour, mix ½ cup flour with 1 tsp. Seasoned Salt and ½ tsp. Seasoned Pepper.) In hot oil in Dutch oven, fry chicken till golden brown on all sides. Remove pieces as they brown. Put Lawry's Spanish Rice Seasoning Mix in Dutch oven. Add water, Seasoned Salt, wine, rice; mix well. Place chicken on mixture. Cover, bake in 350° F. oven 45 min. till chicken and rice are tender. Serves 4.*

With this dish, I like to serve a green salad, the refried beans Mexicans love, and Platon De Fruta Fresca (fresh fruit platter) for dessert.

After you've tried this recipe, you may be brave enough for Spanish rice pudding, *con* raisins. But I'd rather not know how it turns out.

*For free Mexican recipes, write Lawry's, Box 2572M, Los Angeles, California 90054.*

Elena Zelayeta is the honorary duenna of traditional Mexican food in the United States. The child of Spanish innkeepers in Mexico, she is the author of *Elena's Secrets of Mexican Cooking.*

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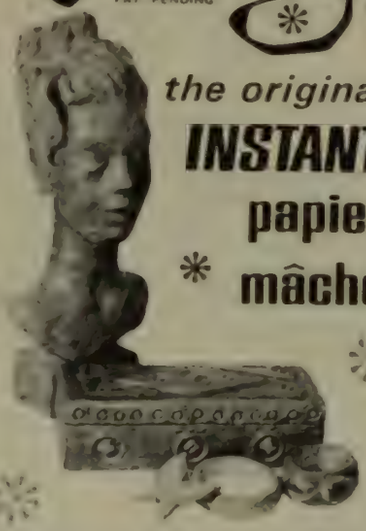

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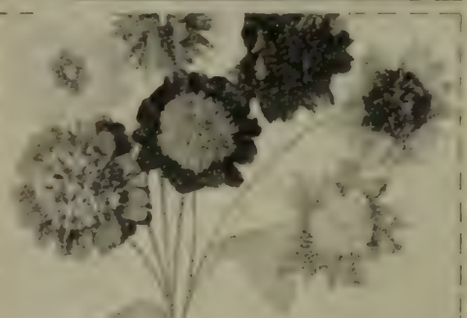

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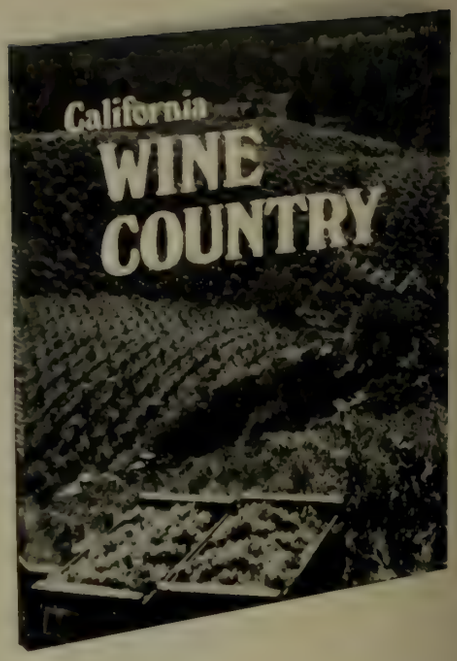


# Touring the wine country . . . the "paths well worn but inviting"

**"Touring the wine country** is not a new idea. Visitors have been crossing thresholds into California wine cellars for two centuries . . . The paths are well worn, but as inviting as ever."

So begins the new *Sunset* book titled *California Wine Country* (Lane Books, Menlo Park, Calif., 1968; $1.95).

If you're attentive to such matters, you may have noticed an increase in the number of winery tasting rooms now scattered along California's highways. It is obvious that vintners, sensing the growing public awareness and appreciation of their wares, are now wooing winery visitors more actively than ever before.

*California Wine Country* should prove a useful handbook and guidebook to Westerners who have been caught up in the current wine enthusiasm. Its appearance this month was timed to coincide with the beginning of the annual fall crush, when wineries are most active and have greatest interest for visitors.

You don't have to be in wine country to appreciate wine. But touring wine country and tasting wine are compatible pleasures nevertheless; they seem to enhance each other.

After two introductory chapters on the history and the techniques of wine making, the remainder of the 96-page book consists of seven chapters covering the regions that make up California wine country, starting with Sonoma and N Valley and ending with San Joaquin Cucamonga.

The book mixes talk about wines, w eries, and wine country in about e proportions. A section on wineries, wi thumbnail description and some hu interest details on each, is followed brief mention of other attractions for traveler (especially places where might picnic and enjoy a just-purcha bottle of wine), and finally road directi to help you find your way to each and move around easily within it.

Subchapters group wineries that within easy driving range of one anot Of the 161 wineries mentioned at l once in the text, 108 that are open visitors are located in 16 maps of districts and subdistricts. About 120 p tographs of wine country scenes are tributed through the book.

Some parts of the book have appea previously as articles in *Sunset Magaz* But all have been revised to include changes that inevitably occur with passage of time.

A dozen special features have been aside from the main text and are li separately in the index. They includ California wine chart, "How to rea California wine label," and a selected of other books on California wines wine country.

# t's a shame more women don't ake up writing

## merica's most popular woman novelist ffers some encouraging advice to women ho want to get more out of life

By Faith Baldwin

**Faith Baldwin.** She raised four children—yet managed to write more than 80 books, including many bestsellers.

think it's very unfortunate that many wom- with real writing talent bury it under a ountain of dishes.

Actually, writing is an ideal profession for omen. You don't have to go to an office, you on't have to be away with half your mind on our household . . . wondering, if it rains, did ou close the windows? And for the woman ho is tied down to her home, writing is a onderful emotional release, to say nothing f the extra income it can bring.

There are many things *only* a woman can rite about from firsthand experience. That's hy – unlike many other fields–the welcome at is really out for women in writing. Take e bestseller. *Please Don't Eat the Daisies.* o man could have written that book!

### Don't say, "I don't have time"

aying you "could write" if you "had time" no excuse. The fact is I've had a house to un most of my life. And, what with unex- ected illnesses, I think I've spent more time n hospital waiting rooms than almost anyone.

Even without the responsibilities of a ome, starting my career wouldn't have been asy. It's hard to learn to write when you're orking all alone.

I've often wished that when I was in my wenties I had known a professional writer ho would have been honest with me. As it as, I learned by rejections and rewriting – y trial and error.

Years later, I began to wonder if there asn't an easier way. Wouldn't new writers ave a better chance of making good faster, f they could get training in their own homes rom successful writers?

### A new kind of writing school

Several years ago such an opportunity be- came available for the first time, when I joined with eleven other authors to start the Famous Writers School. They included Ben- nett Cerf, Bergen Evans, Bruce Catton, Mig- non G. Eberhart, John Caples, J. D. Ratcliff, Mark Wiseman, Max Shulman, Rudolf Flesch, Red Smith and Rod Serling.

Our aim was to help qualified men and women develop their skill and craftsmanship . . . and to pass on to them our own secrets of achieving success and recognition.

We poured everything we know about writ- ing into a set of textbooks and writing assign- ments. Then we worked out a system for giv- ing every student, through home-study, the many hours of individual guidance a develop- ing writer needs.

Every one of our instructors is a profes- sional writer or editor who has himself met and solved the problem of writing for publica- tion many times.

When you return an assignment, one of these writer-instructors carefully edits it. He goes over your work line by line, word by word, blue-penciling his changes right on your manuscript, just as my editors do. Then he returns it to you with a long, personal letter of advice and guidance on how to im- prove your writing. While this writer-instruc- tor is appraising your work, nobody else competes for his attention. You are, literally, a class of one.

### Four Courses to choose from

After you get the basic principles, you move on to specialized training in the field of your choice: Fiction, Non-Fiction, Advertising or Business Writing. You learn step-by-step.

Because we twelve who started the School have very definite ideas about the teaching of writing, we regularly visit the School and work with the instructors.

This training works well. Our students have sold their writing to more than 100 publica- tions, including the *Reader's Digest, Redbook* and *Parents' Magazine.*

Doris Agee of San Mateo, Cal., says, "The view from this part of the world – the top – is indescribable. I've just received a big, beau- tiful check from the *Reader's Digest* for a 'Most Unforgettable Character' piece. There's no question about it, without the Famous Writers School, the article would never have been written."

Tom Barkdull of Yorba Linda, Calif., an- nounces, "I've sold 12 magazine articles since enrolling in the Famous Writers School. The Course has more than paid for itself."

Eileen Thompson Panowski, a Los Alamos, N.M., mother of four, has had four young people's books published by Abelard-Schu- man. One of her books was recently nomi- nated "best juvenile mystery of the year" by the Mystery Writers of America. William Klette of North Fork, Cal., has been pub- lished in several magazines including *Sunset.*

Have you the urge to write? If so, get busy! It's a wonderful feeling to see your name in print. And that first check, no matter how big, is a tremendous thrill.

But the greatest reward of writing profes- sionally is something much less tangible . . . the feeling of communicating with your read- ers. If one sentence you write opens a door for another human being . . . makes him see with your eyes and understand with your mind and heart, you'll gain a sense of ful- fillment that no other work can bring you.

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# September treasures . . . the blue and purple plums. The great thing to do with them is to poach them

**ughout September** a particular kind of n appears in quantity in our Western kets. This is the late, European-type n. The skin is a somber blue to purple the flesh is firm and yellow, and the or is decidedly sweet, if not bland. pit is easy to remove as the fruit is stone. Because the sugar content is , some plums of this type are dried nake prunes; others are canned com- cially.

se plums go by many names, some ional and some varietal. You may recognize them as purple prune plums, Standard plums, sugar plums, President plums, fresh prunes, Italian plums or prunes, or French plums or prunes.

Cooking transforms the purple prune plum remarkably: The skin turns a deep, winey red; the juices develop the same color; the flesh becomes succulent, juicy, and pleasantly tart. Each of the three dishes here involves gently stewing or poaching the fruit to bring forth its potential.

Plums poached with just sugar and water

DARROW M. WATT

**Dramatic** *serve-at-the-table dessert: liqueur-flamed slices of purple prune plums ladled over scoops of ice cream. Plums are first cooked with orange peel and cloves*

**Spoon** *thick sour cream into bowls of these chilled purple prune plums, if you like. One cut through each plum to the pit makes for speedier and more even cooking*

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# WHAT THIS SEAL MEANS TO YOU

We think it's fair to say that *Sunset* is more careful about the advertising it accepts than most — if not all — other media in the country.

Before accepting an advertisement for publication, we satisfy ourselves that the prospective advertiser is a responsible company and that its products belong in a family magazine of Western living. We strive to make sure that all claims for products are honestly presented in every advertisement.

So when we recommend them to you, we mean that if in normal use any product carrying the *Sunset Magazine* Recommended Seal is proven defective or not as advertised in *Sunset*, we will replace it or refund the purchase price, if the advertiser for any reason does not do so.

We basically rely, as you do, on the integrity of the advertiser and his responsibility for statements about his product. To this we add our own offer of refund or replacement on those products which earn this Seal. This continues a *Sunset* policy of over 30 years standing, formalized by the Seal above.

We are proud of those companies who do advertise in *Sunset*. Collectively, their goods and services form an association with the helpful information prepared by our editorial staff. Editors are concerned with planning, executing, and seeing that you enjoy a recipe, a trip, family living, etc., and our advertisers furnish the essential products that are needed to fulfill these projects. In the pursuit of our dedicated policy on advertising acceptance, you should know that we refuse to accept advertising that does not complement our editorial service areas . . . liquor, tobacco, etc. . . . and all advertising that does not meet criteria of good taste and appropriateness for family reading.

You will be seeing the above Recommended Seal with greater frequency in the future, and we hope you will buy with increased confidence because of it.

Bill Lane

President and Publisher

have an astonishing depth of flavor
the fruit for breakfast or desserts.

***POACHED PLUMS***

4 cups whole purple prune plums, each slashed on one side to the pit
1 cup water
½ cup sugar
Sour cream (optional)

Combine fruit in a saucepan with w
and sugar. Bring to a boil and sim
uncovered, for about 10 minutes or
until fruit begins to soften; time v
with size and ripeness of the fruit. S
warm or chilled, with the juices. If
like, serve with spoonfuls of sour cr
Makes 6 to 8 servings.

Port blends perfectly with the winey
vor of these plums. Serve at a fe
brunch or as a dessert.

***PLUMS IN PORT***

Center slice of an orange, cut ½ inch thick
6 whole cloves
4 cups whole purple prune plums, each slashed on one side to the pit
1 cup Tinta or Ruby Port
½ cup sugar
1 whole stick cinnamon, 3 or 4 inches long

Cut orange in quarters and stud
cloves. Combine in a saucepan
plums, Port, sugar, and cinnamon. B
to a boil and simmer, uncovered, a
10 minutes or until fruit just begin
soften; time varies with size and ripe
of fruit. Cool, remove cinnamon,
chill. The sauce and fruit develop r
flavor after a day or two in the re
erator; serve with juices. Makes 6
servings.

Hot flaming slices of plums make a
phisticated sauce for vanilla ice cre

***PLUMS JUBILEE***

3 strips orange peel, each about 3 inches long (pared from fruit with a vegetable peeler)
6 whole cloves
2 cups thinly sliced purple prune plums
½ cup sugar
1 tablespoon water
4 tablespoons Cointreau or other orange-flavored liqueur
4 tablespoons rum or brandy
About 1 quart vanilla ice cream

Stud orange peel with cloves. Comb
with plums, sugar, water, and 1 ta
spoon *each* of the Cointreau and r
Let mixture stand about 1 hour to
solve sugar; stir occasionally. Gen
bring to a boil and cook 2 or 3 minu
just until fruit begins to soften. You
now chill fruit until ready to serve.

Heat the fruit to simmering (on the ra
or over a flame at the table). In a s
pan with a long handle warm the rem
ing 3 tablespoons *each* Cointreau
rum and set afire. Pour, flaming,
plums, then spoon mixture over
scoops of vanilla ice cream, agita
sauce to burn off the alcohol. Makes
8 servings.

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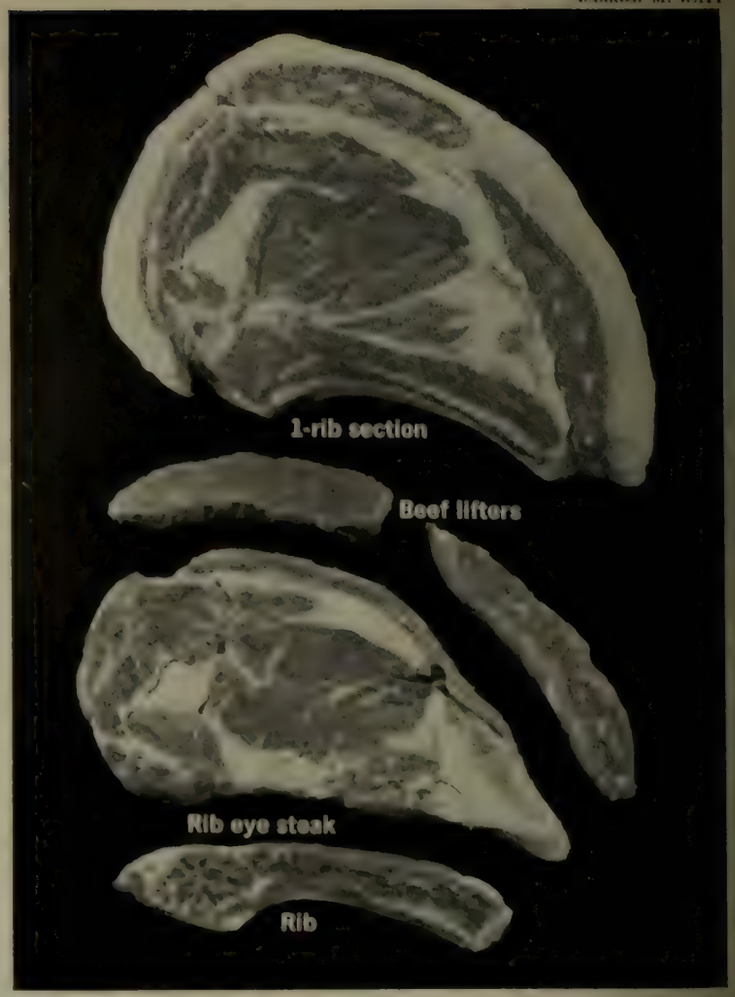
DARROW M. WATT




**One-rib section,** *whole, and separated to show how to use in three different menus: barbecue bones, grill steaks, use lifters in stew*

# Unribbing a standing rib

**The dramatic appearance** and succulence of a standing rib roast make it a popular cut of beef. But have you considered serving the three main sections of this cut of beef for three very different meals? The picture above shows how a 1-rib section of a standing rib roast can be divided into the rib bones (to barbecue or bake), the rib eye muscle (for an easy-to-carve boneless roast or tender steaks), the top muscles or beef lifters (to simmer in a flavorful stew).

It is possible to buy each section of the rib separately, although you may have to place your order a day or two ahead. Often the rib bones are cut with plenty of meat and sell for about the same price as ground beef. You can also purchase short ribs (or English-cut short ribs, which are even meatier) for barbecuing; these are the remaining portions of the rib bones that extend beyond the rib eye muscle. The boneless eye of the rib you may purchase as rib eye or market steaks (about the same price as boneless top sirloin) or as a rolled and tied rib roast.

You may find the beef lifters packa separately or included with other and labeled beef stew meat.

If you buy a full-cut rib roast (7 about 18 pounds), you can have the m man separate the portions for you. will have enough rib eye for a large pany dinner (about 12 inch-thick st or 30 servings roast beef); enough li (about 2 pounds) to serve about 6 per (when combined with vegetables as in recipe that follows); and enough bone ribs) for two persons.

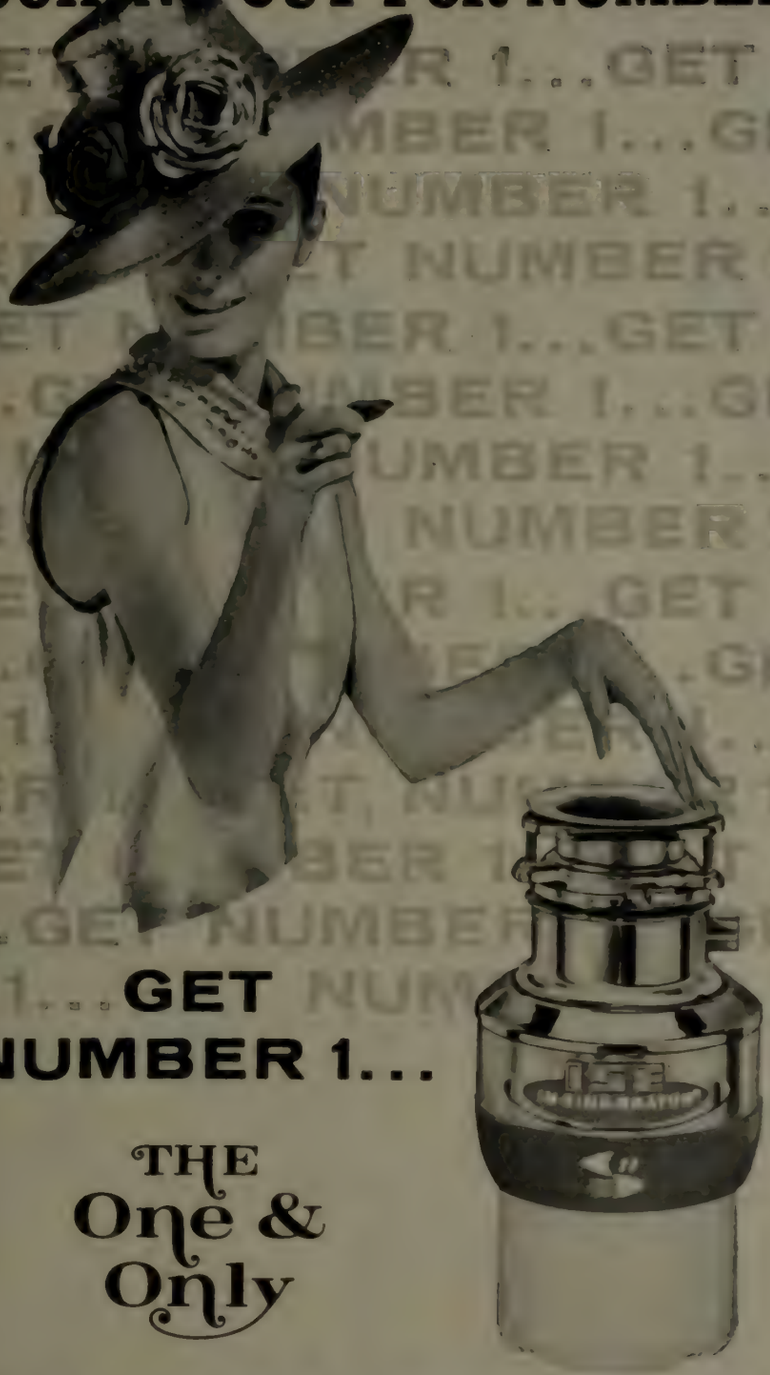
If you want to purchase a smaller st ing rib roast and still have enough o lifter section to make a stew, ask fo last three or four ribs, those toward tail of the animal.

The boneless rib eye may be roaste the oven or barbecued on a rotiss Leave a thin covering of fat on the m

*ROASTED RIB EYE*

To oven-roast, place the meat on a in a shallow pan. Sprinkle with salt

# LOOKING OUT FOR NUMBER 1?



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pepper or season later at the table. Insert a meat thermometer in the center and roast in a 325° oven to the desired degree of doneness. (Rare, 140°, about 20 minutes per pound; medium, 160°, about 25 minutes per pound; well done, 170°, about 30 minutes per pound.)

To roast on a barbecue rotisserie, anchor the meat securely on the spit. Then rub with salt and pepper. Roast over medium-hot coals to the degree of doneness you like. Timing will be similar to oven roasting, but for accuracy, insert a meat thermometer into the center of the meat (don't let it touch the spit).

Rib eye steaks are tender and may be barbecued or broiled; for added flavor, top each with a pat of seasoned butter.

*BROILED OR BARBECUED RIB EYE STEAKS*

Have the rib eye or market steaks cut about 1-inch thick. Broil or barbecue about 5 inches from the heat for 4 to 6 minutes on each side for rare to medium doneness. Sprinkle with salt and pepper and serve, sizzling hot, topped with a ¼-inch pat of seasoned butter (below).

*Seasoned Butter.* Cream ½ cup (¼ lb.) butter. Beat in 1 tablespoon lemon juice and *one* of the following: 2 tablespoons minced fresh parsley, tarragon, or basil (or 2 teaspoons dried herb); 1 tablespoon minced green onion; or 1½ teaspoons dry mustard. Shape the butter into a roll about 1¼ inches in diameter. Wrap in waxed paper or plastic film; chill until firm.

The beef lifters, less tender than the eye of the rib, are best braised. We recommend marinating bite-sized pieces of the beef overnight in a Burgundy wine marinade, then cooking them with fresh vegetables. A small amount of orange peel is the unusual flavoring ingredient in this classic French stew.

*DAUBE DE BOEUF* (Casserole of Beef with Wine and Vegetables)

- 2 pounds beef lifters or beef stew meat
- ½ cup Burgundy or Claret
- ¼ cup *each* salad oil and chopped fresh parsley
- 1 bay leaf, crushed
- ½ teaspoon thyme
- 2 pieces orange peel (pare with vegetable peeler into strips 3 inches by ½ inch)
- ½ pound bacon
- 1 medium-sized onion, sliced
- 1 clove garlic, minced or mashed
- 5 carrots, diagonally sliced
- 1 medium-sized onion, cut in wedges
- ¼ pound fresh mushrooms, sliced, or 1 can (4 or 5 oz.) sliced mushrooms, drained
- 3 medium-sized tomatoes, peeled and cut in wedges
- 1 can (1 lb.) pitted black olives
- 1 tablespoon cornstarch
- 2 teaspoons water
- Steamed rice, noodles, or potatoes

Cut the beef into 1-inch cubes. In a large bowl (2 to 3 qt.) combine the wine, oil,


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ey, bay leaf, thyme, and orange peel. the meat and mix well; cover and re- rate several hours or overnight. About ours before you wish to serve, drain eat (reserving the marinade).

the bacon until crisp in a large cas- or Dutch oven; pour off all but 3 tablespoons of the drippings. Add beef, sliced onion, and garlic to the and cook over high heat until the is tender and the meat browned. the reserved marinade, cover, and er about 1 hour. Then add the car- and onion wedges; cover and simmer t 20 minutes. Add the mushrooms, atoes, and olives and continue cook- about 10 minutes. Mix the cornstarch the water and stir into the stew id. Cook, stirring, just until the liquid kens slightly and is smooth. Serve steamed rice, noodles, or potatoes. es 6 to 8 servings.

can bake, broil, or barbecue the beef ; ask your meatman to leave plenty of t on them. Marinate and baste the with either the barbecue sauce or flavorful herb marinade described w. If you buy a full-cut 7-rib roast, ll have about 2 pounds rib bones. gh for 2 servings; prepare half rec- of the sauce or marinade for this h meat. For 6 servings, you'll need to extra rib bones or short ribs.

*RBECUED, BROILED, OR BAKED F RIB BONES*

r 6 pounds rib bones (about 16), pre- e the sauce or marinade, below. Pour er meat and let stand several hours or ernight, turning occasionally.

barbecue the bones, drain and place er medium hot coals, with bone side To broil, place ribs, bone side down, broiler pan about 5 inches from heat. rn to brown all sides and baste sev- al times. Total cooking time required is out 20 minutes.

bake the bones, drain and arrange em, bone side up, in a shallow baking n. Bake in a 450° oven about 30 min- es, basting occasionally and turning at once. Makes about 6 servings.

*omato Barbecue Sauce*. Sauté 1 large ion, finely chopped, in 2 tablespoons lad oil until onion is tender. Remove m heat and add 1 can (6 oz.) tomato ste, 1 cup water, 3 tablespoons lemon or me juice, 2 tablespoons vinegar, 1 table- oon Worcestershire, 2 teaspoons chile owder, 1 teaspoon *each* dry mustard and hyme, and 1 small dried hot chile pepper, rushed. Simmer about 10 minutes. Let ool. For a smoother sauce, whirl in an lectric blender about 1 minute.

*Oil-Vinegar Marinade*. Combine 1⅓ cups alad oil, ⅔ cup white wine vinegar, 1 easpoon salt, ½ teaspoon *each* rosemary, hyme, and basil, 2 bay leaves, crushed, nd a dash of pepper.

## "Who's the little guy with the glasses?"

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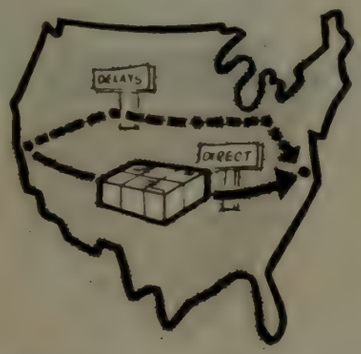


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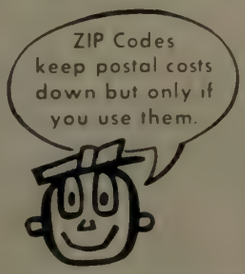


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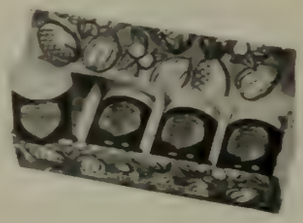

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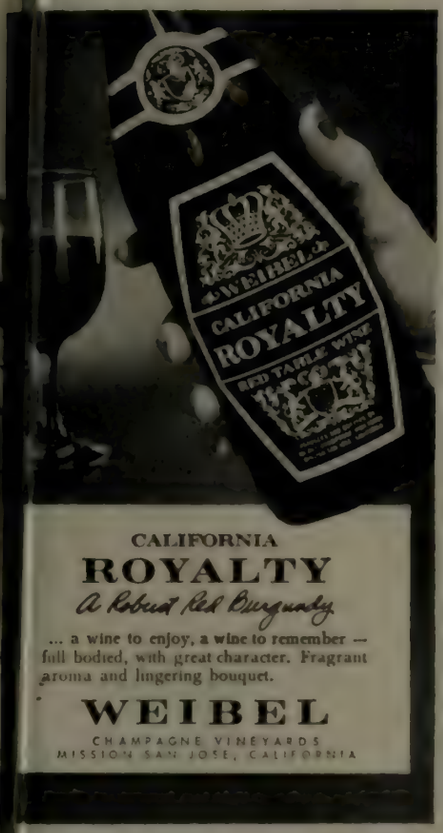


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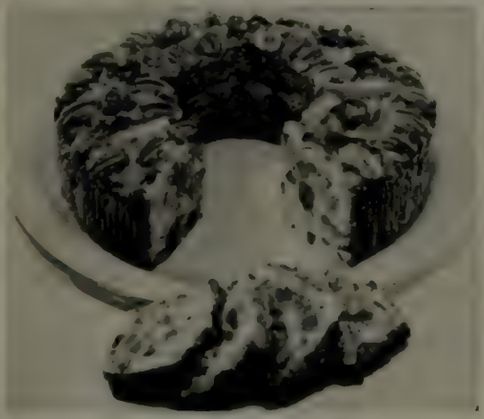

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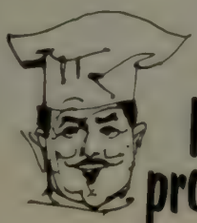

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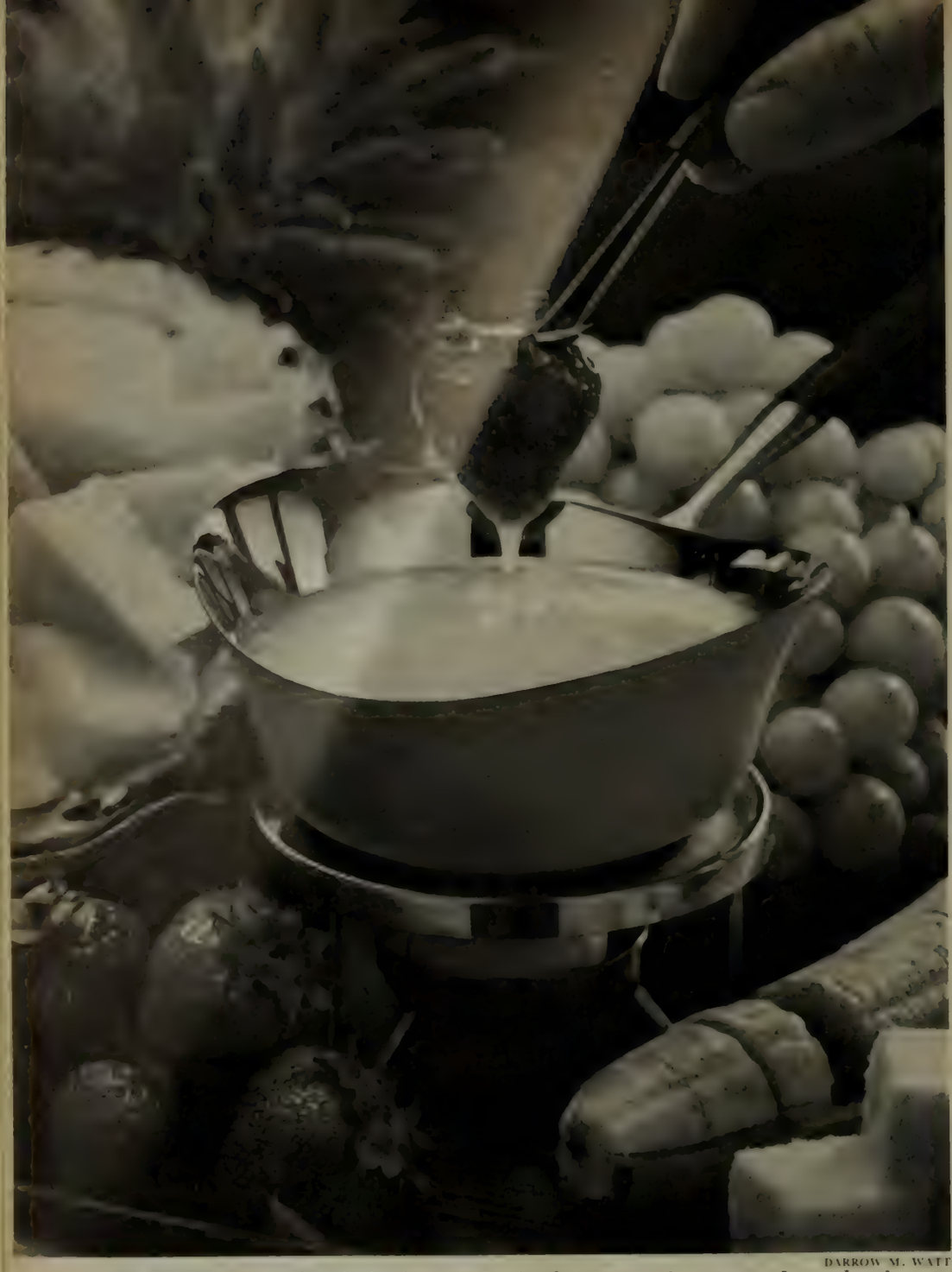

DARROW M. WATT

**Dip strawberries,** *other fruits into warm fondue sauce of cream and powdered sugar*

# A dessert fondue . . . with everybody dipping in

**Fondue for dessert** brings a special note of conviviality to the last course of the meal.

You prepare a pot of warm, sweet, fondue sauce, into which you and your guests dip small whole fruits and berries or pieces of larger fruits, cubes of pound cake, or ladyfingers (plain or toasted).

The fruit can be grouped attractively, particularly if you cut large fruits, such as pineapple, papaya, or banana, in chunks and serve from their own shells.

Choose a heatproof dish or pan for the fondue; the sauce should almost fill it for easy dipping. About 1 cup sauce (the yield of each of the following recipes) is ample for 6 servings; if you have more guests, it is best to duplicate the service.

*The sauce must be kept warm over very low heat (as from a small candle) s these sweet mixtures can scorch.*

You will need small forks (such as fon oyster, or salad forks) to hold the fr and, because the lightly clinging sa drips, have dessert plates or ladyfing to hold under the food.

Sugar and cream, ideal with fruit in n any form, form the base of the four sa offered here, but each sauce has a mil defined flavor. All can be made ah and reheated at serving time.

We liked the first three sauces with ripened peaches, pineapple, bananas, s less grapes, strawberries, raspberries, payas, and mangoes; you will find fave combinations as you taste. The burnt-sugar caramel complemented these fruits except mild papaya.

Allow approximately ½ to 1 cup frui a serving, plus 3 or 4 split ladyfinge 4 to 6 bite-sized cubes of pound cake zen, homemade, or from a bakery).

### *POWDERED SUGAR FONDUE*

In a small saucepan mix 1 cup unsi powdered sugar and 1 cup (½ pt.) wi ping cream. Stirring, bring to a full, orously foaming boil; cook 30 seco Pour into fondue pan; stir in 1 or 2 ta spoons kirsch (cherry brandy) to ta (optional). Keep warm over very low h Makes about 1 cup or 4 to 6 servings.

### *ORANGE-HONEY FONDUE*

In a small saucepan combine ¼ cup ter, ½ cup whipping cream, and 2 ta spoons each sugar, honey, and ora marmalade. Stirring, bring to a full, orously foaming boil; cook 30 seco Pour into fondue pan, adding 2 ta spoons Cointreau (or other orange vored liqueur such as Curaçao or Tr Sec). Keep warm over very low h Makes about 1 cup or 4 to 6 servings.

### *BUTTERSCOTCH FONDUE*

In a small saucepan blend 1 cup (½ whipping cream and ½ cup firmly pac brown sugar. Stirring, bring to a full, orously foaming boil and cook abou seconds. Pour into fondue pan and 2 or 3 tablespoons rum, or to taste tional). Keep warm over very low h Makes about 1 cup or 4 to 6 servings.

### *BURNT SUGAR FONDUE*

In a small saucepan over high heat c ¼ cup sugar without stirring unti melts and caramelizes; tilt pan to mix once pour in ½ cup whipping cream cook over low heat, stirring frequen until caramel dissolves. Add another cup whipping cream and ¼ cup su Stirring, bring to a full, vigorously fo ing boil and cook about 30 seconds. T into fondue pan and keep warm very low heat. Makes about 1 cup to 6 servings.

(NOTE: *For a chocolate dessert fondue page 140 of the June 1967 Sunset.)*

# Good enough to make a baker jealous. The new Betty Crocker Discovery Dessert.

It took the Betty Crocker Kitchens to discover a way to fluff up rich chocolate flavor for the first and only Fluffy Chocolate Frosting. And it took a cake mix that blends perfectly with eggs to get the delicately rich, specially moist flavor of a Betty Crocker Yellow Cake. Together, they make the Discovery Dessert. And it's good enough to make a baker jealous.

*When the flavor's this exciting ... you can bet it's Betty Crocker.*

Betty Crocker Yellow Cake and Fluffy Chocolate Frosting Mixes.

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Bravo!


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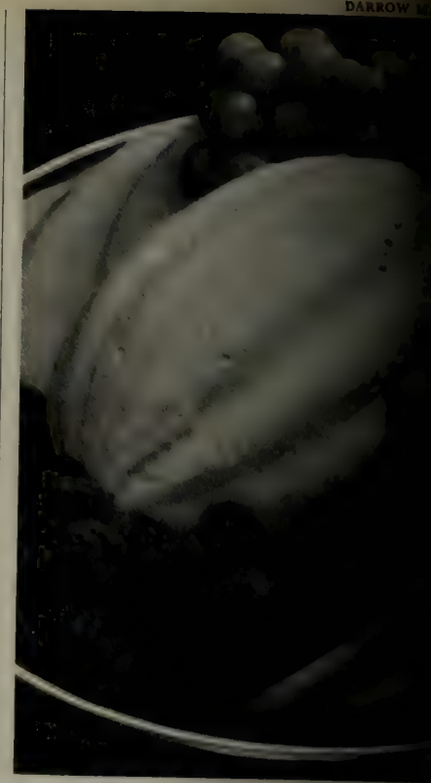


**Fresh fruits** *garland this citrus c mold for a festive but light de*

# *Lime snow . . . wit fresh fruit*

**This fresh lime mold** with a softly mo ing, creamy texture makes a most refr ing dessert—and it's economical and l in calories, too.

Serve it unadorned in dessert bowls, companied by a crisp butter cooky macaroon. Or mold it in a pretty sh then unmold it on a serving plate garnish with such complementary fr as Crenshaw melon, raspberries, and s less grapes.

***LIME SNOW***

- 1 envelope unflavored gelatin
- ½ cup sugar
- 1¼ cups cold water
- 1 teaspoon grated lime peel
- 3 tablespoons lime juice
- 3 egg whites
- 2 drops green food coloring
- ½ cup whipping cream

Mix gelatin and sugar in a small sa pan. Stir in water and heat just to boiling point, stirring constantly. Sti lime peel and juice. Cool until mix becomes syrupy.

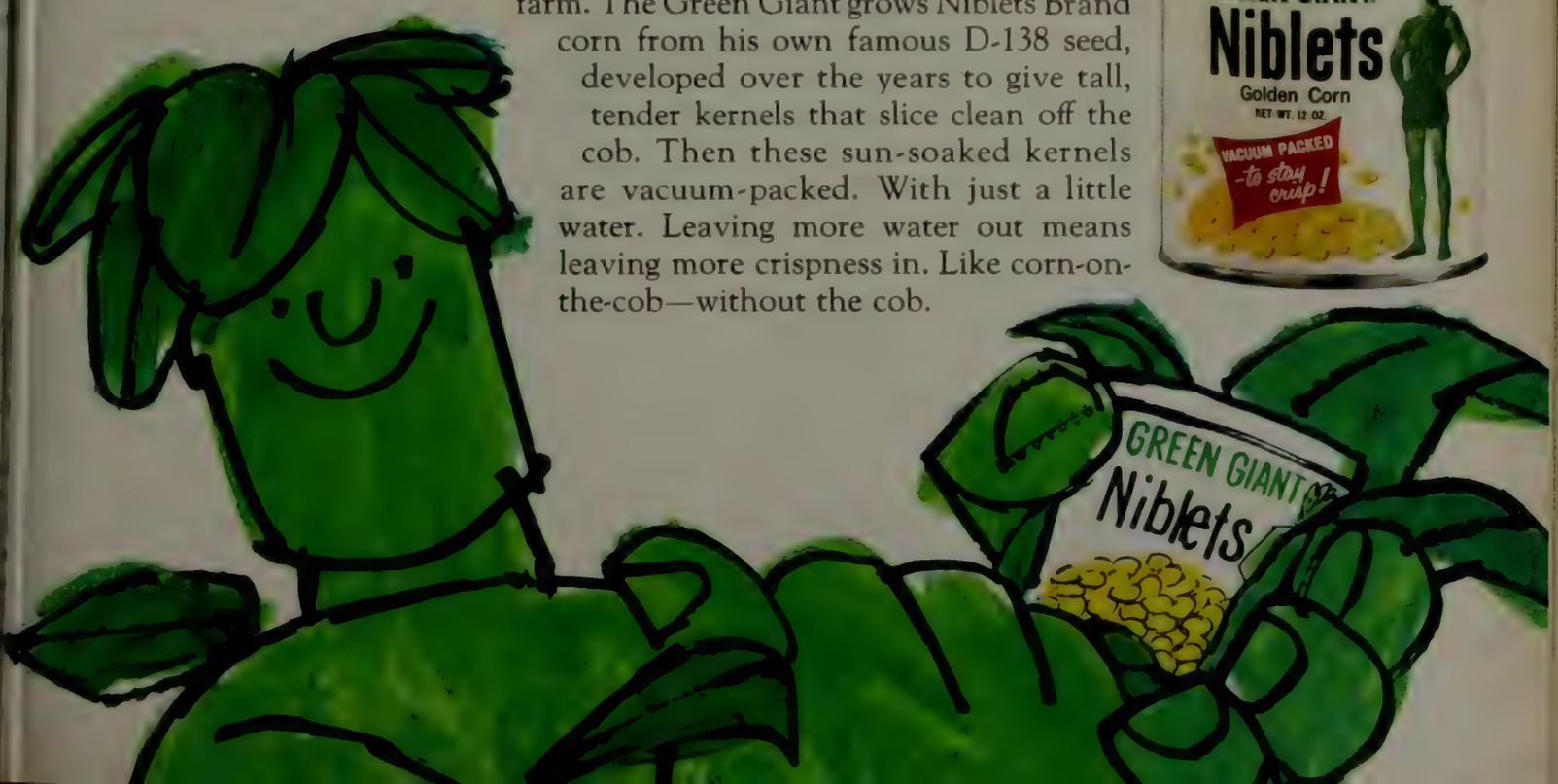
Beat the egg whites with the food colo until soft peaks form, then fold the gela mixture into the beaten egg whites. W cream until stiff and fold into the l gelatin mixture. Spoon into 6 dess dishes or turn into a 1 quart mold. C until firm. Makes 6 servings.—*B. North Hollywood, Calif.*

© Green Giant Company

# Tastes like corn-on-the-cob without the cob

## *Because it's vacuum-packed to stay fresh*

Niblets Brand corn is so milk-popping tender you can close your eyes and pretend you're back on the farm. The Green Giant grows Niblets Brand corn from his own famous D-138 seed, developed over the years to give tall, tender kernels that slice clean off the cob. Then these sun-soaked kernels are vacuum-packed. With just a little water. Leaving more water out means leaving more crispness in. Like corn-on-the-cob—without the cob.



# KIKKOMAN *Glorifies Flavor*

**Yours to enjoy!** The fun flavor of Hawaii captured in a bottle. Kikkoman brings a new and wonderful taste sensation to all America —the festive teriyaki way with chicken, steaks, chops, hamburger, roasts and fish. Use directly from the bottle as a marinade, baste and meat sauce.

**Delicious escape from the ordinary!** *Creative cooks relish the "new idea" inspirations subtle, zesty Kikkoman Hawaiian teriyaki sauce brings their menus. A mere dash or two does it...* **Marvelous!**

# *A soup of corn and coconut*

**Fresh corn** is combined with coconut to make this interesting soup. The recipe was discovered in Guam by a *Sunset* reader who lived there for several years. You can use canned coconut juice, fresh coconut milk, or packaged coconut to give the subtle sweetness and nutlike flavor that distinguishes this soup. Serve as a first course for dinner, or for lunch with chicken or shrimp salad sandwiches or with ham and cucumber sandwiches.

***GUAMANIAN CORN SOUP***

- 6 large ears fresh corn
- 6 tablespoons butter or margarine
- 1/4 cup finely chopped onion
- 2 cans (8 oz. *each*) coconut juice (or a 12-oz. can frozen coconut milk, thawed, plus 2 tablespoons sugar)
- 2/3 cup milk
- 1 1/4 teaspoons salt
- Dash pepper or seasoned pepper
- 1/4 teaspoon liquid hot pepper seasoning
- 1/4 teaspoon nutmeg (optional)
- 1 can (about 3 1/2 oz.) French fried onions (optional)

Remove husks and silk from corn. Drive a sharp knife through the center of each row of corn kernels. Cut corn off the cob, then scrape with the knife to remove all the corn milk—you should have about 3 cups corn and pulp.

In a saucepan heat the butter and sauté the onion until soft. Add the corn and cook, stirring, for about 5 minutes. Add the coconut juice or coconut milk, milk, salt, pepper, and hot pepper seasoning. Stir to blend and cook until heated through. Add nutmeg, if you like.

Top each serving of soup with a few French fried onions, if you wish. Makes 8 servings as a first course, or 4 to 6 lunch size servings.—*J. C., Scottsdale, Ariz.*

*To make a creamy corn soup,* prepare recipe as above. After the ingredients have been together, whirl in a blender for about 1 minute, blending about half the recipe at a time. Pour through a wire strainer, then reheat to serve.

*To make the soup with packaged coconut,* pour 3 cups milk over 2 cups flaked coconut. Allow to steep for about 1 hour in the refrigerator, whirl in the blender for about 40 seconds, then strain through several layers of cheesecloth; squeeze cheesecloth to extract all the juice. Use in above recipe to replace the coconut juice and milk.

This is somewhat sweeter than the soup made with canned coconut juice or frozen coconut milk, but it is not too sweet for most tastes.

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DARROW M. W

**The "missing tooth set"** *lifts off slice of apple and cheese or ham for easy eati*

# All at once . . . or layer by layer

**As the school bell** tolls for another session, green and scarlet apples again go into lunch bags. To surprise and delight a child when he opens his lunch, why not pre-cut and embellish the apple?

Here are several ideas for treating an apple, whole and crisp, or baked in a cooky bar.

For the following apple ideas, it is wise to brush the cut apple surfaces with an ascorbic-acid mixture to prevent darkening when fruit stands several hours.

*Apple, ham, and cheese stack.* Core and slice an apple horizontally into 5 slices and restack slices with 2 slices *each* Swiss cheese and boiled ham. Alternate cheese and ham between each apple slice (see photograph above).

*Apple and marmalade sandwiches.* Core and slice an apple horizontally into 6 slices. Sandwich every 2 slices with cream cheese and orange marmalade.

*Apple and peanut butter wedges.* Core and slice an apple vertically and spread every 2 slices with peanut butter and honey. Reassemble into apple shape.

*Apple and cinnamon-sugar wedges.* Core and slice an apple vertically. Dust slices with cinnamon-sugar and reassemble.

*Apple and chocolate surprise.* Slice off the top of an apple, leaving stem attach and remove core. Fill cavity with a m ture of semisweet chocolate pieces a raisins. Replace top.

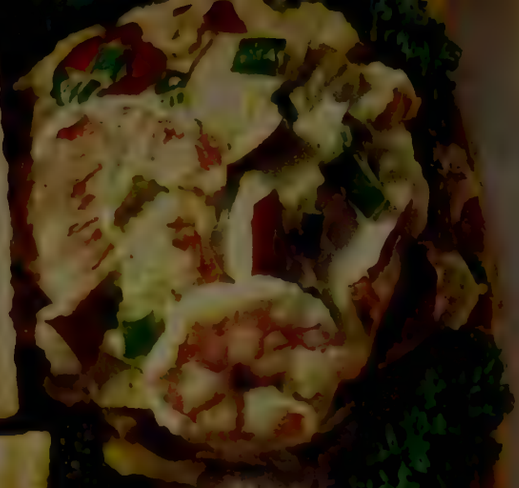
These sugar-dusted fruit bars stay mo several days. Try them another ti warm for dessert, cut in 2½-inch squa and topped with whipped cream.

*SUGARED APPLE SQUARES*

- ¼ cup (4 tablespoons) butter or margarine
- 1 cup sugar
- 1 egg
- 1 cup unsifted all-purpose flour
- ¼ teaspoon *each* salt, soda, and nutmeg
- ½ teaspoon cinnamon
- ½ cup finely chopped walnuts or filberts
- 1½ cups finely chopped, peeled apple
- Powdered sugar

Cream butter and sugar until light a beat in egg. Sift flour together with t salt, soda, nutmeg, and cinnamon, a mix into the batter. Stir in nuts and a ples. Turn into a greased and floured inch square baking pan, spreading even. Bake in a 350° oven for 35 minutes, until the top springs back when touch lightly. Cool in pan, then cut into squa or bars and dust lightly with powder sugar. Makes about 2 dozen fruit ba —*E. E. S., Corvallis, Ore.*

RIMP SALAD FILLING
cup diced, cooked, cleaned shrimp
cup chopped, unpared red apple
cup BEST FOODS® Real Mayonnaise
cup chopped celery
scallions, finely chopped
tablespoon lemon juice
teaspoon curry powder
Salt and pepper
htly toss all ingredients. Chill.
kes 2 cups.



VOCADO FILLING
2 cups diced avocado (1 large avocado, peeled)
1 cup sliced celery
1/2 cup crumbled blue cheese
3 to 1/2 cup BEST FOODS Real Mayonnaise
2 teaspoons lemon juice
ombine ingredients. Chill for 1 hour efore serving. Makes 3 cups.

CHEF SALAD FILLING
1 cup short strips salami
1 medium tomato, cut in small pieces
1/2 cup Swiss cheese strips
1/4 cup chopped green pepper
1/3 to 1/2 cup BEST FOODS Real Mayonnaise
2 teaspoons mustard with horseradish
Combine ingredients. Chill for 1 hour before serving. Makes 3 cups.

EGG-BACON FILLING
2 hard-cooked eggs, chopped
2 tablespoons chopped onion
2 tablespoons diced green pepper
1 cup finely shredded Cheddar cheese
1/4 cup sliced black olives
1/3 cup BEST FOODS Real Mayonnaise
Salt and pepper
6 slices crisp, cooked bacon, crumbled
Lightly toss all ingredients except bacon. Chill. Add bacon just before serving. Makes 2 cups.

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How many times have you needed to find a little gift, but nothing seemed just right?

Perhaps you've wondered why there isn't an easy way to find gifts for any occasion—gifts reflecting your good taste, yet modestly priced.

*Here's the answer to that problem. More and more stationery and gift stores now feature lovely and unusual items from Yasutomo & Co.*

Yasutomo is the West's largest importer of Japanese art, craft and stationery supplies. They have dozens of gift ideas, from scrolls and Mingei calendars to sumi painting sets and stationery with delicate floral designs.

*Here's one gift any hostess would love. These colorful, silken-textured Kabuto Napkins are made of rice paper. They have soft scenes of Oriental gardens, mountains, pagodas, birds, butterflies and blossoms.*

Thin as they are, these napkins are wonderfully absorbent. Many families have used them for years, and some ladies use them as handkerchiefs.

There are 27 patterns. Luncheon napkins are 50¢, and matching cocktail napkins are 30¢, for packages of 24.

Send 50¢ for a catalog of many other items you can buy at gift and stationery stores. If you like, we'll send your dealer's name.

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YASUTOMO & CO.
24 California St., San Francisco, Calif. 94111


DARROW M.

**Simple** *Pakistani dinner includes crusty baked chicken, salad, pilaf, yogurt, flat bre*

# Chicken with a crunchy coat

**There's a spicy,** crunchy coating on this baked chicken. A recent traveler in Pakistan discovered this way of seasoning chicken there and adapted it to our tender broiler-fryers.

In Pakistan, the chickens are simmered, then baked with the spicy coating. Our broiler-fryers are delicious when simply brushed with the seasoning, then baked.

Our recipe offers a choice of two different seasoned coatings. The first combines ground almonds with onion and spices; the second is a blend of onion, spices, and lime juice. Both are made with a blender.

To complete the meal with a Pakistani theme, you might serve a salad tray of sliced tomatoes, cucumbers, and green onions, all sprinkled with a little lime juice, salad oil, salt, and pepper; a simple rice pilaf; yogurt mixed with a dash of salt, ground cumin to taste, and chopped green onions; and hot buttered flour tortillas. Add a green vegetable, if you wish.

### *PAKISTANI BAKED CHICKEN*

Rinse and dry two halved or quartered broiler-fryer chickens (about 2½ pounds *each*). With a pastry brush, spread ⅓ of one of the seasoning mixtures (recipes follow) over the cut surfaces of the chicken pieces. Place chicken, cut sides down, a shallow baking pan; paint remaini mixture over the uncut surfaces. Bak uncovered, in a 350° oven about 1 hou or until chicken is just tender and lightl browned. Serve hot, garnished with par ley and preserved kumquats, if you wis Makes 4 to 8 servings.

*Almond-Spice Seasoning.* Combine in a electric blender ½ cup blanched slivere almonds; 1 large onion, sliced; 2 clove garlic; 1 teaspoon salt; 1-inch piece slice peeled, fresh ginger (*or* ½ teaspoon groun ginger); ¼ teaspoon *each* ground peppe ground cardamom, and ground cumin; ½ teaspoon ground cinnamon; and ¼ cu melted butter or margarine. Whirl unt smooth. Makes enough for two 2½-poun broiler-fryer chickens.

*Onion-Lime Seasoning.* Combine in a electric blender 1 large onion, sliced; cloves garlic; 1-inch piece sliced, peeler fresh ginger (*or* ½ teaspoon ground gin ger); 1 teaspoon salt; ⅛ teaspoon groun cloves; ½ small, dried, hot chile pepper 3 tablespoons lime juice; and ¼ cu melted butter or margarine. Whirl unt mixture is smooth and well blended Makes enough for two 2½-pound broiler fryer chickens.—*M. E., San Mateo, Cali*

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DARROW M. WATT

**cific Ocean shrimp** *with makings of a great salad: coconut, onion, tomato, avocado*

# The little Pacific Ocean shrimp are in great supply right now

**ou may recognize** the small shrimp in e photograph as the West Coast's own. lled by several names—ocean, Pacific, nk, and California (the scientific name *Pandalus jordani)*—they are unique d choice among the world's shrimp.

onnoisseurs prize these miniature shrimp r their delicate sweet flavor and tender ink meat. Compared to other small rimp, they are long and slender, and ve no sand vein. They must be hand-elled, a laborious task that accounts for eir rather high cost: usually around 2.50 per pound in our markets.

he largest commercial fishing grounds ow are off the coasts of Oregon and orthern California. The season opened n March 1 in Oregon and May 1 in alifornia, and continues through the ummer.

Most of the catch is cooked, hand-peeled, hen frozen in 1-pound and 5-pound con-ainers. Some markets sell the 1-pound ize. Fresh fish markets usually thaw the arge containers before displaying them n trays—you should realize when buying uch shrimp that they have been frozen nd therefore should not be refrozen.

Being test-marketed in some Western cities this summer is a package of the Pacific shrimp prepared by a new heat-treating process. Where available, these 5-ounce packages can be found in the re-frigerated section of the market.

The supply of Pacific Ocean shrimp is limited, and almost all are consumed here in the West. One of the best ways we've found to savor them is this special salad.

*CALIFORNIA SHRIMP SALAD*

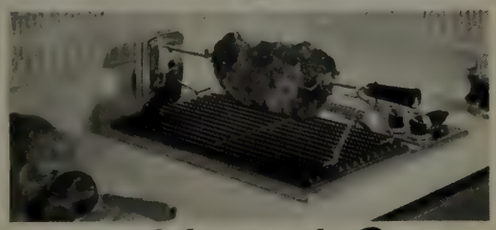
- 1 pound (about 3 cups) shelled, cooked, small shrimp
- Oil and vinegar dressing (recipe follows)
- 1 bunch green onions (with about 2 inches of green tops), sliced
- 1 avocado, peeled and diced
- 1 medium-sized tomato, peeled and diced
- 1 cup shredded fresh coconut (or ½ cup packaged flaked coconut)
- Iceberg lettuce (about ½ medium-sized head)

Turn shrimp into a bowl and pour the oil and vinegar dressing over them; marinate in the refrigerator 1 to 2 hours. Set aside about 1 cup of the marinated shrimp. To remaining shrimp in the bowl, add green onions, avocado, tomato, and coconut; mix gently.

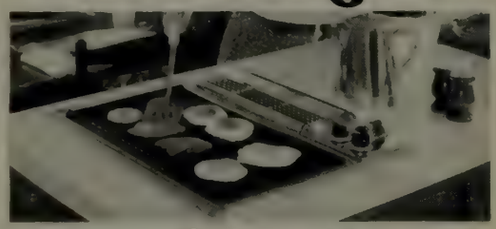
Line a shallow salad bowl or individual salad plates with some of the outer lettuce leaves. Shred enough remaining lettuce to make about 3 cups, and arrange in the bowl or plates. Heap shrimp salad on the lettuce. Scatter the reserved shrimp over top of salad. Makes about 4 servings.—*N. C., Scottsdale, Ariz.*

*Oil and Vinegar Dressing.* Combine in a bowl or jar ¼ cup *each* olive oil, salad oil, and white wine vinegar; add 2 tablespoons fresh lemon juice, ½ teaspoon garlic salt, ¼ teaspoon *each* salt and liquid hot pepper seasoning, and ⅛ teaspoon seasoned pepper. Mix until blended.

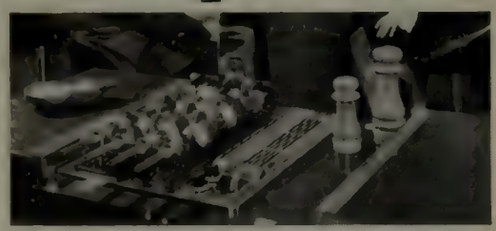

# The Grill that Came to Dinner...



## and breakfast



## and parties



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SA8

# When is rye pumpernickel?

Both pumpernickel and rye are made from the rye berry. The ryes vary according to the grind of the rye berry and the blend of dark, medium, and light rye flours, and the addition of whole wheat or white flour. When the whole rye berry, roughly cracked, is the main ingredient of the loaf, then rye is pumpernickel.

Oroweat Bavarian Pumpernickel follows the traditional European recipe. A simple bread of great elegance. The inviting aroma comes from its leavening of sour dough and a little yeast — and the whole rye berry. Its moist, firm texture is the result of slow, gentle, long-time baking in cherrywood frames.

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# If you find a super zucchini . . . what to do?

**Even huge zucchini** *are good to eat—as long as skin, flesh are tender when pierced*

**ou have** a prolific zucchini vine in your den, it is almost inevitable that about you will discover among the leaves w squash of astonishing size, such as 8-pounder at right. Stuffed and baked h the tasty Italian-style filling we sug- t here, these can make a spectacular raction at mealtime.

st test the zucchini for tenderness: If n and flesh pierce easily with the tip a sharp knife or your fingernail, they good to eat. (As zucchini mature, y become hard outside, woody and rous inside, and are no longer edible.)

***CCHINI GRANDE***

Half a 5 to 6-pound zucchini (cut lengthwise)
4 tablespoons olive oil or salad oil
Salt
1 large onion, finely chopped
1 pound ground beef chuck
½ cup canned tomato sauce
½ teaspoon whole thyme
¾ teaspoon salt
3 cups diced French bread cubes
Water
1 package (12 oz.) frozen Swiss chard
½ cup lightly packed parsley
¼ cup shredded Parmesan cheese
3 eggs
Additional shredded Parmesan cheese

oop soft, seedy center from zucchini lf; discard. Score flesh in inch squares, tting half through to outer skin. Rub sh with 2 tablespoons of the oil; sprin- le lightly with salt; set aside.

o make filling, heat remaining 2 table- oons oil in a wide frying pan; add onion nd cook until soft, stirring. Add the meat, break apart with a spoon, and cook over high heat until no longer pink. Add tomato sauce, thyme, and ¾ teaspoon salt; simmer rapidly for about 5 minutes, stirring; then remove from heat.

Meanwhile cover the bread with water, then drain. With your hands, squeeze all water possible from bread, then set aside.

Also combine chard and parsley with ½ cup water; bring to a boil, breaking up chard. Drain and cool. Squeeze out as much water as you can; chop greens fine.

Combine meat sauce, bread, chard, the ¼ cup Parmesan cheese, and eggs, and beat to blend. Mound all the mixture into the zucchini, patting firmly in place.

Place zucchini in a baking pan with about ½ inch water. Bake in a 325° oven for about 1 hour and 15 minutes or until zucchini is quite tender all through. Transfer to serving dish with wide spatulas. Cut crosswise to serve; pass Parmesan cheese to spoon over. Makes about 6 servings.—*I. D. V., Half Moon Bay, Calif.*

DARROW M. WATT

**As served:** *Well seasoned meat and vegetable filling baked in hollowed half shell*

**Scoop seeds** *and fibrous material from zucchini and discard. Score flesh of the squash in 1-inch squares, brush with olive oil, salt, then add filling*

THE

# Western Kitchen

NEWS AND IDEAS

**The kitchen island** gives you a bonus in cubic feet of storage. The big question is then: How should it be organized? Depending largely on how you use the counter surface, there are several ways to organize the space underneath. Here are three examples, two with cooktops, one with just a hardwood top. (For other ideas, see our article on kitchen islands, beginning on page 68.)

ROBERT WENKAM

### Pans dry themselves

Below her cooktop, Mrs. Charles G. Rolles, Honolulu, has drawers for utensils, and one deep drawer with an open doweled bottom so pans can be put away damp and dry themselves. The architect was Tom Wells.

RICHARD

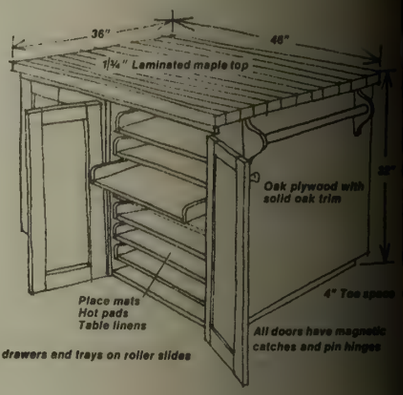
### Open shelves under cooktop

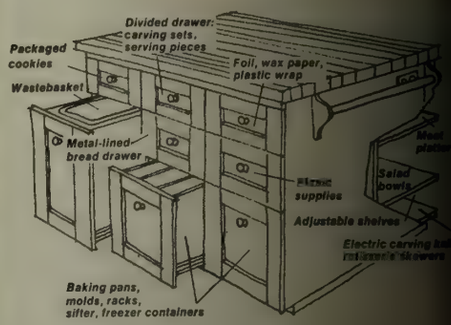
In a cooking island in Dr. and Mrs. Mark Doran's house, Beverly Hills, California, storage space under the cooktop is divided simply into two open shelves for pans, making them easy to reach. Architects were Tryon & Foy.

GLENN CHRISTIANSEN

### An island that serves two areas

A divider between kitchen and family dining, this island has sliding trays for linens and flat tableware on the dining side, drawers to hold a wastebasket, baking utensils, and bread on the kitchen side. A double outlet (opposite side) handles small appliances.




*At baking-counter height and hardwood topped, the island is in constant use for preparing food and serving. Janean designed it for Mr. and Mrs. J. Marshall Evans, Napa Valley, California.*

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# "If you don't have a good boning knife, talk your meatman into doing the deed"

**"There is no reason** why the culinary fashions of years gone by should immobilize and enslave us, nor why the gastronomists of today should be less adventurous, less eager for knowledge than their predecessors who, throughout the ages, have enriched cookery with a stream of new results."

So spoke French gastronome Paul Reboux, and the statement might well serve as a motto for the eager and adventurous *Chefs of the West*.

One man who doesn't want his predecessors to outdistance him is Dan E. Cota of Santa Monica, California. He says, "Ever since you awarded my father his *Chef's* hat, I have been casting around for a suitable entry of my own. To alleviate somewhat the existing father and son culinary rivalry, I herewith offer Competition Chicken."

The recipe requires considerable effort in the early stages, since you have to remove most of the bones from a raw chicken before going on. If you don't have a good, sharp boning knife, try to talk your meatman into doing the deed.

*COMPETITION CHICKEN*

- 2 broiler-fryer chickens, about 2½ pounds *each*
- 5 tablespoons butter
- 1 tablespoon *each* finely chopped shallots and parsley
- 1¼ teaspoons brandy
- 10 medium-sized fresh mushrooms
- ⅓ cup white Port
- 1 cup whipping cream
- 1½ teaspoons grated lemon peel
- Salt and pepper to taste

Cut chickens in half. Remove wings at first joint (the bird's elbow). Carefully bone each chicken half, keeping skin intact and removing all bones except drumstick. Set wing tips, bones, and giblets aside for another use.

Cream 3 tablespoons of the butter with shallots and parsley. Place chicken halves skin side down, sprinkle with the brandy, then spread white meat with butter mixture. Roll each and secure into a compact shape using skewers, or tie with cord.

Slice mushrooms and sauté in remaining 2 tablespoons butter. Set aside.

Preheat broiler. Arrange chicken in a greased shallow pan. Broil about 6 inches from heat, turning until browned on a sides and cooked through, about 20 to 2 minutes. Remove chicken pieces from pa Add Port to juices in pan and cook ov direct heat until reduced by half. Ad cream, lemon peel, and mushrooms. He to simmering, add salt and pepper t taste; put chicken pieces back into pa and simmer just until heated. Serve once. Makes 4 servings.

Dan E. Cota

*Santa Monica, Calif.*

Simplicity is particularly important wh you prepare a snack. Bill Beale of Pho nix understands this, and presents t Father Cobb Special. There's just enou work here to make you feel you've do

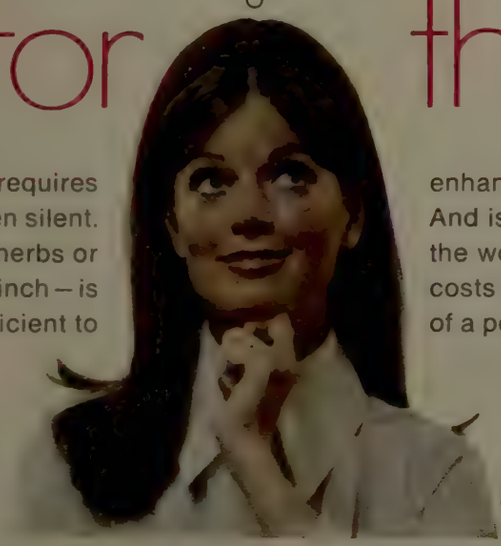
*"He uses enormous flour tortillas"*

*Chefs of the West*®

**The Art of Cooking . . . by men . . . for men**

# Food for thought:

The art of fine cooking requires that seasonings be subtle, even silent. One-fourth teaspoon of herbs or spices—often called a pinch—is usually sufficient to enhance a dish that serves four. And isn't it nice that Spice Islands®—the world's finest spices and herbs, costs but a fraction of a fraction of a penny per pinch.



Free! Fascinating Herb and Spice Primer. Write Spice Islands, 505 Beach St., San Francisco, California 94111.

# Hot dog for meat loaf!

## It can be a frankly surprising dish

Is it "just another meat loaf?" Heavens no. It's beef 'n' beef loaf, a taste surprise for the whole family. Here's the story.

**BEEF 'N' BEEF LOAF**

1 egg
1½ cups soft bread crumbs
1 (5¼-ounce) can tomato juice
1½ teaspoons salt
⅛ teaspoon pepper
¼ cup minced green onion
1 tablespoon prepared mustard
1½ pounds ground lean beef
8 all beef frankfurters
Glaze

Combine lightly beaten egg with bread crumbs, tomato juice, salt, pepper, onion and mustard. Let stand a few minutes to soften crumbs. Mix in ground beef with a fork until well blended. Heat franks in boiling water until plump. Drain and prick skins. Divide meat mixture into thirds. Pack one portion in bottom of oiled 8½x4½x2½ inch loaf pan. Press 3 franks in 2 lengthwise rows using 1½ per row. Cover with second beef mixture portion, packing between franks. Arrange remaining 5 franks in 3 rows on top. Cover with remaining beef. Turn out onto oiled shallow baking pan. Bake in moderate oven (350 degrees F.) 35 minutes. Brush top and sides with Glaze and bake 10 minutes longer. Serve hot or cold. Makes 8 servings. GLAZE: Blend 2 tablespoons prepared mustard with 2 tablespoons catsup.

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*"Not everyone likes meat with sugar"*

something, and the result quickly quells a mounting appetite.

Candidate Beale undoubtedly uses the enormous Sonoran flour tortillas that lucky residents of Arizona can find. All outlanders will have to content themselves with the smaller version usually sold in food stores.

***FATHER COBB SPECIAL***

About 4 tablespoons bottled taco sauce
12 flour tortillas
1 or 2 cans (4-oz. size) California green chiles, seeded and chopped
About 5 ounces jack cheese, shredded
Salad oil for frying

Spread about 1 teaspoon taco sauce on half of each tortilla; top each with about 1 tablespoon of chopped chiles (more or less according to your taste) and 1½ tablespoons cheese. Fold each tortilla in half. Pour salad oil in a frying pan to a depth of ¼ inch; when hot, quickly fry filled tortillas until crisp. Drain on paper towels. Serve at once, cut into thirds, as an appetizer. Kitchen scissors make the cutting easier. Makes 36 tacos.

Wm. G. Beale

*Phoenix*

Not everyone likes meat with sugar. The mixture seems to be more popular in cold countries where a little extra energy makes a winter day seem less brutal. Americans tend to be sugar lovers, eating lamb with mint jelly, turkey with candied sweet potatoes, and ham with fruit and sugar glaze. Southern Europeans, on the other hand, are affronted by this treatment of food. The French eat their lam with white beans, and Italians go so fa as to serve prosciutto with fresh fruit.

*Chef* Carl J. Spain steers a middle cour with his Sweet and Sour Raisin Sauc The spice, the acid, and the wine all hel to tone down the sweetness of raisins an sugar, and the citrus flavors make th results more fruity than sweet.

***SWEET AND SOUR RAISIN SAUCE***

1 cup seedless raisins
1 cup water
¼ cup Sherry
1 teaspoon *each* grated lemon peel and grated orange peel
⅓ cup lemon juice
1 cup orange juice
½ cup brown sugar, firmly packed
1½ teaspoons mixed pickling spices
2 tablespoons cornstarch
3 tablespoons water

Soak raisins overnight in the 1 cup water and Sherry. Pour into saucepan with cit rus peel and juices and bring to a boil Add sugar and pickling spices tied in a cheesecloth bag. Return to boiling and simmer 10 minutes. Mix cornstarch with the 3 tablespoons cold water to form a thin paste, then gradually stir into hot sauce; cook, stirring, until thickened Serve warm with baked ham. Makes about 3 cups sauce.

Carl J. Spain

*Sun City, Calif.*

*Sopa seca,* or dry soup, is the Mexican term for a dish that started with liquid but soaked it all up. The related term

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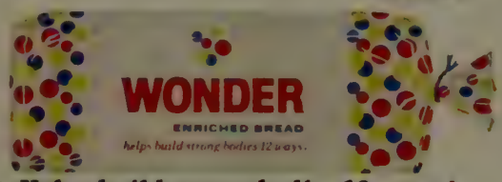


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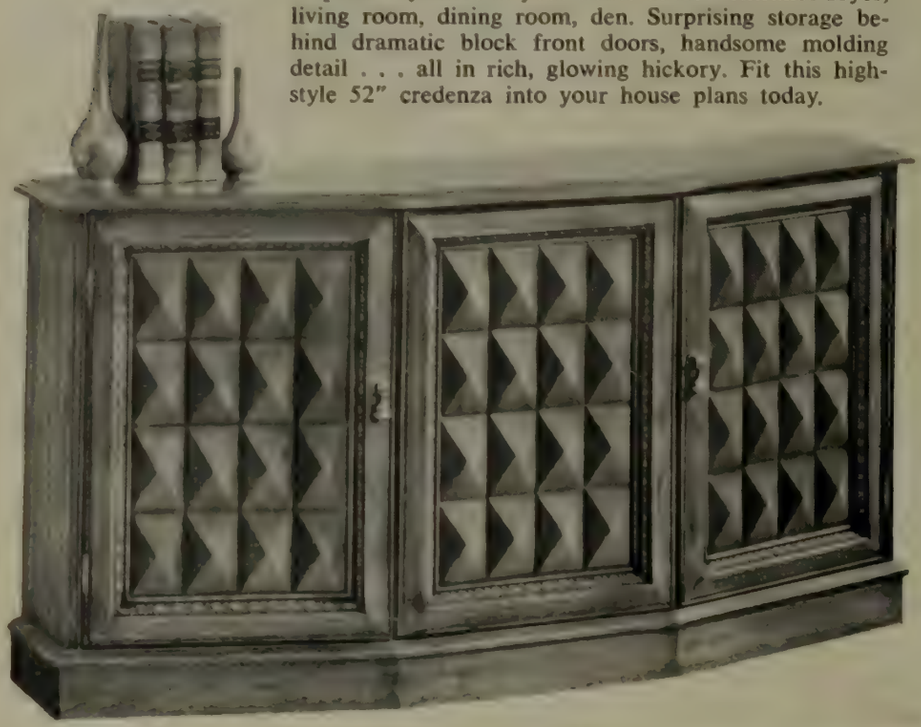

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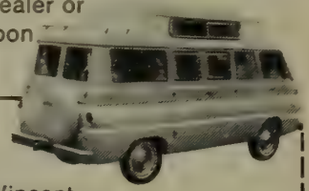

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in American cookery is *casserole*.

Noel Damon of Sunnyvale, California offers a bean sopa seca that is more liquid than usual, although you can adjust this to your own preference by adding or withholding juice from the canned tomatoes. Whether you like it dry or pourable, the dish is hearty and filling. Serve it by itself with crisp tortillas, a salad, and a cold glass of beer for a lunch, or add an enchilada or some chiles rellenos to the menu for a dinner.

***SOPA SECA DE FRIJOLES REFRITOS***

- 12 slices bacon
- 1 large onion, chopped
- 1 green pepper, seeded and diced
- 1 pound bologna, cut in cubes
- 1 can (about 12 oz.) whole tomatoes
- 1 clove garlic, minced or mashed
- ½ cup dry red wine
- ⅓ cup canned enchilada sauce
- ½ teaspoon whole oregano, crushed
- 1 teaspoon salt
- 1 large can (about 1 lb. 13 oz.) refried beans
- 2 tablespoons canned green taco sauce
- ½ pound longhorn cheese, shredded (about 2½ cups)

In a large pan cook bacon until crisp. Remove bacon from pan, crumble, and set aside. Drain the bacon drippings, keeping about 2 tablespoons in the pan. Add onion, green pepper, and bologna and sauté until onion is translucent. Drain tomatoes, reserving liquid, and add to onion mixture, together with garlic, wine, enchilada sauce, oregano, salt, beans, and taco sauce. Add enough liquid from the tomatoes to bring the mixture to the consistency you like, then cover and simmer 30 minutes. Just before serving, stir shredded cheese into the hot mixture and garnish with the crumbled bacon. Serve extra green taco sauce for those who like it hot. Makes 12 cups or 6 to 8 servings.

*Noel Damon*
*Sunnyvale, Calif.*

## *Quick dinner*

**Just four ingredients** go into this quick luncheon or supper dish.

Cook ¾ cup rice as directed on package; drain well. While rice cooks, blend 1 can (11 oz.) condensed chile beef soup with ⅓ soup can water; simmer, uncovered, until thoroughly heated. Shred ¼ pound (4 oz.) Cheddar cheese (you should have about 1½ cups); finely chop onion, or slice green onions (use part of tops), to make ½ cup.

Place a scoop of rice on each plate, spoon on hot chile sauce, and top with cheese and onion. Serve with grilled frankfurters, if you wish. Makes 4 servings.—*M. B., Los Angeles.*

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Chiffon

DARROW M. WATT

**Wine-marinated** *peach halves in chilly champagne bath make a stylish climax to any party. Serve with rich butter cookies*

# What's for dessert? It's champagne soup

**These effervescent combinations** of fruit and wine turn up in sentimental period novels as "peaches in champagne" or "strawberries in sparkling wine." But we use the term "champagne soups" for the light, refreshing concoctions, since you eat them with a spoon. You can serve them at a festive brunch or as a dessert for any party meal.

The fruit mellows first in a still wine, then you ladle up the soup at the table or in the kitchen and, before your guests, pour frothing champagne into each serving. Both the visual effect and the taste sensation are delightful.

In these recipes we call for fruity dry white wine. Your wine dealer can help you choose by specifying which brands he has of the following that best suit this description: Chenin Blanc, Gewürztraminer, Malvasia Bianca, White Pinot, Emerald Riesling, Grey Riesling, White or Johannisberg Riesling, Sylvaner, Traminer, Folle Blanche, or any of the so-called Rhine-type wines. You add just enough sugar to sweeten the fruit faintl emphatically *not* enough to overpow the subtle flavor of the wine.

We specify the sizes of bottles of cha pagne that you will need in these recip but if you would like to present a small bottle with each two or three servin use the tiny tenth (about 6 oz.) size a let guests serve themselves.

***PEACH CHAMPAGNE SOUP***

12 medium-sized ripe peaches
Scalding water
1 small bottle (2/5 qt.) or 1¾ cups fruity dry white wine
Sugar to taste, starting with 1 tablespoon
1 bottle (4/5 qt.) chilled Sec or Extra Dry, Champagne

Dip each peach in scalding water for to 10 seconds to loosen skin, then peel a cut each fruit in half, removing pit. P peaches in a deep bowl and pour in t still wine; there should be just enough cover fruit (if not, add a little more).

Add sugar (just barely sweeten; amou

s with the fruit and wine). Cover chill at least 2 hours.

serve, ladle 2 peach halves into each ing bowl, and an equal amount of the marinade; then pour in an equal unt of champagne (using it all), and at once. Makes 12 servings.

*make 6 servings*, use only 6 peaches, ar to taste, the small bottle (⅖ qt.) l wine, and a small bottle (⅖ qt.) of mpagne.

### *RAWBERRY CHAMPAGNE BOWL*

3 cups sliced strawberries
1 small bottle (⅖ qt.) or 1¾ cup fruity dry white wine
Sugar to taste, starting with 3 tablespoons
1 small bottle (⅖ qt.) chilled Extra Dry or Sec Champagne, or Pink Champagne

mbine strawberries and the still wine a bowl and stir in sugar (just barely eeten; the amount varies according to fruit and wine). Cover and chill at st 2 hours.

serve, ladle the berries and wine into to 6 individual bowls, then pour an ual portion of the champagne (using it ) into each bowl. Eat at once. Makes to 6 servings.

### *HAMPAGNE MELANGE*

mbine an equal measure of strawrries and raspberries, and purée by hirling in a blender and pouring through wire strainer to remove seeds (or just b fruit through the wire strainer). For ery 2 cups purée blend in 1 cup fruity y white wine and just enough sugar arely to sweeten, stirred in a small poonful at a time. Pour mixture into a rving bowl and chill.

o serve, garnish with sliced strawberries more raspberries and ladle the soup nto individual bowls, filling ½ to ⅔ full. Pour in chilled Sparkling Burgundy to ill. Serve at once, stirring slightly to lend the two liquids. Three cups of the oup plus a small bottle (⅖ qt.) Sparkling Burgundy make 4 to 6 servings.

**Pour** *Sparkling Burgundy into individual portions of cold strawberry-raspberry soup base, stir; then eat with a spoon*

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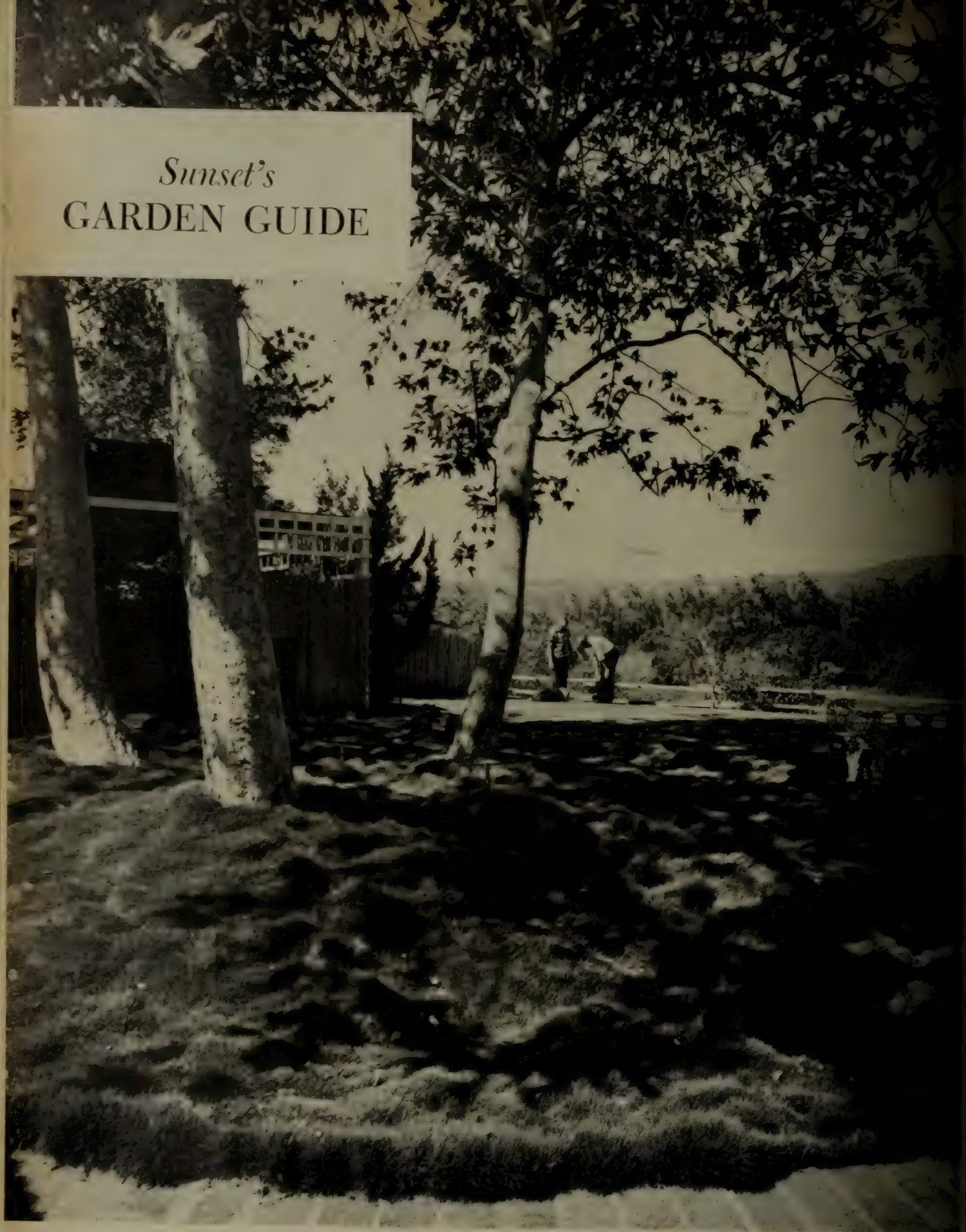

# *Sunset's* GARDEN GUIDE

## Korean grass under sycamores

GLENN CHRISTIANSEN

*California sycamores and Korean grass* (Zoysia tenuifolia) *get along well. Both need plenty of water, little other care. Here in mild Orange, California, grass stays green all year; it turns brown in colder climates. Owners: Mr. and Mrs. Richard O. Metz*

# PTEMBER IN YOUR GARDEN:

## *How to take advantage of September's weather*

**days grow short** when you reach Sep-
," say the words of a popular song.
rth, September days are not much
than August days and, in most
lifornia, they are certainly not much
Weather on the coast this month
warm and clear as you are likely to
l year. September is merely the last
of a long summer.

n the intermountain region nights
efinitely getting much crisper.

look at the implications for garden-
both areas:

### t of those mountains

ou live east of the Sierra Nevada,
ember is autumn, just as it is in most
e country eastward to the Atlantic.
s are still warm, but nights become
and frost is very likely to occur. Soil
eratures, high early in the month,
as October approaches.

ut perennials soon, so that roots can
hold before freezes come. Set out
g-blooming bulbs this month. Dig
store tender bulbs and bulblike
ts when frost blackens tops.

### and west of them

t of the mountains September is still
ner. Fall comes next month — and
n it comes you're going to be busy.
not try to get a few things done
to save time later?

t month is the best time to make or
vate lawns; to plant trees, shrubs,
other permanent landscaping plants;
to put in most spring-flowering bulbs.
s month you can make plans, prepare
for planting, purchase supplies and
ts. Then next month will be free for
hard but gratifying work of actual
nting.

helpful advice on September planting
Christmas to February flowers, see
e 176. Some annuals should go into the
nd now for winter flowers—Iceland
pies, snapdragons, and stocks. The
ect with these is to coax plants into
during whatever warm weather re-
ins this year.

ne flowers—calendula, pansy, viola—
fairly sure to bloom in winter even if
set them out later this fall. Still other
ds—nemesia and schizanthus are typ-
l examples—will bloom in winter if you
them out soon, but may freeze in all
ept the mildest winters and in the
ldest climates.

DARROW M. WATT

**Creamy white stars** of Hoya bella *shown here have tiny pinkish purple inner stars*

### Fuchsias and September heat

Nearly everyone who has grown fuchsias knows what they need—frequent, light feeding; ample water coupled with good drainage; humidity in the air; and a modicum of attention to warding off mites and whiteflies.

Let's assume your fuchsias are getting all they need, and still don't produce well —they make less growth than they should and open fewer and smaller flowers, or perhaps even no flowers at all. What's happening?

Probably it's just protracted high temperature. Fuchsias do best in cool summers; when temperatures are in the 70's, buds develop slowly to large size, then open into big, long-lasting flowers. When temperatures go above 80° for many days in succession, buds open sooner than they should and flowers are smaller and shorter-lived. Large double flowers are especially susceptible, and paler kinds suffer more than darker colors.

What can you do about it? Keep up the good care you've been giving the plants and wait for cooler weather; your fuchsias can still put on a fine late show.

### Stars within stars

*Hoya bella* is usually sold as a house plant and is safest handled as such. But we know of three plants that lived through last winter in a Los Altos, California, garden with only a porch roof over them although temperatures dipped into the upper 20's. They suffered no visible damage and are blooming again this year. These particular plants grow in a hanging basket and have an eastern exposure with full sun in the morning, shade in the afternoon.

Flowering begins in midsummer and continues until nights become chilly in October. If you take plants indoors to a sunny window, you can coax out additional flowers, but it might be risky to take plants outside again during cold weather.

The flowers come in drooping clusters at branch ends. Each individual bloom is a perfect little creamy white star with a smaller star of pinkish purple in the center. If you grow the plant in a hanging pot or basket, you can look upward into the clusters and see the star patterns clearly.

Plants have smaller leaves and flowers than common wax plant *(H. carnosa)* and are not really climbers. Stems grow upward for a few inches, then nod or droop. Give them rich soil, and feed and water generously during the spring and summer growing season.

### Tidy ground cover for shade

Western gardeners have a rich variety of evergreen ground covers to choose from; less fortunate gardeners in the East have only a few. Nevertheless, many transplanted Easterners insist on using their beloved Japanese spurge *(Pachysandra terminalis)* as a ground cover, and native sons and daughters are learning to like it.

Perhaps the picture shows why. Texture is rich, plant growth moderate, and the

JOHN ROBINSON

**Japanese spurge** *makes a handsome, neat ground cover or edging for shady places*

good looks evident here last the year around if growing conditions are right.

Japanese spurge grows to 10 inches tall in deep shade, to 6 inches in light or intermittent shade. Leaves are a dark, smooth green that turns yellowish if plants get too much sun. Plants spread slowly and are not aggressive enough to constitute a menace to other plants. Nevertheless, once established they can hold their own in competition with tree or shrub roots.

Flowers and fruits are so inconspicuous that you're not likely to notice them. As a result, Japanese spurge looks pretty much the same throughout the year, with never an off-season. Use it as a border for shrub plantings or as a ground cover under trees or large shrubs.

## All about daylilies—almost

The American Horticultural Society, in collaboration with the American Hemerocallis Society, has just published a special issue of *The American Horticultural Magazine* called the *Daylily Handbook*. This 272-page book touches on nearly every aspect of daylily (*Hemerocallis*) botany and culture.

The 19 chapters and 6 appendices are the work of distinguished botanists and horticulturists, and 32 color plates show many new and striking varieties of daylily, along with the handsome gardens in which they grow. The one thing that Western readers won't find is any extensive treatment of the daylily in the West.

The fault (if there is a fault) lies partly with the West and its climate (which is too cool at night for best performance from many daylilies); partly with the vast number of daylily varieties, confusing nurserymen and laymen alike; and partly with the system of plant distribution in the West—which has made a whole generation of gardeners dependent on neighborhood nurseries and largely unaware of specialist growers and mail-order suppliers, the natural sources for daylilies.

Daylilies do grow in the West; several growers and breeders here are doing outstanding work. And daylilies are so sturdy and so easy to grow that they seem likely to become more popular when they are better known. Perhaps if a few *Sunset* readers get a look at the luscious pinks, reds, near whites, and chartreuses pictured in this book they'll take more notice of the world of daylilies. And perhaps then the world of daylilies will take more notice of Western readers.

Order copies from Wilmer B. Flory, 1533 Meadlawn Ave., Logansport, Indiana 46497; or from Mrs. Elizabeth Eastburn, Executive Director, American Horticultural Society, 2401 Calvert St. N.W., Washington, D.C. 20008. Price (paperback) is $4.00, plus 40 cents for postage and handling.

## They're called tree pots

California gardeners seem pretty well committed to buying container-grown nursery stock. A few fruit trees and shade trees are handled as bare-root or ball-and-burlap items in winter and early spring, but the great majority of trees and shrubs start life as seeds in flats and spend their early youth in containers of one kind or another.

One problem growers face is that roots of young seedlings are likely to cramp and coil inside conventional pots. Once set in their ways, roots are reluctant to move outward and tend to encircle each other (or the base of the trunk) and to slow the growth of the plant. Cramped roots may prevent the plant's taking a firm, firm grip on the soil, so it remains subject to blowing over in storms.

One measure that some progressive nurseries are taking to lessen root coiling is the use of a deep "tree pot." It's deeper than a conventional small clay pot, plastic pot, or peat pot. Greater depth permits deeper rooting.

Tree pots are also bottomless, which permits quick and easy inspection of root systems; when roots reach the bottom

**Tall, open-bottomed tree pots** *contrast with the conventional 2½ and 3-inch clay pots*

## CHECK LIST: *These September jobs need doing*

☐ **Feeding plants.** Continue to feed tuberous begonias and fuchsias. Stop feeding chrysanthemums as color appears in the flower buds. Feed roses after pruning for a big October display (often the best blooms of the year come on cool, clear October days).

Opinion seems to be swinging toward feeding citrus late in the season; plants will certainly use fertilizer as long as soil is warm.

☐ **Grooming plants.** Disbud chrysanthemums to get big flowers. Disbud camellias to avoid crowding, misshapen blooms. Rake up and destroy (or bury) windfall fruit to prevent fly nuisance and to discourage scavenger-type fruit pests.

If you spread lawn clippings as a mulch, keep layers thin and be sure they dry thoroughly before adding more. Damp grass clippings and September heat can bring on a real plague of flies.

☐ **Lawns.** Next month is the optimum planting time. If you need to do extensive grading, soil preparation and amendment, or sterilization, start now to give yourself the advantage of the best growing weather.

☐ **Pests, diseases.** See pages 120 and 139 of the August 1968 *Sunset* for control of chewing insects and scale insects, still problems this month. Mildew and spider mites continue to plague gardens during warm weather.

When temperatures are high, you won't be using oil sprays or sulfur. Ask your nurseryman for safe hot-weather sprays. Last September many readers complained

e pot and begin to spread on the flats which pots are stored, it's time to nsplant into larger containers.

ot many nurseries sell trees in this size retail customers; plants can't be held ng, and the low retail price scarcely stifies the effort of keeping up a stock. evertheless some nurseries, especially es that supply young plants and pots bonsai enthusiasts, keep a few around r sale.

## he plant collector's est friend

ack in July we mentioned on page 140 at plastic bags were useful to the col- ctor who has an interest in rooting cut- ngs. Actually these bags are useful to ant collectors in many different ways. heir unique value lies in their ability to ansmit light and to permit gases to pass and out while retaining water vapor. hey are actually tiny greenhouses.

f you like to collect plants, you should ways have a few on hand to use when- er you visit gardens from which you ope to carry away some booty. They ill keep cuttings fresh and unwilted ntil you get home. They will also serve keep juicy or fleshy fruits or cuttings rom staining clothing or upholstery.

se them to tie around root balls of small eedlings or transplants. To transport nall potted plants without having to ater them en route, put pot, plant and ll inside a plastic bag and tie it shut.

ou can even half-fill a bag with moist, terile planting or rooting mix, sow seeds r set cuttings in it, tie the top shut, and row plants on to the transplant stage ithout further fussing. You can, for nstance, set fuchsia cuttings in fall, root hem, and keep them until spring in plas- ic bags kept in a bright place indoors.

ou can buy the bags or you can save hem. Some bakeries use polyethylene ags to wrap their loaves of bread, and many laundries send back your shirts inside bags that are just right for tying around a 6-inch pot. Be sure that the bag is polyethylene (soft) plastic and that it is clear. Crinkly cellophane bags won't work at all.

## Flower arrangers, beware

One of the first plants to take on fall color, and one of the handsomest, even in mild regions where fall color is not a prominent feature of the landscape, is poison oak. Its leaves may take on orange and red hues by midsummer in dry, warm places. They will certainly be colorful in September.

Everyone knows what poison oak does, but not everyone knows what it looks like. Some innocents, tempted by the abundance and brilliance of the foliage, cut it to use in flower arrangements, usually with painful results.

Of course, the truly innocent won't gather any wild plant on public property, or on private property without permission—and might feel those who do deserve to be punished. Still, the rash and itching caused by poison oak constitute too cruel and unusual a punishment even for the technically guilty.

If a brightly colored shrub or vine has three leaflets to the leaf, be careful; the old memory aid warns us, "Leaflets three, let it be!" Just so you'll be sure, check the drawing left, below.

**Three leaflets** *characterize the leaves of poison oak. Small fruits are whitish*

## Verticillium wilt

The organism that causes verticillium wilt is a fungus that lives in the soil and infects susceptible plants through their roots. It's remarkable that the disease is so little known, considering how widespread the organism is and how large the list of susceptible plants.

Although the disease affects tomatoes, strawberries, and a whole host of shrubs, annuals, and perennials, its most devastating attacks (to the home gardener, at least) are on shade trees. A large branch or one whole side of the tree may wilt (often under heat stress), and leaves turn to yellow, then brown. They may or may not fall. If the branch is cut, the sapwood may show an olive, brown, or black discoloration.

Additional branches may die, then the entire tree. Sometimes plants will recover, although death of branches may spoil the tree's shape for some years. Spraying won't help, and pruning out dead branches has merely a cosmetic value.

If trees are not too heavily infected they may recover. If a plant has been neglected, water it deeply but infrequently, and feed it. If it is in lush growth when the disease appears, don't feed it.

Trees we've noticed as being highly susceptible to verticillium wilt are Brazilian pepper, camphor, carob, and silver maple. If you have lost a tree to verticillium, don't replant with a tree of the same kind; use a resistant or immune species.

A list called *Plants Resistant or Susceptible to Verticillium Wilt* (publication AXT-40) is available from your county farm advisor or from Public Service, University Hall, University of California, Berkeley 94720. Your nurseryman probably has a copy to help shoppers.

---

f a pest that ate the flower buds of geraniums, pelargoniums, and princess flowers. It is the tobacco budworm, a caterpillar controllable by DDT, lindane, malathion, or (if there aren't many and you are sharp-eyed) by hand picking.

☐ **Planting.** Buy Sasanqua camellias for flowers and permanent landscape use. In intermountain areas, divide and replant perennials. Elsewhere plant in late September for possible Christmas bloom, and start readying ground for next month's planting—spade or till, add organic material, check drainage.

September is a good month to plant freesias, ixias, nerines, and sparaxis. Crocus, hyacinths, and daffodils should go in next month, tulips in November. But shop now for the best selection of bulbs, and store tulips in the refrigerator (not freezer) for later planting.

☐ **Pruning.** Trim dead wood and weak growth from roses. Then remove suckers (if any), and shorten remaining strong branches. Feed and water plants well for a big October rose show.

☐ **Vegetables.** Set out plants of cole crops. Plant onion sets. Sow seed of beets, carrots, lettuce, parsley, radishes, Swiss chard, and turnips.

☐ **Watering.** Don't slack off on watering. Even an unexpected early rain seldom penetrates deeply enough to do much more than clear the air and wash off the dust.

☐ **Weeding.** Every weed that you eliminate before it goes to seed spares you work next year. A quick trip around the garden with a spray tank loaded with weed oil is a satisfying way to taper off after a day of heavy work in the garden.

☐ **Winterizing.** Storms are not likely this early, but if they do come they can be violent. Check stakes and ties on trees and large shrubs. Tree roses and other plants trained to standard form are particularly vulnerable to wind damage.

# Sometimes you can have privacy beside your front door

**Attractive** *fence screens 500-square-foot garden. Small-leafed plants—mugho pine and sedum (foreground), bamboo (against fence)—enhance effect of spaciousness*

**Where on your lot** do you create all-y outdoor privacy and restfulness? If you one of the great majority, you go to rear of the house for such a combinati The land alongside the house is usu too narrow to be useful, and the front is reserved by American tradition for continuing bow to neighborliness. T typical American front garden is ope it consists of walks, driveways, law ground covers, flowers, shrubs, and tre But occasionally certain homeowners landscape architects have had the cour (and enjoyed the enabling ordinances) fence and use a portion of a front area secluded enjoyment of the outdoors. these pages are the front patios of th such pioneers.

**Fence** *defines 9-foot-wide entry walk. Paving in foreground adjoins drive*

## Behind that fence... private sitting room

**The enclosed** front patio pictured above and at left, next to a busy intersection, was designed by landscape architect Gil Rovianek for the Wesley Wilsons of Sunnyvale, California. Fence posts are 2 by 6's. The vertical strips are surfaced 1 by 1's spaced about ½ inch apart on both sides of the fence.

**Paved patio** *screened from stre by 30-foot-long fence design*

**rming** *15-foot-wide patio opens off a dining area and is completely screened from et. Tall plants with pointed leaves are bronze dracaena. Marc Askew, designer*

**Planting** *of pink India hawthorn,* Juniperus procumbens, *New Zealand flax at street*

## Patio screened from the street

**A small,** inviting garden such as this, next to the dining and kitchen areas, is very convenient and gets constant use. The owners, Mr. and Mrs. Robert J. Dana of Sacramento, find that this east-facing enclosed patio makes an ideal place to prepare a barbecue, or to relax at any hour of the day.

*d built by owner. Planting bed, 4 feet wide, runs full length fence. Entry walk widened by paved strip on the right*

**Clean,** *simple lines distinguish this fence. Weathered boards, 2 inches wide, smooth*

## The fence makes a wind shelter

**The sunny** patio area (420 square feet) behind this fence is protected from summer winds. The materials for the fence, built 4 years ago, cost about $70. The owners are Mr. and Mrs. Douglas Izu, of Sunnyvale.

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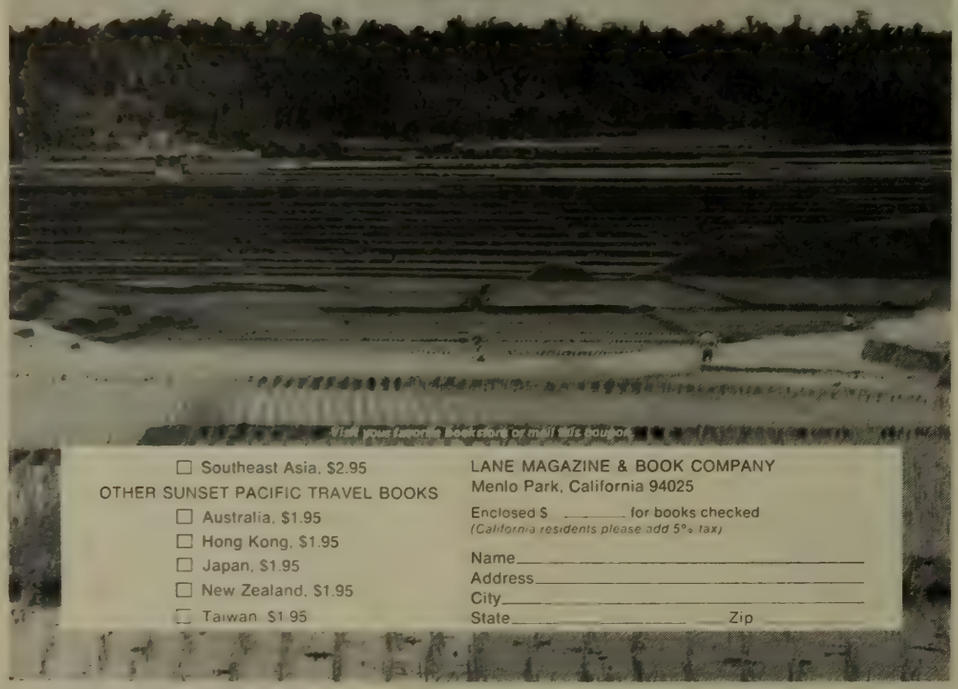

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**Black calla** *is really deepest purpl*

# *It's a calla... an it's almost black*

**Certain garden plants** defy classificat into ordinary categories. They are rea neither shrubs, shade trees, ground cove house plants, nor producers of cut flo ers. "Novelties" is the name they go (The practical-minded may stop read right here; plant lovers, read on.)

Such novelties may not be indispensab to the landscape, but they do a gre deal to satisfy the plant lover's appeti for the unusual.

The black calla *(Arum palaestinum,* al sold as *A. sanctum)* is, like the bla swan, a wonder, something that seem flout the laws of nature as most peo conceive them. Swans and callas sho be white. This calla, though not jet blac comes close. Although the outer portion the 6 to 8-inch-long, leaflike spathe is neutral greenish white, the inner porti is deep purple. The club-shaped spad is very nearly true black.

The glossy green, arrow-shaped leaves also 6 to 8 inches long and nearly as wi at the base. Leaf stalks are a foot lon

Plant the roundish tubers now for win bloom, or store until late winter or spri for later bloom. In the Northwest and intermountain areas, plant in pots grow as house plants.

Give the plants rich soil and ample wa while they are growing and bloomi After leaves turn yellow, you can plants dry out, although summer wa won't hurt those in the open ground

Uses? Principally, one plants black ca so that he can say to his friends, "Loo I have a black calla." Collectors wi understand.

# If you think rising tuition costs are paying for college education

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Yet every time we make this sofa, it's never quite the same. With a word from you, we'll make it 51 to 120 inches long or any length in between. We can fill the cushions five ways from foam to down, whatever you think is most comfortable. We'll cover it all with your favorite of our 750 fabrics (we can even quilt it for you, too). We'll add a contrasting welt, a border, a fringe or some other touch that you like.

Some of our extras cost no extra money. Others will add just a fraction to the price. Simply because we feel that nothing should keep a sofa this basically fine from becoming the exact sofa you're after.

The higher price on this sofa, or any other piece of furniture we make, buys something that only more money can buy. Whether it's the way we'll build this sofa to support the look you select. Or the way we'll take the extra steps to bring a wood to a finish that no shortcut method can match.

When you see work like th you'll find the Heritage na Hiding under the cushions this multi-length sofa. Bur inside the drawers of a He armoire. If you'd like to see how Heritage could fit into your home, send two dolla a catalog collection and ro planning kit to Dept. S-9- Heritage Furniture Compa High Point, North Carolin

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# Every day a sunny fresh display

**rose** is a carpeting plant of many uses. d it gives a wondrously colorful and g-lasting flower display in full sun.

e little evergreen shrublets grow to 6 8 inches high, but may spread to as ch as 3 feet wide. Their branches trail efully, and this makes them excellent nts for containers or raised beds; the age drapes over the sides, softening edges of the planters.

e flowers look like small single or dou- roses, generally about an inch wide. h flower only lasts a day, but in each ster there are many buds that open take the place of the fallen flowers. It's t to buy plants in bloom to select the wer color you want and also select the age color—deep green or gray-green— t fits best into your garden color eme.

e sunrose *(Helianthemum)* you buy y be a species, a variety, or even a hy- d. Western nurserymen, however, usu- y list them according to color—white, vibrant shades of flame, red, apricot, nge, yellow, pink, peach, or salmon. nts bloom from April through June in mild-winter areas; they flower in summer in cold-winter areas.

After blooms have faded, shear plants back about a third and you'll get a second crop of blooms in fall. You can still shear them this month if you didn't do it earlier.

There are other ways to use sunroses effectively. Set one or two plants in a pocket in a rock wall. Let several grow so that they tumble over the rocks in a rock garden. They are colorful ramblers on a gentle slope. Try them as a pattern display of two or three compatible colors in insets on a sunny patio or terrace. If you plant them as ground covers, set out plants 2½ feet apart.

As the common name implies, they need lots of sun to grow and flower best. Also remember that they are quite drought resistant; overwatering and poorly drained soil will kill them. But sunroses are hardy plants that thrive along the sea coast as well as inland. In Southern California they are recommended as fire-retardant plants and are good candidates for erosion control on slopes. In cold-winter areas mulch plants lightly.

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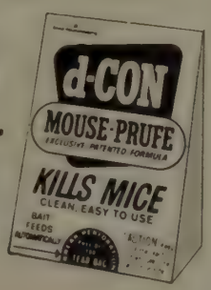

**Shade comes from clump** *of Japanese pagoda trees* (Sophora japonica). *Around pool in background grow three kinds of pines —Japanese black, mugho, ponderosa. Base of tree has gro cover of* Arabis sturii, *display pads for flowers or for bon*

# It's a gathering place for plants . . . and a gathering place for people

**Japanese garden juniper** (Juniperus procumbens) *grows in driftwood log.* Podocarpus macrophyllus *is in background*

**Piñon pine** (Pinus edulis) *in wooden collar that simulates container. Dove tree grows behind screen*

**Japanese bronze crane,** *ground cover of baby's tears, mondo grass.* Nandina domestica *'Nana', top left, is 1 foot tall*

**Mugho pine,** *dwarf whitestripe bamboo frame boulder. Tiny plant in center is* Scirpus cernuus

**is garden** serves two purposes. It is, first d always, a place where the owners can ow and enjoy a remarkably wide variy of plants, some rare, others common displayed with special attention to ping or staging. It is also a cool, pleas- place for entertaining and relaxing. nd it performs both its functions admirably on a lot 70 feet wide.

To accommodate a large and varied collection of plants, the owner-designers, Mr. and Mrs. S. A. Sanfilippo of Palo Alto, California, use many container plants and do much shaping and pruning. They also discard any plant that threatens to elbow out some choicer neighbor.

One unifying factor is the use of neutral gray paving blocks throughout the garden. Another is the pervasive Oriental feeling, which results from emphasizing forms and textures of stone and leaf rather than flower color. Bright flowers are welcome for decoration, but the garden is essentially a green one.

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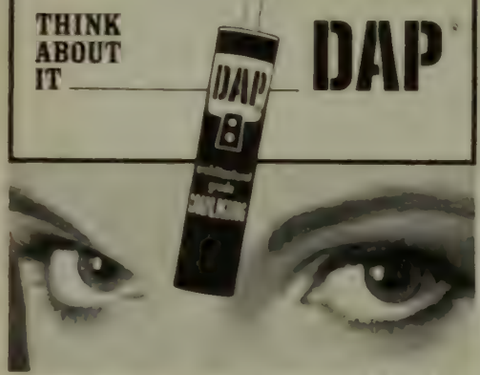


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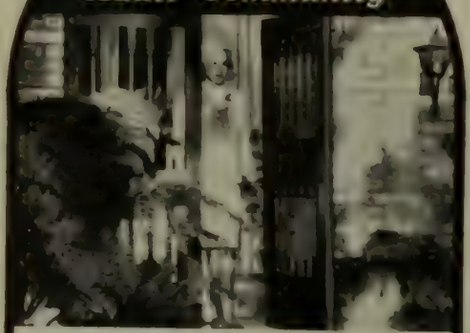

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# A SAD STORY: Man against rabbit in the Western United States

**Rabbits and gardeners** never get along, but that fact seriously concerns only a minority of Westerners. Wild rabbits live where most people don't. They eat garden plants on the fringes of suburbs, in the foothills, in summer cabin country—wherever the residential neighborhood fades into orchard, vineyard, chaparral, woods, or desert.

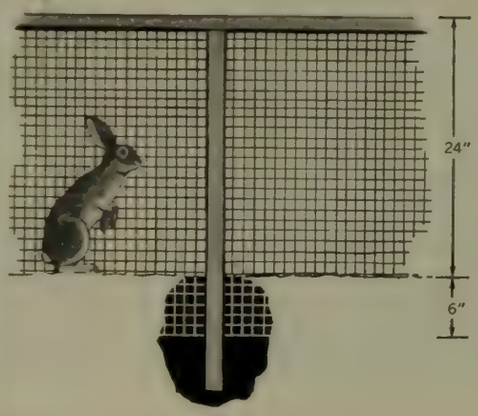
When we asked readers to report on their luck—or lack of it—in controlling rabbits, we received letters from places ranging from Depoe Bay, Oregon, to Morongo Valley, California.

Our helpful readers reminded us that wherever and whenever rabbits are pests, they are *really* pests. A dozen jack rabbits eat as much as a full-grown female sheep.

Rabbits seem to eat anything within reach. They prefer exactly what you'd expect—vegetables, juicy young shoots, any succulent growth—but they also nibble grass, summer flowers, all sorts of shrubs, the bark and tender shoots of shade and fruit trees. During the winter in snowy country, they often gnaw on tree bark exposed above the snow line.

Basically they are of two sorts: the larger hares *(Lepus)* and the smaller cottontails and brush rabbits *(Sylvilagus)*.

Most common of the larger kind is the black-tailed hare, the familiar, prolific (a dozen young per year), long-eared jack rabbit that can outrun or dodge most of its enemies. Black-tailed hares live in open country throughout the West.




**Rabbit-proof** *fence. Rabbits won't hop over or dig under, can't squeeze through*

*Sunset* readers complained more about cottontails and brush rabbits. These are shorter eared, shorter tailed, slower (but more furtive), and about a third smal than black-tailed hares. They live in ne and burrows found mainly in thickets a pastures near streams or on brushy slop Some also live in weed patches, wood pil and brush piles. Cleaning up these pot tial rabbit homes is the first step in r bit control.

### *FENCES—THE SUREST CONTROL OF A*

The only consistent way to keep rabb from eating your plants is to build a fe that excludes them from the garden.

Several readers reported that 1½-fo fences worked. However, your garden w have much better security surrounded at least a 2-foot fence—jack rabbits m jump 2 feet when pursued.

The fence should go at least 6 inch underground; rabbits may burrow una that, but by checking periodically you c usually notice the holes before they go the way under the fence. Poultry wire any other fence material should ha mesh no wider than 1½ inches. Fe gates should fit tight and should also ha 6-inch-deep underground barriers.

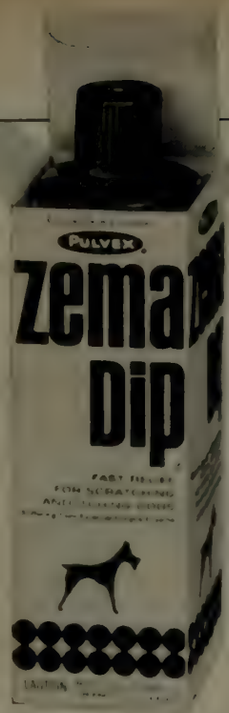
If you don't want to or can't fence in entire garden, you can individually p tect prized plants. Build cylinders of 18 24-inch-wide poultry wire. Brace the c inders with stakes so that the rabbits ca push against the wire and get wit gnawing range of the plant. In the case trees and shrubs, cylinders won't have stay forever, since the plants in time grow too tall and strong for rabbits to much damage to them.

### *TRAPS*

Only one reader said he trapped rabb successfully, and his method was sligh unorthodox. He used a butterfly net. ( proof he enclosed a photograph of a n ted rabbit.)

The best thing about trapping rabbit that you can release them unharmed a eral miles away and feel pretty sure they won't return to bother you aga But traps aren't easy to make, and e the most efficient trap catches only rabbit at a time.

You can obtain a list of manufacturers rabbit traps and instructions for build traps by writing to the Department of terior, Bureau of Sport Fisheries a Wildlife, Division of Wildlife Servic U. S. Post Office and Courthouse, Bost Mass. 02109.

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*REPELLENTS*

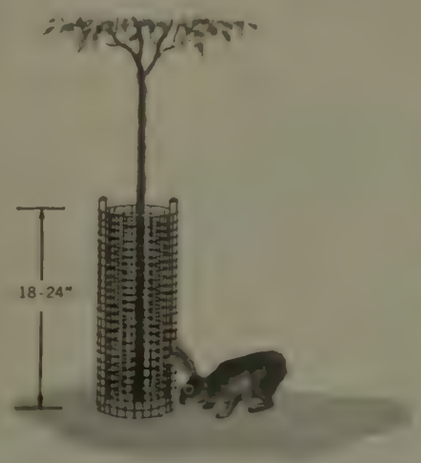
Reader opinions were almost equally divided on the matter of repellents.

"One dosage will usually protect until the heathers have finished blooming, and after that the rabbits are no longer interested."

Another reader counters with this comment: "Costly and no value." And so it goes, back and forth.

Some readers shared with us the secrets of successful home-brewed repellents: "rubbing lard around the trunks"; "dried blood sprinkled around the roots"; "plain old lawn lime."

Most commercial repellent sprays and paints coat the plants with a foul-tasting substance. Some of the substances are




**Wire** *cylinder, braced with stakes, keeps rabbits from gnawing bark of young tree*

foul-looking, though, and thus defeat one purpose of a garden.

Remember that most taste repellents can't be applied to vegetables and other edible plants. Also, only the sprayed parts are protected, so new growth must be sprayed regularly.

*DIVERSIONARY TACTICS*

Several readers found that they could protect their favorite plants from the rabbits by planting certain things that the rabbits liked more—such as a "row of Iceland spinach outside the garden fence."

A reader in Upland, California, discovered that "the rabbits' distinct preference for blue fescue has caused them to ignore the more valuable and interesting plants."

*EXTREME MEASURES*

In some Western states it's legal for a property owner to shoot or poison rabbits doing extensive damage on his land. Poisoning is always dangerous: Any poison that will attract and kill rabbits may also kill pets and beneficial wild animals. Regulations vary; before doing anything drastic, consult the department of fish and game in your state.

Wear rubber gloves and be careful whenever you handle dead rabbits. Rabbits can spread tularemia (rabbit fever), a plague-like disease.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# Malcolm MacNaughto

*The lagoon is beside Mr. and Mrs. MacNaughton's home at Kuliouou, Oahu*

# nd Sunset invite your tention to the romise of Hawaii

alcolm MacNaughton is an adopted son of Hawaii, t there has been a remarkable affinity between e two ever since he went there in 1945 with Castle Cooke, Inc. This is Hawaii's largest company, d Malcolm MacNaughton is president.

stle & Cooke is "old Hawaii," started in 1851. oday it is a world company: sugar, pineapples d Macadamia Nuts in Hawaii; bananas in ntral America; bananas, pineapples and glass nufacturing in the Philippines; seafood processing Hawaii, Alaska, Pacific Northwest and Atlantic aboard; real estate operations in the Islands d California; merchandising on the Pacific ast mainland.

ith all this global thrust, Castle & Cooke people main heart-and-soul Islanders. They believe Hawaii's future. Malcolm MacNaughton, a realistic thusiast, foresees an economic growth dwarfing e state's amazing past.

Hawaii is on the threshold," he says. "Our annual urist flow, already far larger than the resident opulation, is growing constantly. Honolulu Airport one of the world's busiest, and forecasters say at eventually 18,000,000 people a year will e passing through it. Hawaii is the junction point the Pacific.

We have everything going for us: a young opulation (the median age is 24.3), a superb climate verage temperature is 75 degrees), and hospitable eople. Honolulu is the country's 43rd city in opulation, but probably ranks 4th or 5th in building onstruction. We're attracting outside capital, nd light industries are beginning to think about e advantages of locating in Hawaii. It's ecidedly a growth market.

Sunset Magazine and Books," says Mr. Mac-Naughton, "have been great friends to Hawaii. hey understand our interests, and have done more or tourism than we can measure. I'd say Sunset as given far more to the Islands than they ave ever returned to Sunset."

**Western America Is Many Growth Markets**

The Sunset-Hawaii link-up goes way back. Ever since 1898, the year the Islands of Hawaii were annexed to the United States, Sunset has been extolling their attractions to its readers. Today, close to 50% of Hawaii's mainland visitors (and an even greater percentage of repeat visitors) come from the states served by Sunset. The West will be increasingly important to Hawaii because of its proximity, population growth, and many sea and air gateways.

In 1952, Hawaii became the 8th state served by Sunset on a regular subscription basis, with the opening of editorial and sales offices in Honolulu. (This year Alaska became Sunset's 9th state.) The Sunset in which Islanders find their special-interest articles is one of *four* separate editorial editions, a concept pioneered by Sunset in 1932.

Mr. and Mrs. MacNaughton, for instance, have a multiple interest in Sunset: at their sea-level home on Oahu, typically Hawaiian, and at their second home on Maui, at 4200-foot elevation. Here the climate is cool, and, as Mr. MacNaughton says, "we learn from Sunset how to grow some of the same flowers people do on the mainland."

It points up the fact that people everywhere West of the Great Divide lead many different kinds of lives. Part of Sunset's mystique is that it answers their special needs, with editorial service specifically tailored to their unique environments. Sunset is edited for Westerners, and no one else.

Sunset agrees with Mr. MacNaughton: Hawaii is an exciting market. So are the eight other Western states served by Sunset. If you have a message about your company, product or service, Sunset will take it into the homes of 2½ million influential, high income readers in America's fastest-growing market. Your message will get read and you'll see action.

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## *Fall's heat makes Christmas flowers*

**Nature** gives California and Arizona gardeners many special privileges that are not enjoyed by gardeners in the rest of the country. And sometimes we don't appreciate or take advantage of these privileges enough. A too-often-unused opportunity is that of planting annuals in September to make beds of flowers in winter—perhaps by Christmas, surely by January or February.

The words "flowers by Christmas" may not sound all that inviting right now. But if you could wrench yourself ahead in time to midwinter and see the gray drabness that will surround you then, you'd find the motivation to go out of your way now to have bloom in your garden then.

To stand a chance of winning at this game of planting for Christmas flowers, above all else you must not procrastinate. With most plants, October or early November planting will be splendid—if you want flowers in early spring. But for early winter flowers, the September timing is crucial. Specifically, the planting time is September 15 to 30.

This year, a weekend comes on September 14 and 15. Weekend gardeners should make ready to plant on those days or on the following weekend.

Warm soil and warm air makes plants grow. When you plant the would-be Christmas-flowering annuals in late September, you put them in a warm environment and they put on a great spurt while the growing is good. They grow fast enough to form flower buds by early winter (that's the theory, anyhow). The same plants planted in October, on the other hand, may get a few weeks of benefit from what's left of 1968's warmth but usually not enough to get them to the flower bud-forming stage before the warmth is all gone.

The reason you shouldn't plant earlier than mid-September is that plants aren't available then and weather would be too hot if they were.

It's essential that these plants not be set back by heat, dryness, or anything else. Some of the hottest, dryest, windiest days of the year are probably going to come to your garden between September 15 and November 15. Such weather is, of course, very tough on little plants. You should anticipate it from planting day on.

The special regimen to produce Christmas bloom goes like this:

**Several days before planting.** Thoroughly cultivate the soil. If it is especially clayey

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HERCULES

ndy, blend a 3-inch layer of peat or nitrogen-treated ground bark or ist into the top 6 inches of soil.

**r two before planting.** Water the cul- d soil so it will be moist at planting On a sandy soil, one day's lead time low soil to dry enough to be han- at planting time. On a clayey soil, r three days will be necessary.

**ing day.** Best time to plant is late in ay, unless it's notably cool. Soil d plant roots should be moist at ng time. If necessary, water the 6 or 8 hours before planting. If plant from flats, try gently tearing root clump apart from the surround- lants' root clumps. This causes less loss and transplant shock than does g out with a knife or trowel.

lants slightly deeper in the planting than they were in the flats, cans, ts.

ediately after firming soil around , water the plant in with a solution uid fertilizer.

up shingles or other shade-makers to e the plants—to give them afternoon e, at least.

**r planting.** During unusually hot or ly spells, water daily. During ordi- pleasant fall weather, water often gh to keep plants vigorous. Remove le-makers from plants a week after ting and put them back up again only he event of extremely hot weather or over). Feed plants again a month r planting and again a month after t. Spraying or dusting for insects and ases won't be the task that it is for ng-planted annuals. But weeding will nore of a task because rains will bring weeds. Bait often for slugs and snails.

**at to plant.** You will find a fair selec- of plants available for this purpose. ctly which plants qualify varies by a and by nurseryman's opinion. Fol- ing are plants that certain major bed- g plant growers in the San Francisco Area, Los Angeles, and Phoenix will e placed at local retail nurseries in late tember and that the growers believe nd a chance of blooming by Christmas heir areas:

| | S. F. Bay Area | L. A. | Phoenix |
|---|---|---|---|
| ratum | | ★ | |
| endulas | ★ | ★ | ★ |
| nations | | ★ | ★ |
| erarias | ★ | ★ | |
| clamen (in 4-inch pots) | ★ | ★ | |
| glish primroses | ★ | | |
| zanias, hybrid mixed | | ★ | ★ |
| land poppies | ★ | ★ | |
| rigolds | | ★ | |
| mesia | ★ | | |
| nsies | ★ | ★ | ★ |
| ox, dwarf | | ★ | ★ |
| *mula malacoides* | ★ | | |
| *bconica* | ★ | | |
| apdragons | ★ | ★ | ★ |
| ck | ★ | ★ | ★ |
| eet alyssum | ★ | ★ | ★ |
| eet peas | ★ | ★ | |
| *bena peruviana* | | | ★ |
| nca rosea" | | ★ | |
| las | ★ | ★ | ★ |


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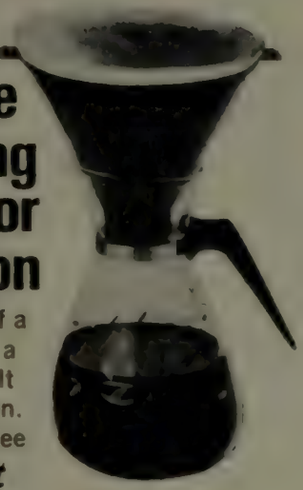

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Marina Heating & Air Conditioning
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Phone 483-4547

**San Rafael**
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Phone 454-7799

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# *Garden events in September*

**Oakland.** September 1 and 2. Annual fuchsia show. Place: Fuchsia Forest, 9234 E St. Hours: 10 A.M. to 6 P.M. Free. Over 500 kinds, including 1968 introductions.

**Sacramento.** September 5. Flower show by the California Garden Clubs. Place: Floral Pavilion at the California Exposition. Take Exposition Boulevard exit from Interstate Highway 80 (Elvas Freeway). Hours: 10 A.M. to 10 P.M. Admission: $1.50 for adults; 50 cents for children 6 to 12; under 6, free.

**Reno.** September 7. Flower and rose show sponsored by the Desert Peach Garden Club and the Reno Rose Society under the auspices of the Reno-Sparks Executive Board of Garden Clubs. Place: Centennial Coliseum, South Virginia St. and Kietzke Lane. Hours: 1 to 8 P.M. Free.

**Santa Barbara.** September 7 and 8. Begonia show sponsored by the Santa Barbara branch of the American Begonia Society. Place: Flower Hall, Santa Barbara Museum of Natural History, 2559 Puesta del Sol. Hours: 9 A.M. to 5 P.M. Saturday; 10 A.M. to 5 P.M. Sunday. Free.

**Sebastopol.** September 8. Biennial festival by the American Fuchsia Society. Place: Veterans Memorial Auditorium, High St. Hours: 11 A.M. to 5 P.M. Free.

**Capitola.** September 9 through 15. Begonia festival. Tours of tuberous begonia growing grounds, including two of the largest in the country. Begonia-covered float parade at Capitola Lagoon on Soquel Creek September 14 at 2 P.M. Other events of the festival include a fish derby, and a carnival. For information, write to the National Begonia Festival Association, Box 501, Capitola 95010.

**Berkeley.** September 14 and 15. Annual fuchsia show. Place: Berkeley Horticultural Nursery, 1310 McGee Ave. Hours: 9 A.M. to 5:30 P.M. Free. Fuchsia hybridizers will show their latest introductions, and visitors can vote for their favorites.

**San Francisco.** September 15. Fuchsia show sponsored by the San Francisco branch of the American Fuchsia Society. Place: Hall of Flowers, Ninth Avenue and Lincoln Way, Golden Gate Park. Hours: noon to 5 P.M. Admission: 50 cents; free for children under 12.

**Salinas.** September 18. Garden tour sponsored by the Country Gardeners. Place: tour begins at Temple Oaks, 81 Paseo Hermoso. Hours: 10 A.M. to 4:30 P.M. Admission: $2.00, includes sack lunch.

# AIR POLLUTION...

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The Honeywell Electronic Air Cleaner removes up to 95% of the airborne particles passing through it.

Nature pollutes the air with over 30 million tons of dust and pollen every year. Modern man adds countless tons of airborne wastes —smoke, fly ash, soot, assorted fumes, oxides, acids and gases.

**It's not somewhere else, it's in your home.**

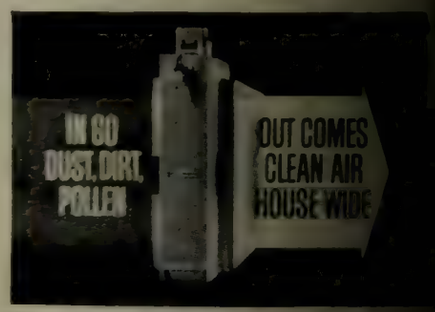
As you sit at home and read this, you may think that air pollution is "out there" somewhere. A dull, gray haze you can see from a distance. But it's right inside your home. Even if you live in the suburbs. Even if you have air conditioning. Even though you can only *see* a small part of it in the form of soot or dust on tabletops and windowsills.

**The fact is, you breathe about 16,000 quarts of polluted air every day unless you have an Electronic Air Cleaner in your home.**

The Honeywell whole-house air cleaner fits into the ductwork of any forced air furnace or air conditioning system. It catches 99% of the pollen, and up to 95% of all the particles passing through it . . . including irritating particles so small that about 7000 of them would fit on this dot (·). It's about 19 times more efficient than most ordinary furnace or air conditioning filters.

Maybe you can't eliminate air pollution in your area now. Only time and enlightened clean air programs will do that. But you can start to fight air pollution in your *home* with a Honeywell Electronic Air Cleaner.

Why don't you write or call one of the dealers listed below and ask for literature or a demonstration. Do it now. Then you can breathe easier.

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DARROW M. WATT

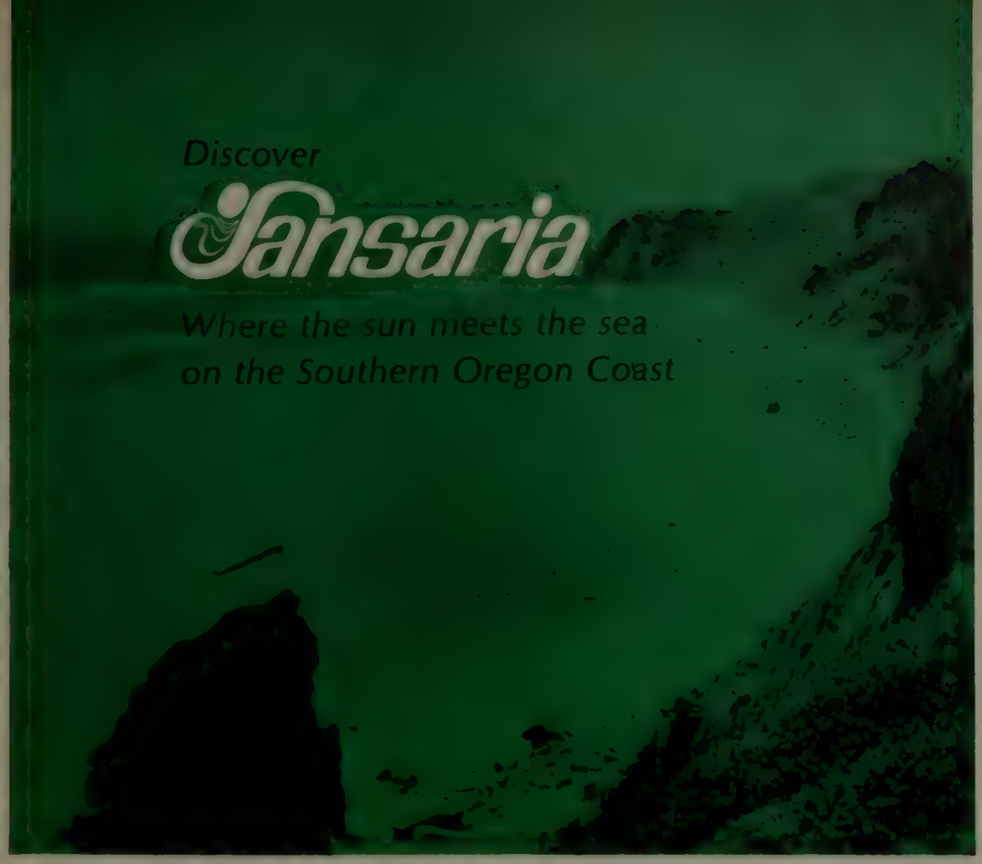
g **bare feet** *answer question: aren't t shells too sharp for a play area?*

# Valnut shells as a ground cover

re **walnuts** are grown commercially. essors often sell crushed walnut shells ll. You see here a play area that Mr. Mrs. Elmer E. Dandridge of Pacheco, fornia, covered with this material. was $4 a yard, delivered.

shells can't blow around and don't k out much (those shown here had in place 21 months when photo- hed). They are resilient enough to ion falls. They hold shapes for dump- k or digging play, and dry quickly r a rain. They seem to prevent almost weed growth, eliminating need for ment of soil beneath. Their tan to brown color is unobtrusive.

**ay area** *with walnut shells as the surfac- g. Above-grade curbing contains them*


*It is a good thing Columbus landed where he did, because had he discovered Sansaria, the whole United States might have been developed backwards.*

Columbus missed Sansaria. Captain Cook and all those others did too, and Sansaria is still waiting to be discovered by you.

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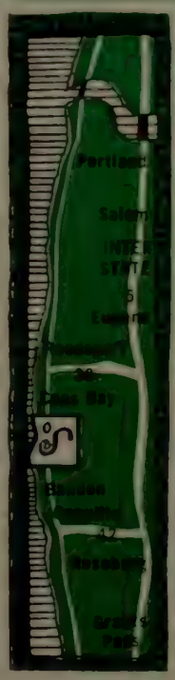
There is so much to discover at Sansaria we know you will want to act now.




**How to get to Sansaria...**

**Interstate 5, south . . .** Come thru Eugene and Cottage Grove and turn west on to State Hiway 38 to Reedsport. Turn south on 101 and come thru Coos Bay to Sansaria.

**Interstate 5, north . . .** Come thru Myrtle Creek and turn left on to 99 to Winston. There follow State Hiway 42 thru Coquille toward Coos Bay, go 8 miles to the "Bandon Hiway 101" turn off, turn left and come south 8 miles to Charleston Junction and Sansaria.

**Hiway 101, south . . .** Follow 101 to Charleston Junction 15½ miles south of Coos Bay.

**Hiway 101, north . . .** From Bandon come north 7½ miles to Charleston Junction, turn left to Sansaria.

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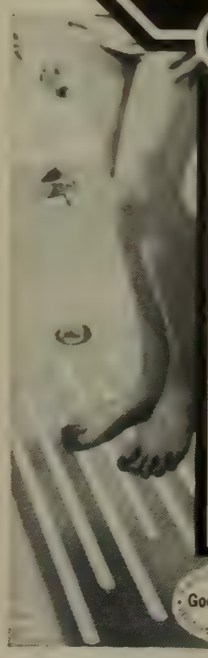

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# Dog Nearly Itches to Death

*"I thought we would have to put Daisy to sleep . . . but I could never do this. I suffered as she suffered almost two years with large running, itching sores. I had almost given up trying things when I came across Sulfodene. Now her back is all healed, and her beautiful hair is coming in thick. The Lord should bless you for such a fine product,"* says Mrs. John Burmester, New Jersey.

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# *Leaf-cutting bee*

**Have you** ever found mysterious, cut holes—circular or oval—in the p of your roses and the new leaves of and other plants?

If so, there's a good chance they are work of leaf-cutting bees. These are mon insects in the West, but since th very small and not numerous, you'll dom notice them.

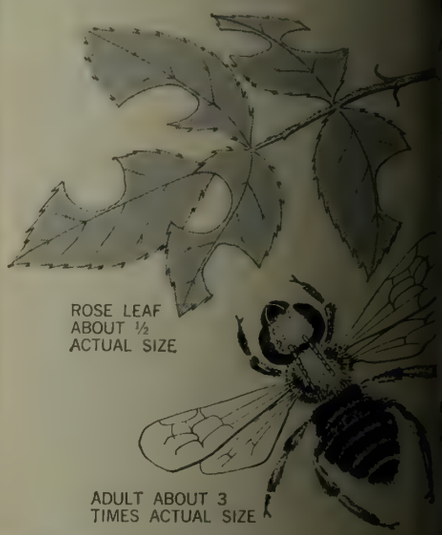
Smaller than honey bees, leaf-cutters be brown, black, blue, green, or pu but you can't miss their character sway-backed posture. The male is slig smaller than the female.

They are named for their habit of cut small, round holes in flower petals leaves with their scissor-sharp mo parts. They carry away the small pi to use as partitions in constructing partments in their nests (usually in a low plant stem or a hole in a log o trunk, sometimes in the ground).

Leaf-cutting bees collect nectar and len. They don't accumulate enough make robbing their nests profitable, their pollination of plants is consid very important. Their good work than outweighs the minor damage do; they seldom seriously harm a pla

On the wing, leaf-cutting bees are to distinguish from the closely rel mason bees. Mason bees also collect tar and pollen, and build similar n but they use mud for construction ins of bits of leaves and flower petals.

Both leaf-cutters and mason bees are uable to agriculture for their pollina of plants.




**The holes** *made by leaf-cutting bees lo like those in drawing above. The leaf-c ting bee itself is only about ⅓ inch lo*

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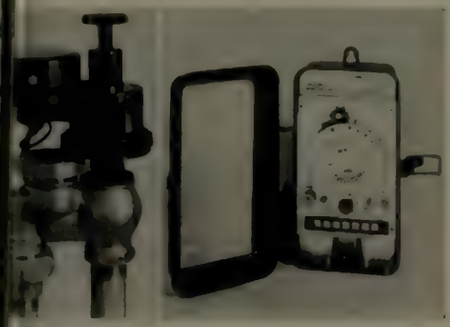

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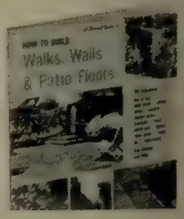


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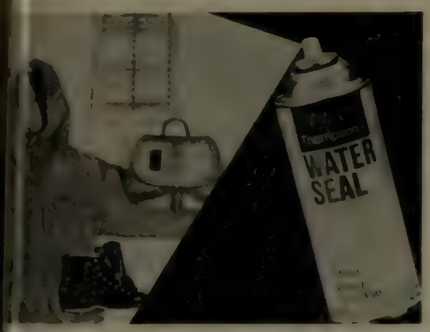


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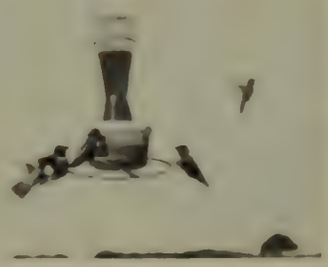

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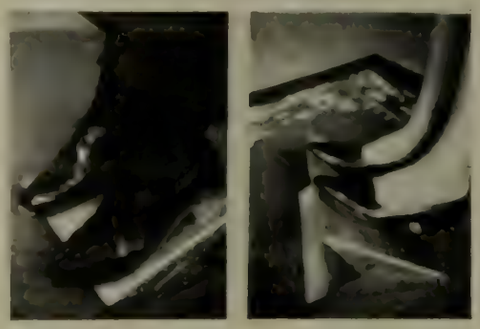

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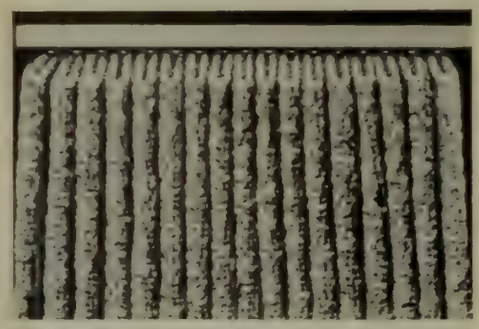

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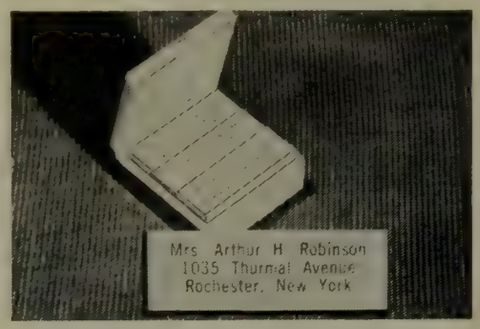


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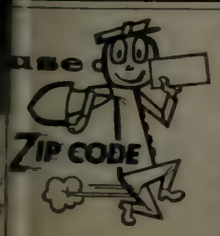


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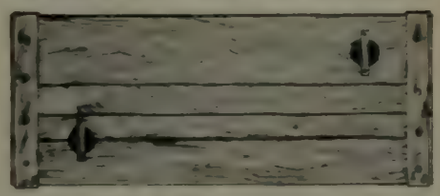

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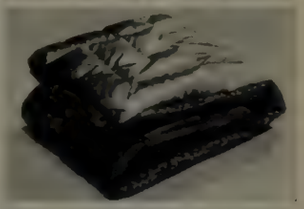

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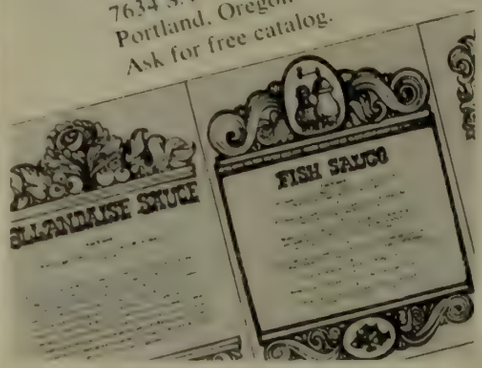


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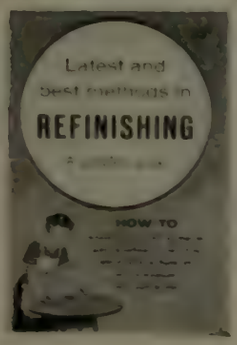


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DON NORMARK

**Similar to** *but not a true grape hyacinth,* Hyacinthus azureus *may produce its blue blooms as early as February on 4 to 8-inch stems. Also white-flowered variety 'Album'*

# Plant grape hyacinths now

**Botanically speaking,** most grape hyacinths are species of *Muscari* but one true hyacinth (see photograph above) so resembles grape hyacinth in size and form that it is often sold by that name.

Plant these bulbs this month and you can look forward to masses of color in the garden in late winter and early spring. Their dainty, blue or white flowers look wonderful in clumps or colonies under spring-flowering shrubs and trees. They also make charming plants for a rock garden or in front of boulders set along a path; or you can grow these miniature bulbs in a window box and enjoy the flowers from indoors.

These plants usually increase rapidly and are very long-lived, so give them room to spread and grow where they can be left undisturbed for several years.

Grape hyacinths thrive anywhere in the West. (In fact, the narrow, grasslike leaves, which appear in autumn, survive the coldest winters.) Plant the bulbs about 2 inches deep in any good, well drained garden soil. They thrive in full sun or light shade; the latter is best in hot valleys.

For those who don't know these easy-to-grow bulbs, here are some of the popular kinds. Most large garden stores and nurseries carry one or more. Or you can order from bulb specialists (but be sure to do this soon; these bulbs should be in the ground by mid-October).

*Muscari armeniacum* (like its varieties 'Blue Spike' and 'Early Giant') bears brilliant blue flowers in tight clusters on 4 to 8-inch-long stems in March. The variety 'Cantab' has light blue flowers in April.

*M. botryoides* has deep blue blooms on 6 to 12-inch-long stems. There's also the white-flowered variety 'Album'.

*M. latifolium* has flower spikes that bear light blue blooms above, dark blue on the lower part. They blossom in April on 10 to 12-inch-long stems.

*M. tubergenianum* is less widely available but worth trying to find. Like the one above, it gives a two-toned effect with clear blue blooms at the top of the spike, deeper blue flowers at the bottom. It blossoms in April, on stems to 8 inches high. Unlike some grape hyacinths, this one does not produce a heavy mat of foliage that many gardeners consider untidy looking, especially when it begins to fade.

*Hyacinthus azureus* (often sold as *Muscari azureum*) displays bright blue nodding blooms like the ones pictured above.

# Our editorial purpose is to help readers get going

**Every article** in *Sunset* is written to guide readers toward doing something. For instance:

In a recent *Sunset* issue, we ran a single-column article entitled *Poking around on the "public lands."*

This short article pointed out that the U. S. Bureau of Land Management has under its jurisdiction a great many pieces of undeveloped land open to the public for camping, fishing, hunting, rockhounding, and other forms of outdoor recreation. The article said BLM publishes a free bulletin that includes a directory of all its recreational developments. It concluded with the addresses of eight BLM state offices throughout the West.

The telephone as well as mail response began the day after the magazine was out. Within two weeks it was in full swing: about 100 letters per day in the Sacramento office of the Bureau of Land Management, about 60 per day in Phoenix, and proportionate numbers in the other six offices scattered around the West.

Such incidents are no surprise to us who work at *Sunset;* inside our organization we hear about them frequently as "action stories." We don't pass such results on to readers very much; for one thing, the theme might get monotonous. Another and better reason is that any article that helps a reader take some worthwhile action is to him an "action story."

There are at least three reasons why such action stories are more likely to happen in *Sunset* than in most other publications:

(1) *Sunset* covers only those aspects of living in the West in which it can be directly and specifically helpful (see the main headings in our index on page 1).

(2) We require that every article in *Sunset* either help a reader make plans or offer him the possibility of taking some action—preferably right now. If no planning help or direct action is possible, or if such possibilities are too limited in terms of our whole group of readers, then there's no article on the subject for *Sunset*.

(3) The some 2,500,000 people who read *Sunset* tend to be people who take action—not armchair readers or spectator sportsmen. They buy *Sunset* in the first place because they know *Sunset* articles are aimed toward action. If and when they leave off reading *Sunset,* most frequently it's because their active interest has waned.

Many worthwhile publications cover the whole wide spectrum of other subjects that are fascinating to read about, but *Sunset's* mark of distinctiveness is being directly and specifically helpful on certain aspects of living in the West. Above all, our purpose is to answer readers' questions: "How can I make it?" "How do I get there?" "What will it cost me?" "How do I grow it?" In other words: How do I get going?

## WINDOW ON THE WEST:
## The lonesome counties

**The handsome old building** pictured here, one of the oldest county courthouses in the West, until two years ago housed all the offices of California's Mono County, population about 4,500. Nearby Alpine County is even more thinly settled, with population not much over 500.

By comparison, the 1968 population of Los Angeles County is just over 7 million, greater than the population of all of California in 1940.

It is the good fortune of all the Western states that their metropolitan counties have the resources and recreational opportunities of these lonesome counties, and usually they are right next door.

OCTOBER 1968 35 CENTS

# Sunset

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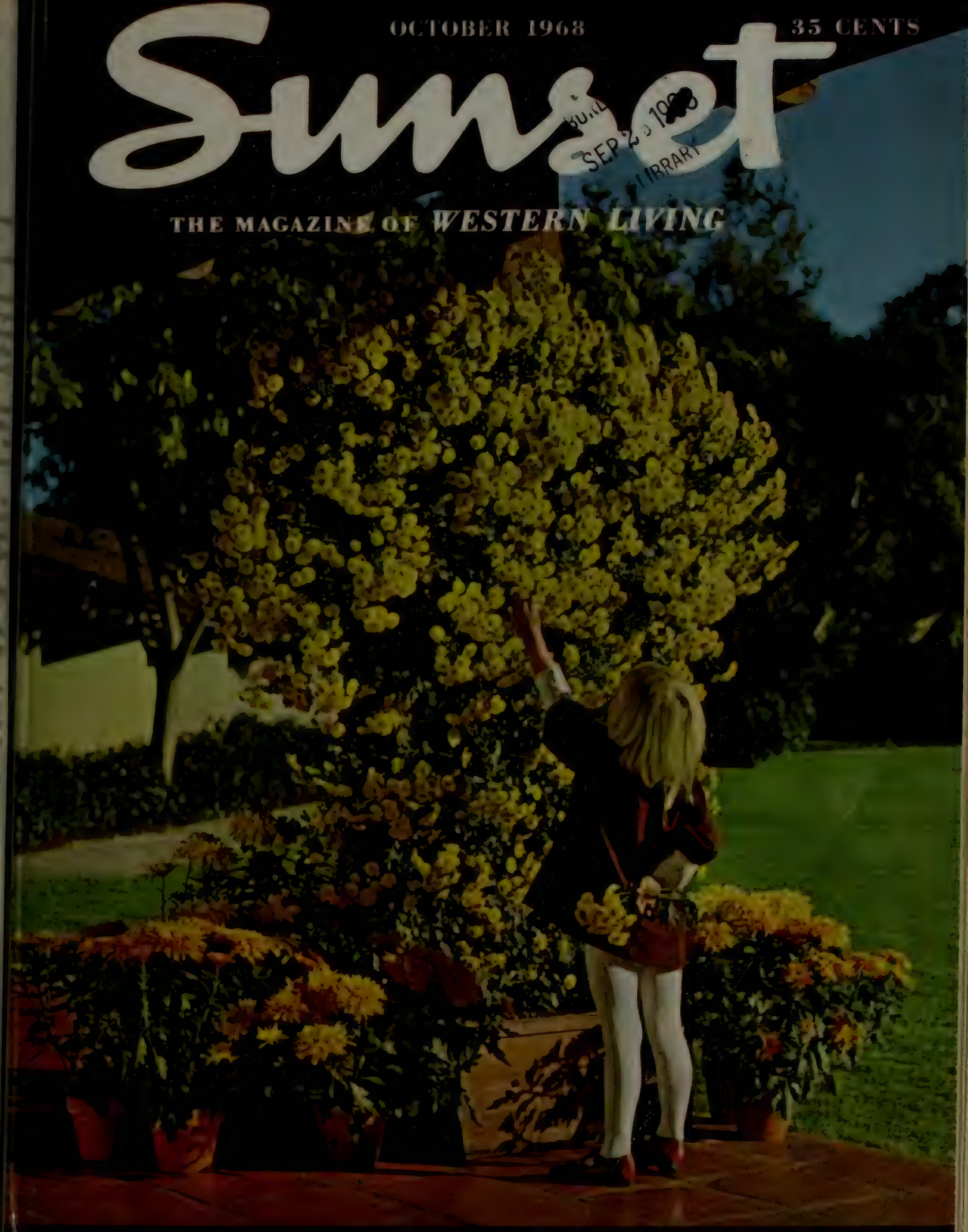
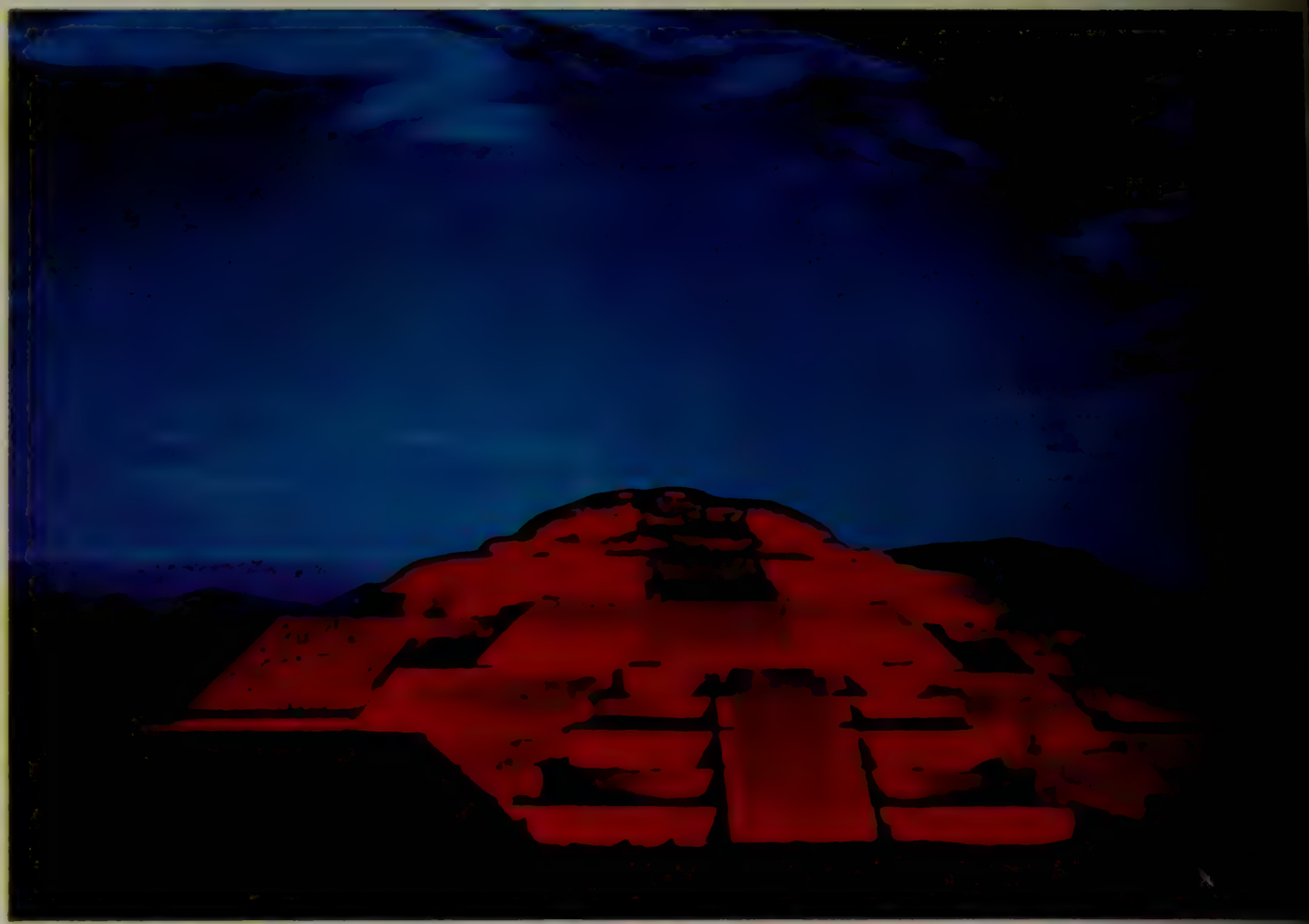


The Show-off Mums • Grill Supper from Mexico



# Long after the Olympic torch is off, Mexico will still be turned on!

The color and excitement of the 19th Olympiad won't end with the final sports event.

Because the "other Olympics," international cultural programs, will be going on until the end of the year.

For instance, at the Pyramids of Teotihuacán, the pageant of Mexico's history will unfold in a light and sound "spectacular."

Through December, Mexico's Ballet Folklorico and National Symphony share the spotlight with ballets from Russia, folk ensembles from Rumania and Yugoslavia, the great Piraikon Theater of Greece,

the West German Chamber Theater, the Symphonic Orchestra of Paris, and the Berlin Opera.

You can enjoy the "History of World Cinema Film Festival," visit Italy's "Sports in Classical Ar exhibit, and see Czechoslovakia amazing "Laterna Magica."

Check with your Travel Agent Western Airlines International fo information on events, tours, an accommodations. And for you Western Airlines Fiesta Jet reserv tions to Mexico City.

And don't forget nearby Ac pulco, where a swinging nightlif switches on as soon as the tropic sun sets.

Make your winter plans now.

When you discover Mexic you'll think of the Olympic Game as simply a bonus in a fiesta tha goes on all year, every year.

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## The Cover Story

*Our little cover girl and hundreds of other visitors admired Sunset's chrysanthemum panel last fall. Turn to page 86 for details on growing chrysanthemums in this and several other unusual forms. Chrysanthemums in pots at the base are available in many colors throughout the year. Glenn Christiansen took the color photograph*

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# )ctober travel...
# in and beyond the West

## o Tomales Bay for elicious gapers

ursuing gaper clams is not for the timid. o bag one of these 6 to 8-inch bivalves ou must dig down 2 or 3 feet in a race ith the incoming tide and finish up with tug-of-war between you and the firmly dged clam. But whether your clam preference is steamed, creamed, fried, deviled, r boiled, the reward is delicious.

lso called horse neck clams, gapers are istinguished by their long "neck," a iphon that extends from the opened shell s much as 3 feet up to the water in arch of food. The neck is the choicest art to eat and you must be careful not o injure it when you are digging.

apers are found all along the northern alifornia coast, lodged in wet sand and nd in places protected from direct asault by the waves. They also dwell along he edges of salt-water channels.

)ne of the best and closest areas to San Francisco is at the mouth of Tomales Bay ear the town of Dillon Beach where the lamming grounds are accessible only by water. South of Dillon Beach, after paying the $1 toll, you can drive across private land for about a mile to Sand Point. Here you purchase tickets ($1 for adults, 50 cents for children 12 and under) to the clamming flats. Also available are California fishing licenses at $1 for three days or $3 for the season. There is a launching ramp and rental boat concession. The public transport is a converted landing barge.

**Clammers** *dressed in old clothes shovel through wet mud to dislodge stubborn gapers*

**As tide** *creeps in, barge returns to shuttle clam diggers back to dry land*
MARILYN D. JOHNSON

When the barge pulls onto the clam beds and the 50 or so passengers, armed with shovels and buckets or sacks, spread out across the sand, the clams react by spurting water 2 or 3 feet into the air. This betrays their location and shows you where to begin digging.

Some veteran clammers work in tandem: One digs while the other bails, then both work on prying the gaper out of the muck. Once you've sighted the squirt of water, there is no need to fear that the gaper will move off. Only the neck moves when it pulls in next to the stationary shell. You have 2 or 3 hours to pick your limit of 10

**Sunset**

THE MAGAZINE OF WESTERN LIVING

*October 1968*

**Mexican food seller** *shows a Sunset editor how she charcoal-cooks chicken on a* maqua brasero *(lower right) in Uruapan*

## *What we mean by scouting*

**"This photograph** was taken about 9 P.M. More than 12 hours earlier, we had left Ciudad Guzman and detoured south all the way to Los Pascuales, on the coast, to taste a crayfish soup called *sopa de mariscos*. Then we had backtracked north to Jiquilpán for late lunch (featuring pork roast with a very rich red chile sauce), then east and south to Uruapan.

"Here in an arcade on Uruapan's *zócalo*, many women were selling food—tubs of hot corn, platter-sized, paper-thin fried pastries called *buñuelos*, clay bowls of *atole*. We sampled some, then checked into Hotel Victoria and had a late dinner.

"Next day we were up very early again to go out and photograph La Tzaráracua falls. Then on to Paricutin."

In these words a *Sunset* home economics editor gives you some idea of the scouting we discuss on page 268. It leads to articles like the one on page 80.

L. W. LANE, JR. *Publisher*

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**Sunset Magazine, Menlo Park, Calif. 94025**

clams before the tide comes in and barge returns.

Dillon Beach is about 50 miles north San Francisco by either State Highwa or U.S. Highway 101.

### Model railroad open house

One of the largest model railroad syste in the world is in Emeryville near eastern terminus of the San Francis Oakland Bay Bridge. It was started years ago by the East Bay Model En neers Society and is open at special tin during the year. Admission is $1 adults, 50 cents for 12 and younger.

The layout is housed in two rooms. O-gauge rolling stock, scaled 1 inch t feet, is modeled largely after the Sa Fe Railroad. In a smaller room is an H gauge system, scaled 1 inch to 7 feet.

It will be open September 27 from 7 to 10 P.M., September 28 from 2 to P.M., and September 29 from 2 to 8 P. In addition, it is open the third Friday each month from 7:30 to 10 P.M. In C tober this is Friday the 18th.

To drive to the model trains, leave Int state 80 on Powell Street, the first e north of the bridge. In less than half mile, turn right on Hollis Street. T fourth block is Park Street; turn rig back toward the Bay. Turn left on H leck Street, the last street that cross Park. The address is 4075 Halleck.

### Bidwell centennial in Chico

Rancho Chico is the name General Jo Bidwell gave to his residence, built 1 years ago this month in Chico. Now State Historical Monument, the Bidwe Mansion is the focus of a two-day cel bration in this Sacramento Valley tow

Friday, October 4, you can purchase a b lunch at 1 P.M. on the mansion ground At about the same time, a parade of a tique cars will arrive at the old home. T centennial ceremonies will take place the mansion at 2:30 P.M.

At 8:15 that evening a pageant honorin the Bidwells will be held at the Perform ing Arts Building, Chico State Colleg Cost is $2 for adults, $1 for children 1 and under. Advance tickets are availabl at the Greater Chico Chamber of Com merce, 500 Main St., Chico 95926.

On Friday afternoon and all day Satur day, a bazaar of arts and crafts will tak place at the playground at 525 Esplanad in Chico. Tours of the mansion will con tinue all day Friday and Saturday excep between 2:30 and 3:30 P.M. during Fri day's centennial ceremonies.

### Historic West Bay buildings: book and house tour

Five years in preparation, the new boo *Here Today: San Francisco's Architectura Heritage* (Chronicle Press, San Francisco

## YOU CAN'T TAKE IT WITH YOU!

Please don't take that as a challenge! With a crowbar or something, you could get one of our bottle-openers off the wall, of course—if you're a determined bottle-opener collector. But we do feel that bottle openers belong where you can find them, nicely attached and hopefully not removable. So, if you like to relax and take your cap off every now and then, **Be Our Guest.**

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THE Naniloa

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superb. Swimming pool, two dining rooms, dancing, nightly entertainment and a piano bar, he says. And it's close to the volcano area . . . I've always wanted to see those smoldering fire pits and lava tubes and fern forests and all those orchids and things."

THE Kauai Surf

"He called it a swingin' place. Says it has a beautiful big white sand beach called Kalapaki, and a spectacular 9 hole par 35 golf course too. And you can surf, sail, paddle an outrigger canoe, go ti leaf sliding (that sounds like fun!), dine in a penthouse, or one of three other places, dance, play tennis, see a nightly show and I forget what else."

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* My smart travel agent tells me I can go to all three and visit Waikiki too — for only $10 additional air fare.

Why don't you ask your smart travel agent about Hawaii's Common Fare Plan — and go to the Naniloa, Kauai Surf and Kona Inn?

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KONA INN / KAUAI SURF / THE NANILOA


1968; $14.95) is available this month. To prepare this 352-page book, the editors canvassed the City of San Francisco and the West Bay counties of Marin and San Mateo block by block for architecturally significant buildings constructed before 1920.

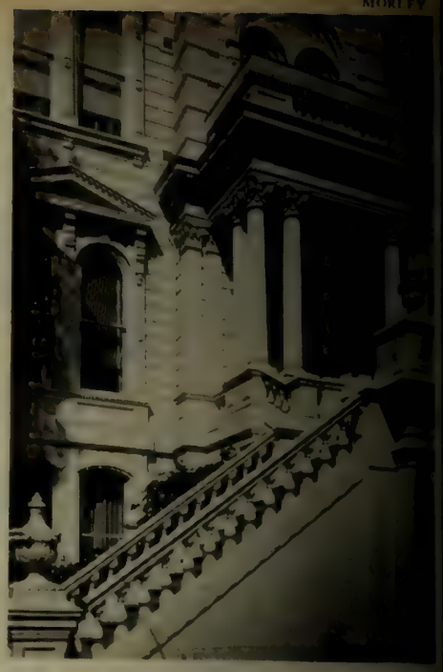
Some 500 buildings are mentioned in the text by Roger R. Olmsted and T. H. Watkins, and illustrated by 300 photographs by Morley Baer, Bob Hollingsworth, and others. Another 2,000 buildings are listed in the appendix. The title *Here Today* was chosen to publicize the important buildings that still exist in the hope that they will not be gone tomorrow.

Some of the buildings described in this book will be open to visitors on three successive Sundays this month. On Sunday, October 6, 11 buildings will be open in San Francisco. They include the home of landscape architect Thomas Church (circa 1855), and two homes whose timbers were shipped around the Horn.

Seven buildings will be open for the San Mateo County tour on Sunday, October 13; many were built as great country estates. Six homes in San Rafael, Ross, and Kentfield are on the Sunday, October 20, tour of Marin County.

The cost is $5 per person for each tour, $9 for two tours, and $12 for all three. The San Mateo tour is only by bus, for which there is an additional charge of

MORLEY



**One tour** *includes 1865 Italianate fra house built of lumber carried by boat fr Virginia. All tours: 11* A.M. *to 5* P.

$2.50. To obtain tickets, write to M Park Dingwell, The Junior League, Nob Hill Circle, San Francisco 94102.

Photographs from the book will be hibited at M. H. de Young Museum, S Francisco, from January 6 to March

## For travel planners, an October check list

**South American gardens.** A 39-day garden tour of South America will leave New York on October 12. Itinerary will include public and private gardens in Colombia, Ecuador, Peru, Chile, Argentina, and Brazil. All-inclusive cost of $2,594.30 per person includes round-trip air fare from New York, accommodations, meals, and the escort services of a staff of highly qualified horticulturists. Subsequent departures are scheduled for November 9, December 7, January 4, February 1, and March 1. For reservations, see a travel agent or write to Jean Berke Travel Service, Inc., 40 E. 49th St., New York, N.Y. 10017.

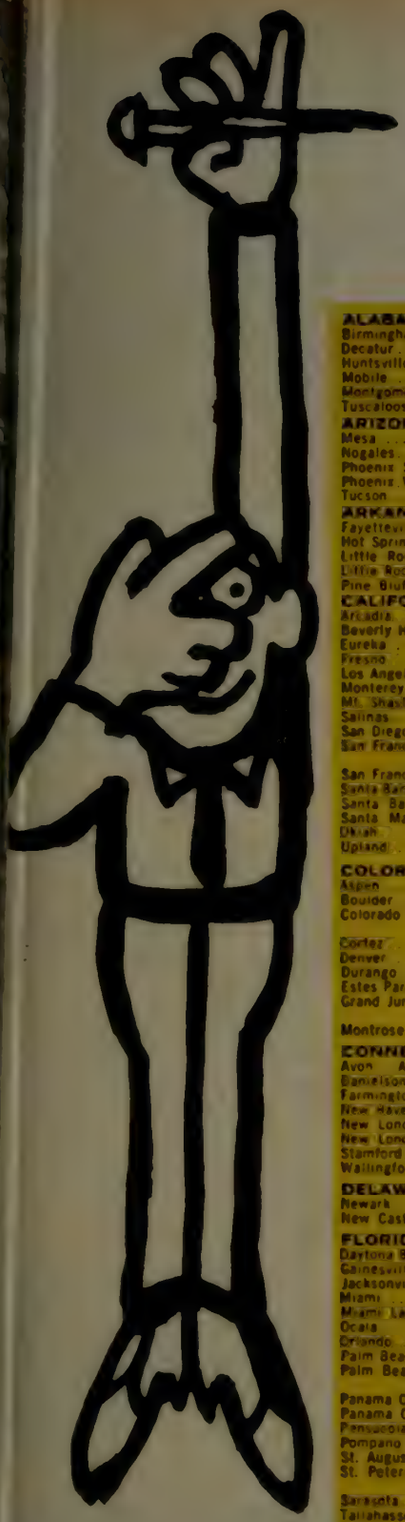
**Alaskan winter.** Dog sled rides across the frozen tundra, Eskimo dances, ice fishing, and shopping for Eskimo sculptures and prints at Kotzebue and Nome are highlights of a series of two-day arctic winter tours leaving Fairbanks or Anchorage daily from October 1 through May 31. Cost of $129 per person includes round-trip air fare from Fairbanks or Anchorage, in-flight meals, accommodations, guides, and the use of arctic parkas, overshoes, and mittens. For information, see a travel agent or write to Alaska Airlines, Seattle/Tacoma International Airport, Seattle 98158.

**Aloha Week.** Hawaii's statewide festival will be celebrated in Honolulu from October 18 through 26. Highlights are: Aloha Week Parade (October 19), Palace Pageant and Song Festival (October 19), Molokai-Oahu Outrigger Canoe Race (October 20), "Aloha Neighbor," an all-Hawaiian variety show (October 20), Polynesian Festival (October 21), International Pageant (October 23), Hoolaulea (October 25). For additional information on Aloha Week, write to Hawaii Visitors Bureau, 2270 Kalakaua Ave., Honolulu 96815.

**Mexican cruises.** The *S.S. Statendam* will leave Los Angeles on December 16 for the first of seven 11-day "Mexican Festival Cruises" calling at Mazatlán, Manzanillo, and Acapulco. Other departures from Los Angeles follow on December 28, January 9 and 21, February 3, March 17 and 29. Cruise rates begin at $450 per person. For information or reservations, see a travel agent or visit an office of the Holland-America Line.

**European atlas.** The 1968–69 edition of the *European Motoring Atlas* contains 52 pages of road maps and motoring information for 25 countries. Copies are now available at $1.75 each from European Road Guide, Inc., 2 Washington Square, Larchmont, N.Y. 10538.

**What a travel agent can do for you:** Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.



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Tucson . Spanish Trail Motel

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Hot Springs . Avanelle Motor Lodge
Little Rock . Coachman's Inn
Little Rock . Magnolia Inn
Pine Bluff . Pine Bluff Motel

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Eureka . Eureka Inn
Fresno . Tradewinds Motor Hotel
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San Francisco . Handlery Motor Inn
Santa Barbara . Pepper Tree Motor Inn
Santa Barbara . Santa Barbara Inn
Santa Maria . Vandenberg Inn
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New London . Lighthouse Inn
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Orlando . Jamaica Inn
Palm Beach . Heart of Palm Beach
Palm Beach Shores . Colonnades Beach Hotel
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Panama City Beach . Parliament Inn
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Pompano Beach . Beachcomber Lodge
St. Augustine . Monson Motor Lodge
St. Petersburg . Princess Martha Motor Hotel
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Tampa . Hawaiian Village
Winter Haven . Landmark Motor Lodge

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Augusta . Horne's Motor Lodge
Byron . Byron Inn
Jekyll Island . Stuckey's Carriage Inn
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Leesville . Continental Motor Lodge
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New Orleans . La Rue "90" Motor Inn
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Cleveland, West . Hospitality Motor Inn
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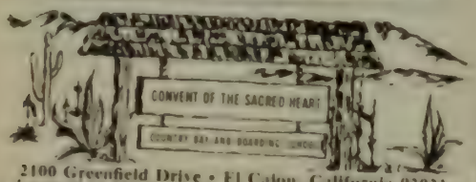


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THE Sunset SCHOOL AND CAMP DIRECTORY

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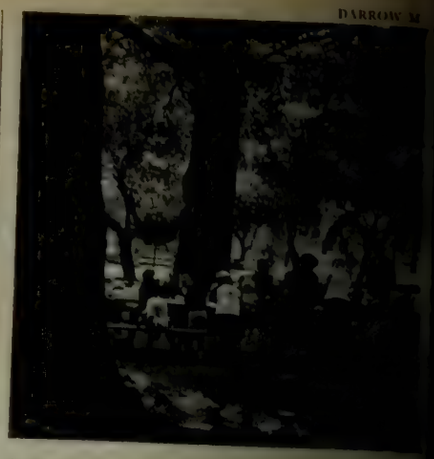
The fine schools and camps, whose announcements appear in this section, invite your direct inquiry and request for a brochure. SUNSET suggests that you write or telephone the individual school administrator or camp director. This Directory is now, we believe, the best single source for Western families seeking independent schools and the benefits of private camps for their children. This section appears in each monthly issue of SUNSET.

We will be happy to answer questions concerning advertising from school and camp officials. Please write School and Camp Directory, SUNSET Magazine, Menlo Park, California 94025.



**Lofty trees** *provide welcome shade* [illegible] *picnic in Santa Maria's big Waller*

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**If you are driving** up or down the Ca[illegible]nia coast on U. S. 101 and are lo[illegible] for a picnic stop or a quiet place fo[illegible] youngsters to stretch their legs, W[illegible] Park in Santa Maria is a shady, plea[illegible] oasis for such a pause.

In addition to a picnic area, the park [illegible] a small zoo housing several white fa[illegible] deer, monkeys, a black bear, an elk, [illegible] various birds. Youngsters can fish in [illegible] of two ponds stocked with bass, gol[illegible] bluegill, and perch. They may also [illegible] a pony ride, or feed the gray squi[illegible] that roam the park.

To get to Waller Park, turn west [illegible] U. S. 101 on Betteravia Road; cont[illegible] on Betteravia to its intersection with [illegible]cutt Road (north of the intersection [illegible]cutt is called Broadway); then turn s[illegible] to the park. It's open from 8 A.M. [illegible] dark daily.

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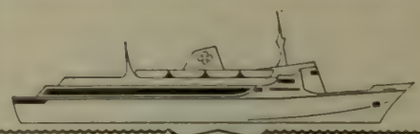

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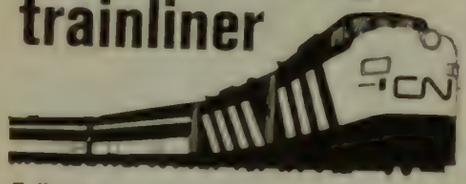


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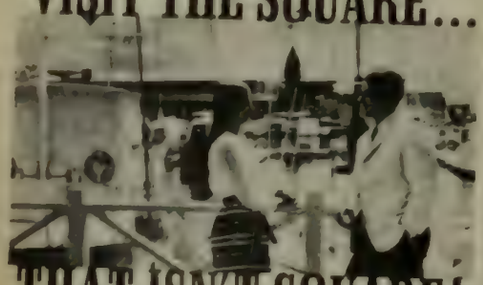

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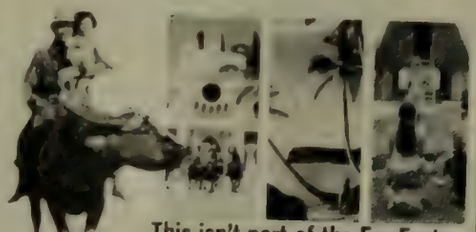

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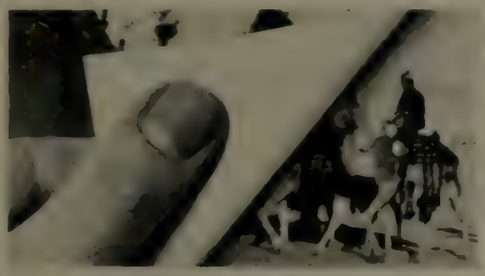

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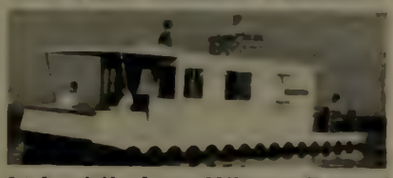

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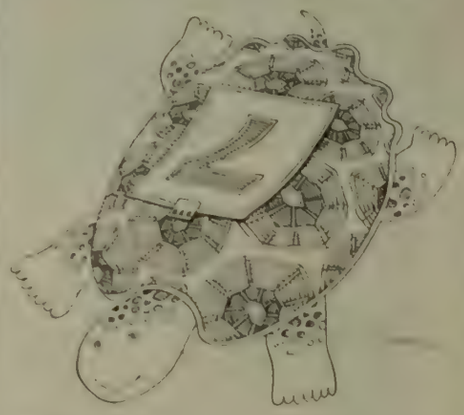
## RESORTS

## RESORTS

**You can't swim at the Virgin Isle Hilton on Thursday nights.**

**The turtles are racing.**



For reservations call your travel agent, any Hilton hotel, or Hilton Reservation Service.

*Virgin Isle Hilton*

St. Thomas, U.S. Virgin Islands

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WE'LL SEND YOU
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AND ARIZONA'S VALLEY OF THE SUN!

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Accommodations in regal elegance, a spectacular view in every direction. Two breakfasts in the beautiful Four Seasons Restaurant. Two delicious luncheons. A classic gourmet dinner. Four cocktails in any of the magnificent lounges. Superstar entertainment from dusk 'til dawn.

*Arrival Sun. thru Thurs. / Fri., Sat. or Holiday arrival $41.00 per person double occupancy. Advance reservations only and must be prepaid prior to arrival. For Reservations, See Your Travel Agent or Call: 421-0108. This is a direct toll-free line to Sahara-Tahoe from San Francisco Bay, Area Code 415, 24 hours, 7 days a week.

**SAHARA TAHOE** HOTEL AND CASINO
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*Hawaii's Most Beautiful Hotel*

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AND

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## MOUNTAIN STATES

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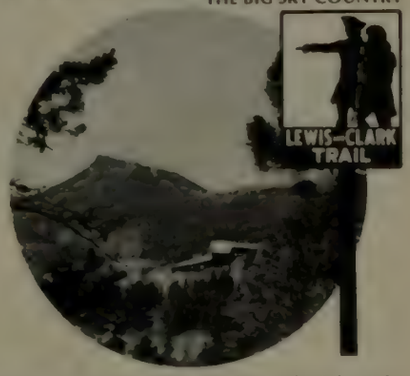
THE BIG SKY COUNTRY

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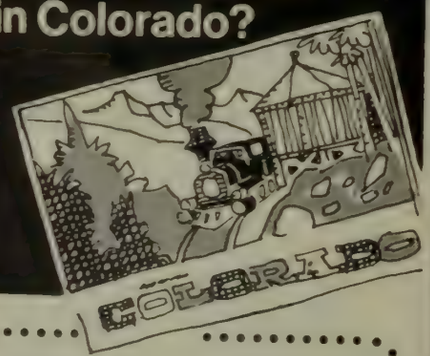


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SOUTHERN CALIFORNIA AREA

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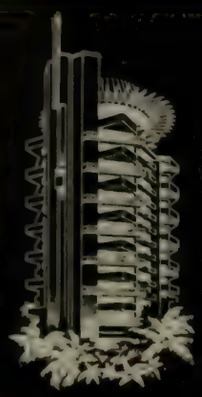
## HOTELS

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The Exciting Gold Rush Days Come Alive!
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## HOTELS

the beauty of Jamaica is yours at the

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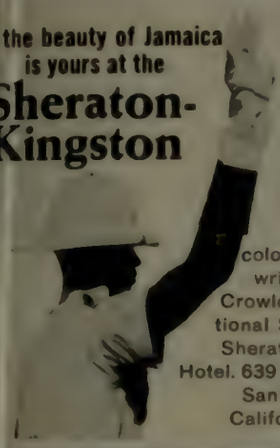

For FREE color brochure, write Mr. Bob Crowley, International Sales Mgr., Sheraton-Palace Hotel. 639 Market St., San Francisco, California 94119

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Sample California's Premium Wines in Our Underground Cellars

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ADVERTISERS IN THIS

**Travel Directory**

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NAME_____
STREET_____
CITY & STATE_____

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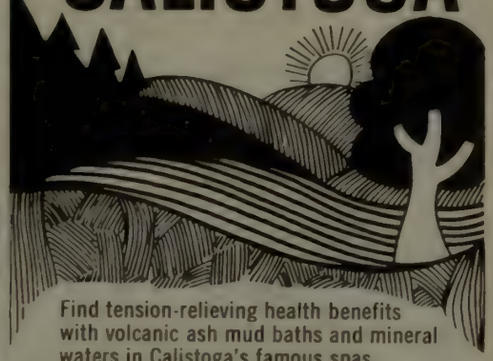
**CALISTOGA**



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NAME_____
ADDRESS_____
CITY_____

# Autumn's the great time to visit Betatakin

**Autumn** on the high plateau of the Navajo country is a season of clear days, cool nights, and few tourists. This is an ideal time of year for families with young children to explore the trading posts and ruins in the back country around Arizona's Navajo National Monument.

The campground at the monument has 29 campsites, but in October you may find yourself alone there with only the enormous ravens and perhaps a stray steer for company.

You can start your exploring at monument headquarters. The excellent exhibits will introduce you to the ancient Indian culture of the region. Here lived the Kayenta Anasazi, a branch of the same cliff-dwelling peoples that built Mesa Verde and Chaco Canyon pueblos, then sud-

**Betatakin,** *or Ledge House, built of masonry and poles, perches at mouth of huge c*

**Campground** *at Navajo National Monument is in pygmy forest of juniper and piñon pine*

denly, in the space of a few years, mo on, leaving their towns intact beh them. The Kayenta people proba moved only as far as the mesas a few m south, where the Hopi towns are still habited by their descendants.

Navajo shepherds have occupied monument area for the last hund years, and behind the headquarters bu ing you'll find an old-style hogan an tiny Navajo bathhouse. The Navajo A and Crafts Guild offers an excellent se tion of rugs and jewelry for sale here.

Navajo National Monument consists three cliff ruins: Betatakin, Keet Seel, Inscription House. You can see Betata from the opposite wall of the canyon

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**$2115*** POE 90 hp never felt so good. 0-to-60 in 16 seconds. Tops 90 mph. A car built for performance, the sporty Corona zips ahead of the pack, and still delivers about 25 miles or more per gallon. Good for the ego. Great for the pocket! Real comfort too. Luxurious bucket seats. A ride that's soft, and library quiet. A solid 4-on-the-floor... or an easy going fully-automatic automatic (optional). Even factory air conditioning (optional). Test drive the Toyota Corona, today. It's America's lowest priced 2-door hardtop. And that's going some!

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Parts and service available coast to coast. 4-door sedan prices start at $1930 POE.

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But you'll pay twice as much for it.

Seiko makes fine, precision watches by automation.

Machines don't get paid overtime. Or take coffee breaks. So we can give you a break in the price.

The largest manufacturer of jeweled lever watches in the world: SEIKO

**Navajo bathhouse** *(behind monum headquarters) used water over hot sto*

following Sandal Trail from headquart to a viewing terrace on the canyon r The walk to the terrace and back ta from 40 minutes to an hour; plants al the way are marked with their names the uses to which the Indians put th

If you'd like to climb down the can wall along the stone stairway that le to Betatakin, you must go with a p ranger. There are morning and afterno tours. Don't try the trip if you have a thing wrong with your legs or hea Going down is difficult and coming u exhausting, but the ruins and the lov aspen-filled canyon bottom are worth trip if you're in even fair condition.

Keet Seel and Inscription House are m more difficult to visit. Ask the rangers directions, and be sure to register at he quarters when you leave and when return. Then should you have a mish the rangers are alerted to look for you.

The monument headquarters and ca grounds are on the rim of red-wal Tsegi Canyon, 9 miles north of U.S. Hi way 164. You'll find groceries and oline on the highway at Tsegi trad post, 7 miles northeast of the turnoff; if your car will drive rough roads, Shonto, 10 miles southwest on a back r from the monument. The nearest l settlements are Kayenta and Tuba C both on U.S. 164.

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# DC-9.

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This sleek twinjet is expressly designed for people on the go—whether the going is all business, pure pleasure, or a little of both.

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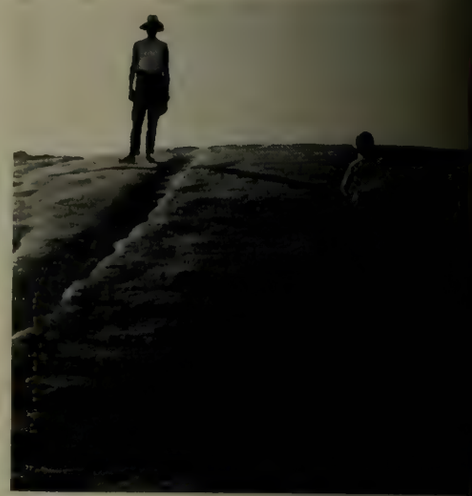
**View from Maze Overlook** *includes Chocolate Drops, Standing Rock, Lizard Rock*

**The Maze,** *a labyrinth of winding canyons, may soon be annexed to Canyonlands Park*



**Buffalo trails** *are deeply etched into slickrock at Robbers Roost spring*

# Utah adventure . . . a look into The Maze

**The Maze** is a wilderness of deeply incised canyons and elaborately eroded mesas, buttes, pinnacles, and spires lying along—but outside of—the southwestern boundary of Utah's Canyonlands National Park. Very much a part of the original Canyonlands concept, The Maze was eliminated from the final park proposal through the painful process of compromise that always accompanies the establishment of a new national park.

Unfortunately, only the relatively few

**Chocolate Drops** *soar upward from a ragged rim above sandy floor of The Maze's middle fork*

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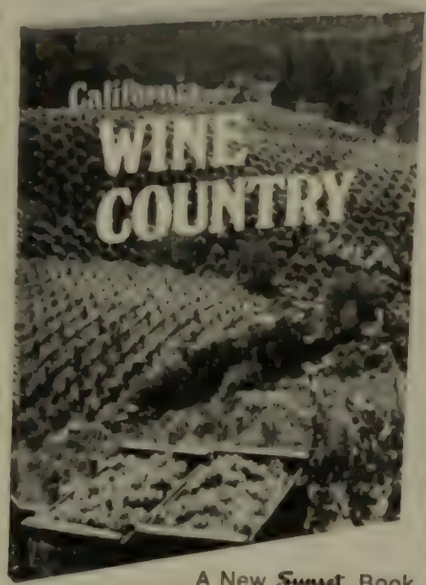


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**Pedestal Rock** *and soaring cliffs dwarf horsemen in the middle fork of The Ma*

individuals who had actually explored its labyrinth of tortuous canyons, had seen the ancient pictographs that adorn its canyon walls, and had gazed out across its lonely vistas, fully realized what a loss The Maze was to the established park.

Now The Maze is about to get a second chance. The Department of the Interior has submitted to Congress a firm recommendation that approximately 100,000 acres, including The Maze and the related Horseshoe Canyon unit, be added to the existing park.

There are very few ways to explore The Maze now; more may become available under national park auspices. Charter pilots operating out of the Moab airstrip can give you a good overview (about $30 per hour for a four-place plane). And many tour guides in southeastern Utah

## You go in by jeep or on horseback

**Perched** *on mother's saddle, two year ol explored The Maze on pack trip last yea*

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**teshoe Canyon** *shelters some of the st pictographs found in the Southwest*

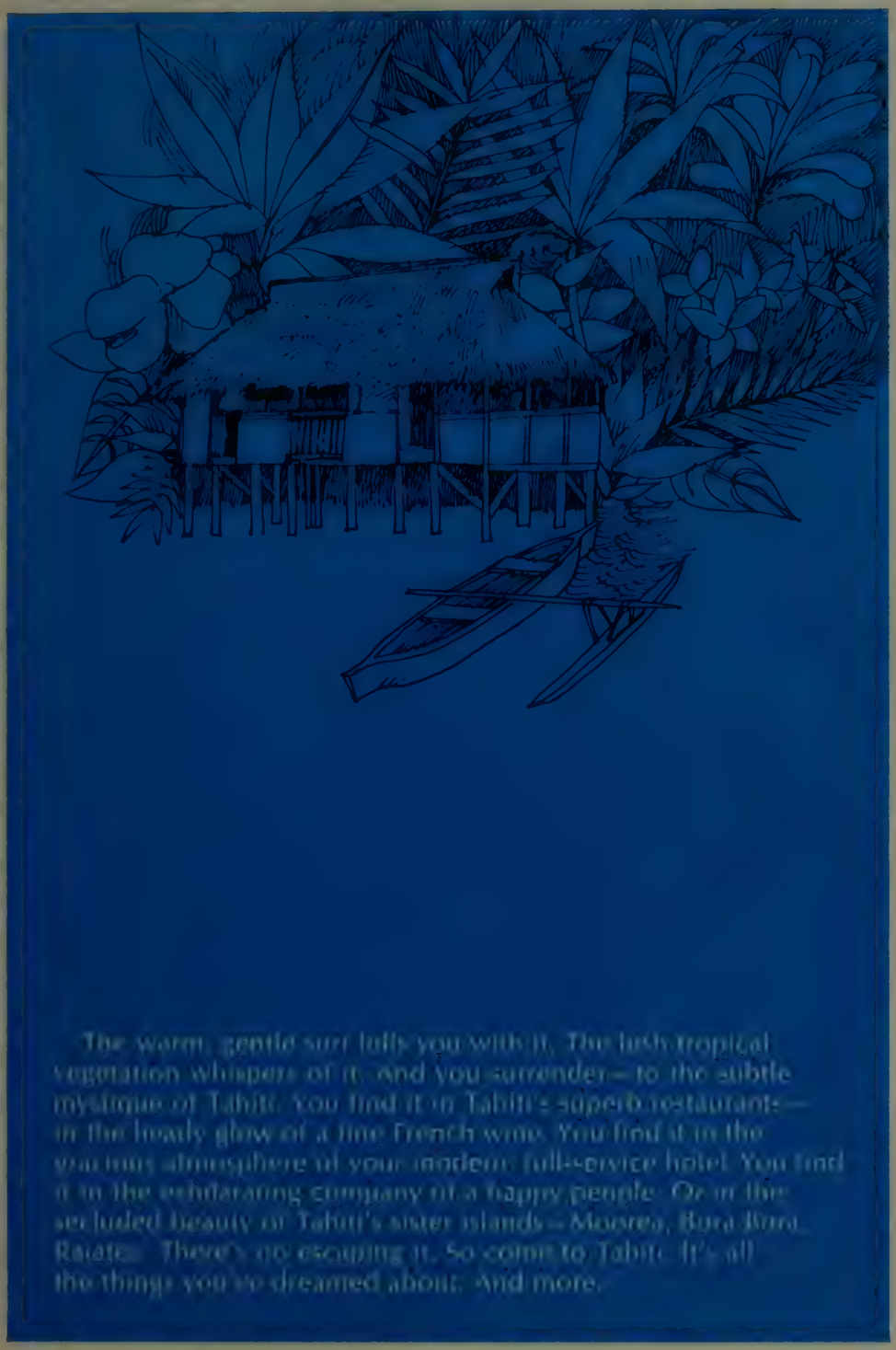
**orseback** *or jeep tours into The Maze re available from many of Utah's guides*

an take you on unscheduled jeep charter nd horseback trips into the region.

One special way to preview this proposed ddition to Canyonlands National Park his month is to go along on a 6-day camp-ng tour leaving Moab, Utah, on October 1. You'll enter The Maze from the north, ep through the Green River and San Rafael deserts to Horseshoe Canyon, limb over the narrow Spur and down the Orange Cliffs to Elaterite Basin, then ex-plore the canyon avenues of The Maze, The Fins, and Ernies Country.

Tour cost of $195 per person includes round-trip transportation from Moab, all meals, all camping equipment, and the services of your combination guide-cook-jeep driver. For information or reserva-tions, write to Tag-A-Long Tours, 156 N. First West, Moab, Utah 84532.


# Tahiti's mystique is subtle. And irresistible.

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My travel agent is _____

**tahiti**

**Typical stretch** *of Route 46, between York Mountain and Glenbrook Ranch. Oaks are festooned with lichen called "Spanish me*

# Over the hill from Paso Robles . . . a gentle roa takes you to the wine and the apples

**Route connects** *upper (southern) Salinas Valley with Cambria-Cayucos section of coast, over Santa Lucia Range*

**This month** the season of wine making and the apple harvest offer further reasons for enjoying the present roadside tranquility of the coastal country between Paso Robles and Cambria.

The inevitable road-straightening process that overtakes most such highways in California has already begun here, so you should drive this road soon if you want to see it in its quieter mood.

As if to prepare you to expect a speedway, the modest main road has been designated State Highway 46. Equally misleading, though in the opposite way, are road maps that show the road as utterly unimproved and label it "poor road," when in fact it is nothing of the kind. It is curvy, up-and-down, and confined by trees and lichened bedrock and shaded watercourses and good furrowed earth. But at the same time it is paved and in good condition all the way, never very steep, and everywhere wide enough for two cars traveling at reasonable speeds to pass easily.

The region produces apples and big Halloween pumpkins and praiseworthy Zinfandel wines. In October, you can stock up with all of these, along with memorable images of aromatic blue-shadowed chaparral slopes, golden hilltop pastures, and huge dry sycamore leaves ticking their erratic passage down through the mottled branches.

The Highway 46 label is on Cayucos Road west of U.S. 101, but if you want to tour wineries you should take Vineyard Road, which heads west from its clearly marked junction with U.S. 101 just south of Templeton. In about 2½ miles you reach the newest (1934) and largest winery, Pesenti, which is nevertheless so small and out of the way that your arrival calls for a special tour of the premises. Then you're invited to taste, in addition to the region's traditional Zinfandel, wines from later plantings of Cabernet Sauvignon, Grenache, and Carignane grapes.

Rotta Winery, 112 years old, is back on a narrow driveway that turns north from Vineyard Road right at the Pesenti plant. Chances are that you will be greeted by Mrs. Rotta herself, and led into the cool dusk among the big wooden tanks. An upside-down cask serves as a tasting table, where half a dozen jugs contain samples you can try. For variety, you might take home the wines called Dry Zinfandel Rosé, California Zinfandel Rosé, and 14-year-old California Zinfandel.

Back on Vineyard Road, you soon join Route 46 and arrive at El Rancho Monte Rio, where the usually absent Pumpkin Man leaves a box of money and a multitude of pumpkins beside the road. You select a pumpkin, make your own change.

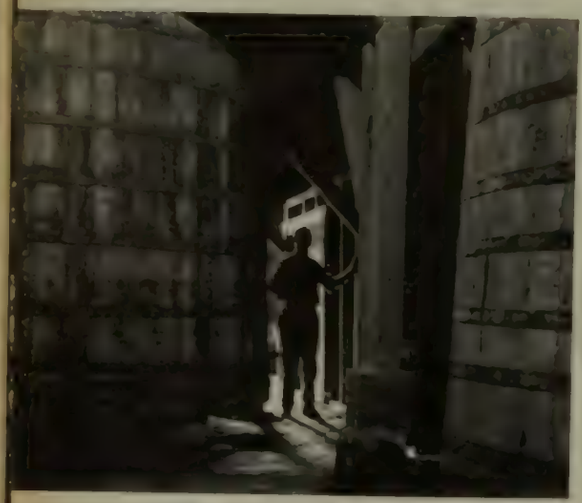
Four miles west, and 20 inches rainier (though not much higher) than the other winery locations, is York Mountain, where the old red-brick York Winery backs up to hillside caves. Here is where Ignace Paderewski's grapes, grown nearby, were made into medal-winning wines in the 1930's. Although tours are supposed to be by appointment and there is said to be no tasting, we noted a keg set neatly with a dishtowel, an opened bottle, and glasses, and Mr. York (third generation) was on hand to show us around. If you buy wine here, the choice is easy; there is just one kind—a dry Zinfandel.

Where the wine country ends, you come to a bit of apple country. Over the hill from York Mountain, it's harvest time at the beautiful Glenbrook Apple Ranch operated by John and Evelyn Fisher and

**A last hike** *over hill slated to be cut down for new highway. A bit of present unobtrusive road is seen in the valley below*

**Fishers' apple stand** *just before summer crop came in. This month you'll find ripe fruit piled high. Note hex sign on gable*

**At end** *of obscure side road, Rotta Winery has to be looked for, sees few visitors*



**Proprietor York** *stands between old tanks of aging wine in cool gloom of his winery*

# Orchards begin . . . where wine country ends

**Orange-grove patterns** *decorate the lower slopes along Montecito Drive. If you mak the loop drive through Cayucos and Cambria, you will pass through this valle*

their five young daughters. Here, where advanced experiments in apple culture under the direction of Farm Advisor John Foott are expected to produce 200 varieties on 50 acres in the next two years, you can now choose from 17 named kinds (not all ripe at the same time), and you can buy cider by the gallon. Notice the fine weathervane (from an old convent) on the apple stand.

Now you're in mountainous country, approaching the road's 1,860-foot crest, and shortly you have the option of cutting south to Cayucos. If you do, you might like to make that road (Montecito Drive) part of a loop that includes Cambria and the remaining 16 miles of Route 46.

Continuing west on Route 46 toward Cambria, you go over the summit and wind down into the wooded canyon of Santa Rosa Creek.

Marquart Park is a good rest and picnic stop in the shade of spreading oaks beside the stream. There are four tables, barbecue pits, swings, and rest rooms. As you drive on, the canyon floor widens to an alluvial bottomland supporting industrious small farms with attractive old houses. The hills, though farther apart, rise from the level cultivated ground with dramatic abruptness.

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The cigarette lighter is wick-less, flint-less, works on a permanent magnetic ignition system. Price: $40 to $100.

Up front is the Braun Mini-Dryer. A purse-size hair dryer, $20 to $25.

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**Windmill** *is Solvang's symbol. Half-timbered, steep-roofed building style gives town unity, is carried out even in post office at r*

# On your way to L. A. on U. S. 101 . . . a shopping detour to Solvang

**Solvang** is without duplicate in the West because of its shopping and its Danish character. At first glance it does suggest a quaint environment manufactured for tourists. Then you discover it has the chief element of a true Danish community: real Danes and their descendants.

The village began in 1911 next to Mission Santa Inés, the 19th California mission, as a place to educate immigrants from Denmark. It acquired its Danish façade (over mission-style buildings) only after visitors began to discover it as a cultural enclave and source of foods and goods of the old country.

And so the town has grown to where it has 8 motels, 16 restaurants, and more than 40 distinctive shops. Once you could cover its three-block business section in an hour or two; today y need much more time and a much longer walk.

After the shops open (by midmorning), your impression is of bustle but not insistent commercialism. Street parkin not metered, and parking lots are free.

Shopping leans heavily toward imports from Denmark other northern European countries: gourmet and delicate foods, traditional and contemporary housewares, toys, app and things that can be classified only as gifts. These days, will also see imports from other parts of the world. Surprisin prices in general seem somewhat lower than in Los Ang But the shops that really made Solvang famous are the l

**Traesko** *means "wooden shoe" (base is wood, some have foam lining). Comfortable? See how many Solvang people wear them*

**Scandinavian specialty** *is this enameled Danish coffee pot, used in restaurants in the town but now becoming a scarce import*

ries: four different businesses, with six shops in all. Many serve pastries and coffee. Prices are not cheap, but that in part reflects the quality of the ingredients used. In some bakeries, if you are there when activity is light in the morning, you may ask to watch the preparation and baking processes.

Half a block from the bustle of the town's busiest street, you'll find a haven of serenity in the garden of Mission Santa Inés. The main church building is still in active use. First built in 1804, it was rebuilt with heavy buttresses after the severe earthquake of 1812 destroyed the original. You can take a self-guided recorded tour of the mission between 9:30 A.M. and 4:30 P.M. daily, starting at the gift shop. Admission is 50 cents for adults, free for students and children.

GLENN CHRISTIANSEN

**Midmorning ritual** *or light breakfast: Danish coffee and pastries right out of oven, served at the bakery—which also sells retail*

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DON NORMA

**Overlook roof** *keeps the rain off, but mi from the 268-foot falls breezes throu*

## *Snoqualmie's park is done over*

**One of King County's** most popular de tinations for Sunday drives, the park Snoqualmie Falls, just west of Snoqua mie, Washington, has been renovated the Puget Power Company. Besides plea ant landscaped grounds, picnic tables, an a new restaurant (in addition to famou Snoqualmie Falls Lodge), there is a han some covered overlook which offers bett views of the falls than ever before.

**Handsome viewpoint** *is cantilevered ove gorge, offering an excellent view of fall*



SUNSE

**Mild current** *of the Merced gives children a great place to romp and splash*

**Patterned** *in afternoon shade, park's grassy meadow is fine for a game of volleyball*

# *Cool stopover west of Merced*

**For travelers** seeking a break from the heat or the fatigue of driving through the San Joaquin Valley, George J. Hatfield State Recreation Area, 29 miles west of Merced, offers a place to picnic, camp, or just cool your feet in the river.

The grassy landscape of the park's 46 acres is shaded and cooled by the many valley oaks that grow here. The Merced River, which borders the park, has provided it with two long, sandy swimming beaches that are ideal for children. Among the tules the warm, knee-deep water abounds with frogs and little fish.

Picnicking fee (23 units) is 75 cents per car. Overnight camping (7 campsites; no advance reservations) costs $2.

To reach the park from U. S. 99, go west from Merced on California Highway 140, then jog north on J14 and west on J18.

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# *October . . . on the Sierra passes*

**October** might not be your first choice a time to drive over the central Sier But seasonal residents and fall visitors this high country would disagree. Th consider October the most delightful the four or five months that Carson, E betts, Sonora, and Tioga passes are ope

The weather, by and large, is warm I dian summer by day and increasing cooler at night. Conifer forests are dott with the golden color of oaks and aspe You have the country pretty much yourself.

Of course, no one knows exactly wh any of these pass roads will be closed the first snowfall, after which road cre make no further attempt to keep the open. They close at different times ea year, but this is the experience of t past five years:

The southernmost, Tioga Pass, at 9,9 feet the highest automobile road p on the West Coast, is usually clos during the first part of November. T two northernmost, Carson and Ebbet have always been closed by the thi week of November. Sonora has clos some time in between.

Some gas stations, restaurants, and ov night accommodations are open duri deer-hunting season (September 21 November 3). But most businesses alo the winter-closed section of each highw close by October 15. Late-season drive should carry tire chains, extra gasoli and warm clothing. It's also important check your battery and use antifreeze the radiator.

Here's more information on the f "summer only" highways, north to sou

**Dashes** *indicate sections of Sierra p highways that are closed after snow f*

# Travelall owners tend to be a little farther out.

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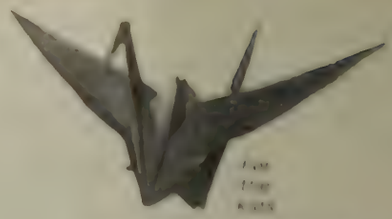
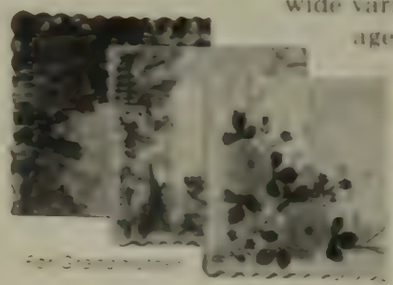
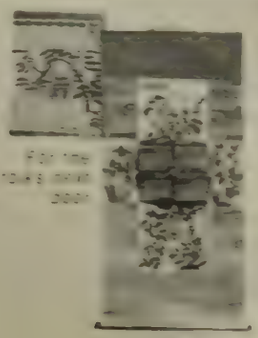
# It's almost time to start thinking about Christmas



Don't panic as the holidays approach. Finding the "right" gift for everyone on your list can be fun, and easy. Really. ■ Just locate a gift or stationery store which carries products from Yasutomo & Co. of San Francisco. Yasutomo is the West's largest importer of Japanese art, craft and stationery supplies. They have dozens of lovely and unusual gift ideas. ■ The kids will love Origami. This is the ancient Japanese art of folding paper into birds, flowers and animals. Creative fun without mess. Packages of these colorful papers start at 10¢. ■ Dad will appreciate this handsome ballpoint pen he can refill with sealed cartridges of real fountain pen ink. Convenience combined with smooth and beautiful writing. This is the Uni pen. It comes in assorted colors, with a gold-anodized aluminum cap. Just $3.98. ■ Here's a thoughtful gift for Aunt Jane. The "Tote 'n Set" Hanger hangs on tables and counters to hold her purse, umbrella or camera. Fits in purse or pocket. ■ If Grandmother lives away from the West Coast, her friends will admire and envy the colorful, silken-textured Kabuto Napkins you send her. They're made of rice paper, wonderfully absorbent, with soft scenes of Oriental blossoms, butterflies, mountains and pagodas. Some ladies use them as handkerchiefs. A wide variety of patterns, 24 napkins in a package, luncheon sizes at 50¢, matching cocktail napkins at 30¢. ■ Don't forget Mom. For only 69¢ you can give her this lovely gold or silver ballpoint pen, with a pearl on a chain. A gracious accessory for any lady. ■ The folks next door? Mingei calendars are hand-blocked on parchment paper. This is an ancient and disappearing Japanese art. A gift your friends will truly esteem. Twelve page wall, desk or scroll types. ■ Send 50¢ for a catalog of many other items you can buy at gift and stationery stores. If you'd like, we'll send your dealer's name.





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*Carson Pass* (State Highway 88) is the next candidate for an all-year road. If it is kept cleared all year, it loses the first snow for 28 miles from Peddler Hill ski area to the junction of State Highway 89. Some of the best fall color is along this route.

*Ebbetts Pass* (State Highway 4) carries the least traffic of the Sierra routes. The climb over the summit is gentle and only at the top do you get a glimpse of the high country. Not maintained in winter are the 34 miles between Bear Valley ski area and the junction with State 88.

*Sonora Pass* (State Highway 108), best traveled up to the resort area at Dardanelle, offers fine above-timberline views on both sides of the summit. Theaters at Dardanelle usually remain open until the snow falls. Afterward the road is closed for 43 miles from 5 miles east of Strawberry to the intersection with State Highway 395.

*Tioga Pass* (State Highway 120) is the most spectacular route through the Sierra. Although the climb out of Lee Vining to the summit is now two lanes all the way, it still rises 3,000 feet in 13 miles. The highway is blocked a total of 65 miles from the tunnels on the Big Oak Flat Road above Yosemite Valley to west of Lee Vining.

---

## "Cultural" Olympics

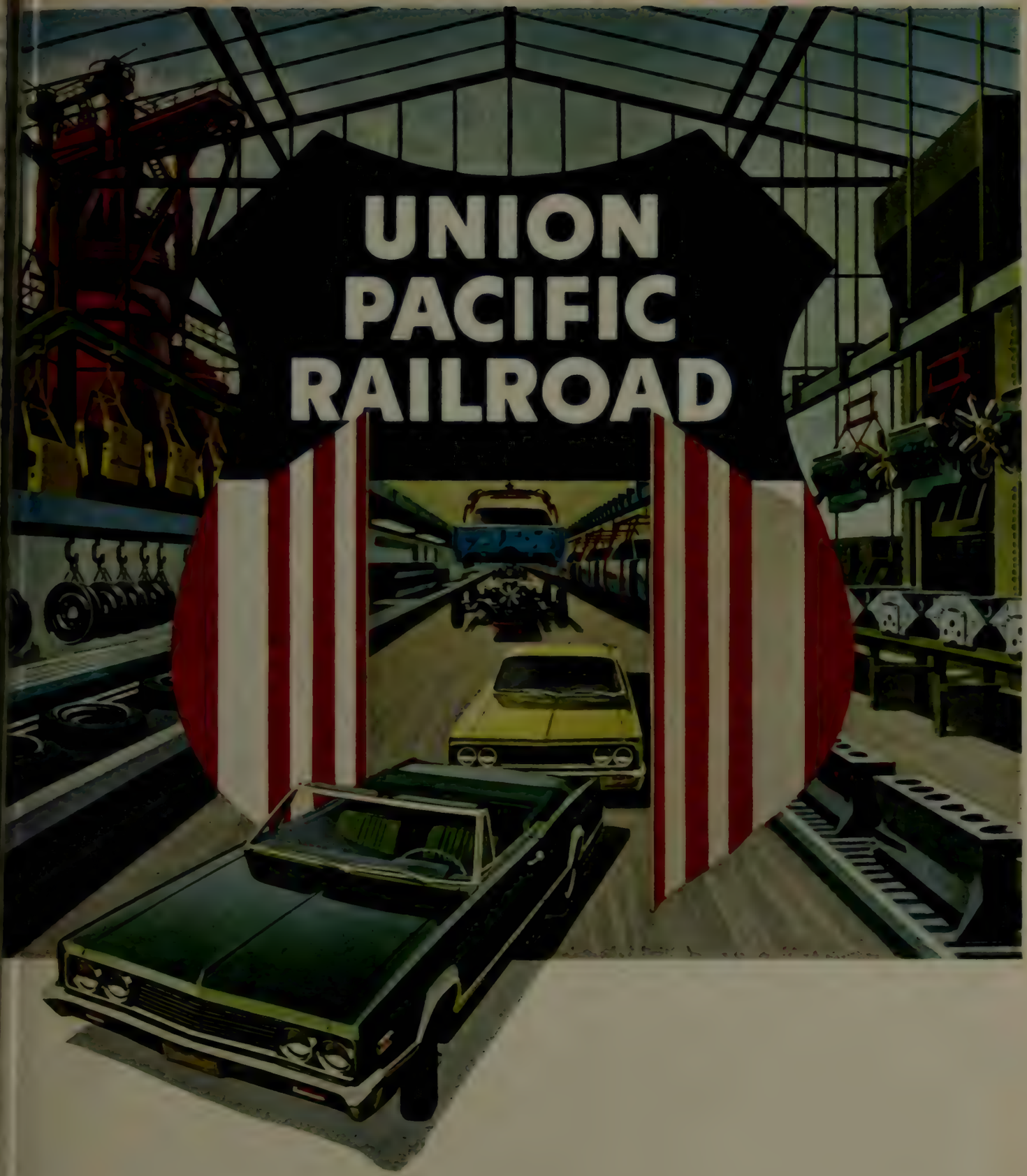
**Mexico hopes** to revive an important aspect of the ancient Greek Olympics, first held in 776 B.C., by emphasizing cultural events along with athletic competitions this year in Mexico City.

Ancient art masterpieces from throughout the world will be exhibited in the National Museum of Anthropology and contemporary paintings at the Museum of Modern Art. Sculptures will be erected in the Central Plaza of the Olympic Village and surrounding parks.

The Ballet of Five Continents, a combination of choreographers and dancers from 13 nations coordinated by Amalia Hernandez of Mexico's Ballet Folklorico will be performed in the Fine Arts Palace and National Auditorium as well as other theaters throughout Mexico and Central and South America.

You will also find films, performances by orchestras, theatrical shows, and folk dance groups in public squares, theaters, concert halls and art galleries throughout Mexico City and other parts of the country.

Prices for the various performances will be relatively low, up to a maximum of about $2.40.

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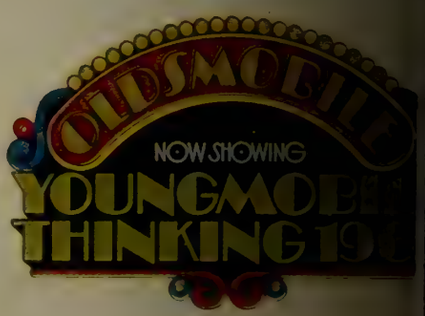


# *Applying for a passport*

**pplying for a passport** is really a simple ocedure; it only seems complicated be- use the requirements are stated in great tail. The most important thing to re- ember is to apply soon enough (at least o weeks in advance) for all necessary ocessing.

*OW TO APPLY*

you have never had a passport, you ust apply in person to a U.S. Depart- ent of State Passport Agency, or to the earest federal or state court having aturalization jurisdiction. If you have an ld passport, you may apply by mail. assport agencies in the West are in Seat- le, San Francisco, Los Angeles, and Hon- lulu. Your travel agent can help you find he nearest court handling passports.

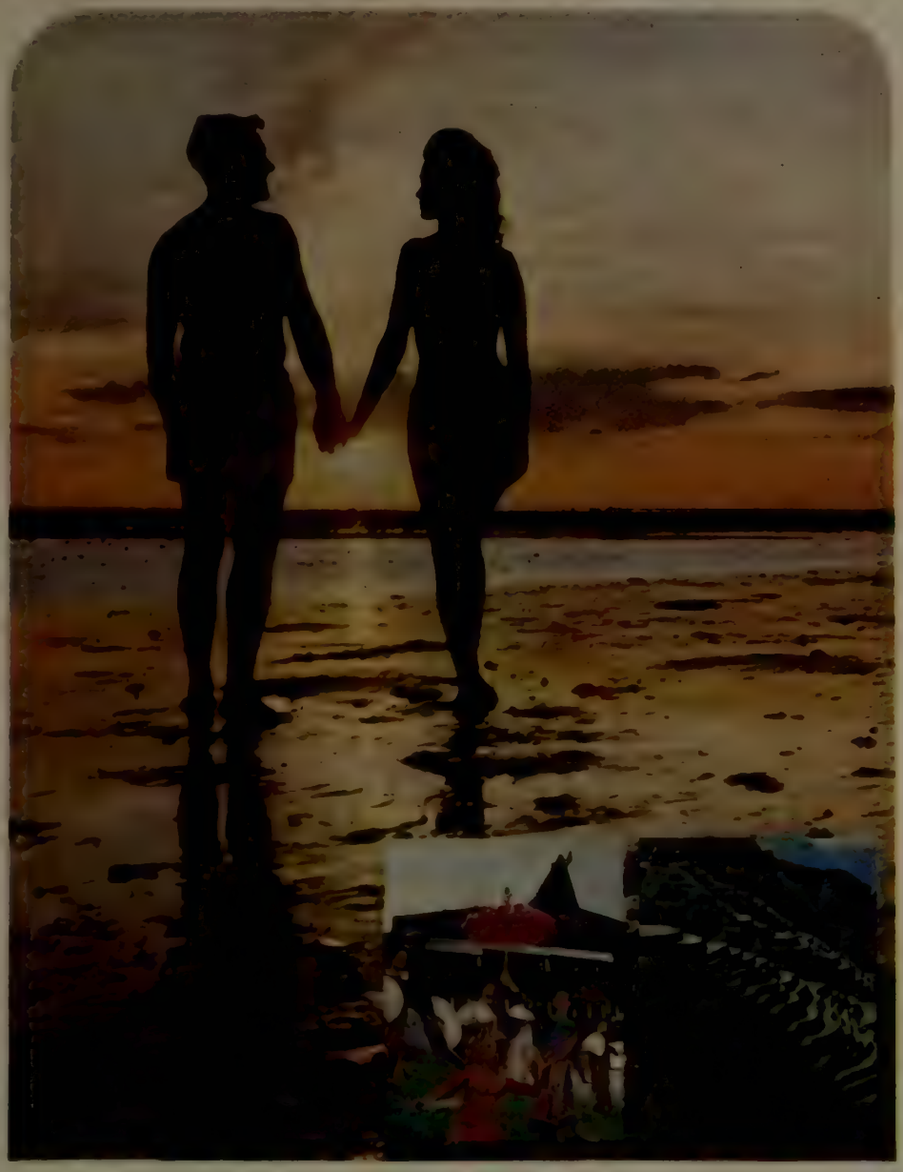
Bring proof of your United States citizen- hip. Preferred records are an old passport, irth certificate, or baptismal certificate. f none of these is available, you need notice signed by appropriate authorities hat no birth record exists together with chool or census records, newspaper files, r an affidavit by parent or close relative having personal knowledge of the date nd place of your birth. Naturalized citi- zens need certificates of naturalization.

Also bring two duplicate front view photo- graphs (either black-and-white or color), printed on unglazed paper with light background, and measuring not less than 2½ x 2½ nor more than 3 x 3 inches. Don't try to use snapshots or vending machine photographs. Professional passport pho- tographers usually give one-day service.

When you apply, you will also have to prove your identity. A document contain- ing your signature and physical description or photograph (e.g. previous passport, cer- tificate of naturalization, driver's license, industrial identification card). If you have none of these, take along a friend who has known you for at least two years.

There's been a recent change in the life of a passport. Formerly passports were valid for five years, but had to be renewed at the end of three years by application and an additional renewal fee. Late in August of this year validity was extended to five years without renewal. The new ruling also applies to outstanding passports, so one obtained before the change is valid for a full five years.

Passport fees have changed slightly as well. The fee is a flat $10, payable by check or money order, plus a $2 fee for execution of the application by a pass- port agent, federal, or state court.

Memories are made of these in the Philippines. Which one will you remember?

The glowing smile of a gracious Filipina. An exciting moment in a cockfight.

A haunting *harana* outside your window. Swinging nightclubs.

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# The Shoshone-Paiutes invite you to stop off anytime and fish

**The trout season** never closes on Nevada's Starvy Creek Reservoir. The well stocked mile-wide impoundment is on the Duck Valley Indian Reservation in northern Elko County, and the Shoshone-Paiute Indians who reside there invite motorists along Nevada Highway 51 to stop and fish at any time of the year.

The Bureau of Sport Fisheries and Wildlife has been stocking the reservoir with rainbow for several years now, and the trout grow rapidly in the reservoir's productive waters. The average catch runs to 1 pounds and displays the plump body and small head that often characterize a well fed trout in a relatively new reservoir environment. The enlarged reservoir was first opened to visitors in 1967, and the fishing seems to get better as time passes.

You'll need a tribal fishing permit (one-day fishing permits can be purchased at the Shoshone-Paiute Tribal Office in Owyhee, Nevada for 75 cents each) and a valid Nevada state fishing license (a non-resident 5-day fishing permit costs $3.50).

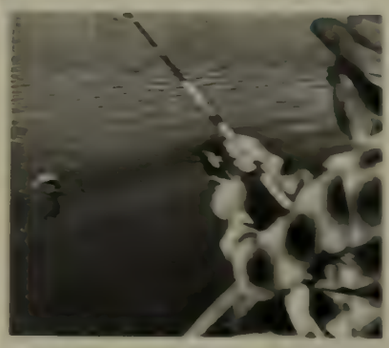
Youngsters under 12 years of a[illegible] fish without permit or license.

Live bait is prohibited on Sheep [illegible] Reservoir and its tributary stream but the trout respond enthusiastic[illegible] to dark baits, spinners, and bright [illegible]. The most successful fishermen are [illegible] trolling the deeper waters immediately behind the dam, but casting fro[illegible] shore also gets good results.

No boat rentals are available, but you have your own boat you can use [illegible] concrete launching ramp on the south [illegible]. Serious trout fishermen will be pleased to learn that speedboats and water-[illegible] are prohibited.

Two campground areas along the south shore offer picnic tables, fire grills, sanitary facilities, and a water supply (see below).

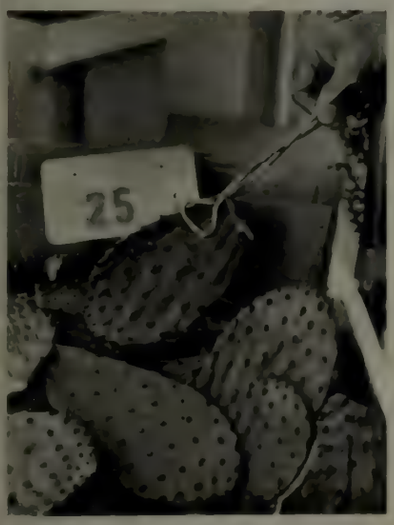
Overnight camping permits cost [illegible] per vehicle. If you're camping the [illegible] month, expect frosty morning and evening weather with pleasantly mild temperatures at midday.



**Rainbow trout** are fat and sassy at Nevada's Starvy Creek Reservoir.

**Youngster** leaves the ground on upstroke of pump handle at one of reservoir's camp[illegible]

**Produce specialties:** *jicama root . . .*




*. . . and prickly pear cactus pads*

BARON WOLMAN

**Mariachis** *play on balcony above while shoppers move through produce market below*

# *El Mercado* . . . it's L.A.'s market with music

**Eating** *is good at snack-bar stands. Fresh, elongated doughnut is a churro (10 cents)*

**Visible evidence** of the culture of Mexican California has been difficult to find in the enormous Mexican-American community of East Los Angeles, but a place that opened earlier this year helps remedy this. It is *El Mercado,* which translates simply as "The Market."

It's a market with music. You'll hear mariachis, marimba players, *norteña* bands, and trios—every day from noon to 1 P.M. and 6 to 8 P.M., and all afternoon on Saturdays and Sundays.

The market has most of the cheerful traits of a Mexican market: color, variety, and movement. And it serves as a common meeting place for the community. New, brightly lit and airy—and sometimes noisy—it is so natural that you are reassured it is not for tourists. Signs are in Spanish and English, and you'll hear both languages spoken.

The building encloses a great open space,

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BARON WOLMAN

**Dusting** *the pottery. This stand also sells puffy paper flowers and bright piñatas*

with arches open to the outdoors. On the main (lower) floor are food and other stores: pharmacy, fabrics, books, pottery, and paper flowers. The mezzanine is lined with tables and a series of food stalls where you can buy coffee, a snack—almost any Mexican dish, hot dogs, Chinese food—or a full meal.

Suburban dwellers might well envy such a social-center marketplace. It allows a shopping trip to be a leisurely family experience: Fathers sit at the café tables, chatting and enjoying the music; children play nearby; mothers do the weekly shopping below. There is even a shoeshine boy, as in any Mexican market.

One attraction for shoppers from other parts of town is that here they are reasonably sure of finding otherwise hard-to-find ingredients for Mexican cooking.

The market is at 3425 E. First St. between Lorena and Indiana. Hours are 9 A.M. to 9 P.M. daily.

## Paper flowers . . . and *queso crema*

**Sampling** *cheese. You can buy Mexican-type white cheese made locally (in Chino)*

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ERNEST BR

**Medieval casque,** *seen through special glass case, seems to fit museum curator's he*

**Not a toy,** *this painstakingly accurate miniature is re-creation of an old war mach*

# A new Hall of Arms and Armor

**The powerful fascination** of the tools of violence is amply shown in a historical collection opening at the Los Angeles County Museum of Natural History on October 22. Called the Hall of Arms and Armor, it is an awesome display of the ingenuity that has gone into weaponry.

The more than 350 pieces in the collection illustrate the hardware of warfare from the era of rough-hewn clubs—125,000 years ago—through the romantic years that glorified individual warriors with elaborate suits of armor, down to the more modern period with its coldly efficient cannons, rifles, and pistols.

Most captivating is the miniature si tower and catapult pictured above. Th re-creations, with tiny figures that se to scramble over and around them, to months to build. Plans for the wood structures were carefully made from sketches—from an era before blueprint

Closed circuit television and tape-r corded narratives will be added to h give historical perspective to the vari displays. These devices are expected be in operation shortly after the openi

The museum, in Exposition Park, is op every day except Monday from 10 A to 5 P.M. (admission is free).

# Pontiac announces the great break away—'69 Grand Prix.

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# Out of Bishop the fall fishing should be good

**Southwest of Bishop,** California, the granite peaks that crown the Sierra's steep eastern flank overlook more than 100 rockbound lakes and tarns that form the headwaters of Bishop Creek. Late-season trout fishing is excellent along the creek, in its several large reservoirs, and in the chains of so-called *Pater Noster* lakes that step up its glacier-carved canyons.

The Forest Service campgrounds along the creek are crowded with campers and fishermen through most of the summer, but after Labor Day weekend many of the campsites are deserted and you'll have the streams and lakes pretty much to yourself.

By now, the first big storm of the season may have frosted the high peaks with snow, but this initial onslaught of winter is frequently followed by a long stretch of fair weather when midday temperatures may climb back into the 70's. During this bright interlude of Indian summer, stream and lake conditions are optimum for the best trout fishing of the year.

The range of temperatures along the creek this month reflect the more than 7,000-foot difference in elevation between the Owens Valley and the high lakes of the Bishop Basin. While the town of Bishop (elevation 4,147 feet) swelters in desert heat, it may be just comfortably warm at Lake Sabrina (9,130 feet), cool enough for sweaters and lightweight jackets at Moonlight Lake (11,000 feet), and frosty enough for long johns and mittens at Echo Lake (11,600 feet).

MIKE AND MARY HAYDEN

**Brook trout** *grow large in the high, glacier-carved lakes of the Bishop Basin area*

### *STREAM AND LAKE FISHING*

Like the variation in air temperatures, the fishing this month is very much a function of elevation. Because trout tend to lose their appetites when the water temperature drops below 40°, the fishing is fairly well restricted to lakes and streams below 11,000 feet.

From the town of Bishop, a good paved road follows Bishop Creek up the steep

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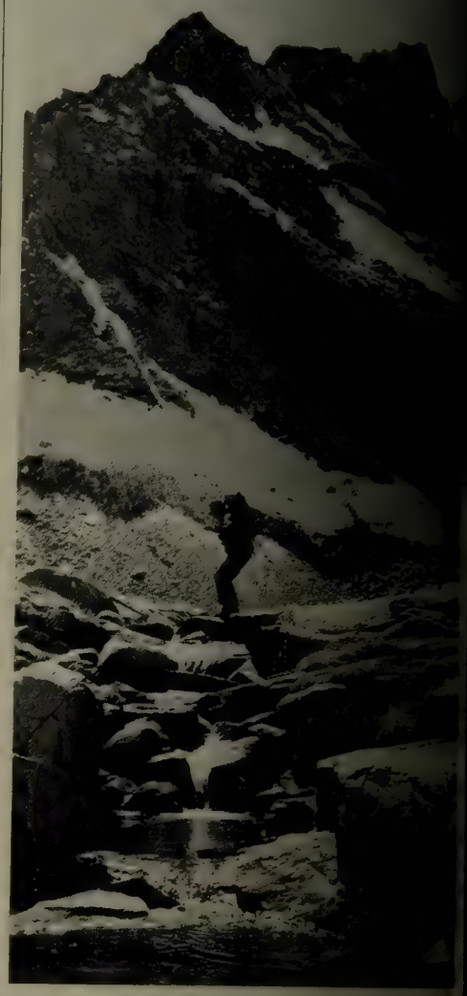
eastern slope to the dam at Lake Sabrin The South Fork Road is paved most the way to South Lake. The fishing good (and most accessible) along the stretches of road.

Bishop Creek is heavily stocked wi catchable rainbow in summer, and though it's actively fished throughout t summer months, each year a sizable nu ber of large ones survive the summ to tempt the October angler. These su vivors are frequently the hardiest a wisest of the hatchery brood, presenti a real challenge to the late-season fishe man. The creek's naturally-spawni brown trout are even more difficult hook, but account for most of the troph sized catches.

Stream conditions are apt to be perfe for fly casting in the fall, but salmon eg worms, and grasshoppers will also ta fish. Those stretches of creek near hydr electric installations make poor fishi ground because of the extreme fluctu tions in the water level of the stream.

Lake Sabrina and South Lake offer som of their best fishing in September and t trout usually continue to feed active

MIKE AND MARY HAYD



**Granite peaks** *that rim the Bishop Basi may be frosted with snow in Octob*

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through October. Rainbow are the m common catch but Sabrina also has a r utation for monster browns and big Ka loops. Trolling or fly-casting from a b is the usual fishing method; spincast bait or lures from the shore also g results.

The high lakes of the Bishop Basin o excellent autumn fishing if you can there before winter sets in. October chancy. And even when Indian summ weather lingers, the action may be s and temperatures much too low for co fort. On a bright October day last y our reporter spent a luckless day at E Lake with cold-numbed fingers, trying thaw out a line that kept freezing to guides and reel.

*CAMPING AND BOAT RENTALS*

Inyo National Forest offers eleven stre side campgrounds along Bishop Cre and with the possible exception of Trees Campground (at the lowest ele tion) most will be deserted this mon Night temperatures may drop well bel freezing this month and mornings frosty and cold.

Many of the lake resorts nail up for winter around the first of October, boat rentals are usually available throu the end of trout season. For informat about accommodations in late-season sorts, write to the Chamber of Comme in Bishop.

Trail maps and campground informat on the Bishop Creek area are availa from the Forest Supervisor, Inyo Natio Forest, 207 West South St., Bishop, Ca 93514.

---

## *Emergency kit*

**You break** a boot lace along a mountain trail and a companion gives you an extra lace from a small emergency kit in the pocket of his pack. Your sleeping bag zipper jams on a frosty evening and a fellow camper provides you with a couple of oversize safety pins from a small utility bag . . .

Boot laces, nails, needles and thread, instant beverage powders, a small notebook and pencil stub, candles and waterproof matches, buttons, tweezers, hard candy, and perhaps a small bar of soap can all go into a random but useful collection of odds and ends that you stow away as a permanent part of your camping gear.

Package the whole collection in a heavy-duty freezer bag, waterproof box, or small tobacco tin and keep it handy in pack, tackle box, or saddle bag for small emergencies.

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**ll aboard** *for the 17-mile round-trip rail r excursion from Twain Harte to Lyons ake on the old Sugar Pine Railway line*

# Happy hours on the Sugar Pine line

**Veekend visitors** to California's historic old Country can take a short rail ex-ursion up the South Fork of the Stan-slaus River this month over the tracks of he old Sugar Pine Railway.

A surrey-topped motor car or "speeder" f the old Sugar Pine logging line will eave Twain Harte each Saturday and Sunday in October at 11 A.M., 12:30 P.M., nd 2 P.M., for the 8½-mile run up to Lyons Lake Resort. The trip takes about an hour, there's a 30-minute picnic stop t the lake, and the return trip to Twain Harte takes another hour.

If you would like to spend the day at the ake, you can take the 11 A.M. excursion from Twain Harte and return on the last run at 3:30 P.M. You can also camp over-night at Lyons Lake Resort ($2 camping fee per family), and return to Twain Harte on Sunday.

Round-trip fares for the 17-mile excursion are $3 per person, $2 for children under 12. Children under 5 ride free. For in-formation on special group excursions, telephone Lyons Lake Resort, (209) 586-3724, or write to Star Route, Box 1196, Sonora, Calif. 95370.

Twain Harte is just off the Sonora Pass Road (State Highway 108) about 10 miles east of Sonora. Leave State 108 at the Twain Harte turnoff and continue about 2 miles north through Twain Harte to East Avenue. Turn right on East Avenue. The rail terminal is on East Avenue at the railroad crossing.


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THE MAGAZINE OF WESTERN LIVING

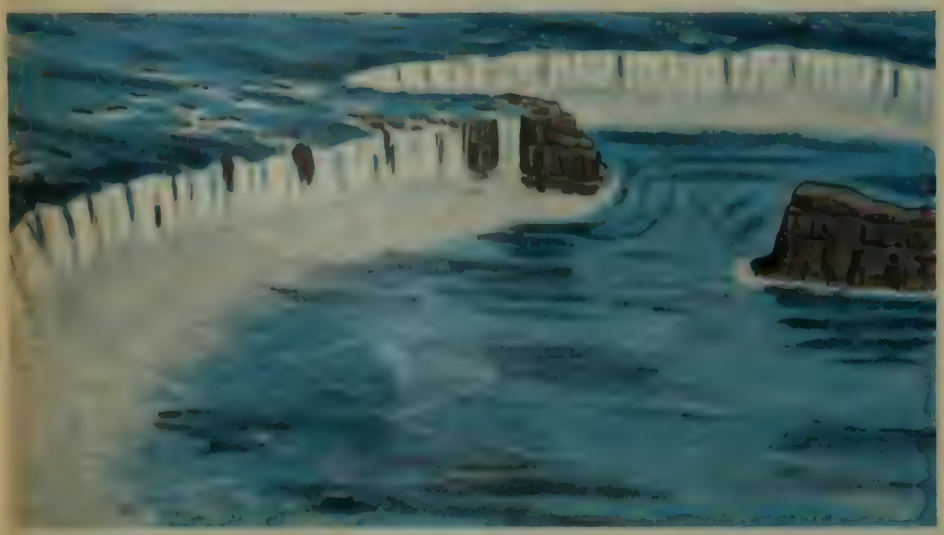
OCTOBER 1968

# Grand Coulee and the grand coulee country

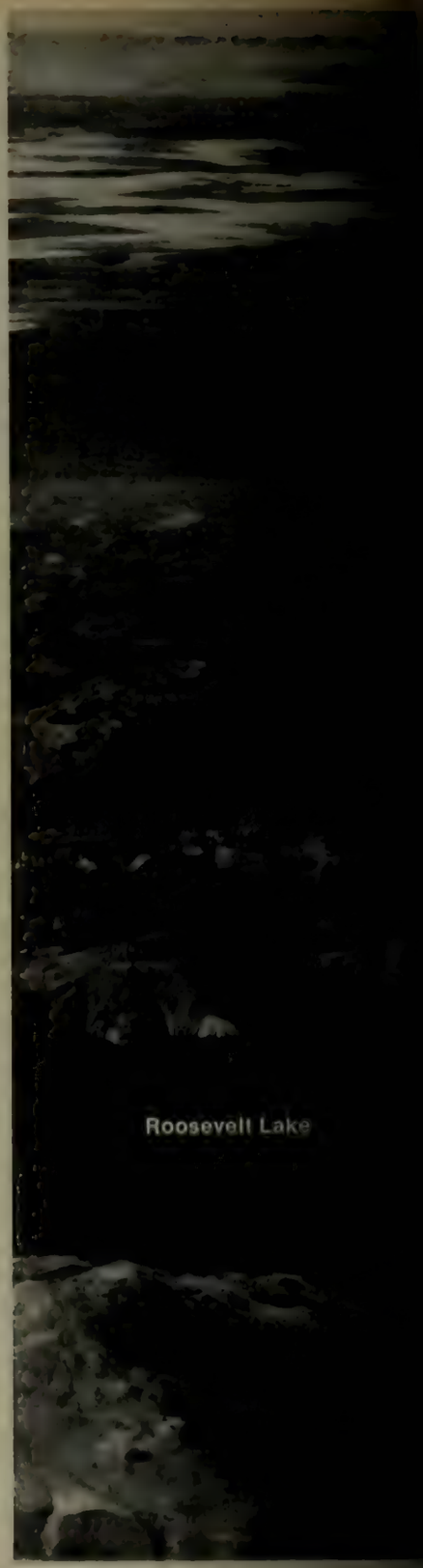
## Here is an auto trip backward into geological history . . . tracing the awesome water works of the ancient Columbia

DON NORMARK

**Dry Falls today:** *one of world's most impressive views into geological history*



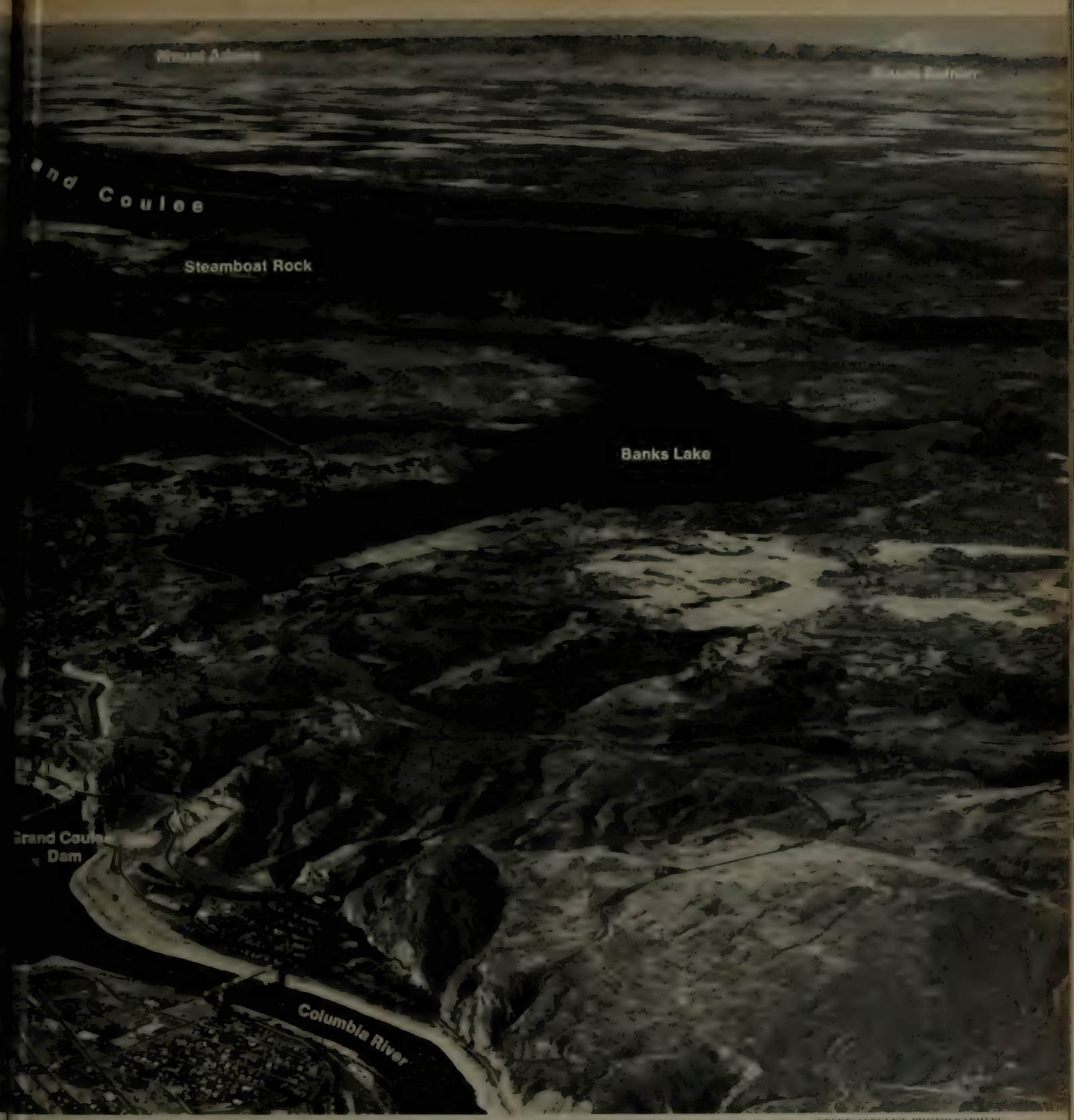
**Thousands of years ago,** *the water poured in and looked something like this*




**From the air,** *you can begin to appreci*

**On a 250-mile** loop drive through Gra Coulee and Moses Coulee country in c tral Washington, you get a dramatic fir hand impression of the awesome natu forces that shaped this part of the C lumbia Basin—as it was cons ago and it is today.

The ice jams of glacial times were t first dams on the Columbia, forcing t river out of its regular valley to cut acr the immense Columbia Basin lava fiel leaving a network of "scabland channel




EBERT-AEROLIST PHOTOGRAPHERS

*The immensity of the Columbia Basin lava fields. Several times the ancient Columbia River excavated its way across them*

a scattering of medium-sized coulees, and the two giants, Grand Coulee and Moses Coulee.

That is perhaps the quickest way to describe what happened in the Columbia Basin during the alternating freezes and melts and floods of ages ago. There were three big glaciations (and many smaller ones), so the coulees were cut in different ways and at different times, but in general by the same runoff that by our time had settled down into the comparatively small trickle we call the Columbia River.

Evidence of those titanic geological events can be found along river courses now used by the Okanogan, Spokane, and Palouse rivers and Crab and Rock creeks, and in streamless channels like Dry Coulee. Ice-grooved rock, moraines, glacial erratics, and dry waterfalls indicate the advances and retreats of the mile-thick ice packs.

Long before those events, the Columbia's meandering course took it across a path that may have been similar to today's coulee channels. But the original waterway was drastically altered by dozens of vast lava flows that covered the basin to depths of as much as 6,000 feet with successive layers of molten basalt. The river's original course, wherever it was, now lies buried somewhere under these deposits, but it is no coincidence that the present course follows a route around the northern edge of the lava fields between the lava plain and adjacent mountains, where

THICK AND THIN BLACK LINES on map trace loop drive through coulee country from Wenatchee back to Wenatchee

**A nice collection** *of perch and trout was caug in Banks Lake at Steamboat Rock State Pa*

**Horseback riders** *explore coulee bottom, th with sagebrush, in Sun Lakes State Pa*

it re-formed after its original course was destroyed.

### *RETRACING THE ANCIENT COURSES OF RIVERS AND GLACIERS*

A geologist could spend a lifetime exploring the territory covered by this 250-mile loop trip through Washington's coulee country, but you can reasonably sample it in two days, allowing time for sightseeing, fishing, an overnight stop (motel or campsite), and examination of the ancient Columbia's visible sculpturing.

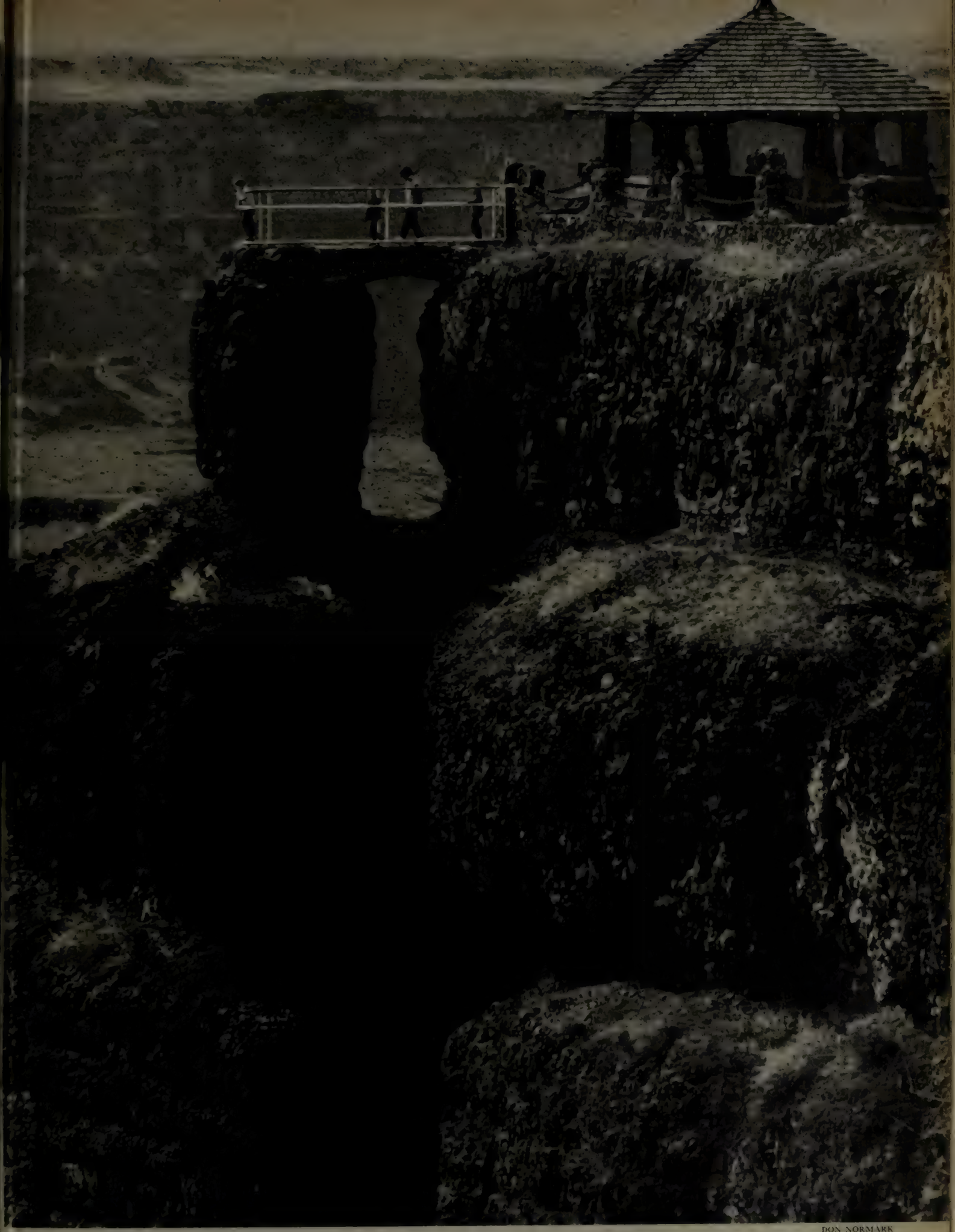
In October the blistering daytime heat that lasted well into September will be replaced by temperatures in the 50's or 60's, cooler breezes, perhaps even a to of frost at night. Most days the s should be clear. The motels and can grounds aren't crowded. Many roads w be empty for miles in either direction; one of the best times of the year for so exploring.

**Lower Moses Coulee.** Eighteen miles low Wenatchee on State Highway 28, tu east at Columbia Station to enter Low Moses Coulee.

Palisades store and a thin community small ranches are 11 miles up the coul On your way, watch for the natural sto statuary of "Chief Moses and his wif 2 miles into the coulee on the right ( was the Indian chief for whom the cou was named).

Along here the only sounds are magp chatter, rock wren songs, and the di of dry weeds across the asphalt road. F ther into the coulee, among the ranch the bawling of cattle bounces off perp dicular coulee walls.

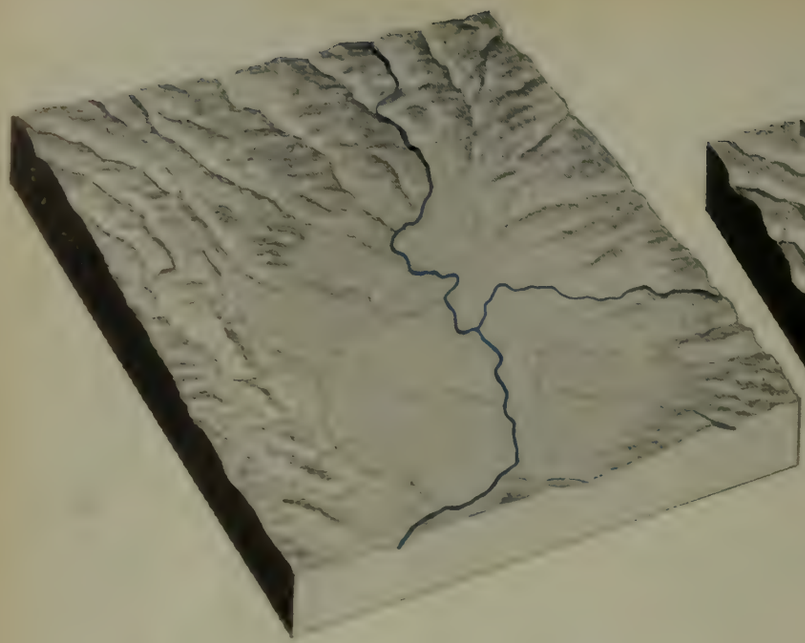
The road, now gravel, climbs out of t



DON NORMARK

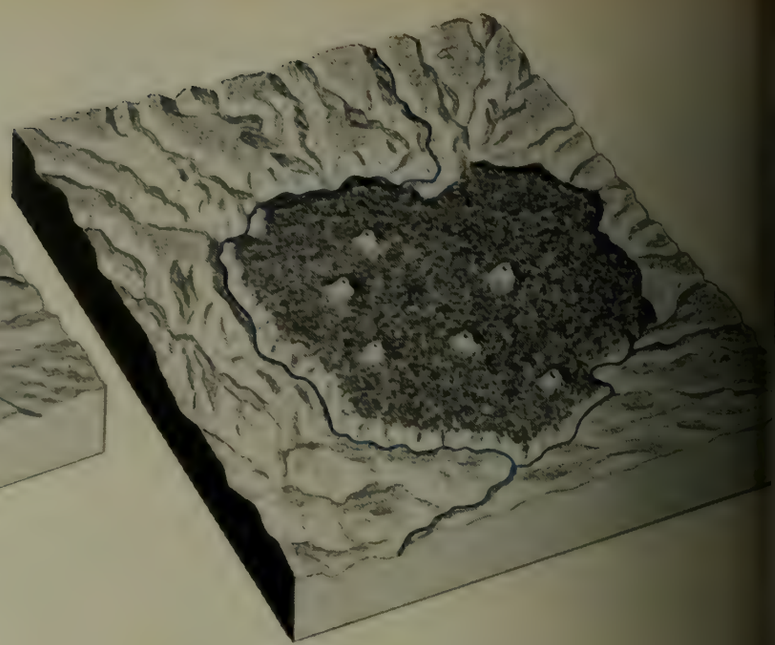
*Sheltered overlook and catwalk to a lava pinnacle are perched over ancient plunge pools of Dry Falls. Nearby a new visitor center contains geology exhibits. You can easily distinguish the layers of basalt, products of repeated lava floods long ago*

You look down on geological history



**20 million years ago, a verdant river basin**

*During the Miocene Epoch, the Columbia swept through a central Washington warm in climate and rich in varied plant and animal life. No one knows the river's old course; possibly it followed a route similar to the one shown in this diagram*



**15 million years ago, the lava flows**

*In late Miocene and also in early Pliocene times, repeated floods covered central Washington's hills and valleys. For ten million years, flood after flood of basalt built up to th nesses of 6,000 feet, forcing the river around the lava fi*

A geologist could spend a lifetime in the coulee country. In two days you can loop it, sample it, and still have time for a swim and some fishing

showing the ancient river's history, origin of the Columbia Basin lava fi the glacial events, and the origin of coulees and dry falls.

Below the Dry Falls visitor center overlook, 3,365-acre Sun Lakes State P fills the coulee bottom. Campsites, sim cabins, seven fishing lakes, boat ren excellent swimming, a cafe and gro store, a nine-hole golf course, horsel riding, and plenty of remote country to explore make this one of Washingt

ancient river bottom 7 miles above Palisades, and crosses plateau wheatfields to the community of Soap Lake and State Highway 17.

**Lower Grand Coulee.** Grand Coulee has two sections, upper and lower.

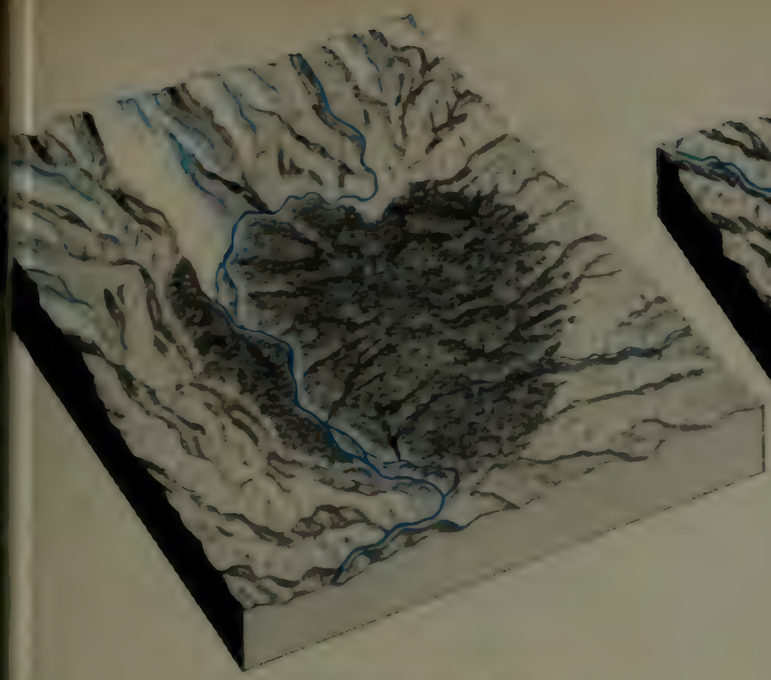
For 20 miles above Soap Lake on State 17, basalt walls rise 400 feet above a continuous chain of spring-fed lakes, terminating in Falls Lake and Deep Lake—the plunge pools of a 400-foot waterfall that cut through lava and backed up all the way from Soap Lake to Dry Falls, forming the lower coulee.

Dry Falls was once an immense fall of water, perhaps the biggest in geologic history, well over 3 miles wide. By comparison, today's Niagara is miniscule.

All the lakes offer good spiny-ray fishing, and the upper lakes have fine populations of planted rainbow trout.

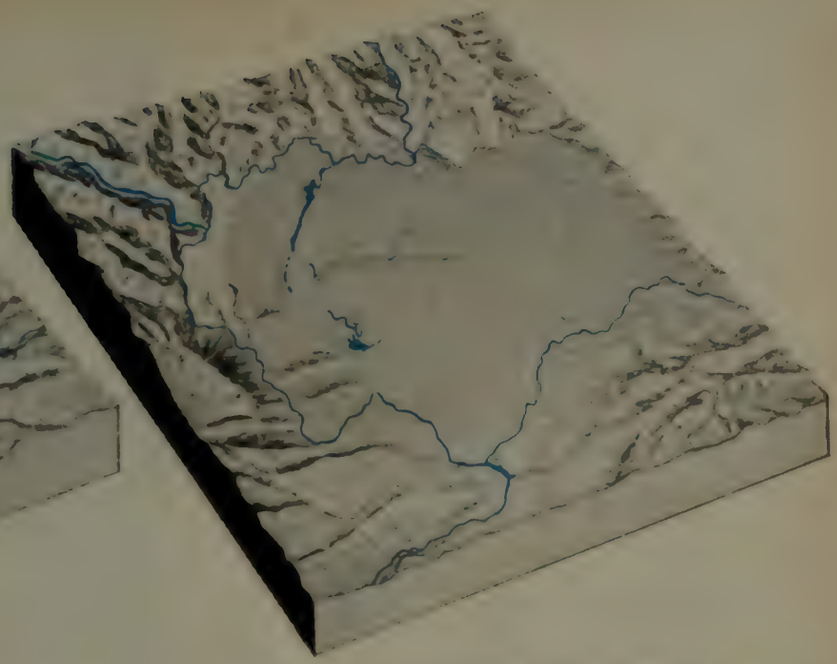
Along the highway above Dry Falls, a state park visitor center and museum contains excellent displays and dioramas

**Near Omak Lake** *this huge balancing rock was left by a melting gla*



**A million years ago, the ice flows**

*With the beginning of the Pleistocene, the climate cooled. Conditions favorable to the formation of glaciers developed, and vast sheets of ice moved south, blocking the Columbia and forcing its waters to cut new channels across the lava fields*



**Today, the water-eroded coulee country**

*Some twelve thousand years ago, the last glaciers melted, and the river returned to its old course between lava fields and the mountains, leaving vast scars across the lava fields in the form of immense coulees, dry falls, and water-eroded scablands*

most popular state parks. One of the park's most unusual features is a herd of fallow deer, the only such animals roaming free in this country. These natives of India are frequently seen, especially by hikers and trail riders.

There are motel accommodations in the resort community of Soap Lake, and a few motels in Coulee City. Waterfowl are a common sight on the small lakes between Soap Lake and Coulee City, especially in fall and spring.

**Upper Grand Coulee.** Four miles above Dry Falls, State Highway 155 enters the deeper and wider upper coulee, whose floor is now mostly inundated by Banks Lake, an irrigation reservoir kept filled by the pumps of Grand Coulee Dam. There are campgrounds at Coulee City and at Steamboat Rock State Park, 20 miles up the coulee; boat ramps at several other points. Fishing in Banks Lake is mostly spiny-ray, but there are trout too. There is no closed season.

Steamboat Rock marks a glaciation line, and once divided the flood channel that cut back the upper coulee. An island in ancient times, Steamboat Rock is today a peninsula in Banks Lake.

In terms of man-made things, the culmination of Grand Coulee is Grand Coulee Dam, which creates the largest water impoundment on the Columbia River. Franklin D. Roosevelt Lake backs up 150 miles from the dam to the Canadian border. There are some 20 recreation centers

**It took floods** *of great size to cut such swaths through lava fields. In this bird's eye view you're looking south, at Grand Coulee*

DON NORMARK

along the reservoir shore. A guide map to these facilities is available free from Superintendent, Coulee Dam National Recreation Headquarters, Box 37, Coulee Dam, Washington 99116.

Below Grand Coulee Dam, the present river course is almost due north in wide sweeping curves, then west toward the Cascades, south again from where the Okanogan River joins it for about 200 miles to where the Snake enters from the east, and then west again through the Cascades (via Columbia River Gorge) to the Pacific.

In eons past, the river followed the course you've driven, but in reverse direction—down upper and lower Grand Coulee. And at another time, it flowed through Moses Coulee.

***FROM GRAND COULEE YOU CAN SPEED HOME ON HIGHWAYS . . . OR CONTINUE THE TOUR ON GRAVEL***

On reaching Grand Coulee, if your time is short or if you do not enjoy travel

DON NORMARK

**Warm water,** *hot sunshine make Sun Lake Park popular with swimmers*

**The gravel road** *finally climbs out of Moses Coulee, allowing you to look back down to ancient river bottom, now under cultivation*

**State Highway 155** *heads up from Grand Coulee toward Omak, skirting above and then to Coulee City. The coulee is at its deepest and widest here*

irt and gravel roads, you can speed ome on major highways north, east, south. Or you can continue the geo- tour back to Wenatchee as follows:

**nogan Plateau.** To better appreciate orks of glaciers, and to drive through lovely remote country, head north Grand Coulee through the Colville an Reservation on State 155 to a el road turnoff 9 miles north of Nes- n. This is the road to Omak Lake.

, on the high Okanogan Plateau, are ial tracks in the form of small lakes se basins were scoured by the over- g ice. Omak Lake itself lies in a val- that was probably a watercourse when Okanogan River Valley was ice-filled. half mile south of Omak Lake's thwest corner, you'll see a remarkable al erratic: a 50-ton boulder balancing ately on a bare grass hill, plainly visi- rom the road (see the photograph on 74).

ak Lake isn't much for fishing, but e of the small lakes on the plateau to the south are rewarding. A special Colville Reservation permit ($3) is required to fish; ask for it at sporting goods stores in this region.

Follow the marked gravel road south 5 miles to Big Goose Lake for bass, or continue west on the Monse Road to Duley Lake for trout.

When you eventually reach U.S. Highway 97 at either Omak or Monse, head south to State 17 and Chief Joseph Dam at Bridgeport.

**Waterville Plateau.** Continue south from Bridgeport on State 17, but turn right at the first fork you come to, 3 miles along. This paved county road connects with State Highway 172 about 12 miles farther south, after passing through a belt of "haystack rocks." These chunks of lava were broken from the basalt lip of the plateau by the last glacier and were strewn over the whole northern region of the Waterville Plateau as the ice melted, all the way south to the head of upper Moses Coulee.

**Upper Moses Coulee.** Like Grand Coulee, Moses Coulee has an upper and lower section. In the upper coulee, Jamison Lake offers rainbow trout, sometimes abundantly. You can reach it from Mansfield or from the south on U.S. Highway 2. There is a small resort at each end of the lake, with supplies, rental boats, public picnic areas, and boat launching ramps. But no through road leads past Jamison in the coulee, so you must backtrack on either approach to the lake, from north or south.

U.S. 2 brings you back to Wenatchee. For the last 15 miles to your starting point, it follows the present course of the Columbia River. Having seen some of the wonders this river has wrought in past geological periods, you may find yourself examining it with renewed interest. Although it is now pretty placid behind hydroelectric dams, the Columbia remains North America's second biggest river, a waterway of gargantuan accomplishments.

## Your car climbs up . . . from ancient river bottom to lava plateau

**The big three** *in cool-season lawn grasses, and the main features by which you identify them. Finer features are described at ri*

# Which grass makes up your lawn?

## The fescues, the blues, the bents, the ryes . . . each of these grasses has different needs

**It surprises** many lawn owners to le that they can identify lawn grasses—a moreover, that there are good reasons doing so.

About the only things that all lawn gr es have in common are green color and ability to grow and function while c tinually having their tops chopped Coming originally from many differ climates of the world, they differ in tural requirements. They also differ in shape, texture, and markings.

Once you know which type you have your lawn you will be equipped to giv the care—mowing, watering, fertiliz and chemical treatment—that it ne You may have several kinds growing gether, in which case you can try f compromise care program.

On these pages we show and then how to identify, and how to care for, most popular kinds of cool-season or ha grasses. Not considered here are the s tropical grasses (Bermuda, zoysia, St. gustine) that grow in the milder clim of California, Arizona, and Hawaii. T deserve separate treatment. Here it

to say that if your lawn grass ds mightily by runners and turns w or brown each winter, it's a sub- al grass and not one of the hardy es. The hardy grasses discussed here be seeded over a subtropical grass ll to have an evergreen lawn.

### FESCUES

e are several forms, but creeping red e and Chewings fescue are the most non in lawn mixes and therefore the common in Western lawns. Slight ences in color and toughness are the distinctions.

sample at left in the photograph on opposite page tells it all: Look for fine d, needlelike leaves.

fescues grow better in shade than other common hardy lawn grass. y also grow well in sun. They function in fall, winter, and spring. In summer can get diseases, more notably in fornia than in the Northwest. If a d gets thin because of diseases or for other reason, the lawn becomes quite chy looking. This usually happens in spring and summer. Reseed in fall to e it a dense turf again. Fine fescues ire less water and fertilizer than blue- sses and bents. Best mowing height is inches.

### RSE FESCUES

se are not illustrated. They go by the nes Meadow and Alta or Kentucky 31 ues. They have coarse blades, ¼ to inch wide, with longitudinal ribs on the er sides and glossy finish on the under- es. Because of tiny sharp teeth you run your fingers *up* but not down the es of the blades.

arse fescues may be mixed with fine- tured grasses in some seed mixtures, t they shouldn't be because for a home n the two are texturally incompatible e coarse fescues become clumpy). Best is as a coarse lawn subjected to rough atment, such as a football field. They not bothered by the common insects d diseases. Mow at 1½ inches with a tary mower.

**Two ways** *to tell rye grass. Left: Even with sharp mower, mowed tips are usually frazzled. Right: Leaf undersides are shiny—uppermost blade shown here is rye*

### BLUEGRASSES

Originally there was just Kentucky bluegrass. Now there are also many named forms of it—Campus, Cougar, Delta, Fylking, Merion, Park, Prato, Windsor. *Poa trivialis*, a bluegrass form for shade, is sometimes included in lawn seed mixes.

The photographs at top of the opposite page and bottom of this page show how to recognize all forms: parallel sides, rather erect growth, canoe tips, translucent parallel lines at midrib.

Bluegrasses make handsome lawns but they have faults, too. Most forms are quite susceptible to rust (no control, just feed to make grass outgrow the red or orange coating). They also get leaf spot and stem spot diseases that can kill patches (apply fungicides as preventives). Where diseases have struck, scratch out old grass in dead patches and reseed in fall. Bluegrasses need water more often than fine fescues. A gray-blue cast indicates need for water. Mow any kind 1½ inches; the newer forms can stand closer mowing which makes the lawn look neater.

**Annual bluegrass,** a weed, also has canoe tips and two lines at the midrib. But it is softer than Kentucky bluegrass and fluffy little seedheads form deep down among the blades. It germinates and grows in the cool season, then the rigors of summer usually kill it off, leaving dead areas.

### BENT GRASSES

In a lawn of bent and other grasses, you can pick out the bent grass patches by their softness, their deep-pile sponginess, their fine texture, and, in the morning, by the dew they hold. Pull up a blade or a sprig and you can identify by the characteristics shown on the opposite page: long, tapered sides on blades and many thickly set side branches on runners.

Grown in a pure stand and expertly maintained, bent grasses can make the finest looking lawn possible. But mixed with bluegrass and fescues (either by bird delivery or because bent seeds were in the original mixture), they make unharmonious, ever-spreading mats that don't match the rest of the lawn.

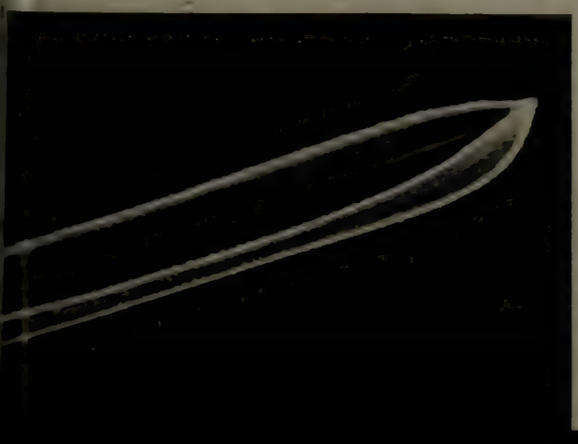
In Western Oregon and Washington, bent is the number one lawn grass. Main problem with it there is build-up of thatch, often calling for renovation. In California, it's tougher to maintain, succumbing often to summer diseases (preventive treatments with fungicide is a must in many California bent lawns) and needing more fertilizer and water than the others. Bent looks best mowed low (½ to ¾ inch).

### RYE GRASS

There are two forms of rye grass, annual and perennial. But often in a batch of seed of either there is some of the other. Identification characteristics are the same for both, as shown above.

Rye is a lawn grass in California's cool-summer fog belt. In warmer climates, it fails as a full-time lawn for lack of density and for overall sleaziness. There it is used chiefly as a winter grass, sown in fall on Bermuda lawns.

**is bluegrass if . . .** *Left: Unmowed leaf tip looks like end of a canoe. Right: When u hold blade up to sun you see two parallel light-colored broad lines down center*



# Carne asada

## Easygoing Mexican meal features meat grilled at the tab

**Carne asada** in Spanish means grilled or barbecued meat, but in some parts of Mexico it is also the name given to a particular dish. This dish varies with the cook, but one common characteristic is the way the meat is cut. Beef or pork, usually the tenderloin, is cut at a sharp diagonal to the grain of the meat in thin strips. The meat is seasoned only by coarse salt and cooked quickly over very hot coals, frequently right at the table.

The cook-at-the-table potential of carne asada suits it to comfortable, relaxed entertaining, as you see at right. The following menu is based on a meal served at the Cazadores Restaurant, an establishment in Guadalajara famed for the variety and excellence of its carnes asadas.

As the pace of this cook-and-serve meal is by nature leisurely, you'll need to keep the two hot accompaniments, butter-browned bananas and sautéed green peppers, warm on an electric warming tray or over a candle. Crisp and piquant chiles, olives, and onions, and hot sauce that you buy, require only to be arranged and served.

DARROW M. WATT

**To prepare** *meat for carne asada, trim and discard all fat from pork and beef tenderloin; slice thin, diagonally across grain*

Dessert might be flan, the caramel-flavored custard; mangoes, fresh or canned; or even mugs of rich chocolate, spiced with cinnamon, flavored with coffee and perhaps a touch of brandy.

**Carne Asada** *(Grilled Meat)*
**Pimientos Verdes Fritos** *(Sautéed Green Peppers)*
**Plátanos Fritos** *(Fried Bananas)*
**Sal Gruesa** *(Coarse Salt)*
**Salsa de Chile** *(Hot Chile Sauce)*
**Cebollas Verdes** *(Green Onions)*
**Chiles Picantes** *(Hot Chiles)*
**Aceitunas** *(Olives)*
**Bollitos** *(Hard Dinner Rolls)*
**Mantequilla** *(Butter)*
**Vino** *(Red Wine)* **o Cerveza** *(or Beer)*
**Postre** *(Dessert)*

Your cooking utensil can be a clay Mexican brasero (at right), a Japanese hibachi, or other small barbecue. You need a solid bed of well ignited coals (8 to 16 briquets) 1 to 2 inches below the grill. The meats for carne asada are very lean and do not smoke while cooking, but the fire may smolder when you start it, so set the cooker outside, or under a ventilated hood, or in a fireplace; keep any draft on the cooker open. As the clay brasero might crack the first time you fire it up, it's wise to be out of doors; never put hot coals into a cold brasero. Eight briquets are all you can use in a clay brasero of the size that's shown at right.

### Carne Asada

6 mild chorizo sausages (each 2 to 3 oz.)
Water
1½ to 1¾ pounds beef tenderloin, fat trimmed off
1 pork tenderloin (about ¾ lb.), fat trimmed off
Coarse (kosher) salt or regular salt

Cover chorizos with cold water, bring to a boil and simmer, covered, for 20 minutes. Drain and let cool. (Even the so-called mild chorizos tend to be hotly soned, so you may find it necessar warn guests.)

Cut the beef and pork into diagonal (see at left) about ¼ inch thick arrange separately on a large tray with the chorizos. Cook the strips of and sausages on a grill 1 or 2 in above a solid bed of very hot coals. the pork until it loses most of the color, then turn to cook evenly unti the pinkness is gone. Cook the beef as like it. Cook the sausages just until lig browned and heated through.

Keep the complete variety of meats the grill at all times so that your gu can make their own choices all during dinner. If possible, keep the portion cooked meat on an electric warming if they cook faster than they can be sumed. Sprinkle coarse salt onto beef pork before eating. Makes 6 servings

**Sautéed Green Peppers.** Wash and see green bell peppers and sliver them. 1 tablespoon butter in a wide frying add peppers and cook, over highest stirring frequently, for about 5 min or until peppers are bright green and beginning to lose their crispness. K warm, uncovered, until ready to se Makes 6 servings.

**Fried Bananas.** Allow ½ to 1 whole, slightly green-tipped banana for e serving, and ½ tablespoon butter for e whole banana. Melt butter in a w frying pan over medium-low heat. bananas and cut in half lengthwise. bananas cut-side-down in the butter w out crowding, and cook over medium- heat for about 10 minutes or until lig browned. Carefully turn bananas wit wide spatula and cook another 5 t minutes or until lightly browned. K the bananas warm, uncovered, until re to serve.

GLENN CHRISTIA

**Thin slivers** *of choice beef and pork and precooked, chile-spiced chorizo sausages c quickly, smokelessly on clay brasero to make Mexican specialty called carne asa Butter-fried bananas, sautéed green peppers, savory relishes complete main co*

# Treetop house... 10 minutes from downtown Portland

AWARD OF MERIT

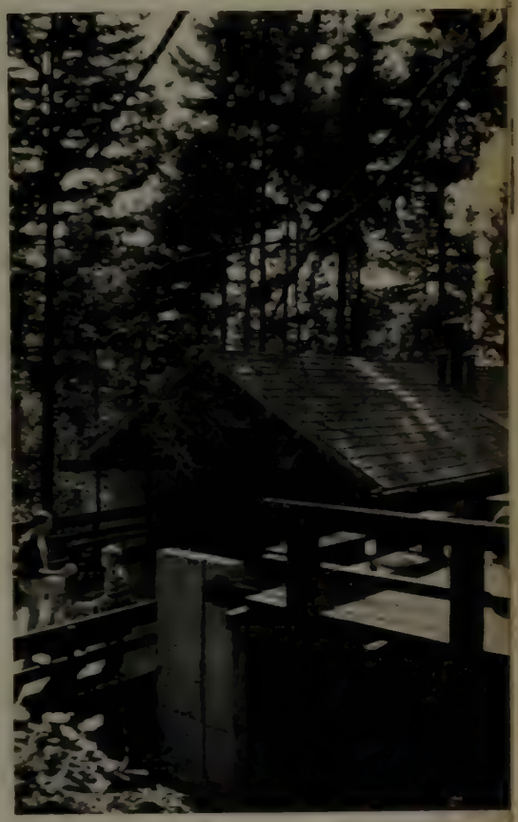
It was an award winner in the 1967-1968 A.I.A.-Sunset Western Home Awards

**The house** looks as if it is high up in the mountains. And when you're inside relaxing by the fire and watching the treetops sway in the wind, you certainly feel you're there. But how could that be when you were leaving downtown Portland not more than 10 minutes ago?

This sense of forested privacy is precisely the effect architect-owner Richard A. Campbell wanted to achieve. He and his wife both work in the center of Portland, but they love the mountains and enjoy the informality of mountain living and wanted it as a daily experience, not just on weekends or at the end of a long drive.

So they chose the site shown in the photograph at right. It was steep and heavily wooded, mostly with conifers that now help screen out neighboring houses to maintain the illusion of isolation even during the winter months.

The house was designed to blend in with such a site. Massive sandblasted concrete piers rise vertically out of the ground: a wood structure which is the actual enclosure of the house runs through them. The piers, set 12 feet 8 inches apart, project both inside and outside the house. Total cost, excluding the 2-acre site but



**Parking platform** *is at street level; steps lead down to large entry deck*

DON NORMARK

**Roof beams** *span full width of upper level, are supported on concrete piers. Fireplace unit with built-ins and storage space separates living area from kitchen*

EDMUND Y. LEE

**Single U-shaped** *plywood form was moved and reused to build foot-thick, 4-foot-wide piers; concrete was pumped in*

**Each bedroom** *fits into 12-foot 8-inch module established by piers, has built-in counters, storage under*

including all kitchen appliances, came to about $20,000.

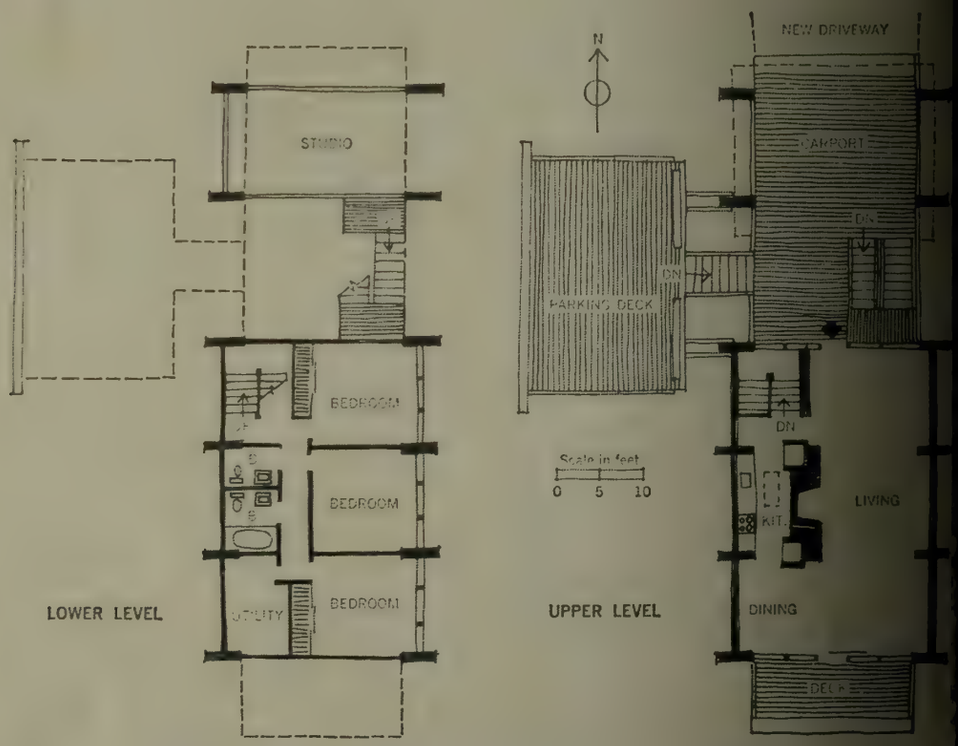
The upper level is one large space containing living-dining-kitchen areas. Within this space the piers create minor spaces. For example, the kitchen area is contained between two piers, and in the living room the couch is hung between piers (see plan). The 12-foot 8-inch module provides an adequate width for bedrooms, a utility room, and a back-to-back bath and a half. Mr. Campbell has frequently used this type of construction on commercial buildings, and decided it would work as well for a small house.

The living areas are oriented to the south to capture the low winter sun and for the view out over the valley. Bedrooms one level below face east. The Campbells lik to wake up with the morning sun.

Heart of the house is the fireplace uni Within it are storage cabinets, servin counter, and refrigerator on the kitche side. On the living room side it has th fireplace itself, bookshelves, and stere speakers. And through it run the furnac vent and bathroom vent pipes.

**Treetop deck** *for sunning, barbecuing*

## Upstairs for living . . . downstairs for sleeping




**Carport** *and the studio underneath it were later additions*

# The cook in her kitchen . . . with cheerful daylight pouring in

**Sky-lit,** *galleylike kitchen occupies space between two of the concrete piers. Counter, storage at right are built into the fireplace unit*

GLENN CHRISTIANSEN

**Sunset's chrysanthemum panel** *moves easily on handtruck.* *For growing advice, see page 88*

# It's show-off time for chrysanthemums

WILLIAM ALLIN

**Pyramid** *entered by Mrs. Amy Voralik in Glendale Chrysanthemum Society Show, Descanso Gardens, La Canada, Calif.*

**October and November** are show-off months for chrysanthemums in home gardens, nurseries, florists, arboretums, and parks all over the West. And most big chrysanthemum shows are held at this time of year (see Garden events for locations and dates of October shows).

Our search for imaginative ways to use chrysanthemums was most successful in California, especially in the southern part of the state. For the benefit of chrysanthemum enthusiasts everywhere, we show some on these four pages and on our cover, and offer directions for making three of the more unusual creations.

### *THE CHRYSANTHEMUM PYRAMID*

To make the chrysanthemum pyramid at left: In mid-March plant four rooted cuttings of 'Anna' (or other small-flowered cascade type) in box 20 inches square, 14 inches deep. Use a light porous soil mix.

Make cone-shaped frame with 2-inch chicken wire shaped over 12-gauge wire hoops braced with wood. Place stake through brace in bottom of box to hold cone rigidly upright.

When plants are 20 inches high, place cone over container, lead branches out from underneath, and train them up and around cone. Every two weeks tie shoots 2 inches below tip. Pinch out center of shoots when stems are 3 to 4 inches long;

DARROW M. WATT

**Yellow and white chrysanthemums** *add party feeling to Lincoln Fong deck, Fremont, California. Design: Lincoln Fong, architect*

GLENN CHRISTIANSEN

**Spectacular cascade chrysanthemum** *"waterfall" in Lakeside Park, Oakland. Potted plants were set in boxes mounted on tall pipes*

stop pinching on August 1.

Water daily to maintain constant moisture. Feed every 10 days with half-strength liquid fish emulsion. Change to low-nitrogen fertilizer on September 1; discontinue feeding when buds show color. Provide morning and early afternoon sun (in cooler climates plants can take full sun). Give pyramid a quarter turn weekly.

### *THE CHRYSANTHEMUM PANEL*

To make a panel like the one on page 86: Plant 3 rooted cuttings of small-flowered, self-branching cascade type chrysanthemums ('Ohgon-no-sato' in *Sunset's* panel) in box 11 by 23 by 10 inches high. To the back of the box attach a trellis (lath or other appropriate material) 4 feet high and 3 feet across. Plants will grow through trellis squares and cover back and front surfaces. In bloom, plants extend 1 foot or more beyond sides and top of frame. Pinch plants when 6 inches high. Self-branching varieties need no further pinching. If growth becomes too heavy later in the season, cut or pinch back excess.

Since chrysanthemums, especially young plants, are subject to root rot, be careful not to overwater in early growth stages. Give growing plants as much light as possible: keep in full sun except in hottest climates. When bloom starts, provide afternoon shade to prevent flowers from fading and to help them last longer.

Once a week feed lightly (1 teaspoon to 1 gallon of water) with complete fertilizer.

### *BONSAI CHRYSANTHEMUM*

To produce bonsai like the one pictured at right, select small flowered, self-branching kinds with compact growth habit. (Varieties developed in Japan, especially adapted for bonsai and other unusual forms, are available from specialists.) Start with rooted cuttings (or use divisions) in early spring. Plant rooted cuttings in 3 or 4-inch pots; as they grow gradually shift into larger pots, finally into 7 or 8-inch size.

By early May, plants will be ready to place in containers. The Japanese usually mount each plant against the most appropriate side of a well chosen rock set in the container (you could use a piece of driftwood). Place plastic or other noncorroding screen over drainage hole; put layer of soil mix (equal parts river sand, leaf mold, soil) in bottom of container.

Remove chrysanthemum from pot; wash all soil from roots. Carefully spread sturdier roots over soil, embed ends in soil; arrange upper parts of roots against rock. Fill container with soil mix, covering horizontally placed roots. Cover exposed roots (against rock) with moist sphagnum moss. Water entire plant and soil mass several

# Mums will cascade, make a "tree," even a bonsai

**tone,** *tied to branch of one of cascade chrysanthemums seen on right, weights t down against face of slumpstone wall*

imes with fine spray until water runs out of drainage hole. Cover surface of soil and moss-covered roots with damp burlap.

Keep newly-potted bonsai moist, in a athhouse or other shaded place until stiffened foliage indicates it has completely recovered from transplanting (may take as long as a month). Then remove burlap, give more light. Feed twice monthly with complete liquid fertilizer.

Shape branches by pinching and pruning. Branches of plant below were also wired.

**Cascade chrysanthemums** *in Philip Brown garden, Pasadena, Calif. Design: Lois Brown*

WILLIAM APLIN

**Bonsai** *grown by Mr. Keiso Ishizu of Sunnyslope Gardens, San Gabriel, California. Same technique as for other bonsai, but takes 10 months, not years, to get results*

**Tree chrysanthemums** *started in spring. Lower shoots removed, tops pinched four times. Plants rotated for uniform growth*

DARROW M. WATT

**Each individual casserole** *of beef stew in wine gets a party finish with a big sautéed mushroom cap cradling a chunk of pâte*

# A humble stew put on airs? Why not

**A striping** *of sour cream and avocado tops this pork and sausage mixture*

# Each stew's surprise is in the garnish

**A decorative and savory** garnish can quickly transform a humble stew into company fare. Each of these three meat stews offers a surprise in the garnish.

Spoonfuls of chilled canned pâté go into warmed mushroom caps to top this succulent beef and vegetable stew.

***BEEF STEW WITH PÂTÉ***

- 2 pounds lean beef stew
- 1 tablespoon salad oil or olive oil
- 1 cup dry red wine
- ½ cup (part of a can) condensed consommé (undiluted)
- 3 tablespoons tomato paste
- 2 cloves garlic, minced
- 1 teaspoon salt
- ½ teaspoon *each* thyme and marjoram
- 1 pound medium-sized mushrooms
- 4 tablespoons butter or margarine
- 1 can (about 1 lb.) small whole onions, drained
- 1 package (9 oz.) frozen peas, thawed
- 1 can (2¾ oz.) pâté de foie gras

Using a large pan, brown meat in oil, turning to brown all sides. Add wine, consommé, tomato paste, garlic, salt, thyme, and marjoram. Cover and simmer 2 hours, or until tender. Uncover and cook down juices slightly.

Meanwhile, remove stems from 6 of the largest mushrooms and leave caps whole. Slice remaining mushrooms and stems. Sauté sliced and whole mushrooms in 3 tablespoons of the butter; set aside whole caps and keep warm for garnish. Add sautéed sliced mushrooms to the stew the last 10 minutes of cooking. Sauté drained onions in remaining butter; add to stew along with peas and cook 5 minutes.

Spoon cold pâté inside warm mushroom caps; place on top of stew. Serves 6.

The toppings contrast refreshingly with this rather rich pork, knockwurst, and squash combination.

***PORK AND SAUSAGE PLATTER***

- 2½ pounds boneless pork loin, cut in 1¼ inch pieces
- ½ cup dry white wine
- ½ teaspoon *each* salt and whole marjoram
- 2 cloves garlic
- 6 medium-sized crookneck squash
- 6 to 8 garlic sausage (knockwurst)
- ½ cup sour cream
- 2 teaspoons Dijon-style mustard
- 1 small avocado
- 1 cup cherry tomatoes

Using a large pan, brown meat in its own fat, turning to brown all sides. Add wine, salt, marjoram, and minced garlic. Cover and simmer 1 hour, or until almost tender. Halve squash and add to pork along with sausage. Simmer 10 minutes.

Spoon meats and juices on a platter and border with squash. Mix sour cream and mustard and spoon across meats. Peel and slice avocado and arrange on top along with halved cherry tomatoes. Serve at once. Makes 6 to 8 servings.

A fluffy hot potato puff, based on instant mashed potatoes, seals over this veal and chicken liver stew and also makes a flavorful accompaniment.

***VEAL STEW WITH POTATO SOUFFLÉ***

- ½ pound chicken livers (if frozen, thaw)
- 2 tablespoons butter or margarine
- 2 pounds boneless veal stew
- ¾ cup *each* dry white wine and chicken broth
- 1 teaspoon *each* salt and whole tarragon
- 8 small carrots
- Instant mashed potatoes (amount for 4 servings)
- ¼ cup grated Parmesan cheese
- 3 eggs, separated
- 1 tablespoon cornstarch mixed with 1 tablespoon cold water
- 1 can (16 oz.) small whole onions, drained

Using a large pan, quickly brown chicken livers in butter, then remove from pan and reserve. Brown veal in remaining drippings, turning to brown all sides. Pour in wine and broth. Season with salt and tarragon. Peel carrots, trim ends, and halve if large. Add to the meat. Cover and simmer about 40 minutes, or until almost tender.

About 5 to 10 minutes before this time is up, prepare instant mashed potatoes as directed on the package for 4 servings. Mix in cheese and with a spoon beat in egg yolks, one at a time. Beat egg whites until soft peaks form and fold into potatoes. Set aside while you thicken stew.

Blend cornstarch with cold water until smooth and blend into the meat juices; simmer 2 or 3 minutes, stirring. Add sautéed chicken livers and onions and transfer stew to a 2-quart soufflé dish or other round baking dish. Spoon soufflé mixture over the hot stew. Place in a 375° oven and bake 30 minutes, or until potatoes are puffed and set. Serves 6 to 8.

**Puffy** *mashed potato and cheese soufflé blankets a veal and liver stew beneath*

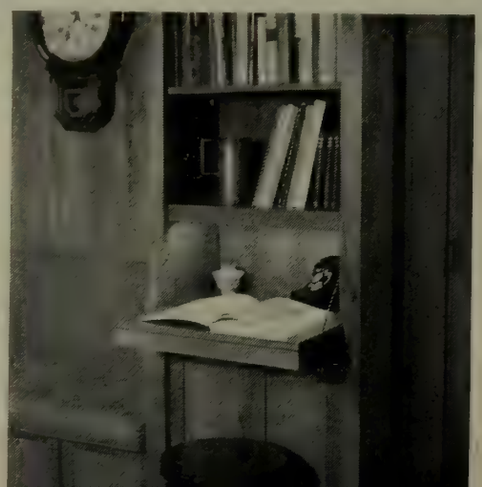
**Beautifully open,** *uncluttered kitchen has windows instead of overhead storage; a down-vented cooktop. The cabinetwork is teak*

# Her new U-kitchen faces the garden . . .

**"It didn't take** me any time to get used to it: I was right at home the first day," Mrs. Jay Pfotenhauer told us when we asked about her remodeled kitchen. "Even the caterer took me aside after our first large party and told me she's never worked in a kitchen where things were so easy to find."

The Pfotenhauers have lived in their San Francisco house over 20 years, and Mrs. Pfotenhauer wondered whether she would have space for her accumulation of equipment if one kitchen wall were given over to windows. But she finds there's space to spare and credits designer Janean with careful planning. She particularly likes the bench because visitors can sit and talk to her as she goes about her work.

**Tiny desk** *looks as though it folds up, is actually stationary with shallow drawer. Upholstered bench has storage below*



**At the barbecue,** *next to wood-panelec refrigerator, freezer, stands the cart. It's in constant use like a small mobile islanc*

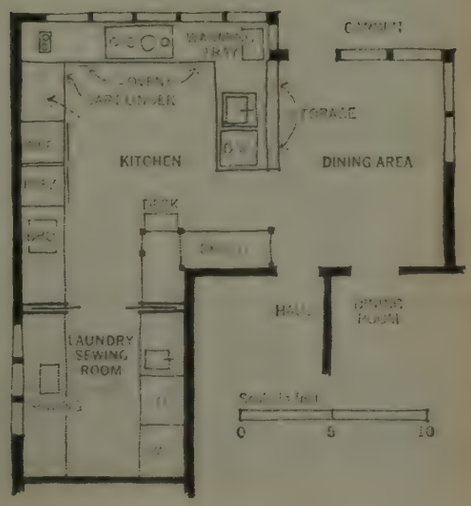
GLENN CHRISTIANSEN

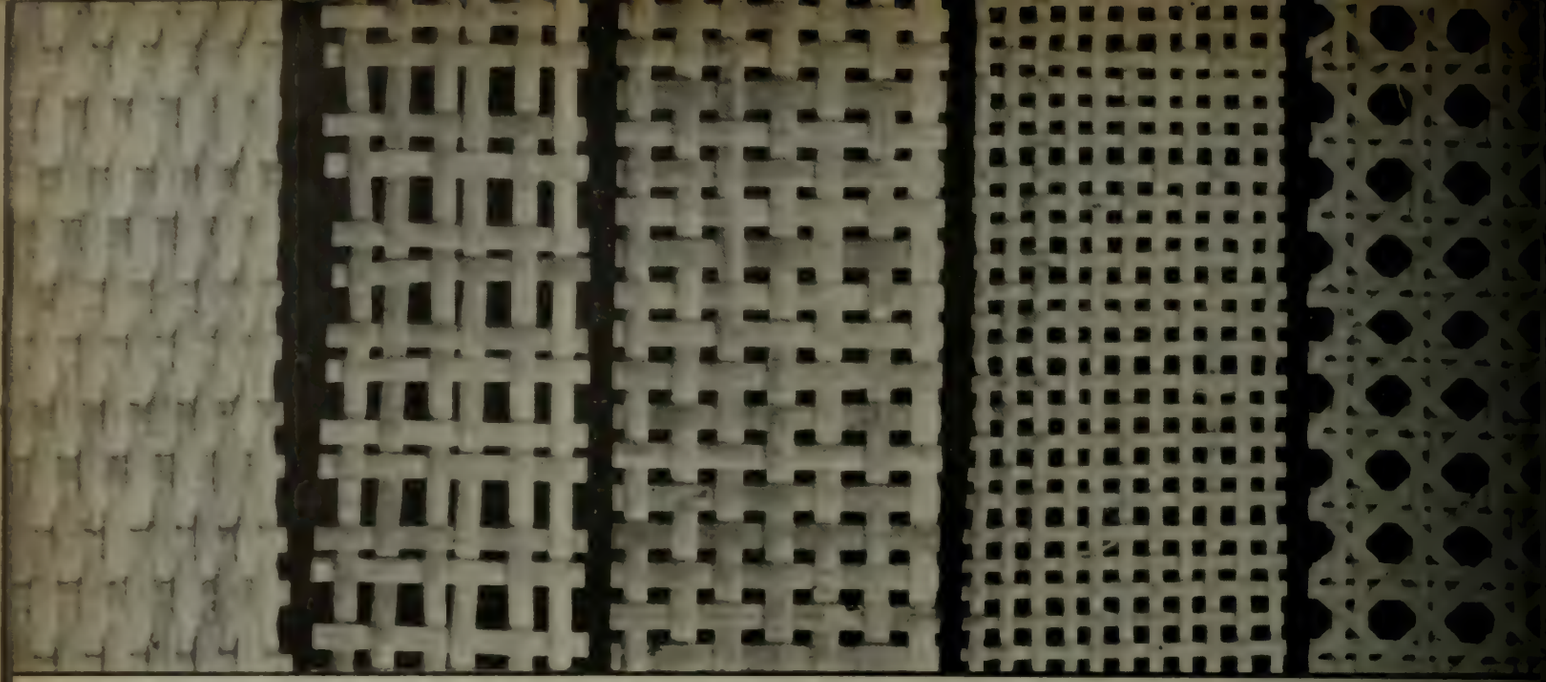
**Dining area** *and kitchen were reversed in remodeling; windows replaced walls so one can enjoy the garden view all year around*

# with alongside eating indoors or out

**Baking counter** *is lower, topped with hardwood; supplies are stored below. Corner storage is accessible when cart is out*

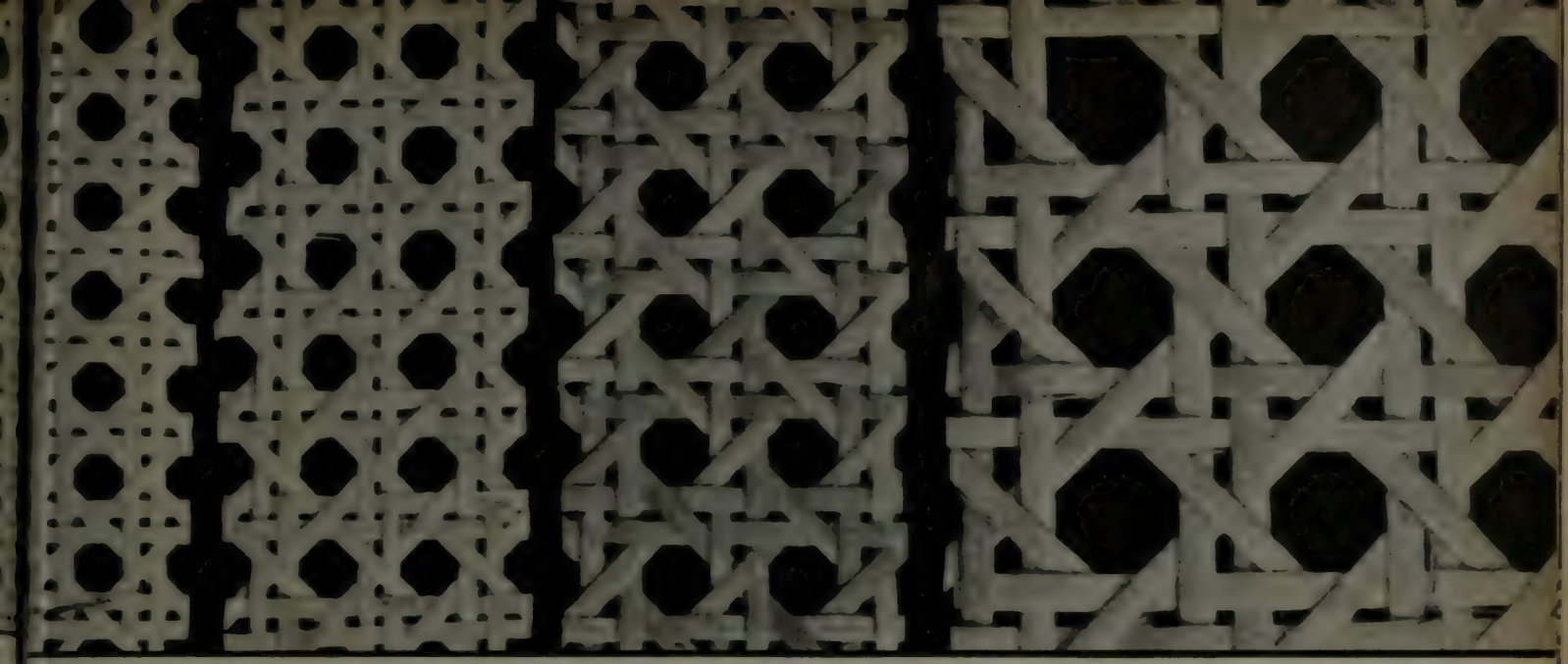
**Deep sink counter** *permits shallow storage behind dishwasher (see plan). Backsplash holds the toaster, opens from both sides*





# You can do much with caning

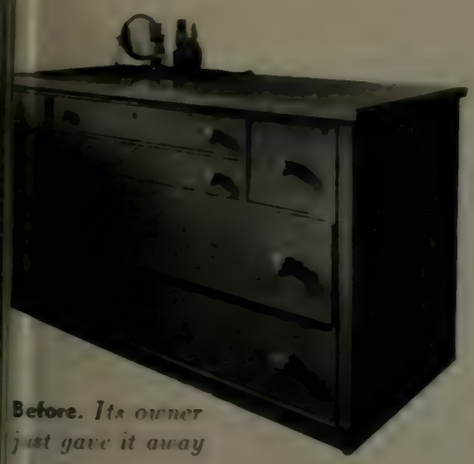
**After.** *Chest was professionally stripped of paint layers ($10), sanded, given 3 coats stain (buffed between coats), 2 coats sealer*



**A representative selection** *of caning you can get in various patterns and different degrees of fineness. These are actual size*

# besides sitting on it

**Recently we rediscovered** machine-woven cane webbing and found it ideally suited to a wide variety of do-it-yourself home projects. It comes in far more design patterns than you might imagine and is easy to work with. Purists may scoff at the machine-made product, preferring instead to use the classic and time-honored hand-



**Before.** *Its owner just gave it away*

woven cane. But this takes considerably more skill: it's not at all suited to a project you'd like to start and finish in an evening or two or on a weekend.

Here and on the next two pages we show some projects in which machine-woven cane webbing was used. Probably the most dramatic one of the lot is right here: the transformation of an old, paint-encrusted chest of drawers (above) to a handsome piece of bedroom furniture (left). On the right you see how it was done: total cost was a little under $45.

1· *After you cut caning to size, soak 1 to 2 hours in cool or warm water, let drip few minutes, you can staple on*

2· *Trim excess with knife along straightedge. Use enough staples to secure, hammer flat so molding can fit over*

3· *Nail on molding (½-inch used on drawers, ⅜-inch on side panels). Countersink nails and fill with putty*

4· *Wider molding mitered, nailed in place on side panels. Caning dries fairly quickly; shrinks, becomes taut*

# Caning is what's behind her new mirror

1· *Roll out and staple cane webbing (soaked 1 to 2 hours in water) to ¾-inch plywood (previously stained)*

2· *Turn plywood over, trim cane webbing with mat knife. Then recheck the staples, add more where needed*

3· *Electric glue gun speeds work of spreading glue in molding (pre-cut, and numbered to keep pieces straight)*

**Her mirror** *is made up of: 24 by 48-inch plywood ($2), stain ($1), ¾-inch outside corner molding ($1.20), mirror ($18), cane webbing ($11), clips and hanging wire ($1.50*

4· *With mirror positioned on cane-covered plywood, secure with mirror clips. Put screw eyes, wire on back*

(It's a good idea to use white glue as we as staples when you put on the we caning.)

The mirror project was completed in a afternoon and cost only $35. The co struction steps are shown on the lef Other projects shown in our pictures i clude an indoor container to hold a potte plant, a closet door covered with canin to provide good air circulation inside, record storage cabinet, and a caned stoo a clothes hamper, and a cane-covered b folding glass door in a bathroom.

### *WHERE TO GET CANE WEBBING*

The first place to look is in the yello pages of your phone book under *cha caning*. There you'll find listings for pr fessional chair caners, hobby or specialt stores that sell caning, and mail ord caning supply firms. In smaller commun ties outside the major metropolitan area you may not find any listings. If yo don't, drop in to the office of your loc telephone company and ask to see th phone book for any major city in th West, then write one of the supplie

# Caning as facing . . for doors, planter, hi-fi, cupboards

d and ask for a catalog and price list.

*S AND COST*

ialty shops selling bamboo and rat- South Pacific and Oriental products n stock machine-woven cane webbing. since they are not exclusively in the e webbing business they generally t stock all widths and design patterns. shop in San Francisco we called on ried only 24-inch widths in only 6 de- s. Major suppliers, however, offer al- st all patterns in 12, 14, 16, 18 and inch widths. Some patterns are also ilable in 20, 22, 30, and 36-inch widths.

u can expect to pay from $1.25 to out $2.25 per square foot for most cane bbing patterns, depending on the style. ere is often a discount on orders of 10 al feet or more of a single pattern and lth.

ere's also a plastic cane webbing you use outdoors; it's not affected by ather. It sells for about $5 a lineal foot a 42-inch width. Besides the natural e shade, it comes in black, white, an- ue, and fruitwood.

**Records** *and radio-phonograph components kept in music cabinet with cane webbing doors. Design: architect Tom Wells for Mr. and Mrs. Charles Rolles, Honolulu*

DARROW M. WATT

**o ventilate** *closet, owner cut out four cen- er panel sections, stapled on soaking caning, rimmed with molding. Cost was about $30*

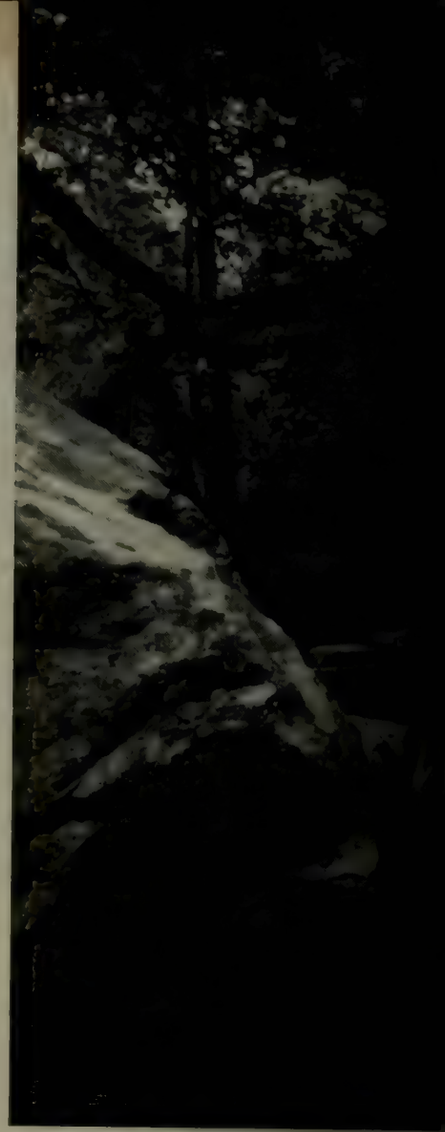
**Indoor container** *is painted 14-inch-square plywood box with caned sides, molding trim. Palm in 12-inch clay pot on saucer*

ROBERT WENKAM

**Stool,** *clothes hamper (under counter), bifolding doors of obscure glass caned. Designer-owner: Tom Hirai, Honolulu*

DON NORMARK

**Before:** *Small house in a garden. Compare it with the view at right*



# The little house grew within its garden

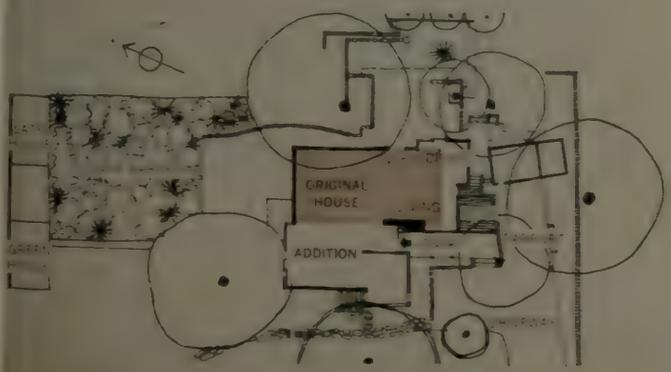
**Spacious oak-shaded terrace** *off dining room got new trellis and stone wall. New door from kitchen makes outdoor serving easier. Character of terrace is set by tree ferns. Plants include aeonium, philodendron,* Fatsia japonica, *camellia*

**Addition** *extended into the garden without destroying its lush character. Older section of house is beyond new trellis-covered entryway. Note trees, plantings that remained at left and right. The entryway now displays many plants in containers*

**Four years ago** we reported this house as having "a gardener's garden." And it still has just that: a verdant shade garden in Santa Barbara's Mission Canyon. The surprising thing is that the garden's character has remained intact while nearly everything else about the house has changed.

As the family grew, the house needed to be expanded, and an addition has now nearly doubled the living space. The addition was planned so that the established landscape could remain almost undisturbed. There were no grade changes around trees, and a low retaining wall keeps the grade as it was in front of the house.

The addition and remodeling were designed by the owner, John Pitman, of the architectural firm of Edwards-Pitman.




RICHARD FISH

**View** *from expanded living room is onto new deck made private by carport and entry walls and partly shaded by roof overhang*

# The Changing Western Home

*Cupboards that are self-closing . . . three-way folding mirror-doors . . . ceiling light for a closet . . . warp-free deck planks*

### Let your kitchen cupboards close themselves

Particularly in a house with children, cupboard doors have a way of being just a few inches ajar most of the time, and as a result the kitchen often looks snaggle-toothed.

A kind of spring-loaded hinge solves the problem neatly. If you open the door completely, it stays open, but if you shut it most of the way, it continues the closing action itself. The hinges cost about 85 cents a pair at hardware and builder's supply stores. They are available in various metal finishes such as copper, brass, and antique copper. When you build or remodel, keep them in mind.

### Laminated planks inside or outside

Exposed second-story or roof decking always contributes an attractive effect to ceilings and overhangs below, but such decking sometimes cups, warps, cracks, or shrinks. If you want tongue-and-groove or shiplap edges, the planks must be trimmed, with a certain amount of resulting waste, and there is usually further waste as the decking is trimmed to fit the structure.

A new laminated decking avoids some of these problems entirely. It consists of three to five layers of w bonded together, with each layer k dried to about 12 per cent moisture. Th is greater resistance to cupping, warp and cracking, and very little shrink The center layer is offset during the bo ing to form a tongue-and-groove patt no further edge forming is necessary

You have a choice of 3, 4, and 5-l thicknesses, in 6 and 8-inch widths (w a 12-inch width available on spe order). A standard order will have mo 10 and 16-foot lengths; other lengths be specified.

The standard pattern is a beveled e giving a V-joint once installed, but ot patterns can be ordered: grooved, stria bullnosed, and channel-grooved.

You can specify pine, red cedar, South pine, Douglas fir/larch, redwood, or wh fir surfaces with a smooth, rough-sawn wire-brushed finish. In addition, the de ing is available prefinished in a vari of colors.

The cheapest rate per thousand bo feet is about $150.

### Wash it with cement

An easy and quick way to weather n decking or other raw wood is to wash down with a thin solution of Portla cement.

Mix enough cement into a bucket water to turn it opaque (about a sm shovelful). Stir well, then mop the so tion over the wood evenly. Wet the wo first so it doesn't absorb the solution fast. Let it dry for a silvery tone, or w and brush it off for a more subtle eff

PAUL SEAMAN

**The doors swing out for dressing**

The mirrored doors on this bedroom closet are hinged so that they swing out to form a three-way mirror for dressing. Two overhead bars of fluorescent light supply even lighting.

The closet-dressing room forms one wall of the master bedroom at the Randall Pratt home in Kailua, Hawaii. The entrance to the master bath is immediately beside it on the right. Architect was Charles Chamberland.

RICHARD FISH

**Bathed in light . . . inexpensively**

The whole ceiling of this closet lights up. The fixtures standard 40-cent ceramic receptacles with incandescent bu above a sheet of translucent plastic. Architect was Leon Veitzer, for Dr. Milton Lincoff of Chula Vista, California.

# When color TV comes to your home, make sure it's the one you can depend on-

# enith Handcrafted Color TV

The important difference in color TV is Zenith Handcrafted quality.

Zenith's High Performance Handcrafted Chassis lets you enjoy a brighter, sharper, more true-to-life color picture years and years longer. Even the contact points in Zenith's Super Gold Video Guard Tuner are made of 16-carat gold for longer TV life.

And, with Zenith's AFC, Automatic Fine-tuning Control, you tune the sharpest color picture at the flick of a finger.

Zenith offers you so much more convenience and dependability . . . so many more years of TV enjoyment. See Zenith Handcrafted Color TV in a wide range of hand-rubbed, fine-furniture styled cabinetry . . . at your Zenith dealer's.

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ZENITH

*The quality goes in before the name goes on*

At left, *The Amundsen*, 23-inch (diag.) Giant-Screen, Danish Modern styled console. Features Space Command® "600" Remote Control. Model Z6541W.

# Introducing Soft

## Carpets for what are you crazy? Put

Now finally at last, there is a carpet you don't have to be crazy to buy. Called, of all things, Soft Hard Floors from Lees.

Soft Hard Floors were built to replace hard hard floors. In playrooms. Kitchens. Kidsrooms. On stairs. All those places you didn't dare put a carpet before.

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## Soft Hard Floor

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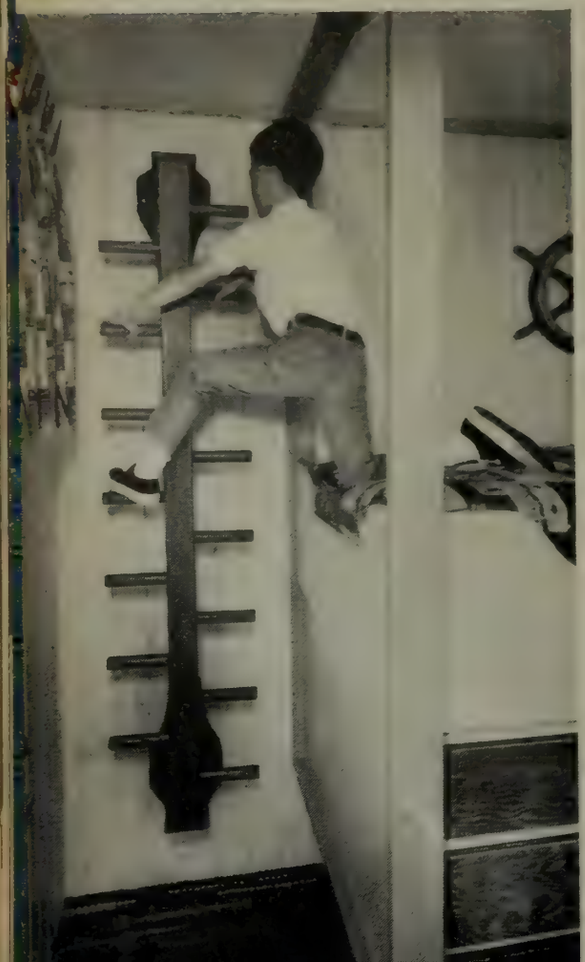
nd everywhere Soft Hard Floors go, they bring ef. Relief from hard floor noise. Relief from d floor care. (A quick sweep of the vac is a k of a lot easier than sweeping, mopping, wax- and polishing any old day.)

ut please. Tough, strong, brave as they are, don't forget: Soft Hard Floors are carpets. Quiet, good, soft, kind, warm, nice, friendly carpets.

*Soft Hard Floors. From Lees Carpets. Where can you get them? Dial 800-243-0355 free. In Connecticut call 853-3600 collect. We'll tell you.*

## rom Lees.

**Cabinlike bunk** *is suspended a foot above floor; it has a drawer bed with foam mattress, other drawers for cloth*



# He sleeps every night in this ship's cabin

**The young man** who lives in this room enjoys all the romance of living in a ship's cabin. His mother enjoys the room, too—because of the compact use of space it's easy to keep shipshape.

The bunk is a single (twin-size) bed in a structure that is braced from the wall and hung from the ceiling. The space under the bed contains drawers and a second pull-out bed. To facilitate vacuuming, the only furniture legs that touch the floor in the room are attachable ones that brace the drawer bed.

Design was by the owner, James A. Douglass of Newport Beach, California.

**Adventure:** *getting out (or in) bed on a ladder of 4 by 4 post and staggered 1¼-inch dowels*

RICHARD

**Legs** *supporting pull-out bed screw sockets placed at corners of the fr*

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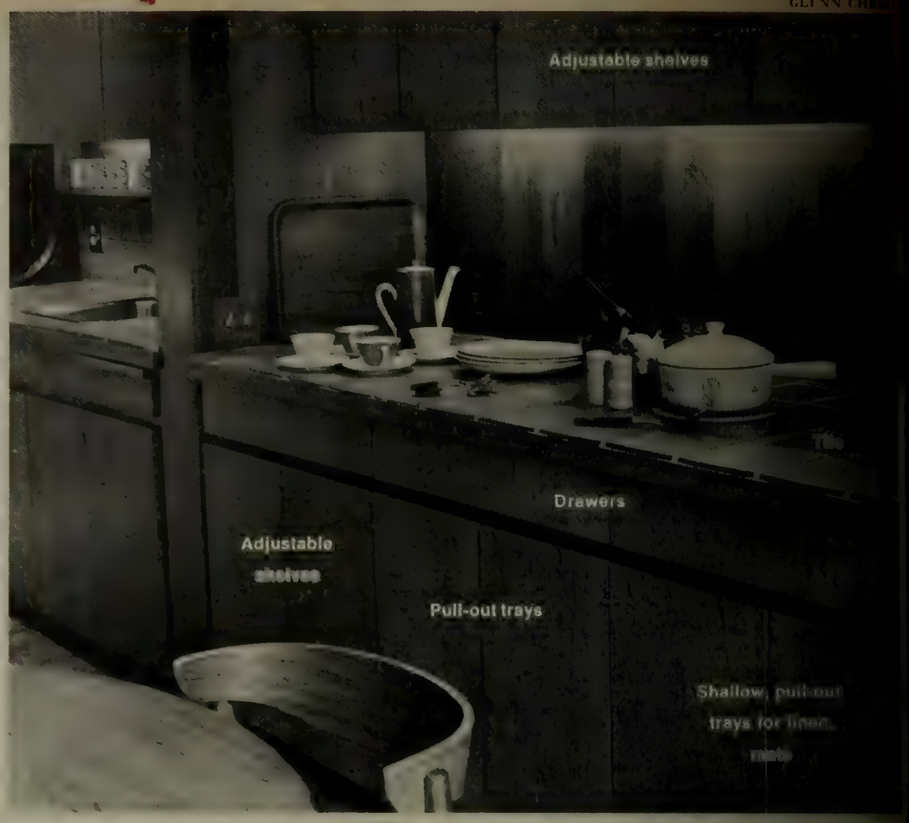
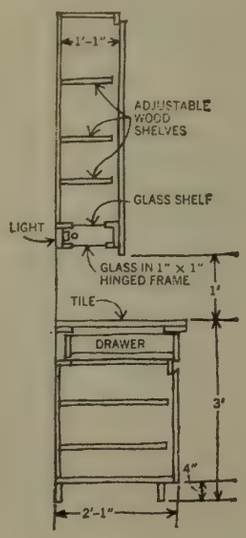



**Mahogany cabinets** *have touch-latch doors. Edging for the 6 by 6-inch tiles is*

# The word for this counter is admiral

**If you entertain** frequently, you especially appreciate a serving counter long enough to hold all the required paraphernalia, with ample storage around it, and with lighting that facilitates serving and enhances the appearance of whatever you place along it.

This counter in the Grace Mauerhan home in Nicasio, California, functions admirably on all these counts. Ten feet long, running the length of the dining are almost a continuation of the kitchen counter (seen at far left in the photo above). Shoji can be pulled across to off the kitchen from the dining are they are seldom used since entert here is informal. When the crowd is even the kitchen counters are use serving. The architect was The Milhous.



**Lights** *hidden under cabinets shin through glassware shelf, down on co*

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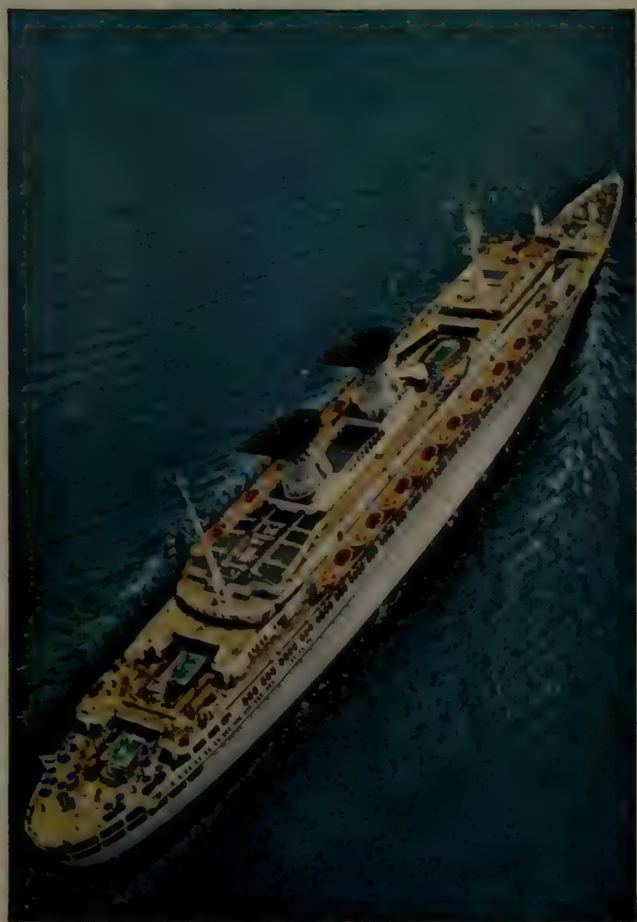

**Stay up!** When did you last watch night fade into dawn? A moment like this is only one of the joys of travelling Italian Line.

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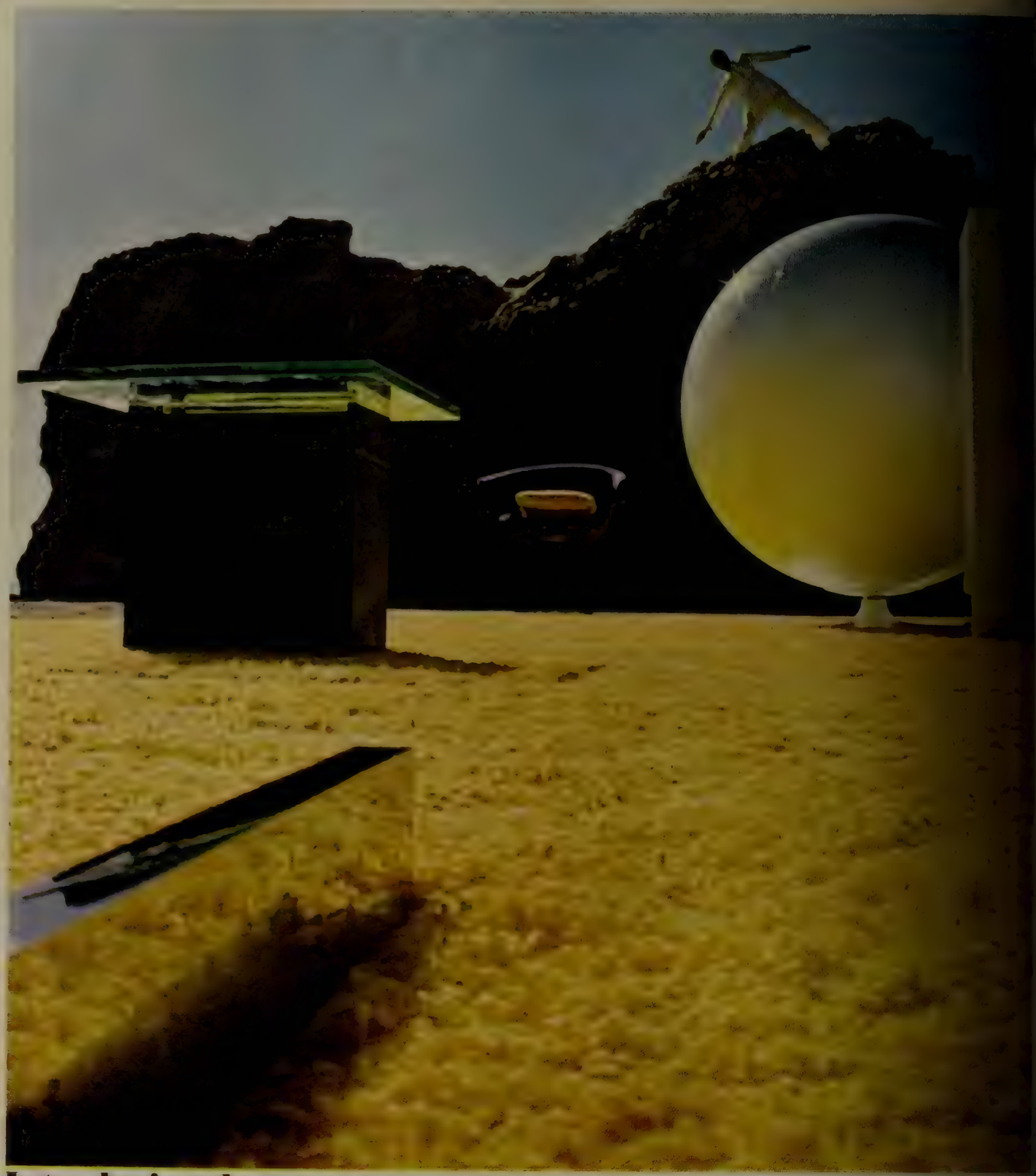

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TATSUO ISHIMOTO

**Here the sozu kakehi** *is patiently receiving its fill of water so it can tilt down, empty itself, then return for another round*

# It goes *clonk* to frighten wild boars

**Here it is emptying.** *Next, it will tilt back rapidly and clonk on a rock*

**hether you call it** a bam-boom or a *sozu akehi*, it's a simple little device originally eveloped centuries ago in Japan to ighten wild boars and other animals way from vegetable gardens. Today in apan the sozu is a popular garden acces-ory. Because of its nature San Francisco arden specialist Tatsuo Ishimoto has iven sozu a new name, "bam-boom."

shimoto has designed and installed sev-ral bam-booms in California gardens, in-luding the one pictured here which is in is own garden.

t works like this: A small flow of water ribbles into the open end of a length f good-sized bamboo pivoted near the iddle. When the upper section of the amboo is filled with water, it tips and

designed by J. Gordon Perlmutter

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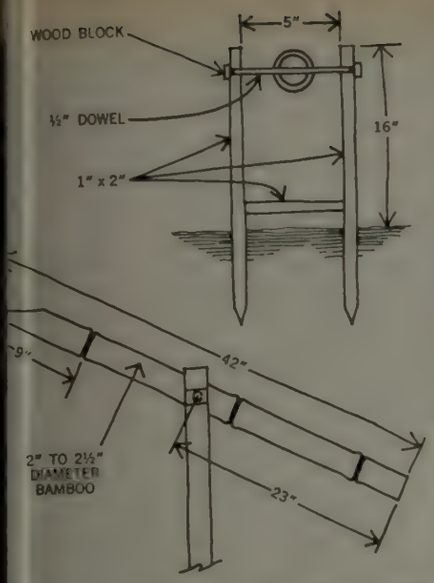


**struction:** *Drive two 1 by 2 supports ground; attach crosspiece, bamboo*

ties, then tips back rapidly to strike ck with a sharp clonk.

ually, a sozu kakehi may keep rac-ns, rabbits, and deer away from your den. The sounds it makes are not d but strange and varied. First, there's urgle that varies in pitch as the bam-fills, then a hearty splash as it emp-, and then the clonk as it strikes the k and starts to refill.

requires only a tiny flow of water from aucet or recirculating garden pool mp (the slower the cycle of filling and ptying, the better). Traditionally, the ter arrives through a length of smaller mboo with diaphragms between sec-ns broken out with a piece of steel rod the whole length will serve as a pipe.

e bam-boom owner, Irvin Ingerson of cramento, found that the bamboo pipe used quickly developed shrinkage acks in the dry valley climate. Mr. Ing-son's answer was to fill the cracks with hite glue. After the glue had set com-etely, he applied spar varnish liberally the bamboo and also to the other wood d metal parts of his assembly.

ie diagram shows how to make a sozu kehi. Dimensions can vary consider-ly, depending on materials at hand. The ting bamboo is glued or otherwise se-red to its dowel axle, and the axle sim-y turns in loose holes in its two wood pports.

osition the axle about 2 inches from the iddle towards the open end of the bam-oo; the other end will then be heavy nough to make a loud, distinct noise hen it drops.

Place a fair-sized rock where the lower nd of the sozu kakehi can strike it quarely. Locate the bamboo pipe supply-ng the water high enough that it doesn't ouch the tilting piece. If something is ut of balance, you can easily adjust by rimming a bit here or there.


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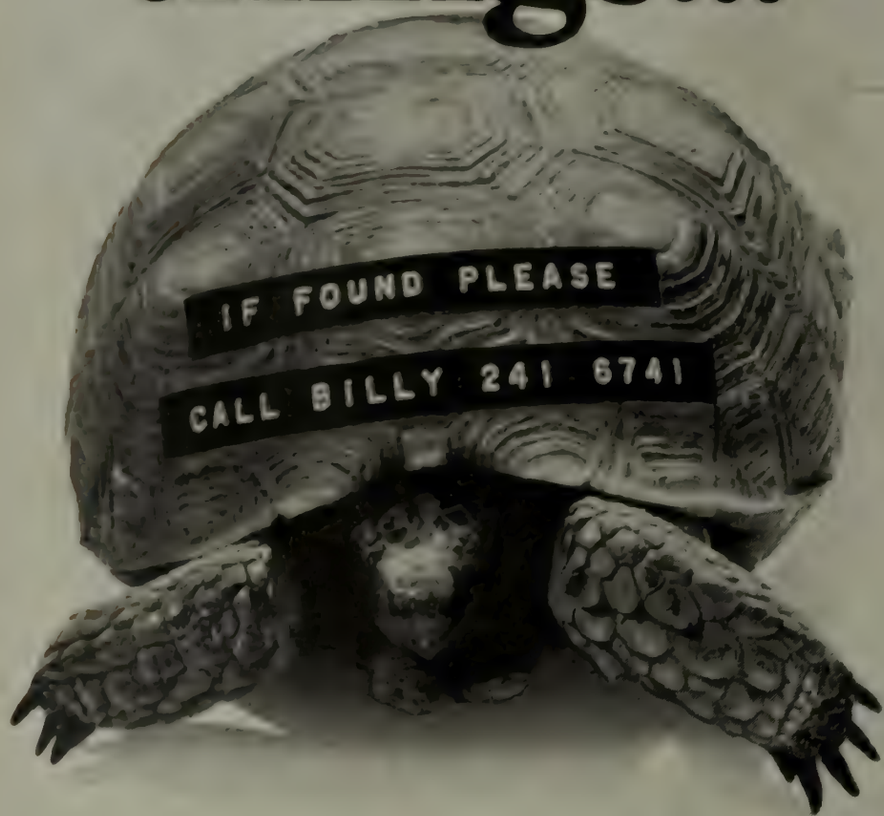
# Kids lose things...




And some things just wander away. Like turtles. Valuable bikes, toys, records, books, boats, jackets, lunch boxes, galoshes, sporting goods can also disappear unless personally and permanently identified.

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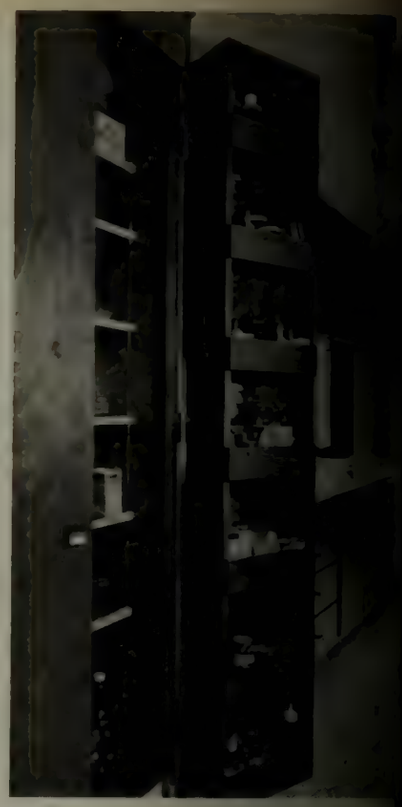

**In a kitchen,** *the James V. Cecilians of Gilroy, California, have storag shelves on their cupboard door*

## *Storage in back of the doors*

**Both these closets** provide unusually compartmented storage space on and hind their doors. Above, heavy-d hinges carry the weight of cans and Below is a cupboard within a cupbo Architects: Hughan & Hughan.

**Next to laundry room,** *cleaning sup plies swing out on inner cabine door, in Carl Bozzo home, Gilro*

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The Nording, Model 3L371, 23-inch (diag. meas.) Danish Modern Double-Sided color console. Walnut grained finish on hardwood veneers.

The exclusive Admiral 3-year picture tube warranty exceeds all others by one year. Insist on it when you buy a color set. Statistical information proves more replacements of color tubes are made during the 3rd year than the 1st and 2nd years combined. And look at the unsurpassed beauty of the all-new fine furniture. The careful crafting lavished on every style. Notice, too, the many quality features. Example: Admiral Sonar Remote Control that lets you operate your set from your easy chair. Admiral Automatic Fine Tuning Control (AFC) that locks in a perfect sound and color signal. And many more. See your Admiral dealer for a wide selection of Admiral worry-free Color TV. All with the longest warranty in color TV.

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# The Walker's new family room is two stories high . . . with a balcony

*family room the feeling of great*
*cedar match exterior house siding*

**Ten years ago** when architect Bruce Walker designed his Spokane house, he had future expansion clearly in mind—but at that time he wasn't sure what extra space his growing family would need. Now that the children are older, he decided that their most pressing need was more room for informal entertaining, craft projects, and relaxing. What evolved is this two-story family room (which includes a balcony studio-office) built between the original house and existing carport. Outside, a deck and stairway were enlarged.

**Office-studio** *balcony connects with original second-story hallway. Access from family room is by a graceful spiral stairway*

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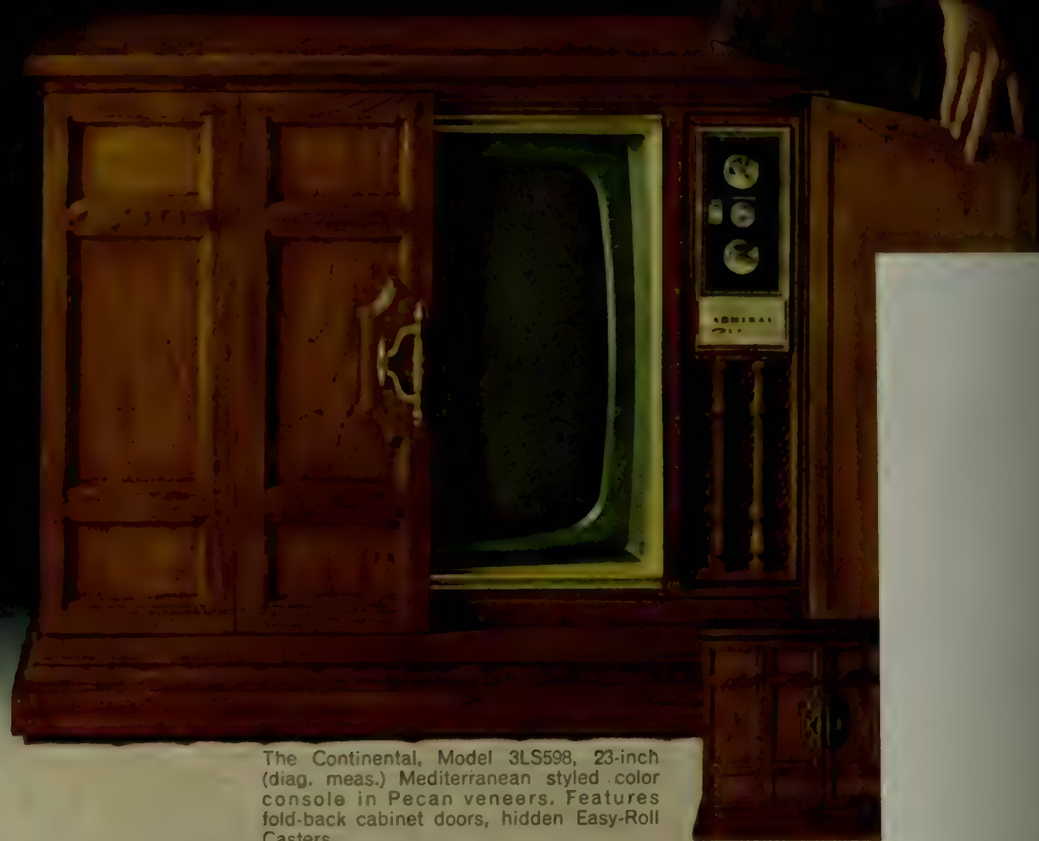

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**Admiral.**
Mark of Quality

# The Walker's new family room is two stories high . . . with a balcony

**wo-story** *ceiling gives new family room the feeling of great enness. Walls of stained cedar match exterior house siding*

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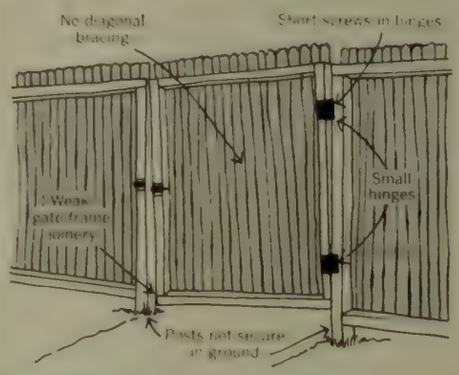
# How to fix a sagging gate

**Garden and entry gates** take a beating. They're exposed to the wind and weather and to young garden gate swingers and hurried deliverymen. And they often hang from a fence that is not too rigid a structure and that tends to expand and contract with the weather. So gates often bind, refuse to latch, or drag on the ground. If yours has one of these annoyances, here are ways to eliminate it.



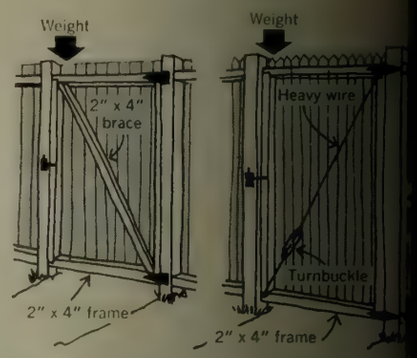

**These** *are the most common reasons why a gate may bind, drag, or refuse to latch*

A major cause of trouble is inadequate hinges. Check them—if loose, either replace with larger hinges or replace their screws with longer ones or bolts (most screws that come in hinge sets are too short for gate use). Any gate over 5 feet high or over 3 feet wide really needs three hinges, unless it has two extra heavy ones. If yours has only two weak hinges, you can strengthen the gate with a third hinge of similar type, located between the other two and a bit above the middle point.

A leaning hinge-side post is another major cause. It's the one that carries the weight of the gate and of anyone swinging on it. If yours has leaned, you will need to straighten and stiffen it in some Straightening it up and then tampin soil around it may work—but not al If it hasn't been concreted in pla probably should be.

If the hinge post has simply le straight over from the weight of the you can straighten and hold it wi turnbuckle and heavy wire or thre steel rod running to the bottom of an post down the fence line, as shown. can do the same to the post on the side if it has leaned.

The gate itself is a third major cau sagging. Most wooden gates aren't o strong and, subjected to the weather sag out of shape. Many good wooden have 2 by 4 diagonal braces and are together as well as nailed or screwed others, you can add a wire and turnbu on the opposite diagonal to pull the back up in place. Some hardware s sell kits for this, containing a turnbu heavy wire or threaded rods, and metal angle plates for anchoring the Actually, the wire and turnbuckle superior to the 2 by 4 bracing in they're lighter and easily adjustabl



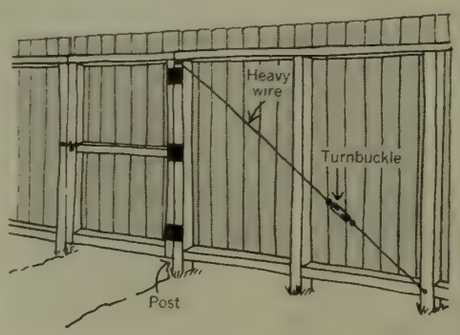

**Two ways** *to eliminate a sag in your 2 by 4 crossbrace or wire and turnbu*

Sometimes a gate is given too snug it works nicely in dry weather but when it rains. Plane or cut off some to have at least a ¼-inch clearanc tween it and the latch post for expa in wet weather.

Conversely, a fence with a gate in it dry out and shrink so much in hot w er that the gate latch will not catch. need to relocate the latch or repla with one that has a longer reach.

If your gate has masonry posts and has tilted slightly, the best answer us is to trim, shim, or otherwise adju gate, leaving the masonry alone. If masonry post has a considerable needs to be plumbed and have more crete poured around its base.

In some soils, a gate post will sink str down, particularly if it is of heavy sonry, to a point where the gate latc not work or the gate drags on the gr Simply reset the latch or the hi whichever is needed.




**You can often** *plumb a leaning gate post this way with turnbuckle and heavy wire*

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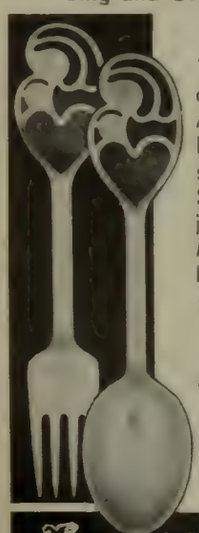

1968 Christmas Spoon and Fork designed by A. Michelsen of Copenhagen. Goldplate over solid sterling silver. Sculptured curves in jewel-like enamel depict Madonna, Child and heart in blue, green, red.
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DARROW M. WATT

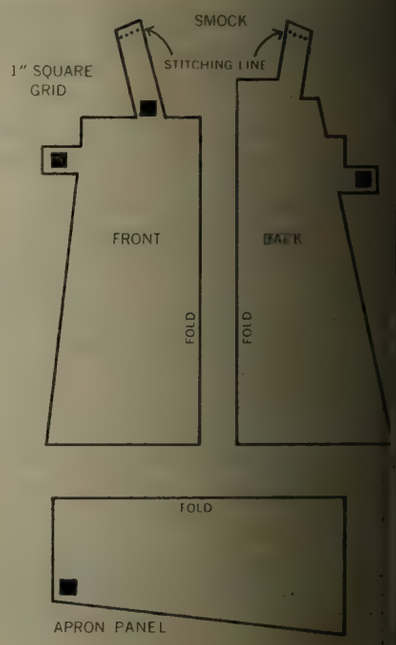
**The vinyl apron panel** *peels right off her smock, can be replaced by another*

# Smock and apron in one

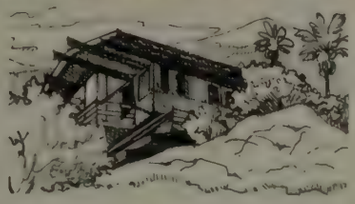
**Swap one apron** for another without changing the smock? This could be just the answer for a lot of messy projects little girls get into. The apron might be terry for kitchen help, a vinyl for artwork, or a ruffled cotton for mealtime.

We designed two similar outfits, each with one smock and two apron panels. Then we let two little girls try them out. The outfits were a success—comfortable and fun to wear, easy to clean. And they are simple to make. All you need for each outfit is: ½ yard of 45-inch fabric for the smock; ⅔ yard of fabric for each panel; 6 inches of Velcro tape fastener; and 8 yards of bias tape.

Follow the pattern opposite (based on size 6). Sew together front and back at shoulders. Sew on 1-inch matching patches of Velcro at smock front and panel back, and underneath arms (see shaded patches on pattern). Bind edges with tape.



# Bassett brings the Mediterranean to the Pacific



el greco

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**Bassett**

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# with or without stuff

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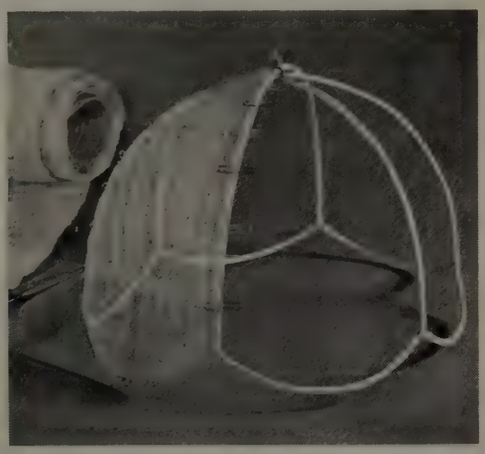
**Easy-to-make** *tulip lamp shade uses simple materials, takes paint or stain. Project cost: less than $2*

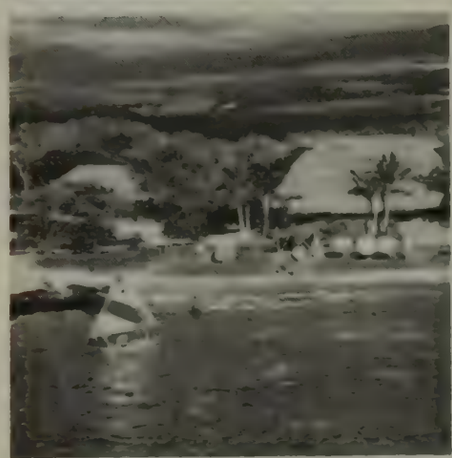
# How to make a tulip lamp

**You can make** this version of the popular tulip shade using any loosely woven material for "petals" over a frame of reed splines (from suppliers of chair caning). Soak splines until pliable; cut to length and bevel ends as needed; then fasten together with pins (a beach ball, protected with cardboard, makes a good mold). Let dry, then glue joints as shown. Cut petals (we used abaca cloth), glue, and pin until set. Cut opening in top to fit over your type of fixture when globe is removed. Secure shade with tape if needed.

**Cross splines** *at top and secure with wire. Hold framework in position with paper clips and cardboard until the glue dries*



**Cut cloth petals** *from paper pattern; apply white glue; trim off excess cloth and hold in place with paper clips or tape until set*



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DARROW M.

**On roll-around dolly** *this set pulls ward, swivels to different viewing an*

# *More ways to hide TV*

**The owners** of these television sets lik tune in from time to time, but they like to be able to put the sets out of s when they're not watching.

*Above:* For Dr. and Mrs. Alfred H. Gr mon, architect Morgan Stedman put television set behind a bifolding doo a living room storage wall.

*Below:* Mr. and Mrs. John Evans of N California, regularly watch the new dinnertime, so they asked designer Jar to provide a cabinet for their set would accommodate its roll-around st She tucked it into a corner of their fortable kitchen - family dining a behind tall doors.

GLENN CHRISTIA

**On its own stand,** *television can be r from cabinet to the family dining*

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# ...and the taste of honey

We might be overly proud of this loaf of bread. But our best friends and critics seem to agree that it is unique among whole wheat breads.

This bread combines two different grinds of the wheat berry. In one case the stones grind coarsely, and the berry is just cracked in half. In the other, a fine grind produces a smooth, unbleached wheat flour. The blend of the two retains the nut-like flavor of the whole berry, but smooths out the roughness.

Northridge Honey Wheat Berry is a chewy, mildly whole wheat bread—an interesting flavor blend of cracked wheat, mellow-sweet honey, slightly tart raisin and just a touch of sourdough.

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Oroweat Baking Co. of S. F.

**he cavelike opening** *collects several flows of mountain spring water*

COUNTRY
LIVING

# Cool spring water for their country place

**ool, pure** spring water piped into your acation house is a delightful asset—and ne that's often available in the West.

'he example we show here serves a vacaion house built on an old homestead in lovely canyon 12 miles east of Chico, 'alifornia. Some earlier owner had dug cave into the mountainside to enlarge spring, and built a crude system to pipe vater down to a dwelling in a meadow elow. Improving the spring and running he water to the new house was a fairly imple and inexpensive project.

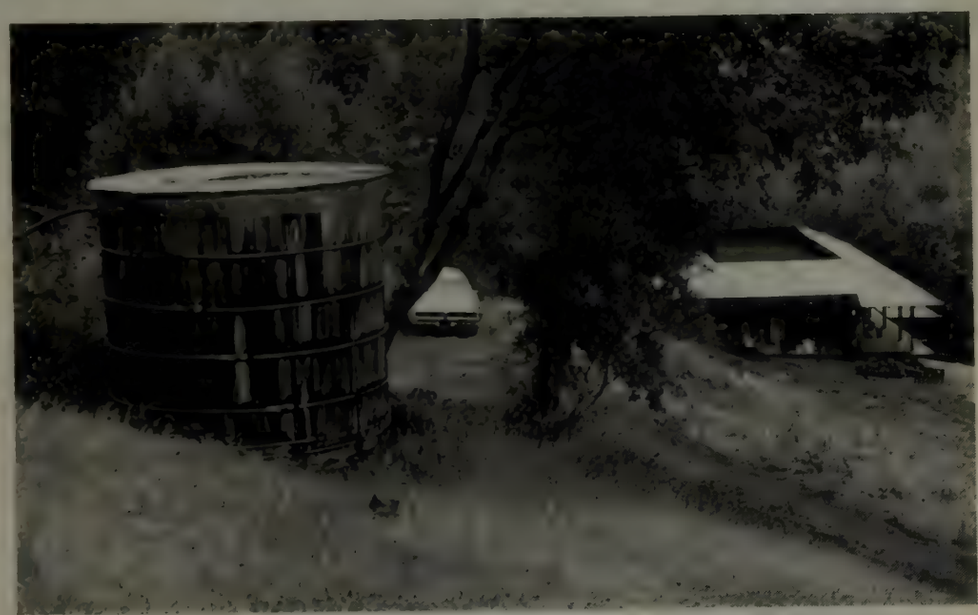
'irst, a sample was tested and found to e pure. Then the flow from the spring was measured, during a dry summer nonth, at approximately 550 gallons per our. This was much more than needed —only about 50 gallons per person per lay is required for a house, excluding gardens.

For a small spring, a storage tank is essential to collect enough water for times of heavy usage — for showers and the like. In the case of this large spring, the tank's main advantages are in providing n steady flow and ensuring a reserve in case of fire.

The major outlay was $400 for a 3,000-gallon used redwood wine tank. Reassembled on the site, it rests on a sturdy concrete base (the weight of 3,000 gallons of water is 12½ tons). It's about 50 feet higher than the house, giving a satisfactory (though close to the minimum) 20 pounds of water pressure at the house.

Connecting the tank to the spring and to the house is 1½-inch flexible plastic pipe (22 cents a foot), which was easy to lay since it could be bought in 400-foot coils. The tank has a cover with screened openings along the edge to give a flow of air over the water's surface and thus prevent any staleness.

The spring in the cave has a small collecting tank (note the concrete lid in the picture). Although there has been no problem so far with animals soiling and muddying the water, the cave will soon be boxed in tightly with exterior plywood to ensure its cleanliness.



**Redwood tank** *stores the spring water. Plastic pipe at left carries water from the cave to the tank; pipe exiting at lower right of tank carries it to the vacation house*

**Pair of decks,** *separated by pools and cascades, surmounts former slope. Two levels correspond to stepped heights of retaining wa*

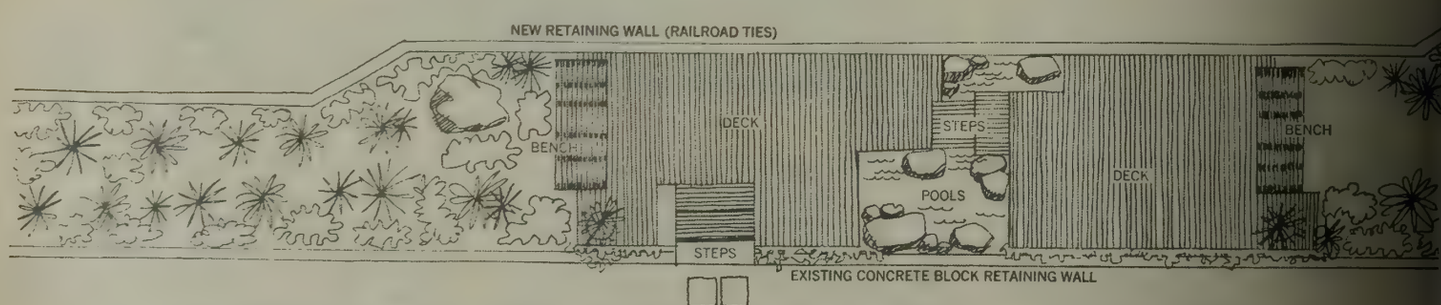
RICHARD FISH

**Gurgling water** *from upper pools drops under bridge to this one*

# Once a slope . . . now it's a double deck

**The decks** pictured here replace a double slope—up to the re and up to one side—above a concrete block retaining wall th is just 8 feet from the rear of the house.

To make this area usable and good-looking, the owners grad the slope into level sections, added an upper (railroad-tie) r taining wall, cut into the lower wall for steps, and built dec and benches. The sound of falling water comes from a set pools between the decks. Soon cascading plants will soft slopes and walls. Landscape architect was Jack Chandler, f Dr. and Mrs. Robert Landis, Santa Ana, California.




**Ground plan** *shows decks, 12 feet wide by 15 and 20 feet long, in long, narrow space above retaining wall*

**square knot** *is neat and easy to make. But tie the square, not the granny knot*

# Here are ten tested knots

**e an hour** or two—you'll also find it —to learn how to tie a few good knots l you will have a special bit of knowl- e that can be helpful to you through- the years.

re we give a selection of tested and -needed knots. Ten knots are shown ere are hundreds of others) simply be- use no one knot is good for everything. me do this best, some that; some work st with one kind of line or another. But owing these ten will let you tie up actically anything.

ven gorillas tie knots, usually granny ots, with vines to make their tree nests. l knots hold because of friction, so a ppery rope or line requires a more com- icated knot. Any knot is usually the eakest part of a line because it kinks d stresses the line to some degree, but poor knot is much worse in this respect an a good one.

**Square,** *left; granny (no-no), right*

*The square* or *reef knot* is our most-used knot, an ancient one that is easy to tie and still one of the best for tying two ends of cord or rope together.

Good as it is, this knot has some drawbacks—it does not hold well on two ropes of different sizes or different materials, and it tends to jam somewhat when under great tension.

Note that the completed square knot consists of two uniformly intertwined loops of rope.

However, if you tie the last overhand half of the knot the opposite way (and this is easy to do), you have a less uniform knot, as shown, called the granny or lubber's knot (see the sketch above at right).

The granny is poor; under tension it will

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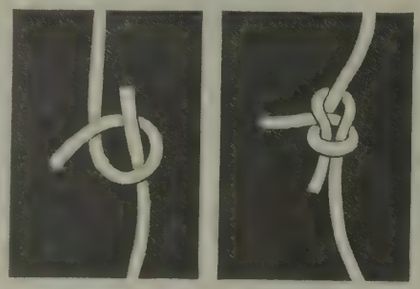
either slip apart or jam so tight it cannot be untied.

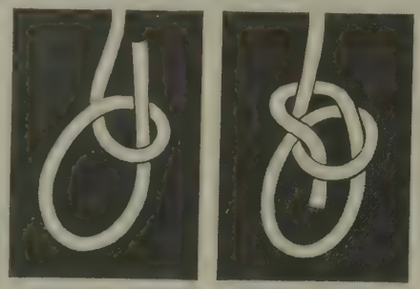
The bow tie you use on shoe laces is simply a square knot with the ends doubled on the last overhand. If your shoe laces are constantly coming undone, you are probably tying them like a granny rather than a square knot.

### *For dissimilar ropes*



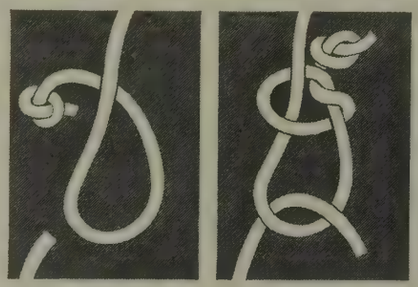
*The sheet bend* is a very good knot for joining two ropes of the same size or of different sizes. It holds tight, is easy to undo, and doesn't require much rope. It's simple to make with large ropes; but with string, unless you are practised, it's more difficult than the square knot. Both free ends should come out on the same side of the sheet bend, as shown; if they are on opposite sides, the knot is weakened.

### *For strong loops*



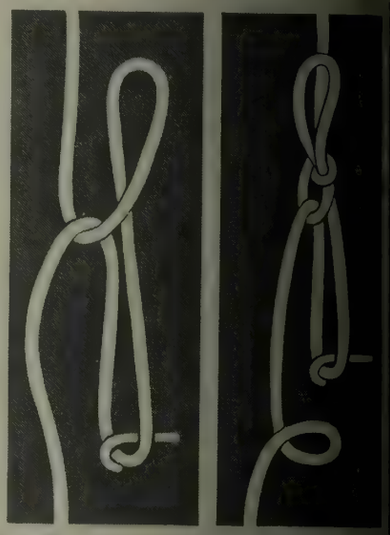
*The bowline* is an excellent knot for forming a secure loop in the end of a rope. It doesn't slip or jam, is easy to untie, and has a high breaking strength. Mountain climbers and sailors use it constantly. There are various bowline knots with single, double, and quadruple loops; the one shown is the most-used of all, the standard bowline.

### *For packages*



*The wrapper's knot* you've probably noticed: Some store clerks flip a string around a package, quickly make a knot, and give a jerk on one end to pull e thing taut without the need of a f pressed down on a half-finished knot. wrapper's knot is not strong, bu quick, and ample for packages. After ing the loose end of the string, tie it in any way.

### *For cinching down*



*The trucker's knot* is widely used to down loads to the hooks along the of trucks, and you will find good us it elsewhere—perhaps on a trailer, boat, or when setting up a tent.

It's unusual in that when you pull free end to cinch something down, have a two-to-one mechanical adva (as with a block and tackle) to pull e thing very tight. Then you just ti free end to the hook with a couple o hitches or other knots. To cinch some extra tight, make a second trucker's on the free end of the first, secured t other hook, to give a four-to-one mec ical ratio. The knot also unties easily a stout rope; most truckers use ½ manila.

### *For rope eyes*

*The honda* is used by Westerners in verting a rope into a lariat or lass gives you a small, circular loop in the of the rope that is almost as firm spliced eye. You'll find many other for this knotted eye, especially ar boats and campsites. To tie the ho push the knotted end through a si overhand knot exactly as illustra otherwise an inferior knot will result.

*More knots on page*

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FULLER PAINTS

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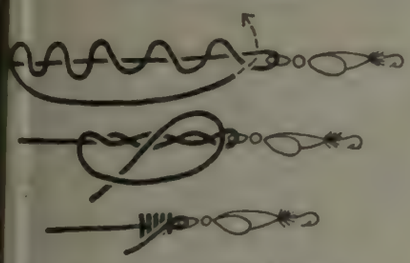
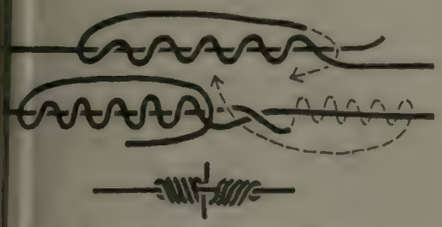
*For horsemen's straps*

*latigo* or *cinch knot* is well known to emen. Resembling a necktie knot, it's ry neat and simple way to hold flat her cinch straps to saddle rings. You use it to hold flat plastic or other pping to rings, hooks, bars, or to the nes of patio furniture. But it's a poor ice with rope, because then it will slip.

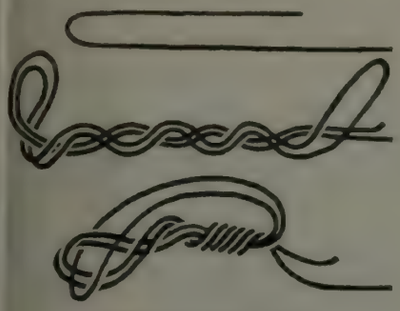
*Three special knots for fishermen*



*1. Improved clinch knot*



*2. Improved barrel knot*



*3. Improved end loop*

Today's synthetic monofilament fishing nes and large one-strand lines, such as lastic clotheslines, require special knots —because they are so slippery standard nots will not hold, and because most nots (even many fishermen's favorites) will greatly reduce their breaking trength. Shown above are three *improved ishermen's knots* for monofilament. With ny, take five turns around the line with he free end and pull the knot together lowly and tightly.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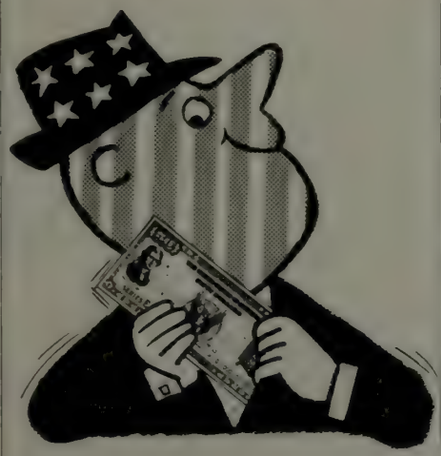

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# Just a little extra room can make all the difference

## For sewing, for flowers, for note writing, even for suitcase packing

GLENN CHRISTIANSEN

**For sewing:** *Machine head lifts into position; pull-out boards extend counter. The clothes rod telescopes*

**Opposite wall:** *laundry equipment, sink. Tote trays on shelf, originally for laundry, store sewing projects*

**Wherever you put** the laundry area, a few extra square feet could give you space enough to iron, sew, write letters, arrange flowers, wrap gifts—even pack your luggage for a trip. Primary requirements are counter space and good light.

Here and on the next page are five laundries-plus. The smallest is 8 feet square; the largest is only 8 by 13 feet.

### *AN ALCOVE OFF THE KITCHEN*

In the pictures at left, you see the two working sides of an all-purpose alcove off the Jay Pfotenhauers' kitchen in San Francisco.

It's visible from the kitchen most of the time, although pocket doors can close it off. The hardwood sewing counter doubles as a serving counter. Boards faced with laminated plastic pull out on either side of the sewing kneehole, so there's no lack of work space. The light is good all day. A closet at the far end of the sew counter stores Mrs. Pfotenhauer's d dummy; a built-in ironing board f out from the end wall. The designer Janean.

### *IN THE BEDROOM WING*

The room below is located in the bedr wing of Professor and Mrs. Alfred Grommon's house in Menlo Park, C fornia. The counter in front of the win serves as both desk and sewing cen To accommodate long dresses and r one section of the counter is hinged fold back against the wall. Morgan St man was the architect.

### *SEPARATE ROOMS, OFF THE KITCH*

All three rooms shown on the next p are separate from the kitchen but c by. Architect Leonard Veitzer desig the one at the top of the page to ha the washing, mending, and ironing ch

**L-shaped work counter** *for multiple uses; hinged section folds up against wall so length garments hanging from the rod can clear counter. Luggage is often lined things put in during week before a trip; bag is almost packed when it's time to le*

DARROW M.

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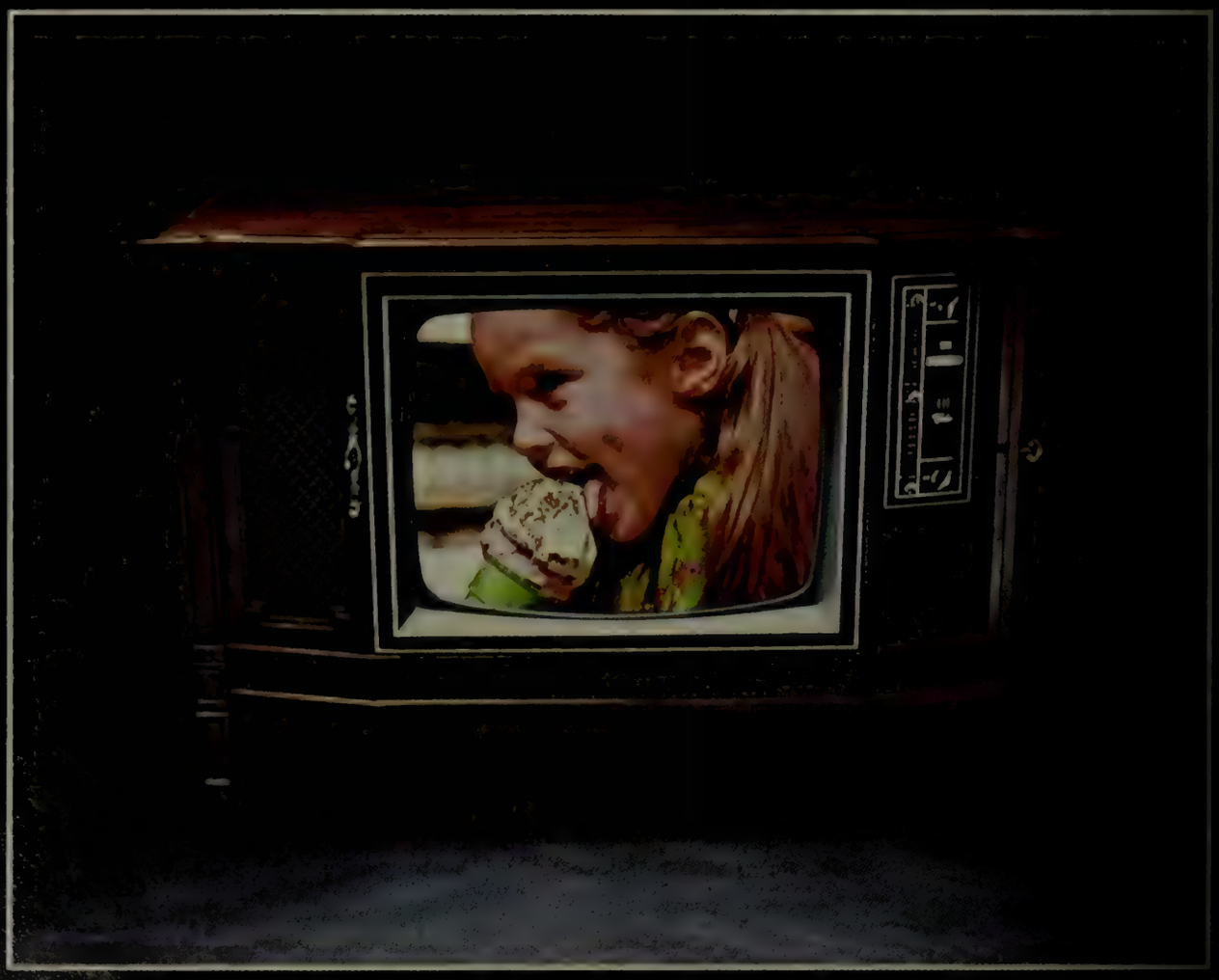
# The fewer you make, the better yo can make them.



Exquisite Italian Provincial Console with the largest color picture made. Nearly every possible feature in an elegant hand-crafted cherry and select hardwood cabinet. One of nine models. A limited number are planned.

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RICHARD LISH

**e-by-side** *storage for ironing board, freshly ironed clothes, l a drip-dry closet. A mop closet with faucet adjoins right of drip-dry closet and shares the same drain and air vent*

**Counter section** *is low for sit-down work; machine stores in space behind it. Skylight and window provide daylight*

DON NORMARK

**Special feature here** *is the open storage for ironing board, clothes hamper. Sewing counter is daylit by window onto patio*

**Simple** *built-in counter. Framed cork sections both useful and decorative. Tube lights under cabinets illuminate counter*

of a family with four children.

The room, far left, handles traffic between garage and kitchen and includes an overflow pantry and a "sand" room—Arizona version of the mud room of rainier climates. James Flynn was the architect for Dr. and Mrs. Frank Tolone, of Paradise Valley, Arizona.

The sewing center at left is along one wall of a small utility room. (Laundry equipment has since been moved to a garage location nearby and replaced by a built-in ironing board.) Owners and designers are Dr. and Mrs. John C. Leissring, Los Altos, California.

## One answer is work counters . . . another is handy storage

**Jewelry**

*Soft silver solder works well on jewelry and can be melted with a soldering gun. When polished, it appears only slightly duller than silver. You'll find it stocked by many hardware stores*

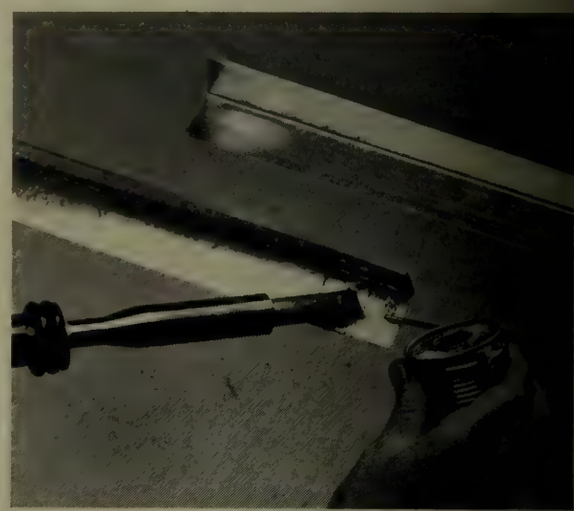
DARROW M. WATT

**Electronic work**

*Small 40-watt soldering pencil is excellent for delicate w and does not overheat electronic parts. Ordinary solder b used here is resin-core (radio) type in a handy tube cont*

# The art of soldering

## It's easier today with new tools and fluxes



**Sheet metal work**

*Lap sheet metal generously when soldering. Clean both pi well, use acid flux, and with a big soldering iron or torch, both pieces (coat with solder). Place together and reheat to*

**Whenever you need** to join two pieces of metal together at home, anything from electrical wiring to repairing a silver cup or joining lengths of roof gutter, soldering will give you a strong and very smooth joint. Once considered almost an art, it's easy to do with today's soldering tools and fluxes.

Unlike a glue or cement, solder actually alloys with the surfaces of the metals being joined—if you follow the rules. You need to clean the parts well with steel wool or sandpaper, use the proper solder and flux, and use a soldering tool that is capable of heating the parts, not just the solder. The flux further cleans the parts and prevents oxidation. The technique is to heat the joint to the point where solder and flux will melt and flow smoothly around it, continue heating a moment to vaporize the flux, and then allow the joint to cool undisturbed.

Hard silver soldering gives the strongest joint, almost like b ing, and requires the 2,000° heat of a torch. You can ob this solder at jewelers' and hobby shops in sheet or wire fo along with its flux. Soft silver solder is a somewhat weaker p that requires only the 700 to 1,000° heat of an electric gu iron; thus it is handier to use on jewelry.

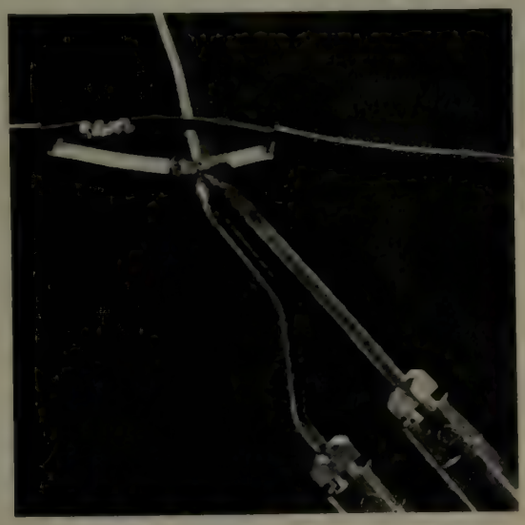
Ordinary solder is an alloy of tin and lead. A 40/60 so (40 per cent tin) is good for most jobs; a 60/40 solder is p erable for electronic and hobby work. Resin-core solde the most used and necessary for electrical work (it doe corrode). Acid-core solder holds better on sheet-metal w (wash with water after it's cooled). You can also use solid or bar solder with either a resin or acid flux. Buy any flux- solder in small quantities because the flux core deterior

**Today's soldering tools**

**Today's soldering supplies**

**Soldering large items**

*Large items such as downspouts usually require a torch because the metal dissipates the heat rapidly. Heat until hot enough to melt solder, use acid flux, wash it away*



**Splicing wires**

*To solder wires, twist them together, heat until resin-core solder melts on them. Stagger joints on electric cords for added protection against a short circuit*

The old-fashioned soldering iron heated by a blowtorch has practically vanished today (it cools in use and also is easily overheated to where it loses its tinning). Handiest modern soldering tool for general use is the gun type; it gives considerable, instant heat. The dual-heat type of about 100/140 watts ($10) is good; a heavier 250/300 watt version ($14) is better. Most of these come with other tips for cutting plastics and the like.

A small pencil iron ($4) is best for electronic and other delicate work. A large 175-watt iron ($11) is good for light sheet metal and other work requiring continuous heat. The propane or butane torches shown (about $9 with accessory tips) give the heat needed for large work and hard silver soldering.

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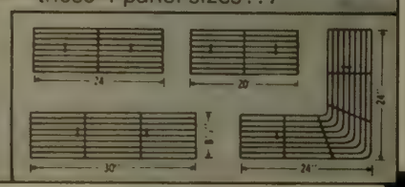


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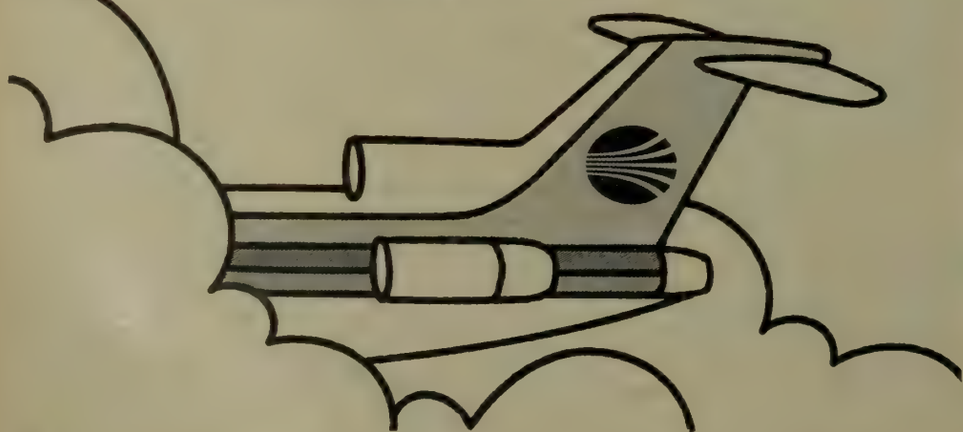
**CONTINENTAL**
THE PROUD BIRD WITH THE GOLDEN TAIL



**Opening** *between bedroom, sitting ro is 6 feet wide, 8 feet high. Paneling Philippine mahogany; the floors are vi*

## *Screens divide the bed-sitting room*

**This pleasant** retreat from the noisier p of the house is a master bedroom - sitt room looking into the branches of an o tree and down at a pool. The slidi screens give privacy and darken the roo for sleeping or television viewing; th stack to one side when not in use. Ma of burlap-covered fiberboard, the scree and the ceiling of sprayed-on acousti plaster are effective in reducing noise.

A tuner for the hi-fi system fits into a w compartment easy to reach from the be the speaker is on the sitting room sid Architect was Martin Borenstein for M and Mrs. Benjamin Wolfe, of Belmon California.

**Light,** *easy-to-handle screens are 30 inch wide, move on floor and ceiling tra*

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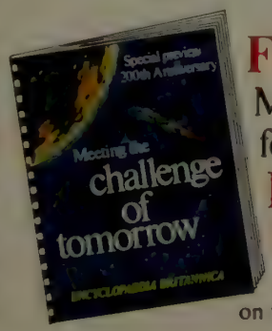


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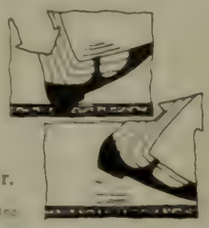

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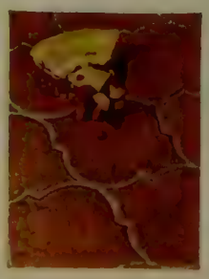

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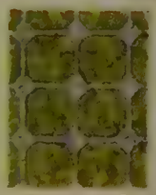

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**en office** *next to refrigerator-freezer has inter-*
*telephone, pull-out shelf for use as snack table*

**Center** *of new kitchen is built-in cooktop (three two-burner units; controls in tile wall). Ovens are in wall at left. The chopping block rolls around*

# She built a peninsula into her kitchen

**y-Susan** *dish shelves use tall, narrow*
*ce to bring china into easy reach*

**The big kitchens** of the grand old houses of a generation ago had their faults, but their typical size and openness make them prime candidates for effective remodeling.

The kitchen shown here was an open square. In redesigning, the owner, Mrs. Norman D. Louis of Los Angeles, added a ceiling-high element that looks like a peninsula on the floor plan. Pictured at right above, it contains a range, two ovens, and on the far side a dishwasher, sink, and cupboards next to the dining room. This peninsula, which makes the floor space into a more convenient U shape, increased usable wall area by about a fourth. Because it blocked off light from half the room, Mrs. Louis added a luminous ceiling over the entire kitchen.

The brick is face brick, thin and light enough that no foundation was needed.

What also makes this kitchen interesting is the way Mrs. Louis has used hardware and storage units to achieve additional efficiencies: Revolving shelves make an entire set of dishes easy to reach. The toaster can be left plugged in on its roll-out housing, and the kitchen desk now has a pull-out eating counter. A bathroom medicine cabinet above the cooktop serves as a spice rack, and all cupboard doors have new self-closing hinges.

RICHARD FISH

**Toaster** *hides away in cupboard, plugged in; it slides out on top of "drawer"*

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**ty counter** *runs full width of bathroom; large window above it looks out on garden. or in front of lavatory pulls halfway across window or retracts into wall pocket*

# Open view . . . or full privacy

**can view** the garden from this master . When you want privacy, a mirror s from a wall pocket and slides in t of the window: from the other side rtain pulls across to meet it.

en you need a vanity, a section of the nter lifts up to reveal a second mir- and a make-up center, complete with own tube lighting and a double elec- al outlet.

left side of the cabinet beneath the hbasin conceals rough plumbing. To right is a drawer for small towels and ps; beneath that, a cabinet that swings n in a quarter circle to expose a deep y for toiletries and cleaning equipment.

o medicine chests, behind louvered rs, flank the vanity counter.

e towel rack pictured at right fulfills additional function as a safety screen, venting anyone from backing accident- y into the step-down shower.

cause the vinyl floor is clear of fixtures, bathroom is easy to clean.

dimir Ossipoff and Associates were architects, for Dr. and Mrs. Carl Lum Honolulu.

**Towel rack** *of 1-inch-square metal tubing rises from floor to ceiling, guards shower. Louvered door, beyond, screens toilet*


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# *Drinking fountain in the garden*

**A cooling drink** of water is only one of the uses for this garden watering center. Under the beveled and slotted wooden cover there's an access well (12 by 14 by 30 inches deep) containing plumbing for fountain, hose bib, and sprinkling system as well as plastic pipe carrying the conduit for electrical wiring.

The cover is made of 2 by 3's on edge, connected underneath by strips of 1 by 2's with a slot left for slipping over the projecting pipe. Excess water drains into a gravel trap or through cover and well into a large drainfield that serves the entire patio.

**Slotted cover** *comes off to expose pipes below. Owner-designer: Dr. John Munson*


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Aside from the obvious—such things as rich, natural beauty, subtle, earthy colors and striking texture patterns—a roof of red cedar is one of the most practical things you can put over your head. Completely weather resistant. Able to withstand winds of hurricane force. Impervious to sun damage. Naturally insulative. Compatible with an unlimited range of architectural styles. And durable.

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Worth finding out more about? Let us send you our folder of red cedar remodeling and re-roofing ideas. Or talk to the red cedar Certi-grade shingle and Certi-split handsplit shake applicator nearest you. You'll find his name listed on the left.

**RED CEDAR SHINGLE & HANDSPLIT SHAKE BUREAU**
5510 White Building • Seattle, Washington 98101

Gentlemen:

( ) I enclose 10c for your folder of remodeling and re-roofing ideas using red cedar shingles and handsplit shakes.

( ) I enclose 25c for your 12-page, full-color brochure, *Timeless Beauty,* showing how red cedar shingles and shakes look on a variety of homes.

Name_____

Address_____

City_____ State_____ Zip_____

S-68

# Shingles or Shakes.

# What children deserve and need is sand

**Sheltered from elements,** *several ch can play together in this roofed san*

DON NORMARK

**Corner sandbox,** *set off from play yard by a line of railroad ties, is easily made*

**Good landscape design** can incorporate areas so that youngsters can enjoy t selves without breaking down the re the garden. Easiest to include is an for sand play, a particular favorit small boys and girls.

Sandboxes are adaptable—they whatever the size or shape, as long as are accessible to children. It's wis place a sandbox where it can be wat from nearby. And, for the children's it should be in a spot that's not too in summer nor too shady or damp in wi

The three sandboxes shown here hav thing in common: when the children beyond the sand-play age, the conta can be used for something else. The re structure above can become a plant ter. The simple triangle built into a shown at left, could be made into a r bed for plants, or the downhill rai ties could be removed and the rema sand dug into the soil for planting. the circle in concrete paving below become either a flower bed or a pla grow a patio tree.

**Tricycle traffic** *calls for circular sandbox in square of paving*

# e deliver billion dollars worth experience.

e phone call to the Trust Division Wells Fargo Bank is all it takes. e are ready to assume whatever gree of investment management sponsibility you want us to take.

We will arrange a confidential interview to discuss your investment requirements, and our staff of portfolio specialists—backed by the complete facilities of Wells Fargo Bank—will suggest a portfolio that is tailored specifically for you. A few moments of your time is a pretty good price for 5 billion dollars worth of experience.

**The Trust Division.**
**Wells Fargo Bank.**

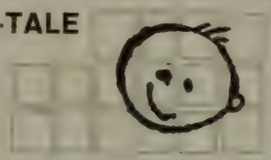
# Dirty Stories

**Did You Hear The One About...**

**THE ACCIDENT-PRONE PUPPY**

...who confused the carpet with the lawn? Here's how Afta cleans up **this** dirty story: **Afta Carpet Stain Remover** not only removes pet stains—it takes out food and drink spills, even ink!

**THE TELL-TALE TILES**



...that had the crust to show their true age (especially the grout in between them)? **Afta Brushtop Tile Cleaner** not only cleans tiles and grout—it even protects against **future** dirt and kills germs.

**THE HUSBAND WHO SAID "NO!"**

...to scrubbing down the pitted outdoor furniture? No sweat. **Afta Brushtop Aluminum Cleaner** gives a new satin finish to **all** aluminum...furniture, storm windows, door frames,

*...and here's the punch line:*

There's an Afta product to clean up every dirty story—home, car, clothes—**anything!** Created for professionals in the cleaning trades. Now available to you. If Afta won't clean it, **nothing** will.

afta

Favorite of housewives for 3 generations—

**Superb cleaning aids in the housewares section at better stores.**

AFTA SOLVENTS CORP., BRENTWOOD, N.Y. 11717
SAN FRANCISCO, CALIF. 94103


DARROW

**Bus shelter** *built mainly by volunteers stands beside road in small California*

COMMUNITY ACTION:

# Bus stop . . . out of the weather

**Sturdy benches** *are 2 by 8 redwood pl resting on tapered 8 by 8 redwood b cantilevered through the masonry*

**This handsome shelter** for children waiting to board school buses stands on what was formerly just a dusty (or muddy) spot alongside a main road in Portola Valley, California.

Some two dozen children congregate here in the mornings to meet their buses. As a result of enthusiastic community action, they now have a shelter that helps keep them off the road and protects them from rain and sun. It's easily maintained, open, and quite vandal-proof.

The Woodside-Portola Valley Lions Club and the Woodside Highlands Improvement Association sparked the project. Members obtained materials at low cost from generous firms and did most of the labor themselves. The Town of tola Valley responded by widenin road and paving a parking area in of the shelter.

The structure was designed by R McCartney. It has a cedar shake r 4-inch reinforced concrete floor, and freestanding masonry walls of 4 by 16-inch Slumpstone blocks that su the four benches and the roof.

# Whee! 838 carpet colors. Sears has the greatest floor show in town.

Go ahead—put us to the test. *Demand* to be shown twenty shades of green plush carpeting. Or fifty blues. A dozen far-out pinks. Sears has them all. Sears has 838 carpet colors for you to choose from. So why on earth should you tramp from store to store, when you *know* you'll find the right color at Sears, Roebuck and Co. The right texture. The right fiber. And, Sears being Sears, the right price! With No Money Down on Sears Easy Payment Plan.

**P.S.** All this month, Sears Floor Show is featuring a sculptured carpet called Symphony. It's 100% Orlon 33® acrylic pile. Specially beautiful. Specially priced. Come in or phone, and a decorator-trained salesman will call at your home.

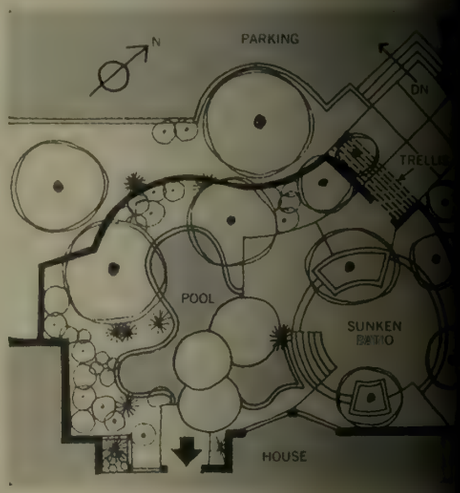
Sears

# There's a cool and private garden inside the wall

**Entry steps,** *parking area are screened by wall from garden b*

RICHARD FISH

**Inside** *there's a large reflecting pool, a paved circular entertaining patio (see plan). You cross the pool on three giant, circular concrete pads to reach house*



**Fountain** *brings sound and sight of wa motion. Leafy olive trees provide cooling*

**The intriguing thing** about a walled garden is imagining what's inside. At times the reality doesn't measure up to your expectations. But that isn't the case here.

As you approach the home of the R. Marvin Jacksons on an arid hillside in El Cajon, California, you're not prepared for the world of fountains and cool shade that lies on the other side of the garden gate. This is the protected part of the garden, in effect an extra room of the house—a place to sit or entertain when the view deck at the back of the house is too windy.

The landscape architect was Kenneth K. Hayashi.

# THE $150 DIFFERENCE

## n a table is designed so that each of its leaves adds to its beauty as well as its length, more money can buy it.

ght be able to find a at looks a little like this ut $250. It won't be as You might have to hide es with a cloth. But if all nt is a table that will e in the occasional ten ve over for dinner, e happy with it.

eritage dining table will about $400. Or $150 an its look-alike. With no in, this table seats six. ll three leaves in place, it eats twelve. But with at you add, you add more than just room. You accentuate its design.

Above the oak base and legs of this table is a top of pecky pecan veneer. Set so its parts form a bond that's stronger than solid wood. Selected so its patterns of grain flow the length and breadth of this table.

So unique is each grain of the pecan veneer, we label each table with a registry number that corresponds with its leaves. So subtle are the grain's variations, we number each leaf with its order to make sure the match will always be perfect once our table is yours.

The higher price on this Heritage table, or any other piece of furniture we make, buys something that only more money can buy. Whether it's the way we'll work with a wood to take a table out of the realm of pure function. Or the way we'll shape a sofa from the inside out to support the look you select.

When you see work like this, you'll find the Heritage name. Swinging on a hang-tag from this table from our new Transcept Collection. Hiding under the cushion of a wing chair from our Distinguished Upholstery Collection. If you would like to know more about Heritage and see how it could fit into your home, send two dollars for a Heritage catalog collection and room planning kit to Dept. SS 10-68, Heritage Furniture Company, High Point, North Carolina.

HERITAGE®

A division of Drexel Enterprises, Inc.

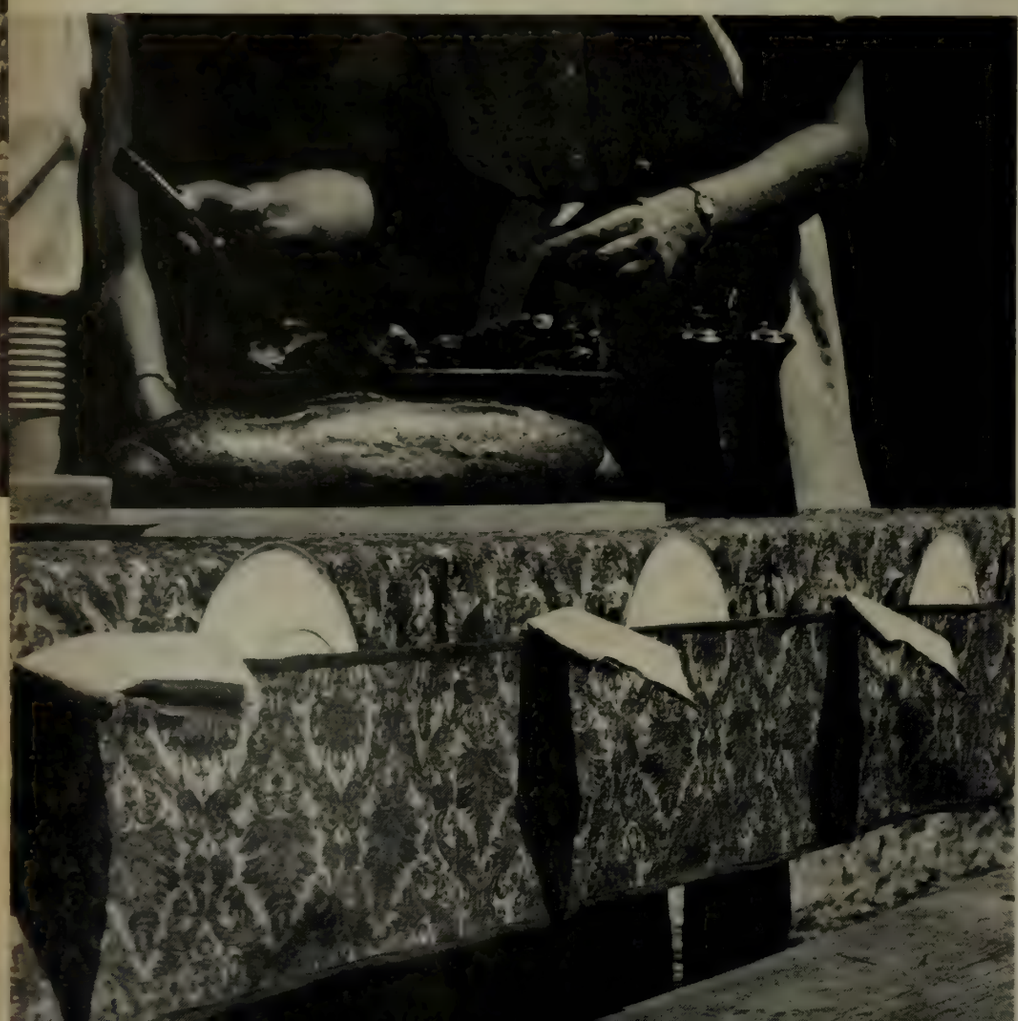
**Carrying case** *is optional. You make a simple envelope, close it with snap fasteners*

**Picnic cloth,** *folded in fifths lengthwise, then in quarters, slips out of envelope*

**Opening it** *out on the picnic table: two people flip the sides down q*

# It's picnic cloth and instant table setter

**Place settings** *in pockets line the sides of the picnic cloth, can't blow away. When the picnic's over, discard paper plates, gather used silverware in plastic bag*

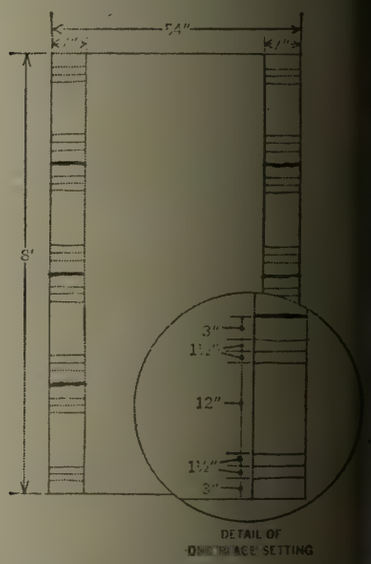


**Open this picnic cloth** and eight tabl tings are all in place: paper plates, kins, and silverware tucked into po along each side—and you won't ha worry about their blowing away.

For this cloth, designed to fit park p tables 8 feet long and 3 feet wide, will need 3½ yards of 54-inch-wide (we found the material in this width variety store), 14 yards of prefolded tape, and a spool of thread.

Cut an 8-foot length of fabric, full w Then cut four 7-inch-wide strips fro remaining material, full width, for pockets. Piece the strips together t two 7-inch by 8-foot lengths, discar material left over.

Bind one 8-foot edge of each strip bias tape. Lay each strip on the piece (taped edge towards center). S along unbound side and across both Bind all outside edges with tape. stitch the pockets in as shown on sketch (the design allows for table se variations). The fabric is bulky; firm hand to guide it in the machine.




**On 3 by 8-foot** *table, cloth hangs 9 inches over each side. Sew in the pockets as indicated*

# Never let embarrassing water spots ruin brunch.

# Discover the Cascade look of spotlessness.

**Only Cascade has Chlorosheen.** And Cascade—the best dishwasher detergent you can buy—makes water flow off dishes in clear sheets. Result? Drops that spot don't form. Dishes dry wonderfully free from embarrassing spots or streaks. Try Cascade, and prove to yourself it's unbeatable.

**Cascade eliminates drops that spot.**

# The Masland Reds were not created for sweet little old ladies from Pasadena.

## Especially not The Masland Reds of Pure Wool Pile.

Be very careful with red. It's not a color for the timid.

But for you Red Types out there, Masland has what you want: The Masland Reds. The most aggressively exciting and vivacious red carpets in the civilized world.

And among them are the Masland wool jewels: thirteen gloriously glowing red carpets of 100% pure wool pile. Masland takes particular pride in this collection because a Masland red carpet of wool creates such an intoxicating atmosphere that it's almost overwhelmingly luxurious. Perhaps even a touch hedonistic.

See all of The Masland Reds at a Masland retailer's showroom near you. And be sure to look for the wool mark label.

And, no kidding, if red really isn't right for you, don't fake it.

*The Magic of*
*Masland Carpets.*

C. H. MASLAND & SONS / Carlisle, Pa.

PURE WOOL PILE

The wool mark is your assurance of quality tested carpets made of pure wool pile.

*2 by 3-inch lumber add pattern, ngth to plant boxes along wall. signer was Dr. John Munson*

# ant boxes from mber leftovers

kinds of plant boxes shown here de from scraps of lumber left over er projects.

alternating 2 by 3's enclose and three boxes constructed from 1 and lined with tar paper to pre- epage through the joints. The re golden bamboo.

below, in use for 9 years, was om leftover grooved fence mate- y narrow-patterned stock can be his kind is 7 inches wide and comes t lengths (enough for sides of one hich cost a little more than $1. The a plywood bottom with drainage Two 2 by 4's raise it and prevent sation of moisture underneath.

*holding heavenly bamboo (Nan- omestica) is simply constructed us- ing scraps, stained to match fence*

SUNSET'S

# *Kitchen Cabinet*®

**Borrowing** from the cuisine of many nations, Western cooks ke venting new ways to add variety to the meals they serve families. For example, our first recipe is based on the Chinese of stir-frying meat and vegetables together. It combines the son's fresh Brussels sprouts and almonds with chicken thigh quick-to-prepare supper main dish.

Another family-pleasing main dish borrows flavors from Mexic incorporates them in a ground beef and corn pie.

Two of our recipes let you choose the ingredients to suit your

*Cook this in a Chinese wok if you have one, or use a frying pan with lid*

### *ALMOND CHICKEN WITH BRUSSELS SPROUTS*

Have ready some hot, cooked rice or fried rice to serve with this dish.

- 2 tablespoons *each* butter and salad oil
- 1/4 teaspoon salt
- 1 cup blanched whole almonds
- 8 chicken thighs, skinned, boned, halved
- 1/2 cup *each* sliced onion and sliced celery
- 1 clove garlic, minced or mashed
- 3/4 cup regular strength chicken broth
- 1 tablespoon soy sauce
- 1 pound Brussels sprouts, washed, trimmed, and halved
- 1 tablespoon *each* cornstarch and water

In the pan, heat the butter over medium heat; put in salt and almonds, and cook and stir until toasted. Remove nuts with a slotted spoon and reserve. Add oil to pan, increase heat to medium-high, add chicken, and sti lightly browned, about 5 minute onion, celery, and garlic; stir-fry 3 minutes. Add broth and soy, heat to low, cover pan, and s about 5 minutes. Add sprout cook, uncovered, over high hea vegetables and chicken are t about 5 minutes more. Blend starch and water to a smooth stir into pan juices and cook thickened. Serve, topped with al Serves 4.—*C. S., Fairfax, Calif.*

*You can use a 10-ounce package f Brussels sprouts (thawed and h instead of the fresh vegetable.*

*Meat and vegetable, with olives on the top; serve it in wedges like a pie*

### *GROUND BEEF AND CORN PIE*

You line a pie dish with the meat, then fill it with a spicy corn mixture.

- 1 pound lean ground beef chuck
- 1/4 cup *each* fine dry bread crumbs and catsup
- 2 tablespoons finely chopped onion
- 1 small clove garlic, minced or mashed
- 1/2 teaspoon salt
- 2 teaspoons chile powder
- 1/8 teaspoon pepper
- 2 eggs
- 1/4 cup milk
- Dash liquid hot pepper seasoning
- 1 can (about 8 oz.) cream-style corn
- 1/4 cup chopped green pepper
- 1/2 cup *each* shredded Cheddar and grated Parmesan cheese

Combine the meat with crumbs, catsup, onion, garlic, salt, chile powder, and pepper; mix with your hand well blended. Pat the meat m lightly and evenly over the b and sides of a 9-inch pie pan (a 1 1/2 inches deep). Beat the eggs s with the milk and hot pepper s ing. Stir in the corn and green p Pour into center of pie. Bake u ered in a 375° oven for about 35 utes, or until corn mixture is set. bine the two kinds of cheese and kle over pie. Return to oven for 5 minutes, until cheese melts. 4 servings.—*H. N., San Franci*

*Garnish the top of the pie with black olives before serving, if you*

*Layers of sautéed mushrooms, cheese, and meat go over the buttered bread*

### *CHEESE CUSTARD CASSEROLE*

A savory custard unites the ingredients in this flexible, make-ahead casserole.

- 4 slices firm, white bread, crusts removed
- About 4 tablespoons soft butter
- 1 medium-sized onion, finely chopped
- 1 cup sliced fresh mushrooms
- Meat additions (see below), optional
- 2 cups shredded Swiss or Cheddar cheese
- 1 tablespoon flour
- 4 eggs
- 1 tablespoon prepared mustard
- 1 1/2 cups milk or light cream
- 1/2 teaspoon *each* salt and garlic salt

Spread the bread with about 2 tablespoons of the butter and arrange with buttered side down in a 9-inch square baking pan or dish. Heat rem butter in a frying pan and sauté and mushrooms about 5 minutes; evenly over bread. Distribute m used, over mushrooms. Dust the with flour and sprinkle over meat the eggs with mustard, milk or salt, and garlic salt to blend into pan. Cover and refrigerate 4 hours, or overnight. Bake, unco in a 375° oven for 35 minutes, o puffed. Serve immediately. Mak 8 servings.—*J. O., Los Angeles.*

*For meat additions, use about diced cooked ham, chicken, or t 8 slices bacon, cooked and crus*

stes. The cheese custard casserole suggests a choice of cheeses eat additions. The vegetable dish can be made with carrots abagas; its mild flavor and fluffy texture won these root veg- s new converts among our taste testers.

in the course of cooking for your family and friends, you de- w dishes that meet with pleased looks and requests for more, ite you to share them with us. Send the recipes to Home mics Department, *Sunset Magazine*, Menlo Park, Calif. 94025. y $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

### Y VEGETABLE BAKE

n cook the rutabagas or carrots nd purée them, ready to whip t just before dinner.

bout 2 pounds rutabagas or carrots
oiling salted water
ablespoons flour
easpoon seasoned salt
easpoon cinnamon
ash pepper
ggs
up whipping cream

the vegetable of your choice, nd cut in large chunks, in boil- lted water to cover until very drain. Beat with an electric r mash with a fork until smooth, easure—you should have about 3 cups vegetable purée. (This much may be done ahead.)

Turn vegetable purée back into the mixer bowl, add flour, salt, cinnamon, and pepper, and beat until smooth. Add the eggs one at a time and beat well after each is added. Add cream and continue beating until light and fluffy. Spoon into a greased 1-quart casserole.

Bake, uncovered, in 350° oven for about 30 minutes, until heated through (or bake along with the meat in a 325° oven for about 40 minutes). Serve immediately. Makes 6 to 8 servings.—*H. L., Hollywood, Calif.*

*This vegetable dish can bake in the oven while the meat finishes cooking*

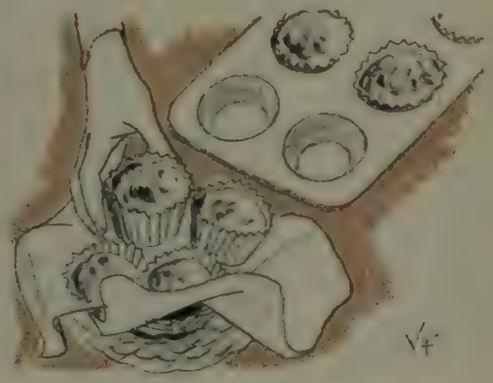
### N PRUNE MUFFINS

make the muffins ahead, reheat, d in foil, in a 350° oven for 10 minutes.

cups unsifted flour
teaspoons baking powder
teaspoon salt
cup wheat germ
cup brown sugar, firmly packed
teaspoons grated lemon peel
cup diced, pitted moist pack dried prunes
eggs
cup melted butter or salad oil
cup milk

e flour, baking powder, and salt er into a bowl. Add the wheat brown sugar, lemon peel, and s; mix with a fork until well blended. In another bowl, beat the eggs slightly with a fork; beat in the butter or salad oil and the milk. Make a well in the center of the dry ingredients and pour the milk mixture all at once into the center. Stir just enough to moisten the ingredients, using 12 to 15 full circular strokes that scrape the bowl; the batter will look lumpy.

Grease medium-sized muffin cups or line with paper cup liners. Spoon in the batter to fill about ⅔ full. Bake in a 400° oven for about 20 minutes, until well browned. Serve warm with butter. Makes about 1 dozen.—*R. M., Roseburg, Ore.*



*Most of the elements of a nourishing breakfast are in these tasty muffins*

### PKIN CAKE

and frost it in the baking pan, cut into squares to serve.

cup butter, margarine, or shortening
cups sugar
eggs
cups unsifted all-purpose flour
teaspoons baking powder
teaspoon *each* salt and soda
teaspoon cinnamon
teaspoon *each* ground ginger and allspice
cup canned pumpkin
cup milk
cup chopped pecans or walnuts
Orange icing (recipe follows)

m together the butter or shorten- nd sugar until light. Add eggs, one time, and beat well after each is added. Sift the flour with baking powder, salt, soda, and spices. Also combine the pumpkin and milk. Add the flour mixture alternately with pumpkin to the creamed mixture, stirring just until blended. Stir in the nuts. Spoon into a greased and flour dusted baking pan (about 9 by 13 inches). Bake in a 350° oven for about 30 minutes, or until it tests done. Cool, then frost top. Serves 12.—*J. S., Seattle.*

*For icing, blend together ¼ cup soft butter, 2 cups sifted powdered sugar, 1 teaspoon grated orange peel, and 1 to 1½ tablespoons orange juice to make good spreading consistency.*

*This spicy cake with orange icing says it is autumn, and Halloween is soon*

**Picnic lunch:** *Swiss Emmenthaler and Comice pears, Wisconsin Cheddar and Winesaps—with salami, bologna, bread, wine*

**For afternoon tea,** *Wisconsin fontinella with Muscat g Danish Tybo and Golden Delicious apples, and ginger c*

MIX AND MATCH

# Good cheese companions . . both fruits and vegetables

**The pure, clean tastes** of cheese anc eaten together, make this combi welcome at almost any time of c need not be reserved only for the tional place at the end of a dinner.

In exploring and testing this i serving cheese and fruit more fre have discovered surprisingly goo binations of cheese and vegetal well. Pictured here are some chee fruit or with-vegetable pairs that rally enhance each other.

The demand for distinctive cheese the past few years brought an ext cosmopolitan variety of cheeses to markets, delicatessens, and sp cheese shops throughout the West foreign cheeses, along with some

**er tray** *of cheese with vegetables: red pepper and Danish , fennel and blue, and cucumber and Dutch Leyden*

DARROW M. WATT

**Dessert** *of fruit and cheese follows a light supper. Pineapple quarters go with provolone cubes; Tokays point up Port Salut*

nding domestic cheeses, offer all the one needs for cheese sampling the clock.

re additional notes on those in our raphs:

heddars and Swisses, with apples ars, are natural companions for a on. Choose the most distinctive ost attractive ones available where your shopping.

oon tea is always open to some tic change from the usual fare. We fruit, a mild cheese, and simple cookies. Golden Delicious apples Danish Tybo (red rind with pale interior) are striking in looks as flavor. And Wisconsin Fontinella, extured, sweet, and slightly gran-

**Late evening snack:** *Dip chunks of teleme in caraway seed to eat with red apples*

ular, is good with winey Muscat grapes.

Try cheese with vegetables first on an appetizer tray, especially if you aren't sure how your guests might receive the idea. Sharp and creamy blue or Roquefort can be spread right on the diagonal wedges of crisp, anise-flavored fennel. Danish havarti is soft, but pungent enough to hold its own with spicy-sweet red pepper. Dutch Leyden, peppered with toasty caraway and cumin seeds, seems "cooled" by cucumber.

Continental Europe prefers cheese and fruit as separate courses, but the two combine beautifully for a dessert. We suggest juicy pineapple with salty provolone, or crunchy Tokay grapes with creamy French Port Salut.

# OCTOBER MENUS

*We give you a delicatessen buffet... a brunch featuring a Mexican casserole... a one-dish family supper... and a do-ahead dinner party*

DARROW

**The makings** *for some great sandwiches constitute most of the menu for an impromptu buffet party; it's a buy-and-serv*

**The party buffet** leading the October menu suggestions literally comes out of the shopping bag. The brunch needs little more effort than a typical family meal, yet is suitable for guests. For the family, there is a wholesome sauté dish; for more formal occasions, we suggest a dinner that can be prepared mostly ahead.

All these menus are quick to prepare and leave plenty of time for busy schedules.

## *Delicatessen buffet*

This is a particularly appealing meal ideally suited to impromptu entertaining. You can shop for the ingredients on the way home from a football game, or have them on hand and completely ready to serve after the theatre. The foods are agreeable for any hour of the day.

You begin with a tray of sandwich makings, offering a choice of meats, cheeses, rolls, and spreads. Accompany that with a basket of handsome vegetables: lettuce, green peppers, cherry tomatoes.

For dessert, group fruit and whole cheeses on a board, to be sampled at leisure.

We've scaled the buffet to serve six, but you could easily adjust for a smaller or larger group.

**Sliced Corned Beef, Pastrami, a**
**Cooked Ham or Prosciutto**
**Sliced Swiss Cheese**
**Onion Rolls, Bagels, and Crusty**
**Cream Cheese Sweet Butter M**
**Butter Lettuce**
**Seeded Green Peppers**
**Cherry Tomatoes**
**Coarse (Kosher-style) Salt**
**Ripe Winter Pears Grapes**
**Danish Camembert**
**Small Whole Colby or**
**Longhorn Cheddar Cheese**

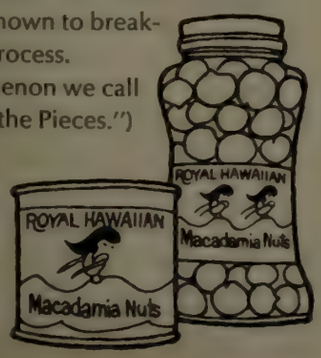
For six people allow a total of 1½ sliced meats, about ½ pound slic

# The Nut

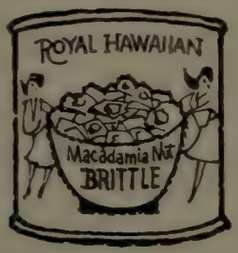
## "Evolution of the Royal Hawaiian Macadamia Nut"

### in three parts (with apologies to Mr. Charles Darwin)

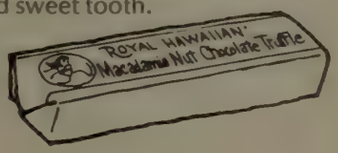
**t The Nut** Many are culled
ew are chosen. Only the fittest
survive their judgment day at the
l Hawaiian Macadamia factory.
mperfectly husked are tossed.
unts are routed. The flawed sink.
vors survive only to face the un-
ing gaze of inspectors with absolute
prity to banish the questionable.
so, there is an occasional slip 'twix
and jar. And more than one nut
een known to break-
the process.
henomenon we call
gin of the Pieces.")




**Then The Brittle** In answer to the cry, "What do you do with the pieces?" Macadamia Nut Brittle was born. Because even broken bits of the nuts are so precious, so delicious, we've picked up the pieces and put them into the most aristocratic brittle ever made. Buttery. Molassesy. Creamy. Crunchy. Munchy. Just a year old, Macadamia Nut Brittle has now taken its place among the world's most toothsome confectioneries.




**Now The Truffle** Other highly prized pieces of Macadamia now are used to create the new Royal Hawaiian Macadamia Nut Chocolate Truffle —it's a mouthful! In three flavors—rum, mocha and chocolate—it is spun out of the lightest filling... the bounciest bits of macadamia nut... the most expensive chocolate. Result is a superb, new chocolate bar that perks up even the most jaded sweet tooth.




## Join the evolution! Serve the Nut today.

ROYAL HAWAIIAN MACADAMIA NUT CO., Hilo, Hawaii, a division of Castle & Cooke, Inc.

# Flank Steak goes 'Round

## ...to become a taste surprise in the best of circles

A flank steak, a few fixin's and fifty minutes: That's all you need to surprise your family with this economical yet exciting dish:

**FRENCH PINWHEEL FLANK STEAK**

1 (2½-pound) beef flank steak
1 cup finely chopped parsley
1 tablespoon minced onion
2 thick slices bacon, chopped
2 tablespoons cooking oil
2 (14-ounce) cans beef broth
1 teaspoon salt
1 bay leaf
¼ cup celery leaves
Choice of vegetables*

Lay steak flat. Mix parsley, onion and uncooked bacon. Spread over beef; roll jelly roll fashion and skewer securely. Cut in half and brown in oil in large soup pot. Add broth, salt, bay leaf and celery leaves. Cover. Simmer 50 minutes, until tender. Skim off fat. Meanwhile cook vegetables in boiling salted water until just tender. Remove beef from broth and slice. Arrange in casserole or individual bowls with vegetables. Bring broth to rolling boil and pour over beef and vegetables. Makes 6 servings.
*Small unpeeled potatoes, onions, carrot strips, green beans.

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CALIFORNIA BEEF COUNCIL
463 Brewster Ave.
Redwood City, Calif. 94063


DARROW M. WATT

**Crisp** *tortilla strips, melting cheese sauce make this brunch casserole*

cheese, and at least 2 rolls apiece. Split rolls before serving.

Also have a small package (3 oz.) cream cheese, ¼ pound sweet butter, and a jar of mustard such as Dijon or English style.

Choose 2 large, shiny green peppers, and, leaving peppers whole, cut out core and seeds, and pull out pith. Gash peppers so they will break apart easily; dip sections in salt to eat. One basket of cherry tomatoes should be ample; dip them in salt too. Break up lettuce for sandwiches.

Place 3 to 6 pears and a large bunch of grapes together with the whole cheeses. Allow 1 Danish Camembert (tinned ones are often available in supermarkets) and a small whole Cheddar cheese.

### *Mexican casserole brunch*

A Mexican-style dish that is remarkably quick to make is featured in this menu. You serve it hot, creamy with cheese and savory seasonings, on crisp lettuce; the contrast is pleasantly intriguing. If you have leftover cooked turkey or chicken, you could add some to the casserole and omit the bacon in the menu.

**Chilaquiles Casserole**
**Soft Cooked or Poached Eggs Bacon**
**Papaya or Cantaloupe**
**Hot Chocolate with Cinnamon Sticks**

You can fry the tortillas a day ahead if you like, simplifying the final assembly of the baked dish. Serve the frui the meal or as a separate course or after. Swirl a stick of cinnamo each mug of hot chocolate for a aromatic effect.

**Chilaquiles Casserole.** Cut 8 corn t in ¼-inch-wide strips. Cook in salad oil over moderately high hea ring, until crisp and brittle. Drai on paper towels (this can be done ahead; keep airtight).

In a shallow 1 to 1½-quart ca blend the fried tortilla strips with (10½ oz.) condensed cream of mus soup and 2 or 3 canned California chiles (seeds and pith removed), ch fine; taste chiles to determine ho they are and add them accordingly. like, add 1 to 1½ cups diced cook key or chicken. Spread mixture then sprinkle with 2 cups shredde Cheddar cheese or jack cheese, o measure of both. Bake in a 400° o 15 minutes or until bubbling slight

Thinly slice 3 or 4 cups iceberg and place in a bowl; to serve, spo casserole over a mound of lettuce. 4 to 6 servings.—*E. G., Phoenix.*

### *Meal-in-one-dish suppe*

Moist, juicy, chicken legs make th for this hearty main dish; potato along with the meat, absorbing th flavors. Zucchini is added only at

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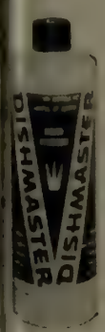


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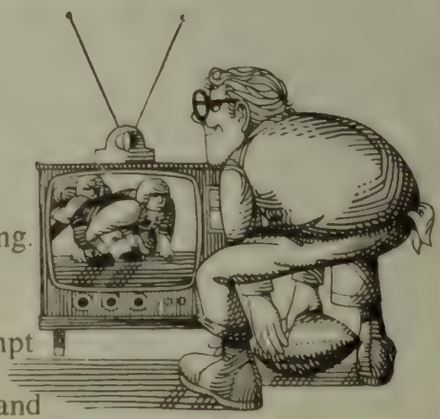
# Ideas for the full-time wife and her half-time husband.



Let's face it, even a beauty queen couldn't get a man away from the television set when his team is playing. So don't even try.

Instead of knocking yourself out preparing a sumptuous dinner to tempt him into the dining room, prepare something easy as well as delicious and let him eat in front of the television set.

These Hamburgers Angostura won't take him away from the game, but they'll get you compliments when the game is over.

2 pounds ground beef
2 teaspoons salt
½ teaspoon pepper
2 teaspoons Angostura bitters
½ cup ice water

Combine meat with salt and pepper. Mix Angostura with ice water and pour over meat. Blend thoroughly and shape into 8 patties. Broil or pan-fry hamburgers quickly to desired degree of doneness. Serve hot on toasted hamburger buns.

Along with the Hamburgers Angostura you can serve him a tossed salad with our own special Angostura-French dressing, a bowl of Picadillo (our special Angostura version of chili), and some Promenade Deck Salade De Fruits.

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**Angostura® bitters or how to become a gourmet in two shakes.**


minute so it can retain bright color slightly crisp texture.

**Mediterranean Chicken and Vegetable Sauté**
**Mixed Green Salad**
**Hot Apple Pie**

A green salad with an oil and vin dressing and perhaps a loaf of Fre bread rounds out this menu. For des you might bake a frozen apple pie.

**Mediterranean Chicken and Veget Sauté.** Heat 3 tablespoons olive oil wide frying pan or Dutch oven. Salt a 2½ pounds chicken legs and thighs lightly brown in oil on all sides over m erate heat. Stir into pan 1 large o chopped, and ¾ cup unpitted Spa style olives. Cook, stirring occasion until onion starts to brown. Add ⅓ tomato sauce and ½ cup water. C and simmer gently for about 20 min stir in 2 medium-sized potatoes, d Cook 15 minutes longer, or until chi is tender when pierced.

With a slotted spoon remove meat vegetables to a wide serving dish, keep warm. To pan add 3 or 4 t sliced medium-sized zucchini (about and ¼ cup water, and cook over heat, stirring frequently, just until chini is slightly tender. Spoon ar chicken and serve. Makes 5 to 6 serv —*I. D. V., Half Moon Bay, Calif.*

## *Do-ahead dinner party*

You have a tremendous head start this dinner, because the appetizer, dish all-meat stew, and dessert are made at least one day in advance.

**Chopped Chicken Livers**
**Avocados Madrilène**
**Autumn Lamb Stew** **Green Bean**
**Cracked Wheat or Brown Rice**
**Freezer Cheesecake** **Muscat Grap**

Present the small bowl of chicken li to spread on crackers; serve on the if the weather is warm. Sit down t freshing avocado first course; the green beans, and hot cooked cra wheat or rice will wait, ready to serv an electric warming tray nearby.

**Chopped Chicken Livers.** Melt 6 t spoons butter in a frying pan and sl cook, uncovered, 6 chicken livers (a ½ lb.), turning occasionally, just they lose the pink color in the center aside to cool. Add to pan 1 small mi onion and cook very slowly, uncov until onion is quite soft, but not brow Thinly slice livers, then use a fork to with onion, butter, and 2 hard co eggs. Season with salt to taste. Chill, allow to return to room temperatur easy spreading. Makes 6 to 8 servin an appetizer.—*J. S. San Diego.*

**Avocados Madrilène.** Chill for at lea hours 2 cans (13 oz. *each)* red or

# WHAT THE BOYS SAY ABOUT LADY VANITY.

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# What-in-the-name-of Roquefort is this supposed to be?

Roquefort means Roquefort Cheese. Made of sheep's milk. Ripened in the Roquefort caverns. Not "something like it." Definitely not blue cheese. Hereafter, show me Roquefort on the label first. Just like the label on a vintage wine. Carry on!

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Why Honest-to-Goodness

# POP CORN LOVERS are JOLLY TIME fanatics!

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madrilène or 2 cans (10½ oz. *each*) c
densed beef consommé. Spoon the ge
mixture equally into 6 small bowls. F
pit, and slice 2 small avocados, dip
slices in lemon juice; arrange on the
drilène.

You can cover and chill several ho
Serves 6.—*H. N., San Francisco.*

**Autumn Lamb Stew.** In a wide frying
or Dutch oven, mix 3 pounds bon
lamb stew with ¼ cup *each* soy sauce
Sherry, and ½ teaspoon ground gin
Let stand at room temperature fo
least 30 minutes, stirring occasion
Cook, uncovered, over moderately
heat, stirring frequently, until juices e
orate and meat is browned. Add 2
water, cover the pan, and simmer
low heat until the meat is tender
pierced. At this point you can chill
stew overnight.

Reheat stew to simmering; blend 1½
spoons cornstarch with a little wate
make a smooth paste and blend into m
Cook, stirring, until thickened. Mak
generous servings.—*H. S., San Franc*

**Freezer Cheesecake.** Mix 1 cup fi
crushed sugar cooky crumbs with 3 te
spoons melted butter. Pat over bo
and sides of a 9-inch pie pan or dish. B
in a 375° oven for 10 minutes; chill.

Beat 3 egg whites until stiff, then gr
ally add ⅓ cup sugar and whip
whites hold short, distinct peaks.
the same beater, blend 1 large pac
(8 oz.) cream cheese with ⅓ cup s
and ½ teaspoon *each* grated lemon
and vanilla; gradually, smoothly, a
cup (½ pt.) whipping cream. Con
beating until mixture has the consist
of whipped cream. Stir in 3 egg yolks,
fold in egg whites. Pour mixture
cooky crust. Freeze until firm, then
airtight. Store as long as 2 weeks at
colder.

Let the cake stand at room tempera
at least 15 minutes; then cut in we
and serve. Makes 8 to 9 servings.—*M*
*Palo Alto, Calif.*

DARROW M.

**Ultra-smooth** *freezer cheesecake is del*
*fully contrasted by sweet, crisp mu*

# the hottest news in gas ranges!

*Two new gas ranges from HARDWICK—each with unique, first-ever features! And an unbelievably low, low price!*

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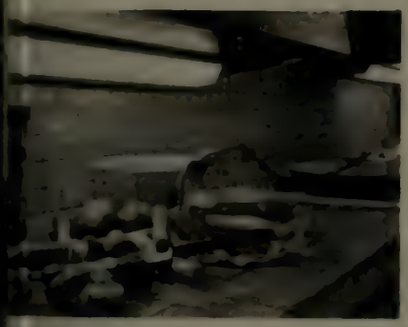
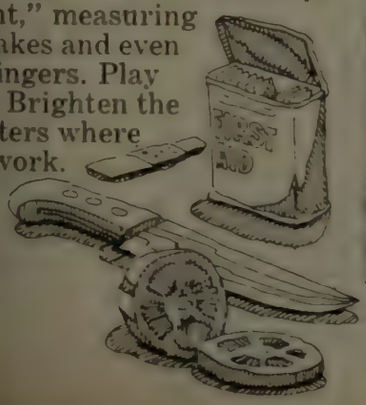
# NO LADY SHOULD HAVE

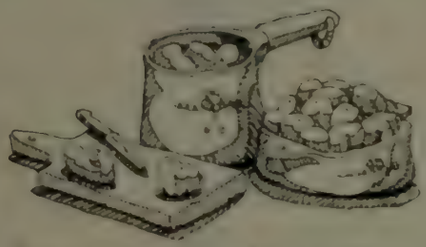
If you and your shadow clash ov
washing dishes—add a light dire
over the sink. You'll get the job do
faster—and a lot more effectively

# A FIVE O'CLOCK SHADOW.

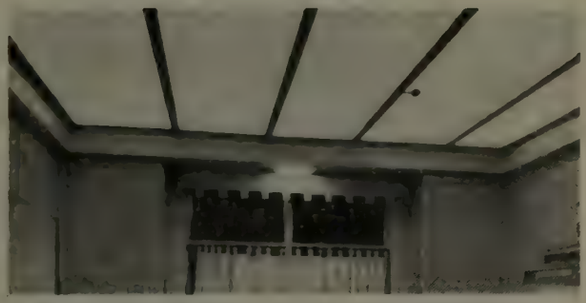


**Bright idea:** fluorescent tubes mounted under kitchen cabinets. Poor counter-top lighting can over-shadow the best cook. Result? "recipe squint," measuring mistakes and even cut fingers. Play safe. Brighten the counters where you work.

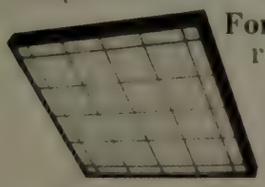




**Make light of cooking** with a modern, easy-cleaning light fixture over your range. "A watched pot" may never boil—but how will you know if you can't see it?



**For a completely shadow-less kitchen**—go all the way with a luminous ceiling. This evenly diffused illumination lights up cabinets, drawers, work surfaces *and* your smile.



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DARROW M. W

**Serve** *this casserole with salad, muff*

# *Mushrooms inside ...mushrooms on to*

**This delicate luncheon entrée featu** mushrooms, sweetbreads, and cheeses.

*MUSHROOM LUNCHEON CASSEROLE*

- 1 pound mushrooms
- 6 tablespoons butter
- Cooked veal sweetbreads or brains (directions follow)
- Flour
- 1 large onion, finely chopped
- ¼ cup (about 2 oz.) finely chopped prosciutto or ham
- ½ teaspoon basil
- ⅛ teaspoon whole rosemary
- ⅓ cup each dry Vermouth and whipping cream
- About ¾ pound teleme or jack cheese
- ½ cup shredded Parmesan cheese

Slice mushrooms (reserve several wh ones for garnish). Melt 2 tablespoons b ter in a wide frying pan, add mushroo and cook, stirring, until browned. Sp into a shallow 1 to 1½-quart casserol Lightly dust cooked sweetbreads or bra with flour. In the same frying pan, bro in 2 more tablespoons butter. Distrib over mushrooms. To the frying pan a remaining butter, onion, prosciutto, ba and rosemary; cook, stirring, until on is soft. Add Vermouth and cream and l rapidly, stirring, until there is no fr flowing liquid. Spoon over sweetbrea Cover with thin slices of teleme a sprinkle with Parmesan. Top with served mushrooms. You can cover cas role and chill overnight. Bake, uncover in a 400° oven for 20 to 25 minutes until cheese is bubbling. Makes 4 servin

*Cooked veal sweetbreads or brains.* Ri sweetbreads; or pull thin membrane fr brains and rinse well. Immerse either m in boiling, salted water and simmer, c ered, for 15 minutes. Cool in liquid; dr well. Pull membrane and tubes fr sweetbreads and break sweetbreads i small pieces; cut brains in ½-inch chun

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For dishwashers with rinse injectors

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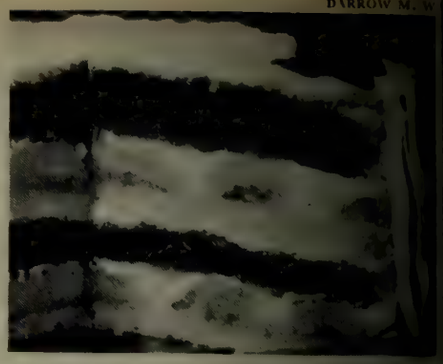
DARROW M. W



**Two layers** *of banana and cream filling into this two-tone cake made from a n*

## *As good as it look*
## *. . . and it's easy*

**This refreshing** fresh banana dessert u a cake mix as a shortcut.

*FRESH BANANA CAKE*

- 1 package (about 1 lb. 3 oz.) orange-flavored chiffon cake mix
- 2 tablespoons cocoa
- ⅔ cup apricot-pineapple jam
- 5 tablespoons rum or orange juice
- 5 medium-size ripe bananas, split lengthwise
- 2½ cups whipping cream
- 3 tablespoons powdered sugar
- ½ teaspoon vanilla
- About 1 ounce semisweet chocolate

Prepare cake mix according to directio on the box. Grease and flour-dust th cake pans, each 9 inches in diameter pans do not have removable bottoms, li with waxed paper, then grease and flou

Fill two of the pans with about ⅔ of t cake batter, equally divided. Sift coc into remaining batter in bowl, then light fold in; pour into remaining pan. Bake a 350° oven for 15 to 18 minutes, or un cakes begin to pull from sides of pan a spring back when touched in centers. Co inverted, on wire racks. Remove fro pans. Set aside or freeze one of the pla layers for some other use. Split the r maining cake layers horizontally.

Blend jam with rum. Put a plain ca layer on a serving plate; spread with of the jam. Arrange half the bananas, c side down, on cake.

Whip cream until stiff and flavor wi sugar and vanilla. Spread a smooth lay of cream over bananas on cake. Top wi chocolate layer and spread with ¼ of t jam and a generous layer of cream. T with other plain layer, spread with ¼ the jam, and arrange remaining banan cut side down. Spread smoothly with mo cream. Top with chocolate layer, spre with remaining jam, and frost top a sides with balance of cream. Cut chocola into curls with vegetable peeler; decora top. Chill at least 1 hour, no more th 8 hours. Cut in 12 to 16 wedges.

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# Cooky owls, bats, cats, for Halloween

**wls, bats, cats,** and pumpkins cut from a icy gingerbread cooky dough make fine alloween treats. If you're concerned out how such things get carried home fely in a paper bag, you may want to rap each cooky separately in clear plas- film. Placing each cooky on a square of rdboard and wrapping cooky and card- ard together protects cookies.

hese Halloween shapes are not difficult draw; but if you need help, look in a ild's coloring book for suitable subjects. ut patterns from lightweight cardboard, aking each about 5 to 6 inches at the oadest point. For decoration, outline the okies with one or two frosting colors; ll features as necessary.

ou can make and refrigerate the cooky ough up to a week ahead. When rolling d cutting, have it slightly chilled.

he icing hardens when dry. You'll want make two bowls of icing—one to tint ange with food coloring and one to rken with cocoa to a rich brown.

*ALLOWEEN GINGERBREAD COOKIES*

- ½ cup *each* butter or margarine and sugar
- 1 egg
- ¼ cup *each* light molasses and water
- 3 cups all-purpose flour
- 1½ teaspoons cinnamon
- 1 teaspoon *each* soda, ground ginger, and nutmeg
- ½ teaspoon ground cloves
- ¼ teaspoon salt

ream butter, add sugar, and cream to- ther until fluffy; beat in egg. Stir in olasses and water. Sift flour, measure, d sift twice with the cinnamon, soda, nger, nutmeg, cloves, and salt. Stir flour ixture into creamed mixture until well ended. Divide dough in 3 balls. Roll out e piece at a time on a large baking eet, using a lightly floured rolling pin; ough should be about ⅛-inch thick. ightly dust backs of cardboard patterns ith flour, lay them on the dough, and t around patterns with point of sharp nife. Lift away dough between cookies.

ake cookies in a 375° oven for 5 to 6 inutes or until lightly browned. Cool 5 inutes on pans; then remove to wire cks to cool thoroughly. Makes 13 cook- s, each about 5 to 6 inches across.

*range Royal Icing.* In a small bowl, beat gg white, ⅛ teaspoon cream of tartar, a dash salt, and 3 or 4 drops orange food coloring with an electric mixer for about 1 minute. Blend in 2 cups sifted powdered sugar; then beat at high speed until icing is very stiff, 3 to 5 minutes. Beat in more food coloring if you want a brighter orange color. Spoon icing into decorating tube and decorate cookies or keep tightly covered in the refrigerator until you're ready to use it. Press icing through a decorating tube, using a medium tip. Let icing dry before wrapping cookies.

*Chocolate Royal Icing.* Follow directions above but omit food coloring and sift 6 tablespoons cocoa with only 1¾ cups sifted powdered sugar.

**It's hard to resist** *a gingerbread bat when cookies are wrapped for Halloween callers*

## The cutting and the decorating

**Roll out dough** *directly on cooky sheet; cut around patterns; remove extra dough*

**Use decorating tube** *to outline shapes and make faces with chocolate, orange icings*

# Sunset fine foods cupboard*

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## Recipe says 1/2 cup dry white wine.

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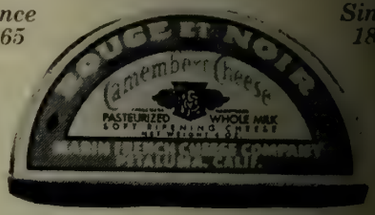


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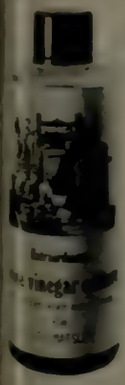

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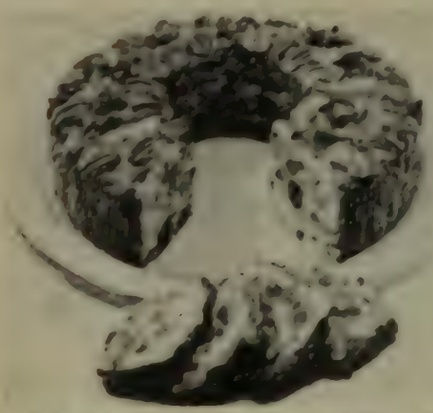

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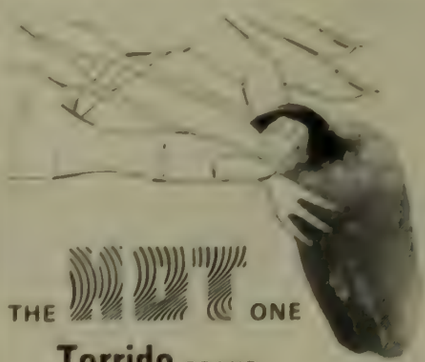

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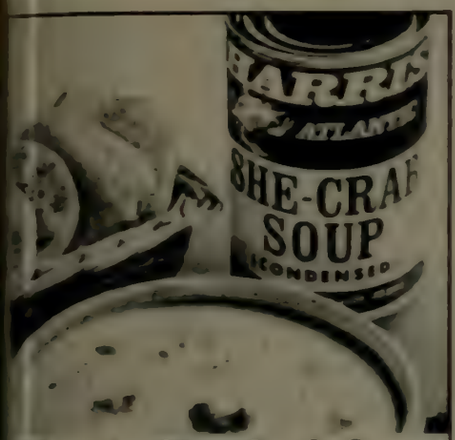


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DARROW M. WATT

**Bits** *of freshly crushed cardamom speckle interiors of these light, tender yeast biscuits*

# Swedish pleasure at breakfast

**These Swedish** breakfast biscuits, with their appealing, fragrant aromas of cardamom and warm yeast bread, stir most any appetite.

You can make the simple dough and bake the biscuits (they might also be called rolls) and then store or freeze to reheat for an early morning meal; or offer them hot from the oven at midday.

Soft butter and comb honey go perfectly with the light, tender biscuits.

*SWEDISH RAISED BISCUITS (Bäller)*

- ½ cup butter or shortening
- 2 cups milk, scalded
- 1 package yeast, active dry or compressed
- ½ cup warm water (lukewarm for compressed yeast)
- Whole cardamom
- 2 eggs
- 1½ teaspoons salt
- ½ cup sugar
- 7½ cups unsifted all-purpose flour
- 4 tablespoons melted butter
- Milk for brushing tops

Stir butter into hot milk until melted. Set aside until just cool to touch (90° to 100°). Stir the yeast into the water and let stand about 5 minutes.

Break open cardamom pods and remove seeds. Discard empty pods and measure 1½ teaspoons seeds. Crush seeds in a mortar and pestle, a blender, or with the bottom of a flat-surfaced jar.

In the large bowl of a mixer (or beating by hand), blend milk mixture, yeast mixture, cardamom, eggs, salt, and sugar. Add 1 cup flour at a time; blend in as much flour as possible, then turn mixture onto a board with remaining flour. Knead all the flour in to make a smooth, soft ball; add a little more flour to the board, if required.

(If you use a dough hook, add all the flour to mixer bowl and beat until dough pulls from sides of bowl; turn onto floured board and knead a few turns until a smooth ball is formed.)

Wash mixing bowl in warm water and dry. Rub bowl with butter or shortening and turn dough over in it (to grease top surface). Cover and let rise in a warm place until about doubled in size, about 1 hour. Punch down dough on a floured board, kneading out air bubbles. Divide dough in half.

Pour melted butter equally into two 9-inch square baking pans (or equivalent area). Divide each section of dough in 20 pieces of equal size. Shape each biscuit, drawing edges under to make a smooth-topped ball. Turn balls in butter in baking pan, as you shape them, and arrange 20 pieces, smooth side up, in each pan. Cover without touching dough and let rise in a warm place until doubled in size, about 30 minutes. Gently brush tops of the biscuits with milk.

Bake in a 375° oven for about 25 minutes, or until well browned; a thin wooden skewer inserted into center biscuits should come out clean. Serve at once, or cool out of pan on wire racks.

*To store*, keep airtight for 1 or 2 days, or freeze; then reheat or split and toast.

*To reheat*, cover pan of biscuits with foil (or wrap this quantity in foil) and put in a 350° oven for about 30 minutes; if frozen, allow 40 minutes to heat.—*E. S., El Cerrito, Calif.*

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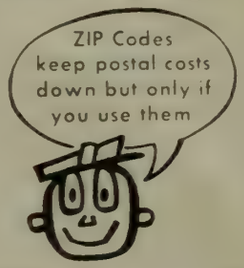



DARROW M. WATT

**Cool, refreshing appetizer:** *crisp jicama to rub with lime wedges, dip in seasoned salt*

# Vegetable from Mexico . . . jicama

**An interesting vegetable** imported from Mexico is becoming increasingly available in Western markets. It is the jicama (hee-*cah*-muh), a brown root that looks much like a rutabaga, with white flesh that tastes like a crisp, juicy water chestnut.

Jicama season begins in October, and the vegetable is found in fresh produce counters until as late as June. The price is modest. Most jicamas in our markets weigh 1 to 6 pounds. You usually use only a portion at a time; the rest can be covered with clear plastic film and stored in the refrigerator for several weeks.

In Mexico, jicama is treated much like a fruit to eat raw as a snack or in fruit cups or salad. In this country, it is frequently used in Oriental communities as a cookery substitute for water chestnuts. Jicama cooked in boiling salted water or browned in butter has about as much flavor as potatoes, but retains its crisp texture. You might like to experiment by adding it to braised or sautéed dishes to Oriental dishes.

Jicama is sold by street vendors in M ico in this fashion to eat as refreshment

***JICAMA APPETIZER***

Blend 1 tablespoon salt with ¼ teasp chile powder and put in a small bowl. A cut 1 lime in wedges. Peel and slice a 1 2-pound piece of jicama, cut in ¼ to inch-thick slices, and arrange on a se ing tray. To eat, rub lime over jica then dip jicama in salt. Serves 6 to 8.

*Pico de gallo* (rooster's beak) is a crunc savory salad to serve with roasts.

***PICO DE GALLO***

Combine 2 cups peeled, diced jicam seeded and slivered green pepper; ½ dium-sized mild onion, thinly sliced; 1 cup sliced or diced cucumber. Pour cup olive oil and 2 tablespoons whit red wine vinegar over vegetables and lightly with ½ teaspoon oregano. Salt pepper to taste. Makes 4 to 6 serving

Jicama readily absorbs the rich flavor beef and soy sauce in this dish.

***JICAMA WITH BEEF, ORIENTAL STY***

Slice thinly across the grain 1 pound l boneless sirloin steak. Mix meat wit tablespoons soy sauce and 1 teasp cornstarch and let stand at least 10 utes. Peel and thinly slice enough jic to make 1½ cups; cut slices in strips mix with ½ teaspoon sugar.

In a wide frying pan over highest add 4 tablespoons salad oil; when hot beef. Cook, stirring, until meat lose pink color and there is some liquid in Remove beef with a slotted spoon. jicama to pan and continue cooking highest heat, stirring, until juices are ing. Return beef to pan, mix in ⅔ thinly sliced green onions, and stir to reheat meat. Serves 3 or 4.

**Scrub jicama** *in fresh water to remov clinging dirt, then peel off the tough*

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# Carrots make two tasty puddings

**These carrot desserts** might be called either cake or pudding. They look and bake like cakes but have the texture of steamed and baked puddings.

The carrots lose their identity during baking and contribute to the cakes' moist texture, as do persimmons and apples in similar desserts.

The almond crunch pudding has a quite firm texture, with a honey and chopped nut spread that bakes on to form a crackly topping.

### *ALMOND CRUNCH CARROT PUDDING*

- 1½ cups all-purpose flour
- 1½ teaspoons baking powder
- 1½ teaspoons cinnamon
- ¾ teaspoon salt
- ¾ cup sugar
- ½ cup salad oil
- 2 eggs
- 1½ teaspoons vanilla
- 1½ cups finely shredded carrots
- 1¼ cups chopped unblanched almonds
- ½ cup honey
- ½ cup whipping cream (optional)

Sift flour, measure, and sift with baking powder, cinnamon, salt, and sugar into a large bowl. Add oil, eggs, and vanilla and mix until smooth. Stir in carrots and ¾ cup of the almonds. Pour batter into greased 9-inch square baking pan. Bake in a 325° oven for 40 minutes. Meanwhile, combine honey and remaining ½ cup almonds. Remove cake from oven, spread almond mixture on top, and return to oven for 5 minutes, or until cake pulls away from sides of pan. Cool, cut into squares, and garnish with whipped cream if you wish. Makes 9 servings.—*E. N., Vida, Ore.*

This carrot cake is especially sweet a tender because of the pineapple in dough and the syrup topping poured just after baking.

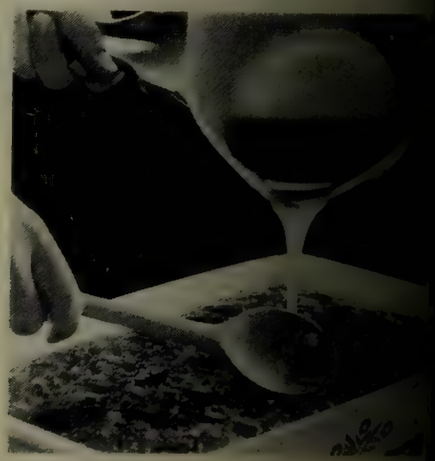
### *GLAZED PINEAPPLE-CARROT CAKE*

- 2 cups all-purpose flour
- 1½ cups sugar
- 1 teaspoon soda
- 2 teaspoons cinnamon
- ½ teaspoon salt
- 3 eggs
- ½ cup salad oil
- ¾ cup buttermilk
- 2 teaspoons vanilla
- 1 can (8½ oz.) crushed pineapple, well drained
- 2 cups finely shredded carrots
- 1 cup coarsely chopped nuts (almonds or pecans)
- 1 cup flaked coconut
- Buttermilk Syrup (recipe follows)

Sift flour, measure, and sift with su soda, cinnamon, and salt into a bowl. B eggs together with the oil, butterm and vanilla. Add to dry ingredients al once and mix until smooth. Mix in pi apple, carrots, nuts, and coconut. P into a lightly greased and floured 9 by inch baking pan. Bake in a 350° oven 45 minutes, or until center springs b when lightly touched. Remove cake fr oven and lightly prick it all over wit fork. Slowly pour hot buttermilk sy over the cake.

*Buttermilk Syrup.* In a saucepan comb ⅔ cup sugar, ¼ teaspoon soda, ½ buttermilk, ⅓ cup butter or margar and 2 teaspoons light corn syrup. B to boiling over medium heat, and boil 5 minutes. Remove the sauce from h and add ½ teaspoon vanilla.—*M. Bradley, Calif.*

**Spread** *honey and almond mixture over hot carrot pudding; return to oven briefly*



**Gradually pour** *the hot buttermilk sy evenly over top of pineapple-carrot c*

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**The Sony Personal Television**

DARROW M. WATT

**French potato pie** *is moistened by cream just before serving*

# Potatoes in a crust? Why not?

**If you need convincing,** here are two tasty examples that should do it. The first is a handsome potato pie named for a French town; you serve it in neat wedges. Like a deluxe version of scalloped potatoes, it goes well with such meat dishes as a roast or a savory stew.

The second pie is a main dish flavored with clams and bacon. It is delicious for a lunch or light supper; add a salad, perhaps cole slaw, to complete the main course.

Both pies are simply constructed and we have included make-ahead steps in their directions.

### *MONTLUÇON POTATO PIE*

- 1 package pastry mix for 9-inch double-crust pie
- 4 tablespoons butter or margarine
- 1 egg
- 2 tablespoons water
- 4½ cups peeled, thinly sliced baking potatoes
- 1 teaspoon salt
- ¼ teaspoon pepper
- 3 tablespoons minced onion
- 1 cup whipping cream

Crumble pastry mix and finely cut in 3 tablespoons of the butter. Stir in egg and water with a fork until dough holds together. Divide pastry in half, making one portion slightly larger. Roll large piece on a well floured board to fit a 9-inch layer cake pan.

Mix potatoes, salt, pepper, and onion; pour into pastry shell, leveling. Pour ¾ cup cream over potatoes. Dot with the 1 tablespoon butter.

Roll out remaining pastry and fit over potatoes, sealing edges (use all the dough). Cut a 1-inch diameter hole in center of pastry; brush top with some of the cream. Bake in a 375° oven for about 1 hour 10 minutes, or until potatoes are very tender when pierced. Remove from oven and pour into hole the remaining cream, or as much of it as the pie will hold. (This pie can be reheated if you want to make it a day ahead; allow 50 minutes in a 350° oven.) Cut in wedges. Makes 8 servings. —*F. K., Palo Alto, Calif.*

### *CLAM AND POTATO CHOWDER PIE*

- 12 slices bacon
- 2 cups diced, peeled potatoes
- ½ cup chopped onion
- 2 tablespoons flour
- ¼ teaspoon pepper
- 2 cans (7½ oz. *each*) minced clams, *or* 2 cans (10 oz. *each*) whole baby clams
- Water and salt
- Pastry for 9-inch double crust pie

Cook bacon until browned, set aside to drain on paper towels, then loosely roll in curls. Drain all but 2 tablespoons fat from frying pan and add potatoes and onion; cook over moderate heat, stirring, until onion is soft and potatoes are almost tender. Then blend in the flour and the pepper.

Meanwhile, drain clams and measure 1 cup clam juice; add, if needed, enough water to make the 1 cup. Gradually add clams and 1 cup juice to potatoes; cook, stirring, until sauce is thickened. Taste and add salt if needed.

Roll out half the pastry on a floured board and line a 9-inch pie pan. Pour in the clam-potato filling. Roll out remaining pastry; fit on top filling and flute edges to seal. Cut several vents in crust top. (You can do this much several hours ahead and chill.)

Bake in a 375° oven for about 1 hour 10 minutes, or until crust is well browned (about 1 hour 25 minutes if chilled). Lay bacon curls on top of the pie during the last 3 or 4 minutes. Cut in wedges to serve. Makes 6 servings.—*V. G., Palo Alto, Calif.*


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# Western Kitchen

NEWS AND IDEAS

**It's important** to remember that spices and herbs keep best when stored away from a cooktop or other source of heat. They deteriorate fastest near the stove, where both heat and moisture are generated. It's even better if you store them away from light. We noticed that more and more cooks are storing them in drawers, as in the two arrangements shown below. It goes almost without saying that jar and container lids should be kept tightly closed. Properly stored, herbs will keep about a year and a half, spices for about two years.

To make herbs and spices easier to find, you might store them alphabetically. We've done this with great success in *Sunset's* test kitchens.

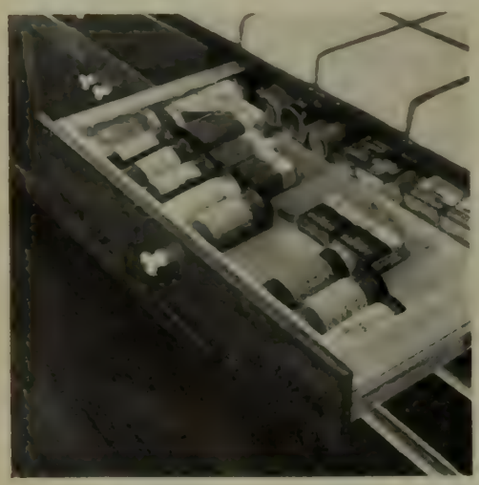
RICHARD FISH

**For a cook with a fondness for baking**

Perhaps the *ne plus ultra* of baking centers, this one includes flour and sugar si dispensers; a spice shelf along the backsplash; drawers for utensils, a pop-up m shelf, and sliding trays for baking supplies. Strip outlets for small appliances run a the wall under the upper cabinets. Paul Sterling Hoag, Los Angeles, was the archi

## Below the counter . . . one of the best places for spice storage

GLENN CHRISTIANSEN



**Lapped house siding**

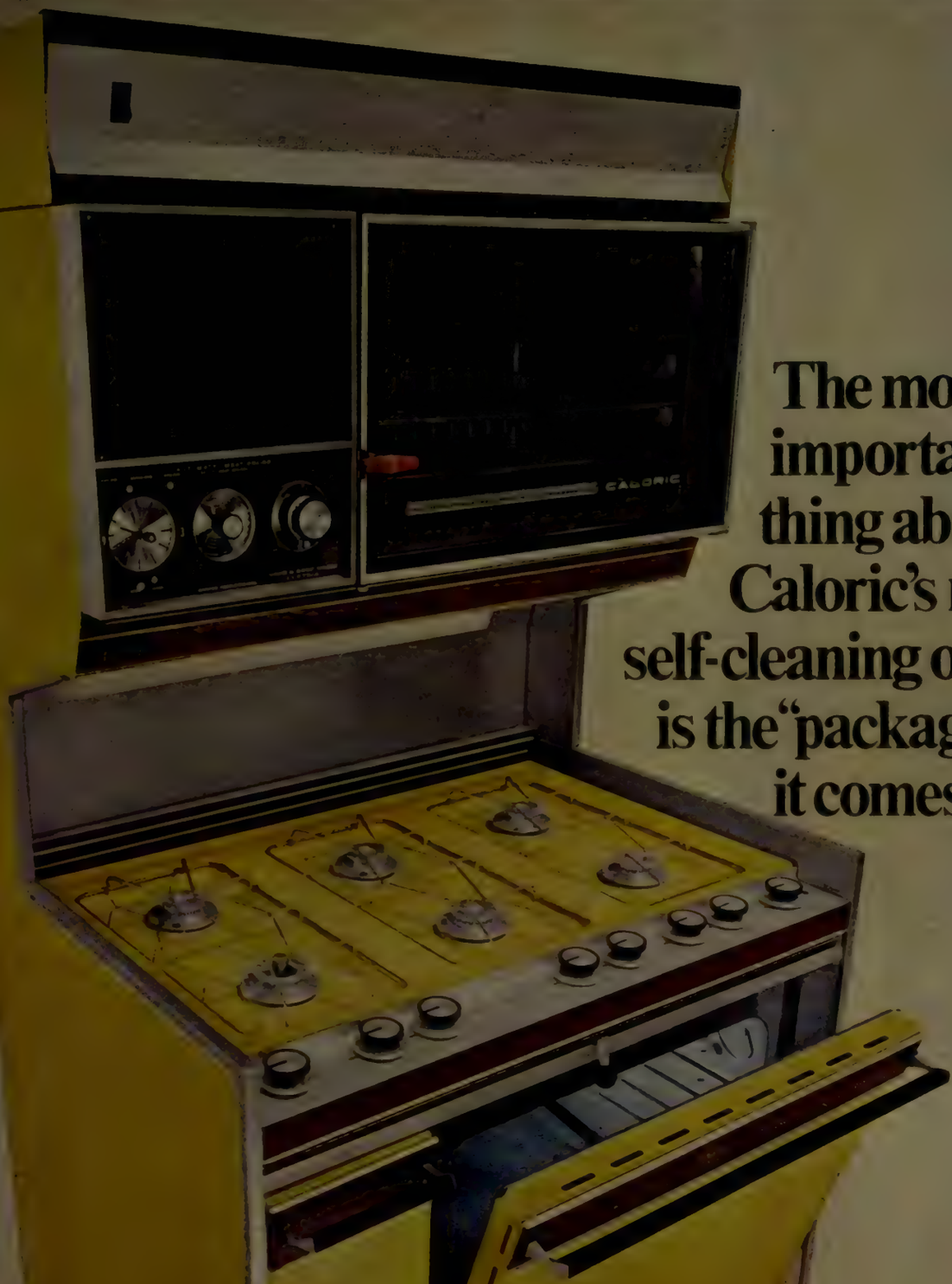
In a drawer to the right of a cooktop, boards are lapped (as in lapped house siding) to tip spice containers slightly and form just enough lip to prevent them from sliding around the drawer. Janean designed the simple arrangement for Mr. and Mrs. John Lowney, St. Helena, Calif.

**One-deep shelves**

At the end of a hardwood-topped cooking peninsula, adjustable 2-inch-deep shelves hold spice jars one deep, easily accessible from all areas of the kitchen. Note the cookbook shelves around the corner from spices; the shallow shelf above could hold notepaper and pencils.

**Corrugated filler strips**

The corrugated wood strip sold for f glass roof supports is a perfect fi spice jars of this size. The wood strip edge-glued to a piece of 1 by 2, and attached at an angle inside the dr Designer was Russell Foote for Mr. Mrs. Carl Schorsch, Ventura, Califo




# The most important thing about Caloric's new self-cleaning oven is the "package" it comes in.

Caloric has long been famous for making the most elegant, best-equipped, most dependable gas ranges going. In other words, the finest cooking packages.

Doesn't it stand to reason, then, that we'd also include the finest self-cleaning oven?

The Caloric Ultra-Clean* Oven/Broiler* is worthy of the great range it comes in. It's two-hours fast, yet costs less than 5¢ a cleaning. It eliminates mess, fuss and effort. And it works in conjunction with the patented Ultra-Ray* burner to consume food soil, leaving the oven spotless.

Naturally, the Caloric oven's new ability to clean itself in no way compromises its matchless ability to bake and broil. Features like the exclusive Ultra-Ray infra-red Broiler, Thermo-Set® burner-with-a-brain, automatic meat probe, rotisserie and cook & keep-warm oven system still make it a superb cooking package.

Look at it this way: The remarkable new Caloric Ultra-Clean Oven/Broiler provides a happy ending to the finest meals ever to come from the kitchen!

*Available in 30" and 36" models, both double-decker and free standing, with 4 or 6 burner capacities

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**An informal buffet** *inspired this arrangement of candles, pots, and leaf lettuce. To keep fresh, thrust the ends in wet sand*

**For a luncheon** *or tea party, hold lemons firm with an occasio toothpick, and interlace them with spinach leaves for cont*

DARROW M.

**Tiny vegetables** *in a pantry box have a country kitchen look. Bamboo sticks poke into wire mesh-wrapped styrene foam*

**Versatile artichokes** *serve here as unusual candle holders also combined with bright red cherry tomatoes in center*

# Fruits and vegetables go table hopping

**Vegetables** and citrus make dramatic and unusual centerpi especially during the fall and winter when the variety of duce offers many possibilities for imaginative arrangement Here we show four settings that range from informal buff formal tea party. All employ inexpensive materials—whic edible after display. If you use leafy vegetables, such a spinach shown on our lemon tree, add it at the last minu that it stays fresh-looking for your company.

# If Colombian Coffee can make blends taste better, think how good it tastes all by itself.

Most leading blends of coffee have some Colombian in them to give a richer, fuller taste. But now you can get that richer, fuller taste all by itself—in S&W's 100% Colombian Coffee, with Juan Valdez* on the label.

Juan and coffee growers like him spend their lives growing coffee beans that deliver a richer, fuller taste.

Five thousand feet up in the Colombian Andes, the volcanic soil has had 300 million years to become rich in minerals.

The tall guama trees there spread a tent of shade so the beans can ripen slowly. And since the harvest goes on all year long, only the fully ripened beans are chosen, every one of them picked by hand.

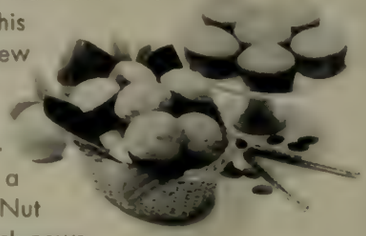
These are the reasons why 100% Colombian Coffee tastes so good. Your cost for this luxury coffee? Less than 2 cents a cup. You'll love it.

*Proprietary mark of the National Federation of Coffee Growers of Colombia.

# Betty Crocker

News from General Mills

**People say the nicest things** about our five new Betty Crocker Puddings—Lemon, Vanilla, Butterscotch, Chocolate and Chocolate Fudge. We think they're the smoothest. Spoon them right out of white-lined cans and you're ready to eat. And there's more good eating news this month from the Betty Crocker Kitchens: two new Muffin Mixes—Sunkist® Orange and Coffee Nut. We like flavored butters with these. Stir orange peel into the butter for one, cinnamon-sugar or instant coffee into the other. There's a good new coffee cake recipe on the Coffee Nut package, too.



For snack news, Pizza Spins (they really do taste like pizza!) One of our young mothers suggests putting them in shiny bags for Hallowe'en tricks or treats.

And then to top it off, we have a new pair of cake and frosting mixes — Betty Crocker Sour Cream Chocolate Fudge Cake Mix and Sour Cream Chocolate Fudge Frosting Mix. The sour cream's right in the mix! Makes an old fashioned kind of cake —rich and dark and moist!

**Cookies that go places.** Son in the service? Daughter in school? Friends far away? You'll be starting your baking early. And we have something for you: "Cookies that go places"—a special collection of recipes for good things you can bake and ship. There's no charge—just write Betty Crocker, General Mills, Inc., Dept. 155, Minneapolis, Minn. 55440 (our post office says Nov. 11 is the last day you can send surface mail overseas—Dec. 1 if you ship by air).

**Say it with food!** Man's humanity to man, we keep discovering, frequently begins with food. The casserole you take to welcome a new neighbor. Cookies to befriend a lonely child. The cake that says more than a handclasp. A recipe shared with a stranger. These are warm, human, know-each-other-better things. A gift of food says someone cares, someone has a warm feeling especially for you. Know somebody who needs a lift? Say it with food!

**Come see us!** Driving West? Driving East? Driving North? Driving South from Canada? Five days a week there are tours through our Betty Crocker Kitchens in Minneapolis—9, 10 and 11, 1, 2 and 3. People tell us we're their favorite tourist attraction. Do come see us. Guest tours, free samples, warm welcome.


DARROW M.

**Quick-cooking lentils** *are the base of t hearty dish seasoned by a special saus*

# *Italian sausage with lentils*

**Savory Italian sausage** flavors this tr tional family-style lentil dish. You m it with coteghino, a large sausage sol Italian delicatessens (you may have order it ahead); or substitute the m readily available small garlic-flavo Italian sausages.

The dish is good freshly made or reheat however, the Swiss chard loses its pre color when the mixture is rewarmed.

To make a meal, serve the lentil main with French bread and butter, an green salad with oil and vinegar dressi

***COTEGHINO WITH LENTILS***

- 3 slices bacon
- 1 large onion, diced
- 2 carrots, sliced
- 2½ cups water
- 1 bay leaf
- 1 coteghino sausage (1 to 1½ lbs.), or 1 to 1½ pounds mild Italian sausage
- 1 cup (about half a 12-oz. package) lentils
- 1 package (12 oz.) frozen Swiss chard
- Salt

Cut bacon in small pieces and combin a saucepan (about 4-qt. size) with and carrot. Cook, stirring, until onio soft. Add water, bay leaf, and cotegh bring to a boil. Cover and simmer ge for about 2 to 2½ hours or until sau is tender when pierced. (Cook Italian sages only 30 minutes.)

Sort lentils, discarding any foreign ter, then rinse well. Add to sauce cover, and simmer 30 minutes. Rem sausage and keep warm. Add chard lentils and cook, uncovered, for about minutes, breaking up chard to has thawing. Salt to taste. Pour lentils serving dish. Slice sausage about ¼ thick (remove casing, if desired) and on top of lentils. Makes 4 to 6 servi

# Basic white, the classically elegant dessert... flavor co-ordinated by Betty Crocker.

White with white. A classic dessert combination from two Betty Crocker mixes—Classic White Cake and Classic Creamy White or Fluffy White Frosting. There's classically elegant flavor in the moist, tender cake. And in the smooth-textured frostings. Together, they give you a dessert as classically elegant as a designer original. Try it on for flavor.

*When the flavor's this exciting you can bet it's Betty Crocker*

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FOOD PREPARERS BY HOBART


DARROW M.

**Sprinkle** *prepared Serbian seasoning evenly over inside of boneless pork loin roast*

**Roll** *seasoned meat, tie with string, more seasoning on outside before roa*

# How the Serbs season pork

**To most cooks** a seasoning mixture—curry powder, poultry seasoning, pumpkin pie spice—is a tidy and reliable flavor package. Not surprisingly, such flavoring preparations are used in many cuisines.

In Serbia (part of eastern Yugoslavia), a popular seasoning for pork combines fennel seed, pepper, salt, and sugar. Licorice-like fennel and pepper are prominent.

You can use this seasoning mixture with many simply prepared cuts of fresh pork. For a start, we suggest incorporating it into a rolled pork loin roast and baked country-style spareribs. Store the seasoning in a covered jar for a day or more to blend the flavors before using it.

### *SERBIAN PORK SEASONING*

- ¼ cup fennel seed
- 3 tablespoons salt
- 2 tablespoons sugar
- 1 tablespoon *each* white pepper and coarsely ground black pepper

Whirl fennel in blender until coarsely crushed, or crush, about 1 tablespoon at a time, with a mortar and pestle. Blend with salt, sugar, and peppers. Store in a covered jar. Makes about ⅔ cup.

### *BONELESS PORK LOIN ROAST, SERBIAN STYLE*

Purchase a 5 to 7-pound pork loin roast; ask the meatman to remove the bones, and note the weight after boning (you should have 3 to 5 pounds). Measure 1 teaspoon of the Serbian pork seasoning for each pound of meat; sprinkle evenly over the inside of the pork, then rub in lightly. Roll the meat tightly lengthwise (see photograph) with seasoned su inside; tie with heavy string at abo inch intervals. Rub ½ teaspoon mo the seasoning over the outside surfac

Roast on a rack in an uncovered p a 325° oven until a meat thermomet serted into the thickest part of th registers 170°, about 30 to 35 minute pound of boneless meat. Keep warm preparing the gravy (recipe follo Makes 6 to 8 servings.

*Roast Pork Gravy.* Pour fat from roa pan; reserve 2 tablespoons and di remaining fat. Stir a little warm into pan to loosen crusty brown scrape pan well and measure cont Add more water (and any juices that run off meat as it stands) to make cups. Stir 2 tablespoons flour into res fat; cook until bubbly. Blend in li Cook, stirring constantly, until thick Makes 1¾ cups.

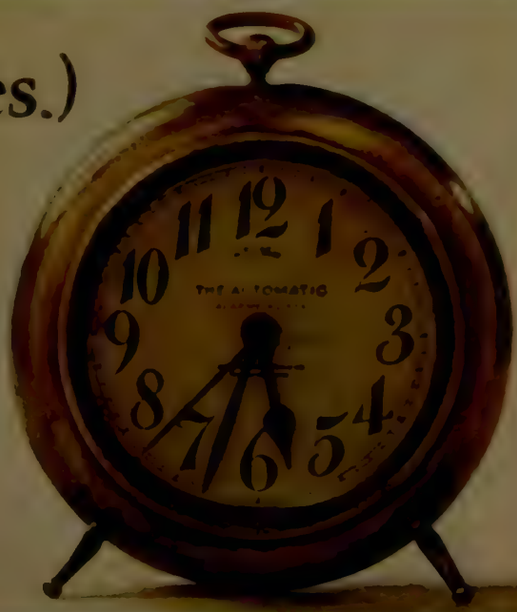
### *SERBIAN SPARERIBS*

Purchase 4 pounds lean, meaty, cou style spareribs. Measure 3 to 4 teas of the Serbian pork seasoning; rub over all the surfaces of the meat, pre some down into slashes between b Place spareribs in a single layer, fat up, on a rack in an uncovered pan i 325° oven.

Bake for about 2 hours or until a thermometer inserted into thickest of one of the pieces registers 170°. I like, make a gravy to serve with spa using recipe above. Cut spareribs bet bones to serve. Makes 4 servings.

# An old-fashioned meat loaf dinner like this takes time.

(30 minutes.)



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# Food for thought:

The art of fine cooking requires that seasonings be subtle, even silent. One-fourth teaspoon of herbs or spices—often called a pinch—is usually sufficient to enhance a dish that serves four. And isn't it nice that Spice Islands®—the world's finest spices and herbs, costs but a fraction of a fraction of a penny per pinch.

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DARROW M. WATT

**Coconut chicken** *is easy main dish for small dinner party; offer with steamed rice, fruity green salad*

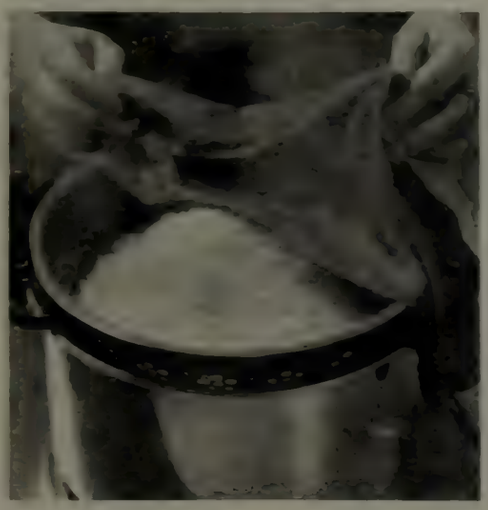
# Tropical, spicy, delicious . . . they're Malayan

**ypical Malayan** style, these three main- recipes blend tropical and Oriental rs. But without sacrificing any of r exotic taste, we have greatly simpli- their preparation; and instead of stir- them over a fire of twigs, you cook in an electric frying pan. Any of three is a fine choice for a small, rnal dinner party.

ough their flavors differ greatly, each he entrees calls for serving with rice. any one of them would suitably com- e this simple menu pattern: hot, med rice; crisp green salad with a of fruit and spicy, slightly sweet ssing; and a dessert of your choice.

may want to add a simple puréed etable soup to start the meal. After recipes, we suggest a way to handle for a company meal, and give sug- tions for the salad.

t be misled by the number of spices d in these Malayan dishes—they blend ether smoothly, as in a good curry. In t, the first two recipes resemble some lian or Javanese curries. You can con- l the "heat" level to your taste and



**Cover** *partly cooked rice with cloth; steam over boiling water until serving time*

that of your guests by the number of small hot chiles you use.

Once you start cooking this dish, it goes together very quickly. Have all the ingredients measured and ready to add, precombining those that go into the pan at the same time. Start cooking the rice, then begin the chicken. As soon as it is done, reduce heat to warm (about 150°) and cover the pan; it will hold well for about an hour.

### *COCONUT CHICKEN*

- 3 pounds broiler-fryer chicken thighs
- 4 tablespoons butter or margarine
- ½ cup shredded fresh coconut or packaged coconut
- 2 medium-sized onions, thinly sliced
- 4 teaspoons grated fresh ginger, or 1 teaspoon ground ginger
- 1 to 4 small, dried hot chile peppers, seeded and finely crushed
- ½ teaspoon ground turmeric
- 3 teaspoons ground coriander
- 1 teaspoon *each* salt and sugar
- 3 cloves garlic, minced or mashed
- 1 tablespoon *each* grated lemon peel and lemon juice
- 1 tablespoon cornstarch
- 2 cans (8 oz. *each*) coconut juice

Remove skin from each chicken thigh; set aside. Heat 2 tablespoons of the butter in an electric frying pan to 350°. Add the coconut and stir and fry until lightly toasted, about 1 or 2 minutes; remove with a slotted spoon and reserve.

Add remaining 2 tablespoons butter to

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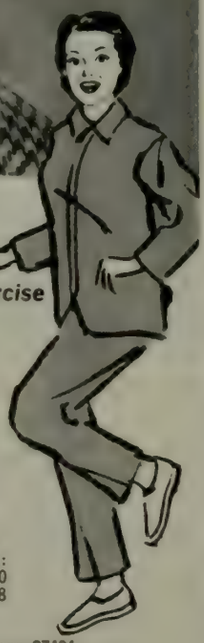

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pan; put in onion, ginger, chile pe turmeric, coriander, salt, and sugar and fry about 3 minutes, until oni limp. Add the chicken and garlic cook, stirring, until chicken is li browned, about 5 minutes. Add toasted coconut, lemon peel, and l juice. Then stir in coconut milk, has been blended until smooth with starch. Cook, stirring, until it come boil and thickens. Reduce heat to mer, cover, and cook until chicken i der, about 15 minutes. Makes 6 ser

NOTE: *Instead of the coconut juice can use 1 container (12 oz.) frozen nut milk, thawed, blended with ½ milk or cream. Or make it this way: 2 cups half-and-half (light crea scalding; pour over 2 cups pack grated or flaked coconut. Let steep minutes, then strain through a fine strainer or cheesecloth; discard coc Omit sugar in recipe.*

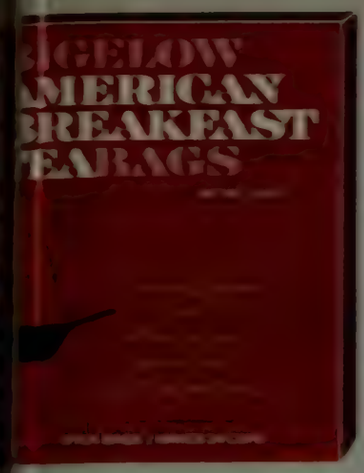
The lamb in this dish acquires a piquant flavor from a brief stay in vinegar; marinate the meat several ahead so it can drain and dry. Abo minutes before you begin to cook, bine the meat and spices. It take meat about 30 minutes to cook t after it is browned; then it will hol about an hour if you reduce tempe to warm (about 150°) and cover the

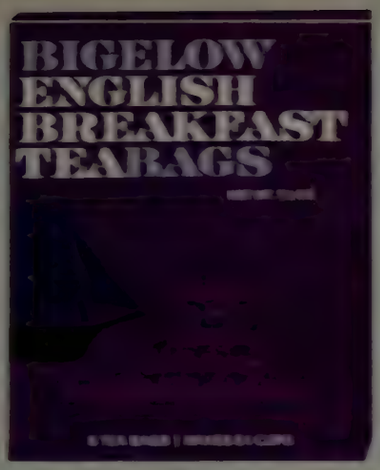
***SAVORY MARINATED LAMB***

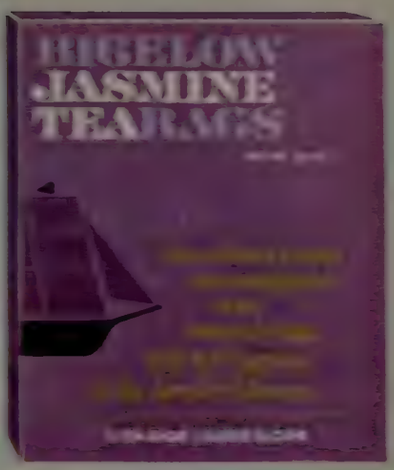
- 3 pounds boneless lean lamb leg or shoulder, in 1-inch cubes
- 1 cup red or white wine vinegar
- 1 teaspoon ground cumin seed
- ½ teaspoon turmeric
- 1 teaspoon ground ginger
- 1 to 4 small, dried, hot chile peppers, seeded and finely crushed
- 1½ teaspoons salt
- 2 tablespoons salad oil or shortening
- 1 medium-sized onion, thinly sliced
- 2 cloves garlic, minced or mashed
- 1 cup water

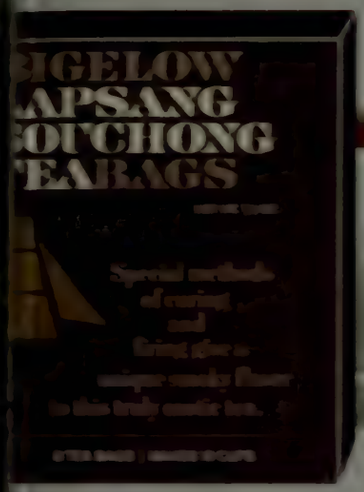
In a bowl, combine lamb with vinega marinate for 30 minutes, stirring s times. Drain and discard vinegar ( for other cooking). Spread meat on towels until dried thoroughly. Co the cumin, turmeric, ginger, chile p and salt; blend meat with spices in and let stand 30 minutes. In an e frying pan, heat the oil at 400°. I meat, including any liquid in the Cook, stirring, until liquid evaporat meat browns lightly, 15 to 20 min Push meat to one side, reduce h 350°, and add onion and garlic; until lightly browned, about 5 mi Add water, reduce heat, cover, and simmer until meat is tender, abo minutes. Makes 6 to 8 servings.

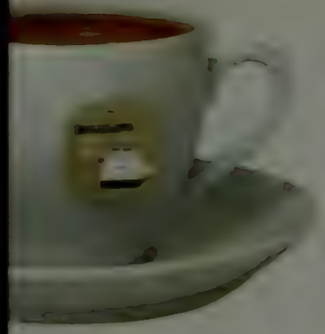
This is the simplest and quickest pare of the three entrées. If you to get it started before your guests you can stop the cooking when the is tender and before you add the

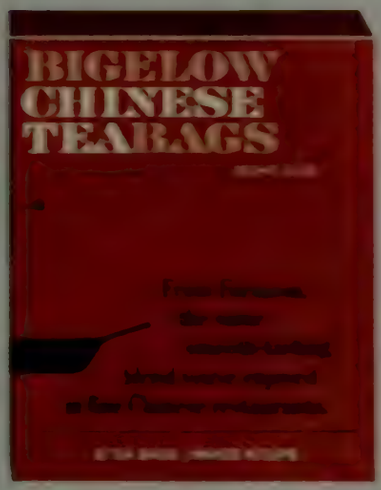


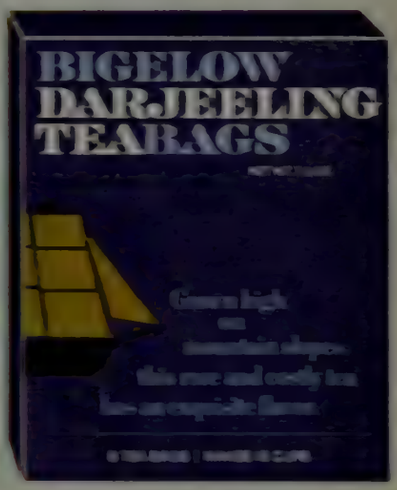



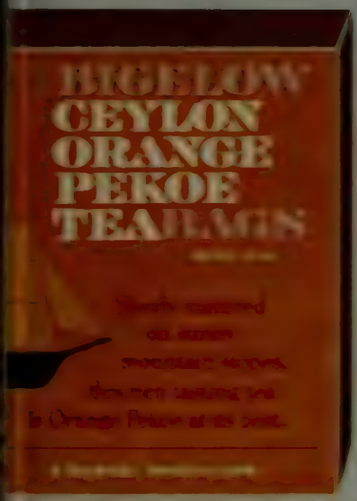


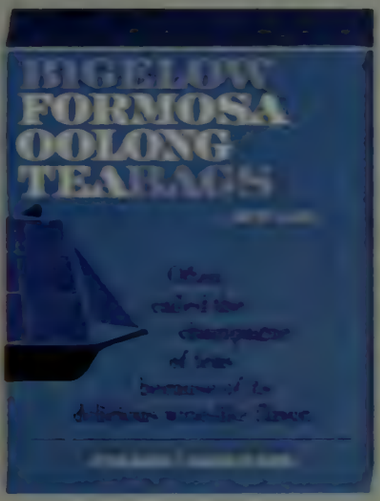





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# F THE WORLD

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triguing variety of flavors awaiting your enjoy-
ent in Bigelow Teas.

What will your choice be? A tea full-bodied and
ory or subtle and delicate... a tea to match or
ange the mood you're in... a tea to brighten a
end's visit or lighten a workaday chore.

Bigelow Teas are packed in convenient tea
gs; available wherever fine teas are sold.

*From the creators of "Constant Comment" Tea*

R. C. BIGELOW, INC. 19 MERWIN STREET NORWALK, CONNECTICUT

# SMOOTH AS VELVET. MEASURE IT UP.

Not just smooth.
Kraft-smooth!

There's only one way to be Kraft-smooth and that's to be made by Kraft... the way Kraft Mayonnaise is. Made creamy smooth with lots of eggs and extra egg yolks. Beaten smooth Kraft's own way. It's pure velvet—all the way. On bread. And in blends — like this one for APPLE WONDER SALAD. *Blend* 1 c. Kraft Mayonnaise and 1/4 c. chunk-style peanut butter; mix well. Stir in 1/4 c. milk. Makes 1 1/2 cups. Then combine 3 c. cubed apples, and 1 c. sliced celery, 1/2 c. seedless grapes and enough peanut butter dressing to moisten; toss lightly. Serve in lettuce-lined bowl; top with additional dressing, if desired. 4 to 6 servings.

KRAFT

*See Kraft Music Hall, Wednesday Nights, NBC-TV.*

uts; cover the pan and set tempera- at warm (about 150°). Just before ing, bring heat quickly back to sim- ng and add the bean sprouts.

*NG ISLAND PORK*

3 tablespoons salad oil or shortening
2 pounds lean, boneless pork, cut in 1-inch cubes
1 medium-sized onion, chopped
1 to 3 small, dried hot chile peppers, seeded, finely crushed
2 cloves garlic, minced or mashed
¼ cup soy sauce
2 teaspoons brown sugar
1 teaspoon lemon juice
½ pound fresh bean sprouts, or 1 can (1 lb.) bean sprouts, drained

t the oil in an electric frying pan or r frying pan to 375°. Put in pork, n, and chile pepper; stir and fry for it 10 minutes. Add the garlic, soy, n sugar, and lemon juice. Reduce , cover, and simmer gently 10 min- . Stir in bean sprouts; if you use fresh sprouts, cook 5 minutes longer (if use the canned ones about 2 min- ). Serve immediately. Makes 4 to 6 ings.—*A. E., San Diego.*

*RICE*

is a good method of cooking rice for pany dinners. Once cooked, the rice keep hot and fluffy up to an hour.

large kettle, heat to boiling about 3 ts water with 3 teaspoons salt. Grad- add 1½ cups long grain rice. Boil, vered, for 15 minutes, or until the s are just tender. Have ready a large strainer or colander of rustproof l or heatproof plastic (at least 1½- t size). Pour the rice into the colander rain; set the colander over a pan with t 1 inch of gently simmering water, cover the top of the colander with a n, damp cloth.

serve, pour into a warm dish, and kle with sliced green onion tops or ped parsley, if you wish. Makes 6 cooked rice.

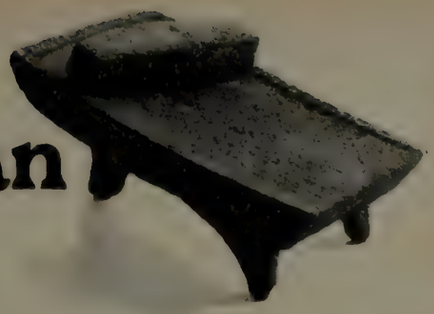
*SALAD*

enjoyed these Malayan entrées served green salad to which a bit of fruit been added.

bout 2 quarts (enough for 6 servings) ixed salad greens, well crisped and add 2 or 3 green onions, thinly sliced, one of these: 1 apple (peeled or un- ed), thinly sliced; ½ papaya, seeded, thinly sliced; or 1 orange, peeled, ly sliced, and the slices cut in half.

the dressing, combine in a jar or der container ½ cup salad oil, 2 table- ns wine vinegar, 1 tablespoon *each* n juice and honey, ¼ teaspoon *each* mustard and ground ginger, ½ tea- n salt, ½ teaspoon cardamom (or ese Five Spice), and dash liquid hot per seasoning. Shake or whirl until ded. Immediately before serving, add fruit to greens and onions, and just gh dressing to coat the leaves.

# Cooking with a Mexican accent.



## by Elena Zelayeta

One marvelous thing about Mexican cooking is the mileage you get out of a good well-seasoned meat, cheese and tortillas. With a little imagination, you can almost write your own cookbook. (Read mine first, though—*Elena's Secrets of Mexican Cooking.*)

Think of tortillas the way you think of *pasta* in Italian cooking. Cut them in pieces, wrap them around things, use them as alternate layers with meat sauce. Mash avocados in sour cream for a casserole topping. Or chop olives, mushrooms, green peppers, onions into your meat sauce. Mix stewed tomatoes into it.

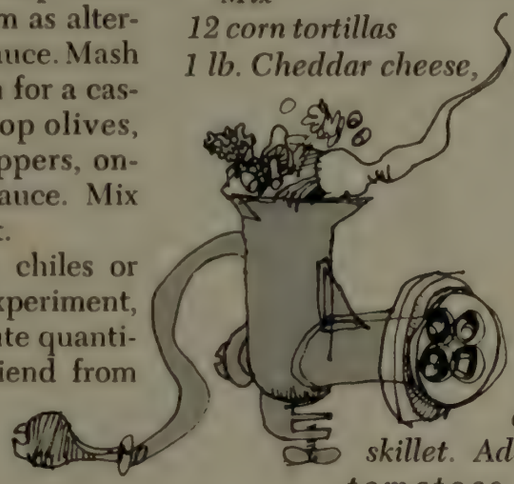
But handle tabasco, chiles or garlic with finesse. Experiment, yes, but only with minute quantities. (I once had a friend from New England who doubled the number of chiles in a Mexican recipe because she didn't think there were enough. Her husband now refuses even to listen to Mariachi music.)

In fact, if you're a novice at Mexican cooking, or even if you're not, it's a good idea to use a prepared seasoning mix. Lawry's has a particularly good Taco Seasoning Mix which works well for most meat fillings and sauces—I still like to use it when I'm in a hurry. They've chosen choice California white onions, paprika, Mexican oregano, cumin seeds and a touch of red chile.

Here's a recipe that shows what a little imagination can do for a few basic ingredients.

*TIJUANA TORTE*

*1 lb. ground beef*
*1 med. onion, chopped*
*1 can (1 lb.) stewed tomatoes*
*1 can (8 oz.) tomato sauce*
*1 can (4 oz.) chopped green chiles (Optional)*
*1 pkg. Lawry's Taco Seasoning Mix*
*12 corn tortillas*
*1 lb. Cheddar cheese, grated*



*Brown beef, onion in skillet. Add stewed tomatoes, tomato sauce, green chiles, Taco Seasoning Mix. Combine, simmer 10-15 min. Place ¼ cup meat mixture in 9" x 13" baking dish. Place 2 tortillas side by side on meat mixture. Top each with some meat mixture and grated cheese. Repeat till each stack has 6 tortillas layered with meat and cheese. Bake in 350° F. oven for 20-25 min. or till cheese is bubbly. Cut each stack in quarters. Serves 4-6.*

I like to serve this with a simple green salad, refried beans, Mexicali beer, and sherbet for dessert.

*For free Mexican recipes, write Lawry's, Box 2572N, Los Angeles, California 90054.*

Elena Zelayeta, the child of Spanish innkeepers in Mexico, is the honorary duenna of traditional Mexican food in the United States.

# Budget banquet

## a Tyson's Pride Rock Cornish Game Hen for each diner!

**CORNISH HEN ORANGERIE**

4 Tyson's Pride Rock Cornish Game Hens

**Baste**

¼ cup salad oil
¼ cup orange juice
1 clove garlic, mashed
¼ teaspoon each salt, oregano, and rosemary

**Stuffing**

1 cup soft white bread crumbs
¼ cup instant mashed potato flakes
3 tablespoons minced parsley
1 onion, minced
¼ cup melted butter
⅛ teaspoon each sage and thyme
½ teaspoon salt
1 egg, beaten

Mix ingredients for baste. Let stand 1 hour, remove garlic. Makes ½ cup, enough for 4 Cornish Hens. Combine stuffing ingredients and mix well. Sprinkle with 2-3 tablespoons warm water to moisten. Makes about 2 cups, enough for 4 Cornish Hens. Defrost and stuff Cornish Hens, using approximately ½ cup stuffing per Cornish Hen. Follow package cooking directions for roasting, basting often.

M-m-meaty and m-m-marvelous . . . mostly white meat . . . moist and tender. Tyson's Pride Rock Cornish Game Hens are specially bred and specially fed to make an extra delectable, low calorie treat. Modestly priced at your market, Tyson's Pride makes any meal an occasion, any occasion a success!

**FREE RECIPES**

for fancy-free dining! Write Tyson's Pride, Dept. S108, P.O. Box 61, Hempstead, N.Y. 11550


DARROW M. W

**Sour cream** *gives a last minute fin to beef and corn chip oven casse*

## *It's a casserole taco-style*

**The elements** of a taco and a tamale mingle in this family casserole. Corn c layered with meat sauce and Ched cheese form its oven-hot base, but its ping is cool.

***BEEF TACO - STYLE CASSEROLE***

1 large onion, finely chopped
1 tablespoon butter or margarine
2 pounds ground beef chuck
1 teaspoon salt
2 cloves garlic, minced or mashed
2 cans (8 oz. *each*) tomato sauce
2 tablespoons red or white wine vinegar
2 tablespoons chile powder (optional)
1 can (1 lb.) kidney beans, drained
1 package (about 11 oz.) corn chips
½ pound mild or sharp Cheddar cheese, shredded
2 cups shredded iceberg lettuce
2 green onions, finely chopped
½ cup sour cream
8 pitted ripe olives

Using a large frying pan (with a c sauté onion in butter until golden. ground chuck and cook until browned crumbly. Add salt, garlic, tomato s vinegar, and if desired, chile pow Cover and simmer 15 minutes. M kidney beans.

Lightly butter a baking dish (abou inches square) and cover bottom corn chips. Sprinkle with cheese and s over half the meat sauce. Add an layer of corn chips and cheese an maining meat sauce. Top with corn and sprinkle with cheese. Bake, u ered, in a 375° oven for about 20 min

Mix lettuce with onions and pile i center of the hot casserole. Garnish the sour cream and olives. Serves *B. K., Los Altos, Calif.*

*You can assemble this casserole i vance and refrigerate. Bake in a oven 30 minutes, or until hot throu*

# *Someone still makes wines in the tradition of yesteryear*

*The taste of our fine dinner wines starts the day our cellarmaster, Brother Timothy, selects the grapes. His trained palate follows a delicate Napa Valley Chenin Blanc to maturity . . . recognizes when the Pinot Chardonnay is ready to go from the oaken casks to the bottle . . . gives a final nod to his luscious California Sauternes. For he knows each wine has its own character. And he brings it to life slowly. Patiently. In the old-world manner. There's a memory of things past in the taste of every dinner wine we make. Savor it.*

Sole Distributors: Fromm and Sichel, Inc., San Francisco, Calif.

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Imported
DANISH BLUE CHEESE
Cheeses from the Fairyland Dairyland of Denmark

DARROW M.

**Cinnamon-nut streusel,** *sliced apples top simple yeast coffee cakes. Recipe makes*

# Apple breads you serve warm

**Flavorful fall apples** can be a tasty addition to breads you bake at home. Choose fairly firm, tart, cooking apples such as Pippins, Jonathans, or McIntoshes for these recipes.

You can serve any of these breads for a weekend breakfast treat, or for an evening or midmorning snack with coffee or cocoa.

Packaged hot roll mix is a short cut in making this attractive streusel-topped coffee cake. The recipe makes two. If you bake them ahead, cool the cakes before wrapping. Reheat, uncovered, in a 350° oven for 15 to 20 minutes.

### *APPLE KUCHEN*

- 1 package (about 14 oz.) hot roll mix
- ¾ cup warm water
- 1 egg
- ¼ cup *each* sugar and cooled, melted butter or margarine
- ¼ cup golden raisins
- Egg glaze (recipe follows)
- 4 medium-sized tart apples, peeled and thinly sliced
- Streusel topping (recipe follows)

Prepare mix, following package directions for using water. To the egg add sugar, butter, and raisins; then beat in dry ingredients from package. Let dough rise as directed, punch down, and divide into halves; pat each portion of dough into a well greased, 9-inch round cake pan.

Brush about 2 teaspoons of the egg evenly over each portion of the do Overlap apple slices atop dough in sprinkle evenly with streusel top Let rise for about 1 hour, until dou light and puffy looking. Bake in a oven for 45 to 50 minutes, until tests done when pick is inserted in ce Serve warm, cut in wedges. Makes 2

*Egg Glaze.* Beat 1 egg lightly with spoon milk.

*Streusel Topping.* Mix ⅓ cup suga cup unsifted, regular all-purpose and 1 teaspoon cinnamon until blended. Cut in ⅓ cup firm butter mixture resembles coarse crumbs; s ⅓ cup chopped walnuts or pecans.

Apples are both inside and on top of sugar-and-spiced muffins.

### *APPLE FANTANS*

- 2 cups regular all-purpose flour
- ½ cup sugar
- 3 teaspoons baking powder
- ½ teaspoon *each* salt and cinnamon
- 2 medium-sized tart apples
- 1 egg
- 1 cup milk
- ¼ cup cooled melted butter, or salad oil
- Spiced sugar (recipe follows)

Sift and measure flour; sift into a with sugar, baking powder, salt, an namon. Peel one of the apples, cho

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5. DETLEFSEN—"The Blacksmith"

1. DYF—"Peonies and Roses"

WOOD—"Autumn Glory"

6. CHAILLOUX—"Still Life"

2. GARCIA—"Tall Masts"

8. WOOD—"Surfside"

4. TOMASO—"Matador"

3. FRAGONARD—"Young Girl Reading"

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**The important difference in Saffola margarine is safflower oil. This 100% vegetable oil is highest in good poly-unsaturates — and lowest in saturated fats. Yet Saffola tastes just like the real thing: the rich, expensive spread. When your doctor recommends that you guard your health by cutting down on saturated fats, it doesn't mean you have to cut down on flavor, too.**

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Pacific Vegetable Oil Corporation
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Four delicious ways to control the fat in your family's diet.


stir into flour mixture. Beat egg lig with milk and butter; stir liquid into fl mixture, just until combined. Fill grea 2½-inch muffin pans about two-thirds f Peel and thinly slice remaining ap Press two or three apple slices into to each muffin. Sprinkle with spiced su Bake in a 400° oven for 20 to 25 minu until well browned. Makes about 15 m fins.—*I. R., North Sacramento, Calif.*

*Spiced Sugar.* Mix 3 tablespoons su 1 teaspoon cinnamon, and ¼ teasp nutmeg until blended.

Bake these currant-studded apple in tiny muffin pans, if you have them. muffins can also be baked in stand sized pans. Then roll the warm mu in cinnamon sugar.

***APPLE PUFFS***

- 1½ cups regular all-purpose flour
- 2½ teaspoons baking powder
- ¼ teaspoon salt
- ½ cup sugar
- 1 large tart apple, peeled and chopped
- ½ cup currants or seedless raisins
- 1 egg
- ¾ cup milk
- ¼ cup melted butter or margarine, or salad oil
- 2 tablespoons melted butter
- Cinnamon sugar (recipe follows)

Sift and measure flour; sift with ba powder, salt, and sugar into a bowl. in apple and currants. Beat egg lig with milk and the ¼ cup butter; stir mixture into flour mixture just until bined. Fill greased 2- or 2½-inch m pans about two-thirds full. Bake in a oven until golden brown, 18 to 20 mi for 2-inch muffins, or about 25 mi for 2½-inch muffins.

Remove from pans while warm, tops with the 2 tablespoons butter, roll in cinnamon sugar to coat gener Makes 22 small or 15 large muffins.

*Cinnamon Sugar.* Mix well ⅓ cup and 1 teaspoon cinnamon.

An apple and date filling transf packaged refrigerated crescents into rolls reminiscent of Danish pastry.

***QUICK APPLE CRESCENTS***

Separate dough from 1 package refrigerated crescent rolls into wedges. Using 1 tablespoon soft or margarine, spread one side of wedge. Peel, core, and shred 1 me sized tart apple; mix with ¼ cup ch pitted dates. Divide apple mixture onto the eight crescents and leave ½ inch of margin at edges. Sp evenly with mixture of 2 tables sugar and ⅛ teaspoon cinnamon up and bake as directed on packag rolls are well browned, increasing time to 15 to 17 minutes. Drizzl powdered sugar icing (recipe f while warm. Makes 8 rolls.

*Powdered Sugar Icing.* Blend ⅔ powdered sugar and 1½ teaspoons

NEW!

# BAG AND BAKE COUNTRY FIXIN'S*

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the bag's in the box . . .
with special seasonings
awry's, to flavor-coat 2½
ds of chicken pieces.

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en muss.

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isp chicken. No frying! Try
y *robust* or just-right *mild*.

**Golden-crisp chicken ready-in-a shake—no frying—no muss!**

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# Snow's serves up two great clam chowders.

## New England Style ... Manhattan

Purists claim New England style clam chowder is so good just the way it is, it doesn't need any added flavors! Just rich creamy milk — as white as the tangy deep sea clams and hearty potatoes that, subtly spiked with spices, make chowder so uniquely scrumptious. Next time you buy clam chowder try a Yankee accent. Look for Snow's and taste what pure New England is all about.

The tang of tomatoes adds a special gusto to clam chowder, Manhattan style. Lavished with zesty, tender clams and laden with munchy potatoes, every spoonful is a savory treat. And condensed Manhattan is a cinch to prepare — just add water, heat and enjoy! May we suggest you strut right up to your grocer this week and tell him, "Make mine Manhattan." *Try both; they could change your mind about the East.*

Good Housekeeping

BORDEN

Borden Inc. — Foods Division
Snow Food Products

# "Fish caught in the estuaries and the rivers on their way to the spawning grounds"

**you suppose** your brave and fearless would like to know how to make own red caviar?" asks *Chef* Richard . of Seattle.

rally *Chefs of the West*, being curi- by nature, are attracted by this kind re. *Chef* Stern says his interest in the t was aroused quite recently by the le on "feeling free with caviar" (page the January 1968 *Sunset).* Then he s the important clue, that "the amaz- simple process is greatly facilitated e *Chef* happens to be a salmon or head fisherman."

ou care to refresh your knowledge on where, the when, and the why of the fic salmon, reread the story on page f the August 1967 *Sunset.)*

h caught in the estuaries and rivers heir way to the spawning grounds will eggs loose enough in the skein to be it right for caviar. The eggs should nearly fully developed and readily worked out of the membrane."

If you don't catch salmon yourself, perhaps you "have a successful fisherman friend, or can mooch a couple of skeins by hanging around the cleaning table at a friendly boathouse, or can pick up a few fresh skeins from a small cannery."

No one should try to compare the product of this recipe with the finest imported black caviar. But it can result in good red caviar, worth a bold and fearless experiment or two.

The eggs should be mature; otherwise they won't be firm enough. Make your caviar within hours after the fish is caught. And remove eggs from the skein *very* carefully and thoroughly, to avoid leaving membrane in the caviar.

***RED CAVIAR A LA CASA***

About 1 cup table salt, *not* iodized
About 1 quart cold water
1 or 2 fresh skeins of salmon eggs

In a large bowl, mix the salt into the water to make a saturated salt solution. It will need stirring occasionally while

*Chefs of the West*®

The Art of Cooking...by men...for men

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Good Housekeeping GUARANTEES

**RULES:** Submit name and address on Mister Mustard label, entry blank, or piece of paper on which you've printed product name. No purchase required. Mail entries separately to "LIVE A LITTLE", Dept. M-SU, Box 926, Cincinnati, Ohio 45201, postmarked by October 30, 1968. Grand prize winner receives a Caribbean Trip for Two, including transportation, hotel rooms and $300.00 spending money. 100 additional prizes. All residents of the U.S.A. eligible except employees (and families) of The Frank Tea & Spice Co. and agency. Void where prohibited by law. Random drawings by independent group will select winners.
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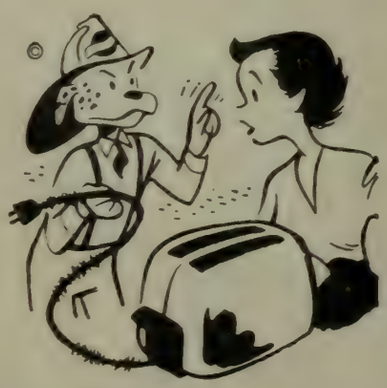

## Don't Use Frayed Electric Cords!

***...or the next home that burns may be your own!***

9 out of 10 home fires are preventable! So...
Don't give fire a place to start!


you work on the eggs. Most of the
will dissolve.

Into another bowl, squish the eggs
of the membrane of the skein by work
them with your fingers. ("Or follow
alternative method preferred by my
working them out with a coarse n
comb. Either method is rather tedio
but usually does not take as long as ca
ing a fish. I can do a couple of si
skeins in less than an hour.")

Go over the eggs in the bowl and pick
any bits or strands of membrane still
tached to eggs. Then dump the eggs
the salt solution. Stir the eggs gently
pick out and pull off remaining bit
membrane.

After 30 minutes, the strong salt solu
will have pulled excess moisture out o
eggs and they will have firmed up, co
lated, or puckered up a little.

Pour or spoon the eggs into a colande
stainless steel strainer, being careful
to take any of the remaining undisso
salt along with the eggs. Rinse them
with just a little fresh water, then d
overnight in the refrigerator. The
morning they are caviar, ready to
or to bottle up. This caviar will
several months in the coldest non-free
part of the refrigerator.

The yield from each skein of salmon
varies by size of the fish, from abo
to as much as 4 cups of red caviar.

Richard Stern
*Seat*

*Chef* Stern adds a sneaky postsc
"Left till last, and rather hesitantly
closed, is a flagrantly heretical sour
the very best red caviar makings:
head!" However, since steelhead egg
in such demand as bait for steelhead
ing, you'll have to be very wily a
saving them for red caviar.

"One of the most rewarding aspec
membership in the San Francisco M
logical Society is tasting the efforts
Culinary Group," says *Chef* Fred Ch

"Mushrooms are rarely considered
than an ingredient or garnish. Her
treatment which could very well ser
the main course."

The mushrooms get so thoroughly
guised that you don't know what the

*"Mushrooms thoroughly disguise*

# Presto's super steamer.

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Steamingest iron of all with 42 steam ports (more than any other)—plus Presto's exclusive Spray Vent. You get a concentrated spray of steam—not water that spots—right from the soleplate tip. So much steam you iron any fabric—without sprinkling. Other features: cool padded handle, ice-blue color, push-buttons matched to fabric settings. Optional Teflon® soleplate. The Presto Deluxe Spray Steam Iron. Our contribution to easier ironing.

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5. Herb Ala — aromatic and appealing.
6. Special pilaf — intriguing taste.

The flavor secret is in the seasoning of these dishes. However, the satisfaction comes from ALA, itself — the most wonderful thing that ever happened to wheat. With ALA, you can delve into a wide range of gourmet cookery and add distinction and intrigue to any meal.
Buy a box of ALA and introduce yourself to gourmet pleasures by sending for your Gourmet Kit now.

**FISHER'S ALA—** Look for Fisher's Ala in the red and white package at your grocer's . . . near the rice or among the hot cereals.

Clip this coupon, or use plain piece of paper. Enclosed is 25¢. Please send Gourmet Kit (3 spice packets, 6 recipes).

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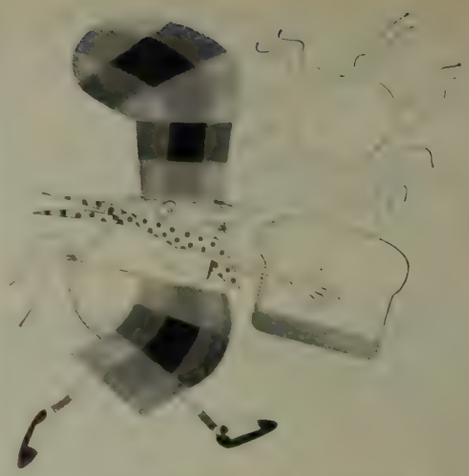
(CITY) (STATE) (ZIP)

No boxtops necessary.
Mail to Fisher's Ala, P.O. Box 3784
Seattle, Washington 98124

*"Set in a warm place to rise until almost double in size"*

*"...then punch down, knead lightly, form into a round loaf"*

until you take a bite. But the guests are almost sure to like them, some quite enthusiastically.

*VIENNESE MUSHROOMS*

- 24 large (about 2-inch diameter) mushrooms
- ½ cup flour
- ½ teaspoon salt
- ⅛ teaspoon pepper
- Dash cayenne
- ¼ teaspoon monosodium glutamate
- 2 eggs
- 2 teaspoons cold water
- About 1 cup finely crushed cracker crumbs
- Salad oil for deep fat frying
- Sauce Remoulade (recipe follows) or Tartar Sauce

Trim stem ends from mushrooms. Wash; set aside to dry thoroughly.

Mix flour, salt, pepper, cayenne, and monosodium glutamate in a paper bag. Put mushrooms in the bag with the seasoned flour and shake until they are completely coated; shake off any excess flour. Break eggs into bowl, add water, and beat lightly with a fork. Dip mushrooms in egg, drain well, then roll in cracker crumbs and place on baking sheet to dry for about 1 hour.

Preheat oil (about 2 inches deep) to 375°. Fry the coated mushrooms 3 to 4 minutes until golden. Drain on paper towels and serve hot with Sauce Remoulade or Tartar Sauce. Makes 4 servings of 6 mushrooms each.

*Sauce Remoulade*

- ½ cup sour cream
- ½ cup mayonnaise
- ¼ cup finely chopped dill pickles
- 1 tablespoon finely chopped capers
- ½ tablespoon prepared mustard
- ½ tablespoon finely chopped shallots
- 1 teaspoon chopped parsley
- ¼ teaspoon tarragon
- ¼ teaspoon chervil

Mix all ingredients. Makes about 1¼ cups sauce. Store in refrigerator.

Fred Cherry

*San Anselmo, Calif.*

If you believe that the staff of life sh be pretty sturdy, you might like the b that *Chef* William Goe bakes. It is d coarse-textured, firm, chewy, excellent toast, also good served fresh and hot breakfast.

*BACHELOR BREAD*

- ¾ cup milk
- ¼ cup warm water (lukewarm for compressed yeast)
- 1 package yeast, active dry or compressed
- ⅛ teaspoon ground ginger
- ⅓ cup molasses
- 2 tablespoons sugar
- ½ teaspoon salt
- ¼ cup salad oil
- 1 egg, slightly beaten
- 1½ cups unsifted all-purpose flour
- ⅓ cup uncooked fine-textured whole wheat cereal
- ⅓ cup bran flakes
- ¾ cup currants
- 2 cups unsifted whole wheat flour

Scald milk and cool to lukewarm. large bowl, pour the warm water yeast and stir until dissolved. Stir in lukewarm milk, ginger, molasses, su salt, oil, and egg. Combine 1 cup of all-purpose flour with the whole w cereal, bran flakes, and currants, and until well blended. Add to yeast mix and beat until smooth. Add whole w flour, 1 cup at a time, and beat dough is stiff and clears the bowl.

Add remaining ½ cup all-purpose and turn out onto a board. Knead flour is all absorbed and dough is sm and does not stick to board. Form in ball and place in a greased bowl, lig grease top, cover, and set in a warm p to rise until almost double in size, a 1 to 1½ hours.

Punch down, knead lightly, and form a round loaf. Place on a greased c sheet and let rise until nearly doubl volume, about 45 minutes. Bake in a oven for 40 minutes, or until done. S warm or cold. Makes 1 loaf.

William Goe

*San Di*

# What's wrong with this lunch?

ning! Absolutely nothing!

've got a good thing going for you n you sink your teeth into a deli- s burger and have a sip from a tall, glass of milk. That's because this l fills the bill as far as the four Food ups go. And that's what nutritious ls are all about.

**leas to Launch a Better Lunch**

Whether you're ordering from a u or eating at home, make sure your l includes something from each of the four Food Groups: Milk, Meat, Vegetables and Fruits, Breads and Cereals.

**2.** When you're eating out, don't be tempted by attractive looking foods that add calories but little else. How much you get out of your afternoon may depend on your lunch.

**3.** Realize that most beverages do nothing but tickle your palate or offer a temporary boost. All milk—whole, low-fat, non-fat and buttermilk—is rich in good protein, the body builder, as well as calcium.

**4.** When in a hurry, shakes and malts and other milk drinks can add nourishment to a hasty snack.

It's easy to follow these few ideas. And when you do, you'll be enjoying food that's good tasting and good for you.

*This information is brought to you by the Dairy Council of California in the interest of everyone concerned with improving family health through proper nutrition.*

Photographed in TRW's rubber spiked "echo-free" Anechoic Space Chamber in Los Angeles. Imperial Hush® Model retails for under $139.

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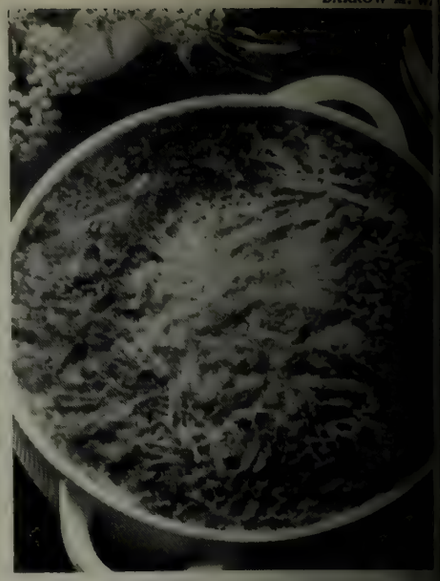
DARROW M. W.



**Crisp almond topping** *bakes on this c*

# *Swedish cake ha a crunchy top*

**This crunchy** almond cake is equally propriate as a coffee cake or as de with ice cream or fruit. Bake it in orative frying pan or ovenware dish, you can bring it to the table to serve

***SWEDISH TOASTED ALMOND CAKE***

- ½ cup milk
- 2 tablespoons butter or margarine
- 2 eggs
- 1 cup sugar
- 1 teaspoon vanilla
- 1 cup unsifted all-purpose flour
- 1 teaspoon baking powder
- ½ teaspoon salt
- Toasted almond topping (recipe follow

Using a double boiler, heat milk scalding; add butter, remove pan heat but keep warm over the hot w

In the large bowl of an electric mixer, eggs until thick and foamy. Add and continue beating until mixtu ivory-colored; add vanilla. Combine baking powder, and salt, and sift int mixture; fold together gently. Fol milk. Pour batter into a greased 9 t inch frying pan, or shallow baking or 9-inch square cake pan, and bal 350° for 35 minutes, or until springs back to light touch. Remove oven and spread almond topping over hot cake. Broil about 3 inches heat for 3 minutes, or until toppi lightly browned. Makes 6 to 8 servin

*Toasted almond topping.* Spread slivered, blanched almonds on a b sheet; bake at 350° for 10 minutes or lightly browned. In a small saucepan bine almonds, ½ cup (¼ lb.) butt margarine, ½ cup sugar, 2 tables light cream, and 4 tablespoons flour. stirring, until mixture begins to b

# There's a Hungry Jack in every family.

## Now there are two ways to feed the healthy appetites in your family.

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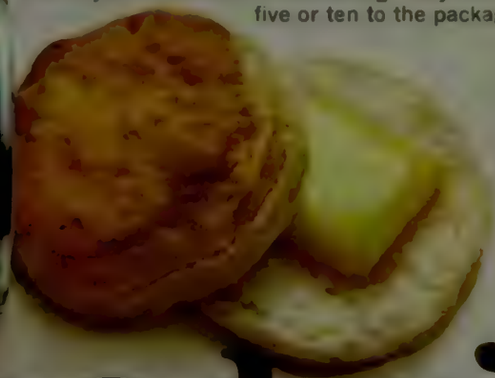
**Pillsbury Hungry Jack Flaky Biscuits.** Here's a real healthy-size biscuit for healthy-sized appetites. Try regular or buttermilk. They're the biggest biscuits you can bake. And tender, too. Layered with lots of shortening. They come five or ten to the package.



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S

**In the dairy case**

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**Dampened cotton gloves** *protect ha when you work with syrup-coated popc*

## *For hobgoblins . . . popcorn balls*

**Popcorn balls** make good treats for t ghosts and hobgoblins who come on I loween. They are easy to make if yo the mixing in a 6-quart or larger tainer, and use clean garden gloves w in cold water to protect your hands f the hot syrup. If possible, use a c thermometer when cooking syrup.

*Chocolate Nut Balls.* Combine in a l bowl 3 quarts popcorn and 1 cup mi ture marshmallows. In a 2½-quart combine 1½ cups sugar, ½ cup wat tablespoon light corn syrup, and 2 ou unsweetened chocolate, cut up. Cook medium heat, stirring until mixture b cook to 240° (soft ball). Add 1 tables butter and 1 cup salted mixed nuts; to 255° (hard ball), stirring. Remove heat and add 1 teaspoon vanilla. Wor quickly, pour syrup over popcorn, and shape into 3-inch balls. Makes

*Orange Popcorn Balls.* Put 4 quarts corn into a large bowl and (optional) in 1 cup halved licorice jelly beans o cup candied orange peel. In a 2½-q pan, combine 1 cup sugar; ½ cup corn syrup; ½ cup frozen orange concentrate, thawed; 1 teaspoon vinegar; and 1 teaspoon salt. Cook medium heat, stirring, until mixture b cook to 240° (soft ball). Add ¼ cup lb.) butter and cook to 255° (hard b Remove from heat and stir in ½ teas soda and a few drops *each* red and y food coloring. Quickly pour syrup popcorn, mix, and form into 3-inch b Makes 12.—*E. B., Beaverton, Ore.*

# The small difference between eating and dining.

The small delicate peas that rival the French petits pois in flavor

# to encourage dining.

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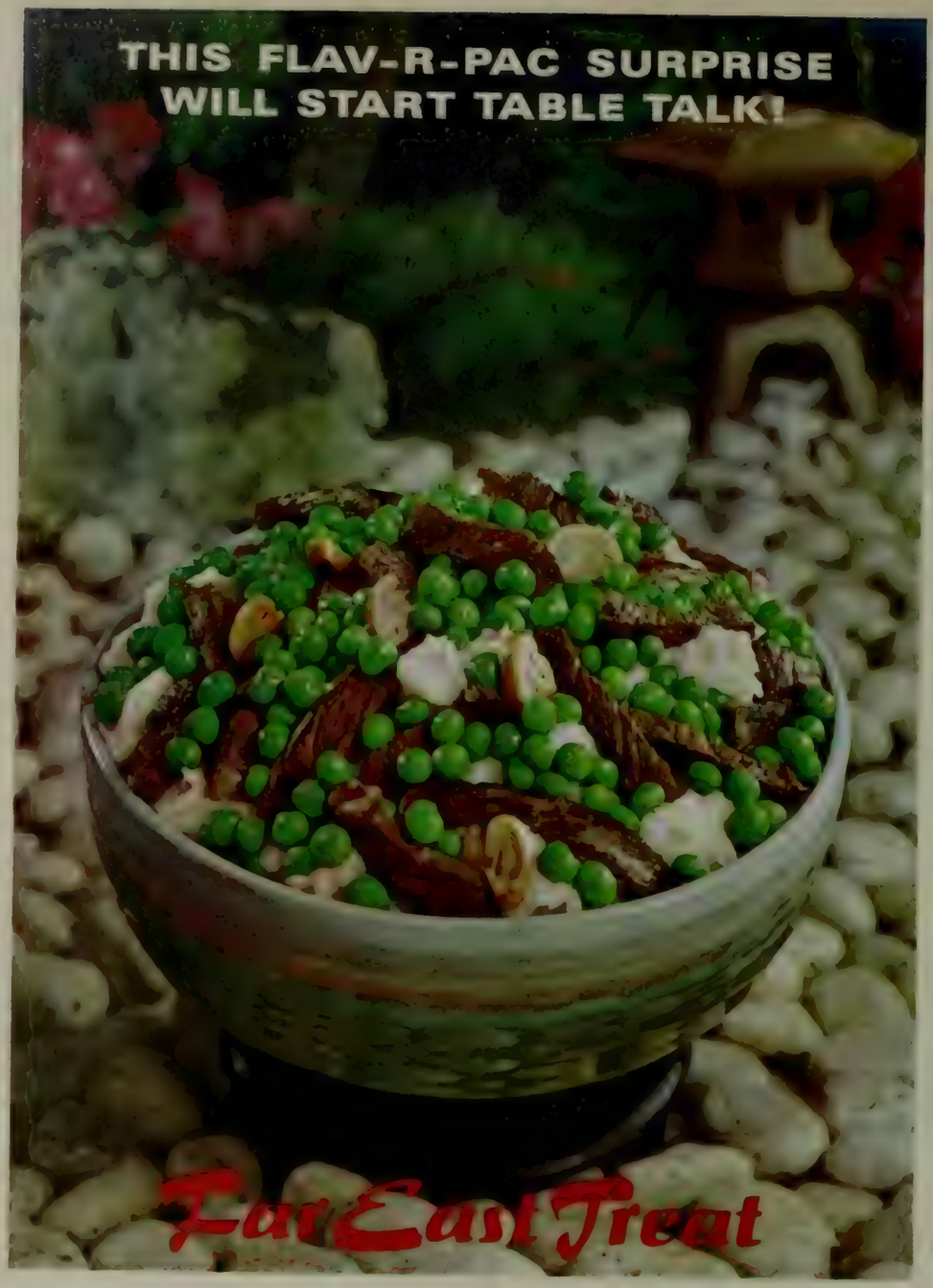


FLAV-R-PAC Peas . . . one package, one can or two cups from poly bag partially defrosted

1 lb. sirloin steak cut in strips

⅓ cup sherry

½ teaspoon soy sauce

¼ teaspoon ginger

2 tablespoons butter or margarine

1 4-oz. can undrained mushroom pieces

⅔ cup sliced green onions

1½ teaspoons cornstarch

1 teaspoon salt

Dash of pepper

¾ cup water

FLAV-R-PAC Instant Mashed Potatoes 1 6½-oz. poly bag

Cut beef into strips 1½ to 2 inches wide, ⅛ inch thick. Combine sherry, soy sauce and ginger; pour over beef; mix well. Cover, marinate in refrigerator 30 minutes to 1 hour. Drain; save marinade. Melt butter or margarine in large frypan; add beef, brown evenly. Remove beef from pan. Add mushrooms, onions and peas; cover and cook just until peas are tender. Combine cornstarch, salt, pepper, water and remaining marinade; stir smooth. Add to pea mixture; stir and cook slowly till thickened. Add meat; cover and heat. Serve atop hot well-seasoned instant potatoes. 6 servings.

YOU'LL SEE THIS U.S.D.A. FANCY SHIELD ON FLAV-R-PAC

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# *Halibut with a shrimp sauce*

**The large fish steaks** that can be cut fr the fine-flavored Pacific or northern h but (California halibut is smaller) m this a particularly easy fish to prep and serve.

We suggest you bake the steaks w fresh tomatoes and mushrooms, t serve with a shrimp sauce that ta much like a hollandaise but is far rich (it is made mostly with milk inst of butter). Accompany with boiled potatoes or hot cooked rice and a gr salad.

***PROVENÇAL-STYLE HALIBUT WITH SHRIMP SAUCE***

¼ pound mushrooms, thinly sliced
3 tablespoons butter
2 small tomatoes, peeled, seeded, and coarsely chopped
1 small clove garlic, minced
Salt and pepper
2 pounds Pacific halibut steak, cut 1 inch thick
Shrimp sauce (recipe follows)
Tomato wedges, ripe olives, parsley sprigs for garnish

In a frying pan over medium heat, mushrooms in butter just until limp, stir in tomatoes and garlic; heat thro Season with salt and pepper to taste

Place halibut in a fairly close-fit baking dish or pan. Sprinkle with salt pepper and spoon mushroom sauce fish. Bake, uncovered, in a 400° ove 25 to 30 minutes or until fish breaks e in center when prodded with a fork

Make shrimp sauce (below) as fish b

Remove fish from oven; with a spatula transfer to a warm serving along with vegetables. Blend all or of the pan juices into shrimp sauce; ning to a consistency that resembles softly whipped cream. Spoon off j that accumulate on serving dish; po portion of the sauce over fish. Pas maining sauce to be added as desired. nish with tomato wedges, olives, parsley. Makes 4 to 6 servings.—*La Jolla, Calif.*

*Shrimp Sauce.* Melt 3 tablespoons b in a saucepan, blend in 1 tablespoon with a dash of cayenne, then grad add 1 cup milk. Bring to boiling and mer about 1 minute, stirring.

Beat 3 egg yolks with 5 tablesp lemon juice; blend in some of th sauce. Return all to pan and stir stantly over moderate heat just thickened; do not boil or sauce will c Remove from heat, stir in ¼ pound whole cooked, shelled shrimp (th frozen). Serve hot.

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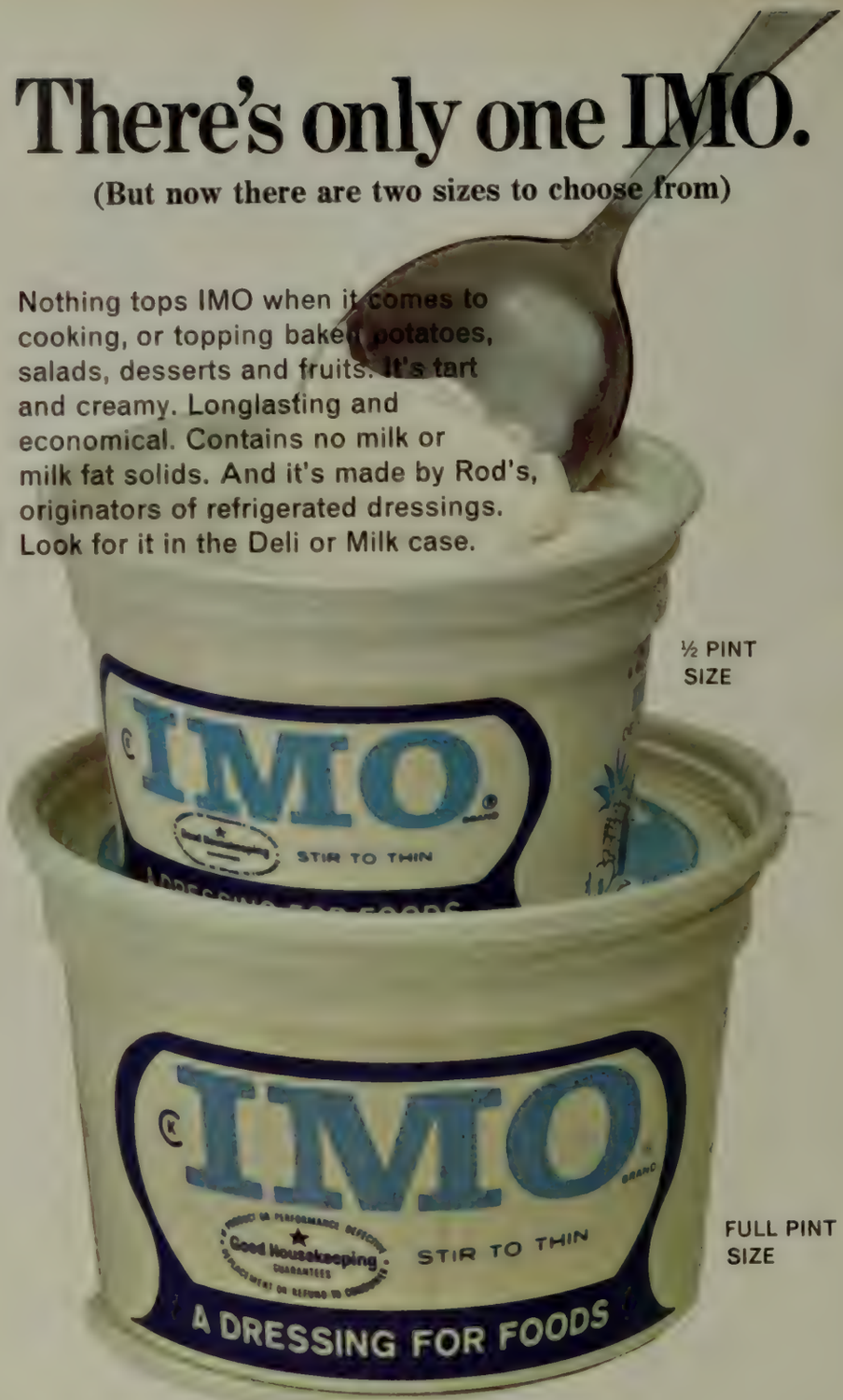
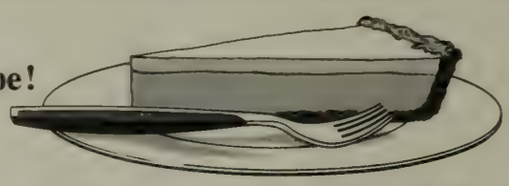



½ PINT SIZE

FULL PINT SIZE

**Try this tasty recipe!**



**IMO CHEESE CAKE**

| | | |
|---|---|---|
| 6 oz. cream cheese | ½ cup sugar | 2 eggs |
| 2 cups IMO | 1 tsp. vanilla | Pinch of salt |

Combine sugar and cream cheese. Add eggs and beat well. Add IMO, vanilla and salt. Pour into graham cracker crust in a 10" pie dish and bake 50 minutes at 325° F. Spread with topping. Bake 5 minutes longer. Chill 4 hours. Topping: Mix 1 cup IMO with 2 Tbsp. sugar and 1 tsp. vanilla.

IMO is Rod's trademark for its fine food dressing.

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DARROW M.

**Gently release** *rich and tender cheese tries from the accordion-folded foil di*

# *Cheese wands yo do in foil*

**These rich, tender** cheese pastries, long narrow like bread sticks, come easil their shape because they bake in a si formed divider of foil. The pastries excellent with a main dish salad or a

*CHEESE WANDS*

36-inch strip of wide heavy-duty foil
1 cup unsifted regular all-purpose flour
½ teaspoon baking powder
½ cup (¼ lb.) butter or margarine
1 cup shredded cheese such as Cheddar (mild or sharp), Fontinella or Parmesan
1 teaspoon caraway seed
1 egg

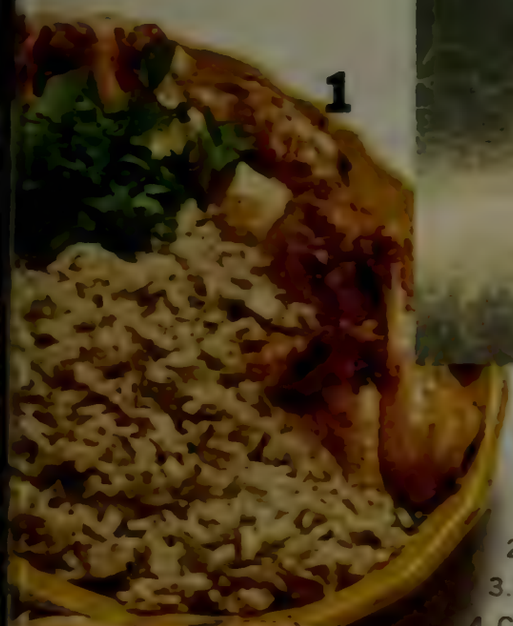
Fold foil in half lengthwise, then fol 1-inch-wide accordion pleats. Spread lengthwise on a rimmed 10 by 15- baking sheet; depending upon how curately you measured, you should 15 to 18 foil troughs.

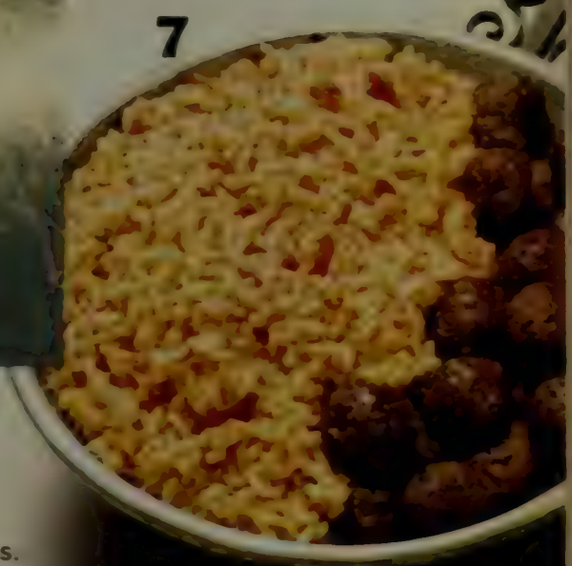
Stir together flour and baking pow then coarsely cut in butter. Add cl and continue mixing with pastry ble or two knives until particles are no l than small peas. Stir in the caraway then mix in the egg thoroughly; mi will be crumbly. Work dough with h to moisten evenly; form into smooth

Divide in as many equal-sized piec you have foil troughs. Roll and shape piece between your hands to form about 4 or 5 inches long and place single foil trough.

Bake in a 400° oven for 25 to 30 mi or until lightly browned. Carefully move cheese wands from foil; they easily while hot. Serve hot or cold. M 15 to 18.—*D. L., Chula Vista, Calif.*

# New Village Inn® Rices.
# The great rice with a wildstreak of flavor.

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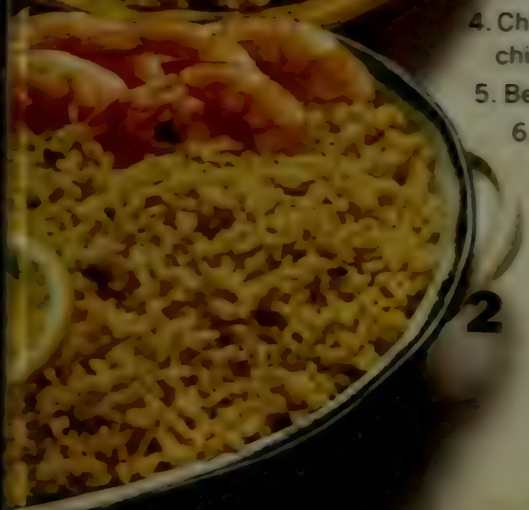

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**Serve** *this golden entrée while very*

# *Velvety soufflé with pimientos*

**Mild canned pimientos** subtly flavor velvety soufflé in the Spanish manne is excellent as a light entrée with Bru sprouts and hot cooked linguisa sau or cold baked ham.

Extra egg yolks keep the soufflé sinking rapidly.

***SOUR CREAM PIMIENTO SOUFFLÉ***

- 4 tablespoons *each* butter or margarine and flour
- ¾ teaspoon salt
- ⅛ teaspoon *each* paprika and dry mustard
- ¾ cup half and half (light cream) or milk
- ¾ cup sour cream
- 2 cans (4 oz. *each*) sliced pimientos, drained
- 8 egg yolks
- 6 egg whites
- ¼ teaspoon cream of tartar

Melt butter in a frying pan and st flour, salt, paprika, and mustard. G ually and smoothly stir in the light cr then sour cream; cook, stirring, thickened. Blend in pimientos. Be little hot sauce into egg yolks, then all back into pan and remove from

Beat egg whites with cream of tartar they hold short, distinct peaks. Fold into whites until blended. Pour mi into a buttered 2-quart casserole (ma wide and shallow, or deep with straight sides). At this point you can soufflé as long as 2 hours.

Bake in a 375° oven for 25 to 30 mi or until the soufflé is nicely browned feels firm when lightly tapped in c (interior should be moist). Makes ab servings.—*K. G., Rogue River, Ore.*

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DARROW M. WATT

**Serve** *a round loaf of vörtbröd and a twisted loaf of rågbröd with fruit, cheese for a smörgåsbord brunch*

# Two delicious Swedish ryes

se **two** Swedish breads are excellent mples of freshly baked rye loaves typically accompany a Scandina- smörgåsbord. Rågbröd is sweetened honey; vörtbröd is distinguished by piquant flavor and light texture it gets beer as an ingredient.

### BRÖD

- 2 cups milk
- 2 tablespoons molasses
- ½ cup honey
- ½ teaspoons salt
- 2 packages yeast (active dry or compressed)
- ½ cup warm water (lukewarm for compressed yeast)
- 1 teaspoon *each* grated orange peel, crushed fennel seed, and crushed anise seed
- 3 cups rye flour
- ¼ cup butter or margarine, melted and cooled to lukewarm
- 5 cups unsifted all-purpose flour
- 1 egg white, slightly beaten

d milk and pour over molasses, honey, salt in a large bowl. Let cool to luke- m. Soften yeast in water; combine milk and honey mixture. Beat in or- e peel, fennel seed, anise seed, and rye r. Blend in butter. Stir in 4½ cups of all-purpose flour to make a soft dough. inkle last ½ cup flour on board; turn gh onto floured board; knead until oth, about 5 minutes. Place in greased l; turn dough over to grease top. er; let rise in warm place until dou- l, about 1½ hours.

ch down; divide dough in half. To e each loaf, roll each half to make a nd 28 inches long; fold in half, then one half over the other twice. Place twist on lightly greased baking sheet. Cover; let rise until almost doubled, about 45 minutes. Brush with egg white. Bake in a 350° oven for 45 minutes, or until a pick inserted into the center comes out clean. Makes 2 loaves.

### VÖRTBRÖD

- 2 packages yeast (active dry or compressed)
- ½ cup warm water (lukewarm for compressed yeast)
- 2 tablespoons molasses
- 1½ teaspoons salt
- 1 teaspoon crushed fennel seed
- 1 tablespoon grated orange peel
- 2 cups beer
- 3 cups rye flour
- 2 tablespoons butter or margarine, melted and cooled to lukewarm
- 4¼ cups unsifted all-purpose flour
- 1 egg, slightly beaten

In a large bowl, soften yeast in water. Add molasses, salt, fennel seed, orange peel, beer, and rye flour; beat to make a smooth batter. Blend in butter. Stir in 3¾ cups of the all-purpose flour to make a soft dough. Sprinkle last ½ cup flour on board; turn dough out on floured board and knead until smooth, about 5 minutes. Place dough in greased bowl; turn over to grease top. Cover; let rise in warm place until doubled, about 1½ hours.

Punch down; divide dough in half. Shape each half into a rounded loaf; place each on a lightly greased baking sheet. Cover; let rise until almost doubled, about 45 minutes.

Brush with egg. Slash loaf with razor blade to make a cross on top. Bake in a 350° oven for 50 minutes, until browned. Makes 2 loaves.

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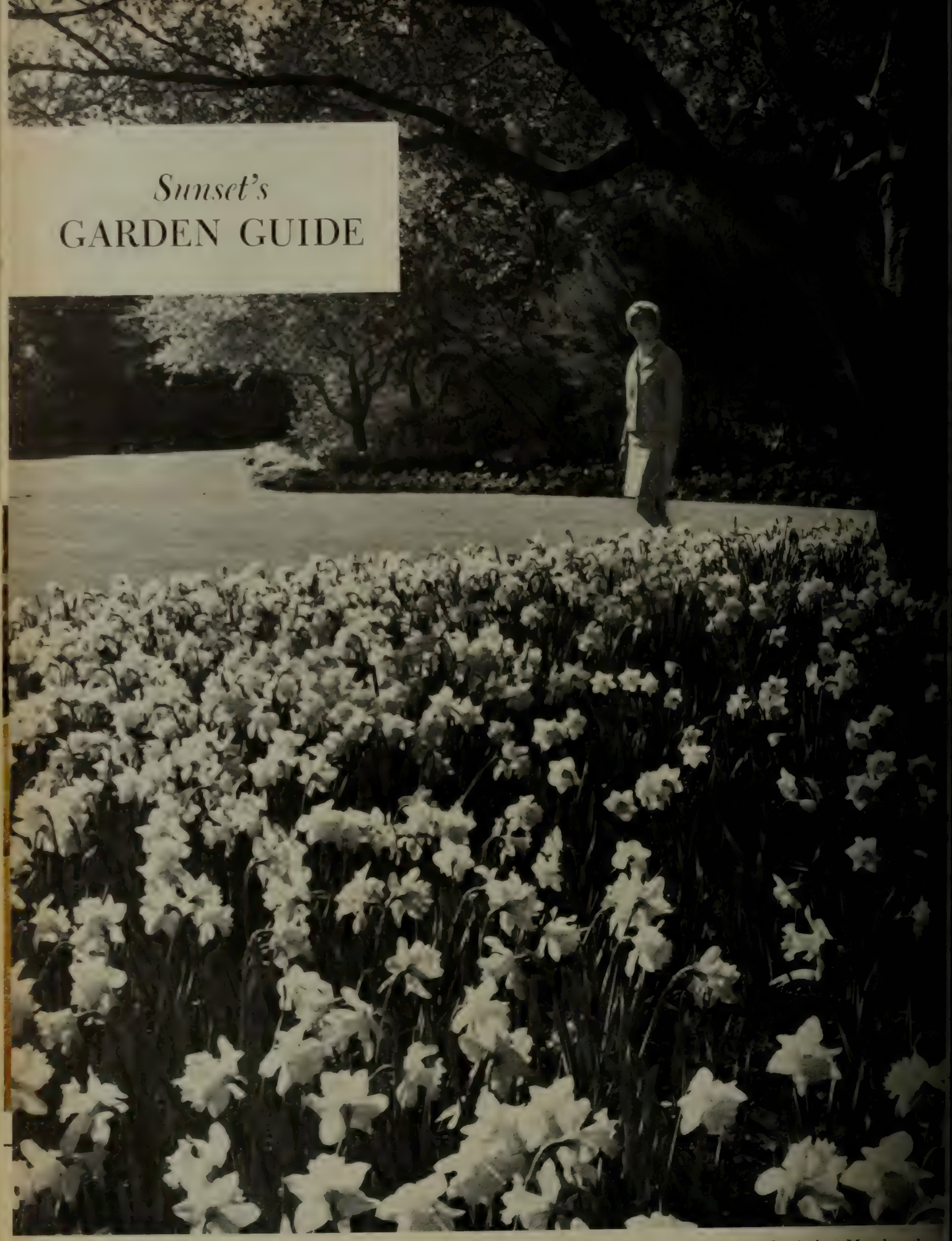

# *Sunset's* GARDEN GUIDE

## *Here's the fall planter's harvest*

*Daffodils illuminate* Sunset's *garden in late March and on April. Variety here is 'Rembrandt'; similar, and easier to is the old favorite 'King Alfred.' Plant bulbs from no through November—latter month is best in mildest clim*

# OCTOBER IN YOUR GARDEN:

## *It's your most important planting month*

**horticulturists** had any say in the mat-r, they would make October either the st or the last month in the year. Cer-inly tenth position is too dull for a onth which is the classic harvest month. e most important (in the West) plant-g month, and one of the finest months r garden color (roses, chrysanthemums, tumn foliage, and fruits).

tober weather is generally delightful, owing a distinct drop from high Sep-mber temperatures yet retaining enough rmth to help newly planted trees, rubs, annuals, perennials, and lawns get to a good start. There's much to be ne, but on a typical October day gar-n activity is a positive pleasure rather an an act of penance.

### ouse plants come back om camp

ouse plants that have spent the summer t-of-doors may have made much new wth in the higher light and humidity y find there. If they have, they may ready for repotting in larger contain-. After you repot, give plants a good shing to remove dust from the foliage d a final spraying for pest control; both s come off much easier outdoors where ills and splashes don't matter.

### ome house plants need eir sleep

me winter-flowering house plants will om well if they receive adequate light. hers need not only adequate light but o adequate uninterrupted periods of rkness if they are to set flower buds. ese are the "short-day" plants, plants at, in nature, bloom in late fall, winter, early spring. The interior of your house esn't represent a state of nature, ugh, and turning on lights in the eve-g creates (for the plant) a long day.

vo of the most common short-day house nts are Christmas cactus and poinset-. To insure bloom on these, be sure at the plant doesn't get artificial light m early October until the flower buds floral bracts are showing color.

you have a room in the house that is t illuminated at night, it would be the al place to grow such plants. If you ven't such a room, put plants in a dark set in late afternoon and bring them t again early in the morning. After buds bracts begin to show color, you can continue the treatment.

Poinsettias are too tender to be reliable outdoor plants, but a few Bay Area and Central Valley gardeners manage to grow them in sheltered places. Even outdoors plants need their hours of darkness. One large plant grew beautifully but failed to put on a Christmas show because it received strong light through undraped living room windows.

### For fragrance in October, plant this sweet olive

The orange-flowered variety of sweet olive (*Osmanthus fragrans aurantiacus*) is a handsome but unremarkable shrub so far as appearance goes. Its leaves are dark olive green and leathery, its habit upright in young plants, eventually spreading, a little stiff in effect. Its leaves are evergreen, but lack the glitter of the common sweet olive (*O. fragrans*). The flowers, though profuse and of a quite interesting color (creamy tan to soft orange), are not showy.

The fragrance, on the other hand, is truly remarkable. On warm, still October days a plant of moderate size will be the center of a cloud of fragrance that will permeate the whole garden. Like most fragrances it's not exactly definable, but it has strong fruity overtones which recall orange peel and cooking apricots.

Plants grow at a moderate rate to 10 feet, with an equal spread. Old plants can get much larger, reaching small tree size. Give rich soil, ample water, and liberal feeding to get lush growth. Tip-pinch young plants to keep them compact and spreading.

ROBERT COX

**Tiny, soft** *flowers in dense clusters bloom on fragrant orange-flowered sweet olive*

### Check drainage pattern before planting

Before installing lawns, ground cover, shrubs, or paving make sure that planting areas drain properly. The best way is to observe carefully how water moves across your property during a heavy rainstorm. This is the ultimate test, of course, and the test results may be dismaying, especially because you can't suspend the test at will.

Another way is to water heavily with sprinklers well in advance of the rainy season, and then correct deficiencies in grading before mud season begins.

Excess water should run away from the house foundation to the street, storm drain, or graded drainage channel. Allow a minimum slope of ¼ inch per foot. Don't obstruct flow with mounds or planting boxes athwart the drainage channels. Keep paving low enough so that water can flow over it and away from buildings or planting beds.

### Is it lawn-planting time?

Unless you live in the highest mountains or in the cold-winter intermountain area, October is your best month for planting lawns of cool-season grasses. Temperatures are high enough for fast germination and growth, yet not so high that lawns are inordinately hard to water. Earlier sowings are likely to get into trouble with heat and associated watering and fungus problems. Later sowings have to face danger of washouts and temperatures too low for good germination.

But October is the planting month only if you're sowing cool-season grasses. For a full account of these fine bladed grasses —the bents, bluegrasses, and fescues—see pages 78 and 79 in this month's *Sunset*.

For warm-season or subtropical grasses, wait until hot weather next year.

### Darwin Hybrid tulips

Last year we noticed that nurseries were stocking and selling a large number of Darwin Hybrid tulips. This relatively new classification covers a large number of varieties that come from crosses among Darwin tulips, the wild *Tulipa fosteriana*, and its varieties and hybrids (especially the huge scarlet 'Red Emperor').

These Darwin Hybrids bloom between the

# *Sunset's* GARDEN GUIDE

early 'Red Emperor' and the later Darwin varieties. Stems are taller than those of the squatty 'Red Emperor' and flower size is equal or better. Colors include shades of yellow, vermilion, orange scarlet, and pure scarlet; many varieties have contrasting eyes of a deeper color. All are boldly and barbarically brilliant with the exception of 'Gudoshnik,' which has soft yellow flowers heavily stippled rose red to give a subtle peach tone.

Plant these hybrids wherever you want to make a splash of color, and grow them exactly as you would Darwin tulips. This means that in mild California gardens bulbs should go into the vegetable drawer of the refrigerator for a month's chilling before November or December planting.

## A good month to see red

All the descriptive words in the language are wasted when one tries to describe the various oranges, orange-reds, and reds of pyracantha fruits. Different people have, it seems, different ways of seeing colors. Most nursery shoppers want the reddest possible pyracantha fruits; to insure satisfaction, shop for plants while they are in fruit and buy the ones that seem reddest to you. October is a good month for looking.

Also check out other fruiting shrubs. The many cotoneasters are in fruit now, and you can study fruit characteristics as well as plant habit and leaf quality.

## October nursery sales

Because October is a good month for planting, and people are beginning to look forward to October as a big planting month, many nurserymen plan sales at this time. Keep your eyes and ears open, and you may find some bargains.

But just what is a bargain?

A plant is a bargain if it's healthy, if you need or want it for your garden plans, if the price is right, and if the timing is right. The first three factors are simple and easy to assess. The last will take some thinking about. Many nurseries and garden shops will be closing out their stocks of tropical and semitropical plants this month. Prices on hibiscus and bougainvilleas, bananas and birds of paradise may drop pretty low.

Are these plants bargains? If you know the risks involved, and if you have plans for protecting the plants during frosty weather, they may well be bargains. If, on the other hand, you set a tender plant out in a frost pocket with no provisions for shelter, your 49-cent plant may be no bargain at all—merely a 49-cent sacrifice on the altar of experience.

Many genuine bargains are to be found among plants that are sold as bare-root plants in winter and very early spring. Fruit trees, roses, and some deciduous shrubs that were not sold last bare-root season have had a season's growth in containers. They are big and healthy; the roots are not cramped yet. But, because another season would cramp roots and stunt growth, and because the nurseryman must order his next year's bare-root stock, he will often drop prices for a late-season sale. You may even find a fruit tree with fruit already in residence.

## First rains are seldom adequate

The first real October storm can be a r gully-washer, and the unwary may c clude that hoses and sprinklers can into storage for the rest of the fall a winter. It's seldom so. Much of the m ture of the earliest storm soaks only few inches deep and is quickly used plants. Subsequent clear, warm, wi weather may suck up a great deal of w moisture did penetrate the soil.

To be safe, keep hoses and other irrigat devices handy until the soil becomes formly damp to a considerable depth. best way to check on soil moisture this season as in any other, is to dig and examine the soil, using a trowe spade, or a coring device.

## The fall weed crop and how to destroy it

Unwatered areas usually remain fa free of weeds during the summer, but weed seeds are there waiting for the rains. If you eliminate newly sprou weeds while they are small, you'll sav lot of drudgery later on. In small a scrape off young weeds with hoe or sc hoe. In larger areas eliminate them spraying with weed oil or a nonstai weed killer. As an alternative, keep w mowed off with a rotary mower.

Under certain conditions you'll be to reduce the winter weed crop by u pre-emergence herbicides. Selecting right chemical and applying it prop are matters requiring care and patie Before you rush into buying, have a with your nurseryman and do some r ing. Start with pages 68–72 in the *Su Western Garden Book* (New Edit then read page 100 of the January *Sunset* for additional material on controls for lawns.

If you have a fairly large amount of

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## OCTOBER CHECK LIST: *These things need doing*

☐ **Feeding.** Give annuals and perennials set out last month a boost with a light feeding. Taper off feeding of fuchsias and tuberous begonias.

☐ **Grooming.** Remove annuals that have done their blooming. And while you are at it, give a long, hard look at perennials of shrubs that haven't lived up to your expectations. Pull them out and replace them with something better in this best of all possible planting months. Cut off faded clusters of hydrangea flowers, faded oleander clusters and seed pods.

Remove surplus and weak blackberry and raspberry canes, and all canes that have borne fruit this year. But if you have the twice-bearing (the so-called everbearing) raspberries, don't remove new canes that have borne their first light crop at the top of the canes. Cut off only the portion that has already fruited; the cane will bear again next spring, and can be cut off after that fruiting.

☐ **Lawns.** This is the optimum season for planting cool-season grass lawns (see preceding page), for reseeding thin or patchy lawns, and for feeding established lawns. The climate is nearly ideal for growth of bents, bluegrasses, and fescues. Another cool-season grass that does well this month is the weedy annual blue grass *(Poa annua)*. To keep it out of dicho lawns, treat the latter with diphenan

☐ **Pests and diseases.** Pest activity still be high this month. Slug snail activity will even pick up its with slightly cooler weather. Contin spray for mildew on roses. Mildew berous begonias may or may not b nificant. If it seems likely that you able to coax more good blooms your tubers, spray the plants. If th definitely reached the end of their let them dry off and go dormant.

☐ **Planting for permanence.** This month for planting practically thing except tender tropical plants

t's unplanted, partially unplanted, or nted only at certain seasons (orchard, dside, vegetable garden), consider get- g your own small rotary tiller. Balance cost of renting such a tiller on an ir y basis against the cost of buying ir own; throw in the convenience of i g the tiller ready for the job when and weather conditions are right. And t forget that your list of friends may w amazingly when word gets around t you have a tiller.

i g weeds into the soil improves the structure, controls the weeds, leaves soil open for easy penetration by the and air, and (like hunting and fish- gives a man some feeling of dominat- his environment.

## otect trees against wind

repare large, established trees against er winds, thin out branches to let e of the wind pass through freely. k stakes and ties on large shrubs, ll trees, and tree roses. Replace stakes have rotted off near the soil line with and stouter stakes. Check condition es to make sure that they are sound, re, and yet not so tight that they ht constrict stem or trunk.

y planted small trees should have es that penetrate into native soil w the root mass of the plant. If stakes only as deep as the container the plant e in, the plant, stake, and root mass all keel over together when soil gets and winds blow hard.

g trees that have developed a large l of foliage but haven't yet grown a dy trunk or deep root system can y be snapped off (along with their es) or blown over by high winds. On e and on newly planted large trees, wires are more effective than stakes. three or four heavy wires for proper ort. Attach them to the tree with y rubber or plastic tree ties. Secure the lower ends to lengths of redwood 2 by 4's or angle irons driven about 2 feet into the ground.

BARROW-McWATT

**Compare** *the well groomed winter iris at left with neglected plant at right*

## Let winter iris show off

Winter iris *(I. unguicularis, I. stylosa)* is a reliable producer of winter flowers. In the mildest climates the lavender-blue flowers appear in November; in colder regions look for them in January or February. Plants grow readily under a wide range of conditions, needing only grooming, occasional watering, and occasional division to put on a good flower show.

The grooming is, however, all-important, as the pictures above will show. Most iris flowers perch well above the leaves on tall stalks. Flowers of winter iris are stalkless, although long (6 to 9-inch) tubes give them the appearance of short stalks. The leaves far overtop the flowers and tend to conceal them. To bring flowers out into the light where they can be seen, cut back the long, swordlike leaves to a foot or a little more.

While you are about it, remove dead or tattered leaves. New leaves will soon repair the butchered look.

The best time to cut back foliage is in late September or October. You can also divide overgrown clumps at the same time, or you can wait until after flowering.

The clump on the right (above) grew in an out-of-the-way corner. It has two years' accumulation of dead leaves at its base, and the two flowers barely visible slightly below and to the left of the center of the clump are riddled by snails. The planting on the left has been properly groomed, and flowers are plainly visible. Leaves are beginning to crowd, however, and the planting is due to be divided.

---

mer blooming annuals. For detailed ructions on planting for winter and g flowers, see page 248.

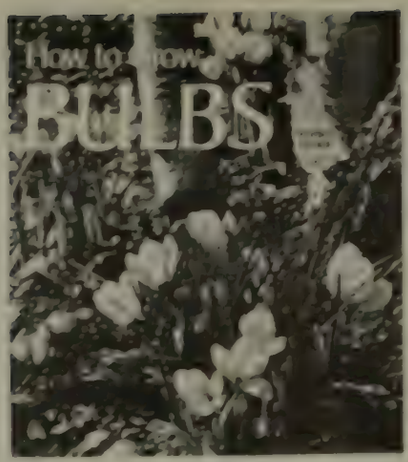
**Planting for winter and spring bloom.** You'll be planting bulbs, annuals, perennials, of course. For instant er color consider cyclamen. These do well in shady places where few plants er well; for a handsome contrast in and texture, try planting cyclamen h blue-lavender fairy primroses. Per- bulbs have disappointed you in the by failing to grow. This year try dip- them in a solution of liquid fungi- before planting, or dust with soil and dust at planting time. If gophers are suspected enemy, plant bulbs in wire e's or eliminate the gophers by trap- or other means.

**Propagating plants.** It's a good time to divide spring and summer-blooming perennials. Even if you are not interested in increasing your own supply of plants or giving away the surplus, you'll get better flowers from young, vigorous clumps of iris, daylilies, Shasta daisies, and the like. A few plants (herbaceous peonies are the best known) do better if permitted to grow undivided for many years.

**Seed sowing.** Sow sweet peas, wild flower seeds, and seeds for bulb cover now or next month. If you are patient and like to experiment, sow shrub and tree seeds this month. Many of these sprout best after a period of warm temperatures followed by a long exposure to chill and dampness. Be sure to mark carefully the area where these seeds are sown, or (and this is better) sow in pots or flats.

**Vegetab'e gardening.** As nights grow cooler, tomatoes may be reluctant to ripen out-of-doors. You can ripen them indoors (wrap them individually in tissue paper) or eat them as a green vegetable. As you remove corn, bean, and other vegetable plants, add a little complete fertilizer and some organic matter to the soil. Then cultivate and sow succession crops of lettuce or root vegetables. Or plant onion sets for green onions.

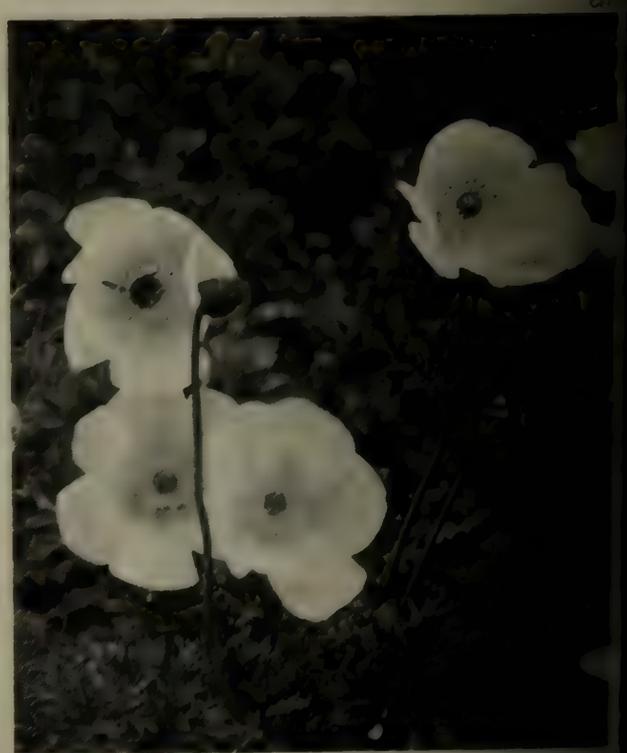
**Watering.** Plants use less water as temperatures drop, but October rains are seldom adequate. Check the soil and water when it becomes dry. Be especially careful with azaleas, camellias, and rhododendrons.




# October is bulb tin

**White hyacinths** *informally grouped in mixed border. In areas, refrigerate bulbs, wait until November before p*

**In addition** *to borders and cutting gardens, containers are also good places for Dutch iris. In this 14-inch pot are 18 bulbs*



**Poppy-flowered anemones** — *De Caen strain above — planted now in mild-winter areas; spring where seve*

# . . . and a new bulb book offers you help

**For bulb-happy gardeners**—quite numerous this time of the year—the newly revised edition of the *Sunset* book *How to Grow Bulbs* (Lane Books, Menlo Park, Calif., 1968; $1.95) could hardly have come off the press at a better time. October is a prime planting month for most of the bulbs that bloom in the spring, including those shown on these pages.

Even the more experienced should welcome this informative, attractive book packed with detailed information to help you grow and use a wide range of bulbs and bulblike plants. It has a new cover, many new photographs and sketches, a more compact format, and updated information on such subjects as pests and diseases.

As indicated by the list of consultants, the book was checked in different sections of the country. This does not mean that the Western gardener has been shortchanged: on the contrary, many of the bulbs are special favorites in the West, and the suggestions for using them show our strong climatic influence. A good many of the photographs, particularly those showing bulbs in containers, were taken in *Sunset's* own garden and patios. But, as the publishers learned from the wide acceptance of the *Sunset* book *Gardening in Containers*, ideas developed in a Western environment are enthusiastically picked up and adapted elsewhere.

The early chapters of the book are given over to such basic subjects as what is a bulb? (with illustrations and captions clearly defining the differences between a true bulb and a corm, tuber, rhizome, tuberous rhizome, and tuberous root); and techniques of bulb culture (dealing with soil, fertilizer, planting depths, watering, mulching, after-bloom care, and pest and disease control). There are also sections on how to grow bulbs in containers, how to combine bulbs effectively, and how to use bulbs in flower arrangements.

Then come chapters on the most generally popular and widely used bulbs and bulblike plants: crocus, cyclamen, daffodils and other narcissus, dahlias, gladiolus, hyacinths, iris, lilies, tulips, and tuberous begonias. These are followed by a 35-page encyclopedia with detailed information on 58 different kinds of bulbs.

At the end of the book you'll find a seasonal calendar that includes a quick and easy reference on planting: best times, depth of planting, and recommended distances between bulbs.

GLENN CHRISTIANSEN

**For early spring delight,** *plant a few pots of crocus or set corms in cracks between paving. These species crocus prefer cold winters. Dutch crocus good in warm areas*

# If you were a leaf, this would really grab you

## ...thanks to TRUE TEMPER® engineering.

22 steel fingers pick up leaves or debris in one sweep without damaging growth.

Straight edge design lets you rake right up to walls, fences and borders.

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**Spring Braced Lawn Rake.** (#SL22)

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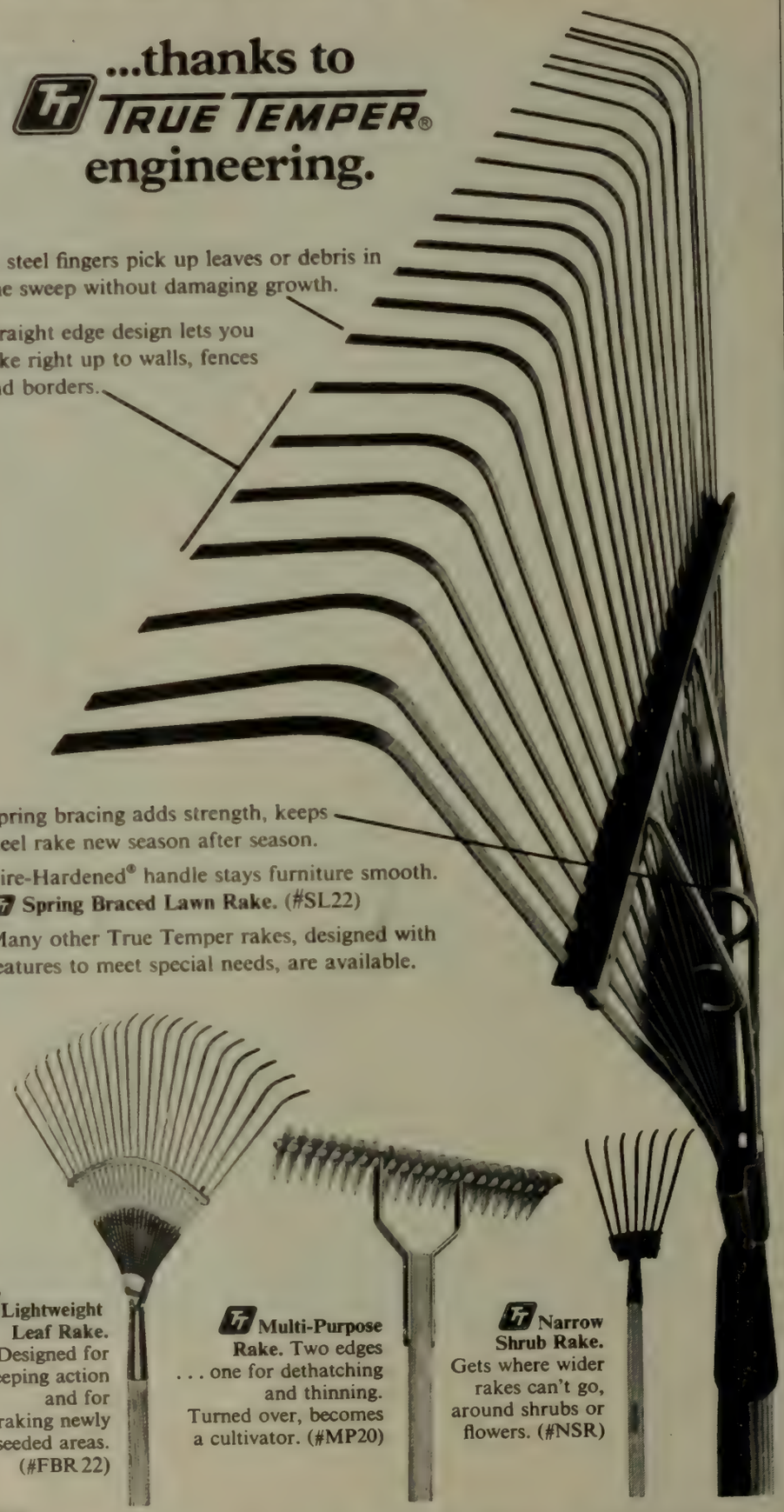

**Lightweight Leaf Rake.** Designed for sweeping action and for raking newly seeded areas. (#FBR 22)

**Multi-Purpose Rake.** Two edges . . . one for dethatching and thinning. Turned over, becomes a cultivator. (#MP20)

**Narrow Shrub Rake.** Gets where wider rakes can't go, around shrubs or flowers. (#NSR)

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DON NORM

**Baby glads:** *They're easy to grow, com well with other flowers, last long when*

## *Now's the time t set out baby glad*

**With their pretty** flared flowers in clusters, baby gladiolus present a ch ing individuality not equaled by formal, stiff-stemmed, large-flowered iolus you plant in the spring. Whil color range of baby gladiolus is n broad as that of the big fellows, you get them in white, pink, red, rose red lavender. Usually they bloom in Apri May (July in cold-winter areas) o inch stems.

Set out corms in October and Nove the latter month is best in cold-w areas, to prevent top growth that then freeze.

Plant them in good, well drained s full sun (part shade in hot inland a Add bonemeal to bottom of the tr then set corms 3 to 4 inches deep, 5 inches apart. Keep soil moist unti age turns yellow. When plants be overcrowded, dig and divide. Repl the fall.

In cold-winter climates, if you grow glads in containers, plunge pots te in a coldframe during winter. Cover planted in the ground with a 3-inch mulch. Pull mulch back when all have passed.

# FEEL

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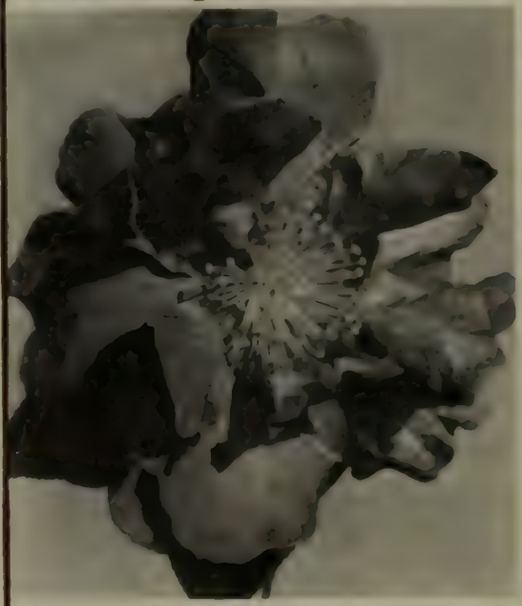
But they do a pretty good job of holding tissue just the same. The new Chiffon opening opens wide to let you take as many tissues as you want—one-at-a-time, or half a dozen. When you open the opening, you also remove the Chiffon label. So from then on, it's no longer Chiffon's box. It's yours.
And the Chiffon in it is now even softer than before. So if you have a room you'd like to brighten up, the thing to do is get a good interior decorator. From Chiffon.
CROWN® Chiffon

# Glamour Girls

**New!** Gorgeous Camellia hybrids developed from crosses between Camellia reticulata and Camellia sasanqua. Imagine having the stunning beauty of Camellia reticulata blooms appearing in the glorious profusion usually found on Camellia sasanqua plants. These hybrids yield a variety of bloom forms, most flowers resembling the stunning Camellia reticulata shape, and also have the special attraction of flowering in great profusion similar to the Camellia sasanquas. They also are sun tolerant bloomers.

Stunning showpieces to have in your landscape for year-round beauty! Perfect when used as border plants, informal hedges and decorative in containers.



## FLOWER GIRL

Camellia hybrid (P.A.F.)

*Large blooms of fuchsia pink are displayed in profusion continuously through the fall and early winter season. The upright, sturdy, growth habit bears handsome bright green glossy foliage ... a lush background for the vibrant pink blooms. Close-up of bloom at left.*

## SHOW GIRL

Camellia hybrid (P.A.F.)

*Another plant with a vigorous upright growth habit with many longer branches having a pendulous nature. The large narrow dark green leaves that cover the branches have a pronounced bronzy-red color to its new growth. It bears large beautiful blush pink blooms that brighten your landscape fall through early winter.*

## DREAM GIRL

Camellia hybrid (P.A.F.)

*Large cup shaped rich pink blooms make a sensational display during fall and early winter. They have a satiny finish adding an elegant touch to the bloom. This variety has an open branched form with a vigorous growing habit. Long pendulous branch tips display the glorious blooms to best advantage.*

***Available at Leading Nurseries***

**MONROVIA NURSERY CO.**


# *Men's garden clubs ... growin*

**The garden club,** once primarily a wom organization, is taking on a masc look. Founded in 1932, the Men's Ga Clubs of America have grown slow a national membership of over 10 with 30 chapters in the Far West.

Members include some professionals most are weekend gardeners who wa share their hobby with others and their skills to work for the commu

Beside community projects, suc sprucing up parks and working wit handicapped, chapters offer memb plant-testing program and a seed plant exchange. They also train accre judges and sponsor awards for comm beautification.

Projects are limited only by men imagination. The Foothill Chapt northern California, for example, h several years sponsored an immensel cessful pumpkin and sunflower-gr contest for children. Two major seed panies provide the seeds and the r are judged in September.

Long established in the East, the Garden Clubs are still relatively n the West, although San Francisco, land, and Los Angeles have had pendent clubs for years. The nation ganization is now eager to increase bership and form new groups.

Most chapters average 20 to 25 mem but some have managed successfull 10 or 12. Members generally mee a month, usually to hear a guest s Films and slides are also a major of information, and the club publi magazine, *The Gardener*.

Western club chapters are already ized in the following places:

**Arizona:** Green Valley, Sun City, T

**California:** Laguna Beach, Monter ninsula, North Hollywood, Palo Al Diego, Santa Clara County, Santa

**Oregon:** Albany, Corvallis, I Gresham, Hillsboro, McMinnville burg, Portland, Roseburg, Salem Woodburn.

**Washington:** Camas, Everett, Ki Longview, Seattle (2), Spokane ( Walla Walla.

For names of club officers in you ask your nurseryman or the garden of your newspaper. For informatio the national organization or abou ing a new chapter, write to the secretary, Guy D. Chichester, B Des Moines, Iowa 50303.

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te to Dept. S-10 for a color-illustrated folder telling more about why lively Kodel polyester is such an outstanding value in carpets.

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Kodel is the trademark for Eastman polyester fiber. Eastman makes only the fiber, not carpets.

# Utah gardens . . . with a country feeling

**Like a mountain meadow,** *a green lawn above the rock wall and steps in the Ralph Nye garden sweeps toward mountain slope*

**St. Johnswort** (Hypericum calycinum) *and potentilla grow a native rocks, oaks in Dr. and Mrs. Charles M. Swindler g*

WILLIAM

**Shasta daisies** *handsomely complemented by large nati*

**Rarely** do you find gardens as closely related to the natural environment as in and around Ogden, Utah, where we took these photographs last July.

The entire area is dominated by the magnificent peaks of the Wasatch Range. From higher points there are spectacular sweeping views west to the Great Salt Lake and north toward higher mountains.

Many gardens, particularly on the outskirts of Ogden, have natural outcroppings that provide perfect settings for rock gardens; others have rocks that are used to build dry rock walls, retaining walls, raised beds, and steps. Some weave in and out of groves of native oaks thick with rich green leaves that turn gold in late autumn.

Landscape architects Maas and Grassli, who designed the two gardens shown at the top of this page, have made it a point to preserve as many of the existing natural features as possible. But even the smaller gardens in subdivisions located in the heart of Ogden retain much of this country feeling.

The Scissons, one of the new RCA Stereo models with the Pause Selector

# What if someone calls you in the middle of the music?

**With this RCA Advanced Stereo for 1969, you can stop the music, answer the phone, then pick up where you left off.**

Our ingenious Pause Selector won't let you miss a moment of music even when you're interrupted. It's a small thing. But it's a good reason why this RCA Stereo is one of the most advanced you can buy. Here's another:
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RCA

If you're going to Europe, Copenhagen is a great place to start. You can begin with the fabulous food, take in the Royal Ballet or a theatre, then make a round of clubs and not stop till you drop.

If you've the energy, the old world beauty of Copenhagen entices you by day. So do the shops with their buys in sleek Scandinavian furniture and other crafts.

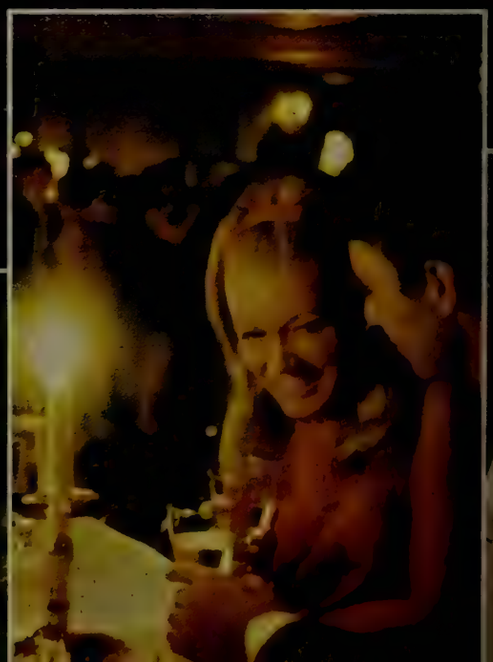
And, whatever your brand of fun, you'll find friendly conspirators in the warm, good-looking Danes.

SAS has more flights on more days of the week direct to Copenhagen than anyone. Leave from New York, Chicago, Los Angeles, Seattle, Montreal. Within Europe, SAS more cities than any other tran atlantic or transpolar airline. C your travel agent or SAS.

Scandinavia - you'll love us fo

SAS
SCANDINAVIAN AIRLINES

# Copenhagen.
# If the nights don't get you, the sights wi



# The cheerful climbers

## October's the time to plant sweet peas... here's how to rig a string trellis for them to climb up

**Sweet peas bloom** *when a few feet high, will keep on blooming on way to top of temporary trellis—one long string across top, short strings grounded to stakes*

e **simplest way** to support climbing eet peas is with the netlike trellises l at many nurseries. But if you grow plants against a wall or side of house high or wide for ready-made sizes, u may want to improvise something— e the easily rigged string trellis shown e. You can put it up before planting ds, or wait a month and space the ngs to suit the growing seedlings.

y a ball of fairly heavy string not likely rot after winter rains (#18 at least). t tie the slip knots and hook up the g string across the wall as described in step 1. Next connect the vertical strings that the vines will climb up (step 2). For every foot of sweet pea row, cut two pieces of string long enough to go from the top string to the ground with a little left over to tie to the stakes.

The stakes (step 3) are 8-inch sections of ½-inch garden stakes. By alternating straight and diagonal cuts, you can saw the stakes into sections that come out flat at one end, pointed at the other. Saw a notch in each stake to hold the string.

WILLIAM APLIN

**Make** *slip knot every 6 to 8 inches. To allow for loops and slack, knotted ing should be a fourth longer than eet pea planting. Loop it along top of ll; tie every 4 feet or wherever you can*

2 **Tie** *vertical string to each slip knot in string that spans wall. Tie slip knot at ground end of vertical string, loop it around notch in stake. Cut off excess string. Thin plants to one per string*

3 **Pound** *stake in until slack is taken up; but keep string above soil level. Angle stake away from wall, a couple inches from plant so it won't hurt roots. Twist plant around or lean it toward string*

# The bigges

# It's only right.

COCA-COLA AND COKE ARE REGISTERED TRADE-MARKS OF THE COCA-COLA COMPANY.

# hould do more.

his age of skepticism, when you to people, "We do more," they d to put their tongues in their eks and roll their eyes skyward.

Perhaps this is because people e come to suspect that saying do more in ads and actually do- more can be horses of different ors.

At the risk of provoking fur- r skepticism, we'd like to say e and now we do do more.

We don't ask your undying titude for this. After all, since got to be the biggest on your ney it's only right that we should e some of it back in good service.

In that light, we've listed here e of the things we do more of.

### r car's better than your car.

vould be foolhardy to try your ience with the nuts and bolts of car maintenance.

(How we keep our cars in d running order is our problem we intend to keep it that way.)

There are, however, two short s and bolts we think you might l interesting.

One, on the average, a Hertz is rented just 71 times before get rid of it. And between those rentals our mechanics have or- s to give it more babying than n the factory warranty calls for.

And two, if there is a question ut how a car is running we tell people not to give you the car. think if you have to be disap- nted you should be disappointed the counter, not on the road.

### here's a Hertz office in the vicinity of this ad.

s hard to go anywhere in this rld without being near a Coke® chine or a Hertz counter.

A fact which cannot be fully preciated until such time as you nt to pick up or drop off a car in ne town where the major indus- is the Hertz office.

A fact, which you can start ap- eciating right now, is that you n rent a Hertz car in one city and op it off in virtually any other y in the United States. And be- een over 50 major cities, you can nt a Ford sedan in one and drop off in another and you won't get hit with a drop-off charge. (If you want to know what we call a major city, call any Hertz office.)

### If you're ever not in the neighborhood, give us a call.

If you're in Des Moines and you want to reserve a car in, say, San Francisco or New York, you don't have to call San Francisco or New York. All you have to do is call your local Hertz office and we'll reserve a car for you at any one of our offices anywhere in the world.

If you're in a hotel lobby, you can get a car by picking up one of those little yellow phones we've placed in the lobbies of hundreds of hotels and motels.

If you're in an airport about to fly someplace and you forgot to reserve a car, it's not too late. On your way to the plane stop at the Hertz counter and by the time you land we'll have a car for you.

Or if you're talking to an air- line or a travel agent, you don't have to talk to us at all. Have them call us.

### Behind every smile, a brain.

Good Hertz girls are made not born. They're also good for more than handing out keys.

We put them through a most exhaustive (they claim the most ex- hausting) training program in the business.

And when they're through, our girls can help you with every- thing from figuring out the lowest possible rate for the time you're go- ing to be using the car—to the fast- est way back to the airport during rush hours.

### Man cannot live by four-door Fords alone.

There's nothing wrong with four- door sedans per se. Unless, of course, the car you left at home happens to be a four-door sedan.

In which case we think you de- serve a change. So we've put to- gether the widest variety of Fords and other new cars in the business for you to change to.

Hard-tops, convertibles and station wagons. Mustangs, Mer- curys, Thunderbirds, Continentals and even some $8,000 Mark III's.

And if you're in the mood to rent something your wife may never let you own, you may want to try a Shelby Cobra or a Mercury Cougar XR7-G.

### The A.S.P.C.C.R. (American Society for the Prevention of Cruelty to Car Renters).

We've said it before: traveling for a living is no way to live.

Since more than half of our business comes from men who trav- el on business, we don't think it's going to kill us to help out where and when we can.

If, for example, you know where you're going but aren't too sure how to get there, tell the Hertz girl. She'll give you specially made maps on how to get around the city. And if you're no Daniel Boone at reading maps she'll even diagram them for you.

If you're a stranger in one of America's 28 largest cities we'll give you the world's most complete guide on how to survive in that city. The Hertz Survival Manual.

If you're running to catch a plane, we won't make you stand in line behind people who aren't. If you're a charge customer (we ac- cept most major credit cards) all you have to do is stuff your keys inside your rental enve- lope, write your mileage on the back, drop it on the counter and take off.

And if you're temporarily embarrassed for cash—and have a Hertz credit card—we'll even lend you $10 on your IOU.

After all, we couldn't in all conscience claim to do more if we only paid attention to the car the man rents and ignored the man who rents the car.

Hertz®

©HERTZ SYSTEM, INC., 1968

**African** *daisies, snapdragons, and stock bloom for several months in open sunny spot*

WILLIAM APLIN

**Iceland poppies** *in jewel colors are highlighted by slanting sun filtering through birch trees*

GLENN CHRIST

# For a cheerful start to spring

All you need to do is get annuals into the ground very soon

**Attention, gardeners** in mild-winter climates of the West! If you take action within the next few weeks—the sooner the better in most areas—your garden will be far from drab this winter and spring.

It's only fair to sound a note of urgency on the matter of early planting. Unless you set out plants in time to take advantage of October's mellow Indian summer weather, while soil is still warm enough for vigorous root action, the hoped-for flowers won't open until mid-spring.

Right now, nurseries in mild climate areas have annuals you can set out for color starting as early as December. (Of course, they also have biennials, perennials, and bulbs — and you'll undoubtedly include many of these in your spring and summer color plans.) But here we single out some annuals that have reputations for good early-color performance.

If you don't get these annuals into the ground before temperatures drop below 50° or rains make the ground too soggy for planting, you might as well wait until spring. Annuals set out in cold wet ground just sit and wait it out until the weather warms up.

If you're primed to get ahead with early planting, take the following steps:

Select locations for planting — su spots possible for the plants that nee which include a majority of winte spring-flowering annuals; filtered o sun for the few that need partial sh

Order your plants (see suggestions b

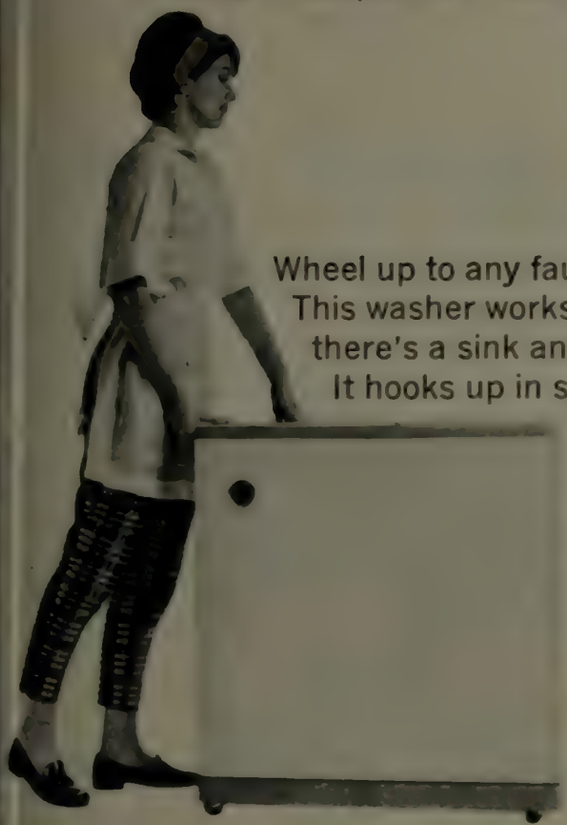
Next, clear the ground. Don't hesit pull out summer-blooming annuals have seen better days, first frost knock them down, anyway. Soa ground thoroughly if it is dry.

When the soil is workable, sprea ganic matter (ground bark or peat

(Continued on pag

# Hoover's Wheelaway Washer.

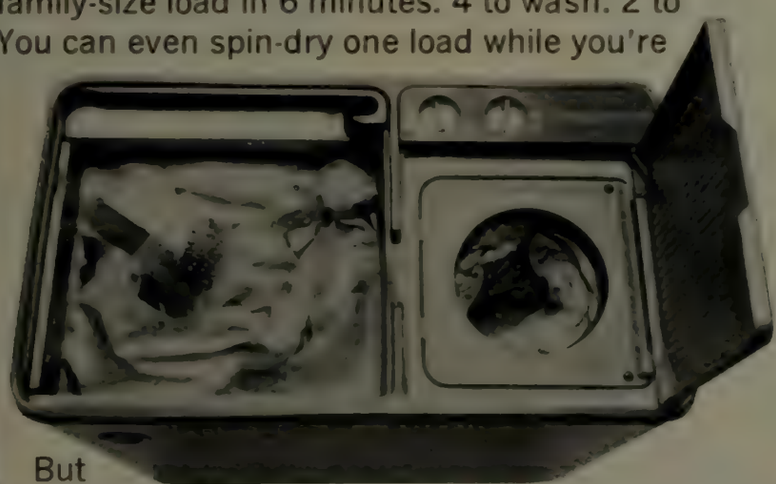
It's like a compact car. But for clothes.



Wheel up to any faucet. This washer works wherever there's a sink and an outlet. It hooks up in seconds. And hides away in a closet when company comes.

It's just 30" wide by 17" deep. Ideal for anyone who thought they didn't have room for a washer before. And it's fast.

It does a family-size load in 6 minutes. 4 to wash. 2 to spin dry. You can even spin-dry one load while you're washing another.



But what does Hoover know about washing clothes?

A lot more than you'd imagine. In fact, Hoover is one of the world's largest selling brands of washers. We've made and sold over 7 million since 1945.

So go to your Hoover Dealer and see our Spin-Drying Washer in action. Once you see how clean it gets clothes, we bet you'll drive one home.

DIAMOND JUBILEE
1908-1968

DIAMOND JUBILEE
1908-1968

***See a demonstration of the Spin-Drying Washer at your local dealer, below***

## ARIZONA

**MESA**
Sandy's TV & Appliance
2334 W. Main

**TUCSON**
King's Vacuum Clnr. & Appl Spec.
4821 E. Speedway

## CALIFORNIA

**ALTADENA**
Lake Mariposa T.V. Service
873 E. Mariposa

**ARTESIA**
Factory Direct Furn. Sales
18707 South Pioneer

**COVINA**
Appliance Service Center
314 E. Rowland

**DOWNEY**
Downey Furniture & Appliance
8236 East Firestone Blvd.

**PALO ALTO**
Gregg's T.V. & Appliance
2160 University Avenue

**ESCONDIDO**
Walker Scott

**FRESNO**
Gottschalk's
Fulton & Kern Sts.

**HEMET**
Johnson Air Conditioning
280 N. San Jacinto

**HOLLYWOOD**
Masters Mart
6714 Hollywood Blvd.

**LAKEWOOD**
Butler Bros.
5252 Lakewood

**LOMPOC**
Moore Mercantile Co.
118 W. Ocean Ave.

**LONG BEACH**
Walker's
401 Pine Avenue

**LOS ANGELES**
La Popular Furniture Co.
4585 Whittier Blvd.
Najera Bros.
4532 Brooklyn Ave.
Schireson Brothers
344 S. Broadway
Stanley Sayer
5111 W. Adams Blvd,
White Front Stores

**MENLO PARK**
Gregg's T.V. & Appliance
850 Santa Cruz Avenue

**OXNARD**
McMahan
658 S. A Street
Tiny's Vac Cleaner Repair
1243 Saviers Rd.

**PALM SPRINGS**
Harold's Appliance
611 S. Palm Canyon

**PASADENA**
Nash & Co.
141 E. Colorado

**PASO ROBLES**
Heatons
803 13th Street

**REDLANDS**
Woldo Burrough
117 E. State Street

**SACRAMENTO**
Breuner's
K at Sixth

**SAGAS**
Western Auto
18346 Soledad Canyon Rd.

**SALINAS**
Kane & Zech
325 Main

**SAN BERNARDINO**
Harris Co.
3rd & E Streets

**SAN DIEGO**
Walker Scott (3 Stores)
College Grove Center
Downtown
Kearney Mesa
White Front Stores

**SAN FERNANDO**
Gorin Radio & T.V.
547 McLay

**SAN FRANCISCO**
A & G Appliances
125 Clement Street

**SAN LUIS OBISPO**
E. E. Long
777 Marsh Street

**SAN MATEO**
Wisnom's Appliance
201 Second Ave.

**SANTA ANA**
F. H. Toppin Vacuum Serv.
222 E. 17th Street

**SANTA BARBARA**
McMahan
712 State Street
Otts
729 State Street

**SANTA MARIA**
Bryant & Trott
110 E. Main Street

**SANTA MONICA**
Crown Company
2610 Santa Monica Blvd.
Henshey's Dept. Store
4th St. & Santa Monica Blvd.

**TEMPLE CITY**
Alvanos Appliance
9160 Los Tunas

**TORRANCE**
Griffey Electric Service
3840 Sepulveda Blvd.

**VISALIA**
Gottschalk's

## HAWAII

**LIHUE, KAUAI**
Von Hamm-Young Mercantile
3215 Kuhio Highway

**WAILUKU, MAUI**
Von Hamm-Young Mercantile
1935 Main Street

## NEVADA

**CARSON CITY**
Gray-Reid's

**LAS VEGAS**
Wolco Department Store
1720 E. Charleston

## UTAH

**OGDEN**
The Bon Marche
2265 Washington Blvd.

**SALT LAKE CITY**
Granite Furniture Co.
1050 E. 21st South

*The* **Sunset** *West: Retail Explosion*

# Robert A. Magowa

*The Marina Safeway, San Francisco: only supermarket on a regular Gray Line tour.*

# pecializes in rowth markets– rticularly the West

bert Magowan has had several jobs but only one cation: selling. (Time Magazine once referred him as a "salesman's salesman.") Since 1955 that lent has been devoted to California-headquartered feway Stores, Incorporated. Mr. Magowan is ard Chairman.

feway, born and raised in the West, operates 30 retail food stores in 28 states, 3 European untries, Australia and Canada. With annual les approaching $4 billion, it is second largest food ain and third largest retail business in the world.

r Safeway, with all its outward growth, the West still home base and its fastest-growing market. "he West is a retail explosion," says Mr. Magowan. n California, sales have increased 50% in the st five years.

New store architecture originating in the West s had a major influence on supermarket design all er the country. We bring managers from reign countries as well as the U. S. out here for ining, and they go back with techniques observed this fast-moving market where experiment d innovation are everyday routine."

alk into any Safeway store and you'll discover a agowan pride: superbly displayed, superbly fresh, quality fruits, meats, dairy products and getables. Safeway is a large customer for California ricultural products, marketing them in Safeway res across the U. S. and Canada.

nset, by the way, is in every Safeway store that ls magazines in the Western United States. "Sunset agazine and Books," says Mr. Magowan, "are mendous market influences on the products sell for both table and garden. I'm happy to say, r store sales of Sunset are increasing constantly."

**Western Retailers: Sunset's best salesmen**

When retailers talk about Sunset's market influence, it's because they see it work. And it works because advertising in Sunset gets consistently high attention from both men and women readers. (Continuing readership studies show that seven times out of ten, identical ads get higher readership in Sunset than in other magazines.)

The environment which produces that response is Sunset's practical, down-to-earth editorial service to Western families. Not a week goes by, for instance, that Sunset's home economists aren't out shopping the supermarkets to see what is available and timely—and their editing reflects it.

Sunset publishes more recipes than any other home service magazine, and every one of those recipes is put through the grinder at Sunset's test kitchens before publication. It's why readers and retailers alike find them so helpful. And why a major Safeway division regularly features Sunset recipes in its meat counter promotions.

Another example of Sunset's close affiliation with Western retailers is the annual mailing—by 150 leading department stores in the West and Hawaii—of Sunset subscription offers. No premiums, no gimmicks. People must want it—Sunset's circulation is growing even faster than the Western population.

The West is a retail explosion. Sales of everything are faster-paced than anywhere else in the country. If you want a major pipeline to that market, advertise your product or service in Sunset. Ask any Western retailer. You'll find he's a great salesman for Sunset—because Sunset is a great salesman for him. It can be for you.

THE MAGAZINE OF WESTERN LIVING
Lane Magazine & Book Company, Menlo Park, California

*4 in a series on Distinguished Westerners*

# BETTER BOARD and BATTEN CONSTRUCTION with homasote

**GUARANTEED PANELS**

surfaced with TEDLAR*

Now, gleaming white, long-lasting exteriors with Homasote Guaranteed Panels. Won't crack, chip, craze or flake. Tough Tedlar pvf film eliminates exterior painting and offers termite and fungus resistant thermal insulation, too. Installation is clean, quick and easy . . . cuts construction costs. Equally effective for new or "add-a-room" construction.

*DuPont registered trademark

**homasote** *Company*

8-228

TRENTON, N.J. 08603

# *Easy Living* WITH A *Genie*®

**Automatic Garage Door Opener System—by Alliance**

All you do is touch a button on the portable transmitter in your car. GENIE opens your garage door and turns on the light. You drive in and when you're ready, GENIE closes the door and locks up — all automatically. ■ GENIE is designed and engineered specifically for West Coast Living.

*Let GENIE® do it!*

*Send coupon for free brochure*

TO: The Alliance Manufacutring Co., Inc. S-10
9913 South Ceres Avenue • Whittier, California

*Please send me information about Alliance GENIE®*

Name

Address

City State Zip

***Insist on a Genuine Genie Automatic Garage Door Opener System by Alliance.***


preferably fortified with fertilizer) o the surface and incorporate it thorough with the soil as you dig to a full spad depth. Or if the soil already has suffici organic matter, apply complete fertil evenly over the surface according to la directions and dig it in. Rake to break clods and level the surface.

Set out plants in the moist planting b (The best time to plant is in the late ternoon or early evening, or on an o cast day.) Handle plants carefully avoid transplant shock. Water imme ately. Apply a mulch to keep soil m and inhibit growth of weeds. Shade pl if the weather is hot.

Keep the ground moist throughout growing period.

Feed monthly with balanced fertiliz

*TEN BEST-BET ANNUALS TO PLANT NOW*

**African daisy** *(Dimorphotheca sinua* December to April. Apricot, oran salmon, white, yellow daisies on 12- stems. Full sun. Borders, naturalize.

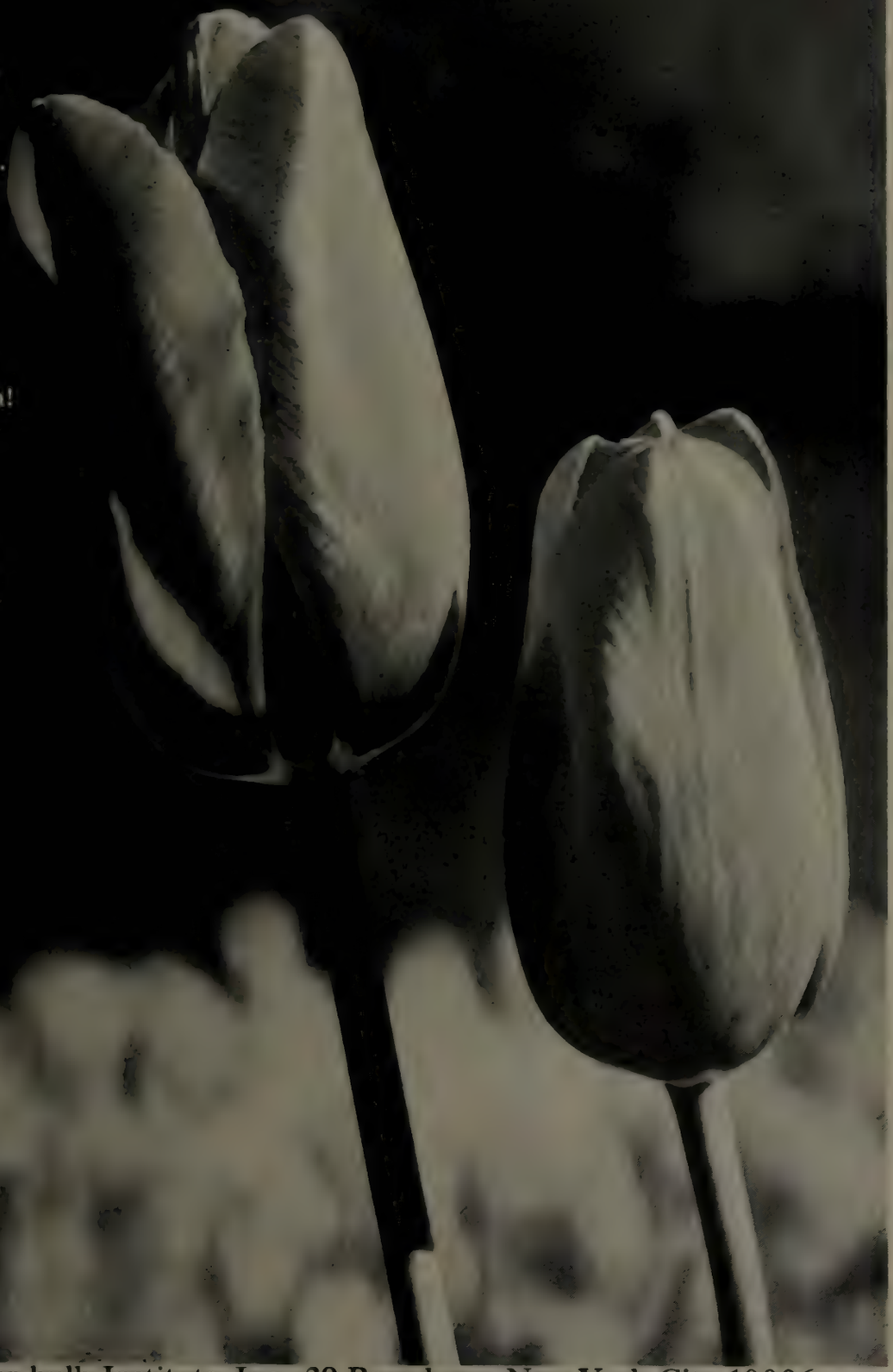
**Calendula.** December (or sometime early as November) to April or M Apricot, cream, orange, yellow flower 1 to 3-foot stems. Full sun. Borders

GLENN CHRISTIA

**Calendulas** *bloom both earlier and than daffodils planted at the same*

# Dutch six month beauty plan.

Would you rather look at
big, beautiful, colorful
Dutch tulips and/
or hyacinths and/
or daffodils than
(a) dirt, (b) weeds,
(c) dusty window sills or
(d) unintended rock gardens?
That's what we thought.
Then take this
mple Dutch beauty treatment.
Pick up some Dutch
bulbs at your
local garden supply store.
(The more the merrier.
The bigger the better.)
Then:
(1) Dig a hole.
(2) Drop in a bulb.
Six months later, bloooooom!
Big, beautiful, colorful
Dutch tulips and/
or hyacinths and/
or daffodils.
It's really that simple.
It's really that certain.
nd it's really not too late, if
you'd like your
tulips by next spring.
But it will be if you
don't start your beauty
treatment soon.
Dig?
Dig!



The Netherlands Flower-bulb Institute, Inc., 29 Broadway, New York City 10006

# announcing the Christmas gift that lasts all year

The lasting Christmas gift for all your Western friends is a subscription to SUNSET Magazine.

Your Western friends deserve a gift designed particularly for their special needs and interests. Western living is unique, and SUNSET is a continual source of the latest ideas on Western cooking, entertaining, home improvement, and travel. There's no better way to extend your Christmas greetings.

And it's so simple for you. Simply print your friends' names on a sheet of paper, enclose payment and send to SUNSET. We'll take care of everything for you.

Just before Christmas, your gift will be announced by an attractive greeting card that can be hung on the tree.

If you order SUNSET gift subscriptions now, you can take advantage of our special Holiday rates. You can send as many new or renewal Western subscriptions as you like, including your own, for only:

**First 1-Year Western* gift . . . . . $**
**Each Add'l 1-Year Western* gift . . . . $**

*Special Western Rates apply only to gifts sent to addresses in Washington, Oregon, California, Nevada, Idaho, Utah, Arizona, Hawaii, and Alaska. ALL OTHER ADDRESSES: $5 PER YEAR.

**Sunset**

THE MAGAZINE OF WESTERN LIVING
MENLO PARK, CALIFORNIA 94025

BRUCE HARLOW

*eery as spring sunshine: yellow vio-d basket of gold* (Alyssum saxatile)

g garden.

**d poppy.** December to June. Cream, e, pink, red, salmon, white, yellow aped flowers on 1 to 2-foot stems. un. Borders, containers, cutting.

**sia.** December to May. Dainty mul-ed flowers (mostly in shades of or-yellow, red) on slender stems 12 high. Full sun. Borders, containers.

**and viola.** January to June. Flow-shades of apricot, blue, purple, red, ellow on plants 8 to 12 inches high. m; protect from hot sun in warmest Bedding, edging, containers.

**la malacoides.** February to April. der, pink, rose, red, white flowers whorls on 12 to 15-inch stems. Sun t shade. Borders, containers.

**ragon.** December to April. Wide of bright and pastel colors (except on stems from 6 inches to 4 feet Full sun. Ground cover or edging kinds); tall kinds in borders, for g. Both kinds, but dwarfs especially, n containers.

January to April. Fragrant cream, ler, pink, purple, red, white flowers o 3-foot stems. Full sun. Good drain-perative. Borders, cutting.

**alyssum.** December on (make new ngs or sowings for continuous ) Lavender-pink, violet-purple, flowers on low 4 to 6-inch high . Full sun. Edging, ground cover, ners.

## This man is weeding his lawn

He took a few minutes to spread a Scotts *weed and feed* on his lawn. It can be working for you too. On sale now at all Scotts dealers. Save $1 a bag. Scotts, *the lawn people,* Oakland, Calif.

# Dog Nearly Itches to Death

*"I thought we would have to put Daisy to sleep . . . but I could never do this. I suffered as she suffered almost two years with large running, itching sores. I had almost given up trying things when I came across Sulfodene. Now her back is all healed, and her beautiful hair is coming in thick. The Lord should bless you for such a fine product,"* says Mrs. John Burmester, New Jersey.

SULFODENE is a scientific liquid medication developed by famous veterinary scientist, Dr. A. C. Merrick. SULFODENE works fast to clear fungus infection, stop fungus itch and heal itch-sores (often called mange, eczema, hot spots). So soothing, the most frenzied itching is relieved almost instantly. Biting and scratching is stopped in minutes.

SULFODENE medication quickly promotes healing. Open sores heal over. Scales disappear and hair grows back. Used by kennels and leading veterinarians. For dogs and cats. Get SULFODENE today! At all drug stores and leading pet shops.

## even for thousands who perspire heavily

A new-type formula has been found to keep underarms absolutely dry — even for thousands who perspire heavily. After decades of common "deodorants," it took a chemical invention to make this truly effective protection possible — with the same safety to clothing—the same skin mildness as popular "deodorants." Called Mitchum Anti-Perspirant, it is the product of a trustworthy 55-year-old laboratory. By the thousands, women with problem perspiration are finding the protection they need — and never could find before. And fully effective as a deodorant, too, of course. If you perspire more than average — even heavily — get the positive protection of Mitchum Anti-Perspirant. Liquid or cream. Each $3.00. Available in Canada.

*Mitchum* **ANTI-PERSPIRANT**
**Liquid or Cream**

# A witch hazel cousin to search for .

**The witch hazel family** is not made up of bold, flaunting plants; its members' appeal is in their quiet charm.

One of the most charming is *Loropetalum chinense*, an evergreen shrub which has never been common enough to have a common name. Not only is it a shrub of subtle beauty in its own right, but it's also a good garden plant with several landscape uses.

This graceful shrub is rare even in Japan, where it has been grown for several hundred years and has become naturalized to some degree. (As its name suggests, it is a native of China.) An English nursery first brought it from the Orient in 1880. Dr. Francesco Franceschi, the Santa Barbara plantsman whose Southern California Acclimatizing Association so greatly enriched California horticulture, introduced the plant to Far Western gardens in 1908. Sixty years later it's still far from common, although a few wholesale nurseries do grow it.

Young plants are low and spreading, with branches that trail along the ground or spill over the side of the container. As plants grow they slowly pile up tier on tier of twigs, gaining spread faster than height and eventually becoming broad mounds 3 to 5 feet tall.

At times an old plant will send up nearly erect shoots (photograph at lower right, opposite page). Very old plants in Japan are multistemmed trees 20 feet tall.

Although loropetalum has a lazy habit of growth, you can get it off the ground by staking up a central branch and keeping the leading shoot tied up. By selective thinning and tip-pinching you can develop an upright or leaning plant with tiers of branches at different heights. The effect is somewhat like that of a carefully pruned Japanese maple.

### *APPEARANCE*

The evergreen leaves are a soft, pale green. As leaves ripen before falling they turn bright red, bright yellow, or bright yellow with red veins. A plant nearly always has one or two of these brilliant leaves, and large plants may have many. The heavy crop of white or greenish white flowers comes in late winter or early spring, but plants are likely to surprise you with a few blossoms at almost any time of the year.

### *OTHER LANDSCAPE USES*

The photographs at right suggest some garden uses for loropetalum. Here are other uses we've seen:

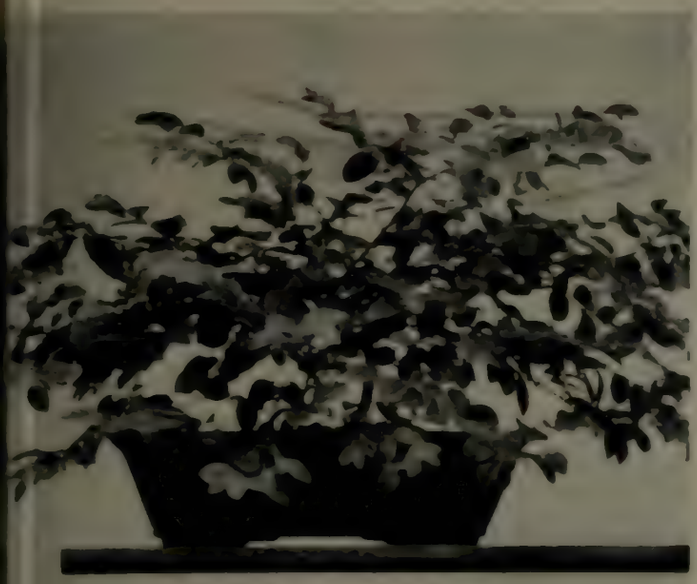
DARROW

**Two clusters** *of white flowers and one cluster of buds (upper left), show bigger than life. Leaves are actually 1 to 2 inches long, flowers ¾ to 1*

**Ground cover.** Several years ago an exhibitor at the San Mateo County (California) Floral Fiesta used gallon-can-sized loropetalums as a ground cover in a woodland garden. Plants were as flat against the ground as ivy. This was a temporary garden, and plants in cans were merely plunged into ground bark. Fo nent landscaping, plants could feet apart to grow into soft gree

**Hanging baskets.** Weeping bran loropetalum a splendid hangi plant. Flower and leaf detail to see when plants hang near

# t plant to small tree and all good looking



**alum plant** *from gallon can went straight into dark brown pot, acquired bonsai character with little pruning, no wiring*

**Arching growth** *shows up well in John Alton Brown garden, Atherton, Calif. Masaru Kimura, landscape architect*

**ant** *was thinned to open up structure, show trunk and limbs. r shortens shoots in late spring. John Alton Brown garden*

**Old plants** *of loropetalum are showing some upright growth. Lower branches still lean gracefully over wall of raised bed*

s. Keep a few vigorous shoots tied inst trellis, wall, or fence, and let ondary branches cascade.

### O GROW LOROPETALUM

talum thrives in full sun near the nd in coastal valleys, but it will also grow well there in partial shade. In hot interior valleys the plants look best in partial shade. They need a steady supply of moisture coupled with good drainage. You can grow them with azaleas and camellias, but they will thrive in neutral soils too. Give plants a balanced fertilizer two or three times during growing season.

Pests and diseases are seldom a problem, but poor drainage can cause root rot. If plants become chlorotic, treat with iron. Although nursery plants in cans sometimes lose many leaves in the winter, plants in the ground seldom do.

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Bill Lane

President and Publisher

# *Garden events in October*

**Nevada City.** October 5. Garden and tour sponsored by the Sierra Neva morial Hospital auxiliary. Tour be the National Hotel, 211 Broad St P.M. and concludes at 4 P.M. Adm $2 (includes tea at old Trinity Cl

**Oakland.** October 5 and 6. Fall flow art show presented by the Oaklan Bay Garden Center. Also a judge by the Northern California chapte National Chrysanthemum Society. Lakeside Park Garden Center, 66 vue Ave. Hours: 10 A.M. to 6 P.M. day; 10 A.M. to 5 P.M. Sunday. Fr

**Palo Alto.** October 12 and 13. Show Akebono Bonsai Club. Place: B Church, 2751 Louis Rd. Hours: no P.M. Saturday; 10 A.M. to 6 P.M day. Free.

**Santa Clara.** October 13. Fifth show by the Midori Bonsai Club. Maywood Recreation Center, 3330 ridge Rd. Hours: noon to 5 P.M. F

**San Mateo.** October 19 and 20. sponsored by the San Mateo Bon More than 100 bonsai given prizes; demonstrations at 3 P.M. e Place: Central Park Recreation Fifth Avenue and El Camino Real noon to 8 P.M. Saturday; 10 A.M. Sunday. Free.

**Oakland.** October 20 to mid-No Peak chrysanthemum bloom at land Park Department test garde Lakeside Park Garden Center, 66 vue Ave. Over 3000 chrysanthem planted in the ground and 1000 trained in pots are placed on stands. Hours: 8 A.M. to 4 P.M. days; 10 A.M. to 5 P.M. Saturdays to 5:30 P.M. Sundays. Free.

**Redwood City.** October 26 and 2 presented by the Kusamura Bon Demonstrations by experts at 2 day. Some bonsai will be sold. Pl erans Memorial Bldg., 1455 Madi Hours: noon to 8 P.M. Saturday to 6 P.M. Sunday. Free.

**San Rafael.** October 26 and 27. Chrysanthemum Society of Mari Crocker-Citizens National Bank and B streets. Hours: 2 to 8 P.M day; 10 A.M. to 5 P.M. Sunday.

**Graton.** October 29 and 30. An flower show presented by the Community Club. Place: Co Clubhouse. Hours: 10 A.M. to 9 P day; 10 A.M. to 4 P.M. Wednesda

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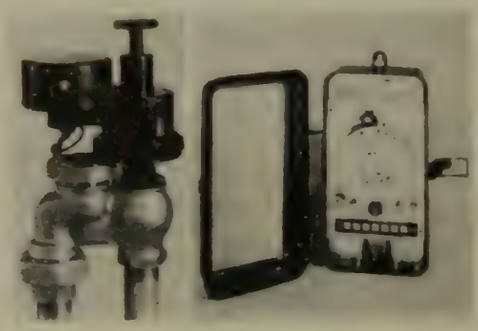

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Like other members of the co family (asters, chrysanthemums, z it has very small individual flowe shaped ray flowers surround small shaped flowers; all are grouped i clusters or heads which are often to as "flowers." The ray flowers and deeply toothed (see photogra

Plants grow 15 to 24 inches an from May or June through Septe October in most regions, and fr tember through November in the with extremely hot summers.

When the flowers fade, cut th back close to the ground, just as to Shasta daisies. At the same move old, yellowed outside leav careful not to disturb the new sh grow out from the base. The very crisp, medium green leaves vary to 8 inches in length and bear sp near the base.

A number of curved, finely tooth bracts loosely surround the u flower heads (buds), giving thes rare ornamental value.

Stokes aster grows best in ful needs good drainage and no routine care. Plants seem to be pest-free and will reseed them not enough to create a problem

You can start plants from seed flats in fall or spring; or increa visions or root cuttings. Some stock mature plants in gallon white flowered form is sometime

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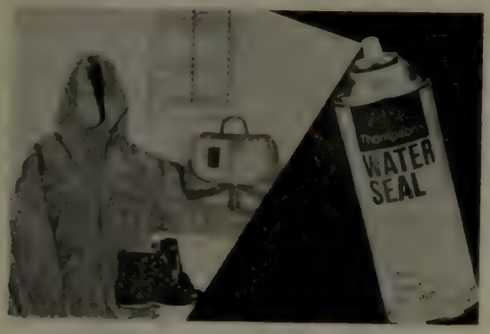


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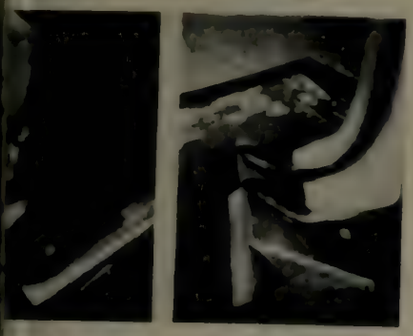

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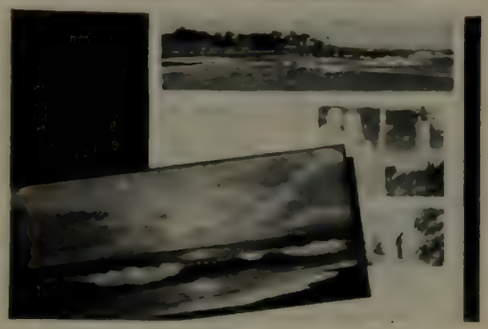

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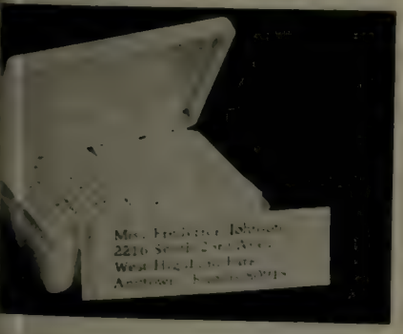

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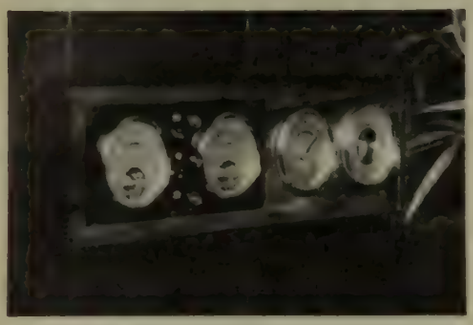

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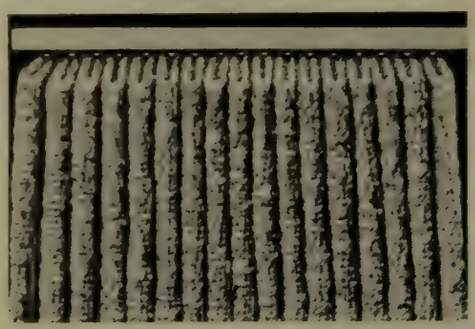

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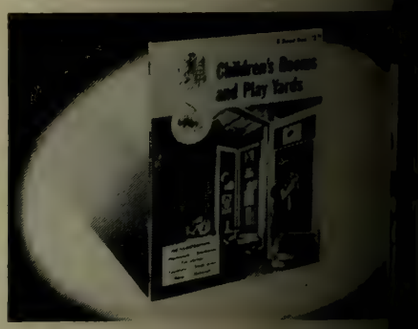


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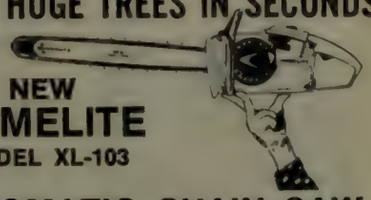

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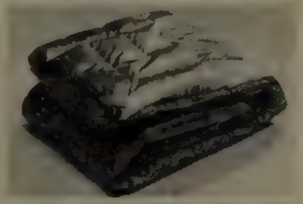

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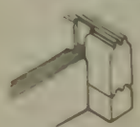

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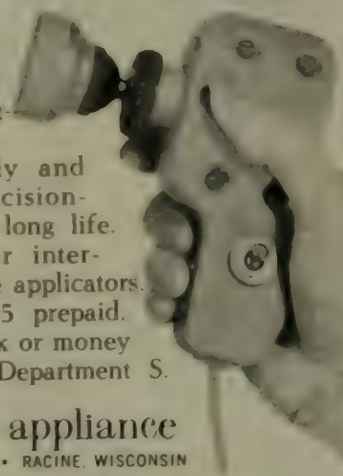

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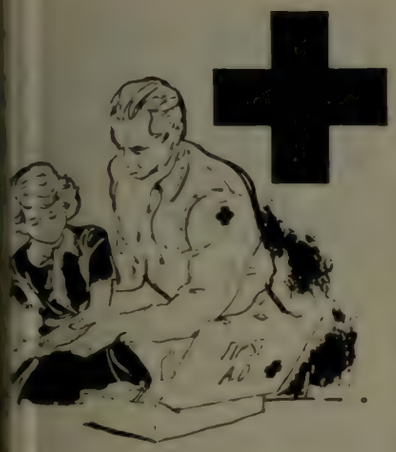

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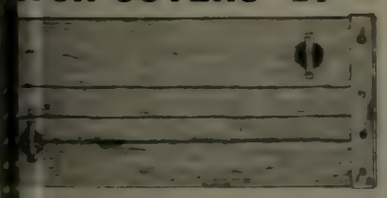

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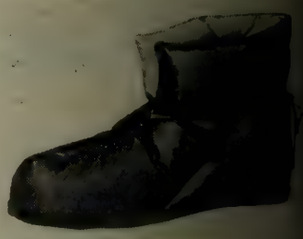

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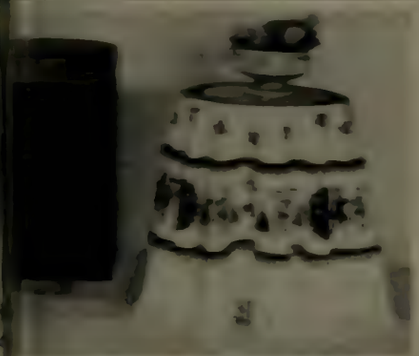

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LETTER FROM *Sunset*

# To Mexico . . . for the Olympics . . . and for the enchiladas

**Sunset's travel reporters** are in Mexico every year—to make fresh photographs, to check on changing road conditions, to try out such new services as the cruise ships to Acapulco, this year to check on arrangements for the Olympic games taking place this month in Mexico City.

It isn't just our travel reporters who go below the border. Our food editors also go, every year—just as they and *Sunset's* other editors go to Europe every year, and to the South Pacific and the Far East, to the Americas south of Mexico, and always around the West.

But Mexico is special. It is right next door. That's why Mexico's foods have always been popular in the West (much of which once *was* Mexico). Our big markets stock both corn and wheat tortillas as a matter of course. They also stock hot chile peppers, masa, taco sauce and, of course, frozen Mexican dinners.

So we at *Sunset* take Mexican foods seriously. Our food editors again and again visit restaurants in different Mexican cities, talk to Mexican cooks, test recipes on the spot (and often get very close to the Mexican way of life—grinding masa in an Indian hut, or gathering clams). If you like Mexican cooking, you'll find more articles about it in *Sunset* than in any other magazine.

A good example is the popular Mexican meat dish *carne asada*, pictured in color in this issue on page 80. Our version is based on field research done by one of *Sunset's* staff home economists in Guadalajara in the state of Jalisco. This field work was followed up in *Sunset's* test kitchens in Menlo Park, California, where *carne asada* was made with market-bought American ingredients, then tried out on a taste panel. Our tasters were delighted. And we think many *Sunset* reader-cooks' tasters will be delighted, too.

## WINDOW ON THE WEST:

## High hurdles above Lake Tahoe

**The altitude** of Mexico City, where the 1968 Olympic Games begin this month, is 7,349 feet. The altitude of Echo Summit on U. S. Highway 50 overlooking the south end of Lake Tahoe is 7,383 feet.

That's why the conifer forest a few hundred yards south of Echo Summit is pierced by a new, dark red, 400-meter track where decathalon man John Warkinton (shown taking a high hurdle) and other candidates for the U. S. Olympic track and field team have been involved in a testing and training program at Mexico City altitudes for more than two months.

An altitude of 7,383 feet isn't high in the West. But there was no place at all to locate this track east of the Rockies.

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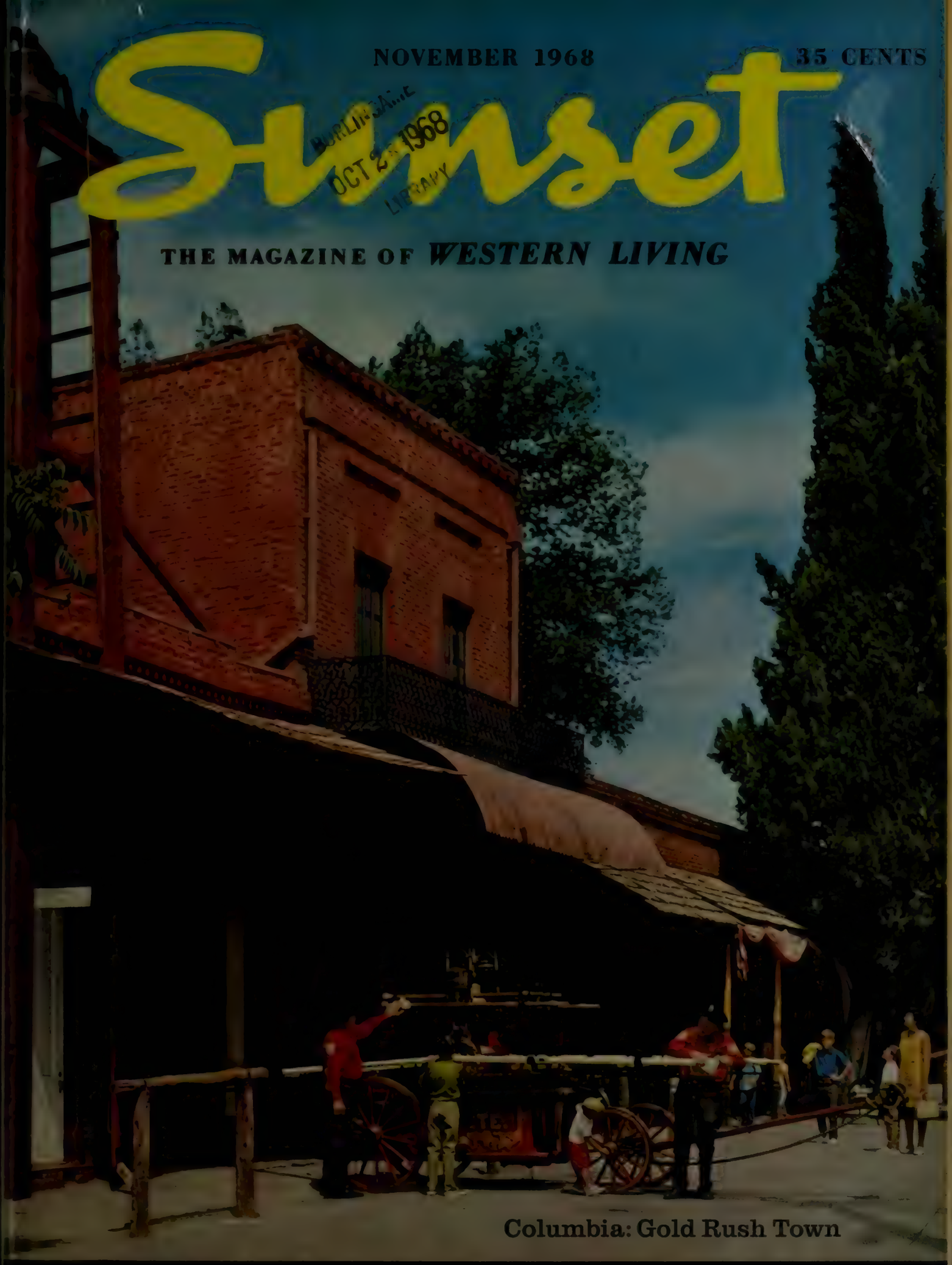

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## The Cover Story

*Firemen polish up elegant old hand-pumper Papéte at Columbia, California. Destined for the Sandwich Islands, the pumper turned up in Columbia in 1859 after "mysteriously disappearing" from San Francisco's waterfront. For more about old Columbia, turn to page 78. Cover photograph by Glenn Christiansen*

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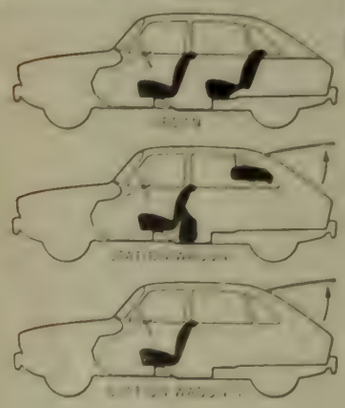
# CHAPTER TWO: THE RENAULT 16 SEDAN-WAGON

Our story opened with the Renault 10. And that chapter is being written every day. At last count, there were over 35,000 Renault 10's on the road.

And so the stage is nicely set for our latest installment: The Renault 16 Sedan-Wagon.

The Sedan-Wagon. Besides being a new chapter for us, the Sedan-Wagon represents a new chapter in the industry.

Until now, even if you only needed a station wagon occasionally, you had to drive one around all the time. With the Renault 16, you drive around a sedan. And when you need a station wagon, it turns into a station wagon.



The front-wheel drive. Quite logical. The engine up front to get maximum hauling area in the rear. The drive wheels also up front to get maximum traction from the engine's weight.

The engine. Pressure cast aluminum block. 5 main bearings. And a sealed liquid cooling system that virtually eliminates the bother of having to add anti-freeze. It can milk 28 miles out of a gallon of gas, and still manages a top speed of 93 mph. It is so well put together that you could roll up 30,000 continuous miles at 85, as we did, back and forth and back and forth between Rome and Milan.

The seats. They're every bit as comfortable as those in the Renault 10. And the seats the Renault 10 have been sta ed up against the seats in t Rolls-Royce.

The road manners. The s pension is soft, without be mushy. Each wheel moves and down independently, c trolled by long torsion bars.

The price. The Sedan-W on sells for $2,495* The pr of most sedan-sedans.

RENAULT

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*P.O.E. WEST COAST

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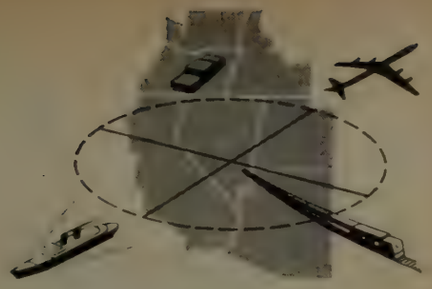
# in and beyond the West



## Oakland . . .
## toric rolling stock

y Harrison Railroad Park at the edge
usy Oakland is often overlooked.
ple pass the park every day not real-
g that it contains some fine examples
Western railroad history.

re are four railroad vehicles on a
sant green lawn shaded by three 87-
-old magnolia trees and a 106-year-
Japanese yew, the biggest and one of
oldest trees in the Oakland park sys-
. The locomotive, day coach, and
erintendent's car are open to the
lic.

far the most spectacular is the super-
ndent's car, built in 1904 for execu-
s of the Southern Pacific Railroad at a
of $147,000. With five different kinds
paneling, three showers, five wash-
ms, a dining room, and 11 beds, it was
ng the most luxurious of its time.

y H. Tallman, former engineer and
the park's supervisor, uses this car
his home. Mr. Tallman leads you on
ur and recounts some of the events in-
ving the car and the important persons
used it, including Presidents Taft,
rding, and Hoover. In 1923 Mr. Har-
g, stricken by pneumonia as he was
rning from a tour of Alaska, lay un-
scious until the car arrived in San
ncisco, where he died shortly after.

e railroad park is open Wednesday
ough Sunday from 10 A.M. to 4 P.M.
. Tallman is happy to lead you on a

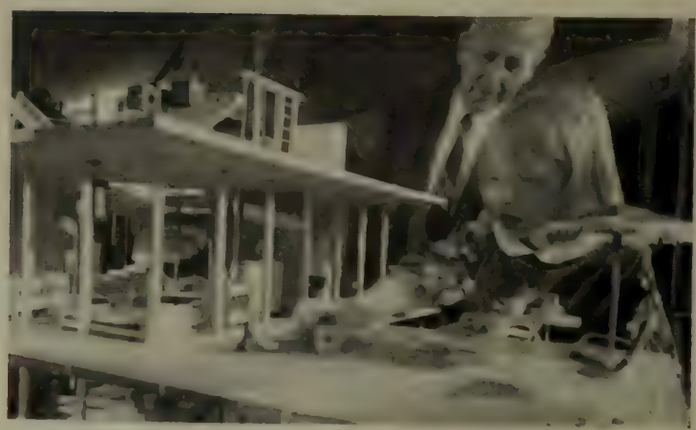
itors *inspect dishware used by U.S. presi-*
*ts in superintendent's car, now at park*

**Retired engineer** *explains from cab the workings of 1921 Pacific-type locomotive*

**Sunset**

THE MAGAZINE OF WESTERN LIVING

*November 1968*



**Alice Gould** *shows her father how well his "reach-in" doll house works. It's had hard use all this year; has stood up splendidly*

## *Architect designed . . . field tested*

**The doll house** pictured above was designed and built last year as a Christmas present for young Alice Gould. Design was by Alice's father, Seattle architect Carl Gould. The whole project was commissioned by *Sunset*. You'll find a report on page 102.

We've been publishing doll house designs for many years—some submitted to us by readers, some designed by members of *Sunset's* staff.

But often we like to call on architects for professional help. A few years ago two fellows of the American Institute of Architects, George Vernon Russell of Pasadena and Paul Hayden Kirk of Seattle, both fathers of boys, each designed a tree house for *Sunset*.

Architect Clement Chen of San Francisco, father of 7-year-old Barbara Anne, is now at work on a doll house as a Christmas gift for her this year and maybe an article in *Sunset* next year.

L. W. LANE, JR. *Publisher*

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tour at any time during these hours

Harrison Railroad Park is located a corner of Harrison and Seventh st Take the Broadway exit from Ni Freeway; go away from the bay on B way for one block to Seventh Street. right; it's three blocks to Harrison.

If you are coming from Alameda vi Posey Tube, the park is on your rig soon as you leave the tube.

### For girls and their mothers . . . a doll show

The ladies of the San Francisco Doll will exhibit dolls as table decorations, diorama, and in a re-created old-fashi parlor at their annual show this m

The dolls are grouped in two general gories, antique and modern. The ant dolls (50 years or older) are made of materials as bisque ceramic, papier m cloth, wood, and rubber. The most able are some old German china valued at $600 and $1,500. Antique It dolls of felt and high fashion dolls France will be displayed. A specialty England is the peddler doll, made of and topped sometimes with an appl the head; such dolls once were sold street corners to the children of the

The modern dolls include both handm one-of-a-kind and the commerically duced plastic dolls.

Hours of the exhibit will be 1 to 5 on November 23 and 24 at the Hal Flowers in San Francisco's Golden Park. Admission is $1; children under if accompanied by an adult, will be mitted free.

### History of the southern mines in Mariposa

On an autumn drive to Yosemite Nati Park or through the gold country, y route may well pass through Marip Located on State Highway 140 mid between Merced and the park, it m the southern end of the gold rush reg

The ambitious residents of this small f hill town are raising $100,000 for a library-historical center. At *Sunset's* time they had almost reached their

At present much of the area's hist memorabilia is on exhibit at the Marip Museum in the Masonic Temple on S Street, half a block east of State 140. Masons meet upstairs; the museum lection occupies the main floor. The seum is small enough that youngsters wander past all the exhibits without los interest.

Main Street in the Mariposa of gold days is depicted in miniature by created school room, an assayer's o drugstore, printing office, and the i of a prospector's cabin.

This month the museum is open on Saturdays, from 10 A.M. to 4 P.M. I

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When I'm in Hawaii shall I go to the Naniloa, the Kauai Surf or Kona Inn?*

THE Naniloa

"My travel agent tells me it's a sparkling new resort right at the water's edge of Hilo Bay. Says the rooms are pure luxury . . . and the view is

superb. Swimming pool, two dining rooms, dancing, nightly entertainment and a piano bar, he says. And it's close to the volcano area . . . I've always wanted to see those smoldering fire pits and lava tubes and fern forests and all those orchids and things."

THE Kauai Surf

"He called it a swingin' place. Says it has a beautiful big white sand beach called Kalapaki, and a spectacular 9 hole par 35 golf course too. And you can surf, sail, paddle an outrigger canoe, go ti leaf sliding (that sounds like fun!), dine in a penthouse, or one of three other places, dance, play tennis, see a nightly show and I forget what else."

KONA INN

"And I've heard about the famous Kona Inn on the Kona Coast of Hawaii. People say it's really charming . . . friendly people . . . lots of historic things . . . and it's right on the water, too. Wonder what the men in the office would say if I caught a marlin!"

*My smart travel agent tells me I can go to all three and visit Waikiki too — for only $10 additional air fare.

Why don't you ask your smart travel agent about Hawaii's Common Fare Plan — and go to the Naniloa, Kauai Surf and Kona Inn?

INTER-ISLAND RESORTS
P. O. Box 8539 • Honolulu, Hawaii 96815
KONA INN / KAUAI SURF / THE NANILOA

**Among displays** *at Mariposa Museum is replica of part of famed Mary Harrison M*

summer (May through September) it is open daily from 9 A.M. to 5 P.M. Admission is 25 cents for adults, 10 cents for students, free for children under 6.

## Also in November . . .

**Bottle Show and Sale, Tulare.** Saturday, November 9, from 10 A.M. to 5 P.M. and Sunday, November 10, from 9 A.M. to 4 P.M. at Tulare County Fairgrounds. mission: free.

**Photographers' Show, San Jose.** Novem 9 from 10 A.M. to 10 P.M. and Novem 10 from 8 A.M. to noon. Four regic camera clubs will meet for the 11th nual Foto-Clave at the Hyatt House. hibits and photography contests will featured. Registration is $2.50.

## For travel planners, a November check list

**Baja by jeep.** A 25-day expedition along the entire length of Mexico's Baja California peninsula from the border to La Paz will leave San Diego on February 1. The route includes Scammons Lagoon, Bahía de Los Angeles, Múlege, and Loreto.

Tour cost of $795 per person includes one-way transportation in a four-wheel-drive, air-conditioned station wagon, use of camping equipment, meals and lodging in camp for 19 days (6 days you stay in resorts), and guide service. For information or reservations, write to Tag-A-Long Tours, 156 N. First W., Moab, Utah 84532.

**Theater in London.** An exciting new theater season is the featured attraction of a two-week London Super Show Tour leaving San Francisco each Friday, Saturday, and Sunday from now until next April. Minimum tour costs of $511.50 per person includes round-trip transportation, accommodations, eight good theater seats, use of a rental car for three days, a backstage visit at one of the theaters, a free casino membership, and a 10 per cent shopping discount. For information or reservations, see a travel agent or write to British Overseas Airways Corporation, 237 Post St., San Francisco 94108.

**Autumn on the Mississippi.** The *Delta Queen,* last of the grand old stern-wheel river steamers, will leave New Orleans on November 4 for a week-long cruise up the river to St. Louis. Cruise prices begin at $192 per person. For a schedule of autumn river cruises, see a travel agent or write to Greene Line Steamers, Inc., 6900 Santa Monica Blvd., Los Angeles 90038.

**Africa for photographers.** A 46-day photographers' safari through East Africa will leave New York on January 6. The tour begins in Uganda, winds up at Nairobi in Kenya, and along the way takes you to big game areas of Murchison Falls and Queen Elizabeth parks, the Serengeti, Ngorongoro, Amboseli, Tsavo, and Treetops. Tour cost of $3,800 per person includes round-trip transportation, accommodations, and all meals. For information, see a travel agent or write to Thru The Lens Tours, 5301 Laurel Canyon Blvd., North Hollywood, Calif. 91607.

**Retirement planning.** For an informative bulletin entitled *Retirement and Travel,* send a stamped, addressed return envelope to Advocates of International Trade and Comity, 59 W. Main St., Smithtown, New York 11787.

**What a travel agent can do for you:** Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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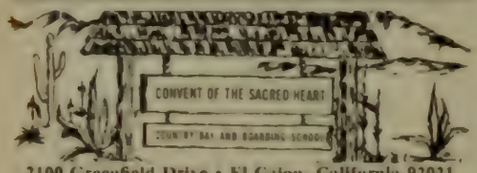


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THE Sunset SCHOOL AND CAMP DIRECTORY

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This Directory is now, we believe, the best single source for Western families seeking independent schools and the benefits of private camps for their children. This section appears in each monthly issue of SUNSET.

We will be happy to answer questions concerning advertising from school and camp officials. Please write School and Camp Directory, SUNSET Magazine, Menlo Park, California 94025.

**Young fisherman** *studies trout habit*
*Lake Tahoe's new stream profile cha*

# *An underwater look at fish*

**You can peek** in on the private liv
fish at the new stream profile chamb
Eldorado National Forest's Lake T
Visitor Center near South Lake T
California.

The profile chamber affords a seri
living dioramas along an artificially
ated bypass of Taylor Creek, a na
trout and salmon spawning stream
flows down from Fallen Leaf Lak
enter Lake Tahoe at Camp Richard

The serious fisherman should find
eyeball-to-eyeball confrontation w
trout particularly intriguing. You'll
hungry trout lurking in the quiet
just below the tail of riffles and
waiting for aquatic insects, salmon
or other natural food to be washed
head in the tumbling current. This
mate view of the trout's native env
ment and feeding habits may provid
observant fisherman with a few
thoughts on angling technique.

The view should be particularly int
ing this month if your visit coincide
the annual spawning run of Tahoe
kanee salmon.

The Lake Tahoe Visitor Center is a
detour off State Highway 89 at
Richardson, a 10-minute drive fro
junction of State 89 and U.S. Hig
50. The center is open daily from 9
to 6 P.M.

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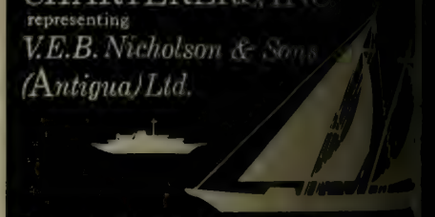

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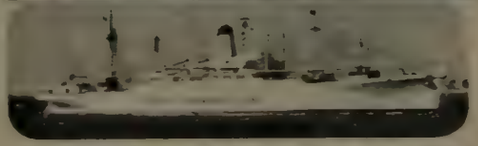

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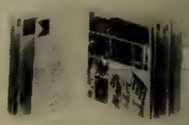

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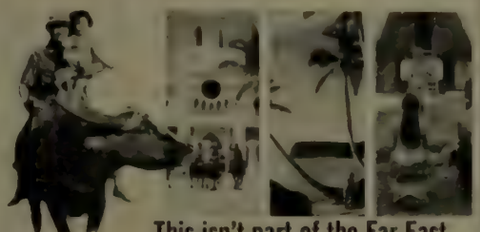

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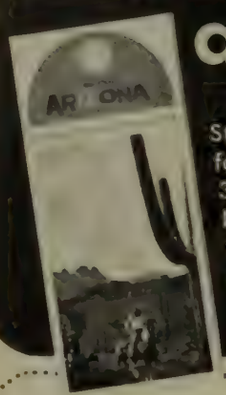


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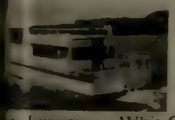

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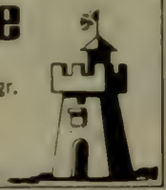

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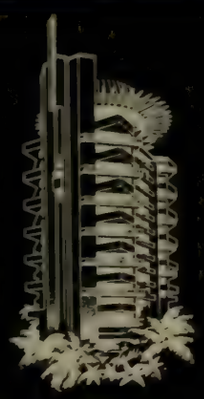

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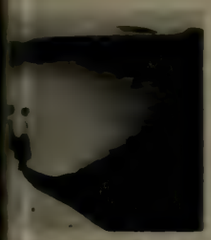


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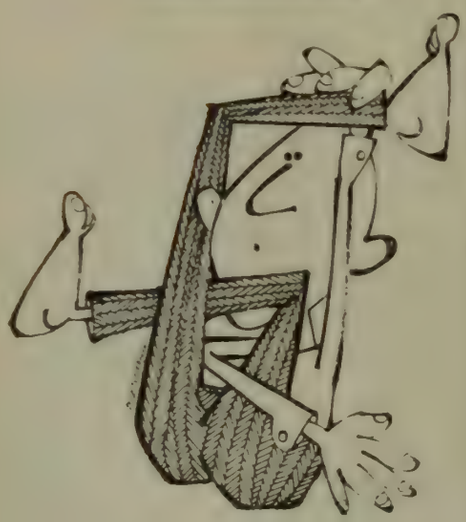
# UNWIND!



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**Paths** *lace northern slope of Fort Ma*
*View is across bay to Alcatraz and Ma*

# *Your own opinio*
# *about Fort Maso*

**Fort Mason**—one of three Army forts San Francisco that may be turned o to the city in the near future—opens gates during daylight hours to anyo who wants to stroll its landscaped wa and admire the views of the bay.

Besides being a pleasant way to spen bright November afternoon, such a v will give you a chance to evaluate conflicting uses proposed for the prope Some advocate subdividing it. Oth would include all of it (or at least north side, with bay views and several toric structures) in a new bayside p There would then be unbroken access the waterfront from the Marina Gr through Fort Mason to Aquatic Park.

The buildings mentioned were residen of gold rush families back in the 185 During the Civil War the Army t them over, and in 1863 turned the sou ernmost into the quarters of the co manding general of the Western Ar Its first occupant, Maj. General Irvin M Dowell, laid out the terraces, lawns, walks, which are open to the public give the northeastern corner of the its formal, if overgrown, sylvan setti In 1943 the building became the F Mason Officers Club.

The second residence to the north of club is where U.S. Senator David Broderick died from wounds received his duel with California Supreme Co Justice David S. Terry in 1859.

At present all the buildings are in milit use, and the public cannot go into of them.

# Life at sea is like nothing on earth!

Sir Harold and Lady Margaret. Honest to goodness "titles." And they're the warmest people you could hope to meet. (Bet Sir Harold was dashing in his Army days.)

Jimmy from Glasgow tells Texas stories with a Scottish burr. Never heard anything quite like it!

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Never did find out who she is. Fun, though.

The mysterious Mr. Dodds. He's lived in Chicago, London, Paris, Singapore and Tonga. Really lived.

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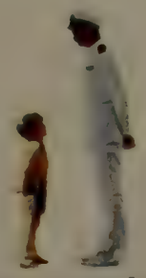

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# The new 1969 Plymouth Sport Suburb

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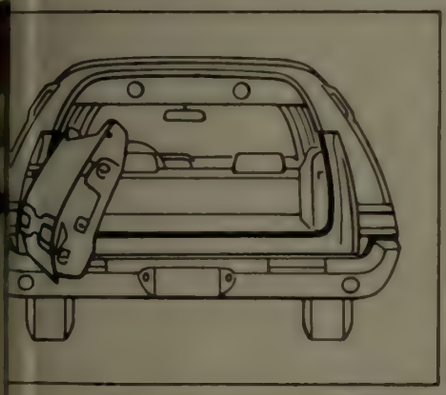
# the looks don't get you, the engineering will.

It'll take you about 28 steps to walk completely around our new Sport Suburban Wagon. 28 steps of rounded side contours, curved glass and sloping rear lines.

In another minute you can scrunch around a little in the comfort of the driver's seat, get the jet cockpit effect from the Safe/Flight instrumentation, and give the interior a once-over.

About one minute and 28 steps after you first see the '69 Sport Suburban, we think its looks will get you.



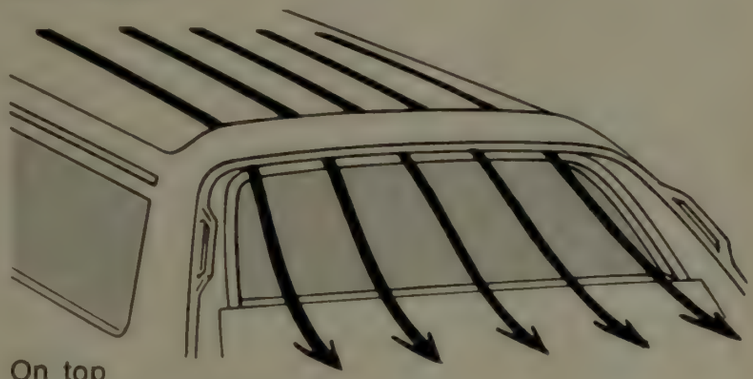
If they don't, we send in our engineers. They gave it the two-way tail gate. One handle opens it down for business. Or, turned the other way, opens it out for people.

They made Sport Suburban 3 inches wider. Which is a lot wider when three people sit up front. Or when you lay 4′ x 8′ sheets of plywood flat in the back.

They put a 318 cu. in. V-8 in it. With two 383's and a 440 as options.

They gave it a longer 122″ wheelbase. They suspended it with torsion bars and leaf springs so it'll corner, handle, and ride like a sedan when it's loaded.

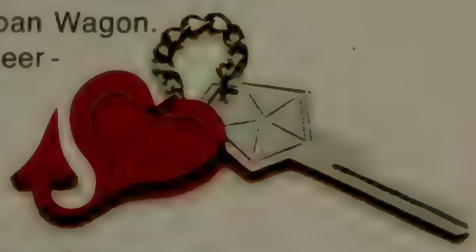
The driver's windshield wiper cleans 4 inches more to the left than it ever did. In fact, overall forward visibility is 20 per cent wider.



On top you'll find something designers have been trying to invent for years. An Air Vane that deflects wind down and over the back window. This one really keeps it clean. In all kinds of weather. On all kinds of roads.

Come look what we've done with our '69 Sport Suburban Wagon.

In looks. In engineering. Any two ways you look at it, it's better.



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RICHARD DAWSON

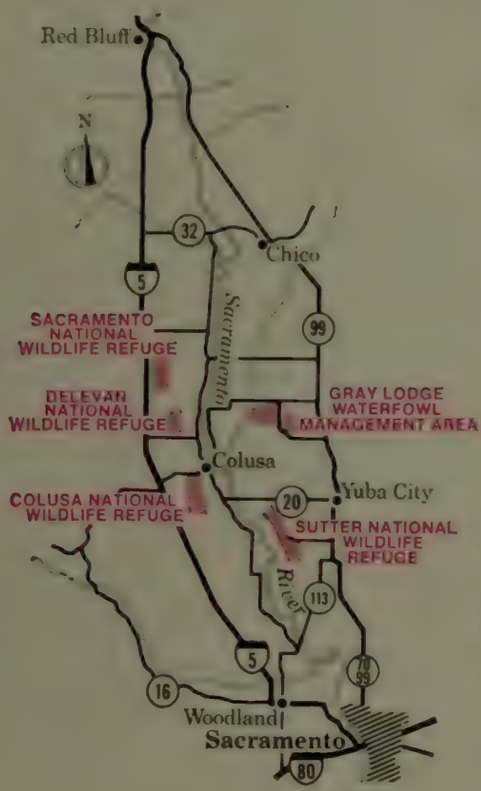
**geese** *rise from the levee-laced*
*hes of Sacramento National Wildlife Refuge*
*bright November morning*

# When the snow geese fly this month

**atory waterfowl** are winging their way h through California's Sacramento y this month. You'll see the long, un- ing V's of ducks, geese, and swans almost any of the valley highways. u're driving between Red Bluff and amento, you can share a rest stop the transient birds at any of the five r wildlife refuges that spread across narshy valley floor.

10,776-acre Sacramento National llife Refuge, largest of the refuges, s a drive-yourself motor tour along a sh-lined levee road any day between M. and 4 P.M. Descriptive brochures available at the refuge headquarters les south of Willows.

4,040-acre Colusa National Wildlife ge and the 6,700-acre Gray Lodge erfowl Management Area offer similar or tours daily between 8 A.M. and 4 The Colusa refuge is about 15 miles of Williams via State Highway 20, the Gray Lodge refuge is about 9 s southwest of Gridley. The Gray ge refuge also features a small mu- n and a collection of caged birds.




The 5,664-acre Delevan National Wildlife Refuge (about 5 miles east of Maxwell) and the 2,591-acre Sutter National Wildlife Refuge (about 11 miles southwest of Yuba City via State 99 and Oswald Road) are both major waterfowl concentration areas along the Pacific flyway, but neither has tour facilities at the present time.

A good pair of binoculars and a bird identification book will add to your enjoyment of a visit to a refuge. Standard reference for Western birdwatchers is *A Field Guide to Western Birds* (Roger Tory Peterson, Houghton Mifflin, Boston, 1961; $4.95).


A great gift from Pebble Beach

# A secret weapon guaranteed to lower your golf score 3 or 4 strokes. Easy.

The quickest, **surest** way to break 90, or to get in the 70's regularly is by avoiding those 3-putt greens. Yes, but **how**?

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Art's years of teaching (he's considered one of the best) have produced a putting technique or system that never fails. **Never** ...if you apply it properly. Art devised the **WONDER PUTT**®, an ingenious fail-safe device as effective as a series of personal lessons right there at Pebble Beach.

Art Bell's kit holds a 20 page book illustrated in color, a "telltale" ball, a regulation putting cup, a "Living room practice-while-competing game," and...the amazing **WONDER PUTT**. The instructions (with a foreword by Bing Crosby), is no boring book of "do's" and "don'ts." It deals with the psychology of greensmanship: how to manufacture the confidence necessary to sink the crucial putts, and with other valuable secrets learned on the tournament circuit. The **WONDER PUTT** can be used at home, in the office, or on the practice greens. Work with it an hour a week and you'll find it keeps you in the groove when it counts.

Space limitations make it impossible to detail how Art Bell's **WONDER PUTT** works. Next best is a money-back guarantee to assure you that it **does** work...wonders. And you don't have to decide at first glance. After months of testing the **WONDER PUTT** on golfers like yourself, we're confident enough to give you a full month's practice (30 days). Fair enough?

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**Replica of mission.** *Sandstone baptismal font (left) is from original church*

**Block blocks** *represent some of the interesting buildings on Mission Hill*

**Imposing Victorian** *at 203 Highland Avenue is well past the 100-year mark. On sedate cream and white, its venerable walls are now painted a livelier young*

# A gingerbread walk on Mission Hill in Santa Cruz

**Santa Cruz in the fall** shows its other to visitors. Besides beaches and b walk, there is a lot more to see, and is a good time to explore the attra old town. You can usually count on w clear days and light traffic.

Here and there throughout Santa you will see the gables and eaves of cinating Victorian houses rising a more modern structures. Mission H site of California's 12th mission, fou

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PORSCHE

# Racing—the ultimate proof

1791—is where the city began, and here you will find the largest concentration of "gingerbread." Although many the old houses have been razed, and more may be destroyed for a freeway, you can still see some carefully preserved ones on short walk.

Entering Santa Cruz from the north on State Highway 17, as most visitors do, follow State 1 to Mission Street. Looking the bluff to your left as you come into the city you will see the white towers of Holy Cross, the Catholic church erected years ago on the approximate site of the first mission. Turn left on Mission Street and drive three blocks to the small plaza, where you can park your car.

On the right side of the plaza, at the reliquary (a small museum) attached to the replica of the mission, you can get a free copy of the history of Mission Santa Cruz and the surrounding buildings. Although the scale-model replica is only about half the size of the original mission, it was faithfully duplicated from early sketches after the original was destroyed by earthquakes in 1840 and 1857.

The bells of the mission were recast, and now ring out from the large church overlooking the plaza. A piece of original brick flooring is carefully preserved in the courtyard, but the tiny remaining portion of the burial ground in back of the church, surrounded by its crumbling adobe wall, is not quite so well maintained.

**Cupola** *complete with all sorts of carpenter's art adorns this old-timer*

**Sightseers are attracted** *by lacelike trim around roof line of simple frame house*

Walk down School Street to the adobe duplex overlooking the city below. Once the guardhouse for Spanish soldiers accompanying the clergy, this was likely built before the mission. The only remaining building of the original compound, it has been continually occupied since the time it was built. On one side is an antique shop of sorts (open when the owner feels like it): if you get in, take a look at the gardens in back. Planted in the middle 1800's, they extend all the way to Mission Street and were the setting for many social events.

Retracing your steps and crossing the plaza, you will see the one-story frame house at 109 Sylvar Street believed to be the first wood frame dwelling in the community. Next door, a three-story Victorian beauty sits behind an iron fence and manicured gardens — on the site of the city's first hotel and tavern. If you turn right and walk down Mission Street you will see numerous nineteenth century houses on both sides of the street. Notice the crow's nest on the house at 207 Mission. Stop at the Gingerbread House at 218 Mission, and browse through the items on display. Ask the owner about the ghost who inhabits this house.

Cross over and walk down one-block-long Green Street, once called "church street" because the town's first Protestant church was established in 1850 on the southeast corner. A part of the church was moved in the 1860's to 123 Green and forms the nucleus of the house there.

A short detour on the way back to your car—one block west on Mission Street to Highland Avenue, and one block north on Highland—will give you a look at the pink Victorian now being restored by new owners to its original beauty. Turn right at the next corner (High Street) to cross over the freeway and return to your car.

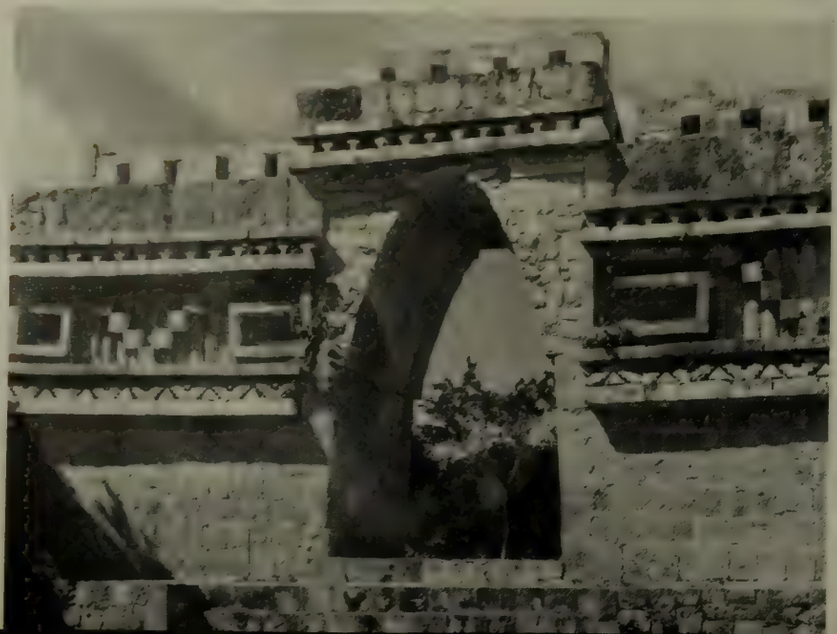
**On Mission Street,** *this tall white house has been completely restored by the new owners. Shutters date from time house was originally built*

**El Castillo,** *so called only for identification, dominates the Mayan ruins at Chichén-Itzá. It's about 75 feet high and 180 feet square at the base*

**A yacht or launch** *can pick you up at Isla Muje hotel for a lazy cruise. Cozumel has boat trips*

# Yucatán . . . for the Mayan ruins and for the fish-watching

**Ornate** *Arch of Labná—where the once-large city is now mostly covered by vegetation—is some 30 slow miles by jeep from nearest hotel, at Uxmal*



**On first arrival** in Yucatán, you get hints of its past glory, when the surp ingly civilized Mayans produced archit ture, art, and sculpture that could dazzle the archeologists who later stu bled on the ruins of their cities.

"The hill you crossed just before you here is the only one in this part of Yu tán," the guide at Uxmal tells you. You not surprised; seen from the air, the wh Yucatán Peninsula seems incredibly f

There are also practically no rivers. Yucatán is a limestone formation," guide explains. This limestone is so ous that the rainwater penetrates it. ancient Mayans had to depend on c *tes,* the natural wells that capture s of the rainwater underground.

The uncultivated regions of Yucatán covered with scrub vegetation and s junglelike growth that still obscu many Mayan structures.

However, two Mayan sites, mainly covered and quite accessible, with ho within walking distance, are the att tions that lure most visitors to Yuca These are at Uxmal, 50 miles south Mérida, and at Chichén-Itzá, 75 miles of Mérida. A few scientific explo

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Cartridge. A 4-speed BSR automatic turntable. Two sealed speakers with 5" woofers and 2" tweeters. And it all comes in finished walnut. (The HP 180-W also comes without a tuner, but that's called the HP 150-A.)

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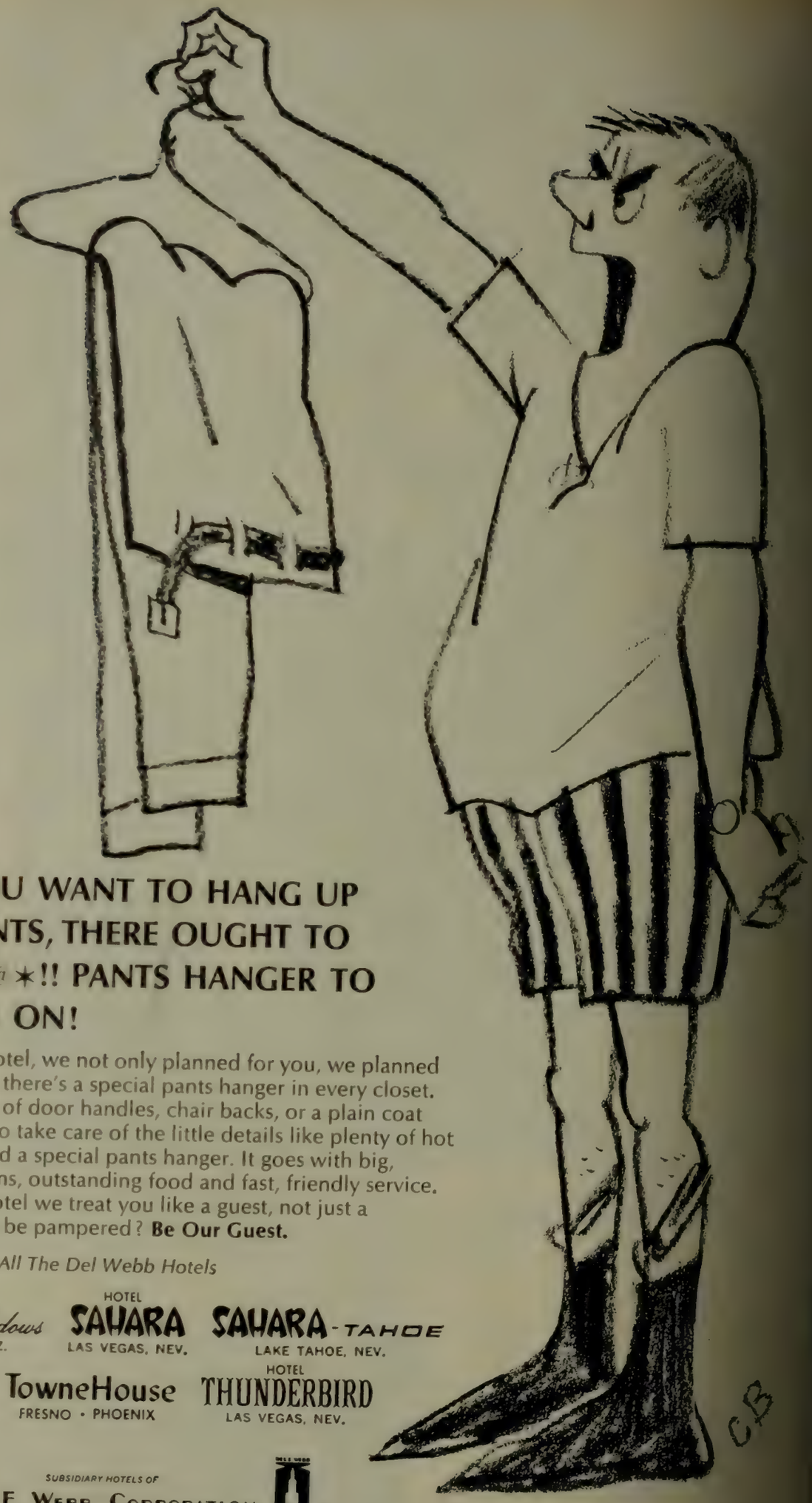



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**is arch** *was part of first temple; over e years four more were built on top. s Pyramid of the Magician, at Uxmal*

sited them in the early 1800's, but ex-nsive archeological exploration and re-oration didn't begin until the 1920's.

ir surviving structures are estimated be no more than 1,500 years old, with e considerably younger. Archeologists nerally assume that the civilization was urishing much earlier, and that we see ly what the Mayans accomplished after ey began building with stone. If you e interested in more Mayan ruins, Sayil, bná, and Kabah can be seen in a one-y drive from Uxmal; Tulum in a one-y side trip from Cozumel.

e next most important attractions that ing visitors to Yucatán these days are o islands in the Caribbean just off the ore of the neighboring territory of Quin-na Roo. Cozumel and Isla Mujeres only ently acquired the hotels they needed accommodate tourists. Today, they er you a lazy change of pace after a ff to archeological sites.

la Mujeres (island of the women) is ite small, only 5 miles long and ½ mile de. You can come by air, or by launch ferry from Puerto Juárez (200 miles by ved highway from Mérida). Swimming, orkeling, fishing, and boating are en-

**ain city,** *two major Mayan sites, and o offshore islands lure tourists most* joyable in the warm blue Caribbean.

Cozumel is 29 miles long and 9 miles wide, with 13 miles of paved road. Most of its shore is coral and limestone reef; when you put on a face mask and snorkel, the fish-watching is fine. You can fly there or come by launch from a small port 26 miles south of Puerto Juárez.

It's hard even now to realize how remote Yucatán was until very recently. The reason was simple: You couldn't get there by road. The final highway link wasn't completely ready for use until 1961. Now paved highway links all Yucatán's major sites and cities with the rest of Mexico.

Mérida (population about 200,000) is by far the largest city in Yucatán, with good hotels and restaurants. Most tourists like to stop there at least a day or so. It's about 1,100 miles from Mexico City—3 to 4 days by automobile, 2 days by train, 90 minutes by plane.

On a short Yucatán visit, you might prefer to include just one Mayan site and

**An occasional** *horse-drawn victoria joins the motorized traffic on Mérida streets*

just one island. All are now served by good hotels, with some choice in price and degree of luxury everywhere but Uxmal, which has only the one luxury hotel. You must drive to Uxmal; to all the rest you can also fly on Aero Maya, the new airline affiliated with Barbachano Travel Service, Mérida, which also operates tours and whose string of six hotels is represented at all but Isla Mujeres.

Package tours are probably taken by virtually all first-time visitors who have come to Yucatán by air. A basic 7-day tour giving you 1 day each in Mérida and Uxmal, 2 days at Chichén-Itzá, and 3 days on Cozumel costs $215 per person for a party of two, or $254 for one person traveling alone. This includes all transportation to and from Mérida, hotel accommodations, meals, and certain side excursions. Many other shorter or longer tours are offered, and can be arranged through your local travel agent. Weather is best from about October to April.

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*The* **Sunset** *West: Silver State*

# Governor Laxa

*The historic Governor's Mansion in Carson City has been restored largely with funds contributed by private citizens.*

# ad Sunset urge your scovery of celerating Nevada

e first thing you notice about Nevada's young vernor is his infectious friendliness. Youngsters ing by on their bicycles call out, "Hi, . Laxalt," and his response is that of a friendly ghbor, not a remote dignitary of the vernor's Mansion.

l Laxalt's heritage has in it the magic of the erican Dream. His father was an immigrant que sheepherder who sired four illustrious vada sons. One, a professional writer, has done ptivating book about their father, *Sweet mised Land*.

mised Land is the way Paul Laxalt thinks of his vada. It is a vast state whose open spaces embrace untains, deserts, lakes, forests, parks, and orical attractions. Its winter sports areas are some he finest in the nation. Nevada plays host 4,000,000 visitors a year.

urism is certainly our number one industry," Governor Laxalt. "Our ratio of visitors esident population is probably the highest of any e in the Union. But agriculture and mining important, too. Mining particularly is in an ard surge right now. Light industries and new ital are coming in at an increasing rate.

a market we have much to offer. Our per capita me is among the highest of all the states, and household sales of home equipment, foods, and omotive products are very high. Location, tax economic factors make Nevada an ideal center for ribution businesses. That's where we think our t growth will come, and we encourage it usiastically. We expect our population to nearly ble in the next 10 years.

e are grateful that Sunset Magazine and Books erstand our opportunities and do so much Nevada and its people. Sunset has been a familiar of the Laxalt household for many years."

### The West and its Regional Contrasts

Nevada uniquely dramatizes the vast contrasts which exist West of the Great Divide. Its climate, topography, vegetation and traditions create a living environment markedly different from that of most neighbor states. Even its open desert is a striking contrast to the Southwest's Mojave.

Sunset, edited for Westerners only, is the magazine that serves these differences. Its editorial purpose is to be just as helpful to families in Carson City, Nevada; as those of Anchorage, Alaska; Olympia, Washington; San Gabriel, California; or Hilo, Hawaii. Obviously, no single editorial treatment can do all that.

Sunset serves its Western readers with four localized editorial editions, and with editors-in-residence at Seattle, Menlo Park, Los Angeles, and Honolulu. It is an ambitious editorial concept, but it helps to explain Sunset's continuing influence upon 2,500,000 discriminating readers in Western America.

It is also one of the reasons why Sunset is a great meeting-ground for readers and advertisers. Sunset editors provide the fresh, workable ideas that add enrichment to Western living. Sunset readers, men and women alike, look to Sunset advertisers for the products and services to carry out those ideas. (Seven times out of ten, identical ads get better readership in Sunset than in other magazines.)

The whole Sunset West is the fastest accelerating market in America. If you want a piece of the action for your product or service, talk to those 2,500,000 energetic, high-income, eager-to-try-new-ideas readers who live in every one of the communities of Western America. They will respond to you—because they habitually respond to Sunset.

**THE MAGAZINE OF WESTERN LIVING**
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*5 in a series on Distinguished Westerners*

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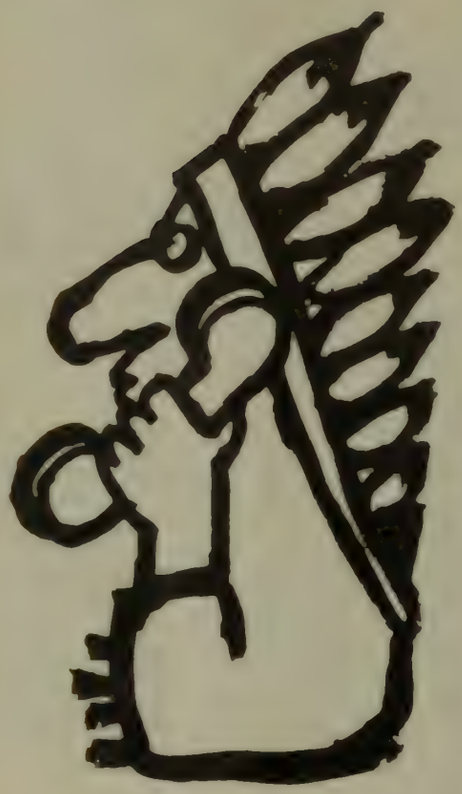

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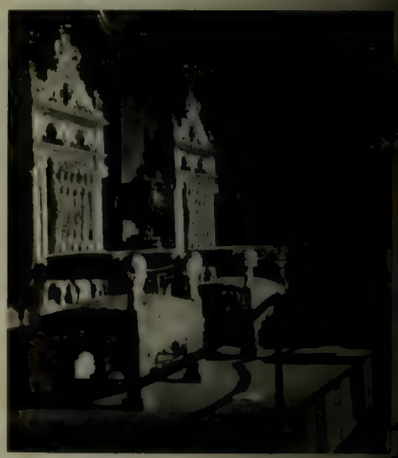
**Brown cut-stone gables** *of Bishop Museum rise above native trees, modern plane*

# What's new at Bishop Museum

**The 56-foot whale** that hangs from the ceiling in Honolulu's Bishop Museum, one of the 80-year-old institution's oldest exhibits, has traditionally made the most indelible impression on visitors. However, some much newer exhibits will compete for your attention if you visit the museum this month.

Several displays in the Hawaiian Hall incorporate newly excavated artifacts, and a temporary Japanese exhibit commemorates the arrival of that country's first immigrants in Hawaii 100 years ago.

On your way in from the parking area, you will see nineteenth century locomotives and railroad cars and a scattering of old plantation machinery on the grounds beside the planetarium. They are ginnings of an outdoor exhibit illus the history of industry in the Isla



**Thrones** *belonged to Kalakaua an okalani, last king and queen of*

**A peek inside** *an authentic ancient Hawaiian dwelling. Gourds hanging above lava platform were used for storing water*

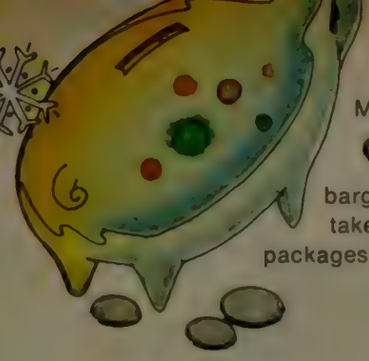
The Bishop Museum was establi a memorial to a Hawaiian princes nice Pauahi Bishop. Originally it w ited to Polynesian ethnology and history, but it now represents the Pacific basin with new emphasis Orient and the shaping of modern I

Exhibit halls are open 9 A.M. to 4: Monday through Saturday and 1 t on Sunday. The planetarium has n and afternoon shows, and evening on Friday and Saturday.

Admission is $1.50, or 50 cents dren 12 through 16, and free for under 12 accompanied by an adu museum is just off Route H-1. from Waikiki and on a direct bus

QUIPMENT. If you fine; if not, there xcellent shops you can buy ent the best quipment for the area.

SNOW. Powder and pack that's the envy of the whole ski world. The season, many places, is mid-November to mid-May.



MONEY. Surprisingly little when you know where the bargains are and when you take advantage of special packages and fares.

ATMOSPHERE. There are areas and après-ski fun for every taste—from single swingers to whole families.

# Here's ll you need to Ski Western America

PINPOINT. A special "Ski Western America Pin," for FREE lift tickets all season long, at all fifteen areas, is available for purchase by companies. Only 400 available. Ask any Western Sales Office for information.

A SCISSORS. Clip the coupon for your FREE copy of "Ski Western America—a Confidential Guide."

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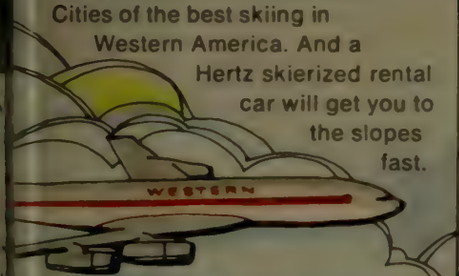
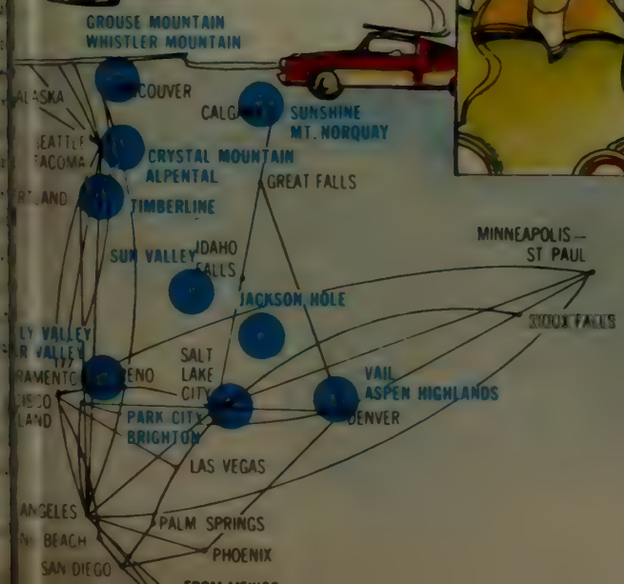
TRANSPORTATION. Western flies straight to the Gateway Cities of the best skiing in Western America. And a Hertz skierized rental car will get you to the slopes fast.






Yes! I want to know more about skiing—and fun—at the 15 areas shown on the map. Send me a FREE copy of "Ski Western America—A Confidential Guide," that tells me where, why, how and how much. Thanks. (please print)

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# Our new model isn't a new-improved old model.

The new GAF Anscorama™ slide projector is so new it does things you probably didn't think were invented yet.

For example: The Anscorama has an accessory we call the Slide Seeker.™ It's a little black box that plugs into the projector and tells it what to project.

In the days before the Slide Seeker, if you wanted to go back to a slide you saw 43 slides ago, you had to chig-chig-chig back to it the hard way. That's 43 chigs.

With the Slide Seeker it's a little easier. You "dial in" the slide you want to see and you see it.

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You get a 500-watt quartz iodine lamp, a 100-slide tray (there's also an 80-slide tray for glass mounts), remote control, a retractable cord, an auto timer, and gravity-feed.

The Anscorama comes in three models. (Prices start at under $155.) The 980Z has an f/3.5 4-to-6 inch zoom lens; the 980 and 970 have a 4 inch f/2.8 lens. The 980 and 980Z also comes with a handsome cover we call the Anscodome. So the whole projector, with the slides in position, can be carried around like an attaché case.

The Anscorama is the newest slide projector you can get. The reason is simple.

We've only just invented it.

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**The new GAF Anscorama slide projector.**

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**Koloa duck,** *a long-time island resid quacks happily in hands of young adm*

# *It's a mallard gone astray*

**Hawaii's native duck,** the *koloa,* is re just a mallard gone astray. After m than a thousand years in the Islands, has lost many of the characteristics of North American cousin and has pic up a few unusual ones of his own.

For example, koloa are unique am wading birds of the world for non-seaso mating—birds can be found with yo and in various stages of feather eclipse year round.

As you drive around the island of Ka you will likely see koloa in or aro swamps, ponds, upland streams, and ervoirs, particularly the Ahukini Re voir near Lihue Airport and the t patches at Hanalei.

Although Hawaiians have long pri these ducks as food, the koloa populat numbered in the thousands at a si Kauai retreat until the 1920's. Then, destruction of habitat and increase predators, notably man and the mongo it took a sharp drop.

By 1949 there were only 500 koloa on Kauai. When it became apparent t the bird was headed for extinction, Hawaii State Division of Fish and Ga initiated a major restoration program. success is already evident: The curr count for Kauai is 3,000.

The Pohakuloa Breeding Station, at 6, feet elevation, is on the Big Island's S dle Road about midway between Hilo Kona; write or call ahead to arrang visit. At the Honolulu Zoo you can koloa in the new bird lagoon near the entrance. The birds raised here will be free to commute between the lagoon the pools and nesting places of nea Diamond Head.

# Maybe your second car should be more than just another first car

hese better-idea Fords can do things your first car can't

**Go anywhere with a 4-wheel-drive Ford Bronco.** A round-the-town second car, or a spirited hunting and fishing companion. 4-wheel-drive traction sails you through mud, snow, sand. Smooth riding Mono-Beam front suspension; nimble 33 ft. turning diameter; powerful Six or V-8 engine up to 205 hp Accessories include snowplow.

**Carry 12 people comfortably in Ford's new Club Wagon.** Wagons always make great second cars, but here's the "greatest"—the roomiest wagon ever built! Room for as many as 12 adults, or room for over *twice* the cargo ordinary wagons hold, plus five people. Wide choice of interiors. Smooth-riding Twin-I-Beam front suspension.

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**Enjoy motel facilities wherever you are with a Ford Camper Special.** Ford, the pickup that works like a truck and rides like a car, is already a popular second car, and the Camper Special model has all the heavy-duty components you need. Twin-I-Beam front suspension smooths your way. Options include air conditioning.

FORD

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# St. Andrews. U.S.A.

# For a Thanksgiving dinner picnic

**e chances** of fair weather on Thanks-ing are good enough—if you reside in e area around San Francisco Bay—that u might consider celebrating the holi-y out-of-doors. The Weather Bureau orts that only two of the last ten anksgivings in San Francisco, for ex-nple, had measurable rain. The greatest ount, nearly a quarter of an inch, fell a bleak holiday in 1965. By contrast, rkey Day in 1959 was a shirtsleeve air of 76°.

you use the transportable menu on ge 99, you can decide after a look at sky on the morning of November 28 ether to have the dinner at home or e it on a picnic.

choose your own picnic site, perhaps u know a quiet county road where re's room to pull over and set up a ble for your feast. Some experienced nicking families, when they drive past tractive country that is fenced, look the farmhouse and ask permission to me onto the property for their outing.

your family wants such conveniences a table and benches, barbecue or stove, inking water, and sanitary facilities, se are provided at many public parks. the San Francisco Bay Area you can oose from national, state, regional, unty, and city preserves. Some charge entry fee. Take coins; some areas have l gates or admission-ticket vending ma-nes. There will likely be other picnick-s but not in such numbers as during the mmer. Reservations at this time of year not usually necessary unless the num-r in your group is quite large.

*C NIC SITE SUGGESTIONS*

**rth of San Francisco Bay.** The range in arin County is dramatic: You can pic-on the slopes of Mount Tamalpais (59 es), in the redwoods at Samuel P. Tay-(125 sites), or by the shore at Stinson ach (windswept; 100 sites) or Tomales y (partly sheltered; 35 sites).

Sonoma County, Armstrong Redwoods ate Reserve, 2½ miles north of Guerne-le, has 104 sites beneath redwoods along neandering park road. Most picnic areas der redwoods, in this and other state rks, are for fine weather only; it's often iny, foggy, and chilly this time of year.

the - Napa Valley State Park, between Helena and Calistoga, has 35 picnic es under oaks, redwoods, and Douglas s. (Most wineries in the area, incidentally, are closed for the holiday.)

**West of San Francisco Bay.** Many Bay Area residents think of Golden Gate Park when planning a picnic. But don't count on a picnic table—San Francisco's great park has fewer than 25. On the San Mateo coast is a string of state beaches. Inland, San Mateo Memorial Park has 166 sites, Portola State Park, 110; Huddart Park near Woodside has many sites with drive-to-the-table access. One of the few bayside picnic areas is at Coyote Point. There are 78 tables in a grove of eucalyptus. The view to the east is over busy Coyote Point Yacht Harbor.

**South of San Francisco Bay.** Henry W. Coe State Park in the foothills east of Morgan Hill has 20 sites. On the heavily forested coastal slope of Santa Cruz County, Big Basin has 120 sites; Henry Cowell Redwoods, 250.

Of the state beaches that line much of Monterey Bay, among the most popular is Seacliff, 7 miles east of Santa Cruz, with 220 sites. Further down the coast in a valley in the Santa Lucia Range, Pfeiffer - Big Sur State Park has 175 picnic sites, but they fill up fast on sunny holidays. Off the coast highway just south, in Los Padres National Forest, are several large new Forest Service campgrounds equipped with picnic tables.

In San Benito County, Pinnacles National Monument is low enough to have pleasant picnicking, if the weather is dry, right through November.

**East of San Francisco Bay.** The most extensive picnic facilities are in the regional parks that top the hills of Alameda and Contra Costa counties. Among them are Tilden, with 180 tables and many attractions for youngsters; Redwood, with 78 tables and fine riding trails; Chabot, with 30 tables and fishing; and Kennedy Grove, one of the newer parks, with 40 sites and an expanse of lawn. For more specific information on the regional parks, telephone (415) 531-9300.

On the slopes of 3,850-foot Mount Diablo, you'll find 255 sites, the most of any Bay Area state park. Across in Sacramento County, the state recreation area at Brannan Island is equipped with 75 tables and a ramp for launching boats. You can also test your luck casting for striped bass. Popular William Land Park in Sacramento provides a nine-hole golf course (make advance reservations) and 65 picnic sites.


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# Autumn's the time to discover these uplands behind San Diego

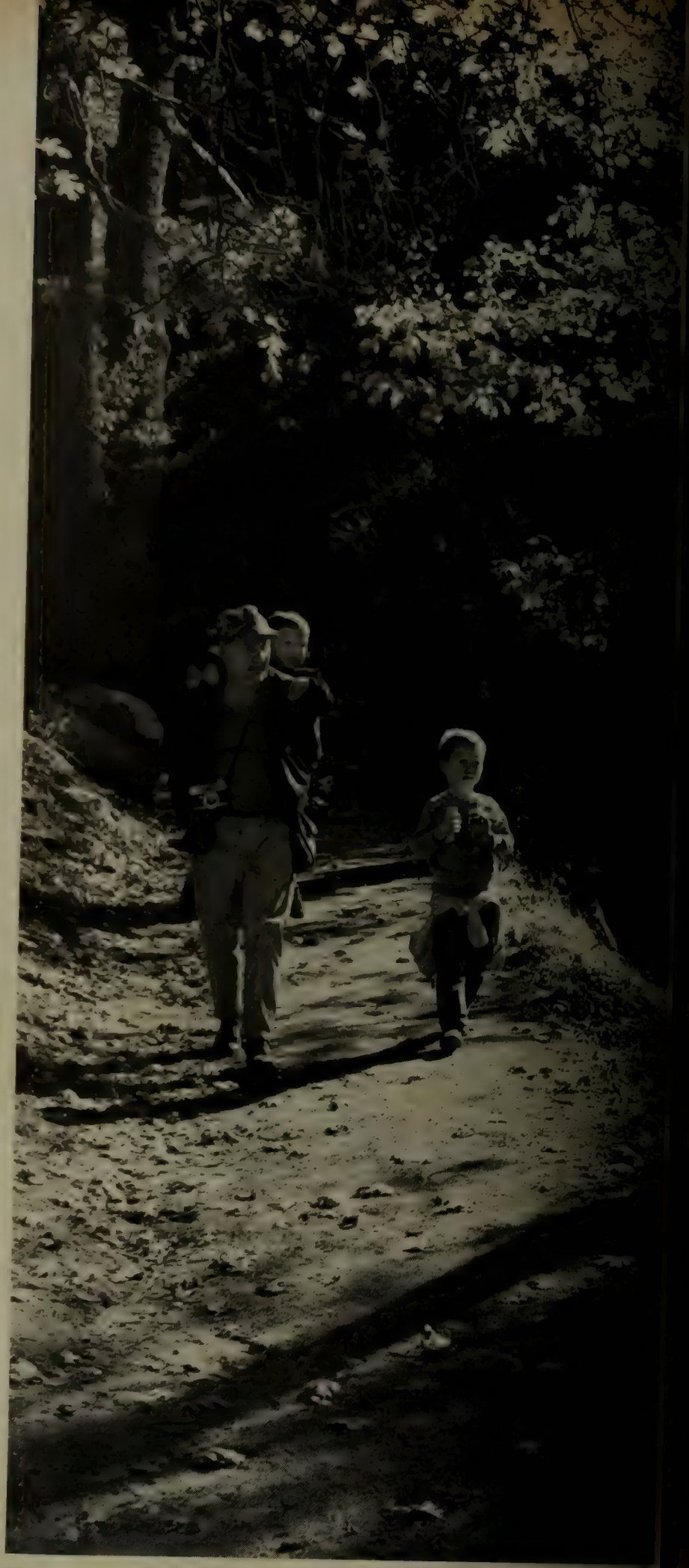
**The hills** of southern San Diego County begin all along its ocean shore, rise gradually to a mile-high crest about 40 miles inland, and then, for the most part, fall away directly to the Colorado Desert.

But one stretch of the highest skyline you can see from the west does not become a desert scarp on the far side. Here the peaks the Indians knew as *Ah-ha Kwe-ah-mác*—"Water Beyond"—conceal a broad, gentle, amply watered upland that dips to the little Sweetwater River and then rises through the woods and grassy *cienegas* of the Laguna Mountains to a final rim above the pale washes and rock-piles of the Anza-Borrego country.

Say "Kwe-ah-mác" with a euphonious Spanish "a" at the end and you have Cuyamaca, the name given to the mountains and to the Spanish rancho that became a 20,735-acre state park.

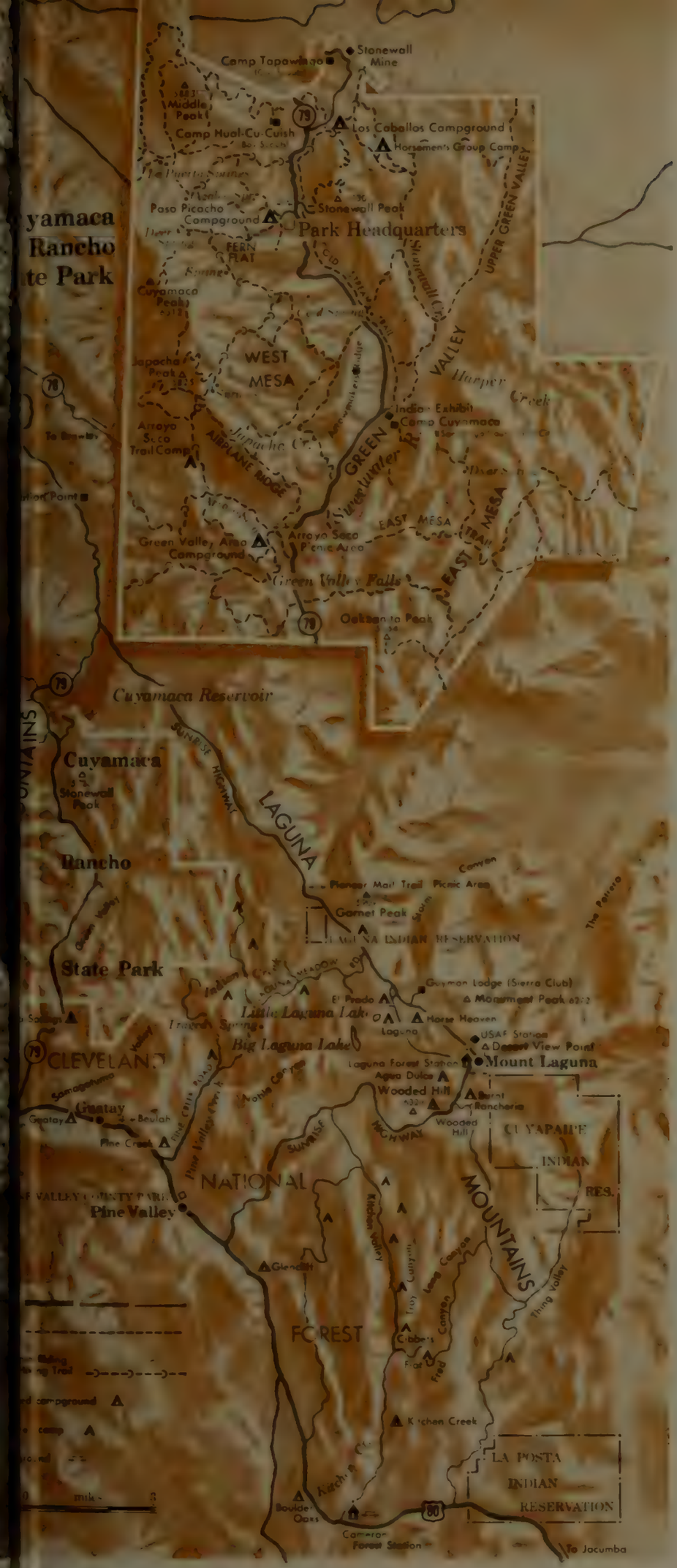
The history of the Diegueño Indian groups of the Cuyamaca region is a bit reminiscent of the long isolation of the Incas of Machu Picchu. The aboriginal Californians, too, were aware of the white man early: News of Alarcón reached them from the neighboring Yumas in 1540, and in 1542 a few of them went down to the coast for a look at Cabrillo's galleons. But after that they remained aloof and independent in their mountain redoubt for more than three centuries.

When, late in the eighteenth century, their coastal and foothill cousins submitted to Spanish soldiers and Christianizers, they kept steadfastly to their communion with the spirits of trees and rocks and animals. After the Battle of Cuyamaca in 1837, they agreed to stop raiding the white settlements, but they did not change their



WILLIAM

**Stonewall Peak Trail** *begins in these oak woods, climbs to bare crags at*




**Mexican border,** *Cuyamaca-Laguna country is unspoiled remnant of old West*

**From Mount Laguna** *to Pioneer Mail Trail Picnic Area. Kellogg black oaks along Sunrise Highway are golden in November*

**Wood smoke** *and pine fragrance blend in Burnt Rancheria Campground. In fall, camps are quiet, secluded sites plentiful*

traditional ways of living until Yankees invaded their ancestral domain in 1870 in search of gold.

The gold boom, ultimately dying down with the hasty 1880 exodus to Tombstone, built the presently peaceful town of Julian. Of the many hardrock mines, the Stonewall alone (now in Cuyamaca Rancho State Park, where there are still remnants of its big mill) is said to have produced $3,600,000 in about three years. The mines are gone or at least shut down (except one—the Eagle—at Julian, where you can take a guided tour any day of the year), yet the prospecting for gold remains excellent on any November day—if you will be satisfied with color you can't turn into cash.

In the higher parts of the Cuyamaca and

**On a picnic** *in state park's Paso Picacho Campground this month, you'll have few neighbors, abundance of rich autumn*

Laguna ranges, black oaks are the autumn champions. Illuminate their bronze and gold foliage with sunshine pouring out of blue sky (and seldom filtered through smog); add an occasional crimson splash of poison oak, the bleached brown of ripened grasses, contrasting darker backdrops of conifers and chaparral, and scents of pine and sage—and you have the makings of a heady weekend indeed. If you go *between* weekends, *Th-ha Kuw-ah-mác* will be almost your private domain.

Driving, walking, horseback riding, and camping are good all through the elevated

## This month you'll have autumn color ... few neighbors

WILLIAM

**Cattle drives** *are still part of life in border country. This roundup is in Fred C*

# Are you a self-winding woman?

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* AS LONG AS CRYSTAL, CASE AND CROWN ARE UNDAMAGED

country fanning out south of Julian. With Julian or Pine Valley as your base (there are good lodgings) or with no base at all, you can make a slow loop on State Highway 79, U.S. 80, and the Sunrise Highway (best for fall color and desert views) in half a day or less. If you find the experience worth prolonging, use the dirt roads, the foot and horse trails, the picnic grounds, the campgrounds of the state park and surrounding Cleveland National Forest, and the simple trailside and roadside sites known as hunters' camps. There is now no sign of the crowding that in summer might exclude you from camping altogether.

For some interesting details, you should have *A Guidebook to the Sunset Ranges of Southern California*, by Russ Leadabrand (Ward Ritchie Press, Los Angeles, 1965; $1.95). Seasonal information on campgrounds and trails (and on the advance of autumn color) is available from the District Ranger, Cleveland National Forest, Descanso, California, and from the Area Manager, Cuyamaca Rancho State Park, Cuyamaca Star Route, Julian, California 92036.

### *A FEW HIGHLIGHTS*

**Agua Dulce.** This campground, not far from the summer-home community of Mount Laguna, is of the new walk-in variety. You leave your car in a designated parking area and walk for about 15 minutes, carrying your gear, to a campsite with the feeling of wilderness.

WILLIAM

**Little Laguna Lake,** *flooded intermittently, usually is a meadow by summer's*

**Granite "boulders"** *were weathered from bedrock, not left by streams or glaciers*

**Indian "morteros"** *(for grinding ac are numerous. At one site we counte*

WILLIAM APLIN

**Wide firebreak** *(note superimposed road) cuts grassy swath through native cover*

**Wooded Hill.** Here the Forest Service has constructed a nature trail along which plants and other natural objects are identified.

**Los Caballos Campground** is for overnight camping by horseback riders as well as others; Horsemen's Group Camp is for horseback groups only. Facilities at both camps include corrals, hitching racks, and loading ramps. (Horses are not allowed in Horse Heaven Campground, near Mount Laguna.)

**The Indian Exhibit** contains relics and dioramas of early Indian life, housed in the imposing former home of Mr. and Mrs. Ralph M. Dyar, who sold Cuyamaca Rancho to the state for half of its appraised value. Some of the things depicted, such as acorn-gathering, are still practiced by the Indians of the region.

### *HIKES FROM PASO PICACHO CAMPGROUND*

**Stonewall Peak.** You climb about a thousand feet in two miles, to views of Palomar Mountain, Mount San Jacinto, and even the Salton Sea and Mexico. Allow at least 2 hours for the round trip.

**Cuyamaca Peak.** From the fire lookout, you can sometimes see the ocean. The upper part of the "trail" is blacktoppe road. Round trip takes 3 hours.

**Middle Peak.** Take the California R and Hiking Trail, from a point on road half a mile north of camp, t Middle Peak Loop Trail. You follo all-year stream and pass many larg dian *morteros* or mortars.

### *HIKES FROM GREEN VALLEY CAMPGROUND*

**Beaver dams** on the Sweetwater Rive clude a large one, with lodge, ½ mile d stream, numerous smaller ones upstr

**East Mesa.** This is a long hike, 4 mil so to Indian village sites in moun meadows that support many deer.

**Arroyo Seco Camp,** where you can s the night if you backpack, is just miles away.

**Cold Stream Trail** follows a nineteenth tury wagon road east of State High 79 to the Cold Spring Trail.

**Ask the ranger** about a 3½-mile loop tined for self-guiding nature trail st Usable now, it takes you to Indian ca hidden meadows, flowing streams, abandoned ricks of wood once intend fuel the mill at the Stonewall Mine.

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CHEVROLET

**looms** *beyond beach at Redondo. This is Monstad Pier; behind, Horseshoe Pier is acquiring new rooflines and new seaward arm*

# The Fisherman's Wharf at Redondo

**-timers** who remember the two Re-do Beach piers from their heyday 30 rs ago, with their great Hippodrome ry-go-round and indoor salt-water ge, will recognize only their shape e days: a straight pier and a semi-ular one.

**h side** *of pier bulges with fishermen*

In an age when many Southern California beach resort-town piers have closed or disappeared or faded in glory, these two have blossomed with new life—and a new name: Redondo Beach Fisherman's Wharf.

The pier fishermen still crowd the rails, the live bait and the tackle shops are still there. And the open-air fish markets are still in business, four of them, partly supplied now by individual fishermen each morning and partly from commercial fish landings over at San Pedro.

Party boats and the shuttle boats out to the offshore fishing barges no longer leave from pier end. Their new headquarters is shoreward of Basin 3, on Harbor Drive. They and an excursion boat operate every day. You can also rent a skiff there; telephone (213) 372-2211 for information.

Basin 3 was one addition on the landward side of the piers. Another is a 1,000-car parking structure (50 cents all day; 75 cents, weekends) that eases access.

And changes have occurred on the Horseshoe Pier. It now has a bright new complex of restaurants and specialty shops. The combined piers offer 16 hand-out food

**On curved pier,** *Fisherman's Village has tidy new shops, eating places, walkways*

# jet to east africa

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**Jet to Entebbe,** for example, where you can go boating on the Nile, thrill to the thunder of Murchison Falls, view Africa's exotic wild life at close range, see the sights of Uganda's modern principal city, Kampala. (Sightsee independently, or with a tour.) But this is only one of many colorful vacation spots in incredible East Africa, and you can enjoy the best of them —including the popular Historic Tour of Ethiopia—on Ethiopian Airlines. On the way, or on the way home, you can swing through Europe, too, at no extra air fare. And you'll fly in luxury all the way. *May we send you our new East Africa brochure?*

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**Fresh** *from sea, crabs and abalones are p pared for delivery to fish market on*

bars, with a variety that ranges fr cracked crab to Greek kabobs, to eat you stroll or sit at an outdoor table.

Or you can dine in one of nine rest rants, especially pleasant at sunset when the sailboats stream out of ne boring King Harbor for a race.

The shops have come a long way from kind of curio stalls that used to cro amusement piers: You'll find a Dan bakery (from Solvang), a pearl shop, art gallery, a specialty food store, an cream parlor, sportswear shops.

The latest addition will be opening t month. An 85-foot-long extension out a ward from the center of the Horses Pier, it will contain a Polynesian rest rant and a kind of mall with a long, gift shop down the center and speci shops flanking it.

**Ordinance 1936** *wasn't being enfor when this was taken—at fishing boat d*

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iego Zoo, world's largest! Bus tours, Children's Zoo; in Balboa Park, city's cultural center

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# If you plan to fly trans-Pacific ...why not detour a little?

**The Micronesian battlegrounds** of World War II lie along the newest air route to the Far East. Tropical island-hopping across a stretch of the Pacific as broad as the continental United States can cost less than flying conventional routes if your destination is Hong Kong or Bangkok, only a little more if you're Tokyo-bound.

Air Micronesia jets leave Honolulu and Okinawa twice a week and touch down at points in the Marshalls, Carolines, and

**You can rent** *a thatched hut on several of Palau's unique limestone Rock Islands. You arrive by launch, bring food, sleep on woven mats*

**Jet arrival** *is event on Majuro, a chain of atolls with fine beaches around a 35-mile-long lagoon*

**New air route** *serves key islands in 3,500-mile span of Trust Territory, from Hawaii, Okinawa*

ROBERT W

**Catholic church** *at Tanapag, Saipan, shows influence (evident only in Marianas) of Spain's 200-year reign*

ingswood Estate 3-Seat Walk-In Wagon.

# hevrolet introduces the walk-in wagon.

Here's a wagon that welcomes you the back door without making you op over to keep from banging your d.

Now you simply walk up a step in bumper and walk down a step ide. Then you simply turn around l sit right down.

Don't worry.

We've slanted the back end to help p the roof out of your way.

Another thoughtful design is our dual-action tailgate. Its concealed door-openers won't catch a sleeve like an outside handle.

Another: You can add headlight washers.

Still another: Tri-Level loading in most wagons. Order a roof rack for load space on top, in addition to the load space you have inside and under the rear floor.

Performance? One quick answer is the new 327-cubic-inch V8, standard in many models. It's the largest standard V8 in its field.

Look over both our wagon sizes, biggest and big. Even the names are new. All at your Chevrolet dealer's now. Just walk in.

CHEVROLET

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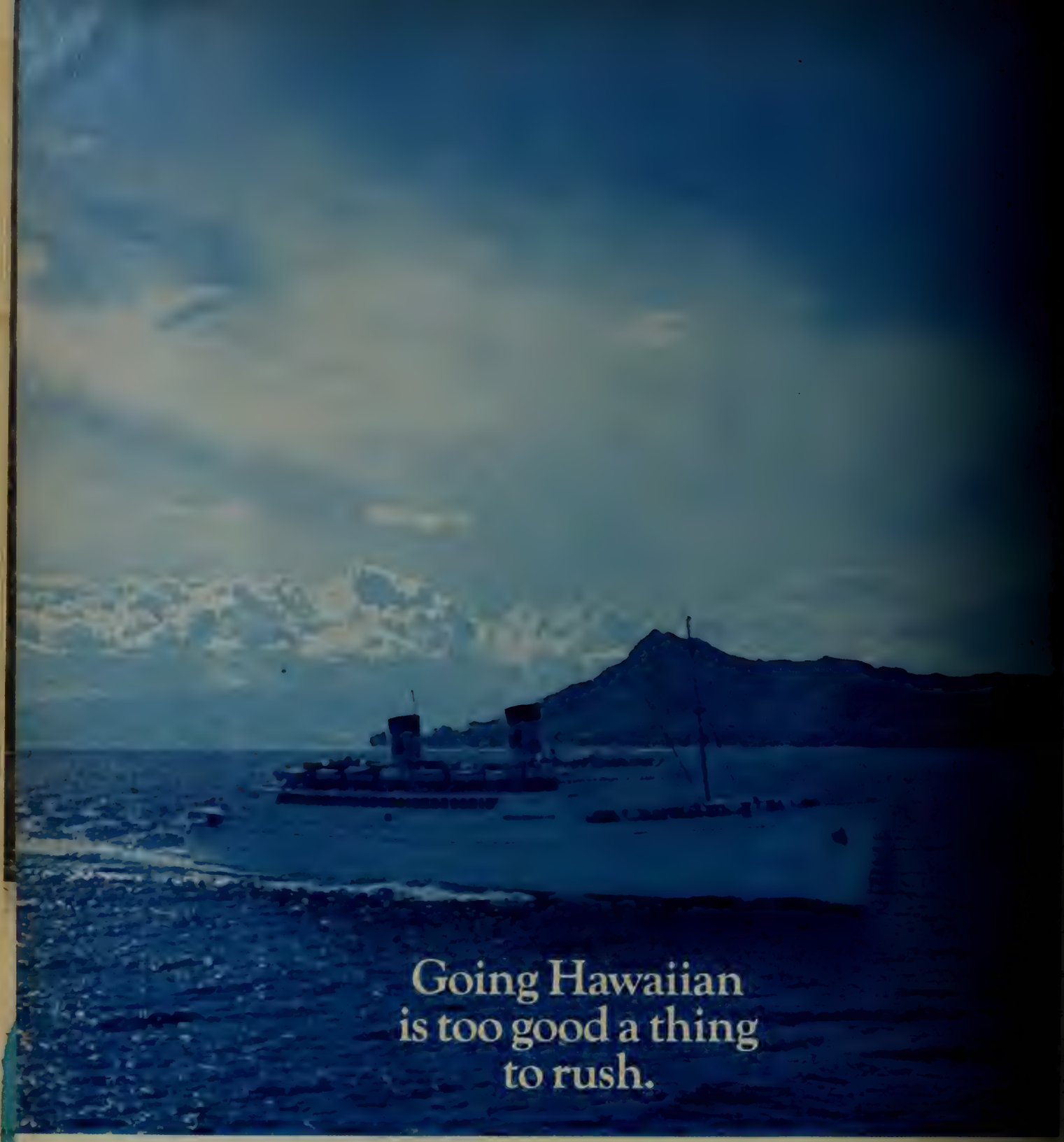



Relax and enjoy it in the Grand Manner of Matson.

Come along on a five-day cruise between California and Honolulu, or take a fifteen-day cruise from California to the four major islands of Hawaii. The comfortable Polynesian atmosphere of Matson's SS Lurline will put you in a wonderful carefree mood. And for a time you will know what it is like for the sea and the sun to become a part of your life.

The fine food, the spacious cabins and lounges, the lavish parties every night —everything about the Lurline has a style that has become known as the Grand Manner of Matson. It is, in every respect, an exclusively First Class ship.

The Lurline's regular five-day cruises to and from Hawaii depart every twelve days from San Francisco, or Los Angeles, and Honolulu. The fifteen-day cruises leave six times a year from California and call at the islands of Oahu, Kauai, Maui and Hawaii. On these four-island cruises the ship is your hotel at each port. You'll unpack just once, then relax and enjoy a wonderful two-week vacation. And, as you'll discover, there is no more bea tiful way to enjoy Hawaii than ship, whether you sail round trip, o way, or take a 15-day all-island crui To select your sailing date and acco modations contact your travel ag or Paul Thompson, Matson Cru Consultant, 110 Mission Street, S Francisco, CA 94105.

SAFETY INFORMATION: SS Lurli registered in the U. S., meets Inter tional Safety Standards for new sh developed in 1960 and meets 1966 Fire Safety Requirements.

Matson Lines

ROBERT WENKAM

**gathers coconuts** *on the Rock Islands. Lagoon abounds in shells, turtles, fish*

nas. Other Air Micronesia planes fly between Saipan and Guam, and con- aipan twice a week with Palau, Yap, Ponape, Kwajalein, and Majuro.

island cluster has distinctive attrac- the white sand shores of Majuro, e's centuries-old ruins, green moun- rising out of Truk's vast lagoon, war on Saipan, Yap's famous stone , carved storyboards in Palau.

Honolulu, Majuro is 5 hours away, another 7½, Okinawa 3 more. A d fare for this route, $293 one way, if you make two or more 48-hour ers between Honolulu and Guam.

**Caves** *like this in island near Koror (Palau) were hangars for Japanese seaplanes*

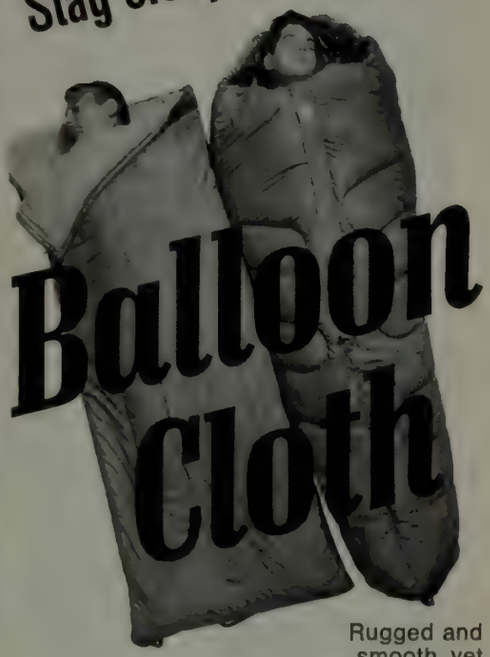
**couple** *rides carabao-drawn cart; see other carabao working in fields*

Flying from Honolulu to Palau costs $264 one way if you make the required stopovers. You board a DC6B for the Guam-Yap-Palau leg. Guam to Saipan, a 45-minute jog, costs $16 round trip.

Tourists complete an entry form in flight but should have proof of citizenship (or U. S. visa if not a citizen), vaccination certificate, and onward ticket.

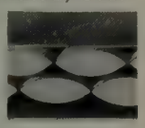
Be sure to reserve hotel space through district administrators. Saipan has the modern 50-room Royal Taga ($15–$22 for two without meals), but on other islands hotels are just boarding houses ($5–$10 for two). You can arrange tours, trading and charter boat trips, and car rentals through hotels or district administrators.


exciting new discovery in Stag sleeping bags!



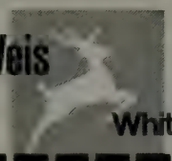

Rugged and smooth, yet lightweight . . . *that's balloon cloth.* Tightly-woven, wind and water resistant and completely washable . . . *that's balloon cloth,* one of the toughest cottons made. Now Hirsch-Weis/White Stag offers high-thread-count balloon cloth covers on two sleeping bag styles, the square-cut Packer and the tapered Hiker. Combined with Improved Dacron® 88 polyester insulation, this high quality fabric gives you maximum warmth at minimum weight. Check the features (and the reasonable prices!) at your dealer . . . where you see the Sign of the Stag.

**THE PACKER** *(above, left)* features tan balloon cloth cover, contrasting rust percale lining, 33″x78″ finished size and a stuff bag. Insulation is in laminated, overlapping tubes (see illustration) for greater warmth and 40% more loft than regular quilted construction. Style 722DQ—2 lbs. insulation; 723DQ—3 lbs.



**THE HIKER** *(above, right)* is an extremely lightweight tapered bag with tan balloon cloth cover, metal insulated lining, insulated hood with drawcord, and a stuff bag. Great for hikers and campers who want the most warmth at the least weight. Style 5063—2 lbs. insulation; 5067—3 lbs., extra long.

Hirsch-Weis



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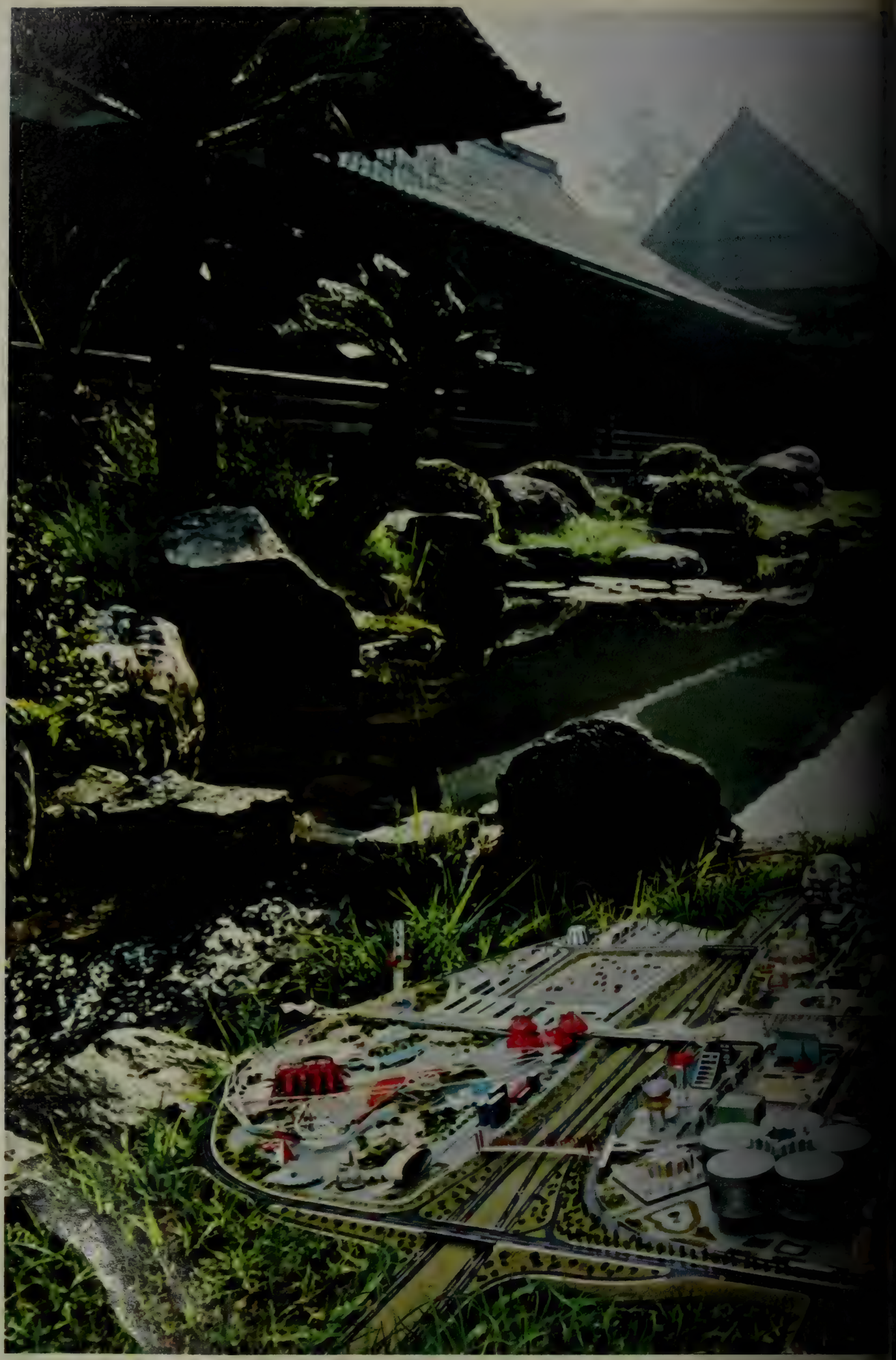
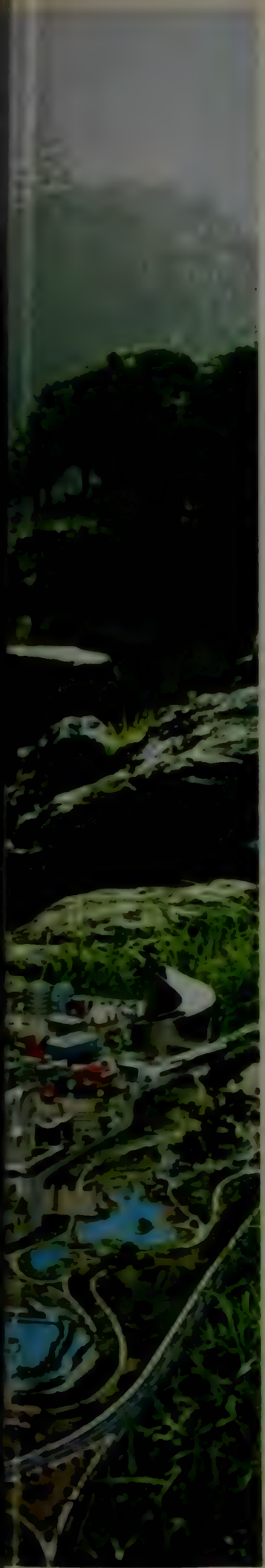




# On March 15, 1970, a new world comes to life in the heart of old Japan...

## EXPO'70!

**The first World's Exposition ever held in the Orient opens for 6 months in Osaka—the center of Japan's lovely Kansai district, home of her culture for over a thousand years.**

Picture yourself standing at the center of EXPO'70. You've been through the 815-acre grounds on an air-conditioned moving road of the future. Had a glimpse of life in the next century. Seen the faces and arts of more than 30 great nations.

You're just 20 minutes from sparkling downtown Osaka, Japan's second largest city. But in half an hour in another direction you can be roaming a graceful temple that's sheltered the spirit of Japan for 1300 years. Exploring a castle of the ancient *shoguns* whose floors have singing boards. Or starting off on a cruise through the watercolor beauties of the Inland Sea.

You can take the weekend off and go to a Japanese inn high on a hilltop and fall in love again with simplicity. Stretch out in a hot spring where fierce *samurai* came hundreds of years ago to soothe their battle scars. Then relax in a light cotton *yukata* while dinner is prepared and served in your room with a personal care you'll find nowhere else in the world.

Then back to EXPO! Perhaps to watch the opera. The ballet. Listen to a symphony. Take in a play. Or watch four of the great festivals of Japan presented in one place. Something no one has ever seen before, or ever will again.

There will be only one EXPO'70 in our lifetime. Can you afford to miss it—and Japan?

**EXPO'70**
**the year of Japan**
"Progress and harmony for mankind"

**A desert shelter** *of sculptured concrete, one of many such buildings at Paolo Soleri Studio. In foreground, a bell assembly by*

# North of Phoenix . . . Paolo Soleri's building sculpture

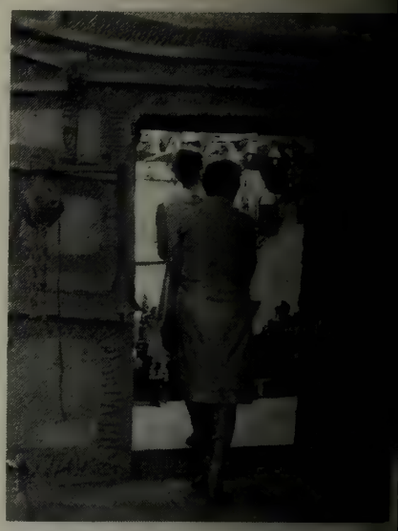
**Earth-mounding** *technique on a smaller scale. Earth is piled, shaped, covered with concrete; then it's dug out from the shell*

**A cluster** of highly unorthodox buildings has grown up on the Arizona desert near Scottsdale: the Paolo Soleri Studio, living and working quarters for the architect and his apprentices. If you would like to see how Mr. Soleri proposes to solve some of the problems of housing future generations, stop by. The studio is open every day from sunrise to sunset.

On your left as you enter is the north studio, where you can see drawings and models of enormous structures that represent Soleri's ideas of cities of the future. On your right are the workshop and display rooms for the distinctive Soleri bells and sculptures.

And all about are the imaginative results of the architect's earth-casting techniques.

To get there, take Scottsdale Road north to Double Tree Ranch Road; turn left and drive about a mile farther.



**Inside** *it's cool, attractive—and surprisingly sensible. Walls show where paper separated earth and c*

# Drivers, your time has come! Break away with our Firebird 400.

Far be it from us to deal in the sensational, but then that's what our Firebird 400 is really all about. For the 400 is still another example of the well-known sport of Wide-Tracking. Especially when you look at what we give you to work with. A 400-cubic-inch Quadra-jet V-8. A standard 3-speed manual, or you can order a 4-speed stick or 3-speed Turbo Hydra-matic. Continue on. Redline wide-oval tires set on husky, 7-inch rims. And a new suspension design that softens the ride without sacrificing Firebird's fabled bite. Include comfort, too. The 400 (and all its Firebird cousins) provide richly padded bucket seats, upper-level ventilation so you don't need vent windows, carpeting and dozens of custom touches throughout. Made your date with a Pontiac dealer, yet? He's got your work cut out for you in the Firebird of your choice. And it sure is nice work.

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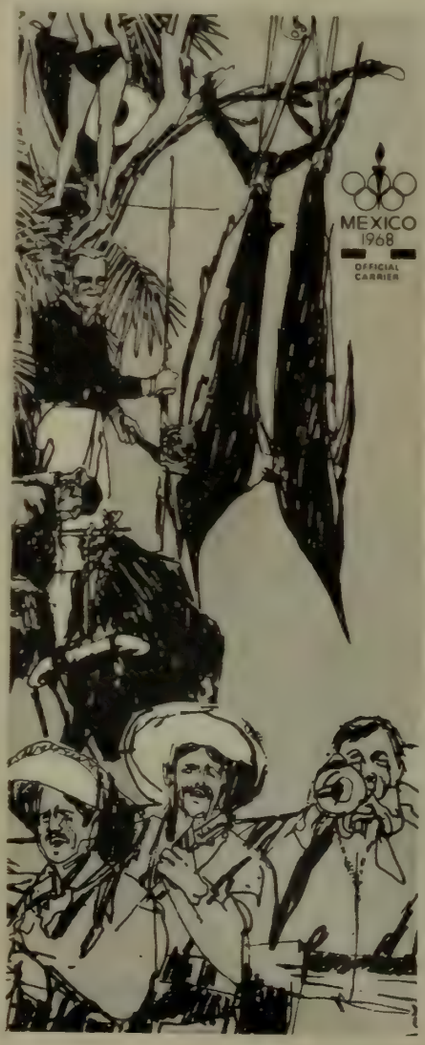



MIKE AND MARY HAYDEN

**Fishermen cast** *for big rainbows on crisp autumn day along Merced River*

# Extra fishing weeks on the Merced

**The decision** of the California Department of Fish and Game to extend the general trout season by two weeks this year to November 15 won't much affect High Sierra fishermen; the weather there is too cold and at high elevations there is often snow early this month. But it will make a difference in the foothill areas, where the extra two weeks may provide some of the best fishing of the year.

The Merced River, for example, as it spills out of Yosemite National Park at El Portal and for 15 miles along California Highway 140 to the town of Briceburg, is ideal for late-season fly casting.

On the Merced this month the days should be warm, the nights cool, and the river clear and low, with fast enough flow to provide sufficient oxygenation. The water should be cool enough to keep the trout full of zip, but not so cold that the hatching of insects is retarded.

The elevation along the river between El Portal and Briceburg ranges from 2,000 to 1,200 feet. The highway parallels the river, but to get to the water you must climb down some steep, rocky, and brushy banks. Nevertheless, the river is kept well stocked and gets heavily fished, even during the intense heat of summer. Only the smartest and the largest trout survive to autumn, when they begin to gorge selves in preparation for winter.

By autumn there is also a decrease number of fishermen. The trout, pri rainbows, range in size to 16 inche although hatchery reared they can tumn be considered wild. They such popular bait as salmon eggs, worms, and grasshoppers. Live and dry flies appear to be most effe

Fish carefully. The sun is low this of year and if your shadow falls acr water it will spook these wily old erans. You may want to wear hip bo chest-high waders, for it is necess ford the often swiftly flowing riv reach the best water.

You can expect rain this month. B headwaters of the Merced are in na park land where there is no mining bering, or any obstruction interferin its natural flow, so the water clea rather quickly after a storm.

For part of its course between El and Briceburg, the Merced form boundary between Sierra and Stan national forests. Two campgroun along the river in Sierra National F Indian Flat Campground 5 miles w El Portal, and Redbud Picnic Area 3 farther west.

*New Zealand is for*
*a very special kind of bird.*
*Maybe even you.*

ew Zealand is where you can stretch your wings. et loose. Live. New Zealand is powerful stuff—with igged cliffs and boiling lakes, a mysterious and beauful glowworm grotto, and frosty glaciers that move eneath your feet; and it's also so gentle and sweet, is "land of the long white cloud." With forests of hispering fern and meadows filled with grazing heep and quiet beaches and charming inns and the ost friendly people you'll ever meet. New Zealand for you to catch a fighting trout, watch a Maori aditional dance, explore a Scottish city, drink in an nglish garden tavern. In the small world of New ealand you can find just about everything. Many eople come to New Zealand to simply find themelves. Jets depart daily and luxury liners make reglar calls to this—the most marvelous place in all the world. But remember—the islands of New Zealand are for a very special kind of bird: you?

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Like a lot of his contemporaries, Mike's not ashamed to save money. And he knows that sometimes it pays to borrow. For the now things. Without disturbing his tomorrow plans.

For instance. When Mike wanted to add a room to his home, he remembered Avco. Because Avco—along with making Lycoming aircraft engines and New Idea farm equipment, writing Paul Revere insurance policies, and serving Carte Blanche credit card holders—also makes personal loans. Through Avco Financial Services.

We're in business to help Mike and the family get that room. Or a new car.

Mike's saving, still. And still borrowing. From Avco—the company that likes to loan money to people who know the value of a dollar.

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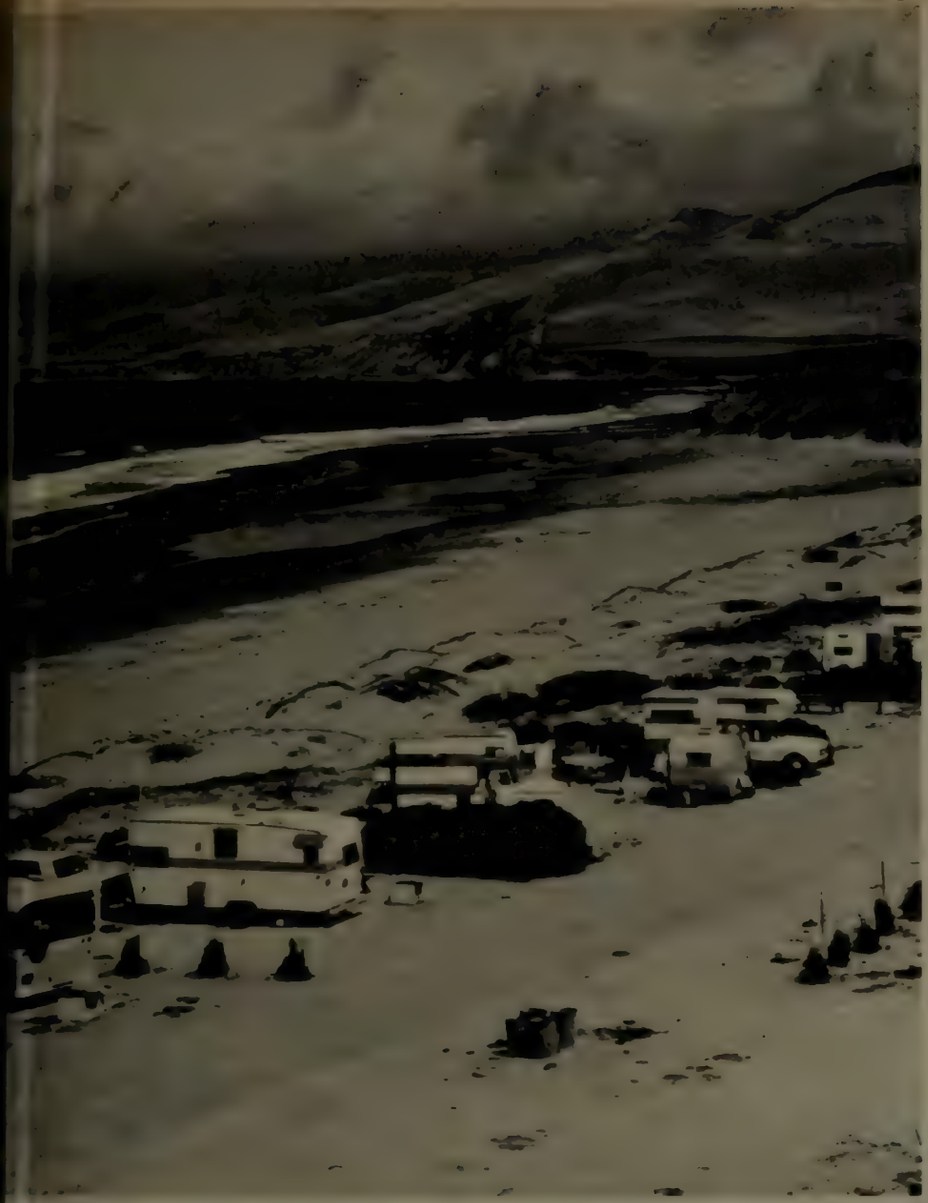

**campers** *at secluded Jalama Beach have good opportunity to fish, or walk, or ct bounty of a heavy surf. Campsites are mostly right along the wide beachfront*

LAMA BEACH:

# A fall favorite with campers

**na Beach** is wide and wild looking. vy breakers crash almost head-on into shore, causing fierce rip currents and ing behind sand, rocks, shells, and wood. The small dunes on the beach, ther with the scattered piles of drift- l and seaweed, give it the look of the eline much farther north.

he mouth of a canyon on the great t between Point Arguello and Point ception, Jalama Beach has at times e of the stormiest weather, wildest ls, roughest water, and most treacher- currents on the coast.

ough the beach is far from a main way, in summer it attracts crowds of ors. But this month you can expect to find it less populated. The weather may be still and balmy, or you may see some of the blustery drama of the storm season

**Coastline** *turns east at Point Conception; Santa Barbara is 45 miles east of the point*


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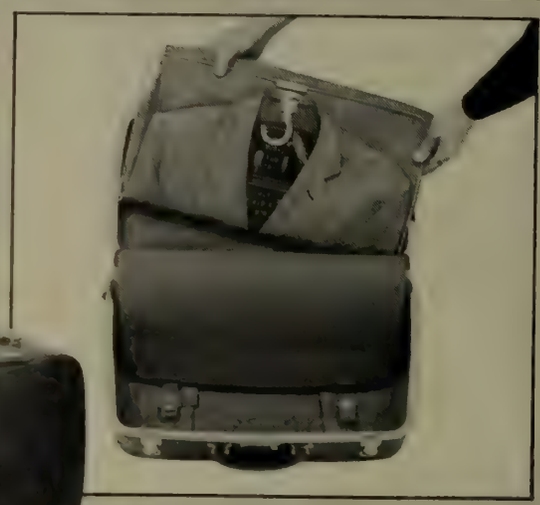

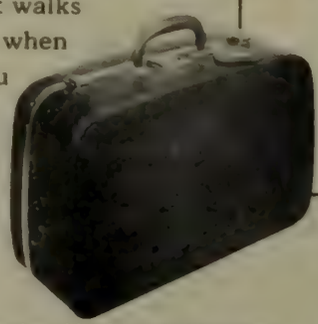

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**For all those people who thought they would miss the old Imperial, here's what is going up in its place: The new Imperial. A majestic, 17-story high rise scheduled to open in March, 1970, on the site of our old wing. With a thousand spacious new rooms added to the 600 in the present building, the Imperial will be the largest hotel in the Orient. And then, as now, you can be sure the Imperial's famous personal attention to service, and its matchless facilities in the heart of the world's biggest city, will live up to the name. Imperial...and the legend continues.**

IMPERIAL HOTEL

T. Inumaru, President and General Manager TOKYO

**The heaps of driftwood** *and seaweed Jalama Beach an austere northern*

that is on the way.

The narrow and winding road to Ja leaves State Highway 1 about 5 south of Lompoc, California, and ru miles past Jalama Valley cattle ran over the gentle Santa Ynez Mount and down into Jalama Beach Co Park. You camp in relative quiet here big sounds are strong wind and surf an occasional train rattling across trestle you can see from the park.

There are 100 campsites in the park, with a firepit and a table. For $1 a you can pitch a tent or pull a trail camper into any one of them. How there are no trailer hook-ups, and need to bring your own ice.

Rock collectors especially like Jalam this time of year. The heavy waves moonstones and agates onto the b Other stones include jasper, jaspagate travertine.

A sign in the window of the park's store is an indication of another pri be had here. It says, "Whalebone, 25 a pound. See Ranger." The whalebo petrified.

Also along the beach and around shale cliffs nearby you may find foss Indian artifacts, for this was once the of an Indian village.

Surf fishing here is good. Your catch include perch, sea-trout, or bass.

A small concession stand in the park groceries, bait and tackle. A ranger residence all year at the park.

Make sure your gas tank isn't getting by the time you reach Jalama. The ne station is about 20 miles from the

# Before you spend a fortune doing over your house, spend 50¢ on ideas.

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**High on mountain,** *road links mine in hill off to right and mill that descends hill at left. Tour group in back approaches mill en*

# The old gold mine . . . on Tropico H

**Of all** the mining-era tourist attractions in Southern California, our candidate for the one with most substance and least hokum is Burton's Tropico Gold Mine, Mill, and Museum, 4 miles west of Rosamond in the Antelope Valley. It is really two separate places. One contai mine and mill—both real, and in tion as recently as 12 years ago—h Tropico Hill; the other is the gold site below it. Both have museums. In the cool gloom of the mine you'

**Vehicle collection** *in Gold Camp, on flat land below mine, includes many old cars and this primitive mobile steam engine*

**Building collection,** *mostly moved in and restored, includes now used for meetings of Kern-Antelope Historical S*

**If Lincoln Continental made a wagon this would be it.**

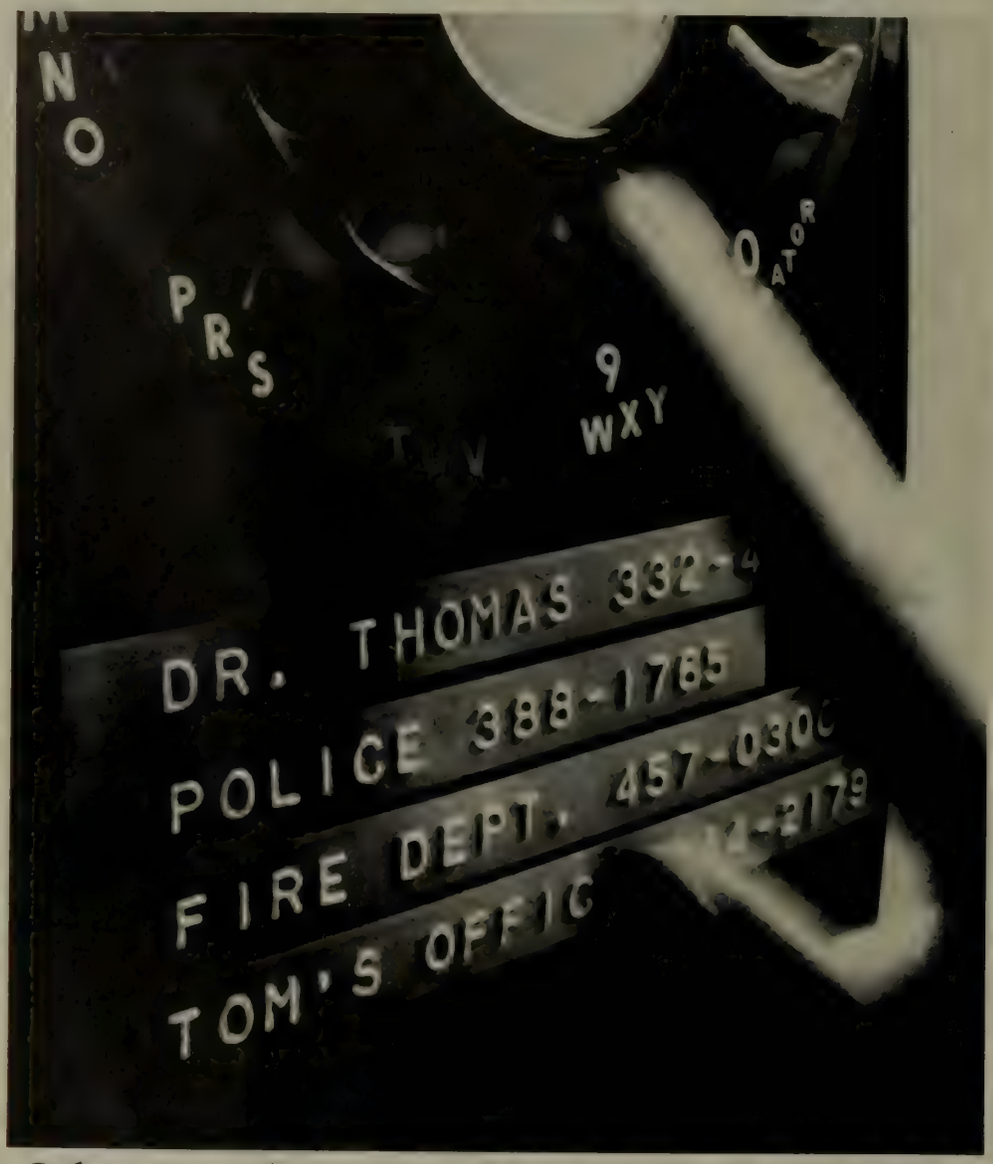
The fact that the new Marquis Colony Park wagon bears a family resemblance to the Continental is no accident. They both come from the same people who make the Continental. It's the only wagon in its class where you don't have to open the rear window to open the rear door—a further improvement on our famous dual-action tailgate. (The center-facing rear seats, shown, are optional.) The Colony Park has concealed headlamps, new simulated yacht-deck paneling, and 96.2 cubic feet of storage space (plus 9.1 cubic feet of below-deck storage in two-seat models). Wagon enthusiasts swear there is nothing like a Colony Park. You will, too.

**Lincoln-Mercury leads the way with the new COLONY PARK.**

NCOLN·MERCURY

Ford

# Give your wife a Dymo Labelmaker and what does she do?




# She takes advantage of it.

Clever little devil, isn't she? If she's like most wives she'll find about a zillion other uses for it too. Like labeling her spice bottles and kitchen cannisters and putting names on kid's toys. Of course, that's only a few out of a zillion, but it won't take her long to discover the rest. The Dymo Labelmaker embosses neat, easy-to-read raised white letters on colorful self-sticking vinyl tape.
Isn't that worth taking advantage of?

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A Division of Dymo Industries, Inc.

**Mine exit** *is on 100-foot level of 90 shaft. It's always cool, so wear a*

gold ore and miners' gear, proceed th a stope (the cavity left after a mined), and see a 900-foot shaft. W 87 wooden steps down through th (and back up), you get a thorougl of how gold is separated from ore The gold camp, a village of 16 old ings richly furnished with antiqu cludes an old one-room school, a con bath-barber's-dentist's and post of assay office, and others. You can lunch in a railroad section house. Mine and mill are open all year, 9:3 to 4 P.M. daily except Tuesday Wednesdays. Admission—$1 for 75 cents for children 5 to 11—in the guided tour. The gold camp, wh opened in October, will be open on ends (same hours) until next su Admission is $1 for adults, 50 cen children. Combined admission to places: $1.75 for adults, $1 for child

**Antique** *and desert glass, sun-purp yellowed, was start of Tropico coll*

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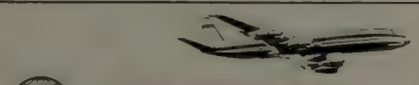

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# This executive ommutes to a service station every day.

When you were a kid, a Shell er was just a mechanic.
A car would pull up in front s pump, he'd drop his wrench, his hands on an oil-soaked saunter out and ask, "How y gallons?"
Today he often wears office es. Has employees pump the And makes a good living.
How did it happen? Well, for thing, take a look around at new Shell stations today.
They're not the inky, dinky gas ons of 20 years ago.
They're large, complex busi- operations.
Many Shell stations do a me of over $300,000 a year.
And have up to 15 men work- here.
Today a Shell dealer has to a lot more than how to wipe a windshield. Or turn a wrench. (If he doesn't he's in trouble. He won't survive in the business world.) He has to be a good salesman. A public relations man. A bookkeeper. An excellent manager of time and men.

And a man who knows which fork to use when he takes a client out to lunch.

In other words, he faces the same challenges any hard-working businessman faces who's in business for himself.

And the same responsibilities.

Working as a fund raiser. Taking part in safety seminars. Serving on committees for better schools, cleaner neighborhoods.

To the Shell dealer, a community is more than just a place to do business.

It's home.

SHELL

# *Give your wife Hawaii for Christmas. And open it next July.*

It's simple to give Hawaii for Christmas. And to go there next year at your convenience.

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You'll get everything in one neat package—jet tickets, hotel rooms, sightseeing trips, rental car—the works. You can charge it with your United Credit Card—and pay for it easily, by the month.

Frosting on the cake: your Travel Agent even has a colorful Hawaiian beach bag to slip your tickets in and put under the tree. It's yours for next to nothing.

Go ahead. Surprise your wife with Hawaii for Christmas. It costs a lot less than you think—and it pays for your vacation next year, too.

*fly t friendly of Uni*

"Merry Christmas."
"Happy 4th of July, Dear."

**et stalls** *under striped umbrellas are ed with colorful vegetables, fruits*

**age stand** *is a popular stop—you eat traditional* weisswurste *before noon*

# *Munich's open-air produce market*

**ich housewives** shop for produce at city's colorful open-air Viktualien-kt, near the Peterskirche, where rian farmers truck in fruits and vege-s from all over southern Germany. he market, women in their sturdy n aprons and men in *lederhosen* mix er with business as they offer their uce to leisurely shoppers.

ough often overlooked by visitors, the ket provides a colorful insight to life Munich, sometimes known as "Ger-y's largest village." You can stroll ng the gaily covered stalls to enjoy bright kaleidoscope. You'll see dozens egetable stands, several flower stalls, oultry stand or two, and fish tanks re shoppers select their dinners from ng the swimming fish.

nich is Germany's sausage capital, and isit is complete without a stop at a age stand, where you eat hot sausages your fingers, right on the spot.


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Sunset
THE MAGAZINE OF WESTERN LIVING
NOVEMBER 1968

# Gold rush town

## November's a good month to visit Columbia, a living museum

**Stagecoach rides** *(50 cents for coach passengers, 75 cen shotgun seats) leave from the Express Office on weekend*

**Porch rocker** *at Fallon House has a view across Washington Street to Masonic Hall*

**Columbia** gained its reputation as the "Gem of the Southern Mines" back in the 1850's when its optimistic citizenry erected a city of red brick and iron-shuttered buildings on the site of a rude gold rush mining camp known as Hildreth Diggings. In the busy years that followed, the topsoil surrounding the townsite gave up about $87 million in gold, and Columbia reveled in a brief but brilliant period of booming prosperity.

By 1860 most of the easily-won placers had been depleted, and the miners moved on to more promising areas. The once lusty city drowsed peacefully in the Sierra foothills, still alive but far removed from the soon-to-be-established paths of the railroads, highways, and

**Visitors** *enjoy a picnic in the old apple orchard on Columbia Street*
GLENN CHRISTIANSEN

You can sit on Main Street

*Main Street in old Columbia is a good place for strolling, shopping for gold country mementos, or just passing the time of day with some of the residents*

**Belly up** *to the bar, boys, for a tall cold sarsaparilla at the Stage Drivers Retreat*

**Candy Kitchen** *specializes in crèm bonbons, miner's rock crystal cand wide variety of lollipops and cand*

## Open for business along Main Street in Columbia . . . sarsaparilla bar, candy kitchen, old-time one-chair barber shop

other routes of change. Unsullied by the passage of time, Columbia grew old with exceptional grace.

Now, a century and some years later, old Columbia is protected as a historic park and is by far the most carefully preserved of the rowdy mining towns that sprang up across the gold-rich hill country of California's fabled Mother Lode.

The present-day Columbia State Historic Park is much more than a handsome collection of restored buildings. Although the state now owns most of the downtown property, this is still a living community. The volunteer fire department still responds to occasional alarms (but not with the marvelous old hand pumper *Papéte*, now used only for display, parades, and occasional pumping competitions the *Columbia Gazette* still publish venir editions.

You can buy stamps or mail a post card from the town's busy fice, sit in on a legal proceeding at Main Street courthouse (when the court is in session), or shop for supplies at the old-fashioned gener

on the corner of Main and Jackson streets. There's a square dance over at Angelo's Hall almost any Saturday night of the year, and the bells of several venerable churches still call parishioners to worship each Sunday morning.

### *ACTIVITIES FOR THE CHILDREN, NOSTALGIA FOR THEIR ELDERS*

Youngsters especially enjoy the easygoing pace and historic flavor of old Columbia. They can pan for gold down in Matelot Gulch, ride a jouncing stagecoach through the granite-ribbed hills behind town, sip a sarsaparilla at the old Stage Drivers Retreat saloon, get a haircut at the oldest barber shop in the state, or sit down to a platter of Hangtown Fry or some other forty-niner delicacy amidst the turn-of-the-century elegance of Columbia House Restaurant.

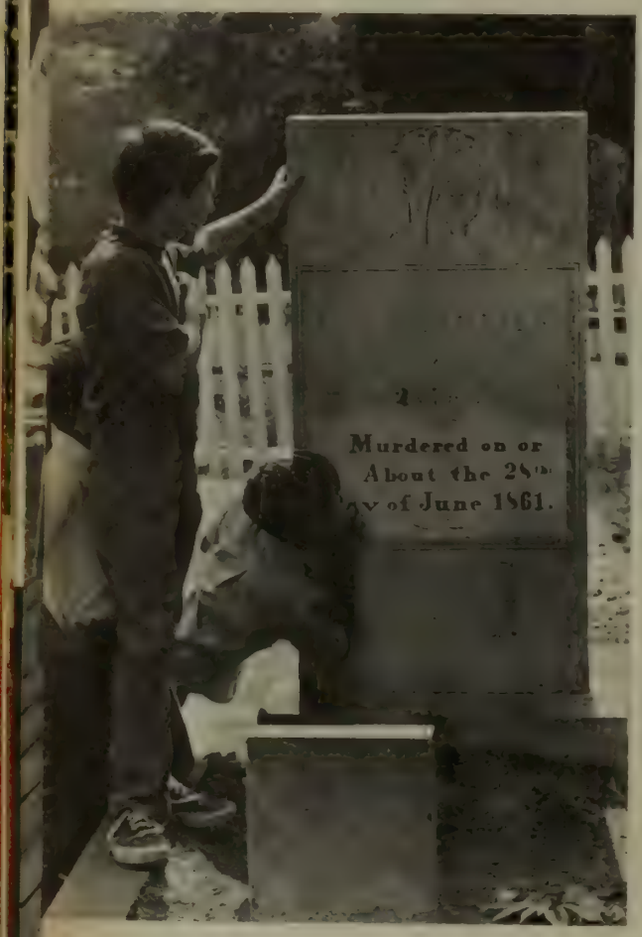
They can shop along Main Street for miner's rock crystal candy, gold pans, leather goods, Western clothing, and gold country souvenirs. There are old freight wagons that beg to be climbed upon, rocky grottoes down in Matelot Gulch that invite exploration, and a museum with a display of gold nuggets.

For the more "mature" visitor (even those whose memories date back only as far as the 1930's), there is much to evoke nostalgia: the old ice depot with great 100-pound blocks of ice stacked neatly in sawdust; the corner grocery with its glass-fronted bins filled with rice, macaroni, and

**What's he doing** *to Granddad? Concerned spectator supervises tonsorial operation*

GLENN CHRISTIANSEN

# In Columbia small boys can do a lot of climbing around




**Grave markers** *reveal tragic incidents of gold rush history to fascinated youngsters*

**Young desperadoes** *stage a freight wagon holdup on Main Street. Real bandi as Black Bart and Tiburcio Vasquez plagued highways here a hundred yea*

various shapes and colors of beans: the sparkling sweetness of a strawberry phosphate at the marble-topped counter of the old confectionery.

For many, the most treasured memory of old Columbia will be a quiet stroll along Main Street, calling to mind other main streets and other times.

*A NOVEMBER VISIT*

November is a particularly pleasant time for a visit. The spreading boughs of ailanthus make a brief but respectable show of golden fall color against the dark red brick of the old buildings, and the streets are mantled with dry brown carpets of elm leaves and the brittle, cigar-shaped seed pods of the now-leafless catalpa trees.

Afternoons are shorter this month but still balmy and warm, and there's an invigorating chill to evenings and early mornings. An occasional November rain may dampen spirits, but the sun will soon be out again.

The stagecoach operates only on weekends at this season of the year, and most business establishments clang their big iron shutters closed around 5 P.M. Columbia House Restaurant is open until 10 P.M.; if you fly up in a private plane, a shuttle bus will meet you at the airport.

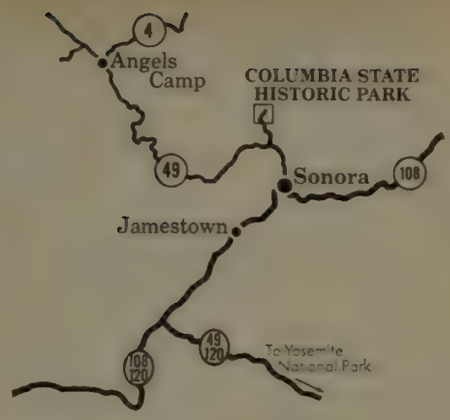
Maps and brochures describing local attractions are available at the museum or from park headquarters on Jackson Street. A tape-recorded commentary to take with you as you walk through the town can be rented at the barber shop or the newspaper office for $1.25.

State-maintained picnic areas (fi not permitted) are located in th parking area at the foot of Main and on Columbia Street across fr old jail. There are no public camp cilities in Columbia, but two large campgrounds are located nearb KOA Kampground (70 units), ¼ m of Columbia on Yankee Hill Ro tent sites, trailer spaces, showers, laundry room. The Columbia S Ranch Campground (26 units), ab mile north of Columbia on Itali Road, has similar facilities. Price around $2 a night per vehicle.

You'll find a few small motels and parks on the outskirts of Columbi a wider selection of accommodati nearby Sonora.

Columbia is 140 miles east of San Francisco

**California Highway 49,** *appropriately numbered to commemorate the gold rush of 1849, traverses the entire length of California's Gold Country, from Sierraville to Oakhurst, calling at many of the historic towns along the way. Columbia State Historic Park is a short detour off this highway, about 5 miles north of Sonora*



**bia shopkeepers** *wear costumes in dition of California gold rush days*

**About 5 o'clock** *on November afternoons, shops begin to close their shuttered doors*

GLENN CHRISTIANSEN

**Red flannel hash,** *bean soup, and Hangtown Fry are just a few of the forty-niner delicacies served up at Columbia House*

**ed prospector** *shows a small specimen d-bearing quartz to young Argonaut*

**Gold display** *at Columbia Museum explains various types of gold deposits*

## MIDWINTER NIGHT'S DREAM

# A playhouse built and ready by spring

**Winter** is usually a poor time to start building a house. But it's a good time to start building a playhouse. Such a project seldom requires enough heavy materials to bog down delivery trucks in soft ground, and if a heavy rain arrives during the construction, you can just wait till weather clears with no harm done. And the playhouse can be ready for the first sunny weekend of spring.

All the playhouses we show here are aboveground. Their heights keep most wintertime construction up out of the mud, and promise more fun next summer.

WILLIAM APLIN

**Boxy playhouse** *built of plywood roosts on top of wooden gym set. It has barred windows on three sides, open doorway, and deck. Two swings hang below; a wood-and-metal slide serves as exit. Designed by Hahn, Hoffman & Schmidt, landscape architects, for John F. Hotchkis, Pasadena*

DON

**Dramatic "tree house"** *rises more than 20 feet high near Tacoma. Its trunk is a of large pilings set deep in the ground in concrete and held together by heav bands. Children reach playhouse level by a ladder inside the trunk, and can still higher to a safe lookout above the lower roof to watch out for cowb Indians. Designed by Charles D. Bronson of Chaffee-Zumwalt, landscape are*

FRANK JENSEN

**rame playhouse** *and its deck are 6 feet up in the air, have swings alongside and a basketball hoop and backboard he far end. Sturdy bolted framing includes six 4 by 4 s and two 2 by 6 ladder rails, all anchored in concrete, and a 4 by 6 beam (10 feet high) that supports playhouse roof, swings, and hoop. The "shingles" are lapped 1 by 8 boards. Cost, including labor, was about $175. Designed by architect Ronald L. Molen for Manny Flor of Salt Lake City*

**-story plywood fort** *has gun ports on upper walls and a watch- r at far end with ladder for access from below. It's prefabricated, purchased by owner for about $200 at a toy store in Fresno and ed in Orinda, California. Hillside platform on which it stands the shingles on the roof are extras the owner added to the design*

**Sky deck** *was placed high on 4 by 4 posts, for the fun of climbing and so lawn sprinklers would not wet it. About 8 by 8 feet square, it has three means of access: knotted rope at left, ladder at right, rope ladder at rear. Designed and built for $50 by D. James Sakols of Palo Alto, Calif.*

**-cent investment** paid off handsomely
e situation shown here.

money went for one packet of mixed
rnia wildflower seeds planted last
The return—the flowers shown on
two pages—started coming in
d mid-March, and kept on until
June.

u'd expect, California poppies—with
bold color and bold manner of
th—dominated the scene. They
ed first and most abundantly, then
l the show by shooting off their dried
capsules. But along the way the six
rs pictured at right, and seven others,
ed in to add red, pink, blue, yellow,
white to the gold.

of the fun of seed mixtures like the
planted here is discovering what
up. You may find that along with
mate California wildflowers are some
aren't exactly Californians. This
, for example, included ringers from
Mediterranean, South Africa, north-
frica. But only a purist would really
—many turn out to be as good-look-
our own wildflowers and thrive un-
he same kind of care.

***K INVESTED IS MINIMAL TOO***

u would like to try for a similar
lower display next spring, get the
d ready now before rains soak it
much for good digging. Clear off
s. Spade and smooth the soil if you
just hoe the topsoil loose if the plant-
rea is hard to get at.

wildflower seeds are tiny; blend
with white sand so you'll see where
put them. Scatter the seeds evenly
the planting area, and rake them
y into the soil. Cover with a thin
of hand-crumbled soil or, better yet,
ground bark or other organic matter.
n just enough to hide the sand.

the soil a couple of inches deep.
the ground moist until plants get
about an inch tall. (If you let the
ry out, slow-germinating seeds may
prout.) Sometime before Christmas,
r rains will usually relieve you of
ring chores. To keep the plants going
ng as possible, resume watering in
g when the soil starts to dry out.

**Blazing star.** *Head-on, bright yellow, 2-inch blossoms look like plump stars*

**Chinese houses.** *Purple and white flowers in tiers support fanciful name*

## Somewhere among the poppies . . .

**A mallow.** *European native in wildflower mix sometimes. These are pink*

**Clarkia.** *Flowers on tall slender stems resemble white or pink powder puffs*

## are these other wildflowers

WILLIAM APLIN

**Bird's eyes.** *The "eye" is dark blue pollen at center of pale blue flower*

**Farewell to spring.** *White cups, rosy blotches. Also red, pink, other colors*

# A sea of wildflowers next spring . . . from seeds scattered and raked in, in November

**pocket** *of wildflower seeds sown the previous fall covers 90 e feet of back yard slope in April. Obscured by all the golden rnia poppies are other wildflowers shown above right*

**Eucalyptus** *forest, planted in Presidio by school children in 1880's, provides fragrant, rustling shelter for foggy-day picnic*

BARON

**Once guardian** *of bay entrance, Fort Point is now a or rusting relic beneath south approach of Golden Gate*

# Where are these people . . . and what are they doing?

## They are picnicking, kite flying, sand castling . . . guests of the Army in the famous old Presidio of San Francisco

**On windy weekend,** *wharf near Marine Drive serves as launching ramp for kite fliers. Usual inhabitants are crabbers, fishermen*

**Presidio of San Francisco** is a command center for military ities in the eight Far Western states. With more than 1,400 s, it is the largest military reservation in any American city. to the residents of San Francisco, the Presidio is a very and very convenient park. You can see San Franciscans, cially on weekends, fishing from Presidio beaches and piers; lling along the wall that separates the military reservation's ls from sunny yards and elegantly bay-windowed exteriors residio Heights residences; and taking in the views of ocean, headlands, and the straits of the Golden Gate.

views are what bring most visitors to this northwestern tip he San Francisco Peninsula. Here in 1776 the Spanish es- shed their Presidio on high ground and then, in 1794, d the Castillo de San Joaquin near the water's edge, to h for English sea dogs who might voyage into their bay. here in 1898 the Americans—from a massive brick fort ed Fort Point and from batteries along the cliffs—looked

**Young architect** *repairs drawbridge before next wave assaults castle on Baker's Beach*

**From cafeteria** *near headquarters: views to bridge, bay. Two cafeterias (see map) serve inexpensive food, welcome visitors*

**Enlisted men's barracks** *of red brick with white porticoes, built between 1895 and 1909, face headquarters across parade ground*

**Soldier guide** *explains old Spanish cannon in Pershing Square. Information office's tour takes 1½ hours, longer when Fort Point is open*

**Bugler** *sounds "To the Colors" as flag drifts down*

You can mak
your own tour
or take the Arm

**Enlisted WAC** *passes office*
*a smile and white-gloved*

BARON WOLMAN

*guard. Moments before, salute of partially uncovered howitzer broke late afternoon stillness. Public is welcome at daily ritual*

a for the Spanish, with whom they were then at war in hilippines.

y's weaponry has rendered the concept of massive harbor ses obsolete. Now the Presidio is best known among Army as the pleasantest assignment in the country.

Presidio has always remained an open post even during me. The public can venture throughout the reservation ever there is no fence or sign forbidding trespass. If you questions or need information, inquire at the Military e Office (near the intersection of Lincoln and Presidio vards; open every day); or at the Office of Information nd floor of Building 87, north of Sixth Army Headquar- open 7:45 A.M. to 4:30 P.M. Monday through Friday; hone 561-3952).

information office's community relations section conducts tours of the post. If you telephone 561-3870 a day in nce, you can usually reserve space on one of the tours.

**ou enter** one of the eight automobile gateways into the dio, you pass from the ordered, monotonous grid pattern y streets onto roads that meander through woods, along of ridges, and past military housing. Sometimes you find the only way to get your bearings is to retrace your route ry again.

e seems to be no master plan for roads. New ones are built and maps can't keep up with the construction. Ours r left shows only major thoroughfares such as Lincoln, ington, and Arguello boulevards, and roads that tie into . You will notice that although both State Highway 1 and Highway 101 pass through on their way to the Golden Bridge, there is no Presidio access road from either one inside post boundaries until they reach the bridge toll plaza.

The main gate to the Presidio is on Lombard Street a short distance west of where U. S. 101 turns northwest toward the Golden Gate Bridge. As you enter the Presidio you are on the 49-Mile Drive, the San Francisco scenic tour route marked by orange and blue signs with the figure of a seagull. The segment through the Presidio takes about 15 minutes to drive. It passes the new Letterman Hospital (scheduled for completion by the end of the year), then loops south of the parade ground past a row of white clapboard houses built in 1870, the Officers' Club which dates from the Spanish era, Pershing Square with its flagpole, and San Francisco National Cemetery. A little past the turnoff to Fort Point, the 49-Mile Drive slips under U. S. 101, parallels the cliff's edge near a line of old gun emplacements, passes the memorial to World War II servicemen lost in West Coast waters, and leaves the Presidio near the end of 25th Avenue.

**The Officers' Club** is reputed to contain parts of the oldest building in the city, although some people claim that Mission Dolores is still older.

Flanking the entrance to the club are two cannon which, with two others now in Pershing Square, were part of the armament of the Castillo de San Joaquin. Records indicate that each time they were fired the vibrations shook loose the adobe fortification. All were cast in the seventeenth century, and each is inscribed with a name: for example, *Poder*, The Able; *San Pedro*, St. Peter.

John C. Fremont is said to have sailed across the bay under cover of night in 1846 to spike these cannon of the Castillo, which a quarter-century before had passed from Spanish to Mexican control. Thus he insured delivery of the Presidio to

the forces of the Bear Flag Republic.

**Pershing Square** is marked at the center by a tall flagpole and at one side by a bronze tablet. A tragedy lies behind the square's present name. Here in 1915 lived the family of "Black Jack" Pershing. Shortly after the general had been ordered to the Mexican border because of tensions arising from actions of Pancho Villa and other Mexican revolutionaries, a fire burned his Presidio quarters and killed his wife and three of his four children.

Morning and evening the raising and lowering of the flag take place with military ceremony—5 P.M. retreat includes bugle and cannon salutes and an honor detail.

**Fort Point** (also designated, along with the entire western part of the Presidio, as Fort Winfield Scott), though a classic coast artillery site, has never fired a shot in anger. In 1853 the Americans started work on this massive brick, iron, and granite structure built roughly along the lines of Fort Sumter in South Carolina. It took seven years to finish, cost close to $3 million, and housed 127 artillery pieces. The interior courtyard is half the size of a football field.

The fort's most serious adversary is proving to be the Wind-driven salt water and fog have rusted out the ir trades and spiral staircases, and have eaten into the If the Golden Gate Bridge's imaginative chief enginee Strauss, hadn't ordered construction of a special arch fort, it would have been torn down to make way for th some 33 years ago.

The U. S. Senate last summer passed legislation to national historic site here. The matter is still pendin the House of Representatives. In the meantime, the Fo Museum Association conducts tours of the fort betwe 4 P.M. the first three weekends of each month. There i mission charge, but donations toward restoration are a

**The batteries** along the western cliffs above the oce completed between 1876 and 1898. The guns have lo been dismantled and in some cases the concrete has be grown with ice plant and ivy. But the bunkers with th roofs (some as much as 14 feet) and 7-foot-thick walls

# The Presidio is a great place for wall

**Batteries,** *their guns dismantled and views blocked by cypress trees, rim Presidio cliffs. None was ever used against an enemy*

**Lyon Street** *turns into elegant promenade as it clim east of Presidio. Domed Palace of Fine Arts in the*

for a long time. The most easily seen are off Lincoln vard just south of where it tunnels under U. S. 101 near ridge (turn toward the ocean on Merchant Road).

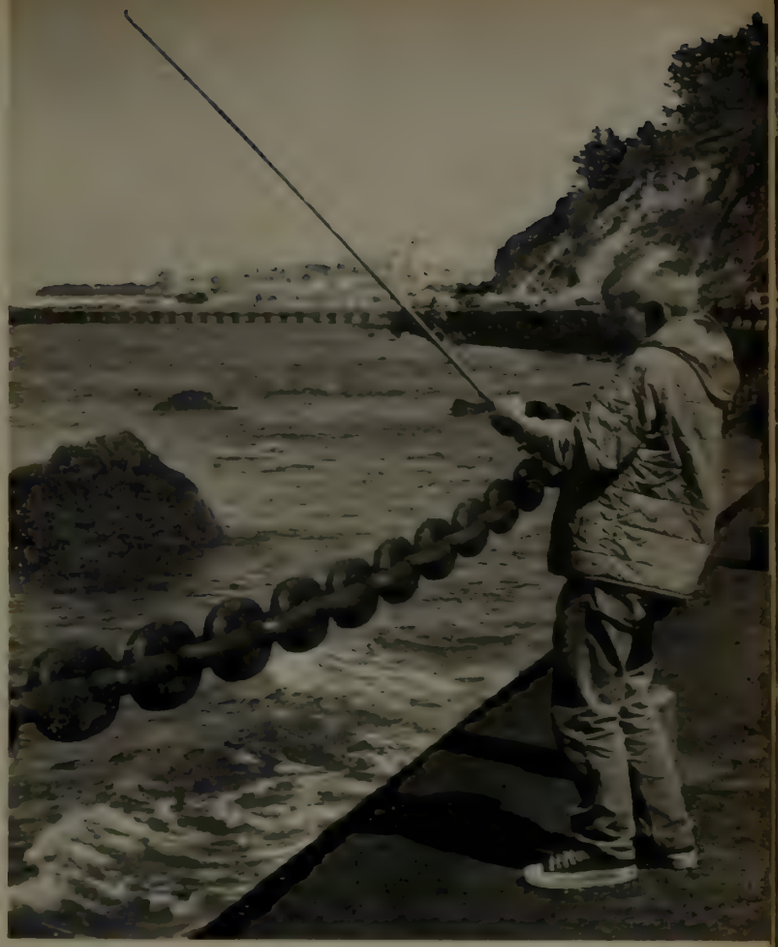
dition to the places of historical significance along the 49-Drive, the Presidio contains parklike wooded areas, espe- on the high ground to the south. One of the best out- is from Inspiration Point just off Arguello Boulevard. g to the park quality of this south side are Julius Kahn round, city-administered on Presidio land; the Presidio 'ourse; and the corner of the post that descends to Moun- Lake and adjoins Mountain Lake Park. The tiny lake is point for migrant birds and home to a fleet of exceed- tame ducks.

sidio loop trail has been charted that offers hikers the full of the post's terrain, views, and points of interest. The *ric Trail Guide* folder is available at the M.P. office.

rganized activities and services on the post, except the afeterias and Presidio Playhouse marked on the map, en only to military personnel, their families and guests.

# and for shore fishermen

**tain Lake** *is glittering, late afternoon fascination for two ysters. Background, part of Public Health Service Hospital*



**Casting** *for stripers near Fort Point, angler must look out for waves crashing over the seawall at high tide*

**In Presidio** *it's top-down weather. Across ocean cove, Land's End stands in sun while ocean beyond is hidden in a fog bank*
BARON WOLMAN

GLENN CHRIST

## For a cheerful April

*Daffodil bulbs planted in early November produced this glowing display in jus months. In return for a little care they'll repeat the miracle springtime after spri*

# Sure it's November...but it's not too late to plant daffodils

**ertainly** isn't too late to plant healthy s of daffodils and many other kinds narcissus.

deners the world over love daffodils their exuberance and cheer so sym- of spring. But they're also appre- ed because they're easy to grow, endable, and permanent. Little won- daffodils are number one favorites ng spring-flowering bulbs.

can leave daffodils in the ground for y years; you don't have to lift and e them annually.

y take severe winter cold and extreme mer heat (although in hottest areas best to plant them in filtered shade).

hers and other rodents avoid the bit- bulbs.

Iodils will grow in almost any kind of as long as it drains readily. (Nat- lly, bulbs planted in deep, rich, porous will produce stronger growth and ter flowers than those planted in heavy soil deficient in organic matter. If r soil is poor, thoroughly incorporate to 4-inch layer of ground bark, peat moss, or sawdust, plus a complete fertilizer, into the area to be planted.)

You can have displays of bloom from earliest spring with such varieties as 'February Gold'—or even earlier (outside where winters are mild, indoors in colder climates) with narcissus such as 'Soleil D'Or' or 'Paper White'; and you can have a late show with such varieties as 'Actaea.'

Don't limit planting to large trumpet daffodils. Small-cupped kinds offer more variety in form and color and often are easier to grow, especially in warm areas.

Plant daffodils in mixed borders with plants that take summer watering, or on hillsides, or along roadsides that get little or no moisture in summer; or plant them on the bank of a stream, or next to a pond where the ground remains moist most of the time.

Of course, daffodils and other narcissus are marvelous in containers. One good procedure is to plant a fresh crop of bulbs in containers each year, and plant last year's container-grown bulbs in borders, or in the garden for cut flowers.

WILLIAM APLIN

**Daffodils** *welcome visitors to home of Dr. and Mrs. A. A. Mason, La Canada, Calif.*

**spring,** *naturalized daffodils and other narcissus bloom in t of the Philip G. Markwart home, Menlo Park, California*

**In summer,** *same view as left: no blooms, but bulbs are still there. Now you clearly see star jasmine, Mugho pine, sedum*

**Ribbon windows,** *wood panel extension above door give vertical scale. Canopy of eucalyptus overhead*

**Bedroom balcony** *is open to living room. Dining area is beneath, door to kitchen be Entry and stairs occupy a two-level, daylit space spanned by bridge to master be*

# This house is both small and spacious. The secret? It uses an H plan

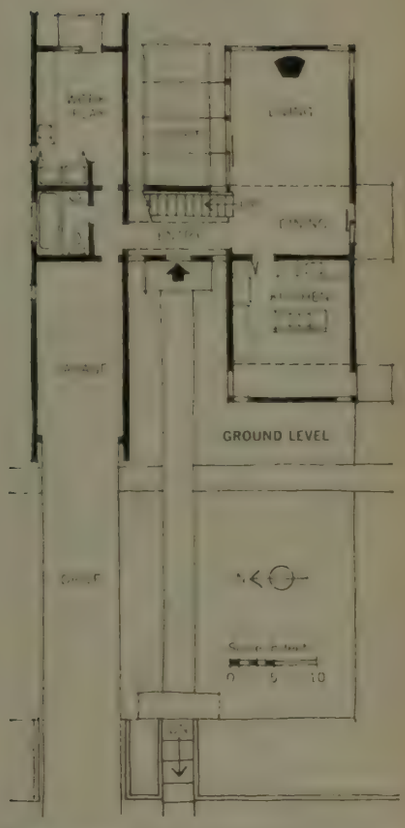
**There's a look** and feeling of spac even though this is a relatively house on a tight lot, with low cor tion cost.

The site, a 50 by 113-foot San Die isn't inordinately small in itself. B front and rear setback requireme 45 and 20 feet respectively compo the design problem for architec owner Paul W. McKim. His solutic an H plan that allows the gar penetrate the house in the form of sided courtlike spaces. The room into these spaces, which afford a m of privacy from the neighbors sides. He made the balconies off the ren's bedrooms more private by ext the house walls (see plan).

The H plan also allowed him to se

RICHARD FISH

**h ceiling** *(17 feet), glass walls and corners make 14 by 16-foot living room seem ch larger. Trellis over court for sun control visually connects two wings of house*




**Design** *provides maximum privacy from neighbors and between the wings. Yet house is open and airy*

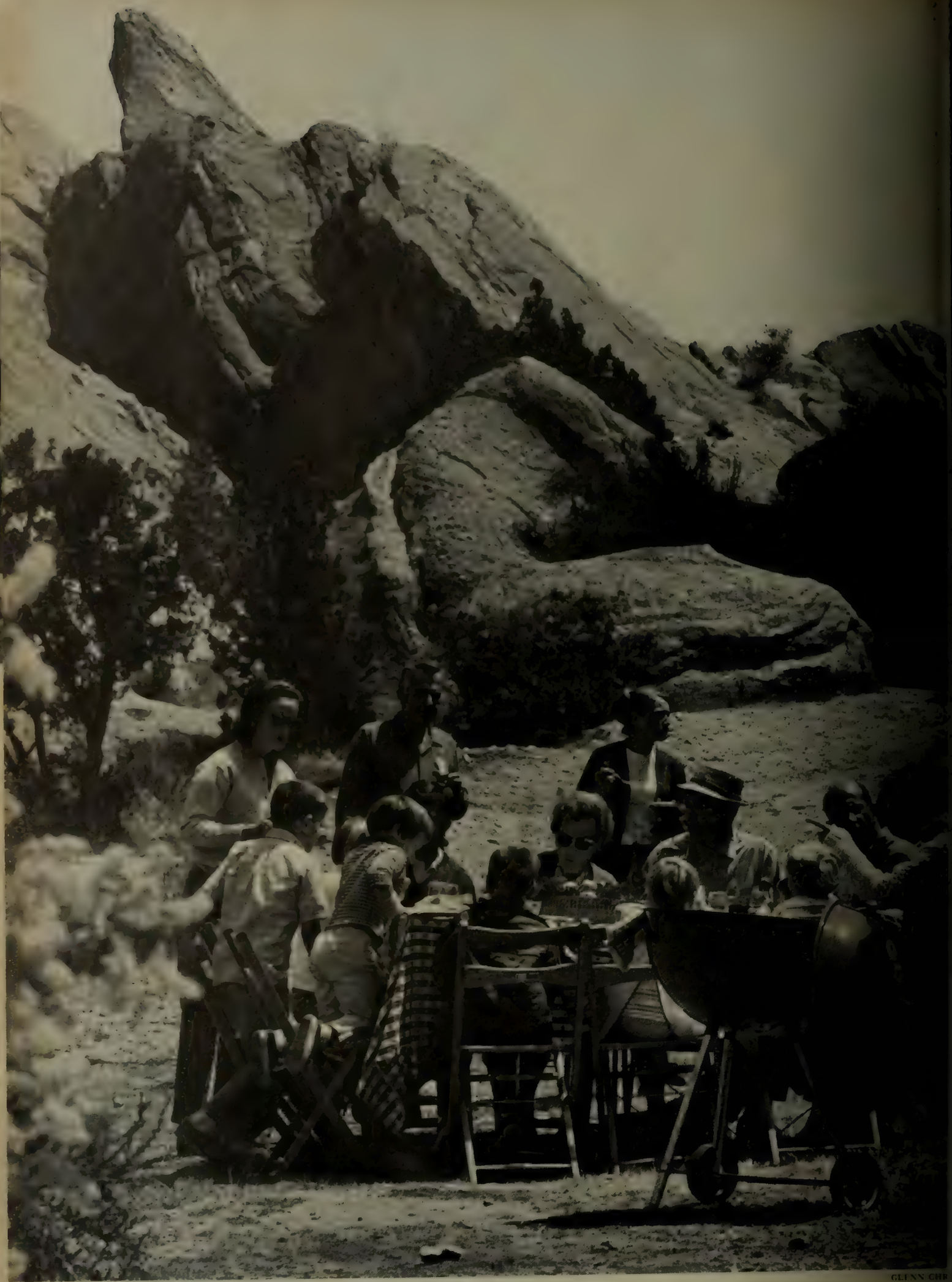
children's area from the main living ces and master bedroom.

e house contains only 1,600 square feet living space, but there are design de- s that create both real and illusory ce. One is the two-story-high living om with its floor-to-ceiling windows. other is the master bedroom balcony ich is open to the living room and res its high space. Where privacy is t required, corner openings of glass ke the rooms look larger.

e budget was $10 a square foot, and prisingly enough the house was com- ted at this figure (based on costs as January, 1965). The costs were kept s low by a simple, straightforward de- n that employed standard sizes of ilding materials.

**Kitchen island** *with sink and storage separates cooking and eating areas*

**Children's rooms** *are identical; each opens onto small deck. Bath between*



GLENN CHR

Grand family picnic

*The occasion, Thanksgiving; the food, traditional. Taking advantage of a b day, this clan picnics, enjoying late season solitude of a Los Angeles Coun*

# The Thanksgiving dinner picnic

## San Francisco Bay weather is good enough most years. What you do is wait and decide that morning

**veral years** we've been receiving en-stic reports from readers telling us ney make a picnic of Thanksgiving , provided the weather is pleasant.

ly, we were skeptical about packing traditional menu on short notice ansporting it to a park or nearby ness. Even though there are won-ly agreeable days in November, you predict when they will occur.

took nine adults and six children, with enough food to serve 12 adults, hanksgiving picnic—and discovered delightful, restful, meaningful day oliday becomes in a setting more o that of the original feast the Pil-shared. The children relished the rt of casual clothes and the freedom up and roam while working up as-ing appetites. The adults appreci-the lack of kitchen congestion and sence of worry over spills and clean-ll this meant greater relaxation for me.

Success hinges on adequate planning: if the weather fails, the meal can be easily readjusted to serve at home.

Unless you know that your picnic destination (see page 43 for some suggestions) has tables with benches, we recommend you rent or borrow an ample folding table or tables, and folding chairs; a chair like those shown at left and below, generally rents for about 40 cents.

Chances are you'll also want a fire. Many picnic areas have fire pits or barbecues, but we took a portable barbecue to allow us greater flexibility in selecting the site.

China and wine glasses are luxurious picnic touches that aren't hard to manage if packed carefully to avoid breakage. Paper plates and paper cups or thin plastic "glasses," the more usual choices, are of course easier for clean-up.

All the food is prepared the day before; one person can do everything, or easily delegate duties. The unstuffed turkey is roasted, chilled overnight, and transported to serve cold. Since the juices firm up in the turkey, the meat is deliciously moist. The giblet gravy, carried iced, is reheated to simmering over a denatured alcohol or canned heat flame—as in a

**A station wagon** *held most of the gear for our Thanksgiving picnic; load includes tables, chairs, barbecue, plus the food*

*TRANSPORTABLE THANKSGIVING DINNER*

*Walkabout Mushroom Essence*

*Hot Parker House Rolls* *Thin Sliced Prosciutto or Baked Ham*

*Sweet Butter*

*Cold Roast Turkey*

*Hot Giblet Gravy Supreme*

*Cashew Rice Dressing or Sausage Fruit Dressing*

*Candied Yams*

*Baked Green Beans Béchamel or Spinach and Artichokes au Gratin*

*Green Salad with Dressing*

*Pumpkin and Mince Pies*

**Appetizers** *served around the barbecue: Thawed rolls heat over coals; spread on sweet butter and fill with prosciutto. Coals also provide pleasant bit of warmth*

GLENN CHRISTIANSEN

# THANKSGIVING PICNIC

## Dinner starts with a cup of piping hot "walkabout" soup

**Thanksgiving dinner** *begins on arrival with cups of a savory mushroom broth to sip as you explore picnic site and set the table*

fondue pot. If the air is gusty, have to protect the flame.

The meal begins at once with h room-flavored broth from a vac to sip while you're unpacking an up. Once the barbecue is fired, se pans of frozen Parker House rolls en route) over the heat to war 1 or 2 rolls for each adult. Sp rolls with sweet butter and fill wi sliced prosciutto or ham: you 2 to 4 thin slices of the meat serving. Bring the meat and butt ice chest.

Carving the turkey is a ritual ceeds at a leisurely pace while is being arranged. The gravy to heat on the barbecue, then s flame to keep it at optimum ten during the meal.

From the menu on the precedi choose the cashew rice dressin sausage fruit dressing and one the vegetable dishes—candie baked green beans béchamel, spi artichokes au gratin; directions preparation are on page 219. these dishes in the same oven ju departure. Wrap to prevent spills pack compactly into one heat- chest (the inexpensive styrene f is very satisfactory). Fill any op with crumpled towels to maint dishes packed this way stay ve long as 4 hours.

Bring about 3 quarts washed an salad greens, packaged in plasti the ice chest. Carry along the bottled dressing, and mix the sa you are ready for this course.

The pumpkin and mince pies (h or from a bakery) don't need ref on the way and can be serve warmed lightly on the barbecue can of pressurized cream toppin like, and another large vacuum coffee. Wine, milk, or fruit juice in the ice chest, or nest at the p bag of ice bought on the way.

**Walkabout Mushroom Essence.** I pan cook 2 pounds finely chopp rooms and 2 tablespoons chopp in 2 tablespoons melted butter until the vegetables look moist b browned. Add 2 quarts regular chicken broth, cover, and simm minutes.

Moisten and wring dry a mus line a wire strainer with it and deep bowl. Pour mushroom through cloth; when cool to touc out all juices possible. Disca rooms; season broth with 4 ta Sherry (optional) and salt; if add a few drops of bottled bro sauce to enrich color.

Cover and chill until ready to p to simmering and pour into a uum container. Serve in cups to

THANKSGIVING PICNIC

# Dinner ends with warm mince or warm pumpkin

**and spectator sport:** *turkey carving. Roasted the day before and chilled, the turkey carried cold to slice and serve. Bubbling giblet gravy is spooned over the servings*

**The barbecue** *at work again; the last embers warm pumpkin pie and the mince pie*

ng at home, use a pitcher and keep h warm on an electric warming tray er a flame.) Makes 2 quarts, or 10 2 servings of about ¾-cup size.

**Roast Turkey.** Remove giblets (save gravy) from a 16 to 20-pound turkey, and pat dry inside and out. Lightly interior of bird. Place turkey breast-down on a rack in a shallow roasting Insert meat thermometer into thick-portion of breast (but not against . Rub skin generously with soft but-nd roast bird at 325° for 3¾ to 4½ s, or until thermometer registers 175° r 2½ hours, turn bird breast-side up; h with pan drippings.

ut 1 hour before bird is done, put 1 espoon flour in each corner of the ting pan (¼ cup total) to brown and rb juices. Cover breast with foil if gins to brown excessively. (If you the fast-roast method on page 206, add flour to pan 30 minutes before turkey will be done.)

Remove turkey from oven and cool, then cover and chill. Save all the pan drippings for gravy. Pack cold turkey in an insulated bag and carry to picnic. Carve just before serving. Makes 16 to 20 servings.

**One of the joys** *of a Thanksgiving picnic is the freedom to choose where you sit and not have to worry about spilling anything*

**Hot Giblet Gravy Supreme.** Set aside turkey liver and cover remaining giblets with 1 quart water or regular-strength chicken broth. Chop 1 stalk celery, 1 onion, and 2 carrots and add to giblets along with 2 or 3 sprigs parsley and 1 bay leaf. Cover and simmer for 1 hour, or until giblets are tender when pierced. Add the liver and simmer 5 minutes more. Pour broth through a wire strainer into a bowl; reserve giblets and discard vegetables.

Warm drippings in turkey roasting pan over low heat; skim off and discard as much fat as possible. Scrape browned particles free and blend in 2 more tablespoons flour. Gradually add the giblet broth and bring to a full boil, stirring; simmer for about 5 minutes. Chop giblet meat and stir into gravy. Chill gravy and carry cold to picnic. Reheat and keep hot over a flame. Makes about 1 quart.

# The reach-into doll house

## This year our doll house is big enough for a girl to invite her mother to play

**This novel doll house** is really big—over 4 feet long with three levels. Several children can play with it at the same time.

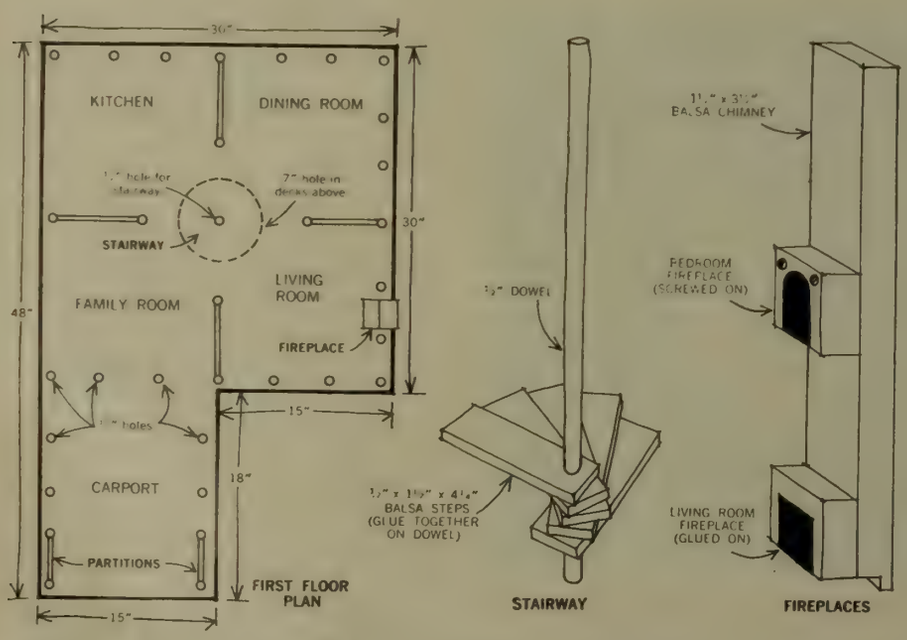
Yet it comes apart easily to be stored away or transported as a fairly flat package. You just lift off the roof and the circular stairway, unscrew the second floor fireplace front, lift off the second floor, and remove the dowels from the lower floor from underneath.

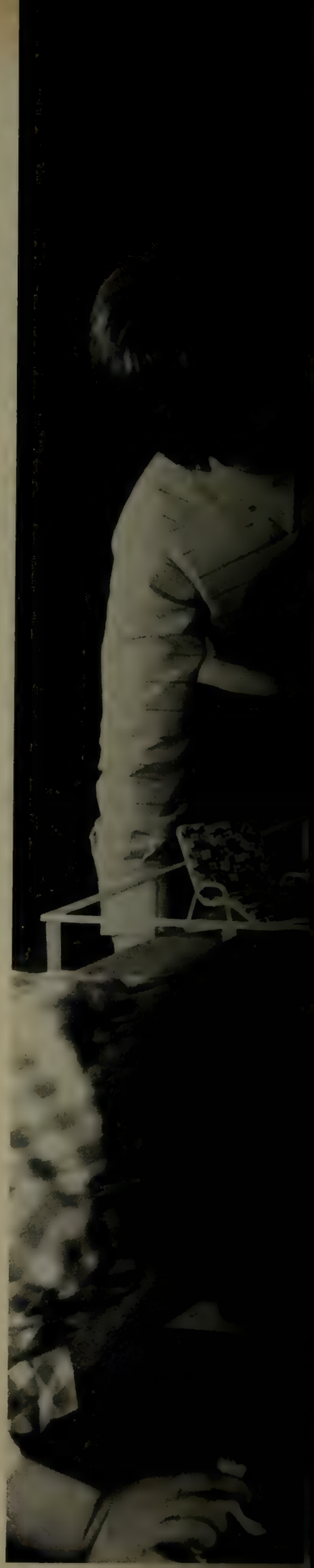
The simple construction allows you to build it to any floor plan desired, and to scale it up or down in size to fit different dolls (ours is scaled 1 inch to 1 foot).

The two floors and the roof are simply three pieces of ½-inch plywood, the upper two larger to give roof overhangs. They are framed with ½-inch dowel "poles," spaced about 5 inches apart, with cotter pins on lower ends to keep all the weight on the dowels. Here and there, two of the loose dowels are slotted lengthwise and joined with glued-on ⅛-inch plywood partitions to make rooms and hold up the roof.

Lauan plywood was used for decks and panels, finished with a coat of clear carnauba wax. The circular stairway slips down through large holes in the roof and second floor and rests in a ½-inch hole in the first floor. Make the railings of hardwood or solid plywood and attach with glue and fair-sized brads (children tend to lean on them).

The doll house was designed by architect Carl F. Gould for his daughter Alice.



**Details:** *The central circular stairway gives dolls access through second floor to roof*

GLENN CHRISTIANSEN

**sily big enough** *for these two children (and also mother) to use at the same time, this doll house is open on all sides for play*

**Crunchy,** *mellow whole filberts float securely on the surface of this pie; the base is a velvety blend of butter, brown sugar*

ERNES

# Instead of pumpkin or mince why not a nut pie surprise?

# With filberts, with macadamias, with almonds, with pecans

**the Western harvest** of nuts coin- conveniently with Thanksgiving, we it makes good sense to start a new ion—rich and subtle nut pies for t. Consider the filbert and almond nd the pecan tarts that freeze well, macadamia pie that can be made ahead.

### TED FILBERT PIE

eggs
cup dark brown sugar, firmly packed
cup light corn syrup
teaspoon each salt and vanilla
tablespoons melted butter
cups toasted filberts (directions follow)
-inch unbaked pie shell

eggs to blend with brown sugar, corn , salt, vanilla, butter, and nuts. Pour he pie shell. Place on a low shelf in and bake at 350° for 50 to 55 min- or until the filling jiggles only ly when dish is shaken gently. Let t least 2 hours before cutting. Makes servings.—*J. W., Seattle.*

*ed Filberts.* Spread 2 cups whole fil- in a single layer in a pan. Bake at for 10 minutes, shaking pan occa- lly. Let cool, then rub nuts with your s to break free as much of the brown, y exterior as possible; discard this and use nuts.

### TED ALMOND PIE

are the filbert pie as directed above, ng these adjustments: add ½ tea- spoon grated lemon peel to the filling, use toasted almonds instead of filberts, and dust pie lightly with nutmeg before bak- ing. (To toast almonds, spread 2 cups of slivered, blanched nuts in a single layer in a pan and bake at 325° for 5 minutes.) Cool pie at least 2 hours before cutting.

### PECAN JAM TARTS

1 egg
¾ cup brown sugar, firmly packed
1 tablespoon melted butter
1 teaspoon vanilla
¼ teaspoon salt
¾ cup chopped pecans
Cream cheese tart shells (recipe follows)
About 2 tablespoons berry or apricot jam

Beat until blended the egg, sugar, butter, vanilla, salt, and pecans. Spoon mixture evenly into the cream cheese tart shells. Dot each tart with about ¼ teaspoon jam. Bake in a 350° oven for 25 minutes, or until nut topping is well browned; cool. Makes 20.—*S. L., Lewiston, Idaho.*

*Cream Cheese Tart Shells.* Mix smoothly together 1 small package (3 oz.) cream cheese, ½ cup (¼ lb.) soft butter, and 1 cup unsifted regular all-purpose flour. Divide dough in 20 equal pieces. Line small muffin cups (2-inch diameter at top) with small paper baking cups (available in grocery or variety stores). Place a piece of dough in each. Press with fingers to make an even shell that comes up to, but not over, top rim of paper.

### MACADAMIA CREAM CRUNCH PIE

1 envelope unflavored gelatin
¼ cup cold water
3 eggs, separated
½ cup sugar
1 tablespoon rum
1 teaspoon vanilla
1 cup whipping cream
Macadamia crunch candy (recipe follows)
9-inch pie shell, baked and cooled

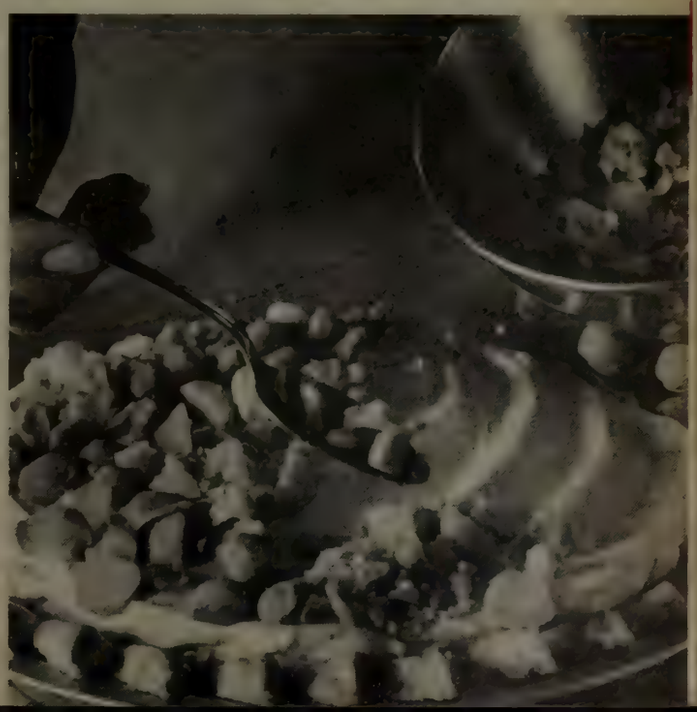
Mix gelatin with water and let stand about 5 minutes or until softened; dissolve over hot water. Beat egg whites until stiff, then gradually beat in ¼ cup of the sugar until whites hold sharp, distinct peaks. With the same beater, whip egg yolks with remaining ¼ cup sugar until thick, then add the gelatin, rum, and vanilla. Pour into bowl with whites. Again, with same beater, whip ½ cup of the cream until stiff. Fold cream, ¾ cup of the macadamia crunch candy, and egg yolks and whites smoothly together; pour into pie shell.

Chill until firm, about 3 hours. Whip remaining cream and spread gently over pie, then sprinkle evenly with the rest of the macadamia candy; cover loosely, and chill as long as overnight. Makes 8 or 9 servings.

*Macadamia Crunch Candy.* In a small, deep saucepan stir together ½ cup sugar, ¼ cup water, and 2 tablespoons butter. Boil over highest heat, stirring occasionally, until temperature registers 280° (just below hard crack stage) on a candy thermometer. Have ready ¾ cup salted macadamias mixed with ¼ teaspoon sifted soda. When candy reaches temperature, add nuts. Remove at once from heat and stir just until mixture is blended. Pour at once onto a buttered baking sheet, spreading out with the spoon. Let cool. Crush candy coarsely and store airtight until ready to use.

**Tiny** *pecan tarts in tender cream cheese: jam is the flavor accent*

**Simple** *macadamia candy blends into and tops pie*



# The Changing Western Home

*New electric switches for dimming . . . also for automatic light controls . . . new vinyl house siding . . . the sky-lit bedroom*

### New dimmer switches at half the price

New versions of full-range solid-state dimmer switches cost half (or less) of the $15 cost of the earlier versions. These compact dimmers replace ordinary wall switches and give any degree of illumination you desire. The 600-watt capacity is ample for light control in most rooms; for heavy loads there is an equally compact version of 1,000-watt capacity.

These dimmers are for incandescent lights only. Similar full-range wall switches are available to control fluorescent lights—and others to control small electrical motors. With one of these motor switches, you can regulate a kitchen vent fan from full speed to a noiseless, gentle exhaust.

### Photoelectric wall switches with sensitivity adjustment

Photoelectric wall switches have recently appeared that can be easily adjusted for automatic operation and can be turned on and off manually as well. Earlier photoelectric house lighting switches would automatically turn lights on at night and off at dawn. Unfortunately the lights came on every night, wanted or not, unless the circuit had been turned off elsewhere. And the switches were not adjustable in sensitivity, and often did not operate properly when located indoors or in a shaded garden.

The new version (costing $9 and resembling a dimmer switch) simply replaces an ordinary wall switch indoors. With it you can switch the lights on or off manually as before. To make it automatic, you turn the switch on and rotate its knob slowly —during daytime until the lights just barely go off, or at night until they just go on. If the switch is left at this setting, the lights will dutifully turn on at night and off at dawn as long as desired.

The adjustable photo-circuit is sensitive enough to distinguish between daylight and dark on a cloudy day in a shaded room, but you are more assured of its operation if you install the switch in a room that has a normal amount of daytime lighting. You can use such a switch to have driveway and walkway lights on when you return home at night, or to have some house lights go on every night when you are away on vacation (a good deterrent to trespassers, especial lights go on in rooms that no on into from outside the house).

### Vinyl house siding

Vinyl is a modern plastic that h excellent for water pipes, interior floor coverings, and furniture a mobile upholstery. Now you ca solid vinyl house siding through yards (you probably will need to it is so new it is not generally The siding comes in various lapped (clapboard-type) "board inches wide for horizontal applica also in 8-inch boards for vertical tion. All lock together and are stalled on new or old constructi Vinyl siding doesn't rot, peel, warp; it won't support combust duct electricity, absorb moisture painting. Some types are availa insulation board on the undersi is about $2 a square foot, install

**To see the stars**

The roof over this master bedroom contains a 6 by 6-foot clear plastic that gives a splendid view of the stars at night. During the day, and when the moon is full, a translucent plastic screen (at rear) can be sli the opening. Dr. Robert C. Doolittle residence, Hayward, California.

Now at White Sale prices, Rose Symphony.

Rose Symphony. A towel that sends fresh flowers to your bath.

Flowers in your home reflect a special kind of graciousness. Whether it's a vase full of daffodils or a towel full of roses, each has an air of beauty and serenity.

Rose Symphony reflects this kind of feeling in petal soft all-cotton velour. A snuggle towel from the Royal Family. One of the nice things.

CANNON

ROYAL FAMILY

Cannon® Rose Symphony towel blossoms in shades of pink, blue or yellow. At fine department stores. Cannon Mills, Inc., New York 10020.

# It takes investment experts to know when a good thing isn't a good thing anymore.

The Trust Division of Wells Fargo Bank believes that even the best securities in a portfolio should not be stored away and forgotten. In today's rapidly changing economy, the impact of new products and new technology must be constantly evaluated. That is why we regularly review every portfolio for which we have any degree of investment management responsibility. And if news events or changes in personal financial requirements prompt a non-scheduled review, we can from decision-making to acti taking on the same day. From the experience of serving 5 b dollars in assets, Wells Fargo believes the greatest risk of a let a good portfolio sleep.

**The Trust Divisi Wells Fargo Bank.**

ADRIAN SAXE

**living space** *contains dining, sleeping, and studio areas. The shoji opens to the front porch, giving view out over the ocean*

# Old Hawaii schoolhouse starts a new life

**This little building** on Hawaii's Kona Coast is a classic example of Island plantation housing of the 1920's. It has also served as a judo hall, hula dance studio, health center, and schoolhouse. Now it is a two-bedroom home and studio for Mr. and Mrs. Adrian Saxe, who bought the abandoned school and spent $6,500 on improving the lot and converting the structure without altering its original lines. The plan below shows how they divided the interior space.

*e. Entry steps led up to a recessed h. Doors opened off porch to two rooms at sides, large room in back*

**After.** *Entry now at side; porch still there but shallower. Slope was cut back, retaining wall added to give convenient parking*

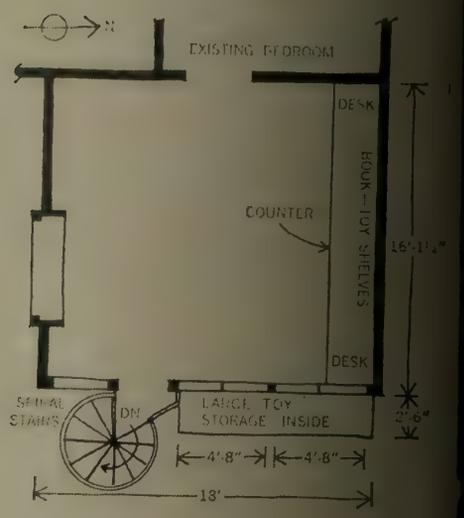
**Two windows** *added on entry wall bring in necessary light to studio area. Kitchen, bath, dressing room are completely new*

**When this shingled house** in Berkeley wa built, the idea of a separate play and wor room for children wasn't considered. S when architect Sanford Pollack was aske by the owners, Mr. and Mrs. Rober Goldsby, to design a playroom additio it posed a bit of a problem.

Like many older homes in Berkeley, thi one fairly well fills the small lot, rulin out expansion at the sides. There wa room to build on toward the back of th lot, but a playroom added on to the din ing room would not relate to the chi dren's bedrooms and would, in fact, bloc the main access from house to garden— which is through the dining room to floor-level porch.

The solution was to convert a second story sundeck over the kitchen into th playroom and connect it to the garde and outdoor play area below by spira stairs. The children enter their domai from their bedrooms and can pursue ac tivities well away from main living areas From the kitchen below, their mother ca hear confrontations that get overly nois and can watch comings and goings on th spiral stairs.

**Children have** *direct access to garden, don't have to troop through house*




# They spiral up to their new playroom

GLENN CHRIST

**A desk** *was built in at each end of counter. Cavelike area under windows is for big toys. Ceiling is 12 feet high. Note sky-turned windows in the roof*

# If you've been waiting for color TV that's compact, portable and dependable...

# ake this one home tonight!

## Zenith brings you the 14″ DIAG portable color TV with Handcrafted quality

Here's color TV that's compact enough to fit anywhere . . . go anywhere in your home. Yet you enjoy big set performance . . . big set quality. Because inside you get the complete Zenith Handcrafted chassis, driven by a full power transformer, for unrivaled dependability.

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*The quality goes in before the name goes on*

At left, *The Peary*, 14-inch (diag.) color TV in grained Walnut color. Model Z3508W-1.

Adaptation of a traditional votive candlestand in the spirit of Ch'ien Lung bronzes. 41 inches. About $102.50.

**The Stiffel Lamp**

For brochure of selected Stiffel lamps, send 25¢ to The Stiffel Company, Chicago 60610.

**Children** *(and adults, too) can hardly resist making things with these plywood c*
*This young man is completing a dinosaur, displays some other designs on the s*

# Pre-Christmas cooperation . . . father makes, son assembles

**These delightful,** inexpensive toys are little more than a miscellany of pieces of thin plywood. They're excellent training in form and design for youngsters, who simply push the pieces together to form whatever shapes they have in mind. The toys consist of bodies made by sandwiching three pieces of the plywood together as shown on page 115; of single pieces that slip into the bodies; and of bases to hold the resulting shapes upright.

Cut the thin pieces from a sheet of ⅛-inch lauan plywood (called "door-skin" at lumberyards). A 3 by 6-foot sheet of this thin plywood, costing only $2 or so, will give you about twice as many pieces as were used to make all the toys in the photograph above.

You'll also need a 4-foot length of 1 by 3 lumber for the bases. Cut a ½-inch-deep slot lengthwise down the middle of this board with a circular saw (most small circular-saw blades make ⅛-inch-wide

**To assemble** *the toys, you simpl*
*legs, antlers, wheels, smokestac*
*whatever into the slots in the body*

It's one third of your life. Spend it dreaming in Wamsutta.
Dream a little longer. This is No-Iron Ultracale.
SHOWN: "PETITE JARDIN" ON STAY-FRESH ULTRACALE® 50% FORTREL® POLYESTER 50% COMBED COTTON.
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# people who know...buy Bigelow

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Fresh. Plush. Very practical. Warfield is the perfect carpet for growing young families. Pile: 100% Bigelow Approved acrylic: Acrilan.® Shown: Silver Green, one of 14 colors.

To 5 generations Bigelow has brought beauty that changin fashion never fades, value that becomes more apparent eve year. You buy with confidence when you buy a Bigelo

*d saw, jigsaw, saber saw, hand scroll ven tinsnips will cut this thin ply- . Save scraps for smaller pieces*

*body (or head) is a sandwich of three s assembled with white glue. The centerpiece provides the slot needed*

that will fit the plywood legs). Then off pieces of any length for your . If you do not have a circular saw able, a lumberyard can cut this slot.

shapes at all will do for the single s and the bodies. We made bodies of . half and three-quarter disks, tri- s, rectangles, teardrops, trapezoids, quarter-moons. Make the center of each one small enough to leave inch-deep slot on all sides. After you n body sandwich together, lay it on t surface and weight it so the parts be squeezed together while drying.

finish on the toys shown is simply ge shellac, which dries quickly and the pieces stick together. Instead, could paint the pieces in different s to make them more attractive to very young (use non-toxic paint); or the pieces in light and dark tones then shellac or varnish them.

simplest way is to shellac or varnish plywood sheet before cutting it. If single or body pieces are a loose fit, give them a second coat later to e them fit together more snugly.

## The Compact Generation

Things are up-tight these days. For everyone: executive suite decision makers, post-grad teenieboppers, mothers of mini-Batmen. Norcold keeps things cool. Making the trip to offices, recreation rooms, college dorms. Keeping 5 cu. ft. of refreshment just a reach away . . . three shelves and a door full . . . plus ice. Write Norcold and tune in. Or see your dealer. Expansive things will start happening.

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Don't knock it till thou try it! With Guild Vino da Tavola even a peanut butter sandwich tastes romantic.

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Guild Vino da Tavola is a superbly superior red wine for people like thou who insist on the absolute *best*—no matter how little it happens to cost.

Drink in more pleasure from the great outdoors. Lug a jug of Guild Vino da Tavola to your next picnic. Why just eat when thou can dine?

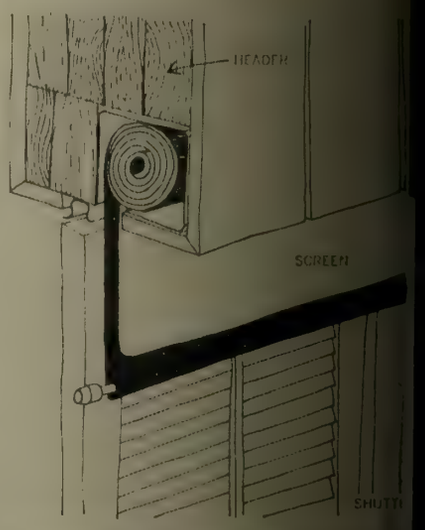
**Guild** *Wine Company*
LODI CALIFORNIA

**Slide viewing** *is possible at a mo notice with a screen always ready lowered. Owner-designer, Lloyd*

# *This screen is always ready*

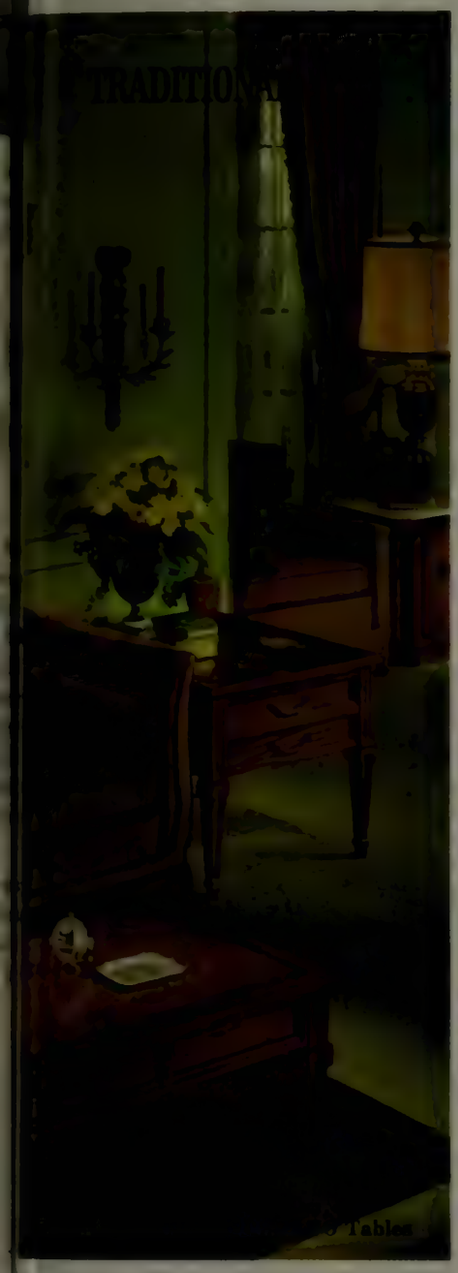
**This projection screen** is ready for or movies at any time, and it stores out of sight between showings. It inch-square screen (other sizes th available and could be used run fr inches square to 12 feet square screen is secured with the hange that came with it. It and a track shutters are boxed into the top of way opening between a living roo family room.

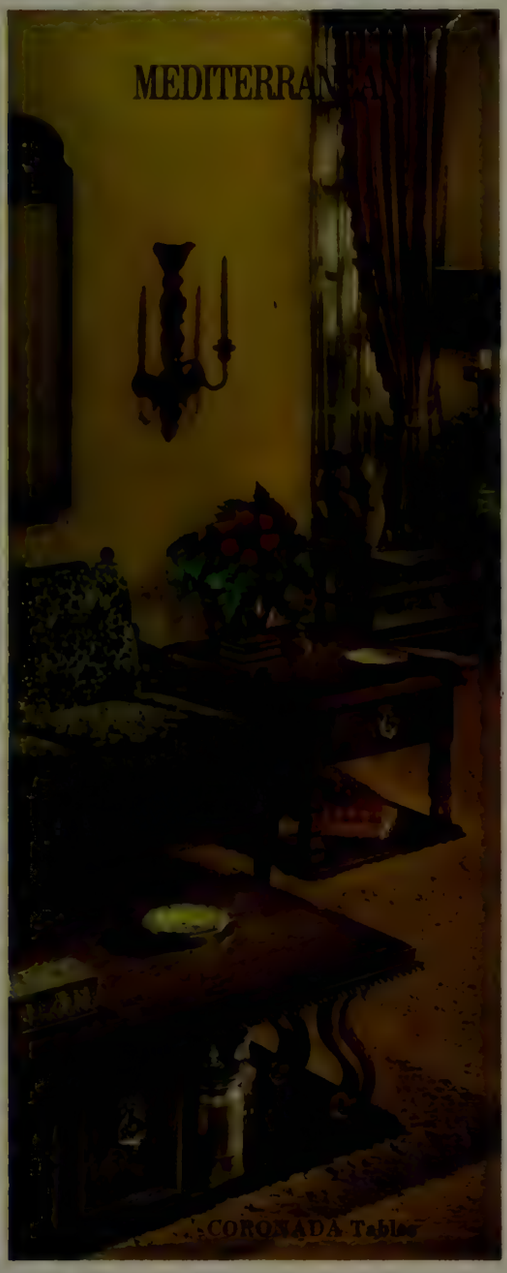
Clear white pine (¾ inch thick) wa to conceal screen and shutter tra sides and bottom. Shutters and drapes shut out the light for da viewing.




**Cut-away view** *shows how screen fi space made by boxing in top of do Shutters slide on track behind*

# Brighten your living room in style... any style...with Bassett






With our wide range of designs in a variety of styles, you're sure to find just the right sofa and chairs for your living room. And the perfect tables to go with them. With Bassett's budget-beating values, you won't have to wait to buy. You can start decorating *now*. Once you see how Bassett brightens up your living room, you'll want to go on to the dining room, bedrooms, foyer, nursery . . . until Bassett brightens every corner of your home.

***LEGATO cocktail table, under $60.***

**Bassett**

*For colorful brochure packed with decorating ideas for the whole house, send 50¢ to Bassett Furniture Industries, Dept. N81. Bassett, Virginia.*

# The difference between shabby carpet and shaggy carpet.

PURE WOOL PILE

That thing on the left is what most shag carpets look like up close. The one on the right is what Woolturf made of pure wool pile looks like, up close. The difference is the twist. Because there are no ends sticking up, there's nothing for a vacuum cleaner to pull apart or for a heel to pull up. It's snag proof. Created of pure pile. It bears the wool mark. Designed simply to keep a shaggy carpet shaggy.

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The wool mark is your assurance of quality tested carpets made of pure wool pile.


RICHARD FISH

**Fashioned** *like a chuck wagon, roll-around cart holds charcoal-burning barbecue unit*

# It's a roll-around barbecue

**This barbecue cart** makes a good winter workshop project; you can have it ready to use by barbecue season next spring.

The designer, Donald Kries of Santa Ana, took a charcoal-burning barbecue with a rotisserie and recessed it in the top of a redwood cart. This brought the grill up to comfortable working height and provided useful counter and storage space. (To use the rotisserie, the Krieses roll the cart near an electrical outlet.)

Mr. Kries built the cart using 1 by 6 and 1 by 8 stock, bolted together. The front end rests on two angled supports made of inch-wide iron straps. He wanted the wheels to resemble those on an old-fashioned chuck wagon, so made them of plywood rings joined to wooden hubs by ½-inch-diameter dowels. They turn on a ½-inch-diameter pipe axle, and are finished with black paint and a strip of rubber. (As an alternative, you could use bicycle wheels.)

There's a rack for utensils on the front end; above it, a second rack serves as a towel holder and as a handle to lift that end of the cart when it's being rolled around. Mr. Kries finished the cart with marine varnish and flat black paint.

**Back end** *of cart drops down on chain, providing a shelf and giving access to storage*

by Drexel

*Tortoise-Shell-finished Tables*—the celebrated T-Square. *10 Sizes*, dining included! The "finds" for which Drexel is noted. For style booklet set, send 50¢ to Drexel-24, Drexel, N.C. 28619.

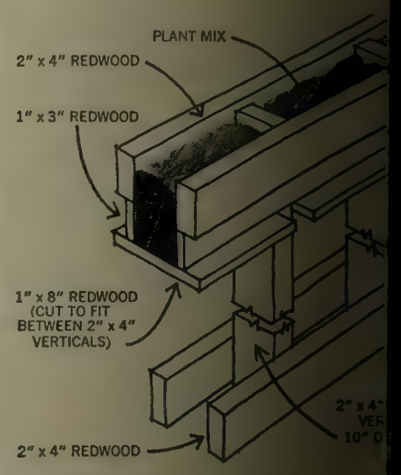
MOST TRUSTED NAME IN FURNITURE

**Lobelias** *cascade over guard ra months after planting. Architec Lawrence Steiner, Menlo Park, C*

# *Planter box ri the handrai*

**This combination** handrail and separates a streetside carport fron way leading down to an entry. annual lobelias interspersed wi panulas grow in the planter, spill the sides to soften the hard line o Water simply drains through th between the redwood pieces.

A supporting 4 by 4-inch post h of upper and lower pairs of 2 b tween which run vertical 2 by 4's (see sketch below). Handrail is from the carport floor.




**Detail sketch** *of handrail shows s primarily redwood 2 by 4's, wi mix supported by 1 by 3's and*

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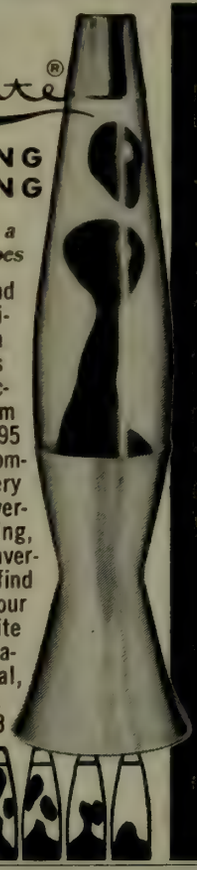

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LIQUID WRENCH®

AT HARDWARE & AUTO STORES

# Remember your last party? Where did everyone end up?

RICHARD DAWSON

**Pass-through closure** *on counterweights can be raised to any point to hide clutter*

**Mobile cart** *holds cleaning supplies, and vacuum, rolls on large casters t room in house, stores in closet sized Handle on side makes it easy to man*

**Fully lowered,** *it recesses flush for generous opening between kitchen, dining room*

**Below the cooktop,** *two storage c like this hold small appliances—t toaster, hand mixer—for use in s on the counter. Outlets are just*

# Behind the scenes at the Girtons . . . convenience

**The kitchen** in the Richard Girton house, Honolulu, has conveniences that would delight any cook. The pantry at right, and the storage unit shown just above it, although not new ideas, are worth repeating. But the stars of the show are the mobile cleaning cart—so useful in a large sprawling house—and the counterweighted pass-through closure pictured above. The architects were Akiyama, Kekoolani and Associates.

**Half** *the pantry storage swings out when you open door; cans store two deep instead of four. Shelves have lip to keep things from falling*

# People always end up in the kitchen. Luckily, this one is carpeted with LesCare:

LesCare makes morning after clean-ups a breeze. Takes *less care* than hard floors. Resists stains. Spills wipe right up because soil stays on the surface. Just spot clean or vacuum when needed. The deep, densely tufted Acrilan® acrylic fibers (149,000 tufts per square yard) create a lower, tighter pile for better crush resistance, longer wear.

And LesCare is non-allergenic and mildew-proof. Its special Backstop® backing holds the surface to provide an extra cushion of comfort and safety. LesCare can be installed over most existing floors. At a cost comparable to traditional kitchen floors.

But don't limit LesCare to the kitchen. Cozy up patios, porches, boat decks, poolsides, terraces, walkways and mud rooms. Select from 3 textures. A handsome tight loop pile (shown below). A decorator-perfect Tweed. And a luxurious new Plush. In a total of 18 beautiful colorations.

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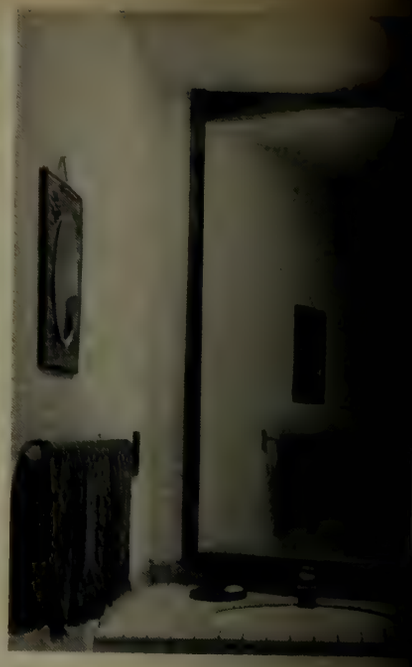

**Mirror covers** *plywood door, ha wood trim, counter is tiled. He architect Robert C. Peterson, Men*

*The mirror an what's behind*

**So little space** was left between stu pipes that the usual recessed c wouldn't fit above this lavatory owners decided on a small wooden net but with an oversized mirror that would match an adjacent w Shelves are well above the reach o children but still convenient for ad

**Recessed cabinet** *is 36 by 12 by 4 deep. Door is held closed by ma catch, opened by a metal pull at b*

# The fewer you make, the better you can make them.

Elegant Spanish Mediterranean stereo combination with largest color picture made. Hand crafted distressed oak and select hardwood cabinet encloses every possible feature. One of nine models. A limited number are planned.

DuMONT

# Divide & conquer

Say hello to the most-exciting interior innovation in years! Roll-A-Fold® Decorator Dividers. Rich, Mediterranean-styled accordion fold panels, superbly crafted from select hardwoods in a lustrous Spanish Chestnut finish.
Here's the perfect separation for popular L-shaped, combination rooms. These wall-mounted panels open and close easily on premium-quality non-mar Shepherd™ casters. And they're available in either 79¾" or 87" height to fit any width opening from two to twelve feet. You give us exact measurements of opening, we'll custom assemble and hinge units to guarantee a perfect fit. All hardware, mounting strips and instructions included. All you need is a screwdriver to install it. Here are just a few typical installations:

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| 86-96" opening | . . . . | 220.00 frt. ppd. |
| 114-122" opening | . . . | 270.00 frt. ppd. |

(Wash. residents add 4.5% sales tax)

Send check or M.O. today along with measurement of your opening and height preference. Money back if not delighted. For openings other than shown above, send 25c for complete brochure showing typical installations, price list and wood color chips.

interior fashions

Box 73, Bellevue, Wash. 98004


GLENN CHRISTIANSEN

**Fiberglass column** *fits between battens at entry. Mrs. Grace Mauerhan's home, Nicasio, Calif. Architect: Theodore Milhous*

## *Two outdoor lighting ideas*

**Wood** is the framework for these two units. The entry light above uses four long incandescent (showcase) bulbs; the streetside light below has a single 40-watt bulb hidden in the top.

**Pagoda-like streetside light** *is aid to night-time parking at the home of Dr. and Mrs. John C. Leissring, Los Altos, California*


# Simmons *Sunset* Collection of Hide-a-Bed Sofas

Simmons inspiration for this exciting collection of magnificent Contemporary Traditional sofa styles is Western Living as depicted by SUNSET Magazine. Offered in a variety of popular sizes, beautiful colors and luxurious stain-resistant fabrics—linen, Vectra® tweeds, quilted florabunda print. A matching pair of Hide-A-Bed® seats is featured on the opposite page. Don't miss the opportunity to see the Simmons *Sunset* collection, shown exclusively at these fine stores. Available for a limited time only.

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**Z.C.M.I.**

# It's just a charming sofa. Til good old Steve hits town.

Good Old Steve. Boyhood Pal. Army Buddy. Your Husband's Friend. Ur heard of that he should stay at a hotel. (Well, at least your husband wouldn't hear of it.)

So it's nice that your sofa's a Hide-A-Bed® sofa. The one and only Hide-A-Bed sofa. Made only by Simmons. The one designed with living room style. And so comfortable, too. (No one would guess there's a bed hiding in there.)

Only Simmons has such a gamut of styles. From Modern to Mediterranean. From Traditional to Contemporary. In a choice of sizes and hundreds of stain-resistant fabrics. (Or we'll custom-upholster in fabric you give us.) Then there are options like: Do you want quilting? And how do you want your cushions filled?

And then there's that beautiful bonus —The Bed. With the famous Simmons or extra luxurious Simmons Beautyrest® mattress. Full-length too, so Old Steve can stretch out. And that's a Simmons exclusive. (We even have super size mattresses in some Hide-A-Bed models.)

Consider the Hide-A-Bed sofa by Simmons. From $200 to about $800. And these days, no living room sofa is worth the price unless it hides a bed.

HIDE-A-BED SOFA BY SIMMONS

0178-1-815) from Golden Value Collection in 7250 Green Olive Price including Beautyrest mattress about $280 each. Most fabrics protected by ZEPEL Stain Repeller.

# Bring us your cold feet, your pale faces, your shivering bodies...

What you need is our kind of warm. Sunshine days that cozy up to you and turn those two blocks of ice into feet again. And give you a luscious, golden tan in the bargain.

Exhilarating, invigorating desert air that makes you feel frisky as a 15-year-old. Soothes miserable sinuses and turns off the sniffles. Like that.

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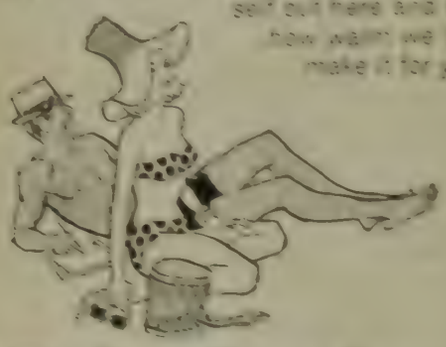

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Yes, yes, I want your kind of warm. Send me all kinds of information on Palm Springs on the Golden Sunshine.

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**Settled in** *for a chat. Telephone center has wall-hung phone, seat, light in San Diego house by architect Leonard Veitzer*

# *Should he sit or should he stand?*

**Depending on** how you feel about teen-age phone calls, you might choose one of the two telephone centers shown here: the one above, with its comfortable cushion seat, or the one below, purposely without a seat.

The one above is built in at the end of a hallway outside the bedrooms of two boys. They're allowed to put their feet up—for solid comfort—if they remember to take their shoes off.

The center below is simply a shelf large enough to hold the telephone and an open phone book, a compartment underneath to store the book, and an overhead wall light. It, too, is close to the children's bedrooms, but long conversations are discouraged because there's no place to sit.

**In shallow recess** *in bedroom hall, shelf and telephone for teen-agers in architect John T. Wright's home, Redmond, Wash.*


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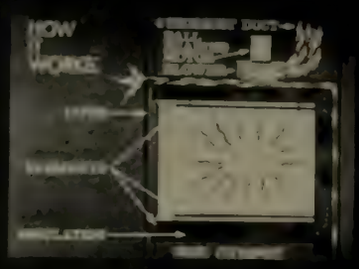
# THERMADOR ELECTRIC SELF-CLEANING OVENS REALLY ARE DIFFERENT

Thermador Self-Cleaning Ovens really are different. They are the only ones with their own built-in exhaust system. Fresh air is circulated around the oven frame, mixed with the hot air from the cleaning process and exhausted to the outside at relatively low temperatures. No smoke, fumes or odors can escape into the kitchen.



This exclusive, self-ventilating system operates automatically during the self-cleaning process and during prolonged broiling and baking. It also operates manually for regular broiling or baking.

And to provide double assurance of a smoke-free kitchen, the Thermador Self-Cleaning Ovens have a self-sealing gasketless door (an award-winning feature). This means no leakage and no fragile gasket to be cleaned around and replaced regularly.

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America's Finest Bilt-In Appliances Come from Thermador

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*Division of Norris Industries*

**Double end panel** *at far left is fixed, hood, cooktop; others stack behi*

**Door-height panels** *slide to the wall right; also stack behind a fixed*

# *Another open-an shut kitchen*

**Even in a household** where casual We living is the theme, there may be when you want to close off portio an open plan living area. Here covered panels slide out from two to shut off a kitchen. The panel arranged so that they hide the co even when the kitchen is open. closed they don't cut off air circul because they don't go to the ceilin

The left-hand set of panels slides bet a kitchen counter and a cantilevered ing counter; the other set closes o passageway into the kitchen. Both slide in overhead tracks, eliminatin need for bottom tracks in the co and floor that would collect crumb dust. The fabric is a natural sha burlap held in 1 by 2½-inch wood f

The architect was Robert Lawto Mr. and Mrs. Jordan Paine, Scott Arizona.

ere to see
The Sunset Scene

ere's more to it than meets
eye in these pages. We've
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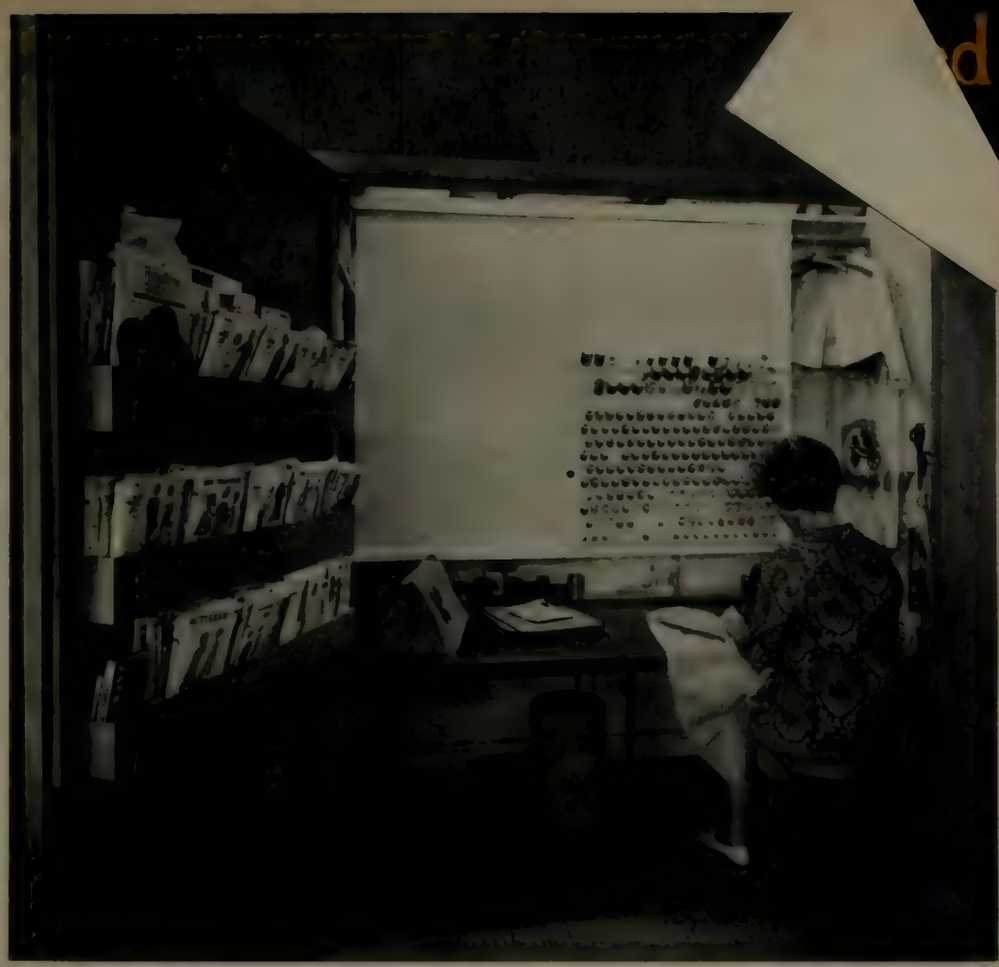

**Sewing closet** *behind two 3-foot-wide doors is compact, fully equipped; includes section for hanging unfinished articles, storage behind sliding panels (behind the spool holder)*

# She's in her sewing closet

**This compact** sewing closet has just about everything a seamstress could want.

William G. Shirreffs designed and built the 6-foot-wide, 3-foot-deep nook for Mr. and Mrs. Austin A. Wakeman, Menlo Park, California, who had saved space for it when they were building a new family room. The table that came with the machine was built into the closet and surrounded with storage. Mrs. Wakeman keeps labeled boxes on open shelves to the left, stores wrapping papers below. On the right she hangs her scissors, each in its own felt sheath, on cuphooks.

Two 4-foot fluorescent ceiling tubes provide light.

**Patterns** *store on inside of door in holders attached to vertical wood strips at edges*

**Wooden dowels** *mounted on stock outside corner molding hold spools and bobbins*

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A fine precision watch comparable in quality to conventional watches costing twice as much.

This is the modern way to buy a watch: pay only for the timepiece and not the time it took to make it.

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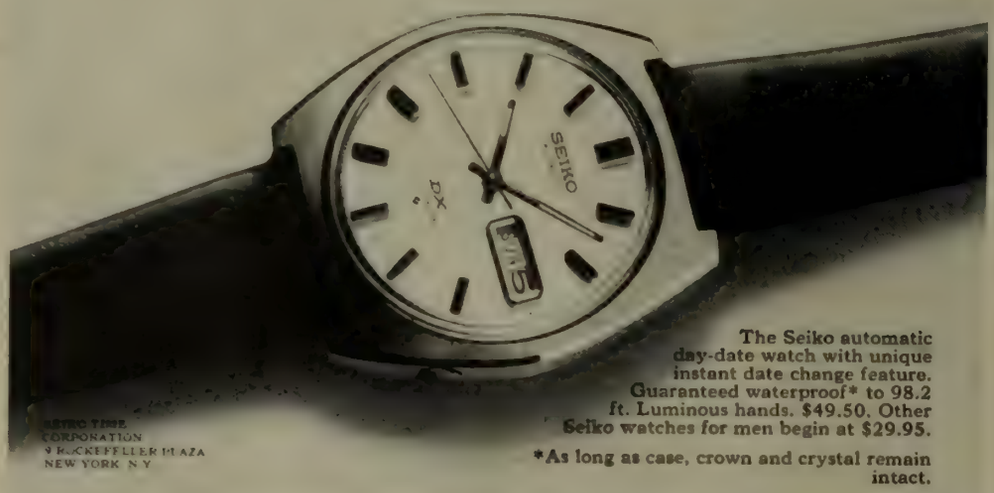


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*As long as case, crown and crystal remain intact.

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**This register** *warms both room and t*

# *Planning wher the registers go*

**Too often,** a heating contractor locat warm and cold registers of a force heating system wherever it is most venient for him to install them. As sult, you may have unsightly registe walls, or in traffic patterns on floor just where you would like to place f ture or rugs. And you may have poor distribution and some trouble with draperies.

Here we're going to show you what pened in one home when careful tho was given to register location.

**In a bathroom,** the register pictured a is on a bare wall near a corner. Ordina this would be a somewhat unsightly tion, but the corner was planned f towel rack that hides the register. W you take a bath here, your towels pleasantly warm and they dry off qui afterwards.

**In the kitchen,** this register is locat the toe space underneath the sink ca You cannot see it unless you're dow the floor, and it utilizes what is nor

To all the homemakers who have discovered
at Chiffon napkins are elegant enough for a
ditional holiday feast, we have a brief message:
Thanks.

A refreshing new idea for your bathroom!

# The fresh one

Every house should have our self-ventilating toilet. Without it, even a brand-new bathroom is already out of date. With it, any bathroom stays fresh, always. How? It's almost embarrassingly simple. The factory-installed ventilator works on water pressure alone. (No extra connections!) Turns the toilet bowl into sort of a vacuum cleaner that wisks away unpleasant air before it ever has a chance to get out into the room. The remarkable Compact/Vent-Away® costs less than $175.* Installs in about an hour. Comes in a bouquet of colors. If all your present toilet does is flush—call a plumber, quick!

The revolution is on at American-Standard.

*White about $30 less.

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AMERICAN STANDARD

wasted space under the cabinet. Prep breakfast on a cold morning is a de when you stand in front of the sin this kitchen.

DARROW M

**In the family room,** this register was pl in front of a sliding glass door to w drafts coming through the door an reheat the inside air that cools as it s down the large expanse of glass. The ister is set out far enough that it do disturb the draperies.

**The foyer** of this house is an ideal p for a cold-air return (it is in a co location serving several rooms, whe can draw in any cold air when the f door is opened); but such a return in floor would be in the traffic pattern the floor of the coat closet was r about 14 inches, and the cold-air re (comprising two registers) was place the space thus provided.

**Another** cold-air return was needed in bedroom hallway. To avoid having a l grille on the hallway floor or on on its paneled walls, the entire space be the toe space of a 10-foot-long linen c in the hallway was utilized as the c air return. Not shown in these ph graphs, it's similar to the warm-air ister under the kitchen sink (shown page 136), except that the full le of the toe space, covered only with forated aluminum sheet, is the air pas

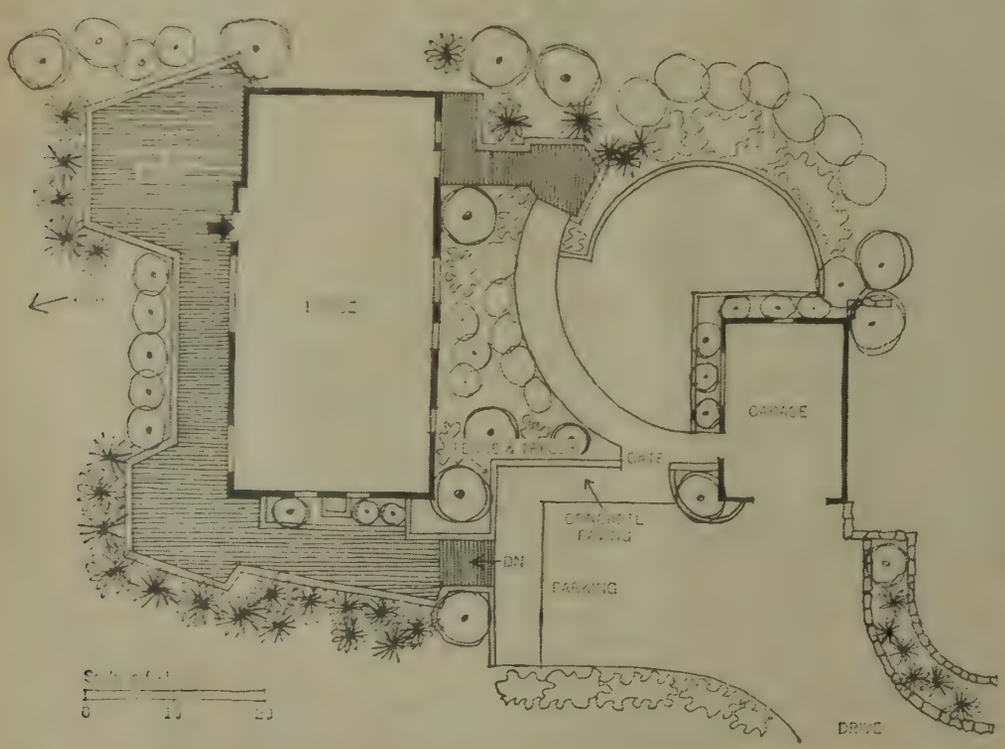
## You can't have too much of a good thing: Bright Nights by Fieldcrest

Nights: a power-packed idea from Fieldcrest. You can multiply it, add ght up your bed and bath with it. You can create new combinations of wn with matching solid colors—pink, black, canary, white, and gold. Or, if you like cooler colors, see Bright Nights in blues and greens. Choose sheets, pillowcases, blankets, towels, shower curtains, and bath rugs. Dial 800-243-0355—day or night—to find the store nearest you. The call is free.

*Fieldcrest* A Division of Fieldcrest Mills, Inc., 60 West 40th Street, New York, N.Y. 10018.

**New driveway** *provides off-street parking for several cars. Bold trellis, above stairs leading to deck, frames the relocated entr*

# New entrance, new decks, new fence, and new trellis




**The entire outward appearance** of Northwest bungalow was changed major remodeling that included dec new entrance, and a fence and trell unify house and garage.

Sitting in the middle of a corner lot, boxy little house was originally proached from the lower street leve

narrow concrete steps leading up to front door, which was seldom used. M steps led from the rear of the house to garage (see sketch above), which in connected to the side street by an a ward narrow driveway.

Landscape architects Chaffee-Zumw and Associates wrapped a deck aro two sides of the house towards the and changed the approach from the f to the rear. The fencing between h and garage provides privacy for the g sized rear yard.

The owner is Lt. Col. Anne M Steilacoom, Washington.

**ngs** *at ground level, about 2 feet below deck, grow up in ft between house and deck, already soften building lines*

**Lighting fixtures** *are galvanized metal cylinders incorporated into the railing design; wiring runs up the railing supports*

DON NORMARK

**end** *of new deck pushes out over slope in front of house to take advantage of fine view across Puget Sound to the Olympics*

# Introducing the carpet that will look just as good in the 21st century.

Do you have that up-tight feeling that there isn't a carpet made to go with your bright chrome, see-through, years-ahead furniture?
Stay loose. Magee's got Rampage from the Freeway Group.

Made for moderns in 24 wild colors like psychedelic red, turn-me-on pink, way-out blue. If these aren't wild enough we'll dye any color you want. And if Rampage isn't your bag, the Freeway group comes in a wide range of styles.

The Freeways.
Made in the 20th century to be ahead of its time in the 2

**carpet BY Magee**

In L. A.: L. A. Home Furnishing Mart, In San Francisco: 394 Western Merchandise

# *They fill the ormer doorway*

**re-route** the traffic after remodel- re's a way to use the old door space. st photograph below shows a bul- oard on the bedroom hall side. The photograph shows a bookcase on w family room side in a niche l by the old doorway and deep to hold books.

**rly a door** *to outside, cork-over-ply- bulletin board uses old door frame*

**her side,** *shelves hold books and me- os. Owner-designer is Tracy Gilbert*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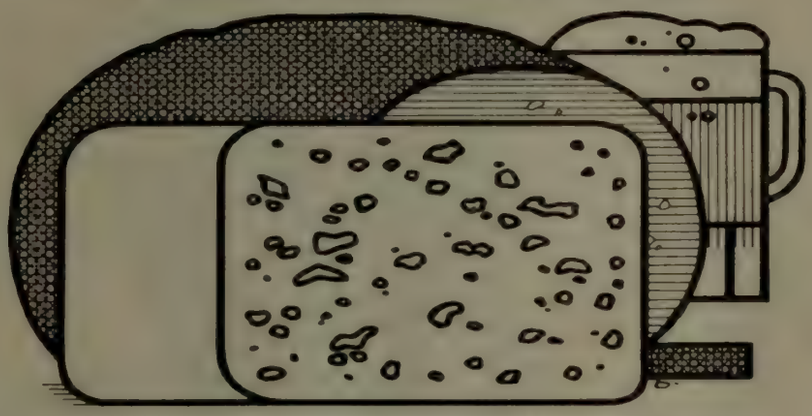
Imported DANISH CHEESE



Havarti is one of the legendary cheeses of Denmark. Pale yellow, spattered with holes. Richer, more robust as it ripens. Enjoy its piquant flavor with pumpernickel and beer . . . in cheese fondue, macaroni au gratin, scalloped potatoes. Havarti is great. Especially if you're looking for a great Danish cheese to serve tonight.

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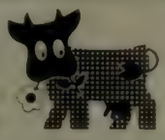
**California Danish Cheese Festival • November 1 - 30**



Why Honest-to-Goodness

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# You've never **heard** a chair like this before!

Wow! A chair with built-in stereo speakers. Built-in controls. Lounge back and take flight. Be swept away by total involvement with Beethoven. Or Brubeck. Has the privacy of earphone listening without that clamped-in feeling. Sounds better, too. Because you hear both channels in *both* ears, just like a concert hall. Developed expressly for CIRCA 703, but performs superbly with any Electrohome stereo.

# ...nor **seen** a stereo like this!

Who would have thought of a *round* stereo! Except Electrohome. Looks marvellous, as you can see. Sounds like only an Electrohome can because of its exclusive 360° satellite speaker system. Yes, *360°!* It's another idea from tomorrow . . . that Electrohome gives you today. See CIRCA 703 and other decorator-styled stereo hi-fi . . . traditional, colonial, contemporary . . . at your dealer's or write Electrohome, Kitchener, Ontario, Canada.

**ELECTROHOME**

*. . . an extra degree of excellence*


GLENN CHRIST

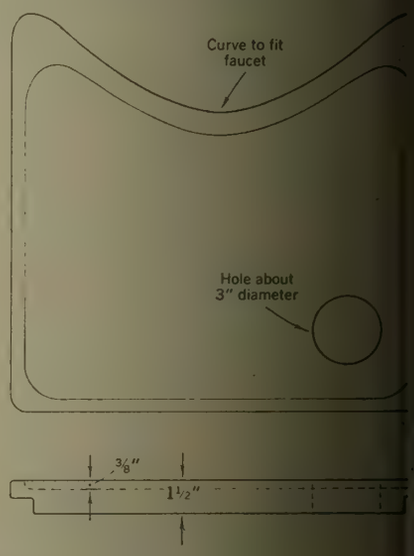
**Shaped** *maple board nestles snugly sink opening; raised edges hold in pa*

# *Fits-the-sink cutting board*

**We made** this cutting board and t it in one of the sinks of our test kitc Our home economists find it very us

The board was designed by Mrs. Sus D. Barrymore, who has the origin her home in Santa Barbara, Califora is made from a 1½-inch-thick m chopping block bought at a lumber and is heavy enough that it won't j and can withstand constant use. It side is hollowed; the resulting edg around keeps refractory pieces of e and the like from getting away. Bec of the curve on one side, the sink faucet can still be used while the b is in place.

The hole in the board has several tions: Parings go through it and inte




**Fit** *the board to your sink, with the over or near disposer and three notched to go halfway down inside*

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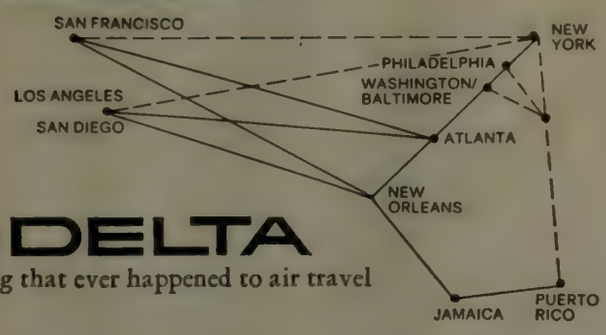


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COMPANY _____
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☐ Check enclosed
☐ Send C.O.D. ☐ Bill me.


DARROW M. WATT

**Cut out** *the hollow first, with a router, shaper, or drill press; then cut out sides*

disposer. A measuring cup set down in it receives small amounts of chopped ingredients; or a bowl underneath it receives larger amounts. And it's a drain when you wash off the board.

A cabinetmaker can duplicate this cutting board for you or you can make it yourself if you have a router, shaper, or drill press and router bits (it's almost impossible to hollow out the top of a hard, glued-up maple board with hand chisels).

Make the dimensions of the board fit your particular sink, and locate the hole over or near the disposer. The diameter of the hole will depend on the measuring cup you are most likely to use there (probably the ½-cup size, as shown in the photograph below).

Cut the rabbets in the three sides with a router, shaper, drill press, or circular saw. The curved edge is best cut with a bandsaw or saber saw, but can be done with hand tools. After sanding smooth, simply finish the board with a generous coating of salad oil or paraffin oil.

**Make** *the hole to fit a most-used measuring cup; cup can be set in when needed*


## See the Hotpoint Range at the Dealer nearest you

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**RENO**
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743 South Virginia Street

# It's like having two self-clean ovens.

While you are having coffee in the dining room, this beautiful Hotpoint range is cleaning itself in the kitchen. Just set the controls and that's that. If you buy the Hotpoint Hallmark RHV 786 before November 27 you will get a handsome set of heavy porcelain cookware as shown for not a penny more. It includes 1½ and 2½ quart saucepans with covers, a casserole and cover, and a 10 inch frypan. They look good and they cook good. About the only thing the Hallmark range doesn't do is the washing-up. After all, we make excellent dishwashers for that. Hotpoint. First with the features women want most.

*New Hotpoint oven cleans itself, cleans removable panels from second oven, too.*

*Limited offer with your purchase: this imported cookware at no extra cost.*

Hotpoint
GENERAL ELECTRIC COMPANY
Louisville, Kentucky 40225

# Sitting down to a turkey dinner this good isn't all there is to it.

(You'll still have a couple of things to do.)

*Thank goodness for*

**Banquet**

*frozen foods.*

*Surprise 'em tonight!*

DARROW M. WATT

**hung hearth** *is handsome, inexpensive to build, serves as a long fireside bench*

# An inexpensive cantilevered hearth

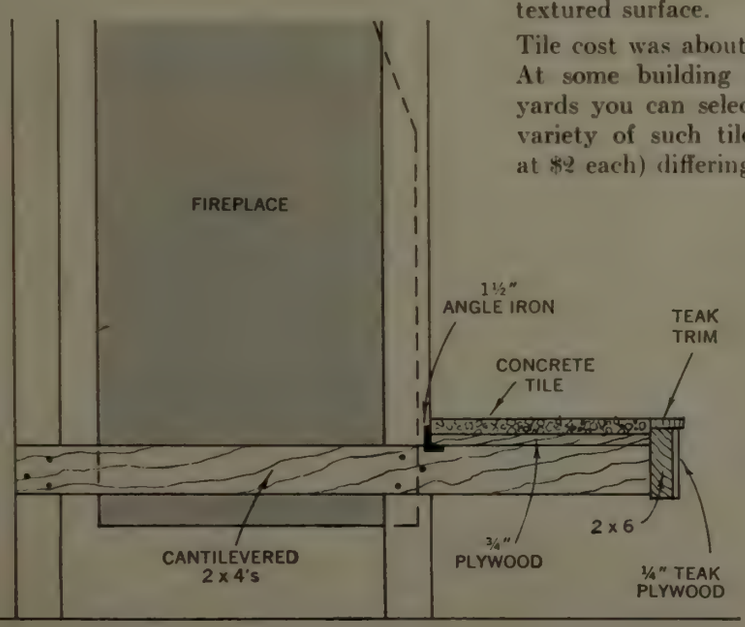
with fireplaces raised above the n good many Western homes today cantilevered hearths. Such a wall- hearth can give a pleasant airiness whole fireplace area, leave the floor ttered, and, if lengthy and 14 to 16 above the floor, serve as a delight- eside bench.

nany cantilevered hearths are com- ed, reinforced-concrete structures require heavy foundation supports. can be quite expensive.

one is not. Although it uses some expensive materials, its cost was less than half that of a plain concrete wall-hung hearth because there's no masonry foundation. The hearth is simply supported by cantilevered wood supports that extend through the deep partition wall containing the fireplace. Its surface—fireproof, as required by most building codes—is a comparatively lightweight layer of 16-inch-square, 1¼-inch-thick, precast concrete tiles.

Imbedded in the tile surface are large chips of black marble, partially ground to make the tile smooth enough for a bench yet still have a textured surface.

Tile cost was about $4 each. At some building materials yards you can select from a variety of such tiles (many at $2 each) differing in stone




**supports** *cantilever out from fireplace wall. Concrete tiles are set in mastic*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Blues as serene as midnight snow.
Blues as deep as the Aegean.
Blues as soft as a summer sky.
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Truly, if you haven't had The Masland Blues, then, quite possibly, you haven't had The Blues at all.
The Magic of Masland Carpets
C. H. MASLAND & SONS
PURE WOOL PILE
The wool mark is your assurance of quality tested carpets made of pure wool pile.

, size, and type of surface—rounded ble, partially ground, or ground as oth as terrazzo floors.

nown in the diagram, the cantilevered 4 supports extend through the deep lace wall, with ends nailed to studs e rear wall. There is one support on wall stud, every 16 inches under the h on each side of the fireplace (none s the fireplace itself). A ¾-inch ply- floor was nailed on top of these Ts.

e all together and to support the span s the fireplace opening, a 2 by 6 outer e was nailed across the front and of the hearth, as shown, and a 1½- steel angle iron was secured across ront of the fireplace to support the ood deck there.

result, the hearth feels as solid as built of masonry.

concrete tiles were cemented to the f the plywood floor with a concrete ic made for the purpose (available ilding materials yards). Each tile is ated from the next by a thin brass , as is done on terrazzo floors; the s were cemented in place with the concrete mastic. The joint between

DARROW M. WATT

*terrazzo strips, set in mastic, sep- the precast concrete-marble blocks*

iles and the 1½-inch angle iron along fireplace opening was caulked with furnace cement, a fireproof material able at heating companies and some ware stores.

ter-inch teak plywood finishes the and sides of the 2-by-6 outer frame, solid teak molding finishes the top s. Both are simply treated with a sh furniture oil.

hearth is 11 feet long and serves a bricated metal fireplace. Both its st weight and that of the metal fire- are supported only by standard wall construction. But such a hearth economize as well in the case of a l masonry fireplace, by eliminating eed for extra foundations extending nd the one for the fireplace.


# PLAY...

## The prize is Your Future! Nov. 5

The rules are simple. We don't tell you how to play, we just ask that you do. This may be the most important game you'll ever play!

Prepared by the Los Angeles Junior Advertising Club — space donated by Sunset Magazine

# Sometimes a double desk is the answer

**In family room,** *2½ by 11-foot desk handles large sheets of paper for owner's brush painting as well as work of family's younger artists. Architects: Allen D. Fong, George Mock, for Mr. and Mrs. Art T. Wong, Los Altos Hills, Calif.*

**An oversize desk**—if space permits—makes a marvelous table for hobbies an crafts as well as for general househol paperwork. All three shown on this pag are double desks with two kneeholes.

The desk at left was built to handle larg scroll-like sheets of rice paper for Jap nese *sumi* (black-and-white) painting. Tl second kneehole accommodates any of th children who feels artistically inclined c decides to study. And Mrs. Wong ca use the surface as a sewing counter. Bot this and the desk below, left, are covere with smooth, washable, plastic laminate.

Large windows admit daytime light fo two of the desks; blinds can be draw against glare if necessary. At night th Wongs use a down light over each des area; the Lums have concealed tube light ing in a panel above the window. Th Pepins' desk is lit by tube lighting co cealed in the closed storage unit directl above it.

**Built along one wall** *of kitchen-family room arrangement, double desk for paperwork, telephoning, or watching the news. James Casella designed it for Mr. and Mrs. John Pepin, Belmont, Calif.*

DARROW M. WATT

NELSON/ZE

**Overlooking garden,** *double desk for husband and wife in stu guest room. Desk incorporates file drawers. Architects: Vlad Ossipoff and Associates for Dr. and Mrs. Carl Lum, Hono*

Holland maakt kaas waar men
reeds 800 jaar van geniet.
Er is veel voor nodig om deze kaas
te kunnen maken. Het Hollandse gras,
de melk van Hollandse koeien, de zorg
en kundigheid van de Hollandse Kaasmaker.
Edam en Gouda.
Echte Edam en echte Gouda.

It's Dutch for Edam and Gouda.
Can you imagine describing hot dogs
in any language but American?

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IMPORTED CHEESE

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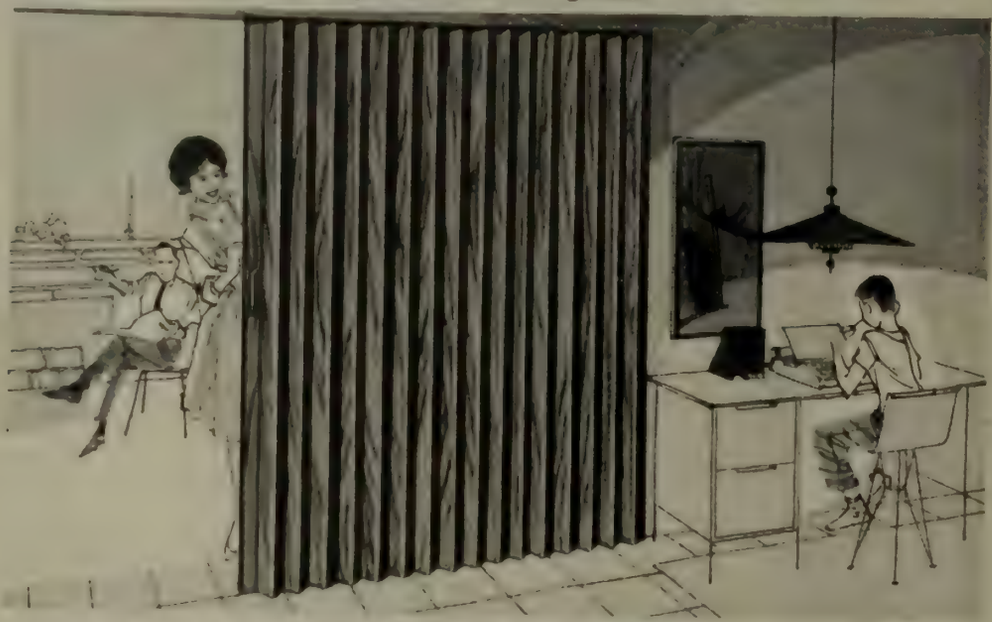

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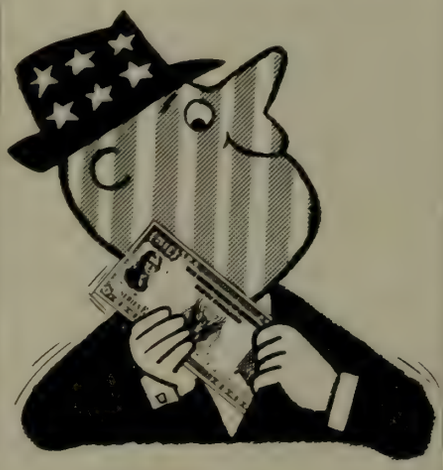
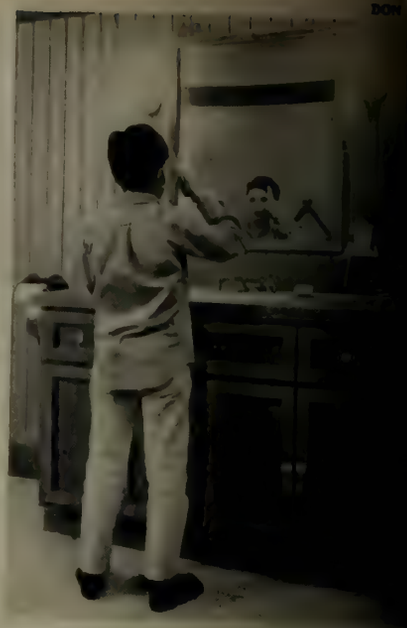
. . . Exclusively known as the baking powder with the Balanced Double Action!



How to get a nice red, white and blue feeling —and pocket a little green



UNITED STATES SAVINGS BONDS

**Lavatory** *unit has 6-inch-high bac to protect wall. Countertop is bro*

**Hat rack** *used as towel holder is opposite lavatory, next to tub-s*

# *Two boys get the own bathroom*

**Part of the remodeling** and enl scheme for the Donn F. Foreman near Bellevue, Washington, called new bathroom for two boys. It's second-story playroom near the bed and was designed with a sturdy, n line look by architect James W. P. Its generous size (18 by 7 feet) a ample space for the boys to wash shower without getting in each way. There's space at one end of foot-long tub for shelves and a chute to the laundry room below are ½ by 4-inch tongue-and-groove stained light brown. The lavatory age cabinet (see top photograph) stained to match the walls. The above has a 1 by 4-inch fir trim.

# o more handling records. Now all you do is push a button!

ore handling records! Now all you do is touch the button; the album number, and listen to your favor- ereo music.

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perbly balanced stereo acoustic suspension ker system. Up to 200 watts peak music power, -state amplification, FM/AM/Stereo FM radio.

ur choice of fine, wood grain finish consoles in Con- porary, Mediterranean, and Italian Provincial styles.

r your nearest dealer, contact Consumer Products sion, Seeburg Corporation, Chicago 60622.

Below: *The Kenilworth* solid-state Audiomation stereo record player with FM/AM/Stereo FM radio. Contemporary style in elegant walnut. Suggested retail price $895.00. Also shown, optional remote control.

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*White wine... from red wine country?*

Perhaps it is inevitable that the Napa Valley, justly famed for such great red wines as Pinot Noir and Cabernet Sauvignon, is often identified as "red wine country."

But Beaulieu's recently acquired Number Five Vineyard proves the Valley grows equally distinguished white wines too.

In an area which has been granted the highest "Region I" rating, this vineyard is blessed with what winemakers call a most favorable "Micro-climate" — higher elevation provides maximum sunlight, while cool Pacific breezes gently temper the heat. Here grow white burgundy grapes remarkably similar to the finest from the famed Côte d'Or of France.

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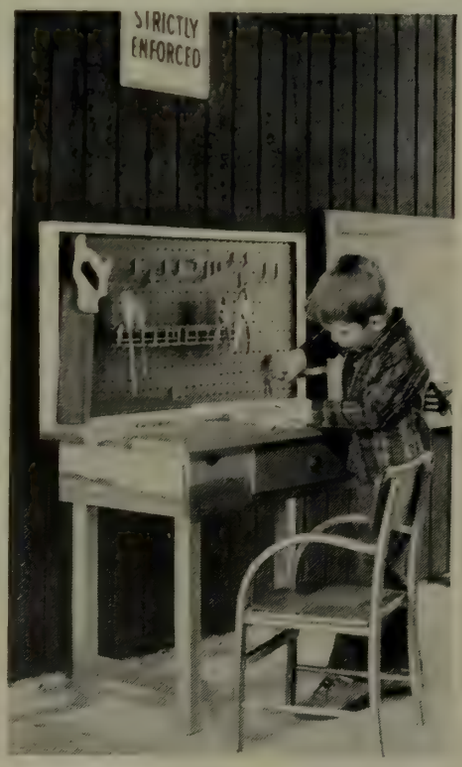
**Wood-screen door** *on sliding-garage-door hardware secludes carport from nearby s*

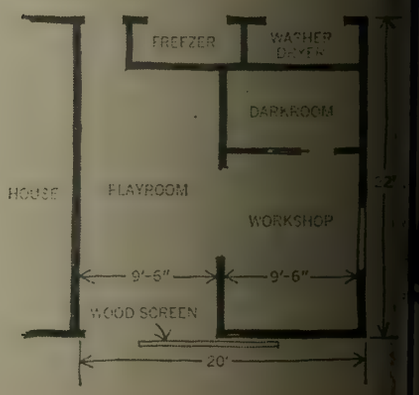
# New life for the old carport




**There are two workshops** *in the converted carport. This one, designed for young carpenters, is inside playroom*

**What with bicycles,** tools, washer-d and so forth, there was never spac cars in this carport. So Dr. and Mrs. C. Leissring of Los Altos, Californi cided to convert it into a utility are playroom for their two young sons found parking space elsewhere.

They enclosed half for a shop and a room and added closets at the rear freezer and washer-dryer. The other is unenclosed play area, screened fron street by a large sliding door made by 2 lumber spaced with 2 by 2 bl for decoration and rigidity.



# The Purina® Variety Menu elebrates Cat Week International* ...all November long

Nov. 3-9

ne on. Join in.

ou'll get Celebration Savings on the Purina Variety nu of Canned Cat Foods (clip coupon below). r cat will celebrate the delicious canned meals. the American Feline Society will get a helping hand.

**he Purina Variety Menu of canned Cat Foods make a contribution to the American ine Society for every label you mail in ing the month of November.**

he Society has been looking out for the welfare of cats since 1938. They find homes for strays, supply food and medicine for neglected cats, and serve as a "cat information center," all through donations such as this.

PURINA CAT CARE CENTER

So mail in those labels to:
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Checkerboard Square, St. Louis,
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For free information on cat care and feeding, write Dr. Jim Corbin, Purina Cat Care Center, Checkerboard Square, St. Louis, Missouri 63102.

6¢ STORE COUPON 6¢

This coupon
**WORTH 6¢**
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IF PRODUCT OR PERFORMANCE DEFECTIVE Good Housekeeping GUARANTEES REPLACEMENT OR REFUND TO CONSUMER

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erican Feline Society, Inc., N.Y., N.Y.

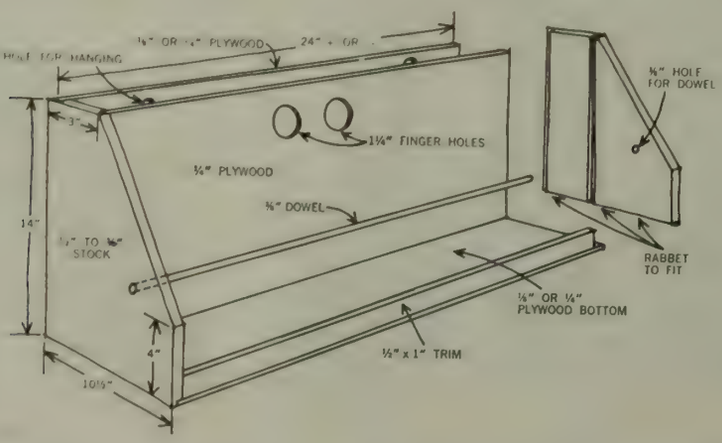
DARROW M. WATT

**This "tool box"** *keeps everything together, handy and ready, for wrapping presents*

# It's a gift-wrapping kit

**If you search** the house for paper, tape, and scissors every time you need to wrap a present, you'll appreciate this wrapping kit. Lightweight and easily carried about, it can be stored in a cabinet or closet or hung on a wall. Its rear compartment holds flat sheets, folded sheets, and rolls of wrapping paper. Scissors and other useful implements hang on the middle panel or store on the shelf below. The removable dowel holds a large collection of ribbons and cords.

Rabbeting the two ends makes the construction easy and neat (if you do not have power tools, you can attach the middle panel with narrow wood strips and just glue and nail the rear and bottom to edges of the sides). If you're using ⅛-inch plywood for the back and bottom, nailing will be difficult; just join the pieces together with glue. Use brass utility and cup hooks to hang things on the middle panel. The kit shown was simply finished with one coat of carnauba stain wax.




**Use white glue** *and small wire nails to assemble. Rabbet ends with saw or router*

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**Modern Floor Coverings**
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**Continental Furniture**
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**Armstrong Carpet**
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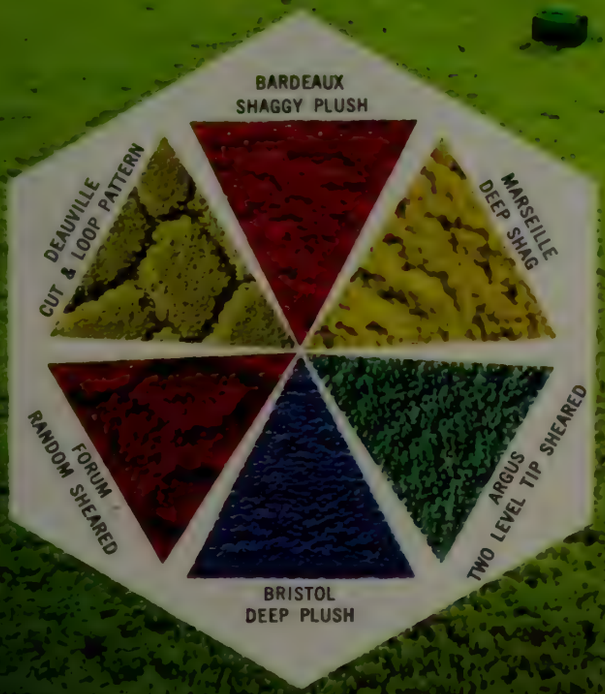


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← See dealer listing on opposite page

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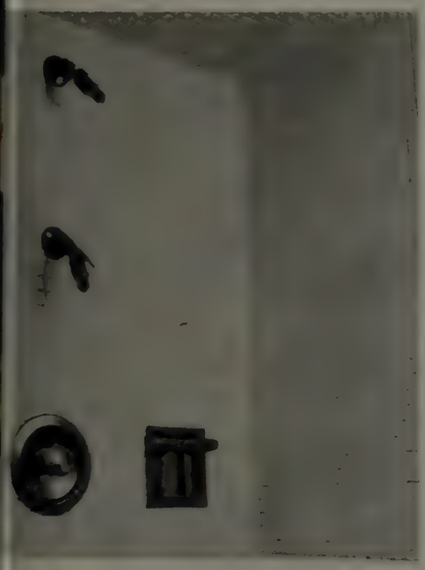
EDMUND Y. LEE

**nbathe,** *you stretch out on a long d counter in this master bathroom*

# *unbath bench . . . igh-low shower*

**two refinements** for the bathroom the home of Mr. and Mrs. Alan tor in Portland. They're quite un- licated and they work admirably. rchitect was Richard Sundeleaf.

s a bench for sunbathing indoors— y a long standard base cabinet in aster bathroom with a pad on top. ultraviolet sun lamps are recessed he bottom of the cabinet above the . The upper and lower cabinets pro- an extra asset—an unusually large nt of storage space in the bathroom. other is a pair of shower heads, one lower than usual and the other al- at the ceiling. Turn on the lower and re wetted only to shoulder height. on the upper, or both, for a com- overall dousing.



**two shower heads,** *each with valve, have the choice of a shower that t wet your hair or a thorough deluge*


# Make the greatest cooking discovery since fire.

Introducing the incredible **Amana** *Radarange* Microwave Oven It bakes a potato in 4 minutes, sizzles hamburger in 60 seconds, cuts turkey-roasting time 75%. No flame. No red-hot coils.

Now, Amana brings you a totally new way to cook, defrost or re-heat food—the Radarange oven, world's first portable microwave oven for home use.

Just push a button—set a timer—and fast, safe microwave energy cooks food deliciously in a fraction of the time you're used to. And only the food you cook gets warm. The oven stays cool.

Cleanup is a snap. You cook on plastic, glass or paper, and clean the oven with a damp cloth. And there's no grease film on kitchen walls.

The Radarange Oven works on standard 115-volt outlets, uses about as much electricity as a fry pan. This fall, make the Amana Radarange Oven your own discovery for the whole family. See your Amana dealer today. Or for additional information, write: Ann MacGregor, Dept. 351, Amana Refrigeration, Inc., Amana, Iowa 52203.

*Radarange*® MICROWAVE OVEN by **Amana**

Backed by a century-old tradition of fine craftsmanship.
Amana Refrigeration, Inc., Amana, Iowa. Subsidiary of Raytheon Company

**Radarange Total Appliance Warranty:** Amana warrants for 2 years from date of original purchase for home use only in U.S., free replacement or repair including related labor of parts found defective as to workmanship or material under normal use, and returned through Amana's dealer-distributor organization. Owner is responsible for local cartage, repairmen's travel expense if required, replacement of gaskets, rubber or plastic parts, light bulbs and accessories. Any product subjected to accident, misuse (operation while oven is empty, operated with metal utensils in the oven), negligence, abuse, defacement of serial plate, or alteration shall void the warranty. If the Service Seal is broken by other than an authorized Amana servicer the warranty is void. In Canada the warranty applies as above, except that it does not cover taxes, duties, assessments levied at time of part export.

# ...a lively, tangy blend of crispness and chewiness

Whether you pop our sliced English muffins into the toaster, or break our pre-split muffins into halves for the broiler, you end up with that just-right, lively, tangy blend of crispness and chewiness you expect of an Oroweat Sourdough English Muffin.

We happen to like to first butter the muffin halves, and then broil them until the butter melts and sizzles and the edges become brown and crisp. However, as you can see on your market's bread shelf, we package both the convenient, ready-sliced, smooth-surfaced type of muffin, and also — for staunch supporters of the traditional rough-surfaced English muffin — whole muffins that have been partially pre-split at the bakery to make it a bit easie fork the halves apart.

OROWEAT

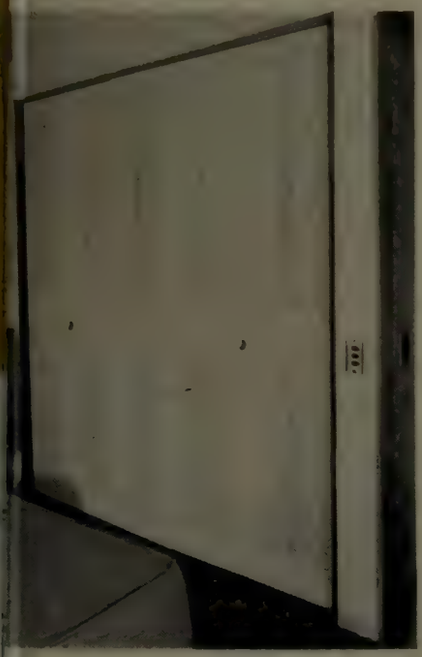
Oroweat Baking Co. of S. F.

RICHARD DAWSON

**niche** *is 26 inches deep, 30 inches Shelves and trim are oil-rubbed teak*

# *Behind the door is her desk*

**nd clothes closet** share an alcove in aster bedroom of the Richard A. house in Honolulu. The bi-folding r doors were chosen for their neat rance and for ventilation.



**ers** *are fir, painted white; middle one ed. Architects: Akiyama-Kekoolani*

**Your friends will RAVE about this gift**

## Salted Almonds

**from California**

Wait till your friends taste these crisp, crunchy almonds—the nicest gift you've ever sent. Just right for holiday entertaining!

These are choice Blue Diamond nuts from California, the salted almonds selected by leading airlines to serve at cocktail time. The gift pack shown features six 6-ounce tins, one each of our famous French Fried, Smokehouse, Barbecue, Cheese, Blanched Salted and Garlic Onion flavors. All are great served as snacks or with a favorite beverage. Tins come packed in handsome gift box. Price includes shipping. Satisfaction guaranteed. Send your list—we do the rest. (And don't forget to order for yourself!)

Gift Pack #22 (shown above). $4.25 postage paid

Send for free catalog of over 40 deluxe almond gifts for Christmas giving.

Send order with your name, address, check or money order to Dept. 21, **California Almond Growers Exchange,** P.O. Box 1768, Sacramento, California 95508.

BLUE DIAMOND

THE **TOWN & COUNTRY** BY... **NOR-WES**

## ***CHALETS***—for weekends, vacations, or year round ***LIVING!***

Seven different models to fit your budget and space requirements. Pre-cut to detailed plans. Materials marked to correspond with complete Material List for either the "Do-it-Yourselfer" or Contractor. Interiors of Select Kiln Dried Western Red Cedar. These units can be shipped anywhere in the U.S.A. Phone 988-5221.

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1075 Marine Dr., North Vancouver, B.C., Canada

Write for further information or send 25c for illustrated brochure.

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# Universal perker-upper.

(Just one of The Gift Line.)

It understands people who love their coffee. Brews 4 to 10 cups exactly to taste once you set the selector. If you only want a cup or so, Mini-Brew* handles things.

Filling the Coffeematic* is no hit or miss proposition. Peek-A-Brew* tells you when. It also lets you know how much coffee is left.

There's more. When you lift out hot coffee grounds, exclusive Cool Tip* saves you from burned fingers.

We've already gift boxed it, because it's the one coffeemaker so many coffee makers give.

*Trademarks of General Electric Company Coffeemakers

## The Gift Line

UNIVERSAL
BY GENERAL ELECTRIC

KNIVES · IRONS · CAN OPENERS · COFFEEMAKERS · SKILLETS · GRILLS · TOASTERS · CLOTHES BRUSHES · HAIR DRYERS · TOOTHBRUSHES · FOOD COOKERS · MIXERS · BLENDERS · MASSAGERS · ALL ELECTRIC

*uns from patio into concrete catch Rock mulch covers redwood box*

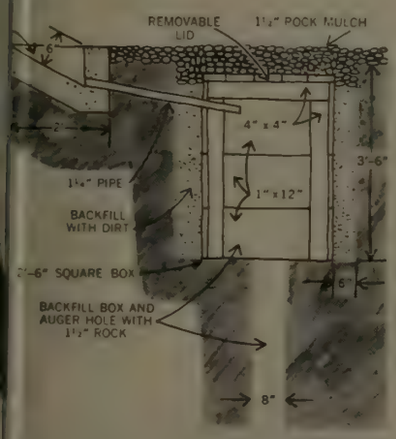
# *Try a dry well for drainage*

**sometimes** drains off patios in un-d ways, so that after a rain you marsh on the lawn or a puddle in h.

Nevins, of Fresno, California, de-o take the problem in hand as he is patio. He laid the bricks so that w, gutterlike depression leads run-a catch basin. From the catch 1¼-inch plastic pipe directs the nto a concealed dry well backfilled ½-inch rock.

y well should be deep enough to layer of permeable soil. Mr. Ne-und he had to drill down 18 feet. the well finally silts in, it can be ned and the catch basin pipes d to a new well in another area.

evins did all the drilling himself hand auger and extensions which ted for $1 a day. Materials cost $25.00.




*box comes off so foreign objects, as toys, can be removed from pipes*


# What-in-the-name-of Roquefort is this supposed to be?

Roquefort means Roquefort Cheese. Made of sheep's milk. Ripened in the Roquefort caverns. Not "something like it." Definitely not blue cheese. Hereafter, show me Roquefort on the label first. Just like the label on a vintage wine. Carry on!

Roquefort Association, Inc., 41 East 42 Street, New York, N.Y. 10017

ROQUEFORT FRANCE

# New book tells how to prepare gourmet dishes with the wild game your hunter brings home.

Pheasant, venison, waterfowl—exotic wild-game dishes such as these have long been favored fare of nobility and the rich. Now, if you're lucky enough to have a man who hunts in your family, you can enjoy game dishes as tantalizing as those served in the most exclusive restaurants. The new "Wild Game Cookbook" shows you hundreds of savory ways to prepare American game. And that's not all!

This 160-page illustrated book tells everything you and your hunter need to know—from the proper care of game in the field to the best sauce to serve with the finished dish. It contains instructions for quick, easy cleaning and preparing each type of game. Helpful diagrams. 433 recipes collected by Editor L. W. "Bill" Johnson, veteran hunter and experienced wild-game cook.

**PARTIAL CONTENTS**

UPLAND GAME BIRDS. Pheasant Delmonico. Oyster-Stuffed Grouse. Pigeon Italienne. Quail Baked in Wine.

WATERFOWL. Hungarian Roast Duck. Wild Goose au Feu. Broiled Breast of Teal. Curried Rail.

SMALL GAME. Beaver-Tail Soup. English Rabbit Pie. Apple-Roasted Opossum. Fricasseed Woodchuck.

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THE HANDLING OF GAME. How to field-dress game. How to prevent spoilage. How to pack and ship.

ORDER NOW. Send $1.95 cash, check or money order, and you will receive your book by mail, postpaid. Then you can start serving your family treats you can't buy in any store! Mail this coupon TODAY.

Remington DU PONT

Cookbook Dept. O
P.O. Box 206, Fairfield, Conn 06430

Please send me_____copies of the new "Wild Game Cookbook." I enclose $1.95 for each copy requested.

Name_____

Address_____

City_____State_____Zip_____

For
sipping
souping
stewing
savoring...

# MAGGI®
## instant bouillon
*... the flavor improver.*

Try Maggi's zesty Beef and Chicken flavor Instant Bouillon. A great pick-me-up hot drink . . . a soup extender that really enriches the flavor . . . a cooking aid for gravies, stews, and vegetables . . . Maggi Instant Bouillon is what flavor is all about.

**Door** *swings open for garbage collecting, meter reading. Diagonal 2 by 3 braces top*

**Two-foot-square lid** *opens for garbage deposit. Owner-designer: William D. Heaton*

# *Hiding place for garbage can*

**This cover-up box** on a concrete pad next to the garage wall provides quick access to the garbage can and gas meter. The top slopes gently and overhangs 2 inches for drainage, but it can still be used as an outdoor work surface.

The box frame of 2 by 4's was attached to two front corner posts (4 by 4's sunk in concrete) and covered with sheets of ⅝-inch exterior plywood overlaid with 1 by 4's spaced about one inch apart. The unit measures 57 inches long, 24 inches wide, 36 inches high at the front, and 39 inches at the back. Its door has two 6-inch T-hinges and fastens with a cabinet catch. The wood is finished with water seal over shingle stain.

Since all parts fit tightly together and the 1-inch vent holes on the ends are screened on the inside, the garbage can is practically fly-free.

**See the**
**WOLLENSAK MODE**
**at these fine store**

**CALIFORNIA**

**Berkeley**
Tape Recorder Center
**Burlingame**
Kaufmann's Cameras
**Campbell**
Breuner's
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From the bold new world of Wollensak sound

# e all new
# ollensak 6300

## ad this
## oint comparison
## en go hear
## at makes it
## e finest sounding
## ereo recorder ever!

like music, you'll really appreciate what
ew Wollensak 6300 does for sound. This Wollensak
res and plays back every note with unerring stereo
y and thrilling clarity. See the Wollensak 6300 . . . complete
eady to use for under $230. **Wollensak 3M**

**akers.** Wollensak sion-loaded speak- ce sound with a realism you'll be- y after you hear c equal, in fact, f far more costly, onent speakers.

**2. The amplifier.** Solid-state Wollensak amplifier reproduces sound that is absolutely faithful to the original. Full frequency range. Flat response. Low distortion. All engineered to professional standards.

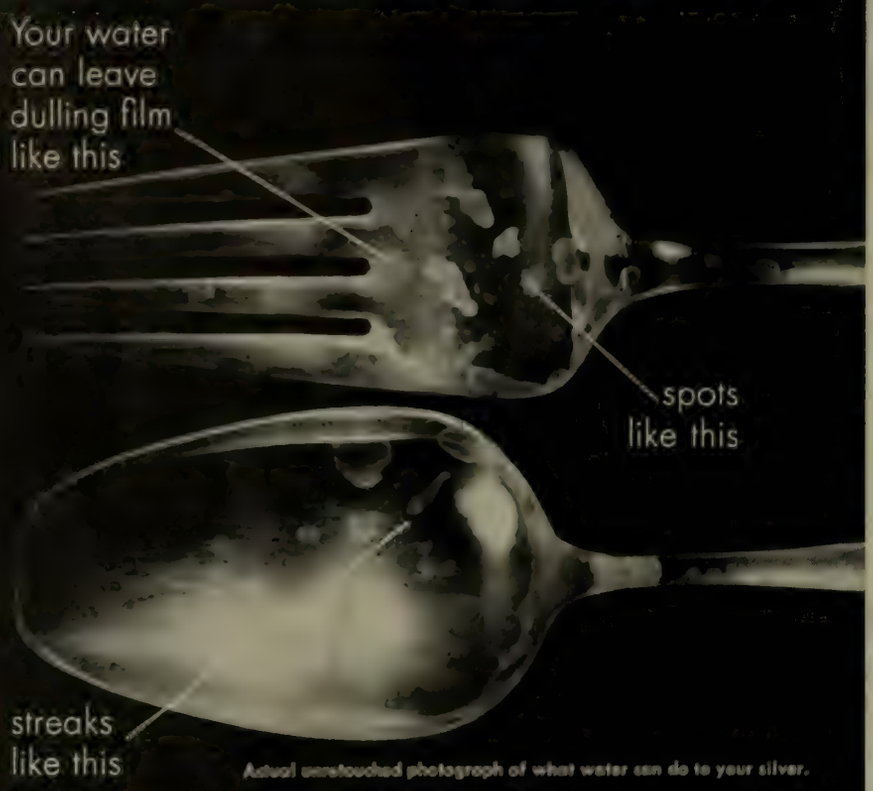
**3. The drive.** New Wollensak two-motor drive runs whisper-quiet; reduces wow and flutter to less than 0.15%. One motor drives capstan; one high speed functions, exclusive electro-dynamic braking.

**4. The controls.** Controls designed for precision in tape handling. Simple, open front threading. Automatic reel locks. Professionally calibrated VU meters. All controls interlocked to prevent tape damage.

**5. The chassis.** Solid, die-cast aluminum chassis provides maximum structural integrity for years of faithful service. Another example of the extra care that Wollensak puts into each tape recorder.

Your water is causing your dishwashing problems.

# ONLY FINISH MAKES A SPECIAL DISHWASHER DETERGENT FOR YOUR WATER.

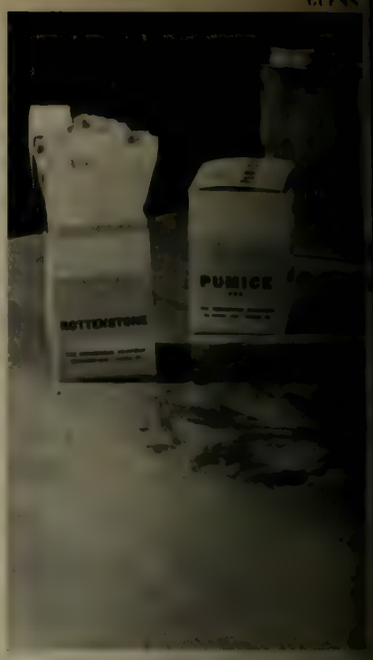



Actual unretouched photograph of what water can do to your silver.

**Finish is the only automatic dishwasher detergent with special formulas for extra-hard water, hard water, medium-hard water, soft water. That's why Finish gets your silver spotlessly clean. No matter where you live.**

Your water affects the results you get from your dishwasher. It can leave spots, streaks, dulling film. Finish is the only dishwasher detergent that has different formulas for water problems in different areas. Only Finish matches its formula to your water. Nobody else bothers. Why do we bother? Try Finish and see how spotlessly clean your silver, glasses and dishes can be. Your grocer has the right Finish formula for your area.

© Economics Laboratory, Inc., 250 Park Ave., New York, N.Y. 10017




**Main ingredients** *for rubbing fu*
*oiled pads, pumice, and ro*

## *Glass-smoo*
## *wood finish*

**Obtaining** a mirror-like surface
top is neither a difficult nor a
process. It simply takes some
certain materials, all of them
at most paint stores.

First, you apply several coats
ever varnish, lacquer, or shella
using with either a brush or a
sanding lightly between coats.
is to build up a fairly thick co
that is fairly free of lint specks
imperfections. (Paint in as d
location as possible, and wipe
clean with a tack cloth just b
coat is applied.)

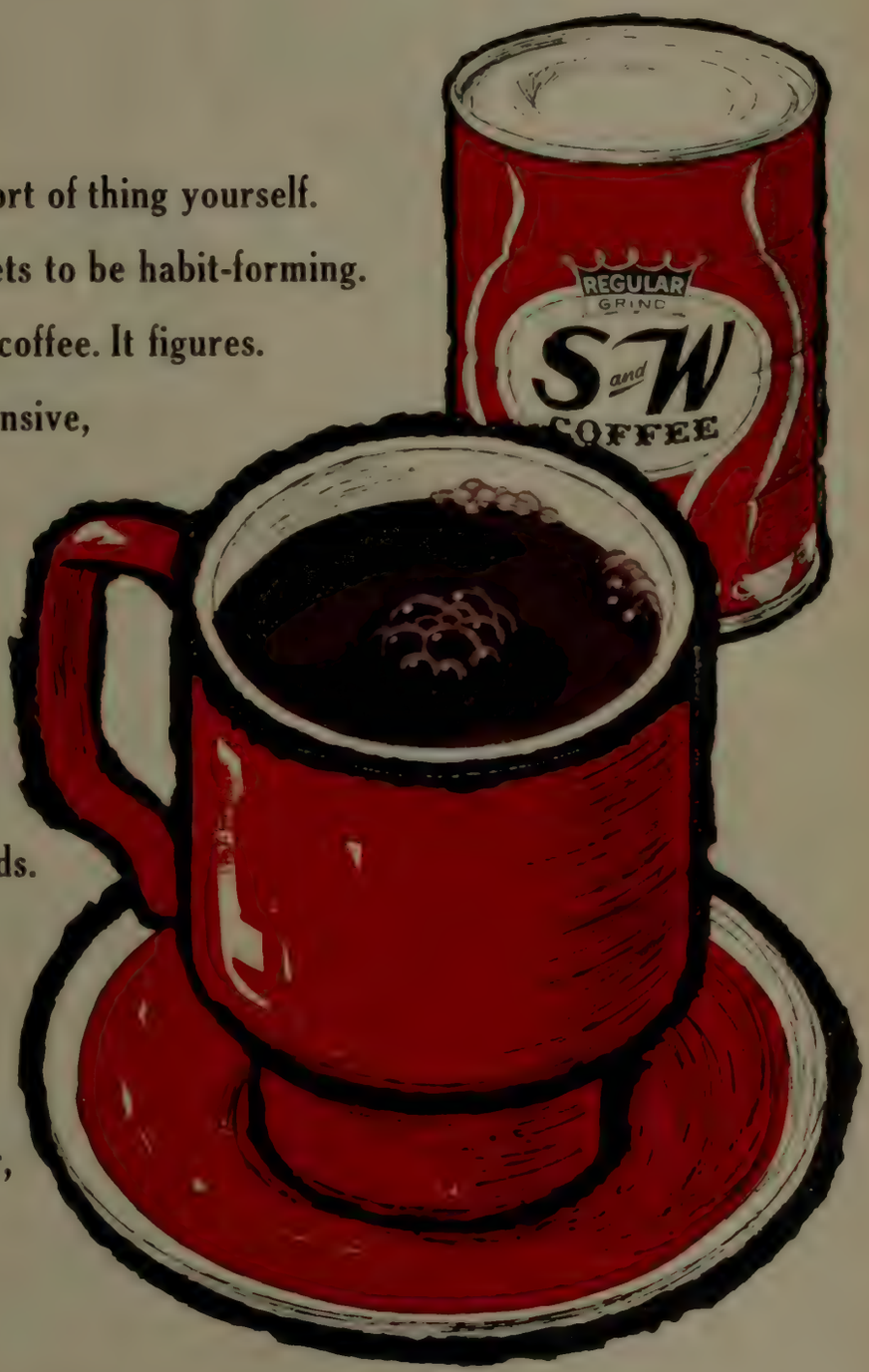
Let the final coat dry for sever
become really hard; this is
Then you are ready for the rubb
If there are some small imperfe
move them with 200 or 240-gr
dry sandpaper, used dry or w
Then go over the entire surfa
with 400-grit wet-or-dry paper.
the grain of the wood and us
#000 steel wool to reach int
moldings, and other irregularit

Dampen a thick felt pad or a
(such as an old T-shirt or dia
paraffin oil, sprinkle some dry
grade pumice powder on the
face (a kitchen salt shaker is ha
and start rubbing it in with
cloth. As with sanding, rub ma
the grain.

You use paraffin oil because it
get tacky and build up as some

# "I'm trying S&W Coffee because S&W Applesauce is so good"

Maybe you've said the same sort of thing yourself.
Quality gets to be habit-forming.
Great applesauce... great coffee. It figures.
S&W Coffee uses more of the expensive,
full-flavored beans
in its blend. More than
most coffees do. In fact,
S&W pays as much as 10
to 20 percent more for coffee
than many well-known brands.
Try S&W Coffee and see
if it doesn't make you want
to try S&W Green Beans,
S&W Salmon, S&W Apricot Nectar,
S&W everything!




**S and W Fine Foods – to know one is to love them all!**

RECOMMENDED BY Sunset FOR WESTERN FAMILIES

# WHAT THIS SEAL MEANS TO YOU

We think it's fair to say that *Sunset* is more careful about the advertising it accepts than most — if not all — other media in the country.

Before accepting an advertisement for publication, we satisfy ourselves that the prospective advertiser is a responsible company and that its products belong in a family magazine of Western living. We strive to make sure that all claims for products are honestly presented in every advertisement.

So when we recommend them to you, we mean that if in normal use any product carrying the *Sunset Magazine* Recommended Seal is proven defective or not as advertised in *Sunset*, we will replace it or refund the purchase price, if the advertiser for any reason does not do so.

We basically rely, as you do, on the integrity of the advertiser and his responsibility for statements about his product. To this we add our own offer of refund or replacement on those products which earn this Seal. This continues a *Sunset* policy of over 30 years standing, formalized by the Seal above.

We are proud of those companies who do advertise in *Sunset*. Collectively, their goods and services form an association with the helpful information prepared by our editorial staff. Editors are concerned with planning, executing, and seeing that you enjoy a recipe, a trip, family living, etc., and our advertisers furnish the essential products that are needed to fulfill these projects. In the pursuit of our dedicated policy on advertising acceptance, you should know that we refuse to accept advertising that does not complement our editorial service areas . . . liquor, tobacco, etc. . . . and all advertising that does not meet criteria of good taste and appropriateness for family reading.

You will be seeing the above Recommended Seal with greater frequency in the future, and we hope you will buy with increased confidence because of it.

Bill Lane

President and Publisher

do. On lacquer you can use a rea
lacquer rubbing compound in
pumice and oil. It's somewhat m
sive and cuts hard lacquer faster
the lacquer surface with pumice
ing the rubbing compound.

Rub until the entire surface
smoothed uniformly by the
(check by wiping spots clean wit
of your hand), and then rub a
for good measure. Wipe all of th
off the surface. The top shoul
very smooth to the touch and
in appearance.

Repeat the rubbing process wit
oiled cloth, sprinkling this time
tenstone. Rottenstone is a very
terial, and it polishes rather tha
the more you rub with it the fi
you will have. If it's a large table
sounds like a lot of rubbing, yo
felt pads on an oscillating sand
with both the pumice and the rot
(Use two pads; if there is any p
the rottenstone pad, it will co
cut rather than polish.)

When wiped clean, the surfac
have that mirror-like finish you
not, it just needs more rubbing
rottenstone.

For a final touch, some furniture
rub the work down with rottens
oil on the palm of a hand. For a
gloss, rub on a finish coat of
oil or any good furniture polish.

RICHARD

## *Grease trough*

**Here's a good way** to solve the
lem of oil and grease stains o
floor of a garage or carport. It
18-inch-wide, sand-filled tr
that runs almost the full leng
the car shelter so it catches
pings from a car of any le
Architects were Akiyama/K
lani for Mrs. Richard A. Gi
Honolulu.

# win a $500 catered party

## by describing CARA MIA ARTICHOKE PARTY-DIP!

You can win a party catered up to $500 FREE if you'll help solve our new Cara Mia Artichoke Party-Dip palate pleasing puzzle. Join forces with all artichoke enthusiasts – we hope this includes you – and help describe the tantalizing taste treat. Just "X" in any or all of the blocks that best describe the way you feel about Cara Mia Artichoke Party-Dip. Try a jar or two first to get the feel. Then check your feelings and become eligible to win the one big prize. What a party for $500! Or, if you prefer, you can have $500 cash. Join the Cara Mia Artichoke Party-Dip fun.

**No purchase required! Here's all you do!**

1. To enter, complete the entry blank by checking the appropriate boxes or by writing your comments on a separate sheet of paper.
2. Plainly print your name and address on your entry and mail it to Cara Mia Party-Dip Contest, 11599 Walsh St., Castroville, Calif. 95012.
3. Entries must be received no later than Midnight, November 30, 1968.
4. The prize is a party catered up to a total of $500 for all expenses. Or $500 in cash. Federal, state or other taxes applicable are the responsibility of the winner. All local, state and federal regulations apply.
5. Entries become the exclusive property of Artichoke Industries and may be used for any purpose. None will be returned. The winner will be notified by December 15, 1968.
6. The winner will be selected by a drawing of all entries.
7. Entries will not be accepted from employees of Artichoke Industries, its advertising agency, or their families.
8. Entry by any contestant constitutes acceptance of the above rules, and Artichoke Industries shall be the sole judge of this drawing with full power to determine the winner based on the above rules.

**"X" MARKS THE CHOICE!**

- ☐ **TERRIFIC** — but I'm an artichoke buff, so that's enough.
- ☐ **GREAT** — and has a naturally tangy flavor.
- ☐ **EXCITING** — a change from the ordinary party-dip.
- ☐ **ZESTFUL** — it really livens up a party.
- ☐ **SENSATIONAL** — but I like Cara Mia Marinated Artichoke Hearts, too.
- ☐ **WOW** — I like it because:

_____

_____

_____

(write in your own description)

SUNSET'S

# *Kitchen Cabinet*®

**What's the traditional** Thanksgiving dinner in the West? from one family to another. And while some families pre peat a favorite menu each year, others like a surprise or tw

For those who keep fairly close to tradition, we suggest a fi salad you can make ahead; it is not overly sweet, and can l before, with, or following the main course. Our nut-toppe potato or yam casserole is light and spicy, and compleme turkey dinners.

If you're looking for something a little different for your

*Fresh fruit salad has creamy dressing that is lighter and tangier than most*

### *CREAMY FRUIT SALAD*

The salad dressing combines yogurt and marshmallows, but your guests probably won't guess its contents.

- ¾ cup plain yogurt
- ½ cup miniature marshmallows
- 1 small pineapple or 1 can (about 14 oz.) pineapple chunks
- 3 large oranges
- 1½ cups halved and seeded green grapes
- 1 banana, peeled and sliced
- Romaine or mint for garnish (optional)

At least 1 hour before serving, combine the yogurt and marshmallows in a bowl; cover and refrigerate as long as overnight. If you wish, the fruits may be prepared early in the day you plan to serve; refrigerate arately. Cut all the brown the pineapple, then cut in c moving the core. (If canned is used, drain it well.) Cut p the white membrane from th with a knife lift out each se

Shortly before serving, fol bowl of yogurt mixture the chunks, orange segment grapes, and sliced banana.

You might garnish this sala maine spears. Or serve it i glasses or small bowls, garni mint sprigs. Makes 8 servin *San Lorenzo, Calif.*

*Add the nut topping at the last; all the rest of casserole can be done ahead*

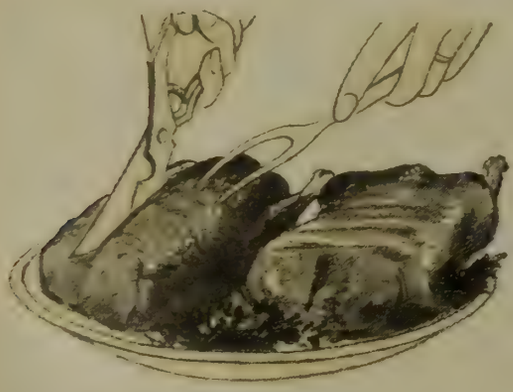
### *CASHEW-YAM CASSEROLE*

You could double this recipe and bake it along with the turkey in a 325° oven, then allow 1 to 1½ hours to heat.

- About 2½ pounds yams or sweet potatoes, whole or halved
- Boiling salted water
- 1 teaspoon cinnamon
- ¼ teaspoon salt
- 1 egg
- About ¼ cup pineapple juice or orange juice
- About ¼ cup sugar
- 3 tablespoons melted butter
- ½ cup salted cashews, coarsely chopped

Cook the potatoes in boiling water until very tender; drain. When cool enough to handle, peel potatoes. Using an electric mixer, beat until mashed, and measure—you should ha Add cinnamon, salt, egg, j sugar. Beat until fluffy, ad fruit juice if mixture seems and add more sugar or salt, Mix in 2 tablespoons of the

Spoon into a 1-quart cassero flé dish. (Cover and refrigera wish.) Add the cashews to re tablespoon butter in a sm pan; heat, stirring, until lightl Sprinkle on top of casserole. covered, in a 375° oven for minutes, until heated throu 35 minutes if refrigerated about 6 servings.—*J. J., Sa*



*With poultry scissors, cut the ducks into halves or quarters for easy serving*

### *DUCKLING HAWAIIAN*

You can use this same recipe for an 8 to 10-pound goose; carve it to serve.

- 2 ready-to-cook ducklings (4 to 5 pounds *each*)
- ¾ cup *each* chopped onion and chopped water chestnuts or celery
- 3 tablespoons butter or margarine
- 3 cups bread cubes, lightly toasted
- 1 small tart apple, peeled and diced
- 1 cup flaked coconut
- 1 tablespoon minced parsley
- 1 teaspoon *each* salt and poultry seasoning
- ¼ cup chicken broth or water
- Curry glaze (recipe follows)

Rinse ducks, pat dry, and remove excess fat. Sauté onion and chestnuts in butter; combine with bread in a large bowl. Mix in apple, coconut seasonings, and broth; spoon ties of birds. Tie legs and tail skewer neck skin to back, wings, and prick skin with

Place, breasts down, on a r open pan; roast in a 350° o tender (about 1½ hours for for goose). Turn over, brush and roast for 20 minutes m with remaining glaze spooned Serves 4 to 8.—*C. G., Honol*

*Curry Glaze.* Heat together spoon butter, ¼ cup honey, spoons prepared mustard teaspoon *each* salt and curr

y, consider roast duck or goose, Hawaiian-style. The fruity and curry glaze puts it into the slightly exotic class.

raditional in colors than in its tangy flavor, is the orange pie with a cooky crumb crust, a refreshing way to end any an-ample meal.

te you to exchange original ideas for Thanksgiving menus ipes with other Western cooks through our food pages. Mail utions to Home Economics Department, *Sunset Magazine*, Park, Calif., 94025. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

## HOPS WITH PEPPERS

s savory combination of meat tables with hot, cooked rice.

k chops, about ¾ inch thick
spoon salt
lespoons *each* water and olive l (or salad oil)
e onion, thinly sliced
en peppers, seeded, cut ngthwise in 8 pieces
e garlic, minced or mashed
s (8 oz. *each*) tomato sauce
water
spoons sugar
spoon *each* cinnamon and osemary, crushed
spoon chile powder
edded Parmesan cheese

ng pan with lid, cook the meat n fat until browned on both sides. Sprinkle with ¼ teaspoon of the salt; add the 3 tablespoons water, reduce heat, cover, and cook until tender, about 35 minutes.

In another frying pan, heat oil and sauté onion for 3 minutes; add peppers and garlic and cook about 5 minutes, stirring. Add tomato sauce, ½ cup water, sugar, cinnamon, rosemary, chile powder, and remaining ½ teaspoon salt; simmer gently until time to serve meat, about 10 minutes.

Spoon pepper sauce over meat in serving plate and sprinkle with cheese; serve with rice, if you wish. Makes 6 servings.—*H. N., San Francisco.*

*Peppers in their sauce are spooned over pork chops on the serving plate*

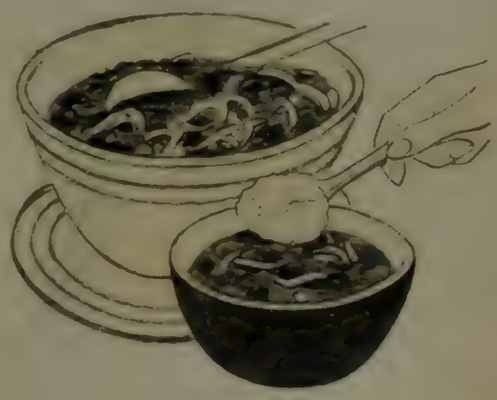
## GE PATCH SOUP

homey flavors combine to his hearty soup-stew to serve ol evening this month.

und ground beef
blespoons butter or margarine
dium-sized onion, thinly sliced
p thinly sliced celery
n (1 lb.) tomatoes
ps water
n (1 lb.) red kidney beans
aspoon *each* salt and chile powder
aspoon pepper
ps thinly shredded cabbage

ge frying pan or Dutch oven, e beef in butter, stirring, until l and crumbly. Add the onion ry and sauté about 5 minutes. Stir in tomatoes (break up with a fork), water, beans, salt, chile powder, and pepper. Bring to boiling, add the cabbage, cover, and cook until cabbage is tender, about 3 minutes. Serve in soup plates or large bowls. Makes 4 to 6 supper-sized servings.—*J. T., North Hollywood, Calif.*

*When serving, you might top each bowl of soup with a mound of mashed potato: Prepare 1 envelope (enough for 4 servings) instant mashed potatoes as directed on package, but using a little less liquid than called for; beat in about 1 tablespoon instant toasted minced onion.*



*A topping of mashed potatoes is an optional addition to this supper soup*

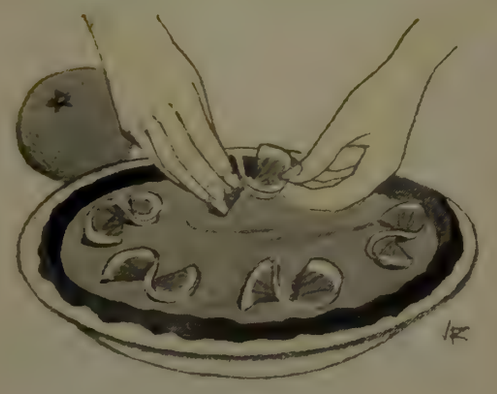
## Y ORANGE PIE

cream cheese in the filling adds or to this light dessert.

ooky crust (directions follow)
ackage (3 oz.) orange flavored gelatin
p sugar
ps boiling water
p orange juice
ackage (3 oz.) cream cheese, softened
aspoon grated orange peel
p whipping cream

the cooky crumb crust as di- bake and cool. Combine the and sugar. Add boiling water ir until completely dissolved; orange juice and chill until al- t. Using an electric or hand ro- ater, beat the cream cheese with orange peel until smooth. Gradually add cream and continue beating until fluffy. Add partially set gelatin and beat together until blended and light. Pour into the prepared pie shell; chill until set. Garnish with orange slices when you serve, if you wish. Makes a 9-inch pie.—*N. C., Walla Walla, Wash.*

*Cooky Crumb Crust.* Crush chocolate wafer cookies (or crisp coconut macaroon cookies) to make 1¼ cups fine crumbs; blend in 2 tablespoons melted butter. Press lightly into greased 9-inch pie pan to cover bottom and sides evenly. Bake in a 325° oven for about 8 minutes.



*Twist paper-thin orange slices and arrange them on the pie for garnish*

The sweet, soft Hachiyas are coming into markets now. So are a few of the tasty firm persimmons. Here are ways to use both

# It's delicious persimmon time

**Bright orange persimmons** are making their annual appearance in Western produce markets and family gardens this month. Their season is relatively short, but some of the fruit is usually available through the holiday season.

Hundreds of Oriental persimmon varieties are known, but only a few account for the commercial crop or are common as garden trees in the West. They are of two distinctly different types. The fruit of the more common type must ripen until very soft before it is ready to eat. But gaining in popularity are varieties of persimmons that become sweet while still firm, with an applelike texture.

About 90 per cent of the persimmons sold in food markets are of the familiar soft type; the best known is a variety called 'Hachiya.' You see this persimmon in the photograph at right: in the foreground, cut, and at the front of the basket.

A number of other soft varieties are so similar to 'Hachiya' that it is difficult to distinguish them. All are notoriously astringent when firm, and must be ripened to a soft, jellylike consistency before they can be eaten. When fully ripe, they have melting, sweet flavor and slippery texture. These soft persimmons are usually found in markets through December.

Another soft persimmon, not available in markets but grown in Southern California gardens, is 'Tamopan.' This one looks quite different from the familiar 'Hachiya.' It is larger, has a flattened round shape with a constriction just above the middle, and it ripens to a golden yellow-orange. You see it at top left in the basket in our photograph. In flavor and texture, 'Tamopan' is like the other soft persimmons.

You may discover the firm persimmons at a market this month, especially in one that caters to Oriental food tastes. Or you may be growing some of them in your garden. The best known varieties are 'Maru' (muh-*roo*), 'Fuyu' (*foo*-yew), and 'Hyakume' (*yah*-koo-may).

'Fuyu' is at top center in the basket at right, and the bronze-colored 'Hyakume' is at far right in the basket. 'Maru' looks much like 'Fuyu,' but is slightly more round in shape—you can compare the two in the photograph on page 177.

All three varieties are ripe when the skin is fully colored; at that point they are still firm. When you cut them, the flesh of 'Fuyu' persimmons is uniformly tan colored; most 'Maru' and 'Hyakume' persimmons (all the ones with seeds) are flecked with brown around the seeds (this explains why they are sometimes referred to as "cinnamon" types). By the end of November the firm varieties will be about gone from the markets.

Of the three firm persimmons, 'Fuyu' is most popular for home garde fruit from its trees is sweet whe the other hand, the fruit of 'M 'Hyakume' trees needs to be treated to remove the astringe the non-seeded yellow portio grown commercially is always tr can be guaranteed sweet, but of no suitable way that this ca at home. So if you have 'Maru kume' trees in your garden, ea brown-flecked sweet portions of (For how to grow persimmons 212 of the November 1967 *Sun*

Here are recipes and directions ing, preserving, and serving bot firm varieties of persimmons.

## *The soft persimmon*

To use the fruit of soft persimm ply cut them in half and scoop from the skin with a spoon. Or c tops and serve as dessert in glasses, as shown at left. For be they should be served well chill fully slice fresh, unpeeled soft pe to use in salads and desserts.

You can freeze these soft per whole for use later in the year. actually heightens their natural vor. Partially defrosted frozen mons can be served as a simpl eaten this way, they are similar fruit ice.

### Freezing Whole Soft Persimmons

Let persimmons ripen until very jellylike. Wash fruit, place on a in your freezer, and freeze until fi wrap persimmons individually a wrap tightly for storage in free avoid bruising the fruit if you after it is frozen.)

To serve, remove persimmons fro about 20 minutes before you pl

BARROW M. WATT

**Serve chilled** *soft persimmon, with top cut off, to eat with spoon for dessert*

GLENN CHRISTIANSEN

## Some soft, some firm

*Familiar soft 'Hachiya', cut, and in front in basket; rarer soft 'Tamopan' at left in basket; and two firm persimmon varieties. Honey and lime are complementary flavors*

# South African Rock Lobster Tails Mayonnaise

You can serve South African Rock Lobster Tails so many different ways. As a tempting cold appetizer with mayonnaise on the side. In savory newburgs, steaming casseroles, crisp salads, tangy curries. The list is practically endless. South African Rock Lobster Tails come in different sizes but they all have one thing in common—wonderful flavor.

Only the icy waters flowing from the Antarctic can produce lobster tails so tender and succulent. Enjoy South African Rock Lobster Tails at your favorite restaurant or get them from the frozen food cabinet at your store. Big or little, they're high in protein, low in calories and wickedly delicious.

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**sliced** *firm persimmons in fruit salad with creamy lime dressing. Whole 'Fuyu' near center, two 'Maru' persimmons at right*

You might peel them with a vegeta-
eler while still frozen and slice into
ng dish, or serve whole.

ulp of soft persimmons can be used
ed products such as cakes and cook-
uch as you would use apple sauce.
ou can freeze this persimmon purée
later for baking.

**ng Soft Persimmon Purée**

flesh from whole ripe persimmons
a spoon; discard skin, seeds and
Whirl a little at a time in blender,
e through a food mill. For every
s of purée, add 1 tablespoon lemon
Pack in freezer containers to within
of the top. Freeze.

ollowing recipes call for persimmon
. Use a spoon to scoop the flesh from the skin of fresh persimmons; whirl in blender until smooth or press through a food mill. Make the purée just before you plan to use it; it turns brown with long standing. Or use frozen purée, defrosted.

Persimmon jam is made without boiling the fruit (boiling causes bitterness). It needs to be refrigerated and used within about two months. For longer storage, freeze, then use the defrosted jam within about two weeks.

**Persimmon Freezer Jam**

- 4 cups persimmon purée
- 3 cups sugar
- 2 tablespoons lemon juice
- ¼ teaspoon grated lemon peel

In a large pan combine persimmon purée and sugar. Cook over low heat, stirring constantly until thickened, about 20 minutes. Do not boil. Remove jam from heat and stir in lemon juice and peel. Pour into hot sterilized jars to within ¼ inch of top. Adjust caps and seal. Store in refrigerator or freezer. Makes about 3 pints.

You will enjoy the fresh persimmon fruit flavor in this refreshing ice cream.

**Persimmon Ice Cream**

In a large bowl, mix together 2 cups persimmon purée, 2 teaspoons lemon juice, and ¼ teaspoon grated lemon peel. Add 1 quart softened vanilla ice cream and mix until well blended. Pour into 1½-quart container, cover, and freeze. If frozen solid, allow to mellow at room temperature about 15 minutes before serving. Makes about 5 cups.

In baked products, persimmon purée loses its identity but contributes a spicy, fruit-

## You can freeze whole persimmons . . . and also purée

# These persimmons are less common

**Firm 'Hyakume'** *may have seeds, brown flecks like this, or be seedless, no flecks*

DARROW M. WATT

**Oddly shaped 'Tamopan'** *is larger than common soft 'Hachiya'; they taste alike*

like flavor and a moist quality. Because of the chemical structure of fresh ripe persimmons, it is necessary to add soda to the purée before using it in baking: this assures light-textured results in cakes and cookies.

Serve this spicy, firm-textured cake warm (or reheated) and dusted with powdered sugar for breakfast or brunch. Top it with whipped cream for dessert.

**Spicy Persimmon Cake**

- 1¼ cups persimmon purée
- 1 teaspoon soda
- ½ cup (¼ pound) butter, margarine, or shortening
- 1 cup sugar
- 2 cups regular all-purpose flour
- 2 teaspoons baking powder
- 1 teaspoon cinnamon
- ¼ teaspoon salt
- ½ teaspoon *each* nutmeg and cloves
- ½ cup finely chopped pecans
- 1 teaspoon grated orange peel
- ½ teaspoon grated lemon peel
- Sifted powdered sugar or slightly sweetened whipped cream

Stir together the persimmon purée and soda until well blended; let stand while you cream together the butter and sugar until light and fluffy. Add persimmon purée and soda mixture to the creamed mixture; blend well. Sift flour, measure, and sift again with baking powder, cinnamon, salt, nutmeg, and cloves. Gradually blend into batter. Add nuts and fruit peels; beat just until well blended.

Spoon the stiff batter into a greased and floured 8 or 9-inch square baking pan or 5-cup mold. Bake in a 350° oven for 40 to 45 minutes, or until inserted pick comes out clean. Let cool in pan 10 minutes, then invert cake onto cooling rack. Let cool about 15 minutes more and serve warm, dusted with powdered sugar or topped with whipped cream.—*J. A., Napa, Calif.*

These cakelike cookies are filled with nuts and raisins, and are lightly spiced.

**Persimmon Cookies**

- 1 cup persimmon purée
- 1 teaspoon soda
- 1 cup (½ pound) butter or margarine
- 1 cup sugar
- 1 egg
- 1 teaspoon vanilla
- 1 teaspoon lemon juice
- 2 tablespoons brandy or orange juice
- 3 cups regular all-purpose flour
- 1 teaspoon baking powder
- ½ teaspoon salt
- 1 teaspoon cinnamon
- ½ teaspoon nutmeg
- ¾ cup *each* currants and chopped nuts

Mix together thoroughly the persimmon purée and soda; let stand while you cream together the butter and sugar until light and fluffy. Beat in egg, vanilla, lemon juice, and brandy. Then add persimmon purée and mix until blended. Sift flour, measure, and sift again with baking powder, salt, cinnamon, and nutmeg. Gradually blend into creamed mixture, then add currants and nuts and mix just until well blended.

Drop level tablespoonfuls of dough 2 inches apart onto a lightly greased baking sheet. Bake in a 375° oven for 12 to 14 minutes, or until browned. Makes about 5 dozen.—*M.S., Redwood City, Calif.*

## *The firm persimmons*

The firm persimmons — 'Fuyu,' 'Maru,' 'Hyakume'—can be eaten out of hand as you eat an apple.

When sliced crosswise into roun fruits reveal an interesting and a pattern radiating from the cent can be removed, or left in place t carded as the fruit is eaten. The crisp slices combine nicely with o fruits for salads and desserts.

If you want to put some of the away to use later, they can b either whole or in slices. Freeze th persimmons when all green ha peared from the skin and the turned deep orange. Follow the d for freezing whole soft persimmo

**Freezing Slices of Firm Persimmons**

First prepare a sugar syrup by co 2 cups sugar with 4 cups wate tablespoon lemon juice; stir over heat until sugar is dissolved. Peel simmons with a vegetable peel and pack into freezer container fruit with the syrup to within 1 the top. Freeze. Syrup is enough f 5 pints fruit.

In this salad the fresh crispness a flavor of the persimmon are acce a slightly sweet, creamy dressing

**Persimmon Fruit Salad**

Slice 3 ripe firm persimmons (p unpeeled). Slice 1 or 2 *each* of the ing fruits: unpeeled Delicious app Bosc or Comice pear, and peeled Halve and seed about 1 cup fresh (optional). Arrange fruit on bed of on a large platter. Serve with lim dressing (recipe follows). Makes to 8 servings.

*Lime Fruit Dressing.* In the top p double boiler, beat 2 eggs with a beater until they are light and Gradually beat in ⅔ cup sugar, spoons lime juice, and ¼ cup orang Place over steaming (not boiling and cook, beating, until thicken foamy. Remove from the heat a well. Just before serving, whip heavy cream until stiff and fo chilled dressing. Spoon into servin and sprinkle top with 1 teaspoon orange peel.

Slices of firm persimmon are a su ingredient in this mixed green sal complementary dressing is slightly ened with honey.

**Green Salad with Persimmons**

- 2 quarts torn mixed greens
- 4 ripe firm persimmons, peeled, sliced
- 2 tablespoons fresh lime juice
- 1 tablespoon honey
- ⅓ cup salad oil
- Dash *each* salt and cinnamon

In a bowl, mix together the torn and persimmon slices. Beat togeth juice, honey, salad oil, salt, and cin until well blended; pour over gree gently and serve. Makes about 6 se

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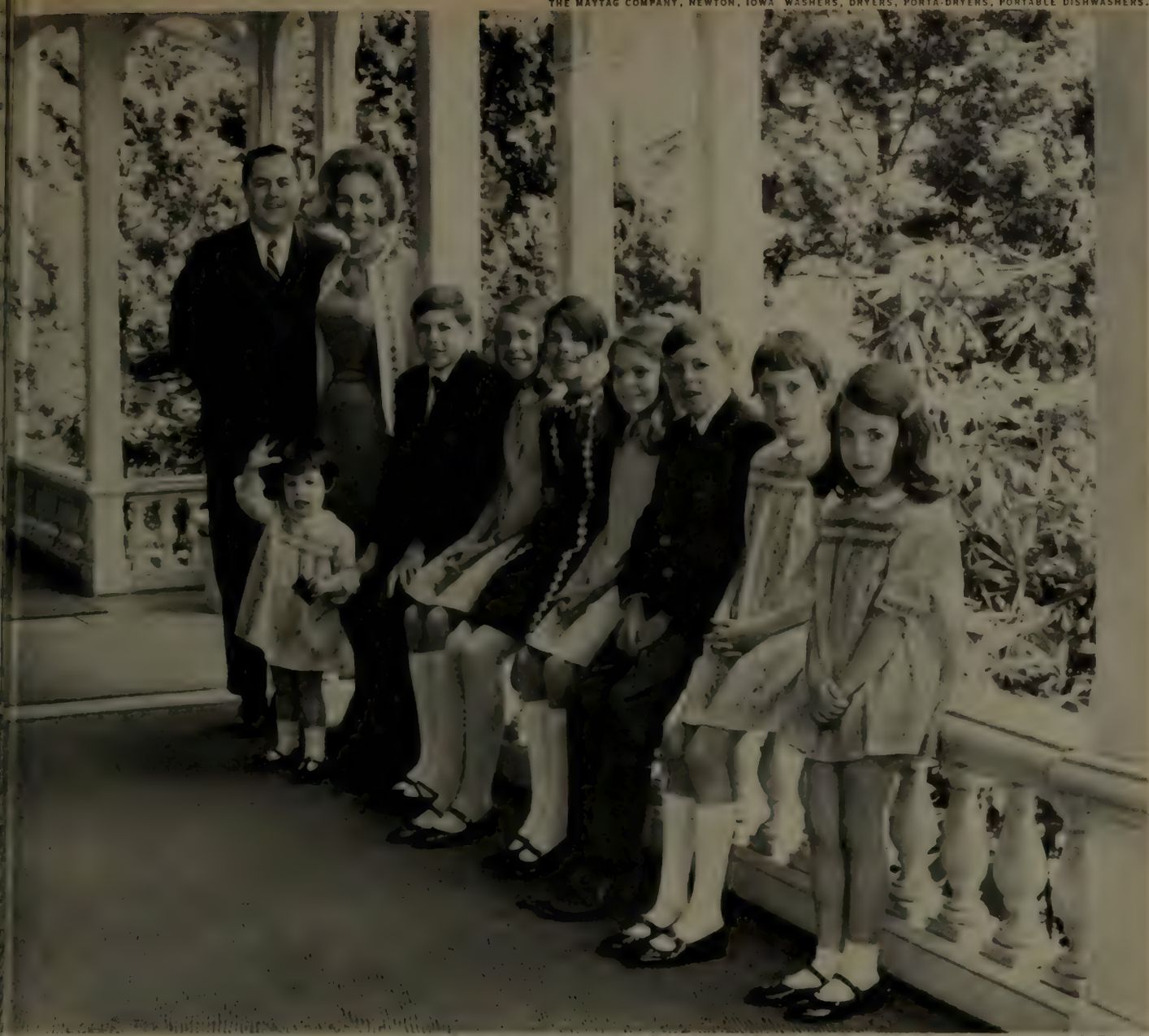

Mr. & Mrs. Walsh; Gigi, 2; Peter, 14; Cathy, 12; Tricia, 13; Mimi, 11; Patrick, 10; Colleen, 9; Erin, 6.

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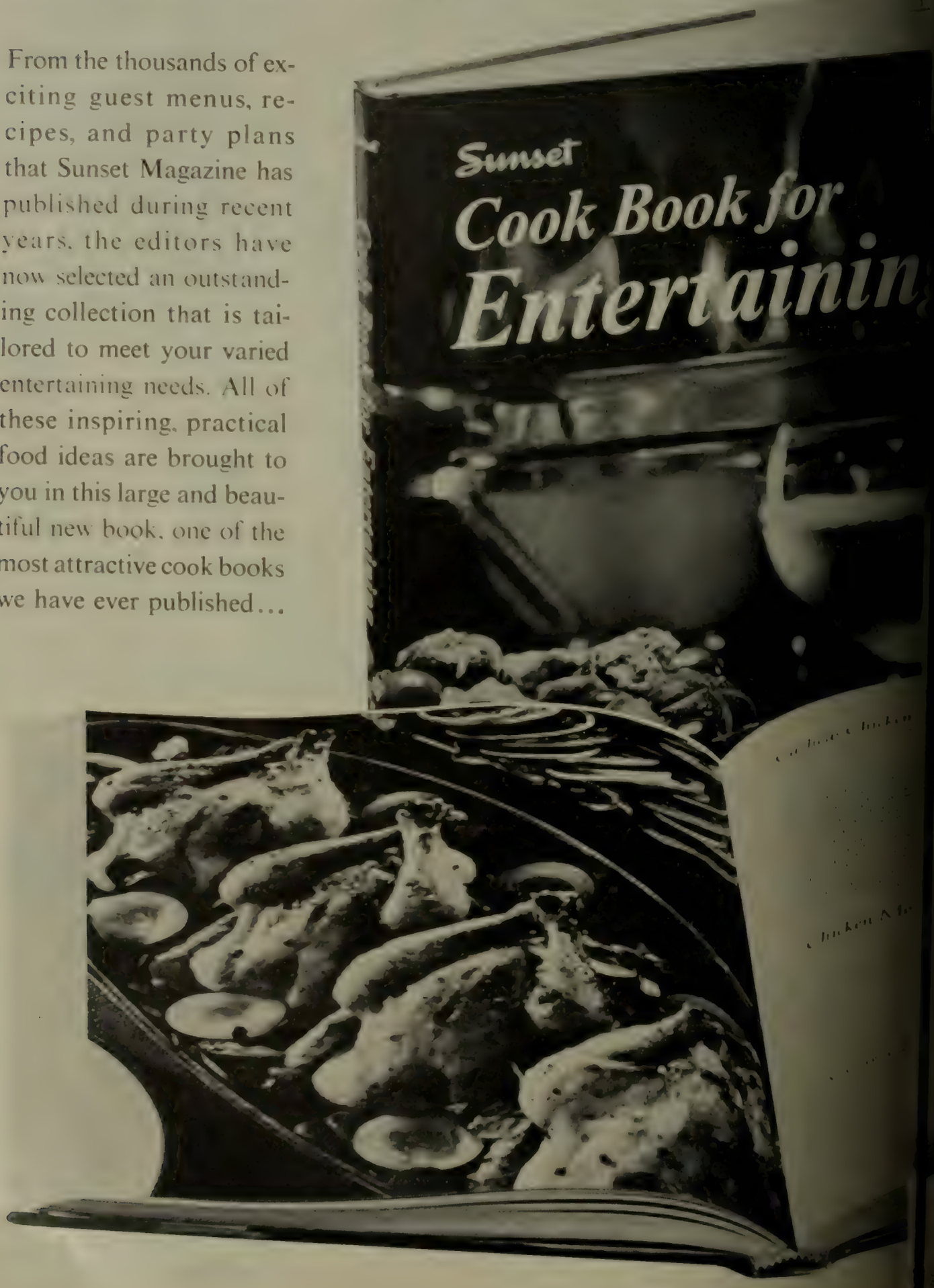

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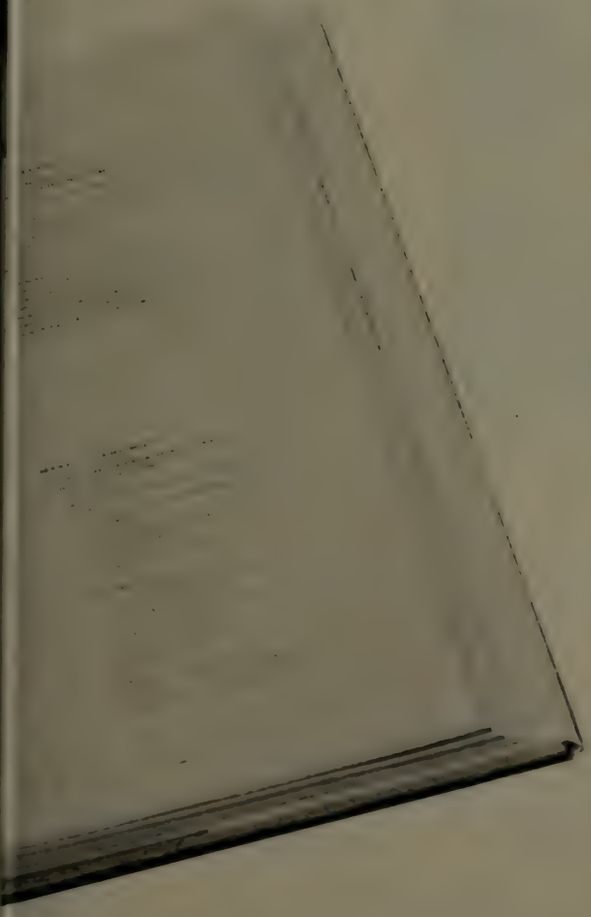

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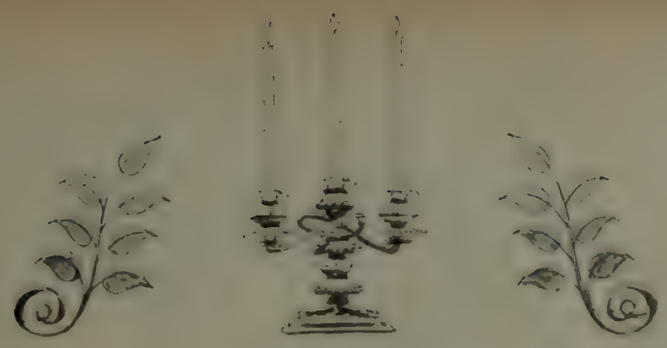

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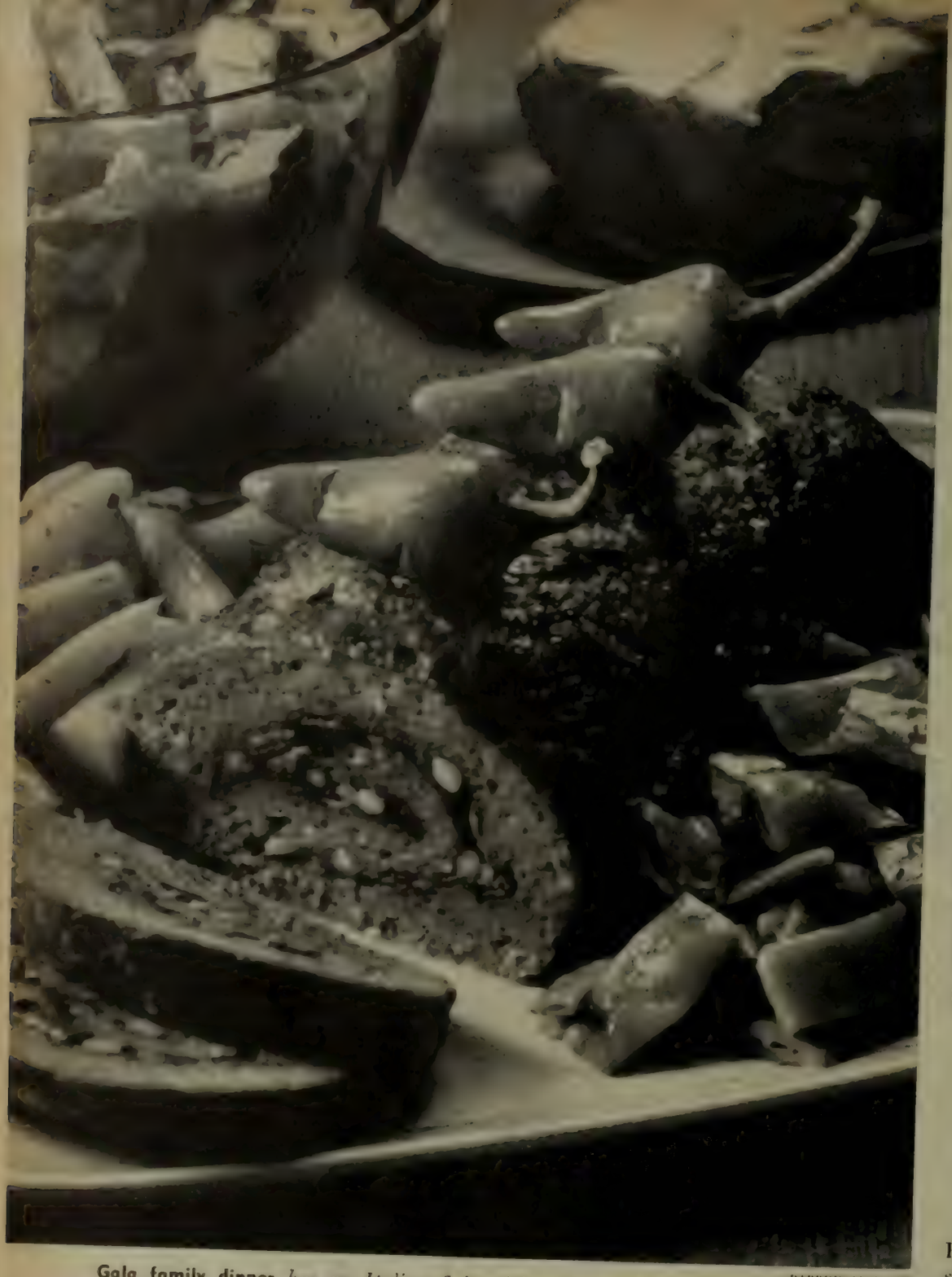


**Gala family dinner** *has an Italian flair with stuffed meat roll, red pepper garnish. Menu also includes buttered carrots, green beans, Caesar salad, chocolate cream log*

DARROW M. WATT

**November is notable** both for fan
erings and for occasions that ca
tertaining situations. Speed of pr
and festivity are equally desirab
month's menus and their recipes
The special breakfast, the lunche
supper, and the family dinner
some surprise in its presentatio

## *A festive family dinn*

Salami rolled up inside meat l
special entrée for this simple m
able for serving to a last-minu
That old favorite, chocolate ref
torte, appears here under a new
with mocha-flavored whipped c

**Salami Meat Roll**
**Buttered Carrots Italian Green**
**Caesar Salad Crusty Roll**
**Chocolate Cream Log**

You should assemble and chill
sert at least 6 hours in advanc
cream will soften the cooky wa
easy cutting. If you prefer, mak
meat loaf early in the day, but
bake it until just before servin
fresh carrots and fresh or froze
Mix up your favorite Caesar sala
a bottled dressing on crisp roma

**Salami Meat Roll**

- 2 eggs
- ⅔ cup milk
- 2 cloves garlic, minced
- 1 teaspoon salt
- 2 slices white bread
- 2 pounds ground beef chuck
- 1 package (3 oz.) salami, sliced
- 3 tablespoons *each* shredded Parmes cheese, chopped parsley, and pine nuts
- ⅓ cup sliced pitted ripe olives (optio

Place in a blender the eggs, mill
salt, and bread; blend until smo
beat with a rotary beater until
Place meat in a bowl and mix in

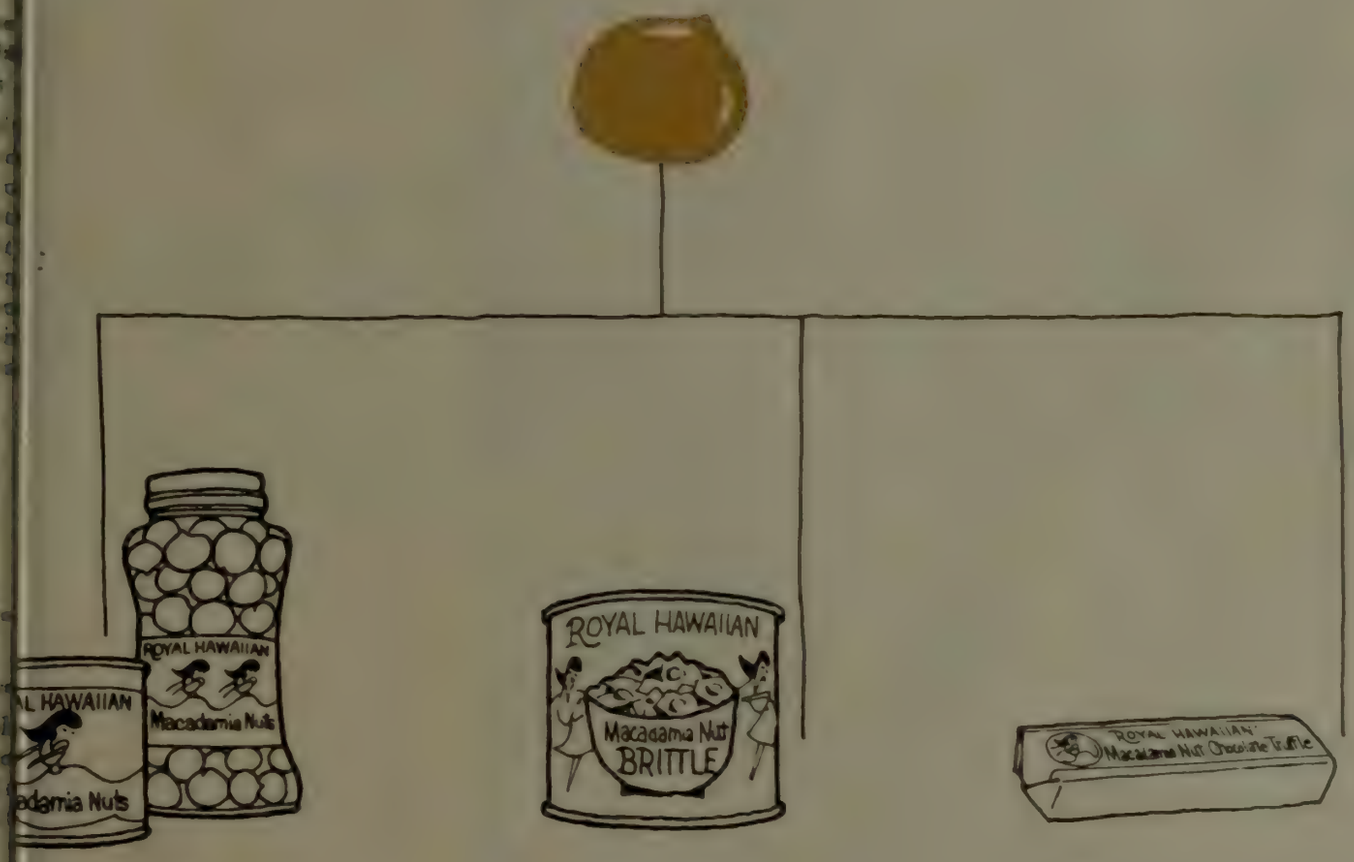
**Roll up** *stuffed meat loaf smoothly and easily by lifting sheet of waxed paper*

# NOVEMBER MENUS

*Here's a breakfast, a luncheon, and two dinners . . . each one with a built-in surprise*

# How the Royal Hawaiian Macadamia Nut became a conglomerate

## (and just missed making Fortune's top 500)




### The Nut

y be the first conglomerate
put together by breaking up.

, plain and unmerged, came
spatched *au naturel* in tin or
hose willing to pay the price
ality fetches. Rare taste, rare
are treat.

ays in *one* piece. Any maca-
ut that broke up in processing
ified itself for a trip to the
d. But the bits are delicious

### The Brittle

and Hawaiians had no desire to be swivel-hip deep in morsels, so...

**Royal Hawaiian Macadamia Nut Brittle** was born. The most aristocratic brittle ever made. Buttery. Molassesy. Creamy. Crunchy. Munchy. Already considered one of the world's most toothsome confectioneries. And the broken nuts which it couldn't use were spun off to an un-wholly owned subsidiary known as the...

### The Truffle

**Royal Hawaiian Macadamia Nut Chocolate Truffle.** Spun out of the lightest filling... the bounciest bits of macadamia nut... the most expensive chocolate... available in three flavors—mocha, rum and chocolate. A superb new chocolate bar with the world's longest name.

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# A royal dessert ...the Pitted Pru Fruit Bowl

**For a dessert** with refreshing ne try the pitted prune fruit bowl variety of condiments and fresh in season.

***PITTED PRUNE FRUIT BOWL***

- 1 package Sunsweet® Pitted Prunes
- Bartlett pears
- Thompson seedless grapes
- strawberries
- oranges

Arrange attractively on a platte attractive sauce bowls with a ge choice of the following condimen commercial sour cream, ground late, a blend of cinnamon and brown sugar, raw sugar, finely ch candied ginger and sugar flavore grated orange or lemon peel. guests will enjoy dipping the fru one or more of the flavorful offer

Another interesting continental pleasantry:
Sunsweet Pitted Prunes, French cheese, toasted filberts. The natu dentation in the Sunsweet Pitted makes a perfect bed for squares French cream cheese. Dust lightl brown sugar and serve with a ba toasted filberts and Madeira wine

Sunsweet Growers Inc., San Jose,

DARROW M. WATT

breakfast *stars oven-baked eggs, cranberry beverage, toast, and coffee cake*

. Pat out meat loaf mixture on a
f waxed paper making a rectangle
) inches wide and 13 inches long.
lami slices on the meat, covering
letely, and sprinkle with cheese,
, pine nuts, and olives. Roll up
at roll and turn seam side down
5 by 9-inch loaf pan.

a 375° oven 50 minutes for rare
af and 1 hour for medium. Trans-
serving platter and slice ¾ inch
Makes 8 servings.

**ate Cream Log.** Place 1½ cups
ream in a deep bowl and add a
of 4 tablespoons powdered sugar,
spoons cocoa, and 1 teaspoon in-
offee. Beat until cream is stiff.
a spatula, spread a thin layer of
on chocolate refrigerator wafers,
0 cookies in all, and stacking them
of 6. Then turn cookies on their
lacing piles end to end in a long
d cover tops and sides with the
ing cream.

Chill at least 6 hours or overnight. Garnish the top with semisweet chocolate curls. Slice the cream log diagonally to serve. Makes 8 servings.

## *Weekend breakfast*

Overnight weekend guests will applaud the ease with which you put together this baked egg breakfast with its refreshing cranberry juice starter.

**Cranberry Flip**
**Swiss Baked Eggs**
**Wheat Toast Marmalade**
**Pecan Coffee Cake Hot Coffee**

First blend and chill the beverage. Put the egg dish in the oven to bake while simultaneously heating the coffee cake, which you can buy at a bakery or frozen food section of a supermarket. Make toast to order at the table.

**Cranberry Flip.** Place in a blender 2 cups *each* cranberry juice and orange juice


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and 1 egg white. Blend a few seconds, just until foamy; chill. Serves 6 to 8.

**Swiss Baked Eggs.** Lightly butter a baking dish, about 6 by 10 inches in size. Shred 1 cup Swiss cheese and sprinkle half of it over the bottom. Break in 6 eggs, distributing them evenly in pan. Mix together ⅓ cup whipping cream and 1 tablespoon dry Sherry (optional) and carefully spoon over the eggs. Sprinkle the top with remaining cheese; salt and pepper to taste.

Bake in a 325° oven for 15 to 20 minutes or until the eggs are done to your liking. Serves 6.

## *Guest luncheon or late supper*

This make-ahead menu adapts equally well to a luncheon before a game or a late supper after the theater.

**Shellfish Ramekins**
**Crescent Rolls**
**Butter Lettuce Salad**
**Casaba Melon  Fontina Cheese**

You may make up the seafood mixture early in the day; then bake it while heating the crescent rolls, which you can buy at a bakery or frozen food section of a supermarket.

Dress butter lettuce with oil, vinegar, and seasonings. For dessert, serve melon wedges and cheese.

**Shellfish Ramekins**

- 1 can (7½ oz.) minced clams
- ⅓ cup dry white wine
- 1 pound scallops
- 2 tablespoons *each* butter and flour
- 1 cup half-and-half (light cream)
- 2 egg yolks
- 6 tablespoons shredded Parmesan cheese
- ½ pound small cooked shrimp

Drain liquid from clams into a saucepan and set aside clams. Add wine and scallops, bring to a boil, cover, and simmer 5 minutes, or just until scallops turn white; lift out scallops with slotted spoon to a bowl. Measure juices; you should have ¾ cup—otherwise cook down to make that amount. Turn juices into a measuring cup. Melt butter in saucepan and blend in flour; cook a minute, stirring. Stir in half-and-half and wine juices and let sauce cook 5 minutes.

Beat egg yolks until light and stir in the cream sauce. Return to saucepan, add 4 tablespoons Parmesan cheese, and cook 2 minutes. Add scallops, shrimp, and clams to sauce.

Spoon into buttered scallop shells or small dishes and sprinkle tops with remaining cheese. Bake in a 375° oven for 15 minutes or until cheese melts and shellfish is hot through. Serves 4.

## *A party dinner*

A corned beef dinner with cake and ice cream offers an expandable menu well suited to a family gathering for b day celebration or other anniv occasion.

**Tropical Fruit Cups**
**Corned Beef  Mustard Sauce**
**Oven French Fries**
**Buttered Brussels Sprouts**
**Birthday Cake  Ice Cream in Cu**

This menu permits considerable a preparation. You can bake the bir cake and assemble and refreeze cream cups a day in advance. Ma the mustard sauce and fruit cup a hours ahead of time. Cook the beef oven-glaze it along with oven-toasti frozen French fries.

**Tropical Fruit Cups.** Cut up a vari tropical fruits, such as 1 small fresh apple, 1 papaya, 2 bananas, and can (11 oz.) mandarin oranges, dr Serve chilled in small dessert bo cocktail or wine glasses. Makes 8 servings.

**Corned Beef.** Place a 4 or 5-pound c beef in a large pot with 1½ quarts and 1 peeled onion, stuck with 3 cloves. Bring to a boil and simm to 3 hours, or until tender when p with a fork. Drain off liquid. Place on a rack in a baking pan and ba covered in a 375° oven 20 minu until browned. Serve it hot, sliced mustard sauce.

**Mustard Sauce.** Mix together in a saucepan 2 tablespoons *each* dry m sugar, water, and white wine vinega 1 tablespoon butter and 1 teaspoon starch. Stirring constantly, cook sauce comes to a full rolling boil thick and clear. Stir sauce into 1 egg, return to pan, and cook 2 or utes longer. Chill. Whip ½ cup until stiff and fold in just before Makes 1½ cups.—*J. S., San Franc*

**Birthday Cake with Orange Frosting** up your favorite birthday cake a packaged orange cake mix in two layer cake pans as directed; cool.

For orange frosting, cream ¼ cup until light and blend in 1 package powdered sugar alternately with and 4 tablespoons frozen orange jui centrate, undiluted and thawed. I 1 teaspoon grated orange peel.

Spread frosting between layers and and sides of cake. Let stand un Makes about 12 servings.

**Ice Cream in Cups.** Scoop out seve ferent flavors of ice cream, such as strawberry, and chocolate or coffe place each ice cream ball into a paper or foil baking cup. Cover a turn to freezer.

At serving time insert a small ca each ice cream, if desired, and light pass ice creams on a tray, lett guests select their favorite flavor.— *Auburn, Wash.*

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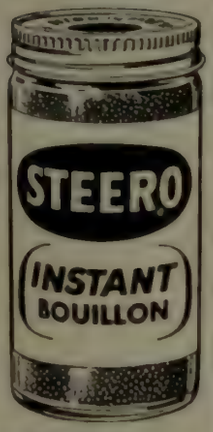


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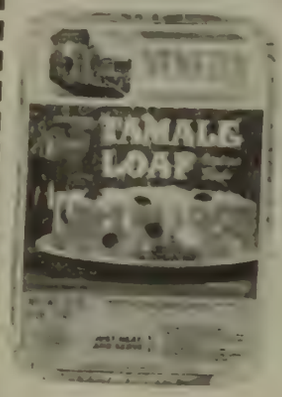


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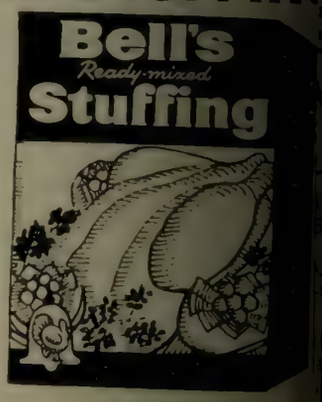


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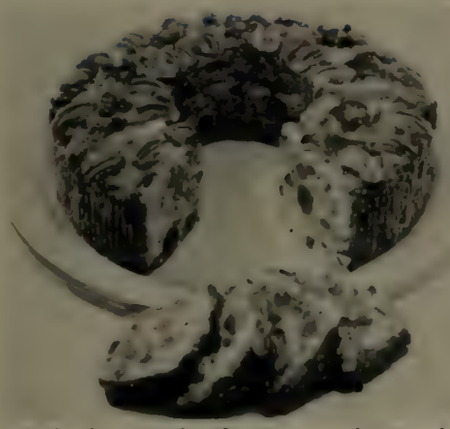

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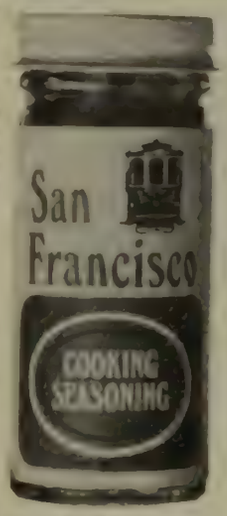


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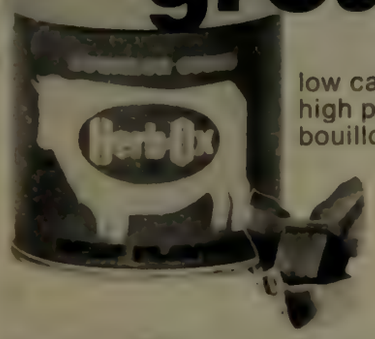


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# Pheasant . . . for a different and memorable Thanksgiving

**Whether a hunter** in your family brings home pheasants or you buy them at a game farm or market, they are a special delicacy—and their availability this month suggests a different and memorable Thanksgiving entrée.

The domesticated pheasants are generally plumper birds, with more meat on legs and wings. If the bird is well cleaned of pinfeathers, you can cook it with the skin on. Some hunters prefer to skin pheasants; some cook only breast portions.

If you plan to purchase pheasants—fresh or frozen—for your holiday dinner, be sure to order well ahead of time.

Pheasant quarters or just the breast pieces are served here in a flavorful sauce.

### *PHEASANT IN SOUR CREAM SAUCE*

- ⅔ cup flour
- 1 teaspoon garlic salt
- 2 pheasants (each about 2½ to 3½ lbs.), quartered, or 4 to 6 breasts, split
- About ¼ cup butter, margarine, or salad oil
- 1½ cups regular-strength beef broth
- ⅔ cup chopped onion
- 2 cups sliced fresh mushrooms (¼ lb.)
- 1 teaspoon Worcestershire
- 2 tablespoons *each* catsup and flour
- 1 cup sour cream
- 2 tablespoons chopped parsley

Combine the ⅔ cup flour and garlic salt and lightly dredge pheasant pieces; shake off excess flour. Heat about 2 tablespoons of the butter in a large frying pan (one that has a lid) and lightly brown pheasant pieces on all sides, adding more butter if needed. Add 1 cup of the broth, cover, and braise about 1 hour or until tender.

In another frying pan, sauté onions and mushrooms in the remaining 2 tablespoons butter; stir in Worcestershire, catsup, the 2 tablespoons flour, and remaining ½ cup broth. Cook over moderate heat, stirring until sauce is thickened and smooth. Remove cooked pheasant from pan and arrange in serving dish. Stir liquid remaining in pan into mushroom gravy along with the sour cream. Pour gravy over pheasant in serving dish and garnish with chopped parsley. Makes 4 to 6 servings.—*F. M., Mercer Island, Wash.*

Lemon, white wine, and tarragon give subtle flavor to these whole roast pheasants. You brown the birds in an open roasting pan, then cover and braise them.

### *WHOLE ROAST PHEASANT*

Thaw if frozen, then rinse and dry 2 whole pheasants, each weighing about 2½ to 3½ pounds. Sprinkle ½ teaspoon *each* salt and crumbled tarragon inside body cavity of each bird. Carefully slip pieces of butter under the skin, using a total of 3 tablespoons butter for each bird. (If skin has been removed, skewe bacon over each breast.)

Place pheasants in a large ope pan or Dutch oven, breast-sid roast in a 425° oven for 20 m until lightly browned. Pour ov regular-strength chicken broth a dry white wine. Sprinkle each with ½ teaspoon tarragon and slices lemon over breast of e Cover pan with foil or lid and 375° oven about 1¼ hours or un

To serve, arrange pheasants on steamed rice on a large plat warm. Skim fat from cooking l place roasting pan over medi Combine 2 tablespoons each water; gradually stir into cooki Cook, stirring, until smooth an thickened. Stir in 1 cup sour cre but do not boil. Pass this gravy erate bowl to spoon over phea rice. Garnish pheasant platter slices or kumquats and lemon you wish. Makes 4 to 6 serving *Portola Valley, Calif.*

Curry and soy sauce flavor the in this recipe. You use the pheas plus extra chicken livers in the

### *CURRIED PHEASANT*

- 2 pheasants (each about 2½ to 3½ l quartered, or 4 breasts, split
- ½ cup soy sauce
- ⅔ cup flour
- 1 teaspoon salt
- Dash pepper
- ¼ cup butter, margarine, or salad oi
- 1 cup water
- 1 package (8 oz.) frozen chicken live thawed
- 1 tablespoon curry powder
- 1 cup milk
- 3 tablespoons chopped green onion

Marinate pheasant pieces in soy a shallow pan for about 30 minut ing pieces to cover each with soy flour, salt, and pepper, and lightl pheasant pieces. Shake off exce (reserving flour) and brown all sid pheasant pieces in 2 tablesp the butter. Add remaining so and the water; cover pan an pheasant about 1 hour or until t

Coarsely chop chicken and p livers. Heat remaining 2 tablespo ter in a small frying pan along curry powder and sauté livers minutes.

When pheasants are done, remov to serving dish and keep warm. téed livers to liquid left from pheasants. Simmer about 5 minute 2 tablespoons of the seasoned flo 2 tablespoons of the milk. Stir into liver mixture, then gradually add ing milk. Cook over low heat, stir til gravy is smooth and thickened gravy over pheasants in serving garnish with chopped green onion. 4 to 6 servings.—*H. C., Fort Du Utah.*

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## Ho, ho.

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## *On the day after Thanksgi*

**As delicious alternates** to warme turkey and gravy, try one of tl dishes.

This attractive entrée is mildly s its blend of East Indian flavors

***TURKEY CROQUETTES WITH CURRY SAUCE***

- 7 tablespoons butter or margarine
- ¼ cup flour
- ½ teaspoon salt
- ¼ teaspoon pepper
- 1 cup milk
- 3 cups finely chopped cooked turke
- 1 egg, lightly beaten
- ½ cup fine dry bread crumbs or crus flaked cereal
- Hot cooked rice (optional)
- Curry sauce (recipe follows)

Melt 4 tablespoons of the but saucepan over low heat; stir in fl and pepper; cook until bubbly. G add milk and continue stirring un ened and smooth. Remove from stir in turkey; chill until firm, 1½ hours. Form mixture into 8 roll each in the egg and then in shake off excess. Melt the rem tablespoons butter in a frying medium heat and sauté croquet brown on both sides, about 10 Serve over hot rice, if desired; p sauce. Serves 4.—*H. N., San Fra*

*Curry Sauce.* Melt 2 tablespoon in a frying pan over medium add 1 large chopped onion, 1 crus lic clove, 1 teaspoon curry powde spoon ground ginger; sauté for 3 Add ¼ teaspoon cinnamon, ¼ cu and 1 cup regular strength chicke heat, stirring, until boiling. Red and keep warm. Just before ser in 1 cup sour cream or yogurt a but do not boil.

Biscuit mix makes these soft, fold- velopes especially easy to make.

***TURKEY ENVELOPES***

- ¼ teaspoon whole thyme, crushed
- 2 cups biscuit mix
- ¼ cup (⅛ lb.) butter or margarine
- ¼ cup minced onion
- ½ pound fresh mushrooms, thinly slice
- 2 cups diced turkey
- 1 teaspoon minced parsley
- 1 can (10½ oz.) condensed cream of mushroom soup
- ½ cup frozen peas, thawed and draine
- 1 egg white beaten with 1 tablespoon water
- 1 cup turkey gravy or ½ cup sour crea

Add thyme to biscuit mix and with milk as directed on the pack biscuit dough. Turn onto lightly

# NEW... Jewels of the Salad World

*and the first Champagne Dressing ever!*

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# NEWS FOR ORANGE LOVERS

Here's the first muffin with 100% natural Sunkist* Orange flavor. Tastes like fresh oranges. New Betty Crocker Sunkist* Orange Muffin Mix.

*T.M. Sunkist Growers, Inc.

# ...AND COFFEE NUTS!

Here's the first Coffee-Nut Muffin. Tastes like fresh-brewed coffee gone nutty with real almond pieces. New Betty Crocker Coffee-Nut Muffin Mix.

board and roll into an 8 by 1
tangle; cut into 6 squares. M
over medium heat in a large
and sauté onions and mushro
lightly brown and mushroom j
evaporated.

Remove from heat and add ta
ley, ½ can of the mushroom
peas (run hot water over froze
thaw quickly); mix lightly tog
vide the turkey mixture and s
the dough squares. Fold over e
into a triangle and press edges
If you wish, decorate edges b
all around with the tines of a f
envelopes with the egg white
gash in the top of each envelop
steam to escape.

Place on a buttered cooky sheet
in a 425° oven for 20 minutes
golden brown. Use turkey gr
sauce for the envelopes *or* heat
mushroom soup, stirring in so
just before serving. Makes 6 s
*A. S., San Francisco.*

For this recipe you'll need a 6
frying pan, such as a crêpe pan
prepare the egg pancakes in adv
store them in the refrigerator.

*TURKEY EGG ROLLS*

- 6 eggs
- About ¼ cup (⅛ lb.) butter or margarine
- ¼ pound mushrooms, chopped
- 2 cups cooked turkey, cut in strips
- 1 can (10½ oz.) condensed cream o chicken soup
- ¼ cup milk
- ¼ cup Sherry
- 1 teaspoon minced parsley
- ¼ teaspoon whole marjoram, crushe
- ¼ cup toasted slivered almonds (optional)

Beat eggs to blend whites and yo
1 teaspoon of the butter in the f
over medium heat and add a sca
of the eggs, quickly tilting pan
egg over bottom. Shake pan to
from sticking and when set o
about 2 minutes, turn out on a p
peat, adding 1 teaspoon butte
each time, until all the eggs
In another pan, sauté mushroo
tablespoon butter over medium
lightly browned.

To form egg rolls, lay about ⅓ cu
strips and 1 tablespoon mushroo
the center of each egg panca
roll up to enclose filling. Place
side by side, seam side down in
shallow baking dish about 8 by 1
In a saucepan stir together chick
milk, Sherry, parsley, and marjo
medium heat until hot and pou
over egg rolls.

Cover dish with foil and bake i
oven for 15 minutes to heat
Sprinkle almonds over egg roll
serving, if desired. Makes 4 to 6
*—H. B., Northridge, Calif.*

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yard
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from Peru to Alaska,
we're experienced enough
to know where the best seafood is
and big enough to go get it.
That's why Chicken of the Sea
outsells every other brand.
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TUNA

# BE A SAUCE BOSS...

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Scared of sauces? Don't be. Best Foods makes it ea you. Now you can dress up vegetables and meats, ho cold, with these glamorous, savory sauces in just mi Be sure to start with Best Foods, though. It's real mayonnaise. Real whole-egg mayonnaise with the b and smoothness you need to blend creamy sauces lik these. When you make it with Best Foods, you've really got it made.

**YUM YUM SAUCE**

1 cup BEST FOODS® Real Mayonnaise
1/2 cup dairy sour cream
1/2 cup chopped scallions
2 tablespoons soy sauce
2 teaspoons ground ginger
Blend. Serve over vegetables.

**QUICK GREEN SAUCE**

1 cup BEST FOODS Real Mayonnaise
3 tablespoons minced spinach
2 teaspoons lemon juice
1 tablespoon chervil
1 tablespoon tarragon
Blend. Serve with fish.

**TART BERRY SAUCE**

1 cup BEST FOODS Real Mayonnaise
1/2 cup whole-berry cranberry sauce, crushed
1 teaspoon lemon juice
1/2 teaspoon grated orange rind
Blend. Serve with fowl.

**EASY CHEESE SAUCE**

1 cup BEST FOODS Real Mayonnaise
1/2 cup milk
1/2 cup shredded Cheddar cheese
1/2 teaspoon paprika
Blend. Warm *and serve over vegetables.

**SMOKY MUSTA**

1 cup BEST FOO Mayonnai
1/2 cup dairy sou
1/4 cup white wi
1 teaspoon sm
2 tablespoons horseradish
Blend. Serve with

*Note: To heat any of these sauces, warm over low heat, 2 to 3 minutes, stirring constantly.

THIS IS NO PLACE FOR "SECOND BEST"...BRING OUT THE BEST WITH BEST FOODS REAL MAYC

# Coffee cake is nuick, delicious

**ceptional** yeast coffee cake is a com-
n of a quick to make, no-knead
orange marmalade, and a sugary-
mond topping. You pat the dough
nly on a round pizza pan or large
sheet, cover with the tasty top-
nd bake.

ight serve the freshly baked cake
midmorning gathering or a late
, or make it ahead to reheat for
ier meal.

he warm cake with mugs of coffee
have a pot of sweet butter or cream
or both, to spread on individual
s.

***ALADE STREUSEL KUCHEN***

ackage active dry or compressed yeast
up warm water (lukewarm for
compressed yeast)
up milk
up butter or margarine
up sugar
easpoon salt
ggs
ups unsifted all-purpose flour
up orange marmalade
lmond streusel topping (recipe follows)

ast into water and set aside to
Heat milk to scalding and mix in
with butter, sugar, and salt until
melts; let stand until lukewarm.
east mixture and eggs and beat
lended, then mix in flour until well
l. Cover and set in a warm place
ntil about doubled in bulk; takes
1½ hours.

gh vigorously with a spoon to beat
bubbles. Turn dough onto a well
d 14-inch pizza pan or a 10 by 15-
nmed baking sheet. Pat firmly and
over pan bottom; dough is quite
and tends to shrink back. Spread
with the marmalade and strew
almond streusel over marmalade.
a warm place, uncovered, until
looking; about 30 minutes.

n a 350° oven for 35 minutes or
ell browned. Cut in wedges and
ot.

l, then wrap airtight and keep at
mperature as long as overnight, or
To serve, wrap cake loosely in foil
f frozen) and reheat in a 350° oven
minutes. Makes 10 to 12 servings.
., *Central Point, Ore.*

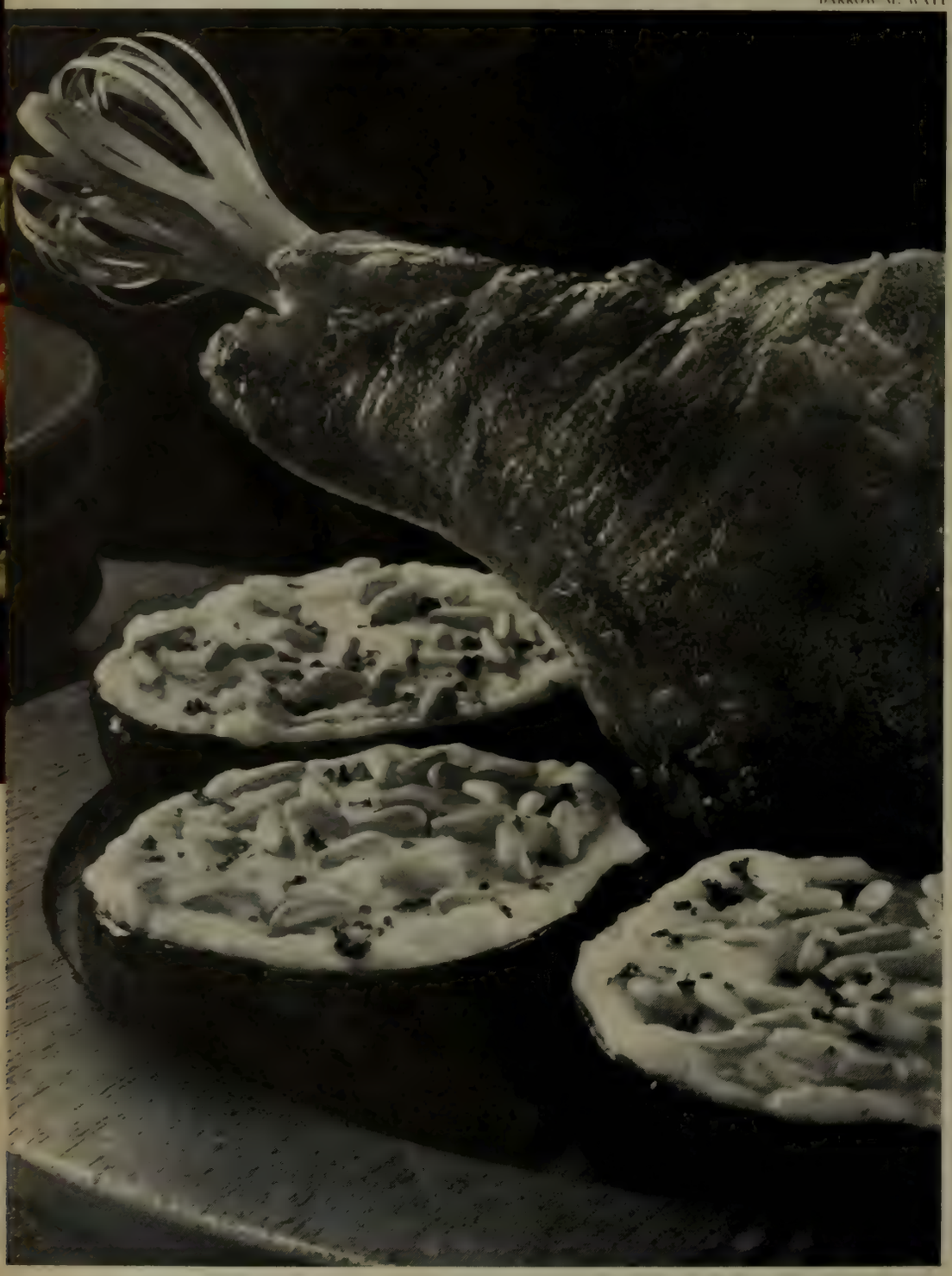
*l Streusel Topping.* Combine in a
cup each butter and unsifted all-
flour, ⅓ cup sugar, ¼ teaspoon
namon and grated lemon peel, and
sliced almonds; rub ingredients
ur fingers until blended and mix-
gins to stick together.


This is Avocado, the color of one of Gala's borders. Imagine what it will add to your table.
Gala Dinner Napkins. The only dinner napkins with colored borders. Avocado. Blue. Harvest Gold.

# Stuffed vegetables

## Potato boats, eggplant rounds, artichoke cases, mushroom caps

DARROW M. WATT



**Tender eggplant rounds** *masked with a creamy feta cheese sauce and toasted pine nuts surround this nicely browned roast leg of lamb for a convivial autumn dinner*

**Hot stuffed vegetables** make a n decorative accompaniment to ring —or a ham or chicken.

Such abundant November veget eggplant, artichokes, mushrooms, tatoes are enhanced with variou stuffings. The first three recipes assembled ahead, ready for last heating after the roast comes out oven, while the potatoes bake righ with the roast.

Here a golden cream sauce with feta cheese and pine nuts covers t viously cooked eggplant slices. Ser roast leg of lamb or roast beef.

### *EGGPLANT WITH PINE NUTS*

- 1 large eggplant
- 6 tablespoons olive oil
- 3 tablespoons *each* butter and flour
- 1 cup milk
- 2 egg yolks
- 3 ounces feta cheese, crumbled, or 1 package (3 oz.) cream cheese
- 2 tablespoons chopped parsley
- 1/3 cup pine nuts

Slice eggplant crosswise, 1 inch thi carding end slices. Brush both sid oil and place in a shallow bakin Bake in a 450° oven for 15 minute ing once, or until tender.

In a small saucepan, melt butt blend in flour. Gradually pour i stirring constantly, cook until thi then 2 or 3 minutes longer. Beat eg slightly; stir in the hot sauce, chee parsley; cook 5 minutes longer, s Spread sauce over the eggplant sli sprinkle with nuts. (You can refr at this point.) Place in a 450° ove 5 minutes (10 minutes if refrigera until topping browns lightly. Serv

Baked potatoes, whipped with sou crumbled bacon, and green onio restuffed into their shells for these potato boats. If you like, serve n the condiments in small bowls to over at the table. Beef, lamb, po poultry are all appropriate main co

### *RANCHER'S POTATO BOATS*

- 6 medium-sized baking potatoes
- 1/4 cup butter or margarine
- 1/2 to 3/4 cup milk
- 1/2 cup *each* sour cream and shredded Parmesan cheese
- 10 slices bacon, cooked and crumbled
- 1/2 cup chopped green onions
- Sour cream for topping (about 1 cu

Scrub potatoes, pat dry, and rub th with 1 tablespoon of the butter. B a 325° oven for 1½ hours, or unt toes are tender when pierced with a Remove from oven and let sit un enough to handle. Cut a thick leng slice from each potato; scoop hot p

# New hot meal from Dinty Moore!

## The tastiest meat ball stew ever

Real meat gravy is why. This is the only meat ball stew in America with a real meat gravy. And Dinty Moore Meat Ball Stew is full of good things to eat. The foods you know your family should have . . . firm potatoes and carrots and hearty, beefy meat balls. Heat up some Dinty Moore Meat Ball Stew now. Kids love it.

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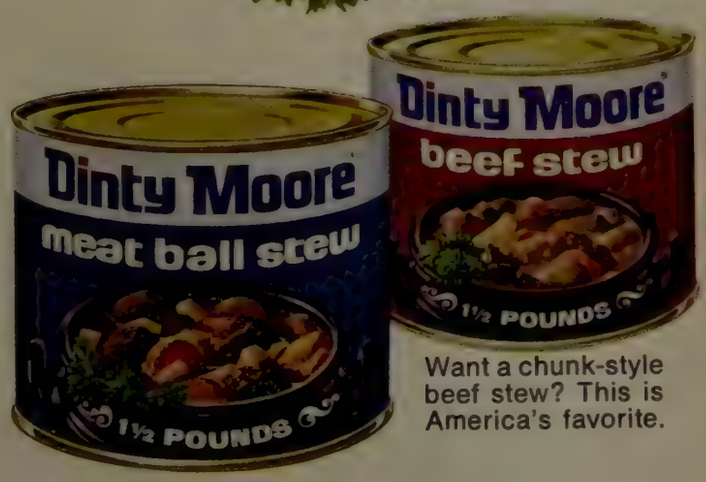
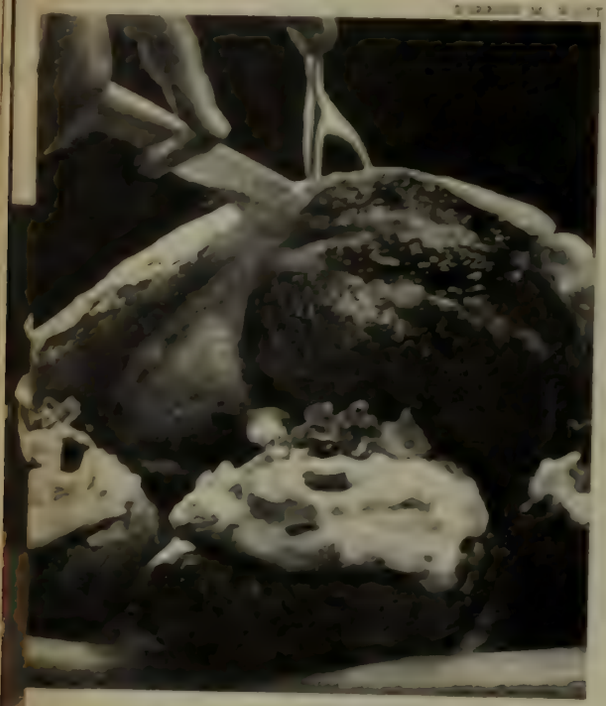
A FEDERALLY INSPECTED PRODUCT



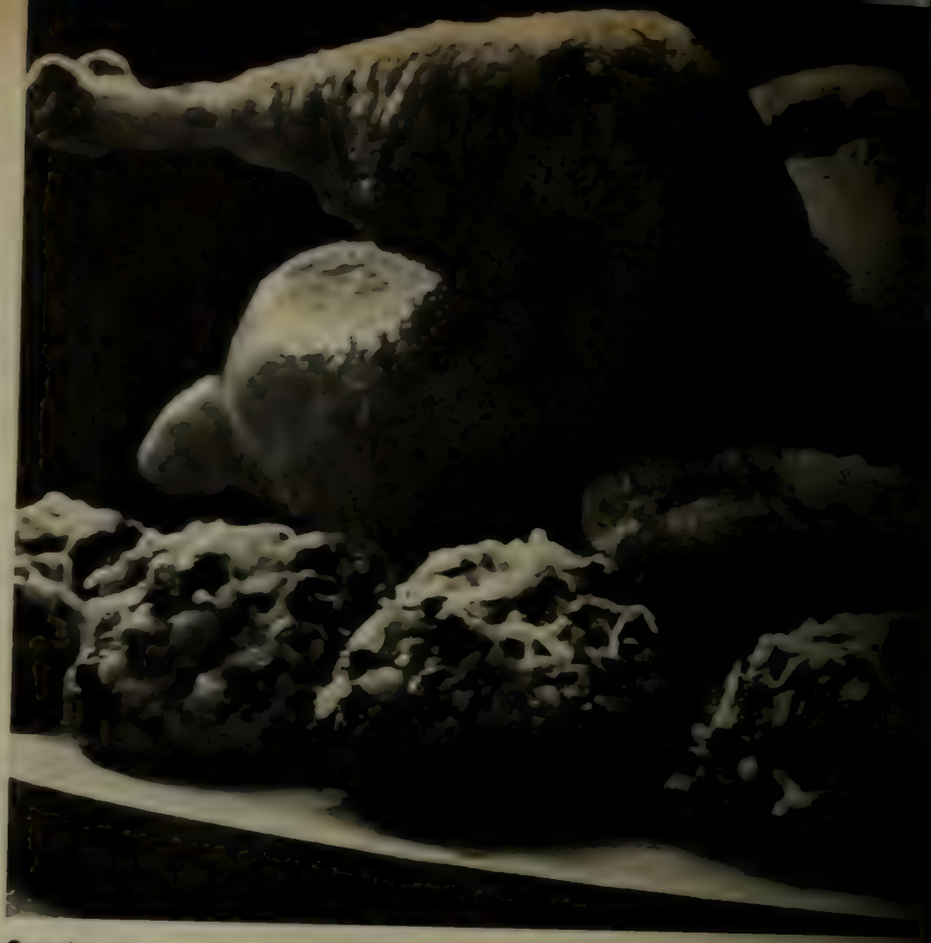

Want a chunk-style beef stew? This is America's favorite.

[illegible] heat, reserving the shells.

With a potato masher or wire whip, beat in the remaining 3 tablespoons butter, ½ cup milk, sour cream, and cheese. If necessary, add additional milk to make a soft, fluffy consistency. Mix in bacon and onions. Pile into potato shells, mounding tops. Bake in a 425° oven for 15 minutes, or until hot through and browned. Pass additional sour cream to spoon on top. Serves 6.



**Plump potato boats** *topped with sour cream — just right with beef rib roast*



**Oversize mushroom caps** *contain a rich stuffing of minced clam and sautéed veg[illegible] After baking, you can arrange them in a circle around a large oven-roasted [illegible]*

Minced clams give decisive flavor to this stuffing for extra big mushroom caps. Let these accompany roast chicken or veal.

### *CLAM-STUFFED MUSHROOMS*

- 8 large mushrooms (about 2½ inches in diameter)
- 1 small onion
- 4 tablespoons butter or margarine
- 1 slice white bread, diced
- 1 can (7½ oz.) minced clams, drained
- 1 tablespoon chopped parsley
- 3 tablespoons dry white wine
- 1 clove garlic, minced
- ¼ teaspoon dried tarragon, crumbled
- 1 egg yolk
- 3 tablespoons whipping cream
- 3 tablespoons shredded Parmesan cheese

Pull the stems from the mushrooms and reserve caps. Finely chop the stems along with the onion and sauté in 2 tablespoons of the butter. Add the bread cubes, clams, parsley, wine, garlic, and tarragon, and cook a few minutes longer. Beat egg yolk until light, blend in cream, and stir into the hot stuffing mixture.

Melt remaining butter in a shallow fireproof baking pan or frying pan and turn mushroom caps in it, coating both sides. Turn caps hollow side up and mound stuffing mixture in them. Sprinkle stuffing with cheese. (You can refrigerate at this point.) Bake in a 350° oven for 15 minutes (25 minutes if refrigerated) or until hot through. Serves 4, allowing 2 mushroom caps per serving.

Well-trimmed artichokes hold a robust mushroom and bacon stuffing most compatible with a baked ham or roast beef or lamb. Be sure to trim down the artichokes until only edible parts remain.

### *MUSHROOM-STUFFED ARTICHOKES*

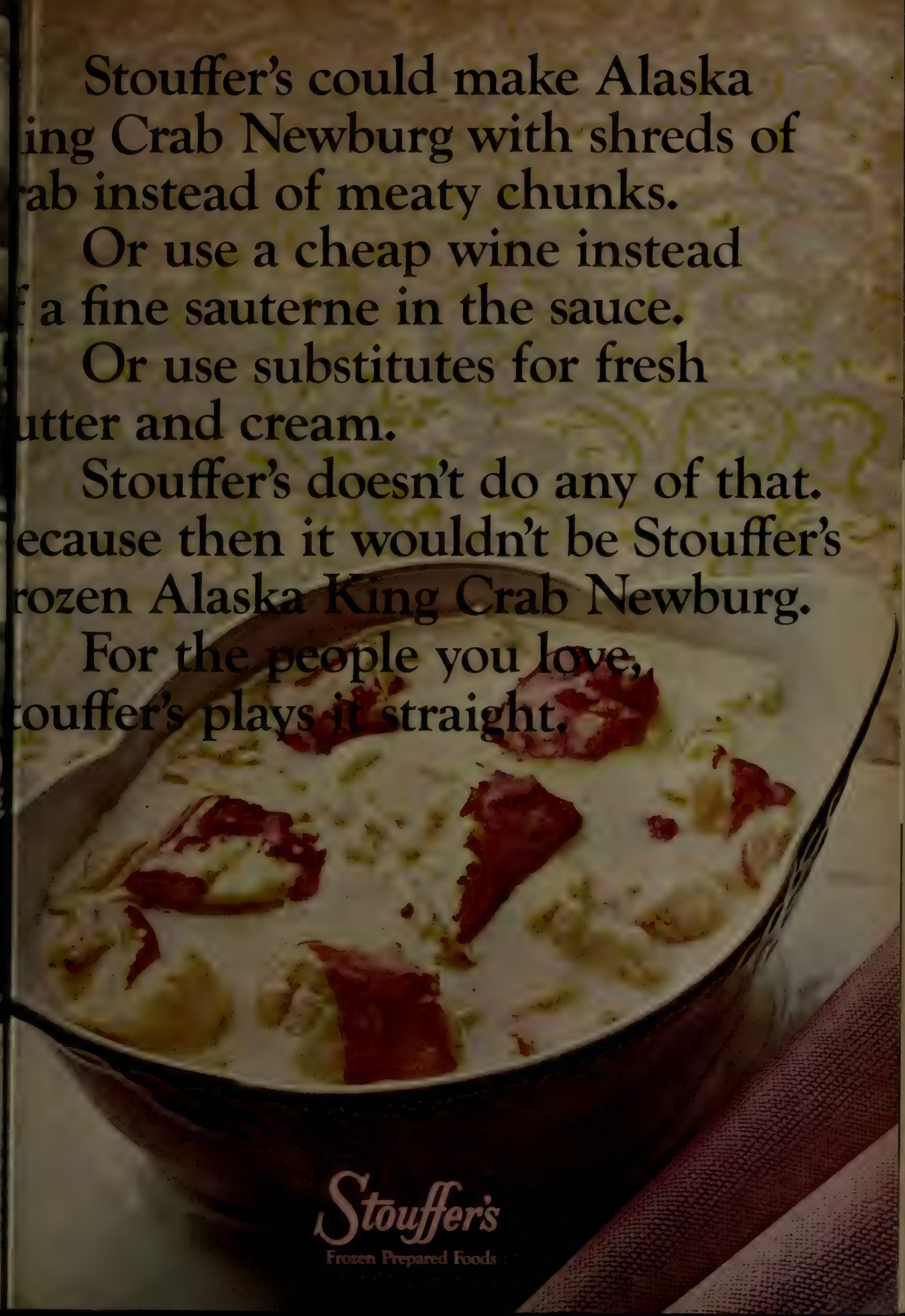
- 6 large artichokes
- Boiling salted water
- 2 tablespoons *each* salad oil and lemon juice
- 6 slices bacon
- 1 medium-sized onion, chopped
- ½ pound mushrooms, chopped
- 3 tablespoons chopped parsley
- 1 clove garlic, minced
- ½ cup (part of a can) tomato sauce
- ½ cup dry white wine
- 2 tablespoons butter

Cut off stem and top half of artichokes; discard. Pull off the outer leaves until you reach the pale yellow tender inner leaves. Trim base with a knife. Cook artichokes covered, in boiling salted water with oil and lemon juice for 30 to 40 minutes, or until heart is tender when pierced. Drain and let cool slightly. Spread outer leaves slightly and scrape out the center choke.

For stuffing, dice bacon and cook until crisp; remove from pan with slotted spoon. Pour off half the drippings. Sauté onion and mushrooms in remaining drippings until tender. Add parsley, garlic, tomato sauce, ¼ cup of the wine, and [illegible] bacon; cover and simmer 10 m[illegible] Spoon stuffing into center of artich[illegible]

Arrange in a baking pan with but[illegible] remaining wine in the bottom. (Y[illegible] refrigerate at this point.) Cover a[illegible] in a 350° oven about 15 minutes ([illegible]utes if refrigerated) or until hot t[illegible] Serves 6.

**Artichoke cases** *hold a mushroo[illegible] bacon stuffing to go with a bak[illegible]*


Stouffer's could make Alaska
ing Crab Newburg with shreds of
ab instead of meaty chunks.
Or use a cheap wine instead
a fine sauterne in the sauce.
Or use substitutes for fresh
utter and cream.
Stouffer's doesn't do any of that.
ecause then it wouldn't be Stouffer's
rozen Alaska King Crab Newburg.
For the people you love,
ouffer's plays it straight.
Stouffer's
Frozen Prepared Foods

COOKING WITH Kellogg's

# crusty SPAMbake

New idea for dinner: you make it quick with SPAM and Kellogg's Corn Flake Crumbs.

½ cup KELLOGG'S CORN FLAKE CRUMBS
2 tablespoons brown sugar
⅛ teaspoon ground cloves
1 12-ounce can SPAM
2 tablespoons prepared mustard
Pineapple slices
Melted butter

1. Combine Kellogg's* Corn Flake Crumbs, brown sugar and cloves.
2. Cut SPAM crosswise into eight slices. Spread both sides of slices with mustard, then coat generously with a flavor crust of Corn Flake Crumbs mixture. Place SPAM and pineapple slices individually in a foil-lined shallow baking pan; do not crowd. Brush pineapple slices with butter.
3. Bake in moderate oven (350° F.) 20 minutes. Serve on heated platter, placing a SPAM slice on each pineapple slice. Add parsley, if desired.

Yield: 4 servings of 2 slices each.

SPAM IS A REGISTERED TRADEMARK FOR A PURE PORK PRODUCT PACKED ONLY BY GEO. A. HORMEL & CO., AUSTIN, MINN., U.S.A.
*REGISTERED TRADEMARK OF KELLOGG COMPANY. ©1965 BY KELLOGG COMPANY.

**Rich with the scent** *of cinna*
*Mexican custard is a refreshi*

# *Familiar dess*
# *Mexican styl*

**Cinnamon** turns a simple baked dessert into the Mexican speci *calla* (hari-*ky*-yah). To develo tinctive spicy flavor yet preserve gold tones of this custard, you milk and sugar with cinnamon st let this mixture chill overnight. the cinnamon sticks aside (to us garnish) and bake the custards.

***SPICED MEXICAN CUSTARD (Je***

2 cups milk
2 sticks whole cinnamon, each 3 or 4 inches long
½ cup sugar
3 eggs, beaten

Combine milk, cinnamon sticks, in a saucepan and, stirring, bring Cover and chill overnight.

Set 4 small baking dishes (each ⅔ cup size) in a baking pan and with hottest tap water to about depth of the dishes. Remove di the pan of water in the oven, and at 350°. When oven has reached t perature, again heat the milk m scalding, stirring. Set cinnamon beat hot milk into the eggs with Pour an equal portion of mixt each baking dish and set the dis hot water bath.

Bake at 350° for 25 to 30 mi until the centers of the custar only slightly when a dish is shake At once remove custards fro using a wide spatula or kitch Chill custards and serve in th dishes. (If you like, rinse cinnam drain, and break in half. Set a p each jericalla.) Makes 4 serving

# e Danish are coming!
# e Danish are coming!

*Better put on the coffee because the Danish are here. Choose from three ready-to-bake favorites now appearing in your grocer's dairy case.*

*In the dairy case.*

# The snack that comes by its goodness naturally

Nature outdid herself with the fig. She endowed it with flavor that's uniquely delicious. She blessed it with an abundance of natural fruit sugar for quick energy. Then she made it a handy nibbling size to be enjoyed after school, after work, at TV time, anytime. In cups, bags and cartons at your favorite market. Get some today.

the quick energy food **California Figs**

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Please send free recipe booklet, "48 Family Favorites with California Figs."

NAME _____

STREET _____

CITY _____ STATE _____ ZIP _____


## *Roasted turkey under two hou*

**We heard recently** about a "fast" roast turkey. It uses a high oven te ature and gives surprisingly good r

A family in Oregon has used this c technique since stumbling onto th six years ago. We've tried it in S kitchens on six turkeys, ranging fr to 20 pounds, and they were juic tender. Total cooking times range 1 hour 15 minutes to 1 hour 45 min

There are several disadvantages method. It should only be used f *stuffed* turkey. Unless you have a exhaust fan, your kitchen may b quite smoky during the first half-h cooking. Finally, your oven may ge spattered.

Still, we were sufficiently impresse our results to think that some readers may want to try the metho

We suggest that you use a good meat thermometer, for the interna perature climbs swiftly and the bi probably be done before you expect

For best browning and the even co of white and dark meat, we turn turkeys part way through cooking. this, remove the pan to a counter; layers of paper towels to protect hands, grasp the turkey securely a it over; then return it to the oven.

Here's how to roast turkey fast:

Wash and dry the turkey inside an as usual. Frozen turkeys should be pletely defrosted.

Lightly sprinkle inside cavities wit and pepper. Fasten neck skin to with a skewer. If you don't have shaped rack, also skewer wings to of turkey. Leave legs free.

Place turkey, breast down, on a r a shallow pan. Insert a meat thermo into thickest part of breast. Put th key, uncovered, into a 500° oven.

After 20 to 30 minutes (depending of bird), reduce oven temperature to roast for 20 to 30 minutes longer. R from oven, turn turkey breast up return to the 400° oven; roast w basting until done (internal breas perature 175°).

Contrary to what you might expe had nicely browned but not burned pings left in the pan for making gra

If you decide to try this idea for Th giving dinner, you'll need to bak "stuffing" separately, in a covered serole or well wrapped in foil.— *Portland.*

der your zipper one of your closest s. It'll tell you things no one else ike the fact that you're gaining weight. That's a good time to inking more carefully about your me selections.

**'s and Don'ts for those who Watch and Weigh**

ce you have to cut down on es, do make sure that your require- are met mainly from the four Groups: Milk, Meat, Vegetables ruits, Breads and Cereals.

n't forget that your bones, muscles, and nerves need calcium whether you're dieting or not. Milk stands out as a source of calcium as well as high quality protein and riboflavin. Non-fat or low-fat milk gives you just as much of these nutrients but with fewer calories.

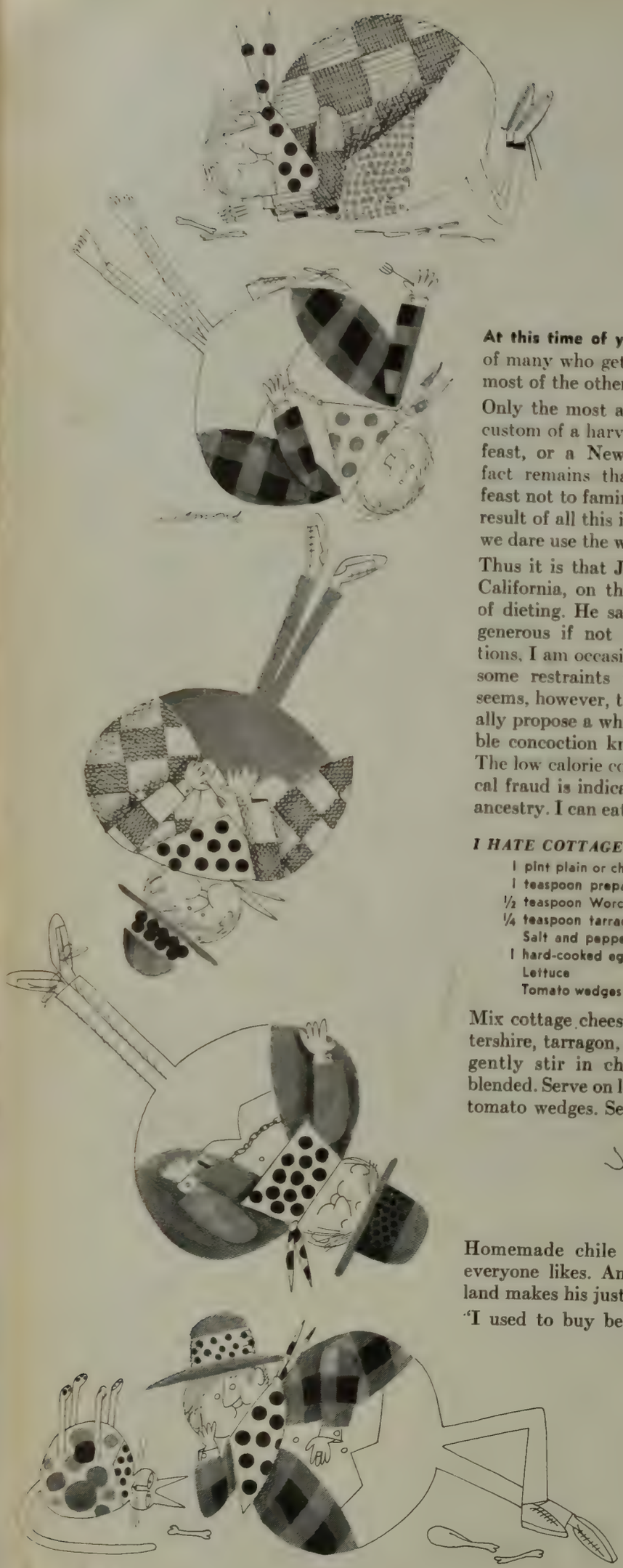
**3.** Don't go off on a diet "kick" of your own. Drastic changes and off-beat food habits can endanger your health by causing you to omit essential nutrients.

**4.** Don't torture yourself. Base your diet on sensible eating habits that you can stick to without hardship. Otherwise the pounds you lose will soon come creeping back.

**5.** Do increase your physical activity. Walk short distances instead of riding in the car. Mow the lawn. Wash the car. You'll burn up calories and maybe even save a little money at the same time.

People who are physically fit look better, feel better and get just a little more out of life. And that's quite a bit.

*This information is brought to you by the Dairy Council of California in the interest of everyone concerned with improving fa- health through proper nutrition.*



# "At this time of year the bird is only one of many who get stuffed"

**At this time of year,** the bird is only one of many who get stuffed, and unlike him, most of the others stay that way.

Only the most ascetic could criticize the custom of a harvest feast (or a Christmas feast, or a New Year's feast), but the fact remains that we tend to go from feast not to famine but to plenty, and the result of all this is that many of us are (if we dare use the word) fat.

Thus it is that Jim Harahan, of Encino, California, on the eve of festival thinks of dieting. He says, "Being blessed with generous if not heroic physical proportions, I am occasionally tempted to apply some restraints to my food intake. It seems, however, that the diet sadists usually propose a white, lumpy, nearly inedible concoction known as cottage cheese. The low calorie count of that gastronomical fraud is indicative of its questionable ancestry. I can eat it only by disguising it.

### *I HATE COTTAGE CHEESE*

- 1 pint plain or chive cottage cheese
- 1 teaspoon prepared horseradish
- ½ teaspoon Worcestershire
- ¼ teaspoon tarragon
- Salt and pepper to taste
- 1 hard-cooked egg, chopped
- Lettuce
- Tomato wedges

Mix cottage cheese, horseradish, Worcestershire, tarragon, salt, and pepper. Then gently stir in chopped egg until well blended. Serve on lettuce and garnish with tomato wedges. Serves 2 or 3.

Jim Harahan

*Encino, Calif.*

Homemade chile is something almost everyone likes. Andrew Brown of Portland makes his just a bit differently.

"I used to buy beef by the hindquarter for the freezer. That meant a lot steak, and I started using it and cubed in place of ground bee It's easier to slice and cube if tially frozen."

When you do this, make the ste as tiny as possible, about ¼ square; but don't overdo, either, end up with chopped beef.

### *CHILE CON STEAK*

- ¼ cup salad oil
- 1 large onion, sliced thin and separa into rings
- 1 large green pepper, finely choppe
- 1 clove garlic, minced or mashed
- 1½ pounds top round, fat removed, in ¼-inch cubes
- 1½ teaspoons salt
- ½ teaspoon monosodium glutamate
- 1 teaspoon sugar
- 1 can (1 lb.) tomatoes
- 1 bay leaf
- 3 to 12 whole cloves
- 2 to 3 tablespoons chile powder
- 2 teaspoons ground cumin
- 1 to 5 drops liquid hot pepper seaso
- 1 teaspoon Worcestershire
- 1 can (about 1 lb.) red kidney beans

Heat oil in a large frying pan o oven and cook onion, green pep garlic until soft. Add steak cub monosodium glutamate, and sa cook until meat is slightly brow tomatoes, bay leaf, cloves, chile cumin, hot pepper seasoning, and tershire; cover, and simmer for ab hours. When meat is tender, add and cook until beans are hot. Rem and cloves. Makes about 6 servin

*Por*

Everyone has a preferred mixture ing up the inside of a turkey. So for chestnuts, others for oyste others for simple bread and sa onion for zest. All the variations, s

*Chefs of the West*

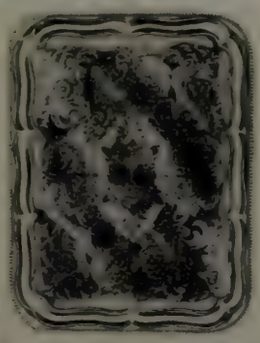
The Art of Cooking... by men... for men

# Now Nabisco freezes cookies you can bake at home in 12 minutes

Here is the family looking at the NABISCO Easy Bake Frozen Cookies in the freezer. They are hungry for cookies. You take the cookies out and place the 36 pre-cut dough drops on cookie sheets. Which is easy because you don't slice or measure.

Here is a cookie-hungry person watching NABISCO Easy Bake Cookies bake. They take about 12 minutes, which is not long. But they smell so good that it is difficult for a person to wait without watching.

Here is the happy family eating NABISCO Easy Bake Cookies fresh from the oven. They are smiling because the cookies are rich, delicious and they taste home-baked. Which they are.



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Offer good in the United States only except where prohibited, licensed or taxed. Offer good only when "Easy Bake" name from the front panel of one package plus $1 accompanies this coupon.

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# Norbest Tender-Timed solves turkey cooking worries

## ...tells you when it's done

Every Norbest Tender-Timed turkey has an amazing little gauge that pops out a red indicator when the turkey is perfectly done. Both white and dark meat are moist, tender, delicious... cooked just right... *done right!* ● *And another thing:* Norbest turkeys are *Tender-Aged* to further assure you of the best, most delicious turkey dinner ever! Federally inspected — U.S. Grade A.

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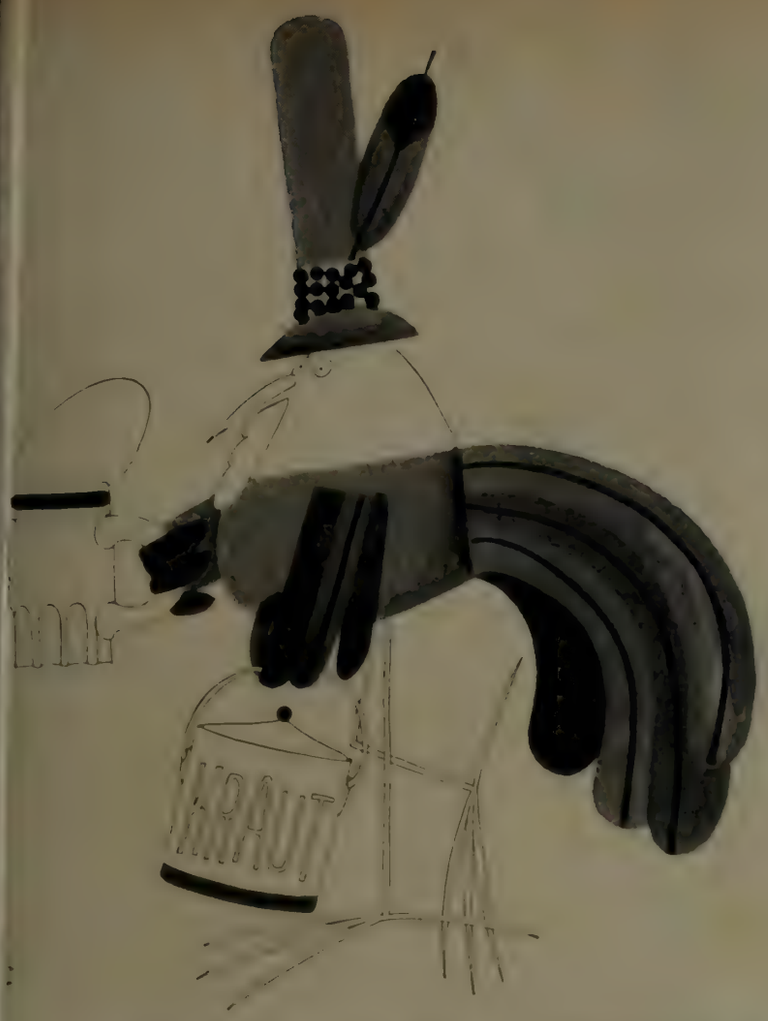
## *Buy the best...buy Norbest*

*Tender-Timed®, Tender-Aged young turkey. Tells you when it's done!*



*'he bold may wish to try this immediately . . . The cautious may recoil"*

would make a thick book.

rris, of Sacramento, here intro- own favorite. "I always find it people when they eat it," he s an old Bulgarian recipe."

may wish to try this immedi- e more cautious may recoil when n that it is primarily sauerkraut. said, then, that the sauerkraut tle change in the turkey, but the es mellow and smooth over the eous notes of the kraut.

***IAN TURKEY***

ll onion, finely chopped
lespoons butter or margarine
key giblets, cooked and chopped
(1 lb. 11 oz.) sauerkraut, drained
nd turkey
(11 oz.) beer

ion in butter until golden, and with chopped giblets and sauer- uff both neck and body cavity of Truss the bird and place on a h breast up, in a shallow roasting ast in a 325° oven, basting gen- with the beer (using all of it) while Cook the turkey about 3 hours, it tests done. Serve with a gravy m the pan juices.

*Sacramento*

Spinach is a plentiful vegetable, and those who love it need know nothing more. For those who have always seen it as a sort of green sludge, lying overcooked and unappetizing at the farthest corner of the plate, this excellent recipe may come as a revelation.

*Chef* Vernon B. Lanegrasse presents this recipe with the comment that it is delicious hot, and just as good cold with mayonnaise. If you're in a hurry, you can make it with frozen spinach.

***SPINACH TART ROMA***

¾ pound fresh spinach (or 10-oz. package frozen chopped spinach)
2 tablespoons melted butter or margarine
3 eggs, lightly beaten
1 cup cottage cheese
¼ cup grated Parmesan cheese
6 tablespoons whipping cream
¼ teaspoon salt
⅛ teaspoon *each* pepper and nutmeg
Pastry for 9-inch pie shell

Wash spinach and shake off excess moisture; cook, covered, with just the moisture that clings to the leaves, until wilted and tender, about 3 minutes. Chop. (Or thaw frozen spinach and drain well.) Stir in butter and set aside. To the beaten eggs, add cottage cheese, Parmesan, cream, salt, pepper, and nutmeg. Stir in spinach. Line a 9-inch pie pan with the pastry, and bake in a 375° oven for 10 minutes. Remove and spread spinach mixture evenly into it.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**3 kitchen cutups that will steal her heart**

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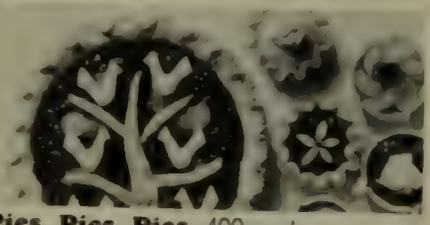
# Betty Crocker

News from General Mills

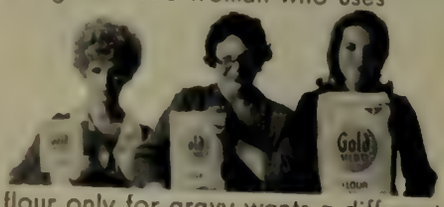
**Home for Thanksgiving**
As America's most thankful holiday rolls around, we know, as you know, that thousands of families will gather with a thought for the far-aways, a heart full of prayers and new faith in the future. And we hope, with you, that this year of all years we will find renewal, rededication and deep-rooted strength on America's annual day when the family comes home.



**Pies, Pies, Pies**–400 and more pie and pastry specialties in our new Pie and Pastry Cookbook (many made easy because you start with our old-fashioned flaky Pie Crust Mix). Regularly $2.95 in hardcover, for just $1 you can get the soft-cover edition. Buy as many extras as you like—nice for those little "gifts under a dollar." Write Betty Crocker, General Mills, Inc., Box 238, Minneapolis, Minnesota 55440. Please include your zip code.

**Hot Tips**–We sell more Gingerbread Mix around November than any other time of the year. Not surprising, really, it tastes so good these cool fall evenings. And did you know that you can heat the new Betty Crocker Lemon Pudding just as it comes from the can? Top off your gingerbread with instant hot lemon sauce.

**Small, Medium, Large**
Can a manufacturer offer his product in too many sizes? There isn't an easy answer. Apartment dwellers want small packages—no cupboard space to spare. Farm people want big packages—they can't shop every day. A teacher who lives alone wants a little box of cereal—a mother of five buys a big one. The woman who uses




flour only for gravy wants a different size sack than the woman who bakes bread. And so it goes. People come in all sizes; so do packages. We keep making a lot of packages, for just one reason—we don't believe in standardizing people!

**Holiday Hurry-ups**
*Mince Pudding Pies:* Spread 8 cooled tart shells with 2 tablespoons of mincemeat right from the jar. Top with new Betty Crocker Vanilla Pudding just as it comes from the white lined can. Chill well. Dot with whipped cream rosettes. Center red candied cherry and angelica leaf. Festive!

*Sugarplum Lemon Bars:* Bake Betty Crocker Sunkist® Lemon Cake Mix in jelly roll pan 20 to 25 minutes. Frost with matching creamy frosting mix. Scatter cut-up, multicolored gumdrops. Cut into 36 bars. Sparkling! *Mistletoe Mini-Buns:* Bake rich, little biscuits, using the shortcake recipe on the Bisquick package. Top with confectioners' sugar frosting; then sprinkle with gaily colored sugars. Marvelous. And . . . for more good ideas, send ten cents for our new booklet, "Holiday Hurry-ups" . . . quick holiday gifts to give and to serve. Send name, address, zip code to Betty Crocker, Box 136, Minneapolis, Minn. 55440.

Return to oven and continue t
30 minutes or until mixture is s
about 6 servings as a vegetable

Vinn B. Fuzy

*Los*

Johnnycake, corn pone, hush
cornbread . . . as many recipes a
cooks. Crisp, salty, or sweet, ea
unmistakable texture that corn
to things.

Horace Winfred Beek White, of
begins with the question, "Do
cornbread?" The question is sli
worded, considering all the p
that exist; but if you like cornm
almost sure to like the sweet
breakfast cake that Mr. White

The ginger flavor of this ca
nicely with apricot or fig prese
the flavor and sweetness are
nounced, so don't serve the ca
meat and potatoes dinner.

***GINGER-DATE CORN CAKE***

- 1 cup yellow cornmeal
- 1 cup unsifted all-purpose flour
- ⅓ cup cracked wheat
- 1 tablespoon baking powder
- ½ teaspoon salt
- 1 tablespoon sugar
- 1 tablespoon very finely chopped preserved ginger
- ¼ cup finely chopped dates
- 2 eggs
- 1 cup milk
- ⅓ cup melted butter or margarine

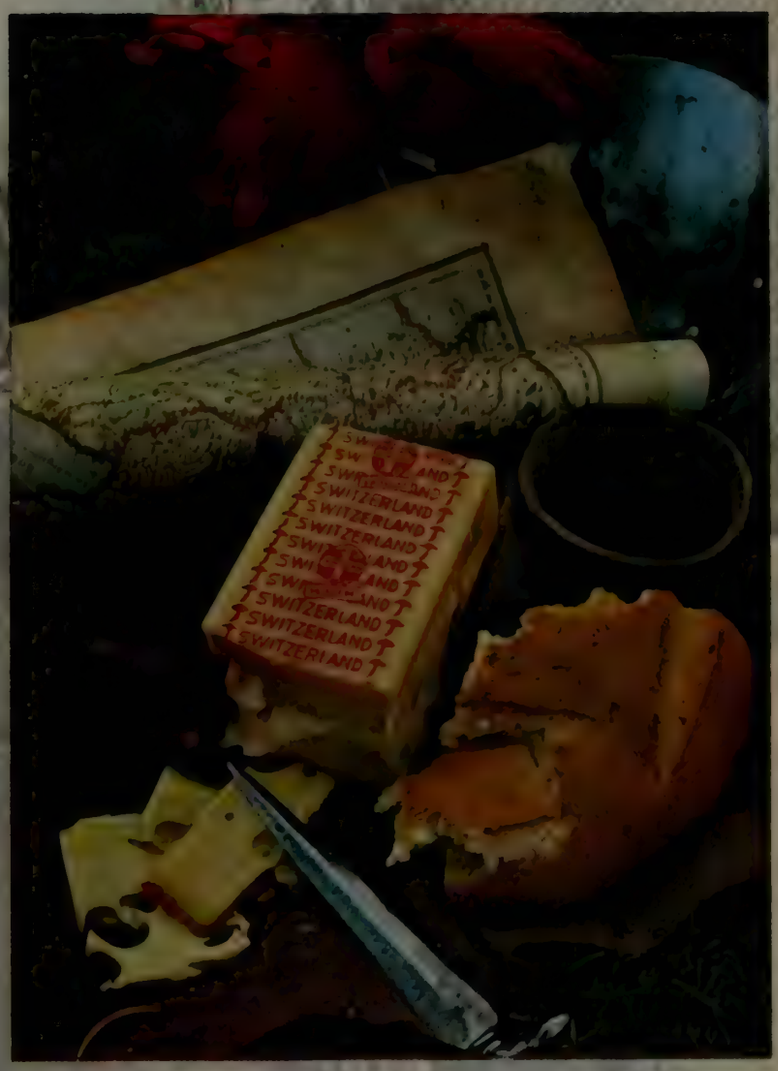
Mix together the cornmeal, flou
wheat, baking powder, salt, a
Stir in ginger and dates. Beat
milk until well blended. Add,
with melted butter, to dry in
and stir just until blended.

Pour the mixture into greased
pan (about 4 by 8 by 2 inches
bake in a 325° oven for about
until a pick inserted in the cen
out clean. Makes 1 loaf.

H.W.B.W

*Ho*

*"From Honolulu comes the qu
'Do you like cornbread?'"*




# When Swiss soldiers went off to war, they left their wives behind. But not their cheese.

iss soldiers were the best
ers of the 15th century.
possibly the best fed fight-
f all times. Thanks to our
e. Which is still the best
is, five centuries later.
any countries have tried to
te our cheese. And some
made cheese that looks
s. But none have been able
atch the taste.

Genuine Swiss cheese is made only in Switzerland. From whole fresh milk delivered daily to the cheesemaker.

Our dairy herds eat only the best alpine grass. Never silage. Swiss law forbids the use of silage for feed because it contains butyric acid which prevents long natural curing. And it's the long natural curing that helps to produce the distinctive taste of genuine Swiss cheese.

Nowadays you don't have to take our cheese with you when you travel. You can find it almost anywhere in the world. Just be sure the word Switzerland is on the cheese you buy. That tells you it is genuine Swiss cheese. Made only in Switzerland. Naturally.

Switzerland

YOU'LL FIX FLAV-R-PAC
CORN MEXICALI OFTEN
IF YOU TRY THIS IDEA

FLAV-R-PAC

CORN MEXICALI

FLAV-R-PAC Whole Kernel Corn . . . two packages or two and one-half cups from poly bag partially defrosted or two cans drained.
½ cup sliced ripe olives
½-¾ cup diced cheddar cheese
¾ teaspoon salt
¼ teaspoon pepper
⅓ cup chopped pimento
⅓ cup chopped green peppers
1½ tablespoon butter

Combine all ingredients except butter and place in casserole. Dot with butter. Bake uncovered at 350° 25 minutes until cheese is melted and bubbly. Serves 4-5.

YOU'LL SEE THIS U.S.D.A.
FANCY SHIELD ON FLAV-R-PAC

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DARROW M

**Swirl** *chocolate topping over filled layers while the frosting is still*

# *A quick chocolat cream cake*

**Bittersweet chocolate frosting** crown yellow cake with a rum custard fill a delicious combination that closel sembles Boston cream pie.

Packaged cake mix and egg custard are shortcuts for turning out two cakes at once. Divide the ingredien half if you want only one cake.

***CHOCOLATE CREAM RUM CAKE***

1 package (about 1 lb. 3 oz.) yellow cake mix
1 teaspoon grated orange peel
1 large package (4½ oz.) egg custard mix
2 cups milk
⅔ cup dark rum
1½ cups whipping cream
Chocolate topping (recipe follows)

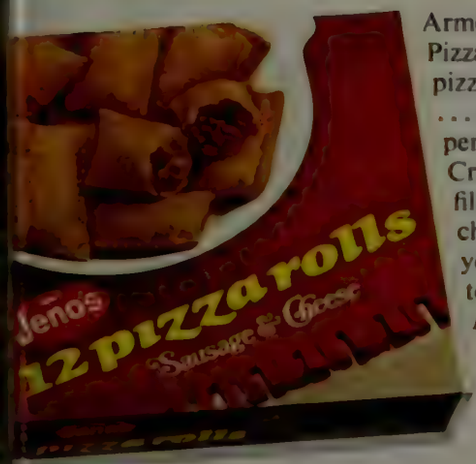
Prepare cake mix as directed on the age, adding grated orange peel to the ter. Bake in two 9-inch layer cake pa directed. Remove layers from pans let cool completely.

For filling, combine custard mix and in a saucepan and, stirring, bring to rolling boil. Remove from heat and the rum. Chill until set.

Whip cream until stiff. Beat custard ture with a wire whip and fold in cr Chill until set. Split cake layers in and fill each with half the rum cus Swirl chocolate topping on top of Chill until serving time. Makes tw inch cakes or about 12 to 14 servings

*Chocolate Topping.* Mix 1 cup sugar 3 tablespoons cornstarch in a sauc Add 2 ounces unsweetened chocolate up. Stir in 1 cup water, place over me heat, and cook, stirring, until it com a boil and is smooth. Remove from and stir in 1 teaspoon vanilla and 2 spoons butter. Spread while hot.

# HALF TIME IS JENO'S PIZZA ROLL TIME




Armchair quarterbacks flip over Jeno's Pizza Rolls, the hottest new snack since pizza. Just ten minutes in the oven, then . . . touchdown. Jeno's Pizza Rolls are perfect finger food with any beverage. Crispy egg crust outside. Tangy, meaty filling inside. Eight great kinds to choose from. Pick up a supply for your next big football weekend tomorrow from your grocer's freezer. *From Jeno's, who else?*

Jeno's

DEVIL'S DUE CAKE

1 package Pillsbury Red Devil's Food Batter Cake Mix
1/2 cup water
3 eggs
1 pint Chocolate Ice Cream, softened

Blend all ingredients; then beat at medium speed for 2 minutes. Turn into Bundt pan or 10-inch tube pan which has been generously greased and lightly floured on bottom and sides. Bake at 350° for 35 to 45 minutes, or until top springs back when touched lightly in center. Cool slightly before removing from pan; cool completely. Fill center of cake with scoops of chocolate ice cream. Drizzle dessert with Marshmallow Sauce.

Marshmallow Sauce

1 package Pillsbury Fluffy White Frosting Mix
1/2 cup water
1/2 cup miniature marshmallows

Combine all ingredients and heat to boiling. Beat in a small mixer bowl at high speed until desired consistency, 3 to 4 minutes.

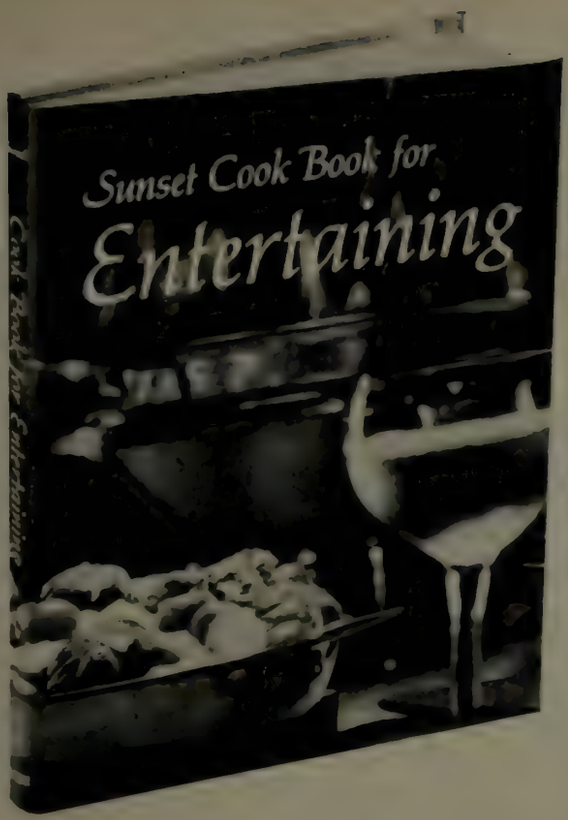
## A devilish cake idea

Beat ice cream right in with yo Red Devil's Food batter; bake it in your cake to enrich every morsel. But don't try it with anything but Pillsbury Batter. Batter Cake Mix is different made to hold ingredients you dreamed of adding to a cake before (and ice cream is just one of them). It's Batter Ma the great new taste in recipe cakes from Pillsbury

More Batter Magic recip on all Pillsbury Batter Cake Mix packages.

For high-altitude recipe directions, write to The Pillsbury Company, Box Minneapolis, Minn. 55480

# Ice cream makes the batter




# Unusual new book is full of plans, short cuts, ideas, answers

**'ve ever wished** you had one book to o for answers to the questions that when you entertain, you may wel- the *Sunset Cook Book For Enter- g*.

al in both its organization and con- his new book packs a maximum of o-find information within its 208 pages. Actually there are three ways help you entertain:

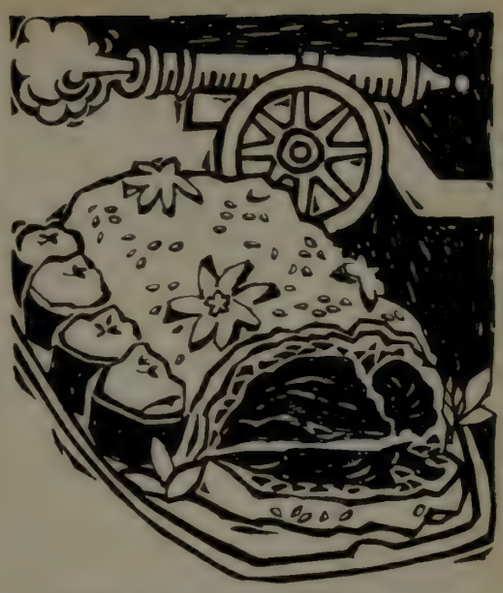
rst section supplies menus and party Some menus are very simple, such Supper Beside the Fire or the Patio . Others are more elaborate, such Authentic Indian Curry Dinner or andinavian Buffet for Fifty People. guests share the cooking as well as in the Fondue Party, the Oriental Cooked at the Table, and the Mexi- amalada. Each menu is complete recipes and step-by-step directions e entire meal.

planning your own menus, you'll e large section of individual recipes helpful. The recipes were carefully l from ones that have proven pop- nd practical for guest meals. Most partially or totally made ahead, ery recipe tells you how far ahead be made. The recipes are grouped apters that correspond to the way are planned: appetizers, soups and salads, entrées, accompaniments and side dishes, desserts, and drinks. You can use these pages to put together an entire menu, or browse through them when you need an idea or two to complete a company meal.

You may find you turn most often to the third part of the new book, special entertaining ideas. These features are distributed throughout the book's pages, but are indexed so you will be able on a moment's notice to find information on such subjects as how to have a wine tasting; breakfasts for guests; simple but special appetizers; dressing up green salads; garnish ideas for soups; folded napkins and other custom touches; how to use and fuel chafing dishes.

The special features also include a shopper's guide to wine labeling; a guide to serving cheeses; easy fresh fruit desserts; imaginative ways to serve drinks; and coffees from around the world.

Gift bound, with a washable cover, the book is illustrated with occasional full-page photographs of individual dishes and complete meals, and with decorative drawings throughout. *Sunset Cook Book for Entertaining* is published by Lane Books, Menlo Park, California. Special advance price is $6.95; after December 31, it will be $7.95.

# Victory dinner

## for the man who won at Waterloo

Napoleon said it: "An army travels on its stomach." So what happened at Waterloo? Perhaps the Duke treated *his* tummy and taste buds even better. Legend claims this recipe as traditional after a Wellingon victory. Who could bear to lose?

**BEEF WELLINGTON**

1 (3½ to 4-pound) beef fillet
Salt and pepper
1 (2¼-ounce) can liver paté
2 sticks pastry mix
1 egg yolk
1 teaspoon water

Place beef on rack in shallow open pan. Bake in hot oven (425 degrees F.) 20 minutes for medium rare. Chill thoroughly. Remove all fat. Sprinkle beef with salt and pepper. Spread liver paté over top. Prepare pastry mix according to directions. Roll out to thin sheet large enough to wrap around beef. Place beef on pastry and fold pastry over to cover completely. Moisten edges and pinch together firmly. Cut a few small holes on top. Decorate with pastry trimmings. Brush pastry with egg yolk beaten with water. Bake in hot oven (425 degrees F.) 30 to 35 minutes until browned. Let stand 5 to 10 minutes. Carve into thick slices. Makes 6 to 8 servings.

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# A salad without Wish-Bone Italian is just a bowl of wet vegetables.

All the flavor comes from the Wish-Bone Italian.

Sassy flavor.

Real Italian flavor.

Brimming with bits of tiny tender garlic, chunks of mild sweet pepper.

Flakes of oregano floating in pure golden oil and pungent vinegar.

Other Italian dressings may try to be as good, but they just don't succeed.

Only Wish-Bone really turns vegetables into a first class salad.

# Thanksgiving vegetables and dressings you make ahead

**ccompany** the Thanksgiving dinner ribed on page 98, we suggest that you se from these make-ahead dressings ed separately, not in the turkey) and table casseroles. All are assembled the before; if you want to delegate some e preparation for this holiday feast, an simply pass the recipes on to your nteers.

e dishes can all bake together at the temperature; some take a few min- longer and must be put in earlier. If ven in the home where the meal goes her cannot accommodate this last- te load, or if you want to carry the s hot, they hold heat well as long as rs if packed carefully in an insulated iner such as a styrene foam chest. ontainer should be kept tightly cov- until serving time.

### EW RICE DRESSING

tablespoons butter or margarine
cup long grain rice (uncooked)
cups regular-strength chicken broth
cups salted cashews

2 tablespoons of the butter in a fry- n, add rice, and cook over moderate stirring, until rice is lightly browned. broth, bring to a boil, cover, and sim- or 15 minutes or until rice is tender; ccasionally.

remaining 2 tablespoons butter in er frying pan, add cashews, and stirring, until butter browns lightly, stir in the cooked rice. Pour into a o 2-quart shallow casserole. Cover efrigerate as long as 24 hours. Bake, ed, in a 375° oven for 40 minutes til hot through. Serve at once, or in an insulated container if you to transport it hot. Makes 10 to 12 gs.

### AGE AND FRUIT DRESSING

large onions, finely chopped
pound bulk pork sausage
tart apples, peeled, cored, and thinly sliced
cup dried apricots, chopped
teaspoons sugar
teaspoon *each* poultry seasoning and rubbed sage
cups diced French bread
cup milk
eggs
Salt
Butter

wide frying pan cook onions and e, stirring, until onion is soft and s lightly browned. Add apples, apri- ugar, poultry seasoning, and sage, ntinue cooking over moderate heat, stirring occasionally, until apple slices are just barely tender and some are lightly browned.

Meanwhile, in a large bowl combine bread, milk, and eggs and mix well; let stand a few minutes, then beat vigorously to break up the bread. Stir in the sausage mixture, including all the drippings; salt to taste. Spoon dressing into a shallow 2-quart casserole. Cover and chill until time to heat. Bake uncovered in a 375° oven for 40 minutes or until hot through. Dot with butter, if you wish, and serve; or cover and pack in an insulated container if you want to transport the dressing hot. Makes 10 to 12 servings.

### CANDIED YAMS

4 pounds yams
Water
6 tablespoons butter
½ cup dark brown sugar, firmly packed
Salt
¼ cup rum (optional)

Cook yams in boiling water to cover until they are easy to pierce but not mushy, about 30 minutes. Drain, let cool, and peel. Cut yams in about ¼-inch-thick slices and arrange in overlapping rounds in a shallow 3-quart casserole.

Dot yams with the butter and sprinkle with the sugar; salt lightly. Cover and refrigerate until ready to bake. Add rum, if you wish, and bake uncovered in a 375° oven for 1 hour 10 minutes or until juices are bubbling and yams have a shiny glaze; baste well occasionally with the juices. Serve at once, or cover and pack in an insulated container if you want to transport hot. Makes 10 to 12 servings.

### SPINACH AND ARTICHOKES AU GRATIN

2 jars (6 oz. *each*) marinated artichokes
3 packages (10 oz. *each*) frozen chopped spinach, thawed
3 small packages (3 oz. *each*) cream cheese
4 tablespoons soft butter or margarine
6 tablespoons milk
Pepper
⅓ cup shredded Parmesan cheese

Drain marinade from artichokes and save for other uses. Reserve a few artichokes to use later as garnish; distribute the remainder over the bottom of a shallow 1½-quart casserole.

Squeeze as much moisture as possible from spinach and arrange the vegetable evenly over artichokes. With a mixer beat cream cheese and butter until smooth and fluffy, then gradually blend in the milk. Spread this mixture over the spinach,


# You're looking at 13 appliances.

This is the KitchenAid Food Preparer Model K45. It's a rugged appliance with a powerful motor (the only mixer with enough power to knead yeast dough) and specially designed optional attachments. The dough hook is included.

The optional attachments aren't gimmicks. They do the job they're supposed to do. And do it well. So instead of just a mixer, you can have a meat grinder, a vegetable slicer, a knife sharpener, an egg beater, a sausage stuffer, a potato masher, an apple strainer, an icing whipper, an ice crusher, an orange juicer, a silver polisher and a can opener. Send the coupon for more details. Unless you would rather buy 13 different appliances. And find counter space for them.

**KitchenAid**
FOOD PREPARERS BY HOBART

The Emporium—all stores
City of Paris
Macy's—all stores
Simon Stores—all stores
Holman's Department Store
Leask's
Capwell's—all stores

# When you serve Saffola on the butter plate, only your doctor can tell the difference.

**The important difference in Saffola margarine is safflower oil. This 100% vegetable oil is highest in good poly-unsaturates — and lowest in saturated fats. Yet Saffola tastes just like the real thing: the rich, expensive spread. When your doctor recommends that you guard your health by cutting down on saturated fats, it doesn't mean you have to cut down on flavor, too.**

**Saffola**®

**Cube Margarine, Soft Margarine, Salad Oil, Mayonnaise**

**Pacific Vegetable Oil Corporation**
**World Trade Center, San Francisco, California**

**Four delicious ways to control the fat in your family's diet.**


sprinkle lightly with pepper, then with Parmesan cheese. Cover and r erate for as long as 24 hours.

Bake, uncovered, in a 375° oven f minutes or until topping is li browned and vegetables are hot. Ga with reserved artichokes. If you wa transport casserole, cover it and pa an insulated container. Makes 10 servings.—*A. J., San Francisco.*

***BAKED GREEN BEANS BÉCHAMEL***

- 3 packages (9 oz. *each*) frozen French-style green beans, thawed
- ½ cup water
- ¾ teaspoon salt
- ½ cup regular strength chicken broth
- 1 tablespoon cornstarch
- 2 cups (1 pt.) sour cream
- 2 teaspoons sugar
- ⅛ teaspoon nutmeg
- ⅔ cup slivered almonds
- 1 tablespoon butter or margarine
- 2 tablespoons shredded Parmesan chees

Cook beans in water over highest uncovered, until liquid is boiling, cook 5 minutes more; stir freque Drain beans well, mix with salt spread in a shallow 2-quart cassero

Gradually blend broth with corns then cook, stirring, until very thic clear. Blend in the sour cream, suga nutmeg, and cook, stirring, just unti mering. Pour hot sauce over beans. almonds in butter until lightly bro then spoon decoratively around th of the casserole. Sprinkle with c Cover and refrigerate up to 24 hour

Bake in a 375° oven for 40 minut until well heated and top is li browned. If you want to transpor serole, cover and pack in an insulate tainer. Makes 10 to 12 servings.— *Central Point, Ore.*

---

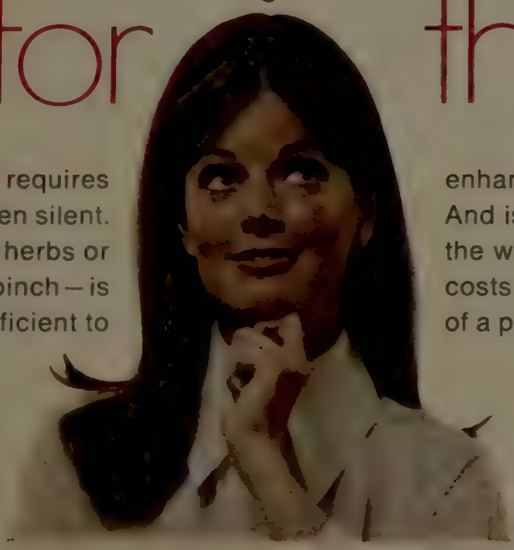
## *Ice cream sandwich*

**Youngsters enjoy** these grah cracker ice cream sandwiches dessert or as a party treat.

For each sandwich, spread one g ham cracker square with a heapi teaspoon of chunk-style peanut b ter. Prepare all the graham crack for the number of sandwiches y plan to make.

Then cut solidly frozen brick cream into slices ½ to ¾ in thick; cut slices into squares t size of graham crackers (any ex narrow strips can be packed b in the carton or placed side-by-s on crackers). Place ice cre squares atop spread graham cra ers, then top each with a pl cracker. Wrap sandwiches indivi ally in foil; freeze in a single la until firm.—*J. C., Fresno.*

# Food for thought:



The art of fine cooking requires that seasonings be subtle, even silent. One-fourth teaspoon of herbs or spices—often called a pinch—is usually sufficient to enhance a dish that serves four. And isn't it nice that Spice Islands®—the world's finest spices and herbs, costs but a fraction of a fraction of a penny per pinch.

Free! Fascinating Herb and Spice Primer.
Write Primer, P.O. Box 2443,
So. San Francisco, Calif. 94080.

DARROW M. WATT

**Roasted chestnuts** *glisten with Port and sugar; jar holds wet napkins for sticky hands*

# Winter's night before the fire . . . warm muddled chestnuts

**Roasted chestnuts and an open fi**
inviting scene, so often captured i
ory and melody, certainly make
delightful late evening interlude
the early winter months when fresh
nuts become available.

The chestnuts you find in produ
tions of markets are relatively p
now through the Christmas season
are two main sources: north-centr
fornia and southern Italy. Your p
man can tell you which he is
California chestnuts have the rep
for sweeter, finer flavor; but they a
perishable, and the thin brown sk
inside the shell clings tenaciously
nutmeat. On the other hand, Italia
nuts keep well for a much longe
and the brown skin comes away
from the nutmeat.

Mold is the insidious spoiler of ch
Unfortunately you cannot tell w
shiny brown nuts harbor this
until you cut into them, except
nut may feel light for its size. Th
it's wise when buying chestnuts t
few more than you might need,
the nuts in a plastic bag in the re
tor, and to use them as soon as pos

Unlike other nuts, chestnuts m
cooked; their starchy firm consist
transformed by heat (through ba
boiling) into a moist, mealy,
sweet, and subtly flavored food
people have to learn to like ch
but once convinced they are usu
thusiastic and will enjoy the ritua
ing chestnuts prepared in this Itali
The roasted nuts are cracked ope
rated by a mixture of Port and
then peeled to eat while still war
accompaniment should be small gl
more Port. The chestnut shells are
provide napkins or towels for clea

***CHESTNUTS MUDDLED IN PORT***

- 1 pound fresh chestnuts
- ½ cup Ruby or Tinta Port
- ¼ cup sugar
- Moistened cloth napkins

With a sharp pointed knife cu
about ½ inch long through sh
meat of each chestnut; discard a
mold. Arrange in a single layer o
ing sheet; bake at 400° for 40
Also, mix Port and sugar in a dee

Remove chestnuts from oven.
thick potholder to protect you
squeeze each nut to pop the sh
so it can absorb the Port; drop n
Port-sugar mixture, stirring with
dition. Let stand until cool en
touch comfortably, stirring occa
Transfer nuts to a serving bowl.

To eat, peel nuts with your hand
the moist napkins for clean-up.
to 8 servings.—*A.D.V., Menlo Par*

# Instant Success

Serve Red L hors d'oeuvres and your next party is sure to be the hit of the season. Hot, tantalizing tidbits of flaky French puff pastry with cheese, shrimp, frank and bacon that heat up in 10 minutes. Simple to prepare, delicious to taste, Red L hors d'oeuvres add a touch of elegance to any get-together. Make your next party an instant success — pick up several packages at your grocer's freezer soon.

Red L
Gloucester, Mass.

# INTRODUCING: THE VERY DRESSY DRESSING.

*Prepare two 6 oz. packages of Uncle Ben's® LONG GRAIN & WILD Rice, according to package directions, adding two chicken bouillon cubes to the cooking water.*

*Meanwhile, saute 1½ cups diced celery, ½ cup chopped onion, and liver from turkey (cut in small pieces) in 3 tablespoons butter.*

*Add to cooked rice mixture along with two 4 oz. jars drained button mushrooms. Makes about 8 cups dressing, enough for a 10 lb. turkey.*

*Uncle Ben's LONG GRAIN & WILD RICE. A one-of-a-kind blend of rices and spices.*

UNCLE BEN'S

UNCLE BEN'S MEASURE OF QUALITY

## *Other ways to use mincemeat*

**ncemeat,** that traditional pie filling, can give good flavor to other baked prod-s. Here we suggest a moist cake and uick bread for the holidays.

u can serve this rich mincemeat cake m topped with whipped cream, or e it with a thin icing and serve it cool.

*NCEMEAT-APPLE SAUCE CAKE*

½ cup (¼ lb.) butter or margarine
1½ cups sugar
2 eggs
3 cups all-purpose flour
2 teaspoons soda
1 teaspoon *each* cinnamon and nutmeg
½ teaspoon *each* cloves and salt
2 cups apple sauce
1 package (9 oz.) instant condensed mincemeat
Whipped cream or powdered sugar glaze (optional)

m butter and sugar until fluffy; add s, beating until pale yellow. Sift flour, sure, and sift again with soda, cinna-n, nutmeg, cloves, and salt. Add flour ture to creamed mixture alternately n apple sauce, blending thoroughly. mble mincemeat and stir into batter. r into lightly greased and floured 9 by nch baking pan. Bake in a 350° oven minutes, or until cake springs back n lightly pressed. Serve warm topped whipped cream, or spread glaze over ed cake; let glaze set before cutting. es about 12.—*R. M., Phoenix.*

*dered Sugar Glaze.* Combine 1 cup d powdered sugar, 2 tablespoons soft-l butter, ½ teaspoon vanilla, and 2 espoons milk; mix until smooth.

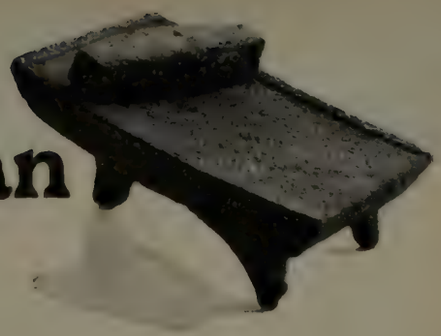
mincemeat bread sliced thin and but-l, or toast thicker slices for breakfast.

*CEMEAT BREAD*

½ cup (¼ lb.) butter or margarine
1 cup sugar
3 eggs
2 cups all-purpose flour
3 teaspoons baking powder
½ teaspoon *each* salt and cinnamon
½ cups ready-to-use mincemeat (part of a jar)
¼ cup chopped nuts

m butter and sugar until fluffy; add , beating until pale yellow. Sift flour, sure, and sift again with baking pow-salt, and cinnamon. Add dry ingredi-to creamed mixture alternately with cemeat, mixing until thoroughly ded. Stir in chopped nuts. Pour batter a lightly greased and floured 5 by 9-loaf pan. Bake in a 350° oven 1 hour, ntil bread is lightly browned on top. n from pan and let cool about 10 tes; remove from pan and finish cool-n wire rack.

# Cooking with a Mexican accent.



**by Elena Zelayeta**

The delightful thing about avocados is that while they taste voluptuously rich, they actually have no starch and practically no sugar. In fact three ounces of avocado have less than half as many calories as three ounces of the leanest broiled beef. Avocados contain eleven essential vitamins, fourteen minerals including iron, and a higher proportion of protein than most other fruits.

Since avocados were first grown in Mexico, it's natural that one of the most common uses for them is in Guacamole. This is a glorious Mexican sauce that tastes good on or in almost anything you can think of, with the possible exception of chocolate cake. You can serve it with corn chips as an hors d'oeuvre, with lettuce and tomatoes as a salad, put it in tacos, drape it over tostadas, enchiladas, or scrambled eggs — it makes a wonderful filling for an omelette.

There are endless recipes for Guacamole using avocados, spices, chopped bacon, cottage cheese, tomatoes, scallions, sour cream, anchovies — the list goes on as far as your imagination wants to take it.

But the easiest and one of the best-tasting basic recipes is the one the Lawry's people developed using their Seasoned Salt and Seasoned Pepper. They've put together just enough other carefully blended spices to make Lawry's salt and pepper considerably more exciting than the ordinary kinds, and they aren't telling anybody how they did it.

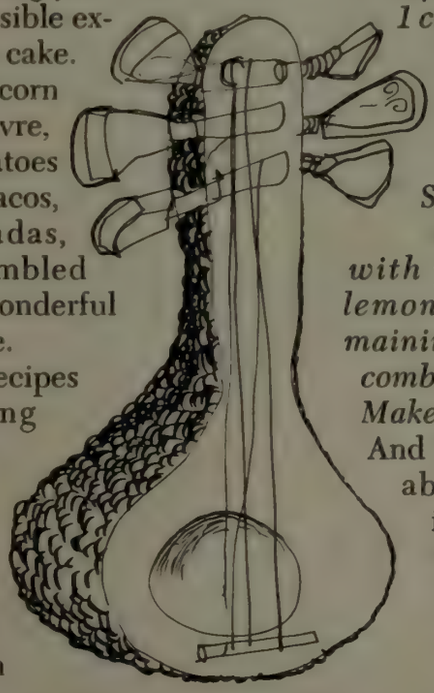
(For people who are in a mad rush, Lawry's has introduced in certain cities Guacamole Dip Mix. All you do is mash avocado together with the Dip Mix.)

*GUACAMOLE*

*3 medium ripe avocados*
*1 Tbsp. lemon juice*
*1 cup finely chopped onion*
*1 tsp. Lawry's Seasoned Salt*
*½ tsp. Lawry's Seasoned Pepper*

*Mash avocados with fork. Blend in lemon juice. Add remaining ingredients, combine thoroughly. Makes about 3 cups.*

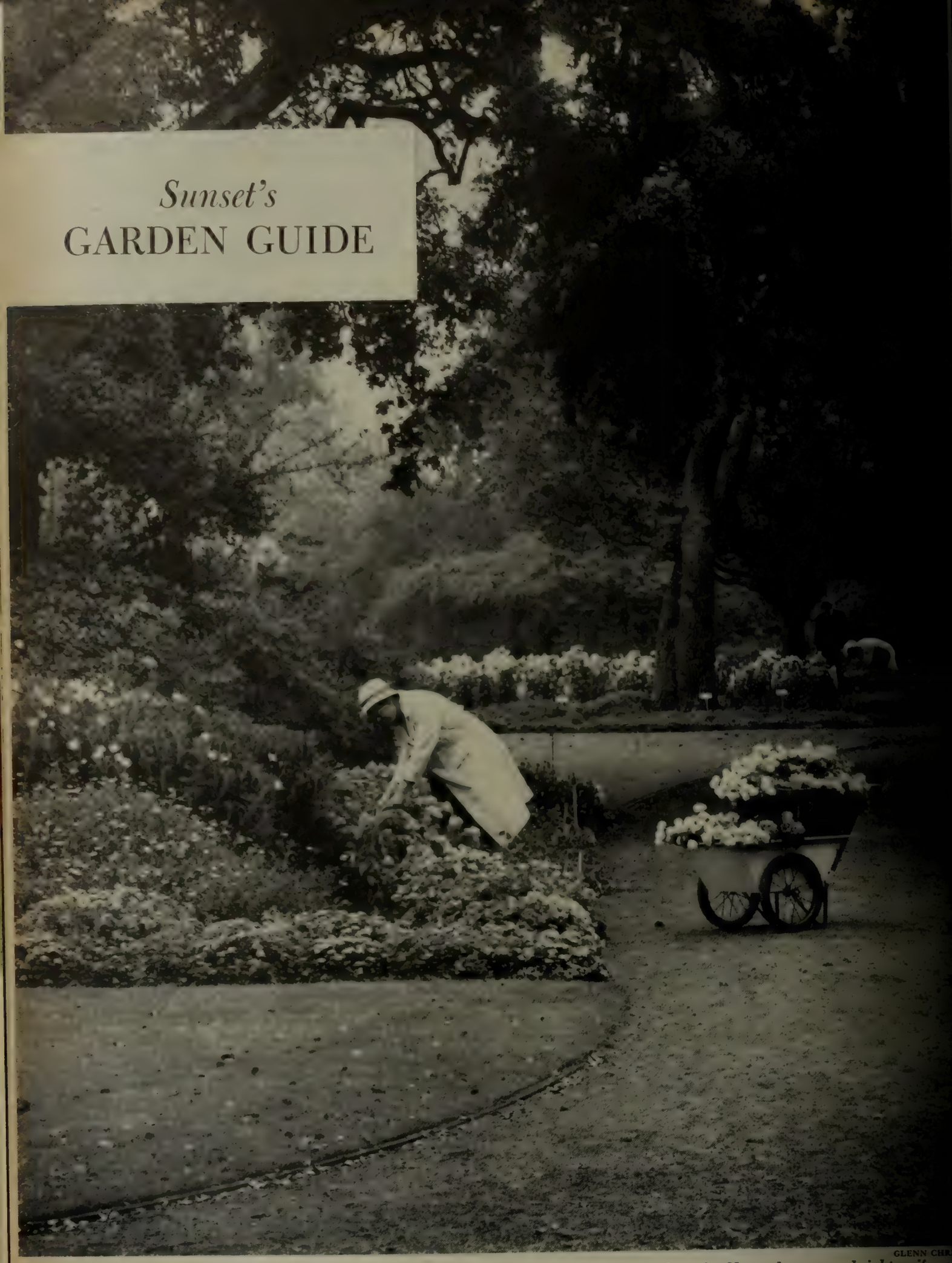
And the nicest thing about this recipe is that all the time you're enjoying it, you can think about how healthy you're getting.



*You too can play the avocado.*

Elena Zelayeta is the honorary duenna of traditional Mexican food in the United States. The child of Spanish innkeepers in Mexico, she is the author of *Elena's Secrets of Mexican Cooking.*

*For free Mexican recipes, write Lawry's, Box 2572P, Los Angeles, California 90054.*



# *Sunset's* GARDEN GUIDE

GLENN CHRI

*Damp, gray days in November seem brighter if yo flowers to cut. Here Sunset's flower arranger cuts chry mums. Still in bloom (left side, top to bottom):* Euryop *marguerite* (Felicia amelloides), *ageratum. Impatiens* a

## Mums brighten a November day

# NOVEMBER IN YOUR GARDEN:

## *It's a great month for catching up . . . and for planting*

**ysanthemums** and a few other flowers yield enough garden color to hold off ter for a while. But there will be damp, zly days when your gardening may onfined to a quick tour of inspection o a brief expedition in search of cut ers to decorate a table. There will al- t certainly be a few days when rain rold will keep you out of the garden gether.

r days, brisk air and bright sun will pt you to undertake vigorous outdoor k. Such days are ideal for finishing n-up, planting bulbs, planting or splanting trees and shrubs, garden truction, and starting major pruning short, for finishing up October's work nticipating December's.

tine tasks such as watering and pest rol will continue, but they are less sing now and will allow you time to about you critically and make plans ny major garden revisions you may in mind—for moving plants, for ting screens, for making small trees of overgrown shrubs, or for removing ts that have outgrown their use- ss.

### uld you grow baceous peonies?

u have the space, if you have some nce, and if you live far enough in- to have some summer heat and a winter chill, you should. We've seen healthy, floriferous clumps of her- ous peonies in Palo Alto, Los Altos, a Rosa, Sonoma, Chico, and (of se) in the foothills of the Sierra and er east, where they are among the est and best loved perennials.

aps improper planting and improper are responsible for claims that these ies just won't grow outside cold- er areas. Certainly planting is of su- e importance to a plant that can should) grow many years in the same without being dug up and divided. are a generous planting hole, as you d for a shade tree, and work plenty rganic matter into the soil used for filling—but don't permit manure to into direct contact with roots.

divisions (available this month) so the "eyes" (pink or red buds that ext year's shoots) are no more than or 2 inches below the level of sur- ding soil. Divisions set deeper may without blooming. Mark the plant- ing site carefully to avoid injury to young shoots in the spring. Keep plants watered until leaves begin to fade in the fall.

Where weather is extremely hot, flowers will last better if plants have afternoon shade, but avoid sites where peonies will be in competition with greedy tree roots.

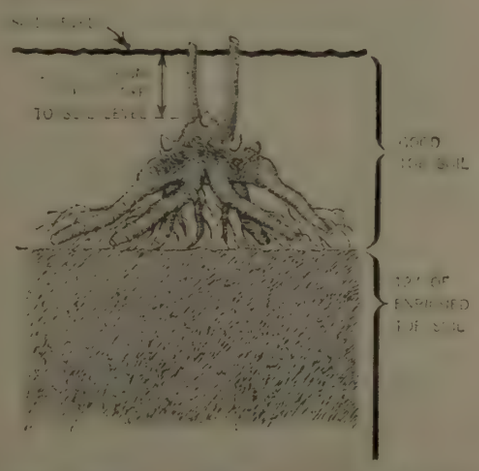
### Some shrubs for fall color

Red and gold autumn *trees* never lack for publicity, but *shrubs* showing good fall color haven't had so active a press. It's true that very few people here have time or space to plant an autumn border in the grand English manner, but almost anyone, if he looks around, can see places where bright autumn foliage would perk up a dark evergreen screen planting or highlight an expanse of ground cover. And gardeners in cold-winter climates have to lean heavily on deciduous shrubs anyway, so why not use ones that have fall color?

A look through a well stocked nursery will show many kinds of deciduous shrubs in autumn color this month. Here are a few of the brightest:

**Deciduous azaleas.** Ghent, Knap Hill-Exbury, and Mollis azaleas have orange, red, and yellow leaves that are less brilliant than their orange, red, or yellow spring flowers, but welcome nevertheless in their season.

**Winged euonymus.** This shrub shows fall foliage of a rose red so brilliant that people in some parts of the country call it "burning bush." The smaller variety, *Euonymus alata* 'Compacta,' is a better size (4 to 6 feet tall) than the taller and much broader species.



**Proper depth** *of planting is essential if you hope to grow good herbaceous peonies*

**Viburnums.** Common and Japanese snowballs *(Viburnum opulus* 'Roseum' and *V. plicatum)* and double viburnum *(V. p. tomentosum)* have good-looking fall foliage; the first has red leaves, the other two purplish red leaves. The dwarf variety of European cranberry bush *(V. opulus* 'Nanum') has the same red leaves as common snowball on a blocky shrub 2 feet tall and equally wide.

### . . . And shrubs for winter color

Generally less brilliant than the deciduous shrubs that color in fall are the evergreen shrubs that undergo color change in cold weather.

An exception is nandina, which turns as bright a red as many a deciduous tree or shrub and holds its color until greening up again in spring. Nandinas do vary somewhat in cold-weather color; shop for them now or soon to pick the brightest, and plant them in a sunny place. They will also grow well in shade, but there they will stay green the year around.

Less brilliant are Oregon grape and ternstroemia. These turn bronzy or purple-bronze when weather turns cold. As with nandina, colors are reliably brilliant only when plants have a good amount of sun.

Some conifers show a seasonal change. Among the best known is the tall, upright plume cedar or plume cryptomeria *(Cryptomeria japonica* 'Elegans'), which turns from gray-green to coppery or purplish red; and varieties of prostrate juniper, notably *Juniperus horizontalis* 'Bar Harbor' and *J. h.* 'Plumosa,' which turn from grayish or bluish green to plum purple.

An interesting phenomenon is the "blushing" one sees on variegated plants in cold weather. White areas of leaves turn pinkish or purplish, and the effect is odd, but pretty. Look for it on variegated ivies, variegated euonymus, and variegated Italian buckthorn.

### The Easter orchid

Hardy orchids are numerous; hardy orchids that are easy to grow and bring into bloom are scarce. One, *Bletilla striata*, the Chinese ground orchid, has been around for a long time. Another, *Pleione pricei*, hit the market last year as the Easter orchid.

Collectors have known about the many species of *Pleione* for years, but, except to a few collectors of rare rock garden

# *Sunset's* GARDEN GUIDE

plants, they were only names or descriptions in manuals. Even orchid specialists had little luck importing them from the Himalayas or from other temperate parts of eastern Asia.

**Lavender-pink** *flowers of Easter orchid have fringed lips with dark markings*

But last year a California bulb specialist offered them, neatly packaged in plastic and with a colored picture, for less than $1.50 apiece. It's almost as if emeralds were to show up on the local supermarket shelves.

*P. pricei* is a native of Taiwan and can endure several degrees of frost. Its lavender-pink flowers have brownish red lines and dots on the pale pink, fringed lip. They resemble smallish cattleya orchids and can reach 3½ to 4 inches in width. Flowers come before leaves; the early spring bloom accounts for the name Easter orchid. Our plant in the picture bloomed March 1.

Leaves follow the fading flower, and the swollen stems (pseudobulbs) make offsets to increase your supply. Leaves ripen and fall off in the autumn.

Each package has planting directions. A 6-inch pot can accommodate four of the bright purple pseudobulbs. Barely press the bases of these pseudobulbs into a rich potting mix. Last year we set a bulb-filled pot outdoors on an east-facing porch, watered it well, and kept it barely moist until foliage appeared a little after the flowers. We watered the plants all summer and fed them occasionally with a liquid fertilizer.

Here are some words of caution: Other plants of *P. pricei* potted at the same time as ours failed to grow well in a warm, moist greenhouse, and not every plant of those grown outdoors bloomed its first year. We hope for a perfect score this time. Where temperatures dip much below freezing or remain there long, we'd recommend growing Easter orchid indoors in as bright and cool a place as you can find for them.

## Attention garden clubs!

*Sunset* is happy to print announce of your special events—shows, plant garden tours. But we must have th essary information three months i vance of the month in which you wa notice to appear. Fact sheets you s must include: name of event, na sponsoring agency, date, hours, where the event is held (including a address), and admission charges, i Also include name, address, and tele number of secretary or program cha so that we can verify information if tions arise.

If date and hours are not firm months beforehand, give us whatev formation you have so that we can s ule space; then send in needed inform at least two months before publicat

## Keep garden hoses, couplings in good shape

It's not yet time to put the garden out of sight and out of mind. You'll to do supplementary watering unti eral storms have given the garden a soaking. But you're not under such sure that you can't take some ti mend hose and couplings.

If the hose leaks at couplings, or if off nozzles or hose-end sprayers put liquid on you than on the plants, first to the washers in the couplings new washer doesn't fix the leak, ch are that coupling or fitting is no l perfectly round, and will need repl

There are many kinds of fittings fo ber and plastic hose. If you are in about type and size of repair fitti buy, cut off fitting and an inch or hose and take them along with y the nursery or hardware store.

## NOVEMBER CHECK LIST: *Here's what most needs doing*

☐ **Feeding.** This is one garden routine that is just about finished for the year. Annuals planted last month for winter and spring bloom can use a feeding.

☐ **Grooming.** Clean up dead leaves and other debris around the crowns (bases of stems) of trees, shrubs, and roses. These areas should remain as dry and airy as the weather will allow, not only to help prevent rot, but also to eliminate hiding places for snails, slugs, sowbugs, millipedes, and other scavengers.

Enjoy bright fallen leaves on lawn or flower border for a few days, but rake them up before they become wet, sodden blankets that shut out light and air.

Some fine day inspect shrub and flower borders, clean them up, and give the soil a light cultivation with a cultivating fork or scuffle hoe to kill young weeds and loosen soil so that it will take up rain with less runoff. But don't cultivate when soil is wet.

Lift, clean, and store dahlias, gladiolus, and (if you live in a quite frosty area) cannas.

☐ **Lawns.** The best season for planting seed of cool-season grasses was last month, but it's better to plant now than wait until spring—or next October. Lawns planted earlier may need their first mowing this month. To avoid damage to grass and to the soil surface, let the lawn dry out until it will bear lawn mower and mower operator without leaving tracks or skid marks.

If newly planted or mature grass yellowish or slows noticeably in its gr rate, feed it. Inorganic fertilizers act quickly in cool weather than the or kinds.

☐ **Pest, disease control.** In wet we you'll make the most effective economic use of snail and slug bait i put out light applications freque Heavy rains can leach out active in ents, leaving harmless powder behi

Give peach trees a first spray for leaf curl as soon as leaves have fallen peat in January, and possibly again if rains are heavy and late.

☐ **Planting for permanence.** Finish started last month. Stockpile soil to use in filling planting holes

mmon causes for damaged fittings are automobile, which runs over and par- ly flattens couplings of any hose lying the driveway; and dropping hose ends driveway or other hard surface.

## oklet for community utification projects

ifornia's bicentennial year is 1969; ong the many activities marking the sion is "Celebrate with Color," a pro- m involving over 300 community tification projects in the state. The eral object is to plant trees, shrubs, s, and ground cover plants that will e forth with flowers and beautify for s to come.

our organization is interested in ching such a project, by all means get e 32-page booklet issued by the Cali- ia Association of Nurserymen. Called t *California Today,* it contains prac- information on projects to under- , how to get action from community nizations, and how to get started with specific projects as beautifying a school, a church, a home, or a street.

The leaflet also contains brief directions for choosing plants and setting them out, together with numerous black-and-white photographs. If your organization would like a copy, write to the California Association of Nurserymen, Suite 304, 1005 Eighth St., Sacramento 95814.

## Cape bulbs and Dutch bulbs

The distinction between Cape bulbs and Dutch bulbs is not a logical one. No bulb in either group is native to Holland, although the Dutch grow both kinds. Cape bulbs do come from the Cape of Good Hope (or from other parts of South Africa), and there are many kinds available in nurseries, but they never made the impression on the gardening public that Dutch bulbs—daffodils and tulips especially—have. In fact, the only Cape bulb with really wide distribution, the gladiolus, is scarcely considered a Cape bulb any more.

Most Cape bulbs do exceedingly well in the mild-winter parts of California. They come, after all, from a climate very much like ours. Although there are many kinds and their total bloom span covers a long period, their great usefulness comes in their supplementing the generally bigger and brighter Dutch bulbs, especially toward the end of the season. Other useful qualities include low cost, easy multiplication, a wide range of colors and shapes, and low upkeep.

Generally first to bloom are the freesias, which come in a good variety of colors and have a heavenly fragrance. Later come tall, graceful ixias, gaily marked sparaxis, and brilliant tritonias. The last named, sometimes also called montbretias, are typical of Cape bulbs in that there seem to be fewer of them around now than there were many years ago. And yet few plants offer so much for the cost.

A collector can, if he wishes, spend happy years looking for and growing the rarer Cape bulbs. South Africa seems to have an inexhaustible variety, and it takes only a little time, talent, and garden space to grow a wide variety.

**esentative** *of the Cape bulbs are (left to right) the fragrant freesias, tall ixias, bright sparaxis, and warm-toned tritonias*

---

weather planting. If you *must* plant g or after a heavy rain, you can use nter mix from a nursery or garden . It's good and rich; the danger lies e damage you do to surrounding na- oil by digging it while it's wet, or in lifference in texture between native nd planter mix. Without a mixed sition" soil, roots will tend to stay soft, rich mix.

for shrubs in fall color (see page for the brightest autumn foliage ade trees, and for the best fruit pro- on on fruiting shrubs. If you want a balled and burlapped conifer as Christmas tree, pick it early; de- for shapely, moderate-sized trees s exceeds supply.

can transplant a small tree or shrub one part of the garden to another month if soil conditions are right.

☐ **Planting for flower color.** Buy amaryllis bulbs for planting in pots. At this time of year they are very likely to start into growth at once and bloom by Christmas. Look for bulbs under the name of amaryllis (still the common name and according to some the proper botanical name) or *Hippeastrum.*

In mild-winter areas November is a prime month for planting tulips, a good month for planting daffodils and other spring bulbs. Lilies, usually the last bulbs to arrive on nursery shelves, should be planted quickly. The fleshy roots are perishable; if they dry out, bulbs are slow to start, or may not start at all.

☐ **Pruning.** If you have time, you can start pruning deciduous fruit trees this month. If you haven't, don't worry; December and January are just as good months for this big job.

☐ **Seed sowing.** Sow wildflower seeds this month. For the surprises a seed packet offers, read the article on pages 86 and 87. If rains fail, give fall-sown wildflower seed an occasional soaking until plants are a few inches tall.

☐ **Vegetables.** You can still set out plants of broccoli, brussels sprouts, cabbage, cauliflower, and parsley. Plant chives, onion sets, and shallots. Plant seeds of chard, lettuce, parsley, and peas.

☐ **Weed control.** Spray young weeds with oil. Protect large fallow areas from weed infestation by use of a preemergence weed killer such as simazine. Inquire of a knowledgeable local nurseryman to find what is available in your area, and listen to his advice on when and how to use it. Always be sure to read labels thoroughly before buying and using such materials.

**Sweet peas sprawl** *over sides of 2-foot-square wooden tub. These are bush-type Bijou strain*

# They're unlikely and they're interesting . . . and now's the time to plant

**Blue delphiniums** *tower over little girl who sniffs scentless flowers in vain*

DARROW M. WATT

**You wouldn't expect** to see such spraw tall or topheavy plants in containers. all of these made a big hit last spri the Arboretum Foundation - *Sunset M azine* Demonstration Home Garde Arcadia, California. All had been pla the fall before.

You can start sweet peas from see small plants. Spaced 6 to 8 inches a Besides the Bijou strain shown there's another bush-type called Kne

The delphiniums are a little trickier the little plants in 4-inch pots. When fill up those pots, move the plants inch pots, then to 8-inch or larger All this transplanting lets roots de properly and keeps them from rottin soggy soil.

Space ranunculus tubers or small p no closer than 2 inches apart. To a fungus troubles, plant in sterilized p aged soil mix, and drench with soil f cide once or twice a month. Sout California's saline water is rough o nunculus. The arboretum's solut Whenever they water, they water later the same day to flush out salts.

GLENN CHRIST

**Topheavy** *with yellow flowers, ranu closely spaced in pots hold each oth*

# ake sure your patio doors ave PPG Safety Glass.

se long, jagged edges will never threaten hild.

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ing glass patio doors are a beautiful way and out. Make them safe—even for kids— PG HERCULITE® K Tempered Safety Glass. INDUSTRIES, Inc., San Francisco 94104.

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Gentlemen: Please send me the names of nearby Patio Door dealers who offer PPG Herculite K Safety Glass.

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PPG INDUSTRIES

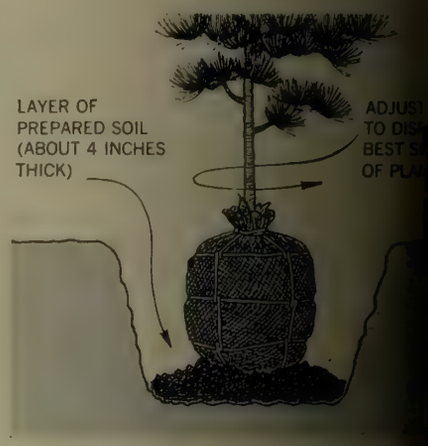
**Digging** *a 6-foot-tall Japanese black pine in moist, heavy soil. Nurseryman begins to undercut root ball with back of spade. Finished ball 15 inches wide, 15 inches high*

In California balled and burlapped still unsold by early spring norma into cans or other containers an sell for a slightly higher price. I intermountain areas, and other s where winters are cold, particularly the soil freezes, these plants aren' mally set out until April or May

Balled and burlapped plants are by size, with either height or spread used as the measure. Azaleas an dodendrons, daphne, lily-of-the- shrub, and low-growing junipe among those graded by spread. trees (both deciduous and ever types) and many shrubs are grad height.

Root pruning is an important p the culture of field-grown plants th later be balled and burlapped. plants that have been growing in th for two years are root pruned each (before new growth starts); a t draws a blade along both sides nursery row.

In the fall they're root pruned again to six weeks prior to digging. This ing causes roots to branch and d a very compact root system; whe plants are big enough to dig, rela few large roots need to be cut. Wit kind of preparation, you're assure these plants have an adequate




1. *Set root ball in planting hole twice width of ball, 4 inches*

2. *Add some backfill, cut twine, back burlap. Perforate ball if*

## "BALLED AND BURLAPPED"

# Field-grown plants often are the great fall and winter buys

**The balled and burlapped** plants that begin to arrive in many northern California nurseries during November represent an important part of the shrubs and trees grown and sold in this area. They include conifers, broad-leafed evergreens, and some choice deciduous kinds.

They are grown first in field rows, just like many other crops; then they're dug with a ball of soil that gets wrapped with burlap and tied with stout twine. Until nurserymen started growing plants in cans, almost all evergreen nursery stock was grown and handled this way.

Some kinds of plants, such as mugho pine, flowering dogwood, spruce, and fir, develop faster when field grown and balled, making bushier and somewhat more sturdy plants than container-grown stock of comparable age.

At this season nurseries may have some kinds of plants balled and burlapped and also in containers. You'd do well to compare their size and structure and judge the values for yourself.

Frequently the balled and burlapped plants come in sizes that are intermediate between the 5-gallon-can size and the 15-gallon-can specimen plant.

You should shop as early as possible for the best selection. By early November most nurserymen can tell you about when their shipments of balled and burlapped plants will arrive.

# an't come to
# ne greatest floor show in town?
# Ve'll come to you. Call Sears.

There are rainy days. When you don't feel like ing the house. Or sneezy days. When you don't to drag a fussy child around the stores.

And there are all those evenings your tired hus- d would gladly help pick out a new carpet *if* he 't have to leave his easy chair to do it.

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What's more, he'll figure out how many yards you need, and give you an exact cost right on the spot. But if you still want to think it over a while longer, that's all right.

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**P. S.** Do come and see us whenever you can.

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# The most important thing about Caloric's new self-cleaning oven is the "package" it comes in.

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Naturally, the Caloric oven's new ability to clean itself in no way compromises its matchless ability to bake and broil. Features like the exclusive Ultra-Ray infra-red Broiler, Thermo-Set® burner-with-a-brain, automatic meat probe, rotisserie and cook & keep-warm oven system still make it a superb cooking package.

Look at it this way: The remarkable new Caloric Ultra-Clean Oven/Broiler provides a happy ending to the finest meals ever to come from the kitchen!

*Available in 30" and 36" models, both double-decker and free standing, with 4 or 6 burner capacities.

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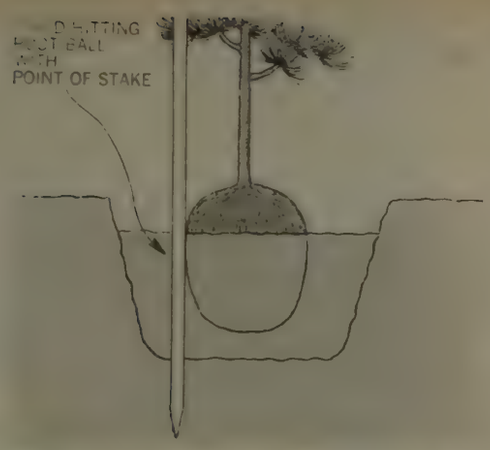
. *Firm soil when hole is half full so root ball will not settle below grade*




4. *Drive stake so it's anchored in firm soil and rests against the root ball*

5. *Tie trunk securely to stake (not too tightly). Flood basin several times*

stem, will transplant with little or no ock, and should become established thin a few months after you plant them your garden.

cause the roots of field-grown plants n extend out into the soil, you'll seldom counter the problem of encircling (girling) roots, which sometimes shorten the of plants grown too long in the same ntainer.

e five drawings show the basic steps olved in planting balled and burlapped nts. During the moving and planting ocess, handle the root ball carefully so won't break, and don't let it dry out. you can't set the shrubs or trees out y soon after you bring them home, er the ball with moist soil, sawdust, other moist material and sprinkle frently. Don't attempt to plant if the l is wet and thus difficult to work.

hen you pick up a balled and burped plant, put your hands under the t ball and lift; the soil may fall away m the roots if you use the stem as a ndle.

hen planting shrubs and trees—such as ueas, rhododendrons, lily-of-the-valley ubs, dogwood, and Japanese maples—t require soil high in organic matter, a prepared planting mixture; this is l by the sack at most nurseries. cause it has a rather high moisturelding capacity, it is also the best soil se for container planting. For most er shrubs and trees, simply mix up to al parts of peat moss, ground bark, or ogen-fortified sawdust with the soil m the planting hole.

osphorus, in the form of superphosite, is often added to the backfill that s beneath the root ball at planting e. To avoid burning the roots, add a n layer of prepared soil, without fertil. on top of the soil to which superosphate has been added. If your soil lkaline, it's a good idea to broadcast sum generously over the sides and om of the planting hole.

Should you add a complete fertilizer at planting time? This is debatable. Many nurserymen think it's best to wait until spring, when the new growth begins, before feeding. (In fact, if growth is quite vigorous during the first year following planting, you need not feed until the following spring.) Others recommend using one of the newer, slow-release types of fertilizers at the time of planting, following the manufacturer's directions.

Here is a representative (but not complete) list of the plants that northern California nurseries will stock this fall; the most cold-hardy kinds will also be handled by intermountain area nurseries next spring.

*CONIFERS*

**Arborvitae.** Dwarf golden (or Berckman) and Raffles Oriental. Pyramidal American and Woodward.

**Cedar** *(Cedrus).* Blue Atlas *(C. atlantica* 'Glauca'); deodar *(C. deodara)* and its variety 'Aurea.'

**False cypress** *(Chamaecyparis).* Blue Lawson *(C. lawsoniana* 'Allumii') and Ellwood *(C. l.* 'Ellwoodii'); hinoki *(C. obtusa)* and varieties 'Gracilis,' 'Aurea,' and 'Nana'; *C. pisifera* 'Cyano-Viridis.'

**Juniper** *(Juniperus).* These varieties of Chinese juniper *(J. chinensis):* 'Hetzii,' 'Pfitzeriana,' 'Pfitzeriana Aurea,' 'Pfitzeriana Glauca,' 'Torulosa.' Tamarix *(J. sabina* 'Tamariscifolia'); *J. scopulorum* 'Blue Haven'; *J. squamata* 'Meyeri.'

**Pine** *(Pinus).* Shore *(P. contorta):* Tanyosho *(P. densiflora* 'Umbraculifera'); mugho pines *(P. mugo mughus* and *P. m. pumilio);* Scotch *(P. sylvestris);* Japanese black *(P. thunbergiana).*

**Spruce** *(Picea).* Norway *(P. abies,* often sold as *P. excelsa)* and varieties 'Maxwellii,' 'Mucronata,' 'Nidiformis,' and 'Pygmaea.' Dwarf Alberta *(P. glauca* 'Conica'). Colorado *(P. pungens)* and varieties 'Glauca' and 'Glauca Koster.'

**Yew** *(Taxus).* Irish *(T. baccata* 'Stricta'); Japanese spreading *(T. cuspidata), T. c.* 'Nana' (often erroneously sold as *T. brevifolia),* and upright Japanese *(T. c.* 'Stricta'); Hicks *(T. media* 'Hicksii').

*EVERGREEN SHRUBS*

**Azaleas and rhododendrons** (many kinds and colors).

**Boxwood** *(Buxus).* Roundleaf common *(B. sempervirens* 'Rotundifolia') and true dwarf *(B. s. suffruticosa).*

**Daphne** *(Daphne).* Variegated winter *(D. odora* 'Marginata').

**Holly** *(Ilex).* These kinds of English holly *(I. aquifolium):* silver variegated, Teufel's hybrid, Teufel's silver variegated. These varieties of Chinese holly *(I. cornuta): I. c.* 'Burfordii,' *I. c.* 'Burfordii Nana,' and *I. c.* 'Dazzler.' Japanese *(I. crenata)* and its variety 'Convexa.'

**Lily-of-the-valley shrub** *(Pieris japonica)* and its variety 'Variegata.'

*DECIDUOUS PLANTS*

**Azalea** *(Rhododendron).* Chinese *(R. mollis),* and Exbury hybrids.

**Beech** *(Fagus).* European beech *(F. sylvatica)* and its variety 'Atropunicea' (often sold as 'Riversii' or 'Purpurea').

**Dogwood** *(Cornus).* Flowering *(C. florida)* and varieties 'Cherokee Chief,' 'Cherokee Princess,' and 'Rubra.' Pacific *(C. nuttallii)* and its variety 'Goldspot.'

**Magnolia.** *Magnolia liliflora* 'Nigra'; *M. soulangiana* 'Alba' (often sold as 'Alba Superba' and 'Amabilis'), and *M. s.* 'Rubra.'

**Maple** *(Acer).* Japanese *(A. palmatum)* and red-leafed and cut-leafed forms.

**Sweet gum** *(Liquidambar styraciflua).*

**Tulip tree** *(Liriodendron tulipifera).*

*FRUIT TREES*

**Citrus,** most standard varieties.

**Combination,** multi-graft deciduous fruits (three or four kinds on one tree).

**Stairway** *by a window provides a stage for this large, rich green plant of schefflera*

DON NORMARK

**Huge leaves** *of* ficus lyrata *make plant an impressive piece of living sculp*

**Ferns** *and fernlike plants are of special interest for people who like to collect*

# The art of growing handsome plants indoors

**An old joke** claims that modern design consists of putting furniture in the garden and plants in the house.

*Sunset* endorses both practices.

Countless articles attest to the magazine's long-time interest in outdoor living. *Sunset's* editors also favor indoor gardening, and this month will see the publication of the first *Sunset* book devoted exclusively to the subject: *How to Grow House Pl* (Lane Books, Menlo Park, Calif., 1 $1.95).

Western architecture, Western clim and a Western attitude that refuses to gard indoors and outdoors as irreco able opposites have made a book of kind inevitable. Here is a passage f the introduction:

**ainvillea** *is one of many plants used a indoor-outdoor plant in the West*

GLENN CHRISTIANSEN

**For strong line** *either inside a glass panel or outside, try* Mahonia lomariifolia

DARROW M. WATT

**Only mature** *jade plants in ample light will bloom like this (flowers pale pink)*

ERNEST BRAUN

**Stephanotis** *has waxy dark green leaves, waxy white flowers with strong perfume*

oor plants are no longer talked about ms of color alone but are appraised eir form and texture.

y are used in compositions. They can ld and cast dramatic shadows or re- ons or repeat outdoor forms, carry- he outdoors in and the indoors out lending of the two.

y's trend toward opening interior to the outside, increased simplicity chitectural design, and a resulting ness and often lack of warmth have ht about new interest in indoor s . . . additional light provides a scope for indoor gardening . . ."

ndoor-outdoor aspect of gardening s a full chapter and includes an ive list of plants. Other chapters cover African violets, succulents and cactus, bromeliads, orchids, and plants for foliage and blossom. Plants are listed with brief descriptions and cultural notes. Emphasis is always on house, not greenhouse, culture.

Elsewhere the book deals with fundamentals of growing, propagation, soil mixes, pots and potting, and month-by-month maintenance. A chapter on pests and diseases is illustrated with line drawings of pests and the damage they cause. There are detailed instructions for growing plants under fluorescent lights, and a section explains how to plant an aquarium. Sidelights of indoor gardening aren't forgotten: projects for children, terrariums, miniature gardens and landscapes, and holiday gift plants.

Photographs like the ones on these pages show well grown plants used effectively not only in homes but in offices and public reception rooms.

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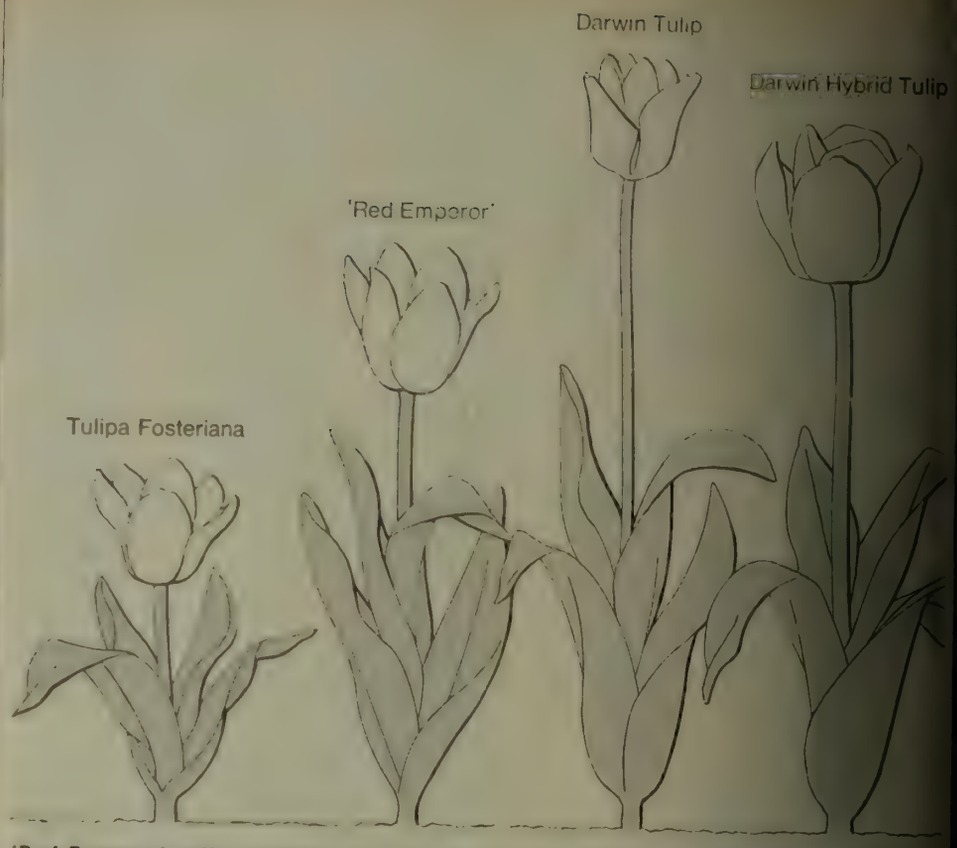


**'Red Emperor'** *tulip contributes large flower size, sturdy stems to Darwin Hybrid*

# If you go tulip shopping

**To most people** tulips mean Darwin tulips, the stately, tall kind with oval, broad-based flowers. Many gardeners know 'Red Emperor,' a huge, fiery scarlet tulip with rather short stems. Less well known but readily available for planting this fall are the Darwin Hybrids, which combine the stem length of the Darwins with the great flower size and intense coloring of 'Red Emperor' and its related varieties.

Rock garden enthusiasts are likely to be familiar with the water lily tulip *(Tulipa kaufmanniana)* and possibly *T. greigii*. Now available are many hybrids (see page 240) between these two species; the hybrids have big, brilliant flowers on short stems above broad, fleshy, interestingly mottled foliage.

### *DARWIN HYBRIDS*

A Dutch grower was the first to sell Darwin tulips, in 1887. Originally colors were uniform pink, red, purple, and lavender, but later white and yellow were added. Bicolors and blends soon joined the group. A few of the lowest-growing kinds are 22 to 24 inches tall; most rise between 26 and 32 inches. Stems are erect, rather slender, but strong and wiry. Bloom comes in late midseason — late April or early May in most areas.

The other group involved in the parentage of the Darwin Hybrids consists of *Tulipa fosteriana* along with its va and hybrids. The original *T. fost* (rather scarce in cultivation), a nat Turkestan, has 6-inch-wide bright let flowers on 10-inch stems. Far known is its variety 'Red Emperor called 'Mme. Lefeber'); its 8 to wide flowers are an incandescent v ion red with a black central blotc dered with yellow. Stems stand 16 tall. Flowers appear in April.

The Darwin Hybrids are interm between their parents in flower height, and bloom season. They bri big flowers of *T. fosteriana* highe taller, better-proportioned plant they extend the color range of *T. iana*. Several dozen kinds are gro Holland; of these, the following ar through Western bulb distrib (heights given are approximate):

'Apeldoorn.' Orange-scarlet, black edged yellow; 26 inches.

'Diplomate.' Vermilion-red, greeni low base; 24 inches.

'Dover.' Glowing orange-red, black 24 to 26 inches.

'Empire State.' Tomato red, yello 26 inches.

'General Eisenhower.' Scarlet, shaped flower; 24 inches.

'Gudoshnik.' (The name is the E

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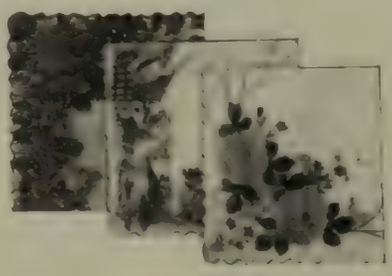
# Dozens of lovely "Thank you" gifts

How many times have you needed to find a little gift, but nothing seemed just right?

Perhaps you've wondered why there isn't an easy way to find gifts for any occasion—gifts reflecting your good taste, yet modestly priced.

*Here's the answer to that problem. More and more stationery and gift stores now feature lovely and unusual items from Yasutomo & Co.*

Yasutomo is the West's largest importer of Japanese art, craft and stationery supplies. They have dozens of gift ideas, from scrolls and Mingei calendars to sumi painting sets and stationery with delicate floral designs.



*Here's one gift any hostess would love. These colorful, silken-textured Kabuto Napkins are made of rice paper. They have soft scenes of Oriental gardens, mountains, pagodas, birds, butterflies and blossoms.*

Thin as they are, these napkins are wonderfully absorbent. Many families have used them for years, and some ladies use them as handkerchiefs.

There are 27 patterns. Luncheon napkins are 50¢, and matching cocktail napkins are 30¢, for packages of 24.

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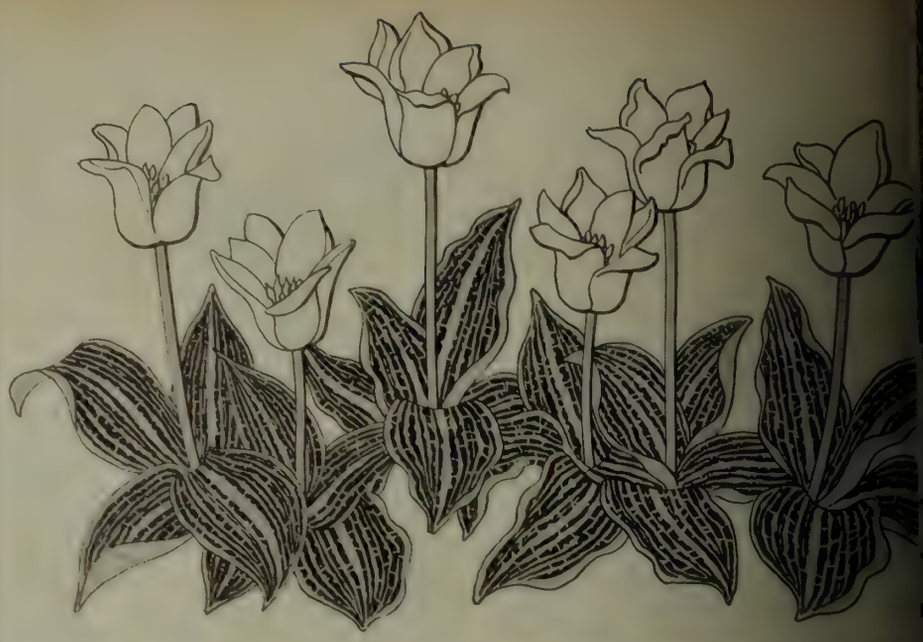

**'Red Riding Hood'** *tulip has scarlet flowers on 8-inch stems; leaves, like those hybrids in this class, are broad, gray-green, heavily mottled with purpl*

word for "artist"). Peach yellow flower heavily stippled rosy red; 24 inches.

'Holland's Glory.' Extremely large orange-scarlet, black base; 20 inches.

'Jewel of Spring.' Sulfur yellow margined in red, black base; 24 inches.

'Lefeber's Favorite.' Orange-scarlet, yellow base; 20 to 22 inches.

'Mayno.' Lemon yellow; 24 inches.

'Oxford.' Orange-red, large yellow base; 25 inches.

Pheasant Hybrids. A group of unnamed seedlings in varying colors and heights.

'President Kennedy.' Golden yellow tinged in bronze; 26 inches.

'President Roosevelt' ('Franklin D. Roosevelt'). Bright orange-red; 26 inches.

'Red Matador.' Very large flower, scarlet with yellow and black base; 20 inches.

'Sequoia Scarlet.' Large bright scarlet; 24 inches.

'Spring Song.' Red, flushed salmon; 20 inches.

'Springtime.' Carmine red; 26 inches.

'Yellow Dover.' Buttercup yellow; 26 inches.

### *LOW-GROWING HYBRIDS*

Principal parents involved here are the water lily tulip *(T. kaufmanniana)* and *T. greigii.* Water lily tulip is among the earliest bulbs to bloom, its flowers often appearing in March. Short stems and spreading petals cause the flowers to look as if they were resting directly on the foliage—hence the name water lily tulip. Wild *T. kaufmanniana* has creamy yellow, yellow-centered flowers marked rosy red on the outer surfaces of the petals. *T. greigii,* another early-flowering tulip, has 6-inch scarlet flowers on 9-inch stems. An unusual feature is the foliage, which is broad, fleshy, bluish gray-green, and heavily striped with brown-purpl

Hybrids between these two spe low growing, with big, brilliant on stout stems above lush, broa which is usually heavily striped tled. Mixtures of hybrid variet unnamed hybrid varieties are sold cock tulips; the dark, heavily con centers of the flowers resemble so the eye spots in a peacock's tail A planting of these tulips has color mixture of an Oriental carpe find the mixture too rich, and p plant masses of a single named v

Low growth and stocky habit ma hybrids nearly weatherproof in their early bloom. Use them ground plantings, under low win rock gardens, or in pots. Here of the most widely sold:

'Oriental Beauty.' (Often sold *kaufmanniana* hybrid). Vermilion mottled foliage; 10 inches.

'Oriental Splendour.' Deep ye side, red outside, black base, mott age; 12 inches.

'Pandour.' Yellow marked with red, mottled foliage; 8 inches.

'Red Riding Hood.' Scarlet, bla heavily mottled foliage; 8 inches

'Royal Splendour' ('Margaret F Scarlet with black base, heavily foliage; 12 inches or taller. Some sell this as a *T. greigii* hybrid, o a *T. fosteriana* hybrid.

'Tango.' Orange-scarlet, black low base, mottled foliage; 10 inc

'Yellow Dawn.' Deep yellow with red, yellow inside, black base mottled foliage; 15 inches. Sometim as a *T. fosteriana* hybrid.

'Zampa.' Yellow petals blotch bronze base, mottled foliage; 11

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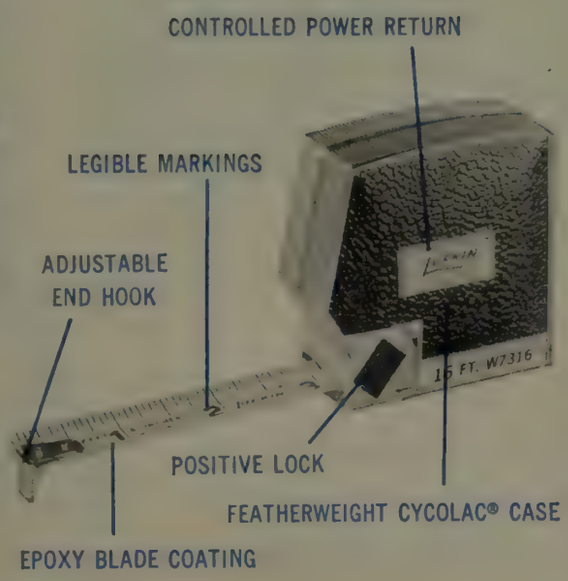


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**with this unique new Sunset guide to successfully growing beautiful plants in your home**

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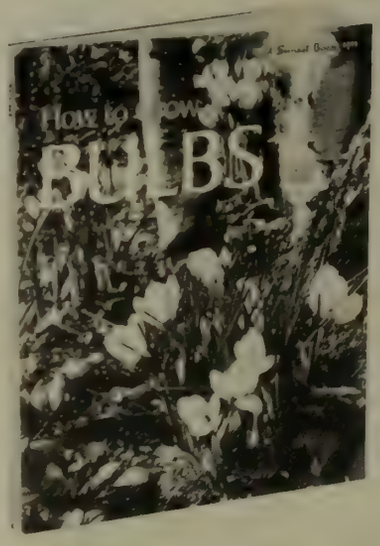


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**A mass** *of white blooms, fairy p*
(Primula malacoides) *brightens th*

## *For bright bloo in February*

**Fairy primrose** planted in Nov blooms abundantly throughout Fe and March.

The plants in our photograph were in 16-inch clay tubs in early Nov Six plants placed around the edge in the center of the container pr this mass of white spring flowers.

Use a light, porous soil mix of sand and nitrogen-fortified shredded Keep the tubs in a lathhouse or spot during warm November w then bring them out onto the p days grow cooler. The plants show received morning and early afterno shine all winter. Fairy primrose stands light frost, but should be st in cooler climates.

Three weeks after planting, begin once a month with a complete liq tilizer and fish emulsion. Follow dir on the label, and stop feeding whe begin to show color.

This primrose needs lots of water at least 1½ inches of space at the the container for watering. It highly vulnerable to slugs and sna plants in the photograph were set on bricks with snail bait placed neath, out of the way of pets an children; the raised containers a bait kept the young primroses snai

Plants set out in a sunny spot duri ter will develop buds faster than shade. Expect about two mon bloom, and remove old flowers fade. Beside the white blooms show plants with red, rose, and lavender are available.

Fairy primrose is an excellent com to the flowering bulbs that also February and March.

# Presto's dunkable coffeemaker.

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## Completely submersible stainless steel, extra wide spout for easier cleaning, better coffee.

Because a clean pot is so important to good coffee we made our stainless steel coffeemaker completely washable. You can dunk it right into your sink — even your dishwasher! And the extra wide spout is easy to clean, can't trap stale coffee oils. That's why you'll get delicious coffee, cup after cup. The Presto Automatic Coffeemaker . . . you'll like it better everytime you wash it.

**ore cooking at Presto than pressure cookers.** Coffeemakers, Fry Pans, Griddles, Electric Knives, Blender, Can Opener/Knife-Sharpener, Toaster-e Oven, Portable Ranges, Hot Servers, Corn Popper, Portable Mixer, Deep Fryers, Toasters, Spray-Steam Irons, Steam-Dry Irons, Cordless Toothbrushes, Hair Dryers, Portable tric Hair Brush/Massager, Facial Freshener, Portable Heaters, Humidifiers, Electric Shoe Polishers. National Presto Industries, Inc., Eau Claire, Wis. 54701.

**Border skirmish?** *Korean grass crosses into aeonium at edge of succulent garden or vice versa. Contrast of textures enhanc*

# Succulent garden . . . bold shapes, interesting close-ups

**Succulent gardens** range between tremes: (1) a chock-full plant (2) a selective blend of big, bold that are striking from a distance with choice details for close-up This mounding Santa Barbara ga longs in category (2).

Much of the garden's success ste the fact that the owners, the Wa Tremaines, and the landscape ar the late Ralph Stevens, did not

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## Make mine the fiber that still looks merry after Christmas. Kodel.®

to Dept. S-11 for a color-illustrated folder telling more about why lively Kodel polyester is such an outstanding value in carpets.
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Kodel is the trademark for Eastman polyester fiber. Eastman makes only the fiber, not carpets.

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**Cascade eliminates drops that spot.**

**ike huge** *light green flower,* Agave attenuata
*off its shape in front of a boulder backdrop*

*by brown bean sedum, this foot-wide blu-*
*ve looks innocent, has mean black spines*

*d through succulent garden. At left, aco-*
*ges onto the steps; tree aloe at top of bank*

RICHARD FISH

**Sword-sharp,** *5-foot variegated century plant rises from aeonium, sedum*

include every succulent known to man. A few basic ground-hugging types—aeonium, kleinia—run through the whole garden. Some widely-spaced giants—century plant, tree aloe—add height. Favorite pieces, big and small, are set off by ground cover beneath or rocks behind.

## The giants are widely spaced

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**Screen** *of several mature boxleaf azaras trained to reveal their tree-form sil*

# Boxleaf azaras make a screen

**The lacelike** growth habit of boxleaf azara *(A. microphylla)* provides handsome foliage tracery in California's coast and inland coastal gardens.

Young plants start rather slowly, but then grow at a more moderate rate to 12 or 18 feet. In age they can become single or multistemmed small trees that reach as high as 30 feet.

The arching branches, spreading like a fan, are covered with roundish, ½ to ¾-inch-long leaves. At the base of each leaf grow two unequal leaflike structures (stipules); one is about half the size of the leaf, the other even smaller. Both leaves and stipules are quite leathery in texture and glossy rich green in color; the edges may be toothed.

Although you'll hardly notice the many clusters of yellowish flowers appearing in February and March, you won't forget their fragrance. Some think the blossoms smell strongly of vanilla; others call the scent chocolate. This fragrance is characteristic of most azaras; in their native South America they are called *aromo*. On *A. microphylla*, small orange-red berries follow the flowers if plants are grown under ideal conditions.

Boxleaf azara is most effective when planted to show its interesting silhouette of branches—either espaliered ag wall, frame, or fence, or freestandi the ones you see in the photograph In some cases you'll need to tip-pr branches if you want to keep a pattern. Do any such trimming aft ers have faded. But even untrimme leaf azara still displays an inte pattern quality.

It's also attractive in entry gardens its fine detail is worth viewing cl and where its flower fragrance i than welcome. Or plant it so its g branches arch over a natural pool.

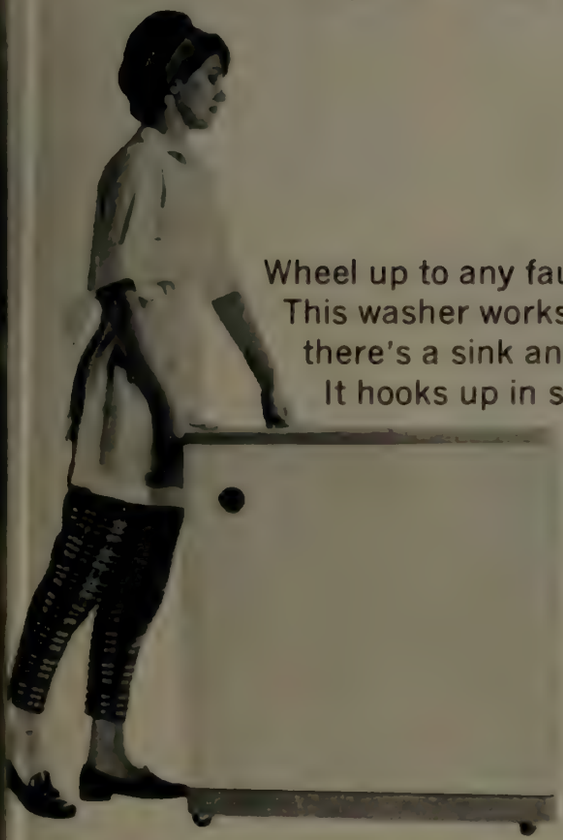
Along the coast you can grow azara in full sun, but inland give shade of high-branching trees; protect plants from hot afternoon the foliage will look burned. In too shade the plants are inclined to lo and straggly.

When you buy plants in cans, som may look yellowish or black, in plants are rootbound. Don't worr it—they'll soon return to norm you've set the plants out in the g

Grow boxleaf azara in rich, well soil. Give it ample moisture and feedings of a complete fertilizer. you see any signs of scale (use m in summer, an oil spray in winter

# Hoover's Wheelaway Washer.

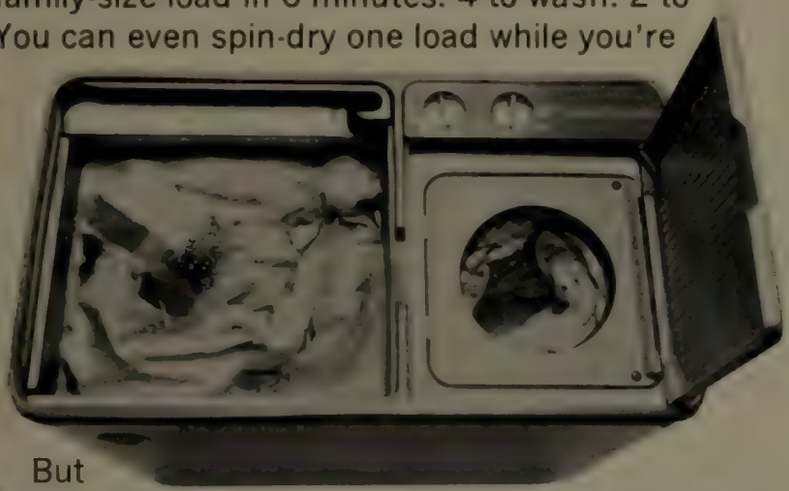
It's like a compact car. But for clothes.



Wheel up to any faucet. This washer works wherever there's a sink and an outlet. It hooks up in seconds. And hides away in a closet when company comes.

It's just 30″ wide by 17″ deep. Ideal for anyone who thought they didn't have room for a washer before. And it's fast.

does a family-size load in 6 minutes. 4 to wash. 2 to pin dry. You can even spin-dry one load while you're ashing nother.



But what does Hoover know about washing clothes?

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So go to your Hoover Dealer and see our Spin-Drying Washer in action. Once you see how clean it gets clothes, we bet you'll drive one home.

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***See a demonstration of the Spin-Drying Washer at your local dealer, below***

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Through Christian Children's Fund you can sponsor one of these youngsters. We use the word sponsor to symbolize the bond of love that exists between you and the child.

The cost? Only $12 a month. Your love is demonstrated in a practical way because your money helps with nourishing meals . . . medical care . . . warm clothing . . . education . . . understanding house-mothers . . .

And in return you will receive your child's personal history, photograph, plus a description of the orphanage where your child lives. You can write and send packages. Your child will know who you are and will answer your letters. Correspondence is translated at our overseas offices.

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Will you help? Requests come from orphanages every day. And they are urgent. Children wrapping rags on their feet, school books years out of date, milk supplies exhausted, babies abandoned by unwed mothers.

Since 1938, thousands of American sponsors have found this to be an intimate, person-to-person way of sharing their blessings with youngsters around the world.

Little Kim and children like her need your love—won't you help? Today?

**Sponsors urgently needed this month for children in** Korea, Taiwan, India, Brazil. (Or let us select a child for you from our emergency list.)

Write today: Verbon E. Kemp

**CHRISTIAN CHILDREN'S FUND, Inc.**

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I wish to sponsor ☐ boy ☐ girl in (Country) _____

☐ Choose a child who needs me most.

I will pay $12 a month.

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DARROW M

**At left,** *half a dozen one-year-old ane tubers. At right, as many two-year Top side easier to detect on one-yea*

# *When you plan anemones*

**"Which side is up?"** people ask when plant anemone tubers.

Pat answers apply to year-old tube those shown at left above. About you can say "plant the flatter side "plant the pointed side down." O flatter end you can usually see the s tuft left from the base of last year's The new stem will grow from the point.

But there are no simple rules for tioning two-year-old tubers like shown at right. During the second in the ground, the tubers enlarge b of protuberances and lateral wir growths that defy planters' gener On the two-year-olds all you can look for the little round scar from t stem base and plant so it faces up.

Generally, one-year-olds are hea faster, and produce more flowers longer season than two-year-olds.

Anemones grow even if planted down, but upside-down tubers are likely to rot.

Rotting from excessive water is a h for young anemones (and ranun too). Yet abundant water is necess transform the hard, dry tuber into plant and to supply moisture to that grow from the tuber.

The best way to supply enough m to soften the tubers is to start t moist sand. Fill a flat or pot wi and plant the tubers in it with to 2 inches under the surface. Wh have formed and top growth transplant into the garden. The site should be in fast draining so duce danger of rotting.

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**Sunset**
THE MAGAZINE OF WESTERN LIVING
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Kenneth Lane, America's most renowned designer of fashion jewelry

# Which is the diamond?

(Actual photo, not retouched)

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(This is the 3 carat diamond)

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**Most lilies** *make splendid cut flowers. These Atomic hybrids in pink shades from crossing* Lilium speciosum *'Rubrum' with Auratum hybrids and* L. r

# Lilies make superb cut flowers

**In this most timely month** for planting lily bulbs, it's worth pointing out that in addition to enriching your garden, lilies are superb cut flowers. A selection of modern hybrid lilies now available in nurseries will give you flowers from May to October in a stunning array of colors and flower forms.

Early last summer the lilies pictured above arrived at *Sunset's* Menlo Park headquarters after a 425-mile trip by surface transportation from Fairyland Lily Garden in Harbor, Oregon.

After recutting the bottom of the stems, we arranged them in a bowl and photographed them the next day. We then placed the arrangement in our office where it remained for a week as you see it here. During the second week we removed flowers as they faded; buds near the top of the stems continued to open over a period of two weeks.

No doubt we helped prolong th the cut lilies by changing the wat and keeping them in a cool place. recut stems now and then, and w first arranged the flowers we most of the leaves at the botto stems to keep them from discolo water and causing an unpleasant they decayed.

Note that anthers have been r from most of the flowers. This w to keep the moist, dustlike pollen anthers from staining the blooms as hands and clothing of the pers dling the lilies. If you want to k anthers on, wrap them with al foil or tissue paper when you firs stems, and remove the covering have arranged the lilies.

To remove fresh pollen from clo other surfaces, let it dry, then bru Don't brush too soon or it will

# Our Shagaroo carpet. Little old ladies may not dig it.

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In short, we went all out to make a carpet that young people would dig. If you'd like to see it, just visit a dealer and ask for the Shagaroo.

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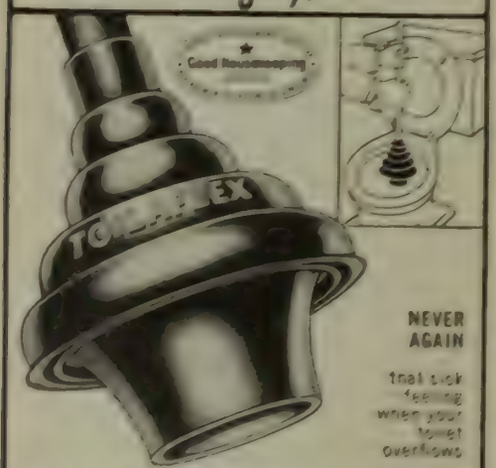

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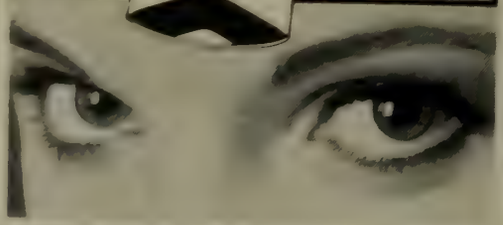


DAP Inc. Dayton, Ohio 45401 / SUBSIDIARY OF Plough, Inc.



Make a neighbor jealous this week. Use TURF BUILDER on your lawn.

*SCOTTS, the lawn people*


# *Garden event in November*

**Napa.** November 2 and 3. Tri-Co chid Show presented by the Na Club. Place: Elks Club, 2840 So Public preview and dinner at 6 urday, $5. (Reservations necess information write to Mrs. Goldie Laughlin, Napa Valley Orchid 4659 Linda Vista Ave., Napa Show hours Sunday: 10 A.M. to Admission: $1. Buffet luncheon a tasting at 12:30 P.M., $3.50.

**Walnut Creek.** November 2 and show by the Northern California of the National Chrysanthemum Place: Recreation Center, 1445 C Hours: 10 A.M. to 7 P.M. Satur A.M. to 6 P.M. Sunday. Free.

**Atherton.** November 2 through 9 anthemum show at Holbrook Park, 150 Watkins Ave. Hours to 4 P.M. Free. Garden-grown open to all amateur growers, judged separately. Entry forms a at the park office.

**Oakland.** November 4 through 7. annual holiday decorations progra sored by the Oakland Park Dep Oakland Chamber of Commerce, Garden Clubs of the East Ba Oakland Auditorium, 10th and streets. Hours: 9 A.M. to 9 P.M. Tuesday, and Wednesday; 9 A.M. P.M. Thursday. Free.

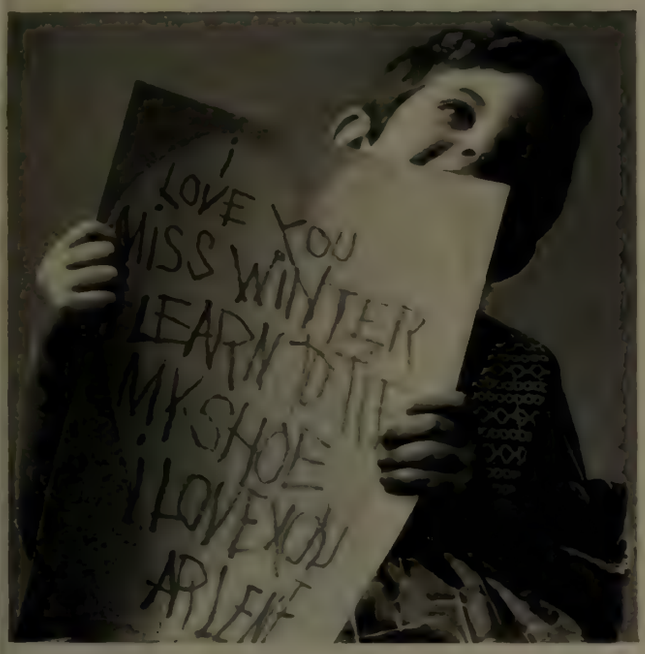
**Paradise.** November 6. Chrysan show and tea presented by the Garden Club. Place: Elks Club H Clark Rd. Hours: 1:30 to 8:30 P.

**Salinas.** November 8, 9, and 10. C decoration show sponsored by Council of Garden Clubs and the Recreation Center. Place: Recreat ter, 320 Lincoln Ave. Hours: no P.M. Friday; 10 A.M. to 7 P.M. S noon to 6 P.M. Sunday. Free.

**San Francisco.** November 9 and 10 show presented by the Vista Del Miraloma Garden Clubs. Place: Flowers, Ninth Ave. and Lincol Golden Gate Park. Hours: 1 to 5 urday; 10 A.M. to 4 P.M. Sunday. In addition to display flowers an arrangements and educational there will be a bazaar and a boot coffee and doughnuts.

**Coalinga.** November 13. Annua show, chrysanthemum fete, and sponsored by the Coalinga Woman Place: Coalinga Woman's Clubho W. Cedar St. Hours: 1 to 9 P.M.

# Work with the mentally retarded and this is the thanks you get.




Most days, working with the retarded is no bed of roses. It's often so difficult and frustrating you find yourself asking, "Why did I volunteer in the first place?"

It takes time and patience to teach a kid how to tie his shoe. Or build up unused muscles so an adult can hold a job. Or clean up the classroom after thirty hyperactive seven-year-olds have made a mess of it.

It's tough. But from time to time little victories occur. There's a breakthrough. Somebody gets it right the first time. Someone's mind grows better and faster than you ever thought it would.

And you feel good again.

Or a bunch of kids does something nice for you. Just because they like you. Real well.

And that's the thanks you get.

Find out how you can help the retarded. Write for a free booklet to The President's Committee on Mental Retardation, Washington, D.C. 20201.

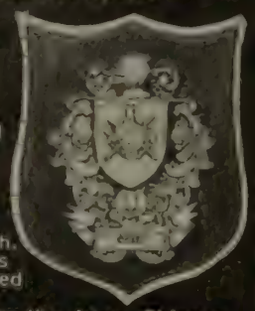
advertising contributed for the public good

## What's in a name?

**If you have a name . . . you have a heritage**

Coats of Arms are used today as a souvenir of the past. NOW authorize COVENTRY to personalize these distinctive gift and jewelry items for you and your loved ones.

### Personalized Coat of Arms



Lends historical significance and an air of prestige to your family name.

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**Pet** *or—better yet—pinch lavender cotton to get a good whiff of its aroma*

# Some plants are for sniffing

**It's fun** to keep a few plants around just for the simple pleasure of pinching off some of the foliage and sniffing it. What you smell can bring to mind all sorts of things—tall, cool, summer drinks, or spicy Italian food, or hard-to-swallow home-brewed medicine.

Plants intended to be pinched and sniffed play an important part in the attractive garden shown in these photographs—the Garden of Fragrance in Strybing Arboretum, in San Francisco's Golden Gate Park. This garden was planned especially for sightless persons, but anyone can visit and enjoy its fragrant foliage, fragrant flowers, and handsome design.

Most plants listed below grow in Strybing Arboretum's Garden of Fragrance. (The Los Angeles State and County Arboretum in Arcadia has a similar garden, as well as an herb garden that includes many of these plants.) All are easy to grow and as pleasant to look at as to smell. Many have practical value for seasoning food and flavoring drinks.

**It smells** *like lime, but it's a g*
*—one of many variously scent*

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flower heads. The foliage is pun
Lemon verbena *(Aloysia triphylla* have a refreshing lemon scent. Pl grow as tall as 6 feet, but pinchi it smaller.

Chamomile *(Anthemis nobilis)*. I heads are used for the medici Plants form a soft, bright gr ground cover; when you walk on aromatic scent rises.

Lavender *(Lavandula)*. Flowers a green foliage both smell nice. Pla very dry conditions.

Mint *(Mentha)*. Choose from kinds, each with distinctive but st scent. Grow in pots to keep th spreading through garden.

Catmint *(Nepeta mussinii)*. Cat to catmint is like that to closely catnip. Plant spreads to form 2-f mounding, gray-green ground co

Oregano *(Origanum vulgare)*. M ian cooking involves this herb. It into a 2½-foot-high bush.

Scented geraniums *(Pelargonium* are many different kinds. Foliage has its own fragrance—lemon, mint, nutmeg, apple, lime.

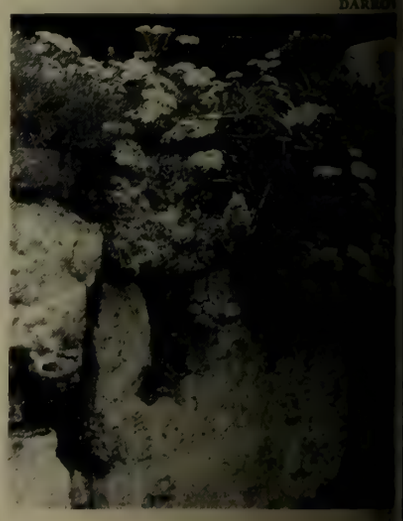
Rosemary *(Rosmarinus officinalis* growing varieties are tough gro ers. Narrow, gray-green leaves ha uses in the kitchen.

Garden sage *(Salvia officinalis)*. U or dried leaves to season meat o Plant grows 1 to 2 feet tall. Vi flowers in tall spikes are handso

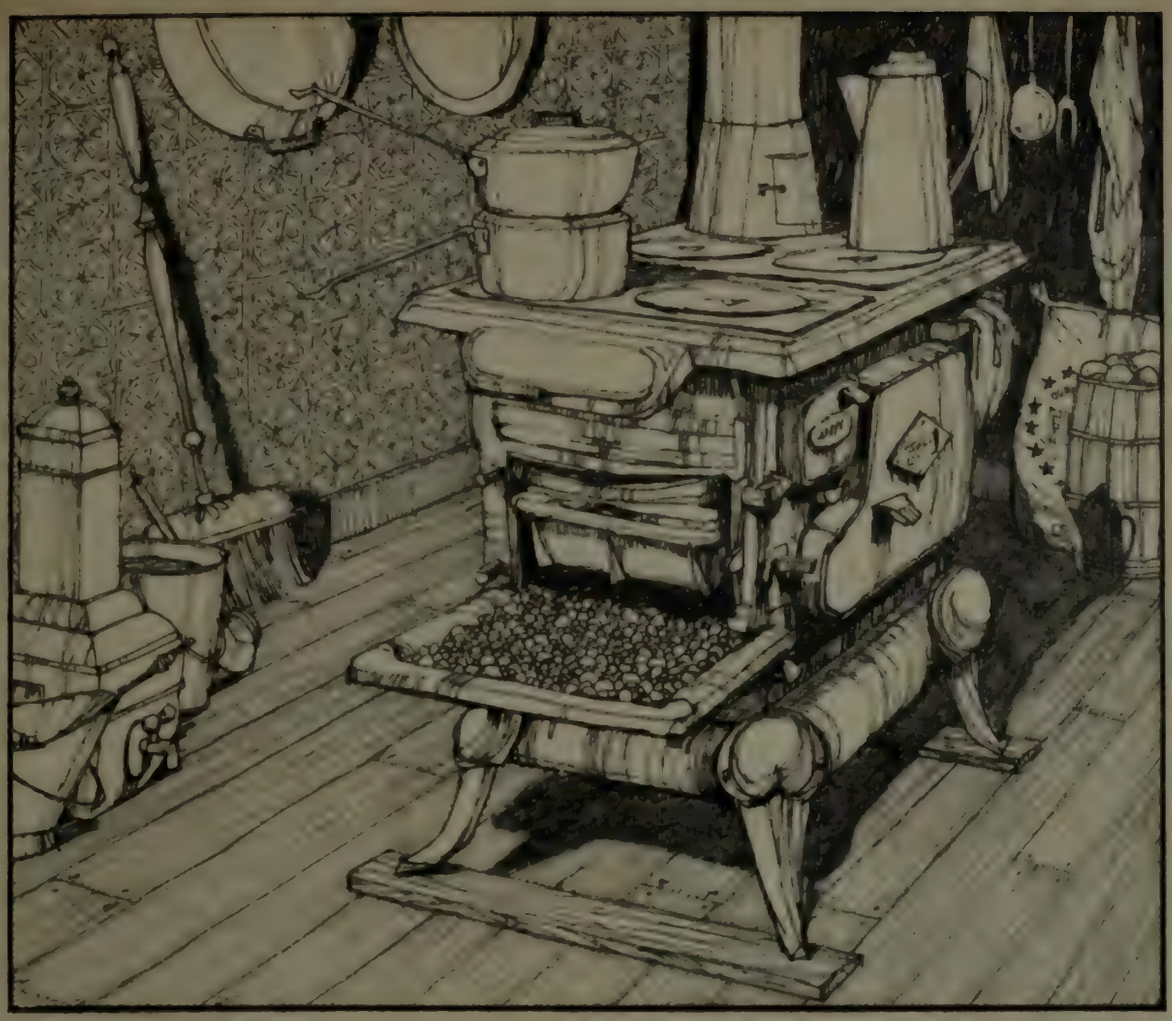
Lavender cotton *(Santolina cham issus)*. Whitish gray, aromatic l stand lots of trimming—perfect f little hedge or ground cover.

Winter savory *(Satureja mont* fresh or dried leaves for seasoni forms a little shrub between inches high.

Mother-of-thyme *(Thymus ser* Leaves make good seasoning. Pla soft but tough, creeping groun Several kinds of thyme are avail



**Yarrow's** *yellow flowers and fe gent-when-pinched foliage spill*



# sed to take Grandmother eight hours to fix Thanksgiving Dinner. She had no choice.

You've heard about the "good old days."

Well, this is what they looked like to your grandmother. This is where she spent most of her time.

Because grandmother's world was strictly do-it-yourself, every meal was a production. Even her breakfast porridge had to be cooked for an hour.

Thanksgiving was the longest day of the year. Plucking a turkey took time. Cranberry sauce didn't come in a can. She peeled, sliced, scraped, and cut her own vegetables. She not only baked the pies but, chances are, did her own bread and rolls, as well.

In fact, the "good old days" weren't all that good to grandmother. She'd have traded them cheerfully for one, good, up-to-date supermarket.

Instant oatmeal might have given her another hour in bed in the morning. And oh, the joy of a big, plump, packaged turkey, home from the store and ready for the oven. And the turkeys even taste better today—bigger, meatier, with less waste.

How did they get that way? The same way so many other parts of modern living have been improved. The competition between turkey breeders for more sales have driven them, over the years, to breed a better turkey.

Almost everything on the supermarket shelf is a product of that same kind of competition. Because it is competition that drives manufacturers to make things better, offer more variety and convenience. And keep prices low.

In the "good old days" grandpa worked twelve hours for the price of an 18-pound turkey. Today, he works only 3.2 hours. He worked forty minutes for a loaf of bread. Now it takes only five minutes.

Think about that the next time you hear some well-meaning person say there's too much competition today, too much choice in the marketplace, too many brands in the supermarket. They think the government should step in and restrict this competition.

But, since nobody knows for sure how far you can restrain competition without harming the economy, hadn't we better be careful? Do we want to give up the things that grandpa never had? Certainly, the less competition there is, the fewer new and improved products we'll see in the market.

In fact, if we're not careful, we may soon have good reasons to look back on today as the "good old days."

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**Society garlic** *blooms almost all year in garden of Dr. and Mrs. Bruce K. Defiebre, Pebble Beach, Calif. Design: Joe M*

**Another view** *of the plants pictured at top of page. Junipers above retaining wall*

# This good-looking flowering plant is society garlic

**Society garlic** displays its attractive lilac blossoms most of the year in mild coastal areas, and for about 10 months in inland gardens. It's the kind of plant you can tuck into open spaces between shrubs, into perennial borders, even in containers. But don't plant it close to walkways, for the leaves when bruised give off a strong garlic odor.

The ¾-inch-long flowers grow in rather open roundish clusters, each flower with a violet-colored stalk. Clusters top 2½-foot-long, sturdy stems, showing off well above the gray-green foliage clumps.

The grasslike, foot-long leaves of society garlic *(Tulbaghia violacea)* grow rather rigidly, about four to eight leaves from the first bulb, more as they multiply. Foliage dies to the ground at 22°, so winter areas you can dig up the and store them. In all other a can go undisturbed for several

When clumps get too large or th too sparse, it's time to divi usually at the end of winter. W divide the bulbs, however, sepa into clusters of several. It's the nature of the plant that gives foliage and flower display. And way you buy it in a gallon can

Set plants out in any good ga they even thrive in poor soil if good drainage. Water plants reg pecially during the summer mo keep plants neat, remove fad clusters; cut stalks to base.

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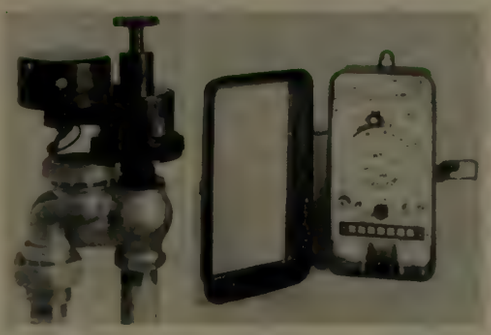

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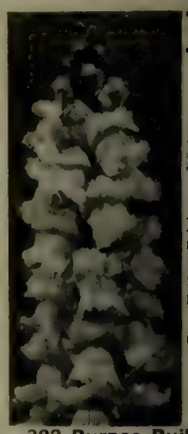

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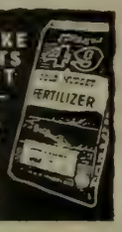


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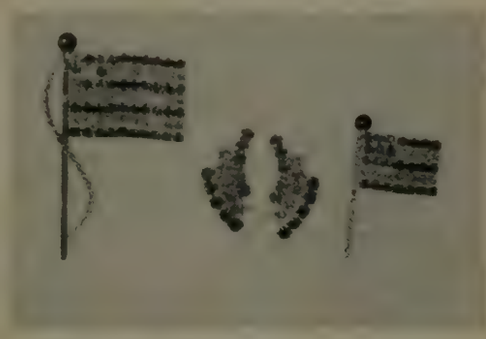

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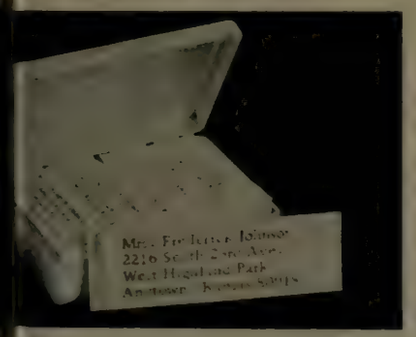

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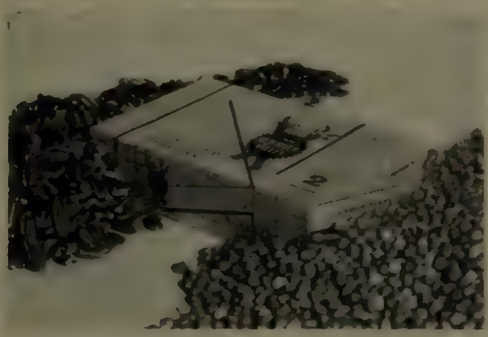

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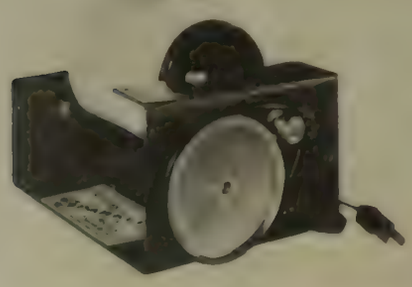

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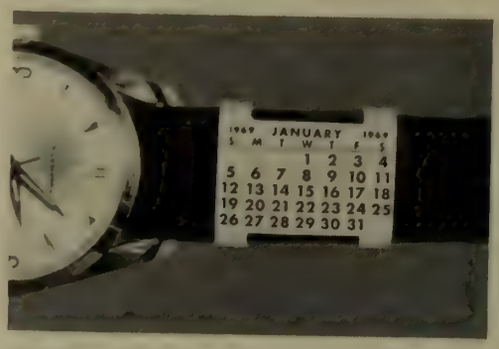


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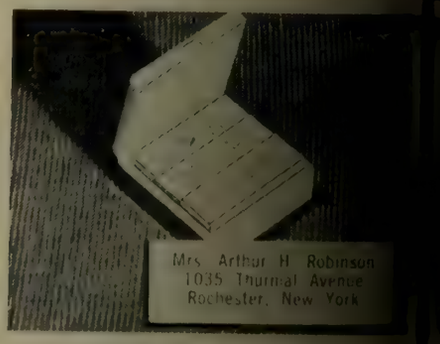


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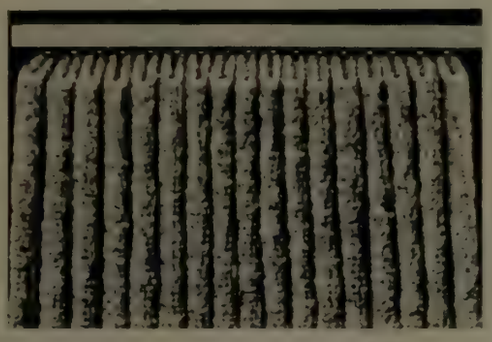

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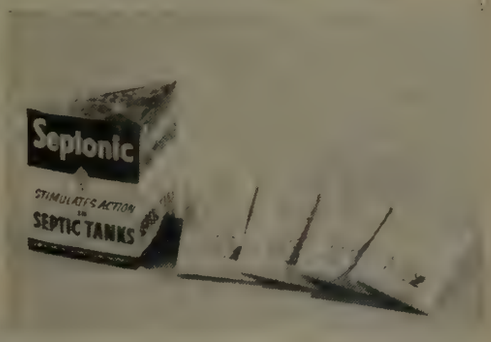


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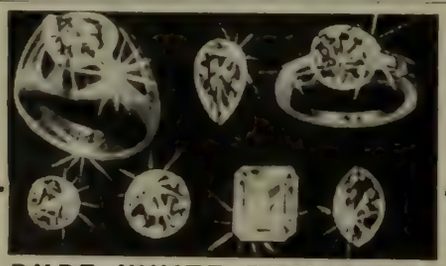

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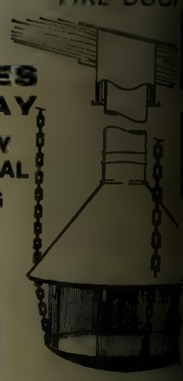

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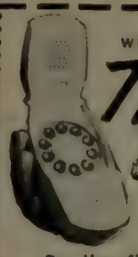

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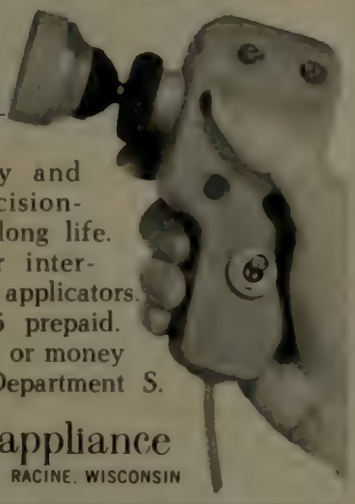

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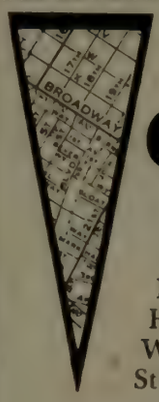


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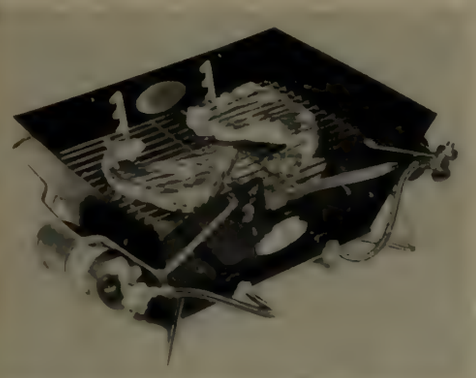

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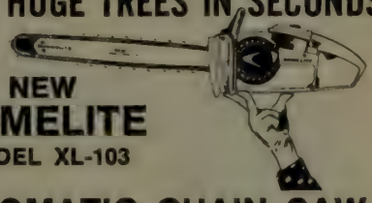

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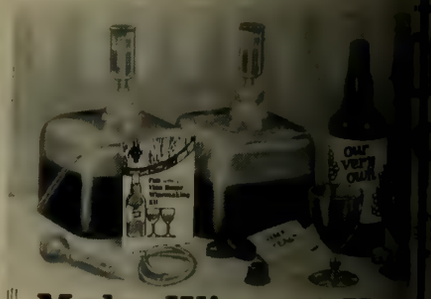

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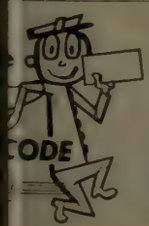

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# Dream Girl, Flower Girl, and Show Girl . . . for camellia watchers

**Three unusual** new hybrid camellias are making their first public appearance this fall. Unlike most new camellias, which tend to sidle cautiously into the marketplace, these are coming on strong. Some 1,400 of them — 'Dream Girl,' 'Flower Girl,' and 'Show Girl' — have been distributed among about three dozen Western nurseries.

We say unusual because one parent involved in the crosses is a variety of *Camellia sasanqua*. Until recently, Sasanqua camellias had not proven useful to plant breeders; they simply wouldn't cross with other camellias.

'Show Girl'

Sasanqua camellias have many good qualities: a graceful habit of growth, ample foliage with moderate-sized glossy leaves, and an abundance of flowers. They root easily from cuttings and (for camellias) grow quickly. Flower size and substance, however, are generally not up to what most people expect of camellias. Among Sasanquas, 'Narumi-Gata' is noteworthy for large, cup-shaped white flowers with a pink flush—but even more for its ability to produce hybrids with other camellias.

Reticulata camellias have huge flowers of rich color, great substance, and depth—the latter the result of fluted ("rabbit ear") petals in the center of the flowers. Plants are hard to propagate; most must be grafted. Early growth is slow, and adolescent plants are lanky and open.

J. Howard Asper, a well known Southern California camellia breeder, crossed 'Narumi-Gata' with Reticulata camellias in an effort to get big, early flowers on vigorous plants that would come easily from cuttings. Some of the seedlings had these characteristics — a happy circumstance, considering that many crosses fail to produce desired results, either in the first or later generations. The three pictured here have early flowers that are far larger than those of Sasanquas, and far more profuse than those of Reticulatas.

'Dream Girl'

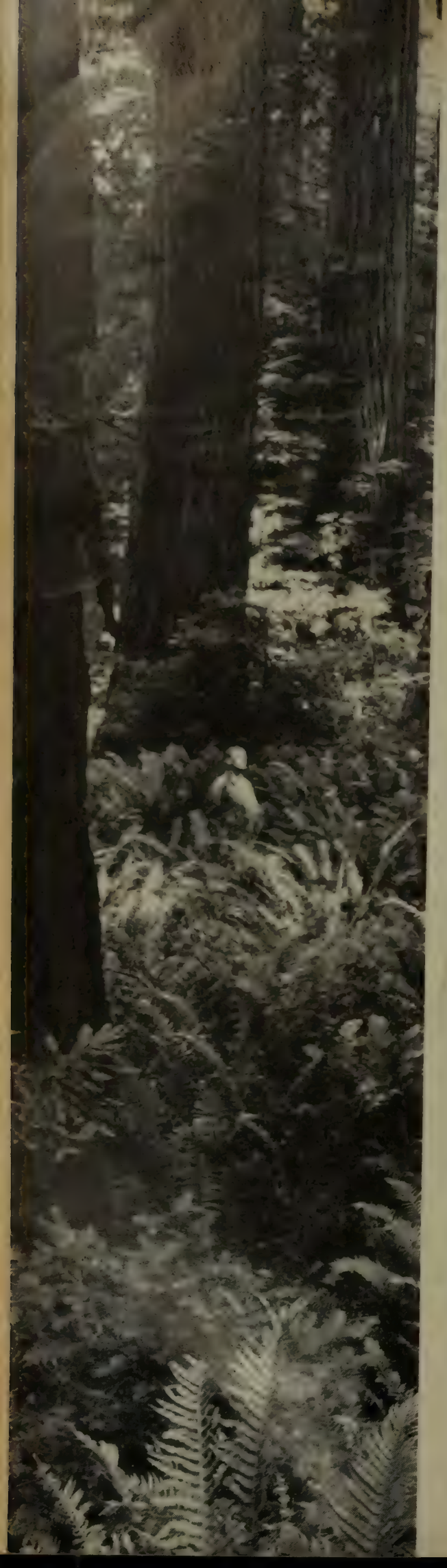
'Dream Girl' is the fastest grower of the three, with upright main branches and spreading secondary branching. Leaves are narrow and widely spaced on the plant. Large, semidouble flowers of medium salmon pink have fluted petals.

'Flower Girl' is more compact and densely branched than 'Dream Girl,' with denser foliage and broader leaves. Large, semidouble to peony-form flowers are rich fuchsia pink.

'Show Girl' has an arching, weeping branch structure and bronzy new growth. Large, semidouble flowers are soft pink.

WILLIAM APLIN

'Flower Girl'



LETTER FROM *Sunset*

# In much of the West . . . November is for gardeners

**Mild winters** are typical in Washington and Oregon west of the Cascad Winters are even milder in coastal, lowland, desert, and foothill Califor And they are mildest of all in Arizona south of the Mogollon Plateau.

For this reason you will see the words "It's not too late for daffodi on *Sunset's* cover this month, with an article beginning on page 94 November planting of daffodils for spring color. This is garden adv you won't find in the November issue of any national magazine. In m of America, November is too late.

You will also find lots of other late autumn planting suggestions in November Garden Guide, which begins on page 226.

If you walk into a nursery this month anywhere in the mild-winter We you not only will find extensive displays of plants ready to put in t ground now, you also will find bedding plants, and shrubs in bloom.

In eastern and midwestern states garden tools have been put away the winter, and most gardeners have retreated inside the warm hou This is also true for the intermountain West, of course, where ma *Sunset* readers live. But for those readers living in the mild-winter We November can be one of the great gardening months of the year. Tha why this issue of *Sunset* contains no less than 16 separate gardeni articles adding up to about 20 pages.

## WINDOW ON THE WEST: In the new national park . . . along Redwood Creek

On October 2, in the East Room of the White House, the President of the United States signed into law four historic conservation measures. *Sunset* was represented that day by Senior Editor Martin Litton who was present to witness the establishment of the North Cascades National Park, the Redwoods National Park, the Wild and Scenic Rivers System, and the National Trails System.

The two new parks are both in Western states; so are several rivers in the new Wild Rivers System, and the Pacific Crest Trail in the National Trails System.

The four conservation bills signed by the President do not fully meet the goals of many conservationists. But more than a half million acres of the wilderness West achieved national park status on October 2, and more than a half million additional acres received other protected status. It was a historic day for conservation.

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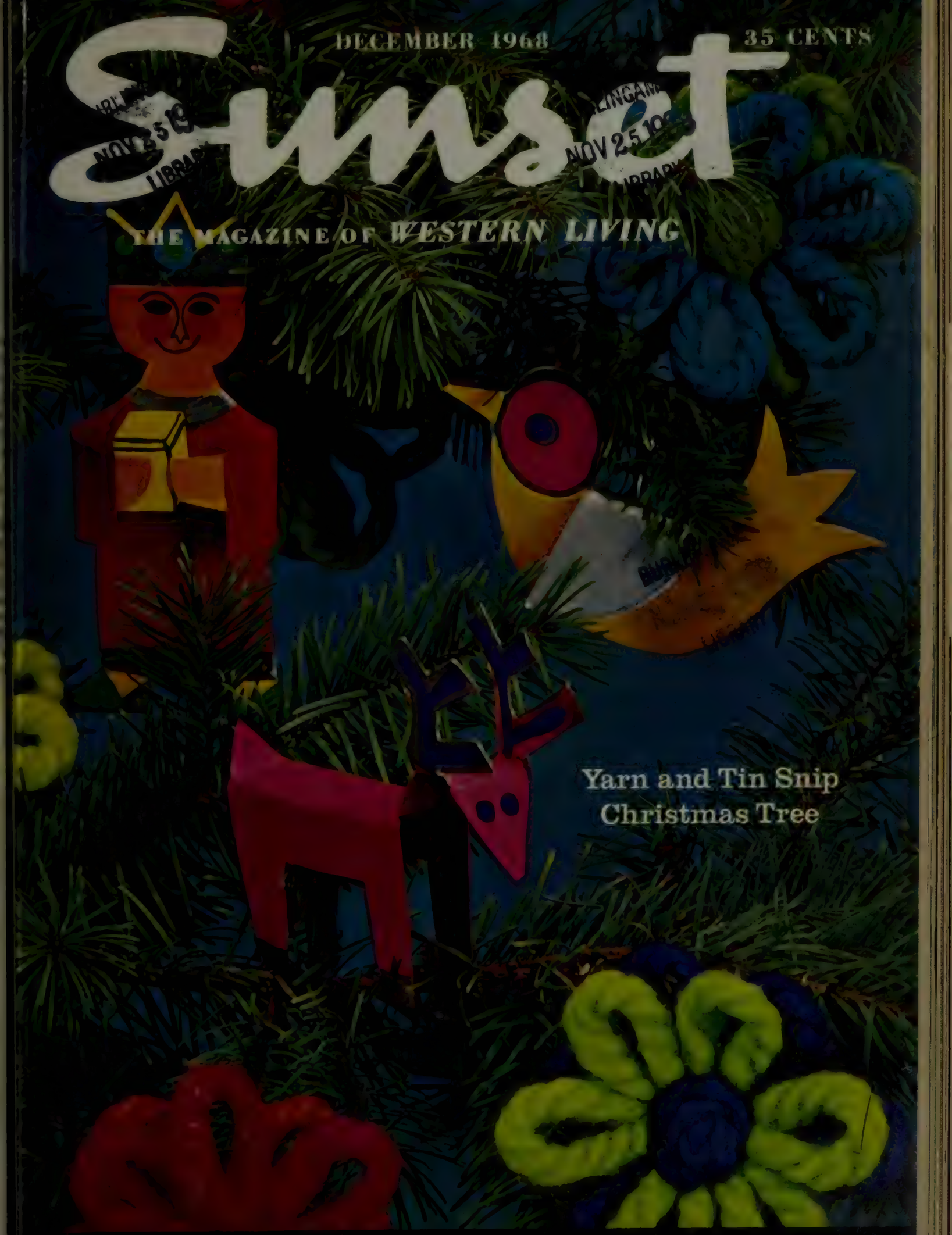

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## The Cover Story

*A king, a reindeer, and a dove, all cut from sheet aluminum and brightly painted, hang among fat yarn flowers on our Christmas tree this year. Glenn Christiansen took this photograph of the ornaments*

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GLENN CHRISTIANSEN

## A Christmas window in San Francisco

The intricate design and intense color of the Christmas window at St. Mark's Lutheran Church, San Francisco, make it difficult to believe the technique was quite simple—in fact, a practical way to create a holiday window at home.

You can see the window inside the church at 1111 O'Farrell St., between Gough and Franklin, from 9 A.M. to 5 P.M. daily.

Parishioner Walter Schmidt drew the Nativity scene and Ted Dry and Bob Becker enlarged it to 5½ by 11½ feet, the size of the window. They and their helpers covered lines of the drawing with black construction paper to resemble the leading of a stained glass window. Then they filled in figures and background with as many as nine layers of tissue paper to achieve the desired shades of color. Clear resin was poured to encase the paper (waxed paper kept the resin from sticking to the plywood panels used as a base during the pouring). The bubbles that formed as the resin hardened increased the similarity of its appearance to that of handmade glass.

The window will be on view from December 1 to February 16. If you find the main door to the church locked, someone in the office will be glad to take you inside. Parking for guests is at the front of the church with access from Gough Street.

## Christmas festivals and Christmas shopping

**Christmas Tree Lane in Fresno** will be lighted from December 14 through December 25. You can drive along North Van Ness Avenue for 3 miles past deodar cedars and Christmas displays between 6:30 and 10 P.M. Monday through Thursday, and between 6:30 and 11 P.M. Friday, Saturday, and Sunday.

**Artists' Christmas Fair in Nevada City** opens the Yuletide season in that community the weekend of November 30 and December

**Center section** *of window depicts Nativity. Pamphlet tells visitors how window was made of tissue paper, plastic resin*

Sunset

THE MAGAZINE OF WESTERN LIVING

*December 1968*

**Young Jennifer** *takes nature tour through Charles Lee Tilden Park, behind Berkeley, in her father-powered mobile home*

## *For Christmas . . . a baby back pack*

**What makes us think** that packs for carrying children would make good Christmas gifts? We went shopping and were impressed by the number of types and models available. We interviewed some young parents who had used the baby back pack and all welcomed its contribution to their family's mobility.

In the photograph above, we were trying one out on a first-time pack rider. After perhaps two minutes—and a fatherly foot tickle—she decided everything was fine. She was fascinated by silken seed pods (above), looked down on a feeding cow (page 72), and finally fell fast asleep.

In the article on pages 72 and 73 we show a variety of packs and suggest that you might want to choose one as a Christmas gift to the father of a Jennifer or a Jennifer-to-be.

L. W. LANE, JR. *Publisher*

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1. In The Gallery, a former Chinese dry of gold rush days at 312 Comm St., you can buy batik, ceramics, stit candles, and art works from Nevad craftsmen. This 16th annual fair pected to draw large crowds; if yo to stay in Nevada City overnigh vance reservations are necessary.

**Christmas comes to Country House, Park,** on Saturday, December 7, 9:30 A.M. to 4:30 P.M. Handmad will be sold, with proceeds going Children's Health Council of the Peninsula to aid handicapped ch Country House is in Ladera Sh Center on Alpine Road.

**San Francisco Museum of Art** on Mc Street at Civic Center sponsors a paintings for Christmas giving Dec 11 through 15. Hours vary each day

**In Sacramento, The Nutcracker** will sented by the Sacramento Symphon Civic Ballet on Sunday, December 2:30 P.M. and again at 8 P.M. M general admission tickets were sold press time; reserved seats cost $3. Evening general admission tick $1.50; reserved seats cost $3, $4,

**An art sale in San Francisco** includes ings, paintings, photographs, and ics by a group of young artists. It held Friday, December 6, from 3 to and Saturday, December 7, from to 2 P.M. at 2406 Washington St. parking is available in lots on Clay near Buchanan and Webster stre

### How's the skiing?

To find out weather conditions an reports from Sierra ski resorts, call (415) 848-7717. The recorde is kept up to date by radio station Station KNBR plans a similar you can obtain the number (no lished at *Sunset's* press time) by (415) 626-6700. If you dial (415) you hear a report of road cond snow areas, compiled by the C Highway Patrol.

### To Tomales Bay for salmon and steelhead

A severe winter storm leaves river and ruins the fishing for days aft Smaller streams generally are th clear; around Tomales Bay s these provide good salmon and fishing while rivers such as the are still roiled. Little-known Creek, between Inverness and Po Station, holds the record for th coho caught in California: a 22

After several years at sea, sal steelhead head for their native to spawn. Their return coincide fishing season—November 1 th last day of February. Each fish allowed three steelhead or thre

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**Fisherman** *casts for winter steelhead on Walker Creek, a tidal inlet by Tomal*

(or a combination totaling three). Fishing in a coastal stream or river is permitted through the tidewater area—that is, where the ocean tide penetrates and stream flow stops.

In Papermill (also called Lagunitas) Creek, the tidewater extends about 200 yards above the State Highway 1 bridge near Point Reyes Station. A northeastern extension of Papermill Creek provides some fine fishing in the area of Railroad Point. Where the highway turns away from Tomales Bay at Hamlet is the mouth of Walker Creek; fishing is allowed up to the highway.

The creeks run through private pr California fish and game warden that the owners have allowed fisher cross their land and that this poli continue as long as anglers do no evidence of their visit.

Salmon from these streams run pounds; steelhead, 4 to 12 pound success, especially in murky wate ported with salmon roe. Many men find the most productive ti morning during a change in tid

Tomales Bay is about 35 miles San Francisco by way of U.S. 101 and Sir Francis Drake Boule

## For travel planners, a December check list

**Traveling by freighter?** An excellent book on passenger-carrying freighters is *Ford's Freighter Travel Guide* (Robert E. and Merrian E. Clark, Publishers, Box 505, Woodland Hills, Calif. 91364; $3.50). Published semiannually in September and March, the guide includes a comprehensive list of freighter-passenger services to all parts of the world, with detailed information on rates, accommodations, and ports of call.

**Flying in Baja?** Arnold D. Senterfitt, publisher of *Airports of Baja California* ($7.50 postpaid), now offers free reservation services for resorts in Múlege, Loreto, La Paz, Bahía Palmas, Cabo San Lucas, and for the Casa de Los Tesoros in Alamos and the Meling Ranch in San Pedro Martir National Park. For information, write to Pilots Reservation Service, Star Route, Lakeside, Calif. 92040, or telephone (714) 442-0927.

**Renting a houseboat?** For a comprehensive, 16-page *Houseboat Rental Directory* detailing services and rates throughout the United States and Canada, send 50 cents to *Family Houseboating,* Box 2081, Toluca Lake, Calif. 91602.

**Going to South America?** The 1969 edition of the *South American Travel Digest* contains directories of hotels and useful travel information for Argentina, Bolivia, Brazil, Chile, Colombia, Curaçao, Ecuador, Panama, Paraguay, Peru, Surinam, Uruguay, and Venezuela. The illustrated 160-page book is published for travel agencies individuals may order copies at $3.95 from Paul, Richmond & Co., 1100 Gl Ave., Los Angeles 90024.

**Looking for a map?** Rockhounds, campers, and others who frequent the regions east and south of the Sierra welcome the new *Mohave Desert-Sierra Topographical Quadrangle Index* (Chalfant Press, Box 787, B Calif. 93514). For geographic place in the Owens Valley, Death Valley, a Mohave Desert, it lists appropriate quadrangle sheets. The index can be chased in book stores for $2.95 a co ordered directly from the publisher 35 cents for postage).

**Planning to visit Alaska?** The ne page, color-illustrated brochure *How The Real Alaska!* describes the attra of our northernmost state and cont calendar of events. For a free bro write to the Department of Economi velopment, Travel Division, Juneau

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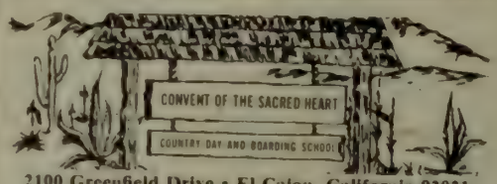


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**Metal** *grille rests on old bronze m*

## *The wreckers an their treasures*

**Decorators** seeking marble mantels a modelers seeking low-cost bathtub an eye on the wreckers. Urban re projects, business district expansion freeway construction keep numbe wrecking firms in business, especia the populous San Francisco area.

When wreckers do—or undo—a house or hotel, they take the buildi is. This usually includes plumbin light fixtures, and—depending o vintage of its construction—mol banisters, and stained glass win Sometimes the contents of a basem attic are left by the owners for disp

Established wreckers are listed in th phone directory yellow pages *Wrecking Contractors*. A few of the wreckers maintain storage yards salvageable objects are brought fro job site to be sold.

To find out what might be availa one of the largest San Francisco we visited the Cleveland Wrecking pany, 2800 Third St. Among the sands of items, we noted rows of and fixtures ($15 to $25), used bri cents each), 9-foot, copper-clad doors ($225), and a bird's-eye mantel and mirror ($45). The yard i from 8 A.M. to 5 P.M. Monday th Friday, 8 A.M. to 1 P.M. on Saturd

Small wreckers do not usually have age yard. They encourage inquiri if a current project contains an that you want, you can go to the d tion site and buy it at a price belo you might pay at a secondhand s they do not have what you nee may take your name and call you come across it later.

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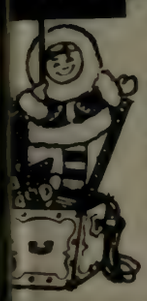

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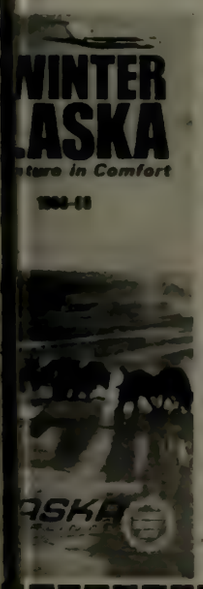


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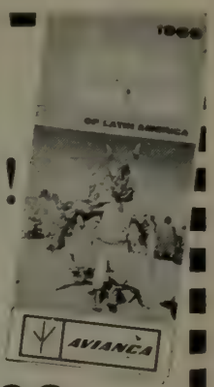


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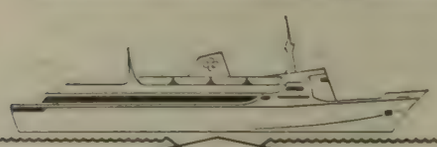

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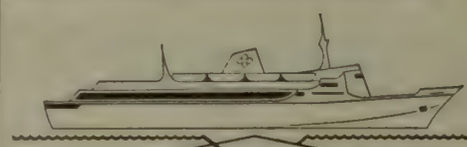

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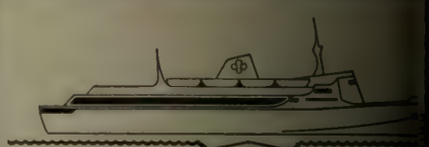

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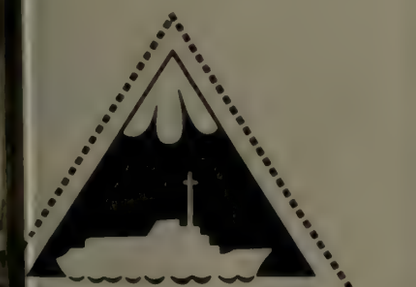

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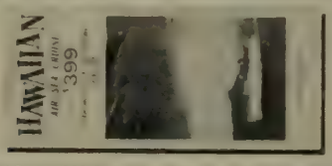


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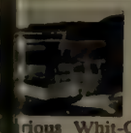

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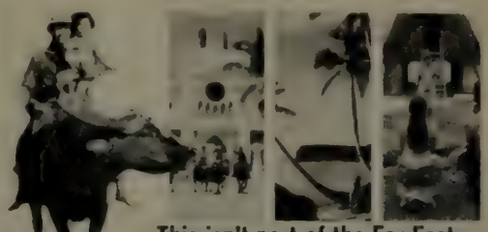

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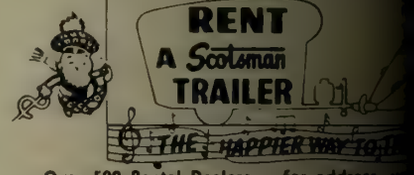


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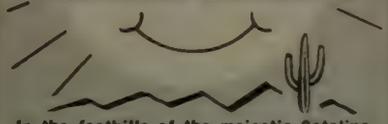

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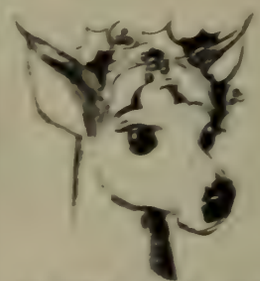

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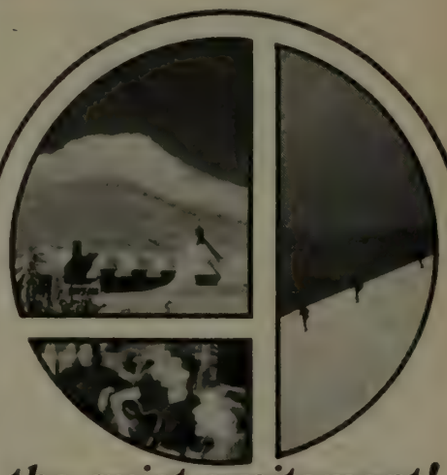

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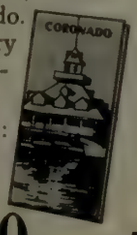


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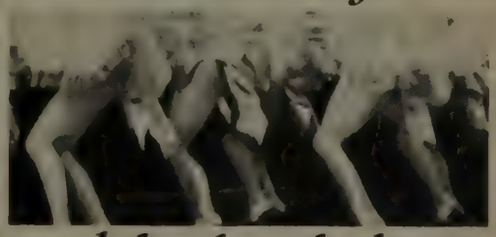

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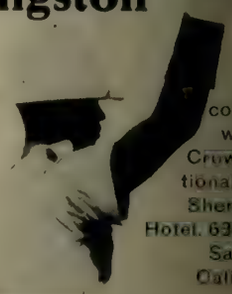

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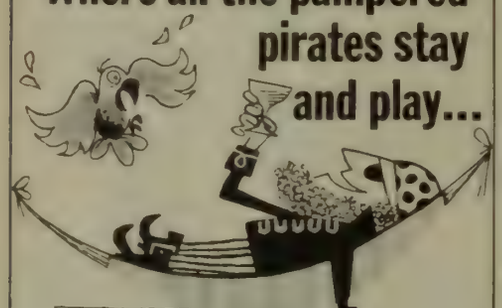

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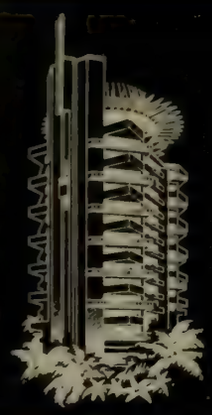

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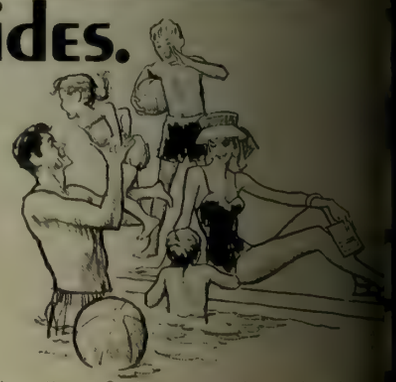

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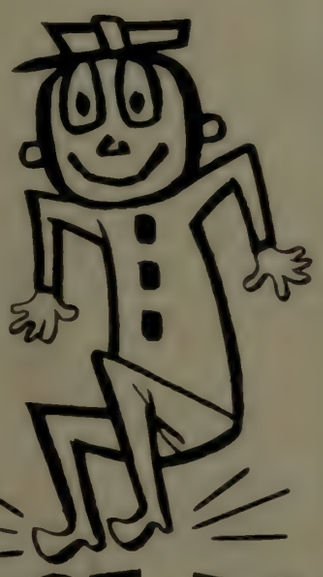

down

BUT ONLY IF YOU USE IT.

MIKE & MARY HAYDEN

**Winter fishermen** *can find steelhead in small coastal streams like Alder Creek*

# *The steelhead are waiting*

**Steelhead** are back in our coastal rivers this month, and veteran steelhead fishermen will be watching the long-range forecasts for those periods of good weather that often punctuate the winter storm fronts. Winter-run steelhead tend to move upstream as the river is rising or falling, but optimum fishing conditions are encountered more frequently a few days after a major rainstorm as flood waters begin to recede.

The big rivers carry the largest and most predictable migrations of winter steelies, but don't overlook the steelhead action in smaller rivers and creeks. The small streams are usually the first to clear following a heavy rain, and steelhead from a small creek will probably run just as large as those hooked in one of the major steelhead rivers.

Alder Creek, a winter-run steelhead stream on California's Mendocino Coast, is fairly typical of the small and unheralded spawning runs you'll find along the Pacific Coast from Alaska to California. The action on Alder Creek begins to pick up about two days after the rains stop, and often continues until another storm roils the waters.

Streams like Alder Creek will never replace the big steelhead rivers such as the Skagit, Rogue, or Klamath for dedicated winter fishermen, but they do provide dependable steelhead action for one-day or weekend expeditions.

**Looking for a truly exciting gift?**

**One that expresses your good taste, yet is modestly priced?**

**Here's how you find it.** At your nearest gift or stationery store, ask to see the MINGEI (pronounced "ming-gay") items from Yasutomo & Company.

Mingei means handmade folkcraft. Although delicate and rich in appearance, they are extremely durable.

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One popular decorator item is beautiful Mingei calendars. These come in twelve-page wall type, desk model or scroll.

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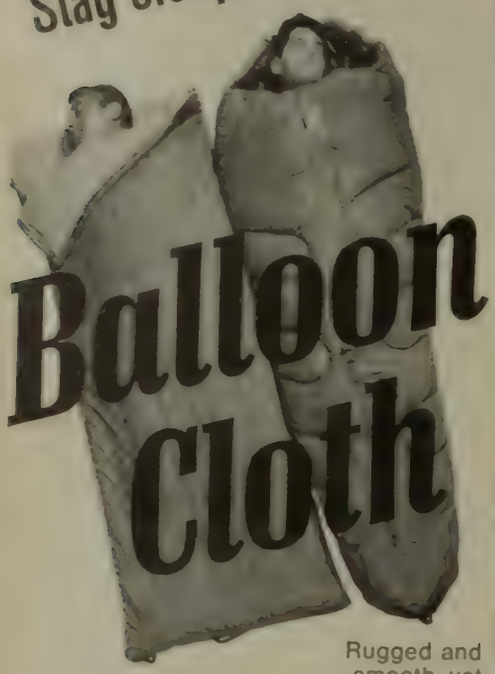
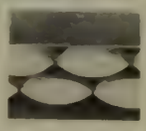
24 California St., San Francisco, Calif. 94111

exciting new discovery in Stag sleeping bags!




Rugged and smooth, yet lightweight . . . *that's balloon cloth.* Tightly-woven, wind and water resistant and completely washable . . . *that's balloon cloth,* one of the toughest cottons made. Now Hirsch-Weis/White Stag offers high-thread-count balloon cloth covers on two sleeping bag styles, the square-cut Packer and the tapered Hiker. Combined with Improved Dacron® 88 polyester insulation, this high quality fabric gives you maximum warmth at minimum weight. Check the features (and the reasonable prices!) at your dealer . . . where you see the Sign of the Stag.

**THE PACKER** *(above, left)* features tan balloon cloth cover, contrasting rust percale lining, 33"x78" finished size and a stuff bag. Insulation is in laminated, overlapping tubes (see illustration) for greater warmth and 40% more loft than regular quilted construction. Style 722DQ—2 lbs. insulation; 723DQ—3 lbs.



**THE HIKER** *(above, right)* is an extremely lightweight tapered bag with tan balloon cloth cover, metal insulated lining, insulated hood with drawcord, and a stuff bag. Great for hikers and campers who want the most warmth at the least weight. Style 5063—2 lbs. insulation; 5067—3 lbs., extra long.

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I enclose 25 cents for your 1969 camping equipment catalog and booklet, "How to choose the tent and sleeping bag for your kind of camping."

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# GIFT IDEAS: 67 nature guides from under $1 to almost $5

**Every Christmas list** carries names of those who have an interest in natural history, and who would welcome paperback books on subjects of special appeal to them.

As you shop this year you'll find an increasing number of such publications written or edited specially for the Western reader — from certain publishing houses that recognize the inherent differences of natural history in widely separated regions of the country.

Most of the following books can be bought or ordered at any bookstore, or in junior museums and other centers of amateur naturalist activities. Or you can order from the publisher.

*UNIVERSITY OF CALIFORNIA NATURAL HISTORY GUIDES*
(University of California Press, Berkeley)

*Butterflies of the San Francisco Bay Region,* J. W. Tilden, $1.75.

*Cacti of California,* E. Yale Dawson, $1.50.

*California Desert Wildflowers,* Philip A. Munz, $2.95.

*California Mountain Wildflowers,* Munz, $2.95.

*California Spring Wildflowers,* Munz, $2.95.

*Deep Water Teleostean Fishes of California,* John E. Fitch, $1.50.

*The Climate of Southern California,* Harry P. Bailey, $1.75.

*Evolution of the Landscape of the San Francisco Bay Region,* Arthur David Howard, $1.50.

*Ferns and Fern Allies of California,* Steve J. Grillos, $1.50.

*Fossil Vertebrates of Southern California,* Theodore Downs, $1.50.

*Introduced Trees of Northern California,* Woodbridge Metcalf, $1.75.

*Introduction to the Natural History of the San Francisco Bay Region,* Arthur C. Smith, $1.50.

*Introduction to the Natural History of Southern California,* Smith and Jaeger, $1.95.

*Introduction to Seashore Life of the San Francisco Bay Region and the Coast of Northern California,* Joel Hedgpeth, $1.95.

*Mammals of the San Francisco Bay Region,* W. D. and Elizabeth Berry, $1.50.

*Mammals of Southern California,* Ernest S. Booth, $1.75.

*Mushrooms and Other Common Fungi of the San Francisco Bay Region,* Robert T. and Dorothy B. Orr, $1.50.

*Mushrooms and Other Common Fungi Southern California,* Orr and Orr, $1.5

*Native Shrubs of Southern Californ* Peter H. Raven, $1.95.

*Native Shrubs of the San Francisco B Region,* Roxana Ferris, $1.95.

*Native Trees of the San Francisco B Region,* Woodbridge Metcalf, $1.50.

*Native Trees of Southern California,* V tor P. Peterson, $1.95.

*Reptiles and Amphibians of the San Fr cisco Bay Region,* R. C. Stebbins, $1.50

*Rocks and Minerals of the San Franci Bay Region,* Oliver E. Bowen, $1.50.

*Seashore Life of Southern California,* S Hinton, $2.50.

*Seashore Plants of Northern Califor* Dawson, $1.75.

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*Shore Wildflowers of California, Oreg and Washington,* Munz, $2.95.

*Spring Wildflowers of the San Franc Bay Region,* Helen K. Sharsmith, $2.

*Weather of the San Francisco Bay Reg* Harold Gilliam, $1.50.

*NATUREGRAPH PUBLICATIONS*
(Naturegraph Company, Healdsb Calif.)

*Backyard Wild Birds of California the Pacific Northwest,* Vinson Brown

*The California Wildlife Region,* B and Lawrence, $2.95.

*Common Edible and Useful Plants o West,* Muriel Sweet, $1.25.

*Common Plants of the Southern Cal nia Mountains,* Harold F. DeLisle, $1

*Common Seashore Life of the Pa Northwest,* Lynwood Smith, $1.95.

*Common Seashore Life of Southern C fornia,* Hedgpeth and Hinton, $1.95.

*Handbook of California Birds,* Brown Weston, $2.95.

*An Illustrated Key to the Liz Snakes, and Turtles of the West,* Dr Savage, $1.

*The Pacific Coastal Wildlife Re* Yocum and Dasmann, $2.95.

*Redwood Empire Wildflower Jewels,* othy Young, $2.95.

*Rocks and Minerals of California,* B and Allan, $2.95.

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*(continued on pa*

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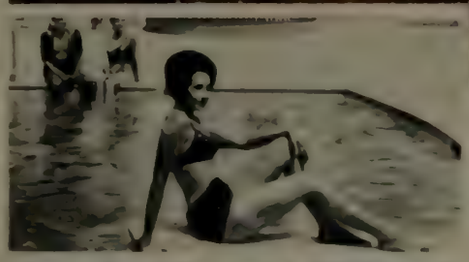
*lflowers of California*, Mary Eliz- rsons, $2.50.


# This... is the West?



It's been rumored that there are some people who still think that Tucson is all cactus, cowboys, cattle and coyotes.

Not so, anymore. You should see Tucson now!

Our dynamic resort city offers just about every kind of modern vacation recreation and entertainment possible. And all around Tucson is the most scenic and historically interesting area in the world. (For free samples of our surrounding scenery, see the High Chaparral TV show —filmed at nearby Old Tucson.)

Incidentally, we offer an amazing variety of accommodations in every price range . . . ranch-resort . . . magnificent resort hotels . . . modern motels . . . apartments and lovely mobile home parks.

Now that you know what Tucson is really like . . . come out and visit us — soon!

OVER 14,000 ROOMS IN EVERY PRICE RANGE

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**U.S. highways 66, 60, and 80** *traverse the region of mildest winters in the West: the dry, sunny, low-elevation recreation areas of the Mohave and Sonoran deserts*

# Where to find the frost-free campgrounds

WILLIAM APLIN

**Winter campsite** *in Anza-Borrego, typical of many undeveloped desert camp areas*

**The mildest winter** in the West is found in the subtropical, low des gion of southeastern California and western Arizona, and in a narrow extending up the Colorado River north as the southern tip of N Here you'll find some of the West' elegant winter resorts; but the regio offers a wide selection of winter cam

If seasonal rains or winter's chill you thinking in terms of a "fros camping trip this month, your be is to head for a public or private ground in this mild, sunny clime.

All the campgrounds listed here ha nic tables and—except as noted— and sanitary facilities. Trailer spac hookup services only where so ind

*INDIO, CALIFORNIA*

**Desert Shores Rancho Marina** (150 sites). On the Salton Sea, 26 miles Indio via State Highway 86. Showe ramp, boat rentals, complete trailer

# CHAPTER TWO: THE RENAULT 16 SEDAN-WAGON

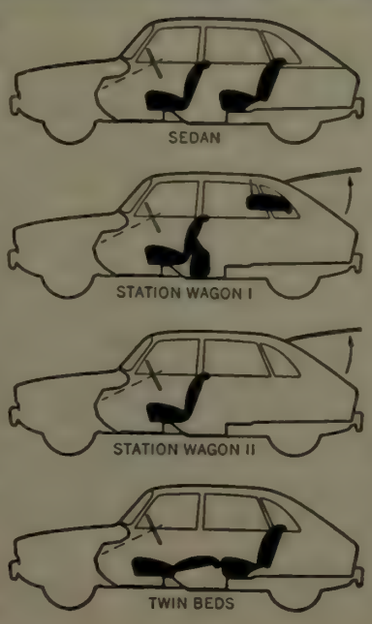
Our story opened with the enault 10. And that chapter is ing written every day. At last unt, there were over 35,000 enault 10's on the road.

And so the stage is nicely set r our latest installment: The enault 16 Sedan-Wagon.

There isn't anything in the orld quite like it.

When it was introduced to urope in 1965 it was voted ar of the Year by a jury of international car editors. A olls-Royce placed 2nd. The dsmobile Toronado, 3rd.

The Sedan-Wagon. Besides ing a new chapter for us, the Sedan-Wagon represents a new chapter in the auto industry.




Until now, even if you only needed a station wagon occasionally, you had to drive one around all the time. With the Renault 16, you drive around a sedan. And when you need a station wagon, it turns into a station wagon.

The front-wheel drive. Quite logical. The engine up front to get maximum hauling area in the rear. The drive wheels also up front to get maximum traction from the engine's weight.

The engine. Pressure cast aluminum block. 5 main bearings. And a sealed liquid cooling system that virtually eliminates the bother of having to add anti-freeze. It can milk 30 miles out of a gallon of gas, and still manage a top speed of 93 mph. It is so well put together that you could roll up 30,000 continuous miles at 85, as we did, back and forth and back and forth between Rome and Milan.

The seats. They're every bit as comfortable as those in the Renault 10. And the seats in the Renault 10 have been stacked up against the seats in the Rolls-Royce.

The road manners. The suspension is soft, without being mushy. Each wheel moves up and down independently, controlled by extremely long torsion bars. It has self-adjusting, no play, rack and pinion steering. As well as 2 anti-roll bars. It can haul around curves at heart-freezing speeds, so incredibly does it grip the road.

The braking. Pressure limiting drum brakes in back that automatically adjust to load weight. Huge self-adjusting disc brakes up front.

The ventilation. All the fresh air you want without the roar of open windows. Plus the convenience of a heating system flexible enough to pour warm air on your feet and cool air on your face.

There is much, much more we'd like to tell you about the Sedan-Wagon. Not the least of which is its price. $2,495. P.O.E.* But it is rapidly becoming apparent that in writing about chapter two, we are beginning to write a book.

To be continued.

**RENAULT**

FOR MORE INFORMATION SEE NEAREST DEALER OR WRITE RENAULT INC., 100 SYLVAN AVENUE, BOX 14, ENGLEWOOD CLIFFS, NEW JERSEY 07632

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services. Fee: $2 a night per campsite, $3.50 for trailer space.

**Salton Sea Beach Marina** (200 campsites). On the Salton Sea, 28 miles south of Indio via State 86. Showers, boat rentals, complete trailer hookup services. Fee: $2 a night per campsite, $1.50 for trailer space.

**Salton Sea State Recreation Area** (214 campsites). On the Salton Sea, 24 miles southeast of Indio via State 111. Showers, boat ramp, boat rentals. Fee: $1 to $3 per campsite.

**Salton City Campground** (500 campsites). On the Salton Sea, 4 miles east of Salton City via Marina Drive. Showers, boat ramp. Fee: $2 a night per campsite.

*BORREGO SPRINGS, CALIFORNIA*

**Borrego Palm Canyon Campground** (65 campsites). In Anza-Borrego Desert State Park, 3 miles west of Borrego Springs. Showers, complete trailer hookup services. Fee: $1 to $3 a night per campsite, $3.50 for trailer space.

**Tamarisk Grove Campground** (18 campsites). In Anza-Borrego Desert State Park, 12 miles south of Borrego Springs. Some trailer spaces. Fee: $2 a night per campsite.

*JULIAN, CALIFORNIA*

**Vallecito Stage Station County Park** (50 campsites). Adjacent to Anza-Borrego Desert State Park, 31 miles southeast of Julian via State 78 and County S-2. Some trailer spaces. Fee: $1 a night per campsite.

**Agua Caliente Springs County Park** (50 campsites). Adjacent to Anza-Borrego Desert State Park, 36 miles southeast of Julian via State 78 and County S-2. Showers, some trailer spaces. Fee: $2 a night per campsite.

**Bow Willow Campground** (10 campsites). In Anza-Borrego Desert State Park, 46 miles southeast of Julian via State 78 and County S-2. Some trailer spaces. Fee: $1 a night per campsite.

*BOULEVARD, CALIFORNIA*

**Cottonwood Campground** (31 campsites). In McCain Valley Recreation Area (Bureau of Land Management), 16 miles north of U.S. 80 via McCain Valley Road. Some trailer spaces. *No water.* Fee: $1 a night per campsite.

**White Arrow Campground** (8 campsites). In McCain Valley Recreation Area, 15 miles north of U.S. 80 via McCain Valley Road. Some trailer spaces. *No water.* Fee: $1 a night per campsite.

**Lark Canyon Campground** (10 campsites). In McCain Valley Recreation Area, 7 miles north of U.S. 80 via McCain Valley Road. Some trailer spaces. Fee: $1 per campsite.

*SEARCHLIGHT, NEVADA*

**Cottonwood Cove Campground** (45 campsites). On Lake Mohave in Lake Mead National Recreation Area, 13 miles east of Searchlight via State 68. Complete trailer hookup services. Fee: $1 a night per campsite.

*BULLHEAD CITY, ARIZONA*

**Katherine Campground** (169 campsites). On Lake Mohave in Lake Mead National Recreation Area, 5 miles north of Bullhead City via State 68. Showers, complete trailer hookup services. Fee: $1 a night per campsite.

*NEEDLES, CALIFORNIA*

**Needles Marina Park** (70 campsites). On the Colorado River, 1 mile east of Needles via H Street. Showers, complete trailer hookup services. Fee: $1.50 a night per campsite, $2.50 for trailer space.

**Park Moabi Marina** (125 campsites). On the Colorado River, 12 miles southeast of Needles via U.S. 66. Showers, boat ramp, boat rental complete trailer hookup services. Fee: $1 night for campsite, $1.50 for trailer space.

*TOPOCK, ARIZONA*

**Catfisherman's Paradise Campground** ( campsites). On the Colorado River, 2 mil north of Topock via U.S. 66. Showers, bo ramp, boat rentals, complete trailer hook services. Fee: $1 a night per campsite, $2 f trailer space.

**Five Mile Landing Campground** (58 cam sites). On the Colorado River, 7 miles nor of Topock. Showers, boat ramp, boat renta complete trailer hookup services. Fee: $1 night per campsite, $2 for trailer space.

*LAKE HAVASU CITY, ARIZONA*

**Mesquite Campground** (12 campsites). Lake Havasu in Havasu Lake National Wi life Refuge, 5 miles north of Lake Havasu Ci via State 95. Boat ramp. No sanitary faciliti and *no water.* No fee.

**Lake Havasu Cove Campground** (100 cam sites). On Lake Havasu, 20 miles south Lake Havasu City via State 95. Showers. Fe $1.50 a night per campsite, $2.50 for trai space (no trailer hookups).

*HAVASU LAKE, CALIFORNIA*

**Havasu Landing Campground** (200 cam sites). On Lake Havasu, 16 miles east of U 95 via Lake Havasu Road. Showers, bo ramp, boat rentals, some trailer hookup vices. Fee: $1.25 a night per campsite.

*PARKER DAM, CALIFORNIA*

**Big Bend Resort** (140 campsites). On Colorado River, 5 miles south of Parker via Parker Dam Road. Showers, boat ra complete trailer hookup services. Fee: night per campsite.

**Black Meadow Landing** (130 campsites). Lake Havasu, 10 miles north of Parker D Showers, boat ramp, boat rentals, comp trailer hookup services. Fee: $1.25 a night campsite, $1.75 for trailer space.

**Fishing Village** (33 campsites). On the C rado River, 2 miles south of Parker Dam Parker Dam Road. Showers, boat ramp, trailer hookup services. Fee: $1.50 a nigh campground, $2 for trailer space.

**Havasu Palms** (53 campsites). On Lake H asu, 15 miles northwest of Parker D Showers, boat ramp, boat rentals, comp trailer hookup services. Fee: $1.25 a night campsite.

*EARP, CALIFORNIA*

**Kinder's Resort** (35 campsites). On the C rado River, 5 miles northeast of Earp Parker Dam Road. Showers, boat ramp, plete trailer hookup services. Fee: $2 a per campsite, $2.25 for trailer space.

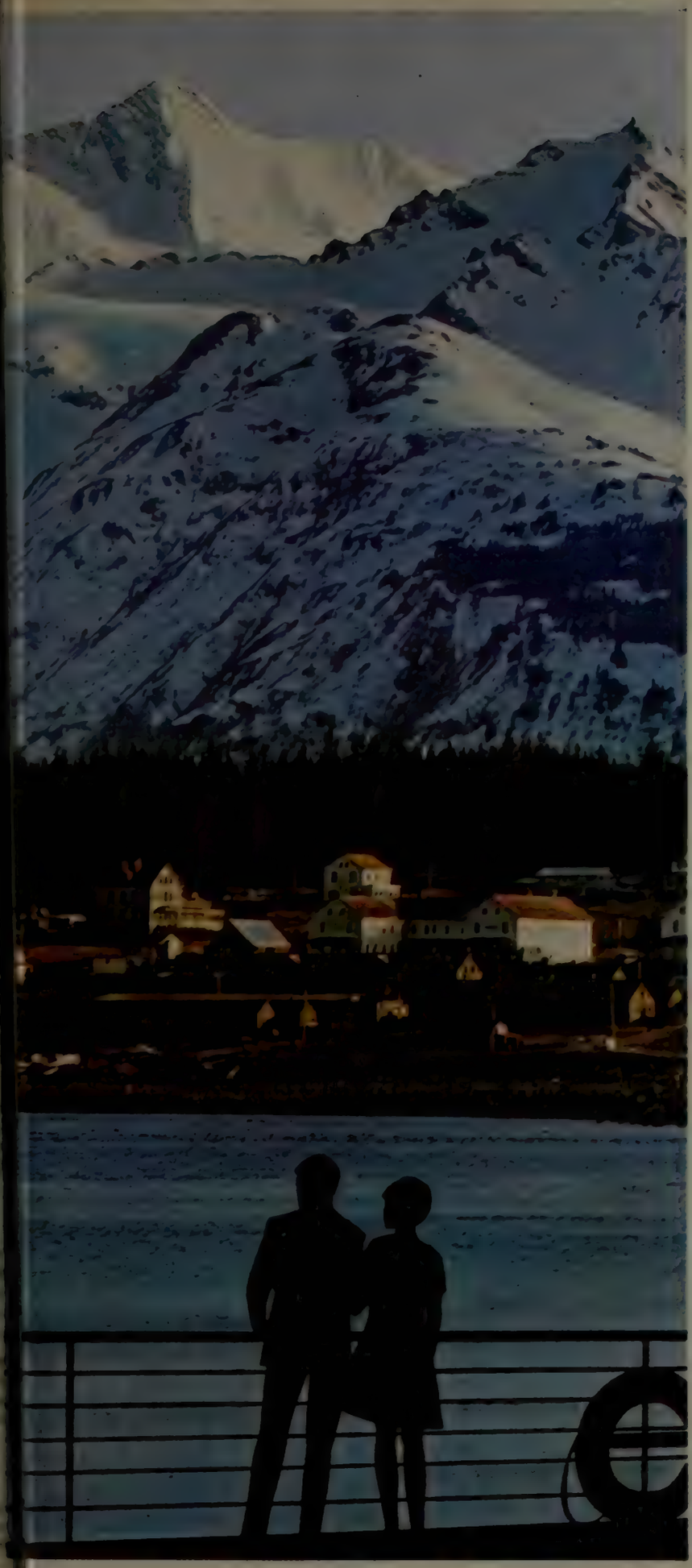
**La Mars Sportsman's Park** (30 campsi On the Colorado River, ½ mile east of at bridge. Showers, boat ramp, comp trailer hookup services. Fee: $2 to $3 a per campsite, $3 for trailer space.

*PARKER, ARIZONA*

**Blue Water Marine Park** (73 campsites the Colorado River Indian Reservati miles north of Parker via State 95. Sho boat ramp, boat rentals, some trailer ho services. Fee: $2 a night per campsite

**Branson's Resort** (100 campsites). On Colorado River, 8 miles north of Parke State 95. Showers, boat ramp, boat re complete trailer hookup services. Fee: a night per campsite.

**Buckskin Point Campground** (10 camp



# Announcing the untypical, untropical cruise

First off, it's very untypical for an airline to be announcing a cruise.

And, to say the least, this cruise is untropical.

Because this is a winter cruise through the calm, sheltered waters of the Inside Passage, from either Seattle or Vancouver to Southeastern Alaska. We call it the Northern Lights Adventure! Western Airlines will jet you nonstop to either starting point.

The modern luxury liner, M/V Wickersham, has joined the Alaska State Ferry System to provide you with the dining rooms, snack bars, lounges and staterooms that are a part of shipboard fun.

As you relax in the warm comfort of your ship, a startling panorama will unfold... heavily-forested islands, snow-covered mountains, dazzling fjords and majestic glaciers. All at their spectacular best in wintertime.

Port-of-call stops are made at picturesque towns with strange-sounding names: Ketchikan, Wrangell, Petersburg. And Alaska's state capital, Juneau, is the final port in this Northern Lights Adventure.

From here, there are optional tours to Anchorage, home of the "Fur Rendezvous" in late February. Or to Fairbanks for the North American Championship Dogsled Races and "Eskimo Olympics" in March. Or you may want to go on to Nome and Kotzebue in the Arctic. You can fly Western directly home from Alaska.

Just tell your Travel Agent you want to take the untypical cruise. He'll know what you mean.

We may call this cruise untypical and untropical, but you'll call it unforgettable!

**WESTERN AIRLINES**
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**the unbeatable way to jet home**

1969 Fleetwood Eldorado. Cadill

This is the 1969 Cadillac Fleetwood Eldorado with front-wheel drive. Its un
combination of beauty, performance and handling qualities has earned it rec
as the world's finest personal car. Once you drive it, you'll know why.

Cadillac

he Colorado River in Buckskin Mountain Park, 12 miles north of Parker via State Showers, boat ramp, boat rentals, some r hookup services. Fee: $1.50 a night per site.

*EYBURG, ARIZONA*

**land Trailer Park** (16 campsites). On the ado River, just north of Ehrenburg via r Road. Showers, boat ramp, complete r hookup services. Fee: $1.50 a night per site, $2.50 for trailer space.

*THE, CALIFORNIA*

**o Lake Club** (50 campsites). On Cibola 38 miles southwest of Blythe via Cibola Road. Showers, boat ramp, boat rentals, trailer hookup services. Fee: $2 a night ampsite.

**Lake Resort** (150 campsites). On the ado River, 31 miles north of Blythe via 95. Showers, boat ramp, boat rentals, lete trailer hookup services. Fee: $1 a per campsite, $2.50 for trailer space.

**y R Resort** (60 campsites). On the Colo- River, 17 miles north of Blythe via U. S. owers, boat ramp. Fee: $1.50 a night per site.

**Bend Lodge** (125 campsites). On the ado River, 20 miles north of Blythe via 95. Showers, boat ramp. Fee: $2 a night mpsite.

**Avenue Trailer Park** (47 campsites). e Colorado River, 5 miles north of Blythe S. 95. Showers, boat ramp, boat rentals, trailer hookup services. Fee: $1.50 a per campsite, $2 for trailer space.

**man Hide-A-Way** (34 campsites). On olorado River, 8 miles north of Blythe S. 95. Showers, boat ramp, some trailer p services. Fee: $1.50 per campsite.

*VERDE, CALIFORNIA*

**s Trailer Park** (14 campsites). On Palo Lagoon, in Palo Verde. Showers, boat , some trailer hookup services. Fee: $1 t for campsite, $1.50 for trailer space.

**rs Camp** (40 campsites). On the Colo- River, 12 miles south of Palo Verde on y S-78. Showers, boat ramp, boat rent- e: $1 a night per campsite.

*ERHAVEN, CALIFORNIA*

**o State Recreation Area** (12 camp- On the Colorado River, 25 miles north terhaven via Picacho Road. Boat rent- e: $1 a night per campsite.

*, ARIZONA*

**al Dam Camp** (30 campsites). On the lo River in the Imperial National Wild- fuge, 38 miles northwest of Yuma via 5 and the Martinez Lake Road. Boat Fee: $1 a night per campsite.

**'s Landing** (151 campsites). On the Col- River, 35 miles northwest of Yuma via 5 and Martinez Lake Road. Showers, mp, boat rentals, complete trailer hook- ices. Fee: $1 a night per campsite, $1.50 ler space.

**al Oasis** (100 campsites). On the Colo- iver, 29 miles northwest of Yuma via 5 and Army Proving Grounds Road. rs, boat ramp, boat rentals, complete hookup services. Fee: $1-$2 a night per te, $2 for trailer space.

**ez Lake Marina** (50 campsites). On olorado River, 36 miles northwest of via U. S. 95 and Martinez Lake Road. rs, boat ramp, boat rentals, complete hookup services. Fee: $2 a night per


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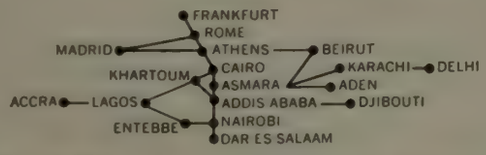

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Jaipur was built nearly 250 years ago and if it is showing no sign of age, credit must go to the man who built it. Emperor Sawai Jai Singh. The "Sawai" stands for prodigy, and he was. Prince, soldier, astronomer, architect, he set out to make his new capital the loveliest and best-planned city of all time.

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Picture a city perfectly proportioned, with wide streets flanked by pink and orange houses, and splendid palaces graced with delicate mosaics, and great formal gardens with splashing fountains.

Picture too, lazy camels parked next to shiny taxis, and lively bazaars stocked with trinkets and carvings, and people in clothes so colorful they make the rainbow seem dull.

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If you come to India, and we hope you do, spend a few days in this up-to-date Arabian Nights' setting. Your travel agent or the Government of India Tourist Office will tell you how to get there, where to stay, and approximately how much it will cost. There is an office in New York City at 19 East 49th Street; in Chicago, 201 North Michigan Avenue; in San Francisco, 685 Market Street. And also in Canada.

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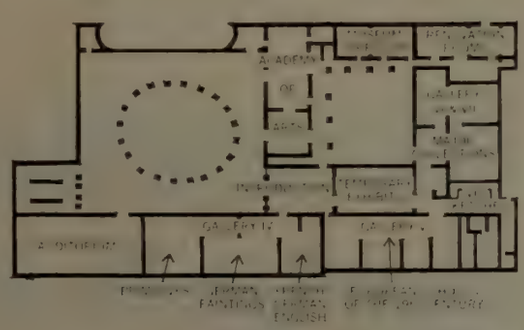
**Visitor admires statues** *encircling the spacious central rotunda of San Carlos Museum*

# Mexico City's newest (and oldest) museum

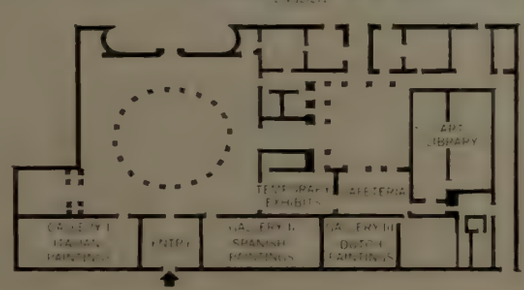
**Mexico City** has enough museums to keep a tourist busy throughout a two-week stay, if he did nothing else but visit one or two each day. A paperback publication that gives brief descriptions of them all is *Minute Guide to Mexico City Museums*, by Joe Nash (Editorial Minutiae Mexicana, Av. Alvaro Obregon 286-224, Mexico 7, D.F.; 6 pesos; mail order, 50 cents).

One, the San Carlos Museum, is said to be the oldest museum of art in the Americas. It was endowed by Charles III in the eighteenth century, but its entire collection of European paintings and sculptures was never on public display until last June when the museum moved into an old palace at Puente de Alvarado 17, two blocks north of the Monument de la Revolución.

The massive stone palace, itself a fine example of Colonial art, was built in the early nineteenth century for the Count of Buenavista. Now completely renovated, the museum (admission, 2 pesos) is open from 10 A.M. to 5 P.M. Tuesday through Sunday, and has a small patio cafeteria for lunch and snacks.



**Second Floor**
*Stone stairway, next to auditorium, leads to additional galleries*



**First Floor**
*Floor plan at museum entrance is in Spanish; ours gives English translation*

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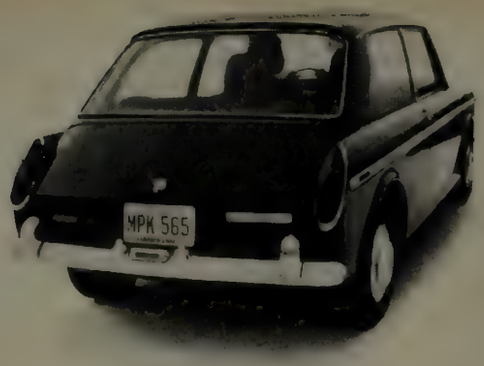


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**Looking west** *toward Ajijic and Jocotepec from quay in Chapala. Foreground tree is specimen of introduced Moreton B*

# Quiet winter holiday . . . at peaceful Lake Chapala

**The largest lake** in Mexico—Lake Chapala—is almost 60 miles long, 17 miles wide, 5,000 feet high, more gray than blue, blessed with an Elysian climate, and very easy to reach.

Because there is no night life (and no compelling reason to do very much in the daytime either), Lake Chapala is not assailed by the amusement-seekers who crowd Mexico's coastal resorts. Its lack of cathedrals, museums, stadiums, and festivals is accompanied by a noticeable shortage of hurrying, guidebook-carrying tourists. Yet, although it is a likely place for the quietest winter holiday you ever had, you can always bestir yourself from your sisal hammock in the poinsettias' shade for golf, horseback riding, swimming, boating, water-skiing,

**For $1.60 an hour** *you're motored around in a "lan enough for almost any family. You can explore distan*

ple-watching in the plaza, or conversation in the patio.

ny visitors to Guadalajara go to Lake Chapala for a few rs or a day or two. It makes just as much sense, if relaxa- is what you want, to have your base of operations at the eful, flowery lakeshore and drive or bus the fast 33 miles ie metropolis when you feel like it, for a day or an evening time. If you fly to Guadalajara (round-trip airline fare, Los Angeles: $145.80), you can rent a car right at the air- and drive to the lake without first going into the city.

u have school-age children and are willing to forgo Christ- at home, it's not too late to consider Lake Chapala as the cipal destination of a trip into Mexico during the two-week ol vacation. Driving all the way is not impractical, if you within a day or two of the border: the lake is about 1,150 s from Nogales, and even by taking four days each way he drive you could still have about a week in the area.

f the places to stay are located along the 15-mile stretch ore between the little towns of Chapala and Jocotepec, d by a paved road. You go as far west as Jocotepec to the products for which it is famous: heavy, handwoven e serapes, with old-fashioned flower patterns or bold Indian ns. In the small, somnolent village of Ajijic, you can shop itts at Helen Kirtland's Hand Looms, where you can buy y-made garments or yardage loomed right on the premises, t the silk factory of Neill James, where silkworms chomp on mulberry leaves and spin their golden cocoons to ly the raw material for the looms.

u spend Christmas in the area, some of your intra-family shopping might wait until you get there. And if you need x-use for late giving when you get home, you might re- ber that in Mexico the traditional time for exchanging stmas gifts is Twelfth Night, January 6.

Guadalajara's hotels and motels less than an hour away, ot too risky to seek Lake Chapala accommodations with- dvance reservations. It's highly advisable, though, to get nce confirmation if you want to be sure of staying at one e three places for which the mailing addresses are given e list below. When time is very short, your travel agent help or you can send a deposit ahead and hope for the If no space is available when you arrive at the inn of choice, you can recover the deposit and look elsewhere.

use many visitors want to be free to eat at different places, quoted for lodging generally do not include meals. Here

**Bite-size fish** *from lake are dried on shoulder of highway. Later they will be marketed as appetizers*

**Subtropical gardens** *flourish at 5,000-foot altitude of Lake Chapala. This bowered spot is a terrace of Posada Ajijic*

**Spaciousness** *of Hotel Chapala is unexplained. This room, plus bath, kitchen, and balcony, cost just over $2 a day*

**seasons,** *Lake Chapala can get high enough to wash over lks. This year it has dropped enough to expose beaches*

**Lake Chapala's outlet,** *Río Grande de Santiago, takes this plunge at Juanacatlán, not far from lake. Note boys in shal*

are places to stay in the Chapala-Ajijic section:

**Hotel Chapala,** in town, seldom gets into the guidebooks, but we found it comfortable and convenient. The picture on page 41 gives you an idea of what you get for about $2 per day.

**Hotel Nido,** near the *Chapala,* is another good buy, with an excellent restaurant specializing in the delicious translucent white fish *(pescado blanco)* for which Lake Chapala is famous.

**Villa Montecarlo,** in Chapala, is a restaurant only, but a fine one—where you can spend as much as $5 on a dinner.

**Motel Chula Vista,** Apartado 75, Chapala, Jalisco, Mexico, is new and pleasant, with a good dining room. Not quite on the lake, it is next to a golf course. The rate is $7.20 for two.

**Posada Rancho Santa Isabel,** Apartado 1, Ajijic, Jalisco, Mexico, is set attractively beside the lake, in fairly open country. Cottage apartments have kitchens. Rates are $5 to $6 for two.

**Posada Ajijic,** Apartado 12, Ajijic, last on our list, might very well be first among your choices, not only on Lake Chapala but anywhere in Mexico. It is a charming place, rambling through beautiful gardens at the edge of the lake, where quite properly it is the most expensive lodging: $10 to $12 for two.

**Results** *of throw-net casting the boys are doing in pictur at top of page. These are carp; other fishes are caught als*

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GLENN CHRISTIANSEN

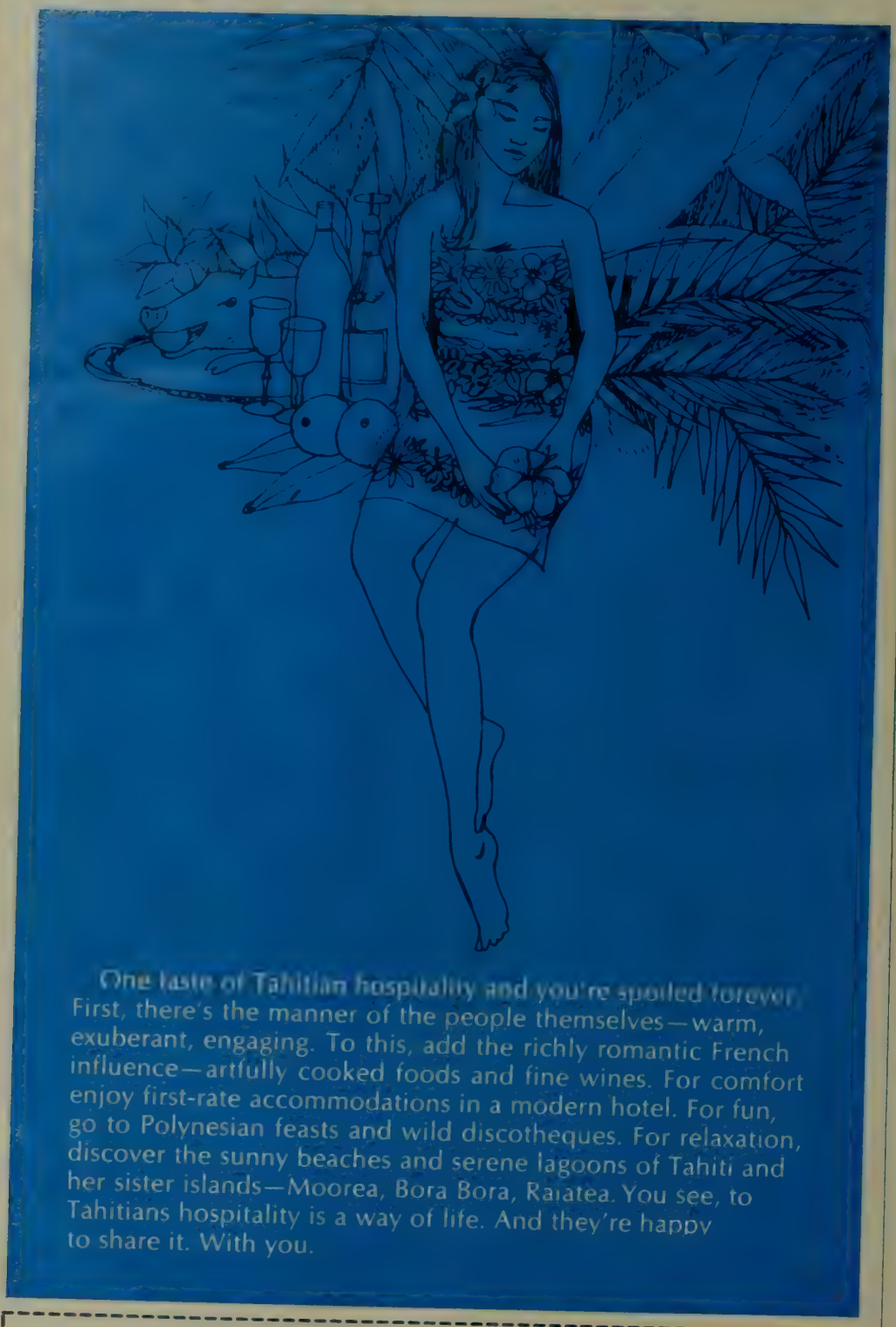
**Crafted items** *from many fields—pottery, weaving, sculpture, metalwork, leatherwork—will be sold at the Carmel bazaar*

# A Christmas Bazaar in Carmel on the December 7 weekend

**Original cartoons,** ceramics, handwoven cloth, and handworked metal will all be on sale in Carmel this month at the first annual craftsmen's Christmas bazaar. Well known California craftsmen in many fields will exhibit their work at the La Playa Hotel on the weekend of December 7 and 8 from noon until 10 P.M. For the preview on Friday, December 6, there will be a $1 admission charge.

The bazaar is presented by the Fine Arts and Crafts Festival of Monterey County, and a part of the proceeds from sales will

# In Tahiti, hospitality is a way of life.



One taste of Tahitian hospitality and you're spoiled forever. First, there's the manner of the people themselves—warm, exuberant, engaging. To this, add the richly romantic French influence—artfully cooked foods and fine wines. For comfort enjoy first-rate accommodations in a modern hotel. For fun, go to Polynesian feasts and wild discotheques. For relaxation, discover the sunny beaches and serene lagoons of Tahiti and her sister islands—Moorea, Bora Bora, Raiatea. You see, to Tahitians hospitality is a way of life. And they're happy to share it. With you.

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**tahiti**


GLENN CHRIST

**More creations** *at the bazaar: $180 $3.95 handmade tie, $14.95 and $8.5 ramic vases, $48 earrings, $120 gol*

go to finance other festival activities ing the rest of the year. Exhibits w arranged in the public rooms of the l and there will be music and enter ment as well.

The La Playa Hotel is at Eighth St Camino Real. If you would like to a group visit to the bazaar together an overnight stay in the town, arr ments have been made for bus tour special motel rates. For informa write to Fine Arts and Crafts Fes Box 1916, Monterey 93940.

## *Children sewing*

**Stitchery for Children** by Jacquel Enthoven (Reinhold Book Co New York, 1968; $7.95) is a one-a-kind book written with such sense of happy participation that is a challenge for anyone—child adult—to look at it without feel an immediate urge to try some the stitches.

Subtitled "A Manual for Teach Parents, and Children," it goes beyond being just a textbook. young stitchers' ideas are quot and the author tells stories ab youngsters' talents—which incid tally reveal her own ability to r ognize and develop their creativi Charming and surprisingly ad compositions by these young cra men are the result; many are sh in the book.

*Stitchery for Children* is illustra with clear working diagrams of stitches and easy-to-follow di tions. The author shows expe worked examples of each sti using subjects appealing to child a sailboat, sandpiper, turtle, li girl with balloon. This book wo make a good gift for the right ch

You have to really be in shape to get one inch away from an ant without squashing it with your camera.

x 155 Macrozoom camera can one inch to infinity. The ques- an you?

e answer is yes. Don't let a set y knees discourage you. Some st things in life don't come to you get close to them. Like Dew drops. Baby fingers, grass. Chocolate covered chil- ces. Etcetera. And after you've ie, you may want to pull back tograph faraway things. Like s or Suzy on the other side of lay candles.

this happens with a single ssal Bolex 8.5 to 30mm f/1.9 OM camera (no attachments ). And in case you didn't know, camera can match it.

Most ordinary Super 8 cameras can't bring you any closer to what you're shooting than 4 or 5 feet. Any closer and you're out of focus. (It's one of those things you find out after you buy the camera.) Which means that most of your movies will consist of standard, sleep-inducing medium shots.

The Bolex 155 Macrozoom gives you big, bold, gutsy close-ups to make medium shots meaningful, and long shots awesome. Like a professional.

And like a professional, you can make titles, shoot slides, superimpose one shot over another, photograph photographs, and give your movies continuity, because every Bolex 155 Macrozoom comes with an invention called The Multitrix (no extra charge).

What price glory? A few deep knee bends and $300.

# Bolex 155 Macrozoom

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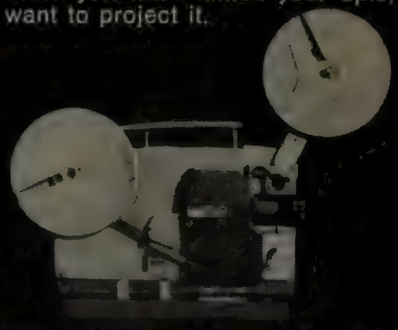
Once you have filmed your epic, you'll want to project it.



Bolex offers two fabulous Super 8 projectors, one silent and one with sound. The 18-5L silent projector is truly silent (no mmm, iiiiing, or zzzzzz) which allows you to narrate your films without risking laryngitis.

The SM-8 magnetic sound projector comes equipped with a microphone to record single or multiple sound tracks of effects, music, or narration—allowing you to produce and project completely professional sound films.

Both projectors are as simple to operate as a simple tape recorder, compact (no lugging around), reliable (they start when you start), and very reasonably priced.

**In 1880** *the Telegraph Avenue entrance to the Berkeley campus looked like this. UC held its first classes here in 1873*

# Gift idea . . . for a Bruin or a Bear

**Is there** a University of California graduate in the house? If so, here's a book you may want on your coffee table.

Its full title is long—*The University of California: A Pictorial History*, by Albert G. Pickerell and May Dornin (University of California Press, Berkeley 94720; $12.50). In 326 pages it celebrates the centennial of this "multiversity" which starts its second century with nine campuses and almost 100,000 students.

This is a special, nostalgic college annual, with more than 600 photographs and just enough running text to add historical perspective to the pictorial miscellany. All the campuses appear, including brand new Irvine and Santa Cruz.

For anyone on your Christmas list with a UC interest, this is a bargain among large-format pictorial books these days.

**In 1927** *basketball player Ralph B was class valedictorian at UCLA— Vermont Avenue (pre-Westwood) c*

**In 1914** *three coeds from the Colle Agriculture in Berkeley came up to campus for practical farm exper*

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cture tubes are protected by high e steel bands bonded right to the Cabinets are built with rugged ast frames of space-age material. its are deep-etched copper. al components are actually set sealed in epoxy to keep them aligned for a lifetime. And solid-state devices replace troublesome tubes.

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Like a closer look? Then come to this land where pictures are brighter and sound lasts longer.

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Top left, the captain holds **The Baton.** Solid state 100 mw. transceiver. $59.50*. Top row, left to right: **The Touch-A-Tune.** Solid state FM/AM battery/plug-in radio with automatic touch tuning. $59.50*. **The Porta-Corder.** Solid state battery/plug-in cassette tape recorder. $99.50*. **The Nassau.** 12 transistor FM/AM battery/plug-in radio. $79.50*. **The Londonaire.** World's slimmest FM/AM solid state shirt pocket radio. $34.50*. Bottow row: **The Sun Valley.** Portable TV with snap-on "Sun Screen". 75 sq. in. picture. $99.50*. **Spectrum II C2A.** Portable color TV. 69 sq. in. picture. $289.50*. **The ConverTable.** Combination table/portable radio. Solid state. FM/AM. $94.50*. *Mfr. sug. retail price.

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**Two fierce warriors,** *traditional door inside garden entrance to Tapestr*

# *The Tapestry H in Oroville*

**Oroville** has added a new Tapestr to its already renowned Chinese T giving this northern California city extensive Chinese art museum. Wit austere but stately walls are tap and other objects of art donated scendants of Chinese families w grated to Oroville during gold rush

Although legend says that E Quong She of the Ching Dynast money to his displaced subjects to the temple in 1863, and that the brass incense burner now sitting entrance to the museum was his p gift, records indicate that the tem the contribution of Oroville's C laborers and that the urn, too, w for by the Chinese residents.

Today only this temple and a few brick buildings remain of what wa 1870's one of the largest Chinato California. In 1935 the temple was to the city to be used as a museu

The two buildings are connected open courtyard and garden with ful copper pagoda and small re pool surrounded by Chinese pla

Admission is free, but donations the museum's maintenance are s The doors open only at the begin guided tours; these start at 1, 2, P.M. daily, and also at 10 and Friday through Tuesday.

Located on Broderick Street beh levee of the Feather River, the complex can be reached by tur State Highway 70 at the Mon Street exit and proceeding eastw lowing the green stripe on the st

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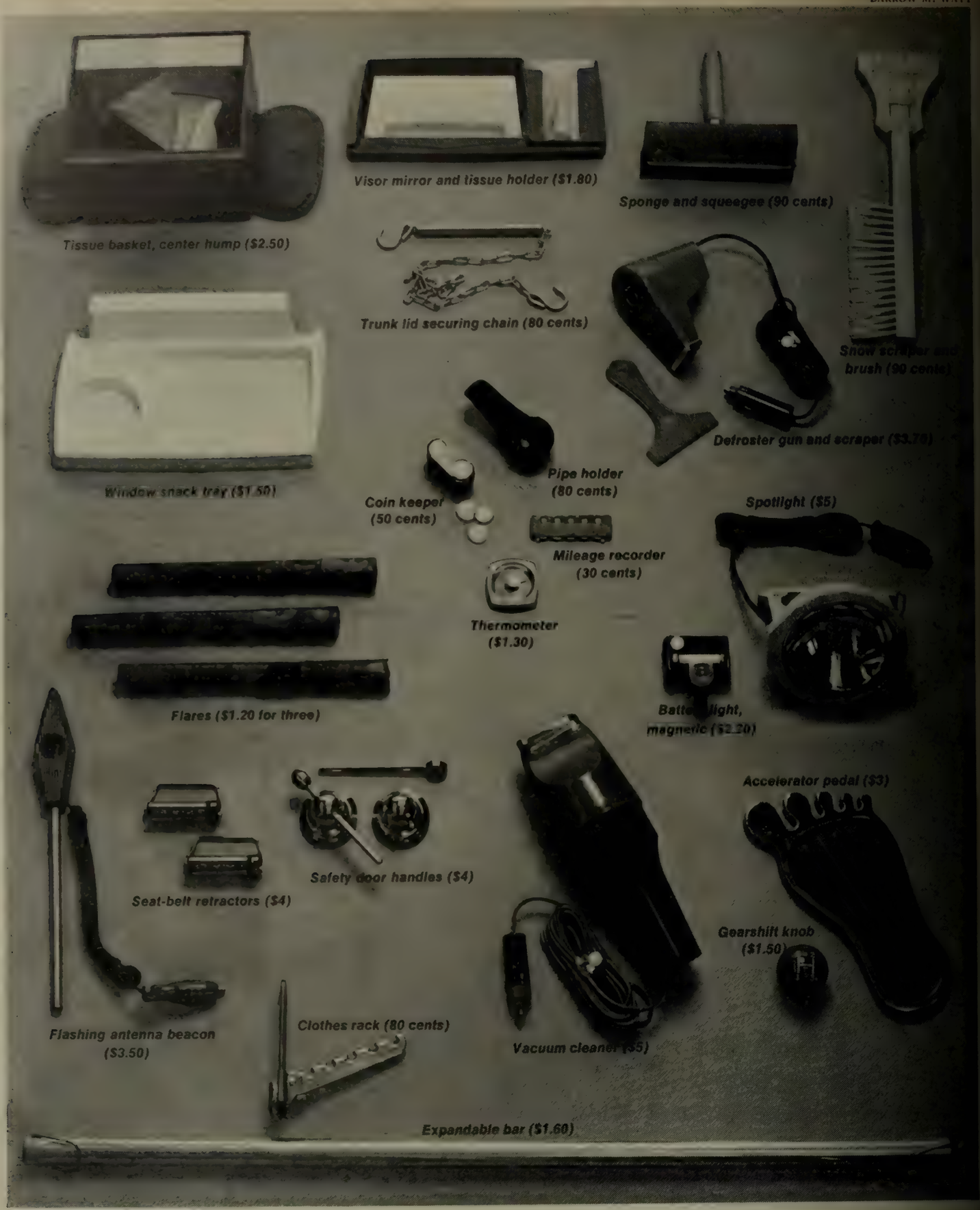


# There's something here for almost any owner of a car

**First-time** automobile owners, se travelers preparing for winter, drivers concerned with safety sho preciate one or more of these gi cost $5 or less, and some are small to fit into a Christmas stocking. cated them in auto supply stores order catalogues, service station department stores. Prices may var store to store.

# For rent. Vacation cabins on the water.

**7-34 day occupancy. January & February From $245***

Nicely furnished. Air-conditioned. Private bath. Closed circuit TV. Pool. Spacious sun decks. Built-in gym, sauna, game rooms, theater, all recreations. 4 gourmet meals per day included. Live-in serving staff of several hundred attentive Italians. Conveniently located on board two of the newest cruise ships afloat, the Princess Italia and the Princess Carla. Between Los Angeles, Mexico, the Caribbean, Panama and South America. *Round trip

SAFETY INFORMATION: The Princess "Italia" and the Princess "Carla," registered in Italy, meet International Safety Standards for new and existing ships developed in 1960, and meet 1966 fire safety requirements.

Charge it on Diners Club with two years to pay.

Call your travel agent or send in this coupon today.

**PRINCESS CRUISES**

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Yes. Vacation rentals interest me. Please tempt me further with free Princess Cruise literature.

Name _____

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City _____ State _____ Zone _____

DARROW M.

# Gift ideas for new bird watchers and also for old bird watchers

**Most Westerners** will confess some in in wild birds. The gift suggestion tured above include a wide range of in various price ranges to please t casional watcher or the serious st There are bird foods and feeder will attract wild birds into your g

*sion Bay, great aquatic resort and Sea World's fun-show!*

*Cruise the Harbor, see your Navy!*

*Diego Zoo, world's largest! Bus tours, Children's Zoo; in Balboa Park, city's cultural center*

*65 golf courses; year-round play*

*the first Mission, place of California.*

# Escape to excitement!

## 200th Anniversary in '69

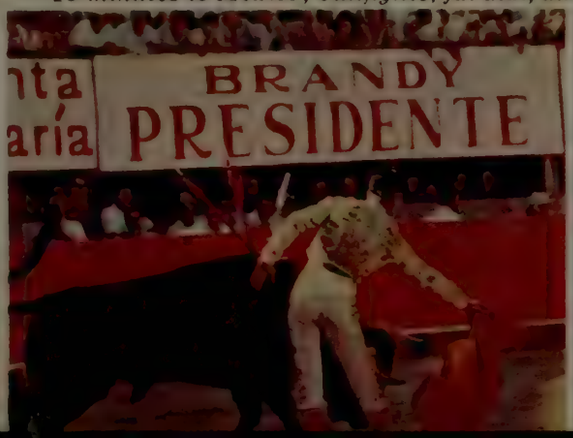
*Join the adventurers . . . make a break for California at its best: exciting San Diego! More to see and do . . . in America's finest climate. And '69 is the year to make your escape. Come join the year-long celebration of our 200th Anniversary. Write for free "Escape Kit." Convention & Visitors Bureau, Dept. S-12, 330 A St., San Diego, California 92101.*

**san diego**

*Water sports; 70 miles of beaches*

*for marlin, yellowtail!*

*15 minutes to Mexico; bullfights, jai alai, duty-free shopping!*



*Racing at Caliente and Del Mar!*

Boeing's new
people-pleasing 737
is busy serving more than
100 cities and towns
in 14 countries.

With a cabin as wide as
an Intercontinental 707's,
the 737 is the first
short-range jetliner
to treat travelers
to big-jet comfort.

Next trip, fly this
great new Boeing jet.

**BOEING 737 TWIN**

These airlines have ordered 737s: Air California, Air Madagascar, All Nippon, Aloha, Avianca, Braathens, Britannia, Canadian, D.E.T.A. (Mozambique), [illegible], Lufthansa, Malaysia-Singapore, NAC-New Zealand, Nordair, PSA, Pacific Western, Piedmont, South[illegible], United, VASP-Brazil, Western, and Wien Consolidated.

oculars and telescopes for better ob-
vation of birds at home or in the field;
l field guides, reference books, and bird
ordings to help you identify the birds
see.

**acting birds.** Most pet shops and feed
es carry a selection of wild bird seed,
kaged or in bulk. A handful of seed
cake of suet in your garden or patio
greatly increase the number of bird
tors. Bird feeders and bird baths,
ilable in most pet shops and garden
ers, help concentrate the activity in
rticular location. With a little thought
preparation, you can even "stage
age" the feeding activities within the
focused view of your spotting scope
amera.

oys and duck calls, normally a part
he hunter's paraphernalia, work
lly well in attracting waterfowl for
photographer or bird watcher. Bird
and recorded bird songs often arouse
curiosity of wild birds.

**rving birds.** Binoculars are the bird
cher's most useful tool. Many bird en-
iasts keep a small pair of "opera
ses" on a window sill or coffee table,
ised and ready to bring an unexpected
en visitor into better view. Serious
watchers recommend a pair of binoc-
with a magnification of at least seven
s what you would see with the naked
and a front lens with a diameter of
ast 35 millimeters (written 7 x 35).

field study, you should select light-
ht binoculars that fit comfortably in
hands.

ting scopes, particularly those with
lenses, offer a wider range of magni-
ion and focal length and can be easily
ted for telephotography. Binoculars
usually hand held; most spotting
es require a tripod. Spotting scopes,
plete with tripod and carrying case,
e from $20 to more than $250 in price,
are available in many sporting goods
s, camera shops, and some supply
es for optical and scientific instru-
s.

ong-lens photography, you can adapt
st any single lens reflex camera with
terchangeable lens to use with a spot-
scope or telescope. Most spotting
e manufacturers offer telephoto and
ra adapters for this purpose. For na-
photography in the field, a hand-held
e lens reflex camera with a 200-mm
hoto lens is more mobile than the tri-
mounted combination of camera and
ing scope.

**ifying birds.** The most respected field
to Western birds is still *A Field
e to Western Birds*, by Roger Tory
rson (Houghton Mifflin, Boston,
$4.95). You might also consider the
somely illustrated reference books
art print collections available for
$15 to $75.


# See. And ski.

No wonder they made a national park out of Yosemite. There's some of the most beautiful scenery in the world. And on top of all that, good skiing. For the whole family.

With well-maintained slopes at Badger Pass. And an expert ski school teaching the American technique.

The after-ski life is busy. Nic Fiore, Winter Sports Director, keeps things going. Ski supper dances. Outdoor ice skating. Horse-drawn sleigh rides.

There's a variety of restaurants, for a gourmet dinner or a quick snack. A new one, The Cantina, opens this winter.

Stay at the world-famed Ahwahnee, a hotel in the grand manner. Or at the skier's favorite, Yosemite Lodge. Or at the Glacier Point Mountain House, perched on the edge of the greatest views in the world. The road will be open this winter, for the first time in history, to within two miles of Glacier Point. We'll take you the rest of the way in our snow cat.

A special mid-week vacation package is available for skiers, Sunday through Friday, from January 1 through March 28 (except February 12 and 22). You get your room at Yosemite Lodge, two ski lessons, and use of all lifts and ice rink, for as low as $10.35 per person, per day (double occupancy). And if you stay 6 nights, you get the 7th night free.

For reservations or information, call (209) 372-4671 or write us. Or ask your travel agent.

If you'd like a color folder on Yosemite, send us this coupon. You'll see how beautiful skiing can be.

NAME

ADDRESS

CITY STATE ZIP S

**Yosemite**

**Park and Curry Co.**
Yosemite National Park, California 95389

GLENN CHRISTI

Bright entry lights say welcome

*Potted trees, pruned as globes and brilliantly lit with pin-lights, lead guests along entry path to a pre-Christmas*

# For a bright Christmas ...the little lights

Here's a report on *Sunset's* experiments with the little lights, both pinpoints and bulb miniatures. And here are new ways to use both of them

**t lights** are among the oldest of tmas traditions—they helped drive the dark during the shortest days of ar. The tiny white lights shining on pages recall the charm, but not the rs, of old-fashioned Christmas tree s.

strings of small lights are not only but far more versatile than candles ere. You can use them indoors or rm patterns with them, light your plants or table decorations. The give off so little heat that you don't to worry about damaging leaves, or furniture finishes.

been experimenting with the lights eral years, using them on living cut material, and over metal arma- without finding any serious limita- We have discovered a few tricks ake them easier to arrange.

g bulbs just where you want them h easier if you use wire garden ties. es are usually covered with green or plastic, and short lengths will e bulbs in the right place without oo conspicuous.

ectric wire of the strings comes in white, or a neutral brown, depend- the kind of lights you buy. The lmost disappears on plant material. utral shade is not much more no- e. The white is intended for use ocked Christmas trees, and shows much elsewhere.

When you arrange the lights, use lots of them and place them fairly close together. Since there is no glare and very little heat to worry about, you obtain the most striking effects with a dense concentration of bulbs.

Test the strings by plugging them in before you put them on a plant or into an arrangement. They are so small that they disappear in foliage when unlit, and if one is broken or is not screwed in tightly, you can find it more easily before the

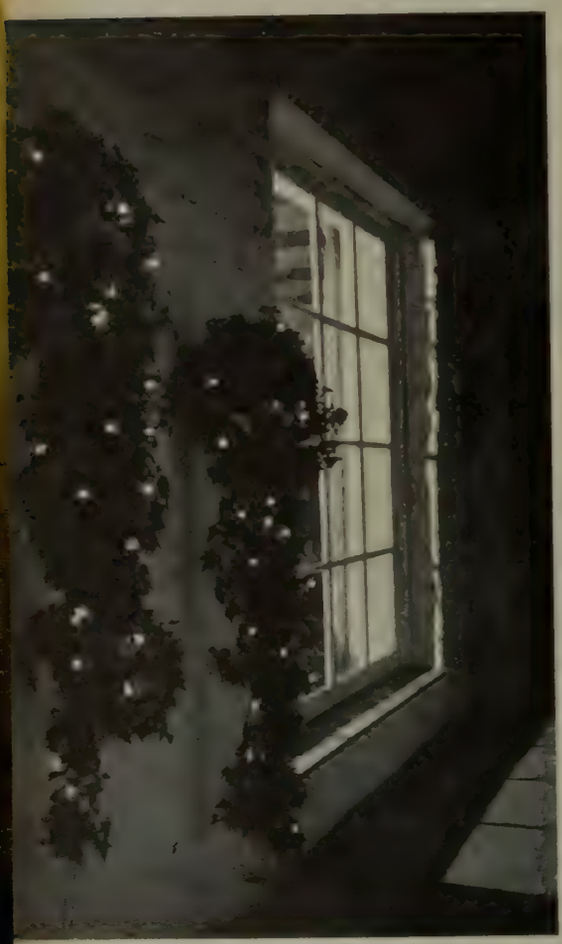
**Tiny lights** *on topiary box (or on ivy globes) replace candles for a buffet*

GLENN CHRISTIANSEN

**Crowning** *the holiday table, this suspended wreath replaces the usual dining room fixture. Chicken wire frame hung from ribbon-covered wire*

Little lights high over a table . . . or just high overhead. Little lights dividing a room . . . lighting an entry

DARROW M. WATT



**Hanging plants** *are particularly good with small lights. You can use small-leafed ivy, asparagus fern, or sedum*

**Room divider** *uses fir boughs, small lights on chicken wire. Board stapled to bottom holds the frame straight*

ng is wound into something else.

sure to buy extra bulbs when you buy strings; later you may find that they unavailable. It's a good idea to buy ugh extras to have a supply for several istmases.

plain white lights come in two basic es: pointed cylinders imitating a can-flame, and slightly larger globes. You purchase colored bulbs for either of e shapes, or choose from a number of e ornate colored-light strings that frosted bulbs or plastic reflectors.

tever the kind, there are 20 bulbs on string. All must be in place and ved in tightly before the string will , but you won't have the old problem arching for the burned-out bulb on rkened string, since the rest of the g lights up even when some bulbs are ed out.

s per string vary, but for white lights will pay about $5 or $6.

y of the kinds of small lights will kle—that is, they will blink on and a random sequence or all together. u like this effect, ask specifically for winkling kind. But if you don't al- know what they're like, beware; onstant blinking can be tiresome and nercial-looking.

blinking is produced in two ways. the pointed bulbs, each bulb blinks e elements inside first heat, then cool pening and closing a contact. You buy a whole string of bulbs that do or do not blink. The twinkling ndom, with each bulb acting inde- ently. The globe-shaped lights are olled by the first (somewhat larger) and all blink together. You need only ce the master bulb for steady light.

nly point of caution applies to any ical apparatus used out of doors or mp locations. Be sure to buy out- strings for these uses, use only heav- sulated extension cords, and keep protected. And, of course, be sure nt is disconnected before touching ghts or cords.

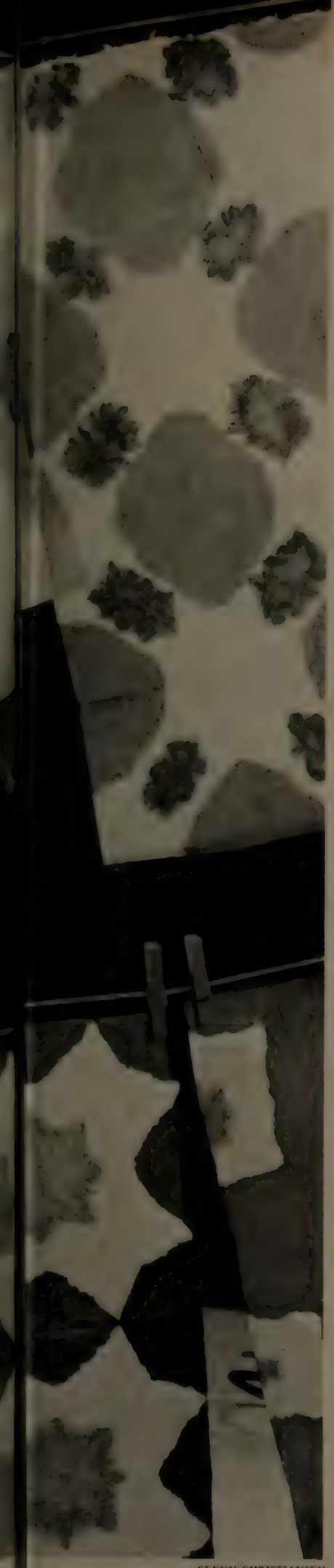
## It's made with three hula hoops

**The hula hoop** *is back, and serves here as the frame for a giant Christmas ball. Three sizes fit one inside the other. Rosemary decorates the hoops, each of which is wrapped with two strands of pinpoint lights. If you have hoops, they're light and sturdy. If not, use heavy wire*

**While one design** *goes on the line to dry, another one is just emerging in the hands of the instant artists in the backgroun*

# Making fold-and-dye paper makes you an instant artist

## And here is a foolproof way to proceed



GLENN CHRISTIANSEN

*aper must be unfolded with care*

**Once you've started,** it's difficult to stop making these papers—the next one you fold and dye may be even more spectacular than the last. Children love the project; they can't wait to see the results. And adults like it because it's fast, easy, and almost foolproof.

We tried tube water colors, concentrated transparent liquid water colors, and food coloring (all diluted with water). We found that tube water colors require a large proportion of pigment to water for deep color; that liquid water colors are relatively expensive, but available in a magnificent spectrum; and that food coloring is highly satisfactory as a dye but somewhat limited in color range.

You can use any tough, absorbent paper; paper towels, for example, dye well. For the most part we used medium-weight rice paper so the dye would penetrate through the folds. Sheets with a fiber pattern, 2 by 3 feet in size, cost about 17 cents each. Rice paper in a wide variety of weights, quality, and sheet sizes (and in rolls) is sold at art supply and some Oriental merchandise stores.

You can fold the paper in almost any direction—lengthwise, crosswise, or diagonally—using an accordion-fold technique. The folded packet shouldn't be too thick or the dyes won't reach the center.

Dip the paper in the dye bath, corner or end first. You can control the spread of color by the length of time you leave it in the bath; if you remove it and quickly press out the excess color between sheets of paper toweling, you can stop the dye from spreading and force it evenly through the paper layers.

Unfold the wet paper carefully, then hang it to dry. While the colors are still wet, be careful sheets don't touch each other.

To see the fold-and-dye ornaments we made, turn to page 64.

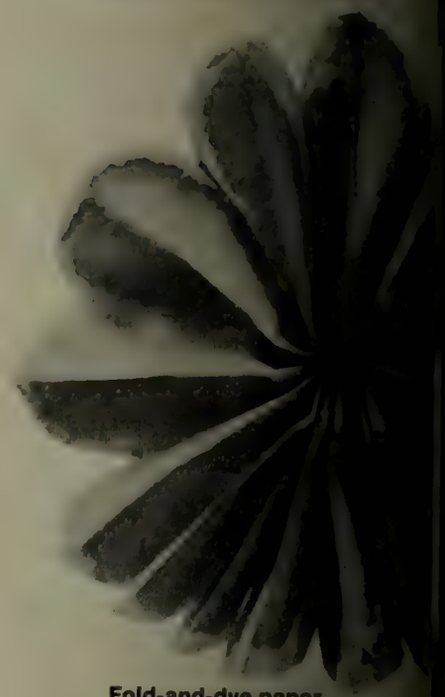
**Dyes** *penetrate best when paper is folded back and forth, accordion fashion. Feel free to experiment*

**Gift boxes** *wrapped in papers off the line at left. Cigar box covered with paper, using spray-on rubber cement*

# The surprises you hang on the tree are all yours

## You made them . . . using yarn, folded paper, sheet aluminum, beeswax, baker's clay

Baker's clay Scots Santa



Fold-and-dye paper

GLENN CHRISTIANSEN

**One of Three Wise Men,** *this ornament is aluminum, painted with acrylics*

**The ornaments** that you and your ch have made with your own hands are the ones you treasure more than any else you put on your Christmas tre our cover and in the photograph at we show a collection of bright, gay ments that even young children can with the help of their mother or an brother or sister.

Two are reminiscent of Mexican fo —the folded aluminum ornaments p with acrylics or with transparent stain (these look most like the tin ments from Mexico), and the flat ornaments with yarn pressed into beeswax.

The fat yarn flowers require only knowledge of sewing and are easy semble; you can make one in abo minutes. The fold-and-dye paper ments grew out of a larger proje folding and dyeing gift wrap (see 62); they're faintly Oriental in appe and wonderfully rich in color. An group of ornaments is made of clay, a versatile and inexpensive m that's a great favorite with childr

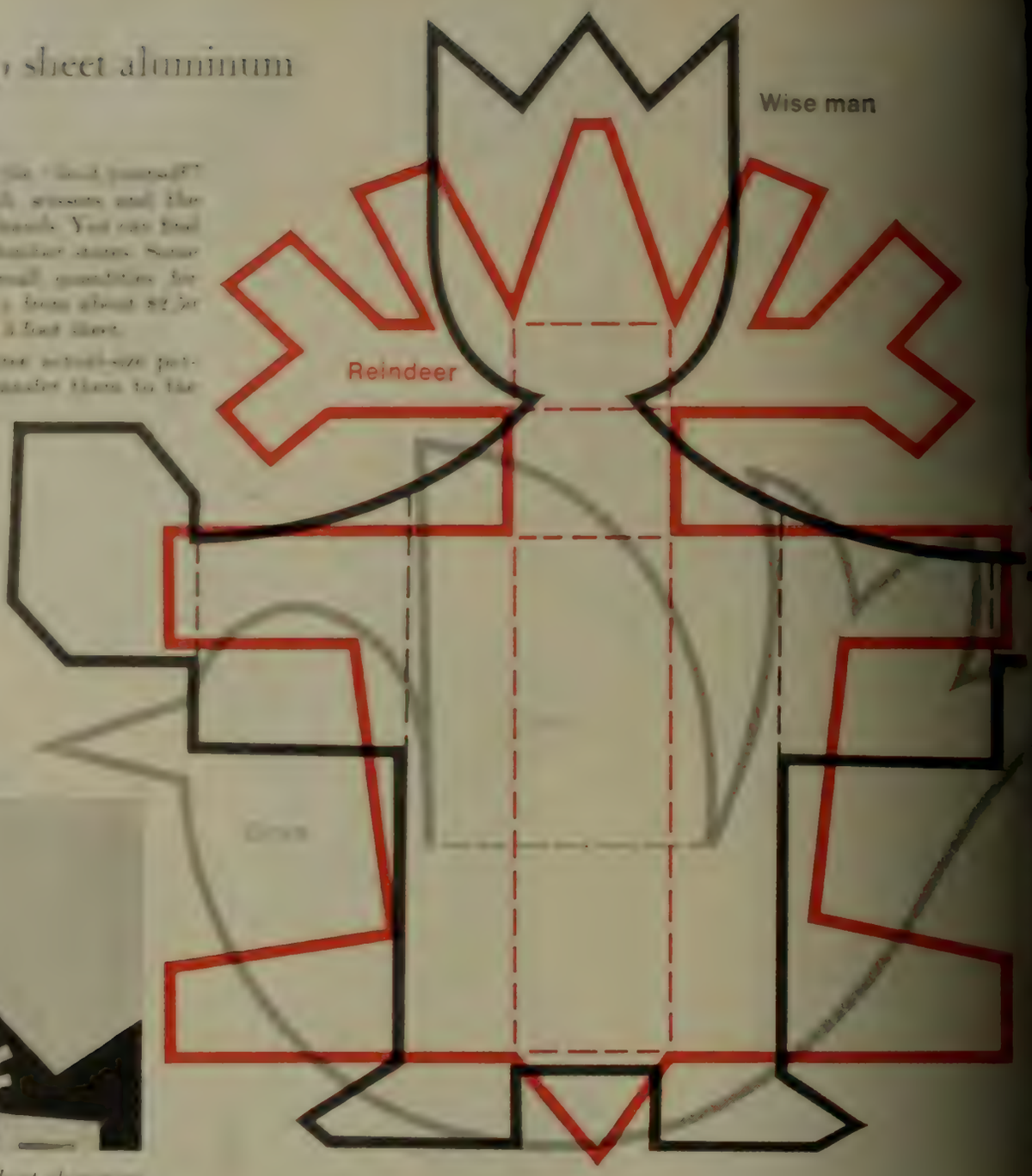
For instructions on how to make t types of ornaments, please turn the

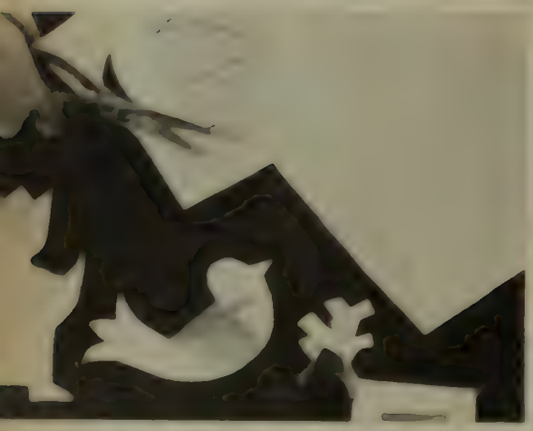
Baker's clay package
Fat yarn rosette
Yarn pressed into beeswax
Sheet aluminum (tin snip) bird
Baker's clay tree
Yarn pressed into beeswax
Baker's clay medallion
Fold-and-dye paper
Baker's clay bell
Sheet aluminum (tin snip) reindeer
Fat yarn rosettes

# You snip sheet aluminum

**Soft sheet aluminum**, the "[illegible]" type, can easily be cut with scissors and the edges need not cut your hands. You can find it at local hardware-leather stores. Some supplies stores sell small quantities for over 10¢. Prices vary from about 8¢ to [illegible] (and) for a 2 by 3-foot sheet.

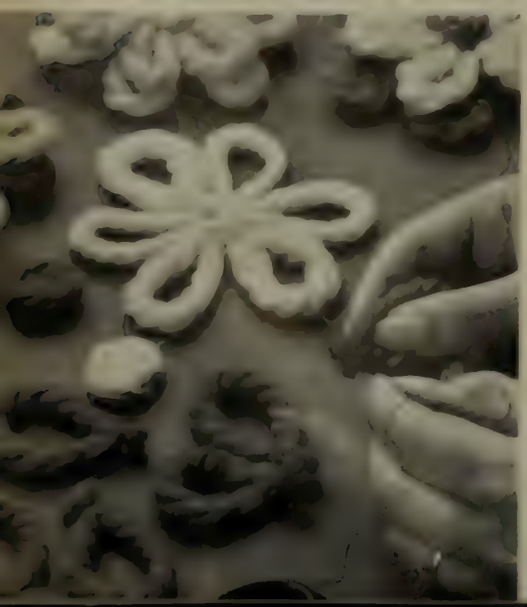
Trace each of the three actual-size patterns at right and transfer them to the aluminum. Bend the shapes before you paint them. Use transparent glass stains (like those used on Mexican tin ornaments) or acrylic, or that gives you opaque color. When the ornament is finished, punch a hole in top for a hanger.



**Snip out** *shapes from sheet aluminum*

**To shape flower** *run thread through petals; pull together tight and knot*



# You make flowers of fat yarn

**Wild and wooly flowers** are fashioned of contrasting colors of yarn gift tie. Vary the colors for a whimsically decorated Christmas tree. The gay colors also combine effectively with Mexican ornaments.

Try experimenting with unusual color combinations; the most unlikely colors make attractive ornaments. We used purple with green, orange with pink, and turquoise with olive green and got striking results.

Cut six pieces of yarn 5 inches long in each of two colors (12 pieces altogether). Secure each piece of yarn into a petal-shaped loop by winding and tying ends togeth with thread. Then form each group of petals into a circular flower shape by ru ning a thread through the ends of t petal; pull together and knot. Sew the tw assembled flowers together back to back

For the flower centers, cut a 4-inch pie of yarn from each of the two colors. Fo each piece into a circle about the size a 25-cent piece and stitch securely. S these to the centers of the assembled y flowers to cover the cut ends of petals

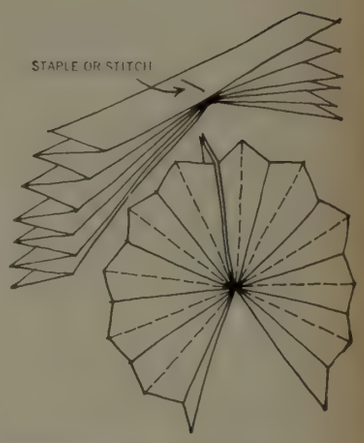
The ornament can be hung on the tr with one of the petal loops.

**or effects** *can be very subtle on these dyed ornaments*

# You use fold-and-dye paper

**These simple** paper ornaments were made by the fold-and-dye technique described on page 62. You can experiment with the dimensions to vary the finished size; for these 4-inch-diameter ones, we accordion-folded a 4 by 7-inch sheet of rice paper, making ½-inch-deep folds.

Be sure to have the last fold open to the same side as the first fold. Staple the folds together in the center (clip a corner off each end if you want a scalloped effect); then dip the ornament in dye. Let it air dry, then fan it into a circle and clip the free ends together. Hang each ornament with a loop of string.




**Sketches** *show accordion-folded paper, stapled in center, spread in circle*

# You shape, bake, paint baker's clay

**er's clay,** an inedible dough, is a mate- used in the very old art of orna- tal baking. Painted with water colors sprayed with clear plastic or lacquer, akes Christmas ornaments that have t charm.

make the clay, combine 4 cups of un- d flour, 1 cup of salt, and 1½ cups ater in a bowl. Mix well to form a dough (add more water if necessary), remove to a board and knead for t 5 minutes.

a rolling pin to roll the dough out to ch thickness (don't make the orna- s too thin), then cut the shapes with ife or cooky cutter. Lift each one to oky sheet and decorate with little balls or ropes of dough or use any handy kitchen tool to create textures—for example, dough pushed through a garlic press for hair or evergreen branches. Finally, make a hole with a pencil point at the top of the ornament for a hanger.

Bake the ornaments in a preheated 350° oven for about 1 hour or until hard—use a tester to be sure they are done—then remove from the oven and transfer to a rack to cool. To finish, paint the ornaments with water colors or poster paint, then give them a coat of clear varnish, lacquer, or plastic. This will prevent their getting soft and spoiling. NOTE: *Don't try to double the dough recipe, and use it up within about 4 hours.*

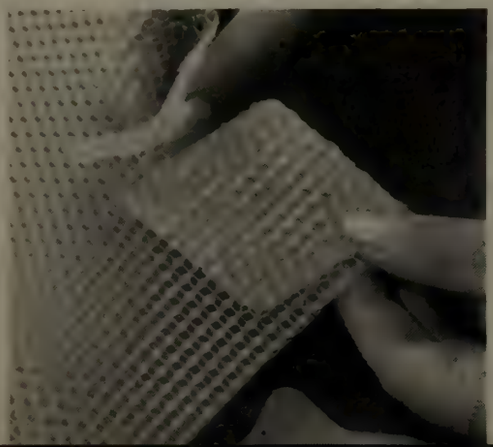
DARROW M. WATT

**Cut shape** *from dough, decorate, bake*

# You press thin yarn into sheet beeswax

**ican-inspired** yarn ornaments are deli- and colorful additions to a Christmas For each ornament's base, cut an ne from thin cardboard. Then lay a of beeswax over this form and trim your fingernail to fit the cardboard. e on a warm surface to soften bees- just slightly, then remove and firmly into the cardboard. Beginning at uter edge of the ornament, press thin, tly colored yarn into the wax. Warm rnament occasionally so the yarn will to the wax. Vary the yarn color and e the pattern as intricate as you wish.

**Trim** *the beeswax to the same size as the cardboard outline with your fingernail*



**Soften** *the wax, then press on yarn to fill outline and create an intricate design*

**Flower stocking,** *basketball shoe, roller skate, ice skate, snip pattern sock, bare foot, cowboy boot—all made with colorful cut f*

# Cheerful hang-ups for Christmas Eve

Not all our felt stockings really are stockings. One's a boot, two are skates, one's a bare foot, one's a shoe. But all are surprisingly easy to make

GLENN CHRISTIANSEN

*or white-glued. Bare foot, flower stocking, snip pattern are easiest to make, but none really is difficult; all are inexpensive*

***tmas** goodies tumble from bare foot*
*tocking, one of many possible designs*

DARROW M. WATT

**Christmas stockings . . .** and shoes, boots, skates, even a bare foot, all of colorful felt. These bright and cheerful productions will make your holiday mantel the gayest it's ever been, with the "stockings" as much fun as the gifts inside.

The stockings hanging here—designed for us by Suki Graef of Venice, California—take very little effort to make.

First make a basic boot, shoe, or stocking pattern and sketch its outline onto felt; then sew or glue on the felt or pompon trim. Just be sure the stockings are wide enough to accommodate Santa's hand when he stuffs in the gifts.

Using such a simple technique, you don't have to be an artist or a seamstress. Ideas for the stockings can be taken from any kind of footwear. If your son is an avid equestrian, a cowboy boot might be appropriate; if your daughter has dreams of performing in the ice follies, a skate might be the right choice for her.

Our stockings measure 11½ inches from heel to toe, 14 inches from heel to top. We could cut six stockings from 1 yard of felt measuing 72 inches wide. Felt scraps measuring about 9 by 12 inches are available for trim at most yardage stores. Other kinds of trim, such as the pompons and buckles, are available in yardage stores or the notion sections of large department stores. We were able to make each stocking for less than $1.

**Displayed** *on sideboard is an array of food gifts and containers. Top shelf, left to right: two cruets of vinegars, wire-sealed bottle with dried fruits, bottle of chocolate sauce, glass-domed cheese board. Middle: shakers of Turkish coffee, cinnamon-sugar, praline; corked bottles of sesame and olive oil, egg basket of c bottle of wild berry sauce. Bottom: earthenware pot cassoulet ingredients, antique jar of almonds, bottle of eg tin with pound cake, jug of teriyaki marinade, crock of c*

ERNEST

# From my kitchen to your kitchen

## . . . food gifts in classic containers . . . or in turn-of-the-century containers

**nctive** containers, nostalgic or new, filled with good things your kitchen or garden, make appealing gifts at Christ- ime. You might fill a French pottery crock with all the ngs for a hearty cassoulet; pour flavored vinegars into cruets with bright caps; or gather winter fruit or nuts rrange them in a wicker basket.

ng the old-fashioned containers available this year in cook- shops are wire-sealed jars and bottles, stoneware jugs, topped crocks, glass shakers and cruets, and milk-glass stands.

nay also find such other useful items as individual bread- ls (or a home craftsman can make them for you), French- cookware, and decorative Mexican tins.

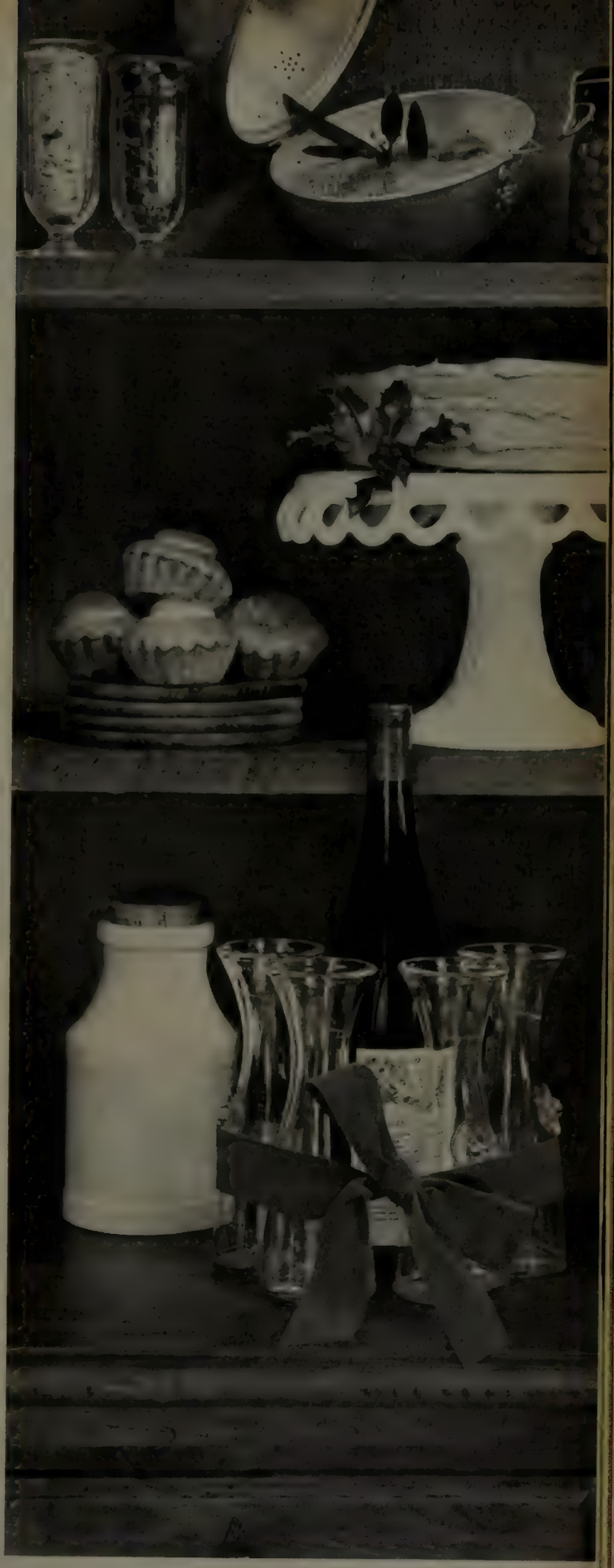
n here holding homespun gifts, these containers are ready e final touches: Christmas greetings, special recipes, and parent wrappings.

gifts of food are meant to travel from one kitchen to er. Most of them don't belong under the Christmas tree. l packages explicitly so the recipient will place them. ly in the refrigerator, freezer, or wherever they should go.

ldition to those pictured, foods that make appropriate nclude wild berry jams and jellies; a spray of herbs from arden in a wire parsley basket; assorted sausages with g board and knife; butter-toasted, seasoned nuts in wire- d jars; freshly grated horseradish and Chinese mustard in small stoneware containers; bulk coffee beans and tea isters.

ew French bulb-shaped liter bottles could hold home- maple-flavored syrup and orange-flavored honey with to seal them. Small earthenware soufflé dishes might de- a selection of candied fruit peels.

night pack apples or winter pears from the garden in a vegetable basket. Lemon curd or whipped honey butter all tin containers and marmalade or fruit chutney in jam lso make thoughtful food gifts.



**Gift packages** *on top shelf: parfait glasses with toppings, rice ball with rice and herbs, marinated garbanzo beans. Middle: breadboards and brioche, cake pedestal with cake. Bottom: jar of poultry baste, wine and ¼-liter servers*

**From her perch** *on dad's back, Jennifer gets face-to-face with a munching cow. Inside bag, seat is adjustable; there's storage l*

# Christmas gift for a new father . . . or father-to-be

**Young fathers** can look forward to their weekend baby-sitting chores with greater enthusiasm (or less dread) if they have one of the packs shown on these pages. New designs with sturdy, washable materials and lightweight metals have popularized baby toting. And with a baby pack, many couples find that they are almost as mobile as in pre-baby days.

The two main types are: soft packs, sometimes reinforced in the seat or back with a hard material, costing from $3 to $12; and metal-framed packs, $9 to $20.

You can pack a child only a couple of months old as long as there is support for his neck and head and he enjoys it. With a sling, the child can sit at your hip and you can cuddle him in the crook of your arm. Another type of infant pack ties on either the front or back and comes with a reinforced pad that snaps in place to support the baby's head. These lightweight cloth packs fold into a compact package when not in use.

You might consider one of the metal-framed packs for a six-month-old child whose increased weight is more easily supported in a bag suspended on the carrier's back. In packs where the child faces forward, he is within a hair tug of

**Child** *can ride sling in back or fro cream stains wipe off the pack m (but not off dad's shirt). Cost: abo*

**ing** *for young child who needs protective arm. It s best on short jaunts, is easy to store. Cost: about $5*

**Carrier frame** *distributes weight evenly for comfort on long hikes. Seat snaps out. Pack costs about $18*

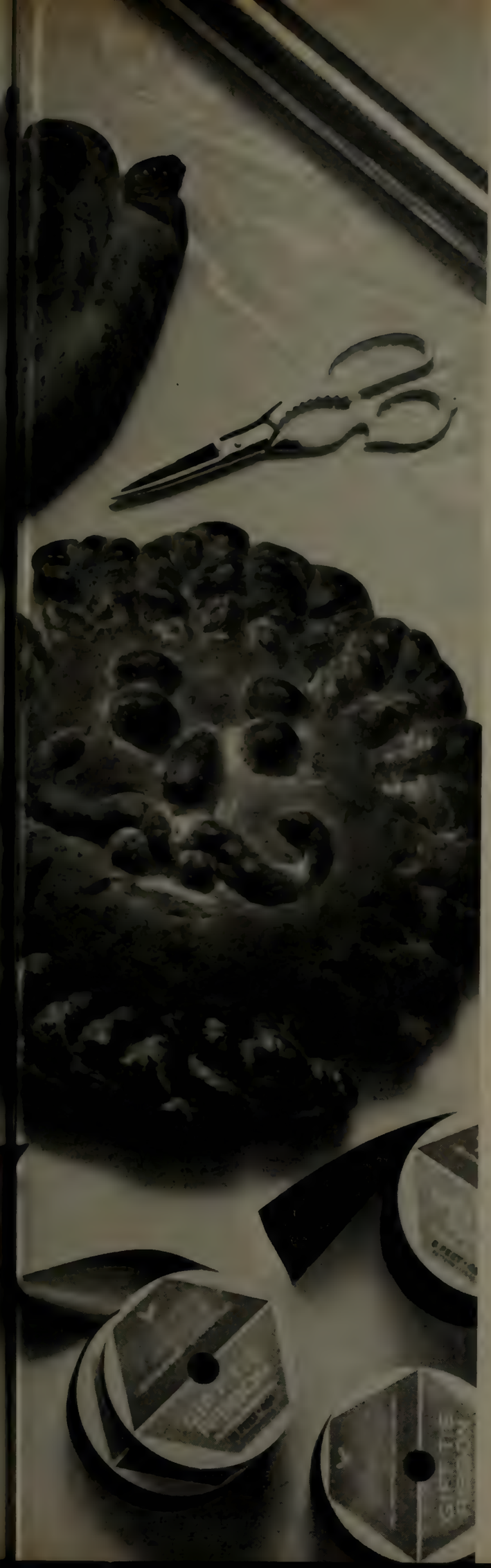
his transporter and some two-way commentary on the passing sights is possible. Backward-facing packs protect the child from branches and other "low bridges." Also, some fathers report feeling less like a beast of burden when their child is facing backward and unable to kick them.

Packs are sold in baby stores and department stores, by camping outfitters, and by mail order.

**Cloth bag** *with holes for legs is held on with crossed straps. Child can't fall out even when chased by a galloping rooster*

DARROW M. WATT

**Aloft** *in a field of dahlias, small passenger can look down on towering blooms. Blanket cushions head for snoozing*



# A snowflake, a swan, a reindeer, or Saint Nick

## Bake a grand pull-apart brioche for brunch on Christmas morning

**Made to inspire** smiles and family traditions, made for giving and for sharing, our Christmas brioches are also made to be broken apart. The swirls and furls of the fragrant, golden loaves are more than decorative: They provide obvious breaking places. Cutting with a knife would squash this tender, springy-textured bread.

The dough is highly manageable and satisfying to handle; shaping is a matter of slapping, pounding, snipping, and twisting with controlled abandon. Pictures on the following pages lead you through the simple maneuvers. Don't limit yourself to the reindeer, Saint Nicholas, swan, and snowflake shapes we suggest; experiment with others as well.

The bread is remarkably durable. Well wrapped loaves keep fresh at room temperature four or five days—an advantage if you want to make brioche gifts and the freezer is bulging with holiday supplies.

For our brioche recipe, turn the page.

DARROW M. WATT

**A gift** *for the family or friends: delicious, whimsical brioche full of butter and eggs. Wrap it to give away, or warm it to eat on Christmas morn*

Since the brioche is a large loaf, you'll find it easier to make one at a time on succeeding days—unless you have a heavy-duty mixer with a dough hook.

*CHRISTMAS BRIOCHE*

- 1 package yeast, active dry or compressed
- ¼ cup warm water (lukewarm for compressed yeast)
- ½ cup (¼ lb.) soft butter
- ⅔ cup sugar
- 2 teaspoons vanilla
- 2 tablespoons grated orange peel
- ½ teaspoon salt
- 3 whole eggs
- 3 egg yolks
- ½ cup milk, scalded and cooled
- About 5¼ cups unsifted regular all-purpose flour
- Beaten egg white

Mix yeast with warm water and set aside to soften. With a mixer, cream the butter, sugar, vanilla, orange peel, and salt until fluffy. Beat in eggs and yolks, a few at a time, blending well. Then add yeast and milk and gradually mix in 4½ cups of the flour; you may have to work in the last portion of flour with your hands or a spoon. Turn dough onto a heavily floured (about ¾ cup) board and knead until smooth and quite elastic, about 15 minutes. Add more flour to board if necessary.

Butter a large bowl; turn dough over in it to coat surface. Cover and let rise in a warm place for about 1½ hours or until doubled in bulk.

Turn dough onto a lightly floured board and knead into a smooth ball. Shape according to the directions pictured here for a reindeer, snowflake, Saint Nicholas, or swan.

Pinch off a lump of dough to use for decorating (judge quantity needed according to each pattern) and reshape both pieces into smooth balls. Flatten large ball with hands to a ½ to ¾-inch-thick cake on a buttered sheet of foil or a 14-inch pizza pan, depending upon the shape you want to make.

Clip dough with floured kitchen scissors and shape (see photographs). Slip foil onto rimless baking sheet (one sheet or two overlapping). To decorate, form little pieces of dough from small ball into teardrop shapes by drawing surface of dough to underside, so base is pointed (see Saint Nicholas, center right). With a floured finger poke a hole through large cake of dough; nest teardrop in it. (Saint Nicholas' mustache is a rope of the dough fitted into a series of holes.)

Let dough rise, uncovered, in a place until well puffed, 30 to 45 mi Brush surface with beaten egg Bake in a 325° oven for 45 to 50 m or until richly browned. Serve hot, cool on a wire rack and wrap airtight loaf keeps well for a week at room perature; freeze for longer storage. heat, place uncovered loaf on a b sheet in a 325° oven for 25 minutes apart—*do not cut*—to serve. Mal large loaf.

**Warm, fragrant** *brioche loaf is so tender you pull apart to serve. Offer*

## The reindeer takes the most time . . . but he's not very difficult. What you do is cut and twist

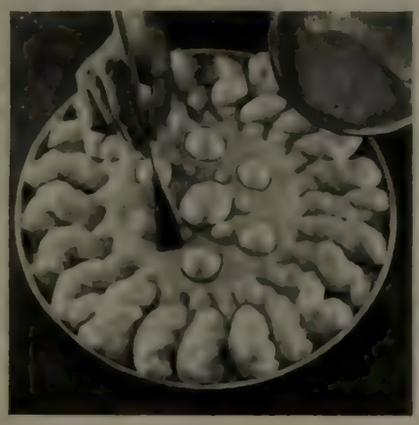
**Reindeer** *is rounded rectangle; snip tail, legs. Small half for head, horns*

**Fold up** *wide portion, clip at angle from nose, then twist triangle over*

**Cut,** *twist horns; twist legs, t sert eye. Slip foil on baking*

## The snowflake is the easiest. All it is is a circle with a few simple improvements

**Invert** *floured bowl on dough; clip rim with scissors; twist strips tight*



**Glaze** *risen dough with egg white; the center decorations are inserted*

**The swirls** *tighten as the brioche bakes; loaf has light, springy texture*

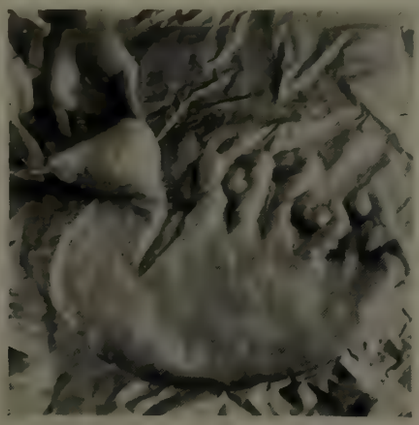
## You start Saint Nick as you start the snowflake . . . but you make a face

**To begin** *Saint Nicholas, cut rim like snowflake, joining the strips in pairs*

**For all** *the brioches, center designs are teardrop shapes or ropes set in*

**Features** *enlarge as brioche bakes; for contrast, glaze trim and features*

## Our Christmas bird starts as an oval. His head's a fold, his feathers are twists

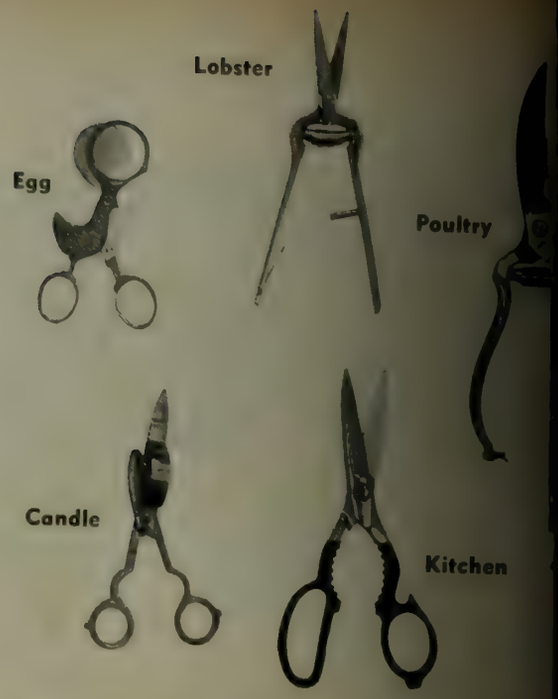


**Swan** *begins as oval; cut strip deep for head, turn. Clip, twist feathers*

**Regal bird** *with furled tail, wakeful eye, and beaded wing. Pull asunder*

SCISSORS IN THE KITCHEN

# One of these for your wife this Christmas?




**Egg scissors.** *Round blade fits over egg, opposing blade snips off top and holds it. German made; gold plate decoration. About*

**r scissors.** *Slender, strong blades easily slip in to clip thorny lobster shell; tension spring reopens blades. From $3*

DARROW M. WATT

**hands** of the cook, each of these specialized scissors is more useful n extra pair of fingers. Such fine tools suggest luxury, but more im- t is the fact that each performs in rior and sometimes unique way.

gg scissors, poultry scissors, and scissors are most likely to be sold y cookware or cutlery shops. You nd kitchen scissors there, too, or in old-tool sections of grocery, hard- and department stores. For candle , try candle or import shops.

**Poultry scissors.** *Powerful hinged, curved blades cut through meat, bone. From $7*

**e scissors.** *Short blade trims wick as it flame; prongs make legs for heated s. Brass, from India. Wide price range*

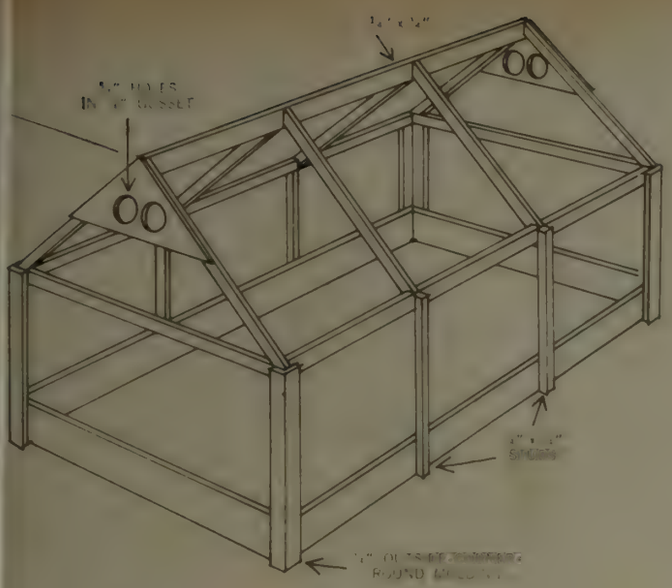
**Kitchen scissors.** *This multipurpose tool for heavy duty use cuts, grips hard-to-open jar lids, and has a prying edge. Cost about $4 a pair*

**It's a model greenhouse** *that works, lets children grow a variety of plants indoors during the winter and indoors or out in s*

DARROW

# The gift of gardening

A miniature greenhouse offers a great introduction to the joys of plant growing. Here's how to make one




**pine molding** *is good for all the wood members.*
*tiny nails and a water-resistant glue to join them*

**se miniature greenhouses** allow young-s to germinate seeds and grow small ts in winter as well as summer. (And lentally the greenhouse top makes an emely efficient hot cap in case you ld have a delicate plant to set out.)

cannot buy the greenhouse shown at but you can make it for less than $5. smaller one pictured below, 6 by 8 es in size, is available at some toy es and is made by Creative Play-gs, Box 72, Hawthorne, N.Y. 10532.

build the larger, first obtain a low rec-gular plastic or aluminum kitchen pan build your greenhouse to fit over it. pans vary in size: the one shown is y 16 inches, and the greenhouse is by 16½ inches (inside measurement) will slip easily over the pan.

frame the two long sides: let the dry; then attach the two ends and hat glue dry; finally erect the roof. not attach the two gussets at gable and the two studs on each side until have attached the plastic glazing.

t the wood, if desired, before glazing. glazing, a weatherproof plastic sheet-such as Mylar is best, but you can use clear plastic on hand. Cut the two long sides in single pieces to fit, cut the roof in two pieces, and cut the two ends and gables above in single pieces. Attach the plastic with glue and a small desk stapler. Cover the staples and joints of the plastic on the ridge, eaves, and bottom with colored cloth adhesive tape; then nail on the gussets and studs.

The two holes through each gusset (and through plastic behind them) serve as finger holes for lifting and for ventilation.

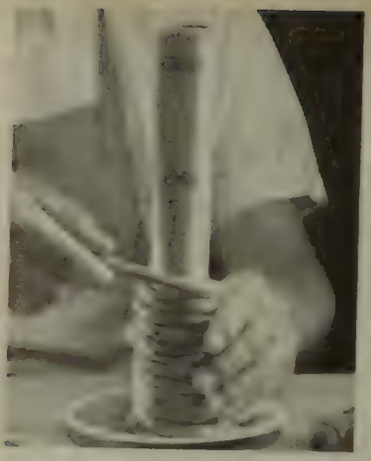
The warm humid climate inside these greenhouses will help you to grow the seeds, slips, or seedlings of most plants we raise in the West. Most will soon grow so large they will have to be moved elsewhere, but then you can start again.

The larger greenhouse is big enough to hold for months such plants as miniature ferns and palms, dwarf tomatoes, dwarf marigolds, sweet basil, upland cress, and two carnivorous plants that intrigue youngsters: Venus fly trap and pitcher plant. Neither greenhouse will grow the larger, more difficult orchids; for these you need larger, more sophisticated indoor greenhouses with controlled lights, heat, and humidity.

Use peat moss pots and any good planting mix from a nursery. Place the mix in the pots, wet it, and poke seeds just barely under the surface. Keep the greenhouse in any warm spot in the house until seedlings are an inch or two high, then put it near a window where sunlight will reach it part of the day. Keep moist with about ⅛ inch of water in the pan or by gentle sprinkling. If condensation is excessive when in sunlight, reduce the amount of watering or the hours of sun exposure.

**Greenhouse top** *lifts off when you tend the plants. Pots rest on aluminum baking pan*

**You can buy** *this smaller version for $4. It comes complete with pots, planting mix, and a selection of seeds*



**Coil** *10 to 12-inch-long clay rope around towel tube: join ends of the ropes by pressing*

**Smooth** *coils with knife to seal cracks. Then remove tube, invert plate, thread wick through*

**Wrap** *wick around dowel, rest on top of mold. Pour wax, let sit 15 minutes or so, then refill*

**Cool** *wax until candle is peel off clay. If clay cl scrub with water and a b*

**Clay-cast candles** *have attractive antiqued look. Wax conforms to smallest ina*

# First you make a mold . . . then cast a candle

**These candles** cast in clay have an unusual shape and an antiqued look.

To make them, you'll need a fine water-base ceramic clay, a paper plate, candle wicks, a paper towel tube, dye pellets, and wax. A half-and-half mixture of hard and soft candle wax produces the best-burning candle. You'll also need a coffee can and an old saucepan to make a double boiler in which to melt the wax.

Poke a hole in the middle of the paper plate and center the paper towel tube upright over the hole. Coil 3/8-inch-thick clay ropes around the tube, turning the tube about every two coils to make sure it's loose; then reinforce the base.

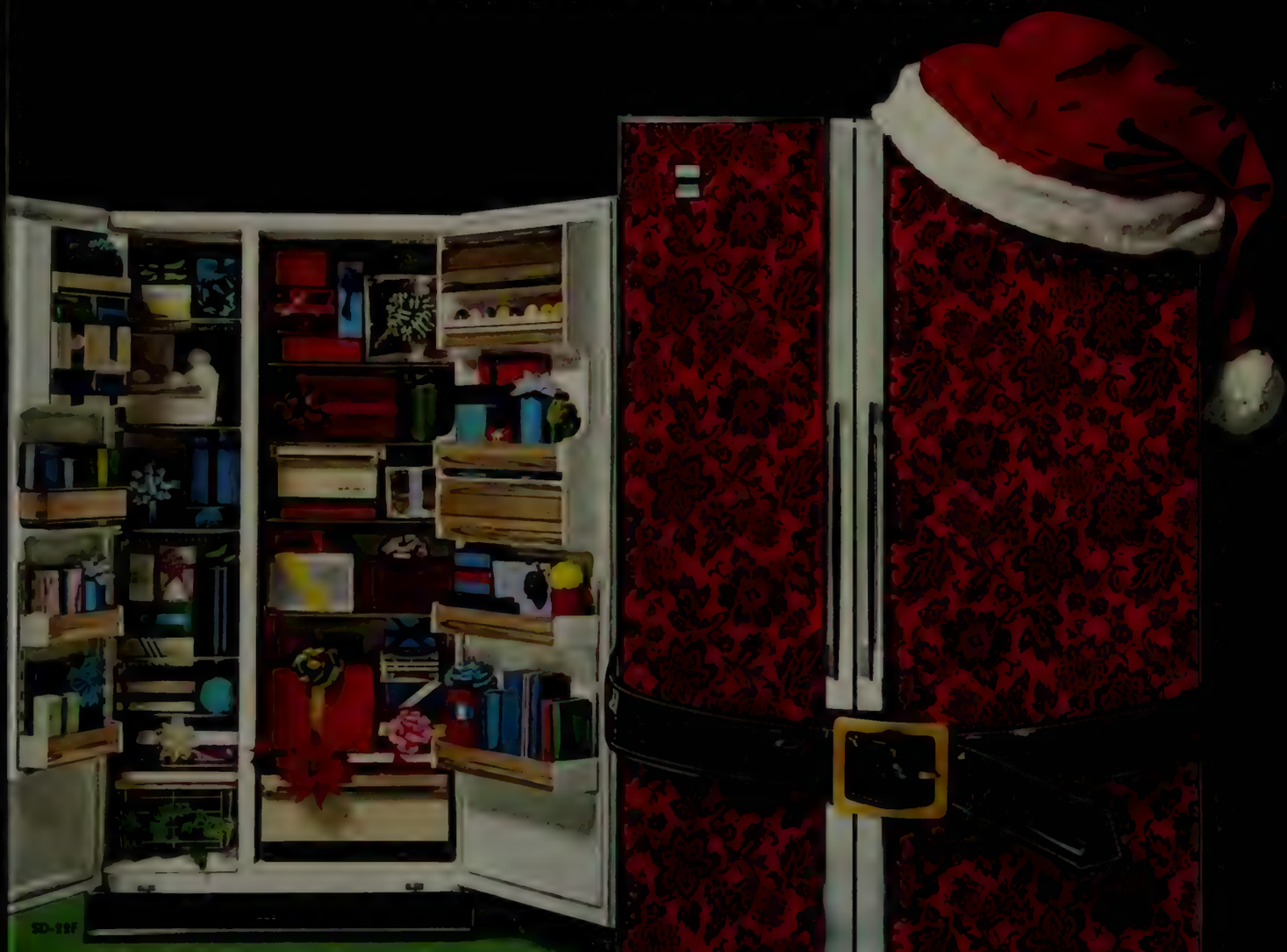
When the mold is completed, remove the tube and carefully invert plate and mold. Tie a knot in one end of a wick (twice the desired length of your candle); thread the other end through the hole in the plate. Pull the wick through the mold until the knot is up tight against the plate; wrap the loose end around a dowel or pencil and rest it across the mold.

While pouring the wax, have some soft clay ready to plug any leaks that develop. As the wax cools, it may shrink away from the wick. If it does, add more wax. To speed the cooling, put the mold in the refrigerator for about half an hour.

When the candle is cool and hard, remove the mold and all traces of clay.

# Nobody plays Santa like *Amana*.

**Who else would give you a Christmas gift of FREE Decorator Panels with your new Amana Decorator model refrigerator-freezer?**



SD-22F

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No writing to the North Pole. No sitting on Santa's lap. You pick out an Amana decorator model refrigerator-freezer and the orator Panels are yours—ready to slide on and match your kitchen walls or cabinets. Take your Amana home right away. For the panels, you get a gift certificate good for six months. So you have plenty of time to decide on the color and pattern you want. A Christmas present from Amana.

Choose from over 329 decorating schemes. And decide on size. There's an Amana to fit every need. Each one designed for maximum capacity in a minimum amount of space. Then pick from three different styles: side-by-side, freezer-at-the-bottom or freezer-at-the-top. Decorator Panels fit all styles.

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Here are unusual assortments offering world-famous teas. Several contain that most-talked-about tea, "Constant Comment", Bigelow's famous blend of fine tea flavored with rind of orange and sweet spice.

Department stores, gift shops and specialty food stores offer Bigelow Tea Gifts. Prices range from $1.50 to $5.95 and all Bigelow Teas come in convenient tea bags.

DARROW M. WATT

**is cheerful trio** *of angels can be a festive ble centerpiece for holiday entertaining*

# *Each was once a table leg*

**e materials we used** for these angel ndleholders may surprise you. The base each is a short, tapered wooden table g—especially practical because you re- ve the metal cover from the bottom the leg to use as a candle-holder.

oose among the various sizes of table s available at hardware stores, and k a spherical wooden drawer knob for ead in proportion. At a craft shop you ll need to buy 1/16-inch-thick balsa wood the wings, felt for the base, and orna- ntal braid trim or rickrack. The body l wings are spray-painted; hair and tures are done with poster paint.

move the screws or nails at top and tom of each chair leg and pull the pro- tive metal cover off the bottom: set side for later use. Spray-paint the leg l set aside to dry.

t a basic wing outline from the balsa od with a razor blade, then cut detail o the lower edge of the wing. Each half the wing should be cut separately with mall tab extending from inside part to attached to angel's back. Spray-paint gs and set aside to dry.

e a felt circle to the base with white e for a smoother surface. Then glue the orative braid around the neck area and und the base (we used elegant-looking d and silver metallic braid). Glue wings body—slanting them forward slightly. nt hair on the drawer knob, and sketch tures with a brush or felt-tipped pen. e the head to the body; then attach metal cover (open end up) to the top the head with glue or a nail.


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**Even unto two hundred fifty.**

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DARROW M. WATT

**Fiber drums** *become gaily decorated toy storage containers with sturdy metal lids*

# Into the drum they go

**This toy storage idea** may help the parents of small children accommodate the deluge of Christmas toys. In planning such storage for children, parents know that it must be adaptable for many different, often bulky articles the youngsters will collect. Containers should be as useful for teddy bears and baseball bats as for clothing and school supplies.

These fiber drums are one good answer. They are inexpensive, roomy, durable, and easily decorated with latex paint, wallpaper scraps, or self-adhesive vinyl plastic. Some drums come with metal bottoms and snap-on metal lids; we removed the snaps from the drums shown here. When used during summer as long-term mothproof storage for winter ski clothing, they become corner or bed-side tables.

The drums can be purchased in many variations of diameter and height, depending on the type of storage container you need. The drums that seem most practical for toy storage are those 15½ inches in diameter, varying in height from 14 to 32 inches.

Cost is about $2 each, depending on size.

**Drums** *come in many sizes, can hold bulky objects. This one measures 17 by 26 inches*

The largest we saw was 21 inches in diameter and 34½ inches in height ($83.25).

To find a source of the drums, look in the yellow pages of your telephone directory under "Barrels and Drums."


From the bold new world of Wollensak sound

At these fine stores:

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| | |
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| MOUNTAIN VIEW | Audio Video Forum |
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| OAKLAND | Bruener's<br>Montgomery Ward<br>Norleen Sound Service<br>Simon's Stores<br>True Recording |
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*Fair Trade Price Where Law Allows.

**Reel-to-reel AC-DC 3500.** This Wollensak combines lightness and portability with reel-to-reel versatility. Operates on house current or batteries. Special Wollensak ARL (Automatic Record Level) assures perfect recordings . . . time after time. Two speeds. Easy to read VU meter. Constant speed capstan drive. Self-storing carrying handle. Comes complete with dynamic microphone, reel of "Scotch" Brand Recording Tape, patch cord and earphone. **$89.95.***

**Economy priced, cassette 4000.** Same dependable, solid-state electronics and constant speed capstan drive as Wollensak 4200. Lightweight and portable. Handles all cassettes. Easy to use push-button controls. External input and output jacks. With dynamic microphone, microphone pouch, recorder carrying strap, earphone, "Scotch" Brand Tape Cassette. **$54.95.***

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DARROW M. WA

**Santa,** *lion, soldier, tree—anything g as a subject for these soft felt ornam*

## *Ornaments in felt, stitchery*

**Any one** of these felt and stitchery or ments would make a delightful g Stitchery work can be as simple or elaborate as you wish. The ones sho above were designed by Dagmar D Redwood City, Calif.

For each ornament, cut a back and fr out of brightly colored felt and decor one or both pieces with yarn stitches scraps of felt, or bits of braid, rickra or sequins. For example, Santa at the of the picture has a tightly worked ch stitch cap and two rows of a simple l stitch for a beard. The lion's ruff and soldier's bearskin hat were also made ing the same loop stitch, sometimes ca a Swedish rug-knot. The loop can be as it was on the hat. A French knot satin stitch makes good eyes. The Ch mas tree, second row center, has bit tinsel hanging from its branches done a silver metallic thread.

If you're familiar with embroid stitches, choose your own stitches for shape. If you've never done any stitch borrow a book from the library and p tice stitches before making the ornam *Decorative Stitchery* by Marian M (Lane Books, Menlo Park, Calif., 1 $1.95) has a stitch chart with easy-to low diagrams.

When you've finished decorating piece, stitch the back to the front on sewing machine, right sides of fabric gether, leaving an opening along one Then turn each one right side out; it with cotton balls, and sew the ope together by hand.

SUN

# Underweight, yes.

# Undernourished, no.

See exciting AFL football on NBC-TV

## New for 1969! RCA's advanced design 18″ (diag.) color portable gives you console color, yet weighs less than some smaller-screen models.

This one's so light it goes everywhere. In fact, it's smaller in size and lighter in weight than any other set of its screen size.

But its 18″ diag., 180-sq. in. picture is big enough for the whole family to watch. It's priced for the family budget, too—the *Candidate* only $359.95*. RCA's 14″ diag. portables start at $299.95*.

Small set, big picture. That's RCA advanced engineering for you. It's why RCA is first in color television, first in color portables. And it's why RCA should be *your* first choice.

**Most advanced color portables you can watch.**

RCA

*Optional with dealer.

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It will be if it has a 4-6″ zoom lens that lets you show slides big enough to fill the screen.

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It's the perfect last slide projector to buy.

If it's your first, it should be the only slide projector you ever have to buy.

See all ten Sawyer's slide projector models. Prices start as low as $60. But pay special attention to the 707 AQZ. It's the one we call our Automatic-Automatic.

SAWYER'S

THE AUTOMATIC-AUTOMATIC SLIDE PROJECTOR

©GAF Corporation, 140 W. 51st Street, New York, N.Y. 10020


## *Here's her way t hide the telephon*

**The telephone** in this remodeled kitch concealed in a cupboard (it form rested on a long, open shelf). The board is roomy enough for two directo a pair of pencils, note pads, and a pl pop-up index.

The door, hinged at the bottom, h magnetic catch and a metal folding port on the left side. When it's closed, telephone bell is muffled; but with other phones in the house and an ex sion bell mounted outside near the kit door, the owners never miss a call.

**Niche** *for phone is 21½ by 15 by 12 in The owner-designer is T. B. Eme*

**When closed,** *the telephone door ma rest of birch plywood cabinets in kit*

# Q. How many beans are in the box?

# A. About twice as many beans as you'd find in a normal station wagon.

If you can put $2616.00* into a Volkswagen Station Wagon, you can put exactly 1,612,462 beans into a Volkswagen Station Wagon.

*White wine... from red wine country?*

Perhaps it is inevitable that the Napa Valley, justly famed for such great red wines as Pinot Noir and Cabernet Sauvignon, is often identified as "red wine country."

But Beaulieu's recently acquired Number Five Vineyard proves the Valley grows equally distinguished white wines too.

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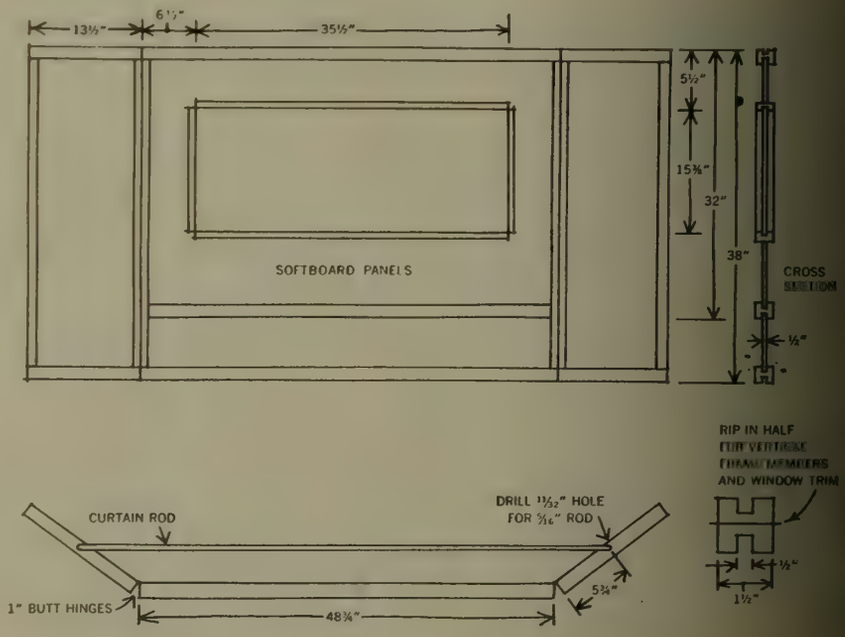
GLENN CHRISTIA

**It can perch** *on a table, but youngsters prefer this puppet theater down on the fl*

# Puppet stage folds up for storage

**A puppet theater** delights youngster whether they are working behind the c tain or sitting out front in the audie All that is needed is a theater stage, a hand puppets that you make or buy a toy store, and some stories to tell.

This theater stage, designed and built



# Need a second car? How about a 2½?

hese better-idea Fords do all a second car can do, plus a great deal more

**reak trails like a mountain goat in Ford's Bronco.** 4-wheel drive akes Bronco go on hills, in mud, sand or snow—a sure-footed mpanion for ranchers, hunters, fishermen. Bronco's great ound town, too. Smooth-riding Mono-Beam front suspension; mble 33-ft. turning diameter; powerful Six or V-8 up to 205 hp.

**Seat 12 comfortably in Ford's new Club Wagon.** The quality that makes wagons popular as second cars is roominess—and here's the roomiest wagon ever built! Room for up to 12 adults, or room for five plus over *twice* the cargo ordinary wagons hold. Many interior plans. Smooth-riding Twin-I-Beam front suspension.

**laul 6-foot loads in the trunk of Ford's Ranchero.** The big, 6½-oot pickup box tells you Ranchero's a worker. But everything lse says luxury. It looks, rides and handles like a fine car. Luxry options, too—bucket seats, SelectAire conditioner, power disc rakes. Seven engines including the 428 Cobra Jet Ram Air V-8.

**Carry your motel with you on a Ford Camper Special.** Living quarters for six, hot and cold running water—some second car! Camper bodies up to 14 feet travel dependably on Ford's Camper Specials; all the needed heavy-duty components are built right in. And Twin-I-Beam front suspension smooths every mile of the way.

**FORD** Ford

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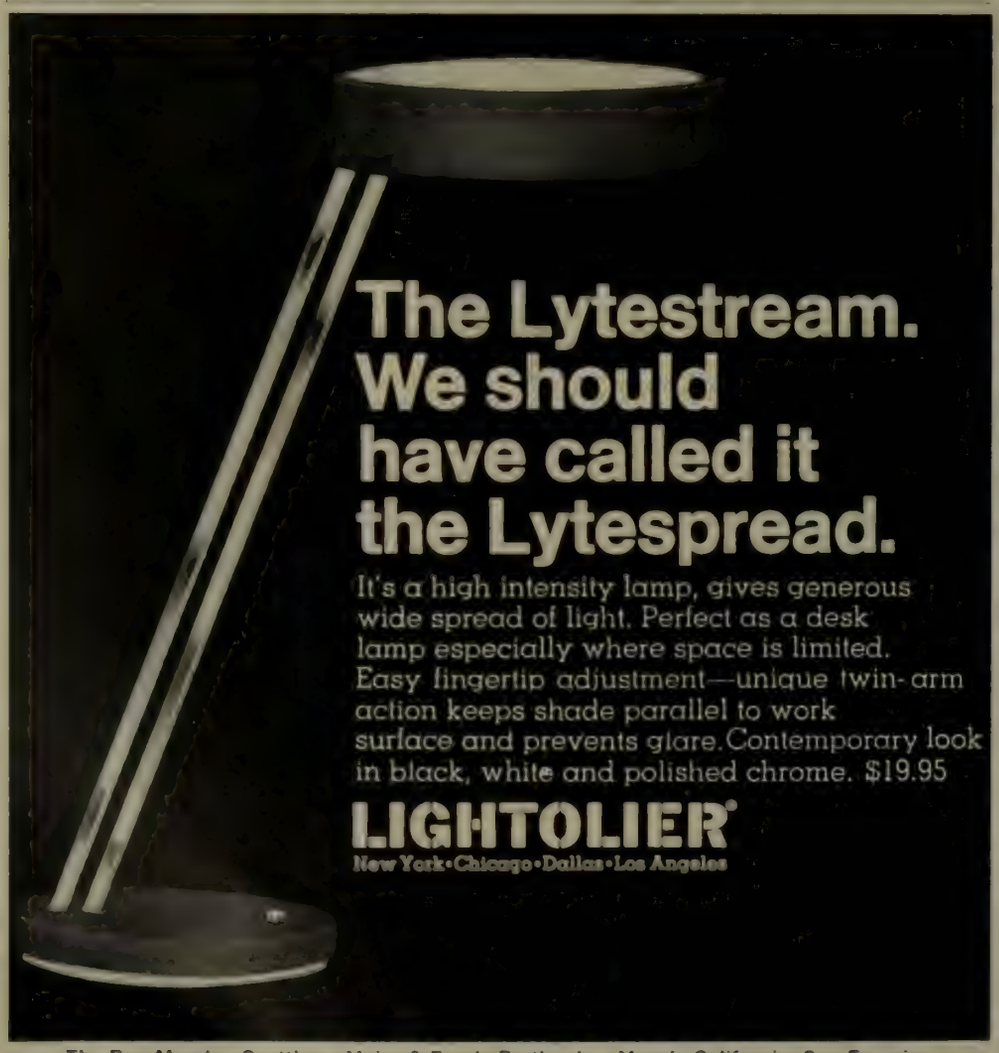


The Bon Marche, Seattle • Meier & Frank, Portland • Macy's California, San Francisco
Broadway Dept. Store, Los Angeles


Angelo DiVecchio, is easy to make, qu inexpensive, and works very well. two sides fold in, as shown, for stora When opened, with the curtain rod i serted in the hole in each side, the sta is very rigid.

The front and sides are paneled with ½ inch softboard. The wood trim for t panels is a 1½ by 1½-inch pine moldi called "center divider for ½-inch pan ing" at lumberyards. Use it full width t top and lower moldings. Ripsaw it in h for the sides and around the windo Either butt or miter the corners of t trim and secure it to the softboard wi white glue.

The trim here was painted yellow, t panels bright orange and deep bl Aluminum rod is best for the curtain r (it bends easily). Curtains are blue c duroy, in three sections.

GLENN CHRISTIAN

**The stage's** *two side panels fold back, m ing a flat package that is easy to st*

**Metal rod** *holding the curtains drops i holes in side panels, locking all in pl*

©American Tourister, Warren, R.I.

# The trouble with an American Tourister is nobody knows you've been around.

You and your American Tourister have gone 100,000 miles. And what do you have to show for it?

None of the little mementos other suitcases pick up on their travels.

No sprung locks from the time a bellboy dropped it down three flights of stairs in the poshest hotel in Cannes. (Our locks don't spring open on impact.)

No ripped handles to show all the times it's been thrown into a plane. (American Tourister's cushioned handles are held by four steel studs, instead of the usual two. They don't rip off.)

No dents from the time a Tibetan yak butted it. (American Touristers are reinforced with fiber glass all over, and they have a strong stainless steel frame. They resist yaks.)

What's worse, no anecdotes about how your clothes got ruined and you had nothing to wear in Rio. (In addition to all that American Touristers have on the outside, there's a hand-fitted lining inside. No exposed hardware to snag and rip your things.)

So if you're the owner of a new-looking old American Tourister, we have a little advice.

Since your suitcase won't prove you've been where you've been, take plenty of pictures that will.

American Tourister

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Come. Join the beautiful people at the Desert Inn. It's London. And then some.

DESERT INN

Hotel, Las Vegas, Nevada

# London, U.S.A.

GLENN CHRISTIANSEN

*'s* **easy** *to decorate the puppets' wax-covered heads; there's no need to use glue*

# These are paraffin puppets

**Puppets** like this twosome make nice additions to any puppet theater and are surprisingly quick and easy to make. Good "stocking stuffers" for small children, they require little more than scraps of yarn and fabric, styrene foam balls (available in most variety stores), paraffin, an assortment of buttons and beads—and, of course, imagination.

To make the puppet's head, carve a hole about 1¼ inches in diameter and about ½ inch deep into one end of a medium-sized styrene foam ball (about 3 inches in diameter). Shape a neck out of a piece of lightweight cardboard (about 1½ by 4 inches); roll and tape it into a cylinder and push it into the carved hole.

Using a small kitchen knife or the sharp edge of scissors, carve eyes and nose in the styrene foam. (Or you may want to make features out of felt scraps or buttons and attach them with molten wax as a finishing touch to your puppet.)

Melt a bar of paraffin in the top of a double boiler, or in a coffee can placed

**To give finished head** *a lifelike look, make shallow cuts to form features; round off jagged edges with side of knife blade*


# The sneaky gift.

This is a KitchenAid Electric Coffee Mill. Some incredibly crafty men will give this to their wives for Christmas.

All year long, these husbands have found their coffee hard to swallow. And no wonder. Coffee made with ready-ground coffee can't deliver full flavor. Because the precious oils that produce flavor start escaping the moment the coffee is ground.

But the KitchenAid Mill stores over a pound of coffee beans that are just bursting with flavor. Ready to be ground fresh. Just before you brew. (The secret of great coffee.) Ready to tantalize a real coffee-lover with old fashioned full bodied goodness.

Give a KitchenAid Electric Coffee Mill. It's sneaky. But you won't find a nicer gift.

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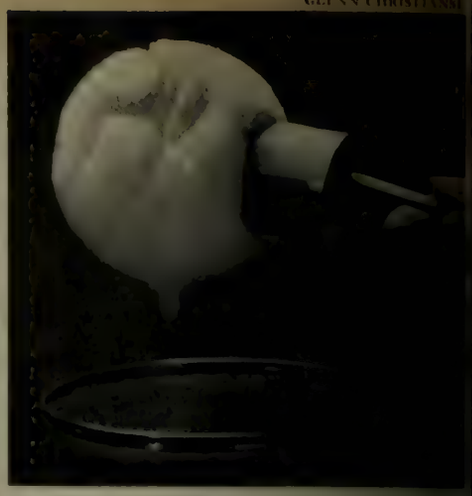
GLENN CHRISTIANSE



**Impale** *puppet head on a pencil point f easy dipping in wax. Spin pencil betwe fingers to even wax coating, hasten dryin*

**Attach** *yarn hair and other features head with a little molten wax; hold th in place with pins until the wax harde*

in a saucepan of boiling water. Add small piece of orange crayon, stirring w until it assumes an even flesh tint.

Dip the head in wax, making sure it completely covered; remove and wait few minutes for wax to harden. Rep dipping and drying until head acqui a thick, shiny surface (about six or sev times).

Attach yarn hair and button eyes to t head with molten wax, securing them place with pins until wax is set.

Cut out and stitch seams of the pupp costume, leaving opening at top la enough for cardboard neck.

A piece of felt protruding from the b of the head makes a convenient tab stitching costume to head. To make a t wet the center of both sides of a f square (about 3 inches square) with wh glue. Remove card cylinder from he and place felt square over one end; p this covered end into hole. Let stand u glue sets (about 30 minutes).

Slip costume over the neck and stitch to the felt tab.

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**Automatic Can Opener, Knife Sharpener.** Opens cans fast—all sizes and shapes. Knife sharpener at top. In brushed chrome and new avocado and harvest colors.

**8-Speed, Solid State Push-Button Blender**—even whips cream and crushes ice. Low silhouette.

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# *This clothesline goes into hiding*

**Hooked to the side** of the house, this home-made clothesline doesn't block the view from a corner window. But when the day's wash is ready for hanging, it swings out to provide a total of 64 feet of line.

Wide T hinges hold its three triangular supports (made of 2 by 2's) against the wall; the hinges' woodscrews have a firm bite on the studs beneath the siding.

The long wood bar being pushed in the lower picture is also hinged to the triangular supports so the whole clothesline unit will fold flat to the wall. Hook-and-eye screws lock the clothesline in its open and closed positions.

DARROW M. WA

**Up goes the wash** *on eight plastic lines stretched between 2 by 2's. Hook-and-eye holds end of front bar to kitchen window.*

**When the end hook** *is released, unit swings at a touch back against the house w*

# Now there are 17 ways to enjoy a "play-in."

3M Bookshelf Games and 3M Sports Games at gift and department stores everywhere.

3M COMPANY

# FOR THE MAN WHO

# 0 WANTS EVERYTHING.

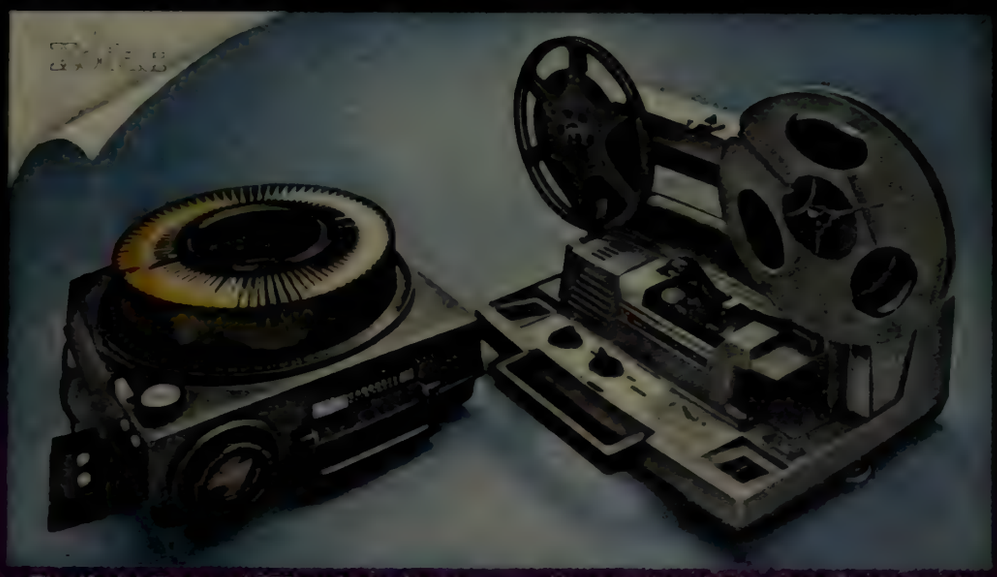
Everything he could want in a camera is right here...in these, our very best Kodak Instamatic® cameras.

Over there on the left, our most automatic camera, the Instamatic 814. This camera does practically everything automatically. Just drop in the film cartridge. The 814 adjusts automatically to the speed of the film. It automatically computes the proper exposure. Warns when to use a flashcube. Automatically advances both film and flashcube after each shot. With precision f/2.8 four-element Ektar lens, it's less than $140.

If he leans toward movies, there's the Kodak Instamatic M9 movie camera with 5 to 1 power zoom. Just drop in the super 8 film cartridge and the M9 is raring to go. No winding—it's battery powered. Power zoom from 9.5mm wide-angle to 45mm telephoto. It has four shooting speeds from slow to fast motion to pace the action. Reflex through-the-lens viewing with big sports-type viewfinder. And a through-the-lens CdS automatic exposure control. With super-sharp focusing f/1.8 lens. It's less than $230.

If he goes for single-lens reflex cameras, give him the brand-new Kodak Instamatic reflex camera. It gives the ultimate in convenience drop-in loading, no rewinding, flashcube, simplified settings...the ultimate in picture-taking *control* with through-the-lens viewing and focusing and interchangeable lenses...and fully automatic exposure over a tremendous range—from 1/500 to 20 seconds. Lets him shoot superbly realistic color even under extremely low light conditions. With f/2.8 lens, less than $200; with f/1.9 lens, less than $250.

More? A fine projector below?



The Kodak Carousel 850 projector keeps each slide in focus automatically. It's jam-proof. As dependable as gravity. Has both remote and automatic slide changing. Less than $180.

He can show both super 8 and regular 8mm with the Kodak Instamatic M95 movie projector—and at normal, fast, or slow-motion speeds, forward or reverse, and "stills." Automatic threading. From less than $200.

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Prices subject to change without notice.

# LA DONNA!

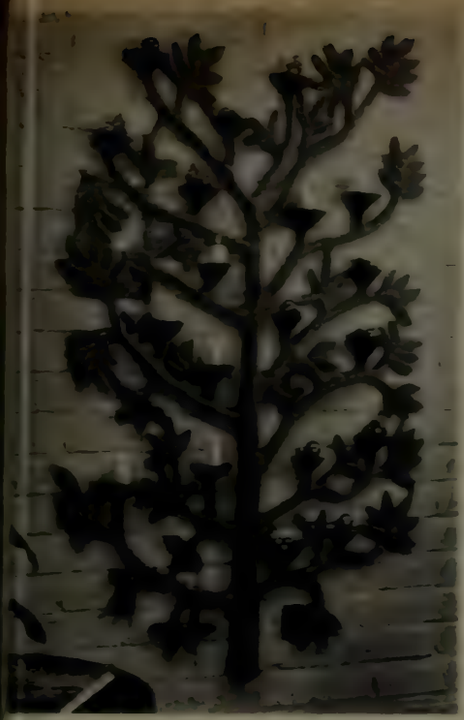
## The lavish kind of rug you never thought you'd find at Sears.

Please! We keep *telling* you that Sears Floor Show is full of wonderful surprises. And this glorious designer rug is just one out of hundreds and hundreds.

It's all wool pile. Which explains the marvelous depth of texture, the brilliancy of color, the all-over feel of new lushness. The mood is Mediterranean. The look, pure luxury. But the price, thank heaven, is pure Sears. Less than $325 for the nine by twelve. For smaller sizes, even smaller prices. And No Money Down on Sears Easy Payment Plan.

We love La Donna in this vibrant blend of blue and emerald green. But it comes in a striking black and ivory, too. Or gold and green. Olive and russet red. Eight glorious combinations in all. All waiting today at Sears, Roebuck and Co. Come in or phone Sears for our Shop-at-Home Service.

**Sears has the greatest floor show in town.**



*rved wooden tree hangs indoors. Own- the Max Caldwells, Soquel, Calif.*

## *Two Christmas wall trees*

**c two** handmade Mexican wall decora- s shown here (each about 7 feet high) permanent fixtures that adapt readily Yuletide changes with the addition of dles, lights, and flowers. Even when adorned, they are handsome focal ints of a living room (above) and a dside patio wall (below).

e metal tree has permanent candle- lders, birds, and fruit.

*tdoor metal tree has evergreen shape. ners: the George J. Marshalls, Portland*


# Are you a self-winding woman?

**Eterna-Matic ladies' watches keep you smartly timed...automatically**

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# *Holiday lighting . . . the safe way*

**To make things brighter** for the holiday season, many of us at Christmas time add a considerable number of lights to the electrical systems of our homes.

This extra demand shouldn't overload any house wiring adequate for the lights and appliances we use today. It usually amounts to less than turning on an electric oven, even if you string bulbs around the eaves, light more than one tree, and illuminate some displays with floodlights.

But you usually need to disperse this extra electrical load so it is handled by more than one house branch circuit, because most of your circuits probably already work at near capacity, particularly at night. Otherwise you may have an annoying blackout whenever someone turns on a lamp or the coffeemaker.

And you should be especially careful how you connect up outdoor lights, to prevent any chance of fire or electrical shock.

The common outdoor Christmas lights use 9½-watt bulbs, the common indoor type 7½ watts, and the tiny twinkling and other indoor bulbs even fewer watts. A long string of 20 outdoor lights adds up to only 190 watts, about the same as a floor lamp; you can usually plug in three such strings to one house circuit without overloading it. Outdoor floodlights are different. Most are 150 watts each, so connect only about three of those bulbs to one house circuit.

To find what wall outlets are on what branch circuits, simply flip off one circuit breaker or unscrew one fuse at a time at the fuse box at night, and note what sections of the house or outdoors are blacked out. Throughout most of the West, today's homes have some 20-ampere circuits (2,400 watts) that provide power to various wall outlets in the kitchen, laundry room, and outdoors; and other 15-ampere circuits (1,800 watts) for the living room, bedrooms, and the like. Either will serve for your Christmas lighting.

You can further safeguard holiday lighting by using small fused plugs available at hardware stores for about 25 cents each. To prevent overloading a wall outlet, plug one into the outlet and then plug the Christmas lighting into it. The small unit contains a 6-ampere (720-watt) fuse that will blow if you connect too many strings of lights to it. Even more important, the relatively weak fuse will blow if there is any kind of short in the strings.

But even with these fused plugs, you need to distribute the load over more than one house circuit. If several fused


## KitchenAid Dealers are easy to find

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320 10th St.

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Del Kramer
208 Parker Avenue

**SACRAMENTO**
A & A Builders Supply
6700 Folsom Blvd.
Breuner's
6th & K St.
G & W Carpet, App. & Bldrs.
6520 Franklin St.
Hobart Sales
1584 Silica Way
Lamco Appliance & T.V.
2525 El Camino

**SALINAS**
Kane & Zeck
325 Main St.

**SAN BRUNO**
The Coronet
494 San Mateo Ave.

**SAN CARLOS**
Breuner's
1133 Industrial Road

**SAN FRANCISCO**
Ayoob Bros.
2500 San Bruno Ave.
Brodies
1281 Mission St.
Brown Furniture
2275 Market St.
Fine Furniture
637 Howard
General Appliance Co.
369 Fell St.
Lachman Bros.
Mission at 16th
Mayta & Jensen
101 Williams St.
Modern House
3265 16th St.
David Morris
1376 Sutter Street
Pioneer Home Supply
7 Front Street
A. Ratto & Sons
561 Columbus Avenue

**SAN JOSE**
Beutel Appliance & Refrig.
480 West San Carlos
Di Salvo Appliance
1310 Lincoln Ave.
Tom Doyle Co.
199 Bassett St.
General Appliance Co.
1785 Alum Rock
Hobart Sales
325 Phelan St.
Miller's Home App., Inc.
966 South Bascom
Tri-Me Appliance
401 Lincoln
West Coast Distr.
1055 De Guilio
Western Appliance Co.
1974 W. San Carlos

**SAN LEANDRO**
Schwartz Bros. Furn. & Appl. Inc.
13720 E. 14th St.
Todd's Appliance
15063 E. 14th St.

**SAN MATEO**
Auto Home Supply
109 W. 25th
Chester-Lawrence Corp.
910 So. Claremont
Culmer's
123 W. 25th
R. Strait Appliance Co.
215 South "B" St.
Wisnom's
201 2nd Ave.

**SAN RAFAEL**
J & J Appliance
1541 Fourth St.
Martin & Harris
1604 Fourth St.
McPhail's
917 "C" Street
Rafael Appliance Co.
112 Jacoby St.

**SANTA CLARA**
University Electric
1176 Franklin
West Coast Dist., Inc.
1055 Di Guilio St.

**SANTA CRUZ**
Habers Furniture
812 Pacific Avenue

**SANTA ROSA**
Hobart Sales
301 College Ave.
Ken's Maytag
353 College Ave.
McPhail's
534 Mendocino Ave.
Morrison Home Appliance
300 College Ave.

**SEASIDE**
Duncan's Appliance Servi
693 Broadway
Peninsula Built-Ins

**SOUTH SAN FRANCISC**
Plaza Furniture & Applian
647 El Camino Real

**STOCKTON**
Appliance Center
Pacific Street Branch
Boss Appliance
1305 Buena Vista
Breuner's
7676 Pacific Ave.
Roy Lucken Washing Machine Service
916 N. Yosemite
Mazzera Elec. & Applianc
501 No. Baker
Risso Electric, Inc.
1502 N. Palm

**SUNNYVALE**
Sunnyvale Hardware, Inc.
575 Sunnyvale Ave.

**TRACY**
Western Auto Supply-Lee Almquist
912 Central Ave.

**VALLEJO**
Breuner's
100 Callahagen Lane

**WALNUT CREEK**
Banducci's
2635 No. Main
Contra Costa Appliance
1100 Blvd. Way

**WATSONVILLE**
Derrick's Maytag
550 Main St.
Zenker Hardware
317 Main St.

**WINTERS**
Maier Radio & TV
37 Main St.

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# When the party's over, the real fun begins.

No matter where the party begins, it usually ends up in the kitchen with a bunch of dirty dishes.

But when there's a brand new KitchenAid Superba dishwasher in the kitchen too, it's a happy ending.

Suppose you have a fantastic dinner party. With a slew of fantastically dirty dishes, pots, pans, silverware, ash trays. Just load them, press the new Heavy Soil cycle button and they'll come out sparkling clean. With no hand-rinsing at all.

And then there are those parties that dirty a tremendous amount of glasses—children's parties, open houses, or cocktail parties. The new Light Soil cycle gives your glasses a fast—but thorough—wash and dry.

A KitchenAid can help you out before a party, too. Take the new Light Soil cycle again. It's perfect for good china that's been packed away and needs washing before you can use it. The new push button Plate Warm cycle gives you warm plates to keep your food warm. (A pleasant touch your guests will appreciate.)

But while a KitchenAid is great for parties, remember it's also great for your day-in, day-out dishes. Just ask your friends who own one.

So if you want a dependable family dishwasher that'll be the life of the party, too, see your KitchenAid dealer. (Check the Yellow Pages.) Or send the coupon.

KitchenAid Dishwashers, Dept.8DG-10
The Hobart Manufacturing Co., Troy, Ohio 45373.

Tell me more about the brand new KitchenAid Dishwashers.

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Address_____

City_____ State_____ Zip_____

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Dishwashers and Disposers

By the makers of Hobart commercial dishwashers and food waste disposers.

# Escape to Polynesia

## in San Diego

We've taken a piece of the South Seas . . . and placed it right in the heart of San Diego's exciting Shelter Island, with its romantic vista of white yachts and breathtaking view across the sparkling bay. We've borrowed the South Seas atmosphere, too. Lush green tropical gardens welcome you to the quiet of our beautiful heated pool. Smiling, thoughtful service makes relaxing easy . . . and luxurious accommodations complete the spell. Blue seas and warm year-round sunshine, sailing, sportfishing, golf, superb dining, romantic old Mexico just minutes away . . . no wonder so many guests long to return, and do . . . to Half Moon Inn.

*for brochure and rates write: Miss Billy Riley, Halé Three, Half Moon Inn, Shelter Island, San Diego, Calif. 92106*
*or phone: Seattle (206) 624-7537, San Francisco, (415) 392-4330, San Diego (714) 224-3411; Telemax #LDW*

**Your friends will RAVE about this gift**

# Salted Almonds

**from California**

Wait till your friends taste these crisp, crunchy almonds—the nicest gift you've ever sent. Just right for holiday entertaining!

These are choice Blue Diamond nuts from California, the salted almonds selected by leading airlines to serve at cocktail time. The gift pack shown features six 6-ounce tins, one each of our famous French Fried, Smokehouse, Barbecue, Cheese, Blanched Salted and Garlic Onion flavors. All are great served as snacks or with a favorite beverage. Tins come packed in handsome gift box. Price includes shipping. Satisfaction guaranteed. Send your list—we do the rest. (And don't forget to order for yourself!)

Gift Pack #22 (shown above). $4.25 postage paid

Send for free catalog of over 40 deluxe almond gifts for Christmas giving.

BLUE DIAMOND

Send order with your name, address, check or money order to Dept. 22, **California Almond Growers Exchange,** P.O. Box 1768, Sacramento, California 95508.


plugs are connected to outlets on a sing circuit, they may not blow individuall but the house circuit may be overloade and its fuse or breaker will go.

*LIGHTING OUTDOORS*

The best outlets to use for connectin outdoor Christmas lighting are weathe protected ones (such as on a patio porch) that are controlled by switch indoors. With these, you won't have plug in and disconnect a damp co nightly on a live circuit. If you bring extension cord in through a window to dry indoor outlet, fit a wood strip acro the open side of the window and bring t cord in through a notch cut in the stri Then there's no chance of pinching t cord with the window frame.

If you place strings of lights along t eaves of the house each year, consid this year installing small brass or plast covered cup hooks to hold them. T hooks are a bit more bother to install th insulated staples, but they will be the ready for use each year and there is chance of piercing the wiring, as a sta may do. If the strings of lights are su jected to strong winds, tape them to t cup hooks.

Use Underwriters' Laboratories-a proved strings of lights that are mark for outdoor use. Check old strings f fraying, aging, and heat damage. The pa sage of time, and overloading (and th heating) the wires, can harden and da age their plastic insulation; any su strings should be discarded. To help ke water out of the light sockets, use t small rubber gaskets that come with o door sets and, where possible, arrange t cords with bulbs pointing down. Av wrapping wires around any downspout similar metal object that could abrade t insulation and carry current.

Wherever you connect cords and lig strings together outdoors, keep the c nections slightly above the rest of t cords so that water can drain off. If a co nection is on the ground, place a brick rock underneath it. Keep such connectic dry by wrapping them with friction ta

Any outdoor display that includes an el tric motor should have a grounded thr wire cord with the ground wire connect to the motor frame.

Whenever you connect several strings lights or several floodlights together, to branch them out from a heavier that leads to the outlet; just connecti one string to the outlet and the oth strings on from it may overload the stri nearest the outlet, which carries the el trical load for all.

If a branch circuit you use is overlo (blows fuses or trips breakers), rem some other electrical devices that plugged into it, such as floor lamps a kitchen appliances, and plug them i other circuits during the holiday season

rom the collection of the Portland Art Museum, Portland, Oregon

You can have the fun of putting him back together. This lyric work by the famous French impressionist presents an absorbing challenge to everyone. Scores of other unusual Springbok designs ranging through fine arts, nature studies, to hobbies and sports. From $1.25 to $3.50 at fine stores. Try one for your own pleasure or give a truly appreciated gift. **Springbok puzzles are masterpieces.**

Springbok Editions
720 FIFTH AVE. N.Y. 10019

# For the man who has everything. And wants to keep it.

The Dymo Labelmaker. Embosses raised white letters on colorful self-sticking vinyl tape. The perfect gift for the man who's got everything. Perfect because he'll use it to keep all those things that are his his. Prices start at $4.95.

DYMO®

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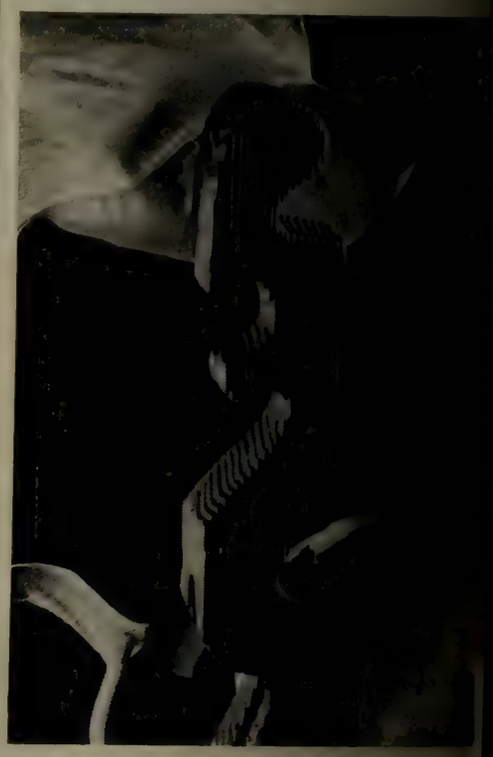
DARROW M. WATT

**This decorative** *planter pole supports an indoor plant, especially tender new growth*

## *It's a planter pole*

**This unusual stake** makes a personalized Christmas gift for someone who enjoys growing plants indoors. It's quite easy to produce, and the cost of the materials is



**Close-up** *of top of pole. The design can be anything; the wood is deeply grained*

## You can't have too much of a good thing: Polynesia by Fieldcrest.

esia: an exotic idea from Fieldcrest. You can multiply it, add to it, spice up ed and bath with it. You can create new combinations of your own with rest's matching solid colors—brown, sand, black, or white. Or, if you prefer, have your Polynesia in blue/green, pink/purple, or yellow/orange. Perfection no-iron sheets, pillowcases, blankets, bedspreads, towels, shower curtains, bath rugs. Dial 800-243-0355—day or night—to find the store nearest you. The call is free.

*Fieldcrest* A Division of Fieldcrest Mills, Inc., 60 West 40th Street, New York, N.Y. 10018.

# Divorce Panasonic Style.

Why should you be stuck with a *whole* clock-radio in situations where you just want one or the other?

You shouldn't.

The Panasonic Trafford (Model RC-7878) Clock-Radio makes it easy to divorce the radio from the clock, or vice versa, depending on your fancy.

The superb-sounding portable FM/AM radio goes its way, and the clock goes its way. A clean split because each has its own battery.

Want the clock and radio to stay married? No problem. Hooked together (no wires), the clock can operate the radio as if the pair had never been parted.

And the two fold together to make a traveling unit that weighs less than two pounds and measures just 2⅛" x 4⅛".

Stop by any dealer we permit to carry the Panasonic line and marry a Trafford.

**PANASONIC**
200 PARK AVENUE NEW YORK 10017

For your nearest Panasonic dealer, call (800) 243-0355. In Conn., 853-3600. We pay for the call.

practically nothing.

The pole is a 4-foot length of 2 by 2: fir, cedar, redwood, or pine. Punch out any loose knots to make a more interesting design.

Cut the piece on all four sides to any random design you prefer—just don't cut away so much at one point that the pole will be weak. You can use a band saw, jigsaw, saber saw, or a hand scroll saw. Sharpen the lower end to a uniform point so it can be pushed into the soil.

Burn the surfaces of the pole with a propane torch or blowtorch, then remove most of the charred wood with a steel brush, scrubbing with the grain. The pole pictured was designed and made by Wayne W. Bradford of Redmond, Wash.

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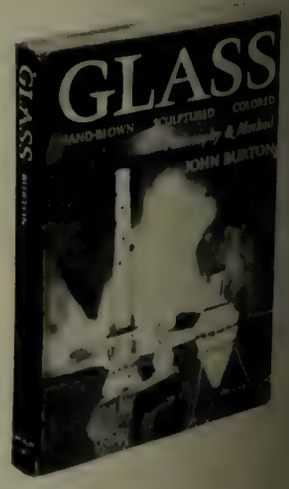


## *The art of working with glass*

**For all** of us who would like to create artistic things with our hands, a recently released book by John Burton of Santa Barbara, California, opens a fascinating new field—the art of creating with glass.

Mr. Burton's award-winning glass jewelry, glass sculpture, and blown hollowware are in permanent collections in museums here and in Europe, and have been displayed in numerous exhibitions.

In his book, titled *Glass* (Chilton Books, Philadelphia; $10), he lucidly explains his unusual techniques and shows how anyone, with simple, inexpensive equipment in the kitchen or home shop, can produce similar results. He shows in photographs and drawings delicate and bold approaches, in clear and colored glass.

The book contains much more. It is woven throughout with Mr. Burton's rich philosophy of life and his enthusiastic belief that every man, woman, and child is potentially an artist, if he will only try.

Look—
even clean water
lets spots form.
But Cascade
in your dishwasher gets
dishes amazingly spotless.
Don't let ugly water spots
spoil your party.
Discover the Cascade
look of spotlessness.
Only Cascade has
Chlorosheen. And
Cascade—the best
dishwasher detergent
you can buy—makes
water flow off dishes in
clear sheets. Result?
Drops that spot don't
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The gift watch for Christmas Scrooges: Seiko.

It's the automation-made watch that looks like a million dollars, runs like the dickens, and costs about half the price of watches made the old-fashioned way.

Because now you pay only for the timepiece and not the time it took to make it.

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The 17 jewel Lady Seiko with black suede strap. Stainless case. $45.00. Also available with white dial. Other fine Lady Seiko watches begin at $29.95.

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So high in fashion...so light in weight

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DARROW M. WATT

**For a special touch,** *you could set a holida table with attractive place cards of venee We cut 70 such cards from one shee*

# *Instead of paper, wood veneer*

**Surprisingly enough,** a sheet of thin woo veneer can be just about as versatile a a sheet of paper.

It's so inexpensive (about $1.20 for a shee 26 inches square, at lumberyards) tha you can experiment with various idea Cut pieces and decorate them for plac cards, invitations, Christmas cards, wa plaques, even match boxes. Mrs. Barbar Jean Yonck, of Bothell, Washington, use them for unusual gift cards.

The technique is so easy that your chi dren might enjoy making such items.

You can draw or write on veneer with paintbrush, fountain pen, or felt-tippe pen. To paste material to veneer, use an clear or white glue. If you need to smoot rough edges of a card, use sandpaper o an emery board.

**To cut a sheet** *of veneer, use scissors or razor blade. With clear glue, attach bi of holly, greens, cones, or pressed flowe*

# A view with a room.

# That's one of the beauties of Levolor® Rivieras.

For looking out of.

That's what windows are for.

So why put up blinds that block the view?

Our Levolor Rivieras are practically invisible. They're for looking out of windows. For seeing the cap of a mountain. A puff of cloud. Or the shade of your own apple tree...without getting the sun in your eyes. Our magic wand (it's practically invisible, too) adjusts the tilt with a twist of the wrist. Perfectly controls light and privacy...protects your draperies, carpets and furniture from fading.

But back to the view.

It's so apparent because Levolor Rivieras are less than one inch narrow. That's opposed to the conventional 2" wide slats. They are tapeless.

Slat supports are almost invisible. An especially nice plus when you don't want anything to intrude on your window treatments or decor.

Conclusion?

When you're buying window coverings, consider the point of view. Decide on Levolor Rivieras.

For the name of your nearest Levolor Riviera dealer, write or call Lévolor:
1216 24th Street
Oakland, California 94607
Phone (415) 832-5642

*Cleaning Blinds?* No problem. Not with Levolor Rivieras. A sponge, or cloth, or brush easily gets in, out and between the thin slats. Of course, for your general cleaning, your local Venetian Blind laundry will come, remove your blinds, make them like new.

# How to dine like a Duchess without being English

Serve your meals on Royal Doulton English Translucent China.

This deft English strategy turns mere meals into stately banquets. In-laws and Duchesses alike will be most impressed.

It's very practical, too. Despite its delicate beauty, English Translucent China is quite at home in anybody's kitchen.

Ask any Duchess. (You see, the servant problem in England is absolutely frightful these days.)

The three stately designs in our picture are, from left to right, Miramont, $12.95; Berkshire, $13.95; Larchmont, $13.95. Prices are for five-piece place setting.

For our handsome full-colour 20-pa brochure of English Translucent Chi Patterns, send 10¢ to Doulton & C Inc., Department S, 11 East 26th Stre New York, N.Y. 10010.

Necklace by Van Cleef & Arpels.

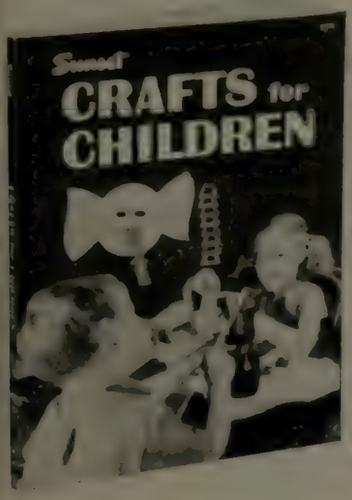
ROYAL DOULTON

ENGLISH TRANSLUCENT CHINA

TM REG.

# *Two new books on home crafts*

**ether you approach** woodworking as a axing hobby, as a means of obtaining ngs inexpensively, or as a profession, 'll find many items of interest in the *Sunset* book *Woodworking Projects*. pages are filled with pictures and de- ls of a multitude of articles, decorative l utilitarian, from a glass-topped table a simple shoeshine box. Special sections plain woodworking terms, power tools, l finishing techniques.




*afts for Children* is a delightful new ok written primarily for children from o 12. It tells them how to print with nges and erasers, make stitchery pic- es, do sandcasting, build kites and stilts almost 200 projects in all. Throughout, rges and tempts children to create ngs of their own.

e two books, published by Lane Books, nlo Park, California, go on sale this th for $1.95 each.


the beautiful people come to the beautiful palace !

Harry, Tony, Andy, Petula, Andy, Frank...and you. Just a few of the beautiful people who make this the exciting Palace it is.

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*from the movie of the same name

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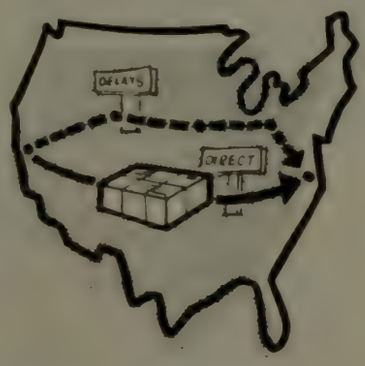
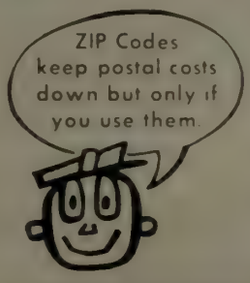
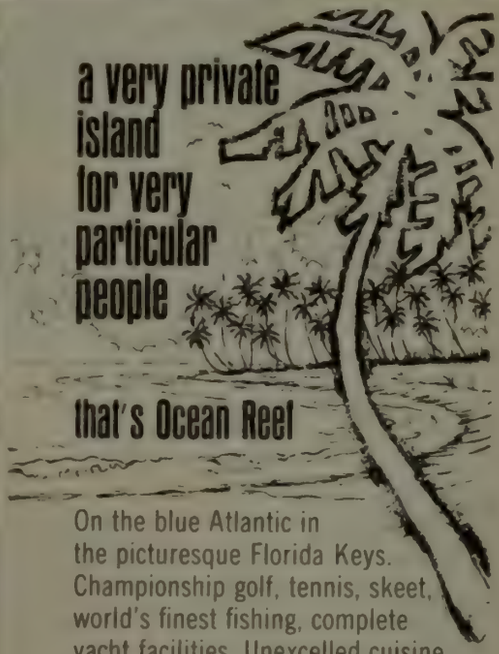



1. Packages are shipped by more direct route.
2. They are handled fewer times.
3. There is less chance of damage.




a very private island for very particular people



that's Ocean Reef

On the blue Atlantic in the picturesque Florida Keys. Championship golf, tennis, skeet, world's finest fishing, complete yacht facilities. Unexcelled cuisine and service. All rooms deluxe, including private oceanview balconies. Kitchenette villas for 2 to 6. Private, paved, lighted 4,455' airstrip. By reservation only. For details and color brochure, phone (305) 367-2311 or write Dept. SS, North Key Largo, Florida.

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The Complete Club Community
From Miami: by air 10 minutes, by car one hour, by boat 30 miles

# Here are gifts men say they'd like

**Every Christmas** there's a hue and cry from the ladies who complain that it's difficult to buy gifts for men. And teen-age sons and daughters agree.

So to prove that the task was not really all that difficult, we sent three married men out on a three-hour reconnaissance into department stores and building and hardware centers to take note of articles they would welcome as Christmas gifts.

If you suspect that most men are gadgeteers at heart, the list supports your theory.

*LESS THAN $5*

**House numbers.** Many houses, driveways, and mailboxes are not clearly marked with the appropriate numbers. Heavy redwood figures, 3 inches high, cost about 20 cents each; 5 inches high, 55 cents. Antiqued aluminum, 4 inches high, 40 cents. Porcelainized metal, 5 inches high, 10 color combinations, about 50 cents.

**Garbage can lid fastener.** This consists of two spring units with key ring attachments that fasten to the can handles and the lid handle—one unit on each side. The spring tension keeps the lid on the can, or against the side of the can when it's being emptied. About 50 cents.

**Bags for leaves, lawn clippings.** The heavy-duty plastic bags hold about 9 cubic feet of lightweight garden debris. A package of five, with twist closing strips, costs about 70 cents.

**Telephone lock.** A small device locks the dial of the phone so no one can call out without the key. It doesn't interfere with incoming calls. It's an effective way to discourage unauthorized calls from a phone in a poolhouse or home workshop, or on a patio. About $1.

**Tweezers for the craftsman.** Large industrial-type tweezers are very handy for picking up washers, screws, and other small objects. They're also helpful when you have to sort through boxes and drawers of miscellaneous shop and kitchen hardware. About $1.

**Reflector lights.** Reflectors mounted o aluminum stakes are useful to mark driveway or outline a parking area. Abo $1.30 each.

**Quick hose coupler.** Consider this for gardening husband. Half of coupler a taches to faucet, other half to hose; y can snap hose on and off the faucet in second. You can also use a coupler at t nozzle end of the hose to snap differe nozzles on and off. Male and female s tions are available separately. About $1. for complete unit, 90 cents for separ sections.

**Shut-off hose valve.** The unit goes on t end of the hose so you can regulate t flow of water or shut it off without wa ing back to the faucet. About $1.50.

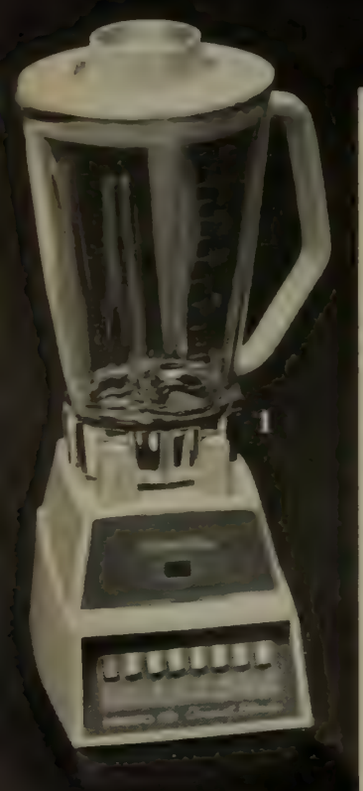
**Y shut-off.** This provides two hose conn tions from one faucet. Each connecti has an adjustment valve to regulate t water flow. About $1.50.

**Leather tool carrier.** This handy access fits on the belt. Some are soft leat bags, others have loops to hold too Price range is about $1.50 to $4.

**Offset ratchet screwdriver.** A very help tool for working in close quarters, it giv you good leverage and can be set for a angle. About $1.70.

**Bulb dimmer cord switch.** This unit, whi


# There's more cooking at Presto




## So gift-choosing is easier than ever!

Now there are more Prestos than ever. So gift-giving is naturally easier. Just look at the wide range of ideas pictured right here. (And keep in mind there are dozens more at your Presto dealer.) We designed them all to make women happy. To make homemaking and personal grooming easier. Pick a Presto . . . it's a thoughtful gift with no unhappy returns.

*The Presto Gift Sampler:*

1. New Presto Gourmet Blender
2. Presto Automatic Coffeemaker
3. Presto Can Opener/Knife Sharpener
4. Presto 2 or 4-Slice Automatic Toaster
5. Presto Deluxe Spray-Steam Iron
6. Presto Cordless Electric Knife
7. Presto Cordless Automatic Toothbrush
8. Presto Jumbo Fry Pan
9. New Presto Professional Mist Hair Dryer
10. Presto Pressure Cookers (the world's only complete line; aluminum, stainless steel, electric, non-electric, with or without Dupont TEFLON®. Now available in new Avocado porcelain, as shown.)

© N.P.I.I. 1968

ou install on the lamp cord, gives you wo levels of light on any standard light u b (six levels on a three-way bulb). bout $1.70.

**lass and bottle cutter.** A thin wire coated ith tungsten carbide grit, it fits an ordiary hacksaw, and cuts glass, hard steel, eramics, and marble. About $2.

**oodlight kit.** You can get brackets for ne, two, or three bulbs that fit standardzed outdoor light fixture boxes. They st about $2, $4, and $6 respectively (not cluding bulbs).

**ump oiler.** Anyone who has tried to oil ard-to-reach places on cars, mowers, ikes or other equipment will appreciate pump oiler. About $2.50.

**iff push-brooms.** For patio and driveay clean-up, a man needs a broom with iff bristles and a stout, reversible hanle. Brooms in 18 and 24-inch widths are ailable for about $3 and $4 respecively; sale prices may be as low as $1.30 d $3.

**ool caddy.** Two and three-tiered tool addies turn on ball bearings like a lazy usan and have partitioned trays for ails, tacks, nuts, bolts, and screws. Ring as openings to hold screwdrivers and ammers. The two-tiered model costs bout $4; three-tiered model, $5.

*$5 TO $10*

**Sprinkler timer.** You simply screw the compact unit on a garden hose bibb to time a sprinkler; it can be set to turn off after any period up to 20 minutes. About $5.

**Travel lock.** This small lock with clever brackets will secure your hotel or motel room door, cabinet, or drawer. About $5.

**Sink drinking fountain.** Screw the attachment on in place of the aerator on the sink faucet. The water is diverted up to the drinking fountain when you push a button on the side. Release the button, and you'll have a standard aerated water flow. About $6.

**Extension cord.** A cord of high quality is a welcome addition for house, shop, and yard. A 50-foot, 3-wire, 16-gauge cord of this type costs about $7.

**Dimmer for table lamps.** This dimmer socket, replacing the standard socket, lets you control the light level of a table lamp through the entire range from off to full capacity of the bulb. About $7.

**Dimmer wall control.** This, too, gives positive light selectivity from off to full brightness. It fits standard outlet boxes. When introduced several years ago, dimmer controls were relatively expensive. Now you can buy one for about $10.

*$11 TO $25*

**Electric eye for outdoor lights.** Several kinds are available, but all turn the light or lights on at dusk and off at dawn. One is a wall plate that can be connected to any outdoor light; another fits on an outdoor light post; there's one that comes as part of a one or two-socket floodlight unit; still another is in a special socket you insert between outdoor light socket and bulb. You can also buy a photoelectric wall switch that can be operated manually or set on automatic (see page 106 of the November 1968 *Sunset*). Prices for all these are about $10 to $15.

**Adjustable shower head.** You can adjust the intensity of the shower spray from a soft flow to a skin-tingling sharpness. It's great for the man who likes to end his shower with a cold, forceful spray. You have a wide choice of models from plain to fancy, but most models we saw were in the $10 to $25 range.

**Hand trucks.** If you have container plants, a hand truck is almost essential. It's also very useful if you have to move the garbage cans out to the street on pick-up days and for moving heavy appliances. You can buy a lightweight model for about $8; but plant containers with wet soil are heavier than you think, so you might consider a sturdier model at $15 to $25.

SUNSET'S

# *Kitchen Cabinet*®

**Food plays** an important role in the festivities that most familie crowd into this busy month. The meals you serve need not be elab orate; often the simplest dishes, attractively presented, are the one most appreciated by families and guests.

Consider a good brisket of corned beef, simmered first, then oven glazed and garnished. It makes a fine roast to slice at the table o to preslice and serve from a buffet.

The Christmas salad ring makes a colorful addition to a buffet o dining table. Pickled beets give the bright red color to this make

*Orange slices plus a spicy sauce flavor the beef while it heats in the oven*

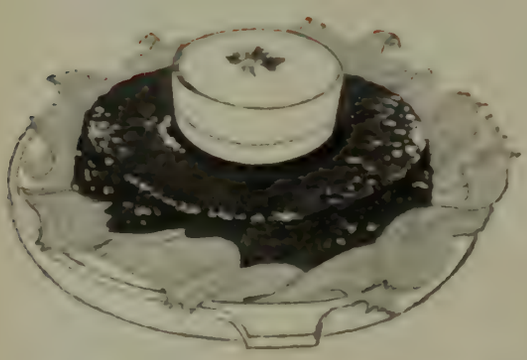
### *ORANGE-GLAZED CORNED BEEF*

Pick out a compactly shaped corned brisket or round of beef for this roast.

- 4 or 5-pound corned beef
- Water
- 1 *each* large onion and carrot, cut up
- 4 small, dried hot chile peppers
- 1 whole orange, thinly sliced
- 8 whole cloves
- Grated peel and juice of 1 orange
- 1 cup tomato juice
- ¼ cup chile sauce or catsup
- ¼ cup brown sugar, firmly packed
- ½ teaspoon *each* dry mustard and chile powder

Put the corned beef in a large pan and cover with water. Add onion, carrot, and chile peppers, crushed. Cover and simmer gently until tender, about 3 hours. Remove meat and place with fat side up in a shallow roasting pa (save the broth for soups). Arrang about 4 of the orange slices over roast each stuck with 2 cloves.

For the glaze, combine in a small pa grated orange peel and juice, tomat juice, chile sauce, brown sugar, mus tard, and chile powder; heat to boiling Drizzle all over top of meat. Bake i a 350° oven until heated and glaze about 25 minutes; baste often wit juices in pan. Remove orange slice from roast and garnish with remainin slices. Pass pan juices at the table Serves 6 to 8.—*H. N., San Francisco*



*Using pickled beets with liquid from cans makes quick work of tangy salad*

### *CHRISTMAS SALAD RING*

Present this showy red salad on crisp greens, perhaps with a small bowl of the dressing in center of ring.

- 2 cans (1 lb. *each*) sliced pickled beets
- Water
- 2 packages (3 oz. each) lemon or orange-flavored gelatin
- ¼ cup finely minced onion
- ½ teaspoon salt
- ⅛ teaspoon allspice
- 1 teaspoon prepared horseradish
- 3 tablespoons lemon juice
- Salad greens
- Sour cream dressing (recipe follows)

Drain the liquid from the beets and measure it; add water to beet liquid to make 3½ cups liquid. Set aside beets In a pan combine the gelatin, beet liq uid, onion, salt, allspice, and horse radish. Stir over medium heat unt gelatin is dissolved. Remove from heat stir in lemon juice, and chill unti syrupy. Dice beets and add to gelati mixture. Pour into 2-quart ring mol or other salad mold and chill until set Unmold on salad plate and garnis with salad greens. Serve with the sou cream dressing. Makes 8 to 12 servings —*C. C., Lakewood, Calif.*

*Sour Cream Dressing.* Combine ½ cu *each* sour cream and mayonnaise. Sti in 1 tablespoon prepared horseradish.

*Turn leftover turkey into this company dish with creamy cheese topping*

### *TURKEY CASSEROLE AU GRATIN*

Dice cold, cooked turkey into large pieces, then add the tomato sauce.

- 4 tablespoons soft butter or margarine
- 1 medium-sized onion, chopped
- ½ green pepper, seeded and diced
- ½ teaspoon whole basil, crushed
- 1 can (1 lb.) tomatoes
- 4 cups diced cold cooked turkey
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- 2 small packages (3 oz. *each*) cream cheese (at room temperature)
- ¼ cup milk
- 3 tablespoons shredded Parmesan cheese

Heat 1 tablespoon of the butter in a frying pan and sauté the onion and green pepper over medium heat until soft, about 5 minutes. Add basil an tomatoes, including tomato juic (break up tomatoes with a fork). Coo rapidly, stirring, until most of th liquid is evaporated. Stir in turke salt, and pepper, and pour into a shal low 1½-quart casserole.

In a small bowl, mix the cream chees with the remaining 3 tablespoons but ter until blended. Gradually beat i the milk until smooth, then sprea it evenly over turkey in casserol Sprinkle with Parmesan. Bake, un covered, in a 400° oven for 20 minute or until heated through. Makes 4 t 6 servings.—*A. D., Menlo Park, Cali*

head salad with good balance of sweet and tart flavors.

When thinking of ways to remember friends at this season, don't overlook the idea of presenting something from your kitchen. Two recipes here suggest gift giving: a quick bread that's laced with cranberry and orange, and some nut and fruit-filled cookies.

We invite you to share recipes devised to suit holiday occasions in your own family. Send recipe contributions to Home Economics Department, *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

## LAMB PILAF WITH VEGETABLES

This dish, almost a complete meal for four people, cooks in one pan.

- 4 tablespoons butter or salad oil
- 1½ pounds boneless lean lamb, in about 1-inch pieces
- 1 cup brown rice or regular white rice
- 1 medium-sized onion, sliced
- 1 small clove garlic, mashed
- About 1½ cups regular strength chicken broth
- 1 teaspoon ground cumin
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 2 zucchini squash, thinly sliced
- 1 can (1 lb.) pear-shaped tomatoes, drained, coarsely chopped
- ¼ cup seedless raisins

Heat the butter or oil in an electric frying pan or other large pan with a tight cover, using medium heat. Put in meat and cook until browned on all sides. Cover, reduce heat, and simmer 30 minutes. Remove cover, push meat to one side, and sauté rice and onion about 5 minutes.

Add the garlic, chicken broth, cumin, salt, and pepper. Stir until blended, cover pan, reduce heat, and simmer until rice is tender, about 20 minutes, adding more broth or water, if needed. Arrange squash, tomatoes, and raisins over meat. Cover again, and continue cooking until vegetables are tender-crisp, 5 to 10 minutes more. Makes about 4 servings.—*L. S., Eugene, Ore.*

*If you make this in an electric frying pan, you can serve from the same pan*

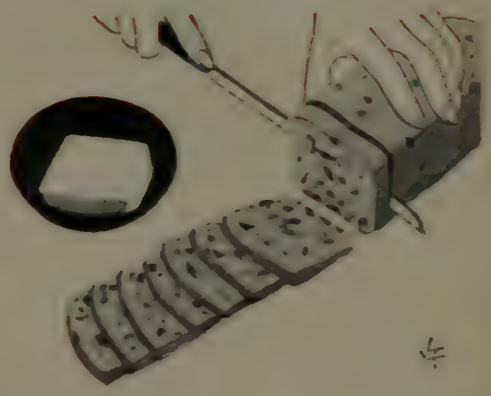
## CRANBERRY QUICK BREAD

For a holiday breakfast, serve this bread warm with butter. Or wrap and present it as a gift from your kitchen.

- 1¾ cups all-purpose flour (unsifted)
- 1 cup sugar
- 3 teaspoons baking powder
- ¾ teaspoon salt
- ½ teaspoon cinnamon
- 1 egg, slightly beaten
- 3 teaspoons grated orange peel
- ¾ cup milk
- 2 tablespoons melted butter, margarine, or salad oil
- 1 cup raw cranberries, chopped

Combine the flour with the sugar, baking powder, salt, and cinnamon, and sift into a bowl. Combine the egg with orange peel, milk, and butter or oil; pour all at once into the dry ingredients. Mix just until thoroughly moistened. Stir in cranberries. Spoon mixture into a well greased loaf pan (about 4 by 8 inches). Bake in a 325° oven until bread is brown and tests done when a pick is inserted in center, about 1 hour. Serve warm or cold. It keeps well for about a week in the refrigerator, or can be frozen. Reheat, if you wish, wrapped in foil. Makes 1 loaf.—*S. D., San Diego.*

*To serve as a tea bread, slice thinly and spread with softened cream cheese; you might flavor the cheese to your taste with a little grated orange peel.*



*Slice this fruit bread as thin as you like; spread with softened cream cheese*

## CHERRY-NUT COOKY CUPS

Like fruitcake, these cookies age well: pack in tightly covered container.

- ¾ cup brown sugar, firmly packed
- ½ pound (1 cup) butter or margarine
- 1 egg
- 1¼ cups regular all-purpose flour
- ½ teaspoon each cinnamon, salt, and soda
- 1 pound soft dates, pitted, chopped
- About 6 ounces each red and green candied cherries, chopped
- 2 slices candied pineapple, chopped (optional)
- 1 pound shelled Brazil nuts or walnuts (about 3½ cups), chopped
- ½ pound blanched almonds, coarsely chopped (about 1½ cups)

In a large mixing bowl, cream the sugar and butter together until fluffy. Add the egg and beat well. Sift flour, then measure and sift together with the cinnamon, salt, and soda. In another bowl, combine all the fruits and nuts; sprinkle about ¼ cup of the flour mixture over fruits and mix in well. Add remaining flour mixture to the batter and stir until blended. Add the fruit and nut mixture and mix well.

Drop by tablespoonfuls into small paper baking cups (look for them in variety stores); set cups on baking sheet. Bake in a 325° oven until lightly browned, about 25 minutes. Cool thoroughly before packing. Makes about 7 dozen.—*D. K., Palo Alto, Calif.*

*Bake cookies filled with fruit and nuts for gifts or to serve your holiday guests*

# Judgement day~ 365 times a year

Not a day passes without personal judgements by members of the Weibel family —personal judgements of quality, aging progress and maturity of the superior wines marked with the Weibel name for three generations. For the Weibel family, judging and guarding the high quality of the wine is not a duty. It is a source of daily pleasure and pride. The results are yours to enjoy. From the vineyards at Mission San Jose, California—the small community of unique serenity where wines are gentled into greatness by Weibel.

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Weibel Champagne Vineyards, Mission San Jose, Calif

**Marzipan candies,** *shaped as wreaths, acorns, trees, and logs, go well with coffee*

**Slide butter paddles** *lengthwise, tiltin edges together, to make these cone tre*

# Making your own marzipan

**These softly tinted** candies in traditional Christmas shapes are made of marzipan, a delicately flavored almond mixture.

You usually see marzipan in colorful fruit and vegetable shapes, classic forms that require great skill and patience in the making. We searched for a simpler method and found that wooden paddles used for shaping butter will produce uniform candies quickly and give them attractive surface patterns. These paddles sell in hardware, houseware, and department stores for about $1.

The basis of marzipan is a paste of ground blanched almonds. Fortunately, we no longer have to pound and blend the almonds ourselves; ready-to-use almond paste is available in specialty food sections of markets.

**MARZIPAN**

- ¼ cup (⅛ lb.) butter or margarine
- ¼ cup light corn syrup
- ¼ teaspoon salt
- ¼ teaspoon almond extract
- ½ teaspoon vanilla
- 1 package (1 lb.) powdered sugar
- 1 can (8 oz.) almond paste
- Green, red, and yellow food colors
- Miniature silver or gold decors

With a spoon cream butter in a bowl until soft, then blend in syrup, salt, almond extract, and vanilla. Set aside 3 tablespoons of the powdered sugar to use when adding food colors; blend remaining sugar, about one-third at a time, into butter mixture. As mixture becomes stiff, squeeze and knead it with hands to blend in the sugar. Cut almond paste in several pieces, add to sugar dough, and continue to mix with hands until blended and smooth.

To make about 15 *each* of the 4 shapes shown, color dough this way: measure 2 teaspoons of plain white dough; set aside, wrapping tightly. Measure another 1 tablespoon dough and add one small dro *each* red and yellow food color to mak light orange; wrap. Divide remainin dough in half. Add about 3 drops gree food color to one half to tint green f trees and wreaths. To other half, ad about 20 drops red, 13 drops green, an 15 drops yellow food colors to make a ric brown for logs and acorns. If food colo make dough sticky, work in some of t reserved powdered sugar. Keep each pie of dough tightly wrapped.

For each candy, measure 1 rounded te spoon dough and roll into a ball. Sha half the dough at a time, keeping remai der covered. Directions for shaping f low. Dry shaped candies on waxed pap at room temperature for at least 4 hour Wrap marzipan airtight and refrigerate freeze; it keeps at least several month Makes about 5½ dozen.—*C. C., Lak wood, Calif.*

*To shape tree:* Place green ball left of ce ter between the paddles and slide the back and forth lengthwise, tilting lo edges together at one side to form a con Stand upright.

*Wreath:* Place green ball in center of pa dles and slide them back and forth lengt wise, tilting long edges together first one side and then at the other to for pointed ends. Overlap ends to form wreath; press into a layer of decors.

*Log:* Place brown ball in center of paddl and slide them from side to side crosswis Press tiny flat circles of the white dou onto each end.

*Acorn:* Place a brown ball in center paddles and rotate them in an elliptic pattern to make an oval shape; let dr Then with fingers shape a cap, using abo ¼ teaspoon orange dough; press on acorn; pinch in center to form stem.

# 4 ways to trim a holiday dinner with illsbury Poppin' Fresh Dinner Rolls.

## In the dairy case.

**Butterflake Dinner Rolls!** Trim a turkey with these fancy-looking dinner rolls. They're layered with Grade A butter to bake up light and tender. Elegant, they are. Expensive, they aren't.

**Crescent Dinner Rolls!** Serve 'em with the roast of your choice. They bake up light and flaky because they're layered like fine pastry. When you put them on the table, folks will think you fussed a lot more than you did. (Don't tell 'em any different either.)

**Parkerhouse Dinner Rolls!** There's no rule saying you have to serve 'em for dinner. So bake 'em up for a holiday luncheon. Or split them in half and ladle on some of that good tetrazzini of yours.

**Butter-Layered Loaves!** Pass 'em around. (They're layered with real butter.) When you're in between feasts, you can still add some festivity to those family suppers. You'll be surprised what they can do for a casserole, a stew, or all that leftover turkey. (Maybe you ought to pick up two cans.)

# Sweetheart of a sweet pea

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DARROW M. WATT

**iss dessert** *has nougatlike filling in rich ust; serve small wedges with coffee*

# *How Swiss skiers end the day*

**ne of the favorite** treats of Swiss skiers this rich nut dessert that's especially pular in the Engadine ski resort area.

*NGADINE NUT TORTE*

it 2 cups sugar in a frying pan over edium heat; stir with a wooden spoon ntil sugar melts completely and reaches 20° (use deep frying thermometer); syrup ould be deep golden brown. All at once ld 1 cup whipping cream; sugar will arden; stir until blended smooth again. emove from heat; stir in 2½ cups arsely chopped walnuts (or use half anched almonds). Let stand at room mperature for 10 to 20 minutes.

sing an electric mixer, cream 1 cup but- r with ½ cup sugar; beat in 1 egg. Grad- ally blend in 2¾ cups unsifted regular l-purpose flour. Press two-thirds of ough evenly onto bottom and sides of ngreased 9-inch layer cake pan (about ½ inches deep) with removable bottom. poon in nut mixture; refrigerate.

oll out remaining dough between two eces of waxed paper, to a circle 9½ to inches in diameter; chill until firm ough to handle, about 30 minutes. Peel f one sheet of paper and invert pastry ver torte; remove remaining paper. Fold dge of pastry under to meet edge of pan; ress edge of pastry with a fork, dipping rk in flour.

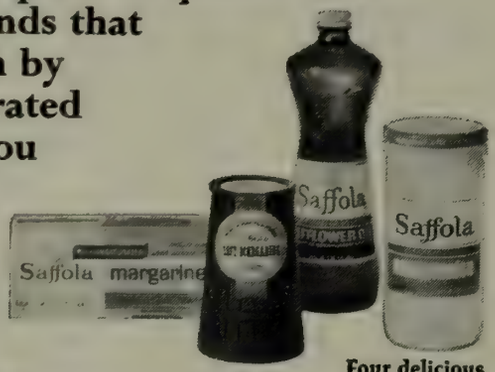
rick vent holes in top; brush with 1 eaten egg white. Bake in a 325° oven bout 1½ hours, or until medium brown.

ool about 10 minutes, loosen from pan, nish cooling in pan. Serve at room tem- erature. Can be stored in refrigerator for to 4 weeks, if you wish. Makes 10 to 12 ervings.—*H. S., Menlo Park, Calif.*

Bravo!

# When you serve Saffola on the butter plate, only your doctor can tell the difference.

**The important difference in Saffola margarine is safflower oil. This 100% vegetable oil is highest in good poly-unsaturates — and lowest in saturated fats. Yet Saffola tastes just like the real thing: the rich, expensive spread. When your doctor recommends that you guard your health by cutting down on saturated fats, it doesn't mean you have to cut down on flavor, too.**

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DARROW M. W

**Glazed onions** *garnish this elegant o*

# *French stew bake in the oven*

**This beef stew** from France, rich in w and mushrooms, is easily managed cause it bakes in the oven. Butt browned potato slices and a green sa enhance it.

***PROVINCIAL BEEF STEW***

- 2 tablespoons olive oil or salad oil
- 1½ pounds boneless lean beef, cut in ½ by 3-inch strips
- 2 teaspoons *each* sugar and wine vinegar
- ¾ cup *each* dry red wine and regular-strength beef broth
- 1 teaspoon salt
- ½ teaspoon pepper
- 1 large onion, thinly sliced
- 1½ pounds fresh mushrooms, sliced
- 1 tablespoon butter or margarine
- ¼ cup water
- 1 tablespoon cornstarch
- Glazed onions (directions follow)

Heat 1 tablespoon of the oil in a fry pan; add beef and cook over mediu high heat, stirring until juices evapor Add sugar and vinegar and cook u meat is browned; transfer beef to a quart casserole. Add wine, broth, salt, pepper to pan and bring to boil, scrap up drippings; pour into casserole. Add maining oil to pan and cook onion sl over medium heat until translucent; into casserole and bake, covered, in a 3 oven for 50 minutes.

Meanwhile, sauté mushrooms in fry pan with butter, stirring until juices ev orate. Blend water with cornstarch; into casserole along with mushroo Bake 20 minutes longer, covered. Rem from oven and garnish with glazed onio Serves 6.—*R. C., Belmont, Calif.*

*Glazed Onions.* Peel ½ pound small wh onions; make crosswise cut in stem en Cook in boiling salted water to cover 20 minutes or until tender. Drain; ad tablespoon butter, heat to glaze onio

# Now Nabisco freezes cookies you can bake at home in 12 minutes

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Here is the happy family eating NABISCO Easy Bake Cookies fresh from the oven. They are smiling because the cookies are rich, delicious and they taste home-baked. Which they are.

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**CLIP AND MAIL IN THIS COUPON**

# We baked it specially for party givers

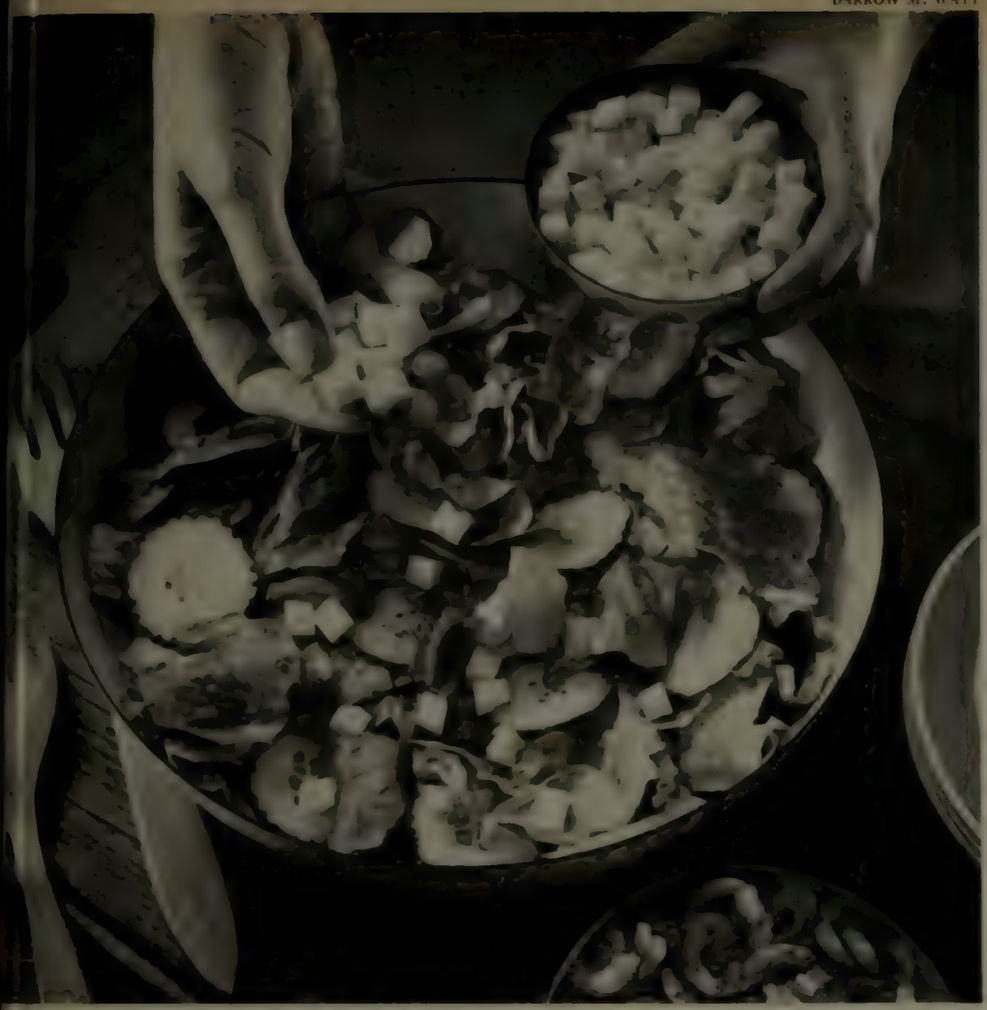
We had the art of entertaining in mind when we developed the recipe for Oroweat Buffet Rye. We wanted a rye that would be a good companion to the foods that grace the buffet and the hors d'oeuvre tray — a rye to give zest to the mildest cheese, yet carry itself with a spicy and unrestrained ragout.

In Buffet Rye we introduce the elusive tang of a bit of sour rye and a little more salt and caraway than in the mello ryes. You'll note, too, an unusually high glaze and chewine the crust, where the piquant flavor of this rye is accentua

OROWEAT

Oroweat Baking Co. of S. F.

DARROW M. WATT



**hrimp salad** *for first course can be mixed at the table. On a tray, arrange large salad owl with greens and cucumber, dishes with cubed cheese and shrimp in dressing*

# Two tasty shrimp salads

**hrimp** enhances salads with flavor, substance, and color. You can enjoy shrimp n either first-course or main-dish salads, s these two recipes show.

A tangy aspic filled with shrimp and artichokes is a good lunch or supper choice.

*HRIMP AND ARTICHOKES IN ASPIC*

- 1 pound medium-sized shrimp
- Boiling salted water
- 3 envelopes unflavored gelatin
- 4 cups vegetable juice cocktail
- 2 tablespoons *each* lemon juice and prepared horseradish
- 1 tablespoon grated onion
- 1 teaspoon seasoned salt
- ⅛ teaspoon liquid hot-pepper seasoning
- Dash pepper
- 1 jar (6 oz.) marinated artichoke hearts
- Lettuce
- Sour cream (optional)

ook shrimp in boiling salted water for 2 o 3 minutes, until pink and tender. Drain, remove shells and sand veins; chop coarsely. Soften gelatin in 1 cup of the vegetable juice cocktail. Bring remaining 3 cups vegetable juice to a boil; stir in gelatin mixture until completely dissolved. Remove from heat and blend in lemon juice, horseradish, onion, salt, hot-pepper seasoning, and pepper. Drain artichokes, stirring marinade into gelatin mixture. Chill gelatin mixture until slightly thickened. Blend shrimp and artichokes into gelatin mixture; spoon into a 6½-cup ring mold. Chill until firm, 2 to 3 hours. Turn out on a lettuce-lined plate; serve with sour cream, if you wish. Makes 6 servings. —*R. M., Arcadia, Calif.*

Marinate small shrimp in dill dressing for the green salad shown above.

*GREEN SALAD WITH DILLED SHRIMP*

Combine ¼ cup olive oil, 1½ tablespoons white wine vinegar, 1 tablespoon lemon juice, ½ teaspoon dill weed, ¼ teaspoon salt, ⅛ teaspoon dry mustard, dash pepper, and 1 clove garlic, minced or mashed; shake well to blend. Pour over ½ pound cooked small shrimp; cover and let stand for about 1 hour in refrigerator. To serve, mix shrimp mixture lightly with 4 cups *each* chilled torn romaine and butter lettuce, ¾ cup cubed Tilsit or jack cheese, and ½ cucumber, thinly sliced. Makes 6 servings.

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**Concentration,** *deliberation, and a helping hand to transfer cookies to baking sheets. Dough, worked and reworked, holds up*

# These Christmas cookies are child's play

**Making cookies** may be child's play, but the junior bakers at work here take the matter seriously even though the occasion is a party.

We invited these 4 to 6-year-olds into the *Sunset* kitchens to make cookies with a dough that's good even when handled a bit more than necessary. We wanted to get their reactions and taste the results before recommending such an undertaking at home. Everything turned out well —in fact, this is a marvelous way to keep four or five youngsters (for each helping-hand mother) productively busy for a couple of hours.

They worked diligently, nibbled continually on the raw dough, munched a few of their excellent baked cookies, and left fatigued but highly pleased with their labors. Each took a small hoard of cookies home for a holiday surprise.

DARROW M.

**Improvised** *terry-towel aprons, safety-pinned to neck loop of heavy yarn, adjust for all sizes, bear brunt of flour, dough*

**We gave each guest** *a cutter to keep, out shape identifies the cutter later, use, even if child can't read the nam*

**Keep flour handy** *to dust pastry cloth, dip cutters. Work with small lumps of dough*

**"My goat's stuck!"** *Animal-shaped cutters add to fun. Cookies can be amazingly thin*

Supplies you need to duplicate this party nclude a selection of cooky cutters (one nother lent us a collection of inexpensive nimal shapes) and rolling pins for all you may need to have the children bring hem from home). Pastry cloths (one for ach one or two children) and cotton stockings for the rolling pins are worth ollecting as they make the dough easier o handle.

***BROWN SUGAR CHRISTMAS THINS***

- 1 pound brown sugar
- 1 pound soft butter or margarine
- 1½ teaspoons vanilla
- 4½ cups unsifted regular all-purpose flour

Cream sugar, butter, and vanilla until luffy, then work in flour; mix at slow speed or use a spoon or your hands. Shape nto a smooth ball; cover and chill as long as a week. Let dough come to room temperature before rolling.

Pinch off a small lump of dough, shape nto a ball, then flatten and roll very thin n a well floured pastry cloth or board.

Cut in desired shapes and place on ungreased baking sheets. Bake at 300° for about 15 minutes (more or less depending upon thickness of cookies) or until slightly browner than raw dough. Cool cookies briefly on baking sheet, then transfer to wire racks to cool completely. Package airtight; they stay very crisp. Makes about 15 dozen cookies, each ⅛ inch thick and 2½ inches in diameter.

**Thin brown sugar cookies** *are caramel-flavored, wonderfully crisp. You may find it works best to fill several cooky sheets, then bake an ovenful at a time. Cool on wire racks*

DARROW M. WATT

**This holiday buffet** *features a double entrée: sliced ham, and curried eggs with shrimp*

# DECEMBER MENUS

*Sliced ham for a holiday buffet . . .*
*a make-ahead beef stew for supper*
*. . . a clam chowder menu for anytime*

**The pace** of December increases your need for simpler family meals and do-ahead menus for company meals. Here we present plans for a holiday buffet that could be served almost any time of day; a dressed-up supper stew for family or company; and a filling clam chowder for the family's lunch or supper.

## *Holiday buffet*

It might be brunch, late evening supper, or somewhere in between, but sometime this month the time should be right for this colorful meal for 12. Much of the preparation can be done in advance and your table will need little watching once the party is in progress.

**Fruit-filled Orange Cups**
**Sliced Baked Ham**
**Curried Eggs and Shrimp**
**Assorted Cheeses (optional)**
**Sweet rolls Plain rolls Butter**
**Coffee Tea**

Purchase your favorite ham and serve it hot or cold, studded with bright red or green candied cherries. The boneless fully cooked ham in our picture sliced well for buffet service. If you decide to serve a cheese tray, good choices include these: a seeded Leyden, an Edam with a bright red rind, a piece of Colby, or Swiss cheese.

You can prepare the ingredients for the curried eggs and shrimp a day ahead refrigerate, then combine and heat just before serving. Heat half the ingredients in the serving pan (a chafing dish or electric frying pan) and the other half in a frying pan on the range; refill the serving pan as needed.

Prepare fruit (such as orange sections grapefruit sections, pineapple chunks) and orange shells early in the day; refrigerate. Fill orange cups with fruit an hour or two before serving; keep cold.

On the serving table, you might use an electrically heated basket to hold the breads and a warming tray for the ham—if you decide to serve it warm.

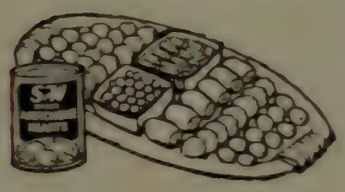
*Curried Eggs and Shrimp.* Hard cook 30 eggs (see *The best way to cook an egg* on page 100 of the March 1966 *Sunset).* Peel and cool. Peel, devein, and cook about 2½ pounds medium-sized shrimp in boiling salted water until just pink. Have ready ½ cup chopped green pepper and ¼ cup cut-up pimiento.

To make the sauce, melt ¼ cup butter or margarine in a large frying pan. Stir in ¼ cup flour, ¾ teaspoon salt, dash pepper, and 2 teaspoons curry powder (or to taste); cook about 1 minute. Gradually add 2¾ cups milk (or part cream

# Season's Best from S and W

These simple serving suggestions are S&W's way of wishing you the best for the holiday season. And the extra quality that goes into all S&W foods is S&W's way of bringing you the best in food values the year around.

## A Colorful Hors d'Oeuvres Platter



On a flat dish or platter, make an attractive arrangement of:

S&W Marinated Garbanzos
S&W Dilled Green Beans
S&W Pickled Party Beets
S&W Tiny Size Spiced Artichoke Hearts
S&W Black and Green Olives
S&W Pickles

## Fancy Vegetable Ideas

Combine 2 Tbsps. melted butter, 1½ tsp. lemon juice, and 2 Tbsps. honey in saucepan. Heat. Add drained, rinsed, S&W Small Whole Onions and cook until thoroughly heated.

Dip drained S&W Asparagus in lightly beaten egg. Roll in your favorite-flavored bread crumbs. Sauté in butter.

Heat S&W Vertical Pack Green Beans in their own liquid. Drain and place in serving dish. Cover with sautéed mushrooms and decorate with S&W Pimiento slices. Season to taste.

## Simply Wonderful Yams and Pecans

2 (1 lb. 2 oz.) cans S&W Small Whole Yams, drained
½ cup S&W Pecans, finely chopped
¼ cup butter
¾ cup brown sugar
½ cup S&W Apricot Nectar (drink the remainder or save for basting)

Arrange yams in greased shallow baking dish. Press chopped pecans into tops of yams. Melt butter in saucepan, add the brown sugar and apricot nectar and cook until syrupy —about 5 minutes. Pour syrup over top of yams slowly. Bake in preheated 350 degree oven about 30 minutes or until well glazed. Serves 6-8.

## A Quick and Easy Canapé

Mix S&W Crab or S&W Shrimp with S&W Seafood Cocktail Sauce and spread on crackers for canapes or snacks.

## A Garnish for Your Entree

For a spicy, decorative touch, fill halves of S&W Apricots, S&W Peaches or S&W Pears with S&W Mincemeat. Surround poultry or ham with stuffed fruit the last ten minutes of roasting and serve as a garnish.

**S&W Fine Foods—to know one is to love them all!**

# Betty Crocker

News from General Mills

**Decorate with food!**
Books warm up a room. Flowers warm up a room. And—try it and see—food adds extra warmth to a room's hospitality. A friendly bowl of fruit. Christmas cookies in a jar. And snacks like Pizza Spins, Bows, Buttons or zippy new Barbecue Vittles in apothecary jars. Warm up your rooms for the holidays—with food.

**How to be an educated consumer—No. 1**
*Be your own comparison-shopper this holiday season! An educated consumer, we think, is a woman who sees a bargain, but doesn't go overboard. She compares it with the brand she is using—in taste, texture, color, price. If the new brand does taste better, if it does cost less, she has a bargain. If it doesn't measure up, she goes back to her own brand. She has made her buying decision intelligently as an educated consumer. That's the kind we like at General Mills!*

**Do you know**
that you can make a charming holiday tree with marzipan cookies shaped like sparkling little fruits? Read how on your Christmas sack of GOLD MEDAL Flour. Then look inside for 5 more recipes like Eggnog Cake and Sugarplum Cookies. Delicious, every one!

You can dip Christmas star-and tree-shaped cookie cutters in red or green food coloring and press lightly on a creamy white frosted cake. Instant decorating!

**A new cereal named CLACKERS tastes just like graham crackers. Great for breakfast, wholesome for snacking!**

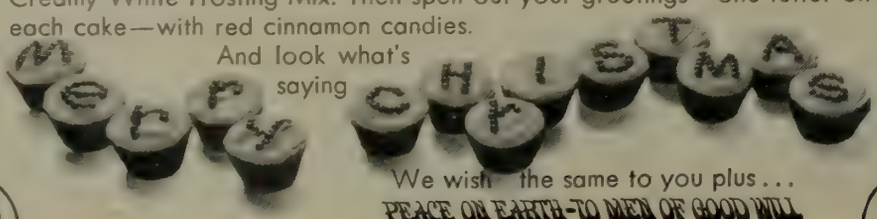
"INSTANT INSANITY®" the new puzzle from Parker Brothers (now in the General Mills family), is the perfect fit for a Christmas stocking and a unique tantalizer for anyone in your family.

*Christmas candy-making is a breeze with the easy recipe for Divinity Fudge on our FLUFFY WHITE FROSTING MIX package. We add chopped candied cherries for the holidays.*

**Balance feasting with fasting—**
No two ways about it, we all eat too much this time of the year. Here at General Mills, a lot of us are pledging to keep fit and not fat by balancing those big meals with light cereal lunch and suppers. A bowl of TOTAL takes care of your vitamin needs. Add skim milk to CHEERIOS and you have a light meal for less than 200 calories. On with the feast—but occasionally fast. Pleasantly. With CHEERIOS and TOTAL!

**A gift from the kitchen** is a gift from the heart. Even if you didn't get off to an early start, there's still time to bake up batches of holiday brownies (frost with Dark Dutch Fudge Ready-to-Spread Frosting or sprinkle crushed candy canes on our Fudge Brownie Mix batter before baking); bake Festive Fruitcakes (that recipe is on our Date Bar Mix package) and wrap in plastic for last-minute gifts; and bake Christmas cupcakes, using the cupcake directions on any Betty Crocker Cake Mix package. Frost with Fluffy or Creamy White Frosting Mix. Then spell out your greetings—one letter on each cake—with red cinnamon candies.

And look what's saying




We wish the same to you plus . . .
PEACE ON EARTH-TO MEN OF GOOD WILL


and ¼ cup dry white wine (or use 3 cu milk and cream); stir over medium h until sauce is smooth and thickened. ( this point, you can cover surface of sau with plastic film and chill.)

To assemble, arrange about half the eg shrimp, green pepper, and pimiento each of two pans—chafing dishes or el tric frying pans; spoon half the sauce i each pan. Cover and set chafing dish o hot water or heat electric frying pan about 225°. When sauce, eggs, and shri are warm enough to serve, about 30 m utes, lower heat to keep them just wa Serves 12.—*M. L. W., San Mateo, Ca*

## *Colorful beef stew supper*

Vegetable condiments in sparkling ar get spooned over individual servings richly browned beef stew for this fan or company menu.

**Rich Beef Stew**
**Vegetable Condiments**
**Sour Cream or Yogurt**
**Steamed Rice** **Buttered Green Bea**
**Cranberry Ice Cream Sundaes**

You can make the stew as much as a or two ahead of serving, if you wish. P pare the condiments and the cranbe sauce for dessert and refrigerate them covered serving dishes several ho before dinner time. Just before din you'll need to steam rice, reheat the st and cook the beans.

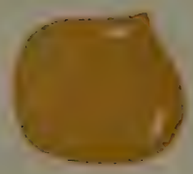
**Rich Beef Stew**

- 1 medium-sized onion, chopped
- 1 clove garlic, chopped
- 3 tablespoons butter, margarine, or salad oil
- 4 pounds boneless lean beef chuck, cut in 1½-inch cubes
- ½ cup soy sauce
- ½ cup dry red wine or regular strength beef broth
- 2 tablespoons *each* catsup and vinegar
- ½ teaspoon whole oregano, crumbled
- 2 cups water
- Yogurt or sour cream
- Vegetable condiments (suggestions follow)

In a large (4 qt.) heavy pan or Du oven, sauté onion and garlic in 1 tal spoon of the butter until onion is just der. Remove onion to a plate and about one-quarter of the meat into pan; brown on all sides. Remove meat to plate and brown remaining m in three more batches, using remain butter as needed.

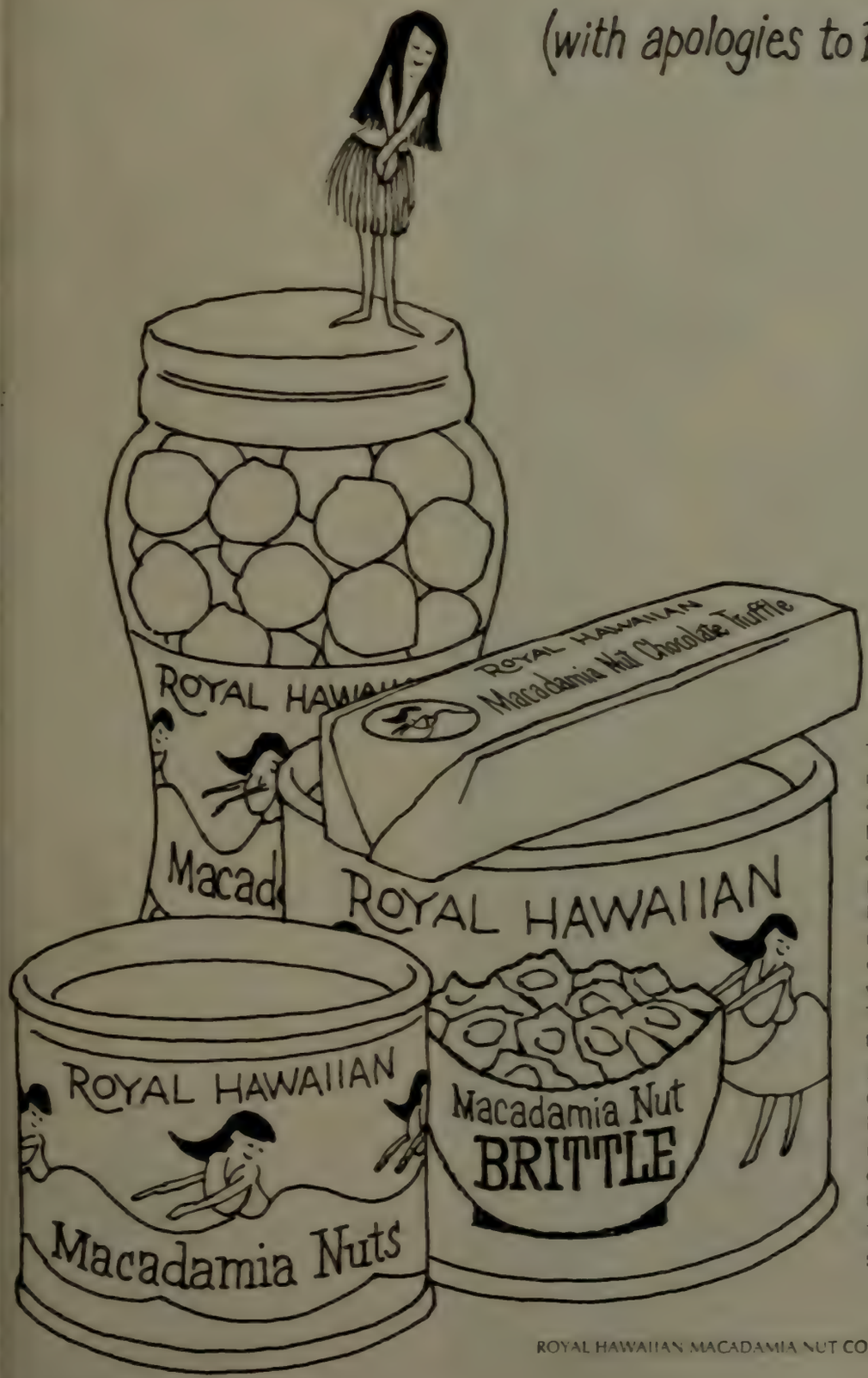
When all the meat is browned, put it back into the pan along with onions garlic and add the soy sauce, wine broth, catsup, vinegar, oregano, a water. Cover, bring to a boil, and sim gently about 45 minutes or until mea tender. (Cool and refrigerate, if you wi skim off solidified fat before reheating

Serve with steamed rice. Pass bowls sour cream or yogurt and chopped etables to be spooned over the stew



# The three faces of the Royal Hawaiian Macadamia Nut

(with apologies to Eve)




There was a time when you said Royal Hawaiian Macadamia Nut three times quickly, it meant only one thing: the rare taste of a jar or tin of perfectly-shaped, *whole* nuts.

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# Voila!

## Pitted Prune Feu de Joie

*All it takes is Sunsweet Pitted Prune plumped in wine or brandy and a scoop of vanilla ice cream.*

**Sunsweet Pitted Prunes** are easil plumped and marinated in brandy, win or orange juice. Keep a jar on han ready for a flavorful dessert or a savor meat garnish.

Place pitted prunes in a bowl and pou just enough brandy or medium swee dessert wine to barely cover them. Le stand a few hours, then heat to simmer ing point to be sure that prunes fully ab sorb the liquid. Serve while still hot, o cool and refrigerate until serving tim

### *PITTED PRUNE FEU DE JOIE*

2 cups Sunsweet® Pitted Prunes
1 quart vanilla ice cream
¾ cup brandy, wine, or orange juice
⅓ cup toasted sliced almonds
lemon twists
3 tablespoons brandy or cognac

Plump prunes in ¾ cup of brandy, win or orange juice. Prepare as above. Scoo 6 vanilla ice cream balls and place i sherbet dishes. Sprinkle with almond: garnish with lemon twists. Snip the ti of the prunes for easier flaming. Ignit 3 tablespoons of brandy or cognac, an spoon flaming over prunes. Serves si

SUNSWEET GROWERS INC., SAN JOSE, CALIF.

as condiments are served with a meat curry. Makes 6 to 8 servings.

*Vegetable Condiments.* Arrange these cut-up vegetables in separate small dishes or in several sections of a segmented dish: about 1 bunch green onions, including part of the tops, chopped; 1 large green pepper, seeded and chopped; about 1½ to 2 cups halved or quartered cherry tomatoes. Cover and chill until served.

*Cranberry Ice Cream Sundaes.* Combine 2 cups (½ lb.) fresh cranberries, 1 cup sugar, ½ cup water in a saucepan; bring to a boil and cook gently about 5 minutes. Stir in ⅛ teaspoon nutmeg and 2 tablespoons Kirsch or orange juice concentrate. Chill sauce before serving it over scoops of vanilla ice cream. Makes about 2 cups—about 6 servings.

## *Family clam chowder*

Lots of clams and plenty of vegetables make this a hearty entrée. You might serve it for a Sunday evening supper or for lunch when all the family's home for the holidays.

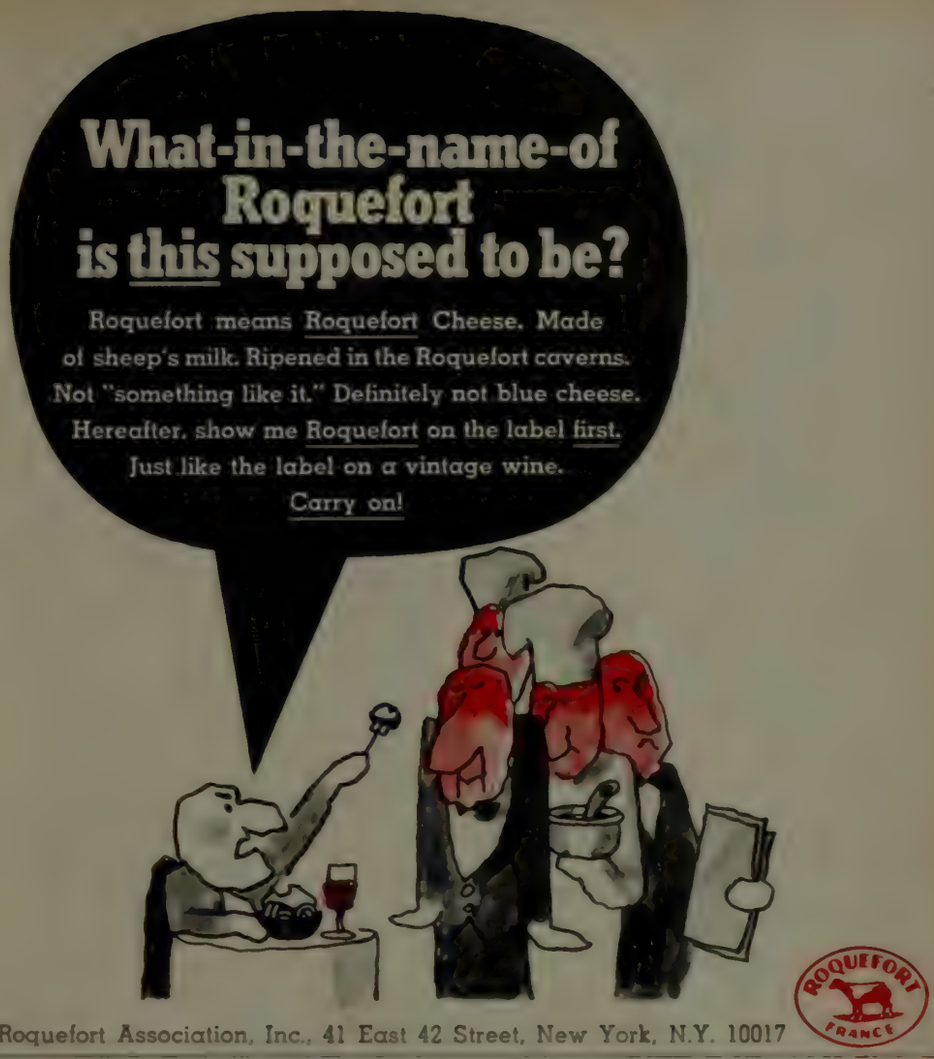
**Vegetable Clam Chowder**
**Sour Dough French Rolls Butter**
**Apples and Cheese**

This chowder is easy to make just before serving, but you could have the vegetables prepared ahead, wrapped, and refrigerated, if you wish. Heat the rolls just before serving. For dessert have wedges of cold crisp apples and a selection of your favorite cheeses: a seeded kuminost, sharp Cheddar, and rich blue cheese are good choices.

**Vegetable Clam Chowder**

- 1 medium-sized potato, peeled and diced in ½-inch cubes
- 1 small onion, chopped
- 2 stalks celery, finely chopped
- 2 carrots, finely chopped
- ¼ cup finely minced parsley
- 1 bay leaf
- ⅛ teaspoon *each* whole basil and pepper
- 1 can (10½ oz.) condensed chicken broth
- 1 cup water
- 1 teaspoon salt
- 1 can (about 1 lb.) solid-pack tomatoes, puréed
- 2 tablespoons *each* butter and flour
- 2 cans (10 oz. *each*) whole baby clams

Combine potato, onion, celery, carrot, 2 tablespoons of the parsley, bay leaf, basil, pepper, chicken broth, water, salt, and tomatoes. Cover and bring to a boil, simmering gently until vegetables are just tender, about 10 minutes. In a small pan, heat butter and blend in flour, stirring and cooking about 1 minute. Gradually stir in ½ cup of the liquid from the vegetables. Stir this sauce into the soup. Add clams and their liquid and bring just to a boil, stirring. Remove from heat and ladle chowder into serving dish. Sprinkle remaining 2 tablespoons parsley over all and serve at once. Makes about 6 to 8 servings.—*V. H., Sebastopol, Calif.*

Roquefort Association, Inc., 41 East 42 Street, New York, N.Y. 10017

DARROW M. WATT

# THE Western Kitchen

## SHOPPING IDEAS

**A tour** through a basket shop is a delight to the eye because baskets are so wonderfully varied in size and shape. Many of them—like those pictured here—are useful around the kitchen. Prices vary from one basket shop or import store to another; sizes and shapes come and go.

**1.** *Planter*, or wastepaper basket or magazine holder. This is the smallest of several sizes in white willow at $4.50 and up.

**2.** *Flower basket*, also for wood or magazines. Cut flowers can be laid across bottom so blossoms won't get crushed. In brown willow, several sizes, $2 to $6.

**3.** *Picnic hamper*. This is one of the newest of many designs. The top converts to a tray; holders for vacuum bottles and wine are removable, store inside basket. Basket itself can be used for marketing. In rattan for about $11; smaller size is $7. Average picnic basket price, $7.50.

**4.** *Carrier for glasses and a pitcher*. Rings hold 11 glasses; well holds a pitcher. In brown willow, $7 to $11.

**5.** *Little white rattan baskets* for baked potatoes or individual servings of bread or rolls; 30 cents each.

**6.** *Rattan wine rack* keeps wine bottles slightly tipped. For four and six bottles, about $6 and $8 respectively.

**7.** *Divided brown willow tray* for serving assorted appetizers. About $1.75.

**8.** *Cutlery tray*, handsome enough to keep on the table; for picnics, summer cabins. Fits in a drawer. In rattan, about $2.50.

**9.** *Cracker basket*, just the right width for soda crackers or wafers. In rattan, 3 by 8-inch size costs about 35 cents.

**10.** *The smallest of lunch baskets*, a miniature of the willow suitcase-type picnic hamper, and perfect for mini-lunches. In brown willow, about $2.75.

**11.** *Woven bulrush box*, ideal for recipes. Holds 3 by 5-inch cards; also comes in larger sizes; from $2.50 up.

**12.** *Desk organizer* for the kitchen menu center. In rattan with two horizontal and three vertical pockets for about $5; simpler version, less than $2.

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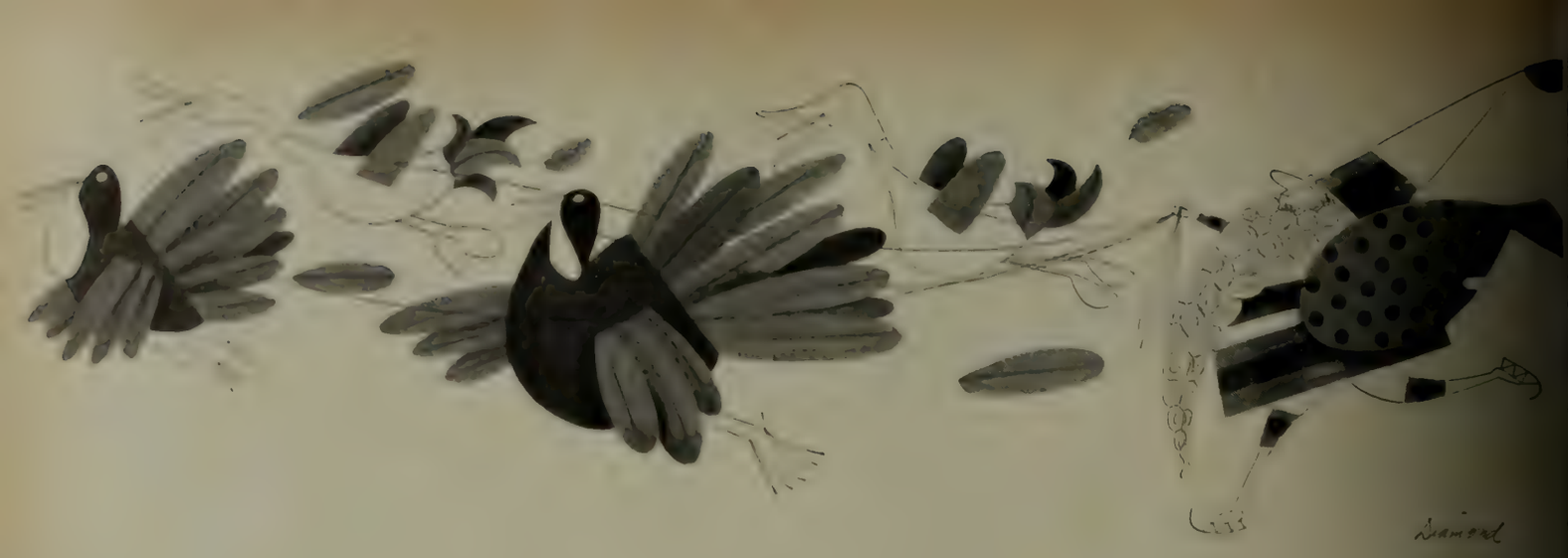

# Fowl weather ahead . . . the holiday birds are coming

**It's fowl weather again** as Christmas comes sneaking in right after Thanksgiving and the big birds make their most publicized appearances at our tables.

What shall we stuff them with this time? Approach the problem with an open mind. One of our most accomplished *Chefs of the West* in his newly published *Trader Vic's Pacific Island Cookbook* insists that "the most fun in cooking is improvising and experimenting." Candidate John C. Martz takes a similar stance, and "entirely by accident" discovered a recipe for well stuffed duck.

*"Discovered a recipe for well stuffed duck"*

"Knowing that sauerkraut is used as a stuffing in wild duck, I thought it would also be good in domestic duck. Similarly, orange sauce is nearly always associated with duck; however, when searching the kitchen for oranges or orange juice, all I could find was frozen apple juice. The wine was selected with equal care—it was the only sweet wine in the house."

This may seem haphazard but definitely doesn't taste that way. The accident was well controlled.

(For a sauerkraut stuffing for turkey, see last month's *Chefs of the West.*)

### *WELL STUFFED DUCKLING*

- 1 can (1 lb.) sauerkraut, well drained
- 1 medium-sized tart apple, peeled, cored, and chopped
- 1 domestic duckling, 5 to 6 pounds
- 1 can (6 oz.) frozen apple juice concentrate, thawed
- 1 cup sweet Vermouth
- 2 to 4 tablespoons warm brandy for flaming

Mix together sauerkraut and chopped apple and stuff cavities of duck. Prick skin all over with a fork. Place in shallow pan and roast uncovered at 375° for about 1 hour. Pour off fat. Continue roasting at about 300° for 2 to 2½ hours more, basting duckling with apple juice blended with sweet Vermouth at about 15 minutes intervals. When duckling is done, transfer it to serving dish, flame with brandy, and serve. Skim fat from drippings and put in a separate bowl to pass. Serves 2 to 4.

*Montebello, Calif.*

Old-fashioned bread stuffing seems have fallen slightly into disrepute, b many of us can remember when that w the only kind we knew. Some families st cling to it. *Chef* Philip Blades reports favorite bread stuffing recipe that "h been in the family for some time, wi slight variations as it passes from o house to another."

Our test panel found it pleasantly moi and herby, possibly a little too bready f some tastes. Yet one of our tasters co fessed, "I'm not a bread dressing fan, b this is delicious."

### *APPLE SOUR CREAM STUFFING*

- ¾ pound bulk sausage
- 2 cups chopped celery
- 3 medium-sized onions, chopped
- 4 cups peeled and diced tart apples
- 4 tablespoons sugar
- 10 cups soft bread cubes
- 2 tablespoons rubbed sage
- 1 tablespoon chopped parsley
- 1 teaspoon salt
- ¼ teaspoon pepper
- ½ cup sour cream

Break sausage apart in a frying pan a cook, stirring occasionally, until light browned. Remove from pan with slott spoon and sauté celery and onions in t fat until tender and golden yellow. A apples and sugar, cover, and cook un apples are tender. Mix bread cubes wi the sage, parsley, salt, pepper, and sa sage; mix well. Add apple-onion-cele mixture and mix again. Stir in sour crea just before stuffing the turkey. (If y want the stuffing to be even more moi

*Chefs of the West*®

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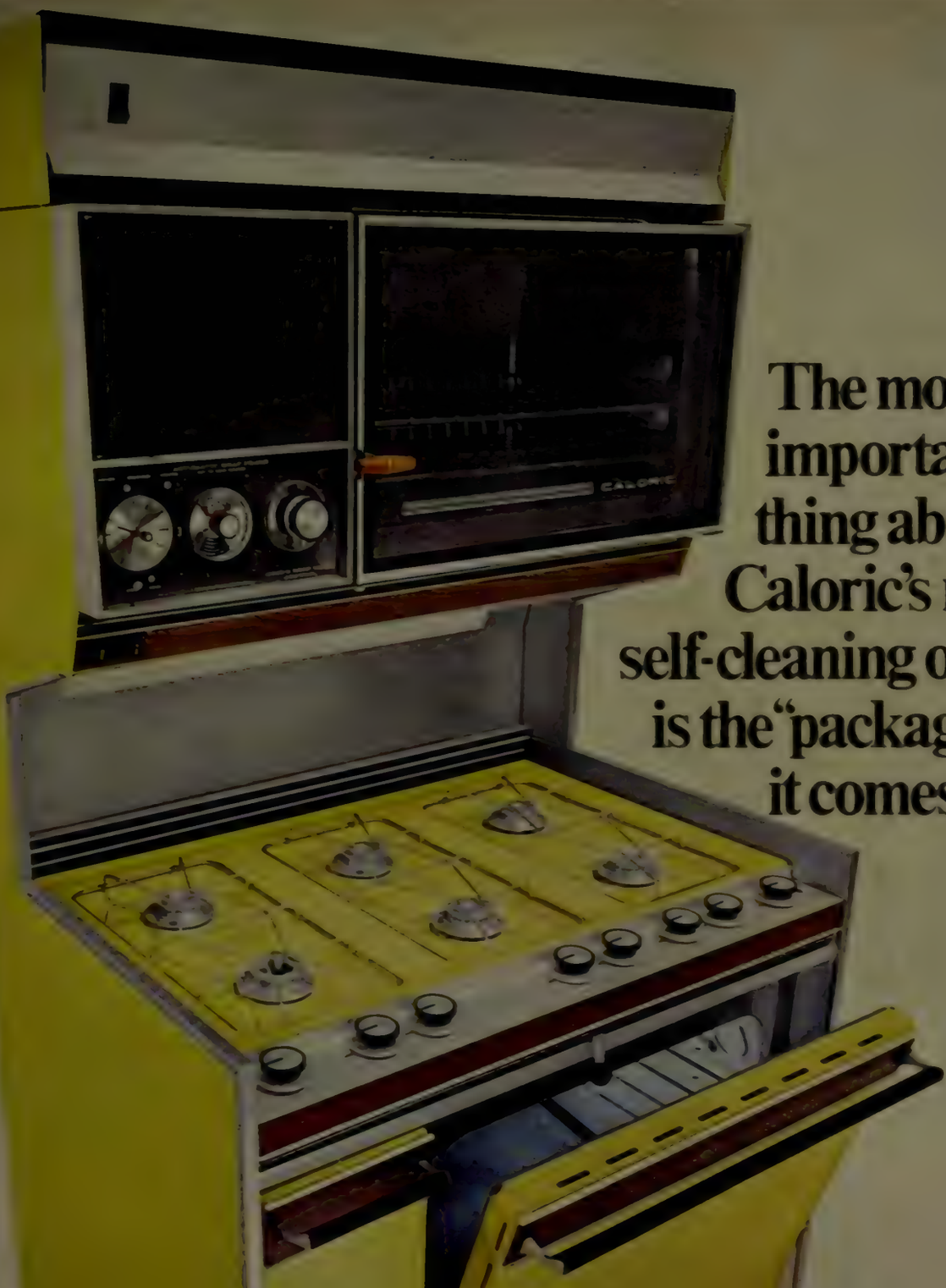


# The most important thing about Caloric's new self-cleaning oven is the "package" it comes in.

Caloric has long been famous for making the most elegant, best-equipped, most dependable gas ranges going. In other words, the finest cooking packages.

Doesn't it stand to reason, then, that we'd also include the finest self-cleaning oven?

The Caloric Ultra-Clean* Oven/Broiler* is worthy of the great range it comes in. It's two-hours fast, yet costs less than $9 a cleaning. It eliminates mess, fuss and effort. And it works in conjunction with the patented Ultra-Ray* burner to consume food soil, leaving the oven spotless.

*Available in 30" and 36" models, both double-decker and free standing, with 4 or 6 burner capacities.

Naturally, the Caloric oven's new ability to clean itself in no way compromises its matchless ability to bake and broil. Features like the exclusive Ultra-Ray infra-red Broiler, Thermo-Set* burner-with-a-brain, automatic meat probe, rotisserie and cook & keep-warm oven system still make it a superb cooking package.

Look at it this way: The remarkable new Caloric Ultra-Clean Oven/Broiler provides a happy ending to the finest meals ever to come from the kitchen!

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Three inviting ideas from Revere W

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l some extra sour cream.)

is quantity will stuff a 16 to 18-pound key.

Philip Blades

*Modesto, Calif.*

'e call this Fruitcake Fudge, but don't eve it just for the Christmas holi-s," advises *Chef* Frank R. Brown. "It's l always, and keeps very well in the igerator."

is is pretty heady stuff, quite rich, and ling for a real sweet tooth. You could bably eliminate or cut down certain edients: coconut, for instance. But *f* Brown warns you to be careful it additions: "Once we used salted nuts and all you could taste was pea-s. Another time we used some dark sion figs, which also turned out to e too strong a flavor."

### ITCAKE FUDGE

*nsils and equipment needed:*

- 3-quart saucepan, heavy gauge
- Large cooky sheet, 12 by 17 inches
- Long handled wooden spoon
- Rubber spatula
- Large mixing bowl—the biggest one you've got—at least 8-quart size

*redients:*

- 4½ cups sugar
- ⅛ pound (¼ cup) butter
- 1 can (13 oz.) evaporated milk
- ½ teaspoon salt
- About 4 ounces (1 cup) flaked coconut
- 2 bars (9 oz. *each*) milk chocolate, chopped
- 1 jar (8 oz.) marshmallow cream
- 2 teaspoons vanilla
- 2 packages (6 oz. *each*) semisweet chocolate bits
- 2 squares (1 oz. *each*) unsweetened chocolate, chopped
- ½ cup *each* candied pineapple, candied cherries, pecans, almonds, filberts, pitted dates, seeded muscat raisins, and dried white figs with stems removed

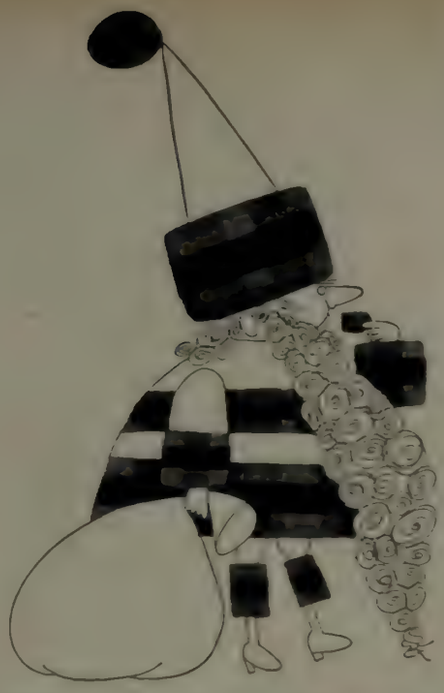
o the saucepan put the sugar, butter, lk, and salt. Stir until all the sugar is solved. Set aside.

eavily butter the cooky sheet and rinkle evenly with coconut, pressing it a little. Slip the cooky sheet into the igerator to chill while the candy is king.

the large mixing bowl, put the milk colate, marshmallow cream, vanilla, uisweet chocolate, and unsweetened colate. Coarsely chop all of the fruits nuts and add to bowl. Put the sauce-n with the sugar-milk mixture over dium heat, stir constantly, and bring a boil.

ok over high heat until temperature gisters 230° on a candy thermometer. emove from heat, pour over the ingred-nts in the mixing bowl, and stir until chocolate is dissolved. Spoon onto the pared cooky sheet and spread smooth th the spatula. When firm, cut the fudge and pack it in a box. Store, covered tightly, in the refrigerator.

Makes 6 to 7 pounds fudge, excellent for gifts as well as for home consumption.



*"Don't reserve it just for Christmas"*

Frank R. Brown

*Sacramento*

One of the most freely experimental cooks on the roster of the *Chefs of the West* is L. Michael Minshull. Some of his experiments misfire, of course, but he still scores with winning recipes quite regularly.

Casting around for good ways to use cranberry sauce, he had a wise hunch that pork chops could use cranberries' contrasting color and flavor. Further seasonings of curry, lemon, ginger, and wine intensify the flavor and contribute to a distinctive sauce.

### CURRY-CRANBERRY PORK CHOPS

- 2 teaspoons curry powder
- ¼ teaspoon powdered ginger
- 6 pork chops, each 1 inch thick
- About ¼ cup flour
- 1 tablespoon shortening
- 1 can (1 lb.) whole cranberry sauce
- ¼ cup dry white wine
- ½ teaspoon grated lemon peel
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 1 teaspoon cornstarch and water (optional)

Combine curry with ginger; rub mixture into both sides of each chop. Dredge chops in flour, shaking off any excess. Heat shortening in frying pan, then over medium high heat brown pork chops well. Remove chops to a casserole when browned. Drain off fat in frying pan and add cranberry sauce, wine, lemon peel, salt, and pepper. Heat, stirring, until simmering; pour over chops in casserole. Place in a 350° oven, uncovered, and bake about


For a few pennies more than ordinary blades you can own a set of genuine Gerber handmades with the superb cutting edge. What a difference. They look elegant, are perfectly balanced, and cut with legendary ease. $25 buys four, in handsome chest. At fine stores everywhere. **hang the cost.**

# HOLIDAY CHEER...AND HOW TO SPREAD IT

## Make good things happen with Best Foods (It's real mayonnaise)

### CREAM CHEESE SPREAD

1 (8-ounce) package cream cheese, softened
1/2 cup BEST FOODS Real Mayonnaise
1/2 cup finely chopped walnuts
1 (8 1/2-ounce) can crushed pineapple, drained

Blend all ingredients. Chill. Makes about 2 cups.

### HAM SPREAD WITH CLOVES

2 cups ground cooked ham
1/2 cup BEST FOODS Real Mayonnaise
2 hard-cooked eggs, ground
1/4 cup pickle relish
2 tablespoons finely chopped onion
Dash ground cloves

Blend all ingredients. Chill. Makes about 2 cups.

### CHEDDAR CHEESE SPREAD WITH SHERRY

8 ounces Cheddar cheese, finely shredded (about 2 cups)
1/3 cup BEST FOODS® Real Mayonnaise
2 tablespoons sherry
Dash salt
Dash pepper

Blend all ingredients. Chill. Makes about 1-1/3 cups. Make bird's tail out of Fritos corn chips.

Happiness is scooping into these groovy Best Foods holiday spreads. To make them fancy like this, cut out simple basic cardboard shapes, cover with foil, mound spread to shape and garnish. Plain or fancy, the secret of their success is Best Foods Real Mayonnaise. Light and delicate... creamy and smooth. The perfect party mixer.

THIS IS NO PLACE FOR "SECOND BEST"...BRING OUT THE BEST WITH BEST FOODS REAL MAYONNAISE

5 minutes or until meat is tender.

Remove chops to heated platter. Thicken sauce in casserole if you wish with cornstarch blended with a little water, and spoon over chops.

Garnish with parsley. You may also want to accompany it with thin lemon wedges to be squeezed over the chops and sauce. Serves 3.

*Everett, Wash.*

*Note to holiday Chefs:* What are the specialties of the house when you entertain in this holiday season? We are interested in your original recipes—or new versions of old recipes—for dishes that go over especially well at your winter parties. Right now's the time to write down these recipes and send to *Chefs of the West*, *Sunset Magazine*, Menlo Park, Calif. 94025.

---

GLENN CHRISTIANSEN

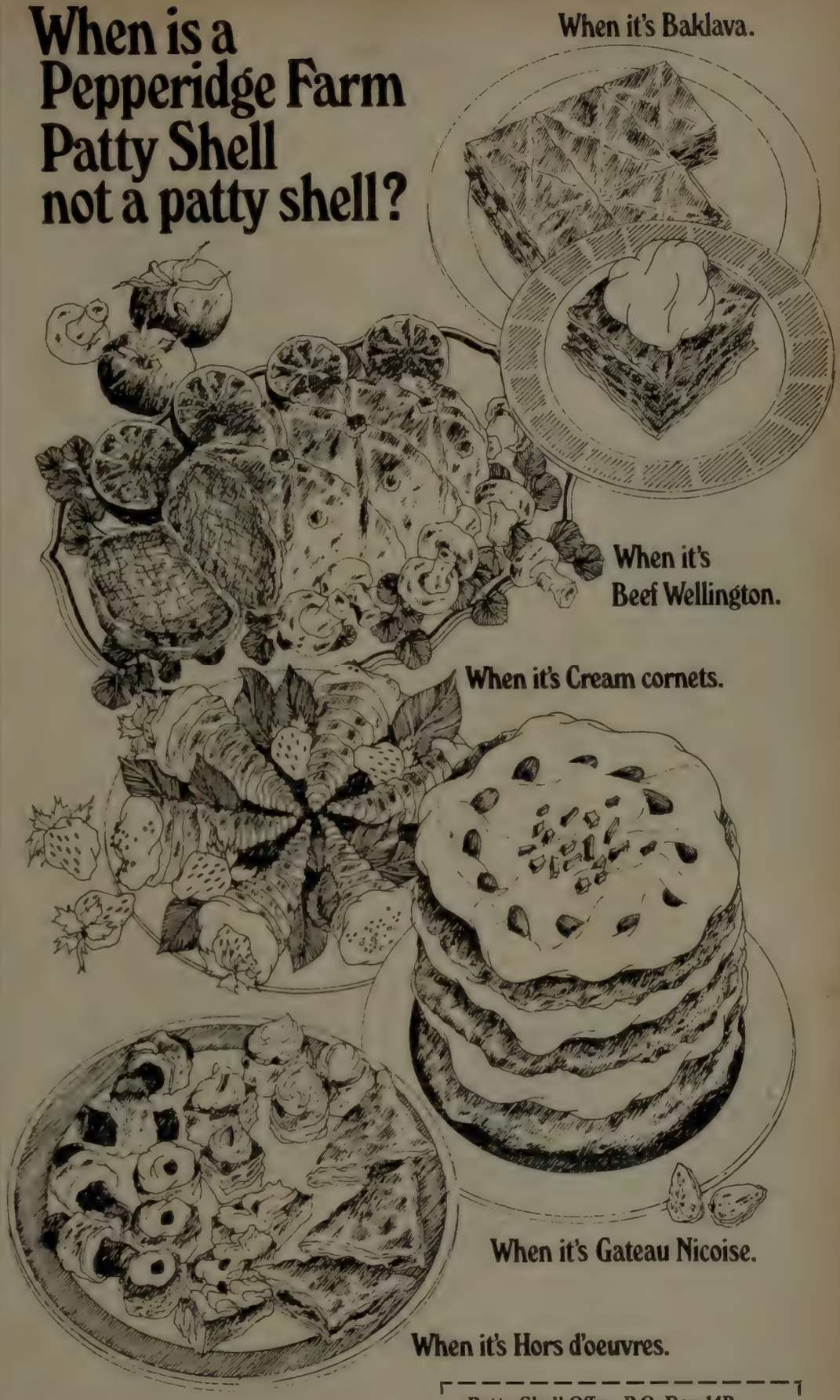
## *Three gift kings*

**These three kings** house homemade ice cream toppings; you could dress up jams, pickles, or any kitchen specialty in the same way. This is a good project for children, especially if you cut patterns.

For containers, use jars with screw-on lids, such as jam, peanut butter, mayonnaise, or pickle jars, covering lid advertising with construction paper. The robes of colored construction paper are cut to leave a see-through space in front; beards of rippled corrugated paper (art supply stores carry it in several colors) slip over jar with construction paper glued in the cut-out face area. Tagboard crowns are decorated with Christmas stickers, legal seals, crayons, and colored tape; labels are attached to "belts" of construction paper or ribbon.

Taping is the simplest way to attach the paper to the jar; if you prefer the more finished effect of gluing, use rubber bands to hold paper in place while glue dries.


# When is a Pepperidge Farm Patty Shell not a patty shell?

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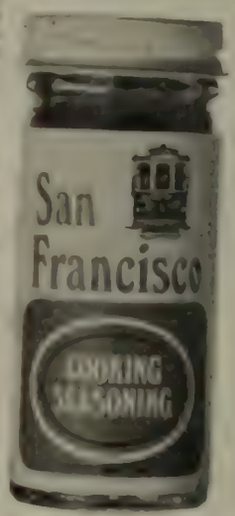


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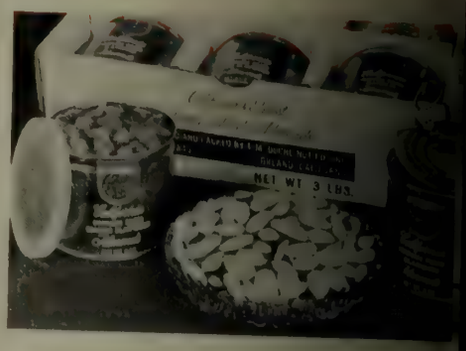

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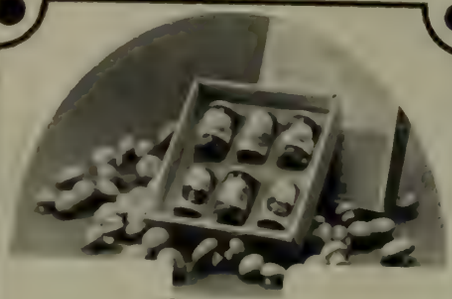

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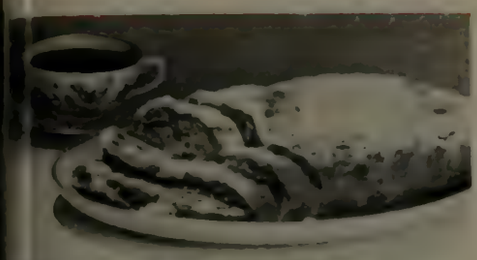

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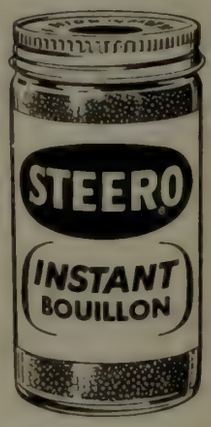


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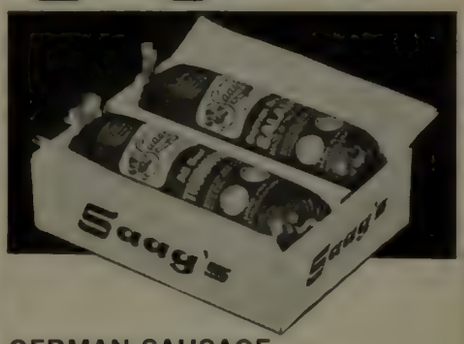


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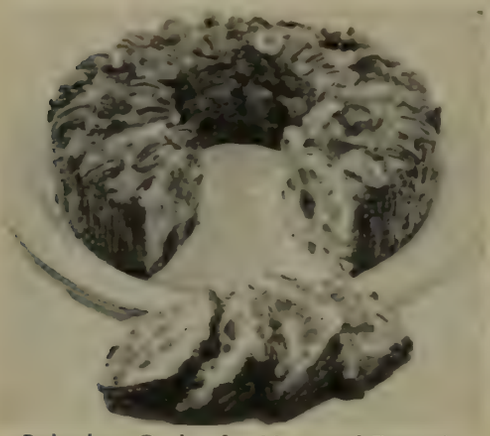

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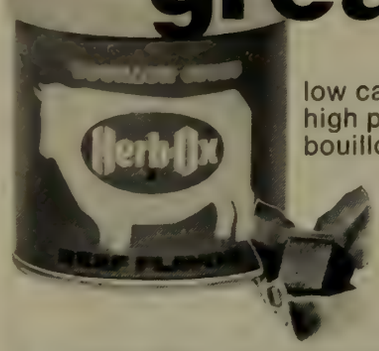
# makes ordinary cooking great!



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DARROW M. WATT

**Decorated** *paper cups hold two kinds of toffee: chocolate and almond*

# Offer your own holiday toffee

**For the family** that likes hard, crunchy toffee, here are two simple recipes you can make well ahead of the holidays. Both recipes—one almond, the other chocolate—follow the same method of preparation. Allow plenty of time for cooking.

### *ALMOND TOFFEE*

- 1 cup *each* sugar and dark corn syrup
- ¼ cup butter or margarine
- 1 cup heavy cream
- 1 teaspoon vanilla
- ½ teaspoon almond extract
- ½ cup slivered almonds

Combine sugar, syrup, butter or margarine, and cream in a heavy 3-quart pan. Bring to boil, stirring. Then simmer slowly over low heat, stirring occasionally, until candy reaches 280° on candy thermometer (forms very hard ball when dropped in ice water), about 45 minutes. Remove from heat; stir in vanilla and almond extract. Pour into well-buttered 7 by 11-inch shallow pan (or onto buttered marble slab). Sprinkle almonds over top. Let cool about 10 minutes, then score in 1-inch squares with sharp knife. Cool several hours in pan. Then invert pan and tap lightly to remove candy. Finish cutting along original scoring lines; set pieces of candy in small paper cups or pack them between layers of waxed paper in an airtight co tainer. Makes about 1 pound candy.

### *CHOCOLATE TOFFEE*

- 3 cups sugar
- 1 cup dark corn syrup
- ½ cup butter or margarine
- ¼ cup ground sweet chocolate
- 2 cups heavy cream
- 2 teaspoons vanilla
- 1½ cups chopped walnuts

Combine sugar, syrup, butter or marg rine, chocolate, and cream in a lar heavy frying pan. Bring to boil, stirri Then simmer slowly over low heat stirri occasionally, until candy reaches 280° candy thermometer (forms very hard b when dropped in ice water), about 1 ho Butter an 11 by 15-inch shallow baki pan (or marble slab) and sprinkle half t walnuts in the bottom of the pan. Remo candy from heat and stir in vanilla. Po at once into prepared pan (or onto m ble) and sprinkle nuts evenly over t

Cool about 10 minutes, then score in inch squares with sharp knife. Cool pan several hours. Then invert pan a tap lightly to remove candy. Finish c ting; set pieces in small paper cups or pa between layers of waxed paper in airtig container. Makes 2 pounds.

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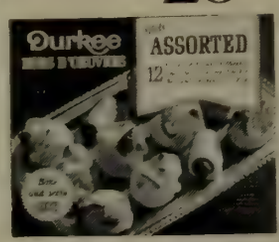


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DARROW M. WA

**Bake** *stuffed eggplant ahead to serve room temperature; it's best the next d*

# *Is this why the imam fainted?*

**This traditional Turkish dish** is called Ima Bayildi (pronounced ee-mom bye-ul-dul Literally it means imam fainted (an ima is the Moslem preacher-teacher). Ju why he fainted isn't clear; perhaps it w because the dish is so good.

It is one of the few Turkish dishes th is heavy on garlic, but long cooking te pers the flavor considerably. Offer pla yogurt to spoon on top.

### *BAKED STUFFED EGGPLANT*

- 2 medium-sized eggplant (1 lb. *each*)
- Salt
- 5 tablespoons olive oil
- 2 medium-sized onions, thinly sliced
- 3 large cloves garlic, minced or mashed
- ⅓ cup minced parsley
- 1 teaspoon sugar
- 1½ teaspoons salt
- 2 large tomatoes, peeled, seeded, and diced, or 1 can (1 lb.) whole tomatoes, drained and diced

Cut eggplant in halves lengthwise an scoop out center seed sections, leaving firm ½-inch-thick shell; reserve pul Sprinkle shells lightly with salt. Drizz 2 tablespoons of the oil in a shallow bak ing pan; arrange eggplant in the pan.

In the remaining 3 tablespoons oil, sau onion until limp. Stir in about 2 cu diced unseeded portions of the eggpla pulp, the garlic, parsley, sugar, the 1½ teaspoons salt, and tomatoes.

Distribute filling inside the eggpla shells. Cover the pan with foil and ba in a 350° oven until tender, about 1½ hours. Cool in pan and serve at room tem perature (bring to room temperature, cold); spoon pan juices over eggpla Makes 4 large servings (or cut each i half for 8 modest servings).

# Guacamole-Olé!

It's Fiesta Time! Here's a guacamole that will turn your amigos green with envy. When you combine Ortega Diced Green Chiles with California avocados, you've got a dip delicioso. Try it at your next fiesta.

*Avocados from California*

**RECIPE**

4 California avocados, mashed or pureed
½ cup canned Ortega Diced Green Chiles
¼ cup minced onion
1 tablespoon salt
¼ cup lemon juice

Combine all ingredients. Cover and chill. Makes about 3 cups.

Not long ago we asked our home economists to see how fast our Versatronic® range really is.

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conventional heat, or both ways at the same time.
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an encore, the Versatronic Range cleans both its ovens
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*Laura Scudder's.*

from PET

DARROW M. WATT

**dwich-and-salad** *meal of hot crab on , cabbage slaw; one sauce seasons both*

# Coming up... hot crab on rye

**a light supper** or lunch on a busy day, crab sandwich plate makes a meal for . If you want to get a head start, shape rab patties and refrigerate them. The my herb sauce that accompanies the dwich and dresses the salad also can made ahead.

***AB SANDWICH ON RYE***

- 2 tablespoons butter or margarine
- 1 tablespoon flour
- ½ cup milk
- ½ pound crab meat, shredded
- About ¼ cup fine dry bread crumbs
- 4 slices rye bread, toasted and buttered
- Tarragon sauce (recipe follows)
- Cabbage salad (recipe follows)

a saucepan, melt 1 tablespoon of the ter, add flour, and cook, stirring, until bling. Slowly pour in the milk, stir- , until sauce boils and thickens. Re- e from heat and stir in crab; cool ltly. Taste and add salt, if needed.

n mixture into 2 patties with your ls, then roll evenly in bread crumbs flat surface; dust off excess. Refrig- te patties at this point, if you wish. In ying pan, melt 1 tablespoon butter r medium heat. Fry patties until en, about 2 minutes on each side, or il hot.

e each crab patty on a piece of toast ly spread with some of the tarragon e. Top with another piece of toast, serve open-faced with extra toast on side. Makes 2 servings.

*ant Tarragon Sauce.* In a bowl, mix ther ⅓ cup mayonnaise, ⅓ cup sour am, 2 teaspoons sweet pickle relish, 1 spoon grated onion, ¼ teaspoon dried ragon, ½ teaspoon Dijon-style mus- . Makes ¾ cup.

*bbage Salad.* Slice thinly a firm head abbage to make about 2 cups. Blend h ⅓ cup tarragon sauce.


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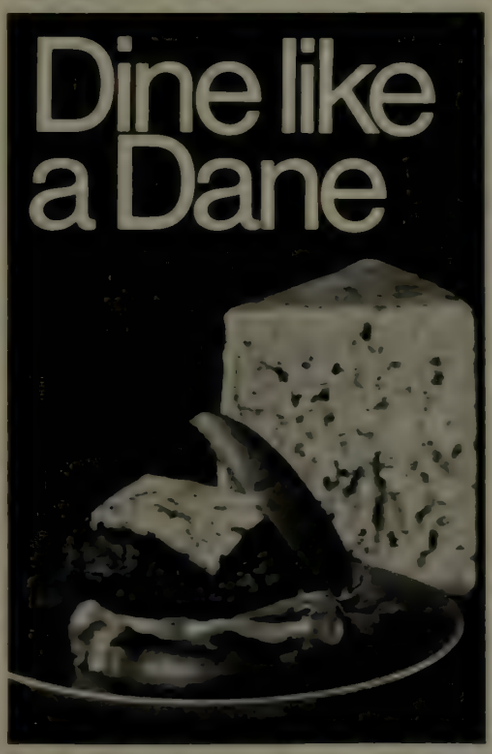

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# *Using five spice and oyster sauce*

**Two Oriental condiments**—five spice a oyster sauce—discreetly season these b and pork roasts in an intriguing w Both ingredients are increasingly av able in Western supermarkets, and t are standard items in Oriental market The secret of the pot roast's flavor is spice, a blend of Chinese star anise, clo fennel, anise pepper, and cinnamon.

### *FIVE SPICE POT ROAST*

- 4 pound (approximately) rump roast or other pot roast
- 1 cup strong tea
- 1 teaspoon Chinese five spice
- 2 cloves garlic, minced
- 1 teaspoon salt
- 1½ tablespoons *each* cornstarch and cold water

Place roast fat-side down in a large sa pot or Dutch oven, heated over medi heat, and brown on all sides, turni Pour in tea, and add five spice, gar and salt. Cover and simmer 2 hours. until tender. Remove meat to a plat and keep warm. Quickly boil down juices until reduced to about 1½ cups. make gravy, blend cornstarch and c water and stir into the hot juices. S ring, cook until thickened. Serves 10 12.—*W. A. B., Hillsborough, Calif.*

The full bouquet of the oyster and a r brown color characterize oyster sau Here just a tablespoon of it perme roast pork.

### *OYSTER SAUCE PORK ROAST*

- 1 tablespoon *each* oyster sauce and dry Sherry
- 2 tablespoons soy sauce
- ½ teaspoon salt
- ¼ teaspoon monosodium glutamate
- 1 clove garlic, minced
- ¼-inch slice fresh ginger, slivered (or ⅛ teaspoon powdered ginger)
- 3 pound boneless pork roast
- 1 cup water
- 1 tablespoon *each* cornstarch and water

For marinade, mix together the oys sauce, Sherry, soy sauce, salt, monosodi glutamate, garlic, and ginger. Place ro in a plastic bag, pour marinade over ro and tie bag securely. Chill at least 4 ho turning bag occasionally. Remove ro insert meat thermometer and place ro on a rack in a shallow roasting pan. Sp over the marinade, and roast in a 3 oven until thermometer registers 175°. about 2 hours. Transfer meat to a plat Add the 1 cup water to drippings bring to a boil. Blend in a mixture cornstarch and cold water. Cook u thickened. Serves 8.—*M. L. K., Portla*

# HOW TO UPSTAGE A STEAK

*Prepare one 6 oz. package of Uncle Ben's® LONG GRAIN & WILD Rice according to package directions, (substituting 1 cup beef bouillon and 1½ cups water for the 2½ cups water called for.)*

*Combine cooked rice with ¼ lb. sliced fresh mushrooms which have been sauteed in a little butter.*

*Serve to four or five people. Then, halfway through the meal, remind them their steak is getting cold.*

*Uncle Ben's LONG GRAIN & WILD Rice. A one-of-a-kind blend of rices and spices.*

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# Ways to store your gift cheese

**At this season** each year some of our readers are faced with the problem of too much cheese. A gift of cheese that's too late or too much to be used up during the holidays poses questions: What is the best way to store cheese? How long will it keep? Can it be frozen?

The answers to these questions vary with different types of cheese. Here are some general guidelines as well as specific suggestions, listed by types of cheese.

The best way to preserve the original flavor and texture of all cheese is at refrigerator temperatures, normally around 35° to 40°. So put a gift cheese into the refrigerator without delay. Make sure each piece is well wrapped with clear plastic film or foil in close contact with the surface of the cheese—often the original package wrapping does this best.

Holding natural cheeses, even at refrigerator temperatures will result in additional curing and sharper flavor. This may not be undesirable, but should be understood.

Most cheese is best served at room temperature. A good rule to follow is to cut off just the amount of cheese you expect to use and let it stand at room temperature for about an hour before serving. Wrap the rest of the cheese and return it immediately to the refrigerator.

If you have more cheese on hand than your family can use within a few weeks, freezer storage may be the answer. Although the eating quality of cheese that has been frozen never equals that of unfrozen cheese, some varieties can be stored in the freezer with only slight damage to their texture and flavor.

For best results, freeze pieces of cheese in sizes you can use one at a time, but not more than 1 pound nor more than 1 inch thick. Wrap tightly, pressing the wrapping close to the cheese. Freeze quickly at 0° or below. When removing cheese from the freezer, leave it wrapped and let it thaw slowly in the refrigerator.

### *GRATING-TYPE CHEESE*

These hard cheeses, such as Parmesan, Romano, dry jack, and Asiago, can be kept for two months or longer in the refrigerator. They freeze well in chunks that you can grate while still frozen, and then return the unused portion to the freezer.

### *OTHER HARD CHEESE*

Cheddar, Swiss, Gruyère, Samsoe, gjetost, and provolone cheeses usually keep well in the refrigerator for at least a mo (An uncut Edam or Gouda should two months.)

Small portions can also be frozen suc fully. You can freeze slices (with w paper between), shredded portions cubed portions ready to use for s wiches or for cooking.

### *SEMISOFT CHEESE*

Jack, brick, Münster, mozzarella, and Salut are examples of this type of ch They can be expected to keep for on two weeks in the refrigerator. Freez small portions that you can use after they are thawed.

### *BLUE-VEINED CHEESE*

Roquefort, blue, Stilton, and Gorgon keep two to three weeks in the re erator. When frozen, these cheeses a tendency to become crumbly and so times develop a soapy flavor. You m however, freeze small portions to c ble into a salad, a dressing, or sa where the crumbly texture wouldn' objectionable.

### *SOFT CHEESE*

A ripe Camembert or Brie, or Bel P Neufchâtel, or cream cheese is espec perishable; don't plan on keeping of these for more than a week in refrigerator.

Freezing is often not very satisfactory most of these soft cheeses tend to bec crumbly in texture and somewhat s in flavor. Camembert, however, fre quite well; leave it in the original w pings, overwrap it well, and freeze quic thaw slowly. Cream cheese, frozen in same way as the Camembert, will be for cooking or blending into a sauce

### *PASTEURIZED PROCESS CHEESE*

Cheese foods, cheese spreads, and pro cheese can be kept at or below room t perature (below 70°) before they opened. After they are opened, st them in the refrigerator, where t should keep well for at least two we They can also be frozen sucessfully.

NOTE: *If any surface mold should velop on cheese while in the refrigera just cut it off; provided it hasn't trated deeply into the cheese, the of the rest of the cheese won't be affec Ends and small pieces of hard and hard cheese that become dry can be shredded or grated and kept in a ered jar in the refrigerator, but should be used within a few days.*

# HOW TO PLANT THE BEAUTIFUL WESTERN "TABLE TREE" IN YOUR OWN HOME

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# For spur of the moment meals . . . eggs

**For spur of the moment** entertaining, or when timing is necessarily tight, or if you just want to make something easy but satisfying, just about the most versatile and obliging ingredients you can use are eggs. In these three dishes they are the main constituents. Each is suitable for a light meal at any time of day.

To complete the menus: Serve fresh papaya or pineapple with the *huevos rancheros*, and for dessert, coffee with Kahlúa and whipped cream. Precede the *pipérade* with cups of hot soup such as onion or split pea, serve a hot bread with the eggs, and finish with a pastry. Serve a watercress or curly endive salad with the omelet, and offer fruit with cheese afterward.

Huevos rancheros, or Mexican country-style eggs, are more than just a dish; properly served they become a meal. The eggs (fried, or sometimes poached or scrambled) are served atop mildly sauced, lightly fried tortillas suitably garnished with buttery avocado and invariably accompanied by refried beans.

There are several parts to this dish, so it is easier to prepare the sauce and fry the tortillas ahead; reheat these ingredients while the refried beans bake, and then fry the eggs and assemble.

### *HUEVOS RANCHEROS*

- 2 medium-sized onions, finely chopped
- 1 tablespoon salad oil
- 1 can (10 oz.) red chile sauce
- 1 can (8 oz.) tomato sauce
- ½ teaspoon oregano
- 1 tablespoon butter
- 1 can (1 lb.) refried beans
- ½ cup shredded jack or Cheddar cheese
- 6 hot fried tortillas (directions follow)
- 6 or 12 fried eggs (directions follow)
- 12 avocado slices
- Prepared salsa jalapeña

Cook onion in salad oil until soft; add chile sauce, tomato sauce, and oregano. Bring to a full boil, then simmer gently, uncovered, for 15 minutes; stir occasionally. Use hot, or cool and reheat.

Cut butter in small pieces and mix with refried beans, spread in a small shallow casserole and sprinkle with cheese. uncovered, in a 350° oven for 15 mi

Dip each hot fried tortilla in heated coating both sides; then place tortill individual dishes, or side by side large tray. Spoon all the sauce evenl tortillas and top each with 1 or 2 hot eggs. Garnish with avocado slices. salsa jalapeña to be added as desire company with the hot refried b Makes 6 servings.

*Fried Tortillas.* Heat about ½ inch oil in a small frying pan over mo heat. Fry 6 corn tortillas, one at a until slightly crisp; turn frequently. on paper towels. Keep warm for minutes on an electric warming t you plan to serve at once; or let cool spread in a single layer on a baking and bake at 350° for about 4 min

*Fried Eggs.* Melt 2 tablespoons but a 10 to 12-inch frying pan over me low heat. Break 6 eggs into pan pans for 12 eggs, or cook in succes Sprinkle with about ¼ cup shredde cheese and 1 tablespoon water. Cove cook until eggs are set the way you salt to taste and transfer onto a coated tortillas.

A colorful blend of vegetables with e characteristic of pipérade, but prepar

The Doyle quintuplets endors

is Basque dish varies considerably. combination requires only one pan; vegetables are cooked first, removed ly while the eggs are scrambled, then vegetables are arranged on the eggs. an attractive frying pan for both the ing and serving.

*RADE*

2 slices bacon, cut in pieces
1 small green pepper, seeded and cut in very thin strips
2 tablespoons chopped parsley
1 small tomato, peeled, seeded, and diced
1 cup (about ¼ lb.) cooked ham, coarsely diced
2 tablespoons water
½ teaspoon salt
8 eggs

10 to 11-inch frying pan over medium heat, brown bacon pieces. Remove t from pan with a slotted spoon and aside. Add pepper to pan, and cook moderate heat, stirring, until peppers np but still bright green. Add the pars-, tomato, and ham, and heat through, ing gently.

nsfer vegetables with a slotted spoon another dish; keep warm. Beat water, , and eggs until blended, then pour pan. Cook over low heat, pushing ked egg from pan bottom with a wide tula, allowing uncooked egg to flow contact with pan; *don't stir*. When eggs are almost set as you like, distribute the vegetables over the surface, and continue cooking, gently shaking pan until eggs are set. Sprinkle with bacon and serve. Makes 3 to 4 servings.—*R. C., Belmont, Calif.*

Subtle flavors and textures blend harmoniously in this large crab omelet. You make the sauce before you start the omelet, keeping it warm until ready to fold into eggs.

Use fresh, frozen, or canned crab, as convenient.

*CRAB OMELET*

6 eggs
2 tablespoons water
½ teaspoon salt
1 tablespoon butter
Crab sauce (recipe follows)
Parsley or watercress

Beat eggs with water and salt until whites and yolks are blended. Over highest heat melt butter in a 10 to 11-inch seasoned or non-stick fluorocarbon finish frying pan with rounded sides. When butter begins to brown slightly, giving off a rich, nutty aroma, pour in the eggs all at once.

The eggs should begin to set almost immediately. Slide the pan rapidly back and forth on the burner keeping the omelet in motion and free from bottom of pan to avoid browning and sticking. (Be careful not to spill over rim of pan.) When a definite layer of cooked egg forms on pan bottom, slip a thin-bladed spatula under eggs, lifting so uncooked eggs flow into contact with pan bottom. When eggs cease to be liquid enough to flow when pan is tipped, remove from heat (a good omelet should never brown) and spread the crab sauce filling over the surface.

Tip frying pan so right side is up at about a 45° angle, and with spatula fold about a third of the elevated portion of the omelet over the center. Holding the pan over a serving dish, gently shake omelet so the unfolded edge slips out onto dish, then quickly turn pan down to drop folded section of omelet on top of the extended portion.

Garnish with parsley sprigs or watercress leaves and any reserved pieces of crab. Makes 3 to 4 servings.

*Crab Sauce.* Melt 1 tablespoon butter in a small saucepan and blend in 1 teaspoon flour, ¼ cup heavy cream, and 1 tablespoon Madeira or Sherry. Stirring, cook until boiling and thickened slightly, then mix in 1 cup flaked, cooked crab meat (reserve a few large pieces if you like, to garnish omelet) and a dash of cayenne. Heat through but do not cook; keep warm until ready to use.

he Purina® Variety Menu.

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Place these kinds of Jeno's Pizza Rolls on cookie sheets:

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| 1 pkg. Sausage | 1 pkg. Chiliburger |
| 1 pkg. Ham & Cheese | 1 pkg. Chicken |
| 1 pkg. Pepperoni | 1 pkg. Shrimp |
| 1 pkg. Cheeseburger | 1 pkg. Lobster |

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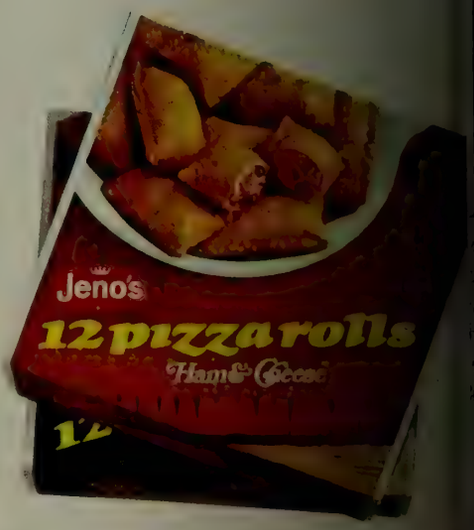
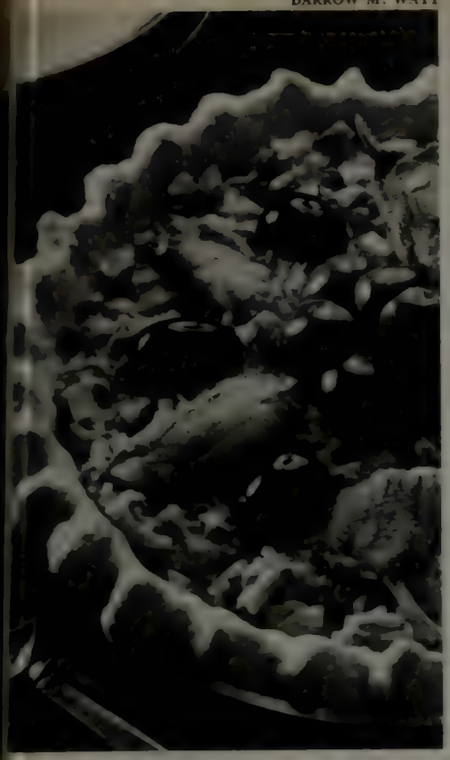



*from* Jeno's® *—who else?*

DARROW M. WATT



*try filled with Dungeness crab is cut the table to show off its gay topping*

# Crab Louis in a pastry shell

**b Louis salad** fills a pastry shell in s handsome presentation for a guest cheon.

ler thick wedges of the seafood pie ng with oil-and-vinegar-dressed mixed ens. Finish the meal with winter pears d cheese, if you like.

*AB LOUIS PIE*

- 1 pound Dungeness crab meat
- 4 hard-cooked eggs, chopped
- 2 tablespoons chopped green onion
- ½ cup chopped celery
- ⅓ cup mayonnaise
- ¼ cup chile sauce
- 2 tablespoons sour cream
- ½ teaspoon dry mustard
- 1 teaspoon Worcestershire
- 1 baked 9-inch pastry shell
- 4 cherry tomatoes, halved
- 4 jumbo pitted ripe olives, halved
- 1 tablespoon finely chopped parsley

eserve 6 crab legs for garnish. Lightly ix together in a bowl the crab meat, gs, onion, and celery. Combine mayonaise, chile sauce, sour cream, mustard, d Worcestershire, and lightly stir into e crab mixture. Spoon into the cool ked pastry shell and smooth the top. lound halved cherry tomatoes in the cen- r and alternate olives and crab legs, oke fashion, around them. Sprinkle with arsley. Chill until serving time (up to 1 our). Makes 6 to 8 servings.—*H. L. N., an Francisco.*

# IT'S NOT EXACTLY TAME!

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# You do just the entrée at the last minute

DARROW M. WATT

**Tender beef steaks** *brown in a seasoned butter*

**When dinner hour** is unpredictable—as after a play or a football game—and you're in a party mood, have everything ready ahead of time and you can quickly cook one of these two sautéed main dishes. Each makes an impressive dish to bring to the table. And since each contains a vegetable or starch, the rest of the meal can be quite simple.

The first calls for beefsteaks in a caper butter, served on rice and wild rice (from a packaged mix) along with green salad.

The second is a dish of chicken, artichokes, and zucchini; accompany with hot boiled noodles or gnocchi dressed with melted butter and shredded Parmesan cheese.

A dessert from the freezer or a favorite pastry shop completes either menu.

### *BEEF MEDALLIONS SAUTÉ WITH WILD RICE*

- 4 small beef fillet steaks (about 1 inch thick and about ⅓ lb. *each*)
- Salt
- 2 tablespoons butter
- ¼ teaspoon *each* ground sage and basil
- ½ teaspoon prepared English (hot) mustard or Dijon-style mustard
- 1 package (6 oz.) wild rice mix, cooked according to package directions, *or* 2 to 3 cups hot cooked rice or wild rice
- ⅓ cup dry white wine
- 2 teaspoons capers
- 1 or 2 tablespoons thinly sliced green onions, white part only (optional)

Sprinkle the meat lightly with salt. In a medium-sized frying pan over high heat, melt 1 tablespoon of the butter and stir in the sage, basil, and mustard. Add the meat and brown until done as you prefer; allow 3 minutes to a side for rare steak.

Place meat on a bed of the rice and keep warm. To the frying pan, add the remaining 1 tablespoon butter, wine, and capers, and boil rapidly until reduced about half; stir occasionally. Pour juices over meat and rice; sprinkle with green onions. Makes 4 servings.

### *CHICKEN SAUTÉ TOSCANO*

- 3 to 3½-pound broiler fryer chicken, cut in pieces (including giblets)
- Salt
- 4 tablespoons olive oil or salad oil
- 2 tablespoons butter
- ¼ teaspoon ground sage
- ½ teaspoon basil
- 2 tablespoons chopped green onions
- 1 teaspoon prepared English (hot) mustard or Dijon-style mustard
- ½ cup dry white wine
- 1 package (8 oz.) frozen artichoke hearts, thawed
- 2 small zucchini, stem and blossom ends removed
- Water

Sprinkle chicken pieces with salt. In a wide frying pan heat the oil (over moderately high heat) and add all the chicken but breast and liver; brown well on all sides for about 10 minutes. Add chicken breast and brown lightly on all sides. Drain oil from pan, leaving browned bits.

Stir into the pan the butter, sage, basil, onion, mustard, wine, and artichokes; add liver. Cover and simmer for 25 minutes or until thighs are easy to pierce.

At the same time, cut the zucchini in 1-inch chunks. Drop into boiling salted water to cover; cook, uncovered, at boiling for about 3 minutes. Drain and immerse in cold water.

Transfer chicken and artichokes to a warm serving dish. Drain zucchini and heat through in pan juices. Arrange zucchini over chicken and pour the pan juices over all. Makes 4 servings.


BEEF COOKBOOK MARK

# Hide a surprise in every beef ball

Follow the easy directions for shaping and baking these appetizers. Make them your very own by planning the stuffing and coating.

**SURPRISE BEEF BALLS**

- 1 egg
- 1 cup fine soft bread crumbs
- 1¼ teaspoons seasoned salt
- 1 teaspoon monosodium glutamate
- ⅛ teaspoon pepper
- ¼ cup minced onion
- ½ cup milk
- 1 pound ground beef chuck
- Stuffings

Combine lightly beaten egg, crumbs, seasonings, onion and milk with beef. Beat with fork until blended. Shape into 1½-inch balls stuffing and coating as desired. Place on shallow baking pan. Bake in hot oven (425 degrees F.) 15 minutes. Serve hot. Makes about 2 dozen hors d'oeuvres.

RIPE OLIVE SURPRISE: Stuff with small pitted olive. Coat balls with mixture of equal parts mayonnaise and grated Parmesan cheese.

ONION SURPRISE: Stuff with cocktail onion. Brush balls with bottled cocktail sauce.

WATER CHESTNUT SURPRISE: Stuff piece of canned water chestnut. Brush balls with soy sauce.

PINEAPPLE SURPRISE: Stuff with drained canned pineapple tidbit. Dip in ¼ cup catsup mixed with 1 teaspoon EACH prepared mustard and brown sugar.

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## Imaginative Beef Appetizers

### CALIFORNIA BEEF PATÉ

1 pound beef liver
¼ cup butter
¼ cup sliced green onion
1 tablespoon chopped parsley
⅛ teaspoon curry powder
¼ teaspoon garlic powder
¼ teaspoon hickory smoke salt
¼ teaspoon dill weed
¼ cup beef broth

Cut liver into small pieces and brown lightly in 2 tablespoons butter. Add onion, parsley, seasoning and broth. Cover and simmer 5 to 10 minutes until tender. Put small amounts of liver and pan liquid into blender and whir at high speed until smooth. Continue adding small amounts of liver until all is blended. Blend in remaining 2 tablespoons softened butter. Turn into lightly oiled 2-cup mold. Chill several hours or overnight. Unmold. Serve with Melba toast, buffet rye bread or crackers. Makes about 2 cups.

### BEEF TARTARE

Mix lightly ½ pound ground lean beef round or sirloin with 1 beaten egg yolk, ½ teaspoon salt, ¼ teaspoon seasoned pepper, 1 tablespoon finely chopped parsley, 1½ teaspoons grated onion and ½ teaspoon Worcestershire sauce. Cover. Refrigerate several hours. Serve with crackers or Melba toast. Makes 1 cup.

### ROAST BEEF PARTY APPETIZERS

Beat together 1 (8-ounce) package cream cheese, 2 teaspoons horseradish, ½ teaspoon salt, 2 tablespoons minced parsley and 1 tablespoon milk. Spread over 6 large slices rare roast beef. Roll up and wrap in saran. Cut rolls into ¾-inch slices. Serve on picks. Makes 2½ dozen appetizers.

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CUT HERE

# What sweetbreads need is a sauce

**The delicate flavor** and tender texture of sweetbreads can be enhanced by a smooth and creamy sauce. Any of the recipes we suggest here would be an appropriate entrée for a dinner, a late evening supper, or a midmorning brunch.

You may find either beef or veal sweetbreads in your market; the smaller veal sweetbreads often sell for considerably higher prices. We found little difference between beef and veal sweetbreads in tenderness or flavor. You may need to place your order with your meatman several days in advance; some markets obtain them only on special order, and some keep a supply frozen.

For each of these recipes you need to do these preliminary preparations well in advance of serving:

**Preliminary preparations.** Wash veal or beef sweetbreads well in cool water, rinsing until water is clear. Cover with water, adding 1 teaspoon salt and 1 tablespoon lemon juice per quart of water. Bring to a boil and simmer about 15 minutes. Drain and plunge sweetbreads immediately into cold water to stop cooking; drain again.

With your fingers and the point of a sharp knife, remove as much of the white connecting membrane as possible and break sweetbreads into bite-sized pieces. If you are not going to finish cooking them immediately, place them in a bowl of cold water and refrigerate; but use them within 36 hours.

Madeira and cream make these sweetbreads a party dish. Serve them with pasta or parsley-buttered new potatoes and a green vegetable. If you have a green salad, keep the dressing subtle so it doesn't overpower the delicate flavor of the sweetbreads.

### *SWEETBREADS WITH MADEIRA*

2 tablespoons butter or margarine
⅓ cup *each* chopped celery and onion
4 medium-sized mushrooms, sliced
1 pound sweetbreads, prepared as directed above
½ cup whipping cream
3 tablespoons Madeira or Sherry
¼ teaspoon salt
¼ cup chopped macadamias or toasted almonds
Chopped parsley for garnish

Heat butter in a frying pan and sauté celery, onion, mushrooms, and sweetbreads over high heat until vegetables are tender. Add cream, wine, and salt. Bring to a boil and cook rapidly over high heat about 4 minutes, stirring occasionally; sauce will be reduced and slightly thickened. Spoon into warm se ing dish and garnish with nuts and pa ley. Serve at once. Makes 2 or 3 servin

Wine, mustard, herbs, and capers gi character to this smooth sauce. Y might serve this entrée over hot butter noodles, steamed rice, or a packaged, so soned wild rice mixture. You can eas double or triple this recipe.

### *SWEETBREADS WITH CAPERS*

2 tablespoons butter or margarine
1 pound sweetbreads, prepared as directed at left
⅓ cup *each* regular strength chicken broth and whipping cream
2 tablespoons dry white wine
1 teaspoon Dijon-style mustard
¼ teaspoon basil, crushed
⅛ teaspoon ground sage
1 tablespoon capers, drained
Parsley for garnish

Melt butter in a frying pan and sau sweetbreads over high heat until light browned. Add chicken broth, cream, wi mustard, basil, sage, and capers. Bring boil and boil rapidly about 6 minu over high heat, stirring occasionally; t flavors will blend and the sauce will reduced and slightly thickened. Garni with sprigs of parsley and serve at on Serves 2.

These sweetbreads, flavored with tar gon and sprinkled with bacon, fit nic into a brunch menu. You might ser them with hot cornbread and a compo of fresh pineapple chunks and stra berries; sprinkle fruit with kirsch or little brown sugar.

### *SWEETBREADS WITH TARRAGON AND BACON*

6 slices bacon
2 tablespoons butter or bacon drippings
¼ cup chopped onion
5 medium-sized mushrooms, sliced
1 pound sweetbreads, prepared as directed at left, above
¼ teaspoon *each* salt and tarragon
2 tablespoons dry white wine
½ cup whipping cream

Fry bacon until crisp; drain, crumbl and set aside for garnish. Melt butt (or use drippings) in a frying pan a sauté onion, mushrooms, and sweetbrea until vegetables are just tender. Add sa tarragon, wine, and cream. Boil rapidl stirring occasionally, over high heat f about 4 minutes, or until the sauce h been reduced by half and is slightl thickened.

Spoon sweetbreads into warm servi dish and garnish with bacon. Serve once. Makes 2 to 3 servings.

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DARROW M. WA

**Serve** *lasagne cut in big squares for a family dinner or a gathering of teen-age*

# Lasagne . . . layer by layer

**Mystery surrounds** the origin of lasagne, the widest of the pasta noodles, which inspired the invention of layered casseroles found in all parts of Italy today. Each region of Italy seems to have its own variation of the lasagne casserole, with the tomato sauce variety being found predominantly in the southern section.

The recipes that follow show you two of the many ways in which the basic lasagne can be varied to suit the occasion and the tastes of your family and guests. To complete the meal, include French bread and butter and a mixed green salad.

This lasagne most closely follows the traditional recipe using tomato and beef sauce with three flavorful cheeses. For a spicier casserole you can substitute Italian sausage for part of the beef in this recipe.

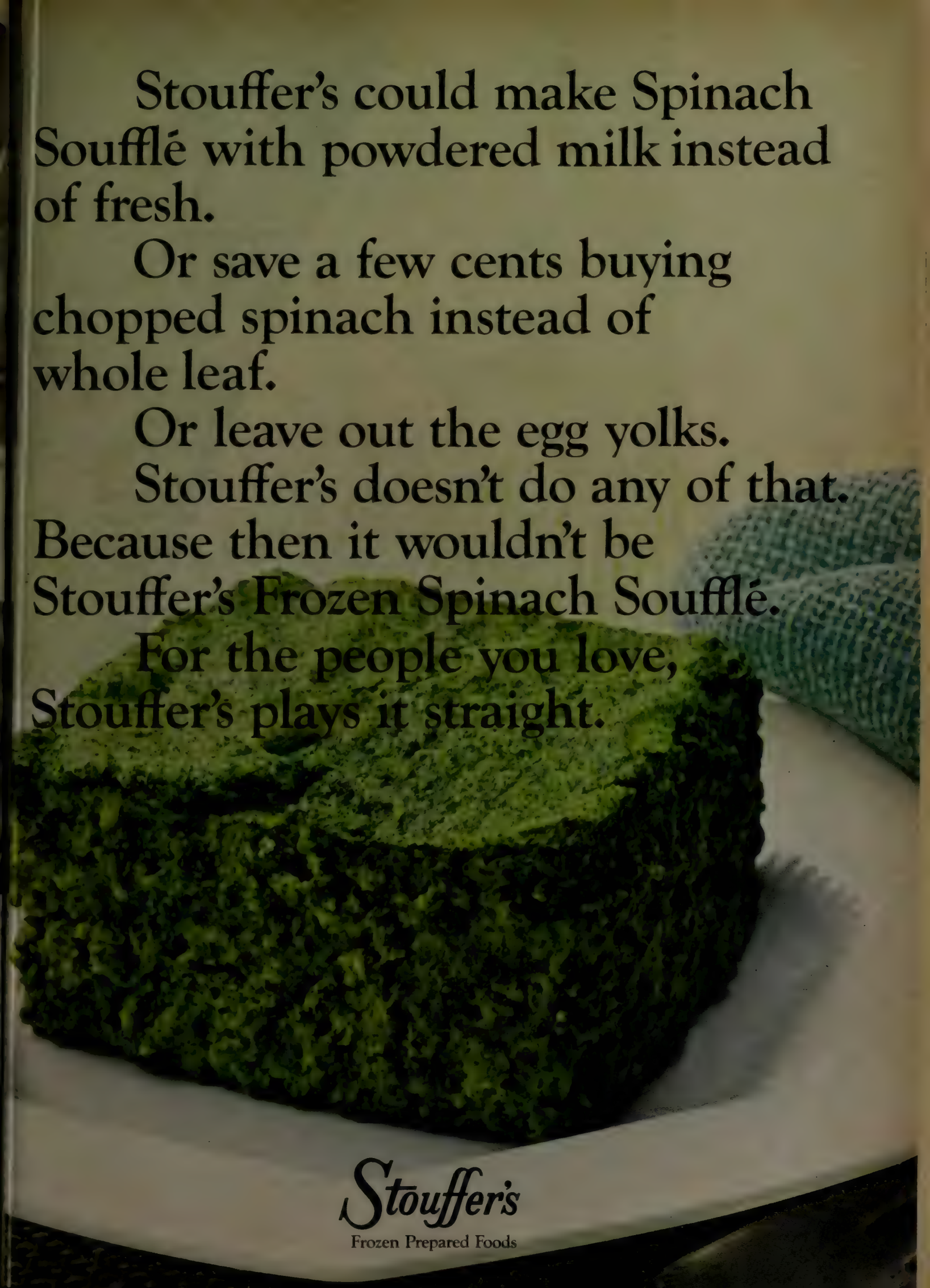
**Crisscross** *lasagne noodles to form thre alternating layers with cheese and sauc*

### *LASAGNE BELMONTE*

- 1 medium-sized onion, chopped
- 3 tablespoons olive oil or salad oil
- 1½ pounds lean ground beef
- 1 clove garlic, minced or mashed
- 2 cans (8 oz. *each*) tomato sauce
- 1 can (6 oz.) tomato paste
- ½ cup *each* dry red wine and water (or 1 cup water)
- 1 teaspoon *each* salt and oregano
- ½ teaspoon *each* pepper, sugar, and monosodium glutamate
- 12 ounces lasagne noodles
- 1 pound (2 cups) ricotta cheese or small curd cottage cheese
- ½ pound mozzarella cheese, thinly sliced
- ½ cup shredded Parmesan cheese

In a large frying pan that has a cover, sauté onion in oil until soft; add beef and garlic, and cook, stirring, until meat i brown and crumbly. Stir in tomato sauc tomato paste, wine, and water. Add sal oregano, pepper, sugar, and monosodiu glutamate, stirring until mixed. Cover pa and simmer slowly about 1½ hours.

Meanwhile cook noodles in boiling, salte water as directed on the package, unti tender, about 15 minutes. Drain thor oughly, rinse with cold water, and drai again. Arrange about ⅓ of the noodle in the bottom of a 9 by 13-inch shallo casserole dish, crisscrossing noodles a shown in the picture above. Spread ⅓ o the tomato sauce over the noodles; to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1 ⅓ of the ricotta and mozzarella ese. Repeat this layering two more es. Top with the Parmesan.

e uncovered in a 350° oven for 30 utes. Remove from oven and serve. kes about 6 to 8 servings.—*M. E., meda, Calif.*

*y Lasagne Variation.* Substitute ½ nd Italian sausage for ½ pound of the f. Remove the sausage casing, chop, brown with the beef.—*L. M., Chatsth, Calif.*

a different flavor, the next lasagne serole uses seafood: crab combined h a shrimp sauce and layered with the gne and a rich variety of cheeses.

*AGNE DEL MARE*

- 1 medium-sized onion, chopped
- 3 tablespoons olive oil or salad oil
- 12 ounces lasagne noodles
- 1 can (10 oz.) frozen shrimp soup
- 1 pound crab meat
- 1 tablespoon Sherry
- 1 pound (2 cups) ricotta cheese or small curd cottage cheese
- 1 large package (8 oz.) cream cheese
- 1 egg
- 2 teaspoons whole basil, crushed
- ½ teaspoon *each* pepper and salt
- 1 medium-sized tomato, thinly sliced
- ½ cup shredded Cheddar cheese

a small frying pan sauté onion in oil til tender; set aside. Cook noodles in iling, salted water, as directed on the kage, until tender, about 15 minutes; in, rinse with cold water, and drain ain. Meanwhile, thaw shrimp soup in top of a double boiler, add crab meat, l heat until mixture begins to bubble; l Sherry. Mix together ricotta, cream ese, egg, basil, pepper, and salt.

a shallow 9 by 13-inch casserole dish, range ⅓ of noodles in crisscross fashion e photograph, page 172). Add about of the crab mixture and top with ⅓ the cheese mixture. Repeat this layerg two more times. Top with a layer of nato slices and bake, uncovered, in a 0° oven for 20 minutes. Remove from en and sprinkle Cheddar cheese over e tomatoes.

ontinue baking for an additional 20 mines, or until Cheddar cheese is brown and bbly. Cut in squares to serve. Makes to 8 servings.

---

## *Grated orange peel in the freezer*

When using peeled fresh oranges for salad or dessert, you can make and freeze grated peel to use later. Grate the thin outer peel and wrap measured amounts in clear plastic film. Collect the small packets in a plastic bag or other suitable container and place in your freezer, ready to use as needed.


# How to make your parties more appetizing.

There are three ways to feed your guests well at a party. You can spend a fortune and hire a caterer. You can spend three days in the kitchen cooking and be too tired to enjoy your own party. Or you can get a bottle of Angostura bitters.

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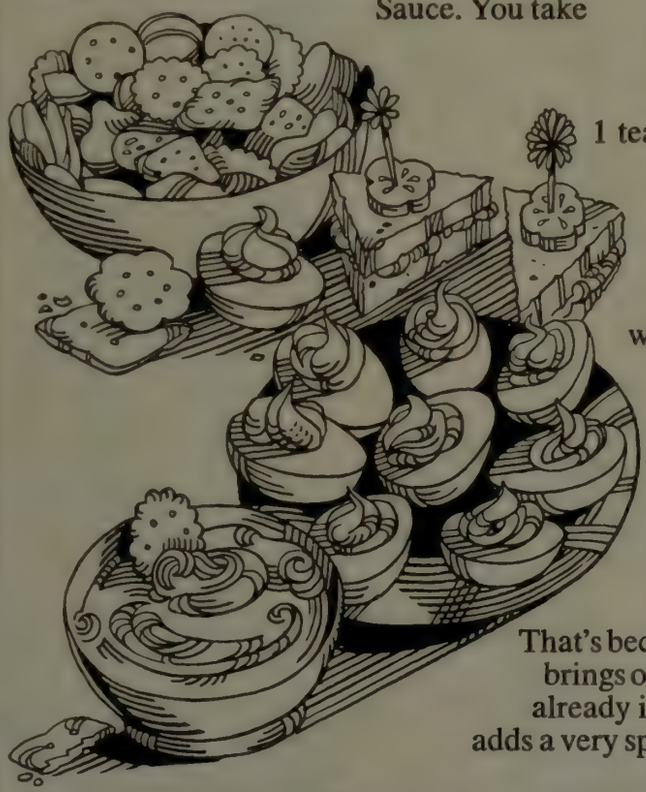

1 cup mayonnaise
1 teaspoon curry powder
1 teaspoon prepared mustard
½ teaspoon onion salt
1 teaspoon Angostura
½ teaspoon paprika

Mix them together and chill. Then serve with whatever dippers you like.

Or those little triangles of toast with deviled ham? Mix some Angostura and some chopped mixed sweet pickles into the ham and you've got something very new.

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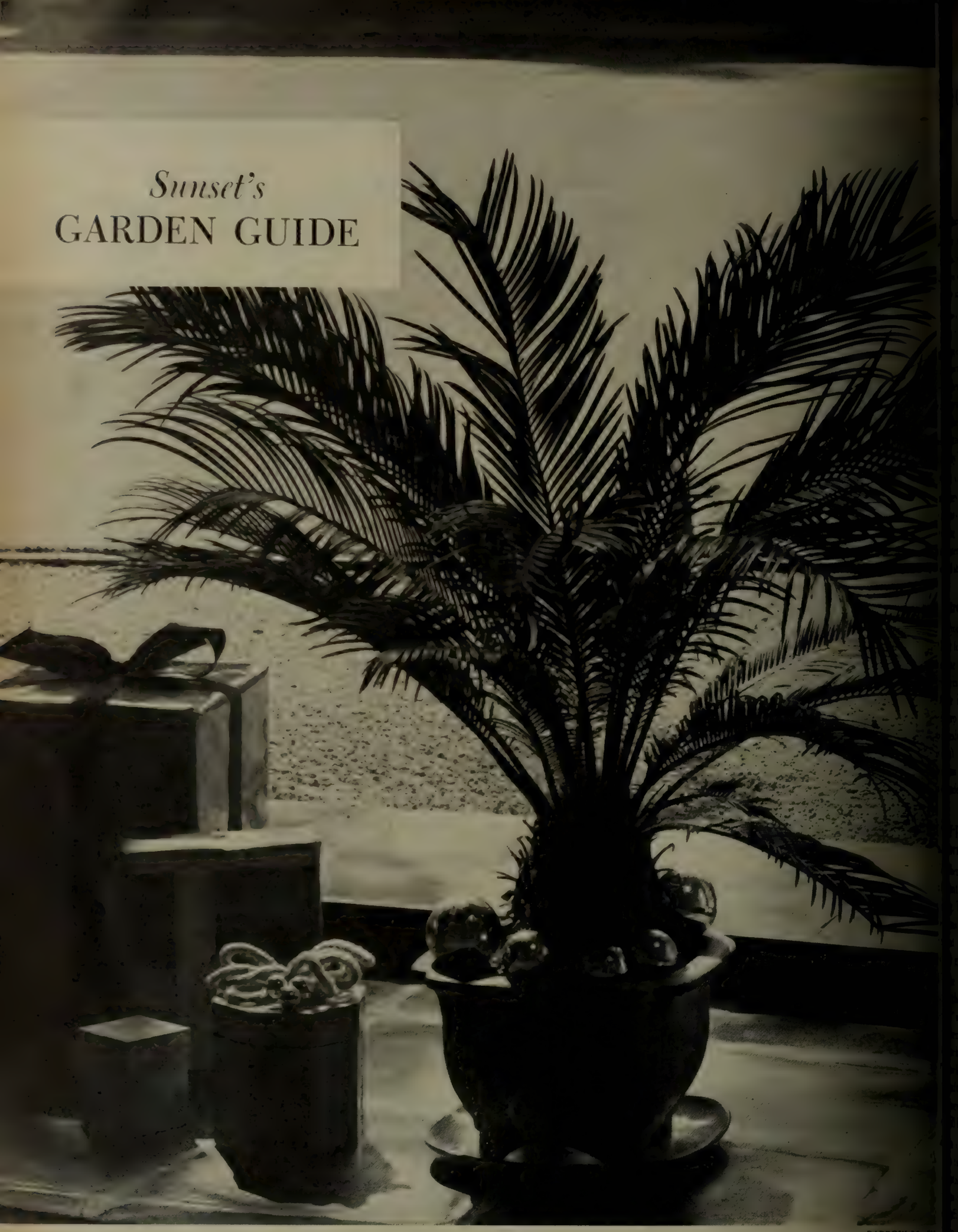

# *Sunset's* GARDEN GUIDE

## Indoors for the holidays

DARROW M. W

*Handsome, sturdy sago palm* (Cycas revoluta), *usually ha in a shaded patio, brought indoors for the holidays; it's house plant in cold-winter areas. It has lustrous, dark gre leaves, grows slowly (this one is 10 years old), is hardy to 1*

# DECEMBER IN YOUR GARDEN:

## *If you can escape winter chores . . . much needs doing*

In **December** the garden needs very little attention. No routine task is likely to demand immediate attention. Still, a number of clean-up and garden sanitation jobs may nag at you until you finish them.

If you have a well disciplined family that can manage its own transportation to shopping, its own package wrapping, and its own post office calls, you can use your weekends for winter pruning and dormant spraying. You can also finish fall planting or begin winter planting; the two fuse together almost as indistinguishably as today's suburbs).

But you don't have to do any of these things. You will have to see that tender plants get shelter against frost, that everything gets water if rains fail, and that winter storms don't blow over your trees and shrubs.

### A tree as a gift

If you'd like to give the family a plant gift for Christmas, you might get a flowering tree (cherry, crabapple, or magnolia, for instance) in a 5-gallon can and decorate its branches as a Christmas tree. Keep in mind, though, that a decorated deciduous tree, no matter how modish, isn't likely to please the children; for them you'll have to have a traditional conifer as well.

### By-products of dormant pruning

When leaves have fallen from deciduous plants you can turn to pruning and shaping. The primary purpose of these operations is, of course, to maintain good form and productivity; a by-product is wood for grafting or for hardwood cuttings.

The grafting operation takes place later in the year; the time is usually described as "when the sap starts to rise." It is best when the wood you graft onto an understock is more dormant than the understock itself; for this reason, wood for grafting is taken at its most dormant stage and stored under conditions that will keep it dormant until grafting time.

An old way of storing grafting wood was to tie it in bundles, wrap it in water resistant material with a sprinkling of moist sawdust, and bury it in the ground; if sufficiently deep, soil temperatures remain constantly low and soil moisture stays constantly high. Other ways to keep wood healthy are to store it in a box of barely damp sawdust or shavings in a cool place, or to store it in a plastic bag filled with barely damp peat moss and kept in a refrigerator (*not* a freezer).

Many deciduous shrubs and vines, and a few trees, grow well from cuttings of dormant wood. Cut pieces of the current year's growth 6 to 9 inches long; make tops square, bottoms slanted (at planting time you'll want to know which end is up, and plant accordingly). Then tie in bundles and store as you would grafting wood. By earliest spring cuttings should be calloused at the base and ready to plant. It is from this callous tissue that new roots will spring.

### Plant tree and shrub seeds

Winter hardly seems the time to be planting seeds, but it is nature's season for carrying out the complex process of germinating hard-coated seeds—a category that includes many tree and shrub seeds. Winter dampness softens hard seed coats, and winter chill furnishes the dormancy that seems necessary to embryos of many kinds of seeds before they can sprout.

Many tree and shrub seeds are ripe now. It's a good idea to sow seed as soon as you can get it. The seed coat of a nut, acorn, or maple tree seed may seem imperishable, but the embryo inside can dry out easily and quickly. Before sowing seeds, clean them well to remove any fleshy pulp which might mold or decay, infecting the tiny emerging root or embryo.

Plant seeds three times their depth in boxes, flats, or pots of free-draining but moisture-retentive soil mix. Set containers in a shaded spot to keep temperatures uniformly low and soil uniformly moist. Protect seeds from squirrels, mice, and jays. Don't expect much germination until soil warms up in spring.

### Winter water in cold regions

Plants need winter water no matter where they grow; without water they dry out regardless of temperature. But plants subjected to very low temperatures have a special problem: they may dry out dangerously even if there is plenty of moisture in the soil. The danger lies in frozen earth, which denies water to roots.

Plants continue to transpire water in cold weather, especially on clear, windy days. If roots are unable to take moisture from soil because it's frozen, the plant tops dry out and take on a scorched look; and the plants can die. Broad-leafed evergreens are most susceptible to this kind of damage, but conifers and even deciduous plants can suffer as well.

To minimize such damage, see that plants go into winter with abundant water in the soil. Reduce stress on evergreens by sheltering them as much as possible from winter sun and wind. Plant them on north or east exposures; shelter with lath or burlap screens. Keep soil heavily mulched to help hold soil temperatures even and delay or prevent freezing of deep soil layers.

### Dormant sprays: What do they do?

It doesn't take much urging to get the spray tank out when caterpillars or other pests are very obviously chomping on your trees and shrubs. But in December, when signs of pests and diseases aren't evident, it takes real determination to go out and spray inoffensive trunks and branches. Just what are you accomplishing?

First, you are destroying pests that overwinter in crevices or crannies in order to emerge in spring and begin feeding and breeding.

Next, you are destroying eggs of many other pests.

Finally, you are destroying or inactivating spores, fruiting bodies, or vegetative parts of harmful fungus. These, although generally invisible to the naked eye, are almost certainly present.

Since you can't see what you're spraying, it's essential that you cover thoroughly all surfaces of the plant. Spray out to the branch tips and down to the ground. Cover tops, sides, and undersides of branches, and take special pains to saturate crotches, cavities, and rough bark that might afford hiding places to pests. Wet the soil around the base of the tree for good measure. Use high pressure to force spray into rough bark.

Plants that especially need dormant spraying are deciduous fruit trees (peaches and nectarines *must* have a dormant spray), roses, and cane fruits. Many other deciduous trees and shrubs will profit by a dormant spray.

### Small syringes for indoor gardening

Old English books on gardening recommend such practices as feeding with liquid manure and syringing foliage. The ideas behind the practices are still sound, but

# *Sunset's* GARDEN GUIDE

tools and materials have improved. Instead of liquid manure, we now use liquid organic or inorganic fertilizers of many kinds. Instead of hand syringes for keeping up humidity in greenhouses, we now have humidifiers with automatic controls. Nevertheless, the hand syringe is a useful tool for people who have a few house plants.

The original plant syringe consisted of a rubber bulb which, when squeezed, expelled water through a flat nozzle with many tiny holes to make a fine spray. The nozzle was called a "fine rose" or a "coarse rose" according to the number and size of the holes. A variation was the sprinkling can fitted with a "rose."

Newer refinements generate pressure by means of a small cylinder operated by a squeeze of the index finger, or by a trombone-type piston action. Nozzles adjust from a fine mist to a fine jet. Here are some uses for them:

*Control insects* or mites on house pla or light infestations on small plants o doors, by applying small quantities spray solution.

*Raise humidity* around house plants spraying the foliage with water. Be s that plants are standing on a waterpr surface or in a waterproof tray.

*Syringe plants* to wash off dust and c courage spider mites.

*Refresh plants' appearance* by spray on "dew"; add sparkle to cut flowers the same way.

*Water seedlings* and very young plant and also plantings in sphagnum moss other planting medium that makes c ventional watering either difficult or forcible to be effective.

*Spray glass or tile* cleaners on walls windows.

*Sprinkle clothes.*

*Defend yourself* against children w water pistols.

**Push-pull action** *of small trombone-type spray mists an orchid plant*

## December garden events

**Paradise, Calif.** December 5 and 6. Chri mas home tour sponsored by the Parad Garden Club. Hours: 2 to 8 P.M. Do tion: $1. For tickets, write to Mrs. L. Van Housen, 6802 Rexdale Lane, Pa dise 95969.

**Ross, Calif.** December 13, 14, and Christmas greens and decorations sale the Decorations Guild. Place: Marin A and Garden Center, Sir Francis Dra Blvd. Hours: 10 A.M. to 4 P.M. Free.

## CHECK LIST: *Here are the important December chores*

☐ **Frost protection.** Last December brought hard freezes. If you live in an area where bougainvillea, citrus, or other tender plants are likely to freeze, get frames ready now for burlap or other covers.

☐ **Garden grooming.** Keep fallen leaves raked off the lawn. Strip off unattractive dead leaves from iris, but don't disturb fresh young foliage fans. Rake up trash from beds and borders to eliminate hiding places for pests.

Cut dead stems from perennials. Mark locations of perennials if you remove tops entirely; you won't want to damage plants by later digging.

☐ **Pest and disease control.** See comments on dormant spraying on page 177. Evergreens are also at their most dormant now, and you can use dormant-strength oils and copper oils to smother insects, mites, and their eggs.

Snails and slugs are active except during the coldest weather, when temperatures dip to 45° or below. Keep fresh bait distributed around the garden.

☐ **Planting for permanence.** Plant bare-root and balled-and-burlapped nursery stock if weather permits. If rains threaten to last a long time, shop while there's a good selection in nurseries, then heel in plants in a trench or bin filled with sawdust or shavings. You can use the sawdust or shavings later as a soil amendment.

☐ **Planting for spring and summer flowers.** Plant now, or as soon as possible, any healthy bulbs you can find left in nurseries; there may be bargains as merchants clear shelves to make room for Christmas merchandise.

☐ **Pruning.** Cutting branches of evergreens for holiday decoration can improve the shape of plants if you do it carefully. Shape the plant as you cut; step back from time to time and try to visualize where the next cut would do t most good. Cut branches back to a s branch that is growing in the directi you'd like it to take. Cut off branc that lie immediately underneath oth branches; they will soon be shaded o anyway.

☐ **Seasonal specialties.** If you recei gift plants with pretty foil-wrapp pots, keep the foil on during the holid season but pierce it under the pot's dra hole to insure good drainage. Keep plan in a cool, bright place, out of cold drat from doors and windows or warm drat from warm-air ducts.

There's an extensive account of how handle gift plants on page 94 of the ne *Sunset* book *How to Grow House Plan*

☐ **Weed control.** Weed oil from a ta sprayer is the best way to contr emerging weeds in bare soil. Tilling a hoeing are fine if soil conditions are righ but you can't till or hoe in wet soil.

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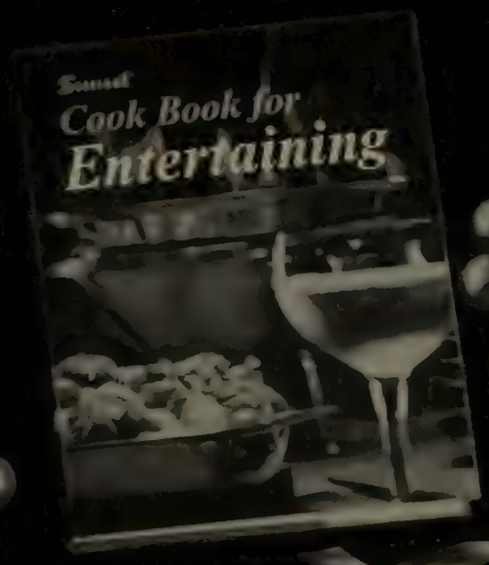

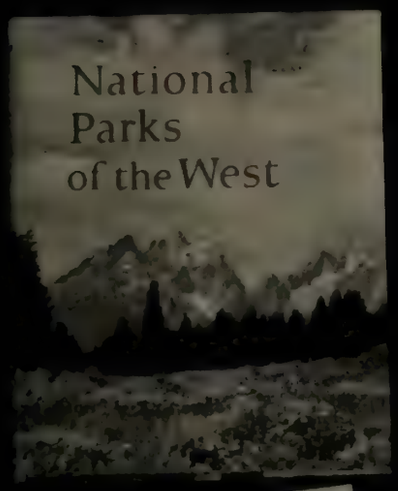

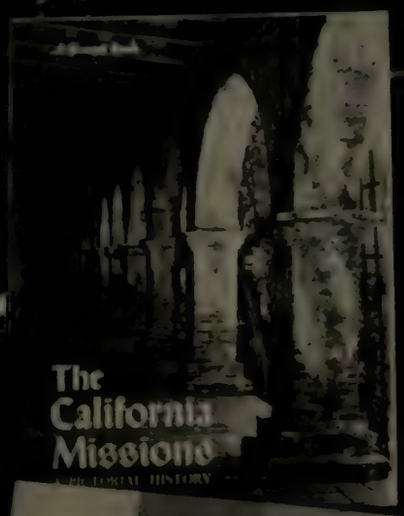


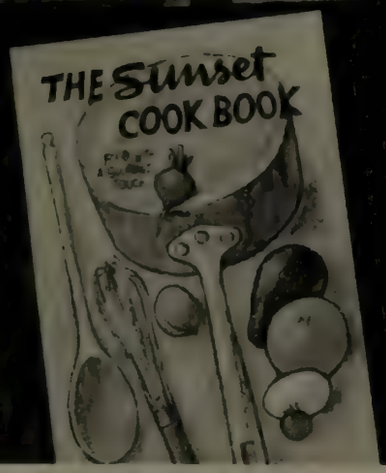


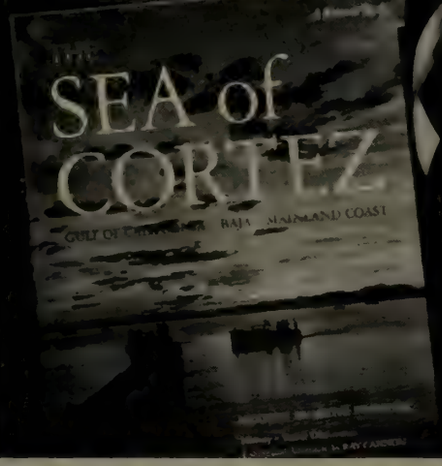

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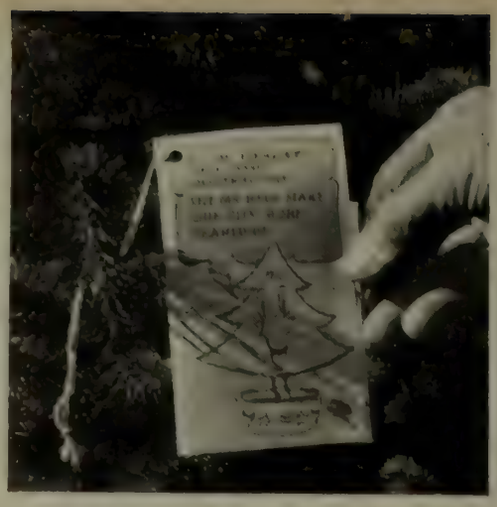
**Selecting** *choice tree is even more important when you know it will be planted*



**Tags** *with cartoon "Douglas" encourage residents to donate live trees to city*

**Landscape** *of Fremont Central Park sh results of the donation-planting pr*

COMMUNITY ACTION

# Gift to the town . . . living Christmas trees

**One woman's** wish to see her Christmas tree survive beyond the holiday season led to a community project now emulated by half a dozen California cities. Results are enhancing urban landscapes and skylines.

Four years ago, Mrs. Joseph Cuenca of Fremont, California, wanted a Christmas tree she could enjoy for a lifetime rather than just a short season. That Christmas she used a living tree as the center of her holiday decor; afterward she planted her garden.

Then she decided that if more people to use living trees at Christmas, and plant them in their own gardens or do them for public parks or church or sc grounds, significant and rapid impr ment could be made in the landscap the entire community.

Mrs. Cuenca asked service organizat to support her idea, and took it up the Fremont City Council. Her prop was received with enthusiasm—and "P ect Douglas" began.

The Fremont Living Christmas T Committee was organized, and the of Fremont produced a cartoon Dou fir to help explain the program an be used on tree-donation tags distrib through plant nurseries. Newspapers dorsed the plan and the first year of "P ect Douglas" saw more than 500 planted at Fremont parks and school

By now, the total number of trees nated to the city is about 1,500.

The program has become a Fremont dition and, through the encouragemen the California Association of Nurseryn has spread to other California cities.

Residents donating their living Christ trees need merely fill out the tags vided and send them to the city parks vision. Its workers, assisted by such yo groups as the Future Farmers of Amer Boy Scouts, and Fremont's Youth Ser Corps, collect and plant the trees.

If you would like to promote a sim project in your city and want more in mation, write to "Project Douglas," Manager's Office, City Government Bu ing, Fremont, Calif. 94538.

**Pupils** *at Noll School enjoy trees given by themselves and the PTA through participation in the Fremont Schools' annual Living Christmas Tree decorating contest*

# We have a better way to get you closer to the music.

## RCA put the pre-amp in the stereo tone-arm to give you realism that rivals the concert hall.

In most stereo sets, the music signal travels a long way before it reaches the pre-amplifier and turns into music. It can pick up noise and distortion as it goes.

Our ingenious pre-amp-in-the-tone-arm avoids this. A tiny integrated circuit strengthens the signal *before* noise and distortion can go to work on it.

This years-ahead advance is one of the hallmarks of the Ramsgate shown above. It also features a pause selector which lets you stop the music when you're interrupted, then pick up where you left off. Without missing a beat.

See it at your RCA dealer. He'd like to move *you* closer to the music.

RCA

**The most advanced stereo ever from RCA**

# It takes experts to select a portfolio that doesn't retire when you do.

The Trust Division of Wells Fargo Bank believes that a portfolio must be planned to meet the individual requirements of each investor. There can be no "catch-all" recommendations or decisions. Different problems demand separate solutions. That is why we develop your investment program to meet your specific goals. And as your requirements change, we adjust your portfolio to reflect those changes. Regardless of your financial objectives, our Trust Division—with responsibility for 5 billion dollars—can provide active, individual investment management. Let's talk about it. If you see us before you retire, you may retire sooner.

**The Trust Division**
**Wells Fargo Bank.**

DARROW M. WATT

**is cattleya** *is a semi-alba (white with col-d lip) unnamed seedling. Its cost: $7*

# How to grow rchids . . . without a greenhouse

**u can grow orchids** without a greenhouse and get them to bloom—if you supply rtain essentials: adequate light, fairly ist air, and careful watering and ding.

ithout adequate light, plants may grow t fail to bloom, or growth may be fee-le. The kind of orchid and the room's ation determine the amount of light cessary.

you want to grow a cattleya (either e florist's kind with large flowers or e of the newer, smaller kinds) give it enty of light. A spot near a south win-w is ideal except in the hottest weather in the hottest climates; in such cases u should keep the cattleya a few feet ck from the window, or protect it by e sheerest of curtains.

Moth orchids *(Phalaenopsis)* require less ght than cattleyas: an east window ould suit them, or a spot a little further way from a south window. Their tough, rm foliage resists drying out, and they lerate the rather high temperatures that ost people find comfortable. For these asons some experts have called them the est orchids for people who don't have reenhouses.

Lady's slipper orchids *(Paphiopedilum,* usually sold as *Cypripedium)* require even ss light to grow and bloom; for this reason, and because they grow in rich potting mixtures rather than in special orchid-growing media such as bark or tree fern, many fanciers consider them the easiest orchids for living room culture.

Firms that grow and sell orchids will gladly give you complete cultural information along with the plants you buy. You can do some preliminary research in the plant encyclopedia section of the *Sunset Western Garden Book* (new edition), reading the general entry under Orchid and additional entries titled *Cattleya, Paphiopedilum,* and *Phalaenopsis.*

**White** *moth orchid (left) is a prize specimen; similar plants cost $8 to $25 or more. Lady's slipper orchid (right) comes in many colors; this one's white and yellow, $7*

# What's new in bath scales

## . . . for You, and your Christmas Giving

*Model 731 has the same smart new shape, with a tapestry-like platform of embossed vinyl. 6 colors—shown in Siamese Pink. At better stores, under $11.00.†*

Bath scales have a new look! A new shape, new styling, new convenience! We've turned the scale sideways, to give it a wider platform (for easier weighing) and a wider dial (for easier reading). With a soft, cushiony platform (foam base) covered with pretty vinyl that looks like embossed silk (new elegance). With three-way convenience: Lies flat for weighing, stands up to save space, and a smart pick-up handle. Gold trim. Beautiful—and equally at home in bedroom or bath.

It's a Borg—so wonderfully different from old-fashioned scales, with its exclusive beam-and-lever mechanism that tells you the minute you gain or lose even a single pound. Factory-certified for accuracy, and guaranteed for its entire life by a Lifetime Service Warranty*. A magnificent gift for anyone. Especially, you?

*Model 7321, above, comes in 7 colors: Antique Gold (illustrated), White, Black, Light Pink, Siamese Pink, Avocado, Canary Yellow. 300 lb. capacity. At better stores, under $15.00.†*

***No other scale is made like a*** **BORG** SCALE

†Higher in Canada. Borg-Erickson, Chicago 60651

*May be returned to factory at any time for free repair or adjustment. If damaged by abuse or long wear, a nominal service charge may be made, including postage.

# Living Christmas trees . . . more shapes, sizes, and kinds than ever before

**never seem** to be enough living mas trees to go around. But West- urseries are narrowing the gap, and year you can choose from more s, sizes, and kinds than ever.

ir photographs suggest, the trees ble fall into three broad categories: raditional, naturally cone-shaped like the spruce shown at right below.

refully shaped, locally adapted con- pecially grown to be used as Christ- rees and then planted afterwards. number is increasing fast. In Cali- a, deodar cedar, shown at left below, Monterey pine are sold most; in Ari- aleppo pine is the popular one.

nconventional, picturesque trees like apanese black pine in the big picture ge 187. Your selection is limited only our imagination and by how far your family will depart from the traditional notion of a Christmas tree.

*WHY BUY A LIVE TREE?*

First, there's the hope of finding a perpetual Christmas tree—put it in a pot, bring it in the house every year, and never buy a cut tree again. That dream is a little unrealistic, but some of the trees in the first and third categories will grow slowly and hold their shape well enough to put in half a dozen years of holiday service. However, you may be disappointed on two counts: The price is high; a cut 6-foot white fir may sell for $6, but a similar live one goes for $25 and up. Also it's not easy to keep a tree in a pot.

Another approach (a more practical one) appeals mainly to new home owners with plenty of space: Take the money you'd normally spend on a cut tree and invest it in a live tree that you can also use in the garden. In category number two you can find many trees adapted to your climate and suitable to most landscapes. Buying one of these makes good financial sense: a cut 6-foot Monterey pine might cost you $6, or about a third of the cost of the live one you intended to buy anyway.

But remember that most conifers sold as living Christmas trees grow huge. In 10 years a Monterey pine can shoot up 40 feet; in 20 years a deodar cedar may reach 80 feet high and 40 to 50 feet wide. If you don't have that kind of space, buy a cut tree—unless you can confine a slow growing tree to a container or you've arranged beforehand to donate your live tree to a church or park (see page 180).

A large tree usually doesn't belong in a lawn. It only makes the lawn look smaller, and eventually, with shade and invasive roots, will ruin the lawn. Nor should you plant it close to a walk or driveway.

Best places are along boundary lines of property or in corners, where the tree or trees can serve as a background or screen. If you have a large, uncluttered garden, you can plant a live tree each Christmas for several years; the variation in sizes gives a natural look.

*TRADITIONAL CHRISTMAS TREES . . . BEST CHOICE FOR CONTAINERS*

California nurseries hardly ever sell live Douglas firs and silver tip firs (actually red firs), two of the most popular cut trees. The live trees that come closest to their neatly tiered, pyramidal shapes are the spruces, firs, and pines shipped down from the Northwest and sold balled and burlapped. As Christmas trees go, they're much smaller than the standard cut trees —6-footers are hard to find and expensive. And their stiff formal shapes make them look rigid in a landscape.

**Spruces.** Nurseries as far south as San Diego sell spruces, even though Southern California's weather, water, and soil make life tough for them. Several kinds are available, from 1½ to about 6 feet high. The long-time favorite Colorado spruce

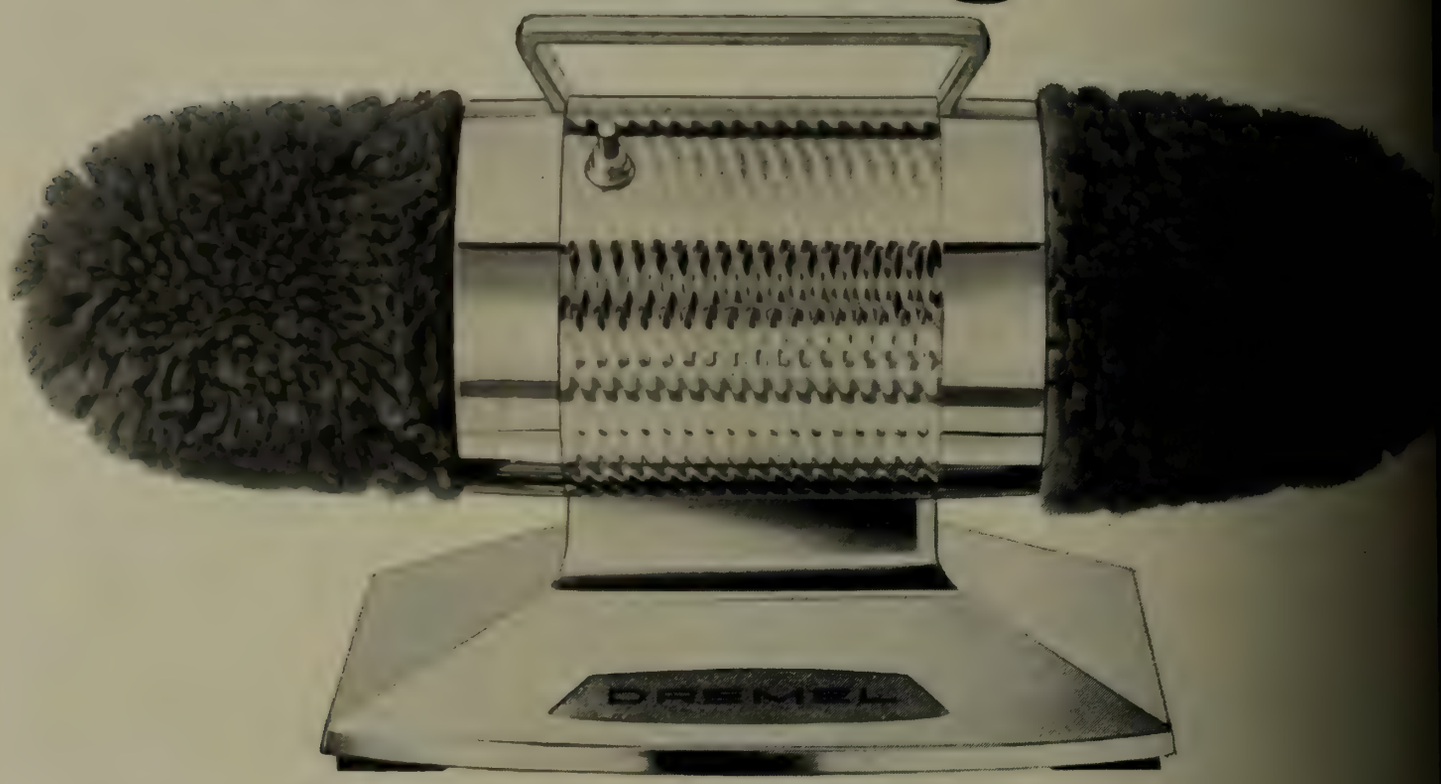
**7-foot deodar cedar**

**5-foot Colorado spruce**

*se typify the living Christmas trees you'll find in most nurseries. Each sold 19.50. Both are in 15-gallon drums. The deodar was clipped a year ago, is rather soft and casual. The spruce is naturally rigid and cone-shaped*

# Dremel shoe polisher puts an end to...

# dull shoes, dirty polishing cloths aching backs, missing shoe brushes stained fingers




# and gift problems...

This pleasantly civilized device makes that routine but annoying task effortless and almost pleasant. Further, it's not the kind of thing you use once or twice and then forget. Because once you get together, you'll take an instant shine to it... and vice versa.

If you're the sort of man who's a foot tapper, there's a model with a foot switch. If you're a button pusher, try the polisher with the button in the handle. Either way, we suspect you're the sort of man who cares about his appearance. That's why the Dremel Shoe Polisher is fun to give, but better to get. How do you do that? Just hint around a bit. You'll find three models from $29.95 to $39.95 at better stores everywhere... or write: Dremel, Racine, Wis. 53401.

**Picturesque** *Japanese black pine, with nursery box wrapped in waterproof plastic, then covered with decorative paper. Fold-and-dye paper ornaments (see page 62)*
GLENN CHRISTIANSEN

*(Picea pungens)* grows slowly in California but may reach 80 to 100 feet tall. Needle color varies considerably. Green Colorado spruces are easy to find, but the sought-after blue ones have been scarce recently and will be for at least a few more years.

Norway spruce *(P. abies)* gets even taller than Colorado spruce. Black Hills spruce *(P. glauca densata)*, currently the biggest seller in many areas, stays more compact and grows more slowly. Dwarf Alberta spruce *(P. glauca* 'Conica') takes on a formal Christmas tree shape when less than a foot tall, grows extremely slowly, and may take generations to reach 6 or 7 feet; the biggest ones available this year approach 4 feet.

Because of their slow growth rate—only 4 or 5 inches a year in warm climates—

## Indoor care

You shouldn't subject a live Christmas tree to hot, dry household air for longer than two weeks at the very most. If you want to be safe, limit its stay to one week.

Keep the tree in the coolest available spot. Give it as much natural light as possible. Open a nearby window at night, if you can.

Water only when the soil starts to dry out (feel it to be sure). That shouldn't be necessary more than twice a week.

Here's one way to protect the floor underneath a live Christmas tree: Lay down a big sheet of heavy plastic, then pile a 2-inch layer of newspapers at the center of the sheet. Place the tree on top of the newspapers, and wrap the excess plastic sheet around the sides of the container.

spruce trees make fine container plants. You can keep one in an 18 or 20-inch tub for at least five or six years.

With the right care, spruce can succeed even in hot interior climates like San Bernardino's. In Southern California, it's easiest to give them the right care by planting in a container. Use a soil mix with at least half peat moss or ground bark. Feed with acid-type fertilizer (like that used on camellias and azaleas). Keep in part shade. If you put the tree in the ground, plant in winter or early spring; the little feeder roots have a hard time getting started after the soil warms up.

**Firs.** California nurseries, mostly in the northern part of the state, offer two kinds of fir you could use as Christmas trees: white *(Abies concolor)* and noble *(A. procera)*, both large-growing, very symmetrical mountain trees. White fir stands the better chance of making it in a lowland climate. Growth rate is slow, which suits it to use in containers. In Southern California you almost have to plant a fir in a container, as recommended above for spruce.

**Pines.** Of the Northwest-grown pines available in California, Austrian black pine *(Pinus nigra)* and Scotch pine *(P. sylvestris)* look most like pyramidal Christmas trees. Both are bushy, symmetrical, slow growing, with sharp, stiff needles. But both have problems with Southern California's climate, except along the coast.

### *LANDSCAPE CONIFERS CUSTOM-GROWN FOR CHRISTMAS*

The conifers that perform best in California — cedars, pines, redwoods — generally don't make very convincing Christmas trees. A diligent nursery search may uncover a few shapely, bushy ones, but the standard 5-gallon sizes are usually too short or spindly, the 12 and 15-gallon plants too bulky or irregular.

But now some nurseries are making locally adapted, popular landscape trees into bushy, symmetrical trees — of size and shape comparable to cut trees. The special method is to grow the trees in fields, rather than containers, and prune them often. As a rule, trees sold this way are intended to serve just one season as Christmas trees; they grow too fast and too big for containers.

For the past few years, Boething Treeland Nursery in Southern California (outlets in the San Fernando Valley and Ventura County) has been selling a variety of conifers as Christmas trees. Some are surprising choices, but persistent pruning can fatten up a normally scrawny Canary Island pine or slim down a normally pudgy Italian stone pine. For a while, at least, they're reasonable enough facsimiles of Christmas trees. After a year or two in the ground, they'll take on their own characteristic, more interesting shapes.

Treeland's selection this year inclu Atlas cedar, deodar cedar, Canary Isl pine, Himalayan white pine, Italian st pine, Japanese black pine, Monterey p coast redwood, giant sequoia.

Several other nurseries, most of then Southern California, grow similar pru trees. Monterey pine, the fastest grow and most responsive to pruning, is ally the best buy. Even though it co from the California coast, the needles a rich green in a hot inland climate. remember how fast and big it grows.

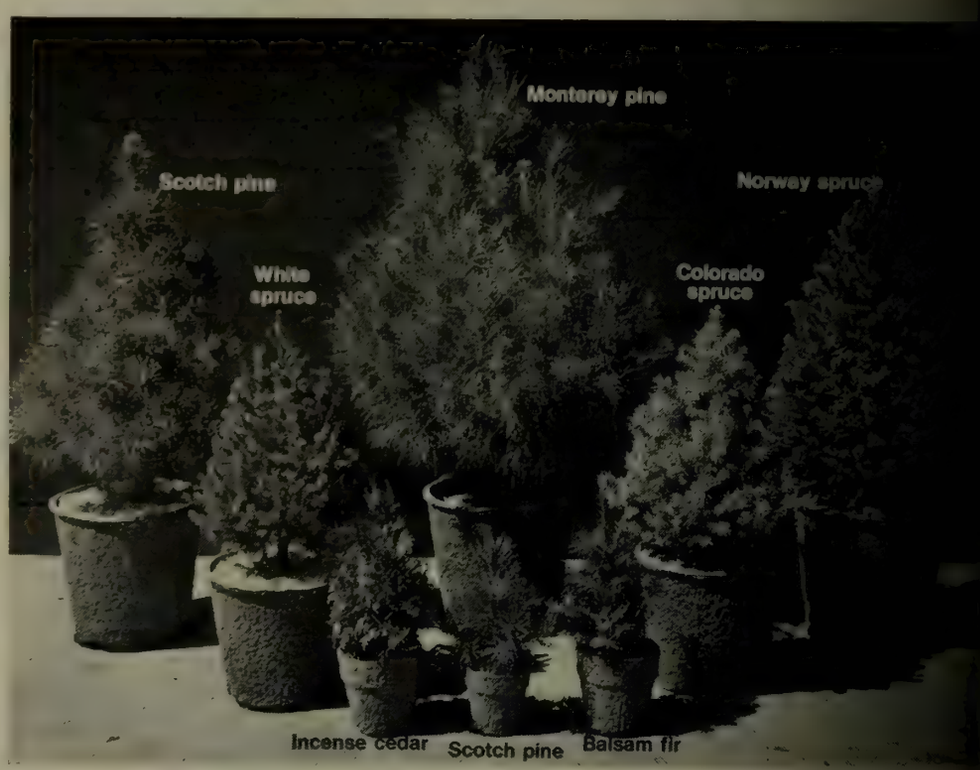
You'll also find a good selection of prun field-grown deodar cedars, much bus and stiffer than unpruned contain grown plants. Again, remember the ev tual size; provide 40 feet for the spre

Aleppo pine takes kindly to any prun and is sometimes available as a 4 to 7-f Christmas tree. Its needles are pale co pared to those of Monterey pines. Aleppo pine does better in dry spot it's a great favorite in the desert. It will get big—30 to 60 feet.

This holiday season you'll also get chance to see the first results—in b cut and live trees—from a nation-w chain of franchised growers called Sant Forest. Six of the California franchi have their first crop ready now; you a sampling in the photograph below. M

*(Continued on page 1*

**How Santa's Forest** *grows its trees. Above, pines being sheared in field with knife. Right, assortment of the conifers. Tallest is 4½ feet*




Some nurseries now offer conifers custom-grown for Christmas

ir trees are such well proved favor- deodar cedar and Monterey pine. e growers have also brought in a w ones.

trees have been sheared into shape, runed, dug, and placed in contain- Iost being sold this year are on the side. Monterey pines are the tallest ically between 3 and 4½ feet.

### NVENTIONAL, PICTURESQUE STMAS TREES

e who don't care much for conven- cone-shaped Christmas trees may specially shaped and pruned tree to their liking—trees that are, in giant bonsai.

ese black pine is a favorite with who like their pines picturesque. natural growth pattern is irregular, t takes beautifully to pruning and g (see photograph on page 187).

th rate varies from fast in the hwest and northern California to n Southern California, but both ate size and rate of growth are easy trol. You can even keep your Jap- black pine in a tub for many years, ing it indoors for Christmas and enjoying outside between holidays.

Or you can plant Japanese black pine in the garden. If you let it grow, it will become a medium to large, irregular, very dark green pine. If you plant it in an Oriental garden, near a garden pool, or on a mound, you can limit its size and control its shape by the same techniques you'd use with a bonsai or larger container plant—pruning, root pruning, and wiring or weighting the branches.

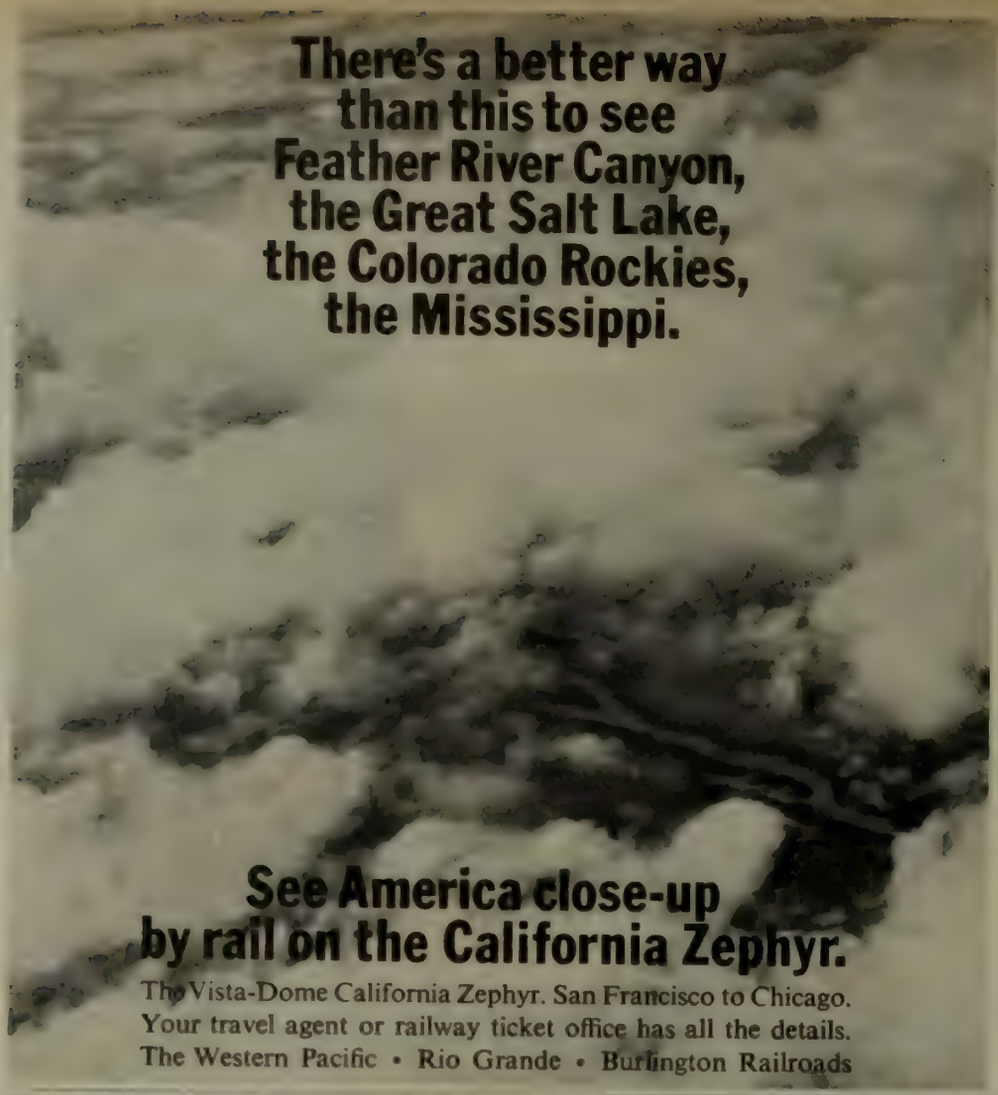
Japanese red pine, less widely available in nurseries, is a lighter green tree with thinner, finer needles. Like Japanese black pine, though, it is easily trained and easily contained in pot or tub. Native piñon pines *(P. cembroides, P. edulis,* and *P. monophylla)* grow slowly and take on picturesque form with very little training.

Shore or beach pine *(P. contorta)* is a dense, shapely cone when grown in nursery rows in the open ground. Grown in a container, it has an open growth pattern and is twisted and irregular in character. A few nurseries sell collected plants of piñon and shore pine. These are often very old, yet stunted by weather and poor soil to manageable garden or container size. They are likely to be expensive.

DARROW M. WATT

**Note growth** *and performance of Italian stone pine* (Pinus pinea), *a living Christmas tree candidate. Above, young trees in 1964 (front one died later). Below, same trees in 1968 (family planting a new one). Dr. Robert F. Kallman home, Stanford, Calif.*

GLENN CHRISTIANSEN



Holiday leftovers, a jug of wine and thou.

Some things are better the second time around. Like turkey with leftover trimmings and Guild Vino da Tavola—a superb wine thou can enjoy for less than a dime a glass. Why just eat when thou can dine?

Spread the joy around. Travel the holiday party circuit with gifts of Guild red or white table wine. Such an inexpensive way to make the Best Guest List. Bring holiday cheer with a jug of Guild Vino da Tavola and thou. Why just give when thou can lavish?

Guild Wine Company
LODI, CALIFORNIA


GLENN CHR

**To keep** *tree in scale with 12-fo behind it, owners prune it twice*

# *Cutting back Monterey pine*

**This Monterey pine,** planted 10 yea could now be a 50-foot-tall giant. I pruned as a compact globe, it rem good scale with the 12-foot wall bel

It was a well established tree in a t fore it was set out in the garden. Th ers cut back new growth twice a y maintain a neat appearance; pr candles in early spring forces new g so they must prune again in June or

Monterey pine easily adapts to this pruning. It grows quickly and so tablishes the desired form.

To produce a shape similar to tha tured, it's best to start with a fairly sized tree, perhaps 6 feet tall or Shaping such a tree is basically a r of cutting out branches that int with the effect you want to achieve slowing the growth of other branch keep the tree from growing, prun entire length of all the candles growth); to let the tree grow sl prune back the candles halfway.

In maturity Monterey pine disp rounded crown and drops its branches. By exposing the trun branches and thinning out twigs tha downward, the owners have given th the look of a much older pine. They times hang pottery bird feeders break between lower branches. The the shape of the tree add a suggest the Orient to this corner of the gard

Monterey pine does best along the but inland you can achieve simil sults with Aleppo pine. Aleppo pin good choice for smog areas or where and good soil are in short supply.

**ard Frames are available at these fine stores:**

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So don't settle on anything less. Harvard has been number one in bed frames for over 20 years, and offers dozens of exclusive features that make it an every-night joy to own. Get a genuine Harvard and kerplunk to your heart's content.

*Kerplunk: to drop, flop or plop on top

**Harvard.**

**a Division of Rusco Industries, Inc.**

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Jumping on a chair won't help. But d-CON's Mouse-Prufe will! Mouse-Prufe is the amazing mouse killer that's . . .

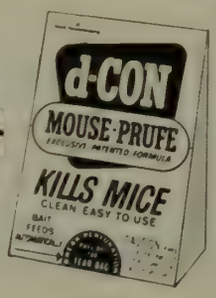
**MOST EFFECTIVE** . . . has twice as much mouse-killing ingredient as other leading brands. It's an ingredient recommended by the U.S. Government.

**CLEANEST AND EASIEST** . . . just pull tab—bait feeds automatically.

**SAFEST** . . . when used as directed, safe around children and pets yet is GUARANTEED to rid your home of mice or money back!

No wonder it outsells all others combined—

d-CON MOUSE-PRUFE



**Border** *of* Sarcococca humilis *has year-around foliage, fragrant flowers in*

# Good-looking ground cover for sha

**The ground cover** you see above is one of the most useful and attractive plants for landscaping shaded areas. Yet this plant *(Sarcococca humilis)* and other members of the sarcococca family are often overlooked for this purpose.

These low-growing plants are well suited to shady spots and require little maintenance. They make an attractive border for large camellia or azalea beds or along a foundation (north side); they're also good for a tub or container planting at a doorway or near a carport. Plant in loose, moist, slightly acid soil. Slow growers, they need little pruning—only an occasional trimming to keep edges neat.

Besides their handsome year-around foliage, sarcococcas produce small, early spring flowers with a strong perfume, especially noticeable in sheltered areas.

The hardiest sarcococca, *S. humilis (S. hookeriana humilis)*, rarely grows over 18 inches high. Its small, fragrant flowers and glossy foliage are an attractive addition to a garden even in cold-winter areas.

*S. ruscifolia* is probably the most familiar member of the group. This slow-grower eventually reaches a height of 4 to 6 feet with a 3 to 7-foot spread. The inconspicuous flowers produce a honey-sweet fragrance. It is often recommended as a good container or tub plant.

**Tiny white flowers** *appear on* sarc confusa *with previous year's blac*

*S. confusa* is very similar to *S. rus* and is often sold under that name. *S. fusa*, however, is distinguished black fruit, whereas *S. ruscifolia* pr cranberry-colored fruit.

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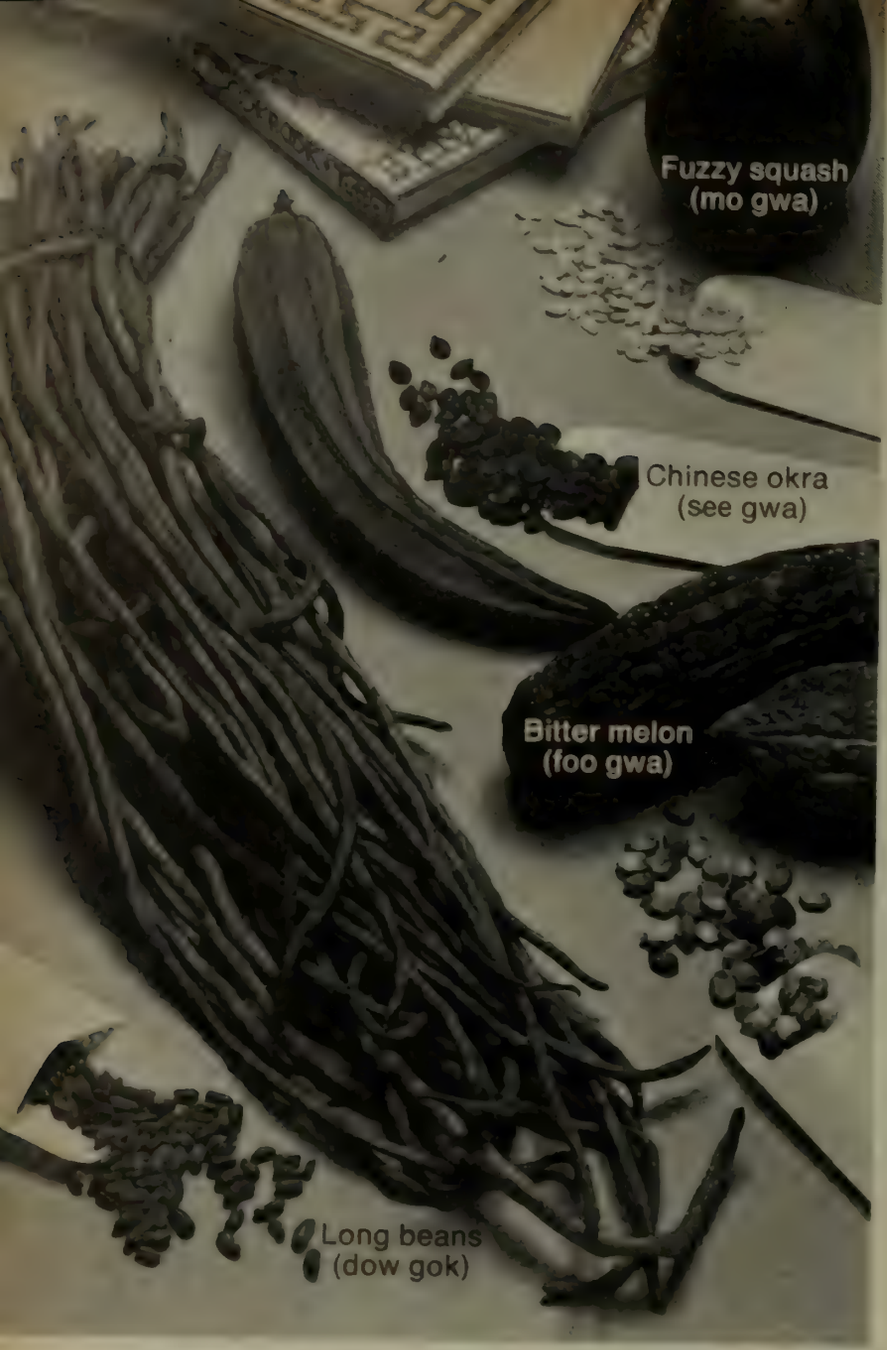


**Christmas gift** *of Chinese seeds produces 14-inch long beans, fuzzy squash, other vegetables. Cook book completes the gift*

DARROW M

**Garden and patio lights:** *iron owl, hand-held lantern, hur lamp. Ashtrays (like two at top) can also be made into*

SHOPPING IN SAN FRANCISCO

# Gift ideas for gardeners

**Wildflower reproductions** *illustrate pages of these calendars*

**Gift ideas** for gardeners often turn places you'd least expect; we found in book, import, and Oriental sto San Francisco. Some cost less tha and none is more than $12.

### *VEGETABLE SEEDS*

The Chinese vegetable seeds cost 25 a packet. Several Chinatown shop seeds for *mo gwa* (fuzzy squash), *gok* (long bean), *see gwa* (Chinese *foo gwa* (bitter melon), and other Ch delicacies. Include a Chinese cook or some recipes with the seeds so gardener can experiment with his ha

You might look through the cook

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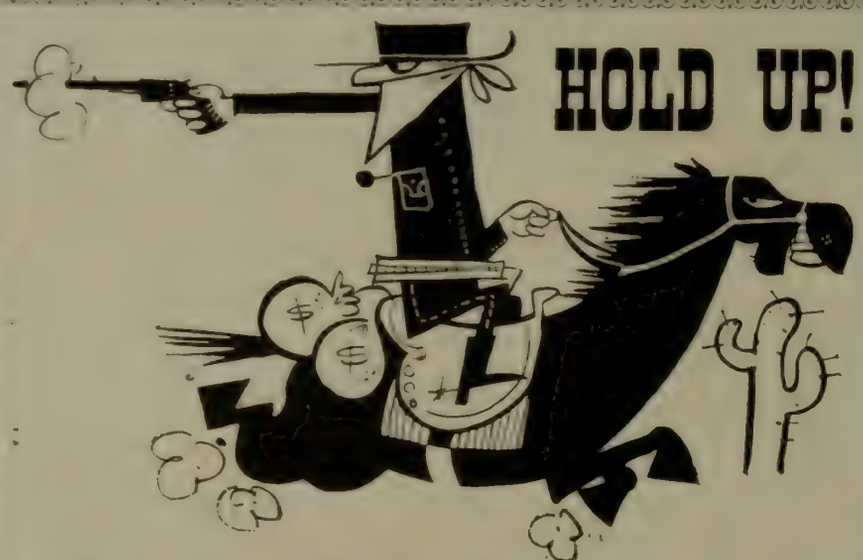


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**Collection** *of bonsai tools includes ers, snips, tweezers, pliers, and*

first so you'll be able to ask for ve seeds by name. Write the name vegetable on the back of each seed when you buy it (the printed lab Chinese characters). You plant O vegetables as you would the American varieties of the same pla

This same idea can be extended to herbs or French or German veg —in each case including an appr cook book.

***CANDLEHOLDERS***

The metal, ceramic, and glass hold page 198 provide both decoratio light in garden or patio. You'll find and others in San Francisco's i stores. We created two lights by candles to hanging ashtrays. If yo similar ones in windy areas, use lights in glass holders, not regular ca

***FLOWER CALENDARS***

Look for calendars with pictures of wildflowers, orchids, or pressed flow book, stationery, and department The color photographs and sketches feature European subjects, but a one greeting card company offers a some American wildflower calenda

***BONSAI TOOLS***

Bonsai enthusiast or not, a gar would welcome a gift of one or m the bonsai tools shown above. Ma deners have to use ordinary pruning for their bonsai because specialized like these are not always easy t and the tools are also useful for r gardening chores. We found an espe good selection at hardware and shops near the Japanese Cultura ter, Post and Buchanan streets.

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**Yuletide arrangement:** *candles, ornaments,* Pittosporum tobira

# CHRISTMAS GREENS: Plantsmen name their personal favorites

**Recently** we discussed Christmas greenery with a group of plantsmen—nurserymen, horticulturists, landscape architects, and expert amateur gardeners. We asked them what plants in their gardens yield the prettiest, or longest-lasting, or most impressive greenery, and why that greenery is so good. We have chosen to report their statements almost word for word because they show a wide range of imagination, a fine appreciation of plant parts, and a surprising variety of landscaping plants that supply nice seasonal greenery.

The meeting happened to take place in Southern California and the plantsmen were all from that area, but many of the plants they talk about are grown in most parts of California and Arizona. Following are some of their observations.

A Pasadena nurseryman: "Last year my daughter made garlands around aluminum rain gutter screening, as *Sunset* suggested in its Christmas issue *(Hang up a cheerful Christmas garland,* page 51, December, 1967). We tested greens from many plants in the garlands. The kind that lasted best of all was *Podocarpus macrophyllus.* And, surprisingly enough, *Podocarpus gracilior,* the fern pine, di last at all. But I later learned that *P carpus gracilior* is supposed to last i cut fairly mature foliage. It must bec I understand that the florists sell greens."

A Duarte horticulturist: "*Cocculus l folius* is something I have used— stem ends in water—and I think it's decorative, graceful, and handsome."

The Pasadena nurseryman again: " *tosporum tobira* was one that held well, too, without water."

An Azusa nurseryman: "*Arbutus uned* cut flower arrangements is great."

A Thousand Oaks landscape archi "I've cut and used *Hakea suaveolens,* though it is stickery. I have loads of i my place. The needlelike foliage is a bright green with a nice reddish ting looks like a conifer but it's different."

The Duarte horticulturist again: "An one I've used is *Callistemon lanceol* (He uses the old name for *C. citri* The old woody flower structure tha mains on the stem is really very b some, even more so indoors. If you s

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the branches they make a pretty display."

And then somebody mentioned a eucalyptus and for a few minutes we ran through that group, ticking off the various ones whose cut branches serve well in the house in December.

A South Laguna landscape architect: "I've used *Eucalyptus ficifolia*. If you cut branches with seed pods on them, they look just like Christmas bells. Ficifolias hold their big capsules for several years after bloom, so you can always get them in December, either fresh or old. In fact, Max Watson, the eucalyptus man in San Jose, used to collect them and sell them to some commercial firm for this purpose. They'd spray them with silver and then the pods would look exactly like Christmas bells."

An Arcadia arboretum supervisor: "What we've been doing at Christmas time is to treat the silver dollar one, *Eucalyptus polyanthemos*, and evergreen magnolias by soaking the stem ends in 2 parts water and 1 part glycerine. It keeps the leaves soft and supple, and stops them from curling up. After the material has soaked up, we spray the branches gold or silver. They last for several years."

The Duarte horticulturist again: "Another good one is *Eucalyptus rhodantha* because the foliage has real structure and it's very effective."

The South Laguna landscape architect again: "*Eucalyptus lehmanni* has seed pods that look like pine cones but more exotic."

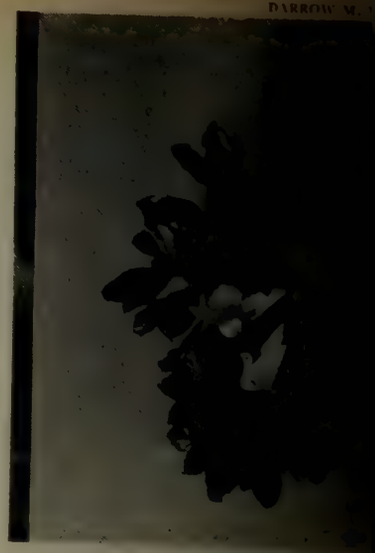
And on the subject of seed pods and fruits, he went on to another kind of tree: "I've also used macadamia branches with nuts on them. The mature foliage lasts almost indefinitely. The form we call integrifolia, the one with the smooth-edged leaves, usually has mature nuts on the branches at Christmas time. Sometimes the green husks have opened up and you see brown nuts inside. But the ternifolia form, with hollylike leaves, may have dropped the nuts already. Also, the ternifolia leaves are inclined to turn brown at the edges, but the integrifolia leaves don't. If you spray-paint either form, you cover up any brown edges or other flaws."

The hollylike leaves on one kind of macadamia brought us to plants that look like English holly. This is natural because in California there are far more plants that look like English holly than there are English hollies. The Thousand Oaks architect did most of the recalling here:

"The variegated osmanthus is nice. In fact there are several forms of *Osmanthus heterophyllus* that have glossy leaves resembling those of holly, even though osmanthus isn't related to holly at all.

"Another one I like is *Osmanthus heterophyllus* 'Gulftide.' It has beautiful holly-type leaves, in black green. They grow on a nice compact plant, too.

"And then there's Costa Rican holly or



**Door display:** *paper doves on l branches of evergreen magn*

*Olmediella*. It looks kind of like Eng holly but is lusher, and has lighter gr leaves.

"There is a variety of English holly ca 'Ciliata Major' that has no spines: leaves are very glossy and its berries red. Not now, but in spring it makes growth that's the color of well polis cordovan shoes."

A Northridge home gardener: "I like *altaclarensis*, the Wilson holly, to us garlands."

The South Laguna man again: "I use cherry a lot at Christmas. (He uses a l name for *Prunus ilicifolia*, which gr wild nearby; its more bookish nam hollyleaf cherry.) The fruits have drop by Christmas but the deep green lea have the holly look. The leaves may only a few days indoors but if you h enough plants you can cut new branc whenever you want them."

The subject moved on to the good grances that you can introduce to the door atmosphere with cut branches. there could be no unanimous agreem because noses don't smell things alike much as eyes see things alike. To dem strate this we cut some branches of p perwood or California laurel *(Umbel laria californica)* and put them in a by 12-foot room. Some who came in w overpowered by the fragrance and did like it; others noticed it and liked it; a others, non-smokers included, sniffed a really couldn't smell anything. Nose me ories bring forth opinions like these ab branches-for-fragrance at Christmastin

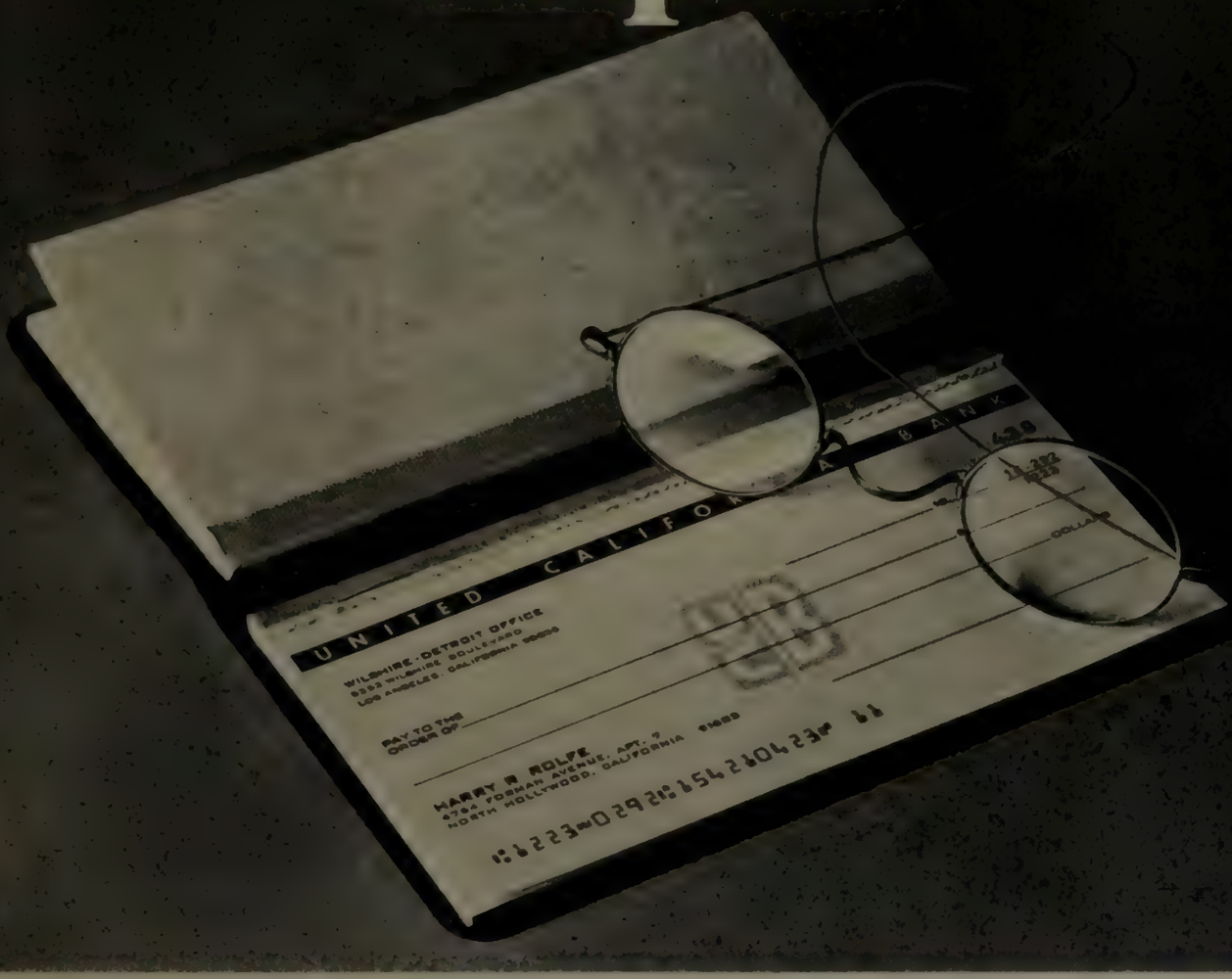
"Incense cedar *(Calocedrus decurre* branches can give the sweet smell of mountains when kept in a warm room."

"Redwood branches smell more Chr masy than anything."

"Douglas fir branches give a sweet scen

"Junipers have a nice fragrance, es cially when you cheat a little and pin the berries."

# Santa's little helper.

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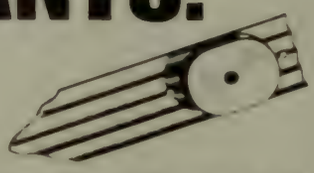

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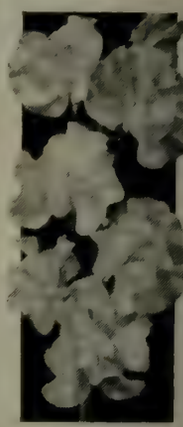

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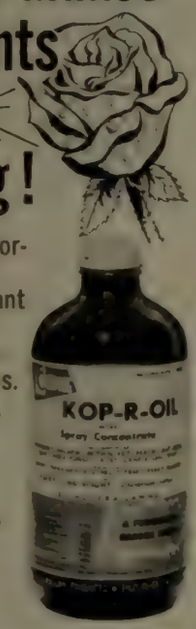


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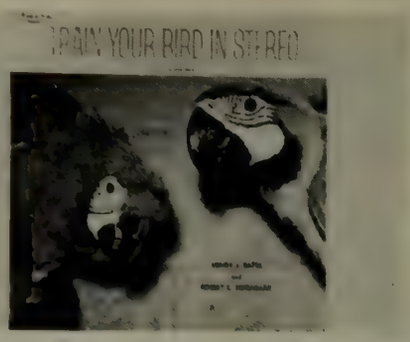


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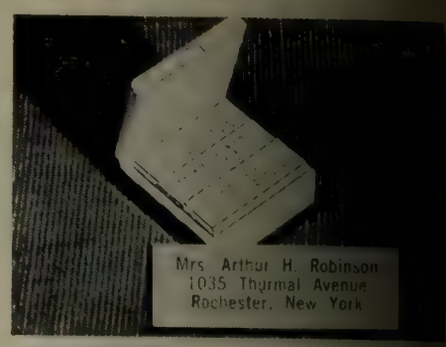


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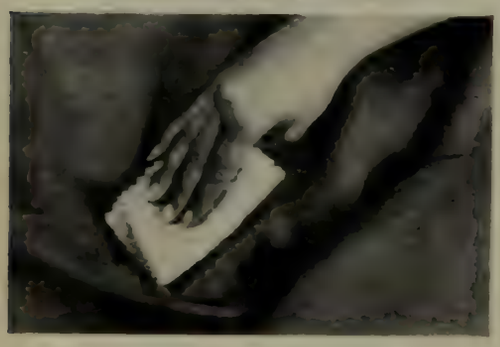
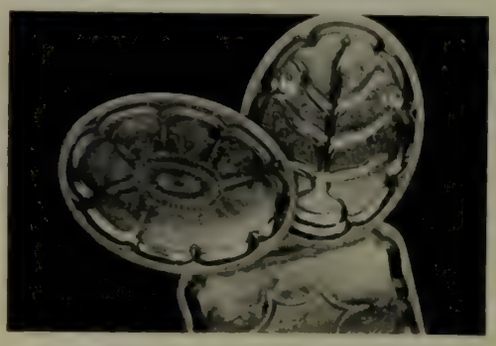
Your name & address printed on 1000 fi quality gummed labels. 1000 *Handy La* $1.00—3/$2.50. *Homespun Gummed La* Name & address printed in black. Bor many beaut. colors incl. gold & silver. App 2" x ¾". 300 in Plastic Box—$2.00. *Quik-* self adhesive labels. Sticks on any surface; gl metal, plastic, etc., with only a touch. Ideal sat. guar. 500 pkd. in plastic box, 1 set, $2.0 3/$5.00. *Add 5% Sales Tax. Handy Labels*, 1 Jasperson Bldg., Culver City, Calif. 9023



## Guaranteed To Clean Suede

No longer is suede cleaning difficult or expensive. The chemically-treated H-5 Suede Cleaner Pad restores coats, bags, shoes to look like new. Surface grease stains, rain spots, grime, and in most cases ball point ink marks vanish. Excellent for oily collars, cuffs, residues of make up. Just rub H-5 Pad back and forth, then brush clean. Satisfaction guaranteed or money cheerfully refunded. Ppd. Send $3.50 (Calif. add 5% tax) to The H-5 Company, 821 Market, Rm. 564, San Francisco, Calif. 94103.

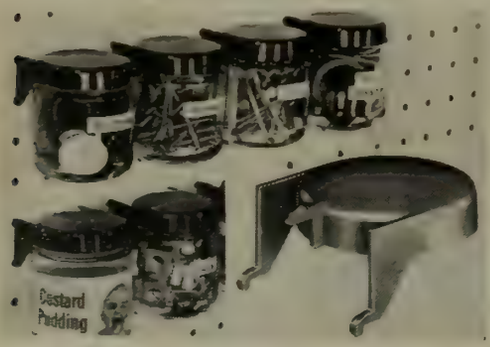


## 3 Engraved Trays—Only $7.97

Imagine getting not just 1 or 2—but all 3 of these gorgeous trays. Each comes in its own classic "Sheffield" design with the look of expensive silver. Quality engraved finish guaranteed never to rust or stain, needs no polishing and washes with soap and water. Two trays for party snacks, plus meat platter, deeply recessed to save gravies. Each measures a big 14 x 10½. Perfect for gifts. Send only $7.97 postpaid for all three (no C.O.D.s) to: Visual Discoveries, P.O. Box 3544-C, N.Y.C. 10017.

## Pro-Am Windows Glow—Less Effo

8 oz. can of non-inflammable Pro-Am Conc trate makes *60 gallons* of amazing win cleaner (about 4¢ per gal.). *Amateur W* Soak, wring out towel. Wipe several wind let almost dry. Light once-over with dry t leaves windows polished clean. *Pro W* Place soaked towel on squeegee blade, window. Squeegee dry for sparkling wind with less effort. Satisfaction guarantee money back. Send $2.49 ppd. to Pro-Am P.O. Box 6074, Carmel, California 93921.




## Perfect Gift For The Handyman

*Handy Dandys* are sturdy, plastic caps that snap into ⅛" pegboard and hold quarter-twist baby food jars. Nothing better for storing nuts, bolts, nails, screws, small tools, etc. Make use of wasted wall or door space. Keep workshop supplies orderly, clean, visible. Sample order 10 for $1; # # 36 for $3; # # 72 for $5; # # 500 for $32.50. Handy Dandys only—no jars. Shipped USA post paid. No COD's. Wickliffe Industries, Box 286 SS-12, Wickliffe, Ohio 44092.

## No More Wet Shoes or Clothing

Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, stucco and concrete. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. 16-oz. spray can $1.89; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

## Color as You Waterproof & Rustpr

Thompson's Color Water Seal heavy *Thixotropic* provides color and protects metal, concrete, masonry, stucco from damage. Dozens of colors to brush, wipe, or spray on. Waterproofs with color con and wood. Ideal rustproofer. For Stain 50-50 with TWS. Salt, alkali, acid resis *Send for Color Folder.* Qt. $2.95; Gal. 5 Gals. $47.25 ppd. tax incl. No C.O.D. dealers or write direct. E. A. Thompson Inc., 1333 Gough St., San Francisco, CA. 94

# THE *Sunset* SHOPPING CENTER

## Hummingbirds L-o-v-e Holidays!

ners *really enjoy* the Holidays because receive many "Hummy-Bird Bars"® as Then all (see family photo) can zip-and- m the Original Bar with the *warm wood* (ours alone!). No metal or drip, no other or bees. Easy to clean. Money-back guar- . full instructions. $2.95 and 26¢ pp. In add 15¢ tax. Sorry no COD's. Humming- *Heaven*, 6818-S Apperson, Tujunga, Calif. 2. (13th Year!) *Made entirely in U.S.A.— impy labor or material.*

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Unique year 'round gift. Each month member receives rare, unusual plant or bulb sent postpaid. Many imported. Complete growing instructions. Replacement Guaranteed if any selection fails to grow. Different selection each month. Gift card sent in your name. Ten-month membership includes 64-page Dell Book of House Plants. $13.95. Five-months $7.95. The original club; 20 years of satisfaction. Write Plant of the Month Club, Department 706, 546 31st Street, Des Moines, Iowa 50312.

## Bargain? Be Sure Before You Buy!

Is that economy size at the supermarket *really* a better buy? New *Jiffy Checker* tells you quickly, simply. No complicated calculation. Just set wheels to two items . . . arrow points to the better buy! It's the modern shopper's money-saving aid. Fits easily in pocket or purse. Attractive colors. Be sure *you* know if those bargains are *really* bargains! Get your "shopper's secret weapon" by return mail. $1.00 ppd., tax incl. Jim Luster, Box 20155, San Diego, Calif. 92120. (Patent pending.)

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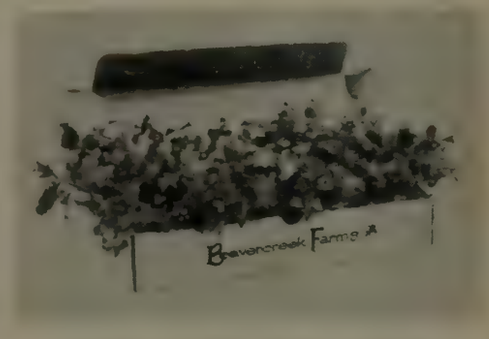
ginative cooks can create gourmet flavors ijecting sauces and seasonings into their s, steaks, wild game, fish, fowl or fruits this handy dual jet needle. It enables to season and tenderize all your meats kly without messy marinade (always time uming) *Gourmet Flavor Jet* is equally use- or the oven, rotisserie or barbecue. Send check or money order for $2.98 to: *Gour- Flavor Jet*, Post Office Box 17163, Port- , Oregon 97217.

## German Bavarian Dinner Time

A complete German Dinner at your fingertips. An interesting meat dish, delicious condiments, and a famous dessert. All in one, an authentic popular German dinner designed for you by a native gourmet cook. Order one dinner book for you, one for your gourmet friend. An excellent Christmas stocking filler! Delivery assured in time for Christmas if ordered by the 12th of December. Mail $1.25 (2 for $2.00) ppd., to *German Bavarian Dinner Time*, P.O. Box 241, Chula Vista, California 92012.




## Festive English Holly — $3.75

Say *Merry Christmas* with beautiful Beavercreek Superior Holly — Oregon's finest! Fully packed boxes of choice holly sprays with bright red berries, freshly cut, treated. Gift card included. *Gaiety* (1 lb.) $3.75; *Greetings* (3 lb.) $6.95; *Welcome* (16" wreath) $6.95. Prepaid delivery about December 15 via fastest air and/or surface carrier plus Special Handling. *Guaranteed satisfaction! Please order early* for dependable, personalized service. Beavercreek Farms, Box 2A, Beavercreek, Oregon 97004.

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fresh ideas that will surprise and delight r friends and business associates. Nature's t selected halves of Red River Valley na- pecans or Nature's Best large Spanish pea- s, the most delicious, nutritious nuts in the ld; shelled, graded, attractively packed. pped postpaid in the U.S. Recipes in each kage. Pecans—2 lb. box, $5.00; 5 lb. box, 50. Peanuts—2 lb. box, $2.50; 5 lb. box 0. Send gift list, order, check to *Denison nut Co., P.O. Box 142, Denison, Texas.*

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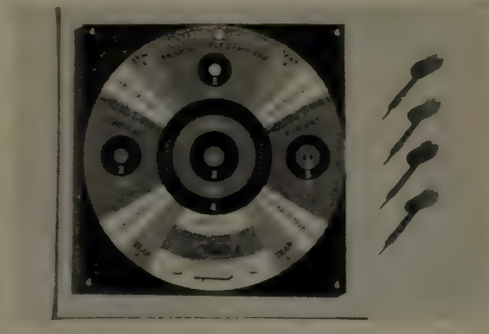
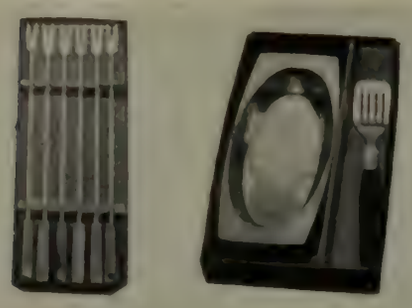
Gift accessory kit for Kodak Instamatic or Argus Model 164 & 364 cameras. Takes 50% more area or brings distant subjects twice as close. Fits all Instamatic Kodaks except models 250, 324, 500. Kit includes: Wide angle & telephoto lenses, view finder, case. Special at $14.95 (+ 75¢ tax in Calif.). Adapter for models 714 & 814, $1.65 extra (+ 8¢ tax in Calif.). Order (giving model no.) from Multitech International, Dept. S-12, International Airport, Oakland, California 94614.



## Round O' Golf

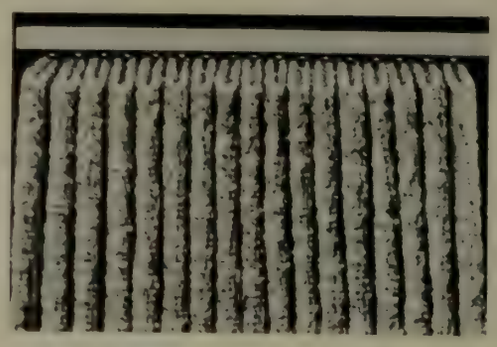
Great *Christmas* gift idea for the golfer who has everything but an 18-hole golf course at home. *Round O' Golf*. Scores exactly like real golf. Indoors, outdoors—rain or shine. New, exciting family fun! Neighbors, party guests, golfing pals will enjoy this skill game. Make birdies, eagles—even a hole in one! Play after dark too. Game size 19" x 19". 4 darts and rules. Send check or money order. $5.00, postpaid. GameCo., Inc., 2124 NE Sandy Boulevard, Portland, Oregon 97232.

# THE *Sunset* SHOPPING CENTER



## Imported Gifts for Gourmets

Pictured at left, direct from importer, 6 pc. fondue fork set, 6" x 7/8" long, stainless steel and rosewood handles. (Each identified with different colored dot for individual use.) Gift boxed, complete price, incl. tax and postage, $2.15. At right, 2 pc. hors d'oeuvre set, consisting of a 7¾" x 3" x ¾" stainless steel serving dish and server, rosewood handle. Complete price, $2.65. Order one, or both at $4.50, from: Sorensen's of California, P.O. Box 3487, Hayward, Calif. 94544. *Dealers inquiries invited.*



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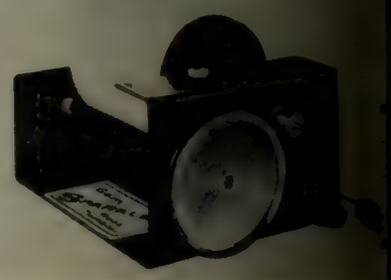

## Rock Polisher

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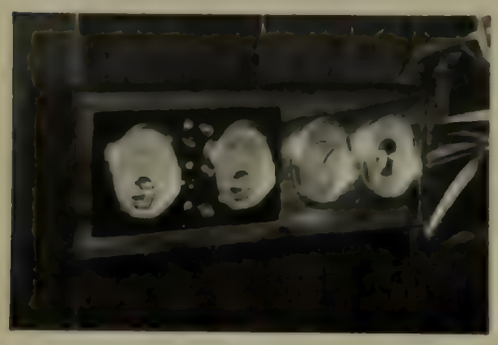

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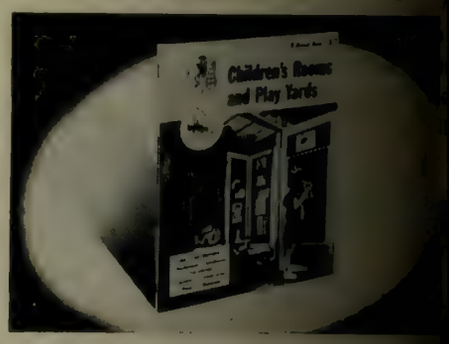
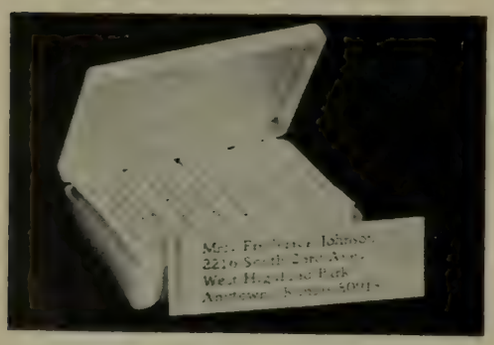
All Men! Here is your opportunity to get a *genuine* Basque Beret *made in France* for an exceptionally attractive mail order price for such good quality and craftsmanship . . . only $2.50 each. These *Basque Berets* come in your choice of five colors: black, brown, olive, navy and red. Berets are adjustable for size . . . one size fits everyone. Check or money order. *(No Parcel Post Charge).* John Helmer, Haberdasher, 969 S.W. Broadway, Portland, Oregon 97205.




## Children's Rooms and Play Yard

To help parents make their home a *fun* for children, a *Sunset* picture book of for house and yard. Bedroom areas to "g up" with the children, playrooms, small furniture, toy storage, doll houses, el trains, tackboards, blackboards. Outdoor areas, with tips on sand and other sur playhouses, treehouses, play equipment. 400 photos, plans, sketches. Only $1.95 your dealer, or add 5% tax when ord from Sunset Books, Menlo Park, Calif. 9



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Quick and handy way to put your name and return address on letters, checks, etc. *Any* name, address and Zip code up to 4 lines, beautifully printed in black on white gummed labels. About 2" long. Set of 500 labels, 50¢ ppd. Free plastic box. Don't know your Zip code? Add 10¢ per set and we will look it up. Shipped within 48 hours. Money back if not pleased. Walter Drake, 307-C Drake Building, Colorado Springs, Colorado 80901. Send for free catalog!

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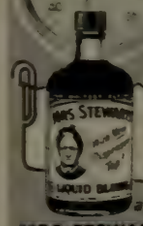

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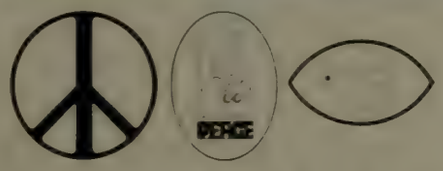

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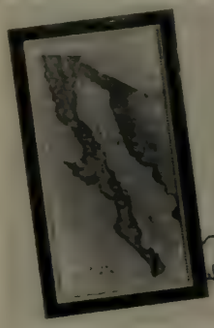

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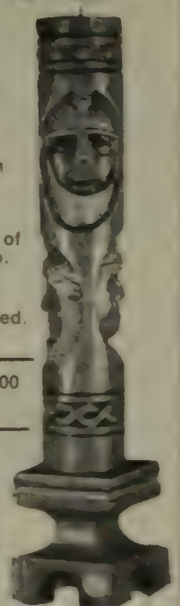

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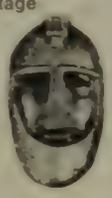

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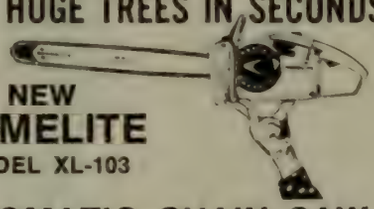

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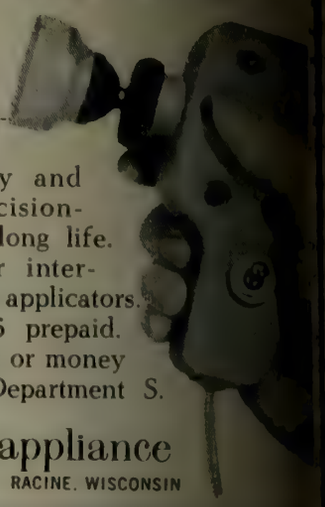

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two editions are quite different. The was sold from 1953 to 1967. It was laced in February, 1967, by a totally and more comprehensive book with same title. If your friend has the old , he could use and would very much preciate the new one. (You can tell the erence at a glance. The new one has words "NEW EDITION" in capital let- on the front cover.)

people who already have the new edi- n of the *Sunset Western Garden Book*, ext logical choice might be one of *Sun- 's* 20 special-subject garden books. On s list you should be able to find at least book to match your friend's special rden interests.

the books are paperbacks, and each ts $1.95, except as noted.

*sic Gardening Illustrated, Pruning ndbook, Vegetable Gardening,* and *rden Plans* cover the basics.

me owners with a new lot to landscape, an old garden ready for a face-lifting, ld profit from *Landscaping for West- Living* ($2.95), *Lawns and Ground vers, Rock Gardens, Entryways and ont Gardens, Ideas for Garden Color,* d *Garden Art & Decoration.*

r help in the Japanese style of garden- , the *Sunset* books include *Japanese rdens* ($2.95) and *Bonsai.*

ose with plants in pots and tubs ould have *Gardening in Containers,* and *w to Grow House Plants.* Desert dwell- will find much detailed help with their ecial opportunities in the book titled *sert Gardening.*

tles for flower lovers include *How to ow and Use Camellias, How to Grow ses, How to Grow and Use Annuals, ow to Grow and Use Bulbs,* and *How to row African Violets.*

here's one more kind of garden gift ok recipient: you might call him the an who has everything." An all-out bby gardener, he either has all the books mentioned above or thinks he knows everything that's in them. A way to please this kind of gardener is to give him a garden book that is new, or expensive, or both, and that is also attractively illustrated, or useful, or both. The following books meet one or more of those criteria and all have something to say to Western gardeners:

*The Rothschild Rhododendrons,* by C. E. Lucas Phillips and Peter N. Barber (Dodd, Mead and Company, New York, 1967; $40) should appeal most to rhododendron fanciers and social historians who enjoy reminiscing about the good old days between World Wars. Lionel de Rothschild, owner of Exbury and rhododendron fancier extraordinary, employed 150 men just to spade his gardens; he maintained a sawmill on his property to cut teak for greenhouses; his gardens were watered by 22 miles of pipe. Naturally you'd need a mint to garden on this scale; Rothschild *had* a mint (England's Royal Mint Refinery is still a Rothschild property).

This book is basically a history of the Exbury rhododendron breeding program and its many successful results. These are pictured in 67 full-page color photographs.

*America's Great Private Gardens,* by Stanley Schuler, and *Irish Gardens,* by Edward Hyams (photographs by William MacQuitty), are both 1967 publications of the Macmillan Company, New York. Each costs $17.50.

The first presents, in photographs and text, 36 American gardens of outstanding design and plant content. Twelve are in the West, but all have design or plant features of interest to Western gardeners.

The second describes a number of gardens in Ireland, some public, some private, and some private but also under the National Trust and hence open to visitors. Ireland's mild climate has given it gardening conditions like those of our own Pacific Coast, and the Irish have responded by creating gardens with tropical exuberance.

*The Endemic Flora of Tasmania* (Ariel Press, London, 1967; £15) is much more than a scientific publication; it features 38 full-color 11 by 15-inch reproductions of paintings by Margaret Stones of the sort described as "suitable for framing," and so they are. The botanical text is by Winifred Curtis.

Some of the plants depicted are found in Western gardens; others could well be introduced here, since Tasmania has a climate similar to that of coastal northern California, Oregon, and Washington.


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Every year a great many thousand established *Sunset* readers write us to order Christmas gift subscriptions. Typically the gifts go to young people recently married or recently moved into their first house. Or to families new to the West, recently moved here from somewhere east of the Rockies. Then the idea is simply to offer *Sunset* as a help in getting acquainted with the West and the different life here. Sometimes the gifts go to families who have moved away from the West, as a continuing reminder of reasons to return.

Our subscribers who first received *Sunset* as a gift are a special group. They didn't themselves decide they wanted and needed *Sunset*, as did all our other subscribers. But when time comes to renew subscriptions they don't hesitate. Most renew right off (unless the original donor has already done so).

What this means, in our opinion, is simply that readers who give *Sunset* at Christmas know what they are doing. They only give *Sunset* to those they think will appreciate it and find it rewarding.

Of course, not all gift subscriptions to *Sunset* are from friend to friend. A good many businesses give *Sunset* when they feel the recipient has interests that match up with the magazine's interests.

The point is that our gift subscription recipients, like our other subscribers, are a select audience. And a loyal one.

As is always true with December *Sunsets*, this issue is crowded with Christmas ideas presented by our editors. For one Christmas idea now worked up by the editors, we suggest that you take a look at the card bound in between pages 200 and 201.

## WINDOW ON THE WEST:
## Christmas at San Xavier

**Mission** San Xavier del Bac is a gleaming landmark in the desert near Tucson. One of Arizona's most cherished historical shrines (the present structure has been in use since 1797), it is still the active parish church of the Papago Indians of San Xavier Reservation.

The year-around popularity of the "White Dove of the Desert" increases in December with the arrival of the Southwest's winter-visitor season and the school holidays.

On Christmas Eve, Indians and non-Indians will fill San Xavier to watch the Nativity procession, hear the Papago choir, and participate in the midnight Mass.